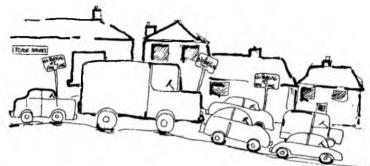


# The Port Isaac, Port Gaverne and Trelights newsletter No: 199 • June 2000 • Price 25p

# Blitz planned on parking

he new Parish Council Roads Committee has held its first meeting and will present the following proposals to the full Parish Council on June 12<sup>th</sup>: -



- A 'NO PARKING IN THIS AREA' sign be erected on 'Daisy Hicks' corner and at the junction of Springside/Front Hill
- Leaflets pointing out restrictions, available parking and police telephone number to be made available, possibly in local shops, to be placed on illegally parked cars
- New Road to have double yellow lines painted on both sides along its full length
- Back Hill change from summer restriction to all year round restriction in line with Fore Street

 Hartland Road and Tintagel Terrace to be restricted to residential parking only In addition a meeting with the local police is being arranged.

The committee welcomes your points of view regarding the above proposals or indeed any alternative ideas you may have to solve our parking and traffic problems.

They can be contacted on: Andy Penny - 880985 Byron Buse - 880321 David Phelps - 880212

**Andy Penny** 

# Village Hall gets a reprieve

he decision was unanimous. Steve Appleby's chairmanship of the Village Hall Meeting was excellent. Feelings were running high but Steve gave everyone a fair and equal chance to express their views without anyone coming to blows!

Before the meeting there seemed to be a strong feeling that the Village Hall should be sold immediately and the money put towards a new complex up on the playing fields. As one person at the meeting said, 'It should be sold forthwith'. Whilst others did go along with this train of thought it was by no means the prevalent one.

There was a strong contingent that felt that moving the hall away from the centre of the village was wrong. In an ideal world the site of the



Church Hall would be where the Village Hall should be. This opens up another can of worms. Perhaps this is an opportunity for the church to unite with the local community and put together a joint venture to benefit both the church and the village. Sell the village hall, pull down the church hall, pool

Local Kistory Group Exhibition

St Peter's Church Rooms July 7th-9th

Open Saily 10.30am=5.00pm

find out about old
Port Isaac
Launch of Newly published book
of old village photographs
belicious refreshments

continued on page 5



#### Dear Trio

I was sorry that Julia and I were two of the many people who did not attend the Annual Parish Meeting. We were away and unable to return in time. However, I see from Trio's report of the proceedings that the subject of the 50% discount on Council Tax for second homes was raised.

Visitors, whether owners of second homes or not, are the lifeblood of this community. Like it or not, St Endellion Parish, and indeed the whole of Cornwall, would be a poor place, in every meaning of the word, if it was not for the annual influx of 'whatever you like to call them'. So why do anything to discourage them?

Apart from Government grants, Council Tax accounts for nearly all the expenditure by County, District and Parish councils. Just look at the pamphlet sent with the council tax demand - education (38%) is the greatest expense followed by an almost endless list of other services which benefit many but most are of little concern to owners of second homes. Visitors would rarely, if ever, need Social Services and they would certainly not need schools and teachers.

To suggest therefore that the county subsidises holiday homes is just nonsense. I suspect that envy and spite have more to do with this suggestion than intelligent thought. What a shame it is that an ignorant minority is so anxious to bite the very hand that feeds it.

David Bolton Gullrock, Port Gaverne

#### **Dear Trio**

With reference to Sheila Jarvis' competition on what us pensioners should do with our extra 75p a week, I would like mine to go towards a new sports pavilion. If everyone in the village, and I mean everyone, gave 75p, it would be quite a bit towards the pavilion! What do you think?

Molly Farmer Port Isaac

#### Dear Trio

I would like to thank the Port Isaac 2000 committee for organising such a truly memorable and special music weekend. Not even the

weather could dampen the enthusiasm and sheer joy that so much musical activity generated during all the various events – all very different and all so marvellous. It was just so good to be there and be a part of it all.

Thank you for making it all possible and for giving so much enjoyment and unity to the village.

Annie Price Port Isaac



At the risk of repeating comments made elsewhere in this month's Trio, what an absolutely brilliant music weekend we had. And one of the best bits is that, unlike the visitors who came to share the festivities with us, we don't have to go home at the end of the holiday!

Port Isaac is a very special place. A letter sent to us from a Trio subscriber includes the words; "Port Isaac still remains one of the very few places of unchanging sanity in this rather mixed up world of progress". How very true.

One person who moved away from the village but couldn't keep away and so moved back is Bess Coates. Bess has a copy of every Trio published and has lent them to us to look through. They are just so interesting and even more interesting is the fact that nothing changes - the village hall, the traffic, the parking. Everything seems to go full circle and then start again.

Starting next month Bess is going to put together a monthly piece on what was in Trio this month six, twelve and eighteen years ago.

Don't forget if you have any ideas for Trio do let us know.

Sam & Dee

Thought:
'At the very darkest
point of night, one
must believe in the
dawn...'

# Daisy's book sales for Scope

The following letter was sent to Daisy Hicks from SCOPE in Camborne:

#### **Dear Daisy**

On behalf of all the residents and staff at Gladys Holman House I should like to thank you and those who support you for the magnificent sum of £2000 raised from book sales.

This will be used towards the cost of a new electric hoist.

I can't thank you enough for your continued support; your efforts are very much appreciated by us all and we are continually surprised by the amount you raise.

Trio is issued eleven times a year and is available in local shops or by post - £7.50 per year in the UK and £20.00 overseas.

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

To advertise in the Trio telephone 01208 880862 or 880905

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# A Perfect Day ends a Perfect Weekend

hat a wonderful Music Festival we had. The forecast was grim and for once the weathermen got it right. Deterred? Never!

The rain kept off for the St Breward Silver Band who opened the festival. Their first time here this year and they played a rousing selection of familiar favourites. They then marched through the village playing the Flora Dance and for the dancers who tired half way up Fore Street there was the added advantage of refreshments in the Penhaligon Room provided by the Local History Group.

We were not so lucky on Friday night and the rain forced the Tre Pol Pen Handbell Ringers into the Boathouse to play. A lovely concert of popular tunes was topped by the ringers letting some of the audience 'have a go'.

A break in the clouds meant that the Fishermen's Friends began their performance out of doors but it wasn't long before the heaven's opened and they continued in the Golden Lion. As always they were great and everyone loved them.

In complete contrast Terracotta, a very talented sax and guitar duo, took over. John Davison and Simon Blackburn captured everyones attention with their mixture of own compositions and cover versions.

Saturday and the sun was shining and Wadebridge School Steel Band soon attracted a big audience. It was first time they had played in Port Isaac and they were a huge success. All too soon their performance came to an end.

Next was the St Minver Band, led by Micky Hunt. There is something about a band playing outdoors and as the afternoon wore on the crowd got bigger.

Then the rain began, halting any pebate about whether the evening's proceedings could be on the Platt. Thank goodness we have a Village fall we can use! What can you say about Déjà Blues and their pock'n'roll guests? They were all crilliant. The Hall was rocking and four weren't there you no doubt feard them anyway. Was it really the last performance of the lock'n'rollers? It was a great evening.

"You are a very close village community and have so much fun together and yet you welcome outsiders to join in. We feel privileged to have been part of your music weekend."

(this was a note put into one of the collection boxes)

A change of tempo on Sunday evening when the Port Isaac Chorale gave a concert in St Peter's Church. According to one regular choir listener, 'It was the best I have ever heard the Chorale sing'. Then it was down to the Golden Lion where John and Cheryl (Maughan) led the sing-a-long.

The final day of the festival dawned bright and sunny and set the tone for what was a lovely, lovely day. In excess of 200 people crowded on the Platt to be part of 'Beat This' the Guinness World Record Percussion event. Everyone had something to bang or shake and lanet (Townsend) soon had everyone organised and following her lead. Come 12.20pm you'd think we'd been beating together for years - the rhythm being heard all over the village. 'Is this some local medieval custom?' asked one visitor. It could become one!

On to the Grand Finale Concert and it really was the end to 'A Perfect Day'. Filling the Village Hall to capacity, the audience spilled outside and were able to hear the proceedings if not see them. Holding everything together in his own inimitable style was compere for the evening Ramblin George (Steer).

Steve and his Stevettes – plus the 'Leader of the Pack' – will be remembered by us all long after we have forgotten just who Status Quo are! Changing the mood completely, John and Cheryl Maughan took to the stage with a folk based repertoire. Then Harpeggio led by Liz Rowe on her harp – she also played thoughout the weekend in the Pottery.



Next on the bill was Alan Appleby, Jeremy Brown and Billy Hawkins giving their Everley Brothers tribute. The audience shouted for more but they left the stage to be replaced by an impromptu performance from Eddie Fletcher on his new mandola. He included his very own composition Lobber Point. Steve Appleby joined him with percussion and morale support!

For a lot of people it was the first time they had seen Outsky (Alan Appleby, Billy Hawkins and Rupert Willder) and what an excellent performance they gave. Then the Fishermen's Friends took over and gave another brilliant performance ending with, by popular demand, South Australia.

It was then time for Janet (Townsend) to take the stage and, for the second time in the same day, try and bring everyone together, this time singing 'A Perfect Day'. After a couple of run-throughs we were ready and, on the dot of 10 o'clock we sang along with the rest of the country. We were all stars and so ended our 'Perfect Day'.

This was a real village weekend in which so many people were involved. A big, big thank you to everyone who helped in any way including all the performers, Port Isaac Harbour Commissioners and Joey Thomas, Bob Monk, Byron Buse, Mike, Niki and everyone at the Golden Lion, Potty B (brilliant signs), Nigel (Andrews), Harold and John (Marion's father and brother), Steve Hewitt and his team, John Mac, Roy Speakman, the Port Isaac 2000 committee and everyone else who knows me!

Throughout the weekend the Port Isaac 2000 team were shaking collecting tins resulting in over £600 being raised which will all be put back into the village. An additional collection in St Peter's on Sunday night raised £62 for the Church.

It was a wonderful weekend. We all had such a great time. Here's to next year!

# Parish Council elect new Chairman

Bryan Richards has been elected as the new Chairman of St Endellion Parish Council. Andy Penny has taken on the role of Vice Chairman. The changes took place at the meeting held on May  $8^{\rm th}$ .

The following appointments were also made:

- Trelights Representatives Bill Dawe and Harold Barriball
- Amenity Committee Bryan Richards, Bryan Nicholls & Harold Barriball
- Voting Member to Cornwall Association of Town & Parish Councils Andy Penny
- Parish Council Representative on Port Isaac School of Governors Bryan Richards
- Parish Council Representative on Village Hall Committee Bill Dawe
- Footpath Liaison Officer Robin Penna
- Hospital Car Voluntary Service Officer -David Bolton (to be confirmed)
- Tree Warden David Phelps
- Traffic, Parking & Roads Committee Byron Buse, Andy Penny & David Phelps

Unfortunately there were no nominations for the position of Treasurer.

The current vacancy on the PC was filled by the co-option of Sue Foster of Trelights. Mrs Foster has had a house in Trelights for many years but took up permanent residence last August. She said, "I am very pleased to have been asked to join the Parish Council and look forward to working for the Parish".

#### **PUBLIC DISCUSSION**

Planning application for an extension at Pennti Ros, Lower Trefreock – Neighbour, Graham Woods explained that the proposed extension would be on an elevated platform and overshadow everyone else. A high wall had already been built and the applicant had claimed that the site had main drainage when, in fact, the whole of Lower Trefreock has septic tanks. Margaret Tucker endorsed Mr Woods' remarks.

#### PLANNING APPLICATIONS

- Application 2000/0528 Listed building consent for the installation of two small conservation type velux roof windows in the rear of the roof slope together with internal works, listed building, application for delegation subject to no objection. For Mr H Glanfield, Fern Cottage, Roscarrock Hill, Port Isaac. Approved.
- Application 2000/0594 Erection of extension, full planning, application for delegation subject to no objection. For Mrs S Foster, Gwel Mor, Trelights. Approved.
- Application 2000/0596 Erection of a conservatory with linking section, full planning, application for delegation subject to no objection. For Mr & Mrs D Raynor, Harewood, Trewetha Lane, Port Isaac. Approved.
- Application 2000/0597 Erection of extension to Post Office/Shop, full planning application for delegation subject to no objection. For Mr J Cleave, The Post Office, Fore Street, Port Isaac. Approved.
- Application 2000/0620 Erection of extensions and modifications to cottage, full planning, application for delegation subject to no objection. For Mr & Mrs P Angwin, Hillside, Trelights. Provided immediate neighbours were notified and that no objections were received - Approved.
- Application 2000/0606 Erection of annexe to existing dwelling, full planning. For Mr I Shepherd, Pennti Ros, Trefreock. Recommended for refusal as an unsuitable development.

#### **FINANCE**

- In the absence of a PC treasurer, Brian White, Accountant, is to be asked to prepare PAYE and National Insurance returns.
- A Business Rate refund of £98.04 has been received for the Port Gaverne toilets.
- The insurance policy that includes seats and the bus shelter is to be reviewed by Andy Penny before the annual premium is paid.
- A donation of £40 to the Cornwall County Playing Fields Association Appeal was approved.

 A donation of £100 towards the Port Gaverne annual firework display was approved.

#### **ROADS**

It was reported that the new road surfaces laid last year are already breaking up. They need to be resurfaced as soon as possible. The new surface in Fore Street is satisfactory. It was felt that Port Isaac is high on the list of places to visit and must not look like a poor relative.

#### **SWINGS/PLAY EQUIPMENT**

The Amenity Committee has done a lot of work behind the scenes and hopefully new swings will be installed soon.

Note: This report has not been approved by the Parish Council

Our District & Parish Councillor, Bill Dawe, can be contacted on 01208 880253

### 'Cattle pen' to be demolished

The owner of Boskensa on Back Hill has been ordered to remove the balcony that was built without planning permission on a Grade II Listed building in the village's conservation area.

The building work was undertaken without planning permission as there had been some confusion in identifying the house. As a result Mrs Bradshw, the owner, applied for retrospective planning approval.

However, many local people complained both to the Parish Council and the North Cornwall Planning Department about the development. Our District Councillor Bill Dawe told the Planners that he was not prepared to approve a balcony that looked like a 'cattle pen'.

The Planners will raise no objection to rendered brickwork or iron railings around the balcony.

Peter Davies, Planning Committee Chairman, said that the Planning Department would be keeping a 'close eye' on the situation in Port Isaac.

# They've lost their marbles!

n the evening of Thursday May 18<sup>th</sup> in the year 2000, a number of extremely nice people appeared to lose their collective marbles.

Consider this scenario. There is a hall which, apparently, was offered by the Temperance Society to the Parish Council. With the perspicacity that we don't readily associate with that body, they turned it down. You may wonder why! Perhaps because it was not in a good state of repair and it had an inadequate access.

Twenty-five years or so pass and there is still an under-used hall (now called the Village Hall), in a poor state of repair, inadequate for small functions, as cold as charity unless you are gyrating at speed and with an access that has more hazards than the North face of the Eiger.

Some points did emerge from the meeting which were of interest. The village does not own the Village Hall any more than it does the Parish Council. Under its charitable trust status the owners are the Trustees who just happen to be the committee of the day plus one member from the Parish Council who has a 'golden vote'. The Hall therefore cannot be sold if the Parish Council says nay, but neither can it be sold as long as a hall committee wants to keep it and it's not bankrupt.

No effort has been made to ascertain how much the hall would fetch on the open market. The committee had sought advice over its status and it would appear that, should it be sold, the money would have to be kept in a fund until the hall is replaced. The Charity Commissioners were not approached by the way!

We are not sure how much it would cost to bring the Hall up to 21<sup>st</sup> century standards. £45000 was the figure suggested two or four years ago - the committee wasn't sure.

t has been suggested that there is a great deal of potential that will not necessarily involve a great deal of cost. What is this potential and why has it not been realised before?

The point was made that there would be a gap before a replacement was found. Surely the Church Room still exists?!

A few of us had a dream; sell the Hall, upgrade the Church Room and provide changing rooms and a committee room on the playing field. That dream is fast becoming a mirage. By the time you read this the St Endellion Recreational Group will probably not exist unless a new committee can be found.

The Church Room has similar problems to the Village Hall except that it has access and a better position. Ed Fletcher made the point at the meeting that there should be a body (perhaps the Parish Council) that could oversee all public leisure venues within the village. Too late Ed!

The decision taken at the meeting means that the tail will wag the dog for the foreseeable future.

So why did these lovely people lose their marbles at 8.45pm on the 18<sup>th</sup> of May? If the site were empty at this moment no planning authority would allow a public building with such an access. It CAN only be

nostalgia, thinking of the good times we have had in the distant and not too distant past. But if that is the major criteria then the Parish Council should pickle every blade of grass on the Main in aspic.

Never mind, Steve Appleby now has a committee of proven fundraisers. I can envisage some lip-smacking events in the near future. So, with that in mind, I'm polishing my crampons to scale the Eiger. No matter what our views their aim is laudable. Here's to the next do!

George Steer

#### PIPS to re-form

his is advance notice that Bess Coates is planning to rejuvenate the PIPS (Port Isaac Players) with a view to staging a christmas pantomime in the Village Hall.

A meeting will be held for all interested parties in September.



continued from front cover

our resources and build a new facility for everyone. But we live in the real world and it seems unlikely that this will ever happen.

And so we're left with a Village Hall that is very dear to a lot of people's hearts and a blott on the landscape as far as others are concerned. But it looks as if the dear old Village Hall will live to see another day.

Taken completely by surprise by the sheer numbers that turned up to the meeting, Steve Appleby stressed that, despite popular belief, the Village Hall was not yet bankrupt and, providing a willing committee came forward to keep things running, it could not be sold. Equally, if it was sold there was no guarantee that the charity commission would agree to the money being put towards a new hall at the playing fields or any other venue.

A fair number of villagers feel that there is 'life in the old gal yet' and a committee was elected from the floor under the continuing chairmanship of Steve Appleby. This committee was formed with the short-term view to keep the village hall open and a long-term view to raise funding to completely renovate the hall. However, this strategy is to be reviewed on an annual basis. Many others stressed their intentions to help, both with renovations and organising 'quality' events that will encourage people to use the hall more

It is not a new situation for the half. Things have looked really bleak before but the village rallied round and raised amazing sums of money. In the very first issue of Trio in May 1982 (then called News and actually published by the Village Half Committee) it was reported that a team of Construction Trainees would be carrying out the 'redecoration work so badly needed'. In addition a grant had been obtained from the Silver Jubilee Trust but 'we now need to start raising money'. The August 1986 Trio stated that 'thanks to magnificent support we have now passed our estimated target for the renovations of the Village Hall. We should soon have a Hall to be proud of'.

And so it goes. We did it then, we can do it again. Watch this space.

# Obituaries

Donald James Mitchell
Don Mitchell died at Windmill
Court Nursing Home on May 1<sup>st</sup>
after a very long and painful illness.
He was 74 years of age. A large
congregation attended his funeral
service at St Peter's Church on May
5<sup>th</sup>. We all express our sympathy to
Stella and close relatives in the loss
of a much-loved man.

Stella and relatives of the late Donald Mitchell would like to express their most grateful thanks to Rev Preb Michael Bartlett, Mr Ian Honey - Funeral Director, Mr Charlie Honey - Organist, the bearers and all who attended the service in St Peter's Church. Thank you to Mr & Mrs Smart, Matron and all the staff of Windmill Court Nursing Home for their love and care to Don over such a long period. Thank you to Percy May and Douglas Wellington who visited Don so often. Thank you to my sister Pauline for her help and comfort to me and thank you also to my friends and neighbours for the cards received and for all the donations for Rheumatoid Arthritis Funds. Thank you also to the Crows Nest for the refreshments after the funeral service.

eorge Kay

The news of his death at his home in Trelights was received with regret. George had not enjoyed the best of health for some time. He was a loyal supporter of the local RNLI and a valued member of the Camel Arts Society. His funeral service was held at St Endellion Church on May 16<sup>th</sup> followed by cremation at Glynn Valley. We all express our sympathy to his family in their bereavement.

Mrs Gwen Kay and family wish to thank all the people of Trelights and Port Isaac for their kind messages of sympathy on the death of George. He died suddenly but very peacefully at home on May 7<sup>th</sup>. He loved living in Cornwall and all the good friends he made in the eleven years we have been here. We all will miss him.

Robert (Bob) Bentley
We were very sad to hear of the sudden death after a very short illness of Bob Bentley on May 18<sup>th</sup> in Treliske Hospital. Bob, aged 72, lived at 'San Jose', Pendoggett. His funeral was held at St Peter's

Church, Port Isaac on May 25<sup>th</sup> followed by cremation at Glynn Valley. Bob's popularity was obvious from the large number of friends who travelled from far and near to the service. The Rev Preb Michael Bartlett officiated and Mr Charlie Honey was the organist. We all send our sympathy to June in the loss of a much-loved husband and a kind friend to so many.

June wishes to thank all friends who sent messages and cards and offers of help during Bob's sudden illness and death. Special thanks to Father Michael for the lovely service and to lan Honey for his kindness and help. Bob always treasured the friendship bestowed on him by the people in Port Isaac and I deeply appreciate the support shown to me on my sad loss.

I would like to thank the friends of June Bentley for making me feel so welcome on my visit to Pendoggett on the sad loss of Bob. From her best friend Margaret

#### **Air Ambulance**

t really is worth making a visit to the Air Ambulance shop at the top of Pengelly in Delabole to see the ever-changing stock. There are some real value for money items available whether you are looking for clothing, household goods or an unusual gift.

Takings for April totalled £610.38 plus £126 raised by the raffle.

Opening times for the shop are on the door – subject to the availability of our volunteers. We hope to see you soon.

Jane Sadler

#### **Carn Awn Singers**

The singers, led by their musical director Mary Hooper, are now preparing for their summer concerts and have added a variety of pieces to their repertoire.

The main concert is on July 19<sup>th</sup> in St Peter's Church, Port Isaac. The programme features something for everyone and includes Christopher Stripp, a talented young clarinettist. Maureen Wakeham will accompany us.

Further information can be obtained from either Joan Murray on 880548 or Barbara Richards on 880575.

Jane Sadler

# **Backalong**

ooking back to June 23<sup>rd</sup> 1933 What happened was -

Alan Short was swimming out fram Teague's Pit and got into troub a with severe cramp. On hearing the shouts for help, Jack Sweet swam him and had difficulty in keeping Alan afloat. Kathleen Castle was a the beach when she heard the shouts and swam out to the aid and Jack and Alan. Between them the were able to get Alan back to Teague's Pit.

The Royal Humane Society recognised this life saving with awards to Jack and Kathleen. Kathleen's citation reads: "It was resolved unanimously that Kath ear Mary Castle is justly entitled to the Honorary Testimonial of this Scale inscribed on vellum, which is here: awarded for her having on the II June 1959 gone to the rescue cf : boy who was in imminent dange !!. drowning in the sea at Port Gaverne, Port Isaac, Cornwall and whose life she courageously assisted to save." It was signed Henry Duke of Gloucester, President

Our man in Fuertevent.

# More about Port Isaac Luggers

Reading about the Port Isaac Luggers and seeing my father lugger Annie mentioned, she sis surviving. We gave her to the Exeter Boat Museum in 1989 and believe she is now in Bristol.

Annie was built at Padstow in tra 1880s for my grandfather Richal Rowe for the sum of £10. That boat, sails and oars. No engine then although she was the secon boat in the village to have an end a Kelvin – in 1911. He could afford the full £10 so £5 was borrowed from a doctor living Doctors Ope (now Squeezy Be Alley and Temple Bar in my cal

My father had the boat when goal dad passed on and fished her about 1950. The name Annie on on my own boat I built three years ago and keep at Falmour

Jac.

# George's Ramblins Please do not forget the History Group's Exhibition - in the Church Room this year on July 7th, 8th & 9th.

Our book of photographs will be on sale.

get slightly niggled when I receive mail incorrectly addressed. A significant number of firms, who should know better, write to me at PORT ISSAC. If enough do it then, eventually, that is what it will become.

in my youth many elderly people pronounced the name of this village as Pentizzick with the emphasis on 'tizz'! Much better!! So what should we call it?

According to JEB Glover and Oliver Padel who have researched old Cornish place names, the jury is still out as far as the name meaning 'Corn Port' (Port Ysek) is concerned. The evidence for being the Corn Port is apparently based on the fact that St Minver Highlands and the high ground around St Endellion were good areas to grow corn. This was then exported from our harbour (awn). There is no documentary evidence to support it although the very first reference in 1337 was for Port Usek.

Nothing of any significance can have happened for about 200 years because the next reference appears when Leland came riding through, recording his itinerary and starting the craze for guidebooks. He suggested Porthissek.

Others soon got in on the act Decause, in double quick time, we get Porthesyke, Porthtysack, Portssek, Portezick and Porizick Haven.

The mapmakers then had a bash. John Speed in 1610 uses Portissick and this was carried on by Blaen 1645), Jannson (1646) and Blome 1673). The latter three were Dutch so they would have had no chance aith the local dialect. They probably pirated Speed's work Enyway because the first copyright act wasn't passed until 1734.

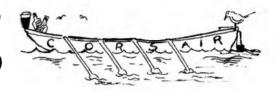
t was another Dutchman - Herman Wall - who used Port Isack in the - d eighteenth century. Then and came the Ordnance Survey in 31 and we became Port Isaac.

Fer Padel suggests that its -eaning cannot be authenticated . Til we have more medieval ecords. So if you have some old ine letters or unpaid bills in the seek of a drawer then look them But don't be too long because about 2010 we will probably be ng in PL29 without the Port Isaac.

Further to 'Our Man in Fuerteventura's piece about Silas Williams, Mrs Joice Sloman remembers that, as a young girl living at Moyles (a farm near to the Porteath Bee Centre), Si used to deliver fish. What's odd about that you may say. Well, he had no transport and so he carried a maund of fish on his back up Church Hill and delivered to farms, probably ending up at Polzeath. He was born about 1876 and so he was probably in his 50s. What a way to make a crust!

Zzz.pi./snore

# New gig for rowing club



As many of you now know, we have purchased another gig, namely the Hornet. Tom Chudley built her in the Scillies in 1978 for Newquay Rowing Club. Although only half ribbed she is still quite heavy, probably as a result of being kept either in the water or outside at Yealm, her most recent home. Already though, after a week of resting inside the boathouse, she is considerably lighter and drier.

Although in racing terms her weight would be a disadvantage, it makes little difference for our purposes to give us (and you) the opportunity to race off here in the village. We hope that a second gig is going to launch a new era for the club in this our tenth year of rowing.

We want to expand the club; extend our activities in the village, particularly among our younger members; to encourage the interest of those who are not interested in racing competitively. This means we really do need to hear from you. You have to let us know what you want and when you want it! I am aware that in recent years there has been a lot of bad feeling the village about the exclusivity of the club the feeling that the club does not provide your needs. Well, this is your opportunity to redress the balance. At the same time it might serve to explode a few myths! One I have heard recently is that junior rowing is often cancelled to allow for adults to row if time is short. Wrong. This has never been the case and never would be. We would be foolish to curtail the activities of our juniors who, after all, are the future of the club.

The purchase of this boat has put the strain on our coffers. The Hornet has cost us £2000 - no

mean sum for us to have paid out. So, over the summer we shall have to do some serious fundraising to bolster our account. The Hornet will stay in her present rather gaudy colours for the summer but, during the winter, we shall repaint her in our own colours and, most probably, rename her.

The rowing programme has altered slightly. At the time of going to print it is as follows:

- Monday 7.00pm. Crew Night
- Tuesday 7.00pm. Juniors
- Wednesday-7.00pm. CrewNight
- Thursday 7.00pm. Race Night
- Sunday 11.00am. Novices and all comers

I think this programme may well change with the need to accommodate peoples' working hours as the season progresses. If these times are no good to you and are really keen to give it a go - LET US KNOW! Call me anytime on 880834. I look forward to hearing from you.

Nicola

#### EXHIBITION

at the CHURCH HALL, PORT ISAAC of the

### PAINTINGS by FRANK McNICHOL

and HIS LOCAL ARTIST FRIENDS

from Saturday June 10th to Friday June 23rd

> OPEN DAILY 10.00am-5.00pm

# CHURCH NEWS

-utilitie-

#### UNITED BENEFICE

Archdeacon's Visitation

The Rector, Curate and their churchwardens joined with churchwardens and clergy from the five deaneries of the Archdiaconate of Bodmin, who gathered in St Petroc's Church, Bodmin for the annual visitation service when churchwardens, accompanied by their parish clergy, are sworn into office. The Chancellor of the diocese of Truro spoke about the new Churchwardens' Measure. The Ven Rodney Whiteman presented his final address as Archdeacon of Bodmin before moving to Truro to become Archdeacon of Cornwall. Evensong was sung by the Revd Graham Minors, Vicar of Bodmin.

Julian Meeting

The May meeting for silent prayer and meditation was held in St Endellion Church and led, for the first time, by Mr William Butchart from St Kew.

Evening Worship with Taizé Music The Rector led the May service of Evening Worship by candlelight in St Endellion Church. Miss Toni Ollsen accompanied the singing of Taizé chants and the St Minver bellringers before the service

#### **Mothers' Union**

Mrs Ceinwen Greenwood, Branch Secretary, spoke about her visit to Kuala Lumpur, at the May meeting held in the Parish Church of St James the Great, St Kew.

Mothers' Union Coffee Morning Members and friends of the Mothers' Union succeeded in raising the magnificent sum of £138 at a well-attended coffee morning held at Bodannon Farm, Trewetha, home of Mr & Mrs Richards.

#### **Healing Eucharists**

A healing eucharist was held in the Church of St James the Great, St Kew and led by Mr Peter Coster. Preb Michael Bartlett, Rector presided and shared with Mr Coster in the laying on of hands for healing. Mrs Maida Davy read from the Old Testament and sacristan was Mrs Mollie Girvan.

The Curate presided at a eucharist for healing held in St Peter's

Church, Port Isaac. Mrs Diana Maberly led the service and she shared in the laying on of hands for healing with the Curate and Mr Peter Coster, Reader.

#### PORT ISAAC

Christians Together

Three meetings of worship, study and discussion with Christians Together have recently taken place in Port Isaac Primary School. The Revd Carole Holmes, Methodist Minister, led the first evening of worship and discussion, and those present brought favourite hymns to sing and discuss.

The Revd Judith Pollinger, Curate, led the second session, which focussed on prayer.

The third session was about people who had been a good influence in our lives. Preb Michael Bartlett led the evening.

Building on these meetings, the first of a series of ecumenical evening services was held. The Rector officiated and the Curate led prayers of intercession.

#### **Sung Eucharist**

The Revd Judith Pollinger, Curate presided, preached and offered prayers of intercession at the sung eucharist on the Third Sunday of Easter. Server and bellringer was Mr Francis Larkin. Children from Sunday School joined the congregation during the singing of the offertory hymn.

#### Family Service

Jesus, the true Vine was the subject at the family service held on the Fifth Sunday of Easter. The vine had been painted by Mrs Rosemary Williams and paper bunches of grapes were attached to the vine during the service by the children. Mrs Janet Townsend accompanied the singing and the service was conducted by the Revd Judith Pollinger, Curate, who also presided at the said eucharist which was held earlier the same morning. Francis Larkin was the server.

Schoolchildren Visit Church Port Isaac schoolchildren visited the church following an assembly taken by Preb Michael Bartlett, Rector and Chairman of the school governors.

#### **Sung Eucharist**

The Rector presided and preached at the sung eucharist in the church

on the Sixth Sunday of Easter. Mrs Liz Bartlett read the lesson and prayers of intercession were offered by Mrs Tammy Benger.

#### ST ENDELLION

**Baptism** 

Father Michael baptised his first grandchild during the sung eucharist on the Third Sunday of Easter. Zoe Olivia Minton is the daughter of Oliver and Anna Minton and granddaughter of Father Michael and Mrs Liz Bartlett. Mrs Pam Richards presented a posy of flowers to the baby's mother on behalf of the congregation. Bells rang out before the well-attended service.

**Bishop Dedicates Gift** 

The Rt Revd Michael Ball, former Bishop of Truro, returned to Cornwall to dedicate and bless new altar ornaments and to preside and preach at the sung eucharist on the Feast Day of Saint Endelienta. The ornaments, a crucifix and candlesticks made in silver and wood by Cornish artist and craftsman Charles Hall, were given to the church by the Friends of St Endellion to mark the Millennium. Bells rang out before the service which began with a procession led by Mr Robert Sloman carrying the banner of Saint Endelienta.

Saints' Days Celebrated
The Feast of Saint Philip and St
James was marked with said
eucharist. Preb Michael Bartlett,
Rector presided.

The Revd Judith Pollinger, Curate presided at the Feast of St George, patron Saint of England.

The Feast of Saint Matthias was celebrated with an evening said eucharist. Preb Michael Bartlett presided and server was Mr Russell Pollinger.

**Farmhouse Carvery** 

On a fine Spring evening,
Poltreworgye Farm provided a
perfect setting for a carvery style
supper to raise funds for the
Church. Over 50 people attended
and enjoyed an excellent supper
and social evening. £359.00 ass
raised.

Marriage Blessing

Mr Peter & Mrs Patsy Battle from St Minver travelled in a horse-drawn carriage for the blessing of their marriage by Preb Michael Bartlett.

Judith Pollinger, tel: 880181

# 'Free Spirit' Trust Coffee Morning

The 'Free Spirit' Trust - ventures for teenagers with life threatening illnesses.

Please help make a difference to a teenage life. These children come from all sorts of backgrounds but one thing they have in common is that they are fighting cancer and have experienced long months - sometimes years - of intensive hospital treatment.

We can help by supporting a special recreational programme where these children meet others with the same

# In memory of Rex -



(aliases Rexy Boy, Sexy Rexy and, more recently thanks to Jan at the Gaverne, Rex the Dog (thanks also for all the chewies!))

Rex was born in Helston on May 23<sup>rd</sup> 1986 and sadly died on May 8<sup>th</sup> 2000. He spent his last five years here in Port Isaac and loved every minute of it.

He was part of our family for 11 years and he miss him, but he had a good life and was a well loved character on the beach and the Platt - Byron will be explaining his passing to visitors all summer, I'm sure.

Maggie Buse

## some fun and a holiday and quality time together.

Come to the Coffee Morning and Table Top Sale on Saturday July 1st in St Peter's Church Rooms from 10.30am onwards.

To rent a table top - sell whatever - for a fiver contact Sandie Bulgin on 880765. Or you can donate items to be sold for the Trust.

### New faces on the Terrace

problems

and have

At last! We're here. Can't quite believe it, it doesn't seem real yet.

For 24 years we've been coming to Port Isaac for holidays. Easter, Christmas, February, September, October, we've seen all of the seasons here, renting several different houses around the village with our family growing over the years. We've thought about living here many times, as others have I'm sure. But there always seemed to be a 'good' reason not to 'do it'. And now we have. Moved here that is. Port Isaac residents no less! We've moved into 12 The Terrace, formerly 'Rockmount' and now known as 'Anchorage Guest House'. We have only brought our two youngest sons with us in this new venture while our other four are scattered far and wide doing various things.

We are now busy juggling bacon and eggs with paint and filler, shopping and sleeping! Oh, and did I mention getting to know the Lion?

A big thankyou to everyone who has welcomed us to the village. We are loving it, even if the weather has been particularly erratic since we arrived. We look forward to meeting more new friends as we settle in.

\*\*Max, Colin, David & Daniel Durston\*\*

# Playgroup Grand Auction

RNLI photograph

Bob Monk, Port Isaac RNLI Station
Honorary Secretary, would like to invite
Syone who has been involved with Port

Port Isaac
Auction at
Rock Hote
August 13
2.30pm.

saac RNLI, past and present, to the Boathouse on Sunday July 2nd atl 1.00am when a group photograph will be taken.



Port Isaac Playgroup are staging a Grand Auction at the Castle Rock Hotel on Sunday August 13th at 2.30pm.

Amongst the great 'lots' already on offer will be meals out, holidays and a days dragon boat racing.

The afternoon will include cream teas, a

barbeque, a raffle and lots, lots more. Put the date in your diary now.

# NORTH CORNWALL LIB DEMS PORT ISAAC BRANCH SUNDAY LUNCH

June 18th 2000 at the Headlands Hotel, Port Gaverne 12o'clock for 12.30pm

Tickets from B Richards on 01208 880575

#### thanks

- Decial thanks to 'the girls' who Deed organise it and of course, love thanks to Nige, Natalie and Ben.

Marion Andrews

### GARDEN SOCIETY SHOW

The Members of the Port Isaac Garden Society will be holding their Annual Open Show on Saturday September  $2^{nd}$  at 2.00pm in the Church Hall. There will be more prizes again this year with extra sponsored cups and cash prizes for the children's classes.

So start sowing/sewing! now and help us have an even better show. We would also like to see more entries from all you good cooks this year.

More information from Robin Elgar on 01208 880353.



1999 was a very special year in many ways. Nationally the RNLI celebrated 175 years of saving lives at sea and here in Port Isaac we received our new lifeboat that replaced the one lost on service on September  $6^{th}$  1998.

e decided to make the year a memorable one and go 'all out' with our



fundraising and, as well as all our usual events, we took on the mammoth task of organising the May Ball. Held on May 21<sup>st</sup> it attracted over 650 guests and raised the splendid figure of £12500 for the RNLI. So many people got involved – villagers, companies and celebrities – and it was an unforgettable weekend enjoyed by everyone.



# A year in the Isaac Branch R

Our AGM in April followed the normal format and we presented Molly Farmer with a well deserved plaque for her 17 years of dedicated work on the committee (and for keeping us all in order!). Retired crewmember, Nigel Andrews was also presented with a 13 years service award.

Not without its organisational problems was the crew and committee photograph which we believe was a 'first' and hope to repeat from time to time as changes take place.

The Annual Lifeboat Sunday in June took place on the Platt and it was, as always, a very moving service, well supported by the village and visitors.

Later in the month saw the official opening of our new Souvenirs Shop in the Boathouse.

As the summer continued we had a magnificent and suitably nautical display in the St Peter's Church Flower Festival.

The St Breward Silver Band were also celebrating - their 100<sup>th</sup> Anniversary. To thank them for all they do for us we arranged a special outdoor celebratory concert on the Platt. The band were joined by our very own Fishermen's Friends, the Port Isaac Chorale and the Carn Awn Singers – all of which set the tone for a wonderful concert followed by a wall-to-wall party in the boathouse, open to all and provided by the committee.

August saw the RNLI House-to-House Collection Week and Annual Flag Day and, thanks to everyone's generosity and efforts. we raised nearly £400.

In what is now becoming the tradition, inclement weather heralded Lifeboat Larks! The star events were provided by the Royal Marines Unarmed Combat Display team and a magnificent in-harbour flight display by RNAS Culdrose.



Everyone's hard work and kind generosity raised £1355.

Sunday September 5<sup>th</sup> was a very happy day - the Naming Ceremony and Service of Dedication for our new 'D' Class Lifeboat - 'Spirit of the PCS RE II'. Sponsorship for the ceremony and reception that followed was generously given by Available Light Productions Ltd -Bristol, ILT Risk Solutions, Royal & Sun Alliance - London and Mr & Mrs Colin Oakden. The Rev Preb Michael Bartlett conducted a special service of dedication with singing led by the Port Isaac Chorale and the Carn Awn Singers who accompanied the St Breward Silver Band. The Boathouse Reception that followed spilled out onto the Platt and beyond and was much enjoyed by the local community, invited guests and representatives of the RNLI.

Also in September was our annual Harvest Festival and Auction at the Cornish Arms, Pendoggett. The packed evening proved to be the most successful of recent years with a fine collection of donated items for auctioning by our very own PMG who, as always, did the job brilliantly. We raised £1640.

Throughout the year we held our fair share of coffee mornings (aren't they what fund raising committees are noted for?). Two were at Mermaid Cottage, the home of Dave

# ife of the Port NLI committee

Sue Hurley – always popular and well attended - and one was in the Boathouse. Although these coffee mornings are not huge money raisers they do give both locals and visitors a chance for a little chat and gossip and a rest for an hour or so in their busy lives. We are always grateful to those who kindly host these events.



Our Christmas Coffee Morning was reld, for the first time, at the Castle Rock Hotel courtesy of John and Marion Henderson. This was much enjoyed by everyone - particularly the delicious hot punch!

November saw the retirement of Ted Childs as Station Honorary Secretary and the crew and committee joined together at the Cornish Café to say thanks and farewell to him.

Me were glad to welcome Bob Monk as Ted's replacement and the well astablished close relationship setween the crew and committee sectiones to grow.

stmas was the time for the table. committee and coastguard to their other halves to celebrate season at Castle Rock Hotel.

Troughout the year a further £200

RNLI Anniversary Draw tickets at every possible opportunity.

A committee member represented Port Isaac at the RNLI AGM held at the Barbican in London and the committee continues, when time and work allows, to attend various functions both as a PR exercise and a learning process.

Committee changes this year include the resignation of Angela Walsh when she left the village and David Goodbourne and Marion Essam due to other commitments. Phil Tidey moved from the committee to his appointment as DLA and his position as Station Press Officer was filled by Bob Bulgin who still continues as Committee Vice Chairman, Lynda Von Lintzgy came on board and took on the role of Publicity Officer assisted by crewmember Paul Worden. Other new members include Eileen Morris, Linda Miller and Jill and John McDonnell. There are also several active noncommittee helpers, in particular Angela and Mike Buckingham.

We are now joined at our meetings by nominated representatives from the crew and coastguard which assists with communication and team support.

Sadly this year four past members of the committee have died. Mike Soley, Mary Finch, George Kay and Cliff Redman all played a major part on the committee and will be sadly missed.



uring 1999 the RNLI launched 6521 times, saving 1028 lives and the total number of people assisted by a lifeboat was 6609.

ALL THIS COSTS some £88million for the year 2000 - £240,000 per day. For every £1 spent, 80p is spent on maintaining and replacing the existing fleet, building new lifeboats and purchasing new equipment or shore facilities. 17p is used for fundraising and 3p for administration. Any surplus of income over expenditure in any year is held in the RNLI's reserve fund and used to guarantee the RNLI's boat building programme.

To quote the words of a former coxswain of the Mumbles Lifeboat,

"From the time the lady sold her flag or arranged her coffee morning to raise funds, that is when the rescue started not when the maroons were fired. Anybody who works for or supports this Institution in some way is responsible for the preservation (protection) of life at sea".

#### THUS OUR WORK CONTINUES

Annie Price & Bob Bulgin

On a personal note I would like to publicly thank my committee for all their hard work and support. Annie Price, Port Isaac Branch Chairman



# MAGICAL MANAGERS 99/00 - FULL TIME

At the end of the sixth season of Magical Managers a presentation night was held at the Castle Rock Hotel on May 26th. I have to say that we were disappointed at the number of people who failed to turn up to collect their prize and, as a result, we will think hard about presenting prizes this way next year.

Paul & Kev

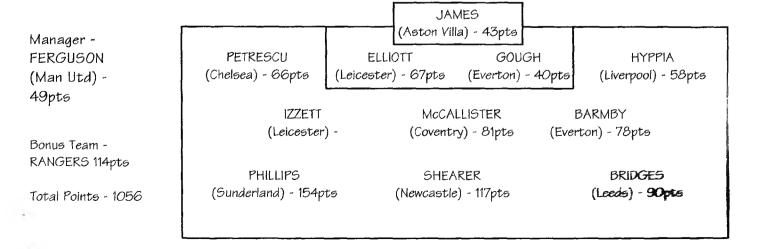
Below are the final league positions for this season:-

DIVISION ONE									
1	Flying Forest	Kevin Honey	642pts(C)	13	11 Hopefuls	Kevin Richards	476pts		
2	Maybees	Tom Bishop	640pts	14	Orange Pink Pea Pods	David Philp	437pts		
3	NoFIn ManchesterStill	Chris Lanyon	5 <b>6</b> 7pts	15	Mayfield Utd	Bryan Richards	435pts		
4	The Truth is Out There	Paul Honey	563pts	16	Up with the Vs	Ellen Hasler	420pts		
5	Magic Meg	Diana Jones	544pts	17	Tornado Utd	Chris Hallett	415pts		
6	The Kingfishers	Joyce Hambly	511pts	18	Fortune Hunters	Andy Penny	413pts		
7	Js Supa Novas	Jamie Hewett	504pts	19	Movers & Shakers	John Brown	407pts		
8	Devil Warriors	Susan Grills	492pts	20	Grillsy's Greats	Paul Grills	387pts		
9	MOTS Flyers	Tom Cleave	491 pts		Rovers Return	Di Dingle	355pts(R)		
10	Mudguts Marauders	Ann Cleave	487pts	22	Arnie	Sheila Baker	320pts(R)		
11	Lundy Rovers	Ben Skinner	484pts	23	Headhunters	Mick Guard	261 pts(R)		
12	Sparks Utd	S & J Hewett	477pts						

DIVISION TWO								
Fly Navy	Les Honey	635pts(C)						
Chocaholics	Karen Griİls	633pts(P)						
Ambassadors of Quan	Kevin Grills	548pts(P)						
Toyboys	Kim Lanyon	532pts						
Early Risers	Kevin Punter	523pts						
Davidstow Dreamers	John Clement	<b>5</b> 15pts						
Magic Men	Tom Lobb	478pts						
Staff Ball Terrors 4	Colin Hancock	471 pts						
Kernow Utd	Alan Jones	460pts						
Galaxy Rangers	Mark Pattenden	446pts						
	Melwyn Roskilly	444pts						
	Rachel Grills	433pts						
	Jim Bishop	428pts						
		420pts						
		403pts						
		395pts						
		386pts						
	Ray Berman	386pts						
	-	381 pts(R)						
	_	354pts(R)						
Little Lanyons	A&E&D Lanyon	206pts(R)						
	Fly Navy Chocaholics Ambassadors of Quan Toyboys Early Risers Davidstow Dreamers Magic Men Staff Ball Terrors 4 Kernow Utd Galaxy Rangers Central Sports Revenge of PuppySpice Cranstoun City WG AFC Roscarrock Rovers Mike's Magic Marvellous Marks Top Gunners Potato Heads	Fly Navy Chocaholics Ambassadors of Quan Toyboys Early Risers Davidstow Dreamers Magic Men Staff Ball Terrors 4 Kernow Utd Galaxy Rangers Central Sports Revenge of PuppySpice Cranstoun City WG AFC Roscarrock Rovers Mike's Magic Marvellous Marks Top Gunners Potato Heads Trevetha Rovers  Les Honey Karen Grills Kevin Grills Cenner Lobb Colin Hancock Alan Jones Mark Pattenden Melwyn Roskilly Rachel Grills Jim Bishop Terry Driver B & F Hawkins Michael Hewett Marvellous Marks Top Gunners Potato Heads Trewetha Rovers  Martin Dingle						

DIVISION THREE										
7 8 9 10 11 12 13 14 15 16 17	The Teletubbies Falldowners Silly Billy Wanderers Pinehaven Rovers Be We? Yeast Buns Utd Ambassadors Whitegates Ltd Schaeff Drivers The Jedi Knights The Panama Bob's Babes Degenerates	Margaret Honey Bill Bissett Duane Cock Fred Grills Barry Cleave Barbara Richards George Oxley David Jones Dave Dingle A & D Grills Sybil Brown Bob Irons Brian Tiddy James McDonnell Jill McDonnell Rod Baker Mick Hasler Sarah Taylor Keith Vernon Jenny Hooper	507pts 490pts 489pts 473pts 467pts 447pts 436pts							
l										

## **MAGICAL MANAGERS ALL-STAR TEAM**



Many thanks to John, Marion & Rob at the Rock, Steve & Sheila, Dave at the Peapod and Sam & Dee.

# schoolchat

# We are the champions

On Sunday 21<sup>st</sup> of May two teams from Port Isaac went to Tintagel Memorial Grounds to play in a Football Tournament. There were teams from Otterham, Boscastle and Tintagel. It was a league tournament so all the teams played each other. It was very close in lots of matches but in the end Port Isaac A Team won the tournament.

We have a wonderful shield that Mick Guard had engraved and he and Kevin Grills came



into assembly to present it to the team. All those who played got a small individual trophy to keep.

We look forward to winning lots more tournaments with all the good coaching that we get from Mick and Kevin.

Andrew Grills

# **Millennium Concert**

A few weeks ago some of us in the Senior and Junior classes went to Camelford to join in a Millennium Concert. There were seven other schools including us. Even though we were last, everyone said we were the best. It took at least two hours and we were quite tired.

Some of the schools did plays and others did songs and poems. Each school did something to represent

the 2000 years of Christianity.

In the end everyone was happy and it seemed to go very well. It went on for two nights. We had to do it all over again for the last night.

Lowenna & Stacey

# Persephone and Pluto

One day Pluto carried Persephone to the underworld. She was sad because she loved the flowers and the sun and her mummy Demater.

Tuto wouldn't let her go. She ate six comegranate seeds. Demater found

her by the river. Pluto agreed to let her go for six

months each year.

So when Persephone was on earth it was spring and summer and when she was in the underworld it was autumn and winter.

Reece Bishop, aged 6



# New Head Teacher

Local man, Simon Bishop has been appointed the new Headteacher of Port Isaac County Primary. He is a very popular choice and the children are particularly pleased. Simon, who now lives in Trelights with his wife and two children, first moved here eight years ago to open the Slipway Hotel with his brothers. Before that he had taught in Bristol for eight years. He soon moved back to teaching and has been at St Tudy School for the past five years.

Said a very pleased
Simon, "I am absolutely
delighted and overwhelmed with all the
messages of support
and congratulations I
have received. I am
really looking forward to
September and building
on all the hard work the
staff, parents and
community have already
put into the school".

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# SALAD DAYS

When I was a child salads used to consist of ham, beef or whatever, flanked by a few lettuce leaves, some cucumber and tomatoes beautifully sliced, perhaps some spring onions, a hard boiled egg sliced on a special gadget and, of course, some beetroot. The most artistic member of the family would arrange all on the plate! I feel we have moved on since then and now my salads are more original and more fun.

I make them from a selection of ingredients; some from my store cupboard and some bought in especially. I mix and match lots of ingredients and calculate quantities by providing about 100g/4oz of protein food per person. For example, if I was feeding four people, I may choose to buy 110g/4oz tin of flaked tuna, 100g/4oz prawns, 50g/2oz salami sausage meat cut into cubes, 110g/4oz feta cheese and a couple of hard boiled eggs quartered. This would provide the approximate amount required.

The salad ingredients are a matter for individual judgement. They should all be small enough to eat without having to cut them with a knife. Make your salad in a large serving bowl, calculating that you need to toss the whole salad with the dressing.

The dressing should be of your own choice but I am inclined to use a straight forward vinaigrette by mixing together 1/3wine vinegar or cider vinegar with2/3 virgin olive oil, adding salt, pepper and a little mustard. Shake it altogether in a jam jar with the lid firmly secured. Another dressing I love is walnut oil just poured over before the salad is tossed.

Some ingredients I suggest you choose from are:- various salad leaves, tomatoes, cucumber, celery, green or red peppers - cooked or raw, avocado, spring onions, olives, chick peas, red kidney beans, pine nuts, cashew nuts, walnuts, pasta shells, pasta twists, croutons, prawns, tuna, salmon - smoked, fresh or tinned, grilled bacon, ham, Italian or Spanish sausage meats. The list is endless.

Add your own ideas and imagination. Experiment. Have fun!

# ICEBERG LETTUCE WITH STILTON DRESSING

½ small Iceberg lettuce washed & finely shredded 1tblsp snipped chives or parsley

Dressing

25g/1 oz Stilton cheese
1 tbsp virgin oil
1 tblsp white wine vinegar
2 tbsp yoghurt
salt & freshly ground pepper
1 tsp caster sugar
½ tsp made mustard
1 tblsp olive oil
1 tblsp white wine vinegar
2 tblsp yoghurt
Salt & milled pepper
1 tsp caster sugar
½ tsp made mustard

#### **METHOD**

Mash cheese well until smooth, combine with the rest of the ingredients for the dressing and toss the lettuce in a large bowl with the Stilton dressing. Sprinkle with the herbs.

Serve with a good quality ham or with perhaps poached salmon and new buttered potatoes. Delicious!

EP

Friends of Port Isaac School

#### LUNCH IN THE GARDEN

at Kim Bishops St Ian, Trelights

Monday June 12th

12noon onwards £5 lunch & glass of wine RAFFLE

# PORT ISAAC SCHOOL SUMMER FAYRE

Friday June 23rd 5.00pm onwards at School

Pudding Tent \* Coconut Shy
Bouncy Castle \* Tombola
Egg Throwing \* Raffle \* BBQ

First 100 Club Draw
Tickets still available
FIRST PRIZE - £250

# **Art Exhibition**

by local artist

# **NANCY ROBERTSON**

July 1st - July 11th

# at the Penhaligon Room, Port Isaac

(opposite the Old School Hotel)

Nancy is showing a wide variety of local and Cornish scenes in several media plus other subjects

As Nancy is also a commissions artist she will be only too happy to discuss any requirements you have, from pets, people, houses, boats, cars, landscapes etc

Open Daily 10.30-1.00 & 2.00-6.00

# The Trio Directory

restaurants & hotels

### **BROWNS**

PORT ISAAC

Cappuccino - Expresso Teas - Hot Chocolate Fresh Bread - Croissants - Jams Freshly Prepared Sandwiches Danish Pastries - Home-made Cakes Cream Teas - Ice Creams

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# **PLAICE**

Castle Rock Hotel, Port Isaac 01208 880300

#### **Open for Bar Food**

12noon-2.30pm & 6.30pm-9.30pm

#### Restaurant

open Tuesday - Saturday 7.00pm-9.30pm

For Dinner reservations call 01208 880995