



# TRIO

The Port Isaac, Port Gaverne  
and Trelights Newsletter  
No: 225 • October 2002 • 35p

## Coming soon to your Village Hall

**W**elcome to the King Villa Lounge on the Costa del Vegas!

Yes, King Villa are back at the Village Hall on Thursday October 17<sup>th</sup>. As anyone who has seen this live cabaret duo before will testify, 'the King Villa Show is bold, brassy, occasionally raunchy and certainly not afraid to be really excellent entertainment'.

This show includes impromptu visits from the giants of rock'n'roll – Elvis, Sinatra, Jagger, John Lennon, Bob Dylan and err ... Rolf Harris? Meanwhile, nightmare tour guide, Marty, accompanied by his mind reading pig, Percy Crackling, muscles in on the act. You'll have to come just to find out what happens next!

King Villa are Jo King – sax, trumpet, vocals, exhibitionist, road sweeper and one-time resident of Port Isaac (his family lived in

Courtney House for a time). His partner is Rachel Colles – vocals, fiddle, percussion, highland dancer, double take specialist and seafood enthusiast.

The licensed bar will be open from 7.30pm and the show starts at 8.00pm. Tickets are available, priced £4 each, from Secrets, Port Isaac. Telephone 01208 880862/880905 to book your seats.

This show is run with Carn to Cove as part of its Village Hall touring scheme bringing live entertainment to Cornwall's most rural villages. Our November 7<sup>th</sup> 'TSW Film Archive' evening is part of the same scheme. It promises to be an evening of delightful, moving, fascinating, archive footage of Cornwall including some local coverage.

The last Saturday of October – the 26<sup>th</sup> – sees the annual Village Hall Coffee Morning. The men will be in



charge of the bacon butties and the donuts – they've also threatened to make a few cakes for the mega cake stall – plus bric-a-brac, the inevitable raffle and hopefully a few surprises. Don't miss this chance to support your Village Hall and have a morning of gastronomic delights as well!

## RNLI Harvest Auction

**T**he annual RNLI Harvest Festival and Auction takes place in The Golden Lion on Friday October 18<sup>th</sup>. Things kick off about 8 o'clock.

There will be a wide variety of goods to bid for and our auctioneer extraordinaire, the PMG Jon Cleave, will be at his persuasive best!

If anyone has anything they wish to donate for auction – bought, made or grown – we would be delighted. Just phone either Annie P on 880386 or Dee on 880862/880905.

During the evening the draw will be made for the Frank McNichol original painting that he has generously donated to us for our 2002 Christmas card. If you still haven't bought any tickets they will be on sale on the night.

*(continued overleaf)*

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# Letters to Trio

## more about the 'Dump'

## from one second homeowner to another

Dear Trio

I read with interest 'young' David Castle's account of the building of the 'Dump' at the Castle's garage by the Church Hall, Port Isaac (*Trio* No: 222). The notable omission in the tale is that the builder was Jack Billing, my cousin, and Peter Castle and myself were the lads assisting him - we were about 15 at the time. Had our relative Harry Hills, perfectionist boat builder as he was, had any connection with the project, his reputation would have suffered badly!

Whatever her faults, the 'Dump' provided loads of fun to us youngsters and acted as a magnet to the youth on the beach at Port Gaverne. As regards being 'rather tender', I would rather say 'very cranky' as she was not much more stable in the water than a beer barrel! I had to consider the advisability of shifting chewing gum from one side of my face to the other to preserve balance! Uncle Dick Rowe, who lived at Volant Villas in Fore Street, gave his opinion that "he'd rather go to sea on the back of a 'skit ray' than that!"

The eventual resting place of the 'Dump' is in no doubt. When we lived at 'Treforest' on West Hill in Wadebridge, I hauled the 'Dump' from Port Isaac. I installed her just off the road in our front garden on her stern side and fitted a seat inside. I have a photo to verify this.

Years after leaving 'Treforest', my brother-in-law, David Hoskin, pressed me to go and sample a brew at Longcross, formerly owned by Mr Thomas of Roscarrock Farm. We parked in the area provided and, walking towards the house, I saw the 'Dump', upended, standing tall with the addition of a framed 'spiel' about it being one of the few remaining examples of a Scillies dinghy!

In the bar I had to inform the owner that I had been present at her birth and that her history was somewhat less romantic. Repairs were required and the owner pressed me to do the honours but, of course, I had no tools or facilities to do it at the time so I regretfully turned it down.

The year of the building of the 'Dump' was 1934.

*from your man in the Scottish Highlands, John Billing Milne*

Dear Trio

Reading through *Trio* every month, I am deeply impressed at how much money the local residents of Port Isaac manage to collect through coffee mornings, dances, jumble sales etc to benefit the various charities and projects around the village and often beyond.

Port Isaac is obviously a village with a big heart.

I would like to urge all second home-owners to contribute liberally to these causes - I'm sure that many of you already do - and would greatly appreciate any ideas from the village's governing body on how we second homeowners might be able to make a blanket contribution once a year that could be filtered to whichever project is most needy at the time. A central fund of some sort that would make giving something back to the village easier than writing cheques to every new cause as it comes up.

My life is profoundly enriched by my connections to the village and the people of Port Isaac as I'm sure yours is too.

Let's give something very concrete back to this village that gives so much to us.

*A second homeowner  
name and address supplied*

*(Ed: Several second homeowners  
already make very generous  
contributions to village causes)*

## the AGA Khan?

Dear Trio

Presumably one of the wealthy yachties in RAYBURN sunglasses that Bob Monk fears is the AGA Khan?

*Brough Girling*

*Trio* is issued eleven times a year and is available in local shops or by post - £12 per year in the UK. Overseas rates on application.

*The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.*

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*(continued from front page)*

## CHRISTMAS IS COMING

### exclusive RNLI cards and shirts

The Christmas cards are now on sale in the Pottery and Secrets. Plus there will be a chance to stock up at the St Peter's Church Christmas Mini Market. Our range of Port Isaac exclusive RNLI shirts, plus several new lines, will also be available.

Our annual RNLI Christmas Market (in and around the Boathouse and the Platt) takes place on Sunday December 1<sup>st</sup>. As well as the chance to place your present order with Father Christmas (we'll even let you sit on his knee!) you can do most of your Christmas shopping away from all the crowds, traffic and stress of the big towns. Mulled wine and Christmas carols, Christmas cards and clothes, souvenirs and Santa, mince pies and cakes plus much, much more. Put the date in your diary now.

*RNLI Branch committee*

# A Floating Harbour?

**W**hat an extraordinary thought and conception  
A breakwater to harbour the tide  
At an outstanding beautiful location  
Serene in her well-earned pride.

**I**t's the fishing village on the North Cornish coast  
Mark you these words for their worth  
Endowed with a charm few others can boast  
It's Port Isaac of course, the site of our birth.

**N**ow, consider the waves, swell and ground sea  
Off Lobber with a westerly force nine  
The spray is fantastic, no white water lea  
No place for a breakwater, even when fine.

**T**here's an unspoilt view out to sea from the Platt  
The harbour is tidal, fishing boats ground  
Costly and impractical, turn it down flat  
Waste no more thought or money. Be sensibly bound.

*Trevan Hambly*

**EVERYONE WILL HAVE  
THE CHANCE TO  
MAKE THEIR VIEWS  
KNOWN IN THE  
PARISH QUESTIONNAIRE  
OR BY ATTENDING A  
STEER MEETING**

## Putting the record straight!

**I** have to take issue with Bob  
Monk's article in last month's  
*Trio* denouncing an extended

harbour for  
Port Isaac.



It was not  
too long ago  
he came  
here with

the Loughton Diving Club and used  
to drive up and down Fore Street  
with four wheel drives towing boats  
and trailers and wives and girl-  
friends in tow. The beach was  
strewn with wetsuits and diving  
gear. They zoomed around the bay



in their fast boats.  
It's a good job the locals didn't  
object to his activities then.

He has now fallen into the usual  
group of 'I'm here to stay now, let's  
keep the others out'. I've seen that  
enough times in my lifetime here.

In fact, the Diving Club has been an  
asset to the village. As a result,  
nine properties have been bought,  
most of them lived in and the  
others hope to retire here.

It makes my point beautifully – if  
people can keep yachts etc safely in  
the harbour, more will come here to  
stay and help keep the village lived  
in.

## A few words from STEER

**'H**arbour plans are thrown out' read the headline in the Cornish Guardian  
of September 12<sup>th</sup>. Submitted by Mr Martin Bell, the story gave the  
impression that the Port Isaac improved harbour scheme has been thrown  
out. This is not the case at all.

At the September STEER meeting, Martin Bell proposed that 'STEER should  
postpone consideration of harbour expansion to a later date and confine  
activity to the Eastern breakwater'.

By Mr Bell's own admission the envisaged boulder breakwater would make a  
repair scheme to the existing breakwater unnecessary. Why spend £250,000  
on a purely cosmetic basis when the money could be put to much better use.  
Mr Bell also said that such a project would change the appearance of Port  
Isaac and as it is a new harbour no land – which is not available – is needed.

Economic regeneration for Port Isaac means a large project – not just tidying  
up what we already have. A proper harbour where yachts and boats can  
come and go at any time or can stay in safety would bring massive benefits  
to the village; create jobs and above all help to keep the younger generations  
here.

Water borne tourism on the other side of Cornwall is very big business  
indeed. It is high time North Cornwall had a share of the cake. Port Isaac  
lends itself to it admirably.

The Parish Questionnaire will be sent out towards the end of October to all  
residents and second-homeowners which will help STEER decide which  
project to support.

*David Raynor & Jack Rowe*

# Let's build for future generations

PORT ISAAC BAY

LOBBER POINT

FLOATING PENTONS AREA

BOATS ETC

LIFEBOAT

TIDE LINE LOW WATER

OLD SHED

LIFEBOAT HOUSE

PORT ISAAC

THE MAIN

PORT GAVIERNE COVE

CHILL HILL

**the proposal**



# Harvest time and plenty?

Scripture encourages us to be lazy, or so it seems. "Don't worry about yourself, the Lord will provide." Tell that to the starving millions in this world. Your parish priest is not getting into a political debate – saying that starvation is the fault of governments. It is, but only to some extent. Drought and land erosion are also to blame.

Political failure however has been demonstrated by the recent world summit conference in Johannesburg. We fail in our Christian duty to have care for all people, if we don't realise this.

There is no denying it, we are fortunate to live in a most wonderful part of the world. We are comparatively affluent. But there are times when we should stop and look at the wider world. We begin by supporting the marches for liberty and livelihood for those who live in the countryside. Then we look further afield. We look at depravation and suffering. September 11<sup>th</sup> last year showed us what a small world we live in; we were all horrified by the acts of terrorism which shook the world. Now, one year on the world is not safer or better a place. It might even be worse!

The USA is still despised by most the rest of the world – perhaps even more so. Look at the way their representative was received at the summit conference. One of the few successes of the conference only came about after concessions were made by the US. The main target that was agreed – to halve the number of people without sanitation (2.4 billion) by 2015 – was won only when the European Union and developed countries gave in to US refusal to agree targets for renewable energy (the oil companies pay the taxes in the States).

However, there were signs that this conference was successful. The UN Secretary General, Kofi Annan, was positive about its achievements. Not so much the achievements of the politicians, but the dynamic energy shown by

the fringes of the summit – the exhibitions and the sideshows organised by the academics, scientists, environmental groups, farmers and business leaders. It might well be that the networking of these groups will produce progress that governments are frightened to make.

What should we do? It is clear that we should not do nothing. The recent march to highlight the need for liberty and livelihood in the countryside must bear fruit. Regeneration in North Cornwall is our priority and money available to develop our community life and facilities. The proceeds from the Church Harvest Festival went to local charities and to help alleviate poverty in Central Africa. Our help needs to be substantial.

Above all we must pray that we may find ways to make our world, which is God's world, a better place for us all to live in.

*Father Michael*

## Keiko aka 'Free Willy'

**A** Miami marine park has asked the US government for permission to capture Keiko, the whale of "Free Willy" fame, and put him on display.

The National Marine Fisheries Services recently received an application from the Miami Seaquarium to transport Keiko from Norway, where he turned up during September in a fjord after making his way there from Iceland. The Seaquarium issued a news release that said, in part, "Keiko is ... interacting with people, begging for fish and approaching boats with propellers that could severely harm him. We have contacted appropriate authorities and offered to rescue Keiko and ensure his survival."

The Norwegian government would have to agree to Keiko's capture and although that nation remains the only country that commercially hunts whales - defying an international ban - it so far has welcomed Keiko to its waters and guaranteed his safety.

The Miami Seaquarium keeps alligators, crocodiles, manatees, sharks, sea lions and dolphins. The park's star attraction since 1970 has been Lolita, a 36-year-old Orca. Putting Keiko in the Miami Seaquarium would be like returning him back to the conditions he was rescued from in the first place. This would be tragic news.

Lolita's pool is sub-standard. If it isn't big enough for one Orca, how can it be big enough for two? Also, Lolita and Keiko are from two totally different parts of the world.

If you feel strongly that Keiko should stay in the wild you should make your views known. Write to:

Gene Nitta, Director of Protected Resources, email: [gene.nitta@noaa.gov](mailto:gene.nitta@noaa.gov)  
or

The Norwegian Ministry of Fisheries, email: [postmottak@fid.dep.no](mailto:postmottak@fid.dep.no)

## Harvest Festival

**W**hat a wonderful Harvest Festival we had. Packed church; great singing; the Fishermen's Friends (superb); fantastic food; enough wine; Jon Cleave (the incomparable!).

Proceeds:

Christian Aid (Africa)	£150
Children's Hospice SW	£ 50
Mount Edgcumbe	£ 50
Air Ambulance	£ 50

## YOGA

**Anyone interested in another daytime yoga class at Barbara Bell's house please contact Tracey Greenhalgh on 880215.**

**If enough people are interested we can start a six week course from the second week in Oc-**

# Crafty Arts

Recently Annie Appleby and Bobby Potterton went to the Hall for Cornwall for a crafty day out with Miss Evans and Mr Bishop.

We were testing out crafty arty things for the school. We did mosaics and Bob was a DJ. We also made marzipan men and got to put them on a huge five-layered cake. We made paper boxes and we got a piece of the five-layered cake.

I liked making marzipan people the best and Bob-bby liked the mosiac and being a DJ.

## The Old and the New

A reminder to dig deep into your old satchels and bring out the old memorabilia of your schooldays in Port Isaac.

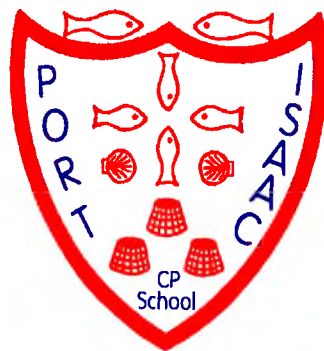
We're aiming to hold several events together with an exhibition starting on November 28<sup>th</sup>. So you have plenty of time to do your homework!

We hope to include real-life examples of what lessons were like 50 years ago. The present pupils can then turn the tables and show how modern technology is part of learning today.

If you have any stories to tell, we want to hear from you. If you have any photos or other memories .... Contact Jan at School on any morning before 12.30pm please. We're looking forward to hearing from you!!!

# schoolchat

Port Isaac School  
news and views



## Dance Club

In the past few weeks Emily Thomas and Jessica Powell have been holding a Dance Club 2 days a week in the school hall at lunchtimes. When Meg has recovered she is going to be helping too I should think. At the moment she is a DJ with Olivia and Lydia.

We have done 2 dances at the moment. They are Survivor by Destiny's Child and Automatic High by the S Club Juniors and we are moving on to Bootylicious by Destiny's Child.

The teachers have said the dances we have done are brilliant. Some of the moves are from the dance we did at Wadebridge School. I think all the people who have entered the Dance Club are really enjoying themselves.

*by Emily Thomas, Y6*

## Early years garden

When the Y6 pupils left they presented the School with a pebble fountain.

We hope to incorporate this into the new garden we are creating for the Early Years.

If anyone could offer their skills or any materials (building or garden) etc to help us make an interactive garden for the children to enjoy, please could you contact School.



## Bryan Richards School Governor

It was with real sadness that we learned of the death of Bryan, who has been associated with Port Isaac School in the role of Governor for many years.

Bryan's contribution to meetings was always measured and thoughtful with his concerns for the children of paramount importance.

We will miss his warm, quiet friendliness at our Governors meetings and the valuable role he played as a member of the school team.

# Kerbside recycling comes to the village

The first kerbside recycling collection in the village has taken place and whilst the roads were not overflowing with bags for recycling a fair few remembered to put their recyclables out.

This new service is called 'In the Bag' and is run by NCDC in partnership with the Cornwall Paper Company. A wide range of recyclables will be collected every two weeks from wherever you put your normal refuse out for collection.

The scheme has already been operating in the main towns in the area since June and about 50% of these households are now recycling some of their rubbish.

NCDC has delivered a supply of coloured recycling bags to every household in the village. The system is quite straightforward - different coloured bags for different types of rubbish. Initially sorting your rubbish takes a bit of getting used to, especially bearing in mind how little storage space a lot of us have, but once we've all got into the habit it should become second nature like it is in lots of European countries.

**B**lue bags - newspapers & magazines; catalogues & brochures (but not the plastic wrappings or brown envelopes); junk mail & stationery; BT & Thomson telephone directories (NOT Yellow Pages)

**C**lear bags - drinks & food cans (washed first!); aerosol cans; plastic milk bottles (but not other plastic bottles); foil (put in a carrier bag first)

**R**ed bags - clothes & accessories (not torn and dirty clothing or odd shoes); household textiles (not rags or damp items)

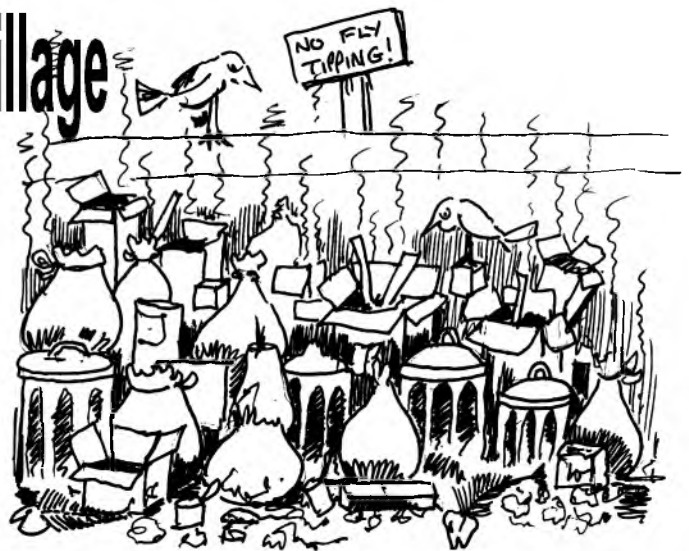
**G**lass bottles and jars, with the tops and lids removed, should be put out in a separate supermarket carrier bag

**C**ardboard boxes, packets (not drinks or milk cartons) and brown envelopes should be flattened and boxed or bundled up

A recycling box is available by calling 01209 212294. Ring the same number for further supplies of recycling bags.

Items not mentioned above cannot, at the present time, be recycled. Remember, 'In the Bag' is an extra service and will not affect the weekly refuse collections.

Garden waste can be taken directly to Bowithick Tip at Trebarwith (tel: 01840 770778). Alternatively, garden waste sacks can be purchased from NCDC, priced £1 each, and these will be collected with your weekly rubbish.



Recycling collection days - put your bags out before 7.00am - for the rest of this year are:

**Monday October 7<sup>th</sup>**  
**Monday October 21<sup>st</sup>**  
**Monday November 4<sup>th</sup>**  
**Monday November 18<sup>th</sup>**  
**Monday December 2<sup>nd</sup>**  
**Monday December 16<sup>th</sup>**  
**Monday January 6<sup>th</sup> 2003**

NCDC is committed to looking after the environment and is currently, in conjunction with Restormel DC, building a recycling depot just outside Bodmin. This state-of-the-art plant will hopefully be operational by next summer and will include a visitor centre. A major plus will be a free service for small businesses who will be able to take their recyclable rubbish directly to the plant.

Any questions about recycling, call 01209 212294.

## Air Ambulance Shop, Delabole

**Delabole Quilters - A reminder to readers about the quilt that the Delabole Quilters have so skilfully made and generously donated as a raffle prize. This is on display in the shop and should be seen to be appreciated. Tickets are still available and the draw takes place in early October.**

**Now to the shop** - a busy August with locals and visitors pleasantly surprised at the high standard and variety of goods available. A clearance sale of summer stock has taken place to make room for autumn and winter wear. Takings for August totalled £594.15.

Opening times are on the door but are subject to the availability of volunteers. For information please ring Joyce Henderson on 01840 213195.

**I** wish to thank everyone who made my birthday celebration at the Crow's Nest on Saturday September 21<sup>st</sup> such a success. What a well kept secret!

Thank you to my children and grandchildren for the lovely television and birthday cake. Thank you for the presents and cards from my sisters, nieces and husbands. Thank you for the cards and gifts from friends.

Thank you to the 'Three Js'!!! - Joan, Janet and Jackie - for the marvellous spread.

Thanks also to Phyl for babysitting.

It certainly was a night to remember.

Thursa

**A**t a recent Parish Council meeting, a correspondent from another part of the country offered an Edward Robinson framed print of 'Squeeze-ee-Belly Alley' to the Council to buy and put up in the room where they hold their meetings. Since the artist was apparently not known to any of the members of the Council, it occurred to me that perhaps I should write a short biography of what I know about him. Here it is.

**Robin Penna**

# Ted Robinson

**T**ed Robinson was born in Bury, Lancashire in 1915.

He claimed to have had a poverty stricken childhood and was sent out to work as soon as he was old enough. Thus he only had an elementary school education. He was a proud and self-willed person and was determined to better himself by any means and, as he went along, gleaned whatever knowledge he could of the world.

He worked as a travelling salesman and was for some years, both before and after the Second World War, with Salmon's postcards.

Ruth Pinder, lived in Newquay where her father, Douglas Pinder, an accomplished marine water-colourist, had his gallery. It was here that Ruth and the postcard salesman met and they eventually married.

Ted decided to set up a business in Port Isaac, having first trying and failing to do the same in Polperro. He was always disappointed about this and regretting that there was nothing in Port Isaac which was equivalent to the Polperro 'trade mark' of 'The House on the Sticks', invented a legend about somebody having difficulty getting through Temple Bar and being advised to 'squeeze-ee-belly'. He repeated this so often and for so long that 'Squeeze-ee-belly Alley' became accepted by the visitors - if not by the locals!

His first business in the village was the Wheelhouse which he must have acquired about 1936. He later transferred to The Harbour Cafe, opposite, which he ran until 1954.

Ted was very self-opinionated and would not tolerate fools. His gift of the gab had to be heard to be believed and he could literally talk the hind leg off a donkey! He was a great organiser and was very much involved with the annual carnival, with the Christmas pantomime - there is a photograph which shows him as what looks like the Sheriff of

Nottingham in *Babes in the Wood*, special trips to Plymouth, local raffles, etc. He excelled at sorting out the traffic jams on the Platt; with sleeves rolled up and brisk military movements he would tell the drivers what to do or where to go and sorted out the worst tangles in a remarkably short time.

When I was employed at The Harbour Cafe, the restaurant, seating forty persons, was upstairs and had views across the Platt and to the harbour from the little casement windows at the front of the building. The kitchen, and Ted's shop, were downstairs. The shop sold postcards (of course), pottery, semi-precious stones, jewellery, Ted's 'watercolours', and various wooden items: little boxes, biscuit barrels, and so on, which Ted decorated with texts and drawings in 'pokerwork' - the designs were burnt into the wood using a hot iron - similar to a soldering iron but with a wire 'nib'. The articles were subsequently varnished and sold very successfully.

They were hard times and Ruth cooked all the meals on a domestic electric stove plus 'Primus' paraffin stoves for heating coffee, hot water, etc. There was no frozen food and they didn't have a refrigerator anyway.

Ruth and Ted's only son, Tony, sadly died of a heart aberration in 1954 aged 16, just before he was due to sit his 'O' level exams at Camelford. After this terrible blow Ruth, in particular, had no will to carry on the business.

Ted had a retentive memory and, when I knew him, was a veritable encyclopaedia of facts and figures. There was practically nothing that he didn't claim to be an expert on.

He had become acquainted with my artist mother on our sojourn in Port Isaac from 1939-1941 and they became re-acquainted in the 1950's when we returned on holidays.

Ted claimed to be an artist and was skilled at producing small water-colours using an ingenious mass production system.



**Ted and Ruth in 1954**

I was an art student with a need to find some way of combining the summer holiday with earning some sort of income and Ted accepted me as a student worker for a couple of years' summer holidays - 1954 and 1955.

During the daytime I worked in the shop (starting with washing down the floors at 8.00 am) where I was instructed how to keep an eye out for likely shoplifters and also how to talk to people so that they would buy something! Ted was especially good at this; he could talk on any subject to suit the customers' interest, for a very long time if necessary and I think many of them bought something out of sheer desperation. In a straight contest, Ted could have beaten the Ancient Mariner easily. He wasn't bothered about if he had got the facts right - if he was retailing the information it was right whether it was or not!

In those days, people used to have their main meal at lunchtime, with afternoon tea and beverages and biscuits in the later evening. There were several girls who worked as waitresses. I remember Doreen Byfield and Bobby Darbyshire, who worked during the daytime, carrying trays up and down the narrow staircase, ducking their heads at the place where there was a low beam. They worked from morning coffees until afternoon teas but not in the evenings. The evening coffee business fell to me and this shift included the responsibility for keeping the customers happy as well and I had to rely on my natural witty repartee for this - especially when the weather was bad and everybody was grumpy. The tips made it all worthwhile.

*(continued overleaf)*



# Looking back to 1944

## what happened was

I left school in the July and had to get a job to fill in the gap before being called up for military service at the end of the year. I had an interview with the Admiralty Hydrographic Department at Taunton working on chart corrections. This did not appeal to me so I had to look elsewhere. I applied to a Bristol company, S E & A Robinson, to become a clerk and was accepted.

The wage for the job was £2-2s-6d (£2.12½p) but the net amount was £2-0s-5d (£2.02½p). My lodging expenses were £1-10s-0d (£1.50) for bed, breakfast and evening meal plus 1 shilling (5p) per day for canteen lunch – two courses plus a cup of tea. Bus fares to and from work – a six-day week – came to 1s-6d (7½p) leaving a balance of 3s-11d (19½p) to do what I liked with. For a lad of 17½ to have 3s-11d in my pocket at the end of the week I thought I was a millionaire!!

At the end of the year my call-up papers arrived. Enclosed with the letter was a postal order for 4s-0d (20p) to cover my first days pay and subsistence together with a railway warrant from Port Isaac Road Station to Northampton.

Sharon Cann wishes to thank everyone who sent cards and flowers during her recent illness. Your good wishes and prayers have been greatly appreciated.

*(continued from previous page)*

Monday evenings, the cafe closed, however, in order that we could all go the dance at the 'Rivoli' (now Dolphin Bungalows). Ted could dance very effectively, although I'm told not necessarily very correctly, but he gave a Fred Astaire impression - he probably thought he was as good - and he and Ruth, who was an ideal partner, used to glide around the dance floor very prettily.

When I left and started work, I lost touch with Ted and Ruth and it was not until 1971, on re-visiting Port Isaac, that I met up with him again. By this time he had acquired the shop opposite the former Port Isaac Stores and had made it into an art gallery. Here it was that he produced his black and white line drawings which he had printed, then framed and then he sold them as 'prints'. He must have sold literally hundreds of these. He sometimes hand coloured them as well. They were really of little worth, except as examples of his idiosyncratic style and were really a continuation of his earlier poker-work. Ted couldn't really draw,

although I could imagine his reaction if he heard me saying so. I doubt if I would survive the onslaught! He would never admit to anyone, let alone himself, that he had no real artistic training and the drawings were consequently fairly crude although, helped by his never-failing sales talk, sold amazingly well.

Ruth also painted in a style that echoed her famous father's work and she really was the greater artist. The sad thing is that she was always quite content to take the back seat - she didn't really have any choice - but she was actually the stronger partner, letting Ted carry on with his histrionics while she quietly went about her business.

Ted and Ruth lived at Harbour Cottage, Fore Street (next to Port Isaac Stores) the whole of the time that I knew them and Ted died there in June 1990 aged 85. His ashes were interred at St Endellion in the grave of his mother and his son. Ruth died, after a long illness, in May 1998.

Robin Penna

Thus started my three years, three months in the Parachute Regiment. The starting pay was 3s-0d (15p) per day and this was increased shortly afterwards by rank pay. On qualifying as a parachutist I received an extra 2s-0d (10p) a day.

There is a lot to be said about those days. The pay was small but so were our spending requirements. I believe that a pint of beer was 6d (2½p) and a packet of cigarettes was 1s-0d (5p).

## Tater People!

Some people never seem motivated to participate and are just content to watch while others do the work. They are called 'Speck Taters'.

Some people never do anything to help but are gifted at finding fault with the way others do the work. They are called 'Comment Taters'.

Some people are very bossy and like to tell others what to do but don't want to soil their own hands. They are called 'Dick Taters'.

Some people are always looking to cause problems by asking others to agree with them. They are called 'Agie Taters'.

There are those who say they will help but somehow just never get around to actually doing anything. They are called 'Hezzie Taters'.

Some people can put up a front and pretend to be someone they are not. They are called 'Emma Taters'.

There are those who love others and do what they say they will. They are always prepared to stop whatever they're doing and lend a helping hand. They bring sunshine into the lives of others. They are called 'Sweet Taters'.



# Peter Pan - a loose interpretation!

Once again, we're dusting off the tights and airing the wigs – and that's just the men! That time of the year has come round when the theatrical parole date is due and the local thespians are released back into the village. With stars in their eyes and greasepaint on their faces, they have gathered once more to rehearse another 'tour de force' in the rough guise of Peter Pan.



As legends in their own tutus, they will once more astound the audiences of Port Isaac and beyond (Trelights?!) with their acting and singing skills. So, if you can't find anything better to do over Christmas, come and marvel at how such a talented bunch of amateurs could reach such dizzy heights and still be at large in the community!

Performances are scheduled for December 21<sup>st</sup>, 28<sup>th</sup> & 29<sup>th</sup> starting at 7.30pm. Additionally there will be a matinee performance on Sunday December 22<sup>nd</sup> at 3.00pm.

All seats will be numbered and once they've gone, they've gone. We will not be able to squeeze anyone else in so, learn from your experiences last year, and buy your tickets early. They will be on



## Calling all you budding writers!

Here's another chance for all you budding writers out there to show just what you can do.

Amy Richmond has again offered to sponsor a short story competition in memory of her late husband Bob. You may remember reading in the May *Trio* that Amy, aged 83, had fallen and broken her shoulder. We're happy to say she has made a remarkable recovery. She is looking forward to the next batch of short stories from Port Isaac. Her son reads them all onto tape for her to listen to as Amy has lost her sight.

A total of £100 worth of tokens are up for grabs. So get out your paper and pen – or get your fingers dancing over the keyboard. We're looking for a short story with a theme of Port Isaac and with a maximum of 1500 words. Other than that, the only restrictions are your imagination.



Prizes will be awarded in age categories so everyone is in with a chance. The winning entries will be published in the summer Christmas edition of *Trio*.

Closing date for entries is November 15<sup>th</sup> and they should be handed in to *Trio* at secrets or posted to Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN.



Thank you to everybody who sent me cards and flowers. I'm very happy at the top of the village with all the sunshine!



Call in if you are up my way.

Mary

**Roy Speakman will not be available for any sheep or deer rescues on October 5th as he and Elaine are getting married!**  
**Many congratulations and every happiness to you both**



sale for locals from October 21<sup>st</sup> and then 'nationally' (or even internationally!) from November 1<sup>st</sup>. Seats on the first four rows are priced at £6 for adults and £4 for children and concessions. All the rest are £5 for adults and £3 for children and concessions. They can be purchased from Secrets, Port Isaac. Telephone bookings can be made on 01208 880862 or 880905 or by email on:

[deesam@btopenworld.com](mailto:deesam@btopenworld.com)

## Music Quiz champions

'Naughty, Flirty, Mick and Titch' (Barbara & Faye Hawkins, Nancy March and Mick Dolan) were the winners of this year's Village Hall Music Quiz. In second place were the 'Memory Losers' (Maggie Appleby, Jill & John Mac and Jill's mum) and coming in a close third were the 'Bar Staff' (Kim & Emma Lanyon – who was turfed out when Chris arrived – and Wendy & Dave Rheeston).

It was a good night, well enjoyed by everyone, and it also raised over £200 for Village Hall funds. Thanks to everyone who took part.

## Royal British Legion Poppy Appeal 2002

House-to-house collectors will be knocking on your door from Sunday October 27<sup>th</sup>. Trays of poppies and collecting boxes will be displayed in shops and other premises from Saturday October 26<sup>th</sup> until Sunday November 10<sup>th</sup>.

Growing old is mandatory; growing up is optional!

# Past times in Trio



October 1984

**MacMillan Nurses & Mount Edgcombe Hospice** – Despite atrocious weather, Tamsin and Tracey Andrews and Sue Richards swam from Padstow to Rock, raising £103.60.

All the proceeds from a lunch at the Cornish Café raised £114. This made a total of £302.20 raised for the MacMillan Nurses in memory of Mr Wherry.



## Recipe for Parsley Honey

Wash 5oz of parsley, including the stalks, and dry thoroughly. Put into a pan with 1½ pints of boiling water and boil till reduced to 1 pint. Strain. To the strained liquid add a pound of sugar and stir till dissolved. Boil gently until syrupy – this will take about 20 minutes. Stir in ½ teaspoon of vinegar. Pour into small jars and leave overnight. Use while freshly made – this is not for storing.

*This is a 1939-35 recipe deserving of posterity. EFWM*



October 1993

**World's Largest Coffee Morning** – A Coffee Morning at the Cornish Café raised £304 for the MacMillan Nurses Hospice Appeal. A total of 122 coffees were served along with a magnificent raffle.

**Heart Monitor** – A Coffee Morning at Trelights raised £66 towards a Heart Monitor.

**Road Race** – Roy Smith and Eden Osabofe were sponsored for the Bodmin 10 Mile Road Race. Both finished in 68 minutes. They both went on to run in the Truro Half Marathon. Roy won his class in 89 minutes and Eden finished in 104 minutes.

**Gig News** – A team of our girls competed in the Great River Race on the Thames, completing the 22-mile course from Richmond to Greenwich in 2 hours 25 minutes and coming in the third ladies team home.

Members of the two junior teams took part in a sponsored row from Wadebridge to raise money for junior sized oars.

**Lifeboat** – the boat was launched to a windsurfer in difficulty on the Doom Bar. The crew were Trevor Beare, Mike Daly and Richard Hambly.

## Port Isaac RNLI Fundraising Week

Money raised:

Concerts at the Village Hall	£274.67
Four Legged Race	£717.90
BBQ at Thorn House	£ 98.25
Lifeboat Larks	£635.31
Total:	£1826.13

Other events during the summer included: Art Exhibition at Port Gaverne - £635; Raft Race - £110; Donkey Day - £352; Molly's Jumble Sale - £171; Harvest Festival & Auction at the Golden Lion - £545; Flag Day - £1058; 'Cornucopia' - £300; Cream Teas at Valencia - £60; Raffle of the Flying Fish - £240: making a grand total of nearly £5300.

**Cancer Research** – The Balloon Race raised £96 with the balloon that travelled furthest being found in Anjou, France.

**Rainbows and Brownies** – A jumble sale raised £162.

*compiled from old 'Trios' by Bess Coates*

## Carn Awn Singers

The Singers resume practices in early October after a well-earned break which followed a busy summer. Several concerts are already planned for the season ahead and several new pieces are to be added to the repertoire.

If you are planning a concert and would like the Singers to take part or you want any other information about the Singers, please contact Barbara Richards on 01208 880575.



## Magical Managers 02/03

### Division One

1	SPARKS UTD	Steve & Julie Hewett	135pts
2	NO FIN IN MANCHESTER 8	Chris Lanyon	114pts
3	RIACHUS REVENGE 3	Kevin & Daniel Grills	102pts
4	LOW HANGING FRUITS	Jamie Hewett	90pts
5	MOTS FLYERS	Tom Cleave	87pts

### Division Two

1	LOOK WHO'S BOTTOM	Michael Hewett	134pts
2	GUNDOG	David Philp	112pts
3	MUDGUTS MARAUDERS	Ann Cleave	99pts
4	CARLSBERG CRIPPLES	Scott Bennett	98pts
5	FALLDOWNERS	Bill Bissett	96pts

### Division Three

1	ANCHORAGE	James Durston	108pts
2	SMARTIES UTD	Jenni Tiddy	101pts
3	PROMOTION CHASERS	James McDonnell	92pts
4	THE TROWELS	Des Pooley	91pts
5	HARTLAND ROAD ALLSTARS	Bryan Nicholls	86pts

**PLAYER OF THE MONTH** – MASSIMO MACCARONE – Middlesbrough

*Note: Nicolas Anelkas' second goal against Everton was deemed an own goal*

*Paul & Kev*

# Verbal Tics

## by James Platt

Dennis O'Keefe wrote the song in 1951. I think, although I am not sure, that it was Gracie Fields who made the song famous. The definitive version of the song in my opinion however came from the eternally great Joseph Locke. Joseph Locke could sing the telephone directory and turn it into a hit. Gracie's cracked top notes, her biggest aspidistra included, were never exactly my cup of tea.

The song in question was, of course, "*At the end of the day*". It encouraged those who listened to it to kneel and pray, thank you God for a lovely day. Fifty years ago a lot of people listened to the words, but that was fifty years ago, and a lot of water has flowed along the Lake under the bridges of Middle and Fore Streets since then.

If the words of Dennis O'Keefe's song are not now well remembered, the title of the song surely is. "*At the end of the day*" as an expression in everyday speech has taken on all the characteristics of an infectious epidemic, whose victims are counted in millions all around the world.

The use of "*at the end of the day*" has become a prop for the self-indulgent and the overindulged alike, for pop stars and sportsmen (particularly football players and their managers) who gain rewards out of all proportion to their contribution to society, and for many members of certain professions noted for their ability to tell the truth economically.

The phrase "*at the end of the day*" is used to preface comments and gets larded through subsequent conversation by its adherents in the manner of a sower going forth to sow seeds on stony ground. Whenever the phrase comes up, you know that it is going to be followed by nothing of substance, nothing memorable.

Does anyone know what "*at the end of the day*" really means? I don't think so. It is a true verbal tic, something that comes from the mouth, but which interestingly never appears in a written form. Mike Dickin, the excellent phone-in

show host on Talk Sport Radio (1053 and 1089 meters MW) once declared his programme an "*at the end of the day free zone*". Anyone phoning in and uttering "*at the end of the day*" was immediately cut off. This was a noble initiative, but did more to constrain the number of callers than to stem the tide.

Mike also, in the same way, banned the use of the word "*basically*", which if anything has become even more of a contagion in normal conversation and verbal reporting than "*at the end of the day*".

The difference between "*basically*" and "*at the end of the day*" is that whereas proponents of the latter don't know any better, the addicts of the former should know better and probably do, but don't let it stop them.

As a simple test, if you watch a news bulletin on TV, or for that matter "*The Antiques Road Show*", and count the number of times "*basically*" is said, you may be surprised at the result.

The preferred verbal tic of most news reporters invited to comment by the anchor person is "*Well...*" but once "*well*" is out of the way "*basically*" is not far behind.

My personal record "*at the end of the day*" count occurred at a meeting I attended in London in 1996, when in the course of a morning (admittedly a full morning) I ticked off "*at the end of the day*" used 115 times. It was the best part of the meeting. I regret only that I wasn't also ticking off "*basically*" or the other business favourite "*at this point in time*" as both might have posed a real threat to the "*at the end of the day*" count.

Other famous (if not notorious) verbal tics are "*you know?*" and "*obviously*" and "*to be honest*". These are all found very much in the realm of professional footballers and their peers, of whom there are many.

Does "*you know?*" or "*obviously*" imply that whoever addresses you in this way thinks that you don't

know? More directly does "*to be honest*" infer that everything else said that has not been so prefaced is not honest? Listeners will be the judges.

Turning the focus closer to home, it can be revealed that Port Isaac was basically not without its own enshrined verbal tics, going back well before Dennis O'Keefe penned his imposing words.

"*Bugger*" and "*bloody*" (or by preference "*bleddy*") were the Port Isaac verbal tic badges of merit. Both were fine all purpose words. They meant just what they were chosen to mean, neither more, nor less, as Humpty Dumpty said (in quite another context) in Lewis Carroll's "*Through the Looking Glass*".

You didn't need a dictionary or a thesaurus to help you out. If you needed an adjective you used "*bleddy*" and if you wanted a noun you invoked "*bugger*". In fact the latter could also be converted into a verb which, when addressed to someone, left no doubt in the mind of that someone that their presence was no longer required.

It was all a matter of deciding what suited the moment. The bleddy weather could then define sunshine, or rain, or fog, or blowing a bleddy gale, or snowing like a bugger, and so on.

Bleddy and bugger were the most important words in the local lexicon. Society basked in their glow. At the end of the day these words came to transcend mere verbal tic status to ascend into glory.

Either or both words were among the first that many babies spoke with clarity. It was a social phenomenon. One of my best friends was nicknamed "*Buh*" allegedly for the very attribute of his first word spoken being a valiant attempt to say "*bugger*".

One of the greatest exponents of this glorious Port Isaac verbal tic was Mr Jim Honey. In all probability  
(continued overleaf)

# Do we want head lice in our village?

**Of course the answer is no!  
So why do we keep getting them?**

**T**he answer is because people are not regularly checking their children's hair and dealing with the problem appropriately.

Headlice, or nits (the eggs), are very difficult to detect with an untrained eye. You must remember that they are extremely small and are usually a transparent kind of flesh colour with a few tiny dark markings. The eggs do not always appear white on lighter shades of brown, blonde or red hair where they can appear almost the same colour.

The latest way that is now recommended to prevent headlice is to regularly use a nit comb with conditioner after shampooing. If headlice are a problem then a good thing to use is Tea Tree oil and a nit comb. Each time the comb is dragged through the hair and over the scalp, check it and wipe it on a tissue if headlice or nits can be seen. A white comb – that is now on sale in Boots for £2.25 – is a lot better to use than a dark one as you can see exactly what is on the comb.

## Ready about

**From a radio conversation released by the American Navy.**

*Voice 1:* Please divert your course 15 degrees to the north to avoid a collision.

*Voice 2:* Recommended you divert YOUR course 15 degrees to the south to avoid a collision.

*Voice 1:* This is the Captain of a US Navy ship. I say again, divert YOUR course.

*Voice 2:* No. I say again, you divert YOUR course.

*Voice 1:* THIS IS THE AIRCRAFT CARRIER ENTERPRISE. WE ARE A LARGE WARSHIP OF THE US NAVY. DIVERT YOUR COURSE NOW!

*Voice 2:* This is a lighthouse. Your call.

*(continued from previous page)*

Jim was not the first person to join the two key words together, but he must in my opinion be accorded the credit of raising them to an art form.

Jim, in his rolling gravelly tones of fond memory, looked over the Pentice and was ever ready to pronounce invective on the “*bweddy buggos*” of this world, as he called them. There were a lot of *bweddy buggos* about then to pronounce invective on. There are more of them out there now.

Jim proved that some verbal tics work for the common good.

What better doublet than “*bweddy buggo*” can there ever be to typify those who lie and abuse their authority at the expense of those

who are disadvantaged, like rent collectors, bailiffs, politicians, those members of the legal profession who favour the practice of law over justice, overzealous customs officers, bank officials, certain members of the inner circle of the Bush administration, psychologists, hunters of foxes, petty bureaucrats and social workers.

The list of miserable *bweddy buggos* who put upon all the good old *buggos* like us goes on. Readers can insert their own favourites.

And well, you know, to be honest, obviously at this point in time, that's basically it at the end of the day.

*James Platt, 2002*

Remember to do the **WHOLE** family at the same time, including adults!

If we all have a go at doing this regularly, hopefully we will succeed in breaking the cycle and will help towards stopping the headlice epidemic that is sweeping the country!

*Nikki Edkins*

For more information log onto:  
[www.headlice.org](http://www.headlice.org)

## GFL's back on board



A late summer is better than none at all but the plants must be a bit confused; just when they should be thinking of finishing flowering and dying back, along comes the sun encouraging them to start again; can't win can we?

Nevertheless this lovely weather makes the necessary cutting back and tidying up much easier, and dries out the rubbish nicely so we can have a nice bonfire (when the wind is blowing away from the neighbours).

My garden, due to unforeseen circumstances, has been much neglected this year though nothing has died thanks to the attentions of my good friends and neighbours. I have had extra cutting down to do over the last few weeks and I keep coming across plants I didn't know I had and can't remember putting in which is quite interesting.

Bulb planting time is with us and I have erred on the side of miniature daffodils as they seem to last a lot longer than the normal ones and don't make so much foliage when the flowering is over.

Away from gardening, I want to say how pleased I am the *Trio* is continuing.

*GFL*

**Can you find any words that rhyme with these colours?  
Silver; Purple; Orange**



# Trelights titbits



**I** would like to start this month with a special note of thanks to Dee and Sam for continuing with the *Trio*. The newsletter helps keep us in touch with local events and we would be lost without it.

For you twitchers out there - the swallows that raised their young in a nest in the back of Bunt's garage have fledged successfully and flown to warmer climes, although I notice

there are still some enjoying our Indian Summer.

Now that the Flower Show is over for this year, all you can see in the gardens around about are rows and rows of discarded vegetables. I understand you have to dig up five rows of carrots to find two suitable for exhibition!! Thank goodness it's Harvest Festival time so they don't go to waste.

Glad to see that Dave Dingle is helping to keep our village pretty by cutting the grass again. You do a grand job, Dave.

If anyone has the home address of second home owners in the village will you please let Robin Penna know as this information is required for the STEER survey.

*N Lighten*

*Congratulations and very best wishes to Gary and Maggie who are getting married on*



*October 5th*



## *Bryan Richards*

Barbara and family wish to thank everyone who attended Bryan's funeral service at St Peter's Church on Thursday August 22<sup>nd</sup>.

Special thanks to Revs Alan Wainwright and Michael Bartlett, Janet Townsend the organist and Bryan's friends and colleagues the bearers. Also to Dr A Sainsbury and staff at Port Isaac Surgery and the caring staff at Treliske and Bodmin hospitals.

Thanks also for all the wonderful cards, letters, phone calls and flowers which we the family have received and appreciate at this very sad and difficult time.

Our most sincere thanks go to Ron and David Bray the funeral directors for all their help and their consideration at this time.

Thank you 'one and all'.

## PORT ISAAC VILLAGE HALL HIRE CHARGES



**GENERAL USERS - £5 per hour**

*20% discount for advance block bookings of six or more sessions*

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*25% discount for advance block bookings of six or more sessions*

**ALL USERS - 24 hour period - £30**

*Note: hire covers the Hall and Kitchen including heating. Cups, saucers and teaplates, teapots and kettle are kept in the kitchen for general use.*

**ADDITIONAL CHARGES if required:**

Crockery for a meal for 100 people plus boiler - **£30**

Outside bar fee (this is in addition to the licence fee paid directly to the Licencing Authority) - **£20**

Minimum Cleaning fee (if required) - **£30**

*Bookings and info: Janet Chadband - 01208 880262*

## *George Williams*

Dorothy, Marlene and Carolyn would like to thank family, friends and neighbours for their kind thoughts and prayers and messages of sympathy in their loss of a dear husband and father, George.

Thanks also to all who gave money in aid of Cancer Research UK.

## **NORTH CORNWALL ARTS**

**New Address:**

**College Road, Camelford  
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# Remember, remember the ninth of November!

First of all, a big thank you to the second homeowners who gave us a large donation towards the fireworks in lieu of their council tax reduction. With so many charitable causes in the village we were delighted to accept such a generous donation.

Remember, **SATURDAY NOVEMBER 9<sup>TH</sup>** is the date for this year's firework display. Remember also that there is NO bonfire on Port Gaverne beach so don't dump any rubbish down there.



We are anticipating having some sort of food on sale and full details will be published in next months *Trio*.

If anybody would like to lend a hand on the night, you know who to call .....

**Andy Penny,**  
**01208 880985**  
or  
**Ron Holmes,**  
**01840 213984**

Congratula-  
♡ tions and ♡  
very best wishes  
to Jim and Becks  
who are getting

If you are attending  
Jim & Beck's wedding  
reception and require  
transport, the bus will leave  
the Peapod at 6.15pm on  
Saturday November 2<sup>nd</sup>

## Port Gaverne Toilets - again!

Many thanks to those who responded to my 'bit' in last month's *Trio* and sent a donation towards the costs of Port Gaverne toilets.

The toilets are now closed as the public liability insurance expired on September 12<sup>th</sup>. Last year's insurance cost £335 ... this year's quote is £889!! I can't afford to pay out this kind of money myself. I will attempt to give a rough idea of last year's costs and the current deficit in next month's *Trio* and, if the donations keep coming in, I will open the toilets again next year. If they don't, then many, many thanks to those who have helped spread the costs to date.

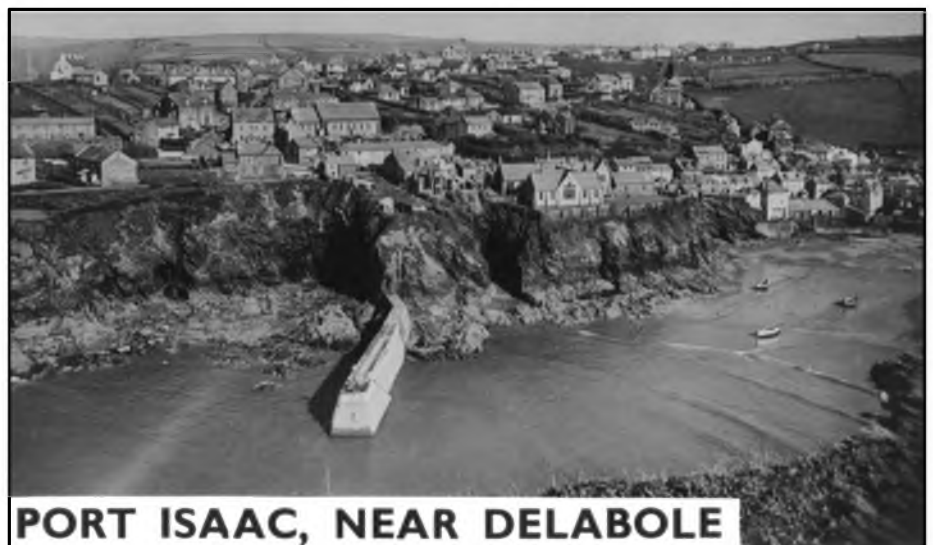
Most of those who have helped have been surprised at the cost of insurance and I have now spoken to Councillor Dave Phelps who is looking in to whether or not the toilets could be included on the Parish Council policy. I'm sure that we could afford to pay any increase in premium to the PC and thereby impose no further financial burden on it. If this turns out to be possible, I'm happy to continue cleaning and opening/closing the toilets for nothing. We would only have to raise enough to pay for electricity and water. These costs may well be known by next month, but I'm guessing about £300 each.

perhaps, that when the Parish Council built the toilets, it was obliged to demolish them and return the space to its original condition if the toilets were no longer required. Should this situation arise, if it is true, it would not only be a waste of money but a permanent loss of the facility.

Please keep the donations coming in and I'll let you know how things stand next month.

**Richard, tel: 880296**

*PS I'm not that happy cleaning toilets ... Anyone else want to share the job?*



**PORT ISAAC, NEAR DELABOLE**

I believe I've read somewhere, or heard from the National Trust

**"Nuff said!" - anonymous, Trewetha Lane**

# CHILDREN'S COOKING AT HALF-TERM

**H**ere we are again, school's half term approaches and this is the time of year when the young can give the grown - ups a rest from the kitchen. The first recipe is suitable for Halloween, firework night or for a midnight feast! The second recipe may need the guidance of an adult and should be discussed with a grown - up before you start. Read on!

## REAL HAMBURGERS

( makes 4 small burgers )

225g/8oz good quality minced beef \* 3 thick slices stale wholemeal bread  
1 medium sized onion \* salt and freshly ground black pepper \* oil for greasing

### METHOD

- 1 ) Wash your hands well!
- 2 ) Cut the crusts off the bread, then soak in water for about 5 minutes
- 3 ) Peel the onion, then mince or cut it up as finely as possible
- 4 ) With your hands, squeeze as much of the water out of the bread as possible, place in a mixing bowl together with the meat, onion, salt and pepper.
- 5 ) Again, with your hands or with a wooden spoon, bind the mixture until it resembles a smooth paste - like consistency. Divide into four, shape into balls, then flatten into neat shaped round burgers.
- 6 ) Pre-heat the grill to its hottest setting, lightly brush the burgers with a small amount of oil and grill them for 4 minutes on each side.
- 7 ) Serve each in a bap with salad ingredients or with tomato sauce or chutney.

Now for the more tricky recipe which may need adult supervision when the bicarbonate of soda is added to the syrup mixture which will be very, very hot and will bubble high up in your pan. You will need a large pan for this recipe.

## CRUNCHY ICE CREAM

5 tblsp white sugar \* 2 tblsp golden syrup  
1 heaped tsp bicarbonate of soda \* 275g/10fl oz whipping cream \* small tin thick condensed milk

### METHOD

- 1 ) In a large saucepan, melt together the golden syrup and sugar then boil for exactly 4 minutes
- 2 ) Add the bicarbonate of soda - this is when the mixture bubbles up furiously so be careful!
- 3 ) Oil a baking tin and carefully pour the syrup mixture into it. Leave to cool.
- 4 ) Whip the cream until it holds its shape, then fold in the condensed milk
- 5 ) When the syrup mixture is hard and crunchy, break it up by putting it into a plastic bag and then breaking it with a rolling pin. Reserve a little to put on top of the ice cream, stir the rest into the cream mixture and pour into a plastic container. Sprinkle the reserved crunchy on top
- 6 ) Freeze for about 4 hours before eating and consume within 10 days. I am sure you will not find that difficult!

EP

**Trio  
copy  
dates**

**November issue** - published November  
6<sup>th</sup> - **copy date October 28<sup>th</sup>**

**December issue** - published December  
11<sup>th</sup> - **copy date December 2<sup>nd</sup>**

### GOLF STUFF!

There being no PIGS report this month we thought it was time to explain that golf was invented at one of those old-fashioned men-only gentlemen's clubs in Scotland. The name came from "Gentlemen Only, Ladies Forbidden!"



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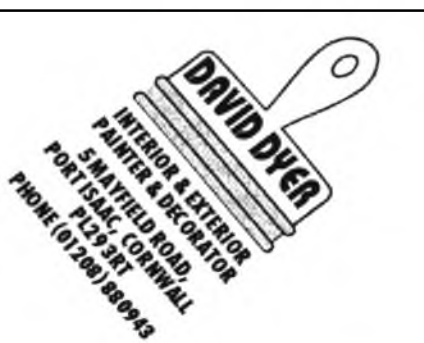
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**Sunday October 6<sup>th</sup>**

Harvest Thanksgiving in St Endellion Church

11.00am Sung Eucharist

6.00pm Harvest Songs of Praise & Sale of Produce

**Monday October 7<sup>th</sup>**

'In the Bag' recycling kerbside collection day – put your bags out by 7.00am

**Sunday October 13<sup>th</sup>**

Evening Worship with Taizé Music in St Endellion Church – 6.00pm

**Monday October 14<sup>th</sup>**

Parish Council Meeting in Trelights – 7.30pm

**Tuesday October 15<sup>th</sup>**

Whist Drive in St Endellion Church Hall – 7.30pm

**Thursday October 17<sup>th</sup>**

King Villa Costa del Vegas Cabaret Night in the Village Hall – 8.00pm

**Friday October 18<sup>th</sup>**

RNLI Harvest Festival Auction in the Golden Lion, Port Isaac – 8.00pm

**Monday October 21<sup>st</sup>**

'In the Bag' recycling kerbside collection day – put your bags out by 7.00am

**Saturday October 26<sup>th</sup>**

Village Hall Coffee Morning – 10.30am

**Monday November 4<sup>th</sup>**

'In the Bag' recycling kerbside collection day – put your bags out by 7.00am

**Thursday November 7<sup>th</sup>**

TSW Film Archive Evening in the Village Hall – local film of days gone by

**Saturday November 9<sup>th</sup>**

Annual Firework Display – 5.30pm

**Sunday November 10<sup>th</sup>**

Remembrance Sunday Service in St Peter's Church – 10.45am

**Monday November 11<sup>th</sup>**

Parish Council Meeting in the Church Rooms, Port Isaac – 7.30pm

**Saturday November 16<sup>th</sup>**

St Peter's Church Christmas MiniMarket and Lunch in the Church Rooms – 10.30am. Lunch from 11.45am

**Monday November 18<sup>th</sup>**

'In the Bag' recycling kerbside collection day – put your bags out by 7.00am

# what's on

**Tuesday November 19<sup>th</sup>**

Whist Drive in St Endellion Church Hall – 7.30pm

**Sunday December 1<sup>st</sup>**

Port Isaac RNLI Christmas Market on the Platt – 11.00am onwards

**Monday December 2<sup>nd</sup>**

'In the Bag' recycling kerbside collection day – put your bags out by 7.00am

**Tuesday December 3<sup>rd</sup>**

Annual Christmas Charity Bingo for the Mentally Handicapped in St Peter's Church Rooms – 7.30pm

**Monday December 9<sup>th</sup>**

Parish Council Meeting in the Church Rooms, Port Isaac – 7.30pm

**Saturday December 14<sup>th</sup>**

Port Isaac Christmas Lights Big Switch-on with carols and the St Breward Band, mulled wine and mince pies - from 6.00pm with the lights being switched on at 6.30pm

**Sunday December 15<sup>th</sup>**

Village Hall Children's Christmas Party with a special visit from Father Christmas

Followed by a Junior Disco

**Monday December 16<sup>th</sup>**

'In the Bag' recycling kerbside collection day

**Tuesday December 17<sup>th</sup>**

Whist Drive with Christmas Prizes in St Endellion Church Hall – 7.30pm

**Saturday December 21<sup>st</sup>**

Peter Pan – the Port Isaac Panto in the Village Hall – 7.30pm

**Sunday December 22<sup>nd</sup>**

Peter Pan – the Port Isaac Panto in the Village Hall – 3.00pm

**Saturday & Sunday December 28<sup>th</sup> & 29<sup>th</sup>**

Peter Pan – the Port Isaac Panto in the Village Hall – 7.30pm

**Tuesday December 31<sup>st</sup>**

See in the New Year – Mulled Wine from the Boathouse, organised by the RNLI committee

**2003****Monday January 6<sup>th</sup>**

'In the Bag' recycling kerbside collection day

**Saturday February 8<sup>th</sup>**

## REGULAR EVENTS

**Mums & Monsters** – every Tuesday and Thursday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Donna Byfield on 01208 880847

**Local History Group** – The first Friday in the month in the Penhaligon Room. Contact George Steer on 01208 880754

**Port Isaac Chorale** – Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

**Carn Awn Singers** – Every Monday at 8.00pm in Trelights Chapel. Contact Joan Murray on 01208 880548

**Golden Circle** - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

**Yoga** - Every Monday from 10.30am - 12 noon in Port Isaac Village Hall. Contact Tracey Greenhalgh on 01208 880215

**Learning Together** - Every Monday during term time from 1.30pm - 3.15pm in Port Isaac Primary School. 3 and 4 year olds to come along with an adult

**CHURCH SERVICES**

**St Peter's Church, Port Isaac** - Sunday - Sung Eucharist at 10.00am. Every third Sunday - Said Eucharist at 9.30am, Family Service at 10.15am. Every Wednesday - Said Eucharist at 10.00am

**St Endellion Church** - Every Sunday at 11.00am

**Trelights Methodist Church** - Sunday Service at 6.00pm. Fellowship Service - last Thursday in the month at 7.00pm