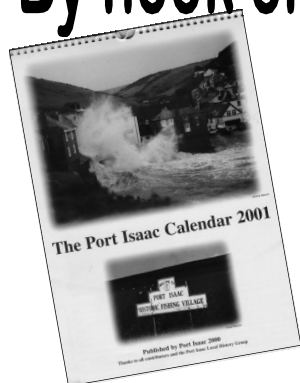




TRIO

The Port Isaac, Port Gaverne
and Trelights Newsletter
No: 239 • February 2004 • 35p

By hook or by crook we'll get the job done!



Trio.

Our cause is also being generously supported by the LLBs and all the profits from 'The Mermaid', a signed, limited edition print by Laurence Llewelyn-Bowen will go to Port Isaac Village Hall. Each print is approved and signed by Laurence and comes with a certificate of authenticity. The prints are for sale, unframed, priced £50 and can be purchased from *Secrets* (framed or unframed) or by mail order -

telephone 01208 880862 or 880905,
email: deesam@btopenworld.com

These two ventures will go a long way towards making our dreams a reality and we, the Village Hall Committee, are determined that by the end of the year a start will be made on the disabled access and facilities. This year's fundraising efforts are going into top gear and, by hook or by crook, we will raise enough money.

First event of the year is the long-awaited Music Quiz on Friday January 30th, starting at 7.45pm. Get your team together and challenge the Pottery Team who always seem to win. Entry is £5 for a team of four. To register your team call 01208 880905 or 880862 or speak to one of the Village Hall

Hospice Day is here again

Numerous books and TV programmes tell you how to de-clutter your life. Far less stressful, and without the whole world seeing years of accumulated junk, is having a bit of a clear out and donating all the good stuff to the Hospice Sale. Think about the feelgood factor as well!

If possible try and hang on to everything until February 27th when you can drop your donations off at the Village Hall between 10.00am and 12noon. Alternatively, someone could come and pick anything up that morning. The last option is to give me a ring on

(continued on page 2)

committee.

Monday March 8th sees the welcome return of

the Old Ropestring Band. Presented as part of our involvement in the Carn to Cove scheme, this is bound to be a sell-out so don't leave getting your tickets until the last minute. Priced £5.50 each they can be reserved and purchased, as always, from *Secrets* on 01208 880862/880905.

On Friday April 16th we are holding a Supper Evening in the Hall and full details of this will be available nearer the time.

Then May 28th-31st sees the Port Isaac Music Festival. Plans are really coming together for this and it looks like being jam packed with many different styles of music so there should be something for everyone. Watch this space!

We've not yet got as far as arranging things for after this but as soon as we do we will let you know. In the meantime, our AGM is

The Golden Circle invites
the Village to join its 40th
anniversary celebrations -
see page 3

THIS ISSUE

All the usual news plus:

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(continued from front page)

01208 880905 and arrange to drop your things off with me now. The choice is yours. We've cancelled all visitors until March so our spare room is already filling up!

Once again the Port Isaac Hospice Day is in the Village Hall and the doors open at 10.30am on Saturday

February 28th. Lunch will be served from about 11.45am onwards.

Stalls of new and nearly new things will make it impossible not to find a bargain. Especially if you feel the need to replenish your clutter!! Good news this year is that we've had quite a lot of goods donated from outside the village so there will be things for sale that haven't been doing the rounds of various

functions! So, it's all the usual stuff plus the chance to win one of the many and varied exceptional raffle prizes so very generously donated by various businesses and individuals.

Then when you've shopped till you drop, stay on for a delicious home-cooked lunch courtesy of Janet and

her team. What better way to spend a Saturday?

All offers of help on the day, and the day before and also with the clearing up gratefully accepted. Plus, can you make a cake or two, or pies or jam or whatever your culinary special is. Offers of anything and everything on 01208 880905 or 880862.

Mount Edgcumbe is a very special place and needs our support. I can't believe it's possible to reach last year's record-breaking total of £2007 but let's give it a try.

Dee

Village Hall Draw

The winner of 'Evening Harbour: Port Isaac', painted especially for us by Barbara Hawkins, was Heather Moore of Atlantic Cottage, Port Isaac. The draw was made on December 28th during the last performance of the panto. Other winners were John Smith, Mr Whale, R Speakman and J Hawkin.

The draw raised the magnificent sum of £700 for Village Hall funds.

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back by popular demand

Steve Knightley & Martyn Joseph

Port Isaac Pottery
February 25th 2004
8.00pm

Tickets £10
Book early on 01208 880625

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MONTH

COPY DATE

PUBLICATION DATE

March
April
May
June
July
August
September
October
November
December

February 16th
March 22nd
April 19th
May 17th
June 21st
July 19th
August 23rd
September 29th
October 25th
November 29th

February 25th
March 31st
April 28th
May 26th
June 30th
July 28th
September 2nd
September 29th
November 3rd
December 8th

What news from Trelights?

It was so nice to see such a lot of people (and many new faces) gathered at our Xmas Lights switch on. Mr Clem A'Court (a long-standing resident of the village) threw the switch, after which Rev Preb Michael Bartlett led a short service of prayers and carols. We then all retired to the Farm House for mince pies and mulled wine, where Mark Hawken once again provided the music for more carol singing and Mr A'Court read a poem for Christmas by John Betjeman. Before going home, several people were seen strolling round the village admiring the lights, Christmas Tree and the new nativity figures on the Green, which had been created so imaginatively by Mr A'Court (he thought his old figures deserved retirement). The Village Green Committee had provided many new strings of lights and Father Christmas figures and several more villagers had decorated their houses.

The Village Green Committee would like to thank Peter Adams and his band of merry men for all their hard work in erecting and maintaining the lights, Mark Hawken for helping the evening go with a swing and a huge thank you to Clem A'Court for making the lovely new Crib figures and switching on the lights. Finally, their thanks also go to Rev Michael Bartlett for leading the prayers and carols. They would also like to send their appreciation to all of you who supported the village events, which enabled them to provide even more Christmas lights.

The Committee is looking forward to another successful year of events starting with their AGM that is on Wednesday March 24th 2004 in the Methodist Schoolroom at 7.30 pm. Everyone is welcome so please come along.

N Lighten

**Spring still makes spring
in the mind
When sixty years are told**



Golden Circle celebrates 40th anniversary and says thank you to our generous village

An old battered minute book records, "After a successful party given by the Mothers' Union to the over 60s, it was decided to form a club."

The first meeting, with 31 members, was held on February 18th 1964. The Golden Circle was born!

In the early days 'pass the parcel' games, lotto, whist and dominoes and community singing formed the entertainment and the club met weekly. Now we meet once a month and have interesting speakers and craft activities. Lots of chat and cups of tea have always been, and remain, a major part of the fun.

The summer bingo sessions, which many still associate with the Golden Circle (though we haven't played since 1997) were started to raise money for the annual coach holiday in October when about 40 residents of Port Isaac would descend on Bournemouth or Exmouth in Mark Prout's coach. For some it was their first experience of staying in a hotel. When few older residents had cars this was a highlight of the year. Equally useful was the coach trip to Plymouth for pre-Christmas shopping - 10/6d per member in 1968 included the coach fare, lunch and a cream tea! Today coach hire and everything else is much more expensive and we have been very grateful to the pantomime (the Drekkly Theatre Company) for generously funding trips to Falmouth and the theatre at Plymouth (with a little help from the Fishermen's Friends for this one) and to the Lifeboat committee for cream teas and raffle proceeds.

Despite the many changes, the Golden Circle is still going strong with about the same number of members as that first meeting. Our 40th Anniversary is a milestone and we are going to celebrate in style on Thursday February 12th with a whole day event in the Village Hall.

Janet Chadband is kindly giving lunch to all the members and then we want to say 'thank you' to our generous village by giving a tea to everyone who will come. We especially invite all our talented past speakers and entertainers and the players and singers who have given us their earnings, but everyone else (our speakers and entertainers perhaps?) is also invited.

The other event of the day will be a presentation to one or more very special people. The Golden Circle Good Neighbour Awards will be presented to people who have given outstanding help to an older person. Members of the Circle are not eligible but all other village residents are. We hope to have the first presentation made on the anniversary day but we intend to continue to award certificates to record appreciation of the quiet work of 'Good Neighbours' at those times when we need 'a little help from our friends'.

So come and celebrate with us on February 12th.

Penny Manders

**Need a builder or a hairdo, an architect or an osteopath?
You'll find everyone you need in the Trio Directory**

Monk's monthly mutterings!

The Lingo

Ever since I was a child I have been fascinated by the English language; its wealth of words for all occasions; more words with more meanings than any other language. To me all books demand to be opened; all plays, films, speeches and conversations command my immediate attention. That is with one or two exceptions!

The first exception cannot even really be called English. For want of a better expression I will call it 'technotalk'. Here is an example. A short time ago I went to an RNLI conference where a smart, young 'yuppie' type got up to tell all us old fellas about the new technological wizardry his company had succeeded in selling to the 'powers that be' in the RNLI. He started by asking that all questions be left to the final ten minutes and then went on roughly as follows: "You will all be aware that the new SYP system will take over from the MKRD Mark 4 UBT, therefore avoiding the errors found in the G7NR and the TBT. The SYP will give full GPR and will greatly aid all LOMs with their final readouts of the MZT results from your LJTs. No doubt you have all experienced problems with KVN's and have made allowances for errors in DVNSA" and so on and so forth for another twenty minutes. "Now, has anybody any questions?" I tentatively raised my hand, not wanting to appear a complete idiot and asked, "What the ____ are you talking about?"

Now, I love 'regional accents' - all except one which, again for want of a more suitable name, I will call 'OKAYYAATALK'. 'Okayyaatalk' is carried out at several decibels above 'average talk' by our so-called aristocracy and their imitators; by so-called 'beautiful people' who drive four-wheel drives and sports cars and come from Chelsea and Surrey; by flash young men and chicks with mobile phone sores on their mouths and ears; by families with two-point-five children called Julian, Sara and It. They all invade our local pubs and demand seats by the fire, scatter chips, peas and crisps all over the floor and have a large dog (usually a spaniel or an Afghan) that is usually sick in the middle of the carpet.

Even HM Queen suffers from 'okayyaatalk'. Who can ever forget her 'annus horribilis' speech? What a ridiculous thing for her to say. What more could be said to guarantee her loss of any sympathy the public may have had for her in connection with her 'dysfunctional, problem family' and their troubles with their marital and sex lives and the fact that she hadn't taken out fire insurance on one of her second homes. Now, if she had said "My family are a pain in the bum, a complete load of t____s, and I've told them all straight, if they don't pull their fingers out we will all be out of a job and on the dole - remember great, great Uncle Romanoff", we'd have said "Good old girl, you tell 'em, we'll back you all the way love".

'Okayyaatalkers' also have an annoying habit of using 'double superlatives' and 'positive/negative superlatives' like 'absolutely fabulous', 'awfully nice', 'actual certainty', 'pretty horrific', 'painfully attractive', 'positively ghastly' etc etc.

Now, the ordinary man in the street (the guy on the Clapham omnibus) may not sound his 'Hs' but then nor do the French and they have a beautiful, melodious language. Television, radio and films have somewhat levelled out regional accents but they still exist and long may they so do.

★ *A belated Happy Birthday* ★
★ *Bob (are you really that old?)* ★
★ *Trio wouldn't be the same* ★
★ *without you* ★

Who knows? Maybe, one day, even the Americans will learn to speak decent English - perhaps after they've learnt how to spell and they get a President who can read and make up at least one complete, comprehensible sentence!

Bob Monk

PS I add this postscript because I reckon the letter written by the absentee local yokel from Launceston in last month's *Trio* only warrants a 'PS'.

If the people who now live in the pleasant, friendly, lively and slightly cosmopolitan village of Port Isaac choose to call Pine Awn 'Pine Haven' or Temple Bar 'Squeezy Belly Alley' or the pleasant housing estate at the top 'Silvershell' they can and will.

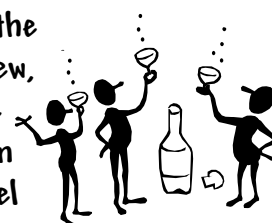
If the people who did all the hard work refurbishing and decorating the Village Hall and spend so much time cleaning and organising events etc choose not to call it the 'Temperance Hall' so be it. The Village Hall is available 365 days a year for parties and pantos, discos and dances, young and old. It is not a Temperance Hall. Alcoholic refreshment can be served and it can open seven days a week. Surely even a Cornish racist who thinks that people born in the bottom tip of England are a superior breed entitled to special handouts can see that.

No outsider who hasn't lived in the village for years is going to tell the residents and homeowners of Port Isaac what to do, where to go or what to say. This is our home now! So, in the immortal words of the Great Bard, 'Up Yours!'

CONGRATULATIONS
to Bob Monk
on his 70th Birthday
and on his retirement
from the RNLI

He will be greatly missed

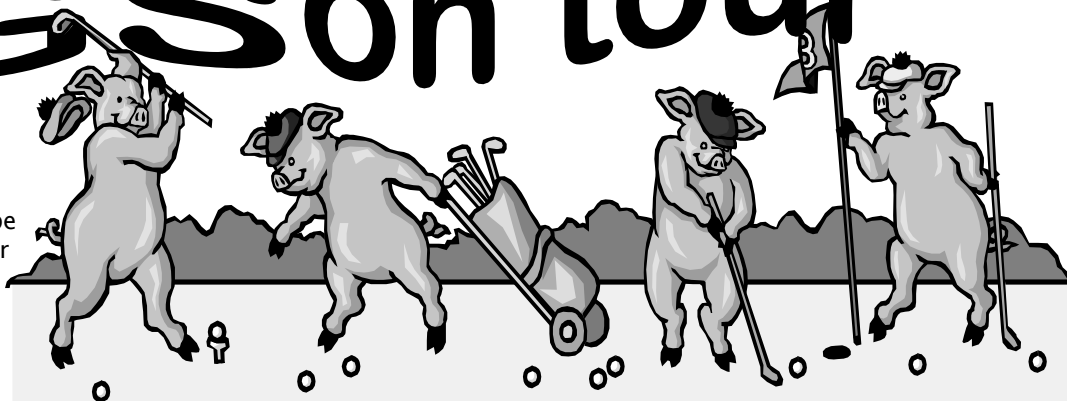
from all the
RNLI Crew,
Committee
and Station
Personnel



PIGS on tour

Newquay

The Christmas venue had to be changed at the eleventh hour due to problems beyond our control and luckily enough Newquay Golf Club came to our rescue.



Another glorious day welcomed the 13 golfers who arrived en masse; a warming cup of coffee and some chat got everybody off to an encouraging start.

Everybody went off with the intention of winning the much coveted 'Matchplay Christmas Shield' but even on a beautiful day, Newquay Golf Course is very tough, offering what seemed like a never ending abundance of bunkers which Billy seemed to find with unnerving ease; especially on the fourteenth where he liked them so much he chipped out of the left-hand side one into the right and then, after talking very politely to ball and clubs, he chipped it straight back into the left one again.

As good as these shots were, they paled into insignificance when compared to the Lard Man's tee shot on the tenth. Having been coerced into taking my driver out of the bag for the first time by Mike 'Compo' Edkins, I teed up my ball and promptly swung the underused club. It hit the ball with great veracity sending it off the tee in a straight line (very unusual). Unfortunately, it was only about an inch off the turf when suddenly a loud 'dink' was heard and four pairs of eyes were sent looking skywards as my ball hit something in the grass and decided to go vertically. When gravity finally took hold, it proceeded to drop between the other three members of the party who were, luckily enough, standing on a large concreted area so they got a much better view of my golf ball as it continued to bounce up and down like a deranged bungee jumper. My revenge on the aforementioned golf club would come later. After teeing up another

ball I looked up to see the three stooges trying to hide behind the club flag-pole which was situated in the centre of the concrete. Nigel could have managed to hide behind the pole; Mike as well as long as he wasn't carrying his wallet; but Billy, sorry mate, no chance!

They say golf can be good for you. I tend to disagree because after my efforts on the tenth I seemed to become slightly paranoid and I could swear I was hearing sniggering, but every time I looked at my playing partners it wasn't them. Then I realised it was my driver sitting in my golf bag laughing at me! After another disastrous shot I finally snapped and lashed out at the belly-laughing club, promptly decapitating it. Now who's laughing?! After realising what I'd done I buried it in a shallow grave and proceeded on with my round without any sniggering going on in my ears – peace at last!

On returning to the Clubhouse for our Christmas dinner and presentation it soon became apparent that one of our members had scooped every award bar one. His name – Mr Steve 'can you help me carry this lot?' Bunt who had played some of the best golf seen on tour. The only thing he didn't win was the 'Longest Drive' and nobody won that as nobody hit the fairway. In hindsight I think I would have won that if I hadn't murdered my b____y club!!!

Finally, a mention must go to Nigel 'Foggy' Andrews who became the first PIG to be slapped by a waitress; and before anyone asks, none of us knows why!

The Lard Man

PS – Any new members will be made very welcome so feel free to come and join us. It's only one Monday a month.

**THIS YEAR'S ITINERY HAS NOT YET BEEN FINALISED.
AS SOON AS IT IS, IT WILL BE PRINTED IN THE Trio DIARY.**

PIGS Dinner at the Slipway

The PIGS annual dinner was this year held at the Slipway Hotel. A warm welcome from Mark and Kep put everybody in the right frame of mind for an excellent night out.

Good food was complemented by Mr Paul Honey who had been writing his eulogy and after sitting through two and a half hours, Paul finally showed off his 'piece de resistance' – a photo of Billy as a child. I must apologise to Paul if I haven't done justice to all his hard work in putting his ditties together but I was laughing that much I missed a lot.

The Lard Man

PS – To Mr & Mrs Lorimer: 7.30pm means 7.30pm and not 8.15pm. Alison, we know it was Sam's fault you were late – he must have got lost coming down Fore Street.

**Need a painting or a pint, an electrician or a gardener?
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Village Quango's!

Dear Trio

Two pieces of information caught my imagination this Monday morning (January 19th). The first was that Tintagel is to get £2m for regeneration; the second that farm subsidy changes could threaten 3000 jobs in the South West.

If anyone listens daily to Radio Cornwall before 9am then those persons will have heard a banal item that supposedly links two disparate events. If we take the analogy to Port Isaac, then the link between Tintagel and the loss of farm jobs would, I suggest, be the St Endellion Parish Quango. It rejoices in the official title of Parish Council but one only as to relate the number of elected members to co-opted members to realise that it is a quango by any definition.

I am not against the quango per se. People who give of their spare time to plough through the piles of – usually – irrelevant detail and the debate it ad infinitum on hard seats in a cold room should be applauded or at least given one cheer. But just sometimes a matter of some concern does come along which is – or should be – of interest to the electorate at large. Such an item is, as far as I am concerned, the building of affordable housing on the Parish playing field.

Some on the Council justify support for the project because it will provide St Endellion with a multi-purpose Sports Hall. Many of you may remember that I supported Peter Rowe's idea to sell the Temperance (Village) Hall and use the monies to do such a thing. The Temperance Society, in their wisdom had decided to make this a non-sequitur, as that cannot happen while a Hall committee can be formed to prevent it. That committee is, in my view, another quango. Nevertheless, that quango, under Steve Appleby, did hold a public meeting and the decision was taken to keep the Hall. I have no quarrel with that; it was democratic; the ideas that I supported lost - end of story.

I hate subsidy in all forms – that is the link between affordable housing and the threat to the livelihood of 3000 farm jobs.

For those of you who relish a piece of history, the Labour Government under Clement Attlee introduced farm subsidies at the end of the Second World War. It has been purported that the reason was to keep down the cost of food rather than pay industrial workers higher wages. The result of that subsidy has been profound and, I maintain, has led to the mess that farming is in today; which only goes to show that Governments and Councils can get things wrong even when they do it for the best of reasons.

Much has been made about the high proportion of second homeowners in the village. Here we have a paradox. Yes, it is a shame that there are so many second homes but, until they were bought by 'incomers', the part of the village that the tourists come to see was virtually derelict and of slum quality. I would suggest that many of the young families that affordable housing is aimed at would not have touched them with a barge pole – no gardens, no parking space – the list is large. I cannot make a case for the

Letters

properties at the top of the village except to say that Port Isaac people sold them for the vast monies that can be got in this nationwide money conscious society. My moan about such properties and their owners is that they make little or no benefit to the community – but then neither do many of the residents.

Alistair Wreford, in his article in the *Cornish Guardian* of January 15th mentions that the Parish Survey showed that 66 individuals were in need of affordable housing. This may be so – or it may not, questionnaires can be skewed. I have asked a number of people the question, "Who are all these people that want affordable housing?" So far the only pairs that I have found are Callum & Tracy and Daniel & Beth and they have now, I believe, been given permission to build elsewhere, therefore freeing two properties on Hillson Close.

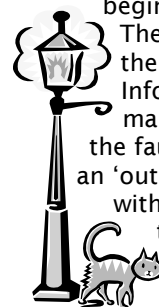
The consultation day that took place in the Church Hall in November was stretching the meaning of the word 'consultation' to its limit – and beyond. It only goes to show that the Chairman and his cronies of the Parish Quango have learnt the lessons of Labour's spin-doctors.

What I am suggesting to that august body is that it should hold a public meeting where the question "Do you wish to sell part of the playing field for affordable housing?"

Outages

The technical expression for a streetlight that isn't working is an 'outage'. If you have near you an 'outage' - or any other street light problem - and would like to report it, first make a note of the number of the light involved (the number is on the post on a vertical white plate. Most numbers in Port Isaac begin with 'A', eg 'A063').

Then ring 01872 327809 - the Cornwall County Council Information Centre who will make arrangements to have the fault corrected. Normally an 'outage' will be repaired within five days although, if the light is of a special type, it could take longer.



SITUATIONS VACANT

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Contact John Brown on 01208 880707

Cleaner wanted for holiday cottage - one only. Usually on a Saturday. Payment by the hour for as long as it takes.

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HAVE YOUR SAY!

Letters to *Trio* should be sent to The Editor,
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Email: deesam@btopenworld.com

The Main

should be put. There could be a proper and reasoned debate and the matter could then go forward with the blessing of the community. I would further ask that **ALL** rate-payers be contacted because, although I hate to admit it, absentee homeowners have a right to be consulted. It was ratepayers' money that bought the fields in the first place and the current set of ratepayers should have a say in the sale of the fields.

Just in case this public meeting takes place, then maybe the St Endellion Economic Regeneration group should be invited because without local work the whole performance will be worthless. Oh, and maybe the head of the Port Isaac Primary School could get an invitation as well.

George Steer
Port Isaac

PS – If you are interested in the question of farm subsidies please read the paperback, 'The Killing of the Countryside' by Graham Harvey. If cheap food interests you then read 'Fast Food Nation' by Eric Schlosser.

Dear Trio

I am not sure who, if anybody, has accepted responsibility for the care and maintenance of The Main. The headland has been deteriorating under gross neglect for many years and now appears to be entering the final stage of reverting to wild bush.

My wife and I have lived at Port Gaverne for more than 50 years and in the latter years have relied on The Main and its paths for our regular exercise, especially since the other Parish Council paths in the vicinity are, to all intents and purposes, impassable in the winter. At the moment the steps from the road to The Main are being crowded by ivy bushes and valerian; what was a very useful handrail now disappears into a tangle of bushes several feet deep for two-thirds of its length, making ascent very difficult and precarious. In addition, blackthorn has blocked some of the old paths and is leapfrogging over an increasingly large area of the grassland that was once covered by springy green turf. One has only to look across at Moon's Grave to see the result of uninhibited blackthorn growth and this can be dated from an unhappy tragedy of not so long ago.

I understand that the Parish Council had more or less successfully negotiated with the National Trust to take over the ground when the 'Friends of the Main' raised an uproar and promised to look after the area. Since then, other than stabilising the quay and inserting a handrail on the bridge and a one-off cutting of the grass in a small area, all has been ignored.

Might I request that either the 'Friends of the Main' become active and keep their promise or the National Trust be approached again with a request to put the takeover into action in the very near future; I feel that this alone would assure the future maintenance.

Dr W M Baird, Port Gaverne

Affordable Housing Consultation Day

Cornwall Rural Community Council has produced a draft report of the consultation day it ran on 15th November. Every household in the parish was hand delivered with a copy of the proposals leaflet beforehand, and posters were put up in Port Isaac and Trelights. The event was also mentioned in the October and November editions of *Trio*.

77 people attended the event and gave their views to CRCC. Just over 80% came from Port Isaac; 13% were children under 18 and, including the children, 69% were female. These are the principal findings -

72% of those attending agreed in principle to the outlined proposals
71% agreed part of the playing field could be sold off to West Country HA
72% agreed that money raised by the sale be used to fund sports facilities
75% agreed with the suggestion for 15 affordable homes

The Parish Plan questionnaire carried out earlier this year had some relevant statistics on the subject of affordable housing and more sports facilities, and these should be considered in conjunction with this CRCC report. It is hoped that a full report of the findings of the Parish Plan questionnaire will be available in Spring, possibly including publication on STEER's proposed Port Isaac website.

In the light of the community support demonstrated, the Parish Council agreed to pursue the proposals, subject to obtaining the necessary funding. Representatives of the PC will be meeting NCDC on 23rd January, and further reports will appear in future issues of *Trio*.

Malcolm Lee, 01208 880106

Christmas lights for the whole village?

As usual the bottom of the village was lit up for Christmas. In addition, lots of houses at the top of the village went to town on outside lights on their homes.

After talking to many residents of the upper part of Port Isaac there appears to be strong support for decorating the entire village with Christmas lights all the way down to and including Port Gaverne Harbour. This may sound a pretty ambitious project but it can be done. Imagine the outcome with the whole village lit up for Christmas. We could even run a best-decorated house competition.

Anyone interested in joining a Christmas lights committee or offering help in any way contact Ian or Sharron on 880069 or 881188.

Past times

February 1986

Football Club – A jumble sale held in the Church Rooms raised over £80 for club funds. The scheduled match against Polperro had to be cancelled, as there was three inches of snow on the pitch!

February 1995

Bingo – Janet Chadband thanked everyone who had supported the December Bingo Night in aid of the Priory Centre for the Mentally Handicapped. £463 was raised and this included £30 donated by Bill Dawe from the proceeds of his Harvest Festival.



The rails are still stacked with winter warmers suitable for all the family and we've still got some cold days ahead, so don't get caught shivering!

Everyone is well aware of the valuable and essential service provided by the Air Ambulance and the land ambulances and it is brought home very strongly when it affects your immediate family in an incident which might otherwise have ended in tragedy. I am sure I speak for all those who have had similar personal experiences and express overwhelming gratitude to all those involved – how could we manage without you? The Air Ambulance relies heavily on donations and fundraising to keep flying so do come into the shop and spend – every little helps.

Recent shop takings are as follows: November - £573.78; December - £312.10; Raffle - £110.00. Plus a big thankyou to Mr Sewell who made a £200 donation on his 80th birthday and an anonymous donation of £75. We are also very grateful to the couple that donated a hamper and the local store for a basket of fruit for raffle prizes.

Normal opening times are posted on the door but are subject to the availability of volunteers.

Port Isaac Chorale – After a very successful concert at St Minver and excellent carol services at St Endellion and St Peter's Churches, the Chorale concluded their Christmas celebrations with carol singing at the Port Gaverne Hotel. The choir also announced that they would be entering the forthcoming Wadebridge and Truro Music Festivals.

Friends of Port Isaac School – It was agreed to form a 'Friends of the School' group. The aims of the group are to support Port Isaac Primary School wherever possible and to raise funds in ways decided by the committee in open meetings with those who are willing to help, whether or not they have children in the school.

Bess Coates

News from STEER

We are delighted to say that at last we have found a secretary and we welcome Carol Jennings to our working group.

Following our last meeting when we asked everyone to register their interest in Broadband with BT, we have now learnt that Broadband will become available in Tintagel with only 250 registrations.

With this in mind we welcome another new member to the working group. Tony Stuart from Trelights has kindly offered to help encourage people from Trelights to register their interest in Broadband, together with Hazel Lacohee from Port Isaac who already has a list of interested people.

Tony is a Broadband campaigner and is available on email: tanlstuart@freeuk.com

Hazel can be contacted on 01208 881033, email: hazel.v.lacohee.bt.com

If we can find 250 people to register then we too could have Broadband. Please register as soon as possible at staff@ctm12.com (BT Offers)

While talking about email we have had a good response from businesses wanting to be on our website, portisaac.org. If all those who have expressed interest join in the cost will be between £10 and £20.

At our last meeting Nicola Vickery explained her proposal to put together a folder containing leaflets and brochures advertising small businesses in the parish. The idea is that the folder could be given to new householders (via estate agents) coming to the parish. The working group unanimously gave their support to the idea and offered to help with the proposal which we hope would benefit those businesses taking part.

Next meeting: February 5th at 7.30pm in the Village Hall. All are welcome.

St Endellion Parish Council

HOSPITAL VOLUNTARY CAR SERVICE

The following have offered their services as drivers for the scheme. If you require transport you should ring to make arrangements:

**Bartlett - 880442 * Bolton - 880218 * Bulgin - 880765 * Childs - 880322
Cooke - 880256 * Jennings - 880715 * Murray - 880861 * Raynor - 880581
Walsh - 880287 * Watson - 880298 * Williams - 880063**

Please note:

- The car service is for residents of St Endellion parish only
- You should give a minimum of 48 hours notice when requesting transport
- The service is for appointments only (not visiting)
- It is for people who have no other transport

Contribution required: Plymouth - £25; Truro - £20; Redruth - £20; Newquay - £16; St Austell - £16; Bodmin - £11; Wadebridge - £8

Any queries please contact the Clerk to the Parish Council, Elizabeth Harris on 01208 880927 or 07919 182195, email: lizzy10099@hotmail.com

Friends of the Main update

2003 saw a major rock fall and partial collapse of the quay making it impassable. We had to put up barriers and close it off. The committee then set to, to rebuild a large section of the quay face with stone. This was back breaking work and had to be done by ladder in the short time the tide allowed. We then had to fill the void with several tonnes of hand mixed concrete hauled up the cliff face bucket by bucket.

All of this unexpected work held us up on the bridge replacement for which the design drawings are completed and our engineer has checked them and provided us with structural calculations. The new galvanised steel beams have been manufactured and delivered to Trewetha Farm. The timberwork will now be prefabricated so we can put the bridge into position without too much disruption. This is programmed to take place this spring. In the meantime, we have had to make temporary repairs to the bridge as somebody pulled a handrail off and uprooted part of the adjacent fence and tossed it into the sea below.

Tony, our flora and fauna expert, organised a blackthorn clearing day in 2003 and more of these are planned for this year.

The FOTM have kept the Port Gaverne toilets open for most of the spring and summer season. This has involved us in periodic maintenance, regular cleaning and paying the cost of insurance, water rates and electricity. Richard Cooke has cleaned the toilets as often as time would allow. If there are any volunteers out there who could spare half an hour on a regular basis to give the toilets a clean please ring me on 01208 880256. Richard would be really pleased!

It has been a year since we asked you for a membership contribution. We have a £550 insurance bill to pay in May as well as financing the toilets and other maintenance work to the Main. If you want to renew your membership or join as a new member of Friends of the Main please fill out the form below and send you renewal to me.

Thank you for all your support.

FRIENDS OF THE MAIN, Port Gaverne

I wish to become a member of the Friends of The Main and enclose my annual subscription of £10, made payable to
'The Friends of The Main'.

Name

Address.....

Telephone

Email address.....

I enclose an additional donation of £.....(optional)

Please send to Chris Bolton, Trewetha Farm, Port Isaac,
Cornwall PL29 3RU Tel: 01208 880256

local information

Doctor's Surgery - 01208 880222

Repeat Prescriptions - 01208 880242

NHS Direct Helpline - 0845 4647

Royal Cornwall Hospital (Treliske & City), Truro - 01872 250000

East Cornwall Hospital (Bodmin) - 01208 251555

Rubbish - Friday is dustbin day. Put your bins out before 7.00am and **REMEMBER - OUR SEAGULLS LOVE RIPPING OPEN BLACK BAGS!**

Recycling - Kerbside collection every fortnight - see *Trio* diary dates. Recycling bins are also situated in the top car park

Bus Service - Western Greyhound 01637 871871

Mobile Bank (Midland) - stops outside the school on Mayfield Road on Mondays from 11.30am-11.45 am and on Fridays from 10.45am-11.00am

Post Office - last daily collection at 4.45pm. Tel: 01208 880306 Also personal banking. Early closing Wednesday 1.00pm and Saturday 12.30pm

Telephone Boxes - one in Church Hill and one near the Church Rooms

Police (non emergency calls) - 08705 777444

Childline - 0800 111

Electricity (emergencies) - 0345 651651

Water (helpline) - 0800 1691144

Samaritans (24 hr service) - 01872 277277

Vetinary Surgery - Nutes in Wadebridge - 01208 813258

Parish Council Clerk - Elizabeth Harris - 01208 880927

District Councillor - Bill Dawe - 01208 880253

Stranded seals/dolphins etc - Bob Bulgin - 01208 880765

**Want to go out for a meal, get a takeaway or book a taxi?
You'll find everything and everyone you need in the *Trio* Directory**

Goodbye Mrs March

At the end of last term we said goodbye to Mrs March who had been teaching in our school for many years. Everyone has a special memory of her and we hope she will take good memories of us with her to new home and work!

On the last day of term we presented her with BIG cards made by the children and we also gave her a bangle and a pair of earrings.

She gave us two trees. One is a willow, to plant in the school grounds when the new design for the playground has been finalised.

Mrs March was very excited about the plans for the playground and we hope that she will come back and see us and our new play area when it has been completed.

and Hello Miss Hussey and Ms Weatherhead

This term we have two new teachers and their names are Ms Weatherhead and Miss Hussey.

Miss Hussey is teaching the infant class and we like her very much. She wanted to get to know us all so we have painted pictures of ourselves and she has put them up on the door into our classroom. She also teaches us lots of new songs and games to play.

Ms Weatherhead comes to the Senior and Junior class on Mondays and Fridays. She teaches us music and dance as well as literacy and numeracy and lots of other things.

She has started a Drama Club on Mondays after school and it is really good fun.

We are glad that she has come to our school to work with us.

Deklyn, Year 1 & Roxanne, Year 3

schoolchat

Port Isaac School

news and views



Electric December

On Monday 1st December we went to the National Maritime Museum at Falmouth for the presentation of a special advent calendar on the internet. My

artwork was used for the 22nd December page. I drew leaves in oil pastels then we scanned the pictures on the computer and sent them to a man called Drew. He used images from lots of schools and people to make the calendar. Some of the other schools made games which were good fun to try.

Joe, Year 5

Alexius and his circus skills

One morning last term a man called Alexius came to our school and taught us some circus skills. First he showed us how to juggle with scarves, then balls and then clubs. He was very clever especially when he rode his unicycle!

The infants had time to try everything then it was the Seniors turn. James had a go on the stilts and tried to juggle. He thought it was easy and his favourite was the unicycle but that was very difficult!

Alexius comes from Switzerland and he said we could call him Alex. He was funny and we think he was a bit like a clown, especially when he nearly fell off his unicycle in front of the infants!

James, Year 3 & Damien, Year 6

Japanese shelter building for our new playground

Last term the seniors and juniors made models of shelters that they would like to see in the new playground that we are going to have. There were lots of ideas for shelters such as flats, houses and beach huts and these were based on the things we saw in the Japanese Garden we visited. We all had to have a go at making them and the day passed very quickly. We were enjoying it so much that we came straight back into the hall after break.

We would not have been able to make these brilliant shelters if Penny and Robert the artists hadn't been there so we'd all like to say thanks to them.

Daisy, Year 4

African Drumming

A lady called Mi'soshi came into school for a whole day. She told us stories about Ghana, the country she comes from. She showed us how they use their clothes for different things like carrying children on their back! Then she did some drumming with us. We told the story of the clouds using drums and chanting and at the end of the day we did a little performance for the rest of the school and some parents who came in. It was very interesting.

Nathan, Year 3

Carol singing - The Carn Awn Singers

The grand total of £132 was raised for the 'Children's Hospice South West' from carol singing around the village on December 18th by the Carn Awn Singers and two 'Johns' from the Fishermen's Friends.

Thanks to all who helped to make this possible and special thanks for the refreshments provided by the Golden Lion. It was a super evening enjoyed by all.

Joan Murray

in the garden with GFL

It's hard to realise that it's still wintertime - it feels a bit like perpetual spring, or perhaps late autumn. Everything is so wet its a bit difficult to know what to do when the weather permits thoughts of gardening.

Do remember that if you have pots sitting in saucers or other containers that the surplus water must be drained off as no plant (except of course waterside ones) like standing in water for any length of time - the roots tend to rot. In fact, over-watering is often the cause of plant death, especially of house plants. For the latter, water the saucer and if the water hasn't been absorbed in an hour or so make sure you pour it away.

Soggy lawns, what can we do? Just hope that it stops raining long enough for them to be cut at the beginning of the growing season, which seems to be most of the time these days which is a bit confusing.

Weeding can be done providing you can reach them without standing on the bed. We can't win can we?

Happy New Year everyone.

GFL



Are you the parent of a pre school-aged child who lives in Port Isaac or St Endellion Parish?

Have you been to visit Port Isaac School to see what we have to offer your child?

Did you know we will take children full-time in the term after their fourth birthday?

When your child can join us:

As there is no nursery provision in the area we are able, as a school, to take children full-time from the term after they are 4 years old. We are very fortunate that our small numbers, very favourable pupil/staff ratios and the way we structure our Key Stage 1 and Foundation class allows us to focus on individual children's learning needs.

Learning Together - from 3 Years Old:

Learning Together would be a good time to come and see the school with your child. It's held every Monday, in the Early Years classroom, from 1.30 - 3.00pm. This is a time when we invite young children (3 years and above) and their parents into the school to find out what it is all about. We also have an Early Years After School club on Mondays for children aged 3 - 5 years from 3.15 - 3.55pm.

**If you would like to come and look around,
please contact us at any time on 01208 880494**

Are you unhappy with your NHS treatment?

There is now a service that can support you if you wish to make a complaint.

The new Independent Complaints Advocacy Service (ICAS) is free of charge and independent of the NHS. We provide information and advocacy support to people who wish to pursue a complaint against the NHS. This includes hospitals, GPs, Dentists, Opticians, Pharmacists, District Nurses, Ambulance Services, Physiotherapists etc. We can support those who are unsure or unable to face the NHS complaints procedures alone by explaining the procedures, assisting with letters or writing on their behalf and we can represent or support them at meetings regarding their complaint. Any information given to ICAS will be treated confidentially.

Our team consists of two Caseworkers and two Support Workers, who can take your call from 9am-5pm Monday to Friday. An answerphone is available outside of these hours. We cover the whole of Cornwall and Plymouth. We are able to meet with people who wish to make a complaint either at our office at Liskeard Citizens Advice Bureau or at any other Citizens Advice Bureau in Cornwall. We can make home visits to those unable to travel. Contact ICAS on 01579 346500

Greasy Hair - Always Salon Tips

put your shampoo on dry hair, never wet. Add only a small amount of water which will allow the shampoo to emulsify. Then add more water and gently massage to a lather, rinse with clean water, shampoo again and rinse thoroughly.



Lank Hair - Remember to always wash your brushes and combs thoroughly on a regular basis as this can help avoid lank hair.

Suicide and pastoral care

Suicide affects not only the close family and friends of the person who takes his or her own life, but many others in the community, including clergy and other pastoral carers. The need felt by clergy in this diocese to explore this still taboo subject was evident from the large numbers who attended two training days held earlier last year on suicide, attempted suicide and related issues.



After the training days, it was felt that the challenge to the Church was to try to meet the immediate and long-term spiritual needs of those pastorally involved and to raise awareness among the people of the local community of the signs of potential suicide. So a small group interested in providing help, support and resources for clergy and others in this diocese began to meet. This ecumenical group, of which I am a member, has met regularly and has now produced a leaflet presenting some facts about suicide, the needs of the bereaved and how the group may be able to help.

The group has four main aims. These are:

- 1) to support clergy and others who are pastorally involved in situations involving suicide and attempted suicide;
- 2) to raise awareness of the problems of stress and suicide, so the church is better informed;
- 3) to compile resources, especially liturgical, that will be of assistance to anyone involved in taking the funeral of a suicide victim;
- 4) to facilitate training for those interested in these issues.

This leaflet, *'Suicide, Attempted Suicide & The Aftermath'* was published in December and has been distributed to all parishes in Cornwall. They have been asked to photo-copy it and make it widely available. It contains the names and telephone numbers of group members and the Samaritans national helpline number of 0345 909090.

The initiative has the support of the Bishop of Truro, the Chairman of the Cornwall District of the Methodist Church, the Salvation Army and other churches and faith groups in Cornwall.

The support group is also planning to hold a one-day conference in Bodmin on Thursday 1st April, on bereavement, with particular reference to bereavement by suicide.

Joe Knight

aged 91 years

Died at Treliske Hospital on
5th December 2003

Joe died peacefully in the end after a long and difficult time in Hospital and Nursing Home.

Along with his son he owned and ran the Central Garage in Port Isaac from 1952 until 1982, when he retired at the age of 70 after a thirty-year period through which he was well-known, well-liked and well-respected in the community.

Heartfelt thanks to all who attended the funeral and the people who donated to The British Heart Foundation in lieu of flowers. Also to all who sent letters and cards of condolence and special thanks to Mr Ian Honey who was the Funeral Director.

Joe will be truly missed by Joe and Velma (Son and Daughter in Law) and by his grandchildren Julian and Tracey and great-grandchildren David, Isobel and Joseph.

Senior Coast & Country Senate

You are invited to the first meeting of the 'Senior Coast & Country Senate' a forum for the over-50s in the area stretching roughly from Rock to Boscastle, from Bodmin Moor to the sea.

When? Wednesday February 25th 2004
Time? 2.00pm - 4.00pm
Where? Camelford Hall, Clease Road, Camelford

David Jasper of Bruallen Nurseries, St Teath will give a short talk on 'Gardening for the over-50s' and will then answer questions. After light refreshments there will be time for discussion on the future of the Senate.

If you need transport to the meeting, please contact either Robin Armer on 01840 770721 or Robert Manders on 01208 880022. We look forward to meeting you there.

Trelights Methodist Christmas Fayre

Trelights Methodist Church Christmas Fayre raised the sum of £305 to be shared between the Children's Hospice and the Air Ambulance.

Many thanks to everyone who worked hard to make this possible and to all who came and supported the effort.



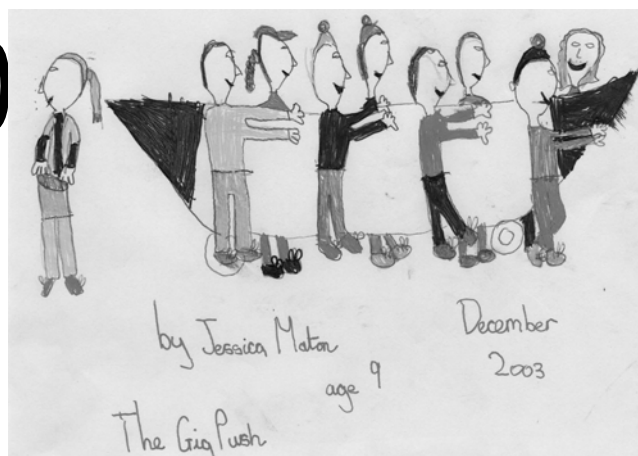
The Chapel members and friends also enjoyed a lovely Christmas Concert given by the Carn Awn Singers.

Do you need someone to talk to?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers to the area.

Telephone Katrina Gill (co-ordinator) on 01208 850465.

News from the Gig Club



A Happy New Year to you all. We would like to say a huge thank you to everyone who braved the elements and came out to support us on the day of our annual Gig Push. On a particularly blustery morning it was good to see so many friendly faces partaking of the mulled wine and mince pies before we set off. Thanks to all our helpers and an even bigger thank you to all at The Cornish Arms, Pendoggett, for the free pint and sustenance on our arrival. We raised a total of £364.10 on the day, with approximately a further £400 to come in from sponsorship. Well worth our efforts

2003 was a cracker of a year for the Club, the highlight of which came when we hosted 'The Mixed & Vets County Championships', which did much to raise the profile of our club. Many on the rest of the circuit doubted our ability to organise such an important event, but we proved them wrong, with a packed schedule of racing, only slowed by an inevitable lumpy sea at low tide.

Galvanised by a few successes ourselves, namely by our all male vets crew, we are putting our heads together to go for some serious fund raising in this coming year to secure the funds to build a new gig for the following season. Already folk have been asking me why we should need another gig, given that we are a small club, already in possession of two boats. It's simple. Both boats we own are old and heavy and we desperately need the competitive edge that a lighter boat would lend us. A new gig would be kept on the trailer and only used in competition. Most of the other clubs reserve a light boat for events and, believe me, it makes a huge difference. We also hope a new boat will attract more members, especially youngsters who need the edge of competition to be more involved.

Steve Hudspith ran a very successful novice night last year, offering the opportunity for rowers at all levels of fitness to have a go. Our recent association with Bude Gig Club has also helped us tremendously in broadening our appeal. Bude, a recently formed club, with a gig due for delivery next summer, have borrowed a boat from us and rowed consistently well all last season. The inter club rivalry injected has aided in whipping us into better competitive shape and we look forward to thrashing them again next season!

Warm thanks to the Provis clan, who in memory of their beloved Mark, provided the club with a handsome Trophy to be awarded to the winning scratch female crew in an annual local friendly event, to be competed on the same day as the George Moth shield. Traditionally an inter pub event, the competition attracted lots of entries, including a selection of the "Old

Slappers" who, true to form, wiped the floor with the competition. Watch this space.

Mike Edkins has ensured that we should all look a bit smarter next season by a generous donation of £100 towards the cost of new shirts that will bare the Golden Lion logo on the arm. These are available for sale to non- members as well and make a stylish contribution to anyone's sporting wardrobe! Call me on this or with any other queries.

If you have decided that this is the year to finally fulfil your annual fitness/weight loss resolution, then come on, GET ON THE WATER. It's your club, come and make use of it - young or old, fit or fat, seriously or just for fun. Giggling is an inclusive sport, with competition at all levels; a great way to keep fit and see Cornwall.

Looking forward to seeing you,

The presence of female hormones in beer!

Some people might find this a little worrying!!

University scientists released the results of a recent analysis that revealed the presence of female hormones in beer. Men should take a concerned look at their beer consumption. The theory is that beer contains female hormones (hops contain phytoestrogens) and that by drinking enough beer, men turn into women.

To test the theory, 100 men were fed eight pints of beer each within a one-hour period. It was then

observed that 100% of the test subjects did the following:

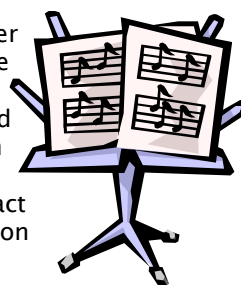
1. Gained weight.
2. Talked excessively without making sense.
3. Became overly emotional.
4. Couldn't drive.
5. Failed to think rationally.
6. Argued over nothing.
7. Had to sit down while urinating.
8. Refused to apologise when obviously wrong.

Researchers figured that no further testing was considered necessary.

News from the Carn Awn Singers

After a very busy Christmas period, we are all taking a well-earned break until mid February. Several concerts have already been booked for the Spring and the Summer and more news of these will be in next month's *Trio*.

However, should you require further information or are arranging a concert and would like the Carn Awn Singers to take part, please contact Barbara Richards on 01208 880575.



So what did the *Trio* theatre critic, Chris Lanyon think?

Well, they did it again. The Drekky Theatre Company came up trumps with their interpretation of *Snow White and the Six and a Half Dwarfs* (there's no 'f' in dwarves I hear you cry).



I have spoken to the narrator, Belinda Miller about the six and a half dwarves and she told me that there might not be a recession in the property market but apparently there is a shortage (pardon the pun) in the vertically challenged market, especially when you have to include the ability to put on such believable accents.

Once Vicky (aka Richard H) realised Belinda had been interviewed, she/he immediately got in on the act by saying he had watched his intended 'victim', Nicky B, intently for four years just to perfect her look and mannerisms. When asked about this Nicky shouted, "He couldn't have looked very hard dar, because my t__s don't go like that!" Nicky's mum and dad said they couldn't tell them apart (that's Richard and Nicky, I think!).

Snow White, played by Cerin Penny, who's smile lit up the stage, put on a performance that was a pleasure to watch; especially the bit in the woods with the dancing and singing animals. The kids did fantastic again. It's really lucky they are there to show their elders how to do it properly!

The ladies who did the make-up and costumes performed miracles, especially by making Bess look that old and Steve 'The Slut' Appleby look that young. It just goes to show how good the Special FX market is.

What can be said about the dwarfs (there is still no 'f' in dwarves) that hasn't been said already? Absolutely nothing, so I'll move on to the panto horse – or should that read, "I'll mount the panto horse" – no, I think the first is better! Why Jackie and Laurence put themselves through this year after year is beyond me but, yet again, they put in a masterful performance. The rumour from behind the curtains is that there was a slight altercation between Ian 'Happy Boy' Fuller and the horse's rear. On seeing the 'trousers' Laurence was wearing Ian burst into tears of laughter. Ian said he had just got into character and was acting; the cast were not so sure.

Yuri Gonner, played superbly well by Katherine McDonnell and Tim Henchman, aka Tim Stratton put in performances worthy of many an accolade. But where did they get those Brummie accents? Certainly nowhere near Birmingham, more like Tintagel Terrace.

And then, after all the wonderful performances from young and old, along comes someone who could only be described as ... Steve Appleby. This 'man' made Danny la Rue look butch. The 'burp and grunge' dance routine was unforgettable and let's just hope the boss at the office doesn't get to see the video, eh Steve? (he works for Social Services you know!).

Once again the backroom boys and girls did wonders. There has been a request put in from Marion and Jill asking if there is an implement to open cans of beer because they broke between themselves nine nails!!

There is some bad news for Mark Rowe. Unfortunately, I got to see all the panto this year and it meant that he had to wait this long before his name was mentioned. And by the way, Christian Yon loved the joke!

Finally, to Janet and the band – Jools Holland beware!

Chris 'Lard Man' Lanyon

STOP PRESS: I have been informed that there will be a price increase for 2004's panto. This is due to the company having to invest in a safety net in case Billy falls off his chair again.

There's

Turning up on a warm, late summer evening at the Village Hall, to rehearse "Snow White" may sound a tad unseasonal, but when you're a finely tuned actor from the Drekky Theatre Company there's no such thing as too early a start. However, ten weeks later, those same actors were clinging desperately to their comfort blankets (their dog-eared scripts). The awful reality was dawning - tickets sold, scenery painted and frocks sewn. We had reached the point of no-return when that merry enthusiasm turned into muscle-clenching anxiety as Janet played those oh so familiar opening bars of music.

Mark Rowe and Richard Hambly opened the show and set the standard for us all to follow. Their fond look at village life, captured mostly from the female perspective, owed more than a nodding acquaintance to their uncanny resemblance to two local residents. As imitation is the sincerest form of flattery, we hope Vicky and Belinda (whoever they may be!) felt duly honoured. Due respect to Mark for the cutting edge script and the local slant. When we'd finished laughing we all thought he was very brave!

Steve (there's only one star in THIS show) Appleby was word perfect from the beginning and was frightening the children with his portrayal of the evil stepmother even without the wig and make-up. As he (she?) was about to lure poor Snow White to eat the poisoned apple, someone in the audience shouted out "Fetch the social services". Behind the scenes we all looked at each other - "He IS the social services!"

Bess did 'andsomely matching Steve's wilder extremes. However, when Steve offered to show the audience "his weakness" Bess, ever the lady, duly declined to follow his example, thus retaining her acting credibility and any dignity she had left. Behind the scenes there was one funny moment when Steve and Bess mistakenly put on each other's dresses and couldn't quite work out why neither fitted!

That last sentence says everything about the British and pantomime and possibly why we won the war - and not forgetting the rugby! Anywhere else and you would be given therapy for a very long time.

s no 'f' in dwarves!

Looking for Snow White this year I know just how they felt in their quest to find Scarlet O'Hara for *Gone With The Wind*. We knew our leading lady was out there somewhere and when Cerin Penny was enrolled in our merry band, we knew we had found the right mix of sweetness and light. She soon lost her nerves and shyness when she realised that however bad she was, she could never look as ridiculous as the rest of us. It's not about acting, it's about taking part (and having Wednesday evenings free). A star of the future.

Kathryn and Tim were talent spotted at an early age and have been fielded as first team players from the beginning. They've blossomed and grown as Drekky Theatre protégées and are in danger of out-acting us all. It's a joy to see our young signings stay with us and not be poached by the West End. We'll hang on to them as long as we can!

Barry and Yvonne, those ballroom dancers from 'Hi de hi' (alias Laurence and Jackie) were nearly flawless in their singing and dancing - we want to know why Barry didn't enter *Pop Idol*? As always they looked to us, as the consummate professionals that we are, for guidance. We are only too happy to help and encourage where we can, but we fear that it may be too late for young Laurence to start on a career in television now. If only he had started with the Drekky Theatre Co earlier he may have stood a chance. Exposure to audiences such as we are lucky enough to get are something that Laurence can only hope for and dream of.

And then there were the dwarfs...or is it dwarves? Is there an 'f' in dwarves? I think that is a question we shall always ask and possibly never know the right answer.

Starting at the top end of the line-up, Ian laughed all the way through. Was it that funny Ian? Even as Snow White lay gasping on the floor, little Ian saw the funny side - so long as Ian knows the difference between reality and pantoland, those men in the white coats will keep their distance. Ian also displayed his musical talents with the reworkings

of the familiar songs we sang - well we all knew the tunes even if they sounded unrecognisable to the rest of you. As Snow White so aptly pointed out, we managed to murder quite a few fondly remembered old favourites.

Colin, on the other hand, appeared never to have a handle on reality and never quite knew who or where he was. Behind the scenes he looked slightly bewildered and confused, mostly looking for his turkey sandwiches, which we found on the last night. As nearly all his lines were the same as last year in *Peter Pan*, we felt we were on a fairly safe bet. So long as we dressed him and pointed him in the right direction it was all the same to him.

John and Natalie were the two identical twins. Well yes, slight exaggeration but close enough for our purposes. Poor Natalie was hard pushed to get a word in and, unlike real life, it was always John who had the last word!

Dee, as Snotty, took method acting to the extreme by suffering a terrible dose of flu. By the last night she really wasn't acting with the red nose and snotty hanky. We launched a new cocktail back-stage...gin and lemsip. However, being the old pro that she is, she gave her all to the panto before collapsing into bed for three days. The fact that she wasn't honoured in the New Year's Honours shows how little we value such true

devotion to the greater cause.

And then there was me. When people asked me what I was going to be in Snow white and the Six Dwarves (yes, we know about the 'f') I thought, you must be joking? Actually I think it's that tooth blackener that I really fancied. It kinda does something for a girl.

And lastly there was our junior squad. They just have to turn up and look cute. Sadly, those days are long gone for the rest of us, but for Annie, Josh, Thomas, Gracie, Rosie, Hermione, Cecille, Daisy, Sinead and Daniel their delight and joy in the panto is always what reminds us that Christmas is all about the children.

So THANK YOU to everyone who took part and to all of that vast army who put the whole thing on behind the scenes. There were over 50 people who worked hard towards putting on the village pantomime. We really couldn't do it without each and everyone of them.

A very Happy New Year from all at the Drekky Theatre Co and, who knows, you may see us all again next year! Book Early!

Love Barbara

Read a 'behind the scenes' view from one of the cast overleaf



What seemed like an eternity of learning ever-changing lyrics and silly songs and getting into character was over; the first performance of the Port Isaac Pantomime of 2003 was about to start. Sam and Dave were rushing around fitting everyone with a microphone so the audience would clearly hear all the mistakes and Liz was busy fiddling with the lighting controls. Janet was sitting at the piano awaiting her cue to strike up the music with Billy and Ian whilst the other Sam, who seemed to be a long way from the rest of the band, sat patiently on the drums.

Backstage, Roy was constantly talking into his headset link to Sam and Dave whilst at the same time trying to open his first bottle of red wine. Marion and Jill ploughed through boxes of props and made sure we were all dressed for the opening scene. The make-up room was awash with lipstick, face paints and tooth blackener with everyone waiting their turn with Maggie to be transformed(!) into panto mode.

Mark and Richard, the storytellers, who bore an uncanny resemblance to a local chef and an estate agent, were preparing to go on stage. You could smell the tension in the air, especially if you were standing next to Colin who was wandering around talking to himself. Prompter (loose term), Cathy was positioned one side of the stage with Bess in residence behind her mirror on the other.

Before we knew it the storytellers were on stage delivering the usual array of personal jokes and insults – with a quieter than expected reaction from a certain ‘ange’ in the audience. The curtains opened with Barbara, Dee, Natalie, John, Colin and Ian singing (!) ‘Happy Birthday’ to Snow White (Cerin). In actual fact, this group of party guests were just six cross-dressing dwarfs (there’s no ‘f’ in dwarves).

Then on to the stage burst the wicked stepmother (Steve) frightening the children and causing the adults to wonder whether he enjoyed dressing up as a woman at home as he did it so well! Now we were really into panto mode and the audience appeared to be enjoying the show. On came Tim and Katherine, the final two characters to enter the stage, as the duo employed to carry out the despicable, dastardly deed of killing Snow White.

I almost forgot, there were two other characters in the show. Laurence and Jackie performed a pretty impressive makeover from celebs to panto horse. It was suggested that Jackie had been experimenting with a baked bean diet for the previous week that, as Laurence was the rear end of the horse, showed his true professionalism.

Enough of this waffle. The true stars of the show were, as usual, the children – Annie Appleby, Josh Brewer, Rosie Collings, Daniel Lanyon, Cecile L-B, Hermione L-B, Thomas Potterton, Grace Rowe, Daisy Sproull and Sinead Tiddy.

So, after murdering several songs and fluffing quite a few lines, the first performance was over. The backstage de-brief started and everyone vowed to do better tomorrow night and then the next and the next!

A lot of hard work and time goes into producing a pantomime, especially one of this calibre, with an army of people working behind the scenes producing costumes and scenery, rigging lighting, recording sound effects, producing and selling tickets, running the bar and not forgetting setting out all the chairs (quite a feat in itself as the chairs all had numbers on from the previous panto and so had to be sorted and put in order). A very big thank you to you all.

So, it’s all over for another year. The stage has been dismantled, the chairs stacked away and the Village Hall is quiet again until the next function. We can be very confident that Barbara is already working on this year’s script and that the Easter and Summer holidays will fly by and before you know it, maybe, just maybe, The Drekky Theatre Company will once again be treading the boards with the Port Isaac Pantomime of 2004.

Ian Fuller

No support for Youth Club

Following my plea for help in setting up a Youth Club for our children during the winter months, I have had an overwhelming response from precisely ONE parent; although Simon Bishop at Port Isaac School and the Deputy Head at Camelford School have been very helpful.

However, as I stressed, I cannot and will not do anything without a team of parents to give me moral support and help so, regretfully I will not be going ahead and undertaking this task.

This leaves the plan for an indoor sports facility and floodlighting for the outside area of the Playing Fields even more vital so that our youngsters can utilise this area throughout the year. This will keep them off our roads and pavements and will hopefully stop a major accident which will happen, I can assure you, all too soon.

I’m so sorry kids.

Annie Price

Sir James Smith’s Community School, Camelford

Required as soon as possible

COMMUNITY GOVERNORS

Do you have the interest to play these three key roles?

- Provide a strategic overview
 - Act as a critical friend
 - Ensure accountability

If you answer is ‘yes’ we would like to hear from you.

Please telephone 01840 213274 and ask for Shirley Hoskin or

Email: secretary@sirjamesmiths.cornwall.sch.uk

Parish Council news

The following report is not based on approved minutes signed by the Parish Council.

AFFORDABLE HOUSING/SPORTS FACILITIES

The Council discussed the draft report by Cornwall Rural Community Council after the Consultation Day held on November 15th in the Church Hall. In the light of the overwhelming community support demonstrated for the proposed housing scheme, the Council voted unanimously to move ahead with the Playing Field proposals. There is a fuller report on the Consultation Day findings on page 7 of *Trio*.

PUBLIC DISCUSSION

PC Malcolm Taylor reported that as a result of a letter from a resident, and support from the Parish Council by way of a letter to the Chief Constable of Devon & Cornwall Constabulary, Port Isaac had been monitored over the Christmas and New Year period regarding illegal parking in the restricted areas of the village. Thirteen tickets were issued by the police during this exercise and it was agreed that the results were a considerable improvement over previous years and ensured easy access for emergency vehicles.

FOOTPATHS

The Footpath Committee will be carrying out a survey of the Parish footpaths during February, with a view to using this as a guide to produce the annual footpath trimming contract tender. This survey should be completed in time for the Parish Council meeting in March. The Committee is also liaising with St Kew Parish Council on the trimming of footpaths that connect at the Parish boundaries.

CHAIRMAN'S REPORT

The Chairman, David Phelps, reported that, together with Malcolm Lee, he had met a representative of Western Power to discuss the problem of the electric pole at the Co-op. It was agreed that the pole was a hazard and arrangements would be made for it to be removed. He also reported that the benches at Mine Pit Corner and the one next to the phone box in Church Hill had been repaired. The old tourism signs on the main road from St Endellion and on the Pendogget side of the Port Isaac turn had been removed. These will be replaced, after liaison with the County Council, with the new brown tourism signs for which funds have already been allocated.

TRANSPORT

The Council's Transport representative, Mr David Jennings, recently attended a meeting of the East Cornwall Rural Transport Partnership and reports as follows:-

'At a recent meeting of the Partnership, representatives of the County Council attended and answered a number of questions on transport policy.

In particular they pointed out that the Council only became involved to deal with social needs that could not be met by commercial operations. To do this the County Council was subsidising services according to the number of people living in a community. On that basis a village the size of Port Isaac could expect up to five return services per weekday. However, communities of less than 500 which were not on a direct route could not expect a subsidised service.

It was also pointed out that relatively few tenders were received to run the subsidised services and that this had meant that some services that the Council had wished to offer had not been able to run and that where bus services were less than satisfactory the scope for changing the provider was not high.

On the bright side Western Greyhound was regarded as one of the best operators across Cornwall.'

NEXT MEETING

Monday, 9th February, in the Chapel School Room, Trelights, at 7.30 pm.

PLANNING APPLICATIONS AND NOTICES

Application No. 2003/02514 – Conversion of ground floor shop to bedroom. Delegation possible. Full Planning. Miss A Rowe, 14 Fore Street, Port Isaac. **The PC is in support of this application.**

Application No. 2003/02539 – Erection of extension to provide new entrance and sitting room. Delegation possible. Full Planning. Mr S Gotch, Halwyn House, Roscarrock hill, Port Isaac. Mrs B Bell declared her interest and left the room. **The PC was not in support of this application due to the design being not in keeping with Port Isaac.**

Application No. 2003/02540 – Listed Building Consent for the erection of extension to provide new entrance and sitting room. Delegation possible, Listed Building. Mr S Gotch, Halwyn House, Roscarrock Hill, Port Isaac. **The PC is not in support of this application.**

Application No. 2003.02535 – Formation of two dormer windows to the south elevation together with alterations and remedial work to existing dwelling. Full Planning. Delegation possible. Mr & Mrs K Tomline, Leat House, Church Hill, Port Isaac. **The PC is in support of this application.**

Application No. 2003/02536 – Listed Building Consent for formation of two dormer windows to the south elevation, together with alterations and remedial work to existing dwelling. Listed Building. Delegation possible. Mr & Mrs K Tomline, Leat House, Church Hill, Port Isaac. **The PC is in support of this application.**

Application No. 2003/02479 – Conversion of barn to form two bedroom dwelling. Full Planning. Delegation possible. Mr T.J Cleave, Barn Adjacent, Carlnsmore, Port Isaac. **The PC is in support of this application.**

(Continued on page 18)

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(Continued from page 17)

Application No. 2003/2663 - Listed Buildings consent for the renovation of attached greenhouse to its original form. Delegation possible. Mr & Mrs Meek, Park Villa, Trelights. **The PC is in support of this application.**

Application No. 2003/02742 - Erection of two bedroom bungalow with integral garage. Full Planning. Delegation possible. Mr & Mrs C & M Bunt, Beulah, Trelights, Port Isaac. **The PC is in support of this application.**

Application No. 2003/02747 - Alterations including erection of new side extension, bay window and conservatory and re-roofing of kitchen extension and two rear dormers. Full Planning. Delegation possible. Mr & Mrs R Rowland, Brambledene, Trelights, Port Isaac. **The PC is in support of this application.**

Application No. 2003/02715 - Two storey extension and change of use of land to form curtilage to existing dwelling. Full Planning. Delegation possible. Ms C Dickerson, 3 The Courtyard, Homer Park, Port Isaac. **The PC is not in support of this application as it would over-develop the site.**

Approvals & Refusals

Appeal No. APP/C0820/A/03/112498 - Single storey rear extension to Dwelling House, 11 Hartland Road, Port Isaac. Mr A Penny. The appeal was **DISMISSED** due to the effect the development would have on the character and appearance of the area.

Application No. 2003/01810 - Demolition of existing hotel and erection of seven dwellings and associated car parking. Arrow Development, The Castle Rock Hotel, Port Isaac. **Application has been WITHDRAWN.**

Application No. 2003/02264 - Conversion of two redundant barns to two holiday cottages. Mr & Mrs Barriball, Lower Bodannon, Trewetha. **This application has been WITHDRAWN.**

Application No. 2003/02111 - Erection of first floor extension to form bathroom. Mr D Brown, Dolphin House, Dolphin Street, Port Isaac. NCDC **APPROVED** this application.

Application No. 2003/02112 - Listed building consent for the erection of first floor extension to form bathroom. Mr D Brown, Dolphin House, Dolphin Street, Port Isaac. NCDC **APPROVED** this application.

Application No. 2003/02034 - Listed building consent to repair leak in roof of outhouse. Mr R Stephenson, 6 Vesta Cottage, Dolphin Street, Port Isaac. NCDC **APPROVED** this application.

Application No. 2003/01109 - Demolition of existing bungalow and erection of new four bedroom detached dwelling and garage. Mr J. McDonnell, 11 Trewetha Lane, Port Isaac. NCDC **APPROVED** this application.

Application No. 2003/02093 - Listed Building Consent for the replacement of top storey window to match the first floor windows and replacement of existing front door with stable door. J N Dawson & C M Dawson, 13 Middle Street, Port Isaac. NCDC **APPROVED** this application.

Application No. 2003/02160 - Formation of first floor front dormer window to extend loft space. Mr & Mrs S Bushell, 2 Tintagel Terrace, Port Isaac. NCDC **REFUSED** this application.

Application No. 2003/02378 - Demolition of hotel buildings and erection of residential development. Arrow Developments, The Castle Rock Hotel, Port Isaac. NCDC **REFUSED** this application for the following reason. The loss of the hotel to residential use would undermine the overall provision of serviced tourist accommodation in the popular coastal holiday location of North Cornwall and as such would be contrary to Policy TOUR4 of Cornwall Structure Plan - July 1997 and Policy 15 of the Cornwall Structure Plan - Deposit Draft 2002 which seeks to protect and enhance visitor facilities within important tourism areas.

Robin Elgar, Parish Councillor

FOR SALE

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There Goes the Bride

Folly Theatre Company are staging a Ray Cooney and John Chapman farce, 'There goes the Bride' at the Shire Hall Theatre, Bodmin between Tuesday 17th and Saturday 21st February.

St Endellion Parish is home to two of the cast. Carol Lee plays Daphne, the grandmother of the bride and Dave Morgan is the groom's father, Charles Babcock.

Tickets priced £5 (£4 for senior citizens and children) are available from the Shire Hall or by telephone on 01208 73034.

Collections and Makeovers

by
James
Platt

One of the more interesting (all things being relative) of the multitude of “makeover” programmes on the TV is “The Life Laundry”. In it, with the objective of obtaining a clean slate and a fresh start in life, participants are induced to sell off prized possessions for a pittance and to feed whatever remains thereafter into a machine that grinds the whole sorry lot into a chewed up mess.

The presenter of the “Life Laundry” comes over to me as a rather eerie personality. Her stock in trade seems to be vested in reducing her victim of the day to tears. It always seems quite unbelievable that people can be found who are ready and evidently willing to sell off and destroy the very personal things they own. Many people are of course ready to do pretty much anything to appear on TV (just look at the Jerry Springer Show), but deliberately throwing away sentimentally precious possessions must be held to be a bridge too far.

On the other hand, the life laundry has more credibility than any “Eastenders” story plot, and similar considerations might also apply to the intent of “Changing Rooms”, where viewers are expected not only to believe that a room can be reliably refurbished in two days, but also that a satisfying and lasting result can be obtained for £500.

Most of us gather up odds and ends all through our lives. We hold onto little gifts, books, holiday souvenirs, photographs, letters, heirlooms, pieces of china and porcelain. The various items stand in lines on shelves, spread over tables, fill up sideboards, and make displays in dressers. To look at them and touch them, to rifle through old books and comics, these are among the pleasures of life. Such items of sentiment become so familiar in the context of a home that any inadvertent rearrangement of them is not immediately noticeable. Whether the value of a possession is great or small is immaterial to its owner. The monetary value is much more important to the owner’s relatives waiting in the wings for the cue to come on stage and pick up what they can when the owners hear the song of the fat lady and do the decent thing. You can’t take it with you!

I read somewhere the quotation “Many of our treasures are destined to be someone else’s garbage”. You can look around in your home and see what to you are accumulated treasures collected over your lifetime. Someone else may look and visualise a pending car boot sale.

Whatever we have collected is a statement of who and what we are. Not all of it may be worth retaining forever, but a fair bit of it surely must be. Things that we like are what keep us going. No-one makes a collection of things he or she doesn’t like. Personal collections are as distinctive as fingerprints. Sometimes you can experience this distinction in the “Through the Keyhole” TV programme, although quite often you can’t. In the programme Loyd Grosman (whose surname fits him like a glove and whose given name is as pretentious as the man himself) examines the interior of selected houses, and David Frost at his most insufferably smug fronts a panel of “C” list celebrities united only by the mediocrity of their comments, the banality of their questions and the anticipation of their fees as they try to guess whose house it is that Loyd is visiting. It is rare that the panel doesn’t manage to guess correctly, and you can imagine how well they must have been primed when the person whose house it is turns out to be someone whose claim to celebrity is obscure even by the standards set by the panel members. As a complete aside, it is interesting how nowhere in any of the houses visited by Loyd is there any sign of untidiness. Can that be possible? Even the children’s rooms are seen to be in pristine condition.

The one thing that you can take with you is nothing. A course of action that commends itself is to ensure that on the very day that you shuffle off this mortal coil your assets reach zero. Like a life laundry in reverse we might consider giving away everything we own or selling it all off while we can, so as to enjoy the benefits of the proceeds.

Flogging via car boot sales seems always to be carried out by those who are selling with an air of desperation, resulting from forced disposal and virtual give away. Those who go to car boot sales to buy invariably have the upper hand.

This caveat vendor seems also to apply to auctions. All I know about auctions I have learned from TV programmes. The more of these that I see, the more I am convinced that there is something going on in the buying community that makes hostages to fortune of the owners of the items up for auction. You can see such (alleged) cartels in action on TV programmes like “Flog it” and “Cash in the Attic”. The experts appear to me to enjoy an inside track with auctioneers and buyers (it is interesting how often that so many of the same faces turn up at so many different venues) to justify vaguely expressed under-estimates of the value of prized possessions. Occasionally something does slip through the auction control barrier to realise a final sales value well in excess of its original estimate. On the fringes of some herds of buyers there is an errant rogue who doesn’t always play by the rules.

Around 20 years ago, when the price of gold and silver rose to such astronomical heights that the value of the precious metals in artefacts of ancient and modern manufacture came to exceed the value of the artefacts, some avaricious people were responsible for terrible acts of vandalism in turning in for sale a host of gold and silver objets d’art and antiques to be subsequently melted down into their components. It was as if the spirit of Pizzaro in the Inca Empire had been reborn.

It would be interesting for anyone to take a few moments to make a personal list of their prized possessions, in particular where items that can be linked to a collection are involved, not matter if the collection is big or small. Anyone making such a list might find his or her life story in it. Even if the

(Continued on page 20)

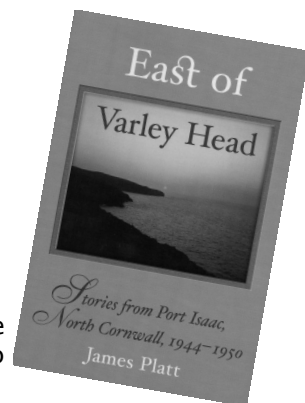


East of Varley Head

A new book entitled "East of Varley Head" (ISBN 9080780812), written by James Platt and published by Creighton Books, describes aspects of life in the Port Isaac of the late 1940's. Its main themes are those of the place, the time and the people, with particular reference given to the luminaries who made the village what it was and gave so much to the colour of life as it was lived.

The book, priced at £9.99, and which contains 276 pages including 40 photographs conveying an image of Port Isaac more or less contemporaneous with the period of the narrative, is a personal memoir based entirely on the author's recollections. Some of the material offered has been revised and expanded from articles that first appeared in the pages of *Trio*.

"East of Varley Head" can be ordered through any regular book-seller or on the Internet via the Amazon.co.uk website. Some copies are also very kindly stocked by *Secrets in Port Isaac* and at the Tre-vathan Farm shop and restaurant at



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page were blank it would tell a story. Photographs, paintings of a particular genre, books by specific authors, comics (old and new), tea sets, pottery, ceramic animals, birds and mythical creatures, Star Wars or Lord of the Rings or Star Trek or Harry Potter paraphernalia, video games, CD's by favourite artistes and covering favoured styles of music, items of furniture, jewellery (real and fake), shoes, garden tools, power tools – the list is infinite. There is nothing ruled out as grist to the mill for collectors. Whatever it is, judge not, that ye be not judged.

Serious collecting has always been in vogue, even back in the days when money was no object because there wasn't any money to be an object. The pursuit of personal collections was then taken up in Port Isaac as keenly, if not even more assiduously than that, than it is today. Collecting wild flowers and leaves and drying and pressing them in books was one collecting outlet. Keeping chronological lists of identified species of birds seen around the parish was another, although this tended to be eclipsed by a preference to make collections of birds' eggs. Stamp collecting was also popular. The stamps were usually steamed away from letters received at home, a little monotonous perhaps, but it was good to pull together a long array of hinged tuppenny ha'penny stamps. The term "tupneyhapeny" when applied to perceived quality meant just about what "Mickey Mouse" means today.

Another activity pursued with vigour, albeit in short lived bursts, was the collection of car makes and car registration numbers. It worked well as there weren't that many cars around, and from the registration numbers you could determine where the cars had come from. The

collections were dominated by "CV"s and "RL"s. The benefits of collecting car registration numbers were not immediately obvious to those involved, although every now and then a racy combination of registration letters turned up that made the process seem worthwhile. Somewhere, in more than a few attics probably, little notebooks filled with car registration numbers from the 1940's may even now be gathering dust.

Comic strips were cut from the daily newspapers and pasted in sequence onto sheets of paper to form continuous yarns, much in the manner of present day graphic novels. I had access to my Gran's newspaper, the *Daily Mail*, which was then a far superior publication by comparison with the obsequiously right wing tabloid it has become today. This meant that I could collect the adventures of Teddy Tail (a mouse who never quite made it big in the way that Rupert the bear did in the *Daily Express*) and those of Rip Kirby, a lean jawed bespectacled private detective.

Just about every boy managed to gather together a collection of cigarette packets. The empty packets were either obtained at home or picked up in the streets where they had been discarded. The head and shoulders portrait of the bearded naval hero (it said he was a hero on his sailor's hat) set in a lifebuoy frame that *Players* used to such great effect on the front packets of their *Navy Cut* cigarettes were meticulously cut out for collecting. The background inside the lifebuoy frame and surrounding the bearded sailor's head was snipped away to leave the head free so that the next lifebuoy excised in the same way could be hung over it. In this way extended chains of *Players* heroes were accumulated, the longer the better. In my time

the really beautiful and virtually encyclopaedic sets of cigarette cards that were given away in cigarette packets, one card per 10 cigarettes, were no longer available. They had been avidly sought by their collectors and were so important that their appeal has survived the test of time to this day. A typical set contained 50 cards, and dealt with a specific aspect of life, sport, natural history, world history, the military, geography or science, among others. The sets were bound into handsome volumes or presented as framed works of art once they had run their course.

Then came the day, gratifyingly in my time, when *Turf* cigarettes appeared. The *Turf* packet was generally blue and red (I think) and featured a white horse on its front. Inside the packet, on the back of the section that was pushed out to expose the rich array (or not) of the remaining fags, cards were printed, one for 10 once more. The *Turf* cards were monochromatic, and since they were part of the packet, they needed to be cut away from the slide. *Turf* specialised in cards depicting sports personalities and film stars of the day. Boys fought tooth and nail in the streets for possession of a discarded *Turf* packet if one was spotted. Anyone known to be smoking *Turf* was sure to be inundated with requests for the packet when it was empty, and might even be followed around by some boys anxious to be there on the spot when the last fag was hung. Brother battled with brother for possession. There were no holds barred where acquisition of *Turf* cards was concerned. Pokemon cards had nothing on them. It was the most competitive activity of the day. No self-appointed expert or auctioneer could ever expect to judge the true value of a *Turf* card collection and no Life Laundry would ever manage to clean one of them out.

Comfort food for cold days

I find February the most miserable month of all. It is cold, dark and dank. I want to curl up and be cosy. I want log fires, warm sweaters and comfort food. I want Shepherd's pie, I want fish cakes, I want sausage and mash, or even better sausages with bubble and squeak! Oh, yummy! Even writing this I feel a lot more optimistic, full of vim and vigour! Let's make stews and casseroles. A good lamb hotpot, slowly cooking and filling the house with wonderful smells lifts the spirits. A cosy vegetarian casserole can warm us up and give us that 'feel good' factor. I have slightly altered one of Sarah Brown's recipes which I love and use a lot. Welcome February!

Lamb Hotpot (serves four)

500g/1½lb stewing lamb
400g/1lb thinly sliced potatoes
25g/1oz dripping * 100g/4oz sliced onions
1ltr/1¾pts brown stock (beef or lamb stock cubes are fine)
salt & pepper * chopped parsley

METHOD Oven 220°C/425°F/Gas Mark 7, reduce temperature to 150°C/300°F/Gas Mark 4

Trim the meat and cut into even sized pieces. Place in a deep casserole dish and season with salt and pepper. Spread the onion and potatoes on top of the meat, overlapping the best-shaped slices of potato on the top. Season again. Add the dripping in small pieces and then gently pour the stock over the top. Place in a hot oven for 30 minutes and then reduce the oven heat and cook for a further hour. Sprinkle with parsley and serve with vegetables of your choice.

Cheese & Lentil Loaf (serves four)

175g/6oz lentils * 350ml/12fl oz water
110g/4oz grated cheddar cheese
1 peeled and finely chopped onion
1tbsp chopped fresh parsley
½tsp cayenne pepper
juice of ½ lemon * 1 large egg
salt & pepper * butter to grease the dish

METHOD Oven 190°C/375°F/Gas Mark 5

Rinse the lentils and cook, with a tight fitting lid over a low heat, in the water for 10-15 minutes. Add more water if necessary and cook to a stiff puree. Whip the egg and add to the lentils with the cheese, onion, parsley, lemon juice and seasoning. Beat well and pour into a buttered 450g/1lb dish. Cook for 40-50 minutes until firm to the touch and golden. I serve this with broccoli, jacket potatoes and a good dollop of Greek yoghurt.

Sustainable fisheries - it's your choice!

The entire marine environment is under increasing pressure from a variety of threats, fisheries being a major problem. We are encouraged to eat fish to maintain a healthy diet yet our ability to catch this food source has become too efficient and is sweeping up the remaining stocks faster than they can reproduce. At present levels, this is far from sustainable and without careful management of fish stocks and the seas that provide their habitat, our seas will soon be devoid of life.

A current fishery that has recently been in the news and is thought to be the main cause of the majority of the dolphin deaths around our coasts is the pelagic pair trawl fishery for bass. This fishery not only kills huge numbers of dolphins – over 200 were washed up on Cornish beaches during 2003 – but is in itself wholly unsustainable and very likely to lead to a collapse in bass stocks.

This is nothing at all to do with our local inshore fishermen; it is a European Fishery. You can help save the dolphins, the fish stocks

and support our local fishermen through consumer choice. Ask questions at the fish shop or in the supermarket or when you are in a restaurant about where the fish comes from and how it was caught.

- ☐ Buy a variety of different fish to take the pressure off the popular few.
- ☐ Buy locally caught fish which supports the local economy and is also a fresher product.
- ☐ Ask how it was caught. As a rule, the more 'traditional' methods like hand-lining, potting and diver caught are the best options and cause least damage to the environment and less bycatch.
- ☐ Buy what is in season or locally abundant and avoid exotic species.
- ☐ If you do buy farmed fish, choose organically farmed as they used less chemicals. However, farmed fish has other implications as they are fed large amounts of commercially fished food – a problem in itself!

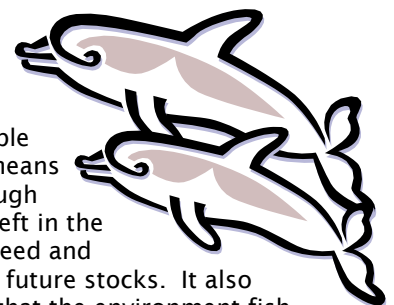
Sustainable fishing means that enough fish are left in the sea to breed and maintain future stocks. It also ensures that the environment fish live in is kept healthy so that we can continue to utilise this valuable resource in the future.

The Cornish coast provides an incredible diversity of seafood from mackerel and bass to crab, lobster and scallops.

By choosing local sustainably caught fish you can help save the dolphins, the fish stocks, support our local fishermen and get better quality fish on your table! It's your choice.

More information can be found on www.mcsuk.org which lists fish to avoid and those you can eat with a clear conscience!

*taken from an article by
Marine Conservation Officer,
Ruth Williams,
that was printed in Seaquest,
South-West, Autumn 2003*



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(and thanks to the Golden Lion when in times of panic!)

The Slipway will be opening on 12 February for a special Valentine weekend, school half-term and winter breaks from Thursday-Sunday during February and early March.

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Email: caringcompany@fsmail.net

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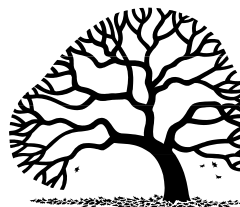


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On Saturday February 14th we will be holding a St Valentine's Night party
with music again provided by 'SOUND WAVES'

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Every month over 600 copies of *Trio* are bought either by locals, second homeowners, visitors or people who just love Port Isaac. Why not advertise your business in the *Trio* Directory? Prices start at £2.10 for a single block and go up in in blocks of £2.10, ie £4.20, £6.30, £8.40, £10.50, £12.60 etc etc.

To find out more contact Sam or Dee on 01208 880905/880862 or email: deesam@btopenworld.com

£2.10

Monday February 2nd
'In the Bag' recycling kerbside
collection – put bags out by 7.00am

Thursday February 5th
STEER Forum Meeting in the Village
Hall – 7.30pm

Sunday February 8th
Evening Worship with Taize Music by
candlelight in St Endellion Church –
6.00pm

Thursday February 12th
Golden Circle 40th Anniversary
Celebration Day in the Village Hall –
everybody welcome for tea at ???.?pm

Monday February 16th
'In the Bag' recycling kerbside
collection – put bags out by 7.00am

Tuesday February 17th
Whist Drive in St Endellion Church
Hall – 7.30pm

Wednesday February 25th
Steve Knightley & Martyn Joseph in
Concert at the Pottery – 8.00pm

Saturday February 28th
Port Isaac's Annual Mount Edgcumbe
Hospice Day Sale & Lunch in the
Village Hall - doors open at 10.30am;
lunch from 11.45am onwards

Monday March 1st
'In the Bag' recycling kerbside
collection – put bags out by 7.00am

Thursday March 4th
STEER Forum Meeting in the Village
Hall – 7.30pm

Monday March 8th
**Back by popular demand – The Old
Ropestring Band** in the Village Hall

Sunday March 14th
Evening Worship with Taize Music by
candlelight in St Endellion Church –
6.00pm

Monday March 15th
'In the Bag' recycling kerbside
collection – put bags out by 7.00am

Tuesday March 16th
Whist Drive in St Endellion Church
Hall – 7.30pm

Wednesday March 24th
Trelights Village Green Committee
AGM in the Methodist Schoolroom –
7.30pm

Monday March 29th
'In the Bag' recycling kerbside
collection – put bags out by 7.00am

Thursday April 1st
STEER Forum Meeting in the Village
Hall – 7.30pm

Saturday April 10th
Port Isaac Gig Club 'Gig' in the Village
Hall

April 11th – 18th
St Endellion Easter Festival

Monday April 12th
'In the Bag' recycling kerbside
collection – put bags out by 7.00am

what's on

Friday April 16th
Village Hall Supper Evening - an
evening of food and fun - watch this
space!

Tuesday April 20th
Whist Drive in St Endellion Church
Hall – 7.30pm

Wednesday April 21st
Village Hall AGM in the Hall –
7.30pm - come along and find out
what is happening to YOUR Village
Hall

Monday April 26th
'In the Bag' recycling kerbside
collection – put bags out by 7.00am

Thursday May 6th
STEER Forum Meeting in the Village
Hall – 7.30pm

Tuesday May 18th
Whist Drive in St Endellion Church
Hall – 7.30pm

May 28th – 31st
Port Isaac Music Festival -
three whole days of indoor and
outdoor live music with something
for everyone

Thursday June 3rd
STEER Forum Meeting in the Village
Hall – 7.30pm

Tuesday June 15th
Whist Drive in St Endellion Church
Hall – 7.30pm

Sunday June 20th
RNLI Annual Lifeboat Service on the
Platt

Thursday July 1st
STEER Forum Meeting in the Village
Hall – 7.30pm

Saturday July 3rd
Port Isaac Gig Club Day at Port
Gaverne

Tuesday July 20th
Whist Drive in St Endellion Church
Hall – 7.30pm

Thursday August 5th
STEER Forum Meeting in the Village
Hall – 7.30pm

Saturday August 14th
Port Isaac Gig Club 'Gig' in the
Village Hall

Sunday August 15th
Lifeboat Funday - Port Isaac RNLI's
annual day of fun and games , food,
stalls and music for all the family on
the Platt

Tuesday August 17th
Whist Drive in St Endellion Church
Hall – 7.30pm

Thursday September 2nd
STEER Forum Meeting in the Village
Hall – 7.30pm

Tuesday September 21st
Whist Drive in St Endellion Church
Hall – 7.30pm

Tuesday October 19th
Whist Drive in St Endellion Church
Hall – 7.30pm

Tuesday November 16th
Whist Drive in St Endellion Church
Hall – 7.30pm

Tuesday December 21st

REGULAR EVENTS

Port Isaac Playgroup – every Tuesday and Thursday (not during school
holidays) from 10.00am to 12 noon in the Village Hall.
Contact Emily Brown on 01208 880707

Local History Group – The first Friday in the month in Port Isaac Village
Hall. Contact George Steer on 01208 880754

Port Isaac Chorale – Every Tuesday from 7.30pm-9.30pm in Port Isaac
Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers – Every Monday at 8.00pm in Trelights Chapel.
Contact Joan Murray on 01208 880548

Golden Circle - The second Thursday in the month from October to April
from 2.30pm - 4.00pm in Port Isaac Village Hall.
Contact Penny Manders on 01208 880022

Learning Together - Every Monday during term time from 1.30pm - 3.15pm
in Port Isaac Primary School. 3 and 4 year olds to come along with an adult

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am.
Every third Sunday - Said Eucharist at 9.30am, Family Service at 10.15am.
Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm.
Fellowship Service - last Thursday in the month at 7.00pm

Want to find out what's happening in the Village?
Read your *Trio* and look on the *Trio* Diary page.
Remember to make sure that your event is included here!