



TRIO

The Port Isaac, Port Gaverne
and Trelights Newsletter
No: 248 • November 2004 • 35p

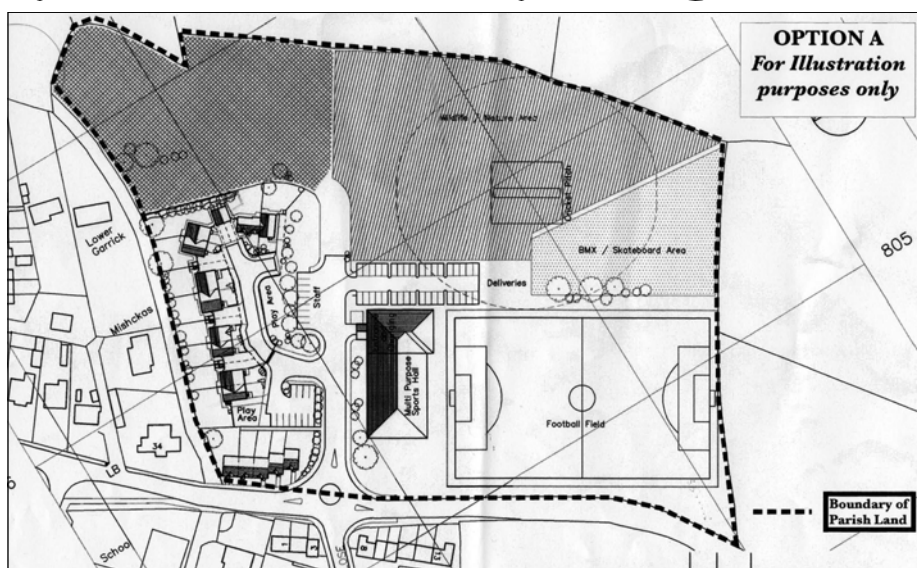
Plans for Sports Hall progress

An enthusiastic working group, headed by second homeowner David Shephard, was formed to progress the proposed village Sport's Hall, at a Public Meeting held on October 6th. in the Village Hall.

Mark Rowe, in the chair, was joined on the top table by David, Barbara Bell and Malcolm Lee. Ten people made up the audience. A first class presentation outlined the plans and many questions were answered. Malcolm Lee allayed fears on the new hall's use assuring those present that "the new hall is for sports use only and there is no intention of using it for any other community use".

If the enthusiasm of those involved is anything to go by this new venture will certainly be a success.

David Shephard has written a full report of the meeting and the way forward and this can be found on page 12.



Just one of the proposed designs for this new complex

Old Time Music Hall

Port Isaac Village Hall

Friday November 5th - 8.00pm

Tickets £3 on the door to include a pasty

Come and enjoy a good sing-song

**Wear your
poppy with pride**

House-to-house collectors will be knocking on your door up until Poppy Day on Saturday November 13th. The Armistice Day Service will be held in St Peter's Church on Sunday November 14th at 10.45am.

Buy a poppy
and remember ...



**Firework Display
Port Gaverne
Saturday November 6th
6.00pm**

THIS ISSUE

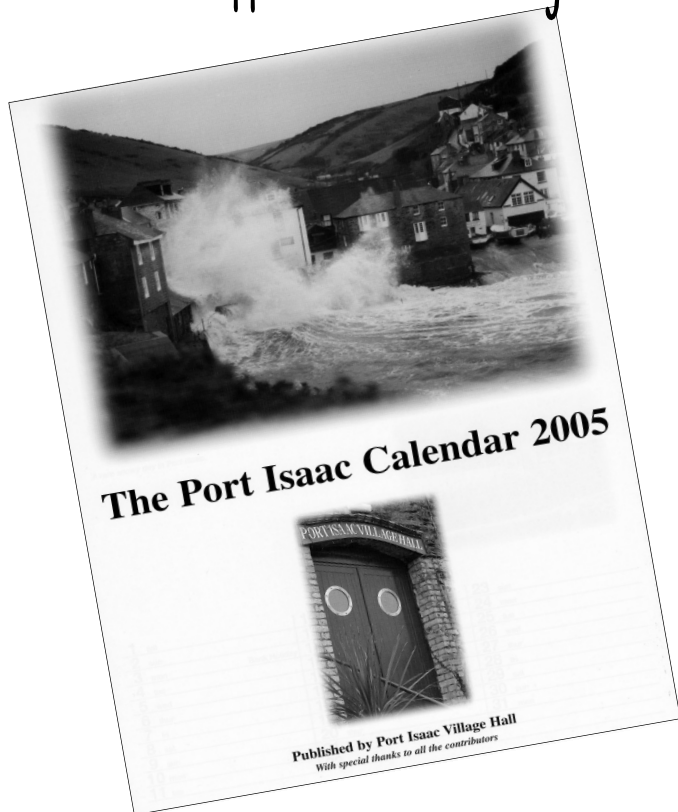
All the usual news plus

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Ideal Christmas gifts



Buy a really special present
and support Port Isaac Village Hall at the same time



The Port Isaac Calendar 2005

£8.50

Available from *Secrets*,
Port Isaac Pottery,
Port Hair or The Edge

Mail order: Send a cheque for the sum of £10.50 (this includes £2 p&p) made

payable



The Mermaid

by Laurence Llewelyn-Bowen



Signed Limited Edition Print

£50 unframed

Purchase from *Secrets* or by mail order -

Tel: 01208 880862 or 880905

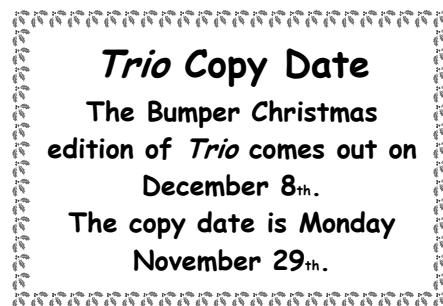
Email: deesam@bopenworld.com

all proceeds to Port Isaac Village Hall



You're too late missus!!

At the time of going to press there were less than a handful of tickets left for the December 28th & 29th performances of Aladdin, this year's Port Isaac Pantomime. The last two performances are totally sold out!



Trio Copy Date

The Bumper Christmas edition of *Trio* comes out on December 8th.

The copy date is Monday November 29th.

Trio is issued eleven times a year and is available in local shops or by post - £12 per year in the UK. Overseas rates on application.

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

To advertise in the *Trio* telephone 01208 880862 or 880905

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Email - deesam@bopenworld.com

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STOP PRESS A Youth Club for Port Isaac

Well, it depends on more support from adults especially men!
There's clearly a need for a youth club as shown from a recent survey of village primary school children, and by the young people who attended a meeting in the Village hall on Monday 25th October. But are there enough men and women prepared to help run one? Mrs Sheila Stevens, Deanery Youth & Children's worker, and five other women have indicated their willingness to be involved, but men are also needed so that a committee can be formed and a rota of helpers set up.

The decision about whether to go ahead will be made at a second meeting to be held on Monday 8th November at 7.00 pm in the Church Rooms. Please come along and offer to help.



Date set for Hospice Day

Saturday March 5th is the date for next year's Port Isaac Mount Edgcombe Hospice Day in the Village Hall.

We won't be changing our successful formula of sale and lunch, so as usual there will be lots of bargains, cakes, raffles and lunches from Janet and her team.

So why not have a pre-Christmas clear out? But remember, we've got really picky and only want things you would want to buy yourself and we don't want clothes.

Most of us have personal experience of the wonderful care given by the staff at Mount Edgcombe. None of us know when we may have need of the special care they give and the comfort they bring to so many. Mount Edgcombe is mostly funded by voluntary donations and our Hospice Day is our way of doing our bit.

If you do have anything you would like to donate to the sale it would be really helpful if you could hang on to it until after Christmas. If that's an impossibility just give me a ring on 01208 880905 or 880862 and I will sort something out. Also, all offers of help - especially with the clearing up afterwards - gratefully received!

Dee

Why is it that if someone tells you there are one billion stars in the universe you believe them; but if they tell you that a wall has wet paint you have to touch it to be sure!

Bingo!

You know Christmas is not far away when it's time for the annual Bingo in aid of the mentally handicapped. It will be held in the Church Rooms on Tuesday December 7th starting at 7.30pm.

As usual the prizes will be with Christmas in mind and everyone is welcome to come along and join in the fun. Free tea and mince pies will be served during the interval.



All proceeds will be given to the Priory Centre, Bodmin, the local centre for mentally handicapped adults.

Village Hall latest ...

We are pushing on with our ongoing improvements in the Hall and are pleased to announce that the Parish Council has kindly submitted, on our behalf, the planning application for the disabled access and toilet facilities and new universal access kitchen. We do not envisage any problems and look forward to commencing work as soon as possible. This will be the biggest project to date undertaken by the committee (without the aid of 'DIY SOS') and will, when completed, make the Village Hall and all its facilities available to everybody. Obviously this project is going to cost a lot of money and it looks as if it will be solely financed by our fundraising.

We are currently awaiting a reply to a grant application towards the badly needed refurbishment of both the ladies and gents toilets. Subject to grant approval we would like to complete this project before Christmas. The plans include new safety/hygiene flooring, floor to ceiling tiles, hot water, hot air hand dryers and a baby-changing unit.

Our major fundraising for the remainder of this year is the continuing sale of the Port Isaac (Port Wenn!) calendar and the limited edition 'Mermaid' print by Laurence Llewelyn-Bowen. The calendars are selling like hot cakes since the screening of 'Doc Martin' so buy early and don't miss out. Both the calendar and the print will be available at the St Peter's Church Christmas Market in the Church Rooms on Saturday November 13th, the RNLI Christmas Market in the Village Hall on Saturday November 20th and at Tesco in Wadebridge (by kind permission of the manager, Steve Dillon) all day on Saturday

December 4th. You can also buy your calendars in the village from *Port Isaac Pottery*, *The Edge* and *Port Hair*. They are also for sale in *Secrets* along with the 'Mermaid' print.

I would like to take this opportunity to say a personal thank you to all the committee members who give their time freely and work hard to raise funds for our Village Hall. Without their devotion we would get nowhere. At the same time I would also like to thank the many non-committee members - they know who they are - who are always willing to help when asked.


Christmas Lights

 The
BIG

Switch-on
Saturday December 18th
6.30pm
St Breward Band
Carols
Mulled Wine &
Mince Pies


Port Isaac Sports Facility Project



The 2003 St Endellion Parish Plan identified a number of regeneration projects one of which was "To provide additional community sports and leisure facilities". Over 60% of the Parish completed the questionnaire and the outcome was a very positive endorsement of this idea, with 82% agreeing or strongly agreeing. In a separate survey of 11-18 year olds, 96% agreed or strongly agreed.

In June 2003 the Port Isaac School Head approached the Parish Council to see if an all weather sports facility could be provided, and offered a substantial contribution to the capital cost. A subsequent meeting with the Education Authority indicated that, providing the facilities would be of use to the school, it would make a capital contribution, as well as an annual contribution towards running costs.

In August the Parish Council met with North Cornwall District Council to discuss the responses to the affordable housing questions within the Parish Plan Survey. A proposal was put forward to dispose of a part of the existing Port Isaac playing field for affordable housing for local families and use the proceeds, together with the school and the education authority contribution, to part fund an expansion of sports facilities into the adjacent field.

At a public consultation in November 2003 at the Port Isaac Church Rooms over 70% of those who participated agreed with the proposals.

A public meeting was held in the Village Hall on 6th October 2004 to discuss the project and considered:-

Type of facilities? - The school want an undercover hall, capable of playing 5-a-side football, with an outdoor soccer pitch. The hall will also need changing and toilet facilities.

Other sports initially being considered are badminton, basketball, tennis, football, cricket and training plus storage for the Gig Club. Members from these groups attended the meeting on 6th October. We also need to consider other sports which may be supported so that the hall can be designed to meet their needs.

Potential cost? - This will depend on the final design and requirements, but the total project may well be in excess of £400,000.

Funds available? - Depending on the District Valuer's independent assessment of the land value for affordable housing, it seems likely that initial public contributions could be about £250,000.

Why do we need a local group? - North Cornwall District Council has advised that to obtain grant aid community involvement is crucial. A local voluntary group needs to be set up to be directly involved in grant applications and undertake some fund raising. Barbara Bell reported that her next-door neighbour who lives in Bristol has a wide network of friends who are also Port Isaac second homeowners. He is willing to organise a group to support the project and is prepared to head this area of fund raising, with help from Linda Miller of Brays.

Terms of Reference of the Action Group

- 1 Design and cost the facilities following discussion with the school and the various sporting bodies and in liaison with the architect
- 2 Establish an organisation that can maximise the benefits available to Charities or Community Amateur Sports Clubs through fund raising.
- 3 Prepare a Business Plan to show that in its own right that the Sports Club is financially viable and will be established to support sports in the community.
- 4 Liaise with Grant Bodies to organise matched funding
- 5 Present the ideas to the community for their views

David Shephard has agreed to co-ordinate this project. He has owned a house in the village for almost 20 years; he is a Director and company Secretary of Regeneration North Cornwall; he is Chairman of Woodford Rugby Club, which has built a new club house and had to raise the funds to support that development.

The October meeting established an Action Group to progress this project. If you have any points that you would like to be considered or would like to be involved please call David on 01992 814103

CHRISTMAS FAYRE

Trelights School Room

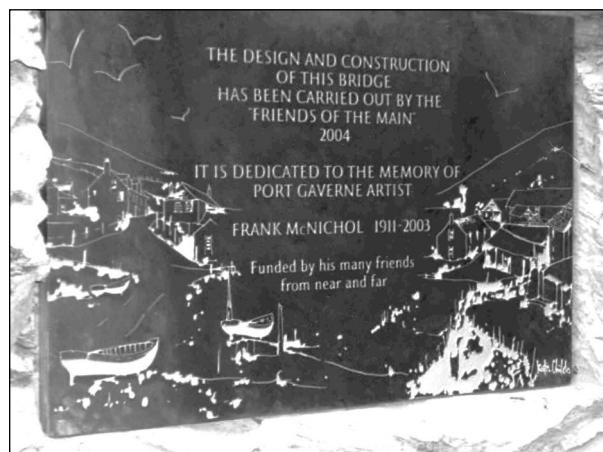
Tuesday December 7th
at 2.30pm

Raffle
Bric-a-Brac
Cake Stall
Refreshments

Proceeds for
Children's Hospice and
Air Ambulance

Sadly, Port Isaac RNLI fundraising committee will be unable to serve mulled wine in the Boathouse on New Year's Eve. However, we would be more than happy for any other organisation to take it on. Please contact Phil Tidey on 880783 as you will need his permission to use the Boathouse.

Annie Price, RNLI Chairman



A permanent memorial to Frank McNichol

With the Frank McNichol 'Art Workshop' now fully established and underway it is appropriate that the memorial slate, engraved and sculpted in his memory, is now fixed into place for all to see.

All who visit The Main at Port Gaverne over the new bridge, constructed by the 'Friends of the Main' and part-funded by Franks many supporters, may now view this fine artwork deeply cut into the landward side of the rock face just by the entrance to the bridge, as one enters from the quay side path - a route taken by Frank, sketch book in hand, so many times in his lifetime at Port Gaverne.

Frank's Art Days

There is nothing to beat a day spent "cuttin'n'stickin'", especially with the artistic direction of Katie Childs to direct us along. Letting us loose with sharp scissors and plenty of glue, you could have been forgiven for thinking that the playgroup had run amok in the Village Hall at the October Art Day. However, it all came miraculously together with the final sweep of the pritt stick, as we drank our last cuppa and ate the last slice of chocolate cake. Amazing what hidden talent's there are in Port Isaac!

So, thank you Katie and welcome to Vaughan Warren who will be introducing us to watercolours for our November Art Day on Wednesday November 17th. If you want to come along it starts at 10.30am and if you haven't already put your name down, please let me know on 01208 880625.

And we've said it before, don't be nervous! Just come along and enjoy yourselves. Don't worry about 'lack of talent' - everyone has some, however deep you may feel it is hidden! It's a great day out and you'll surprise yourself with what you can achieve (especially after a glass of wine at lunchtime!).

Just a reminder; if you have your own watercolours and brushes, please bring them along for the next session. Cost - £5, pay on the day.

Barbara

Why do croutons come in airtight packages? It's just stale bread after all!

The design of the Delabole slate plaque has combined the work and skills of two artists, Katie Childs and sculptor Anthony Fanshaw. Katie's unique style of illustration showing a Port Gaverne scene surrounds the memorial wording and this has then been translated into the slate by Anthony using a special etched and cut process infilled to give a verdigris effect. Thanks go to Katie and Anthony for the time, care and effort they put into achieving what is a fine memorial to a special man.

Apart from the interest and financial donations made by Frank's friends in Port Isaac, Port Gaverne and the surrounding area, continuing support has come from the Camel Art Society who have given two donations to the McNichol Memorial Fund and also allowed the limited edition reproduction of Frank's popular 'Moonlight Over Port Isaac' painting to be sold during their summer exhibition; this has helped to raise funds for the fund and a tutorial day is proposed for the Camel Art Society funded by the McNichol Art Workshop.

Fine Art reproductions are available from several of Frank McNichol's original paintings. All funds raised go towards the Art Workshops. If you are interested contact Bob Bulgin on 01208 880765

The Friends of Port Isaac School
invite you to a

CORNISH SUPPER 

& RACE NIGHT

on Friday November 12th
in The Village Hall

Doors open at 7.00pm
First Race at 7.30pm (ish)

£3 entrance
to include a Cornish Pasty

all profits to
Port Isaac School




The Trafalgar Ball



As everyone must know, next year is the Bicentenary of the Battle of Trafalgar, an event that in the history of our nation was perhaps one of the most defining moments, establishing Britain's naval supremacy for over a hundred years, enabling the phenomenal growth of Britain's trade and empire. In particular this event is worthy of remembering for the leadership, heroism and courage of Nelson's captains and crews who reach across the years to touch us still today.

Throughout the country there will be many events taking place under the banner 'Sea Britain 2005' and here in the west there is a very special significance. It was here the first news of the Victory and Nelson's death came ashore, carried by fisherman of Newlyn and Penzance who met HMS Schooner Pickle at sea en route from Trafalgar to Falmouth, before speeding on it's way by road to London, the despatches carried by the Captain of HMS Pickle.

With our close alliance to the sea, the RNLI in Cornwall felt it appropriate to mark this once-in-a-lifetime event in a significant way. We are looking into the possibility of running a summer 'Trafalgar Ball'. Many will remember that in 1999 we staged a major ball at Trewetha for over 650 and two years ago another smaller event at Bob Sloman's farm. Both were very successful, so it is with this in mind, we have been discussing the possibility of us working together with Fowey and Rock RNLI with the support of Dave Nicoll, RNLI Fundraising Manager for Cornwall and Tamsin Thomas, RNLI Media Relations-South to run a 'Trafalgar Ball'.

The cost and work involved in staging such an event is considerable, particularly in arranging entertainment and catering of a high standard so as to make this truly a memorable evening. We have an invitation from Countess Pinky le Grelle to have a marquee set up in the grounds of her estate at Colquite, Washaway. This is a convenient, easy to reach location and a date has been discussed which is July 29th 2005. Several celebrities have indicated their support if we go ahead. Additional to the Lifeboat Stations that would run this event, tickets will, of course, be available throughout Cornwall.

However, before we make a final decision, we do need to know what support there is. The aim will be to accommodate 600 people at a sit-down dinner with multiple live music and disco to suit all tastes plus full bar, tombola and other side attractions. We already have a star Caribbean Holiday in a beautiful house, together with staff situated in Sandy Lane Barbados pledged by the owner with covering air tickets for a lucky winner if we do go ahead.

There would be tables of ten and the cost will be something in the order of £45 per head which would include some wine on table pre dinner. We have to make a final decision if we do want to progress on this by November 22nd so all those out there who have been asking when are we going to have another 'ball to remember', how about it? Can you give us some feedback by indicating your interest and some idea of the number of tickets you may require? If you would like to know more or discuss in any way please contact before November 22nd either Bob or Sandie on 01208 880765 or Carole on 01208 880581.

Bob Bulgin, Port Isaac RNLI Press Officer

RNLI Christmas Market & Lunch

Don't forget the Port Isaac RNLI Christmas Market on Saturday November 20th in the Village Hall from 11.00am onwards. Apart from the numerous stalls, hot food, drinks and fun, we believe that Father Christmas just may have time to make an appearance.

If anyone would like a stall please contact me, Annie, on 01208 880386. We only ask for a donation for the RNLI of £10 a stall.

Port Isaac RNLI Diary Dates

Saturday November 20th
Christmas Market & Lunch in
Port Isaac Village Hall -
11.00am onwards

Friday November 26th
Slide-show presentation by
Paul Gilbert. 'Trek to
Everest - a fascinating
adventure'. Food and drink
available. Port Isaac Village
Hall - 8.00pm

Thursday April 21st 2005
AGM and Annie's departure
after ten years as Chairman.
A big party is promised
following a short meeting!
Port Isaac Village Hall -
8.00pm

Sunday August 21st 2005
RNLI Funday on the Platt and
the beach

Harvest Festival update

The Port Isaac RNLI Harvest Festival and Auction, held at the Port Gaverne Hotel on October 1st, was yet another success. Thanks to everyone who kindly donated items towards the evening's event and all those who so generously bid for a huge variety of goods. We raised over £1200 - brilliant!

A very special thankyou to Graham and Annabel for offering their hotel as the venue and to all 'The A Team' who worked so hard keeping us all in food and drink. Also thanks to Father Michael for conducting the short service of thanks for the harvest and the safety of our lifeboat crew. I must admit the hymn singing was marvellous this year with the added voices of male walkers and guests of the hotel who seemed to relish all the crazy carry-on!

Remembered by Name

This month of November is much occupied with remembering. All Saints are remembered on November 1st, All Souls on the 2nd, Guy Fawkes on the 5th, and all who died in war on the 11th and the Sunday nearest to it.

To remember and to be remembered is uniquely human, and we human beings devise countless ways to ensure that we, and those we love, will be remembered after death. And always, whether it's a grave stone, a plaque, a war memorial or a gift given in their memory, it's the name of the loved one which is all-important.

Soon, in villages, towns and cities, including here in Port Isaac, the names of those who gave their lives in the service of their country will be read aloud. And perhaps we will wonder if their self-sacrifice was worthwhile, as we look at our world, at the acts of violence, cruelty, injustice and unspeakable wickedness which human beings daily commit within it.

Even if we believe in God, when confronted with such evil and suffering, we may feel helpless and be tempted to despair. We may be tempted to believe that there's no connection between God and what happens in the world - between our prayers and events.

Archbishop Rowan Williams understands our dilemma. He says, "The Christian's problem is, 'Can God love and act and heal when there seems to be nothing worthy or loveable; when the whole world seems enslaved to cruelty, betrayal and pain.'"

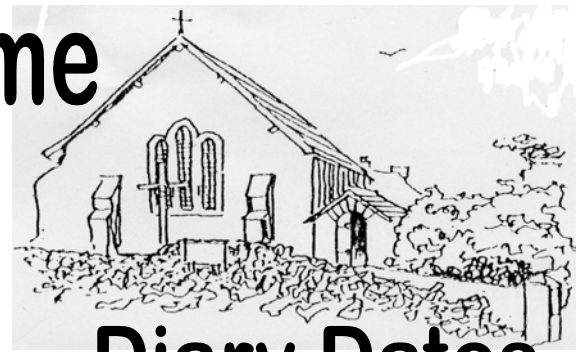
And he answers this question by saying, "And yet this is exactly what God's love is like. It's there before there's any hope, any light, any merit. There's no place however terrible - even as terrible as Auschwitz or Ground Zero where the love of God can't go. And the reason for this is the Cross of Christ. For here we see love made visible. On the Cross, in his own suffering and dying person, Jesus holds together God and the world, love and suffering, light and darkness. It's a costly struggle, so our prayers will be a struggle, too.

But acknowledging our failings and shortcomings, admitting our need for forgiveness, being willing to say sorry are means by which God can use us to bring about reconciliation, to heal the wounds of the past, to bring peace with justice to our broken world."

In many families, in many communities and workplaces, and yes, in many churches, there is conflict, division, resentment and bitterness, there is an unwillingness to say sorry, a refusal to forgive. So when we despair of our troubled world, when we long for or pray for there to be peace, let's also look at ourselves and pray and work for reconciliation and healing in our relationships.

Judith Pollinger

Sunday November 7th



Diary Dates

2.30 pm - Truro Cathedral Workshops

6.30 pm - 'Kato' Rock Gig (ring 880181 for details)

Friday 5th November

7.00 pm - St Kew Church United Benefice Confirmation by the Bishop of Truro

Sunday November 14th

6.00 pm - St Endellion Church, Evening Worship with Taize Chants by candlelight

Sunday December 5th

6.00 pm - Luxulyan Church Deanery Youth Worship

Sunday December 12th

6.00 pm - St Endellion Church Evening Worship with Taize chants by candlelight

Jim May (Pop)

Jim, Sandy & Sam would like to thank everyone who attended Pop's funeral and for contributing towards the sum of £603 that was collected in Pop's memory. This will be split between the National Asthma Campaign and the Air Ambulance.

Thank you to Father Michael for such a lovely service and also to Janet Townsend for playing the organ.

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers to the area.

Telephone Katrina Gill (co-ordinator) on 01208 850465

St Endellion Church Hall

RUMMAGE SALE

Saturday November 20th

10.00am - 12noon

Customers pay £1 for each carrier bag and then fill it with as much jumble as you can (jumble, books, white elephant, toys etc)

Everybody welcome

More information from Pam Richards on 880381

Flower Displays?

We often visit St Ives and are always impressed by the display of flowers in the streets. They always look good and are a credit to the town. On investigation we have found out that they are financed, planted and maintained by the local council. Obviously St Ives is a lot bigger than Port Isaac so it's unlikely that such a project could be financed here. However, we floated the idea at a recent STEER meeting and whilst those present seemed in agreement, such a project would need to be self-financing. So...

What about all the businesses – and maybe second homeowners? - getting involved? There are two new lady gardeners who have moved into the village. They are RHS (Royal Horticultural Society) trained and in their words 'very nice ladies' (they thought we wouldn't put that!). We have spoken to them and they are happy to be the 'gardeners'. Probably the only way it would work here is for individual businesses to have their own hanging baskets, window boxes or wall displays. An annual payment would include the provision of these and the ongoing maintenance. This would be a start and if all the businesses took part there could possibly be enough money available to include some more general displays.

As we said, these are only our initial thoughts on the project and you may have some better ideas. Give us a call either at the shop on 01208 880862 or at home on 880905. There is definitely not going to be any committees or meetings involved!

Sam & Dee



Lighten up ...

Trio is the parish newsletter and as such hopefully contains news and information about things that have happened, are happening or are about to happen in St Endellion. We encourage your letters and contributions and would welcome more so that we can present everyone's views.

However, it does seem that some people are using *Trio* as their own personal mouthpiece to just moan and complain. Lots of readers have mentioned this to us and want to read something different. We're in a 'Catch 22' situation, as we want your contributions but ... we don't want you to stop sending us your views. We'd just like sometimes to receive some positive comments.

Let's face it, we live in the best village in the world. Just look at any tourist blurb about Port Isaac or see how beautiful our village looks on TV in 'Doc Martin' and then remind yourself that yes, we live here. We have a wonderful community who care about the village. There's always lots going on for anyone who wants to take part or get involved. We are very lucky. Nothing in this life is perfect but, in our opinion, living here is about as close to perfection as we are going to get.

Sam & Dee

Spotlight on a local chef Karen Smith The Edge



Spiced Crab Parcels

- 1 packet filo pastry * 500gm white crab meat
- 1½tblsp Nam Pla (fish or squid sauce) * 1 finely diced red chilli
- good handful chopped coriander * 2cm sq piece of ginger, finely diced
- 1 lemongrass, trimmed, peeled and finely diced
- 3 lime leaves - fresh or frozen (not dried), cut into fine strips
- 1½tblsp melted butter * pepper
- a further 2tblsp melted butter

Method

Mix all the ingredients, except the last 2tblsp melted butter, in a large bowl until thoroughly combined.

Lay out a sheet of filo pastry and brush with the melted butter. Lay another sheet of pastry on top and brush with melted butter.

Cut these two sheets of pastry into four squares. On to each square put about a quarter of a spoon of the crab mixture - not too much or the sides won't meet. Gather up the sides of the pastry to make a small parcel or purse.

Repeat until all the pastry sheets and crab mixture are used.

Bake in a moderate oven, 180°C, until golden brown.

Serve with spring onion, green salad leaves, cucumber, bean sprouts and a good chilli dipping sauce.

Following the recent Grand Auction and other donations, Port Isaac Village Hall Committee has handed over £1648.28 each to Boscastle and Crackington Haven Flood Relief Funds.

This is in addition to nearly £6000 raised in Port Isaac and handed over to the villagers of Boscastle in September.

Congratulations to
Buzz & Vanessa
on the arrival of little

Archie

8lb 4¾oz

September 27th

2004

Well Done!



ing money for charity

We have had two non-uniform days in school recently.

We raised £36.67 on Jeans for Genes Day and also collected £21.79 to send to the Beslan Fund in Russia.

Book Review

The Killer Underpants

by Michael Lawrence

Join Jiggy McCue and his pals Pete and Angie, aka The Three Muskateers - one for all and all for lunch! - in their latest pant-astically funny adventure! A great book!

Nathan, Year 4

Harvest Festival

We went to the lifeboat house for our harvest festival. We sang two songs; one called pears and apples and the other called sharing bread.

Miss Martin's class sang a song about fruit and they wore fruity hats they had made!

Lots of parents came to watch and afterwards we sold a lot of fruit and vegetables and will send the money we collected (£19) to the starving children in the-Sudan.

Rosie, Year 5



schoolchat

Port Isaac School
news and views



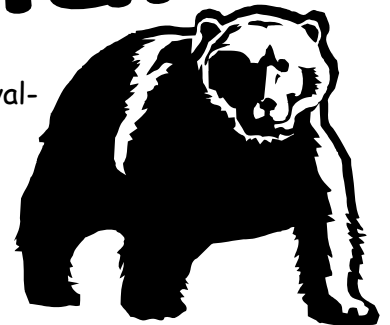
A visit to the Museum

We are looking at the Ancient Egyptians in our history lessons and Mr Bishop took us to the museum in Truro to see a mummy and take part in a workshop. This was really good fun because we got to act out an Egyptian play and I was the Goddess of Love. We got a chance to go in the Egyptian shop and I bought two purple crystals.

Roxy, Year 4

Bear Hunt

Our class went on a bear hunt in the valley. Our teddy bears were very cheeky and they went off on their own adventure, leaving clues for us! We were not scared!



We followed the trail and everyone got very muddy - even Miss Martin. It was great fun.

Liam, Asa, Sam, Holly and Tomas, Year 1

RIDDLE OF THE MONTH

I am in Him

I am in Her

I am in You

What am I?

Jack, Year 5

(answer in next months Trid)

Joke of the Month

Why didn't the skeleton go to the dance?

He had "no body" to go with!!

as told by Ronnie, Year 3

Learning Together

Calling all three and four year olds!

Come along to school every Monday afternoon from 1.00pm to 3.15pm and have some fun with Miss Martin's class and the Reception children.

Just one thing - you have to bring a parent or adult with you.

All welcome

Judging by the fact that, at the time of writing, I only have 23 tickets left for our Halloween 'do', I think I can safely report now that it will be/was a success! Critical acclaim I'll leave for next month!

Does anybody care?

I went to the meeting in the Village Hall a couple of weeks back, about the proposed sports facility to be built on the playing fields. Simon and I were the youngest people there. We are not, nor do we have any intention of becoming, parents. I was appalled to see that a meeting to discuss a plan that could be so radical in its effect as keeping the school open (by stopping attendance haemorrhaging to other schools in the area), was so poorly attended. For Pete's sake, this facility is going to be for you and your children. Get off your bums and go and voice your opinion about what it could or should comprise. Or perhaps you intend waiting until the place is open, before bemoaning the lack of a sports facility you would use ...

I was there as a rep from the rowing club, and was able to suggest such a luxury as dry storage for a gig, and equipment we could use for winter training. In January of next year we are initiating a membership drive. With our new gig due for delivery next spring, we will be in a much better position to attract new members. The prospect of being able to provide a year round fitness

Pudding Club success



Jan's Pudding Club, held in the Village Hall on October 16th, raised over £1300 for the Brooke Hospital for Animals.

A big thankyou to everyone who helped, particularly the other Jan (Chadband), and to everyone who supported in so many generous ways. Not forgetting everyone who attended and helped make Jan's Pudding Club such a special and successful evening.



programme in the village, which need not necessarily cost a fortune (unlike all the private gyms in the area), should see the club in a very healthy position to compete with other local clubs for members. Perhaps (dare I say it) we might even be able to widen our membership in this village.

I must point out that although the opinions I have voiced are personal ones, which you might think were better addressed through the letters page, if it weren't for my involvement in the club I would not have been at the meeting. Therefore I think comment is due through this mouthpiece. Right, enough of the hectoring tone!

Prohibition Casino Night fundraiser

Saturday December 11th sees the launch of our fundraising efforts for the new Gig, with a Prohibition Casino Night in the Village Hall. We will have three tables for you to choose from, and an exchange rate of 25 chips for a fiver, so everyone can afford to have a go. The tables are hired with professional croupiers for the evening, who will assist the uninitiated! The tickets are priced at £20 a head, which will include a welcoming glass of bubbly and canapés during the first gambling session, followed by a hot fork supper. A selection of fine wines and champagne will be on offer, as well as our usual bar. A further session will follow with sounds to set the tone. For those who don't wish to play we hope you'll shimmy the night away. Girls this is definitely a night to dress to impress - think sexy, think slinky, think prohibition, then see if you can brush up your man so he looks smart enough to give you his arm. Tickets will be on sale in *Secrets* and from me on 01208 880834. You'd better be there.... like it or not...or perhaps the boys will be round...get my drift?

Nicola

Snooker Club update ...

Further to my report in last month's *Trio* regarding damage etc in the Snooker Room, a meeting was held on October 14th. As a result it was decided that the minimum age to the club be 15 and from age 15-18 players must be accompanied by a senior member. Any young members playing without supervision will be banned.



The club will now be locked at all times and keys can be collected from any committee member and returned when play is over.

Reading through past records, young members have been a nuisance from time to time over the years. Sadly, this last eighteen months or so it has turned into outright vandalism. The committee feel that this is the only way to control it.

Three of our young members turned up for our meeting and suggested they would organise a sponsored walk to help pay for some of the broken equipment. A nice gesture that is to be discussed.

Also at the meeting, Mr W Oliver (Bill) retired as treasurer and a vote of thanks was given. Bill has been keeping meticulous records for the last fifty years - a record to be proud of in itself. Mr Fred Dampier was voted to take over the post and accepted.

On behalf of the Club, I would like to take this opportunity to thank all those who pay a subscription each year, but do not play, just to keep us up and running. It is very much appreciated.

Jack Rowe, Chairman

Letters to Trio

HAVE YOUR SAY!

Letters to *Trio* should be sent to
The Editor, 3 Trewetha Lane,
Port Isaac, Cornwall PL29 3RN
Email: deesam@btopenworld.com

Writers must include their full name and address -
anonymous letters will not be printed

Mr Monk - TV critic ... and more!

Dear Trio

Well, the series the people have been waiting for is over. I have to say I was only cajoled into watching three episodes; the first, the last and one ridiculous load of rubbish about a chap who's best friend was a man-sized squirrel. If the other episodes were half as bad as the three I watched, then I'm glad I avoided them.

Now I understand from press reviews that nine million people watched the series and quite a lot enjoyed it - British TV is bad I know, but I didn't think it was that bad. The extremely weak plot, if there was a plot at all, would appear to revolve around a rather ugly, large eared, middle-aged male doctor with the disposition of a bad tempered, constipated pig and the bedside manner of SS Doctor Mengele. Doc Martin rather fancies a fairly plain school mistress who suffers from bad eyes and bad breath. Interspersed between this little courtship, a number of people wander in and out for no apparent reason - the plumbers from hell, half a dozen teenagers in mini skirts who wander around giggling and talking in some strange accent, two fishermen who drive madly around the countryside (a bit like the film crew did), a doctor's receptionist with a very funny accent who should have been put down at birth, the chap with his squirrel friend and two men growing breasts. The whole action of this nonsense takes place in a very thinly disguised Port Isaac called Port Wenn. Throughout, the residents of Port Wenn are held up to ridicule as all being 'threepence short of a shilling' and the inhabitants of Bodmin are made out to be a population of banjo players and sandwich men (see the film 'Deliverance and where you put the meat in a sandwich).

I would like to say to the people of Bodmin - I have never heard a word said, by anyone in Port Isaac, about your sanity; Padstow, maybe, but not Bodmin. To the teenage girls of Port Isaac - You are an extremely attractive, well-dressed, sophisticated group of young ladies who act and talk in a most ladylike way. To the plumbers of Port Isaac - You are not worse, and probably a lot better, than plumbers in the rest of the country. To our fishermen - You drive courteously, with a great deal of regard for visitors who may not be used to our narrow lanes, have forgotten where reverse gear is and think their vehicle is thirty feet wide. To the local doctors - In no way, shape or form could you even remotely be compared to Doc Martin.

As far as I am concerned, I regret that it seems that another series is to be made in the spring. I understand that various meetings, both public and private, some secret, some open, have been held and that *Buffalo Pictures* have been told by people who have no right to make any decisions on behalf

of the rest of us, that they will be welcome (*Ed: We are obviously not very good journalists because we haven't heard a whisper about these private and secret meetings! However, we did attend the public meeting arranged by STEER where everyone had the opportunity to air their views on the filming, for and against. The filming was again discussed at the October STEER meeting that was, as all their meetings are, open to everyone.*). I sincerely hope the 'welcomers' don't live to regret their decision.

I, for my part, will be as courteous and helpful to these visiting film people as I would to any visitors who behave themselves. But I will not accept being told when and where I can walk or drive; I will report to the police anyone who causes obstruction to the annoyance of others. I will not get up at all hours of the day and night to remove my car from my parking area on my land to allow giant lorries to turn into the Sewage Farm Road from Rose Hill. Any damage done to my property or, in their absence, my neighbours property, caused by large lorries using this road will be reported to South West Water (SWW) as I assume they have given permission to the use of their private road. If necessary SWW will be asked to keep their gate locked with keys available to permit holders only. If necessary I will call the police or take legal action if any damage is caused by film crew vehicles to my property or pets or if annoyance is caused by noise, light or obstruction - and I don't need any committee to tell me otherwise!

So, in the immortal words of the great bard of Rose Hill, 'Up Yours'!

Bob Monk
Port Isaac

George Moth & Mark Provis Memorial Trophies

Dear Trio

On August 1st Port Isaac Rowing Club kindly held the annual races to commemorate George and Mark. The weather was fantastic and the Rowing Club are thanked for all the work they put into staging the event. This included a food stall, organising the racing and the presentation after in the Golden Lion. A special thanks must go to several competitors who had a particularly heavy night of celebrations the evening before.

I know there will be several out to beat the Provis family team next year so we are all looking forward to that.

On another matter, recently my wife and I enjoyed a lunch at the Countryman Inn which is on the Launceston to Bude road. We sat next to a table which contained two families who had just visited Port Isaac to view the place having seen *Doc Martin* on TV. Both families were visitors to the West Country. To my amazement one gentleman said, 'We would like to open a

coffee shop in the area'. I immediately thought of a column written by Bob Monk in which he warned about that very thing happening.

May of you have been attracted to Port Isaac by its remoteness and undiscovered feel. This celebrity may benefit a few but by encouraging the village to become a historical film set are you not in danger of destroying its essential character that attracted you here in the first place?

Not a Goggle in Sight

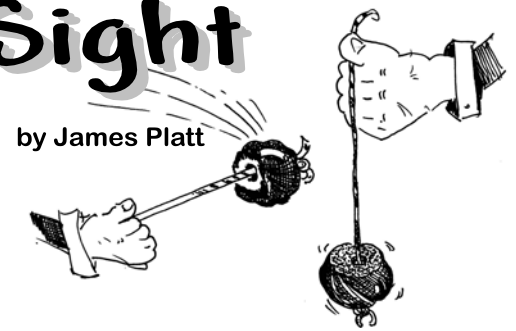
He was as thin as a Blair promise and as light as seeds from a dandelion clock - so much so that he was nicknamed "Shadow". He was likeable and trustworthy, always steady. His disposition was even. He could be relied on. Shadow was thereby in heavy demand as much in the autumn when conkers were ripe for dislodging from the ends of perilously high pendant branches, as in the springtime when there were crow's nests to be got at up at the top of tall and bendy trees, swaying in the wind. In the whole extent of St Endellion parish there were only two conker trees that we knew of. One of them spread its boughs over a fair part of the yard in front of Mr Bob May's Archer Farmhouse at Trewetha, where it was to all intents and purposes inviolate as far as our intentions were concerned. The second was located a little way up into the Port Quin valley at the centre of a sloping wood - a reasonable target for us, and as such to be forever blessed.

Regardless of the absolute inevitability that all of the conkers on any conker tree would ultimately fall to the ground for collection by the sharper-eyed and more discerning among us (on a first-come first-served basis), custom decreed that acquiring conkers was best assured by picking them directly off the tree. Up in the tree conkers were alluring, dangling prizes to be won and shared among the group of seekers. The conker imperative for us was to move fast. The advantage that fresh picked conkers provided was vested in promoting the earliest possible start to the conker season. The problem was that most conkers up in the tree swung like Christmas tree globes far out on the extremities of high branches. If a normally sized boy attempted to reach those prickly appendages, the law of gravity could take hold of him with precipitate consequences. However, we had the benefit of Shadow, who defied standard weight conventions. Shadow, oblivious to peril, could negotiate his way out along branches that looked as skinny as himself, from where he would either shake off or pick and drop the precious conkers down to the rest of us waiting below.

Conker season was an annual event of great importance. The earliest conker was figuratively worth its weight in gold. It was a currency exchangeable for a range of marketable items, inclusive of comics, sweets, marbles, and not least, the granting of favours. Three varieties of conkers featured in the order of play. The most abundant of the three was a rounded or ovoid type, heavy and solid. It grew on its own as the individual filling within a thorny green carapace. A more delicate variety of conker was the "cheese cutter". Cheese cutters were twinned in a single shell, two portions (not necessarily identical) of a sphere, each characterized by one flat face equipped with a sharp outer edge. The third kind of conker, whether round or of cheese cutter shape made no difference, was one saved over from the last year's crop. There were admittedly not very many of them in play.

When it appeared, a last year's conker, toughened by time, was usually lightly oiled in order to provide it with an aspect of relative youth. Such conkers gave their owners an unfair (and totally against the rules) edge over their opponents in a contest. Unfortunately for an owner of a last year's conker, the wrinkles on the conker's skin were generally obvious enough to alert an opponent to the intended subterfuge. A venerable conker might also be lightly baked to further improve its impact qualities. On the other hand, age and cooking could accentuate brittleness, and too much of that quality offered no advantage at all.

In order that a conker contest could be staged, a couple of conkers needed first of all to be centrally drilled and strung. Care was needed when drilling a conker, so as not to split the skin at either the top or the bottom. It was normal to use a meat skewer to make a central hole, always commencing at the fawn coloured, hard capped top (unless a cheese cutter was involved) and exiting through the glossy brown, softer skinned bottom. The appearance of a dimple at the bottom of the conker served to provide the driller with the essential warning that the skewer was about to appear. At that juncture the skewer was pulled back. By drilling up into the dimple the final part of the hole was completed. One of the bigger boys had the knack of cupping a conker in the palm of his left hand and skewering a perfect hole through it with a single stabbing downward stroke followed by a twist. His was a heaven-inspired talent. One day, fate decreed that the skewering action would miss the receptive conker. When it happened he sat on the school playground wall with his back to the harbour and a look of mild



by James Platt

surprise on his face as blood dripped from the point of the three inches or so of skewer protruding below the back of his hand.

After the hole was drilled, a length of string was wormed up through it from bottom to top, to be secured at the bottom by a multiple knot that was too big to pull back through the hole. The conker was then ready for play.

Conker contests took place between two players. At arm's length, one player held his conker suspended from a string, while the other player swung his respective conker to deliver a hard strike at the former. One, and only one, attempt at striking was permitted before the roles were reversed. A miss was considered to be a valid attempt. The objective was to inflict maximum damage on an opponent's conker. The losing conker was the first to be smashed to pieces. The winning conker was then awarded the title of "King over One". A player's objective was to have a conker achieve King status over as great a number as possible. That was why durability, induced or otherwise, counted for so much.

The sharp edge of a cheese cutter could be extremely destructive on a first strike, but the disadvantage was that the shiny flat top of a cheese cutter made an easy target for a combative strike. Unless a cheese cutter made "King over One" in a single blow, its mortality was usually of short duration.

Some strikes missed altogether. Other strikes resulted in tangling up the pair of strings to such an extent of tightness that unwinding them posed a major challenge. The knuckles of an opponent were by no means inviolate territory. However, the wholesome crack of a swung conker hitting home at the right speed, in the right place and with the right weight and then to follow through in a smooth arc as the target shattered into a myriad of shards and king over status jumped by one was more than satisfying enough to set aside any frustration.

Seal rescues

It has been some time since our BDMLR team have had anything to report but recently it's been busy with two seal pups in the limelight. The first, reported ashore on Port Gaverne beach, appeared at first to be in good condition. We judged him to be about three weeks old with a beautiful white fur coat, but he was definitely not keen to be in the water. As the tide advanced he moved further and further up the beach. His mother had been sighted, obviously concerned, bobbing up and down off Castle Point.

We gave the pup a general look over being careful not to touch him as this really does mean that the mother would not accept it back to suckle. We had high hopes that the pup would be able to return to the sea and his family and a general watch was set up to ensure it was not hassled by dogs or curious visitors to the beach. Richard Cook and Dave Fletcher were on guard duty in some very wet and windy weather, which included talking to the Police team who arrived at dusk following reports of a body being pulled out of the sea!

Following discussions with Gweek Seal sanctuary it was agreed not to touch the pup for 24 hours in the hope that he would return to his mother but the next morning he was not showing any sign of improvement and in the clear light of day we assessed he was looking a little under weight and certainly not happy with life. He needed hospitalisation and we met the Gweek animal medic team near Truro. They were equipped with antibiotics and the equipment to tube feed the young pup on handover, as it had probably not fed for 30 hours or more. Everything went off well and the three-week-old seal pup was christened 'Arrow'. It transpired that he had a very nasty infected ulcer just behind his port side flipper and several other raking wounds, probably caused by a bull seal as they can be aggressive at breeding time. He also had a general infection with a high temperature.

However, the good news is that he is really showing signs of recovering on a diet of mashed up fish and milk. There is every hope that he will make a full recovery and perhaps in five months or so we will see him back in the sea at Port Gaverne. Watch this space! Thank you to all who spent time and assisted in the rescue of this little chap.

Within moments of returning from the hand over of 'Arrow' our second seal visitor was reported ashore at Pine Awn. Sam Littlechild and Chris Bolton set off to check this one out and reported back that they felt it was just resting up. Three adult seals were sighted in the sea nearby so it was decided to leave it alone for the time being. Nicola Williams, Katie Childs and Simon Spencer kept a daily watch for over a week and this seal appears to be in fine form, fat as butter and probably about six weeks old, having lost nearly all of its beautiful white juvenile fur. The mother has been sighted up on the beach feeding her pup so all would appear to be well.

The most important thing with seals is to observe from a distance and not to approach these beautiful animals. Although they look sweet and cuddly they are from the wild and if frightened or feel threatened they will bite leaving not only a deep wound but also almost certainly an infection. If you see one and are concerned for its welfare contact either Bob Bulgin on 01208 880765, Sam Littlechild on 01208 880862/880905 or Chris Bolton on 01208 880256.

Since the formation of the first British Divers Marine Rescue group in the South West here at Port Isaac six years ago the rescue operation has grown. There is a central communication link with vets on call and a fully equipped Marine Life Emergency ambulance from Redruth Fire Station, can respond in a very short time to any location in Cornwall. There are also moves afoot to establish a



A much healthier seal pup at Pine Awn



Arrow looking very sorry for himself on Port Gaverne beach and later being 'tubed' to give him some nourishment before he continued his journey to the Seal Sanctuary at Gweek



dedicated RIB to be used in a similar way and a considerable amount of work has been carried out on tracker devices to enable animals to be tagged before release and then tracked to establish the movements of the rehabilitated seals, dolphins and whales.

Sadly the BDMLR have had much involvement with recovery of dead dolphins and whales around our coastline as larger and larger numbers come ashore. The cause of death needs to be established and this involves recovery of the animal and then arranging transport to London Zoo for detailed autopsy and analysis with findings reported to the Government.

Rescuers report, "We are getting increasingly worried about seal pups around Widemouth as we have now had three with their heads either severed or smashed in. The RSPCA has checked this and confirm this is unnatural. We also had an adult female lactating seal with a large puncture wound in its underbelly. We think someone is targeting them deliberately, which is very worrying".

Bob Bulgin

Past times

November 1986

Home Farm Trust - A letter thanked Janet Chadband and her band of helpers for all their work on behalf of the Trust. These efforts have helped in the establishment of Rivendell, the Trust's first home in the South West. This year Janet's lunch raised £580.

RNLI - A coffee morning at the home of Mrs Pat Mazlyn-Jones raised £167 for RNLI funds.

The Lifeboat was taken off service on November 4th and returned to Poole for its annual overhaul. It will be back on service on April 11th 1987.

Last posting dates for Christmas

There's still time to send your Christmas post to some countries by Surface mail. The last posting dates for this service are:

Eastern Europe - Wednesday November 17th

Greece, Cyprus, Turkey, Malta and Iceland - Wednesday November 24th

Western Europe - Wednesday December 1st

The posting dates for the much faster Airmail service are:

South & Central America, Caribbean, Africa, Middle East, New Zealand and Australia - Monday December 6th

Eastern Europe, Canada, USA and Japan - Friday December 10th

Western Europe - Monday December 13th

The last UK posting dates are:

Standard Parcels - Wednesday December 15th

Second Class - Saturday December 18th

First Class - Tuesday December 21st

Special Delivery - Wednesday December 22nd

For any other dates or information contact our very own PMG who will kindly and courteously give you all the help and information you need. No request will be deemed too small. He is waiting for your call.

November 1995

Church Hall - A lunch held in October raised £477.60 toward the Church Hall repair fund. This now stands at £1345.14 and will hopefully allow repairs to the windows.

RNLI - The Lifeboat was launched on September 22nd following the report of a small boat drifting in Port Isaac Bay. On investigation it was found that the boat was not in trouble and that the two occupants were fishing. A false alarm with good intent. Crewmembers were John Collins, Mark Provis and Andy Walton.

Bess Coates

Trelights Methodist Church Sankey Evening

Thursday November 25th
7.00pm

Come and join in an evening of Sankey Hymn Singing followed by a Faith Supper

Proceeds for Chapel Funds

Air Ambulance Charity Shop Delabole



If the weather forecasts are correct, we are in for a cold snap and possibly a white winter, so do look in at the shop and see the winter warmers that are displayed on the rails and in the shoe section. You might even be thinking of some early Christmas shopping and there are quite a number of items that would make nice gifts.

Air Ambulance Christmas Cards can be seen in the shop and orders are now being taken. Tickets for the Christmas Draw will be on sale at the end of November and there will be some nice seasonal goodies to be won.

A half-price sale of clothing took place over the past few weeks ending with items being sold for just 50p. Despite this the shop takings for September were £789.85.

Remember that all donated items should be brought into the shop during opening hours.

Magical Managers 04/05

Division One

LW	POS	TEAM	MANAGER	PTS
1	1	GO ON BE A PIG	Chris Lanyon	257
3	2	MAYBEES	Tom Bishop	240
4	3	D'OH	Jamie Hewitt	234
2	4	CENTRAL SPORTS	Melwyn Roskilly	219
10	5	WHATEVER	Kevin Grills	205

Division Two

LW	POS	TEAM	MANAGER	PTS
10	1	HARTLAND ROAD ALLSTARS	Bryan Nicholls	253
8	2	SOMEIN LIKE THAT	Phil Kent	240
5	3	DREAM TEAM 2	Andrew Grills	234
1	4	NO WAY JOSE	Mark Pattenden	220
3	5	COME ON LAMPARD	Rachel Grills	220

Division Three

LW	POS	TEAM	MANAGER	PTS
1	1	WHAT'S UP	Neil Pooley	261
2	2	NEVER ON TOP	Jon Poupard	236
3	3	TIDDY KIDDY UTD	Jenni Tiddy	215
10	4	I'VE BEEN THINKING	Margaret Honey	213
4	5	THE THREE LITTLE PIGS	A, E & D Lanyon	201

Games played - 9th & 22nd October 2004

PIGSON tour

Bowood Golf Club



The Bowood fixture normally puts the fear of God up any regular PIG due to the very severe weather that we have encountered there in the past couple of years. However, after a lot of praying and begging, Bowood Golf Course finally succumbed to the power of the PIGS and gave us a chilly but dry and wing free day.

The semi-finals of the Matchplay Competition were put on hold due to Tony 'the Diver' Dyer being away on holiday and, as usual, the late arrival of Simon and Kevin (apparently my fault, not theirs!).

The 17 golfers who played had a fantastic days golf and for those of us who didn't have a good round, the buggies were good fun, although Chris 'Patchwork' Potter might disagree with me on that point. Chris's new nickname arose after seeing the divots left by his iron work (no ladies, not that sort of iron!!). After seeing 'Patchwork' arrive at the course wearing the obligatory tailored shorts, it was a toss up between 'Patchwork' and 'Cabriolet' (antique dealers and furniture restorers will understand the reference). Andy 'the Adonis' Penny has also had to be renamed but, don't fret, to his army of lady fans, Andy will always be known as 'The Adonis'. However, on the golf course his new name is 'Boom, Boom' due to the immense power off the tee with his driver.

The Stableford Competition was won by Dan 'the house? what house?' Brewer. Second was Mick 'the Hitman' Hasler and third was Tony 'the Stallion' Horswill who also won the 2's competition - quite a rewarding day for our Tony.

As you are probably reading this in the warmth of your living room

(that is if anybody does read this) there will be about 20 broken men sitting in darkened corners, quivering and gibbering on about how awful and hard the Nicklaus Course was at St Mellion which we will have played on November 1st. So to all wives, partners and people who know us (and those who are willing to be seen talking to us), please be gentle with us because it is nearly time for goodwill to all men, even PIGS.

The Lard Man

The next PIGS day is Monday December 13th either at St Enodoc or Lostwithiel

Dee Ed: I had a bit of trouble with the Lard Man this month. At the eleventh hour he tells me that he's a little bit too busy to write his Trio article and so would leave it and do double next month. Too busy!? Obviously I was full of concern for him and a shocking thought crossed my mind. Would The Lard Man have enough time to attend the next PIGS day? Anyway, to cut a long story short, I did not put him under any undue pressure, but I did explain to him what being busy was all about. Funnily enough, an article appeared within hours of our conversation! And another thing Mr Lard Man, if you want nagging, just be late with next month's article and you'll find out just what nagging is! (To Lardman from Sam - take my advice, just do it!!)

The Trelights Village Green Commitee invite you to the 'switching on' of the village Christmas lights at 7.00 pm on Friday December 17th.

After a short service, mulled wine and mince pies will be served - at a venue to be arranged. The Committee look forward to greeting friends old and new.



I have a spelling checker

It came with my PC
It plane lea Marx for my revue
Miss steaks I can knot sea
I past this poem threw it
I'm sure yore pleased too no
Its letter perfect in its whey -
My chequer told me sew.

By the time I got my
head together my body
had fallen apart!

WANTED - STORAGE HEATER

Maximum width 29"/75cm

Phone 07110 130799

Need a painting or a pint, an electrician or a gardener, a builder or a hairdo,
an architect, an osteopath, a pasty, a pot, building supplies, petrol, an MOT,
a taxi, a solicitor, a takeaway or you want to go out for a meal?
You'll find everything and everyone you need in the *Trio Directory*

Parish Council News

The following report is not based on approved minutes signed by the Parish Council.

ROYAL BRITISH LEGION

The Council unanimously agreed to increase its donation this year to £120.

FOOTPATHS

The Council agreed to ask Cornwall County Council to provide a supply of waymark signs and wooden posts and Mr Dave Dingle would be asked to position these in the places previously designated which will considerably enhance our footpath network for both local people and visitors.

BROWN TOURIST SIGNS

The expenditure for five new brown tourist signs was agreed. These will be sited around the junction of the B3314 and B3267 and it is expected that they will be in position well before the start of next season.

RESIGNATION OF COUNCILLOR

Council Chairman, Mr David Phelps, read out a letter of resignation as a Parish Councillor from Mr David Jennings, with effect from 30th November 2004. Mr Jennings' contribution to the Council will be missed as he has been instrumental in running the Hospital Car Service for several years and the continuation of this service will be discussed at the next Council Meeting.

INFORMATION GATEWAY PROJECT

The Area of Outstanding Natural Beauty Partnership has confirmed that they will increase their grant to the above project from £1,000 to £3,000. This means that the total expenditure on information boards and leaflets can now be £30,000 to cover both St Endellion and St Gennys, with the Parish Council's contribution remaining unchanged at just £500. The grant application has been submitted to the Rural Key Fund. Their decision should be available for inclusion on the November Parish Council agenda to enable the design work etc to be undertaken over the winter for completion in time for the start of the 2005 season.

NCDC – LOCAL DEVELOPMENT FRAMEWORK

Draft Statement of Community Involvement - This Statement is to encourage community involvement in the planning process, especially for 'significant planning applications' which generate considerable public interest or controversy. It is

expected that this will include large scale residential development, wind farms and some applications in sensitive areas.

NCDC will encourage developers to enter into early community consultation, using public exhibitions and meetings, presentations and local discussions. The District Council would expect the developer to take the lead with these consultations, which will be additional to all existing publicity and consultation via newspaper adverts and their website - www.ncdc.gov.uk

To help local communities, NCDC will be publicising the free voluntary service, Planning Aid South West, run by the Royal Town Planning Institute. This offers independent professional advice and help on town planning matters, and is aimed at individuals, community groups and other voluntary groups who cannot afford to pay for private consultants. Further information is available at <http://southwest.rtpi.org.uk/planaid.html>

NEXT MEETING

This has been arranged for Monday the 8th November in the Church Rooms, Port Isaac, at 7.30 pm.

Robin Elgar, Parish Councillor

PLANNING APPROVALS & REFUSALS

Application 2004/01484 - Demolition of existing single storey extension and erection of new single storey extension to form sun room. Mr & Mrs Bradley, Signal Post, New Road, Port Isaac. **NCDC APPROVED this application.**

Application 2004/01583 - Demolition of existing sub standard dwelling and garage and erection of new dwelling with garage. Mr & Mrs M Coles, Valley Cottage, Port Gaverne. **NCDC APPROVED this application.**

Application 2004/01717 - Alterations and extension to provide kitchen/dining single storey rear extension and two storey front porch/bathroom extension; new dormer window at front serving 1st floor bedroom and sitting room. Mr & Mrs D Crawford, Longcross Hotel, Trelights. **NCDC APPROVED this application.**

Application 2004/01675 - Conversion and extension of redundant barn to form holiday unit (Barn A). Mr & Mrs Barriball, Lower Bodannon, Trewetha, Port Isaac. **NCDC REFUSED this application for the following reasons;**

- 1) The proposal if permitted would be contrary to Policy ENV11 of the Cornwall Structure Plan - July 1997 and Policy ECN8 of the District Local Plan - April 1999 in that the building is not considered to be structurally sound and capable of conversion without the need for major extension, alteration and re-building.
- 2) The proposed extension, if permitted, is excessive and would result in a building out of scale and keeping with the original barn. As such the proposal is contrary to Policy DVS1 of the District Local Plan - April 1999 and the adopted Supplementary Planning Guidance contained in the North Cornwall Design Guide Section F - October 1997.
- 3) The proposal would adversely affect the character and amenity of the surrounding Area of Outstanding Natural Beauty and Heritage Coast as it does not have particular regard to traditional building style and design. Thereby it would be contrary to Policy DVS1 of the District Local Plan - April 1999 and the guidance given in PPG1 - February 1997 - General Policy and Principles.

Application 2004/01676 - Conversion of redundant barn to form holiday unit (Barn B) Mr & Mrs Barriball, Lower Bodannon, Trewetha. **NCDC REFUSED this application for the following reasons;**

- 1) The proposal, if permitted would be contrary to Policy ENV11 of the Cornwall Structure Plan - July 1997 and Policy ECN8 of the District Local Plan - April 1999 in that the building is not considered to be capable of conversion without the need for major alteration and re-building.
- 2) The character and appearance of the building does not make a

(Continued on page 17)

The essential oil of lavender

Botanical name: Lavendula Augustifolia

The Romans called lavender 'lavare' meaning 'to wash' since it was the most favoured aromatic used in their daily washing rituals and to cleanse wounds and disinfect sickrooms. It was grown in monastery gardens throughout Europe and has never lost its popularity.

Lavender has been called the 'Swiss Army Knife' of herbs, the world's smallest medicine chest and other such compliments to its many uses. The best lavender is still grown in its original home around the Mediterranean and at altitudes between 700 and 1400 metres, in climate extremes from snow to hot sunshine.

In 1928 it was the French chemist René Gattefosse's observation of the dramatic healing effect of lavender oil when he burnt his hand in a laboratory accident. This led him to research essential oils in greater depth and he coined the word 'aromathérapie'.

Without doubt, if one were to choose a single essential oil to keep in the first aid kit, lavender would be the undisputed choice. It is certainly the most versatile. It is an excellent antiseptic and will inhibit and destroy many different bacteria. It also makes an excellent inhalant for coughs, colds and other respiratory complaints. It is useful in treating all types of pain and headaches respond well to a drop of lavender on the temples or a compress on the back of the neck. Muscular pain can be relieved with a compress or massage.

Lavender has both a sedative and tonic action on the heart and it will help lower blood pressure and ease nervous tension and palpitations. It also has a stimulating effect for someone who is feeling tired and low in spirit.

The oil is the best for treating burns and wounds and rapidly promotes skin healing and reduces scarring. It is soothing and anti-inflammatory and, added to gels or creams, reduces the itchy sensation associated with skin problems such as dermatitis, psoriasis and eczema.

Lavender is well known for its relaxing and sedative qualities and it has a regulating effect which is of great value to those who suffer from widely fluctuating mood states and feelings of emotional instability. It is used increasingly in hospitals as a massage oil or as an airborne fragrance to increase general feelings of well-being and to help patients sleep.

It is also used by midwives in baths postnatally and is a popular choice for lower back massage during labour. It has been found to have a calming effect when vaporised, not only for the mother-to-be on the labour ward but, more importantly I have been told to add, for the fathers too.

For any advice on this or any other oils call me on 01208 880620.



If horrific means to make horrible, doesn't it follow that terrific should mean to make terrible?

(Continued from page 16)

significant visual contribution to the landscape. As such, the proposal, if permitted, would be contrary to Policy ENV11 of the Cornwall Structure Plan - July 1997 and Policies ECN8 and ECN12 of the District Local Plan - April 1999.

Application 2004/01962 -

Conservation Area Consent for the replacement of velux rooflight with dormer window. Mr C Monk, 23 Rose Hill, Port Isaac. **This application has been withdrawn.**

coming soon
to the Regal Cinema, Wadebridge

North Cornwall Arts presents...

Sunday November 21st - 8.00pm - The Return (12A)

A gripping Russian drama where two young brothers are surprised by the sudden return of their father who, after 12 years away, whisks them off on a fishing trip - but not for one moment do we believe this is any ordinary fishing trip. This is a suspense story that violates the rules of polite storytelling - yet it's so well done you can't take your eyes off it.

Sunday December 5th - 8.00pm The Motorcycle Diaries (15)

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Blind Drive Challenge!

On Sunday October 10th, at the Devon & Cornwall Driving School in Exeter, I drove a car for 20 minutes! So what, I hear you say. Well, I am blind and a guide dog user and I was taking part in a fundraising event for the Guide Dogs for the Blind Association. Many of the other drivers were also blind and their sighted minders were invited to have a go ... blindfolded.

The event was very well organised and the centre where it took place was one of only five in the country - acres of land laid out to a network of roads. The driving school loaned their dual control cars, each of which went out with an advanced driving instructor and three passengers. Each passenger drove for 20 minutes, the instructor telling that a turn was coming up, when, and whether it was sharp or gradual, left or right. For safety reasons all the cars were going in the same direction at approximately the same speed. Nevertheless, I was told 'easy on the gas ... we're catching up on the car in front!' What fun!

For those who were brave enough there were pillion rides on the back of powerful motorcycles and a passenger ride on the skidpan. I preferred a cup

Making the best of life with the Golden Circle

We had some lovely treats in the summer thanks to our many friends. The pantomime fund again generously supported us and Barbara and Dee arranged two trips; to Falmouth in June and to the theatre in September to see 'Charley's Aunt' brilliantly performed. The Lifeboat committee very kindly gave us a cream tea in September which we very much appreciate. A relatively new friendship with the St Minver Senior Circle has opened up new opportunities of gadding about. Some of us joined their trip down the Tamar in the summer and others will go with them to the pantomime in December. They will join us for our birthday party in February when we will defend our title to the Quiz Cup.

Now autumn is upon us, our winter programme of monthly meetings has got under way. We began in October with Liz Bartlett who told us how a near-fatal wasp sting led her to Cornish Studies and a new interest in academic work. Our November speaker, Mrs Audrey Beare will also speak of a changed life as she remembers coming from war-ravaged Liverpool to be a farmer's bride. Other speakers will include Jan Mewton with practical tips on keeping healthy, Kelvin Yates of the Pension Service will help us get all the money to which we are entitled and Dennis Knight will reveal some of the secrets of his early life. We will sing with Janet Townsend in December and Mark Hawken in February.

If you are old enough to enjoy these things, and free on the second Thursday afternoon in the month, do join us. We are glad to provide transport to the Village Hall, so phone Penny or Robert Manders on 880022 if you would like a lift.

of tea but my sighted pensioner friend had a go on everything and thoroughly enjoyed himself.

Those who took part raised in excess of £3000 (and there is still more to come in) and I want to thank all of you who sponsored me.

Any ideas as to what we can do next year? I wondered about roller-skating?

*Kathie Carney
now Wadebridge but previously
Port Isaac*

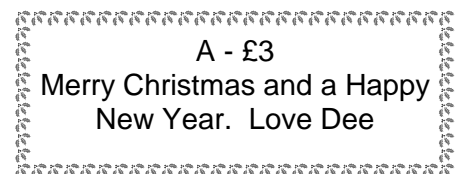
Christmas is coming

The bumper Christmas edition of *Trio* will be published on December 8th. The copy date for anything you would like to be included in this issue is Monday November 29th.

If you would like to include your own personal or business Christmas greeting in this special festive issue you do need to start thinking about it now.

Basically you have two options (see examples below). Just send in your message - hand in at *Secrets* or put it through the letterbox or send it in the post to 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN - along with the appropriate payment (cheques made payable to *Trio*) to arrive NO LATER THAN the copy date of

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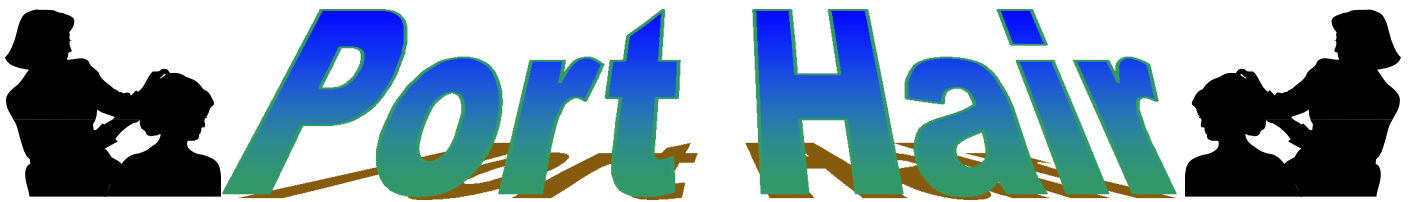
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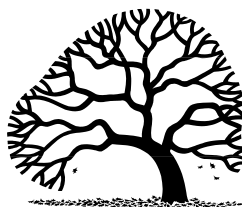
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Saturday November 6th

Annual Village Firework Display Bonfire 6.00pm, Fireworks 6.15pm

Monday November 8th

'In the Bag' recycling kerbside collection - put bags out by 7.00am

Parish Council Meeting in the Church Rooms - 7.00pm

Friday November 12th

Cornish Supper & Race Night organised by the Friends of Port Isaac School - in the Village Hall - 7.00pm

Saturday November 13th

St Peter's Church Christmas Mini-Market & Lunch in the Church Rooms - 10.30am onwards

Sunday November 14th

Armistice Day Service of Remembrance in St Peter's Church, Port Isaac - 10.45am

Tuesday November 16th

Whist Drive in St Endellion Church Hall - 7.30pm

Wednesday November 17th

Frank McNichol Art Day in the Village Hall - watercolours with Vaughan Warren - 10.30am

Saturday November 20th

Rummage Sale in St Endellion Church Hall - 10.00am - 12noon

Port Isaac RNLI Christmas Market & Lunch in the Village Hall - 11.00am

Monday November 22nd

'In the Bag' recycling kerbside collection - put bags out by 7.00am

Thursday November 25th

Sankey Evening at Trelights Methodist Church - 7.00pm

Friday November 26th

'Trek to Everest Base Camp' - RNLI slide show in the Village Hall.

Monday December 6th

'In the Bag' recycling kerbside collection - put bags out by 7.00am

Tuesday December 7th

Christmas Fayre at Trelights School Room - 2.30pm

Annual BINGO, in aid of the Mentally Handicapped, in the Church Rooms - 7.30pm

what's on

Saturday December 11th

Port Isaac Rowing Club Prohibition Casino Night in the Village Hall

Tuesday December 14th

Port Isaac Carols in the Pottery

Friday December 17th

Switch -on of Trelights Christmas Lights - 7.00pm

Saturday December 18th

BIG Switch-on on the Village Christmas Lights - 6.30pm

Sunday December 19th

United Benefice Carol Service with mulled wine and mince pies in St Peter's Church - 6.00pm

Monday December 20th

'In the Bag' recycling kerbside collection - put bags out by 7.00am

Tuesday December 21st

Christmas Whist Drive in St Endellion Church Hall - 7.30pm

Tuesday December 21st

Port Isaac Chorale Christmas Concert

Thursday December 23rd

Port Isaac Chorale Carols at the Port Gaverne Hotel

Tuesday, Wednesday & Thursday December 28th, 29th & 30th and Sunday January 2nd 2005

The Drekkly Theatre present **Aladdin**, the Port Isaac Pantomime in the Village Hall - 7.30pm

2005

Saturday February 26th

Another Jan Kane fundraising supper in the Village Hall - watch this space

Saturday March 5th

Port Isaac's Annual Hospice Day for Mount Edgumbe

Thursday April 21st

Port Isaac RNLI AGM in the Village Hall - 8.00pm

Saturday May 7th

Forties Night to celebrate the

REGULAR EVENTS

Port Isaac Playgroup - every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Nicky Thomas on 880383

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon Thursdays during term-time in the School Hall from 7.30pm-9.00pm Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Local History Group - The first Friday in the month in Port Isaac Village Hall. Contact George Steer on 01208 880754

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers - Every Monday at 8.00pm in Trelights Chapel. Contact Joan Murray on 01208 880548

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

Learning Together - Every Monday during term time from 1.30pm - 3.15pm in Port Isaac Primary School. 3 and 4 year olds to come along with an adult

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am
Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm



Want to find out what's happening in the Village?
Read your *Trio* and look on the *Trio* Diary page.
Remember to make sure that your event is included here!