

TRIO

The Port Isaac, Port Gaverne and Trelights Newsletter • No: 257 • September 2005 • 40p

Channel paddle race is on

Visitors to Port Isaac over the past few weeks have, on many evenings, been surprised to see a light blue surf-craft being paddled into the harbour at speed. Peter Craske, joint proprietor of *Surf's Up* Surf Lodge at Homer Park has been in serious training for his race with James Cracknell, Olympic Gold medallist (Rowing, coxless fours), across the English Channel. By regularly paddling from Polzeath to Port Isaac, Peter has been building his strength for the 23-mile distance between Folkestone and Calais.

Two specifically designed surfboards have been imported from Australia and are of the design used in the famous Hawaii Molokai Race.

The challenge is to beat the record time of 6hours 52minutes and it will take about 60,000 paddles to achieve it.

It is anticipated that the race will take place on September 5th (or the first weather window after that). *Sea France* is the main sponsor in an attempt to raise £50,000 for the charity 'Access Sport' which, among other things, enables surfing training at subsidised rates to be available for local children via *Surf's Up* Boardriders Club.



Does Port Isaac do 'Children In Need'?

As you have probably read in the quality press, we are putting on a Beach Party in the Village Hall on November 12th to raise money for Children In Need. There are going to be afternoon activities followed by an evening of music with a Beach Boys set for your entertainment.

A small band of people began this and had ideas of how to raise money to reach our target of £5,000. I am very pleased to say that others have become somewhat inspired by this and have offered their services in various forms.

For instance, if you use a lot of screws, please look to putting your next order in to Sam Lorimer who has a great idea of getting a prize for a raffle or competition.



So far he has collected the names of five other builders who are placing their orders with him. Who'd have thought that buying screws could help Children in Need?

Similarly, we have got a bike as a prize by purchasing a huge quantity of Xerox Premier 90gsm Copy Paper (suitable for laser, copier, inkjet). This is for sale from Dee at £6 a ream so give her a ring if you would like to buy a pack - or two!

There is another resident of Port Isaac negotiating - as we speak - with a well-known surf shop to provide a prize, and perhaps more.

Others are putting their minds to how the Village Hall (which has been offered free of charge for rehearsals and performance) might be decorated on the event.

All of this got me thinking: Could Port Isaac do for Children in Need what we did for DIY SOS? Remember that weekend? Help came from all over the village, and outside, to make that such a success.

(continued on page 2)

This issue -
all the usual news plus ...

Brownies are Back
page 3

Playing Field news
page 7

**Land's End to
John O'Groats -
Dave Danson-Hill's fund-
raiser**
page 15

(continued from page 1)

So, we won't have the BBC national TV with us on the night (I don't think), but we will be looking for as much publicity as possible. Any chance we get we will let people know who is supporting us.

I have tried not to use names so far because I know as I write this appeal, and during the time it will take to go to print, the number of supporters will have increased, so it would be unfair, at this point, to risk missing anyone out.

But, I was wondering how the film crew could help out? I have very little contact with them, but if anyone else has any ideas which they can put into practice, please feel free or, if you are part of the

crew and reading this, likewise we will be grateful for any ideas. And what about all of you with houses here, but live elsewhere? Is there any way in which you can help? Ideas, gifts, donations, anything.

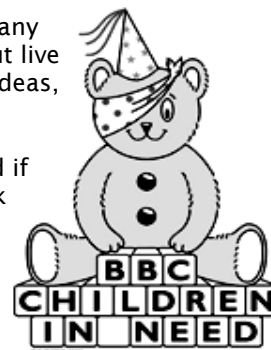
I know our team has done a lot of legwork already and if you have been approached, and have responded thank you. If you haven't got round to responding please take this as a little reminder.

I have a great feeling that Port Isaac can do it again.

So let's get going and make PORT ISAAC DO CHILDREN IN NEED!!!!

Please contact: Steve or Maggi on 880593, Tracey on 880215, Dee on 880905 or 880862 or Sam (Lorimer) on 880962.

Steve Appleby



The Mermaid

by Laurence Llewelyn-Bowen



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Email: deesam@btopenworld.com

all proceeds to Port Isaac Village Hall

Port Isaac Local History Group members are holding an exhibition on Saturday and Sunday September 10th & 11th in the Church Rooms

Our particular theme this year is fish and fishing, but that's not all! Did you know that Port Quin was once a thriving fishing village with over 100 inhabitants?

We have had a number of people who are interested in their antecedents from this area and wish to trace their family trees - we can help. We have copies of census returns from 1841 to 1901.

For those who have relatively recently come to live in the area and are interested in finding out more about its history, then come along, have a chat, a cup of tea and some excellent home cooking! See you there!

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Frank McNichol Art Days
@ Port Isaac Village Hall

BILL ELEY

'Drawing and painting dance'

Wednesday September 7th

Starting at 10.30am * Finishing 3.30-4.00pm

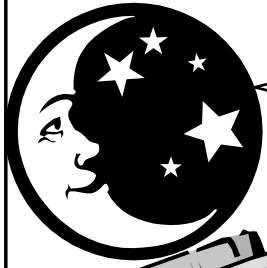
£5 (includes lunch and tuition)

Please bring art materials if you have them

Everyone welcome - Absolutely no experience
necessary!

Come along and try something different





**Good Food
Good Company**



**ONE NIGHT ONLY
CURRY HOUSE!**

Port Isaac Village Hall CURRY NIGHT & 'Lucky Dip' Art Sale

*A chance to get together with friends and
relax after a hectic summer*

'As much as you can eat' Curry and Pudding!

Join us from 7.30pm onwards

**Tickets £7 each in advance from
Secrets or telephone**

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reserve a place BAR**

NEW DATE

**Saturday
October
1st**

'Lucky Dip' Art Sale

A selection of artwork produced by local, and not so local, artists plus celebrities will be on sale during the Village Hall Curry Night on Saturday October 1st. All the 'masterpieces' will be priced at £25 each, but you will not know who the 'artist' is until you have made your purchase. Instead of signing their work in the usual manner, the 'artist' has signed their name on the back. All proceeds will be ploughed back in to Village Hall funds for our ongoing access and refurbishment programme.

Tickets for the Curry Night will be on sale at *Secrets*, priced £7 each to include 'as much as you can eat' curry and pudding. They must be purchased or reserved in advance on 01208 880905. No viewing or purchases can be made beforehand. So be there or miss out.

The Village Hall Scavenger Hunt was a great success with eight teams taking part and having great fun throughout the afternoon and evening. It was good to see three teams of visitors who want to take part again if we do it next year.

The teams picked up their lists at 3.00pm and set off to find the items listed. These included a chicken, a picture of Charles Darwin, a corn plaster and a parking ticket. Additional clues were given to locate bonus vouchers that were hidden at various locations around the village. Amazingly there were all found. Team members were also asked to have their face painted like an animal, play a mouth organ, sing a song on stage and dress as a character from the Rocky Horror Show. The image imprinted on my brain, of Gary (no surname, that would be too embarrassing for him), a local plumber, will remain with me for the rest of my life.

The results, in reverse order were The Treacles - 345 points, Pip the Dog - 470 points, The Waves - 585 points, The Boltions - 601 points, Wally's Gang - 605 points, The Darkside - 615 points, The Exhausted - 635 points and the winners - The Mayfield Gang - 640 points. It was a very close result.

Many thanks to all who took part. We raised over £150 for the Village Hall. Thanks also to Annie Philp on the bar, Andy and Tom on the barbecue and Sharron who booked in the teams and kept score.

Scavenger Hunt

**Women and cats will do as they please,
and men and dogs should relax and get used to the idea**

We have had a fun packed season, not always racing at full compliment, due to peoples' summer commitments, but nevertheless Roscarrocks' name has had several notable places on the scoreboards of the county. All our new members have had the chance to compete at events, yes even those that only started this season. As I keep emphasising Gig Rowing is a sport that is inclusive at all levels, so even novices get a chance to race.

Although I was unable to attend at Fowey this last weekend, our ladies A had the best result, coming 14th in a field of 24. Apparently the men had a terrible race. Initially all the teams raced off together, making 13 boats in all. Too many for a tight course like Fowey, there was an almighty clash, out of which they came out of the first mark at the back of the field. However they did manage to pull up five places in the race, but felt they rowed at a major disadvantage.

Thanks to the commitment of Steve Hudspith and Clair Jon, the juniors have had some good instruction this summer. I hope you kids have all enjoyed the experience and will be back next summer.

We had a really disappointing turnout to our summer gig. Hardly any local support, were you all too tired? Those that came thoroughly enjoyed the eclectic music of Wamma Jamma. For once, I was able to abandon my place on the door and have a damn fine bop! (Well I thought it was fine, I expect Elaine might have a different opinion!) She and I toured the bars and restaurants trying to tout tickets to encourage more punters. To no avail, though LLB gave me £20 to make me go away!! (Dear of him). In the Old School I bounced up to a table of lone men, thinking they look as if they could do with livening up. "Would you like to come up to a gig at the Village Hall, there's a great band on?" "I'm married", one bloke replied! I left rather quickly, none the lighter for tickets! All rather a shame really, 'cos the band was fab, but we broke even so at least there's no blood lost.

Members were on hand on the beach Lifeboat Funday, to take people out on a tryout row in aid of gig funds. I thought the day was great fun, a big success. A proper Port Isaac day out. Well done to all who worked so hard to make it so good.



Our next village event is a fun one too - Sunday September 5th, the George Moth & Mark Provis Cups, both to be raced on the same day. As many men's and women's teams as possible, competing in teams comprising two rowers and four novices. Raced over a short straight course, these cups are a local event intended to encourage people to "have a go". It is always a lovely day, with lots of people attending from all the surrounding area. A large Provis presence to boot! We shall run a BBQ, and provide non alcoholic refreshments. I'd better warn Mike to expect a full pub after!

Serious training now begins in the month ahead, for Championships. No relying on the weight advantage of Roscarrock this time. The selection of boats, all of a similar weight and age, sorts the crews out. Mind you, in the seas we usually get at Championships, heavier boats are an advantage.

We have booked the Village Hall again for Saturday October 29th, for a Halloween Gig, I expect without the pressures of the holiday season we shall see more local people there! I hope so.

Nicola

We knew this would happen - HOW COULD HE NOT RESPOND?

An open letter to Annie from Bob Monk!!!

Dear Annie

I do assure you that I do not enjoy 'making fun' of any organisation and have never, nor will ever, 'make fun' of any named individual in print. I use my somewhat acid written word to destroy what, I believe to be, downright hypocrisy, idiotic lunacy, an absolute waste of other people's money and organisations that suffer from an over inflated opinion of their own importance. It is just unfortunate that you happen to be involved with the only two organisations that have fallen foul of my acid bite.

I do have to tell you that I very thoroughly check my facts and do quite a bit of research before putting pen to paper. I even made a tape recording of the only Neighbourhood Watch meeting I attended. I do this recording of meetings quite a lot as my memory is diabolical and I am stone deaf in one ear, not out of any desire to catch anyone out. Believe me, what I wrote in *Trio* about that meeting was fairly stated.

I do not like causing a stir as you put it, but I do like people who may not have the time or inclination to get the facts to have them available; there are far too many meetings behind closed doors and 'adjustment' of minutes in this world today.

I have not intention of 'shutting up' as you put it. I do not complain; I have nothing to complain about. I 'criticise' only when others seek to exert their wills and ideas on the rest of us.

I hope this answers your little note in *Trio* and that we will be able to continue taking 'the mickey' out of each other for many years to come.

Now, please Annie, let me retire from *Trio* and continue writing my book; incidentally it's about the committee ladies of an imaginary village called Port Wenn and it is called 'The Port Wenn Murders'.

Love Bob

So, will Annie react? Read next month's *Trio* to find out!!!



fireworks

This year's November fireworks display will be held on Saturday November 5th. The bonfire will be lit at 6.00pm followed by the firework display at 6.15pm. The barbecue will be in full flow as usual.

This year we will be holding a 'Guy' Competition, to be judged at around 5.30pm.

We do ask that people who come by car park at the top car park, as we have to keep the roads clear down at Port Gaverne for emergency vehicles.

We are looking at a joint fundraising event with the *Friends of the Main*. Although not finalised, a Clay Pigeon Shoot on the Main is being discussed, possibly for the end of September. If anyone is interested in either shooting or organising, contact Ron Holmes on 01840 213984.

Andy Penny
01208 880985

BAR MANAGER/ MANAGERESS

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The Port Gaverne Hotel

requires a

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Hours variable

5/6 mornings per week

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Mrs Honey or Mr Sylvester
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1st Port Isaac Brownies

We are please to announce Brownies is back

Since April we have been on a mission to learn the ropes from an experienced pack at St Teath. We now feel ready to begin the challenge of running our own pack. We are pre-warranted and have taken the necessary courses to start our new pack. We took our Brownie Guide Promise on July 28th at St Teath, after doing a sponsored dust in St Teath Church in our pyjamas! - all in the name of fun!!

We will be having loads of fun and exciting challenges to keep ourselves active. The first thing we will be doing is teaching the girls what Brownies are and where they originate. They will also be working towards taking their Brownie Promise. With the badges and other challenges, they will be very busy up until Christmas, then, in the New Year, we begin a whole new programme.

We've decided not to have a Brown Owl or Tawny Owl as we are running the group as a joint effort and we have decided to take other bird names for ourselves. We are a Cuckoo and a Wren - bet you can't guess who is who?! We would also like to say a huge thank you to Aimee Dyer who has offered to be our Young Leader; we know she will be just great at it.

We hope that, as a new group in the village, you will help to support the girls. If anyone can help in any way with fundraising, activities etc, then please call either one of us.

We begin on Wednesday September 14th at Port Isaac School between 6.30pm and 8.00pm. We welcome any girls between the age of 7 and 11. If you are interested please ring Claire on 880878 or Jenni on 881038.

Please keep reading the *Trio* for all updates on the girl's activities and diary dates.

Claire and Jenni

'more mindless vandalism'

Dear Trio

I felt I had to write and congratulate whoever was responsible for pulling the dog bin off the post at the end of Mayfield Road. It must have taken great strength, presence of mind and brain cells to rip it off and throw it on the grass, thus scattering the contents everywhere - very safe for children! I was very impressed with this pointless act and the extra walk to the other dog bin did me good - I knew I needed more exercise.

I doubt the perpetrators will learn of my congratulations, as I think it's highly unlikely they can read, but I had to share this event with readers of *Trio*.

Rebecca Dyer, Hillson Close, Port Isaac

Just a pong at twilight!

Throughout the summer the village has been plagued, some evenings, with a strong and offensive smell.

Calls have been made to South West Water via their 'emergency' number (as listed in the phone book - 0800 169 1144) asking for the cause of the smell. Little help was available there, however, because that number merely connected with a call centre where the 'advisers' didn't have the necessary information and told callers that someone would call them back. That didn't happen, no return calls were received. Apart from a number for people having trouble with their bills, no other number is listed for South West Water in the phone book. However, it has since been discovered that the number for the Exeter headquarters of South West Water is 01392 446688.

The problem was reported to Environmental Health at North Cornwall District Council and the Parish Council arranged an impromptu, 'emergency' meeting with the representative Miranda Flannigan, who visited the village on the evening of August 17th. Unfortunately there was little evidence of any smell at the time.

The meeting walked up to the 'Waste Water Treatment Works' in Port Isaac valley where, apart from the rather unkempt appearance of the works, there was also no evidence of any problem. Since then, it has been learned that South West Water have found the works to be in correct order and now say that

they feel the problem must be somewhere in the drainage system. They have also even put forward a theory that somebody could have been emptying slurry into the system although there is absolutely no local evidence for this theory. Meanwhile, tankers are visiting the works periodically to remove slurry and, so far, there has not been another occurrence of the strong smell.

Some members of the public are trying, by post and telephone, to contact South West Water, who, we understand, are still 'on the case'.

It is hoped that either the problem has solved itself or that necessary works will be carried out soon to make sure it doesn't happen again. It is not in the best interests of the economy of the village to have such a serious predicament occurring at the height of the tourist season. If you would like to add your weight to the complaints, please write to Chief Executive Officer, South West Water Ltd, Peninsular House, Rydon Lane, Exeter EX2 7HR.

A Freudian slip is when you say one thing but mean your mother.

Magical Managers 05/06

Division One

LW	POS	TEAM	MANAGER	PTS
2	1	MAYBEES	Tom Bishop	62
5	2	CENTRAL SPORTS	Melwyn Roskilly	53
4	3	S B MILAN	Scott Bennett	52
1	4	MOTS FLYERS	Tom Cleave	51
8	5	ANCHORAGE	James Durston	50
3	6	WORLD DOMINATION XI	Andrew Grills	47
9	7	SLIPWAY REJECT	Karen Grills	46
12	8	BOY RACERS	Ben Skinner	44
10	9	S.T.D. ALLSTARS	Jamie Hewett	42
6	10	BADA BING!	Paul Honey	39

Division Two

LW	POS	TEAM	MANAGER	PTS
1	1	BOB'S BABES	Bob Irons	58
2	2	THREE STRIDES BEFORE THE WIRE	Kevin Grills	57
12	3	TREWETHA LANE 11	James McDonnell	57
3	4	EMMA'S NIP NIPS	Kevin Honey	45
11	5	NO WAY JOSÉ	Mark Pattenden	45
4	6	THE GRIM REAPERS	Phill Kent	44
5	7	THE TROWELS	Des Pooley	43
6	8	FALLDOWNERS	Bill Bissett	39
8	9	DON'T MIND GOING DOWN	Jon Poupard	36
7	10	HARTLAND ROAD ALLSTARS	Bryan Nicholls	33

Division Three

LW	POS	TEAM	MANAGER	PTS
2	1	HOWAY THE LADS	Jean & Bill Herring	67
1	2	HAYNSTERS HELLRAISERS	Rob Haynes	66
4	3	S OR B ROVERS	Sheila Baker	64
5	4	SLATE CITY	Leigh Oulton	57
3	5	BEV'S BAD BOYS	Bev Bennett	56
11	6	THE ENFORCERS	Andrew Grills	52
10	7	THERE'S ONLY ONE UNITED	Gary Baker	49
14	8	ALWAYS ON TOP	Mark Forbes	47
12	9	FLY NAVY	Les Honey	45
6	10	WHO NEEDS HENRY?	Daniel Grills	42

Up to August 22nd 2005 - 2 Games Played

Filming info

Buffalo Pictures has nearly finished the filming of the next 'Doc Martin' series. The final days of filming in the village are:

September 8th - Middle Street & Rose Hill

September 9th - Old School Hotel & Rose Hill

September 12th - The Platt

If you have any queries or problems, contact Johnny Bamford on 07770 915418 or Donna Wezel on 07814 079060.

Port Isaac sports facilities project

It seems a long time since we wrote in the November edition of *Trio* that, following the preparation of the Parish Plan in 2003 and the subsequent public meeting on 6th October last year, we were embarking on a feasibility study to assess the practicalities of building sports and recreation facilities in Port Isaac. The feasibility study will provide a professional evaluation of the information that is necessary, to progress the development of sports and recreational facilities that will be available to all ages within the community.

In April we submitted an application, to 'Awards for All' for lottery funding, which was supported by NCDC Sports Leisure Unit. and we are delighted to announce that we have been awarded lottery funds of £2807 to support the study. We have appointed Heighway Field Associates as the Architects and Randall and Simmonds as the Surveyors to work on the project. The grant will enable us to obtain a professionally designed and fully costed project. This will then be presented to the community for approval and be used to support the grant application of the final build scheme.

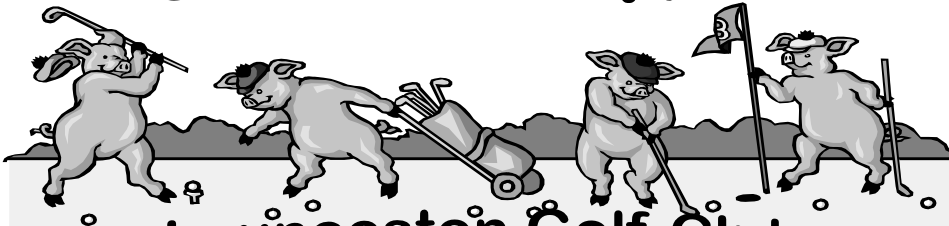
We hope to present our proposals to the community for their endorsement at the latest early 2006, and then we can start to search for potential funding. Part of the feasibility is the need to prepare an operational plan that will ensure that the facilities will support themselves financially. A number of activities have promised support but we would be delighted to discuss

anybody's ideas on how we can develop these recreational and sports activities to ensure maximum utilisation.

If you would like to discuss the project or have any ideas that will help in its development please ring David Shephard on 01992 8914103 or email david.shephard4@btopenworld.com

David Shephard

PIGS on tour



Launceston Golf Club August 2005

On another fine day for us PIGS, we arrived to find the course in excellent condition. Only a dozen of us turned up to play due to the following 'I can't' phrase. Billy was in Sidmouth picking up a truck load of Footjoys, Karl 'Mirror,Signal,Manoeuvre' Daly was starting his driving lessons - take note when you see him in a golf buggy next - Lardman was working 24/7 at The Slipway and losing a bit of weight in the process (soon be changing his name to 'Anchor Lite') and Kev Punter and Simon Brecon haven't been seen since the price of oil hit \$60 a barrel.

Back to the golf, the PIGS welcomed a new member to their sty, or rather a piglet in the form of Daniel 'Pass me a Five Iron' Grills, even bringing along his dad - Kevin 'Maybe Tomorrow Jack' Grills - as caddie (Kevin claiming 10% of all future winnings before they set off). Daniel scored a respectable 22 pts on his first outing.

I don't know if it was to do with the people who did or didn't turn up, but with no wind on the course not a cross word was heard, nor a club seen being thrown. In fact, full golfing etiquette was observed both on and off the course.

The results of the days play were:

- 1st Des 'The Senior' Weston - 32pts
- 2nd Andrew 'I'm Only Here For The Money' Grills - 30pts
- 3rd Dave 'The Stranger' Hurley - 30pts lost on count back

Longest Drive - Chris 'Mulberry' Witherden
Nearest Pin - Paul 'Beaver Boy' Honey

Next event is at St Mellion Golf Club on September 5th. Please make an effort for this one lads. See Lardman for tee-off time.

The Beaver

Coffee bar/ drop in

for 10-14 year olds

One of the ideas we have had for last year's panto money is to spend it on a 'Coffee Bar/Drop In' for our **WELL BEHAVED** 10-14 year olds in the village. Our initial thoughts are that it would run from 6.00pm-7.30pm on a Friday evening but we are open to other suggestions.

The idea is that the panto money pays to hire a venue in the village where the young people can sit and chat with their friends. It isn't a youth club, just somewhere to meet up together.

We can also afford to pay two adults to run the scheme throughout the winter months.

Any ideas for a suitable venue or fancy running the scheme?

Ring Dee (880905/880862)
or Barbara (880625)

Past times

October 1987

PORT ISAAC SCHOOL

Since the beginning of term, nearly £300 has been raised for School funds through individual efforts. Mrs Cleave held a coffee morning during the summer holiday and raised £121.62. Mr W Dawe donated £40 from the sale of harvest vegetables. Mrs C Richards organised a bingo evening that raised £121.10.

Harvest Supper – The School welcomed 24 senior citizens from the village and surrounding area for a supper of quiches, vegetables and other delights.

Football results – In the Six-a-Side Football League, the school played Otterham, away, and won 3-1. In a friendly against St Minver, at home, Port Isaac started well but faded badly, losing 7-1.

AIR AMBULANCE

A fundraising sale raised £350. Special thanks to Dr Baird and to everyone who made donations and gave items for sale.

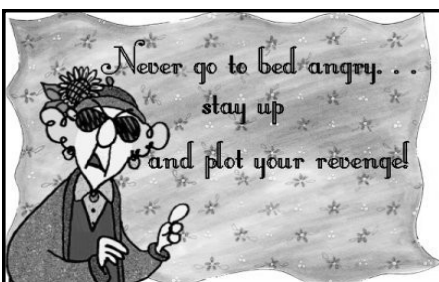
CHURCH NEWS

Sponsored Walk – About 20 people, and a varied assortment of dogs, took part in the annual walk for the Churches of Port Isaac, St Endellion and St Kew. Fortunately, the weather was fine and the walk started at St Endellion, through St Kew and back through Pendoggett to Port Isaac where refreshments were provided by helpers.

Longcross Harvest Festival – Mr Rex conducted the service and Bill Dawe ran the auction, raising £370 for the handicapped and local organisations in St Endellion parish.

NO TRIO WAS PUBLISHED IN OCTOBER 1996

Bess Coates



Summer used to be a quiet time for some of our members but, this year, thanks to our many friends, we had several treats to enjoy. September has been special, starting with the Cream Tea with music, generously given by the Lifeboat Committee members, which almost all of our members (and some friends) were able to attend.

Golden Circle News

Then came the Great Day Out in Devon, when a full coach from the village had a wonderful day on and beside the River Exe. To the well-known skills of Barbara and Dee in travel planning, cake making and Bingo calling (not to mention the new sport of Throwing the Sugar Lumps) we now have to add the art of weather divining – we basked in sunshine while Port Isaac was grey and gloomy all day. Is there no end to their talents? And all they, and their kind assistant Liz Brown, got for their pains was a paddle in the cold waters of Exmouth and, I hope, the glow of knowing how much pleasure they gave to so many people. And a big thank - you to everyone who supported the fund raising earlier in the year and to the Fishermen's Friends and the Frank McNichol Trust who gave donations towards our day out.

The Autumn programme of the Golden Circle begins on Thursday October 13th at 2.00 for 2.30pm in the Village Hall. Helen Richards, who was our County Councillor until the recent boundary changes, will talk to us about her public work and the challenges facing the county.



"Where's the bus?" Waiting in a gloomy and wet Port Isaac!

The November meeting will find Barbara Hawkins bring out the artist in each of us, and in December we hope to hear from Nurse Jan Mewton how to keep fit despite the over-indulgence and lack of exercise of the season.

New members, and occasional visitors, are very welcome to our meetings, which are held on the second Thursday of each month, from October to April.

Penny Manders

Local History Group

We had a very successful exhibition on the 10th & 11th of September. Approximately 150 people came through the doors to partake of the refreshments, to learn a little of the history of the village and its surrounds and to talk – mostly to talk.

We also were given a piece of the historical jigsaw by a man whose grandmother bought a property in the village in 1938.

Our thanks to Peggy Hills who has a gift for extracting money from people with deep pockets, and to Mark Townsend who has half promised to make a small trawl for our next exhibition. Liz Rowe provided some very pleasant background music.

By a coincidence, five days later I had a phone call from a man in Ontario, Canada, whose photograph I have standing beside a Walrus seaplane at the head of the beach. He was last here over 60 years ago with the Canadian forces.

I think a good time was had by all who attended. There was certainly a great deal of talking going on,

These past two months have been busy for Port Isaac RNLI, both from an operational point of view and for the Fund Raising Committee. Starting with the sharp end and what the RNLI is all about - Saving Lives at Sea - the end of July saw Port Isaac Inshore lifeboat crew busy on two rescue operations within days of each other.

On the July 22nd the boat launched at 19-15 hours with Nigel Sherratt on helm and crewmembers Damien Bolton, Laura Barnden and Andy Cameron on board. This was in answer to reports of a boy in the water at Port Quin with injuries caused by "Cliff Jumping". When the lifeboat arrived the boy's friends had managed to get him out of the water. The Air Ambulance was called and Port Isaac Coastguard marked out a suitable landing area in a nearby field for the helicopter boy was then flown for specialist treatment at Treliske Hospital.

(Ed: This incident was mentioned on the BBC Radio 2 Jeremy Vine programme in a feature about the dangers of cliff jumping).

Three days later at 16-47hrs, the lifeboat was called out by Falmouth Coastguard to go to the assistance of a capsized canoeist in Port Quin Bay. Richard Hambly was on helm with Paul Gregory and Laura Barnden as crew. The canoeist had been in the water for two hours and suffering from hypothermia. First aid treatment was administered and the casualty taken into Port Quin beach, where Port Isaac Coastguard were in attendance, to be collected by the Air Ambulance Helicopter. *(Ed: I happened to be at Port Quin when this incident occurred and witnessed a spectacular beach landing by the Air Ambulance helicopter).*

Then on our actual RNLI Fun Day on August 21st another call out came in just minutes before our crew were about to put on a demonstration of sea to air rescue techniques with an RNAS helicopter. Four people in a powerboat with engine failure were being swept out to sea. Our crew scrambled with hundreds of spectators gathered out on the beach, breakwaters and headlands all eagerly awaiting the scheduled demonstration - it took everyone a minute or two to realise this was the real thing!

Our boat, already at the waters edge, was away with Nikki Bradbury, Kevin Dingle, Richard Hambly and Sam Williams on crew and in a matter of minutes had reached the powerboat and began to tow it into Port Gaverne. Meanwhile, the RNAS Helicopter was already on the way to carry out the planned air to sea demonstration. However, ex lifeboat crewman Eddie Fletcher, who was at sea in his boat, saved the day taking over the final tow to the beach allowing the lifeboat, crewed now by Nikki Bradbury, Kevin Dingle, Richard Hambly and Nigel Sherratt, to rendezvous with the helicopter and continue with the much appreciated sea/air display as planned.



The air-sea rescue display

An hour later our boat once again set out across the harbour to complete a joint exercise together with Port Isaac Coastguard Cliff Rescue Team transferring a casualty from a particularly difficult location on the west side of the harbour down into the Lifeboat and then to shore. This demonstration was co-ordinated by Coastguard Station Officer Ken Richards

Since I am referring to our most recent event, the RNLI 2005 Fun Day, I should like to thank all those who dedicated so much time, energy and fun to the planning, setting up, running, providing entertainment and the grotty end of it all, the clearing up. Without these supporters, which not only include the hard working RNLI committee but many others, this day would not take place. Some statistics are worth noting - six barrels of beer all dry, 25 bottles of Pimms empty, 550 Burgers and 200 Mackerel BBQ'd, 25 or so bags of rubbish. What would we do without that very special support man Richard to whom we give a special thank you and of course to Byron who donates us our car-parking slot. The list could go on; there are many more who contribute in many ways to the success of this special day. The outcome of all this looks as if the RNLI will benefit with a record sum in excess of £3500. It is appropriate to say a big thank you here to Sharps Brewery who, as always, is most generous with support.



Jill & John Mc sold raffle tickets to win this barrow of booze

Additional to the Fun Day programme the stage was set for the start of the 'Victory Challenge 2005' for which Port Isaac Rowing Club have loaned their gig *Unity*; the plan being to row from Port Isaac to London over 20 days, by which time it will have covered over 300 miles and been through a hundred plus locks! At 1-30pm, with cheers echoing in their ears and the St Minver Silver Band playing 'Rule Britannia', *Unity* set off with an all nurse crew from Treliske Hospital to row the first sea leg of 21 miles. Everyone rowing in this Challenge has arranged personal sponsorship of a minimum of £50 per leg and all funds are to be split equally between the RNLI, The Fire Brigade Benevolent Fund and Youth Rowing in Cornwall by agreement with the Cornish Pilot Gig Association. Full details on this event in next month's *Trio*.



The crew of nurses from Treliske

The proceeds from the memorable RNLI Trafalgar Ball at Colquite Manor that took place on May 28th have now been fully accounted for and I can confirm that the amount raised, clear of all costs, is just over £30,000. This has gone towards the Padstow Lifeboat Appeal.

On a final note, all those Golden Circle members and friends - don't forget our RNLI Committee invite you all to be our guests for our annual cream tea event. Do come along and join us from 3-00pm to 4-30 pm at the Village Hall on Thursday September 8th.

Bob Bulgin, Chairman, RNLI Port Isaac

(All photographs courtesy of Macman)

The following report is not based on approved minutes signed by the Parish Council.

Parish Council News

COUNTY COUNCILLOR'S REPORT

Mr Rowe reported that he had just returned to duties after taking a month off to help his wife with their new baby. He was asked if he had heard what the County Council was doing regarding the traffic calming between Port Isaac and Trewetha after the Parish Council's meeting with Robert Constance. Mr Rowe suggested that the Council write to Mr Paul Allen and explain that their meeting with Robert Constance has not been acknowledged and the Parish Council was becoming extremely concerned about the pedestrian safety over this stretch of road.

CHAIRMAN'S REPORT

The Chairman reported that the litter bins around the Post Office were overflowing and referring to last month's report regarding the refuse bins along the Coast Path and The Platt, it was decided to contact our Environmental Health Officer to request a site meeting to discuss this problem with a view to getting much larger bins in all locations.

PORT ISAAC VISITOR CENTRE

Following last month's report in the *Trio* regarding the Visitor Centre, the Parish Council has heard from Mr Charlie David of North Cornwall District Council and he has been invited to our September meeting to discuss this matter further.

NEXT MEETING

This has been arranged for Monday, 12th September, at Port Isaac County Primary School, at 7.30 pm.

Robin Elgar, Parish Councillor

PLANNING APPLICATIONS AND NOTICES

Application 2005/01575 - Erection of 5 no detached dwellings with garages for local families in housing need employed in local businesses, coastguard etc. Outline Planning, Committee. Mr N B Cleave, Brooklands Farm, Port Gaverne. **CIlr M Lee declared an interest and left the room. The Parish Council felt more information regarding this application and the restriction to assure properties go to local families was needed before the Parish Council could comment on this application.**

Application 2005/01479 - Erection of a conservatory at rear of dwelling. Full Planning. Delegation Possible. 9 Silvershell Road, Port Isaac. J and LJ Hooper. **The Parish Council is in support of this application.**

Application 2005/01474 - Retention of external flue with stone effect timber cladding previously installed without consent. Full Planning. Delegation Possible. Old School Hotel, Fore Street, Port Isaac. **The Parish Council is not in support of this application as it was felt it was an insult to use timber cladding on the most important listed building in the village.**

Application 2005/01475 - Listed building consent for the installation of external flue with stone effect timber cladding previously installed without consent. Listed Building. Delegation Possible. Old School Hotel, Fore Street, Port Isaac. **The Parish Council is not in support of this application as it was felt it was an insult to use timber cladding on the most important listed building in the village.**

Application 2005/01501 - Retention and alteration of raised decking previously erected without consent. Full Planning. Delegation Possible. Higher Moon, Tintagel Terrace, Port Isaac. Mr P and Mrs A Stretton & Mr J and Mrs P Wait. **The Parish Council is not in support of this application as adjacent properties would be overlooked.**

Application 2005/01623 - Continued use of agricultural building for storage of agricultural machinery/grain storage together with boat(s) storage/maintenance, previously commenced without consent. Full Planning. Delegation Possible. Mr I Buse, Glebe Farm, St Endellion. **The Parish Council is in support of this application.**

Application 2005/01552 - Aperture to be formed in bedroom 1 to accommodate new window. Full Planning. Delegation Possible. Mr J & Mrs A Davis, 11 Silvershell Road, Port Isaac. **The Parish Council is in support of this application.**

Approvals & Refusals

Application 2005/01501 - Retention and alteration of raised decking previously erected without consent. Mr P & Mrs A Stretton & Mr J and Mrs P Wait, Higher Moon, Tintagel Terrace, Port Isaac. North Cornwall District Council **APPROVED** this application.

Application 2005/01351 - Erection of extension. D Sproull, The Rock, Trewetha Lane, Port Isaac. North Cornwall District Council **APPROVED** this application.

Application 2005/01267 - Demolition of existing dwelling and erection of new dwelling. N Baker, Westwinds, Port Gaverne. North Cornwall District Council **APPROVED** this application.

Application 2005/01441 - Conversion of guesthouse to two three-bed flats. J Miller-Wilson & E Watson. North Cornwall District Council **APPROVED** this application.

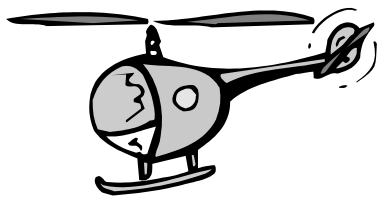
Application 2005/01059 - Retention of raised wooden terrace previously erected without consent. Ms L Houston, The Old School House, Port Isaac. North Cornwall District Council **REFUSED** this application.

Application 2005/01060 - Listed building consent for the erection of raised wooden terrace. Ms L Houston, Old School Hotel, Fore Street, Port Isaac. North Cornwall District Council **REFUSED** this application for the reasons stated in **Application 2005/01059** above.

Application 2005/01281 - Erection of first floor gabled extensions and dormers to front and rear of bungalow. Mr & Mrs M Daly, Cleardaze, New Road, Port Isaac. North Cornwall District Council **REFUSED** this application.

(Continued on page 11)

Delabole Air Ambulance Shop



June and July were busy months and the warm sunny weather resulted in customers buying lots of lightweight clothing and any beachwear in stock was soon snapped up!

Sales in the shop for June were £385 and for July £345.70. Many thanks are due to Mr Rice of Kelly Bray for a very generous donation of £205, which was collected at his recent 70th birthday party in lieu of gifts.

The Tombola stall at Delabole Carnival raised £106.

The team of volunteers wish to inform customers that the AIR AMBULANCE CHARITY SHOP is completely independent of HEAD OFFICE. All monies received in the shop are paid direct into FFAST Bank Account minus rent, rates,

Police Notice NO PARKING



There is **NO PARKING** at all, day or night, in Fore Street, Back Hill, Trewetha Lane and Church Hill. All these areas are clearly signed.

Keep our roads clear for emergency vehicles including our lifeboat.

Police and Traffic Wardens will be taking positive action at all times regardless of whether you are a resident, visitor, business or tradesman.

You have been warned!

Seashore Shanties

The Fishermen's Friends are shantying on the Platt;
(I listen in comfort while at home I stay)

of ships, drink, foreign parts – and girls – they sing
"Rock and roll me over one more day".

Fisherfolk, builders, various crafts you'll find
- I listen intently but still at home I stay –

this band of knowing angels, better than ever.
"Rock and roll me over one more day".

It's cold outside, but music keeps them warm;
I listen with pleasure though at home I stay.

Another reason why this village rates.
"Rock and roll me over one more day".

They share with us the fancies we all have
- I listen in safety, for at home I stay –

of being young and wild; the world is theirs
"Rock and roll me over one more day".

A little time for us to dream we're free
adventurers, on the safe side of the sea.

I listen with joy, but warm at home I stay
"Rock and roll me over one more day".

Graham Tayar, Port Isaac, June 2005

*NB The writer lives – some of the time – a convenient
15 yards from the harbour*

St Endellion Parish

Hospital Voluntary Car Service

The residents listed below offer their services as drivers. If you require transport you telephone one of them directly to make arrangements.

Bartlett - 880442 * Bolton - 880218 * Bulgin - 880765

Childs - 880322 * Cooke - 880256 * Isaacs - 880098

Murray - 880861 * Raynor - 880581 * Watson - 880298

Contributions required:

Plymouth	£30*
Hayle	£30
Falmouth	£30
Truro	£24*
Redruth	£24
Newquay	£20
St Austell	£20
Bude	£20
Bodmin	£14
Wadebridge	£10

Please note:

1. This car service is for residents of St Endellion Parish only
2. You are requested to give a minimum of 48 hours notice when requesting transport
3. The service is for appointments only (not for those visiting patients)
4. It is for people who have no other transport
5. The charges are for the round trip and not half journeys if you are to stay in hospital
6. * Plus any car parking charges (in addition to contribution)

ANY PROBLEMS CONTACT TED CHILDS ON 01208 880322

(Continued from page 10)

Application 2005/00955 - Erection of new four bed dwelling with annexed accommodation. Mr & Mrs S Bushby and R Bushby, 40 New Road, Port Isaac. North Cornwall District Council **REFUSED**.

Application 2005/00921 - Retention of wetland/pond area previously constructed without consent. J R Cleave, Land Adjacent to, Port Isaac Sewage Works, Port Isaac. **This application has been withdrawn.**

Full reasons for the refusals can be obtained from the Parish Clerk.

Aquarium trip

On Friday the 8th of July the school went to the National Marine Aquarium in Plymouth. We looked at all of the different fish and we saw loads of things such as baby seahorses, sharks, baby sharks, starfish, turtles, eels, and lots of different kinds of fish. We had a snack at first and then we had lunch after watching the sharks being fed. We walked around everything and then went to the gift shop. It was a really fun day.

by Ashley, Year 5

Trip to Crealy's

On Monday 25th of July the whole school went on a trip to Crealy's Adventure Park! The senior class were allowed to go off by themselves but the infants went in groups with the adults. Everybody got soaked when they went on the log flume. This was a fun day!

by Daisy, Year 5

End of term play

Last week the senior class performed a play in the village hall. Lots of parents came to watch. The play was about the past and the future ahead for our year six leavers. Everyone had a part and I had to sing 'I Hear Thunder' at the beginning and again at the end. I was a bit nervous at first but I survived!

by Roxanne, year 4

Joke of the Month

Knock! Knock!
Who's there?
Lettuce!
Lettuce who?
Let us in!!

As told by Sophie

schoolchat

Port Isaac School
news and views



Sports Day report

On the 7th July the school had Sports Day. We had loads and loads of races. In the morning we did field events like skipping, long jump, step ups and hoola hooping. In the afternoon we ran races like shuttle relay, mystery race, sprints, egg and spoon and spacehopper. At the end the Mums and Dads and toddlers did races of their own. Everyone enjoyed themselves and the cheetahs were the champions this year.

When the races were finished we had a Summer Fayre and the Friends of the School raised over £300. Thank you to all who came along!

by Rosie Collings, Year 5

Super Senior Camp

On Thursday 14th July at 5pm all of the super seniors went to Harlyn Bay. When we got there we played in the park and then put up our tents. After that we walked to the beach for a BBQ and stayed there until 10pm. When we went to bed the girls didn't go to sleep for ages! After breakfast the next day we went surfing. I think all of us managed to stand up a bit. It was fun. We went back to school at 2.30pm and on Monday told the rest of the class all about the best bits. I enjoyed everything!

by Ashley, Year 5

Goodbye ... We said "Goodbye" at the end of term to Joe and Michael who are moving on to Camelford. We wish them all the best. We also said "Goodbye" to Warren, Chloe and Ben who are moving away from Port Isaac. We will miss them!

Book Review: Just Stupid!

The author is Andy Griffins and the illustrations are by Terry Denton. It is suitable for age 4 upwards.

The main characters are Andy, Mum and Dad. It is set in a supermarket and tells the story of Andy who goes to buy some groceries.

I especially enjoyed this book because it was really funny with amusing illustrations!

by Mawgan Smith, Year 4

Happy Birthday
Birthdays celebrated in August

Ronnie Tyler 8

STEER news

Information

Gateway Signs – in

conjunction with the Parish Council We are pleased to see the sign-boards at last in place, although there may be a few adjustments to lift one or two. Anyone wishing to display notices in the STEER notice board, please contact me.

Website –

portisaac.org.uk

We would like to welcome Tony Wainwright who has recently joined the forum in order to help us with the website. Tony has already started adding to the website by installing links to other local sites, editing many of the features and he would be pleased to hear from anyone wanting to be included on the site. Tony can be contacted at tonywainwright@hotmail.com

Beach Cleaning

STEER has allocated funds to help look after the beaches in both Port Isaac and Port Gaverne. We have agreed to pay half the costs to replace some of the sand that has been washed away this summer and are pleased to say that the dredger from Padstow has recently delivered a load. We hope that this, together with the high tide, will help to clean up the beach.

Anyone interested in helping STEER with our projects should attend our meetings. The next one will be held in the Village Hall at 7.30pm on Thursday October 6th when we will be discussing, amongst other matters, the cost to bury the cables and a possible footpath from Port Isaac to Trewetha.

David Raynor
01208 880581

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers to the area.

Telephone Katrina Gill
(co-ordinator) on
01208 850465

Father Alan Wainwright

The whole of our community was saddened to hear of the death of Father Alan Wainwright after a long illness.

A requiem Eucharist was held at St Endellion on Tuesday August 9th and a special Eucharist of the Resurrection in thanksgiving for Father Alan's life was held on Tuesday 16th August, again at St Endellion, when the church was packed with Father Alan's family and friends. Both services were moving tributes to a priest who was held in high esteem in North Cornwall and beyond.

Father Alan was a truly remarkable man. His ministry started in Gloucester in 1942. He then went on to serve in parishes in the Home Counties, during which time he was also a director of the Samaritans.

In 1977 he retired from being a parish priest and came to Cornwall. With his wife Maggie and their long-time friend Nigel Pickstone they became hoteliers at Treyarnon Bay and then landlords of the Cornish Arms at Pendoggett.

Although Father Alan had retired from working for 'the church', for him once a priest always a priest. He carried on a ministry in the churches of the area where each Sunday and on weekdays he would celebrate the Eucharist.

His ethic was service to the community, in church and out of church. It is said that he heard more confessions in the Cornish Arms than he did in church! Another aspect of his ministry was his care and compassion for the bereaved. He took many services at the crematorium and families were always grateful for his meticulous care and kindness.

Father Alan was a remarkable man and a consummate priest. So many will miss him and so many of us are better for having known him.

Father Michael

Thanks again to Dugald Sproull for sending us another cutting from the Cornish & Devon Post, 14/07/05.

"70 years ago, July 27 1935

Mr H May, secretary of Delabole Football Club, writes to the Editor complaining of 'poaching' by Port Isaac AFC in endeavouring to attract players from Delabole and other clubs."

Writing a will According to the Society of Will Writers, a stunning 70% of adults in the UK die without making a will. Local will consultant, Derek Wells, says that "the vast majority of people still assume that their partners will automatically inherit". This is not necessarily the case. If there is no will, then it is left to the authorities to decide what happens.

Apart from the long delays this can entail, there is no guarantee that someone's wishes will be respected with regard to their property and assets. This is particularly important for couples living together, especially if children are involved, same sex partners, single people, divorced and separated.

A major concern is the low inheritance tax threshold, currently £275,000. If your estate is above this figure you have to pay a whopping 40% death duty tax – but this can be limited by including an Inheritance Tax Trust. Another worry, particularly affecting older people, is the fear of losing their home to pay for care costs. This can be addressed in many ways, the most popular being a protective property trust or by deed of gift.

Writing a will is not as difficult or as expensive as many people imagine and a properly drafted will avoids problems.

Derek Wells



Lands End to John O'Groats ... and back again!



Well, mission accomplished; I actually made it back in one piece - although only half of me actually returned!

I have been amazed by the interest shown by the village and the amount of sponsorship pledged. All money raised will be divided between Port Isaac School and the Air Ambulance.

Anyway, I finally set off at 9.00am on July 11th with the children from Port Isaac School waving me off. I had already given a presentation at the School the week before - the most nerve-racking part of the whole trip! - so they knew who I was and gave me a rousing send off.

It was hot and sunny and thirsty work with the weight of my tent and other kit. First stop was in Redruth for a quick service of my bike at *Bike Chain* where I had obtained it two weeks previously. Then, on to Lands End. Up to this point, the going had been relatively flat but the hills now started and I got tired due to lack of training, the hot weather and not enough drink. The last ten miles is very hilly and, to be honest, I was knackered! However, Geoff Harris was waiting to take some photos and, after a drink and some food I quickly recovered. I soon discovered that the secret to stamina was loads of carb foods the night before and loads of drink during the day; dehydration has a massive effect. I was in bed in my tent by 8.00pm.

Next morning and it was hot again but I was feeling better and got back to Port Isaac and spent the evening on the Platt - first stage over. On Wednesday, after sorting things out, I didn't hit the road until 5.00pm and only made it as far as The Mill at Trebarwith and then Trewarmett Lodge where I camped. It was promotion, honestly, and I did raise £100 that night!

So, 6.00am Thursday morning and the journey started properly and I made Taunton that night. The campsite had peacocks roaming round. Next stop was Cheltenham and I made good time before getting lost coming out of Bristol - the signs are rubbish if you don't want the motorway. That night I slept in a nice soft bed at my daughters.



Before setting off the next day I got an extra drinks bottle and a lightweight foil sleeping bag as I had forgotten how cold it gets at night. It was a lovely day again but the worst night was to come in Newcastle under Lyme. No campsite or B&B would accept me and it was too rough to camp on the roadside so I ended up in a 'travel lodge' that appeared to be owned by some East European mafia and frequented by the local lowlife. When I asked about a safe

place for my bike I was told to take it to my room - two flights up!

Monday was the first serious rain and the hill climb over Shap that was easy, showing how my fitness was improving. Bad weather again the next day and, at one stage, I had to get off and push my bike downhill! By now the roads were getting terrible and almost dangerous with ruts, holes and protruding drain covers. I got through Glasgow OK - apart from a few wolf whistles - and then went along Loch Lomond where, once again, the campsite had peacocks - plus the dreaded midges, aaaaargh!

Wednesday was off over Glencoe, which was easy, but going downhill to Fort Williams was pretty difficult due to headwinds. I decided to have Thursday off because although I was fine physically, mentally I was very tired. I spent the day sunbathing in Fort Augustus, which is a lovely place.

Friday dawned and I decided on a big push, hopefully to John O'Groats. By Inverness I realised this was possible - and then I got a puncture! It only took half an hour to fix and I was sailing along again until Helmesdale where it got very hilly but I made it to John O'Groats by 10.30pm - it was still light. By the time I had I'd camped up it was quite late but I decided to ring the Golden Lion to share the news but no-one answered the phone so it was a bit of an anti-climax.

I had another rest day on Saturday and then on Sunday morning it was the start home. This trip was generally less newsworthy but I was now up to 150 miles a day. I took a different route through Scotland and did my highest point of over 1516ft at Drumochter Pass, then along Loch Tay, which was a bit like being in the English countryside. A couple of times I got stuck between campsites at the end of the day and camped on the side of the road. One morning I was woken at 5.00am by the police as there had been break-ins locally the previous night and they wanted to check me out ... in a tent with my pushbike outside?

Another time, south of Stone, a pub beckoned from across the road as, wet and cold, I prepared to camp and I got a warm welcome. After chatting I discovered that the landlord had considered buying the Crow's Nest a few years ago and knew Port Isaac well!

My longest day was the last one. I left Winchcombe in Gloucestershire at 7.00am and after 195 miles finally made home at 9.30pm. The weather was fine until the last 20 miles when the heavens opened and the wind blew - what a homecoming. But what a welcome I got when I finally made it into the village. I was forced to sit in the Lion, soaking wet, and was plied with drinks. Welcome home!

Dave Danson-Hill

Next month sponsorship totals and details of all those who helped and donated - and a few other observations!

Compost Corner aka Manure Monthly!



Well, have you spent any of August nibbling away at your unruly bits? Are your lawns neatly edged and your weeds brown and shrivelled? Or, did you just pour a glass of vino while you thought about the first task and then found the second and third glass slipping down rather too well to be safe holding a pair of secateurs?

Well, so what! August is, well, August - Mad - Busy. If you have seen us looking haggard and fraught it's mostly due to 'August' (honest, we scrub up quite well if you look through dirty specs or forget to put your contact lenses in!). We would like to quash any rumours. August has not driven us to self-harm. Our shredded lower arms are war wounds in the never-ending battle against brambles, nettles and things of a most prickly nature. So, August may have been a month with little progress in the garden. What challenge then shall we issue for September?

A bit of a tidy up? Get rid of weeds before they seed. Snip off dead flower heads and obtrusive limbs from your plants.

And what about planting some bulbs? They are fairly inexpensive, easy to plant (most bulbs should be planted deeper than you might think - three times their own depth) and bulbs will pop up year after year, at different times of the year, in a range of glorious colours. They need next to no attention (*Sam Ed: A bit like men, really*) and reproduce themselves quite happily.

What about making your garden more 'nature friendly'? It doesn't take much effort, needn't cost anything and there are big advantages. If you do your best to avoid the use of chemicals and provide food, water and shelter - particularly during the winter period - you are sure to notice an increase in the wildlife in your garden. Birds are a natural pesticide, hedgehogs will do you the service of scoffing snails (they like dark corners, logs and dried leaves to hide under) and insects such as ground beetles, ladybirds, hover flies and centipedes will help to keep populations of 'undesirable' bugs at bay. Any form of water will not only quench the thirst of those mentioned, but will also encourage slug eating frogs and toads to your garden. Anything from a pond to a birdbath will be appreciated. Even old containers filled with water are better than nothing, though a shallow, sloping edge is preferable for those without wings.

If you are happy to spend a bob or two, you could buy a bird box, a bird table and plants that are particularly attractive to wildlife - lavender, mint and marjoram are wonderfully fragrant herbs loved by butterflies and bees, sedum and helenium are less fragrant but lovely and colourful and are favourites of our winged friends too. Wildlife friendly trees and shrubs provide shelter and food for birds and insects - why not buy a hawthorn, cotoneaster or pyracantha, all a fabulous source of berries for birds, a buddleia for the butterflies or a fuchsia for the bees?

Is it a bit cheesy to admit that we are at our happiest working with Mr Robin at our side, bees buzzing around us, a slowworm or frog searching for cover and a blackbird singing from a tree? Cheesy or not, it's very, very lovely, very natural and very easy to achieve.



So, picture yourself with that glass of chilled pinot grigio, lounging decadently in the beauty of your tidied garden in fabulous sunshine, with a myriad of activity of a natural nature going on around you ... and hope in all that loveliness you aren't bitten, stung or left a colourful calling card by our berry-scoffing feathered friends!!!

*Liz & Jules
Rockery Chicks*



TWO KITCHENS ONE COOK



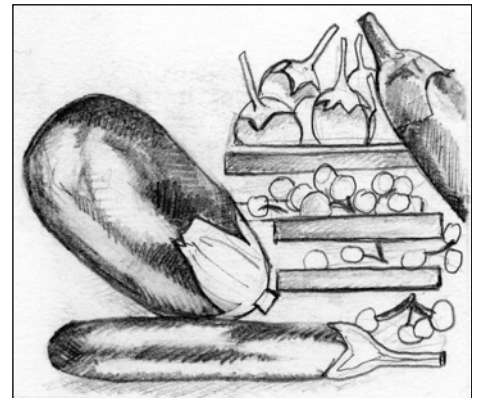
What's Cooking? Aubergines in September

Aubergine and Goat's Cheese Filo Pie. Crisp pastry and a squidgy sour filling. A simple recipe I've served after a busy day at the beach, as a starter on the terrace at Front Hill and here in Winchester as a vegetarian main course. Although I have focused this month on aubergines, I also want to introduce a sweet and sour flavour, Tamarind. It is an ingredient in Indian cooking, chutneys and Worcestershire sauce and can be bought, ready to use, in jars.

With aubergines, I don't bother with all that salting and draining, which is meant to reduce their bitterness. I have never found the aubergines I use bitter. Although salting can reduce the amount of oil absorbed, I find that by roasting, rather than frying, this isn't a problem. I use a non-stick roasting pan and coat each slice of aubergine with olive oil and then I simply roast for 30-40 minutes at 200°C/400°F/Gas Mark 6. The aubergines are then ready to use as the recipe requires.

Aubergine and Goat's Cheese Pie

2 large aubergines, sliced and roasted as above
250g/8oz soft goat's cheese
2 tbslp rosemary, finely chopped
100g jar tamarind
270g/11oz packet of filo pastry (can be bought frozen)
about 6fl oz olive oil
2 crushed cloves of garlic



- 1 Preheat oven to 170°C/325°F/Gas Mark 3
- 2 Prepare aubergines as above
- 3 Add garlic to the oil and brush the inside of a large lasagne dish
- 4 Working quickly so that the filo pastry doesn't dry out, line the dish with one layer of filo and brush with the oil and garlic and then sprinkle with rosemary. Don't worry about going over the edges with the filo as these will be crumpled at the end. Add another layer of filo and again brush with the oil and garlic and sprinkle with rosemary. Give the base three sheets of filo with three or four for the top, depending on the size of your filo sheets and your dish.
- 5 Layer the base with aubergine and crumble over the goat's cheese. Then spoon the tamarind over evenly. There are lots of strong flavours and you may find you want less tamarind, but I like it this strong. Give it a go and see. Season with pepper but not salt as the goat's cheese will be salty enough.
- 6 Finish with layers of filo as in step 4 but sort of crumple the top and push in the sides. You may need to keep a damp tea towel to hand to cover the filo as it does dry out very quickly. Finish with a good brush of the oil and garlic and a generous grind of black pepper.
- 7 Bake for 30-40minutes.

This pie can be prepared in the morning and cooked for supper. At the end of step 6 cover with a damp tea towel and leave in the fridge until ready to cook.

I love this served with a tomato and onion salad, but add a little honey to your salad dressing as you won't want any more of the sour thing going on.

ENJOY!

Orah

A few more words of wisdom from the SOG LET US SPRAY

After the last two contributions being a little on the light side I thought I'd get back to some serious thinking.

Who invented curly garden hoses? Some creative sadist from the B&Q research and development department or 'The thinking up catchy ideas which will end up with the customer having to purchase a very similar item next season, if it lasts that long' department.

These things should carry a government health warning. I know you must think I have some deep rooted psychological defect which sets me against DIY and all who sell, deal and use the items which come under this banner. That may well be true, but this complaint is genuine, and from what I've seen around at other abodes which are cursed with one of these contraptions, I am going to be speaking for many of the misguided and downtrodden of this world.

I mean, you are sold the idea that, because this 30 metre length of hosepipe has been tightly wound around a cylindrical object during its manufacture, it will conveniently coil back to its original form once it has been used. That is just not true. First of all, 30 metres, no way. If you want to go any further than half that distance you are in trouble because that's when the deviousness of the invention, the coils, begin to kick in. With old-fashioned hoses, halfway to your destination and you forget that you haven't turned the water on you just lay the hose down and walk back to the tap and turn it - easy. With this test of one's patience, you put the hose down to walk to the tap and it beats you there. But it hasn't coiled up nice and neatly. No, it has gone in all directions creating shapes one only see in cubist painting.

The next half an hour is spent undoing the mess this alien has created. Yes, by now you have decided that this is not down to some scientific rule proven by a great brain some time in history. No, this is a living creature whose sole purpose in life is to create mayhem and destroy marriages, therefore undermining the bedrock

of society, causing anarchy, and the disintegration of earthly civilization so that when the mother ship lands, takeover of the planet is a forgone conclusion. I can see the lights now.

Having untangled the pile of spaghetti, wedged one of the coils in the join of the back door, or laid a breezeblock on top of it, or pegged the thing into the ground to keep it from coiling back, and managed to turn the water on, the hose begins to take on another life. This is the one which is not responsive to your actions. This is when the alien initiates proactive action and really makes you suffer. The water has begun to flow because the ingenious device designed to stop this from happening has not been well designed and is not working (well, you think it's a design fault, but we know that it is just an alien trick). The water pressure has set the hose into a gyration, which would have shamed Pan's People into retiring ten years earlier than they did. You try desperately, with the speed and agility of an Olympic

gymnast, to grab the attacking snake before it bites, but as the lunge fails, you hit the floor with a painful and embarrassing thud, and it turns on you. First the face, so as to blind you to what is



coming next, then to your clothes, always for males beginning with the trousers, in the crotch area, so that if you are successful in stopping it there you will walk back to the house with the whole family believing that you have begun to lose the control of your bodily functions, and begin phoning round local nursing homes to check on vacancies and cost.

A lack of success in ending the green monster's onslaught at that point will result in complete saturation, an awkward dance around the garden, legs kicking high hands and arms trying to point backwards in an attempt to block the increasing firepower of the spitting lizard. That is until complete silence suddenly hits, the aqua bullets cease, and a voice is heard to say 'will you stop messing about and finish watering the garden'.

Trelights Barbecue Evening

We would like to thank all you who came to the BBQ and made it such a successful evening. Our thanks also to those who donated raffle prizes, our Rick Stein Chef for the BBQ, Mark Hawken for the music and everyone who worked so hard to make the event so enjoyable.

With your support we raised approx £360 which will go towards Village Green Funds and our next event which is the Xmas Lights Switch on.

Trelights Village Green Committee

News from the Carn Awn Singers

The Singers had a successful concert at St Peter's Church, Port Isaac on Sunday 31st July before a fairly full Church. The programme was very varied with something to suit all tastes and included some new pieces together with some old favourites.

Guest artistes were some talented local young musicians: Thomas Howard-Tenor Horn, Kelynn Renals- Harp and Tom Warne - Violin.

Thanks are due to Tony Tournoff, Chairman for the concert, who kept the audience entertained. We are very grateful to him, our guest artistes and their accompanists, Angela Seymour and Jeff Burton, and to the PCC for allowing us to use the Church.

If you are planning a concert and would like further information about Carn Awn Singers please contact Jane Sadleir on 01840 213796.

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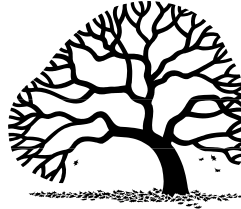
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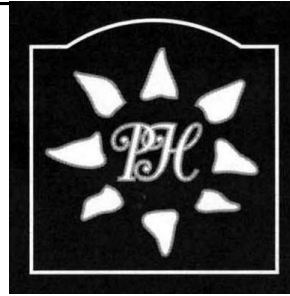
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Friendly reliable service

JULES MILLER-WILSON 07816 674366
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have your bags out by 7.00am

Saturday October 29th
Port Isaac Rowing Club's Halloween Gig at the Village Hall

Friday November 4th
'Dangerous Curves' (musical entertainment) in the Village Hall - 8.00pm

Saturday November 5th
Annual Bonfire and Fireworks - Port Gaverne beach - 6.00pm

Monday November 7th
 'In the Bag' Recycling collection - have your bags out by 7.00am

Saturday November 12th
 Children in Need Beach Party in Port Isaac Village Hall - a night not to be missed

Tuesday November 15th
 Whist Drive in St Endellion Church Hall - 7.30pm

Saturday November 19th
 St Peter's Church Christmas Mini

Market in the Church Rooms

Monday November 21st
 'In the Bag' Recycling collection - have your bags out by 7.00am

Thursday December 1st
 STEER meeting in the Village Hall - 7.30pm

Saturday December 3rd
 RNLI Christmas Market in the Village Hall

Monday December 5th
 'In the Bag' Recycling collection - have your bags out by 7.00am

Tuesday December 6th
 Annual Bingo in aid of the Mentally Handicapped in the Church Rooms - 7.30pm

Saturday December 10th
 Big 'Switch-on' of the village Christmas Lights - watch this space!

Monday December 19th

Sunday September 4th
 St Peters Church Harvest Festival

Monday September 5th
 PIGS Day on the Old Course, St Mellion

Wednesday September 7th
Frank McNichol Trust 'Art Day' with Bill Eley in the Village Hall - 10.30am

Thursday September 8th
 RNLI Branch Committee Cream Tea for the Golden Circle and friends in the Village Hall - 3.00pm-4.30pm

Saturday & Sunday September 10th & 11th
Port Isaac Local History Group Exhibition in St Peter's Church Rooms

Monday September 12th
 'In the Bag' Recycling collection - have your bags out by 7.00am

Parish Council Meeting at Port Isaac School - 7.30pm

Wednesday September 14th
 First meeting of the new Brownies group at Port Isaac School - 6.30pm-8.00pm

Tuesday September 20th
 Whist Drive in St Endellion Church Hall - 7.30pm

Sunday September 25th
Port Isaac School Golf Day at Roserrow Golf Club - 12.30pm

Monday September 26th
 'In the Bag' Recycling collection - have your bags out by 7.00am

Saturday October 1st
 Port Isaac Village Hall Curry Night & 'Lucky Dip' Art Sale - 7.30pm

Wednesday October 5th
RNLI Harvest Festival & Auction at the Slipway Hotel - 8.00pm

Thursday October 6th
 STEER meeting in the Village Hall - 7.30pm

Monday October 10th
 'In the Bag' Recycling collection - have your bags out by 7.00am

Wednesday October 12th
 Port Isaac Village Hall Coffee Morning

Tuesday October 18th
 Whist Drive in St Endellion Church Hall - 7.30pm

Wednesday October 19th
 Frank McNichol Trust 'Art Day' with Ray Balkwill in the Village Hall - 10.30am

Monday October 24th
 'In the Bag' Recycling collection -

<u>Issue</u>	<u>Copy Date</u>	<u>Publication Date</u>	DATES COPY TRIO 2005
October	September 19 th	September 28 th	
November	October 24 th	October 31 st	
December	November 28 th	December 7 th	

REGULAR EVENTS

Port Isaac Playgroup - every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jenni on 881038

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Local History Group - The first Friday in the month in Port Isaac Village Hall. Contact George Steer on 01208 880754

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers - Every Monday at 8.00pm in Trelights Chapel

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

Learning Together - Every Monday during term time from 1.30pm - 3.15pm in Port Isaac Primary School. 3 and 4 year olds to come along with an adult

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am
 Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
 Fellowship Service - last Thursday in the month at 7.00pm



Want to find out what's happening in the Village?
 Read your Trio and look on the Trio Diary page.
 Remember to make sure that your event is included here!