

TRIO

The Port Isaac, Port Gaverne and Trelights Newsletter • No: 258 • October 2005 • 40p

The Last Post

Port Isaac may not have felt any large tremors on the Richter scale this week, any volcano erupting or other extreme forces of nature. But we have seen the end of an era. After 35 years, Barry Collins has retired as the Port Isaac postman, quietly and with no fanfares or great fuss, as befits the nature of the man himself.

Barry started as postman on November 21st 1970, under the then postmaster, Mr Russell, working alongside Rob Carter. Over the years, he has had many sidekicks to work with (and to relieve him, if you know what I mean), notably Eric Thomas, Les Honey and Stan Harper. He has had to contend with torrential rainfall, force 10 gales, heatwaves, snow and ice. He has had to overcome Port Isaac's unforgiving hills with the equivalent of a sack full of breezeblocks on his back; indeed, Barry is the first postman ever to have been issued with crampons and a Union Jack for when he reached the summit of the round! He has had to suffer attacks from dogs, even from his own dog, and has been dive-bombed and splat upon by vicious seagulls.

Barry has been confused by second homeowners and holidaymakers who have assumed that he possessed an innate sixth sense to realise the specific whereabouts of "Dave - Port Isaac". Equally, people have expected him to immediately pick it up when they dispense with their house number and call their cottage by name only - "Fisherman's Cottage, Port Isaac" - don't you know that there are 15 other "Fisherman's Cottages?" Please.

Perhaps most of all, Barry has faced the Royal Mail Supervisor we came to know as 'The Bearded Woman' and he was not turned to stone. If you are
(continued on page 2)



Barry receiving his 30 years of service plaque from the PMG of Bodmin

They did it! Channel paddle sets new world record

On Saturday September 10th, James Cracknell, Olympic rowing gold medallist, and Peter Craske, his partner from Homer Park, Port Isaac, broke the world record for paddling across the English Channel. They took just 5 hours 26 minutes to cross from Folkestone in Kent to Cap Griz Nez, near Calais in Northern France. This smashed the previous record of 6 hours 52 minutes set by a Californian team in 1996.

(continued on page 2)

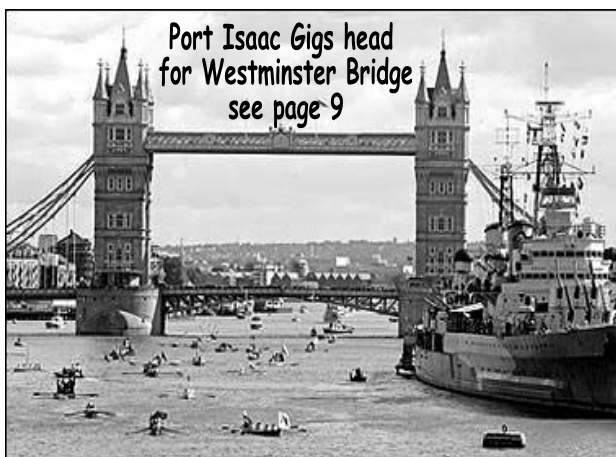


This issue

all the usual news plus ...

'Your parish council chairman hard at work!' - page 6

NEW - Website of the Month - page 11



Port Isaac Garden Society Annual Show

All the winners plus the winning children's handwriting - centre pages

Wear your poppy with pride

Buy a poppy
and remember ...



House-to-house collectors will be knocking on your door up until Poppy Day on Saturday November 12th. The Armistice Day Service will be held in St Peter's Church on Sunday November 14th at 10.45am.

Allan Chadband, Honorary Organiser

"When you go home, tell them of us
and say, for your tomorrow
we gave our today"

The Royal British Legion is the leading charity safeguarding the welfare, interests and memory of all those who have served in the armed forces and their dependants. We get the chance to support the British Legion each November on Poppy Day. The first Poppy Day was held in Britain in 1921.

The Mermaid by Laurence Llewelyn-Bowen



Signed Limited Edition Print

£50 unframed

Purchase from *Secrets*
or by mail order -

Tel: 01208 880862 or 880905

Email: deesam@bopenworld.com

all proceeds to Port Isaac Village Hall

"What's the second worst thing a woman can say to you?" "I've been thinking....."

"What's the worst thing a woman can say to you?" "I've decided!....."

(continued from front page)

Earlier in the week, at their first attempt, they failed eight miles short of the French coast, being trapped in a heavy swell.

The world record will gain a place in the Guinness Book of Records and also provide £50,000 of funding for *Access Sport*, of which £12,000 will go to *Surf's Up Boardriders Club*, based in Polzeath. Many Port Isaac youngsters will benefit from this success.

(continued from front page)

curious, she can still be found in a travelling freak show, in the cage between the midget boy and the elephant man (for an extra 50p, you can get a sharp stick to prod her with and make her angry, which is fun!).

What I am getting at here is that it has not been easy. So when next a corner of your letter has got a little damp because the postman has not shoved it all the way in because your letterbox is like a man trap, have a little sympathy for the postman, and take a few minutes to think how brilliant Barry has been.

We miss him working with us and wish him and Anne all the best with their animals and semi-retirement.

The PMG, Mel and all current and former staff at the PO



Through hell/hill and highwater,
whatever the weather, whatever the name,
whatever the address, however bad the
writing, you always managed to deliver
our post. Thank you Barry.
We all miss you and wish you
a long and happy retirement.



Trelights Methodist Church Sankey Evening

Trelights Chapel is holding another evening of praise

*Come and join in singing
all the favourite
Sankey hymns*

**Tuesday October 18th
at 7.15pm**

followed by supper

*Proceeds for
Chapel funds*

We look forward to seeing
friends old and new

Children in Need update...



There is no other way to put it, I am very disappointed. There has been very little response to last month's appeal. Those that have, have offered all sorts of help, but it hasn't come from many of you.

Can't Port Isaac do Children In Need?

Maybe it can't, or maybe, now that we are approaching the end of the busy season people can put their thoughts to other things and offer help, prizes, ideas, assistance, help on stalls, games etc, ideas for other games or stalls etc.

Come on let's do this.

Steve Appleby, 01208 880593

We're off to see the wizard, the wonderful Wizard of Oz



and if you want to be one of the lucky ones who get to see this years panto extravaganza from the Drekkly Theatre Company you need to act NOW!

Yes, you've guessed right - this year it's 'The Wizard of Oz', but what you get to see in Port Isaac Village Hall on December 28th, 29th & 30th and January 2nd will bear little resemblance to the story we all know and love. As usual this bunch of highly talented local thespians will be heaving their ample bosoms, titivating their wigs and generally overacting.

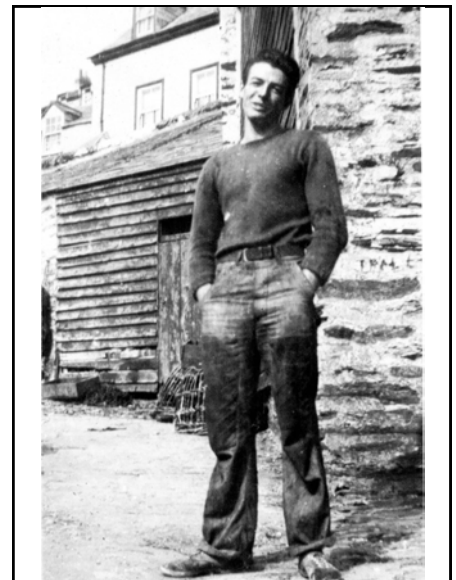
As always, all the seats are numbered and once they've gone, they've gone. No matter who you are or who you know, we will not be able to squeeze any extras in so

BUY YOUR TICKETS EARLY

They go on sale on Saturday October 1st for locals and then internationally from October 15th.

Seats in the first four rows are priced at £6 for adults and £4 for children under 16 and OAPs. All the rest are £5 for adults and £3 for children under 16 and OAPs. They can be purchased from *Secrets*. Telephone bookings can be made on 01208 880862/880905 or by email: secrets@secretsporisaac.com

Please note that all tickets must be paid for within five days of reservation. If not they will go back on sale.



Back in 1949, this handsome man just posed for photographs! Today, he prefers film cameras!

A belated Happy Birthday, Mark!

Port Isaac Village Hall

COFFEE MORNING

Wednesday October 12th
10.30am onwards

Join us for coffee,
home-made cakes, raffle,
bric-a-brac

everybody
welcome

something
for
everyone

Port Isaac Village Hall

CURRY NIGHT & 'Lucky Dip' Art Sale

Saturday October 1st - 7.30pm

Tickets still available from *Secrets*, £7 each



Locals coast along for WaterAid

WaterAid is the UK's only major charity dedicated exclusively to the provision of safe domestic water, sanitation and hygiene education to the world's poorest people. Its South West region organised a sponsored walk on Saturday September 17th along all 630 miles of the South West Coast Path, from Minehead to Poole. Teams of four to seven people each walked one of the 70 sections of the path. Every section was between five and 15 miles long and graded easy, moderate, strenuous or severe.

Margaret Tucker, Penny and Robert Manders and two regular visitors to the village were allocated the Port Isaac to Rock section, 11.7 miles and 'strenuous'. We were photographed by Mark Townsend on the Platt as we set off at 9.30am, while a tourist obliged at Rock Ferry to prove that we finished at 4.30pm. We had morning coffee just before Port Quin, opposite Doyden, and lunch overlooking the Rumps, while some had ice cream at Polzeath. The weather was perfect for walking, the sea-views marvellous (extending to Lundy Isle, 40 miles away!), and the countryside beautiful; cobwebs were definitely blown away! We thoroughly enjoyed our walk, although we did reckon the stretch to Port Quin was 'severe'. Admittedly, by contrast, the bit from Daymer Bay to Rock might be graded 'easy'. Two other team members from St Kew Highway weren't free to walk that Saturday, but showed solidarity by doing it the following week instead.

Each team member was pledged to raise at least £50 in sponsorship, so our team will have earned £350 or more towards the £50,000 WaterAid needs to fund its work in Tanzania. Sponsorship monies are still coming in and any further contributions will be gratefully received by the team members. The final total raised locally will be announced in the next *Trio*.

Penny visited Tanzania a few years ago to see WaterAid's work in the field and is always pleased to speak to interested groups about the work of WaterAid. She may be contacted on 880022.

Robert Manders

coming soon
to your Village Hall

DANGEROUS CURVES



Brace yourselves for a sparkling show of fun, humour and music. Fasten your seatbelts and prepare to be entertained by these three hilarious, outrageous ladies, lampooning anything and anyone, but especially themselves. Then, with a turn of a song, and razor-sharp harmonies, they can reduce you to tears with aching sensitivity.

Port Isaac Village Hall
Friday November 4th - 8.00pm
Tickets £6 each from Secrets

www.dancurves.co.uk e-mail: dancurves@lineone.net Tel: 01308 425 649

Community spirit in the village

Understanding how people are supported when they are unwell, distressed or disabled is important for all of us. We can read in every issue of *Trio* many examples of ways in which people work together to help each other - giving their time voluntarily, sometimes risking their own lives in the process. Contrast this with the stories we get in the media of villages with no soul, only occupied by people who have two homes and are never around. The media, and indeed much research, also seems to point to the fact that people do not join groups as much as they did in the past and the trend applies to all sorts of things, from the Churches, to political activity, trades unions and clubs. But we also know from research that being a member of a club or group like this is very important in keeping healthy, both physically and mentally. And the effects are not small - it can account for an extra ten years of life.

A small group of us, one a clinical psychologist who is also a resident of Trewetha (Tony) and three clinical psychologists in training, thought we would see how we might best go about understanding how Port Isaac, Port Gaverne and Trewetha 'works' in supporting the people who live here. We want to find out whether the services provided by the NHS, Social Services and so on, link in properly with the arrangements which occur naturally in the village. Our hunch is that sometimes they do, but quite often they don't. So we are meeting with a few people from the village, some who also work as health professionals, to talk with them about these issues. We then hope to meet with them as a group, having done some work on what they have told us, so we can build up a better picture of how the village works, so to speak.

All the services talk about social inclusion these days, but we are trying to find out what this means in practice, with personal accounts (of course respecting confidentiality), so that the health services can better understand how to work in a more inclusive way. We hope to continue this work in the future by exploring better ways of matching the style in which services are provided to the needs of the communities they serve.

If you would like to know more about this work, please contact tonywainwright@hotmail.com We are also putting references and articles on www.trewetha.com under the tab of village studies.

Frank McNichol Art Days

Ray Balkwill -

Painting the Exe Estuary
Wednesday October 19th from
10.30am to 3.30-4.00pm

Although the afternoon workshop is now booked, the morning session and lunch are open to everyone (10.30am-1.00pm). Cost £5 each.

If you've booked for the afternoon workshop, please bring watercolours if you have them. Also, please bring any sketches or photos that you can base a painting on, bearing in mind that the theme is painting water-scapes and boats.

Gill Goodright - Creative Textiles for Christmas

Wednesday November 16th
from 10.30am to 3.30-4.00pm

This will be a chance to be creative for Christmas. If you have a sewing machine, bring it along! Cost £5 each (including lunch) More details next month

Christmas Food - Paint it and eat it

Wednesday December 14th

Bring along your favourite food ... we'll paint it, then eat it!
Cost £5 each

To Reiki or not to Reiki?

With the increased use of complementary therapies it is difficult to decide what may suit your personal needs. Over the next few months we hope to provide you with information to help you manage your lifestyle.

What is Reiki?

Reiki is a method of healing that originated in Japan and in the early part of the 20th Century. The word in Japanese means universal life energy. Eastern medicine has always recognised and worked within this energy, which flows through all living things and is vital to well-being. Reiki's natural healing energy works on every level, not just the physical, and promotes the body's regenerative self healing ability. A Reiki Therapist uses this energy to encourage the body to heal itself.

What is Reiki commonly used for?

Reiki is used for a whole range of physical, mental and emotional conditions, including the relief of stress and tension such as

- Depression
- Anxiety
- ME
- General aches and pains
- Headaches and Nausea
- Post operative surgery

What will happen when I see a Reiki Practitioner?

You will be asked to sit or lie on a couch and the practitioner will take your medical history. It is not necessary to take any clothes off for this treatment. Your practitioner will discuss your treatment plan with you and will either place their hand on or over your body. During this treatment you may feel a flow of energy, mild tingling, warmth or coolness.

How will I feel after my treatment?

You will feel very relaxed and it is advisable to rest after a Reiki treatment and drink plenty of water.

Safety

Reiki does not take the place of conventional medicine. Always consult your GP for an acute or infectious condition, and problems of urgent concern. Reiki is a complementary therapy that works effectively alongside orthodox healthcare, so expanding treatment options.

If you have never had a Reiki treatment before and you are feeling stressed out or tired after the busy summer season, perhaps now is the time to try it.

AWARENESS WORKSHOPS

During October and November we will be running a series of workshops on Healing and Life Coaching. If you would like further information please call Pendragon House on 01208 880715


Of course she had to respond! To those of you who have lost the plot - Three months ago Bob had a jibe about a Neighbourhood Watch meeting he attended. He described in detail the fact that we had taken precious hours discussing letter heading. I responded in my usual outspoken fashion - I object to people criticising those trying to help in any way on a voluntary basis. Bob responded to my criticisms in last month's *Trio*. Since then, we have come to an understanding - two adults, brung up in the old fashioned tradition to take the mickey out of each other without getting too personal, but retaining our beliefs. My father always said, "Tease, take the mickey but always be prepared to accept the same treatment". Fare deal.

So, Bob - no wonder you get your facts distorted. To quote, "my memory is diabolical and I am stone deaf in one ear" (*Trio*, Issue 257). Good news if you are on Bob's deaf side, you can say what you want about him and he won't hear! Secondly, I was of the belief that taping meetings without consent was actually illegal or do we have an unknown new recruit from MI5 in our midst? Does dear Port Isaac really need such drastic actions? I do hope not.

You say you "do not complain" but "criticise". Well, the Doc Martin filming has certainly got a lot of criticism from you in the past yet you are willing to accept payment to have your cottage used as the police station. I wish my inferior cottage was worth being filmed - I could do with the money. I could go on!

So Bob, continue to write your exciting Agatha Christie style book. I long to read it.

Love Annie



Farming today: but what about tomorrow?

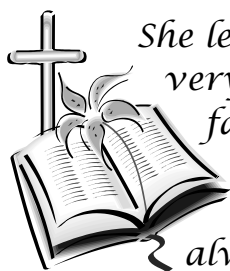
Bernice Flitney

*The sad passing away
on September 14th of
Bernice, third daughter
of Harry and Harriet
Leverton of Port Isaac.*

*Bernice was born at
Rose Hill in 1924. She
went to the local school
and then, like a lot of
village girls, with the
country at war, she
joined the forces, the
WAAFS, where she met
her future husband,
Don.*

*They married at
St Peter's Church in
1946 and went to start
their new life in
Hertfordshire.*

*It was 40 years later
when Bernice, now a
widow, returned to her
beloved Cornwall.*



*She leaves a
very loving
family who
will miss
her for
always.*

In churches, chapels, pubs and halls all over the country harvest festival has been celebrated once more. Traditional harvest hymns have been sung, prayers of thanksgiving offered, harvest suppers enjoyed and auctions of food and produce have been held to raise funds for those in need. Everything appears to be the same as it always has been in the countryside at this time of year.

But perhaps not for much longer, for farming is in crisis. Farming is undergoing change on such a scale that the countryside we know and love may be unrecognisable in a few years time. For it is generations of farmers who have made the largest contribution to creating our beautiful countryside and farmers are fast becoming an endangered species.

BSE, foot and mouth disease, bovine TB, cheap food imports from abroad and high fuel costs have taken their toll, but the greatest threat has come from European Union's decision to cease paying farmers subsidies according to how much food they produce or livestock they manage and to change to paying them per hectare for caring for the environment.

During the last few years, as prices for milk and livestock have continued to fall, farmers have tried to offset losses by increasing the number of sheep, beef cattle and dairy cows they have, but to no avail as giant supermarkets have imported cheap food from abroad and dictated the prices paid to local producers.

Hill farmers in particular, and those on other poorer quality land, will be affected most from the change to environmental payments and when they are forced to leave, there will be no one to continue their work of structuring and maintaining the best loved landscapes of the English countryside.

But even more heart-breaking is the human cost of all this. Farming is not so much a job as a way of life and one in which the whole family is involved. Perhaps the farm has been in the family for generations and now all they have worked for, their home, their livelihood, their whole way of life, seems about to vanish. Loneliness, helplessness and a sense of failure are often enormous, but farmers often find it difficult to talk to anyone about their problems, particularly financial ones.

They may not even talk to their closest family because the problems affect them too. Suicide rates, already high among farmers are expected to rise even further, so it's vital that farmers receive the help and support they need. One way is through the Farm Crisis Network, a partnership between the Arthur Rank Centre and the Agricultural Christian Fellowship which began in 1993. They have a large number of trained volunteers who can listen, understand and support farmers and their families and can also arrange for professional help for issues such as debt. The Rural Stress Network is also available to help.

Farmers sometimes feel that farming is all they can do, but think of all the things they can turn their hands to. Among them machinery, livestock rearing and keeping, food production, accounts, computers and much else. The very nature of their job means in fact that they are capable, highly-skilled and adaptable.

Those of us who live in a rural community, who are in contact with farmers and their families need to be aware of the pressures they are facing, and not only to buy locally produced food but also give the support and encouragement they desperately need at this time.

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers to the area.

Telephone Katrina Gill (co-ordinator) on 01208 850465

The season is quietening down – or is it? Following a very hectic year with the Trafalgar Ball and our Funday, both highly successful fundraising events, we turned our attention to our Golden Circle friends and arranged a cream tea on September 8th – our way of saying thank you for all their support and friendship over the years. Not only were many members present but they brought along friends and even visitors to the Village Hall to listen to Janet Townsend playing the piano in her expert, beautiful way, to enjoy each other’s company and to feast on the vast array of food available. We always enjoy this event and I hope everyone had as happier time as we, the committee, did.

Harvest Festival & Auction

Just as a reminder, our Harvest Festival and Auction takes place on Wednesday October 5th at the Slipway Hotel, courtesy of Kep & Mark Forbes, kicking off at 8.00pm (ish). Father Michael will conduct a short service and then it’s over to our PMG, Jon Cleave, for the auction. A chance for you to see friends, have a sociable evening and reach into your pockets and raise money for such a vital cause of saving lives at sea.

See you there.

Annie Price

Port Isaac Lamb

Locally reared and grass fed

Packaged ready for your freezer (whole or half lamb)

Produced to the FABBL ‘Farm Assured’ standard for welfare and husbandry on Fourgates Farm

Enquiries to Barry or Anne Collins on 01208 880755

A husband read an article to his wife about how many words women use a day – 30,000 to a man’s 15,000.

She replied, "The reason has to be because we have to repeat everything to men.

"What?", her husband asked!

Website of the month

I volunteered myself to write this column about websites which might be of interest to the readers of *Trio*, now that broadband is available to us. I will try and select them from the many which are out there for the relevance to our own villages – Port Isaac, Port Gaverne and Trewetha.

The first one I have chosen is The Cornwall Wildlife Trust. I am particularly interested in the wildlife of this area as it is one of the delights of living here. The information available on this website is comprehensive, covering everything from how to build bird boxes to how to join in with the Seasearch Projects - Pink sea fan survey. In these times when climate change is beginning to look more and more worrying, it is nice to have a website which describes our local wildlife and how we can help in monitoring what is happening. Things like the changing seasons, the winters without snow and so on.

Let me know what you think of this column by emailing me at tonywainwright@hotmail.com also with ideas about websites we could include in the future.

Other websites worth a look:

- www.trewetha.com - history of the village and pictures of how it used to be.
- www.friendsofthemain.org.uk - what work is going on in maintaining the Main, links to wildlife
- www.portisaac.org.uk - local businesses and activities
- <http://www.portisaac-online.co.uk/> - St Endellion Economic regeneration

Remember the war?

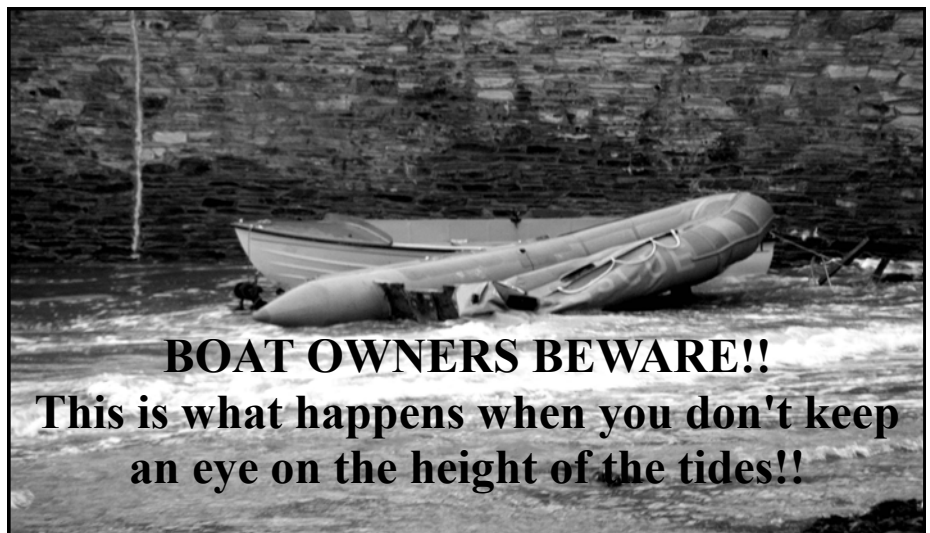
The Dunkirk spirit is alive and well and has been thriving in the hot atmosphere of the Slipway kitchen. Head Chef, Jon Poupard (yes, he’s the one who looks about 12) and Executive Chef, Chris ‘Lard Man’ Lanyon (yes, I’m the one who looks and feels about 70) decided to take on the challenge following the departure of several second chefs – one who followed his heart ... aah, what a pillock, and one who was tied to his mum’s apron strings and when she went back to St Austell he followed, and one who thought Newquay was five minutes from Port Isaac until he took a three and a half hour bus ride – and they say the youth of today are bright!

During our war of ‘nutrition’ we hope that we didn’t upset too many people and, if we did, we are too tired to care!

Congratulations to Jon for doing the job so well and congratulations also have to go to Jon’s Karen and to my Kim, Emma, Amanda and Daniel who basically have not seen me and Jon with our eyes open all over the summer.

Looking forward to Christmas and the New Year.

Chris ‘The Lard Man’ Lanyon, KP & Exec Chef, Slipway Hotel
And Jon, I can only say, “It’s been a pleasure, honestly”





Nicola Williams, representing the Port Isaac Floosies, receives the Mark Provis Trophy from David Provis

A plethora of Provis's marked the start of our annual local "come n' have a go" event! Lovely to see both of Mark's boys this year, and rowing as strongly as ever, the Provis clan won the George Moth Shield.

Great to see so many local men competing in this round robin event. I even spotted a flushed faced John Brown. I'm not sure what made him red though, didn't he cox?!

Two teams competed for Mark's trophy, Nicky B's 'Watershedders' and my 'Port Isaac Floosies'. We rowed off twice, swapping boats to narrow the odds, but the Floosies clinched both races to win the Trophy. I hope you all enjoyed the day. I did, it was good fun.

Ladies Championships were the first event of September. A bit of a blow for the girls as our engine room, Trudy Crowdy had to retire due to injury. Final results are still absent from the CPGA website, but our girls think they came in at a healthy 33rd. Their first round was a bit torturous, but by the second they found their stroke, coming fourth in a field of six, and knocking 30 seconds off their first round time. Again new rowers were in evidence, two of this year's novices pulling their weight. Well done!

October 29th is our Halloween Gig - band yet to be confirmed, but bound to be funky. Look out for the posters. Tickets, as always, on sale from me. Book the babysitter, dig out the fangs and book you tickets well in advance!

Nicola
01208 880834



An 'oarsome' weekend

Two Port Isaac gigs, *Unity* and *Roscarrock*, swelled the ranks of 40 traditional oared craft taking part in the Trafalgar Flotilla, a re-enactment of Nelson's funeral, on the river Thames. Port Isaac's new racing gig *Roscarrock*, had a mixed club crew that included her maker, Peter Williams, while *Unity* was loaned to a team of Treliske nurses (the initial rowers of the *Victory Challenge*).

Both boats were among the six gigs accompanying the shallop *Jubilant*, built for the Queen's Golden Jubilee, and bearing the new Trafalgar dispatch, a document symbolic of Vice-Admiral Cuthbert Collingwood's famous dispatch detailing news of the British victory and Nelson's death. *Jubilant*, swathed in black crepe and ostrich feathers, bore the dispatch aboard to St Paul's for a memorial service.

As we rowed upriver the magnitude of the occasion became evermore apparent, as the crowds lining the riverside space, bridge and balcony never lessened in density from Greenwich to Westminster. HMS Belfast was spectacular as, guns blazing salute we snapped up our oars in response as the smoke drifted away on the tide. A lone stiffly saluting officer pricked tears in my eyes. The dispatch delivered we pulled upriver, cheekily firing the last charge from our onboard cannon at the Palace of Westminster!

Afloat again a day later, I watched from a spectator boat the Trafalgar Great London River race. *Unity*, again on loan, was rowed by members of the budding Boscastle & Crackington Club. *Roscarrock* pipped her in the race, coming in three minutes shorter at 2 hrs 36 mins and 10 very important seconds, placing her 10th in her 28 strong class. In all, a moving and very memorable weekend for all the Port Isaac rowers privileged to have taken part.



Nicola




Village Dinner Dance

Saturday February 18th 2006
Bowood Country Club

£24 including return coach

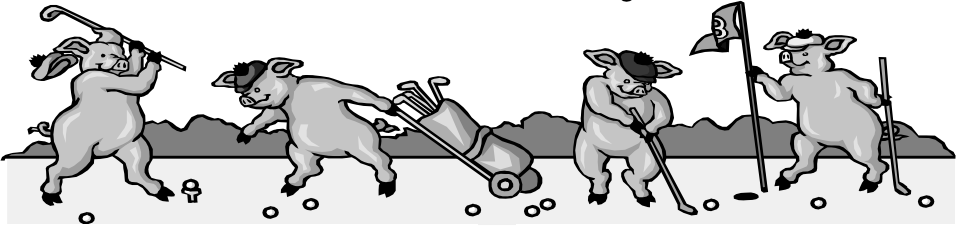
3-course dinner, live music and dancing

**Tickets for sale from the end of October from Secrets,
Port Isaac Pottery and The Watershed**




St Mellion Golf Club September 2005

PIGS on tour



A lot of last minute ringing round brought out the 16 little piggies to the King of Cornish golf clubs - St Mellion - for what was to become one of the funniest days we've had on tour.

On our arrival, rumours were rife about a certain family group who had been spotted leaving their house at 6.00am. After checking the CCTV tapes and our indoor 'Big Brother' tapes, we can confirm that Dad, Kevin, and his two boys, Andrew and Daniel, did make the practice ground at St Enodoc by 6.30am. The tapes made interesting listening:

DAD: Come on boys, it's time to be practicing. Practice makes perfect.

DANIEL: We've been up and waiting since 3.00!

ANDREW: Go away, it's 5.30 in the morning!

Golf is becoming a rather expensive game, especially for one of our members, namely Tim Worrell, who made the mistake of turning up and trying to play in a pair of combat style trousers. Some of you might be thinking that it doesn't really matter what trousers you wear, and I agree with you, but it did make for one of the funniest episodes in PIGS history. Tim tried on a pair of £50 wet weather trousers that were about eight inches too long and then, instead of rolling them up, he tried to tuck them into his socks! This made his ankles look like they had contracted elephantitis! After taking some advice from his fashion guru, Steve 'Trinny and Susannah' Bunt, Tim swapped his trousers for a pair of tailored shorts, but only after being talked out of taking a pair of scissors to the aforementioned trousers. Well, the shorts looked very posh until Tim put them on. The only way I can describe the 'look' would be to say, if Tim had been wearing a pair of wellies he would have borne a remarkable resemblance to Freddie Starr in his 'Hitler' outfit - absolutely hilarious. Thanks Tim, it was priceless.

There was also a lot of fun and hilarity on the course and I have been asked by our members to mention a couple of shots which brought a smile to their playing partners. The players involved were Mark 'The Beach Bum' Forbes and Paul 'Beaver Boy' Honey and they both involved water. The consensus of opinion was, don't get too adventurous with your shots boys because you can easily make yourself look a t--!

It seems like most of the fun happened after the golf finished when we were all enjoying an OJ from Andy 'The Adonis' Penny saying, "I might have won this, or maybe second, or third ..." to Jim Dyer saying, "Well, I've won a prize so I will stay for dinner after all, but don't tell Becky. The diet starts tomorrow!!" to 'Beaver Boy' announcing his team for the Port Isaac School Golf Day after hearing the St Mellion results. These were, if anyone is interested:

First	Daniel Grills	45 points
Second	Andrew Grills	42 points
Third	Jim Dyer	39 points

Longest Drive (or should that be longest trousers!) - Tim Worrell

Nearest the Hole - 'Beaver Boy' Honey (another fluke?)

There needs to be a couple of special mentions. The first is Billy Hawkins. At St Mellion, we normally get escorted from the bar (politely, of course) to our room for dinner. On this occasion it was no different, we thought. Billy was following our waitress, even after she had stopped, and, unfortunately for Billy, but fortunately for the following crowd, the only thing that stopped

Billy walking a marathon was a closed door - yet another priceless moment!

Another mention goes to our MC, Des Weston, and this is a request from me: Stop telling such funny stories because you'll be the death of me. And, by the way, if I see a fiddle player, a gaggle of young admirers and 12 ring doughnuts, I don't know what I'll do!

When Mr Guard was involved with PIGS he was always handing out fines for use of mobiles on the course. He would have had Mr Edkins up for about £50 of fines with Mike receiving faxes, texts and emails all day, much to the amusement of Mr Weston.

But the funniest event happened on the way home, involving Steve 'Reginald Mole Husband' Bunt, Geoff 'Soft Top' Harris, Jane 'My Hair, My Hair' and Tim 'Long Legs' Worrell. Steve was seen driving at 10mph, ensuring that Mr Harris, who was driving behind with his top down, got the full benefit of a very heavy shower that gradually filled up his new Volvo. Geoff, you'll just have to learn how to get it up quicker!

Finally, Mr Hambly's crushed fingers were caused by a wallet incident, not a cricket one as was first reported.

The Lard Man

The next PIGS match is at Mullion Golf Club on Monday October 10th - tee off 10.30am.

Wanted - someone to help with light domestic housework for 3-4 flexible hours a week, in Trelights
Phone Jocelyn on
01208 881156

coming soon ...
from North Cornwall Arts

LAUGHING GAS - O-Region

Tuesday October 4th – 8.00pm
Studio Theatre, Bodmin
Community College

Tuesday October 20th – 8.00pm
St Breock School, Wadebridge

A new play by Nick Darke and Carl
Grose.

Ticket £7/ £6 concs / £5 school
students

HANS KOLLER NEW MEMORIES

BIG BAND -12 piece
contemporary jazz orchestra

Saturday October 8th - 8.30pm
Wadebridge Town Hall

A mix of upcoming young players
and old hands, represents an often
breathtaking case of the book on
big-band jazz being rewritten.

Tickets £9 / £8 concs

**BRASS JAW SAXOPHONE
QUARTET**

Saturday October 29th - 8.30pm
The Swan Hotel, Wadebridge

An accomplished and ambitious
ensemble who aren't afraid to
enjoy themselves.

Tickets £8/ £7 concs

**LANTERN MAKING
WORKSHOPS**

October 24th – Public Rooms,
Bodmin

October 25th – Port Isaac Village Hall

October 26th – Sterts Theatre. Liskeard

October 27th – St Mary's Hall,
Launceston

10am – 3pm

Be a part of the beast burning by
taking part in lantern making work-
shops for all ages.

Tickets £8 (includes entry to Beast
Burning on October 30th)

BEAST BURNING

Sunday October 30th

Colliford Lake Park

Halloween Spectacular - a
magnificent fire show and burning
of a giant wooden sculpture of the
infamous Beast of Bodmin,

Tickets £6/ £5

Call 01208 821469/01840 214220

For more information or to book
tickets for any of the above events,
call the North Cornwall Arts Box
Office on 01840 214220.



1st Port Isaac Brownies

What a turnout we had for our first meeting! We had sixteen eager girls turn up from Port Isaac, St Kew and St Minver School to join in the fun and games. We got off to a flying start with songs and a 'getting to know you' game.

We've got lots of exciting things planned this term. Our first badge we're working on is the Brownie Traditions badge. It's teaching the girls the origins of the Union flag, how to light a candle safely, how to plait their hair and to tie shoe laces, and more. We've also got a trip to Delabole Fire Station, and we're making Halloween costumes so we can go out on a Halloween Safari supper. Look out for a cackle of witches coming to a house near you soon!

We would like to thank Jeremy Brown for one of the most vital parts of a happy Brownie pack, a giant skipping rope! The girls love it and will use it for many years to come. We're also very lucky to have Alice and Victoria join us - they are two experienced Brownies and have taught us a thing or two already, thank you girls!

A huge thank you goes to *Sproulls Solicitors* for kindly buying us a new flag. The old one was located in St Peter's Church. It had not been used for over 10 years and had defiantly seen better days. We will be proudly flying our new flag for many events in the future.

Thank you also to *Secrets* for buying us a shield for the 'Brownie of the Year'. All packs still use Brownie points and each year a shield is presented to a Brownie from each pack with the most points. This year it takes place at the Christmas concert in St Teath Church on Friday 2nd December. All the packs in the Camelford District join together for this evening and we all contribute a song or play to the evening and have a jolly old time!

But don't worry if you are going to miss that. We are planning a Christmas Coffee Morning at the school where you will be able to hear the girls in all their glory!

Happy birthday this month to Victoria, Holly & Toots

Watch this space next month for gossip from the girls!

A BROWNIE GUIDE THINKS OF OTHERS BEFORE HERSELF AND DOES A GOOD TURN EVERYDAY!!

Past times

October 1987

PORT ISAAC SCHOOL

Since the beginning of term, nearly £300 has been raised for School funds through individual efforts. Mrs Cleave held a coffee morning during the summer holiday and raised £121.62. Mr W Dawe donated £40 from the sale of harvest vegetables. Mrs C Richards organised a bingo evening that raised £121.10.

Harvest Supper – The School welcomed 24 senior citizens from the village and surrounding area for a supper of quiches, vegetables and other delights.

Football results – In the Six-a-Side Football League, the school played Otterham, away, and won 3-1. In a friendly against St Minver, at home, Port Isaac started well but faded badly, losing 7-1.

AIR AMBULANCE

A fundraising sale raised £350. Special thanks to Dr Baird and to everyone who made donations and gave items for sale.

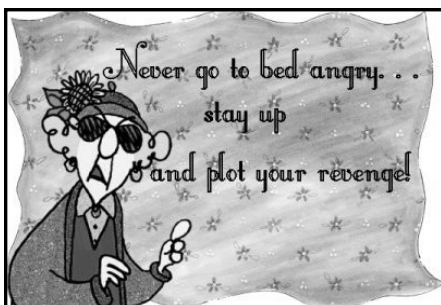
CHURCH NEWS

Sponsored Walk – About 20 people, and a varied assortment of dogs, took part in the annual walk for the Churches of Port Isaac, St Endellion and St Kew. Fortunately, the weather was fine and the walk started at St Endellion, through St Kew and back through Pendoggett to Port Isaac where refreshments were provided by helpers.

Longcross Harvest Festival – Mr Rex conducted the service and Bill Dawe ran the auction, raising £370 for the handicapped and local organisations in St Endellion parish.

NO TRIO WAS PUBLISHED IN OCTOBER 1996

Bess Coates



Summer used to be a quiet time for some of our members but, this year, thanks to our many friends, we had several treats to enjoy. September has been special, starting with the Cream Tea with music, generously given by the Lifeboat Committee members, which almost all of our members (and some friends) were able to attend.



Then came the Great Day Out in Devon, when a full coach from the village had a wonderful day on and beside the River Exe. To the well-known skills of Barbara and Dee in travel planning, cake making and Bingo calling (not to mention the new sport of Throwing the Sugar Lumps) we now have to add the art of weather divining – we basked in sunshine while Port Isaac was grey and gloomy all day. Is there no end to their talents? And all they, and their kind assistant Liz Brown, got for their pains was a paddle in the cold waters of Exmouth and, I hope, the glow of knowing how much pleasure they gave to so many people. And a big thank - you to everyone who supported the fund raising earlier in the year and to the Fishermen's Friends and the Frank McNichol Trust who also made donations towards our day out.

The Autumn programme of the Golden Circle begins on Thursday October 13th at 2.00 for 2.30pm in the Village Hall. Helen Richards, who was our County Councillor until the recent boundary changes, will talk to us about her public work and the challenges facing the county.



"Where's the bus?" Waiting to set off from a gloomy and wet Port Isaac!

The November meeting will find Barbara Hawkins bringing out the artist in each of us, and then in December we hope to hear from Nurse Jan Newton how to keep fit despite the over-indulgence and lack of exercise of the season.

New members, and occasional visitors, are very welcome to our meetings, which are held on the second Thursday of each month, from October to April.

Penny Manders

Local History Group

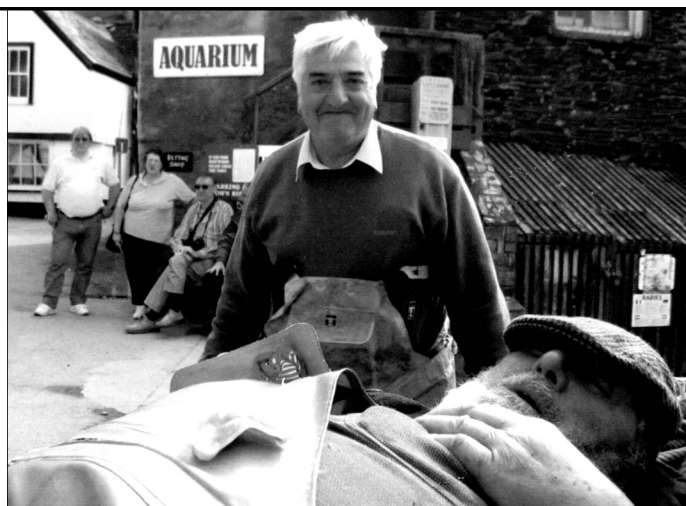
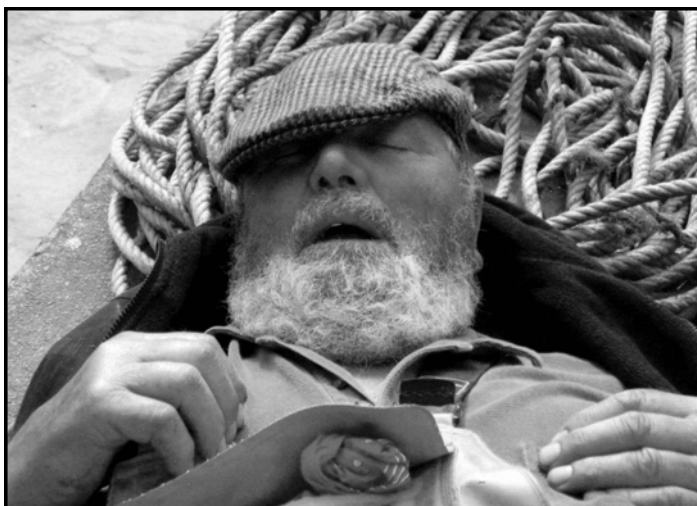
We had a very successful exhibition on the 10th & 11th of September. Approximately 150 people came through the doors to partake of the refreshments, to learn a little of the history of the village and its surrounds and to talk – mostly to talk.

We also were given a piece of the historical jigsaw by a man whose grandmother bought a property in the village in 1938.

Our thanks to Peggy Hills who has a gift for extracting money from people with deep pockets, and to Mark Townsend who has half promised to make a small trawl for our next exhibition. Liz Rowe provided some very pleasant background music.

By a coincidence, five days later I had a phone call from a man in Ontario, Canada, whose photograph I have standing beside a Walrus seaplane at the head of the beach. He was last here over 60 years ago with the Canadian forces.

I think a good time was had by all who attended. There was certainly a great deal of talking going on.



**Your Parish Council Chairman hard at work. Note the teeth are having a rest while he sleeps!
For colour copies of these photos contact B. Blake, Trelights at www.blakeytre.net**

LAST POSTING DATES FOR CHRISTMAS

Christmas is coming, and before you know where you are you'll be up to your neck in turkey and Christmas pudding. So, if you've got friends and relatives overseas, and you want to send them pressies, now is the time to act. For a lot of countries you've already missed the postal deadline for 'international surface mail'.

However, there's still time to send parcels to: Eastern Europe, Greece, Cyprus, Turkey, Malta and Iceland
November 25th
Western Europe **December 2nd**

For the 'international airmail' service you've still got plenty of time:

South & Central America,
Caribbean, Africa, Middle East, Far East (not Japan), New Zealand, Australia, Asia **December 9th**
Japan, USA, Canada, Eastern Europe **December 12th**
Western Europe **December 14th**

UK last posting dates

Standard Parcels **December 14th**
Second Class **December 17th**
First Class **December 20th**
Special Delivery **December 22nd**



Magical Managers 05/06

Division One

LW	POS	TEAM	MANAGER	PTS
2	1	S B MILAN	Scott Bennett	191
1	2	S.T.D. ALLSTARS	Jamie Hewett	177
3	3	MAYBEES	Tom Bishop	155
4	4	COME ON LAMPARD	Rachel Grills	148
5	5	WORLD DOMINATION XI	Andrew Grills	140

Division Two

LW	POS	TEAM	MANAGER	PTS
1	1	THREE STRIDES BEFORE THE WIRE	Kevin Grills	136
2	2	DON'T MIND GOING DOWN	Jon Poupard	136
7	3	HARTLAND ROAD ALLSTARS	Bryan Nicholls	126
3	4	TREWETHA LANE 11	James McDonnell	122
5	5	THE CAPPUCINO KID	Gary Mac	121

Division Three

LW	POS	TEAM	MANAGER	PTS
3	1	AWESOME	Margaret Honey	154
1	2	WHATSS UP	Neil Pooley	144
2	3	ALWAYS ON TOP	Mark Forbes	139
4	4	BEV'S BAD BOYS	Bev Bennett	139
6	5	THERE'S ONLY ONE UNITED	Gary Baker	137

Up to September 18th 2005 - 5/6 Games Played

fireworks This year's November fireworks display will be held on Saturday November 5th. The bonfire will be lit at 6.00pm followed by the firework display at 6.15pm. The barbecue will be in full flow as usual.



This year we will be holding a 'Guy' Competition, to be judged at around 5.30pm.

If you come by car, park at the top car park, as we have to keep the roads clear down at Port Gaverne for emergency vehicles.

Compost corner aka manure monthly!



Here we are in October so soon! Already we've been getting the odd autumnal day to remind us of what's round the corner weather-wise and the children are talking of bonfires, Halloween and what they might want for Christmas! It's easy to feel a bit down at this time of year, thinking that yet another summer has passed us by in a haze of long working hours and watching others lay on the beach eating ice-cream ... but we are the lucky ones! We live here in this beautiful place all year round, and how lovely to grab those 'surprise gift' days of warm sun that we often get in October, to enjoy loafing in our gardens just one last time before it gets too nippy to be entirely comfortable ...

Let's imagine we're waking up to a lovely warm day and decide to take a good book outside and relax in the sunshine for a few hours of escape. We probably shouldn't be doing this, after all the deadline for Tax Returns was 30th September and you still can't remember where those receipts for last April are, but having missed one deadline, you've now got till the end of January, and it might rain tomorrow and the day after that and for days following. You think the dog might have fleas, but it was bound to have been an aphid looking for it's way back to your roses, so really it's the roses that need attention, not the dog! Perhaps instead of a good book, you should take your pantomime script and learn your lines (creep?!), after all only another 24 rehearsals before the big day, but who wants to think about Christmas when the sun's shining in October????!! That's decided then, we're off outside ...

Oh dear, is it all looking a bit lifeless? Not much colour and a bit straggly round the edges? Don't worry, you're not alone! Lots of us put all our efforts into making the garden beautiful for the summer months and as soon as September arrives, we pack away our tools, empty our pots and containers of summer bedding, give the lawn a last mow and hope for the best till next Spring.

One of my favourite tips for all year round colour in the garden came from a retired horticultural lecturer who gave a fascinating talk one day at college, predominantly about winter colour in the borders. He suggested that if you didn't know much about plants and gardens, and were starting from scratch, you should pop into your garden centre each month and buy the things that were looking good and colourful there at the time. This sounds extremely simple and indeed it is! I have honed this tip still further and suggest looking in neighbour's gardens! They've probably got the same soil type as you and certainly similar weather conditions ... chances are, if they can grow it so can you. If you are on a budget, you could ask them for cuttings or if you can afford a few pounds at least you now know what to ask for in the garden centre (try and get the name - when I worked in a garden centre, we spent hours with customers saying, well, it looks lovely next door, it's pink with big green leaves and about so high!).

Herbaceous perennials are a life-saver at this time of year, lasting a bit longer than the annual bedding that gives such a boost of colour early on in the season. Place a few well chosen plants in among the shrubs (check eventual height and spread of the perennial to make sure you choose the right spot) and you have instant splash of vibrancy to take your border into early winter.

I'm a great fan of poetry and in keeping with this month's theme of sneaky escapes outside, I thought you might enjoy this:



I meant to do my work today

*I meant to do my work today -
But a brown bird sang in the apple tree
And a butterfly flitted across the field
And all the leaves were calling me,
And the wind went sighing over the land
Tossing the grasses to and fro,
And a rainbow held out its shining hand -
So what could I do but laugh and go?*

Richard LeGallienne



Aah go on, you know you want to!! Have fun!

Rockery Chicks



TWO KITCHENS ONE COOK



Myson Will has taken great interest in my monthly article. However, he took one look at last month's recipe and went something like, "Urr, yuk!! Why can't you give them something nice, that's disgusting!" - as if somehow I'm trying to make you all suffer by suggesting you eat goat's cheese. Anyway, the result of that conversation was that I have decided to stay away from my initial idea for October, pumpkins, and go for something really tasty, which means sweet, so here goes.

Almond and Lemon Drizzlers (*dieter's beware!*)

I'm giving you one of my 'just so easy to make' delicious morsels, great for a teatime treat and a dinner party pudding. You know, the morning before that special supper and you've sorted the starter and the main and are left wondering whether to just serve cheese. This cake can be whisked up in no time at all. I then cut it into small squares which I stack on a raised gateaux server, add a pot of that 'to die for' clotted cream and you're done.

Cake

- 225g (8oz) unsalted butter (be sure it's soft) plus 20g for greasing the tin
- 225g (8oz) caster sugar
- 150g (5oz) ground almonds
- 50g (2oz) flaked almonds (break down with the end of a rolling pin to create crunchy bits)
- 50g (2oz) self-raising flour (I've tried it with plain flour too, it depends how much you like the squidgy thing)
- 4 large eggs (duck eggs, if you can get them, are fab in cakes)
- 4tsp vanilla extract (buy the good stuff, not the flavouring, it's really worth it)
- 2 lemons, zest for the cake, juice for the drizzle

Drizzle

- Juice from the lemons
- 50g (2oz) caster sugar
- about 150g (5oz) flaked almonds for sprinkling at the end

1. Preheat the oven to 150°C/300°F/Gas mark 2
2. Using the 20g of butter, grease a large Swiss roll tin (26cmx38cm). Line with baking parchment and grease again.
3. This is where the fun starts: In a big bowl add all the cake ingredients (go on, I dare you). Then mix vigorously - it's best to use an electric hand whisk. And that's it. No creaming and adding bits of egg, just throw it all together.
4. Spread into the tin and sprinkle with as many of the flaked almonds as you like (I like loads). Then bake for 20-25 minutes.
5. While the cake is cooking make the drizzle. Gently boil together the lemon juice and sugar until it starts to become syrupy - about 10 minutes. Don't burn it - but, if you do, just leave it out, the cake is still good.
6. When the cake is cooked (it'll smell good and have a golden tinge), and whilst it is still hot, make holes all over with a skewer and then pour over the drizzle and leave to cool.
7. To serve, I find turning it out onto a breadboard works best. Take off the parchment and then cut into squares. I cut the crusts off if I'm serving it for a dessert, otherwise the boys like the crusty edges. Make the squares small, as it's very rich.

ENJOY!

Orah

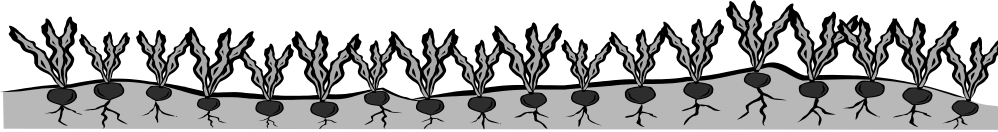
Port Isaac Primary School - Autumn and Winter Lunchtime and After-School Activities

We're looking for anyone interested in sharing their hobby/interest with small groups of children either during the lunch break (12.30 - 1.00pm) or after school (3.30 - 4.00pm). The aim is to have a light-hearted, enjoyable time where the children can participate in new activities. It could be a 'one-off' or more sessions.

Suggested activities: Art * Drama * Music - singing and playing instruments * Hair and make-up
Sports Skills - netball, football? * Board games * Book Club * Cookery * Crafts - pottery, sewing?
Dance Storytelling * Yoga/relaxation * Exercise * Sculpture * Computer

If you are interested, ring Jan (school secretary) on 880494

Port Isaac Garden Society Annual Show



Many thanks to all who came to support another successful Port Isaac Flower Show held on Saturday September 3rd. Although entries were low in cookery, with extra entries in the vegetable and flower sections, entries were up by about 100.

Sara from the Peapod judged the cookery this year and was very impressed with Ann Prouse's Victoria Sponge (Best Cookery In Show) and Ann retained the Cup for Most Points for Cookery.

Allan Chadband again swept the board with 15 firsts in vegetables - collecting Cups for Most Points Vegetables and Most Points Overall. This year Eric Stokes' 3 globe onions so impressed the new Vegetable Judge, Josh Kendrick, they were awarded Best Vegetable in Show - a reward for Eric's continued support of the Show over many years.

The Best Tray was Colin Meneer's and the Best Vase was by Margaret Birchwood, who also gained the Cups for Most Points for Flowers & Fruits and Most Points Overall - but was pipped at the post for Best Fuchsia Exhibit in Show by her husband Roy. Katie Childs judged Elizabeth Lewis' beautifully embroidered picture to be the Best Handicraft in Show.

Once again there was a delightful display of paintings and handwriting by the children from Port Isaac School with many of them entering the other children's classes. Taran Moseley's picture was awarded Best Child's Painting and he also received a Cup for his Miniature Garden on a Plate - his painting, together with the runners up, will be framed by Sam from *Secrets*. Sinead Tiddy gained most points in the Children's classes and Mark Rickard had the best handwriting for ages 5 - 8. The handwriting winners are printed on the next two pages. Our thanks once again to Dee and Sam for judging the children's classes and their support of the Flower Show. Also thanks to the staff and pupils of the School for their continued support.

This year Ian Honey presented the winners cups. Ian is a long standing committee member of the Port Isaac & District Garden Society.

Finally, thanks to everybody who helps the Show run smoothly especially Alan (who's vegetables are always so admired) and our friends from Trelights including Rex, Margaret & Roy, John & Ann, Anita & Ross, June, (and anyone we have missed out) and all those who exhibited and visited.

Good news for next year - we will be holding the 2006 Flower Show at a different venue. This will enable us to choose our own date earlier in the year, not governed by the Painting Exhibition and not clashing with other Garden Shows, the Cornish Gorsedd or Harvest Festival as it did this year - which we hope will leave you cooks with more time to enter exhibits in the Show.

Watch this space.

Robin Elgar



Above - Sinead Tiddy, Mark Rickard and Taran Moseley, all from Port Isaac, showing off their prize-winning exhibits.

Below - The miniature gardens entered by the children.





Port Isaac Garden

The Canvas of Life

Life is one great work of art

A canvas we need to fill

On this blank sheet we must start

With oils and brushes and skill

So let us to our task commence

Our version of life to fashion

A masterpiece of common sense

With hidden love and compassion

by Eric Stokes
age 10

↑ Rion Witcomb, age 10, takes Third Prize in the Children's handwriting, 9-11 category

The canvas of life

Life is one great work of art

A canvas we need to fill

On this blank sheet we must start
With oils and brushes and skill

AGE 5

↑ Mark Rickard, age 5, takes First Prize and the Best Children's Handwriting in the show award, 5-8 category

The canvas of life

Age 8

The canvas of life
Life is one great work of art
A canvas we need to fill
On this blank sheet we must start
with oils and brushes skill

So let us to our task commence
our version of life to fashion
A masterpiece of common sense
with hidden love and compassion.

↑ Laura Pattenden, age 8, takes Second Prize in the Children's handwriting, 5-8 category

the canvas of life
life is one great work
of Art A canvas we
need to fill on this
blank sheet we must
start with oils
and brushes and
skill.

So let us to our task
commence our version
of life to fashion. A
master piece of
comon sence with
hidden love compassion

↑ Holly Woosnam-Mills, age 6, takes Third Prize in the Children's handwriting, 5-8 category

CHILDREN'S RESULTS

Most Points in Children's Classes - David Phelps Cup
Sinead Tiddy

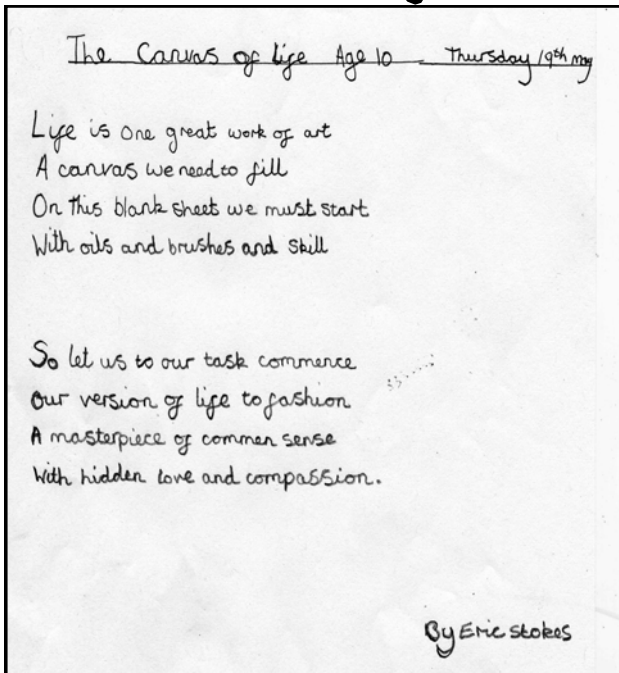
Best Child's Exhibit in Show - Garden Society Cup
Taran Moseley (mini-garden)

Best Piece of Child's Handwriting, age 5-8 - Trio Cup
Mark Rickard

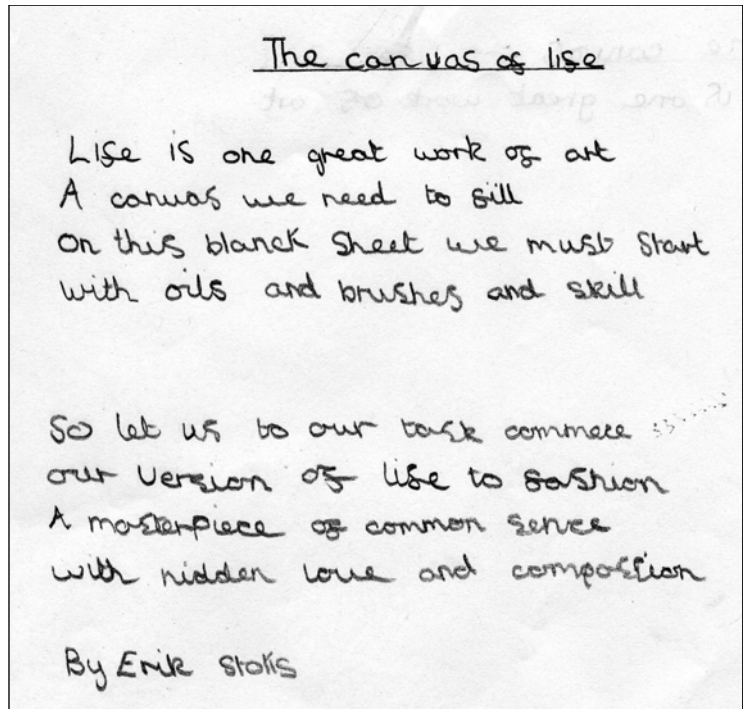
Best Piece of Child's Handwriting, age 9-11 - Trio Cup
Ashley Dyer

Best Child's Painting - Secrets Cup
Taran Moseley

Society Annual Show



↑ Ashley Dyer, age 10, takes First Prize and the Best Children's Handwriting in the show award, 9-11 category



↑ Michael Hasler, age 10, takes Second Prize in the Children's handwriting, 9-11 category

SHOW RESULTS

(Adults)

Most Points Overall - The Port Isaac Cup - Allan Chadband

Most Points Overall Runner-up - The Trewetha Farm Cup - Margaret Birchwood

Port Isaac Best Tray

1st - Colin Meneer 2nd - Robin Elgar 3rd - Eric Stokes

Port Isaac Best Vase

1st - Margaret Birchwood 2nd - Ann Prouse 3rd - Molly Farmer

Most Points for Vegetables - David Philp Cup - Allan Chadband

Best Vegetable Exhibit in Show - Central Garage Cup - Eric Stokes (3 globe onions)

Longest Carrot - Colin Meneer Cup - Colin Meneer

Most Points for Flowers & Fruit - Dr & Mrs G Barron Cup - Margaret Birchwood

Best Flower Exhibit in Show - Ian Honey Cup - Zofia Fry (3 orchid plant)

Best Fuchsia Exhibit in Show - Pam Sweet Memorial Cup - Roy Birchwood

Most Points for Cookery - Dr & Mrs W Baird Cup - Ann Prouse

Best Cookery Exhibit in Show - Miss Violet Baker Memorial Cup - Ann Prouse (Victoria sponge)

Best Handicraft in Show - Mark Provis Memorial Cup - Elizabeth Lewis (embroidered picture)

Come and join
in our
**Harvest
Festival**

2.00pm
Monday
17th October
in the
lifeboat house
All welcome

schoolchat

Port Isaac School
news and views



Tesco Sports Vouchers!

Tesco are doing it again only this time the vouchers are for sports equipment. We are collecting in school and our target is 3000. Please pass on any vouchers you collect to anyone in our school or drop into the office where there is a collection box!

Happy Birthday

Birthdays celebrated in
August
Esme Barry 5
Birthdays celebrated in
September
Daisy Thomas 11

Limericks!

This term we have started to look at different types of poetry. We have written our own limericks based on one that was read out to us. We hope you enjoy them!

There was a bright teacher from Torquay
Who fell over and broke his left knee
He was terribly glad
And not at all sad
Because it's safer than teaching 4C
Ashley Year 6

There was a bright teacher from Torquay
Who liked to dress up as a bee
It made him glad
And maybe quite sad
Though it's safer than teaching 4C
Rosie Year 6

There was a bright teacher from Torquay
Who was very very fat and porky
He fell off a cliff
Cause his leg was stiff
But it's safer than teaching 4C
James Year 5

There was a bright teacher from Torquay
Who bought a house in Turkey
When asked why he had
He said "cos I'm mad"
And it's safer than teaching 4C
Daryl Year 4

There was a bright teacher from Torquay
Who went to a loud crazy party
When asked was he glad
He said "no I'm sad"
And it's safer than teaching 4C
Laura Year 4

There was a bright teacher from Torquay
Who fought an octopus in the sea
When asked why he had
He said "cos I'm mad"
And it's safer than teaching 4C
Daniel Year 4

There was a bright teacher from Torquay
Who swam round the coast to Newquay
Why did you do it?
Cause I'm a right twit
But it's better than teaching 4C
Alice Year 6

There was a bright teacher from Torquay
Who ate a poisonous garden pea
His mother was sad
But he was glad
He said "it's safer than teaching 4C
Daisy Year 6

The following report is not based on approved minutes signed by the Parish Council.

Parish Council News

PORT ISAAC VISITOR CENTRE

Mr Charlie David attended the meeting to discuss the possibility of having a permanent Visitor Centre in Port Isaac. He said there were important financial and access issues to be considered. The portable Visitor Centre had been run by local volunteers. He advised the Parish Council of the costs involved at Boscastle where they are currently rebuilding the Visitor Centre that was demolished in the recent floods. To build a Visitor Centre with suitable access facilities costs approx £200,000. To fit out the Centre internally can be a further £50,000 and annual running costs are in the region of £45,000 (depending whether it was open all the year round). Visitor Centres generally make a net income of approx. £12,000 - £15,000 per annum. However, there may be restrictions in Port Isaac as to what can be sold, so as not to compete with local businesses. Staffing would also need to be considered. He also advised that the District Council is obliged to fund Visitor Centres in Boscastle and Tintagel as they are of historic interest. They are not obliged to fund a Centre in Post Isaac.

It was decided that without funding from the District Council a permanent Visitor Centre in Port Isaac is a non-starter. However the PC will not let this matter rest and will be writing to Mr Mark Hall, the Chief Executive of North Cornwall District Council, to explain the importance of Port Isaac as an historic fishing village where a Visitor Centre would benefit the whole community.

VOLUNTARY CAR SERVICE

Mr Ted Childs informed the PC that he (as Volunteer Car Service Co-ordinator) had received a cheque for £100 from West Cornwall Primary Health Care Trust. As the Volunteer Car Service has no bank account, it was agreed that the money would be paid into the PC bank account and distributed accordingly.

Mr Childs also advised that grants were available for this Service from East Cornwall Primary Health Care Trust. He was meeting with Malcolm Lee to discuss applying for these grants under the PC umbrella, as any further contributions we can obtain for this very valuable Service would be very useful.

SEWAGE ODOUR AROUND THE HARBOUR

The Chairman, Mr David Phelps, informed the Council that when this problem first occurred he telephoned South West Water helpline who were very unhelpful and told him that there was no problem. Other people from the village also complained to South West Water and were told that it was not their problem but an Environment Agency problem. This odour was spasmodic and occurred late in the evening. Following meetings with Ms M Flanagan (Environmental Health) and representatives from Sewage Treatment and the Sewer Network, South West Water have jetted some of the sewers and sealed some manhole covers in the Slipway area and at the junction of Dolphin Street and Rose Hill. The PC are writing a letter to Ms Flanagan thanking her for all her help with this problem and also a letter to South West Water asking for assurances that this would not happen again and asking for an explanation as to what caused this unpleasant problem in the first place. The PC would also request from South West Water a guided tour of the Sewage Works so that members would have a better understanding of the system. The PC thanked Mr Phelps for the amount of time and effort that he had put into this particular problem.

SPORTS PROJECT

Malcolm Lee reported that there would be a meeting on 21st September with Mr Neil Pendleton of North Cornwall District Council to discuss costings for sharing public services (sewage, water, etc.) between the Sports Project and the Affordable Housing.

NEXT MEETING

This has been arranged for Monday, 10th October, at Port Isaac County Primary School, at 7.30 pm.

Robin Elgar, Parish Councillor

PLANNING APPLICATIONS AND NOTICES

Application 2005/01867 - Conversion and erection of extension of a redundant barn to provide holiday accommodation (Barn B). Full Planning. Delegation Possible. Mr & Mrs C Barriball, Lower Bodannon, Trewetha. **The Parish Council is in support of this application.**

Application 2005/01866 - Conversion and erection of extension of a redundant barn to provide holiday accommodation (Barn A). Full Planning. Delegation Possible. Mr & Mrs C Barriball, Lower Bodannon, Trewetha. **The Parish Council is in support of this application.**

Application 2005/01776 - Erection of extension. Full Planning. Delegation Possible. Mr M Daley, Cleardaze, New Road, Port Isaac. **The Parish Council is in support of this application.**

Application 2005/01910 - To carry out works to tree covered by a Tree Preservation Order namely raising the crown of a horse chestnut tree by 1.5 - 2.0 m by removing selected larger branches. Tree Preservation Order, delegation possible. Ms E Harris, Parish Clerk, Coronation Park, Trelights. **The Parish Council is unable to comment on this application.**

Approvals & Refusals

Application 2005/01552 - Aperture to be formed in bedroom 1 to accommodate new window. Mr J & Mrs A Davies, 11 Silvershell Road, Port Isaac. North Cornwall District Council **APPROVED** this application.

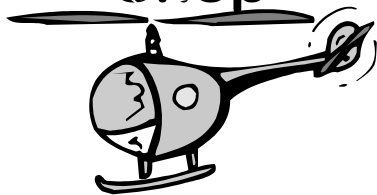
Application 2005/01479 - Erection of a conservatory at rear of dwelling. J & J Hooper, 9 Silvershell Road, Port Isaac. North Cornwall District Council **APPROVED** this application.

Application 2005/01279 - Erection of extension to kitchen and extension to provide store and WC facilities for the disabled. St Endellion PCC, St Endellion Church Hall. North Cornwall District Council **APPROVED** this application.

Application 2005/01623 - Continued use of agricultural building for storage of agricultural machinery/grain together with boat(s) storage/maintenance,

(Continued on page 20)

Delabole Air Ambulance Shop



August was a fairly quiet month although there were a good number of visitors coming into the shop. By the time you read this there should be some Autumn items on display and there are lots of books and puzzles for the darker evenings ahead.

The totals for August amounted to £329.69 net. Many thanks are due to Mr Lankston who donated £350 following the recent funeral of his father. We are most grateful to his family and friends who raised this very generous amount.

The team of volunteers wish to inform customers that the AIR AMBULANCE CHARITY SHOP is completely independent of HEAD OFFICE. All monies received in the shop are paid direct into FFAST Bank Account minus rent, rates, insurance, electricity and sundry expenses.

Many thanks to all our customers for your continued support. Opening hours are posted on the

Doc Martin

The first episode of the new 'Doc Martin' series will be shown on Thursday November 10th. It will run for eight weeks with the final episode being televised just after Christmas on Thursday December 29th.

The Quinian Trust Triathlon

The winning team in the race at Port Quin were Port Isaac's Barbara Hawkins, Dave Danson Hill and Richard Hambly

A fundraising event for brain damaged children



(Continued from page 19)

previously commenced without consent. Mr I Buse, Glebe Farm, St Endellion. North Cornwall District Council **APPROVED** this application.

Application 2005/01082 - Erection of a three bed house and garage. Mr J Graney, Land Adjacent, Merrywood, Trelights. North Cornwall District Council **APPROVED** this application.

Application 2005/01474 - Retention of external flue with stone effect timber cladding previously installed without consent. Mrs L Houston, Old School, Fore Street, Port Isaac. North Cornwall District Council **REFUSED** this application.

Application 2005/01475 - Listed Building Consent for installation of external flue with stone effect timber cladding. Mrs L Houston, The Old School Hotel & Restaurant, Fore Street, Port Isaac. North Cornwall District Council **REFUSED** this application.

Full details of the refusals can be obtained from the Parish Clerk.

Police Notice



NO PARKING

There is **NO PARKING** at all, day or night, in Fore Street, Back Hill, Trewetha Lane and Church Hill. All these areas are clearly signed.

Keep our roads clear for emergency vehicles including our lifeboat.

Police and Traffic Wardens will be taking positive action at all times regardless of whether you are a resident, visitor, business or tradesman.

You have been warned!

St Endellion Parish

Hospital Voluntary Car Service

The residents listed below offer their services as drivers. If you require transport you telephone one of them directly to make arrangements.

Bartlett - 880442 * Bolton - 880218 * Bulgin - 880765

Childs - 880322 * Cooke - 880256 * Dean - 880685 * Isaacs - 880098

Murray - 880861 * Raynor - 880581 * Watson - 880298

Contributions required:

Plymouth	£30*
Hayle	£30
Falmouth	£30
Truro	£24*
Redruth	£24
Newquay	£20
St Austell	£20
Bude	£20
Bodmin	£14
Wadebridge	£10

Please note:

1. This car service is for residents of St Endellion Parish only
2. You are requested to give a minimum of 48 hours notice when requesting transport
3. The service is for appointments only (not for those visiting patients)
4. It is for people who have no other transport
5. The charges are for the round trip and not half journeys if you are to stay in hospital
6. * Plus any car parking charges (in addition to contribution)

ANY PROBLEMS CONTACT TED CHILDS ON 01208 880322

The Peapod

Home-baked Cornish Fayre

OPEN DAILY

Dairy, Deli,

Daily Papers

plus fresh local meat
and vegetables

Tel: 01208 880223

DENNIS KNIGHT

WHOLESALE & RETAIL FISH MERCHANT
FISH CELLARS, PORT ISAAC

Proprietor: J T Collins

FRESH FISH DAILY - OPEN SIX DAYS A WEEK

Tel/Fax/Answerphone: 01208 880498

Mobile: 07969 555182



PORT ISAAC POTTERY
OPEN DAILY 10-4 880625

CENTRAL GARAGE

New Road, Port Isaac

MOT TESTING

CRYPTON TUNING

TYRE SUPPLIER

BOTTLED GAS

telephone Ross:

01208 880334

Watershed
CAFE BAR

Open

Thursday, Friday,
Saturday & Sunday

Dinner from 6.00pm

Sunday Roasts -

£5.95 - from 12noon

BOOKING ADVISABLE

Takeaway

freshly cooked

Fish & Chips and

Homemade Pizza

01208
880670

Nicki B caters for
meat 'eds, fish 'eds
and veg 'eds!

Sam Lorimer Interior Woodworks

Hand made Furniture and Kitchens

Purpose made Joinery

*A bespoke service creating something individual to
treasure and enjoy*

Tel 01208 77716 Mob 07989 440893

www.samlorimer.co.uk

Units 1&2, 2, Paardeberg Road Bodmin PL31 1EY

Need a painting or a pint, an electrician or a gardener, a builder or a hairdo, an osteopath, a pasty, a pot, building supplies, petrol, an MOT, a taxi, a solicitor, a takeaway or you want to go out for a meal?

You'll find everything and everyone you need in the

Trio Directory

REFLEXOLOGY & AROMATHERAPY
Natural  Harmony

A WAY TO BETTER HEALTH

Sandra Horsewill RAW DIP ITEC
SPINDRIFT NATURAL HEALTH CLINIC
Sprindrift, Trewetha Lane Port Isaac Cornwall PL29 3RW
Tel: 01208 880620 Mobile: 07817 962334

local information

Doctor's Surgery - 01208 880222 * NHS Direct Helpline - 0845 4647

Royal Cornwall Hospital (Treliske & City), Truro - 01872 250000

East Cornwall Hospital (Bodmin) - 01208 251555

Rubbish - Friday is dustbin day. Put your bins out before 7.00am and
REMEMBER - OUR SEAGULLS LOVE RIPPING OPEN BLACK BAGS!

Bus Service - Western Greyhound - 01637 871871

Local PC Malcolm Taylor - 07970 015864 or 08452 777444

Electricity (emergencies) - 0345 651651 * Water (helpline) - 0800 1691144

Samaritans - 01872 277277

Vetinary Surgery - Nutes in Wadebridge - 01208 813258

Parish Council Clerk - Elizabeth Harris - 01208 880927

Stranded seals/dolphins etc - Bob Bulgin - 01208 880765

TRELAWNEY GARAGE

14 New Road, Port Isaac

01208 880536

Servicing & Repairs

Petrol & Diesel Supplies

Breakdown Service

Accessories

GAS DELIVERIES

13kg, 19kg and 47kg

**Fishing Tackle
& Bait**

**To advertise in *Trio* call
01208 880905 or 880862 or
email:
deesam@btopenworld.com**

Still not made a will?

Wills written for just

£39.50

for this month only

We will professionally draft your will this month only for just £39.50 (usual price £79) in order to promote our range of legal services. For your assurance we are members of The Society of Will Writers.

Without a Will -

Married Your spouse may have to share your estate with others.

Unmarried partners Your partner may receive nothing at all, even if you have children together.

Parents The courts will decide who will bring up your children, not your family.

FREE Professional Advice

Please feel free to call us for free advice on issues such as -

- How to prevent your home being used to pay for **nursing care costs**.
- **Stealth Tax** - How to minimise and often avoid Inheritance Tax.
- How to legally appoint a family member as your attorney to care for your financial affairs should you become unable due to old age, illness or accident.

Making a will is one of the most thoughtful things you can do for your loved ones so don't put it off any longer. Call Freephone NOW. For a FREE info pack or APPOINTMENT

FREEPHONE 0808 178 8834 ref DW71

Wilkinson King Associates are members of

THE SOCIETY OF WILL WRITERS



The Harbour Seafood Restaurant

Open most evenings
for prime, selective,
fresh seafood

**For reservations -
Tel: 01208 880655**

J. C. RICHARDS & SONS

**ROOFING & BUILDING
CONTRACTORS**

Est. 1947

**Tel: 01208 841813
Mobile no: 07967 229291**

CLIFFSIDE GALLERY



PAINTINGS, CARDS AND ORIGINAL IDEAS
by KATIE CHILDS - OPEN EVERY DAY
2 THE TERRACE PORT ISAAC-Tel: 01208 880988
www.cliffsidegallery.com

Log on to

www.thisisnorthcornwall.co.uk

To find jobs and to win cash prizes.

Log on to advertise almost anything on our local notice boards.

Log on and add your business to the North Cornwall Directory.

Go on...its free.

www.thisisnorthcornwall.com

A resource for promoting North Cornwall to the masses, that exists purely through sponsorship



A real treat for anyone who loves to buy, cook and eat good food!

Thinking about Christmas...?

Come and visit us for lots of inspiring gifts for food lovers:

Cookery Books

Christmas Hampers

Fine Wines & Olive Oils

Tableware, Espresso Coffee Makers, Nigella Living Kitchenware

Indulgent Chocolates and Confectionary, including Panettone

Or maybe we could help you with your Christmas entertaining ...

Christmas Cakes

Dinner Parties with Friends

Celebration Parties

Whatever your catering requirements are, let our outside catering team take away the pressure of cooking and ensure that you relax as much as your friends!

Tues – Sat 9am-5.30pm (and Sundays & Mondays in the school holidays)

Near the Visitor Centre, Bossiney Road, Tintagel Tel: 01840 770880

WESTERN SUPPLY COMPANY

Builders Merchant & Decorator Centre for Trade & DIY

Come and see our wide range of products including:

An Extensive Range of Decorative Slabs & Decking ■ Fencing Panels

Plasterboard ■ Plywood ■ Cement ■ Planed Timber & Mouldings

Graded Sawn Timber ■ Treated Timber ■ Concrete Blocks ■ Sand

Chippings ■ Insulation Products ■ Plumbing Fittings

Electrical Fittings & Cable ■ Screws ■ Fixings ■ Hardware

New and Secondhand Goods etc

... and a paint mixing machine that can mix thousands of colours

COME AND HAVE A LOOK!

Atlantic Road, Delabole (01840) 212580

Open 7 days (Sat & Sun morning only) - Ample Parking - Deliveries arranged



Greeting Cards, Gift Wrap & Accessories

Fantastic range of cards for every occasion, at great prices!

**Call Cathy on 01208 881136
or 07815 068710**

R.A. HANCOCK ELECTRICAL CONTRACTOR

AGRICULTURAL & DOMESTIC WORK
SALES & SERVICE
SLIMLINE RADIATORS
DIMPLEX & CREDA
COMPLETE SHOWER INSTALLATIONS

Hartland Road · Port Isaac
Telephone: 01208 880328



The Slipway Hotel & Restaurant

OPEN ALL DAY FOR:

coffees, teas & pastries

varied lunch menu including seafood specialities

afternoon menu including cream teas

dinner from 6.30pm

**New menu with exciting fish, meat and
vegetarian options and use of local produce
and ingredients with creative wine list
*'Fresh Catch of the Day' every evening***



**3-course Christmas party menu available from
mid-November at £14.95 per head - *reservations essential***

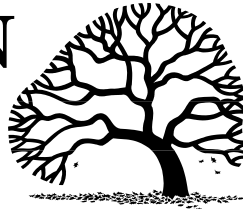


**We are also serving roast lunches every Sunday at
The Mill House, Trebarwith from noon until 4pm
(tel: 01840 770200)**

***Live Music - Billy & Rupert - at The Mill on Sunday
October 2nd & October 16th (tbc)***

**The Slipway Hotel, The Harbour Front, Port Isaac, Cornwall PL29 3RH
Telephone: +44(0)1208 880264 - Fax: +44(0)1208 880408
Email: slipway@portisaachotel.com**

GARDEN OF EDEN LANDSCAPE SERVICES



Ornamental walling • Patios
Crazy paving • Flag Stones • Turfing
Fencing • Hedging • Rockeries
Water features



For a free quotation phone Jim Dyer on
01208 880476 or 07970 919389 (mobile)

OURS

is yours!!!

We supply the
Cream Teas, Cakes, Tea,
Coffee and Drinks ...
You supply the company!!

We look forward to seeing you

Maggie & Gary
Victoria House
Fore Street, Port Isaac



Join us at



Enjoy stunning panoramic views

Come for breakfast, lunch, evening meal or a light snack

available from 9.30am (all day)

Local traditional food and homemade specials

Eat in or takeaway

Alternatively try one of our curry nights

4 The Terrace, Port Isaac

Tel: 01208 880305

www.crowsnestweb.co.uk

HOME MANAGEMENT SERVICES



Who looks after your home?
Do you need someone
reliable?

If you would like to talk to me and/
or receive details please contact
Annie Price

Tel/Fax: 01208 880410/880386
Mobile: 07831 105379

John Bray & Partners

Estate Agents
Property Sales, Surveyors & Valuers

JohnBray



Character Cornish cottages available
for self catering holidays with full
service management

11 New Road, Port Isaac
Tel: 01208 880302, Fax: 880144



(01208) 880449 – when closed 880739

Trelawney Travel

Private Hire

Local and Long Distance
including airports, nightclubs etc

24 hour service for advance
bookings

Up to 6 passengers

Friendly and efficient service

Competitive rates

Call now

01208 881111

from 8.00am—6.00pm

07854 784510

from 8.00am—10.00pm

KITTIWAKE COTTAGE



Bed & Breakfast

Proprietors: Nigel & Angela Sherratt
7 Middle Street

Port Isaac

Tel: 01208 880867

Cornwall

Mob: 07929 774727

PL29 3RH

email: kittiwake@talk21.com

LARGE HOLIDAY HOME

in old village

sleeps 10

log fire, gardens

for details call 01942 610603
or email: dave@alternativesteel



8 PARK PENNKARN
ROCKHEAD, DELABOLE
N CORNWALL PL33 9HA

Telephone 01840 213684

Mobile 07976 534458

L. OULTON Carpenter and Joiner

THE MILL, PORT ISAAC 2 LUXURY CONVERTED HOLIDAY BARNES

No worries about Parking
Two & Three Bedrooms
Fully Heated * Garden
Pets welcome * Quiet Location
Five minute walk
to shops and pubs

From £250 per week in low season

Apply Bertie Watson

Tel & Fax 01208 880298

M 07889 682263

Email: bertiewatson@tiscali.co.uk

PARKWAY

ESTATE AGENTS, BUSINESS TRANSFERS, SURVEYORS & VALUERS

- ESTATE AGENTS
- INSURANCE
- SURVEYING & ARCHITECTURAL DRAWING
- HOLIDAY PROPERTY LETTING
- PERMANENT TENANCY LETTING
- FINANCIAL SERVICES
- MORTGAGE AND INVESTMENT
- STROUD & SWINDON BUILDING SOCIETY



STROUD & SWINDON

REGULATED
BY THE FSA

OFFICES AT
CAMELFORD, 6 MARKET PLACE 01840 212121
TINTAGEL, FORE STREET 01840 770825

David Philp

FOR ALL YOUR GARDENING NEEDS

Phone 01208 880056

or 07817 161136

'HIGHER MOON'

Tintagel Terrace, Port Isaac

Modern Holiday House

3 Bedrooms,
2 Bathrooms

Sea views, garden
Parking for 3 cars

Tel: 01208 880755

Kim Lanyon

Your local

AVON rep

Call her on 01208 880924
for more information or to
receive a monthly catalogue

T.F. GRILLS

Builder and Carpenter
also

Painting and Decorating

Free Estimates

Telephone: 01208 880094

ROMAN BLINDS & CURTAINS

by NICOLA VICKERY
INTERIORS

Most soft furnishing undertaken
Stylish solutions for difficult windows!
Free quotations - 01208 880834

Annie Price Photography



Family occasions, children,
engagements, weddings, pets and all
other forms of wildlife!

Over thirty years experience

01208 880386 (tel&fax) or
07831 105379 (mobile)

WESTAWAY PORT ISAAC CORNWALL Bed & Breakfast Accommodation

Westaway is located just one mile
south west of Port Isaac. A friendly
welcome is guaranteed and the
accommodation is both comfortable
and to a high standard.

Stunning panoramic sea views
incorporating both
Trevose Head and Port Quin.

Open all Year

Please contact Jocelyn or David
01208 881156

Email: westawaywest@btinternet.com
www.westawaycornwall.co.uk



WINDOWS XP

John Brown & Sons
Reach & Wash
01208 880707

ICF Services

Ian C Fuller
Property Maintenance
Telephone: 01208 880069
Mobile: 0777 9523108

GUITAR TUITION

Guitar tuition by experienced teacher - member of the Registry of Guitar Tutors
registryofguitartutors.com
Pupils of all ages taken
Contact: Ian Fenton
32 Tintagel Terrace, Port Isaac
telephone: 01208 880343

'YOUR HOME IS YOUR CASTLE'

CARPENTER & DECORATOR

KEVIN GRILLS

CERAMIC & FLOOR TILING

01208 880093

DIANA MABERLY

MBRCP BACP TPP HNFSA PCATA

PROFESSIONAL COUNSELLOR

for Bereavement, Crisis, Abuse, Stress, Loss of a Pet, Work or School Problems, Chronic or Terminal Illness in the Family, Anxiety, Low Self-Esteem
also

HEALING with LIGHT THERAPY

Pendragon House, Port Isaac
for Consultations

01208 880715 or 880196

The Mote

ON THE QUAY, PORT ISAAC

Welcoming customers old and new

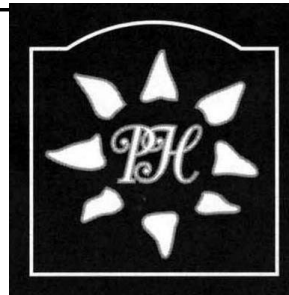
Cappuccino, Latte, Morning Coffee, Cakes & Pastries

Lunches - extensive hot and cold menu

Daily Specials - Salads and Baguettes, Thai Fish Soup, Mussels and much more

Evenings - Contemporary English and Oriental Cuisine
Fresh Seafood Dishes, Crispy Peking Duck, Thai Curries, Singapore Noodles - Full Bar on Licence

Bookings or enquiries please ring 01208 880226



PENDRAGON HOUSE COMPLEMENTARY THERAPY CENTRE

At Pendragon House we can treat your Mind, Body and Soul in a relaxed friendly environment

Fully qualified professional therapists carry out all our treatments

There is also an opportunity to purchase gifts and natural remedies

*Osteopathy B Acupuncture B Aromatherapy Reiki
Healing B Full Body Massage
Hot Stone Massage B Sports Massage
Counselling B Indian Head Massage
Colour & Light Therapy B Foot & Ankle Massage
Reflexology B Rejuvenating Holistic Massages*

Tel: 01208 880715

**Email: enquiries@pendragontherapy.co.uk
www.pendragontherapy.co.uk**

Why not pop in to have a look around and say hello

CONSTRUCTION • RENOVATION • MAINTENANCE
EXTENSIONS • BRICK PAVING • PATIOS

A J PENNY

BUILDING CONTRACTOR

TEL: 01208 880985

MOBILE: 07968 592725

Email: ANDY@OURBUILDER.CO.UK
WWW.OURBUILDER.CO.UK

DAVID DYER

Interior & Exterior
Painter & Decorator

5 Mayfield Road

Port Isaac, Cornwall PL29 3RT

Phone (01208) 880943

Plumbing & Domestic
Heating Engineers
Domestic & Industrial Maintenance

PLUMBLINE 
MAINTENANCE 93

22 Hartland Road

Port Isaac, Cornwall PL29 3RP

TELEPHONE: 01208 880371

K Honey

Building and Renovation
Contractors

Three Gates Meadow
New Road
Port Isaac
Cornwall PL29 3SD

Tel: 01208 880609
Mobile: 07971 479309



ESTUARY ESTATES

www.estuaryestates.co.uk

**01208
863399**

**ROCK
HOLIDAYS**

www.rockholidays.co.uk

Cock-a-Doodle-Do

Folk Art



*Unique Christmas gifts from Denmark,
France and America arriving soon*

Why did the chicken cross the road?

To visit Cock-a-Doodle-Do,

A lovely shop in Wadebridge

Selling items old and new.

So step inside and look around

Feel free to have a browse,

I'm sure we've something here for you

Just perfect for your home.

And when your friends admire it

Asking questions out of the blue,

Say you bought it in a lovely shop

Called "Cock-a-Doodle-Do".

*Folk Art incorporating lovingly restored items with new
decorative objects for the home and garden*

Tel: 01208 816849

email: bridge2@btinternet.com

3 Foundry Court, Wadebridge, Cornwall PL27 7QN

**Port Isaac Village Hall
Hire Charges**



GENERAL USERS - £5 per hour

20% discount for advance block bookings of six or more sessions

**NON PROFIT MAKING PARISH CLUBS/
ORGANISATIONS/ASSOCIATIONS etc INCLUDING**

CHILDREN'S GROUPS - £4 per hour

25% discount for advance block bookings of six or more sessions

25% discount for advance block bookings of six or more sessions

ALL USERS - 24 hour period - £30

*Note: hire covers the Hall and Kitchen. Cups, saucers and tea
plates, teapots and kettle are kept in the kitchen for general use.*

**Central heating and electric are both via £1
coin meters**

Bookings and info: Janet Chadband - 01208 880262

Port Gaverne *The Port Gaverne Hotel* Nr Port Isaac
and Restaurant

Telephone 01208 880244



Bar Lunches 12noon - 2.00pm

Bar Suppers 6.30pm - 9.30pm

menu du jour 7.00pm - 9.00pm

Traditional Sunday Lunch - £8.95 (two courses) 12noon - 2.30pm

QUIZ NIGHT EVERY WEDNESDAY

Steve Hewett

ELECTRICAL CONTRACTORS

N.A.P.I.T. APPROVED

(National Association of Professional Inspectors & Testers)

APPROVED FOR PART P OF BUILDING REGS

Phone:
01208 880319

Owl's Park Trelights Port Isaac
stephen.hewett1@btinternet.com

Fax:
01208 880291

The Cornish Arms

at Pendoggett, nr Port Isaac

Bar Menu

Daily Specials Board

Lunches - 12noon - 2.00pm

Evening - 6.00pm - 9.00pm

Traditional Sunday Lunch - £7.50

B&B

7 ensuite rooms

Tel: 01208 880263

Email: info@cornisharms.com

TAXI

PORT ISAAC TAXIS

LUXURY PRIVATE CAR
& MINIBUS SERVICE

**UNBEATEN FOR
QUALITY & PRICE**

BOOK THE BEST -

FORGET THE REST

PHONE/FAX

01208 880559



The Takeaway



Open 12noon-2.00pm & 5.00pm-9.00pm

closed Sunday & Monday, except during half-term week

**Daily specials - a variety of locally supplied fish
freshly cooked in a light crispy batter**

Finest quality pizza cooked to order

**Takeaway - hot & cold drinks, burgers, sausages,
chicken, spring rolls, saveloys, ice-cream**

Telephone: 01208 880281

Secrets

*Billings Row
Gallery
Port Isaac*

*fine art • clocks
framing*

www.secretsportisaac.com

01208 880862

OPEN ALL YEAR

SPROULL
SOLICITORS

www.sproulllp.co.uk

We offer all our clients a
complete legal service
CONVEYANCING • PROBATE
WILLS • CHILDCARE
DIVORCE • CRIMINAL WORK
ACCIDENTS • BUSINESSES
LANDLORD/TENANT

Market Place Camelford 01840 212315	42 Fore Street Bodmin 01208 72328	The Rock Port Isaac 01208 880355
---	---	--

The

Golden Lion

Port Isaac

try our Sunday Roasts
plus many home-made specials
'andsome

Tel: 01208 880336

ROCKERY CHICKS

A STAKE IN YOUR GARDEN

Garden maintenance, Professional Advice
Friendly reliable service

JULES MILLER-WILSON 07816 674366
LIZ WATSON 07811 962090



October 1st Saturday

Port Isaac Village Hall Curry Evening and 'Lucky Dip' Art Sale - 7.30pm

Wednesday October 5th

RNLI Harvest Festival & Auction at the Slipway Hotel - 8.00pm

Thursday October 6th

STEER meeting in the Village Hall - 7.30pm

Monday October 10th

'In the Bag' Recycling collection - have your bags out by 7.00am

PIGS Day at Mullion

Parish Council Meeting at Port Isaac School - 7.30pm

Wednesday October 12th

Port Isaac Village Hall Coffee Morning

Tuesday October 18th

Sankey Evening - Trelights Methodist Church - 7.15pm

Whist Drive in St Endellion Church Hall - 7.30pm

Wednesday October 19th

Frank McNichol Trust 'Art Day' with Ray Balkwill in the Village Hall - 10.30am

Monday October 24th

'In the Bag' Recycling collection - have your bags out by 7.00am

Saturday October 29th

Port Isaac Rowing Club's Halloween Gig at the Village Hall

Friday November 4th

'Dangerous Curves' (musical entertainment) in conjunction with Carn to Cove, the Village Hall - 8.00pm

Saturday November 5th

Annual Bonfire and Fireworks - Port Gaverne beach - 6.00pm.
Judging of the Guy Competition - 5.30pm

Monday November 7th

'In the Bag' Recycling collection - have your bags out by 7.00am

PIGS Day at West Cornwall, St Ives

Saturday November 12th

Children in Need Beach Party in Port Isaac Village Hall - an afternoon and evening not to be missed. Music from Port Isaac's very own 'Beach Boys'

Sunday November 13th

Armistice Day Remembrance Service in St Peter's Church - 10.45am

Tuesday November 15th

Whist Drive in St Endellion Church Hall - 7.30pm

Wednesday October 19th
Frank McNichol Trust 'Art Day' with Gill Goodright in the Village Hall - 10.30am

Saturday November 19th

St Peter's Church Christmas Mini Market in the Church Rooms

Port Isaac Chorale 'Music Hall' Night in the Village Hall

Thursday December 1st

STEER meeting in the Village Hall - 7.30pm

Saturday December 3rd

RNLI Christmas Market in the Village Hall

Tuesday December 6th

Annual Bingo in aid of the Mentally Handicapped in the Church Rooms - 7.30pm

Saturday December 10th

Big 'Switch-on' of the village Christmas Lights - village procession behind the St Breward Band from the top of Back Hill

Tuesday December 13th

Traditional Port Isaac Carols in the Pottery

Wednesday December 14th

Frank McNichol Trust 'Art Day' in the Village Hall - Christmas Food: Paint it and Eat it! - 10.30am

Saturday December 17th

Port Isaac Brownies Christmas Coffee Morning and Carols at Port Isaac School

Tuesday December 20th

Port Isaac Chorale sing Christmas Carols in St Peter's Church

Whist Drive in St Endellion Church Hall - 7.30pm

2006

Saturday February 18th

Village Dinner Dance at Bowood Country Club

Saturday March 11th

Port Isaac's Annual Mount Edgcumbe Hospice Day Sale and Lunch

<u>Issue</u>	<u>Copy Date</u>	<u>Publication Date</u>	TRIO 2005 COPY DATES
November	October 24 th	October 31 st	
December	November 28 th	December 7 th	

REGULAR EVENTS

Port Isaac Playgroup - every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jenni on 881038

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Local History Group - The first Friday in the month in Port Isaac Village Hall. Contact George Steer on 01208 880754

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers - Every Monday at 8.00pm in Trelights Chapel

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

Learning Together - Every Monday during term time from 1.30pm - 3.15pm in Port Isaac Primary School. 3 and 4 year olds to come along with an adult

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am
Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm



Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure that your event is included here!