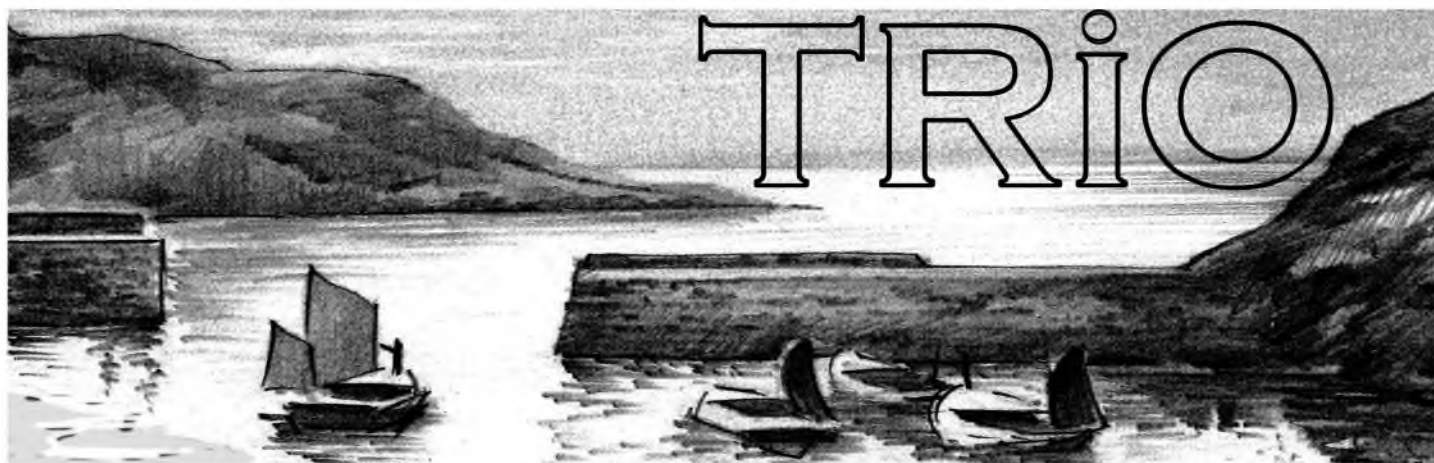


TRIO



The Port Isaac, Port Gaverne and Trelights Newsletter • No: 261 • February 2006 • 40p

This is no ordinary jumble sale ... this is Port Isaac's annual fundraiser for Mount Edgcumbe Hospice

Many of us have experienced the special care and comfort provided by the staff at Mount Edgcumbe ... and none of us know whether we might need that help one day. Funded primarily from voluntary donations, the Hospice needs our help to continue its work and each year Port Isaac gives its support.

Hospice Day will follow its usual successful format - doors open at 10.30am for the sale followed by lunch plus the cake stall and various raffles. So, don't go through all the bother of selling your unwanted Christmas presents on ebay - donate them to the Hospice sale instead. At the same time, why not have a clear out and get rid of the clutter that has accumulated over the year - but remember, this is no ordinary jumble sale! We only want things that will sell, things that you would want to buy yourself.

So, if you have anything to donate please, if possible, drop it off at the Village hall on the morning of Friday March 10th between 9.30am and 12noon. Alternatively, we can collect it from you on that morning. The final option is to call me on 01208 880905 and arrange to drop off your donations now. The choice is yours.

Also, on the same number (or call into *Secrets*) all offers of help - especially with the clearing up afterwards - will be gratefully accepted!

And finally, can you make a cake (or two or pies or jam or whatever your culinary speciality is?)

All offers of anything and everything on the above number. Thanks *Dee*



Saturday March 11th
10.30am
Port Isaac
Village Hall

An evening of comedy and song

Star of the Radio 4 hit comedy *Getting Nowhere Fast*, acclaimed comedian Mervyn Stutter comes to Port Isaac Village Hall on Sunday February 12th. Presenting 'an evening of comedy for menopausal flower children' he 'celebrates the trivial and attacks the absurd', resulting in a 'seriously funny show' with hilarity thrown. Says the Guardian, 'he is brilliant'.

All that and he's coming to our Village Hall as part of the Carn to Cove rural arts touring scheme. So don't miss it this evening of comedy and song. Mervyn will treat you like a dinner party host (without the food but there will be a bar!) with his jokes and pithy observations! This is entertainment suitable for everybody so get your tickets now. These are available from *Secrets* priced £5 each (£4.50 for concessions and children) or make your booking on 01208 880905.

THIS ISSUE

All the usual news plus:

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Panto reviews - centre pages	

For sale
**Blue metal bunkbed,
with double settee-
futon below**
Good condition
£75 ono
Tel: 01208 880593

House Clearance Sale
at
**26 Middle Street
Port Isaac**

Sat Feb 18th 10am - 4 pm
Sun Feb 19th 10am - 2 pm

All contents including beds,
bedding, 3 piece suite,
table, chairs, pictures,
display cabinet, wardrobes,
crochery, cutlery etc.

Please call
07967 253473
for further details
No reasonable offers refused

**GARAGE
AVAILABLE**
OVERCLIFF
PORT ISAAC

Lock-up garage in centre of
the village available from end
of February £10 a week
Please call Christopher on
07721 920485

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Friends of the School

A new year, a new committee, raising funds for your local School.
We had our AGM at the Old School Hotel (many thanks to Louise and her
team who put together a lovely spread of food for us all to enjoy) last
October, which was a great success.

New Committee

Chairperson - Jennie Tiddy
Secretary - Suzanne Barriball
Treasurer - Carole Hambly
100 Club - Lynda Collings
School Rep - Simon Bishop

Members: Angela, Sue, Barbara, Claire, Alison, Jan, Marie,
Simon, Joe & Louise.

We would like to say a big THANK YOU to Kim (out going Chairperson) and
committee for all their hard work and effort over the last 18 months.

We are now looking forward to the year ahead and a few fundraising events
are in the process of being organised, so keep a look out for dates and
events and come along and support your local School

We had a good end to 2005. A Curry Night was held at the Pottery with big
thank you to Barbara and Billy for their kind and warm hospitality. It was a
great night with plenty to eat and drink, which got us ready for the Christ-
mas celebrations. Plus we raised £122.60. So a big thanks you to all that
helped and came on the night.

Then a week later we had our Annual Christmas Fair in the School. It was a
fantastic turn out with many new faces popping in to say hello. We would
like to say thank you to all those who did there bit to help on the day - the
stallholders, which included RNLI, Brownies and Playgroup and to Jan and her
homemade mince pies. It made the hall feel very festive. The Children also
had a room full of exciting and fun games. All the children enjoyed the start
attraction, Port Isaac's own Santa came to visit and hand out gifts to them
all! We raised £246.09. This was brilliant considering the small number of
children at the school. Thank you to every one who came.

LOOKING FORWARD TO 2006

We have a Promise Auction to be held at the Old School Hotel on Thurs-
day 9th March. We would like you all to come down and join us, have a
drink, food and watch the entertainment as our auctioneers (to be con-
firmed) tempt you with all the 'Promises' that have be donated by parents,
teachers and local people. We hope you will all go away with something on
the night, even if it is an empty wallet. We look forward to seeing you all
there. Keep a look out for posters, for more details. And if you would like to
donate a 'Promise' just let a committee member know or ring Jan at the
School on 01208 880494. We need your support!

We have many other fundraising events coming up in the year so please keep
a look out for more information in the *Trio*.

THANK YOU FOR ALL YOUR SUPPORT

Jennie - Chairperson

**Single? Or just want to get out more?
Sociable? Like good food... conversation?**

**Monthly Group Lunch Excursions
to Restaurants in North Cornwall**

First Lunch, Wednesday 22nd February
Call Cathy on 07815 068710 or Nic on 01208 880834

Village Hall retirements

Two valued members of Port Isaac Village Hall committee have retired after many years of service and hard work. Bess Coates and Joan Murray have played a very active part in fundraising, cleaning and the ongoing improvements programme.

Bess has been involved with the Village Hall for many years and has stuck with it through thick and thin. We shall be ever grateful to her for sitting through hours of committee meetings and recording the minutes. Similarly, we are really going to miss Joan's catering and cleaning skills as part of Janet's 'A' team. They have both worked very hard over the years and will be greatly missed by us all.

Difficult as it is going to be, this leaves two vacancies on the Village Hall Committee to fill. Do you think you have what it takes to be a dedicated, hardworking member of one of the most successful committees in the village? If your answer to this question is 'yes' then come along to our AGM on Thursday April 20th at 7.30pm.



A huge THANKYOU Bess and Joan. We all wish you good health and happiness for the future.



A huge and enormous thank you to the intrepid band of volunteers who put up – and took down – the village Christmas lights. On the Big Switch-on Night they all looked lovely despite the vandalism that began in the week between the lights going up and being switched on.

Sadly, that was probably the best display of the lights because, as Christmas got closer, more damage was done, bulbs were broken or stolen causing water to get into the sockets and the whole string of 100 lights to go out, and cables were torn down. The cost of the damage runs into hundred of pounds. By the New Year, Port Isaac's Christmas lights were a very sad affair.

Unlike towns and cities, our lights are not funded by the Council or Chamber of Commerce. An enormous amount of hard work and fundraising was undertaken by Pat Sweet, Bob Monk and Byron and Maggie Buse to purchase our lights and since then donations from locals and second homeowners and collections and raffles on Switch-on Night have paid for new bulbs and electricity. All the work is done by volunteers.

Despite all this, the putter uppers have not been deterred and are going to get together and discuss next year's display, even increasing it, and try to come up with ideas to alleviate the vandalism. The meeting will be open to all and will be publicised in *Trio*. If you have been thinking what a sad and sorry affair this year's Christmas Lights display was, perhaps you should attend this meeting and offer your help and ideas. Watch this space.

PORT ISAAC VILLAGE HALL NEW HIRE CHARGES

All Hall hire rates be paid in advance

GENERAL USERS *£6 per hour*
£1 discount for advance block bookings of six or more sessions

NON PROFIT MAKING PARISH CLUBS/ORGANISATIONS/
ASSOCIATIONS etc INCLUDING CHILDREN'S GROUPS *£5 per hour*
£1 discount for advance block bookings of six or more sessions

ALL USERS – 24 hour period *£45*

LICENCE/BAR FEE *£21*

AMENDMENTS TO VILLAGE HALL
LICENCE (HOURS etc) AN ADDITIONAL *£21*

REFUNDABLE DEPOSIT FOR PRIVATE FUNCTIONS
TO COVER BREAKAGES, CLEANING etc *£30*
*This will be refunded within seven days of returning the key
after the Hall has been checked*

*Note: hire covers the Hall and Kitchen. Cups, saucers and teaplates,
eapots and kettles and boiler are kept in the kitchen for general use. In
addition, plates and dishes are available, free of charge, on request.*

Electricity and central heating are payable via £1 coin slot meters in the Hall

HIRE CHARGES FOR VILLAGE HALL PROPERTY USED OFF SITE

Note: We cannot allow any tables and chairs to be used outside or on the beach
Tables - £5 each, Chairs - £1 for 4 chairs

Licencing

All functions selling alcohol need to pay a £21 licence fee when paying the hall hire charge. If the hirer requires any amendments to the existing hire terms an additional £21 to be paid along with all the details required and the Village Hall will apply for the amendments. This needs to be processed at least four weeks in advance.

All events selling or giving away alcohol need to have a 'Responsible Person' appointed by the Village Hall Committee (Chris Bolton). This person will be made fully aware of the rules and regulations and is required to sign a form confirming this. In addition the rules and regulations will be clearly displayed behind the bar at all times.

Looking back

where one was a doctor for about 50 years. I'm not historian but I find snippets of information such as that interesting.

I finished the last article to *Trio* with the statement that two Port Isaac men had died in one of Napoleon's Prisoner of War Camps in 1804. I'm indebted to Commodore Jamie Miller for finding out that the vessel (The Peggy) that they were crewmembers of was a fire ship. They would have had to sail the Peggy, burning fiercely, into a fleet of moored vessels and try to make their escape. Obviously they didn't succeed, and equally obviously, they did not come from wealthy families, otherwise they would have been ransomed and then repatriated.

From time to time, bits of information such as this surface, waiting for the day when an historian with literary skills comes to live in Port Isaac. Hopefully, there will continue to be a History Group here - but I'm not holding my breath! It seems a shame to me that the next generation, or two, following us (the Ancient History Group) are only mildly interested in the area in which they live and many of my generation cannot be bothered to stir their stirrups to come to listen to very good speakers. I blame (a) television and (b) not being able to attend a function unless there is an outlet for alcohol.

In December we had a very good talk from Barry Kinsman from Padstow. He came up with another interesting bit of information - members of the family of Marley (whose name is immortalised in Charles Dickens's 'Christmas Carol') are buried in St Endellion Churchyard, eight of them it so happens. The family then shifted to Padstow

The History Group - together with the Port Isaac Chorale, had a very successful Carol Concert in what was the Roscarrock Methodist Chapel and raised a collection of £140, which was sent to Mount Edgcumbe Hospice at St Austell. Our thanks to Barbara & Billy Hawkins for allowing their premises to be used. One lady, from an old Port Isaac family, came all the way from Kent to be there - the last time she had been in Port Isaac being on the day that the Second World War started. Her family - the Parsons/Hoskins contingent were great supporters of that Chapel and members provided the musical accompaniment to the services over many years, probably being there when the organ was first introduced in 1920.

Finally, did you know that Port Wen (used in Doc Martin for Port Isaac) was originally found in the Arundel Charter of 1250 as the name of Port Quin?

George Steer

Beauty at the Home Spa

Beauty - it's everywhere you turn. It's in all the shops, in all the magazines and papers and all over the TV. And now it's in the *Trio*. Every month I'm going to be giving simple tips, articles, step by steps and advice on all beauty issues. These will all be things you can do in the comfort of your own home.

Visiting spas and salons are great and essential for our beauty needs and treats but home care and maintenance is just as important. Being beautiful is all about diet, exercise, looking good, a sense of well-being and feeling great and confident. Beauty isn't just looking good for lunch with the girls or a night out in Newquay; it's a life style ...

Keep up the salon visits but remember

Like charity, beauty begins at home!

Issue one - DETOX (spring clean of your entire body)

Now that you have survived the festive period you are probably feeling tired, sluggish, fat and fed up. Here are some positive steps to start feeling good again.

- 1 Write down positive things you can realistically do in February, ie sort of your cupboards ready for Dee's Saturday
- 2 Flush out those toxins by drinking more water
- 3 Take more exercise. Walk briskly to the bottom of the village and back, squeezing those buttocks (fantastic for bottoms). Sweat out those toxins.
- 4 Keep to a regular sleeping pattern and get at least eight hours every night
- 5 Eat more fruit and veg, cut down on pasta, potatoes and bread (sluggish food)
- 6 Drink lemon tea in the morning to eliminate toxins and camomile tea at night to calm and relax you

Step-by-Step - SKIN BRIGHTENER

1. Run a warm bath and put some lavender oil in to calm and relax you and soften your skin
2. Dampen skin and, using a body brush or exfoliator, rub all over with circular movements to increase circulation, decrease cellulite and to remove dry and pimply skin
3. Repeat this on your face using a facial exfoliator using upwards-circular movements so as not to sag the skin. Cleanse well and tone to close your pores
4. When dry moisturise well using a rich cream or body butter

Repeat treatment once or twice a week.

Angela Bushell

HARDY
 Congratulations to
 Liz and Jason
 on the safe arrival of
William George
 on December 22nd 2005,
 weighing in at 8lb 9½ozs
 A welcome brother
 for Matthew
 Love from
 Mum, Dad, Andrew,
 Granny Jan, Fav, Cath & Grey



Brownies



NEWS FROM THE PORT ISAAC BROWNIES

What a start to Brownies we have had. Since we began last September we have increased in size and, as of this month, we have 22 girls, which clearly shows that groups like Brownies are needed in our village. We are looking for more leaders to start Rainbow Guides for girls aged 5-7 years and a Guide Leader for girls between 11-15 years. If you want to get involved then give us a call - Jennie on 881038 or Claire on 880878.

We had our Annual District Carol Concert back in December and it was a fantastic evening. Many people told us that our girls were brilliant and that they 'did the village proud'. Thank you to all those who came to see the girls perform.

We then went on to our Promise Night on December 14th when all the girls took their Brownie Promise and became real Brownies. We would like to thank all the girls for doing a fantastic job of remembering their Promise - again they 'did us proud'.

Our Christmas Coffee morning in December was our first fundraising event and we are amazed how well it went. We had so many prizes that were kindly donated by local people and businesses. A BIG THANKYOU to everyone for their kind support and donations - we raised £169, which will go towards the Annual Brownie Census. The girls also finished off their Hostess Badge on the day and were awarded it at the end of year party.

What's new for 2006?

We have completed our first badge of the year - The Cooks Badge. We all went down to the Old School Hotel on a cold Wednesday night - many thanks to Louise for allowing all 20 girls to have full use of the kitchen where Jake taught us (Cuckoo & Wren) and the girls to make scones. They were lovely to eat. He took us through every step of making them and also showed and taught the girls about kitchen safety and hygiene. We also made fruit kebabs to show that we can make healthy snacks although I think the girls enjoyed eating the fruit more than the preparation! So we would like to say a big THANK YOU to Louise and to Jake for taking time out of his busy life to teach us valuable cooking skills. We all enjoyed the evening.

This term we are taking part in our first competition - The Halford Trophy. Our pack competes against other packs in the district with the winners going on to compete in the Divisional section. More details of this in next month's *Trio*.

**Congratulations to our new Sixer, Alice Mudd and our new
Seconders, Daisy Sproull and Roxanne Williams.
Well done to you for showing us you can be helpful leaders.**

**Happy Birthday to
Holly Hambly who is 7**

Cuckoo & Wren

**We have five new Brownies.
Welcome to Louise, Holly Hambly, Holly W-Mills, Freya Sproull and Asa Paddock.
We hope you enjoy your time as a Brownie.**

'In my view' by George Steer

Recently I read a short article, probably in the Western Morning News, written by a man advocating more planning powers to Parish Councils. Anyone who attends Parish Council meetings will know that on many occasions the first time that some councillors see plans is probably ten minutes before the meeting starts and, usually, when asked for their opinions, make 'no observations'. It may well be that the District Council takes little or no interest in the views of the Parish Council, hence councillors find taking much interest a waste of time.

But even District Councils are not rated very highly as far as planning is concerned. The Cornish Buildings Group, in its flier, states, "they are concerned that planning departments often lack sufficient architectural and historical expertise and staff to deal with procedures".

Some years ago, John Betjeman suggested that Port Isaac should be approached from the top of Church Hill and that the Roscarrock Hill Chapel (The Pottery) was the only building of note in the village. He had a point! In my view there is little of significance above the line of Trewetha Lane from St Peter's Church. Although much was built between the two World Wars, there have been additions that have not enhanced the village in any way, eg Overcliff in its entirety and almost the whole of the village from New Road to the edge of the village, and the planners have to bear a considerable responsibility for much of the development – the ubiquitous concrete block is probably one of the worst building materials devised.

Would it be better if the Parish Council took over responsibility? I guess not. In fact, the Parish Council could be dispensed with and very few would notice its departure. The question can be posed, "What sort of a job to the NCDC planners do?" They are not consistent, plans get turned down and are then passed on appeal, work gets done and retrospective permission is then asked for – the list can easily be added to. Here a couple of examples that illustrate the point I am trying to make. One resident applied for planning and the person sent to appraise it was still doing her course at college. Some expertise there!! Andrew Cleave applied for permission to build five affordable houses for locals, with all the safeguards, at Port Gaverne. Turned down. Malcolm Price (head of development control) stated that the development was the wrong scheme in the wrong place, yet just a few yards away Andrew's grandfather had been allowed to build a monstrosity that

sticks out like a sore thumb. Planning Officer Simon King is reported as stating that the area's status as an AONB (area of outstanding natural beauty) weighed against the benefits of affordable housing. The planning committee would not even countenance a site meeting proposed by Eric Gill. I would wager that if plans were put forward for a scheme on the playing fields that they would be passed 'on the nod'. What a shambles!! Bring on anarchy!!

George Steer

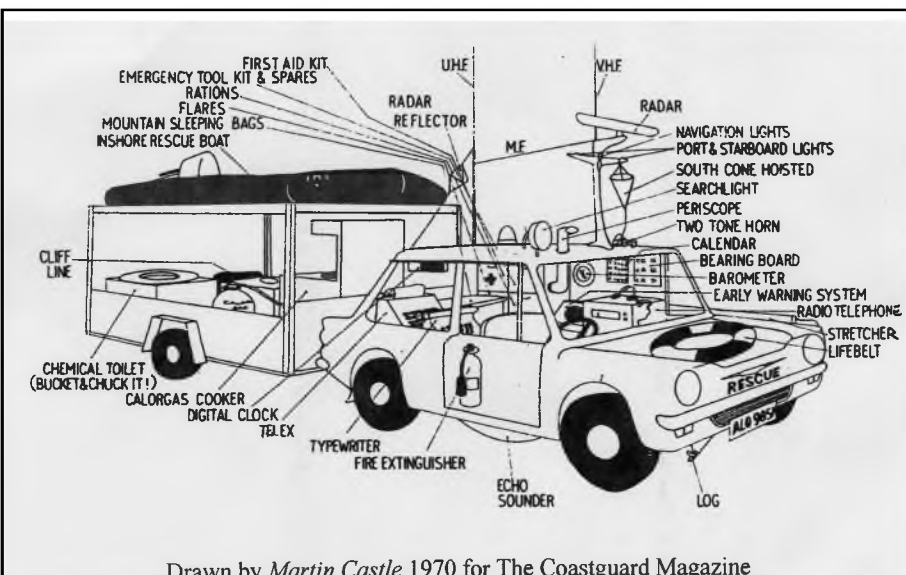
Letter to Trio Mini Motorbikes

Dear Trio

As a lot of people will by now be aware, quite a few children in the village have mini-motor bikes. They are very much a new national craze. My child does not have one so I have no axe to grind either way on this new hobby. However, I have heard comments about the use of these machines in the playing field area and people saying they should be banned. I would like to add my comments through *Trio*.

The children of the village have very little to amuse them compared to children in bigger towns and cities and they should be encouraged with new hobbies and interests. This hobby, in a safe location such as the playing field, will not only keep the children amused and off the streets but will assist them with learning motor bike handling skills before they ride the real more powerful machines on the road. I have been told that they all push their bikes to the playing fields and do not ride them on the road or pavement and that they cease riding by 8.00pm each evening. As long as the children are sensible and only ride their bikes on the otherwise unused BMX track, I cannot see that this should be a problem for anyone. Perhaps the Parish Council could make the BMX track more secure and maybe put up a sign requesting that mini motorbikes should not be used anywhere else on the playing fields.

Sharron Fuller
Port Isaac



Drawn by Martin Castle 1970 for The Coastguard Magazine

Back in 1969, the Port Isaac Coastguard Station was issued with a vehicle for search and rescue purposes. This vehicle was a Hillman Imp and was never suited to carry equipment – although the Coastguard management though otherwise! There were many suggestions as to what should or shouldn't be carried but, rather than leave anything to chance, Martin Castle, then aged 13, came up with his own design including all the station equipment together with a few extras. His drawing was printed in *The Coastguard* magazine in 1970.

**NCCA
St Endellion Branch
AGM**

will be held on Saturday
February 4th 2006 at
Gull Rock, Port Gaverne
starting at 11.30am prompt

Vandals & Thieves at Christmas

Well, the vandals and thieves excelled themselves this year. By Christmas Day nearly half the Christmas Lights had been put out by selfish, thoughtless imbeciles who seem to get their kicks firing 'pip' guns at the bulbs, stealing the bulbs or tearing down the cables. Every time water gets into a broken or empty socket, that string of 100 lights not only goes out but also is ruined. The damage done will run into hundreds of pounds.

Perhaps the morons should be reminded that the lights are not supplied or paid for by the Council or a Chamber of Commerce but by the generosity of residents, businesses, visitors and groups such as the Fishermen's Friends.

Another group that excelled themselves with their selfish, stupid behaviour were the illegal, dangerous and aggravating car parkers. There were hundreds of them over the Christmas and New Year period. Fortunately, fire engines, ambulances, coastguards and lifeboatmen did not need to get through - but they could have been.

Never mind, no doubt Neighbourhood Watch has these matters well in hand and have informed the Police - who must have been very busy elsewhere as I don't remember seeing any around the village!

I do hope I haven't put my foot in it again (that's a lie for a start) and that Neighbourhood Watch has got these matters in hand; perhaps we'll see some ASBOs dealt out soon?

All the best for 2006

Bob Monk

PS - Wasn't the panto a WOW! The best ever. Congratulations to all who took part.

Compost Corner aka Manure Monthly!

'Compost Corner?'
More like 'Rocking in the
Corner!'

What a roller-coaster of a Winter we have had. Gardening work has been temporarily replaced by building work!



For those of you who are not aware, we have taken a big step towards making life more permanent in Port Isaac. In September, we jointly bought a house in the village and immediately started converting it into two separate flats. The nightmare that has ensued has almost sent us galloping over the edge of Lobber! But thanks to our determination to realise our dream, the hard work and patience of our building team, and the eventual intervention of Building Control - WE ARE IN! We have not lost our minds and we are at last shaking off the hideous bronchial illness we have suffered for over two months!

SO could we please use this space to thank everyone involved in working on the project, and their families (who must at times have wondered if their loved ones had actually moved in), and also all our lovely friends and family for their continued support and words of encouragement. Thank you all so much. And if anyone is thinking about converting a house into flats, please come and have a chat with us first and we will tell you all about some new regulations regarding SOUND!

So we are still here, we are back to work, raring to go in 2006. In December's issue of Trio we asked for help with the Port Isaac school Gardens for Life project. We have so far received a couple of very kind and lovely donations of equipment. Could you all have a think about whether you have anything you might be able to offer? Time, tools, technical know-how, contacts in the trade who might be able to assist? Please give us a ring on the numbers below and let us know.

We will soon be setting the date for the preparation day, when we would love to see as many of you as possible - many hands make light work!! We will publish the date in next months' column - do try and come along even if only for a couple of hours, it WILL be fun, and there WILL be cake!

Our numbers: Liz 07811 962090/Jules 07816 674366

The Rockery Chicks.

Self Help Art

Anyone interested in painting for fun?



**Come and join us every Tuesday morning
in the Penhaligon Rooms, Port Isaac from
10.00am – 1.00pm**

For more information please contact Betty Shenton
on 01208 880675 or Betty Milton on 01208 880925

West of England Golf Club November 2005

After several years travelling around the beautiful Cornish countryside to play on some of the best golf courses, we finally found a spiritual home for Paul 'The Beaver Boy' Honey - West of England, St Ives. This course, but possibly more the Clubhouse, will now be held deep in the heart of Mr Honey due to it resembling a Masonic lodge (beaver and lodge, clever isn't it?).

On arrival at the lodge we were greeted with the biggest bacon rolls which, for 11 of us was fantastic - but maybe not so good for Dave 'The Rainbow Warrior', our token vegetarian (sad we know, but due to political correctness we have been instructed by the Government to have at least one person from an ethnic minority).

The course, which has some of the most fantastic views across St Ives Bay towards Hayle, has the appearance of a course that hasn't changed much in the 100 years or so since it was laid. All the hazards that the course has accrued over the years mould into it like a melting cheese on top of granary toast (*Ed: Don't get carried away!!*), from train tracks to derelict buildings - everything just goes together. I know I'm waffling on a bit here but it was three months ago and I can't remember that much about it now!

Anyway, the results were:

1st Mark 'Raffles' Forbes

2nd Can't remember

3rd Can't remember

Longest Drive - Mulberry Witherden

Nearest the Pin - Can't remember

St Enodoc Golf Club Christmas 2005

Christmas golf at St Enodoc was played on one of the warmest and sunniest December days - typical isn't it!

The 17 gentlemen and two lady golfers who turned up in all their finery to play possibly the most challenging course in Cornwall were not to be disappointed. Des Weston (now retired publican, so not as rich as before) found it truly challenging. Every time we saw him he seemed to be nowhere near the fairways or greens. His distant

PIGS on tour



cousins could quite easily have been mountain goats for the amount of time he spent half way up hills and in deep rough, foraging for balls - and next time Des, don't wear browns and greens because you can easily get lost in the undergrowth.

After having to refrain from playing to a nibbling incident, Mr Geoff 'Soft Top' Harris honoured us with his company and his digital camera. Taking photos of us all teeing off the first, we all hit magnificent drives (that's a first) with only Jim Dyer putting his out of bounds.

The course took its toll on all of us except Richard 'The Ball Girl' Hambly who took everyone of us for everything, from winning the Christmas Shield to longest drive to sharing the '25' competition - he is the only man who came out with £20, played golf, had dinner, got p -----, drunk and went home with £60! Note for next year - tee off one hour earlier and hopefully we will all finish in daylight hours!

Results as follows: Richard Hambly

Newquay Golf Club January 2006

When you look at the promotional bump for Newquay, you see the sun, sand, busy streets and everything that makes the punters from inner city England want to come to Cornwall. But if they could see it on a cold, wet Monday (yes, I did say wet) morning in January then maybe they wouldn't rush down in the droves quite so quickly. Don't get me wrong, not all of Newquay should be painted in that light, but it would be nice if it were painted!!

Newquay Golf Club is a compact course set in the cliffs of Fistral Beach, which is a sight worth looking at. The welcome at the club was warm and friendly which was extra nice because it was chilly outside. The ten golfers, including Tony Dyer, who made it over from France, enjoyed a good days golf with good company and a great dinner - roast beef with possibly the hottest horseradish sauce in the world (Note to self: check heat of horseradish before I mix it with English mustard).

I think age is becoming an issue because now we travel to golf clubs listening to Radio 2 and on the way round, especially at Newquay, we seemed to discuss the architectural benefits of Victorian workmanship against the Cubist builders of the 60s and 70s, and why so many properties in Newquay have patio doors on the first and second floor when they give access to nothing but a 20ft drop.

Results for the day:

1st Chris Witherden

2nd Andrew 'El Bandido' Grills

3rd Paul 'The Beaver Boy' Honey

Nearest the Pin - Billy 'Am I skiing or golfing?' Hawkins

Longest Drive - Nobody hit the fairway so it's a rollover

Our next venue is Bude Golf Club, 10.30am on Monday February 5th.

The Lard Man

Man driving down road. Woman driving up same road.
They pass each other. The woman yells out the window, PIG!
Man yells out the window, BITCH! Man rounds next corner.
Crashes into a HUGE PIG in middle of road, and dies!



TWO KITCHENS ONE COOK



Happy New Year. I hope you all had a good one!!

I wonder if any of you got around to trying the kedgerree from Decembers issue? The recipe, created for my 40th Birthday Breakfast Party, went down really well. So now I am 40 and determined to fill the year with projects that will include creating more recipes. I will tell you a little about my other ideas as we move through 2006.

Now you may remember I hinted at the possibility of a cake this month. I don't know about you but I could do with something a little more straight forward. I've had enough of sweet stuff and indulgence. I'd also like a little reminder of summer fare so I'm going to forget the seasonal bit for now. I love pasta and this dish has a real twist to it which gives it a bit of a crunch. Enjoy!

Roasted Vegetables and Taglietelle with Parsley Crumb



Taglietelle for 4
1 aubergine
3 courgettes
1 red and yellow pepper
4 cloves of garlic
1 chilli deseeded and finely chopped
olive oil salt and pepper
4 medium tomatoes



For the parsley crumb

(these quantities are approximate, see what works best for you)

About 4 tblsp of olive oil
White bread crumbs about 4 slices
2 tblsp Parsley
4 cloves of garlic
4 tblsp grated Parmesan



- 1 Preheat oven to 200°C
- 2 Chop up aubergine, courgette and red pepper and put in a roasting pan with 4 unpeeled cloves of garlic, a slurp of olive oil and a good grinding of salt and pepper.
- 2 Roast in oven for about 40 mins.
- 3 Make a light cross shaped cut at the end of each tomato. Drop them into boiling water for 2 mins and then peel chop up and put aside.
- 4 Fill a large pan with water and heat until the water boils, cook the pasta until cooked to the bite.
- 5 Fry the breadcrumbs with olive oil in a heavy based pan, add the parsley, garlic and parmesan cheese.
- 6 Once the vegetable are cooked remove the garlic and squeeze out the garlic paste mix in with the tomatoes.
- 7 Add the tomato mixture to the roasted vegetables and the cooked drained pasta mix together and serve with the Parsley crumb scattered on top.

Why not let me know what you think of the recipes so far. Ideas, requests and suggestions of places where I could source local ingredients during our visits to Cornwall would also be fab. Orah36@btinternet.com

Orah

As the pre Christmas Edition of *Trio* went to press the Port Isaac RNLI Annual Christmas Market was about to happen. With a quick look back, Father Christmas, accompanied by his Fairy Snow Queen and Elf assistant joined a festive group of committee members, helpers and 14 Stall holders for a truly seasonal event.

Mulled Wine and excellent lunch provided by the committee helped things go with a swing (perhaps we were a little too enthusiastic with the secret mulled wine recipe!). The Carn Awn Singers added to the atmosphere with a selection of carols sung, as always, with great style. Over 35 children took the opportunity to put an early word in to Father Christmas for those "special presents". Elf assistant Rosie Collings ensured all requests were noted down in her Christmas Order Book together with 'where to find us' instructions. Molly Farmer with her team kept the Roy Ritchie Draw Ticket sale for his evocative painting of the Lifeboat going to the last minute. Angela Buckingham kept the raffle tickets rolling for the really impressive and ever popular Christmas Hamper created by our committee. Countess Pinky le Grelle once again gave continued support providing a selection of seasonal candles on her stand and donating all profits to the RNLI.

The Draw for the watercolour of villagers back in 1925 hauling the Port Isaac Lifeboat up Fore Street to the Station, *now the Post Office*, raised over £800 from tickets sold throughout the year. The lucky winner was Golden Lion Landlord, Mike Edkins - a very nice surprise.

In the final accounting the day produced a figure in the region of £1600. Members of Port Isaac committee and crew would like to thank all those who gave so much of their time helping to set up, working at and clearing up at the end of the day, not forgetting all those that came to enjoy the day and support Port Isaac RNLI.

Fundraising by Greg Hingley

Many will remember Vic and Pat Hingley and their family Paul, Greg and Vanessa when they were living here. Greg was a crew-member and since moving away to become a Solicitor in Bristol has maintained contact with the village. He continues to take a keen interest in the RNLI raising many thousands of pounds by his personal fundraising efforts. His most recent

project was running in last year's London Marathon and he has been accepted as one of the RNLI entries in this year's event.



Last year his various fund raising projects, which included a memorable evening at the Lion, supported by crew and committee, raised over £2,279 which he has now donated to the RNLI Crew Training programme through the Port Isaac Station/ Branch - a great effort. Congratulations from all of us and good luck in this year's London Marathon.

Crew Training and Station Refurbishment

A major crew training programme is underway for the early part of this year with dual boat exercise scheduled for the weekend of March 11th & 12th. Refurbishment of the Station and Quad/Storage shed is now underway. A big thank you to Barry Cleave for storing RNLI displays and equipment whilst this work is being carried out.

In Memory of John Coleman

Within the refurbishment programme there is to be the creation of two illuminated notice/display boards within the window area either side of the Boat House doors and another over in the Storage Shed area. The funding of these is by donations received from the family and many friends of John Coleman (1946-2005) at the request of his widow, Sue, and son Paul.

John, a popular member of the Doc Martin Film Crew, tragically lost his life last year in a fall at Port Gaverne. Sue says her husband loved working in our village where he had made some good friends some of whom are in the RNLI. She and her son felt that this will continue their family link to the village.

Young fundraiser

Just before going to press one of our young supporters, Victoria Redman from Sevenoaks School in Kent presented Port Isaac RNLI with cheques to the value of £140. These funds were the result of sales of her own hand made greeting cards and participation in a Christmas Market in her home area. It is the second donation made by Victoria over the past six months. Victoria has been presented with a signed photograph of our Crew and Committee and some further photographs of the "D" Class Inshore boat in action.

Climate change has become a very hot topic over the past few months. It seems like we are finally waking up to the real dangers we may face if things don't change and we start to live in a more sustainable way. So I have compiled some of my favourite local sites which give what I hope is unbiased information about this. I have to confess to being a bit biased Myself, being a member of the local Friends of the Earth group.

The most comprehensive site is <http://www.oursouthwest.com/climate/> which is the place where the South West Climate Change Impacts Partnership describes its work. The site has links to a large number of other sites and one of my favourites is the British insurance people who make the hard-headed decisions about what the financial implications of climate change and the implications of increase in extreme weather like flooding and hurricanes. If you look at the Benfield Hazard Centre site http://www.benfieldhrc.org/climate_change/index.htm this has a useful presentation on insurance as well as other ways of looking at the risks we face.

If you want to worry a bit more, have a look at another good one, the National Oceanography Centre, Southampton http://www.soc.soton.ac.uk/index.php?pagetype=display_news&idx=303. Here you can read about the Gulf Stream, or what the techies call the Atlantic overturning circulation, which could switch off quite quickly. This would make us pretty chilly!

Let me know what you think of this column by emailing me at tonywainwright@hotmail.com also with ideas about websites we could include in the future.

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'In my view' by George Steer

Recently I read a short article, probably in the Western Morning News, written by a man advocating more planning powers to Parish Councils. Anyone who attends Parish Council meetings will know that on many occasions the first time that some councillors see plans is probably ten minutes before the meeting starts and, usually, when asked for their opinions, make 'no observations'. It may well be that the District Council takes little or no interest in the views of the Parish Council, hence councillors find taking much interest a waste of time.

But even District Councils are not rated very highly as far as planning is concerned. The Cornish Buildings Group, in its flier, states, "they care concerned that planning departments often lack sufficient architectural and historical expertise and staff to deal with procedures".

Some years ago, John Betjeman suggested that Port Isaac should be approached from the top of Church Hill and that the Roscarrock Hill Chapel (The Pottery) was the only building of note in the village. He had a point! In my view there is little of significance above the line of Trewetha Lane from St Peter's Church. Although much was built between the two World Wars, there have been additions that have not enhanced the village in any way, eg Overcliff in its entirety and almost the whole of the village from New Road to the edge of the village, and the planners have to bear a considerable responsibility for much of the development – the ubiquitous concrete block is probably one of the worst building materials devised.

Would it be better if the Parish Council took over responsibility? I guess not. In fact, the Parish Council could be dispensed with and very few would notice its departure. The question can be posed, "What sort of a job to the NCDC planners do?" They are not consistent, plans get turned down and are then passed on appeal, work gets done and retrospective permission is then asked for – the list can easily be added to. Here a couple of examples that illustrate the point I am trying to make. One resident applied for planning and the person sent to appraise it was still doing her course at college. Some expertise there!! Andrew Cleave applied for permission to build five affordable houses for locals, with all the safeguards, at Port Gaverne. Turned down. Malcolm Price (head of development control) stated that the development was the wrong scheme in the wrong place, yet just a few yards away Andrew's grandfather had been allowed to build a monstrosity that

sticks out like a sore thumb. Planning Officer Simon King is reported as stating that the area's status as an AONB (area of outstanding natural beauty) weighed against the benefits of affordable housing. The planning committee would not even countenance a site meeting proposed by Eric Gill. I would wager that if plans were put forward for a scheme on the playing fields that they would be passed 'on the nod'. What a shambles!! Bring on anarchy!!

George Steer

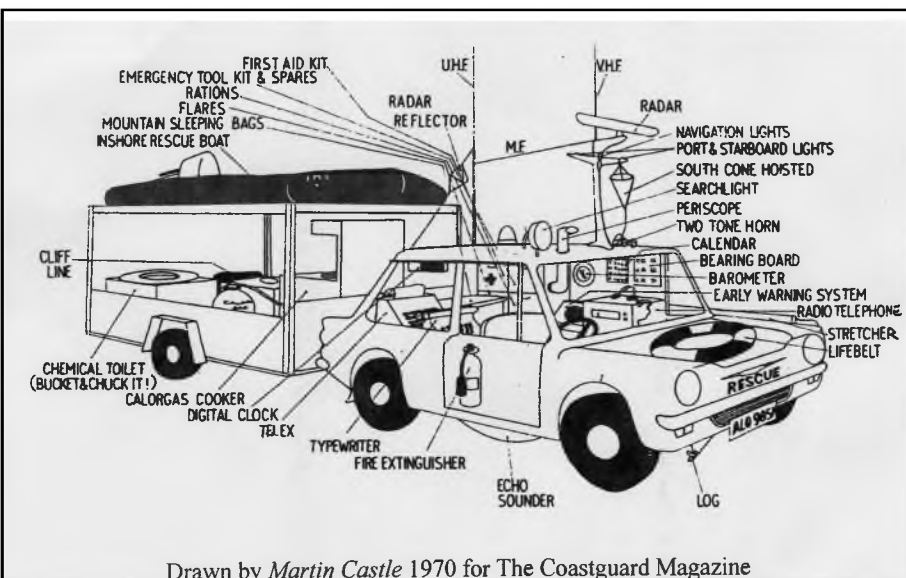
Letter to Trio Mini Motorbikes

Dear Trio

As a lot of people will by now be aware, quite a few children in the village have mini-motor bikes. They are very much a new national craze. My child does not have one so I have no axe to grind either way on this new hobby. However, I have heard comments about the use of these machines in the playing field area and people saying they should be banned. I would like to add my comments through *Trio*.

The children of the village have very little to amuse them compared to children in bigger towns and cities and they should be encouraged with new hobbies and interests. This hobby, in a safe location such as the playing field, will not only keep the children amused and off the streets but will assist them with learning motor bike handling skills before they ride the real more powerful machines on the road. I have been told that they all push their bikes to the playing fields and do not ride them on the road or pavement and that they cease riding by 8.00pm each evening. As long as the children are sensible and only ride their bikes on the otherwise unused BMX track, I cannot see that this should be a problem for anyone. Perhaps the Parish Council could make the BMX track more secure and maybe put up a sign requesting that mini motorbikes should not be used anywhere else on the playing fields.

Sharron Fuller
Port Isaac



Drawn by Martin Castle 1970 for The Coastguard Magazine

Back in 1969, the Port Isaac Coastguard Station was issued with a vehicle for search and rescue purposes. This vehicle was a Hillman Imp and was never suited to carry equipment – although the Coastguard management though otherwise! There were many suggestions as to what should or shouldn't be carried but, rather than leave anything to chance, Martin Castle, then aged 13, came up with his own design including all the station equipment together with a few extras. His drawing was printed in *The Coastguard* magazine in 1970.

An introduction to Homeopathy

What is Homeopathy?

Homeopathy is based on the principle of 'like treating like'. It treats an illness with medicine made from a substance that would produce similar symptoms in a healthy person. As an example, onions will cause streaming eyes and a runny nose and the remedy 'Allium Cepa', derived from onions, is used successfully in treating someone suffering from hay fever.

Homeopathic medicines are derived from natural substances, including plants and minerals. Unlike some conventional drugs, homeopathic medicines are non addictive and essentially have no dangerous side effects.

What happens when I come for a treatment?

Your first consultation involves the practitioner taking a full medical history, asking you about any symptoms you have and how you feel emotionally and how your symptoms affect you. Questions will be asked about your lifestyle, eating habits and preferences and state of mind in order to form a complete picture of you as an individual in order to prescribe the correct Homeopathic medicine. This treatment does not generally require you to remove any clothing. Your first consultation may last up to 90 minutes.

Either a 'constitutional' remedy based on the whole picture presented, a 'local' remedy based on physical problems or a combination of both will be given. In addition advice regarding good nutrition and possible supplements will be given in order to remove any obstacle to cure which may prevent the homeopathic remedies from working. Where indicated advice will also be given on other therapies, which may be helpful.

What are the benefits of Homeopathy?

Conditions, which can benefit from Homeopathy, are:
Allergies * Colic * Irritable Bowel Syndrome
Pre Menstrual Syndrome and Menopausal problems
Warts * Arthritis * Morning sickness during pregnancy
Headaches * Depression and anxiety
Improving well being in conditions such as
Multiple Sclerosis and Malignancy
Fatigue disorders like ME

How many treatments will I need?

On average you will need 3-4 follow up sessions following your initial assessment depending upon your response to treatment and the complexity of your case.

How will I feel after my treatment?

As the homeopathic treatment stimulates the body's reaction to illness symptoms can be aggravated initially but soon settle down. It is important to differentiate between this and a deterioration of a condition for other reasons. An aggravation is not a side effect of the homeopathic treatment.

Safety

Homeopathy does not take the place of conventional medicine. Always consult your doctor for acute or infectious conditions or problems of urgent concern. Homeopathy is a complementary medicine that works effectively alongside orthodox healthcare, so expanding treatment options. Homeopathy is particularly safe to use for babies, children and pregnant and breast-feeding women.

Homeopathy is now available at Pendragon House Complementary Therapy Centre. Call 01208 880715 for more information.



Port Isaac & District Neighbourhood Watch



As from February, a dedicated Neighbourhood Watch office is to be opened at Camelford Police Station. Camelford was chosen for its central location for the whole of the North Cornwall district. It will have its own computer and have details of all the Neighbourhood Watch schemes in the area. A team of volunteers from the Neighbourhood Watch co-ordinators will be responsible for cascading information to other members across the district. Details of the official opening of the office will be in the local press.

A forum for the North Cornwall District Neighbourhood Watch is to be set up and representatives from each area will meet to exchange ideas and hopefully improve their schemes.

Due to holidays and pressure of work, the Port Isaac Neighbourhood Watch General Meeting will now take place in March and details of this will be in the next *Trio*.

By the time you are reading this article, the road signs will have been put up on all the roads approaching the village. We also have permission to put

up further signs in the village but a review of this can be taken at the General Meeting.

I did hear of the sad plight of an elderly member of our community. On the day of the snow, his carer was unable to get through to him at night and he was left until the following morning. At the next co-ordinators meeting, it is hoped that a solution for this type of problem can be found. If anyone has any ideas on this, or any other community problems, please let your area co-ordinator know and they will be raised at our next meeting.

Past times

February 1988

Mother & Toddler Group

A coffee morning raised £62.20 for the group.

Mount Edgcumbe Hospice

Thanks to all the help and the support received for the fundraising day that raised about £400.

Port Isaac County Primary School Grand Auction

Thanks to all who contributed to the auction that realised the sum of £286.25. Particular thanks to Sue and Neil James for the use of the Wheelhouse Restaurant and for all their hard work for this event.

Jumble Sale

This raised £124.21 and will go, together with the auction money, towards the provision of a new adventure playground.

Football Results - In the two friendly matches played this term the results were St Mabyn 4 - Port Isaac 4 and St Kew 5 - Port Isaac 4. In the only league game played so far this season the result was Port Isaac 5 - St Teath 1.

February 1997

Port Isaac School

December Book Fayre - Run by Friends of the School, £400 worth

The good old days

When people complain about the 'disorderly conduct of the youth of Port Isaac' today, it's worth noting that things were a lot worse in the good old days.

According to the *Cornish & Devon Post*, back in January 1896, "Mr Tucker presided at a St Endellion Parish Council meeting when it was resolved to petition the county police to furnish a constable whose duties should be confined to Port Isaac as the present police arrangements were entirely inadequate to suppress the disorderly conduct of the youth of Port Isaac".

of books were sold, giving the School £200 worth of books and CD Roms as commission.

Christmas Fayre - The Friends of the School raised over £300.

Blue Peter Bring & Buy Sale for Leprosy - Organised and run by the children this raised £162.

Carol Concert - At the Carol Concert and Nativity Play, held in St Peter's Church, the children sang, recited poems and the youngest children took part in a Nativity

performance. A collection at the door raised £43.62 for the Children's Hospice South West.

Rowing Club

A Bingo held in the Church Rooms during December raised £210.

Mentally Handicapped

A total of £715 was raised during 1996 for the Mentally Handicapped at the Priory Centre, Bodmin. Thanks were expressed to Janet Chadband and her helpers.

Port Isaac Surgery ShelterBox Appeal 2005

The Surgeries at Port Isaac, Bridge Medical Centre and St Kew Surgery would like to say a HUGE thank you to everyone who contributed to our Appeal. So many people like us were touched by the TV footage of the poor people in Kashmir and Pakistan whose lives were devastated by the earthquake before Christmas 2005.

ShelterBox seemed to offer a special gift to these people, the gift of somewhere to live as families and something that resembled a new start when loosing everything. Imagine our surprise when we finally counted all the donations at all the surgeries and found we had collected £1,000 for the charity. This will buy us two ShelterBoxes at £490 each. We were hoping to be able to raise enough for one, but two is fantastic.

Thank you to everyone who helped make this possible and for all your generosity.

A Happy and Healthy New Year to Everyone

The Surgery

Magical Managers 05/06

Division One

LW	POS	TEAM	MANAGER	PTS
1	1	COME ON LAMPARD	Rachel Grills	703
2	2	S.T.D. ALLSTARS	Jamie Hewett	681
4	3	S B MILAN	Scott Bennett	673
3	4	MAYBEES	Tom Bishop	658
5	5	WORLD DOMINATION XI	Andrew Grills	620

Division Two

LW	POS	TEAM	MANAGER	PTS
1	1	BOB'S BABES	Bob Irons	650
2	2	DON'T MIND GOING DOWN	Jon Poupard	632
3	3	FALLDOWNERS	Bill Bissett	614
4	4	THE CAPPUCINO KID	Gary Mac	599
6	5	THE GRIM REAPERS	Phill Kent	576

Division Three

LW	POS	TEAM	MANAGER	PTS
1	1	BUNG'S DREAMERS	Kevin Gill	688
2	2	ALWAYS ON TOP	Mark Forbes	664
3	3	WHATSS UP	Neil Pooley	645
8	4	AWESOME	Margaret Honey	603
7	5	THE AVIATORS	Daniel Grills	602

Up to January 21st 2006 - 21/22 Games Played



Healing Day

Dr Sheila Cassidy, well-known writer, broadcaster and former political prisoner, will give the key note address at this year's annual 'Celebration of Wholeness and Healing' being held in Truro Cathedral on Saturday 11th March.

In the mid 1970's Dr Cassidy, a former Medical Director of St Luke's Hospice, Plymouth, was working as a medical doctor in Chile when she had the misfortune to fall foul of the oppressive regime that existed there at that time. She was arrested and tortured for treating a revolutionary, an experience she recounted in her autobiographical classic 'Audacity to Believe'.

Dr Cassidy, who has lectured widely on terminal care, is now a psychologist. She has called the address she will give in Truro Cathedral 'Empathy is the Key'. This will be followed by twelve

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers to the area.

**Telephone Katrina Gill
(co-ordinator) on
01208 850465**

Vi Pattenden

Violet's family would like to thank her many friends for the condolence cards, flowers and for attending the funeral. It was lovely that so many were in Church to hear Father Michael's account of her eventful and varied life - she certainly packed a lot into her 90 years.

workshops on different aspects of healing including complementary medicine, spiritual direction, anointing, ways to avoid stress, inner healing, the spirituality of palliative care, disability and bereavement by the death of a child.

After lunch there will be a Eucharist with the laying on of hands for healing at which Bishop Bill will preach and the new Dean of Truro will preside.

The event, which is open to anyone, is of particular interest to those

involved or interested in healing and pastoral care, especially local Pastoral Ministers. Last year it attracted members from Baptist, Roman Catholic, United Reform and Anglican Churches as well as the Salvation Army and some house churches.

Workshops were over-subscribed with nearly 200 people taking part, so those interested are being advised to book early. If you are interested in attending or would like to know more telephone me on 01208 880181 or e-mail me at rev.judith@btinternet.com

Judith Pollinger

Church Diary Dates

Wednesday February 1st

7.30pm - Healing Eucharist High Barn, St Kew Highway

Thursday February 2nd (Candlemas)

7.00pm - Sung Eucharist, St Endellion Church

Friday February 3rd

7.30pm - Rededication by Bishop Bill of Medieval Window, St Kew Church

Saturday February 11th

7.00pm - Parish Supper, St Kew Parish Hall

Sunday February 12th

6.00pm - Evening worship by candlelight with Taize Music, St Endellion Church

Sunday February 19th

10.00am - Family Eucharist, St Peter's Church, Port Isaac

Thursday February 23rd

8.00pm - Julian Meeting, Trelights

Wednesday March 1st (Ash Wednesday)

10.00am - Eucharist with Ashing, St Peter's Church, Port Isaac
7.00pm - Sung Eucharist with Ashing, St Endellion Church

Wednesday March 2nd

7.30pm - Healing Eucharist, Menefreda Way, St Minver

Thursday March 9th

7.00pm - Lent Course, St Endellion Church

Saturday March 11th

10.00am-4.00pm - 'Celebration of Wholeness & Healing', Truro Cathedral

Sunday March 12th

6.00pm - Sunday Evening worship by candlelight with Taize Music, St Endellion Church

Thursday March 16th

7.00pm - Lent Course, St Endellion Church

Thursday March 23rd

7.00pm - Lent Course, St Endellion Church

Thursday March 30th

7.00pm - Lent Course, St Endellion Church

'As standards go, we aim low!' is the new mantra of the Drekkly Theatre Company. That way you will never be disappointed!

Never ones to shirk a challenge, we gave 'The Wizard Of Oz' the Port Isaac treatment. And so, once again, thank you to our loyal and faithful audiences for supporting us and giving our over-blown egos yet another boost.

Acting? What's all the fuss about? As for singing and dancing, we may hit the right notes occasionally, but who's counting? We all start the songs together and occasionally all finish on the same note and in between ... it's every man for himself! That's right, isn't it Janet?

The show opened with Dee (The Wig) Randell, Alyson (The Walk) Lorimer and Mark (I'm NOT Dancing) Rowe as our travelling hillbilly musicians. They set the tone for the evening, which rapidly moved downhill from then onwards. This musical trio have been nominated for the Brit Awards with their moving fret work and their script was so hot off the press that Mark was still writing it on the first night! (*ed: and the second, third and fourth night!*). You don't get more cutting edge than that. And, you'll be pleased to know, the rather angry boil on his face was not contagious and did wash off eventually. Dee, however, had to have that wig surgically removed and Alyson definitely deserves the glamour role next year. (Did I just say next year? Slip of the tongue!)

Dorothy, played by the delightful Jo Stafford, put Judy Garland into the

The Wizard....

shade with her portrayal of our pantomime heroine. However, it must have been a shock for Dorothy's mother when her second born looked more like a rugby player than a country gal. Not much family resemblance there! Nevertheless Richard Hambly, always shy and retiring, gave a subtle understated portrayal of the female sex that made most of us girls wonder if we too shouldn't be a little more bold with our make-up. Well, maybe not!!

Aunt Em/the Good Witch was played by Jules Miller-Wilson with amazing calm considering that she was in the midst of moving house and suffering from every bug in circulation. Well done Jules.

Her husband, (Uncle and the Wizard of Oz), was our new discovery, George Cleave. George, a word of advice. Leave school now! It's the stage for you. And don't forget those small people who set you on the road to theatrical stardom by giving you your first 'break'. We all expect a mention in your first Oscar acceptance speech!

And then there were the Tinman, Scarecrow and Cowardly Lion. What can I say? 'Zingaling!' They're almost getting too good. Sam Lorimer only does things on a large scale, both acting and making props. He has a different view of the world to me ... mostly taller! And Steve Appleby - the consummate professional in a frock or a haystack. Is there no role that he can't get to sing in? (Anyone?? Please??)

Kathryn McDonnell made up the gang with a more than elegant lion. Looking gorgeous in face paints and tights (and a leotard!) she tamed the audience with her rendition of those famous lines "Put 'em up, put 'em up" (we thought she was just reminding Roy to get on with the scenery, as she was way ahead of everyone else in learning her lines so none of us knew what she was on about).

And we finally got Laurence into dress! But it was all in a days work for him - he didn't bat an eyelid. A little waxing here and there and the vision of loveliness would be complete. Jackie could have come to Cornwall for a rest at Christmas but instead chose to muck in with us making fools of ourselves. Fortunately for us, her singing voice is a little softer on the eardrums than Laurence's melodic tones and they carried off their Dolly Parton tribute with an uncannily close resemblance.

Many Congratulations to Ian and Sharon. Ian Fuller surprised us all by getting married on Christmas Day. The panto must've been a bit of a let-down after that. I hope he removed that old warty nose before he went home every night (he was wearing a false nose wasn't he?). Anyway, he frightened all of us when he turned green after the first act. That's what happens when you eat too much turkey and Christmas pudding (*ed: or may-*

The Trio Theatre Critic's review!

Watching the expressions on peoples faces after seeing a performance of the panto is just as much fun as the panto itself. Maybe, just maybe, next year the audience should walk past the performers on their way out just so the artists could see how much enjoyment they give out. Anyway, that's my Daily Mail pretentious reporting bit done, now down to the nitty gritty!

Start with the star - Jo Stafford, already a renowned thespian after appearing on telly. Jo gave her all, in fact, she gave so much of it when crying, she was reported to the noise abatement society.

I know it was only a loose translation of the original story, but where does Fanny come into it? Or was he/she just a sex interest for the Tin Man? Zingaling! The Tin Man! From last year's gay genie to this year's sex mad metallic hormone. What a transformation and what a chopper!

Kathryn 'Glamour Puss' McDonnell - not the type of girl you pick a fight with, after watching her boxing skills that she apparently learnt off Audley 'The Big Girl' Harrison.

Steve Appleby has allegedly been off work since his stable appearance as Russell the Scarecrow. The doctor has signed him off with motion sickness and he has been referred for psychiatric observation after complaining that all he could smell was carrots.

The Rockery Chicks, aka Jules and Liz were panto virgins this year, but boy, did they lose it big time. Jules as the all drinking Aunt Em and Good Fairy put in a performance that would have put Meryl Streep to shame - if she had ever appeared as Aunt Em in a panto, that is. High kicking Liz has been booked for the Moulin Rouge after showing everybody ... what she can do! And I guarantee after watching Liz do the splits, every man crossed his legs.

of Oz

be it was getting married that did it?). Let that be a lesson to you all! (Did I mention that he was the Wicked Old Witch?)

And Natalie Andrews and Ceryn Penny make it all look far too easy. Bothered? Nah! Way too pretty to be the bad guys.

Appearing as the only sensible contender for the Sport Isaac Relay team was Marion Andrews - Olivia Newton John in tights. My money's on Marion to fly the flag for Port Isaac. Way to go girl!

Finally, appearing in many different guises were myself, Liz Watson and Laura Barnden. We tried to muscle in on every scene where we could. I think you'll agree that if it weren't for the others, we would have stolen the show.

Janet Townsend and Ian Fenton know us all well enough now that their only excuse not to be in the panto is to spend Christmas in Australia. Anywhere else and we'll find you!! We like to set them sneaky little challenges like skipping a verse or two just to check they're still awake.

Catherine Armstrong has the worst job of all - as the prompt, always wondering what page we are reading from and are we even doing the same script as her. She deserves a medal for sitting through rehearsals when we haven't learned our lines.



Never shy and retiring when it comes to photos—the cast of this year's show

Robyn Gunn did a wonderful job with the Munchkins. Their excitement is infectious and makes it all feel special. We know it's only the Village Hall, but to see their faces you could almost believe the magic of it all. Heaven knows how they'll explain it when they grow up. Will anyone believe their tall tales of witches and fairies and fully-grown men with heaving bosoms prancing around in frocks?

The list of helpers is endless and we are grateful to everyone. The scenery painters are amazing, it all just appears as if by magic. Our 'Best boys' Roy Speakman and Jeremy Brown are brilliant. They must wonder what they did in a former life to be punished this way every Christmas?

And a special thanks to Liz Brown and Sam Littlechild for making us look and sound so much more professional than we are. We all have our 'best side' that we insist on being lit - mostly the back view! And we're grateful to Bob for videoing us and to Dave and Alex for warming up their hands before sticking those wires up/down our costumes.

So thank you to everyone who has helped us put the whole thing together. And again to you all for supporting us.

So, until someone issues writs against us or puts us in straightjackets we may well inflict another pantomime on you next year. You can't blame us. We know we're all daft, what's your excuse?

Madame Director aka Barbara Hawkins

Warning: The cast may contain traces of nuts

I can't figure out who diddled and who dawdled and if someone did diddle was it dawdle dawdling or what. If you can figure it out you had better sign up to Mensa and to quote Ceryn and Natalie, "Do I look bovvered?"

Mr Fuller gave his new wife an insight into what life is going to be like in the future - a bald headed man who likes to cross dress, hunched over double, squinting and moaning at the kids. Quite worrying.

Mark 'The Pleasant Plucker' Rowe, Dee (Strumpet) 'No cowboy is safe once she gets her freckles out' Randell and Alyson 'My organ doesn't work' Lorimer steered the show to all the right places, albeit with some of the worst Geordie accents ever heard! And Mark, I was disappointed with your performance. Only I joke about me. Surely that's not enough!

Barbara and Marion, the jagged joggers who, due to fantastic special effects, managed to run around the world whilst puffing on a fag, have been practicing this feat all year going up Church Hill and round St Endellion.

Also, well done to Liz, Laura and Barbara as the Can't Can't Dancers. What a sterling performance but, in my humble opinion, the two girls in the middle who managed to dance with no heads, were amazing.

The special guest appearance from Larry and Jackie went down a storm, as usual. But didn't Larry look a bit too comfortable in his dress?

And finally, the Munchkins. Every year we say it, how fantastic the children are and this year is no exception. We are all very proud.

The unsung heroes, the backroom team, from bar staff to door staff and everybody else - well done.

So, finally, all that is left to say is see you next year and in the inimitable word of the joggers,

POLLACKS!!!

*Chris 'The Lard Man' Lanyon
The Trio Theatre Critic*

The following report is not based on approved minutes signed by the Parish Council.

Parish Council News

SUMMER SEWAGE ODOURS IN PORT ISAAC

The Council has received a letter from South West Water advising that the odours were largely caused by the sewerage network system in Port Isaac and not originating from the treatment works. After investigation the system was cleansed and several manhole covers were sealed. These actions should significantly reduce any odours coming from the network. SWW advised that they are continually monitoring the situation and will take action if any further occurrences arise. In the meantime Council members will be arranging a visit to the treatment works in order that they will have some better understanding of the operation of the system should the odour problem occur again this year.

CRIME FIGURE

PC Malcolm Taylor reported to the Council regarding the summer crime figures for 2005. There had been a reduction in crimes during the period July to September from 27 in 2004 to 14 in the same period 2005. There was only one burglary during August with a suspect being arrested. Vandalism at the school had also been reduced during the summer as a result of PC Taylor speaking to a group of children about this before the summer holidays. He is still in touch with Simon Bishop regarding the use of the school for his regular surgeries and also reported that the Neighbourhood Watch Scheme in Port Isaac is going well.

ST ENDELLION HOSPITAL CAR SCHEME

The Council agreed to donate the sum of £75 towards the above scheme in order to attract further funding from East Cornwall Rural Transport Partnership and in this respect the Council has applied on behalf of the Car Scheme for additional funding. Ted Childs has been the instigator of this additional funding and the Council will do all it can to support him and this very valuable local service.

CONSERVATION AREA

The Council has concerns regarding the attitude of North Cornwall District Council planners when considering minor internal alterations to a Listed Building in the Conservation Area, to bring such buildings up to a standard fit for 21st century habitation. 10 Fore

Street, Port Isaac is a major example of this problem. A meeting has been arranged with Malcolm Price, Head of Development Control at NCDC to voice the Council's concerns and for an explanation of the guidelines used. After this meeting a separate article with further details will be included in a future issue of *Trio*.

WAR MEMORIAL GRASS CUTTING

Following a request from the Church Rooms Committee, the Council agreed to make a donation of £125 for the annual grass cutting around the War Memorial.

NEXT MEETING

This has been arranged for Monday 13th February, at Trelights Chapel School Room at 7.30 pm.

Robin Elgar, Parish Councillor

PLANNING APPLICATIONS AND NOTICES

Application 2005/02597 - Renovation and refurbishment of existing terraced house into three bedroom dwelling together with erection of new garage and associated landscaping. Full Planning. Delegation Possible. Nicholas & Charlotte Knight, 11 The Terrace, Port Isaac. **The Parish Council is in support of this application subject to the Edwardian seaward side remaining of the same appearance.**

Application 2005/02658 - Revised design to previously approved garage to include alterations to roof line and height of side wall. Full Planning Committee. Ms J Preston, 13 Tintagel Terrace, Port Isaac. **The Parish Council made no observation of this application.**

Approvals & Refusals

Application 2005/02282 - Listed Building Consent for the installation of under stair cupboard on ground floor and installation of bedroom cupboard and a basin on second floor. Mr & Mrs M A Tracey, 10 Fore Street, Port Isaac. NCDC **APPROVED** this application.

Application 2005/01929 - Listed Building Consent for the replacement of 6 sash windows. S Reece, B Rowe and P Albury, Trefreoc Farm House, Port Isaac. NCDC **APPROVED** this application.

Application 2005/02193 - Listed Building Consent for external re-roofing of the property using existing materials, internal refurbishment including the removal of asbestos and other modern cladding; inspection and repair as necessary to main structure and the provision of new insulation and internal dry lining; removal and replacement of the main reception room fire place; re-fitting of the kitchen together with other minor and other non structural alterations at first floor level including the fitting of two bathrooms. NCDC **APPROVED** this application.

Application 2005/02194 - Listed Building Consent for the repositioning of internal staircase and minor alteration relating to this work. Mr C Davis, Halwyn House, Roscarrock Hill, Port Isaac. NCDC **APPROVED** this application.

Application 2005/01957 - Application for Certificate of lawful use or development. Oatens, Rose Hill, Port Isaac. NCDC **APPROVED** this application.

Application 2005/02283 - Listed Building Consent for the reinstatement of original features namely on ground floor remove new ceiling lining, reinstate 600mm partition to east wall, 300mm to north wall and head. On 1st floor remove balustrade and reinstate partition and door. On 2nd floor remove bathroom, reinstate all and door, remove staircase and stud partition, install trap hatch and reinstate door. NCDC **APPROVED** this application.

Application 2005/02357 - Renewal of permission for the continued use of the Art Gallery. Mrs M Ross, 76 Fore Street, Port Isaac. North Cornwall District Council **APPROVED** this application.

Application 2005/01240 - Demolition of all garage buildings and the erection of 4 no. detached houses with garages. Mr D Whitfield, Bunts Workshop, Trelights. NCDC **APPROVED** this application.

Application 2005/02324 - Certificate of lawful use/development for replacement of self-contained residential caravan at Crizanne, Trewetha, Port Isaac **HAS BEEN REFUSED.**

Jeff Davies

Jeff died suddenly on January 8th 2006.

Anita would like to express her thanks to the whole village and surrounding area and second homeowners for their cards, words of sympathy and offers of help and support.

I also thank everyone for their attendance at St Peters and afterwards at Port Gaverne. What a wonderful community Port Isaac has. There could not be a better final resting place.



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- 4 Restoration process information

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Jack Spry

January 17th 1925 - January 2nd 2006

Muriel and family wish to express their sincere thanks for all the cards, messages of sympathy and kindness shown following the sudden loss of our beloved Jack.

We would like to express our gratitude to Father Micheal for his support and the service celebrating Jack's life and character. Thank you to Janet for playing the organ, Ted for reading the beautiful poem, the Fishermen's Friends for kindly singing Jack's favourite song and to David Bray.

A special thanks to Mike Edkins for his generosity and memorable send off of a previous and popular landlord of the Golden Lion - a fitting send off for a Port Isaac boy.

To the very end Jack loved his family, his home, his many friends, the sea and boats, the Dominoes School, his billiards and the dogs.

Thank you also for your kind donations in lieu of flowers to the National Asthma Campaign.

My heartfelt thanks go to Calum and Tracey for their determined attempt and kindness to help Jack on the night he died.

Muriel

St James the Great, St Kew Passion Window Rededication

The Rector, Churchwardens and PCC have great pleasure in inviting you to the
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of the restored medieval window

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FRIDAY 3rd FEBRUARY 2006

followed by a reception in Church

For further information please contact: David Bishop, Churchwarden: 01208 850230 or Patrick Mewton, Treasurer: 01208 880550

Esme Lobb

Janice, daughter of the late Esme Lobb, wishes to express her sincere thanks to all the kind people who sent cards and messages following her sudden bereavement. Thanks also to those who attended the funeral on December 2nd 2005.

Bingo success

Very many thanks to everyone who helped to raise £690 at the annual Bingo held on December 6th, in aid of the Priory Day Centre for the Mentally Handicapped in Bodmin. This record sum is a tribute to the wonderful support you give each year, which, in turn, gives so much pleasure to each and everyone attending the centre. Thank you.

Janet Chadband



schoolchat

news and views from
Port Isaac School



Dear Members of the Golden Circle,

Thank you on behalf of Port Isaac school for coming to our Christmas dinner. We were glad to have you there, you made us jolly and cheerful. We enjoyed singing to you. We hope you will come again next year to make our Christmas special.

Thank you from

Rion Year 6

New Pupils

This term we have three new children in school. Oscar and Jack have joined Miss Martin's class and Louise has come into Mr Bishop/Ms Weatherhead's class. We hope they are all going to enjoy being a part of our school!

A review about the village pantomime

This years pantomime was the Wizard of Oz. It was very funny.

We all started our rehearsals in November and we met up once a week to learn our lines and learn songs. My favorite song was 'Ding Dong the Witch is Dead'.

I was a munchkin and it was really fun. Our teacher was Robin she was nice. So overall this years pantomime was fun to be in and hilarious to watch.

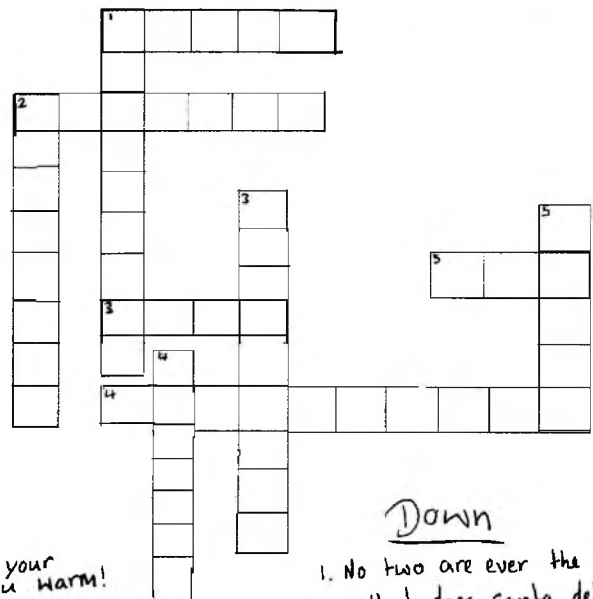
Rosie, Year 6

Winter Crossword Solution

5D Jesus	5A Ice
4D Presents	4A Wellington
3D Fireplace	3A King
2D Stocking	2A Snowman
1D Snowflake	1A Scarf

A WINTER CROSSWORD

By Victoria year 6



Across

- Wrap it around your Neck to keep you warm!
- An Imitation of someone Made out of snow
- Queen and —
- Warm winter waterproof foot wear.
- Freezing cold and very slippery!

Down

- No two are ever the same.
- What does Santa deliver Presents for you in.
- The bottom of a chimney- To keep you warm.
- A nice surprise wrapped up under the tree and in your stocking.
- The baby king Made by God.

Happy Birthday...

Birthdays celebrated in January were:

Roxanne 10 Harry 7 Holly 7

More from the school overleaf ...

Save the Rainforests

We spent the day with Dan Bishop taking part in a workshop learning about the endangered rainforests and what we can do to help protect them. If you are interested in adopting an acre of rainforest after reading extracts from the letters that the children have written please log on to www.worldlandtrust.org for all the information. Thank you!

Many of the children at Port Isaac School have written to *Trio* to voice their concerns about the plight of the rainforests. Here are some extracts from these letters:

"... the rainforests need your help. All we want you to do is buy an acre of the rainforest. It is not very much money ..." *Stephen Barribal*

"... Every second an area the size of a football pitch is being burnt down. If this carries on there will be hardly any trees left ... So please adopt an acre of rainforest for just £25! ..." *Daisy Thomas*

"... the rainforests are in danger so please adopt an acre ... every second a piece of the rainforest is getting cut down ... loggers sell the wood and use the land for cattle ..." *Ronnie Tyler*

"... to persuade you to save the Amazon rainforests ... half the world's rainwater is stored there and a quarter of the world's oxygen is made there ... Surely everyone knows that we need oxygen to survive and the trees are vital for this ... buy an acre of rainforest and help keep the planet alive!" *Rion Witcomb*

"... you should adopt an acre of rainforest in the Amazon ... medicines come from the trees and oxygen as well. Surely it is obvious that half the world's water is stored in the rainforest? ..." *Daryl Old*

"... every half an hour, half a million trees are destroyed. If this carries on, in 50 to 60 years there won't be any rainforest left. People say it's alright to cut down a bit of the rainforest but it isn't. In that small part there might be a plant that has medicine in it and you might destroy it ..." *Rosie Collings*

"... the effect would be catastrophic ... 400 years ago 5,000,000 Indians lived there but today there are just 230,000 ... I know people make a living out of the rainforest but they could get a kinder job ... they aren't just killing plants, they're killing people! ... when you buy products that you think are from rainforests, ask "Is it sustainable?"" *Alice Mudd*

"... we all should adopt an acre of rainforest ... Surely it is obvious that you can money out of it but its not fair to the little bugs that are living in the rainforest ... I am therefore asking that we all raise some money to buy an acre of rainforest." *Ashley Dyer*

"... In 50 years time there will be no rainforests left ... Surely it is obvious that we need the rain-forests to live ... We should all buy an acre of the rainforests. It costs £25." *Sophie Haynes*

"... People say "Oh, it's OK if I only cut down a little portion!" But we know it's not. That "little" section could have a plant there that will not grow anywhere else and that one plant could save hundreds of lives ... think about what I've said and adopt an acre of rainforest for £25. That may seem like a lot of money but it really isn't if you understand." *Victoria Lewis*

"... if there is no rainforest we will run out of oxygen. Also, three quarters of our medicines are found there ... Surely it is obvious that the destruction of the trees must stop ... I believe we in this country need the rainforest to survive ...

everyone adopts a bit of the rainforest to keep the world safe." *Gus*

"... you should buy an acre of rainforest ... they are essential to the world because most of the water, air and medicines are made there ... if they are destroyed the effect will be catastrophic for many animals and for us ... Did you know that there have been people living in them for 10-20 thousand years?" *Jack*

"... everyone should buy an acre of rainforest ... if the rainforest is destroyed so is a quarter of the drugs we need to treat illnesses ...if the rainforests disappear, so will we ... buy an acre of rainforest to save the world." *James Edkins*

"... surely it obvious that the destruction of the trees must stop ... I believe we in this country need the rainforest to survive ... adopt a bit of the rainforest to protect it and keep the world safe." *Matthew*

"... we need rainforests for oxygen and the Amazon rainforest holds half the world's rainwater ... we might kill the plants and trees that only grow in that part of the world ... adopt an acre of rainforest for £25 and keep it safe." *Nathan*

"... if all the rainforests are cut down we won't be able to breathe ... it will affect our country and our oxygen ... Surely it is obvious that we need the trees ... rainforests are really important in our lives ..." *Roxanne*

"... each and every one of you should buy an acre of a rainforest ... if we don't do anything there will be no more rainforest in 50 years time ... they can give us special medicine if we have cancer ... I believe you should help because us children will need a rainforest when we are older ... it only costs £25." *Laura Pattenden*

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Saturday February 4th
NCCA St Endellion Branch AGM at Gull Rock, Port Gaverne - 11.30am

Monday February 6th
PIGS at Bude Golf Club - 10.30am

Tuesday February 7th
Self Help Art Group meeting in the Penhaligon Room - 10.00am

Thursday February 9th
STEER meeting, to discuss the undergrounding of the cables, in the Village Hall - 7.30pm

Sunday February 12th
Mervyn Stutter presents 'An evening of comedy for menopausal flower children' at Port Isaac Village Hall - 7.30pm

Monday February 13th
'In the Bag' Recycling collection - have your bags out by 7.00am

Parish Council Meeting at Trelights Chapel - 7.30pm

Tuesday February 21st
Self Help Art Group meeting in the Penhaligon Room - 10.00am

Whist Drive in St Endellion Church Hall - 7.30pm

Monday February 27th
'In the Bag' Recycling collection - have your bags out by 7.00am

Thursday March 9th
Friends of Port Isaac School Promise Auction at the Old School Hotel

Saturday March 11th
Port Isaac's Annual Mount Edgcombe Hospice Day Sale and Lunch

Tuesday March 21st
Whist Drive in St Endellion Church Hall - 7.30pm

April 9th - 16th
32nd St Endellion Easter Festival

Saturday April 15th
Reg Meuross - 'one of the finest, purest country/rock/folk voices this side of the Atlantic' - presents the 'Short Stories' tour in Port Isaac Village Hall - 7.30pm

Tuesday April 18th
Whist Drive in St Endellion Church Hall - 7.30pm

Thursday April 20th
Port Isaac Village Hall AGM - in the Hall at 7.30pm

Thursday April 27th
RNLI AGM in the Village Hall - 7.00pm

Tuesday May 16th
Whist Drive in St Endellion Church Hall - 7.30pm

Friday May 26th - Monday May 29th
Port Isaac Music Festival - a weekend full of music for everyone to enjoy

Sunday June 11th
Annual RNLI Lifeboat Service on the Platt

Tuesday June 20th
Whist Drive in St Endellion Church Hall - 7.30pm

July 25th - August 4th
48th St Endellion Summer Festival

Sunday August 20th
Port Isaac RNLI Funday

Friday September 29th
Port Isaac RNLI Harvest Festival

Let us have your dates for inclusion in the *Trio* diary

Issue	Copy Date	Publication Date
March	February 20 th	February 28 th
April	March 20 th	March 28 th
May	April 18 th	April 25 th
June	May 15 th	May 23 rd
July	June 19 th	June 27 th
August	July 24 th	August 1 st
September	August 28 th	September 5 th
October	September 25 th	October 3 rd
November	October 30 th	November 7 th
December	December 4 th	December 12 th

Trio copy dates for 2006

REGULAR EVENTS

Port Isaac Stay & Play Group - every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Leigh on 880745 or Marie on 880977

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jennie on 881038

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Local History Group - The first Friday in the month in Port Isaac Village Hall. Contact George Steer on 01208 880754

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers - Every Monday at 8.00pm in Trelights Chapel

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

Learning Together - Every Monday during term time from 1.30pm - 3.15pm in Port Isaac Primary School. 3 and 4 year olds to come along with an adult

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am
Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm



Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure that your event is included here!