

The Port Isaac, Port Gaverne and Trelights Newsletter • No: 265 • July 2006 • 40p



Environmental issues



T am back on the rubbish/recycling theme. Recently on Radio 4 it was announced that, in an effort to cut down on household rubbish, the government is considering bringing in a rubbish charge for every household based on the weight of the bags. This would bring us out of our apathy because it would hit our pockets. So, what can we do to stop this happening? Here's some suggestions on how we can cut down on our household rubbish and help the environment.

- 1 Use the bins outside the takeaway or take cartons home and put in the relevant recycling bags.
- 2 All households should really consider making an effort to put paper and plastics in the relevant recycling bags – all clearly explained on the outside of the bags. Bottles and newspapers can go out too but in Port Isaac you can also use the 'banks' in the top car park.
- 3 All agents and caretakers of rented houses should encourage recycling. Just put the bags in the property with a clear recycling sign. The properties I am responsible for are doing a great job – why can't more? It would ease up poor Richard's work as he battles daily with litter everywhere and when half of what he collects could easily be recycled.
- 4 Try and reuse supermarket carrier bags. Some supermarkets are doing their bit but their bags only start to degrade after 18 months and the whole process takes over three years. Some supermarkets sell special reusable bags. So, don't just pick up a bundle of carrier bags for your shopping – think about what you're doing.

Statistics

- 1 Plastic bottles can last 450 years in landfill sites.
- 2 The world's annual consumption of plastic materials has increased from 5-million tonnes in the 1950s to 100-million tonnes today.
- 3 Modern landfill sites give off harmful methane gases, harmful to humans and contributing to global warming.
- 4 Britain has one of the lowest recycling rates in Europe. This must improve.

Thank you.

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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

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Annie Price



When it comes to recycling, Annie really does practice what she preaches!

David Ward raises £2695 for Childrens Hospice SW

I f your computer is beyond repair, David Ward will take it away and either sell the parts or use them to build another computer that he donates to charity. Over the past two years his work has raised £2695.50 for Childrens Hospice South West.

David would like to specially thank John Barratt, WadCom (Wadebridge Computers) for supplying so many broken and unwanted computers

Thanks also to Karl Trevis from Cornwall College who places free computers to battered wives, single mums and one-parent families and children with learning difficulties.

David always has a number of refurbished computers for sale with all proceeds going to the Hospice. Give him a ring on 01208 851113.

To pass away a lonely evening, a certain lady of this parish had a few girls round whilst her husband was out singing. They passed the time, as girls do, quietly and sedately giggling and chatting and drinking a little wine and, all too soon it was time to go home. She bade her friends goodnight. By now it was quite late and she was a little surprised that her husband had not yet returned home but she thought he must be really enjoying himself so she took herself upstairs to bed.

She was quite surprised that her bedroom light was on but imagine her shock when she saw that there was a man in her bed!! Was it her lucky night? No, it was her husband! But how had he got into the house and up the stairs to the bedroom without anyone seeing him.

Well, it turns out that he's really quite a shy man (!!) and, rather than face all the girls enjoying their girly evening he decided to climb up a ladder and through the bedroom window! And we all thought that he bought his extending window cleaning kit because he didn't like ladders!!

Race for Life update Did she do it? Did she ever!

Over the past few months, I have been 'in training' to take part in the Cancer Research UK's annual 'Race For Life'. I've gone from being a complete novice - the 'how hard can it be to put on a pair of trainers and do a bit of jogging?' type - to the 'I can't train, I've got pulled muscles, shins splints, plantar fasciitis, a bone in my leg' - serious runner type!

Luckily, I am married to a Sports guru. What big Sam doesn't know about sport, any kind of sport, just isn't worth knowing. I don't understand why the FA needed to look for a replacement for Sven Goran Ericsson, when the most obvious candidate can usually be found hurtling around the lanes of North Cornwall in a white van (complete with England flags) or shouting 'advice' to the various World Cup teams on the big screen at The Crows Nest. His 'advice' to me was, as ever, invaluable (and unrepeatable!).

I was guickly joined on my early morning 'runs' by Liz Brown and between the two of us we've managed to have just about every inch of our anatomy strapped and bandaged! You knew Liz was coming well before you could see her. It was the subtle aroma of 'Deep Heat' that gave her away!

Anyway, Liz and I have been going out three times a week come rain or shine (that was easy - we didn't have even one slightly wet day). At first we did a combination of jogging and walking up to Poltreworgey and back. We gradually improved on our time and both invested in 'proper' running shoes. But even with these, the hard road surface took its toll and I ended up in agony. So we resorted to running around the playing field, softer underfoot you see! Our training target was 12 minutes running followed by three minutes walking, twice. It was impossible! I managed seven minutes running and three walking three times but couldn't do any more. And after falling flat on my face in the Mother's Race at Sports Day (again!) it wasn't looking good for Race Day.

Now I know that 'Race for Life' is a 'Fun Run' and you don't have to run it, but that was the challenge I had set myself. I was running in memory of my Dad and I wanted to raise £150 and finish the race in 40 minutes.

Luckily on the day I met up with Katie Childs and we ran together for about two thirds of the race. We just got swept along with all the other women. I reckon I did a good 20 to 25 minutes running before I had to take a walking break. The back signs that the runners wore were very touching. One young girl had " I race for life for our future" and another said, "for the Dad I never met".

The course was very challenging, but what a fantastic setting. It was an amazing sight, seeing 2000 women winding all through the Eden Project, and when I turned the final corner and saw the finish line (at the top of yet another hill!) I just went for it! 40 minutes 30 seconds was my time and £300 raised.

the edge bar and restaurant

 ${m {\cal F}}$ rom 1st July we are delighted to welcome new head chef Ben Harmer. Ben has been a chef at Rick Stein's restaurants and for the past eighteen months has taught at the Seafood School in Padstow. He has a wealth of experience from other famous establishments and we look forward to seeing his signature at the edge.

We would like to take this opportunity to thank Karen Smith for two years of hard work, creativity and setting the high standard of food the edge has achieved. We are very pleased that she will remain with us on an occasional basis. Have a great summer Karen and Mawgan.

Chris, Liz, Colin & Jules

TESCO for life race

CANCER RESEARCH

So big thank yous to Liz for being my training partner (you will do it with me next year!), to big Sam, little Sam & Maisey for all their love and support and to all the people who sponsored and encouraged me.

If you would like to make a donation, my fundraising page will remain open until July 2nd. Go to www.raceforlifesponsorme.org/ alylorimer.

Alternatively, you could put a quid or two in an envelope and drop it through my door with your name and address.

I know it's not a great achievement compared to a marathon, or sailing round the world, or an Olympic gold medal or anything like that but as my dear Dad often said, "Before you criticise someone you should walk a mile in their shoes... Not only will you be mile away from where you started but you'll have someone else's shoes on!"

Alyson Lorimer

For sale Large Pine Dresser

£300 ono

Tel: 01208 880221

Port Isaac Lamb

Locally reared and grass fed Packaged ready for your freezer Whole or half lamb

Guide price: £40 half lamb

Enquiries to Barry or Anne Collins 01208 880755

10 naked surfers

Visitors to Polzeath beach were in for a shock last week as ten naked Surf's Up! Surf School instructors waded into the surf to catch a few waves. "With over 200 members we have to continually think up ways of raising funds for the Surf's Up! Boardriders club - and the classic naked calendar seemed like a good idea at the time" explained founder Pete Craske.



"Everyone was a bit wary at the start, but it didn't take long to get into the spirit and we got some great shots! The cold water was a great leveller!!!"

The calendar goes on sale from early July and the club hope to raise over £20,000 from it to help subsidise overseas trips for the local kids.

Beauty at the Home Spa

Our eyes are so precious. Without them we are lost; they reveal our deepest emotions, secrets and hopes and we shouldn't ignore them. There are so many things we can do to keep them beautiful.

Eyebrow shaping

Your eyebrows can be shaped at home using tweezers. Always cleanse first, hold the skin taut and pluck each hair in the direction of the growth, starting from the bridge of the nose. Don't forget between the brows. Afterwards soothe with a cold compress.

Eyebrow and Eyelash tinting

This is perfect for accentuating the eyes. A tint will last up to eight weeks and can be black, blue/black, blue or grey. Fantastic for water babes.

Eyelash Perming

Perfect for ladies with straight lashes or who use eyelash curlers.

Maintaining Healthy Eyes

It's all very well preening and tinting but if you have eyes that look like you have spent several nights drinking and with no sleep, then all the plucking in the world won't make a difference.

Because there are few sebaceous glands under the eyes they easily become dehydrated and prone to wrinkles.

Crows Feet and Fine Lines - Caused by constant facial expressions (laughter lines), age, UV rays, smoking or removing make-up roughly. **Treatment** - Carefully tap on a good eye cream to plump and hydrate. Drink plenty of water.

Dark Circles – Various causes including anaemia, liver disease, lack of sleep, poor waste elimination causing build-up of toxins, too much sugar or starch in the diet, lack of fresh air and/or exercise, sometimes genetic. **Treatment** – If you are a smoker then obviously stopping will help. A detox diet to detoxify the system. Cut down on sugar and starch. Get plenty of sleep. Take more exercise. Drink lots of water.

Swollen eyes – This could be a medical condition that causes fluid retention. Can be related to kidneys or a sluggish lymphatic system. A night cream could be too heavy. An allergy. Treatment – A cooling gel or cream or a cold compress on the eyes to soothe and cool.

Beautiful eyes, beautiful face!

FRIENDS OF THE SCHOOL

he summer is creeping up on us and it won't be long before the summer holidays. We've had our Annual Summer Fayre/Sports Day at the Playing Field on 14th June. The sun was shining and the children were being fantastic at Sports Day. FOS were busy on the BBQ and selling cream teas, strawberries and cream, bric-abrac, yummy cakes and organising games, lucky dip, and raffle. We had a lovely day and raised some funds for the school. A big thank you Roy Smith at the Co-op who donated all the strawberries. They were the most popular part of the Fayre and we are very grateful to him.

Thank you also to the FOS committee who have been working really hard, coming to weekly meeting and giving their full support. It is all very much appreciated. Thank you to all!!

100 Club

If you would like to join then please ring Marie on 880977 or Carol 881001

Jennie Tiddy (Chairman, FOS)

Thanks to everyone who helped me celebrate my recent birthday, throughout the day (the evening is a slight blur!) and for all the cards and gifts.

Particular thanks to all at the *Mote* and to Billy, Rupert and Brian for the excellent music.

Richard H



 $oldsymbol{V}$ e are having a great time with the Brownies; we are enjoying the weather and having lots of fun.

Music Festival

We are so proud of the Brownies who took part of the music festival, back in May. We thought you were all fantastic. Thank you again to Alyson Lorimer who gave up her time to get the Brownies up to speed with songs and actions. Thank you to the Village Hall committee who donated £25.00 of donations that were collected on the Platt.

BADGES

The Brownies have now finished their Friends to Animals badge. They all worked really hard. We rounded off the badge with a visit from Elvis - Toots brought in her pet guinea pig. Elvis was very well behaved and all the girls got to touch and ask any questions about him. Thank you Toots! Well done girls!

We are already onto another badge, our Disability Awareness Badge. The Brownies have been learning about different disabilities and how people live in everyday life with certain disabilities. We have played games and done assault courses wearing blindfolds and it gave the girls chance to see what it



We are also going to be working towards our Water Safety Badge with Andy from Animal Surf Academy.

Other News

We are having a BBQ on Daymer Bay Beach with St Teath Brownies. We will have a go at some crazy sports too. Also our end of term mystery trip takes place in a few weeks. It's going to be a whole day of fun and we will let you know what we do in next month's *Trio*.

Sad Goodbye

We are losing seven Brownies at the end of the term and we are really sad to be loosing so many girls at one time but unfortunately they are too old to continue. We have had so much fun over the year with them, and we will miss each one of them. We hope that they will continue in the world of guiding and we wish them the best of luck in whatever they do. Goodbye to Victoria Lewis, Alice Mudd, Rosie Collings, Ashley Dyer, Sophie Haynes, Daisy Thomas and Roxanne Williams.

Rainbow Guides

The good news is that we are hoping to start Rainbow Guides, which are the youngest girls in guiding. We have two mums who are willing to undertake the training to run Rainbows from September so we are looking to find out if we have enough girls between 5-7 years to start up the group. So if you have a little girl between 5-7 years who would like to come to a weekly meeting for fun and games at Port Isaac School, ring Jennie (Wren) on 01208 881038.

Catch the bus

L have been having hours of fun. Using the Cornwall County Council bus timetable, I have worked out some of the connections to and from Port Isaac and have compressed the information into one A4 page. If you would like a copy please ask me. It doesn't show every bus on each route, just those that make connections with Port Isaac.

On all routes, the buses run at one or two hourly intervals and they seem to be running on time. You can travel as far as Truro in one direction and Barnstaple in the other, with connections to Newquay, Bodmin Parkway, and the Eden Project. There doesn't, however, seem to be any way of getting to Launceston.

Closer to home, we have six buses in the Wadebridge direction, via Polzeath and Rock, and five towards Boscastle, via Delabole, Camelford and Tintagel. There are four each way on summer Sundays.

On weekdays, our buses run at twohourly intervals from nine-minutesto-ten in the morning until nineminutes-to-five in the evening to Wadebridge etc, and at five-minutes -past-ten in the morning to fiveminutes-past-six in the evening to Boscastle. On summer Sundays the times are 1051, 1351, 1651, and 1851 to Wadebridge, and 1005, 1305, and 1605 to Boscastle and 1820 to Camelford.

From Boscastle there are connections to Bude, Clovelly, and Barnstaple and from Wadebridge there are connections to Padstow, Newquay and Truro.

It's a great way to travel around, you don't have to worry about other vehicles on the road, you can talk to the other passengers, and you get views of the countryside and of places you may not realise are there when travelling by car. Another big bonus is that you don't have to find anywhere to park.

What about fares? You can travel all day with a £5.00 Rover Ticket which will take you anywhere on Western Greyhound, or, of course, if you are a wrinkly like me, and have a Cornish Key or similar card, you can travel for nothing. What could be better than that?

I look forward to seeing you on the bus.

here are lots of dogs in our village, so I thought a tour of what the web had to offer dog owners might be useful.

OK, to start at the beginning, where did dogs come from? To answer this question you only have to go to http://news.bbc.co.uk/2/hi/science/nature/2498669.stm which tells us the remarkable fact that it looks as if 95% of current dogs come from just three original founding females. Details of this research and other similar studies are described in this section of the huge BBC site and is linked to an amazingly large number of other useful sites.

However, for useful information about looking after dogs, and as a starting point, I don't think you can beat the Dog's Trust (which used to be known as the Canine Defence League) http://www.dogstrust.org.uk/information/. It has free fact sheets to download and in addition has a useful search facility for dog friendly venues. There is information about rehoming, chosing a dog, special needs dogs and so on.

ebsites of the mon

There are a number of sites which tell you which beaches you can take dogs to and when, but the pick of them for me is http://www.shimbo.co.uk/walking/beaches.htm which has the beaches around Cornwall nicely coded. It also is absolutely packed with information about Cornwall, its history and culture. (Ed: Daymer has to be Spot's number one beach)

There is, of course, lots of information about special breeds of dogs ranging from large Leonbergers http:// www.leonbergerclub.org.uk/ to tiny dogs - even sites on fashion items http://www.tinydogshop.com/Page.asp?pid=1.

The daddy (or mummy) of them all, of course, is the Kennel Club and this has a site to match http://www.the-kennelclub.org.uk/ . A main focus, as you would expect, is Crufts, but there is much more than this. Ranging from epostcards, through the young kennel club, insurance and online shopping, there is not much about dogs you can't find here.

> Happy surfing, and please let me know what you think of this column by emailing me at tonvwainwright@hotmail.com

also with ideas about websites we could include in the future.

or all of us who feel only the deepest love and affection for the way computers have enhanced our lives, read on. Bill Gates reportedly compared the computer industry with the car industry and stated, "If General Motors had kept up with technology like the computer industry has, we would all be driving \$25 cars that did 1,000 miles to the gallon".

In response to Bill's comments, General Motors issued a press release stating: If GM had developed technology like Microsoft, we would all be driving cars with the following characteristics:

1. For no reason whatsoever, your car would crash twice a day. 2. Occasionally your car would die on the freeway for no reason. You would have to pull over to the side of the road, close all of the windows, shut off the car, restart it, and! reopen the windows before you could continue. For some reason you would simply accept this.

3. Occasionally, executing a manoeuvre such as a left turn would cause your car to shut down and refuse to restart, in which case you would have to reinstall the engine.

4. Macintosh would make a car that was powered by the sun, was reliable, five times as fast and twice as easy to drive - but would run on only five percent of the roads.

5. The oil, water temperature, and alternator warning lights would all be replaced by a single "This Car Has Performed An Illegal Operation" warning light.

6. The airbag system would ask "Are you sure?" before deploying.

7. Occasionally, for no reason whatsoever, your car would lock you out and refuse to let you in until you simultaneously lifted the door handle, turned the key and grabbed hold of the radio antenna.

8. Every time a new car was introduced, car buyers would have to learn how to drive all over again because none of the controls would operate in the same manner as the old car.

Trelights Methodist 🛱 # Church .

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Garden Fete

To be held in the grounds of Park Villa, Trelights by kind permission of Mr & Mrs Charles Meek

Tuesday August 22nd 2.30pm

Various stalls, cakes, bric-a-brac etc Games Refreshments

Everyone welcome

Proceeds for Chapel Funds 8

station news

Both Committee and crew have had several significant events to cover this past month starting with a VIP visit to the Station by Chairman of the RNLI, Admiral Sir Jock Slater and the RNLI Divisional Inspector Simon Price. This took place on Thursday May 25th enabling the Admiral to view the facilities and, most importantly, to meet members of the Crew and Committee who were well represented and complimented on by the Admiral on their turnout and pro-active response.

Several important issues were raised and were taken on board by the visiting team with a speedy response. One point raised related to the question of the use of maroons in calling out our crews to launch; in recent times, owing to health and safety concerns, there have been restrictions on the use of maroons, relying on the Pager System for alerting Crew and Station personnel to a "Shout". Throughout the RNLI, and from the public, this question has stimulated some lively debate. The outcome of this discussion with the Admiral is that Port Isaac will be one of the first Stations to trial run a new system, so listen out for the next BANG and lets hear from Trio readers what your view on this issue is.

On June 9th Port Isaac Station was asked to take part in an important North Cornwall RNLI Beach Lifeguard Training Exercise involving both Coastguards, the RNLI Beach Lifeguards at Trebarwith and originally a Sea King Helicopter from Chivenor (owing to strong wind conditions this was pulled out of the final stages of the exercise). The scene was set with the Trebarwith Life Guards trying to prevent a member of the public from going near the surf zone. This person ignores the lifeguard warning and gets into severe difficulty; a rescue operation is mounted with a lifequard going out to give support to the casualty and our Inshore boat, helmed by Kevin Dingle and crewed by Nikki Bradbury and Andy Cameron is called out to effect a search and rescue co -ordinated by Falmouth MRCC. An additional simulated drama was set up with a call out to a local Coastguard Cliff Rescue Team to search for a person who had fallen from the nearby cliffs.

REAL NEWS

How time flies! August 20th sees beach for the Platt and the beach for the RNLI's Annual Funday.

A great day out for all the family with lots to eat and drink and plenty of stalls. There will also be activity on the beach and, of course, we will yet again be entertained with a variety of music throughout the day.

All things permitting, we have been promised a helicopter rescue display as well as our lifeboat crew and the Port Isaac Coastguards showing us just what a rescue involves.

You won't be disappointed so put the date in your diary. Full details will be in next month's *Trio*.

Fancy a stall? A maximum of six tables are available for ± 10 each. These will be allocated on a first come, first served basis so give me a ring on 880386.

Annie Price

Annual Lifeboat Service

J une 11th saw our 39th Annual Port Isaac Lifeboat Service since the Station was reopened with the introduction of the first Inshore Lifeboat. This year the harbour Platt made a sparkling scene with RNLI bunting dancing in a light breeze on a glorious summers



day marking, as it did, a special event. Following 15 years service to Port Isaac RNLI as our popular Station Chaplain, Father Michael Bartlett was in fact saying farewell as he is now stepping back to take well-earned retirement.

With a record congregation including our full Crew and Coastguard Team the service set off with a vote of thanks to Father Michael from the Chairman thanking him on behalf of the RNLI for his years of dedicated service to the Station, drawing attention to the fact that Annual Services such as this had taken place on this very spot since the original establishment of the Station in 1869. History indeed.

With the backing of the St Breward Silver Band and everyone in fine voice the harbour echoed to rousing hymns such as "Will your anchor hold", " He who would valiant be" and readings by Station Lifeboat Operations Manager Phil Tidey and crew member Sam Williams, the service concluded with the Lifeboat Prayer and a reading of a verse by Colin Frohlic of Boscastle dedicated to Port Isaac RNLI, the Coastguard and other rescue services following the dramatic rescue operations involving both Port Isaac lifeboat and coastguards in September 1998 :

News from the Carn Awn Singers

The Singers are very pleased to have been invited to make a return visit to Bethel Chapel at Treneglos, Hallworthy on July 30^{th} at 7.30 pm for a concert to celebrate the Chapel's 125^{th} Anniversary. The Chairman will be Edward Elson. The programme is similar to that at Port Isaac on July 5^{th} with some new items and some favourites. There will be a buffet supper after the concert to round off the evening.

Bethel Chapel is holding a Flower Festival on Saturday July 29th from 2.30pm -10.00pm and on Sunday 30th from 2.30pm to 6.00pm. so the event will be a good mix of sound and colour!

If you are planning a concert or require further information about the Singers, please ring Jane Sadleir on 01840 213796.



(continued from previous page) Port Isaac Lifeboat made an efficient direct line contact with the casualty and his supporting lifeguard over half a mile out to sea. Both rescuer and rescued were brought into the boat and then taken to a safe sea area where they were landed and attended to by the Trebarwith lifeguard team.

Our crew then continued to work close inshore in support of the Coastguard Cliff Rescue team who were searching the surrounding area where local observers had reported a person falling. Having completed this exercise our boat returned to station having been at sea for over one and a half hours.

It is exercises such as this that enable the rescue services to establish efficient working parameters and to troubleshoot the problems in a debrief period following the simulated action, lessons to be learnt etc.

Johanna Philp

Congratulations to Johanna Philp on winning the Cornwall County Badminton Association Girl's Under 13s Championship title.

She has played for Cornwall in various parts of the country during the season and has received acclaims for her ability and commitment to the game.

Well done Jo!

from Auntie Ann

The Cornish Birthday Party

Looking ahead, of which there will be full details in the next *Trio*, 'The Cornish Birthday Party', in memory and celebration of John Betjeman's Centenary, 1906-2006 will take place on August 28th at Carruan Field, Polzeath. It is the wish of the Betjeman family that this great event will be in support of the new Padstow RNLI Lifeboat Station Appeal. As many know, we are a flank Station to Padstow and if we need offshore boat back-up it is the Padstow boat that is called upon. With the major building costs of the new Padstow Lifeboat Station, due to open very soon, many organisations and individuals are giving maximum fundraising effort.

We at Port Isaac RNLI ran, in conjunction with Fowey, Rock and Padstow RNLI, the highly successful Trafalgar Ball last year, raising £30,000 towards this project and this year we have been invited by the Betjeman family and Padstow RNLI to help on the team organising this major event. Posters will be up around the village and surrounding area very shortly where full details will be listed.

The day will start at 11am and run through to 6pm with a £5 entry charge at the field entrance, with children under 12 years old free. The day will cover all facets of Cornish life including singing from our own Fisherman's Friends and Ralph McTell, British Sea Power's Betjeman Tribute, Cornish Wrestling, Dancing, Tug of War, Poetry Readings plus many stalls and other attractions. At 6pm there will be a ceremonial burning of the art Installation.

In the evening we have a Celebrity Event starting at 7.30pm and running through to 11pm, with complimentary drinks reception and nibbles, plus jazz from Graham Tayar and the "Port Isaac All Stars", stage appearances by Martin Clunes, John Nettles, Harry Enfield, Julie Peasgood, Laurence Reed of BBC Cornwall and a full all-star auction presented by Laurence Llewelyn – Bowen. Some stunning items and events to bid for and great prizes in the raffle. There will be a full bar by Sharp's Brewery who are one of the sponsors of this event. Entry will be ticket only and tickets, priced at £25 can be obtained from the Padstow Ticket Office on 01841 533449. There is already a demand growing with over 100 tickets sold at the time of going to press. Don't be disappointed - any problem in obtaining tickets contact 01208 880765 or 880386.

Bob B, Station Press Officer

(Continued from previous page)



Farewell from Father Michael



Father Michael's Farewel

he Revd Prebendary Michael Bartlett, Rector of St Endellion, Port Isaac and St Kew and Prebendary of St Endellion is retiring at the end of August after 15 years of ministry within the united benefice and diocese. Father Michael, as he is affectionately known, has been Chaplain of the Port Isaac RNLI, a former Chair of the Governors of Port Isaac School, member of the Diocesan Children's and Youth Committee, a former Deanery and Diocesan Mothers' Union chaplain.

A farewell service, followed by a party and presentation in the Church Hall, will be held in St Endellion Church at 7.00pm on Thursday 31st August.

Neíl McGíll

Barbara McGill (nee Honey) would like to thank all her relatives and friends who attended the service for Neil in St Endellion Church on May 19th.

So many to thank, but too many to name, for their kind messages of sympathy, cards and donations for the Children's Hospice SW and Marie Curie Nurses.

Thank you.

Many of you will know that my retirement as your parish priest is imminent (31st August). May I take this opportunity to thank you all for the way you have received Liz and myself into your community over the last fifteen years. When we arrived, a colleague warned me that you were an argumentative and warring lot. How could he have said such a thing! especially as I was to find out that it was far from the truth. I have always found everyone kind and generous. It has been a tremendous privilege to have been among you, sharing your joys and sorrows - the joys of baptisms and weddings and the sorrow of funerals. At those many sad funerals there has been a wonderful sense of community, when you have all come together in support of the bereaved families and of each other. A palpable atmosphere of love and respect has always prevailed and it has been very moving to be part of that caring community.

My long association with Port Isaac School has been very rewarding - again, a joy and a privilege. You can tell that you've been around a long time when you see the children who were at school when you arrived sending their own children to school now!

I shall always remember my time as chaplain to the lifeboat crew. As I said recently on the Platt, it is a sign of old age when the crewmembers seem to get younger and younger - but it is nothing to do with old age when you note that some of them are so pretty...

We will miss you all very much, especially on such occasions as the annual Harvest Festival when the Fishermen's Friends come to sing and Jon Cleave sells the produce taking special delight, for some reason, in selling marrows and melons. And I am sure that nowhere do people pay so much for pickled onions as they do in Port Isaac.

We leave you with heavy hearts as we will miss so many lovely people. In due course we will come back to see you. We will be living in Probus, so it's not far away. Meanwhile God bless you all and we wish you well for the future.

Father Michael

***** ***** **************** **St Peter's Church Flower Festival** August 18th, 19th & 20th Open daily, 10.00am – 6.00pm Light home-made refreshments will be available Come and support the Village Church

There will be space available for anyone wishing to display an arrangement in memory of departed loved ones

More information from Janet Chadband on 01208 880262 * *****

arlene and Carolyn would like to thank family and friends who gave donations for Cancer Research UK in memory of their dear mother, Dorothy. The total sum is £191.60.

Once again, thank you all so very much for your kindness.

Carolyn

Do you, or someone you know, need a listening ear? The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers **Telephone Katrina Gill** on 01208 850465

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William John Spry CEng MI MechE FIPlantE "Jack"

Born 24th March 1924 Died: 2nd May 2006

When Jack Spry from Port Isaac passed away, Cornwall indeed lost another of its real characters. Born at Trebullock near Launceston, Jack's parents moved to Port Isaac when he was two years old and, for 80 years, this became the family home. Jack's father, Harold, was the local coal merchant as well as being Methodist lay preacher and Sunday School teacher. Harold was very popular, not least because he would refuse to take payment for coal when he knew families were experiencing difficulties. Jack certainly inherited this generosity and kindness of spirit, even though as old age and disability took its course, he could sometimes have a bit of a fiery temper!

Jack attended Port Isaac village school and showed his academic prowess by passing to Sir James Smith's Grammar School in Camelford, where he continued to excel, becoming school and house captain. On leaving school, he served his apprenticeship at Climax Rock Drill & Engineering Works in Camborne before entering the Royal Navy. Not a lot is said nowadays about the workers in the munitions factories but by all accounts it was pretty gruelling. However, it was here that he met Heather, who in order to make sure he noticed her, deliberately broke the lathe she was working on by hitting it with a spanner so that Jack had to spend two hours mending it. I'm not sure Churchill would have approved!

Heather, who was from Newlyn, was well aware of the local legend that if a couple walk over Newlyn Bridge then they will marry. Jack had been warned by some friends and when he went to meet Heather's parents for the first time, he was careful to ask which bridge was Newlyn Bridge. However, with Jack not knowing that area too well, Heather managed to fool him into crossing the infamous bridge and Jack, true to legend, ended up marrying the love of his life on 6th May, 62 years ago. Yet there were no regrets and after a very long and happy marriage, Jack was readily reduced to tears whenever he recounted the love and help which Heather always gave him.

As well as being a gifted engineer, he was a natural mathematician and scientist. He always maintained that physicists dealt with the 'airy fairy' whilst engineers got down to the 'nitty gritty'! His total understanding of concepts was phenomenal and also his ability to explain them in a way which anyone could master. This made him a great educationist and he made his career in teaching, eventually becoming Head of Engineering at Hall Green and Matthew Bolton Technical Colleges, as well as being Chief Examiner for the Associated Examining Board.

During his time in Birmingham he was always trying to help youngsters, particularly those who had fallen on hard times, and was instrumental in creating the first ever work experience scheme for unemployed youngsters. Having two daughters, he was also keen to promote equal opportunities for women and designed a training scheme geared especially towards female engineers. On many occasions he worked with prisons and Universities to bring engineering education to all. It was his desire to teach engineering to all abilities that he developed the 'Programmed Learning' approach and wrote several successful volumes on workshop technology for the National Research Development Council.

Many tributes have been received from Jack's former colleagues and all comment on his infectious good humour, his approachable nature and willingness to help anyone in need. He was a larger than life character and once met, never forgotten. No matter how tired or busy he was, he could always find time to talk to his staff and his door was always open. His educational management and teaching abilities, combined with his ability to forge new ideas, brought him many accolades and eventually he was 'head hunted' to lead up a multi-million pound project, run by Princess Ashraf, the Shah's twin sister, to create a network of English style technical colleges throughout Iran. Based in Kerman, Jack was quick to adapt to a different culture and with his gentlemanly and generous ways, he gained many Iranian friends from all sides of the political and religious spectrum. His love and regard of that country and its people made him very popular and a real ambassador for Cornwall.



Jack had an insatiable love for Cornwall and everything Cornish. He was a keen supporter of Cornish Rugby, witnessing their victory over Yorkshire at Twickenham in 1991 and I'll never forget his excitement with Cornwall coming back to win after being so far behind. When he retired back to Port Isaac it was inevitable that he would throw himself into village life and he became secretary to the RNLI and spent a number of years as Harbour Commissioner. However, above all, he dedicated himself to promoting the Cornish culture, taking a keen interest in the Cornish language, but foremost, by helping to found the Cornwall Heritage Trust. Along with a number of other visionary Cornish men and women, his energy and enthusiasm helped to ensure the survival of such important Cornish monuments as Trefry Viaduct, Castle an Dinas and Sancreed Beacon to name but a few. He was indeed a true Cornishman "Kernow bys vyken!"

Jack is survived by Heather and his two daughters Janet and Lamorna.

Heather, Janet and Lamorna would like to thank all the family and friends who have given so much support in their sad loss. Also, special thanks to Ron Newman, Kris Richards, the paramedics and the pallbearers for their kindness shown in this difficult time. Many thanks also to all who attended the funeral service and sent donations to the Cornwall Air Ambulance; it has been a great comfort.

Retirement Gift Father Michael

If you would like to subscribe to a retirement gift please send your contribution, cheques made payable to 'Port Isaac PCC' to Mrs Lynda Collings, 3 Silvershell Road, Port Isaac, PL29 3SN or 'St Endellion PCC' to Mr Ian Barlow, St Endellion PCC Treasurer, Sliggon Field, Trebetherick, Wadebridge, PL27 6SB.

Essex girls unite!

Dear Trio

I have to admit it! I am not a subscriber to the *Trio* but rather, a grateful recipient.

I have written before, in December 2005, and some of you may remember that I get my copy of your publication third hand! I have Harvey Brown and his mother to thank for that.

May I say that 'Essex Girls Unite' in the very best possible way. I agree with Jill Whitaker from Hornchurch, Essex. The *Trio* most certainly keeps us 'frequent returners' up to date. I am the niece of Lili Cloke who formerly owned Victoria House and, like Jill, I have been coming back to Port Isaac for <u>a very long</u> <u>time</u>!

When visiting Lili, Daisy Hicks always accommodated our car by giving it space. The books on the trestle table were an added dimension – always worth a look! My house is adorned by two wonderful pictures painted by Frank McNichol and Freddie, for those of you who remember him, even made me a leather handbag!

I too have introduced this wonderful place to my family. One of my daughters, together with her husband, is recharging her batteries in mid June and then I, together with my husband, will be back in very early July.

I should like to echo the thoughts of my fellow writer when I say the *Trio* keeps me informed and, in touch.

... and Port Isaac itself? It is simply the best!

Naomi Redshaw, Langdon Hills, Essex

Ed: It's only 40p so why don't you support Trio and buy your own copy?

what a brilliant Music Festival

Dear Trio

I would just like to say a huge thankyou to all involved in organising and participating in the fantastic Music Festival put on here, in Port Isaac, from Friday May 26th through to the Monday night. I know a vast amount of work goes on behind the scenes to make it such a success and all those who sang, played and kept the vast audiences happy deserve a medal – all willing to give of their services and talents for free to raise vital funds for the Village Hall.

Well done to you all and thank you. Let's have another one next year!

HAVE YOUR SAY!

Letters to *Trio* should be sent to The Editor, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN Email: deesam@btopenworld.com Writers must include their full name and address anonymous letters will not be printed



Dear Trio

I moved down here to Port Isaac because I have always loved the area since I was a disgusting child. I loved the gentle way of life, the people and the countryside. However, sadly, things are changing.

I always reckoned that July and August would present problems but now this latest 'problem' seems to be a all year round. I am talking about 'party people' or simply people who decide to drive around at full speed in the middle of the night, moped drivers revving to capacity up and down New Road and Trewetha Lane and 'happy' people who keep us all awake until the small hours with their yelling, singing and arguing. Not much fun for us mere mortals who need our sleep.

Please, I ask you, show a little more consideration. If I had the powers I'd issue an ASBO but I can complain to the Police. And, if you do have a licence to let off fireworks, please warn the residents first so that we can remove ourselves and our dogs well in advance. If you don't have a licence, heaven help you.

Thank you and I really hope you could all consider being a bit more neighbour friendly.

No more battered grannies!

Tackle elder abuse with coffee and salad!

Care with dignity for the frail and old is what we all want and may need for ourselves one day. Methodist Homes, a national charity, is pioneering ways of caring for people with alzheimers as well as providing sheltered homes and at-home schemes.

On Tuesday July 11th, from 10.30am, coffee, light lunches and teas will be served at Garrick, 34 Trewetha Lane to raise funds for Methodist Homes. Usual stalls.

Please come and join the fun!

Robert & Penny Manders

Happy 60th Birthday Grandad June 27th

With love from Ronnie & Issabella



Loswithiel productions of the Product of Solutions of So

Chris 'The Plant' Potter has asked me to mention that most of the knees on show were fair-weather ones that only come out in heat and sunshine, not like his that are out at every opportunity (and yes, it has been reported to the relevant authorities).

Mixing PIGS and buggies together is a recipe for a story and this day was no exception. Picture the scene, young warrior Andrew 'The Pussycat' Grills on one buggy, Chris 'The Lard Man' Lanyon, the old warhorse in another, on opposite sides of the fairway. The Lard Man moves over the fairway at a rate of knots (petrol buggies, they are the best) to confront the young pretender. Instead of running, Andrew suddenly brakes, making the Lard Man swerve in the direct of Andrew's secret weapon, Dave 'The Ninja' Danson-Hill who, dressed all in black and coming out of the sun, was invisible until I nearly hit him. Dan Brewer's (who was riding shotgun) excitable giggling as we travelled across the fairway soon turned to stunned silence as the Lard Man managed to navigate between Andrew and his sidekick. Was it masterly driving or sheer luck? I leave you to judge.

Quote of the day: "You nearly hit Dave!" Dave? Dave who?

Dave 'The Ninja' lost two things at Loswithiel, his stomach and his virginity by getting his first par.

The results of the day were:

Stableford -	Gary Pattenden
	Chris Potter
	Andrew Grills
Nearest the Pin -	Dan Brewer
Longest Drive -	Steve Bunt
Matchplay winner -	'The Gay Morris Dancer' Forbes
Runner-up -	Chris Witherden

Finally, a thank you to Dan Zackey, Head Chef at the Mill, Trebarwith, who stood in for me at the Slipway so I could go and make a fool of myself on tour.

The Lard Man

PS - Apparently, Mr Gary Pattenden is looking for someone to go off-road buggy riding with. All the PIGS who witnessed his driving abilities at the last two PIGS matches have declined his offer but if you know of anyone, then please warn them!!!

The next PIGS match is on July 3rd at Trethorne.

There is concern over the current driving standards in England, so the Department of Transport has devised a scheme to identify poor and dangerous drivers. This system will allow all road users to recognise the potentially hazardous and dangerous ones, or those with limited driving skills.

For a trial period all those drivers who are found to be a potential hazard to all other road users will be issued with a white flag, bearing a red cross. This flag clearly indicates their inability to drive properly. These flags must be clipped to a door of the car and be visible to all other drivers and pedestrians. Those drivers who have shown particularly poor driving skills will have to display two flags; one on each side of the car to indicate an even greater lack of skill and limited driving intelligence.

This was the first time the PIGS had ventured to Loswithiel but I can guarantee it won't be the last. We were all greeted with a warm and efficient welcome from everyone at the club with coffee being served in the sun-drenched garden room. 18 golfers happily paid their money and prepared to play golf on one of Cornwall's prettiest and most demanding courses on what was the hottest day of the year (until the next PIGS day, of course!).

Watching everyone getting strapped into golf buggies and trying to get out of the parking bays was well worth it (note to self: take video camera on tour, £250 from "You've Been Framed" would come in very handy). Jonno 'AKA Prince William' Forbes had brought his new chauffeur, Dan, with him but, after watching them trying to find reverse in a forward or backward buggy, maybe a job swap might be in order. Also Dan, when driving for a prince it is only polite to pick him up and not have him sprint after you down the fairway.

The final of the Matchplay was between Mark 'The Gay Morris Dancer' Forbes, who lived up to his new name by wearing a bright pink polo shirt, and if that wasn't bad enough it had the French Crocodile on it. Mark, what were you thinking! He was against Chris 'Have Patience' Witherden who finally lost the match four and three but did win the 'Fashion Cup'!!! (mind you, even the Eco Warrior's dress sense would have pushed Mark very close).

Talking of pink shirts, along came Richard 'The Ball Girl' Hambly who also showed his other side and looked pretty in pink. After his round of golf, Richard was heard to say he needed to see his therapist and also put in for more overtime so as he could pay for the 15 balls he lost - that's almost one per hole Rich!!! If Richard had employed course management he probably would have been 12 balls better off.

Out on the course the atmosphere of enjoyment was wafting around, mixed with a few profanities (not from me) and also the infectious laughter of Steve 'The Power' Bunt who sounded like he was having a great time.



Port Isaac & District



Neighbourhood Watch

Port Isaac has been fortunate to bask in sunshine recently and I would like to take this opportunity to remind everyone to remember to close windows when they leave their property. An open door or window is always a great temptation to the opportune thief.

Several residents have taken advantage of informing their area co-ordinator when they are to be away and whilst this is no guarantee that something untoward will happen, it lets the co-ordinator know that house will be empty.

There have been problems recently with cars racing round the car park and village streets - the recent accident does not seem to have deterred the drivers. Some residents have logged the car makes and numbers and the police have been informed. If you are disturbed by cars at night, please ring the Police straight away on 08452 777444, giving as many details as possible.

Apparently some younger members of our community have had great fun wetting paper towels and throwing them at cars and windows of houses at the bottom of the village. Harmless fun, but not for the residents who have to clean the mess from their windows. As well as paper, eggs have been thrown and although one resident admired the skill of the thrower, he didn't appreciate having to clean up his kitchen, the window having been open at the time. This happened about 6.00pm. Again, this could be regarded as harmless fun, especially if on TV, but not in real life.

There will soon be a second meeting of the North Cornwall District Neighbourhood Watch Forum where the group will discuss any problems. If you have any points you would like to be raised, please let your co-ordinator know.

Pat Pearson , 01208 880969

North Cornwall Conservative Association

St Endellion Branch

invites you to a

Cream Tea

at Gull Rock, Port Gaverne

by kind permission of Mr & Mrs David Bolton

Wednesday 5th July 2006

2:30pm onwards

Raffle * Bring & Buy

For further information: Bertie Watson – 01208 880298 Patrick Mewton – 07711 393420

ALL WELCOME!

Talking Newspapers

North Cornwall & District Talking Newspaper Association produces a weekly 90 minute audio tape comprising local items from the Cornish Guardian and Western Morning News. These tapes are sent (and returnable) completely FREE to those who are visually or otherwise impaired and so are unable to read a newspaper.

For further information please contact George Brown on 01208 76971.

Police Notice NO PARKING



There is NO PARKING at all, day or night, in Fore Street, Back Hill, Trewetha Lane and Church Hill. All these areas are clearly signed.

Keep our roads clear for emergency vehicles including our lifeboat.

Police and Traffic Wardens will be taking positive action at all times regardless of whether your are a resident, visitor, business or tradesman.

> You have been warned!

Port Gaverne Fishermen's Association **AGM** Port Isaac Village Hall

Tuesday 25th July 2006

7.30pm



From Port Isaac to Pine Haven have been rebuilt. The walk leads on from Postman's

Walk which is in the process of being cleared and further signs are due to be erected by the County Council. This has been funded partly by the Parish Council, the Community Chest Fund and by the funds and efforts of STEER.

Our forthcoming Meetings are August 3rd, October 5th and December 7th all in the Village Hall starting at 7.30pm. All are welcome.

PORT ISAAC GARDEN SHOW

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Saturday August 26th

**** *** Tust a reminder that the ∦ Garden Show will be *** * 米 held in the Primary School * this year. We are hoping ** * * that entries will be able to

** that entries will be able to ** be put in place on the Friday, ** with cookery and flowers ** being brought in on the Sat-** urday. We will let you know ** full ** details nearer the day. ** Entry forms will be available ** from 1st August from both ** the Pea Pod and Ross at ** Central Garage. Could last ** year's winners please drop ** their trophies in to Ross ** before the Show - thank you. ** 米 * * Hope all your produce and

* 米 flowers are growing well !! 쑸 *************

TRELIGHTS COFFEE MORNING

e would like to thank all who came to our recent Coffee Morning and Table Sale. It was nice to see friends old and new and with your continued support we raised £167 (so far) towards the Village Xmas lights.

Our next event is the Barbeque on 19th August - more details nearer the date.

Village Green Committee

If you're not embarrassing your children then you're obviously not enjoying yourself!

Compost Corner aka Manure Monthly!

T t's July and I'm hoping the weather is glorious (today, whilst I write this it's June, and raining!). I always think of July as a bumper month in the garden - all the plants are at their flowering peak and haven't yet got that 'late August exhausted look' (much like my good



self!!). The containers of annuals that we all planted back in May should all be joyously spilling forth their wares, demanding twice daily watering on a really hot day, and looking forward to their weekly feed to prolong their flowering period and maintain a good show until early autumn.

It's a perfect time to pause and pat yourself on the back for the hard work put into your outside space throughout the rest of the year, preferably with a glass of wine or cold beer in your hand. So what, if there's the odd weed, and you didn't quite make it to the back border despite your best intentions?! Your garden is a constantly evolving part of your home that should instill calm and peaceful feelings! There's no place for guilt in the garden. I know I've said it before, but getting outdoors and doing just a token 15 minutes on a regular basis will reap wonders for the garden and your soul! I'm one of the worst culprits for telling myself that I'm too busy with other people's gardens to plan in time for my own, so I understand the prioritising time thing only too well. To overcome this obstacle, I've scheduled in 15 minutes every morning at 8.30 before I go to work to water and potter about doing the essentials. I've made a deal with myself not to duck out of it for any reason short of the worst type of hangover, or possibly a freak coastal hurricane! It's working a treat and although there's still mountains of tasks I could tackle if I had two weeks off, I feel I'm getting to know the space and plants and slowly planning ahead for autumn pruning, lifting, dividing and moving. You see, even planning is a valid task in the gardener's diary!

Gardener's Diary - July

- Raise cutting height of the mower blades during prolonged hot spells to keep grass greener without extra watering
- Prune and deadhead roses
- Cut lavender for drying
- Deadhead bedding plants and perennials to prolong flowering •
- Plant autumn flowering bulbs •
- Don't forget to ask a kindly neighbour to water your plants if you're going • away (I don't know anyone who goes away in July from Port Isaac, but if you are, hopefully there's enough of us left behind to water your tubs!)

As we've been on the theme on prioritising time for important things, I thought you might enjoy reading this ... I'm thinking of having it laminated on the wall next to my bed...

YOU WAKE UP IN THE MORNING **Arnold Bennett**

You wake up in the morning, and lo! Your purse is magically filled with twenty-four hours of the magic tissue of the universe of your life. No-one can take it from you. No-one receives either more or less than you receive. Waste your infinitely precious commodity as much as you will, and the supply will never be withheld from you. Moreover, you cannot draw on the future. Impossible to get into debt. you can only waste the passing moment.

You cannot waste tomorrow; it is kept for you.

Have a great July!

Jules, Rockery Chick

Having, well earned the sobriquet of 'Grumpy Old Man' (true, as charged, on all three counts), I thought I might try to write something a little less cantankerous.

A very few people have been kind enough to say that they read my ramblings – one or two even agree with me – surprising! The question then arises, why don't the for – or against – readers contribute something themselves? Otherwise *Trio* becomes a list of events and/or adverts. Question two – don't they have anything better to do than read this drivel?!



Having thought long and hard about what then to write, I first of all have to make corrections to my last attempt.

- (1) The man who wrote the Production Eng books was WAJ Chapman, not WAT - my handwriting, I guess.
- (2) I know that the Nichols chap is Bryan not Brian his parents fault for not spelling it the way that I would!

There are probably other inaccuracies but these the most glaring. To continue ...

Our eldest son, sans wife, with three quarters of his brood, descended on us over half term. The other quarter was busy revising for GCSEs and so mother stayed at home to help, cook food, mop fevered brown and so on. I am glad that I ain't young any more. What with SATs and being pushed to get better grades (to enhance the reputation of school and staff), children or young people (politically correct) do not have time to be young.

Anyway, on the first day, we went to Pine Awn. Our son is of the opinion that this children are content with pools to paddle in and rocks to climb – and he's probably right except that they have to be fed huge amounts of fudge, the quantities of which the grandparents do not agree. Anyway, at Pine Awn we met up with Jimmy Langton, nephew of the late Elaine Found. Now, as ornithologists go, Jim is an expert, especially on seabirds and Peregrine Falcons, particularly the latter. Said Peregrine Falcons are magnificent flying machines and a joy to behold unless, possibly, you are of the Mike Benz ilk. Some years ago, Mike had a loft (outdoors) full of homing pigeons, of which he was inordinately proud. Pigeons and falcons are not compatible, ergo Mike's pigeons became for the falcons the equivalent of our fast food; which is why marksmen for the Government during WWII blasted all peregrines from the skies, as the pigeons were used to transfer secret messages, tied to their legs, from A to B.

On day two, Ann, plus son and the three grandchildren went to Lundy Bay. After about two minutes I find that rocks are hard places, especially as invariably they do not fit the contours of my hindquarters. Therefore they allowed me to get out at Port Quin to walk the cliff path back to Port Isaac. I probably last walked around the outside of Kellan Head in about 1944. At the time there was a lookout post on the Head, later to burn down with tragic consequences for the owner of the Wheelhouse (now the Mote). In 1944 an aeroplane had crashed into the cliffs just below the lookout post with subsequent loss of life. We, as ghoulish children do, were there looking for souvenirs of the plane – all dead personnel having been removed.

On my walk back to Port Isaac, I didn't see any Peregrine Falcons but I did see a variety of butterflies that brightened the day. By that time I needed brightening up as I had stumbled down umpteen steps to Foxhole Rocks and then climbing about the same number to Downgate. I'm led to believe that the route the cliff path takes is the result of the wishes of the Ramblers' Association. If I'm wrong then my advanced apologies. If I'm right, may they collectively get old and infirm. Our son caught me up at Varley – having walked from Lundy Bay, and probably being concerned as to which cliff his father had fallen down! He carried on to ensure that a bottle of something had been put in the fridge to cool. A caring chap, our eldest!

I was rather pleased with my efforts and was regaling Katie Childs with my exploits, only to find that she <u>runs</u> the same route. What a comedown! But I bet she doesn't see Orange Tip Butterflies when she's hurtling along.

On day three I declined a visit to Polzeath, but this time walked from Port Quin via the field route. Meeting Nigel Andrews testing his replacement hip, we exchanged views on the merits (or otherwise) of the NHS and went our ways, he to Port Quin and me to Port Isaac. He was only the second local that I encountered.

Day four was the last day before school started again, so son and offspring left – as late as was practical. Ann and I nipped (!!) up to Welshman's Quarry to view the guillemots and razorbills. Locals used not to differentiate between the species, calling them all 'murres'. Anyway, there were about 100 cling to two-inch ledges.

After a week recovering from family, Ann and I have now embarked on an adventure. It's purpose is to use our bus passes, which enables us to get to places like Truro for free!! No problems about parking. So, last Thursday, together with a number of young people from Port Isaac, we caught a No 524 at 7.50am. I have to say (I don't have to but I will anyway) the children behaved impeccably. Some - Mark & Lin Rowe's two eldest and the Cleaves middle offspring - even spoke to us before getting off at Wadebridge School. We arrived in Truro at about 9.45am, so the journey took about the same time that it would have (or maybe less) had we gone by car and finally found somewhere to park.

The Country Museum is always worth an hour or so, especially now that the Truro Bookshop has relocated to it. Ann, being interested in art, eventually led the way to a gallery displaying paintings donated to the museum by various artists so that young people can be given the chance to view art from different aspects. I do not like 'modern' art. I don't understand it and, what's more, I don't want to be taught about it. Art, in all its forms, is a subjective thing. Like wine, you either like it or you don't, no matter what the experts say.

I was gazing, in a desultory way, at one painting wondering what it was supposed to represent. The artist had written a screed to explain his painting philosophy and here I (continued overleaf

(continued from previous page)

transcribe the last paragraph. He was "engaged in a shamanistic conjuring up of visions which link us metaphorically with mysterious and spiritual forces normally beyond our apprehension". So, if any young person can explain the painting and or the artist's explanation so that I can understand either, then it's worth a free ice cream.

Having spent some time in Trevails, and even longer in M&S where I was accosted by a visitor from Stoke-on-Trent (also waiting for his wife), the visitor gave me a free lesson on how to grow shallots. How did we get on to that subject? Don't ask! The story would take just as long to tell as Ann took to decide that M&S did not have a skirt of the correct size, shade, material or anything else. But she enjoyed looking!

On the bus journey home, the lady sitting in front of us mislaid one of her many parcels. Now, if you go to Truro by car you are not going to see a welldressed and coiffured lady of indeterminate age crawling around the aisle! All ended well, you'll be pleased to read. The parcel had slid to the font of the bus and some kind person had picked it up and given it to the driver. We had six drivers, by the way; two because we had to change buses from

So, for the over 60s – get yourself a bus pass, but do it quickly as, in our opinion, this free travel will not last for long. What grounds do we have for such a comment? Well! Once upon a time the Government of the day suggested that with the advent of new technology, we would all have much more leisure time, especially OAPs. I don't think they mentioned that OAPs would not have much cash to enjoy it. Just now, leisure courses for that group are being curtailed so that the monies saved can be given to late developers (ie, late teenage wasters). So be quick and get your bus pass!

Our adventures do not stop with buses. We spent three days at the Royal Cornwall Show and still did not see all that we wanted. On the Saturday we were watching the Grand Parade of Animals. There was a glitch somewhere along the line that caused a hold up. Two animals - a (can't remember but it was a damned great beef animal) and a Jersey cow got overheated and wisely decided to return, with handlers, to the cattle lines. We had found a place to sit down and a lady with a huge Charolais, bovine not ovine (look it up!) parked her animal just by us. A young girl climbed the fence between us and the animals and the handler asked her if she would like to feel the texture of the cow's tongue. Apparently it's like sandpaper. I pass on this snippet of earth shattering importance so that you will be able to answer if a question on cow's tongues arises should you be taking an NVQ in animal husbandry. I didn't know. Surprising what knowledge you can gather.

Our latest adventure was to a sheepdog trial at Roughtor Farm. It was hot and truly I think the sheep wanted to be elsewhere. We arrived when sheep, dogs and handlers were trying to perform a Maltese Cross. No-one told us what this was but it was obvious that the sheep were cross and this caused, in rotation, dogs and handlers to be cross. There were five sheep to each dog and handler and the sheep were intent on either sticking close together or departing to all parts of the compass. Now I know that there must be pedants among you who will point out that five sheep and four cardinal points don't match. But try hard to picture what was happening – please! I am not a lover of dogs but my respect for the Border Collie went up umpteen notches; this respect I also have for the patience of the handlers and the sheep are not as dim as one is led to believe. When the bell rang to signal times up, all sheep made an exit 'sharp right'.

Whilst there we met a couple from Silicon Valley, California. They were lovely! Elderly! They both hated George W Bush and were willing to swap him plus however much per day it was costing the tax payer (US that is) for Tony Blair. Now that is hatred!! The male of the pair also listened to my story about the painting (mentioned earlier, keep up!) and stated succinctly, I can't remember his precise words, but it had something to do with male bovines and their excretement.

Having mentioned our leader, I shall just finish with a little local politics. Nigel Evans knew there was to be a public meeting re the closure of Bowithick (the dump near Trebarwith). He passed the information on to Mrs Pat Newman (dog walker) who did the same to me and I to our Parish Council Chairman (PCC). Somewhere along the way the County Council managed to get the venue wrong, advising that it was at Camelford Town Hall instead of Camelford Liberal Club, a difference of about 20 yards. Result, PCC roamed around places in Camelford that he didn't know existed, before he gave up and went home. No other councillor, parish, district or county, for Endellion turned up. Nigel and Janet did, as did Ann and I. Although we were told the Town Hall we had the gumption to ask one of the many wending their way to the Liberal Club and therefore got to the meeting. It was packed with representatives from most, if not all, of the parishes that use the site. There is a stay of execution for 12 months but, in my opinion, the decision has already been taken. The County Council will pass the buck onto SITA, the company that is going to run the waste disposal in the country and it will all be a question of economics, Amen!

I did bring up the subject at the last parish council meeting. The response was minimal and yet our county councillor, along with about 49 others, has been on two free trips about waste, one to Hampshire and the most recent to the Isle of Man. According to *Radio Cornwall* and the *Western Morning News*, the Isle of Man trip cost local taxpayers (us) some £15,000.

George (GOM) Steer

Note from the editors: We were sorry to read in last month's Trio that you don't like incomers. However, we would like to point out that, without incomers, Trio would not have started and most likely would not be here today, and so you wouldn't have a mouthpiece for your words of wisdom!

Cornwall Historic Churches Trust

I will soon be the time for parishes to think of what they are going to do to raise money for the Trust on September 9th, the day of the annual sponsored event, be it a walk, cycle or horse ride, flower arranging or polishing brass.

For those who do not know, the Trust has existed since 1955 and has given many thousands of pounds to places of worship throughout Cornwall in times of need. Unfortunately grants have exceeded monies collected and this year grants will have to be reduced unless income increases, so put your thinking caps on and see what we can do to help the Trust.

> Jennifer Muir, Area Organiser for Bodmin & St Tudy Area

Note: This is an informal report and not taken from the minutes of the meeting.

This month's meeting was held on Monday evening, June 12th, at Port Isaac Primary School.

Public Discussion

George Steer suggested that, on the notices for interim Parish Council meetings, any important item apart from planning matters should be accentuated. David Phelps, Chairman, replied that he did not think this necessary.

Mr Steer then complained that there had been no representative of St Endellion Parish at a recent meeting to discuss the possible closure of Bowithick Civic Amenity Site. Mr Phelps replied that no official notification had been received but that he had gone to Camelford himself and spent a great deal of time combing the town for the venue. The meeting was not in the town hall as he had been advised.

Ted Childs expressed his dissatisfaction with the village rubbish collection service that had become less efficient than it was when it first started. He also felt that better information about the service should be available for households.

Mr Childs also spoke about the serious problems with seagulls that are a great nuisance and a danger and asked the Parish Council to take action before the next breeding season, eg a notice on every litter bin 'Do not feed the seagulls'. A couple of solutions were voiced offer £10 to every person who produces three gulls eggs; make pin holes in the eggs in the nests.

Finance

St Endellion Church is to receive $\pounds 650$ towards the upkeep of the churchyard, and it was decided to purchase a laptop computer, with a maximum price of $\pounds 600$, for the Clerk's use.

Planning

There have been several requests for full details so, from now on, I shall give as much information as space will allow.

2006/0097 Revision to existing design (2005/01267) to make downstairs sitting room, and ensuite above, three metres wider. N Baker, Westwinds, Port Gaverne. Case officer Cathy Devereux-Mack. The Parish Council made no observations.

Parish Council News

2006/0095 Erection of small overhanging canopy over a new door case being put into the property. Mr R Morris, 32 Fore Street, Port Isaac. Case officer Cathy Devereux-Mack. The Parish Council felt that, in the narrow street, the canopy could be hit by any large vehicle, and recommended refusal.

2006/00592 Listed building consent for insertion of sash window to match existing at 30 Fore Street. Mr R Morris, 32 Fore Street, Port Isaac. Case officer Cathy Devereux-Mack. The Parish Council made no observations. **2006/00936** Conversion of old barn into living accommodation. Mr P Craske, Homer Park, Port Isaac. Case officer Cathy Devereux-Mack. The Parish Council made no observations.

Notice was received that approval had been granted for internal alterations to the Golden Lion, and that Denis Knight had launched an appeal against refusal for his application to convert the old shed in Trewetha Lane, at the top of Margaret \Box s Lane, into holiday accommodation.

County Councillor's Report

Cllr Collin Brewer reported that he had been appointed Vice-Chairman of the County Council which meant that he would meet Prince Charles when he visited Probus. He would also meet him at Launceston but this time as Vice-Chairman of the District Council!

He is to travel to the Isle of Man to investigate their methods of waste disposal. Bowithick is proposed for closure on the grounds that it handles relatively little waste and the need to make changes to comply with European regulations is too expensive. No decision is to be made, however, for twelve months.

District Councillor's Report

Bill Dawe will arrange for somebody from the District Council to come and discuss rubbish problems with members of the Parish Council.

It is hoped to get the Portakabin removed from the plot of land at Mayfield Drive. Meanwhile Dugald Sproull is circulating a questionnaire about the problem among residents.

Chairman's Report

The Parish Council has been notified that year's Flower Festival is to be held on Friday 18th, Saturday 19th, and Sunday 20th August at St Peter's Church. The provision of a Parish Council display will be discussed at the next meeting. Janet Townsend sang a stanza from a hymn that she thought would be suitable as the theme.

Committee Reports

Footpaths:

- 1 Robin Penna reported on contact difficulties with the County Council Countryside Ranger, Brian Lightfoot, so was unable to give an update on the Path Improvements for this parish.
- 2 Repair of three stone stiles on footpath 537/034 has started, and the Council was asked to inspect the work.
- 3 The possible replacement of the stile at Trewetha with a kissing gate, footpath 537/002, is to be referred to the Countryside Ranger for advice.
- 4 The suggestion that the contractor was employed for the whole year with trimming work being done as and when necessary (within recommended times of year) was, however, turned down by the Footpath Committee as unworkable.
- 5 David Phelps produced some photographs showing a party of walkers queueing on the road at Trewetha to climb over the stile. He also raised a question about the need for people to walk along the road, as the verge was not cut, between Coldstanton Corner and the stile on the path that was diverted some years ago. This will be con sidered at the next Footpath Committee meeting.

Past times

RNLI

Fundraising – On July 1st a Shield was presented to Martin Taylor of Rosedale Valley Caravan Park, Polzeath and the two members of his '4-legged race' team. The team raised over £100 in sponsorship for last year's race. They requested that their prize, a meal for six at the Port Gaverne Hotel, donated by Mr & Mrs Ross, be given to members of the Port Isaac Golden Circle. Six members duly had a most enjoyable lunch for which they expressed their thanks to the winning team.

Shouts – On July 1st some windsurfers were reported stranded on rocks at Polzeath. Due to the conditions the Lifeboat was unable to get in to take them off, but stood by until all were safe.

On July 2nd the Lifeboat was launched following a report of a person in the sea at Hole Beach. Carrying out a search in heavy surf the Lifeboat capsized and the crew thrown into the water. A helicopter from RNAS Culdrose and the Padstow Lifeboat responded immediately. Meanwhile the crew righted the boat and, after some difficulty, restarted the engine. The helicopter continued the search and nothing was found whilst the Padstow Lifeboat escorted the Port Isaac Lifeboat back to the harbour. Crewmembers were Neville Andrews, Nigel Andrews and Andy Walton who were not hurt and were commended by the RNLI Hon Sec, David Castle for their competent handing of the incident.

Household Tips

Remove candle wax by melting it with a hairdryer on a low setting

Remove sticky label remains by rubbing with tea tree oil

Put potato peelings in a stained vase and fill with water. Leave overnight and

On July 10th the Lifeboat was launched to aid a canoeist in difficulty at New Polzeath and on July 14th to seek a windsurfer overdue at Daymer Bay. In each case the Lifeboat searched until being recalled on information that the respective casualties had reached safety.

Port Isaac Brownies

Congratulations to our Brownies on winning the District Sports held at Camelford. Many thanks to Ken Richards and Steve Hewett for their help with the transport.

On July 9th the Brownies were invited to Altarnun for the dedication of their new flag. During the service Anne Marie Hallett, Leandra Jennings, Donna and Amy Byfield were enrolled as members of the Port Isaac pack.

On July 21st the Brownies were hosts to Altarnun and Boscastle Brownies who joined the in leading St Breward Band down through the village. 35 girls danced the Flora and it is hoped to make this an annual event.

Port Isaac Cricket Club Bingo – A large crowd attended the

(continued from previous page) Affordable Housing/Sports Project

Ian Chisholm, solicitor, had written to the Parish Council about difficulties in dealing with Building Societies and the resulting slow progress. He is to be reminded that he is retained by the Council to act on its behalf and to use necessary pressures. There are other building societies, such as the one which has just completed a scheme at St Minver, but West Country Housing Association has already applied for the grants and it was thought better not to change at this point.

Bingo in aid of the newly formed

Cricket Club and a profit of £216

expressed thanks to all her helpers

and those who supported the event.

A Thrift Sale held at the Church

Rooms in aid of new equipment

McDonnell thanked everyone who

helped and donated items to sell.

Cream Teas - Although rain forced

a change of venue from the Rectory

lawn to the Church Hall, over £104

sale in the Church Hall raised £102

Barbecue Lunch - Held at the home

Church. Many people attended and

Bess Coates

had a most enjoyable time. There

were raffles, a bring and buy stall

and a cake stall, raising £400.

Jumble Sale - A very successful

of Mr & Mrs Kent at Pityme, this

event was to raise funds for the

made a profit of £113.60. Jill

July 1997

St Endellion Church

was raised.

for Church funds.

was realised. Carol Richards

Playgroup

Speeding Vehicles in Port Isaac

The police are looking into the situation and suggest that the Parish Council should apply for speed-calming measures. The Council has already made unsuccessful applications in the past but another might be more successful now that there is police backing. The police do not consider the use of officers with hand-held speed cameras to be appropriate.

Date of Annual Parish Meeting

To avoid the possibility of clashing with other events, it was decided to announce the date for next year's meeting, Thursday April 19th 2007, straight away.

Yellow Lines, Lundy Road

A letter was received from County Highways to say that the matter was under consideration.

Footpath no 17

The Council is trying to get obstructions removed from this path (Trewetha to Tresungers) but a letter from County Council says that it could be three years before anything can be done. Cll Collin Brewer was asked to look into this seeming dereliction of duty by the Highway Authority - Cornwall County Council.

Next Parish Council meeting

The next meeting will be on Monday July 10th, 7.30pm. at Port Isaac Primary School unless the need arises for an interim meeting.



I received a lovely message last month with comments about a pasta dish which it seems was much enjoyed. It's good to hear feedback of what works and what doesn't. My way of explaining a recipe may not always be as clear to others as it is to me, so please feel free to tell me if it doesn't make sense. I plan a book at some time in the future and these recipes are usually my first draft. So if you feel like dropping a line here's a reminder of my email orah36@btinternet.com.

One of my first recipes was inspired by my great friend Lisa. We shared many student suppers together along Green Lanes in North London. It was a running joke that she always produced beige food. We were both Art students and at the time the closest we came to eating anything green was in a pesto sauce. It was with Lisa I discovered the delights of pesto and she inspired the creation of this dish, Baked Tuna and Onion Spaghetti - beige but delicious and economical too. I've also included a classic spaghetti and meatballs. ENJOY!! **Orah**

olive oil 4 onions peeled halved and sliced 2 tins of tuna juice of one lemon freshly ground black pepper 100g grated parmesan cheese For the béchamel sauce 75g butter 40g flour(this is about 1 heaped tblsp) 500ml milk 4 heaped teaspoons of wholegrain mustard. seasoning: sea salt and freshly ground black pepper 1. Start by buttering a large gratin dish. 2. Preheat oven to 180 °C/350 °F/gas mark 4. 3. Cook the pasta until al-dente and toss with a knob of the butter.	 really good grinding of black pepper. 5. Spoon half the spaghetti into the dish and cover with the tuna and onion mix. 6. Then sprinkle on half the parmesan and add the remaining spaghetti. 5. Make the bechamel sauce, you can now use the pasta pan and save on too much washing up. Start by melting the butter and adding the flour, stir constantly, add the milk a little at a time continuing to stir, then add the mustard and season. 7. Cover the spaghetti with the sauce then sprinkle on the rest of the parmesan and finish with a good grinding of pepper. 9. Bake for 20 minutes and serve piping hot. Serves 6. 10. Serves 4-6 scrummy portions.
350g dried spaghetti For the meatballs Plain flour for dusting 400g mince 1 egg 2 tblsp chopped flat leaved parsley/or basil 2 slices of white bread crusts removed 2 tblsp milk a splurg of olive oil tomato sauce(see below) 4 cloves of garlic crushed 1 medium onion very very finely chopped sea salt and freshly ground pepper Grated parmesan and basil leaves to serve For the tomato sauce extra virgin olive oil 450g tomatoes skinned and chopped a glug of red wine 1 tblsp tomato puree sea salt and freshly ground black pepper 1. Tear the bread and soak in the milk for a few minutes.	 Put the meat, egg, parsley, onion and crushed garlic in a bow Squeeze any excess milk from the bread and add to the meat then using your hands squidge it together until smooth & stick With clean cold hands, try running them under cold water, roll out about 30-40 small balls then with the meatballs on a tray chill for 30 mins. Dust in flour. Heat the oil in a frying pan and cook in batches until the meat balls are browned, keep turning them so they keep their ball shape. Once cooked set aside ready to make the sauce. It's worth using well ripened tomatoes. Make a cross at one end and plunge them into a jug of boiling water so the skins loosen for easy peeling. Heat some olive oil in a frying pan until it is very hot. When you add the tomatoes it should sizzle slightly caramelises then and encourages that sweet tomato thing. After a few minutes add the wine and tomato puree and gently simmer. Season and then zap in a liquidiser or mash it. Return to the pan and stir in the meatballs cover and simmer for 20 mins. Cook the pasta in boiling water until al-dente then drain and tip into a large warmed bowl. Pour the sauce over the pasta and good grind of black pepper to serve.



'Girls just wanna have fun!' - Maggi Appleby, Liz Brown & Marion Andrews

An enormous thank you to everyone involved in the Port Isaac Music Festival, from entertainers to helpers. Without you all the event would not happen. Everybody gave their time for free and helped raise a staggering, record breaking £2001 for Village Hall funds.

It was an amazing, fun packed weekend featuring talent from near and far, young and old. The event kicked off on the Friday evening with the ever-popular *Fishermen's Friends* who, due to the weather, performed under the Slipway awning (thanks Mark). Locals and visitors appeared from nowhere and soon the crowd stretched right across the road. Despite it turning cold, the crowd remained to the end of the evening and a great time was had by all.

The Village Hall was the venue for the Saturday night 'Acoustic & Unplugged' show that was opened by John Maughan, better known as the *Boscastle Busker*, who got things off to a great start with his

unaccompanied singing and wonderful sense of humour. Next to take the stage were Jon Cleave, Mick Dolan and Bill Hawkins who make up the local trio, Roscarrock. They performed most of their new CD, First and Last (available from the Post Office at a very reasonable price!). Paul Johnson never lets us down and this year was no exception. He closed the first half of the evening with his usual quality performance. The only surprise was that this year he invited his son, Joe, to accompany him on the piano for a couple of songs, one of which was written by Joe.

A brilliant performance from *Emily* from Boscastle set the tone for the second half. Her powerful voice and guitar playing filled the Hall as she performed a selection of her own songs. *Rupert* (Willder) and *Bill* (Hawkins) were as popular as ever with a selection of Rupert's songs. Throughout the evening, our old friend Brian hopped on and off the stage amazing us with his harmonica skills. As the concert drew to an end it was left to *Nancy* (March)



Annie on clarinet



Gracie on sax

and *Mick* (Dolan) to bring the show to a close and wow! - did they bring it to a close with style. We were all singing and jumping around and having a great time and we could have gone on all night but we had run out of time.

Had you been down at the bottom of the village on the Sunday morning you may well have thought we were a group of nutters trying to camp on the Platt. We were actually trying to assemble a mini marquee to keep the afternoon performers dry. We eventually deciphered the Japanese instructions and got the



Paul Johnson



A good looking bald chap and Kevin Fuller



Gordon Giltrap

The Port Isaac Music Festival

thing up with minutes to spare before John, the *Boscastle Busker* sang for 20 minutes without coming up for air! *Paul Johnson* was next with his fancy fingerwork on guitar and powerful songs to be followed by *Angela* (Sherratt) and *Liz* (Rowe) playing guitar and harp. We certainly had something for everyone.

It was then the turn of our local youngsters. The *Port Isaac Brownie pack*, led by Alyson Lorimer, sang, danced and played guitar and



Jeremy Brown & John Mc



Brownies - Poppy, Daisy & Sinead



Alice, Victoria & Alyson

keyboard. Then it was time for a bit of audience participation and Alyson got everyone organised as *Alice* and *Victoria* led the singing. Just enough time left for a very physical and much enjoyed rendition of the Penguin Song to end their brilliant debut Music Festival performance.

Next on centre stage was Annie playing clarinet and *Grace* playing sax. They had a great time and gave a fantastic performance. Then it was the turn of Kevin Fuller on acoustic guitar along with some good looking (who wrote this?!!) bald bloke sitting on and playing a wooden box, and yes, they were good! The Boscastle Busker then sang a few more songs leading nicely to the final music of the afternoon from Port Isaac's very own Roscarrock. Throughout, the 'A' team girls were busy on the cake stall, set up in the boathouse (thanks RNLI), that raised a record breaking £405.

Sunday Night at the London Palladium was no competition for Sunday Night at the Village Hall, especially when we had the worldfamous guitarist Gordon Giltrap playing. Gordon had enjoyed his last visit to Port Isaac so much that he offered his services for the Music Festival free of charge (we didn't have to twist his arm much at all!!). His amazing talent left us all standing with our mouths open. The speed and dexterity of the man is unbelievable and the audience were left in no doubt that this was one of the UK's best guitarists, and yes, he was performing in Port Isaac Village Hall!

All too soon it was the Grand Finale night. The Village Hall was packed for Steve Appleby's 'Rock of Ages' gig. The band were, as always, brilliant so let's hear it for Steve and Maggie Appleby, Marion Andrews, David Biddle, Jeremy and Liz Brown, Ian Fenton, Andy Holliman, Sam Lorimer, John Mc and Phil Tizzard. From start to finish the dance floor was packed; the audience were



Steve Appleby



Edna & Alan Davies - just some things we had in our wardrobe!

great; the fancy dress costumes were brilliant. We did learn one lesson though – never wear the same outfit as your wife, especially when that outfit is a pink cat suit! She's bound to look better than you and has had much more practice with high heels!

So, all too soon the night was over and so ended the Port Isaac Music Festival 2006.

The whole weekend went so well we have decided to make it an annual event so put the dates in your diary now -May 25th-May 28th 2007



	Di	visio	n O	ne					
LW		TEAN					MANAGER		
С	1			LAM	PARD!		Rachel Grills	1224pts	
2	2		ALLS				Jamie Hewett	1176pts	
3	3	SBA	NILAN	1			Scott Bennett	1151pts	
4	4	WO	ND D	IIMO	NATION XI		Andrew Grills	1047pts	
5	5	MAY	BEES				Tom Bishop	1004pts	
6	6	ANC	HORA	GE			James Durston950ptsTom Cleave941pts		
8	7	MOT	S FL	/ERS					
7	8	WHERE'S THE F IN CHEF					Chris Lanyon907ptsKaren Grills837pts		
9	9	SLIF	WAY	REJE	CT		Karen Grills		
10	10		'S TE				Tom Lobb	832pts	
12	11		RACE				Ben Skinner	784pts	
11	12		A BIN				Paul Honey	710pts	
R	13		TRAL				Melwyn Roskilly	•	
R	14	THE	HOPE	FULS	5		Joyce & Don Ha	imbly 526pts	
				Div	vision Two				
			LW		TEAM			MANAGER	
			С	1	DON'T MIND	GOING DOWN		Jon Poupard	1050pts
			Р	2	BOB'S BABES			Bob Irons	1038p†s
			Ρ	3		ES BEFORE THE	WIRE	Kevin Grills	1003pts
- 38	3		P	4	THE GRIM RE			Phill Kent	984pts
		_	4	5	THE CAPPPUC			Gary Mac	971pts
gan	16	5	6	6	FALLDOWNER			Bill Bissett	941pts
play		- 1	7	7		OAD ALLSTARS		Bryan Nicholls	912pts
piaj	10	u	8	8	STATE OF CO			Andy Penny	880pts
			9	9	TREWETHA L			James McDonnnell	876pts
			10 12	10	MOONRAKERS			Colin Durston	828pts
			12	11 12	THE TROWEL			Des Pooley	818pts
			R	12	EMMA'S NIPS SPARKS UTD	NIP5		Kevin Honey Steve & Julie Hewett	784pts
			R	13	NO WAY JOS	ć		Mark Pattenden	759pts 720pts
			i v	14	NO WAY 303			Murkruttenden	720015
			n Th	ree					
LW		TEAN	1				MANAGER		
С	1	TEAN BUN	<u>N</u> G'S DI	REAN			Kevin Gill	1094pts	
C P	1 2	TEAN BUN WH/	<u>1</u> G'S DI ATSS	REAN UP	AERS		Kevin Gill Neil Pooley	1071pts	
C P P	1 2 3	TEAM BUN WH/ THE	A G'S D A TSS AVIA	REAM UP TOR	NERS S		Kevin Gill Neil Pooley Daniel Grills	1071pts 1063pts	
C P P	1 2 3 4	TEAM BUN WHA THE ALW	G'S D ATSS AVIA AVIA	REAN UP TOR ON T	NERS S		Kevin Gill Neil Pooley Daniel Grills Mark Forbes	1071pts 1063pts 994pts	
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C P P 6 5	1 2 3 4 5 6	TEAM BUN WHA THE ALW AWE JUM	G'S D ATSS AVIA AVIA SOM	REAN UP TOR ON T E FOR	NERS S OP GOALPOSTS		Kevin Gill Neil Pooley Daniel Grills Mark Forbes Margaret Honey Steve Norton	1071pts 1063pts 994pts 975pts 969pts	
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Schoolchat news and views from Port Isaac School

Happy Birthday... Maisey 5 Poppy 6

Tesco Computer Vouchers

A BIG thank you to everyone who helped us go way past our target of 5000! We will shortly be sending our vouchers to Tesco and exchanging them for dictionaries and computer software

Ronnie's huts

Choosing my design would mean play time would be more fun.

Choose my design because it is cozy and it is also big inside.

It is the best and that is why you should choose it.

Unlike the other designs mine is easy to make!

Please vote for me.

I think you should choose my shelter because you can have fun and games. If you choose my shelter it will be play time all day. The best feature is the bench inside that you can sit on or hide under.

I hope you will agree that my design is roomy inside.

Please Please choose my shelter !!!!

Daniel Lanyon

Sports Day

On Wednesday 14th June we had our Sports Day. In the morning we had field events and the obstacle race. In the afternoon we had all the big races like the mini marathon and mystery race. In the middle of our sports day Mrs Collins opened our Summer Fayre. At the end of the day Ms Murray announced the winners of the sports day and I'm proud to say it was my team the ELEPHANTS!!!

Rosie Year 6

Playground Shelters

Mr Bishop's class have been busy designing and building models of shelters they would like to have in the playground. They also had to estimate the cost and produce some writing to persuade the other children to vote for their model. Here are some of their efforts!

To Solve a Real Life Problem Finding The Cost of Building a Playground Shelter

Materials Large Planks Small planks 19x10=19 23×5=115 Struts 7x1=7 Cost of Materials £312 Labour Planks 42x10=420 minutes Struts 7x2=14minutes Cost of Labour 434 minutes = 7 hours and 14 minutes $x \pounds 25 = \pounds 129$ Total Cost - £441

Angus Houston

My manifesto to explain to you why you should vote for my playground shelter

Unlike the other designs it's a colour of a mushroom. I believe that you should choose my playground shelter because it gives you the opportunity to talk in private and tell secrets.



Choosing my design would mean playtimes would be more happier and fun. Another excellent feature is that you can spy on

your cheeky, cool friends or maybe your worst enemies in a game. Furthermore it's a excellent place to hide in and be out of the sun and rain. I hope you will vote for Laura and Rosie's super mini mushroom.

HAVE FUN and enjoy

Laura Year 4



shops, services The Trio Directory & businesses

restaurants & hotels

CHRISTOPHER KEY SOLICITOR

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Appointments out of office hours by arrangement

Trebiffen, Boscastle PL350BN Tel: 01840 250200 Fax: 01840 250900



OPEN every day Dinner from 6.00pm

Sunday Roasts from 12noon BOOKING ADVISABLE

Takeaways freshly cooked Fish & Chips and Homemade Pizza always available

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CENTRAL GARAGE New Road, Port Isaac

MOT TESTING CRYPTON TUNING TYRE SUPPLIER BOTTLED GAS telephone Ross.

01208 880334



- *************

Rockery ChickBusy LizzyJules Miller-WilsonLiz Watson07816 67436607811 962090A STAKE IN YOUR GARDEN

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Farm Shop & Licensed Restaurant Open Daily from 9.30am

Home-produced Aberdeen Angus beef, lamb, free-range eggs and seasonal vegetables

Homemade jams, pickles and marmalades

Local produce, cheeses, country wines and ciders

STRAWBERRIES READY NOW!!!

Gooseberries, Raspberries, Red & Blackcurrants, PYO or Ready Picked Please ring for availability

Breakfast, delicious homemade cakes and cream teas Hot food all day

Kid's Play Area with zip slide, motorised minidiggers and tractors etc

Pets Corner

Sunday Roast: Bookings Advisable

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Ornamental walling • Patios

Crazy paving • Flag Stones • Turfing Fencing • Hedging • Rockeries Water features

For a free quotation phone Jim Dyer on 01208 880476 or 07970 919389 (mobile)

Port Isaac Village Hall Hall Hire Charges

All Hall hire rates be paid in advance

GENERAL USERS£6 per hour£1 discount for advance block bookings of six or more sessions

NON PROFIT MAKING PARISH CLUBS/ORGANISATIONS/ ASSOCIATIONS etc INCLUDING CHILDREN'S GROUPS

£5 per hour £1 discount for advance block bookings of six or more sessions

ALL USERS – 24 hour period	£45
LICENCE/BAR FEE	£21
AMENDMENTS TO VILLAGE HALL	

LICENCE (HOURS etc) AN ADDITIONAL £21

REFUNDABLE DEPOSIT FOR PRIVATE FUNCTIONS TO COVER BREAKAGES, CLEANING etc £30 This will be refunded within seven days of returning the k

This will be refunded within seven days of returning the key after the Hall has been checked

Note: hire covers the Hall and Kitchen. Cups, saucers and teaplates, eapots and kettles and boiler are kept in the kitchen for general use. In addition, plates and dishes are available, free of charge, on request.

Electricity & central heating are payable via £1 slot meter

HIRE CHARGES FOR VILLAGE HALL PROPERTY USED OFF SITE Note: We cannot allow any tables and chairs to be used outside or on the beach Tables - £5 each, Chairs - £1 for 4 chairs

Licencing

All functions selling alcohol need to pay a £21 licence fee when paying the hall hire charge. If the hirer requires any amendments to the existing hire terms an additional £21 to be paid and an application made to NCDC This needs to be processed at least four weeks in advance.

All events selling or giving away alcohol need to have a 'Responsible Person' appointed by the Village Hall Committee. This person will be made fully aware of the rules and regulations and is required to sign a form confirming this. In addition the rules and regulations will be clearly displayed behind the bar at all times.

Call Janet Chadband on 01208 880262 for more info

Are you elderly and in need of a helping hand at home?

All aspects of help undertaken - cooking is my speciality.
I am reliable and caring, being an ex social services home carer.
I have many years experience in care of the elderly.

Please call Cheryl for fair and competitive rates Home - 01208 880198 or Mobile 07778 330287

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No worries about Parking Two & Three Bedrooms Fully Heated * Garden Pets welcome * Quiet Location Five minute walk to shops and pubs

From £250 per week in low season

Apply Bertie Watson **Tel & Fax 01208 880298** M 07889 682263 www.portisaacmill.co.uk Email: bertiewatson@tiscali.co.uk

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Beautifully appointed, detached, spacious holiday home. Three double bedrooms and two bathrooms. Enclosed gardens and sea views from sitting room. Private parking for two cars **Call 07870 275415**

or email e.arnull@btinternet.com



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(Husbands, if they promise to behave, are welcome)

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LARGE HOLIDAY HOME in old village

sleeps 10 log fire, gardens Garage parking in village

for details call 01942 610603 dave@alternativesteel.com



'HIGHER MOON' Tintagel Terrace, Port Isaac Modern Holiday House 3 Bedrooms, 2 Bathrooms

Sea views, garden Parking for 3 cars

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Open all Year

Please contact Jocelyn or David 01208 881156 Email: westawaywest@btinternet.com www.westawaycornwall.co.uk

wavehuntersuk

LEARN TO SURF

with the Wavehunters team @ the Animal Surf Academy

Wavehunters this year will be as last year, running its junior academy the famous PORT ISAAC GROM CLUB

> * Every Thursday /Sunday afternoon *
> * All summer long * 8 lessons & competitions * inc all equipment

+ seriously cool stuff to be won each week + club membership Free equipment hire

Free entry to the rider days when you can meet the pro's Team BBQ once a month.

£35 per month/£5 per lesson

Note to parents, all lesson are taught by fully qualified life guards and BSA qualified instructors

We also do lessons for beginners, intermediates, groups and families

Join the club or just come for a lesson



WAVEHUNTERS BEACH SHED (Port Gaverne)

Ice creams, beach kit, wetsuit and paddle board hire Come down and check out the beach shed

WAVEHUNTERS SURF SHOP

Open as usual, new summer stock just arriving! Pop in and check it out





Hotel, Restaurant and Gardens Trelights, Port Isaac

OPEN DAILY

11.00am - 11.00pm

LUNCH 12noon - 2.30pm

DINNER 6.30pm - 9.30pm

Cream Teas served all day

SUNDAY ROASTS from 12noon

A contemporary menu using fresh local and organic produce wherever possible

Fabulous new deck area with panoramic sea and countryside views

Three acres of fascinating restored gardens

Children's play area

The Slipway Hotel & Restaurant OPEN ALL DAY FOR:

coffees, teas & pastries

varied lunch menu including seafood specialities

Bar open all afternoon and cream teas served

dinner from 6.30pm every day with menu focussing on the use of local fish, game and produce 'Fresh Catch of the Day' every evening Reservations are advisable

We are also serving roast lunches every Sunday at The Mill House, Trebarwith from noon until 3pm (tel: 01840 770200)

Regular Live Music at The Mill House please watch the notice boards

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local information

Doctor's Surgery - 01208 880222

Repeat Prescriptions - 880242 NHS Direct Helpline - 0845 4647

Royal Cornwall Hospital (Treliske & City), Truro - 01872 250000 East Cornwall Hospital (Bodmin) -01208 251555

Bus Service - Western Greyhound 01637 871871

Police (non emergency calls) -08705 777444 PC Malcolm Taylor - 079680 87667

Parish Council Clerk - Elizabeth Harris - 01208 880927 District Councillor - Bill Dawe -01208 880253 Stranded seals/dolphins etc - Bob

Bulgin - 01208 880765 Electricity - emergency service -

0800 365900

Water - helpline - 0800 1691144 Citizens Advice Bureau -

01208 815616 Village Hall Bookings - 01208 880262

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Take a look at the Port Isaac website: www.portisaac.org.uk



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'In the Bag' kerbside recycling – have your bags out by 7.00am

Wednesday July 5th Carn Awn Singers Annual Concert in St Peter's Church

Monday July 10th Parish Council Meeting at Port Isaac School – 7.30pm

Monday July 17th 'In the Bag' kerbside recycling - have your bags out by 7.00am

Tuesday July 18th Whist Drive in St Endellion Church Hall - 7.30pm

Wednesday July 19th St Peter's Church Summer Mini-Market in the Church Rooms -10.00am Come along and bag a bargain

July 25th - August 4th 48th St Endellion Summer Festival

Monday July 31st 'In the Bag' kerbside recycling - have your bags out by 7.00am

Thursday August 3rd STEER meeting in Port Isaac Village Hall - 7.30pm

Monday August 14th 'In the Bag' kerbside recycling - have your bags out by 7.00am

Tuesday August 15th Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday August 16th St Endellion Church Mini-Market in the Church Hall - 10.00am

Friday August 18th – Sunday August 20th St Peter's Church Flower Festival in the Church – 10.00am-6.00pm

Saturday August 19th -Trelights Village Green Committee Barbeque in Coronation Park, Trelights - 7.00pm

Sunday August 20th Port Isaac RNLI Funday

Tuesday August 22nd Trelights Methodist Church Garden Fete at Park Villa - everyone welcome - 2.30pm

Saturday August 26th Port Isaac Garden Society Show in Port Isaac School

Monday August 28th 'In the Bag' kerbside recycling - have your bags out by 7.00am Monday September 11th 'In the Bag' kerbside recycling – have your bags out by 7.00am

Sunday September 17th Harvest Thanksgiving in St Peter's Church

Whist Drive in St Endellion Church Hall - 7.30pm

Friday September 22nd The Long Awaited Port Isaac Village Hall Music Quiz!

Friday September 29th Port Isaac RNLI Harvest Festival

Thursday September 5th STEER meeting in Port Isaac Village Hall – 7.30pm

Saturday October 28th Port Isaac Village Hall Men's Coffee Morning – another chance to see how the men perform!

<u>Issue</u> August September October November December

<u>Copy Date</u> July 24th August 28th September 25th October 30th December 4th **Saturday November 18**th St Peter's Church Christmas Mini-Market in the Church Rooms

Saturday December 2nd Port Isaac RNLI Christmas Market in the Village Hall Tuesday December 5th Annual Bingo in aid of the mentally handicapped in Port Isaac Church Rooms - 7.30pm

Thursday December 7th STEER meeting in Port Isaac Village Hall – 7.30pm

Rubbish is collected every Friday morning unless there is a Bank Holiday in the week, when the bin men come on Saturday

Publication Date August 1st September 5th October 3rd November 7th December 12th



REGULAR EVENTS

Port Isaac Stay & Play Group – every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Leigh on 880745 or Marie on 880977

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jennie on 881038

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Local History Group - The first Friday in the month in Port Isaac Village Hall. Contact George Steer on 01208 880754

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers - Every Monday at 8.00pm in Trelights Chapel

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

Learning Together - Every Monday during term time from 1.30pm -3.15pm in Port Isaac Primary School. 3 and 4 year olds to come along with an adult

Thai Kick Boxing - Every Wednesday from 7.00pm - 8.30pm in the Village Hall. Contact Sal on 07875 698285

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm Fellowship Service - last Thursday in the month at 7.00pm



Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Remember to make sure that your event is included here!