

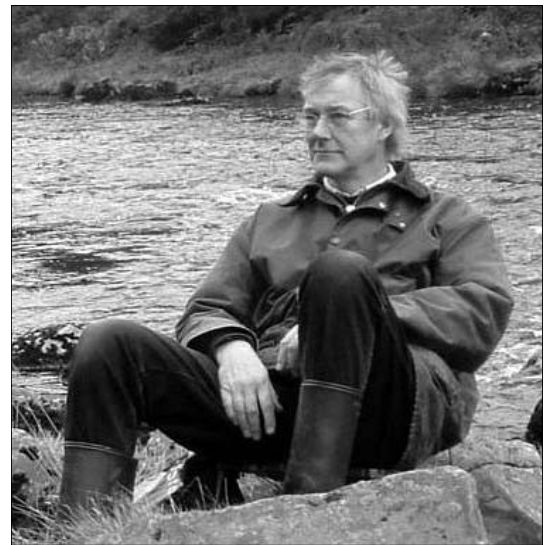
The Port Isaac, Port Gaverne and Trelights Newsletter • No: 271 • February 2007 • 40p

Welcome to Dr John

A new era begins in the life of our local Anglican churches with the appointment of a new Priest-in-Charge of four local parishes. The Revd Dr John Alexander Cyril May, Vicar of Wotton-under-Edge with Ozleworth and North Nibley, Gloucester for the past 15 years, has accepted the Bishop of Truro's offer to become Priest-in-Charge of the enlarged cluster of parishes that will include St Endellion, Port Isaac, St Kew and St Minver with St Enodoc and St Michael's, Rock. He will be licensed on Monday July 16th at 7.00pm in St Endellion Church.

Dr May is married to Julian – known as July – who teaches French and Spanish, and they have three children, Phoebe, 22, Edmund, 20 and Beatrix, 17. Their youngest daughter takes her last 'A' level at the end of June, so they will move to Cornwall in July, at first living in St Minver Vicarage.

Dr May, who is 54, obtained a Bachelor of Divinity degree at Kings College, London in 1977 and a PhD in 1998. After university he taught for a year in France and then worked for Wisden, who publish the cricketer's almanac, for three years, before training for the ministry at Lincoln Theological College. After curacies at Tynemouth, Newcastle, he became team vicar of the Glendale group for five years and then Vicar of Wotton-under-Edge.



Revd Dr John May

On his day off he says he enjoys woodwork, painting, sailing, "and most of all writing poetry".

Conjuring up Comedy

Conjuring Up Comedy is a one man show in which Ian Keable describes his transition from accountant to magical comedian, a transition that won him the British Magical Champion of Comedy award and has taken him all over the world – and now to Port Isaac! The show includes comedy, mind reading and magic with VAT (very amusing tricks).

"A show that has universal appeal for anybody who enjoys non-stop laughter while simultaneously being totally bamboozled" – *Bucks Free Press*. "The pace never flags, the two hours seem to fly by and it is clear that Keable could make the show even longer if he wanted to. A triumph in every respect." – *Magic Week*. "The quality and humour

contained in his magic tricks alone is enough to keep both kids and adults captivated with the show throughout." – *Islington Gazette*

Now you have the chance to see this show on Friday February 16th at Port Isaac Village Hall at 7.30pm. Tickets, priced £5 for adults and £3 for children, are now on sale from *Secrets* or can be reserved by calling 01208 880905. Subject to availability, tickets will also be available on the door. Doors and the bar open at 7.00pm.

Conjuring Up Comedy is organised by Port Isaac Village Hall and *Carn to Cove*, spreading the Arts to every corner of Cornwall. Don't miss this chance for all the family to see a first class act in your Village Hall.

This issue

All the usual news plus

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A welcome return of our SOG

I was interested to read the article about the secularisation of Christmas by Judith Pollinger. I agree with her that I don't want to see what has become a tradition in the winter month of December called anything other than Christmas. However, I would like to say that there is an evolutionary process going on at Christmas which began many, many years before the birth of Jesus Christ.

There is no known date of Jesus' birth, but many scholars agree that it is unlikely to have happened in winter. So why do we celebrate it on the 25th December? Mainly because the Christian world 'took over' celebrations that were already in existence.

The winter solstice was celebrated in the month of December by people of the pagan tradition. In different areas this was called different things including Yule, in Scandinavia, a term that is widely used today for this season and came back into use around 900AD. During this festival Yule logs were burnt to honour the god Thor. Yule logs have evolved into chocolate cakes.

The Romans used to celebrate Saturnalia during what is now Christmas week. This was a time of great merriment. On the 25th of December they celebrated the feast *Dies Natalis Solis Invicti*, which means the birthday of the unconquered sun.

There were other Pagan celebrations across the world, all with different names, all acknowledging the importance of the winter solstice. These continued long after the death and resurrection of Christ.

The first recorded Christian celebration of the birth of Christ is 336AD in Rome. There was a great debate within the Christian Church whether to celebrate Christ's birth or not. Origen an early Christian theologian, was not in favour of celebrating any birthday, including that of Christ, saying that only sinners celebrated births. The celebrations started after the end of the reign of the Emperor Valens, and came and went over the next 50 years or so. This coincided with the revival of Catholicism.

In an attempt not to bore the pants off every reader of the *Trio*, the Christmas festival then went through various times of popularity and unpopularity throughout history. In the 19th Century the festival was becoming less popular and, in fact, the publishing of Dickens' 'A Christmas Carol' helped to revitalise the idea of Christmas and of it being a time of goodwill. During the 20th Century the Christmas that we now know has evolved.

Just a few more things to mention. Decorations, again Pagan - they used to bring trees into the house to celebrate and in preparation for the coming warmer days. They used evergreen boughs in times of celebration, mistletoe pre-dated Christianity and was part of a fertility ritual and holly berries were seen as foods of the gods. It is thought to have been Martin Luther who first put candles on a tree to celebrate Christmas, but this is disputed between Lutherans and Catholics.

Come to present day and, as I said, I do share some of the fears of what Christmas is becoming. We now seem to worship the great gods commercialism, consumerism, and capitalism, which our great and good seem to think is the only way to keep a way of life going. These gods are closely followed by the lesser but growing spin-off gods of popularism and celebrity, which offer the opportunity of worship and idolisation, and the fulfilment of dreams.

A way of life, worship, focus, and the ultimate fulfilment of dreams. Is this not what Christianity offered as it took over from the previous dominant cultures? History is repeating itself, and as usual most of us don't realise it.

SOG

Local Conservatives AGM

"The political climate in Cornwall is changing fast. Both the Liberals and Labour have lost their message. We must work hard to make sure we get a Conservative into Parliament" stated Mrs Anne Pethick, President of the St Endellion branch Conservative Association, at its AGM held on January 6th, at the Mill, Port Isaac.

The branch reported 2006 was an extremely exciting year in Port Isaac, with many social and political events taking place. Rear Admiral Alec Weir, Association Chairman also addressed the meeting, praising the hard work and commitment displayed by local party activists.

The branch would be delighted to welcome new members. Please contact Patrick Newton, Hon Secretary, in the first instance on 0207 809 3983, for details.

Trio is issued eleven times a year and is available in local shops or by post -£15 a year in the UK. Overseas rates on application.

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

To advertise in the *Trio* telephone 01208 880905

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EMERGENCY RESPONDER TEAM

The South Western Ambulance Service is looking to form a responder team to provide an initial response to emergency calls in the St Endellion area. Full training is provided.

For further information please contact Norman Trebilcock on 07977 445312



CHRISTMAS LIGHTS

Well, we gave it our best shot and all was well until Boxing Day when the Village Christmas Lights and Christmas Tree were vandalised. Let's not mince words, this was criminal damage and it was reported to the Police.

Add to this the moans and complaints received, mainly from people who did not lift a finger to help in any way, shape or form, and you end up with a very disheartened Christmas Lights Team. We are the first to admit that, in retrospect, the new rope lights lend themselves more to outlining buildings as opposed to being strung across the

streets – but we have learnt from experience.

On a positive note, whilst it was hard work - the team put in about five full day's work each in the preparation, putting up and taking down, plus fundraising, catering, liaising with SWEB, arranging insurance and dealing with the bureaucracy and paper-work - we are not deterred.

The feeling is that we invite businesses and individual households to put up a display of lights around their property. We will provide the lights. If you would like

to do this please contact Vanessa on 01208 880098 before the end of March – yes, we really are planning ahead!

We will still decorate the Fish Cellars – the best bit this year – and some other buildings (still to be decided). But the rest is up to you. If you want your village to look good you need to help. We are not a formal committee, we are just a group of willing volunteers and we need your help.

Last year's fundraising was brilliant and thanks to some very generous people we raised over £5000.

**David & Julia Bolton, Port Gaverne
Dave Brown, Preston**

**John & Emily Brown, Port Isaac
Leone Brown, Hampshire
Buffalo Pictures Ltd
Bob & Sandie Bulgin**

**Marjorie & Michael Buter,
Broadstairs**

**Maggie & Byron Buse, Port Isaac
The Buttermilk Shop, Port Isaac
Ray Calcutt**

**Central Garage, Port Isaac
Janet Chadband, Port Isaac**

**Ted & Elizabeth Childs, Port Isaac
John Collins, Dennis Knight
Fishmongers, Port Isaac**

Co-op, Port Isaac

**Cornish Property Maintenance
Mr & Mrs Cutler**

**Bill Dawe, St Endellion
Anita Davies –**

**in memory of Jeff, Port Isaac
Edna & Alan Davies, Port Isaac
Martyn & Mel Dingle, Port Isaac
Mr & Mrs Dowse, Horsham**

The Edge, Port Isaac

**Molly & Nick Farmer, Port Isaac
Mr & Mrs Feldman**

**The Frank McNichol Trust
Fred, Port Isaac**

**Garden of Eden Landscaping
Services, Port Isaac**

**Howard & Sharman Glanfield,
Somerton**

**The Golden Lion, Port Isaac
Mr & Mrs Goodsell, London**

**Mr & Mrs Griffith, Slimbridge
Mr & Mrs Hadden-Paton, Dorchester**

**Trevan Hambly, Isle of Wight
Stan Harper, Port Isaac**

**Mr & Mrs Harvey, Bristol
Peggy Hills, Port Isaac**

**Home Management Services,
Paul Honey, Port Isaac**

ICF Services, Port Isaac

**Bill & Vanessa Isaacs, Port Isaac
John Bray Estate Agents, Port Isaac**

Just Shellfish, Port Isaac

**Jacki & Paul Kynaston, Exeter
Mr & Mrs Lawford, Exeter**

**Jackie & Laurence Llewellyn-Bowen
Conor, Elaine & Morgan Marren, Buck-
hurst Hill**

**Vicki Medley, Weston-super-Mare
In Memory of Richard Millett**

**Nick & Diane Morgan, Lymington
The Mote, Port Isaac**

Ours, Port Isaac

**Andy & Alison Penny, Port Isaac
Annie Philp, Port Isaac**

**Plumblin, Port Isaac
Port Hair, Port Isaac**

**Port Isaac Rowing Club
Port Isaac Taxis**

Alison Rees

Sarah Roberts, Liverpool

Chris Routh, Bath

**Mr & Mrs Scott, Trewarmett
Secrets, Port Isaac**

**Richard & Helen Slade, The Folly
Slipway Hotel, Port Isaac**

Mr & Mrs Smith, London

Mr & Mrs Smith, Guildford

Spic and Span, Wadebridge

St & Mrs D Sproull, Port Isaac

St Endellion Parish Council

Stanley House Pasty Shop

Mr & Mrs Stephenson

Mr S Sufi, London

**Christopher & Rebecca Tabor,
London**

The Takeaway, Port Isaac

**Mr & Mrs Thrussell, Hertfordshire
Mrs Tobin**

Janet Townsend, Port Isaac

Trevathan Farm, St Endellion

Mr & Mrs Vaisey, Port Isaac

Mr & Mrs Wait, Sutton Coldfield

Angela Walsh

The Watershed, Port Isaac

Mr & Mrs Watson, Port Isaac

Wavehunters, Port Isaac

Nicola Williams, Port Isaac

Mr & Mrs Wiltshire

THANK YOU ALL

Although we now have the lights and displays, we still need to keep the bank balance healthy and so, to raise money this year, we are planning, in conjunction with the Village Hall Committee, a fundraising Medieval Banquet on Saturday October 27th – watch this space.

Father Christmas permitting, we will be repeating and extending the Santa tour and Carol Singing around the Village. This was a lovely evening. Hopefully, the St Breward Band will come again for the Switch-on Night. However, we will not be putting up a Christmas Tree.

So, if you've got anything positive to contribute or want to help or want a lights display around your property, contact Vanessa. We look forward to hearing from you.

The Christmas Lights Team

Port Isaac Hospice Day

This is no ordinary jumble sale ...
this is Port Isaac's annual fundraiser for
Mount Edgcumbe Hospice

Saturday March 17th
Port Isaac Village Hall
10.30am onwards



And finally, can you make a cake (or two) or pies or jam or whatever your culinary speciality is?

All offers of anything and everything on the above number. Thanks

Dee

Many of us have experienced the special care and comfort provided by the staff at Mount Edgcumbe ... and none of us know whether we might need that help one day. Funded primarily from voluntary donations, the Hospice needs our help to continue its work and each year Port Isaac gives its support.

Hospice Day will follow its usual successful format – the sale and lunch plus the cake stall and various raffles. So, don't go through all the bother of selling your unwanted Christmas presents on ebay – donate them to the Hospice sale instead. At the same time, why not have a clear out and get rid of the clutter that has accumulated over the year – but remember, this is no ordinary jumble sale! We only want things that will sell, things that you would want to buy yourself – and – NO CLOTHES (but watch this space – there might be news next month of what to do with your unwanted clothes).

So, if you have anything to donate please, if possible, drop it off at the Village hall on the morning of Friday March 16th between 9.30am and 12noon. Alternatively, we can collect it from you on that morning. The final option is to call me on 01208 880905 and arrange to drop off your donations now. The choice is yours.

Also, on the same number (or call into *Secrets*) all offers of help – especially with the clearing up afterwards – will be gratefully accepted!



Aneyn David and Eddie Philp

Filming in 1953

This photograph was given to me by my Uncle Aneyn David. He was in the RAF in '53 and our home was his when on leave. He went filming in Tintagel with my father, Eddie (his then brother-in-law).

The film was 'Knights of the Round Table' and starred Robert Taylor as Arthur and Ava Gardner as Guinevere.

Extras in Port Isaac included Frank Masters, Harold Brown, Will Steer, Westlake Brown, Harry May, Sam Honey, John Glover and George Williams.

George was asked by Ava Gardner if he wanted to come back to Hollywood, but he declined as he had his garden to tend to!

Annie Philp

Up! It's easy to understand UP, meaning toward the sky or at the top of the list, but when we wake up in the morning, why do we wake UP? At a meeting, why does a topic come UP? Why do we speak UP? Why is it UP to the secretary to write UP a report are why are candidates UP for election?

We call UP our friends but we also use the word to brighten UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and some guys fix UP the old car.

At other times this little word means something else. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses. To be dressed is one thing but to be dressed UP is special.

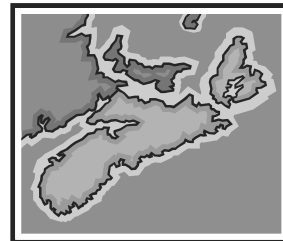
This UP is confusing – A drain must be opened UP because it is blocked UP. A shop opens UP in the morning yet also closes UP at night. We certainly seem to be pretty mixed UP about UP!

To be knowledgeable about the proper uses of UP, look the word UP in the dictionary. In a desk dictionary, it takes UP almost a quarter of the page and has UP to about thirty definitions.

One could go on but I think it's time to shut UP!



A Canadian 'twin' for Trio



We have recently been contacted by Heather Davidson who lives in Hantsport, Nova Scotia as she is starting a local community newsletter. She had seen copies of *Trio* as it sent to Oliver Childs who lives near her and she wanted some 'advice'. Anyway, we got chatting on the email. Hantsport seems to have many similarities with Port Isaac as you will read and we came up with the idea of 'twinning' *Trio* and *News & Views*. To get started, Heather has written an article about Hantsport and we will be sending her one about Port Isaac. We will send her copies of *Trio* and vice-versa and we will both reprint any interesting articles. In the long-term this twinning could really take off. Liaison between the two primary schools could teach the children about different life-styles, individual friendships could evolve through penpals? There's loads of possibilities. So, here we go:

"*News & Views (N&V)*, my new community newspaper, will serve an area 20 miles long and five miles wide on the south shore of the Avon River in the Annapolis Valley of Nova Scotia. The river level rises about 50 feet in six hours, and we promote these as the highest tides in the world. At low tide, the river is barely a trickle, but at high tide ocean going ships sail in, quickly load gypsum at Hantsport and leave on the outgoing tide. An expansion of the gypsum facilities in 2004 made it into the fastest loading gypsum facility in the world.

People from this area crewed the ships until 1991. The American owned company replaced them with foreign seamen who work for less pay. The Americans are reputed to pay 10¢ a ton for the crushed rock.

From the 1870s to the 1890s, this area had an ideal location for constructing wooden sailing ships. Work was started in the spring when the keel was laid above the high water level. When the ship was completed in the fall, it was launched at a high tide.

Farming also played a major role in the area until the 1950s and has been declining ever since.

However, there is a bright side. Two major industries employ people from the area. Drive 15 minutes to the southeast and you are in Windsor, a large town. Drive another 45 minutes and you are in Halifax, the provincial capital. Drive 20 minutes to the west and you are in Wolfville, with its university. Drive another 15 minutes and you are in the land of shopping malls. Many of our residents work in these centres.

Note the word, "drive". We have no public transportation. This may change in April when a bus will/may serve the area. This is one issue *N&V* will be following with great interest.

In our area, we have people who can trace their family roots back to at least the 1760s when New Englanders arrived. And we have some, such as yours truly and my partner, who are come-from-aways. We arrived in 1990. We live in Hants Border, just outside the Hantsport town limits. I walk to the Post Office, the Credit Union, the drug store, the small grocery store, and the library, which is in the school. And it is great for walking dogs! It is a pleasant small town to live in.



N&V will cover the town of Hantsport and the villages of Avonport, to the west, and Mount Denson, to the east. Two daily newspapers and a weekly paper serve the area. But they are not based here and they generally cover only events of interest to a larger area. They never report, for example, on the monthly meeting of the three municipal governments which represent us. I had a sense of powerlessness - what's going on? - and apathy - what's the sense of caring? This is a fairly common reaction here. So, some months ago I joined several activists in the local chapter of the Raging Grannies, a protest group. I discovered that I have a voice and that action is possible.

The first issue of *News & Views* will appear on February 14th. Several people are quite excited about it. A few say that it won't last. But local people are volunteering to write articles. Exciting times for me and, I hope, for the people in the area.

Heather Davidson, Hantsport, NS

Air Ambulance Charity Shop Delabole



The shop was busy during the latter part of 2006 with customers looking for last minute Christmas gifts.

Gross sales and donations were
November - £1543.92
December - £826.93 (this included £77 donated by Dairy Crest Transport to whom thanks are due)

The Draw raised £102.50 and the "Name the Hippo" competition raised £8.50. Names of prize-winners are posted in the window.

Special thanks are due to Karen for taking part in a recent tabletop sale at the Poldark and to Pat who sold some books and records at a Car boot sale on behalf of the Air Ambulance.

Many thanks to all our customers for their continued support throughout 2006.

Friends of the School '100 Club' winners

December 2006

- 1st Bob Monk
- 2nd Sandy Bulgin
- 3rd Lewis & Jack Bishop
- 4th Barbara Bell
- 5th Sharron & John Davies
- 6th Mr & Mrs Prouse

January 2007

- 1st Ray Berman
- 2nd Lisa Barry
- 3rd Sharron Sproull
- 4th Lewis & Jack Bishop
- 5th Dee Littlechild
- 6th Sarah Martin

The 100 Club raises money for Port Isaac School. If you have any questions or would like to join, please contact Carol Hambly on 881001 or Marie Moseley on 880977.

Websites of the Month

I spent a very pleasant afternoon at the Golden Circle this month. I was invited to talk about the work I have been doing as a clinical psychologist over the years in the health service on memory and talking therapies, so I did some of that, but also managed to sneak in a bit about climate change too. I had a very nice cup of tea, and won a tin of sardines in the raffle. They also agreed that I could join up.

So I thought this month I would cover some of the very good websites there are on self-help, both for psychological problems, but also for other health conditions. In Cornwall a good starting point is the Health Promotion department. This site www.healthpromcornwall.org gives links to a "virtual library" and also the various projects which are going on in Cornwall and a useful site which is a directory of mental health projects can be found at the Cornwall Mental Health Directory 2006/07 - www.rclproject.com

The James Parkinson's Centre has a website devoted to Parkinson's disease and there are very useful ideas here www.pdcornwall.org.uk with links to information to patients, carers and professionals. Falling is a problem for people with Parkinson's but also for many others, and this excellent Cornish site www.fallsprevention.co.uk has loads of useful ideas and links on how to prevent falls, and also how to cope if you have had a fall.

For psychological problems a good place to look locally is on the primary care counselling services, for example www.outlooksw.co.uk or www.peninsulaprimarycare.org.uk where you can download some self-help materials.

Further afield there are two sites that are worth a look. One is by Chris Williams, a psychiatrist who has written some very good material and now has a free course for anyone to sign up to at www.livinglifetothefull.com/elearning/.

Even further away, there is also one in Australia called the Centre for Clinical Interventions www.cci.health.wa.gov.au has complete courses to help with anxiety and depression.

For eating disorders the Cornwall Eating Disorders Association www.cedaonline.org has a very lively site with personal accounts and where to get help.

On the other hand, if you are interested in being happier, rather than being less miserable, then a couple of places to look are the Centre for Confidence in Scotland www.centreforconfidence.co.uk which links you to lots of information about the new science of happiness (you may have seen the BBC programme 'Making Slough Happy'), and the BBC have an interactive course on confidence building at www.bbc.co.uk/health/confidence/learn/getting_index.shtml. On the other hand, you could go straight to the horses mouth and one of the founders of this new science of happiness, Dr Martin Seligman, at www.authentichappiness.sas.upenn.edu and try out questionnaires to see how happy you are!

On a completely different topic, please have a look at the website of the St Endellion Economic Regeneration Forum (Steer) too, www.portisaac.org.uk as we are now working hard to get all the local businesses online and getting it updated. If you would like to have a page or two for your business, please contact me and I will send you a password and username and instructions and you can get online straightaway. We are getting a small group together who are interested in improving this website and if you would like to be on the mailing list, again please contact me.

As ever if you have any comments or ideas about this you can email me on tonywainwright@hotmail.com

St Endellion Parish

Hospital Voluntary Car Service

The residents listed below offer their services as drivers. If you require transport you telephone one of them directly to make arrangements.

Bolton - 880218 * Bulgin - 880765 * Childs - 880322

Cooke - 880256 * Dean - 880685 * Dougall - 880963 * Isaacs - 880098

Murray - 880861 * Raynor - 880581 * Watson - 880298

Contributions required:

Plymouth	£30*
Hayle	£30
Falmouth	£30
Truro	£24*
Redruth	£24
Newquay	£20
St Austell	£20
Bude	£20
Bodmin	£14
Wadebridge	£10

Please note:

1. This car service is for residents of St Endellion Parish only
2. You are asked to give a minimum of 48 hours notice when requesting transport
3. The service is for appointments only (not for those visiting patients)
4. It is for people who have no other transport
5. The charges are for the round trip and not half journeys if you are to stay in hospital
6. * Plus any car parking charges (in addition to contribution)

No children aged under 6 years can be carried in our cars - new law, Sept 2006

ANY PROBLEMS CONTACT TED CHILDS ON 01208 880322

Congratulations

to Clare, Trev,
Jessica & Poppy
on the safe arrival of
Harvey Christopher
weighing in at 9lb 12³/₄oz
on December 4th

*Lots of love from
all the family*



Compost Corner aka Manure Monthly!

If you have been brave enough to venture out into your garden through wind and rain, for any reason other than to hurry to your car, you might have noticed that there's an awful lot of growing going on. The mild Winter is confusing our poor plants which are not having their seasonal rest. Lovely as it is to see all the colour, it leaves the plants especially vulnerable if a sudden frost occurs. In addition, the excessive and intense downpours of rain leave soil and grass sodden, and paths slippery and often algae covered. With these things in mind, I recommend you consider doing the following jobs this month:



- Check your plants for water logging - both those in beds and those in containers. Plant roots can rot if sat in water for too long. Drain off what you can from sodden containers, and move to a more sheltered spot if possible. You could also raise the pots an inch or two off the ground using container 'feet', slate or bricks. If you discover water-logged areas in your beds, you might want to lift plants there temporarily and plant elsewhere if they are small enough, and if you can't, try loosening the soil around the plant with a fork, and digging in some organic matter or some sand.
- Make the most of the rainfall. Place containers around the garden to collect rainwater, which you can use later in the year. How about investing in a water butt system. It's a great feeling knowing it's costing you nothing to water your plants!
- I know I am repeating myself here, but ensure that you prepare adequately for sudden frosts by moving vulnerable plants to a more sheltered position (near to the house, greenhouse etc), or wrapping them up in horticultural fleece. Plant labels will tell you if a plant is frost hardy, and if you have no label and no idea, err on the side of caution!
- While the beds are more bare than usual, have a good look round for persistent perennial weeds such as dandelions. Dig down deep and get every bit of root out otherwise they will be back!
- Keep paths and patios clear of slippery leaves and on a dry day, give them clean - power hose algae killing product, a good scrub?

I think that's more than enough outdoor stuff to be getting on with. Now, how did you find the Christmas quiz? I must confess, I misplaced my answer sheet and it took a long time for me to work the anagrams out again! Anyway, here are the answers:

MACCNELY - CYCLAMEN STRAWEII - WISTERIA
TENLET - NETTLE SEAMYORR - ROSEMARY
PROSWOND - SNOWDROP SLAICONEAL - ESCALLONIA
EXUL - ULEX PAINTSIME - IMPATIENS
SNAYP - PANSY NOUSEYUM - EUONYMUS
SAXOIL - OXALIS MUTSTRAIN - NASTURTUM
LAMIUL - ALLIUM, PRODHERKOTE - RED HOT POKER,
MAINGURE - GERANIUM

The first letter of each of the plant answers can be rearranged to make NORWEGIAN SPRUCE, commonly used as a Christmas tree. Prince Albert is credited with introducing the Norwegian Spruce to England. I hope that didn't cause you belly ache over Christmas! Bye for now.....

Busy Lizzy



Community Composting

STEER has started to look at the possibility of setting up a composting facility as an amenity for the village. While many households can compost ordinary garden waste, turning it back into useful earth, large items like hedge trimmings and Christmas trees are more of a problem. Some households, with little garden space or a shortage of time or muscle-power, have to throw away even good recyclable material. The landfill sites at Tintagel and Lanivet will not continue indefinitely and disposal of waste will become difficult and expensive. It makes sense to recycle what we can at local level.

There are schemes that we can learn from but there are many regulations to be taken into account. What we need is a small group of keen people to go through the literature and come up with a possible proposal that can be put to the community.

If you are interested please contact Penny Manders on 880022.

Unwanted household items - free to anyone who can collect them

- Creda cooker (black finish with ceramic hob)
- Hotpoint dishwasher
- Flame effect electric fire (ideal to go in a fireplace space but without the mess)

All reasonable but
used condition

Call David on 01208 880236

Trelights Village Green Committee Annual General Meeting

will be held on Wednesday
March 21st at 7.30pm in the
Methodist Schoolroom,
Trelights. All are welcome.

The Committee is urgently in
need of new members, without
which the Xmas Lights in
Trelights could be at jeopardy.

St Endellion Climate Friendly Parish

As readers will know, we have been trying to get an idea of the 'carbon footprint' of the Parish and, as part of this, we are working with three students from the Combined University of Cornwall. Before Christmas we distributed, with them, a survey to every house we could find.

The survey guides you to fill in the way you use electricity and also whether you have space for planting trees and the like. Although we gave out nearly 800 forms, we know we have missed some people. If you would like one, please do contact Penny Manders (01208 880022) as she has a small supply. We have had some returned to the Co-op, but we do need as many as possible to give us a clear picture. So even if you have only done some of it, please do drop it in. At the same time you can collect your free energy saving light bulb and also get entry to the draw for the hamper, kindly provided by the Good Food Deli Café in Tintagel. The draw for this will be on 19th March when we hope to show the film 'An Inconvenient Truth' which is all about Climate Change. You can find out more about the film here <http://www.climatecrisis.net/>

As well as the projects on energy use in our homes, we have also been thinking about farming and climate change. A student with Cornwall College is working with a farmer in the Redruth area and will be coming up with some ideas for us to think about. It may be of interest that a major conference was held in January this year in Oxford on the theme of climate and farming in the UK and most of the presentations can be downloaded from <http://www.ofc.org.uk/pastpapers/pastpapers2007.html>

Another piece of news is that STEER (the St Endellion Economic Regeneration Forum) has agreed to host a meeting of all the businesses in the parish on how we can help them reduce their carbon use, through such things as energy saving, waste management and so on. If you are interested in this please contact me, email is best. More can be found on our website www.stendellion.com

The next steering committee meeting is on Monday 19th February in Port Isaac School Hall at 7.30pm. All welcome.

Magical Managers 2006/07

Division One

LW	POS	TEAM	MANAGER	PTS
1	1	MAYBEES	Tom Bishop	575
2	2	BADA BING	Paul Honey	551
3	3	SB MILAN	Scott Bennett	513
4	4	BABY BLUES	Karen Grills	474
5	5	COME ON LAMPARD	Rachel Grills	461

Division Two

LW	POS	TEAM	MANAGER	PTS
1	1	THE CORNISH PISKIES	Margaret Honey	576
2	2	EMMA'S NIP NIPS	Kevin Honey	539
4	3	BUNG'S DREAMERS	Kevin Gill	506
3	4	ALWAYS COMES LATE	Mark Forbes	497
5	5	WHATSS UP	Neil Pooley	487

Division Three

LW	POS	TEAM	MANAGER	PTS
2	1	WITHERDEN'S WARRIORS	Tim Witherden	517
1	2	FLY NAVY	Les Honey	515
6	3	PETROLE RUSSE	Mark Pattenden	487
5	4	THE SAVAGES	Sam Eaves	485
4	5	GILLER'S KILLERS	Alek Gill	483

Up to January 19th 2007 - 23 Games Played

CONCERNED ABOUT TOO MANY CARBS IN YOUR DIET?

For those of you who watch what you eat, *Trio* brings you the final word on nutrition and health. It's certainly a relief to know the truth after all those conflicting nutritional studies.

1. The Japanese eat very little fat and suffer fewer heart attacks than the British.
2. The Mexicans eat a lot of fat and suffer fewer heart attacks than the British.
3. The Chinese drink very little red wine and suffer fewer heart attacks than the British.
4. The Italians drink a lot of red wine and suffer fewer heart attacks than the British.
5. The Germans drink a lot of beer and eat lots of sausages and fats and suffer fewer heart attacks than the British.

CONCLUSION

Eat and drink what you like. Speaking English is apparently what kills you.

ITALIAN PASTA DIET - IT REALLY WORKS !!

1. You walka pasta da bakery.
2. You walka pasta da candy store.
3. You walka pasta da Ice Cream shop.
4. You walka pasta da table and da fridge.

You will lose weight!

a BIG welcome to Emily Brown
the new Trio cookery writer

eat my words!



February - what's in season?

Buy yourself a bundle of sweet rhubarb to brighten up a pie or crumble, serve with a dollop of cream or finest custard. The perfect antidote for a dark February evening.

choose the best

Go for firm, crisp, plump stalks with good colour.

store it

Rhubarb wilts quickly, store it in the fridge or cool larder and eat within a couple of days.

cook it

Stew it, poach it or roast it.

Rhubarb Crumble

serves 4

675g/1½lb rhubarb
50g/2ozs caster sugar

for the Crumble

85g/3ozs plain flour
50g/2ozs golden caster sugar
25g/1oz ground almonds
50g/2ozs butter at room temp

Heat oven to 200°C/gas mark 6.

Prepare the rhubarb: cut into 3cm/1½" lengths and stew very gently in 4 tblsp of water with the sugar until tender.

Tip into a shallow dish.

Prepare the crumble. Mix the flour, sugar and ground almonds. Then add the butter and rub together to make crumbs.

Spoon the crumble loosely over the fruit. Bake straight away for 25 minutes or until golden brown. Cool a little before serving with a dollop of cream or ice cream.

Rhubarb and Custard Muffins

makes 12

675g/1½lb of rhubarb
140g/ 5ozs light muscovado sugar
75ml vegetable oil
1 egg
zest of 1 orange, finely grated
284ml sour cream
300g/12ozs self raising flour
8 tblsp ready made thick custard
Icing sugar for sprinkling

Preheat oven to 180°C/Gas mark 4.

Prepare the rhubarb (as in crumble recipe).

Line a 12 hole muffin tin with paper cases.

In a large bowl, beat together the sugar, oil, egg, orange zest and soured cream until light and fluffy. Gently fold in the flour and rhubarb.

Divide the mixture evenly between cases. Press in the centre of each muffin to make a small dip. Fill each dip with a teaspoon of custard then smooth the muffin mix over the top.. Bake for 25 - 30 minutes or until risen, golden and oozing with custard. Sprinkle with icing sugar and best served warm.



Enjoy!

Next Month -

The Perfect Mother's Day Breakfast

emily brown

1st prize - Ellen & Dean Lanyon
(Hillson Close)
2nd prize - Ian & Sharron Fuller (New
Road)
3rd prize - Carole & John Bush
(Mayfield Drive)

Christmas Lights Competition

Thank you to everyone who took
part and the people who donated
prizes and gave donations.

A big thank you must go to a very
brave man, Mr Henry Symons, who
didn't hesitate when asked to be
the judge.

Mel Dingle

Port Isaac memories of a WWII evacuee

I was one of ten children, and my earliest memory is of sitting on the pavement outside Lionel Road School, Brentford, aged 4, with my brother Fred, aged 13, waiting for a coach to take us to catch a train at Chiswick. Dressed in my fawn raincoat with a label tied through the lapel with my name and address on it, Ronald George Harris, 308 Lionel Road, Brentford. We were among a group of evacuees and their parents and siblings – all with a little square box with a strap over the shoulder, our gas masks that virtually everyone had to carry. I can still recall the smell of rubber when we put them on in the classroom. They were quite tight fitting and when they were on for a few minutes the visor would steam up which made us all giggle as we looked at one another.

The train journey took most of the day as the train stopped at all the main stations to the south west and we arrived at Port Isaac Road Station, North Cornwall and boarded a coach for the short journey into the bay area, early evening. We were accompanied on the coach by a lady, a council official I think, and she took our group around the village to different addresses for billeting. Fred and I were the last two of the group and we found ourselves outside 13 Middle Street. When the door opened we were eyed up and down by this little old lady with a kind face who said, “Well, do you want to come in?” That was my first glimpse of a truly wonderful woman – Mrs Hancock. She sat us down and gave us something to eat and drink. This was the beginning of a new life for me, a very different world.

As a four year old my first school was a hall at the junction of the roads down to the centre of Port Isaac and Port Gaverne. Our teacher, Miss Dawe, had a habit of constantly saying “shush” even when we weren’t making a noise!! The school hall doubled as a dance hall and some Monday mornings after a Saturday dance, the floor was very slippery. We had great fun pushing our little chairs, jumping on them and sliding all the way to the stage.

We slept in small beds in Mrs Hancock’s attic together with Mrs Hancock’s gardener, John Glover. We went to bed with candles and always thought it funny watching John blow out his candle as his beard all fluffed up when he blew. One night he was having a problem doing it and asked Jim to do it for him. John, not a young man, died during that night and we came home from school to find him laid out under a sheet in the front room which bothered us for a few days as we had to pass by him on the way to the toilet!!

Mrs Hancock also owned a bungalow, built mostly of wood with corrugated iron roofing, near the top of Church Hill and when my two younger sisters, Maureen and Margaret, and my brother John joined me in Port Isaac we lived there. We had no electricity, an outside toilet, oil lamps for lighting and no radio but a fantastic view over the valley and village.

Mrs Hancock coped with us all. She kept two pigs and plenty of chickens so we always had plenty of eggs to eat. She must have been in her late seventies but would carry two heavy buckets of swill up a steep path each day for the pigs and we would feed the chickens.

We had the time of our lives in Port Isaac. The local fishermen would let us have use of their punts so long as you were ready when they finished the days fishing to scull them ashore. Come harvest time we all helped the farmers gather the corn. It was wartime and everyone mucked in as part of the war effort.

In the winter it was my job to get up really early to be down on the beach at 4.00am when the fishing boats would start coming in, loaded down with herring, so deep in the water you wondered how they didn’t sink. I would have an old newspaper ready and the fishermen would fill it with herring for four old pence. We had herring for breakfast, lunch and dinner but they were so delicious we didn’t care.

Wreckage, like big life rafts, from ships torpedoed by the U boats would often wash into the harbour. Kids from the village would swarm over them,

searching through the lockers that would still have all the survival rations in them—packs of hard biscuits, tins of corned beef, water bags, cigarettes and matches. Most of it was unusable, all impregnated with salt. One day, boxes of chocolates, hundreds of them, came into the harbour. We thought we were in heaven but it was useless - full of salt. One chap tried boiling the chocolates in a big saucepan and skimming the salt from the top, but to no avail.

One day while we were at school, the teacher said something was happening in the harbour and we could all go and look. A lifeboat with ten or twelve seamen was rowing very slowly in through the breakwaters. Obviously exhausted, they beached the boat just inside. The tide was out and one man, with a bottle in his hand, jumped from the bow, took a big swig and fell face first into the sand. The crew, from a Breton ship that had floundered on the rocks, were billeted round the village by the kind hearted people of Port Isaac.

So many memories. The local paper shop was run by Mrs Rowe and her son Jack. I recently met Jack when I was visiting Port Isaac with my family and after a cup of tea with him I then bumped into an old school friend, Shirley Collins - I hadn’t seen her for 65 years!!!

I was one of the lucky evacuees of WWII. My experiences in Port Isaac and the lovely people I met there will remain with me forever, especially that stalwart of a woman, Mrs Hancock.

*Ronald ‘George’ Harris
(known in Port Isaac as Roy)*

How to save money on heating oil

BoilerJuice is an independent on-line service for users of heating oil. It was formed by a family group who use oil for heating and decided to use web technology to bring oil users and suppliers together to get better prices. They are now the UK's largest web-based oil company supplying millions of litres to thousands of customers every month. Find out more by logging on to

www.boilerjuice.com

Holiday Memories



Church Diary Dates

Friday February 2nd (Candlemas)

7.00pm - United Benefice Sung Eucharist, St Endellion

Saturday February 3rd

7.00pm - St Kew Parish Supper, Parish Hall

Sunday February 4th

10.00am - Sung Eucharist, St Peter's, Port Isaac
6.00pm - Evensong, St Kew

Wednesday February 7th

7.30pm - Healing Eucharist, Menefreda Way, St Minver (David & Jenny Coltart's)

Sunday February 11th

10.00am - Sung Eucharist, St Peter's, Port Isaac (Canon Peter Larkin)
6.00pm - Evening Worship with Taize Chants, St Endellion

Thursday February 15th

7.00pm - Local Pastoral Ministers, St Endellion Church

Sunday February 18th

10.00am - Family Eucharist, St Peter's, Port Isaac (Revd George Fleming)
6.00pm - Evensong, St Peter's, Port Isaac

Wednesday February 21st (Ash Wednesday)

10.00am - Eucharist with Ashing, St Peter's, Port Isaac
7.00pm - Sung Eucharist with Ashing, St Endellion

Wednesday February 28th

7.30pm - Mothers Union

Thursday March 1st

7.00pm - Lent Course, St Endellion

Friday March 2nd

2.30pm - Women's World Day of Prayer Service, St Peter's, Port Isaac

Saturday March 3rd

10.00am-4.00pm - Celebration of Wholeness & Healing, Truro Cathedral

Monday July 16th

7.00pm - Licensing of new Priest, St Endellion Church

Many holidaymakers visit Port Isaac at Easter and many more will come during the Spring Bank Holiday and during the summer. I wonder what they will remember most about their stay in this beautiful part of North Cornwall. Will it be the weather, the beaches, the food, the people they meet and the things they do or, will it be the events which happened here in the past, events which still influence the families who live here, and shape the village we know today? Among them, tragedies at sea, the shipwrecks and drownings, the rescues and recoveries - those who lost their lives, those who were injured, and those who were saved.

We've just returned from a holiday on Jersey and what I will remember especially is the Island's past under enemy occupation. We visited the German underground hospital, now called the Jersey War Tunnels, which were built by the forced labour of Islanders and others, mainly Russians and Slavs. The latter were regarded by the Germans as sub-human and were treated abominably. Many of them starved to death and others died, and their bodies were left in the tunnels they were excavating. They died from over-work, illness, accidents and exhaustion. It was a salutary experience to be taken back to that time in the Island's history and to understand what the people had to endure between 1940 and 1945.

It was also very moving to be there the day following our visit because it was Liberation Day; the day each year when the Islanders commemorate and celebrate their freedom from German occupation on 9th May 1945. We joined the vast crowds filling Liberation Square for an open-air service, a re-enactment of the events of that historic day, with bands playing, Union flags being run up, and service men and women and members of other uniformed organisations marching in procession. In the crowd we spoke to a couple of men who'd been children on that day in 1945, and who remembered the hardships of those times, and the happiness and excitement of Liberation, with oranges and sweets being given out by British 'Tommies'.

Those who spoke at the service said they were glad that former enemies now visited Jersey as friends, but they also described vividly the privations and sufferings of those years, and emphasised the importance of remembering them, as well as of celebrating freedom. So my memories of this holiday will be not only of sun and sand and sea, but also of the evils of war and oppression, of the joy of freedom, and of the importance of remembering what human beings can do to one another, so that it may not happen again.

Cathedral Celebration of Wholeness & Healing

A remarkable woman will be the keynote speaker at this year's annual Celebration of Wholeness and Healing in Truro cathedral on Saturday 3rd March. Sister Frances Dominica is the founder of Helen House, Oxford, the first hospice for children with life-limiting illnesses. The work of Sister Frances and the House are currently being featured in a BBC2 series on Tuesday evenings - the series of eight programmes began on January 9th.

Last year over 300 people came to the Cathedral to take part in a variety of workshop groups on different aspects of the healing ministry and to join in an afternoon eucharist which included the laying on of hands. This year even more are expected to attend this ecumenical event, which will also, for the first time, use rooms in Truro Methodist Church. Workshop groups include one on stress, with the quirky title, 'How Would Jesus Chill?' Others include listening skills, childhood loss and grief, the therapeutic relationship in mental health, how to give support when a child dies, spiritual direction and the healing of the 'self'.

Those leading the groups include members of Cruse, the Samaritans and Penhaligon's Friends as well as a psychiatrist, a psychologist, a hospice chaplain and others with particular experience and expertise. The Very Revd Christopher Hardwick, Dean will preside at the afternoon eucharist and Bishop Bill will preach.

The day is organised by the Revd Judith Pollinger, Convenor of the Bishop of Truro's Healing Group, from whom further information and booking forms can be obtained on 01208 880181 or by e-mail at rev.judith@btinternet.com

Mrs Joyce Collins

Port Isaac has lost one of its oldest and respected residents. Joyce died unexpectedly after a very short time in Treliske Hospital. The funeral service took place at St Peter's Church, Port Isaac, followed by interment at St Endellion with her beloved husband Jack.

Mum was born in 1917 at the Market House and as a child moved to Trewetha Lane with her parents. In her early years she worked at Treharrock Manor. In 1934 she met Jack and later, in 1938, they married. They had two children, Joy and Barry. Mum was left a widow in 1963 when Jack died suddenly, aged 49.

Mum attended many of the events going on in the village. She was a member of the Golden Circle and also attended Trelights Chapel, which she loved.

In the year 2000 she had the privilege of switching on the Village Millennium Clock and I remember her saying she felt like the Queen when Sam drove her down to the Platt in his Range Rover.

Mum loved all her family including her grandchildren, great grandchildren and great great grandchild.

Joy and Barry would like to thank Judith for a lovely service, Andrew for reading the lesson and Janet for playing the organ. We had a warm welcome back at the Watershed where we met family and friends and Nan, as all the children called her, would have been very proud.

Joy and Barry would like to thank everyone for all the letters and cards and the beautiful floral tributes.



Joyce Collins was one of the most long-standing members of the Golden Circle and members stood in sorrowful and respectful silence at the meeting shortly after her death.

Not only did she join the Circle as soon as she was old enough, but she was invited to join the Committee in November 1970, when she was only 53. Joyce saw many changes, both in the Committee and in the activities of the Circle, but throughout she remained loyal and always ready to help. In 1977 she was given the task of sending birthday cards to all members on behalf of the Golden Circle. She eventually retired from the Committee in 2002 but continued sending the birthday cards to members, and running the raffle at each meeting, until her death.

For many years the Golden Circle arranged a holiday for members in Mark Prout's coach and Joyce enjoyed trips to such places as Bournemouth and Exmouth. In more recent years she very much enjoyed the trips kindly arranged for us by the Drekky Theatre Company. A modest and gentle lady, though a sharp observer, Joyce added much to the quality of quiet life in the village and will be greatly missed.

Many of her Golden Circle friends attended her funeral and appreciated the thoughtful arrangements made for the less active by the family. We extend our sincere condolences to all Joyce's family.

Penny Manders

Read George Steer's memories of Joyce on page 17

Kathleen Castle

David and family would like to thank everyone who contributed towards the £829.75 collected in memory of Kathleen at her Memorial Service. This has been donated to the RNLI.

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers

Tel Judith Pollinger on 01208 880181



The new altar frontal given to St Peter's Church, Port Isaac by Margaret Cann, in memory of her daughter Sharon. The Celtic Cross in the centre was designed by Father Michael. The altar frontal was dedicated by the Ven Clive Cohen, Archdeacon of Bodmin at Midnight Mass in the Church on Christmas Eve.

Trelights Methodist Chapel

The Chapel was almost full for the lovely Christmas Concert given by the Carn Awn Singers early in December. The varied programme, which included lots of favourite pieces, was much applauded. There were also musical items from Thomas, a young member of the St Minver Silver Band.

Completing the enjoyable evening was a delicious supper provided by the ladies and members of the Chapel. The concert party kindly donated the evening's proceeds of £132 to Chapel funds.

On December 5th the Christmas Fayre was held in the Schoolroom and, once again, was a great success. The hard work involved with preparations was well rewarded and the sum of £360 was raised, to be shared as usual between the Children's Hospice SW and the First Air Ambulance. Grateful thanks to all who contributed towards the occasion in terms of time, energy and donations – all vital, as always, in making this effort worthwhile. A special thank you to everyone who came along to support us.

Joan Murray

Hot up your Valentine's Night with an aromatherapy massage ...



Lost that loving feeling? Then why not treat your loved one to a sensual Aromatherapy Massage and watch your Valentine's night really heat up ...

What is Aromatherapy Massage?

Aromatherapy is a "hands on" treatment involving massage and the use of essential oils which are extracted from plants and help to improve health and prevent illness by de-stressing, re-balancing and relaxing the body.

What are the benefits of Aromatherapy Massage?

Aromatherapy Massage can help

- Alleviate aches and pains
- Reduce stress and aid relaxation
- Improve skin tone
- Improve sleep patterns
- Relax tense muscles
- Relieve back pain
- Aid digestion
- Eliminate toxins from the body
- Give an overall sense of well-being

What happens when I come for my treatment?

Before carrying out the massage, the practitioner will take a full medical history asking questions about diet, lifestyle and whether you have specific aches, pains or tensions you are concerned about. You will be asked to remove most of your clothes, leaving your underwear on and asked to lie down on a couch where you will be covered with large towels. The practitioner will discuss which blend of oils to use before your massage commences. The oils are then smoothed onto the body and the practitioner will use a variety of massage techniques with the aim of relieving aches and pains relating to the bone and muscle structure of the body leaving you with a general feeling of well-being.

How will I feel after my treatment?

You will feel very relaxed and it is advisable to rest and drink plenty of water. You should not plan to undertake any strenuous activity after this treatment.

Safety

Aromatherapy Massage does not take the place of conventional medicine. Always consult your GP for acute or infectious conditions, and problems of urgent concern. People with cancer are advised to see specially trained massage practitioners. Aromatherapy Massage is a complementary

therapy that works alongside orthodox healthcare, so expanding treatment options.

If you would like any more information on Aromatherapy Massage or any of our other

There are three good arguments that Jesus was Black:

1. He called everyone brother.
2. He liked Gospel.
3. He couldn't get a fair trial.

But then there are three equally good arguments that Jesus was Jewish:

1. He went into His Father's business.
2. He lived at home until he was 33.
3. He was sure his Mother was a virgin and his Mother was sure He was God.

But then there are three equally good arguments that Jesus was Italian:

1. He talked with His hands.
2. He had wine with His meals.
3. He used olive oil.

But then there are three equally good arguments that Jesus was a Californian:

1. He never cut His hair.
2. He walked around barefoot.
3. He started a new religion.

But then there are three equally good arguments that Jesus was an American Indian:

1. He was at peace with nature.
2. He ate a lot of fish.
3. He talked about the Great Spirit.

But then there are three equally good arguments the Jesus was Irish:

1. He never got married.
2. He was always telling stories.
3. He loved green pastures.

But the most compelling evidence of all - three proofs that Jesus was a woman:

1. He fed a crowd at a moment's notice when there was no food.
2. He kept trying to get a message across to a bunch of men who just didn't get it.
3. And even when He was dead, He had to get up because there was work to do.



Resolutions don't last!!

I have made my resolution for 2007 – not to be ‘a grumpy old man’! As with most resolutions, it’s not likely to get past January. I should like to start by writing my eulogy of Joyce Collins.

When I was young, ie during WWII, Joyce and my mother were great friends and Joyce spent many evenings in the cottage where I lived, ie East Cliff, opposite Little Hill. In those days family friends, who were not related, were given an honorary title, and so Joyce became Aunt Joyce and her mother was Aunt Mary to me and to my mother. Ladies, in particular, were either Aunts or Mrs. There were very few Misses, except the ladies who ran the Post Office. The Misses Bate and Hills and Jack and Peter Rowe’s Aunt (by birth), Miss Symons. We didn’t know their Christian names anyway. Harry Hills even went as far as calling us boys Mister George (in my case).

During the time that I was paid to teach I used the same ideal. I was Mr Steer and the students were Mr I reckon that if you expect respect then you should earn it, and giving students the correct form of address is part of the way of achieving that respect. It was not so at Sir James Smith’s Grammar School. Boys were addressed by their surnames, with one exception – a lad whose surname was Bastard!

Getting back to my eulogy. Joyce was always a very graceful woman and after an evening yapping in our cottage my mother would have to see her part of the way home, ie as far as First and Last. Joyce would then ‘take to her heels’ and run the rest of the way. Before Barrie was born, Joyce (I don’t recall the reason) slept for one night at East Cliff. Joy was an infant but could talk. How she could talk!! She was supposed to be a good sleeper. We had even borrowed a cot for her to sleep in. During the night she insisted that “Joy was a good girl!” and she liked “splitters and jam and cream!” Over and over again this monologue went on. Maybe it was because she had already had a nap and was woken by the raucous laughter.

At that time East Cliff did not have an indoor lavatory – along with many other cottages. Hence, each bedroom was equipped with a chamber pot (ever thought of where the term ‘chamber maid’ came from?). My mother had apparently put a liberal dose of Eno’s Fruit Salts in the bottom of the pot. Talk about having your fancy tickled!!!

We were only talking to Joyce at the RNLI lunch a few days before she died. We were not in Port Isaac on the day of her funeral, our children have started to organise us at Christmas.

2006 was a bad year for deaths. Mark Townsend was one. Inconsiderate, I think. He had such a good memory and there were so many things I should have asked him; and now Joyce. It wasn’t long ago that she and Win Honey used to walk to the seat at the top of Lobber – both well into their eighties. There are many who are less than half their ages and never get that far.

Cheerio Joyce, when the next do is on at the Church Rooms or the Temperance Hall (she was another who naturally called it that), it doesn’t seem conceivable that you won’t be there. Trelights Chapel has lost a stalwart, but you have left us some endearing memories.

George Steer

PS – My resolution hasn’t even lasted to the end of this item!

- 1. Did you know that the Gig Club has to pay £500 to keep their gigs in the Fish Cellars? Most communities sponsor their Gig Clubs. I know that very few (if any) young Port Isaac people row – but that is not the fault of the Club. Even if it was, I find £125/quarter quite extortionate.*
- 2. The Parish Council makes a great song and dance about being less profligate than other Parish Councils. By the time you read this, our Council will have held a meeting on January 22nd and the agenda only lists a couple of planning applications to discuss. The Council knows that their views are insignificant as far as NCDC are concerned, yet the meeting still goes ahead. What a waste of time and money – the rooms still has to be paid for.*

GOM

The Group is not dead, defunct or whatever. Moribund perhaps, but that is due to the inadequacy of the Chairman.

We did have an input into the Carol Concert at the Pottery and £210 was collected for CLIC. Thanks are due to Barbara and Bill Hawkins for the use of their premises, to Janet Townsend for playing the organ and leading the singing and to Nicola Williams who has done an excellent job in repairing the Band of Hope banner – she is a very, very good needle-woman. Thanks are also due to Liz Rowe for being a trio when Clarinda and Keith Truscott couldn’t make it and to the Fishermen’s Friends trio (who turned out to be a quartet) and finally to Ted Childs, who laughed at my joke.

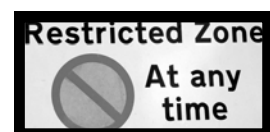
I was talking to Pete Rowe and we agree that there must be some correlation between the demise of Methodism and the decline of choirs in the county. If Pete and I say so, then it must be true!

As I’m trying to do better in 2007, the Group is going to start in February (16th at 7.30pm) with a talk on St Peter’s Church by Prof Andrew Lewis. He’s a thorough researcher and a fine speaker so please come along. It will be in the Church and a collection will be for Church funds. The Parochial Church Council has to raise large amounts of money annually and this is one way in which we can all help.

George Steer

Port Isaac Local History Group

Police Notice NO PARKING



There is **NO PARKING** at all, day or night, in Fore Street, Back Hill, Trewetha Lane and Church Hill. All these areas are clearly signed.

Keep our roads clear for emergency vehicles including our lifeboat.

Retying some of the GOM's granny knots!

Grumpy Old Man allowed himself rather a lot of rope last time and some of it needs to be trimmed a bit. As a maligned party I should like to retye some of his granny knots.

In the first place, I didn't know that the cottage I live in had two dwellings attached to it. What I do know, however, is that the main part of the present cottage is two cottages made into one, and that there was a third cottage, which burned down after the war, where the front patio is.

Now, the gritty bit. I know that Ted Robinson invented the name 'Squeeze ee Belly Alley' (nb 'Squeeze ee' meaning 'Squeeze your'). As Ted told it, a corpulent local was advising a visitor who was having difficulty getting through because he had a rucksack on his back, and said, 'Squeeze ee belly m'dear, like I do'. Ted had really wanted to run a business in Polperro that he thought was more commercial. Business people in Polperro used to promote 'The House on the Sticks' as a trademark and Ted thought that Port Isaac ought to have a trademark as well.

The Entry was a known feature but needed enhancement to attract the visitors, especially lucrative day-trippers, so he thought up the derogatory name, inspired by the names of similar narrow passages in other places. Ted knew his business and was comparatively successful. Trying to sell things to trippers is a pretty sordid business - look at the usual holiday gift shop. Fred and I, however, tried to run a shop selling decent, genuine locally-made items but lost out all the time to the shop next door which did a roaring trade in seagulls on pebbles and Cornish piskies in abundance - most made in Portugal or Poland but none Port Isaac. When I produced little bookmarks with my drawing of The Entry it was necessary to mention the dreadful name because that is what they were looking for. I did explain, though, that it was 'commonly' known as Squeeze ee Belly Alley.

With reference to the Village Hall. Where was George in 1974 when the Hall was decrepit to say the least? It was practically disused, and seemingly

abandoned by the people of Port Isaac. The gents toilet was full of spiders, cobwebs, and ivy. The name over the door was not 'The Temperance Hall' as I had known it in the 1940's but 'The Social Hall'! Thinking something needed to be done about all this, I applied for a position on the committee and, as the result of some low dealings by a couple of non-local residents, found myself in the position of Chairman. Checking the official Charity Commission constitution, it appeared that they had acquired the Hall from the Temperance Society and decided to make it available for use by all Port Isaac residents, without let or hindrance, etc, and that it was to be called 'Port Isaac Village Hall'. End of story.

Robin Penna

Bingo thanks

A very big thank you to everyone who helped in any way towards the wonderful total of £730 raised at the Bingo for the Mentally Handicapped on December 6th in the Church Room.

The money has been spent by the 'Friends of the Priory Day Centre' on a Christmas Lunch with a disco afterwards and also a trip to the Theatre Royal in Plymouth to see this season's pantomime, 'Snow White and the Seven Dwarfs'. These occasions have become an annual event, by popular request, and, for some of the clients, it is their only big treat of the year. The excitement and enjoyment make all the work that goes into fundraising very worthwhile. So, on behalf of the clients who attend the Priory Day Centre, thank you so much for your support, year after year.

*Janet Chadband
Vice Chairperson of the 'Friends of
the Priory Day Centre'*

INTERESTING ANAGRAMS

DORMITORY - DIRTY ROOM

PRESBYTERIAN - BEST IN PRAYER

ASTRONOMER - MOON STARER

DESPERATION - A ROPE ENDS IT

THE EYES: - THEY SEE

GEORGE BUSH - HE BUGS GORE

THE MORSE CODE - HERE COME DOTS

News from the Carn Awn Singers

The Singers were busy in November and December. On November 30th they sang for the St Minver Visually Impaired Club at the Percival Institute. A very appreciative audience enjoyed the mix of carols, songs from the shows and some old favourites.

On November 17th the Singers were delighted to have been invited to sing at the Eden Project as part of the "Time of Gifts" special Festive season. This was also their Children in Need event, which we all enjoyed very much. It was a new and exciting experience for us and great fun. The Team at Eden made us very welcome, looked after us very well and made a very generous donation for our chosen charity, The Children's Hospice (South West).

On December 11th the Singers had a very successful concert, at Trelights Chapel, before a large audience who remarked that they greatly enjoyed the wide selection of songs plus, of course, some Christmas carols. The special guest artiste was Thomas Howard, a talented young musician who very skilfully played the tenor horn. This was followed by a delicious supper which rounded off a very happy event.

The Singers will now be taking a break, recommencing practices in February in preparation for some concerts in the pipeline for the Spring. If in the meantime you are planning a concert or would like further information about the Singers, please contact Jane Sadleir on 01840 213796.

**If swimming is so good for
keeping weight down, why are
whales the size they are?**

**The most destructive
force in the universe
is gossip!**

Sleeping Beauty: a revue!

Laurel and Hardy, Abbott and Costello, Eric and Ernie ... Mark and Dee. There are just some classic combinations that fate throws together. However, Mark and Dee are now officially a 'ménage a trios' as THAT wig has become a permanent part of the act with a personality all of its own.



Speaking of which, Steve Appleby gave us another wonderfully understated performance - a masterclass of subtle characterisation giving us the whole range of emotions from evil to ... evil. His rendition of "Don't you wish your girlfriend was hot like me" has probably scarred George Cleave for life.

Dee, as Mrs Muppert, the domestic goddess, showed us that all you need to clean the palace were a flurry of feathers and a posh accent - and a French maid with a six o'clock shadow. Tout alors! Mark gave a marvellously convincing performance as that very French maid by adding that authentic dash of thong. It certainly gave us all an insight into "life below stairs", especially back stage.



And George - once again we were delighted that he agreed to join the pantomime. He managed to juggle college, ferreting and acting in a way that only the young can. We salute him for being prepared to be ridiculous with the rest of us. What a star!

Our two Sleeping Beauty "principals", Jo Stafford and Kathryn McDonnell, made us all be-

lieve that fairy tales can come true. Indeed if you live for 120 years and look that good, there's hope for us all.

After seeing Alyson Lorimer last year with straw tucked behind her ears I decided that the poor girl deserved a glamour break this year. The effect was slightly marred by the rather enthusiastic birthing 'pangs' and her total disregard for the baby which was thrown around the stage at regular intervals, but hey, she looked fabulous and got lots of pressies. That's us girls for you!

This year we were delighted to welcome Dave Morgan to our little band, bringing new and formerly unrecognised standards of acting. However, we soon acquainted him with our more 'comfortable' sense of urgency - "We've got ages yet to learn our lines" being the Christmas Eve mantra.

We were sad to lose Sam Lorimer to more important business (what can be more important than being a fairy?) but were surprised and delighted to discover new talent walking those mean streets of Port Isaac in the guise of Charlie Graham. After a shy and reluctant start (lasting all of five minutes), we realised that we were onto a winner. Those finely tuned legs were just made for a tutu - and a pink one at that. Billy Elliot, eat your heart out.

When Jenny Tiddy mentioned to me one night, way back in the summer, that she would like to be in the panto, little did she realise, in the sober light of dawn, that there is no escape. We've got you now girl! Well done! Marion too, despite every good reason to "rest" this year made a wonderful appearance as Simone Cowell and was duly booed off the stage for her efforts. Marion hastens to add that any opinions expressed were not her own and please direct any objections to the one on the telly.

Laurence and Jackie have gamely tackled everything thrown at them over the years. Our hats off to them for never flinching from the challenge and delivering us with enough video footage to threaten them with for the next ten series of "You've been framed".

We were all delighted to see the new youngsters, Jack, Victoria, Rosie and Annie and Cecile move into the spotlight. They gave wonderful performances too. It's good to know that we have such talent, and willingness to join in, coming up behind us. But not too good please, you're in danger of showing up the rest of us!

As usual the "littlies" gave us that extra pantomime factor. They all had stars in their eyes as they performed. Fantastic. We thought you all did so well.

There are so many other people to thank individually as well and I'll have a quick shot at it -

(Continued on page 17)

Sleeping Beauty: the Trio Theatre critic's view!

This review must start with the news that there will be **NO PANTO NEXT YEAR!!!**

"Oh yes there will", I hear you all cry. But alas, "Oh no there won't". After six years of making us all ache with laughter, Barbara and her Drekky Theatre Company are having a year off so that they can enjoy Christmas with their families. A nice sentiment Barbara, but have you asked the families if they want them?

Anyway, what a way to finish. This panto had it all – dodgy accents, transvestites, a King, Queens (more than usual), he she's and she he's, guest appearances by Simone Cowell, Slaphead Louis Walsh and Sharron Stone, no Fuller, no, the other one, Osborne, performing midgets (sorry, I mean children), small fairies, some slightly larger fairies who seemed to fit their costumes rather too well (and some of them seemed to get into character a little too much – Charlie the Post will never be the same again!), a joker with possibly the biggest bell you've ever seen and wearing trousers and shoes borrowed from his Dad, a ventriloquist's dummy and her dummy, a beautiful princess that snored like a train, a prince with a pair of thighs you could crack walnuts with and Alyson Lorimer looking very glamorous (but I think she over-acted the birth bit!!). And let's not forget the French maid, ooh la la! The way he threw those blonde locks was, it has to be said, quite exciting.

Yet again that multi-talented group of performers pulled off an entertainment extravaganza to a massed audience of some 500 people who, I am sure, went away aching with laughter, as I did. The impromptu moments are always the best so the cock ups, one liners and, of course, Billy's tumbling act only added a fantastic night's entertainment – all for a fiver!

Christmas 2007 will not be the same but I can't wait until panto season comes round in 2008.

The Trio Theatre Critic – The Lard Man

PS – To the unsung hero's and heroines (that's a female hero, not the other one) who prod, poke and prompt from behind the curtains, bar and in the heavens – Brilliant!

(Continued from page 16)

Sam Littlechild for making **everything** work, Liz Brown for lighting, Janet and Ian for the music, the Art Group for painting the scenery, Alan and Bill for making props, Dave BP for providing the sound system, Jeremy and Roy for being our Best Boys, Lizzie and Peggy for sewing costumes, Maggie and Kim for 'front of house'. And a special thank you to Dee for sorting out the tickets (!!) plus Ed and Bob for filming, Marion for make-up, Cathy for prompting and Robyn for coaching the children.

Over the past six years we have given many well-loved favourite pantomimes that "Port Isaac" treatment. Although I make the tea and cakes, I want to say that it is this bunch that bring it all to life. Putting on the pantomime has been the best fun and I love you all and think you're all brilliant!

At this point I must also pay tribute to the tolerance and generosity of our audiences. You take it all in very good part and turn up each year to support us and be duly insulted for your efforts. As yet no libel suits have landed at the door of the Drekky Theatre Co. Keeping one step ahead of the game, we're laying low next Christmas and all changing our names by deed poll. Hopefully by 2008 the cast will all be out for good behaviour and we will all once again tread the boards.

So Happy New Year from us all, may all your dreams come true!

Barbara Hawkins

Dear Trio

On a recent return visit to Port Isaac I was very interested to read about the activities of the St Endellion Renewable Energy group. I was heartened to see that there is some local interest in these issues, but dismayed by the fact that each household had been given a lengthy and tree-consuming document to complete in order to collect lots of data without actually achieving anything constructive yet.

I have a suggestion that would have saved all those trees, doubled the CO² emission savings target suggested (5% of annual domestic emissions) and made the people of Port Isaac fitter and healthier into the bargain! Did you know that, on average, driving one mile leads to the emission of 0.36kg of CO²? Therefore driving one mile less every day for a year saves about 130kg of CO². On the other hand, saving 5% of a household's annual average emissions, due to using electricity etc, amounts to 85kg. Seems like a good suggestion for a New Year's resolution to me - think about it next time you need to pop to the Co-op!

This is of course a serious issue too for all rural communities. What about public transport or the availability of alternative fuels? I think that these are far more immediate problems and ones that can make a much bigger difference than the odd low energy light bulb.

If you want to check your contribution to CO² emissions this website is very useful: www.nef.org.uk/energyadvice/co2calculator

Love to all my friends in the village,

Jeremy Thomas

HAVE YOUR SAY!

Letters to *Trio* should be sent to: The Editor,
3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN
Email: deesam@btopenworld.com

**Writers must include their full name and address -
anonymous letters will not be printed**

Middle age is when you look at your know-it-all teenager and think, "For this I have stretch marks!"

Note: This is an informal report and not taken from the minutes of the meeting.

This meeting was held on Monday January 8th at Port Isaac Primary School.

Planning Applications

The Parish Council made no observations on the following applications. The Case Officer for each one was Samantha Hewitt.

Application 2006/02443

Erection of extensions to east and west of the Coach House. Full Planning, Delegation Possible. Mr J Bishop, Long Cross Hotel, Trelights.

Application 2006/02444

Demolition of double garage and replace with double garage and store. Full Planning, Delegation Possible. Mr C Shepherd, 18 The Terrace, Port Isaac.

Application 2006/02344

Listed building consent for re-fixing and replacement of roof slates. Listed Building, Delegation Possible. Mrs E Watts-Lay, Morleys Cottage, 8 Church Hill, Port Isaac.

District Council approval has been given to replacing the old doctors' surgery with a dwelling; an extension to the rear of Fern Cottage, Roscarrock Hill; and a change in the access to the new annex at the rear of 'Signal Post'

Footpaths

Robin Penna reported on a meeting with Cheryl Cooper and Chris Monk, Footpath Officers from Cornwall County Council. The matters raised concerning footpath no 17 and the new arrangements for reimbursing the trimming were noted and a reply is hoped for in due course. It was said that the County Council had not increased the resources available for footpaths in spite of the indicated need for improvements to the network.

Councillor Collin Brewer has acknowledged the statutory duty of the County Council to have blockages removed from paths.

June Yates had inspected the problem between Bodannon and Tresungers and reported that the fence had been lowered and that Chris Monk is to arrange for a stile.

A new finger post has been installed at the stile and footbridge in Pinehaven valley.

Parish Council News

Cleaning the Playing Field

Subject to cost of this, which is to be announced, it was decided to accept an offer from North Cornwall District Council to extend the present village cleaning service to include the field. It was thought a weekly visit in the winter would suffice and three or four times in the summer.

Visit to Bodmin Recycling Centre

A visit of councillors is to be arranged for a Wednesday morning in February.

Clerk's Correspondence

Middle Street is to be closed for one week from January 15th.

The hill out of Port Gaverne towards Treore is to be closed for a week .

The B3314 road at Gutt Bridge is to be closed for one month from February 19th.

A County Highways Area Inspector is to inspect the entrance to Brenton's Park, Trelights.

There are no plans to introduce residents' parking permits in St Endellion. Cornwall County Council would only use such a scheme in large towns like Truro or Falmouth.

Next Parish Council meeting

The next monthly meeting will be at Port Isaac Primary School on Monday February 12th 2007 at 7.30pm.

Robin Penna

Past times PIPs February 1989

Sixties Night – This fundraising event was well attended and a good time was had by all. A total of £151 was raised for the Player's funds.

Air Ambulance - £300 was raised by the Port Isaac Singers for the Air Ambulance during 1988. In spite of the weather they performed weekly on the Platt during the summer and sold pies and cakes and then went round singing carols at Christmas.

RNLI – On February 11th a visit was made to Appledore Lifeboat Station where Port Isaac crewmembers joined an exercise in both Tyne Class and Atlantic 21 lifeboats.

The Port Isaac lifeboat will soon be returned from its annual checks and overhaul and is expected to be in service from March 15th.

Cliff Rescue – The team were called out to carry an injured person up from Lundy Bay.

February 1998

Playing Field Association – About two dozen people took part in the Fun Run/Walk on Boxing Day in aid of the newly formed group. They started from the Playing Field car park, down to Port Gaverne, then along the valley as far as the path up to Trewetha and then up the hill and through the mud to the main road at Trewetha and then back along the road to the car park. Councillor Dawe gave an official address on behalf of the association and all who took part received a certificate. Everyone then enjoyed very good (and welcome) mulled wine and mince pies.

Bess Coates

There is a very fine line between 'hobby' and 'mental illness'!



Brownies



News from the Port Isaac Brownies

A new year, new term and some new Brownies. Welcome to Cheyanne Everitt and Melissa Jones. We hope they have a wonderful time at Brownies.

Badges

We have finished our Craft badge, with lots of amazing things made. It has been so much fun - even if we were a little messy. We made salt dough, key rings, necklaces, rings, badges, posters and much more.

We are now working on the following badges:

Crime Prevention

The Brownies will be learning about all issues dealing with crime, including keeping themselves safe. We will be having a visit from Pc Malcolm Taylor, who will give a talk and answer questions.



World Issues

We will be looking at world issues and how they affect different children from all over the world.



Right to be me!

This is a badge, which comes in a set of six badges and is looking at different rights that affect us all. 'Right to be me' looks at individuals and how different we all are. We will be teaching the Brownies that all people are different and it does not matter what background or life they have, they are their own person and that is what makes them who they are.

Tree Planting

We hope to get our tree and time capsule planted this term, with thanks from Mr & Mrs Elgar, who have donated a tree. We still



need to find somewhere to plant the tree, so if you have any ideas let us know.

Trips

We hope to be going to the Recycling Centre in Bodmin. The Brownies will learn why we recycle and the benefits to be gained we get if we all do it. We will also be making things with recycled items, and having a guided tour of the centre.

A full pack

We now have 22 Brownies, which is amazing for such a small village. After Easter two more girls are joining us, making us a full pack with a waiting list of more girls wanting to join. If anyone wants their daughter put on the waiting list then get in touch.

New Responsibilities

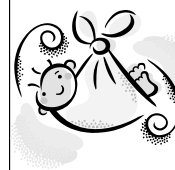
In Brownie's we work in Sixes and we now need to make up another six. This means lots of extra responsibilities for some Brownies and we would like to say congratulations to Ruth Pratt, who became the leader (Sixer) of the new six Kelpies. Sinead Tiddy has become the Kelpies deputy (Second). Jessica Cooke has become deputy for the Sprites. Well done to those girls who can prove they can be helpful and lead their Six into the new year.

Five Sixes

We currently have five Sixes - Imps, Gnomes, Elves, Sprites and Kelpies. Over the next few months we will be doing a lot of group work so keep reading the *Trio* for details.

THINKING DAY

Each year, on February 22nd, Girl Guides and Girl Scouts all over the world celebrate World Thinking Day. We will be celebrating with the Camelford District Brownies. We hope that you can also take a moment in that day to have a thought about the Brownies and Rainbows from Port Isaac and around the world and all those people who have kept guiding going all these years and will keep it going many years to come.



Congratulations to 'Cuckoo', Trevor, Jessica and Poppy on the birth of

Harvey Christopher.

He is our youngest honorary Brownie - we wish them all well, for the future.

 ★ Happy Birthday to Laura Pattenden -10, Holly Hambley -8, ★
 ★ Cheyanne Everitt -7, Yasmine Miller - 9 and Christina Jones - 9 ★
 ★*****

St Enodoc December 2006

Even me, ever the optimist, was a tad worried by the December forecast – heavy rain and gale force winds!! On some courses you would be tempted, but on the open fairways of St Enodoc, I don't think so. So, for the first time in our history, cancellation was an option. Thursday – forecast still bad, cancel. Friday – forecast getting worse, but there are golfers coming from France especially!! Well, I suppose the more stupid of us will have a go. Saturday – a faint glimmer of hope from the Met Office. Should I cancel? No was the general opinion of the faithful. So we decided to go for it, come hell or high water. And, lo and behold, the weather came good on the day and in a four and a half hour round of golf all we got was a five-minute shower of rain. I don't know what all the fuss was about!

A fantastic turn out of 19 golfers gathered on the first tee, aiming to tame one of Cornwall's hardest courses and, true to form, the majority of us got a good ass whopping from the old lady.

Events that happened on the course:

Both the Adonis and the Storyteller (Des Weston) sliced their tee shots at 45° angles off the second tee, straight across the first green and then both of them hacking across the fairway, trying to get to the second fairway.

Geoff 'Soft Top' Harris hit his tee shot so hard he broke his belt and he tried so hard to swing and pull his trousers up he almost put his back out and also flashed at two walkers and a course marshal!!

Billy played only like Billy can, up hill and down dale.

Unfortunately for Des he played in my group so he is going to get a special mention. After being present at the Lion the previous evening, I was privy to a telephone call between Mike 'Compo' Edkins and the Storyteller about a loft, a ladder and plenty of bruises and scrapes. To cut a long story short (thank God), Des fell off a ladder bruising himself in several areas, even the area where it made

PIGS on tour



breaking wind a painful problem!! But, being the martyr and epitome of true sportsmanship, he made the effort to turn up. This in itself was fantastic, but to make the supreme effort at 87 years of age surpasses all.

It was a long time ago but I faintly remember Andrew 'Petit Poonani' Grills won the Christmas Shield. The rest of the results can be found on Tim 'The Wobbly Albatross's' computer after he secretly filmed the dinner and presentation that was held at the Watershed. After witnessing the film I must apologise to Ceryn, Rachel, Nicki and Sue about the language. I didn't think that I swore quite as much! In fact, I think a lot of it was dubbed in and, may I say, quite poorly at that! A brilliant dinner prepared and served by Nicki and her crew. A fantastic end to yet another great Christmas event and, I think, another great year.

Trevone January 2007

Well, the New Year has come and I must say it didn't start well in the weather stakes. Slightly inclement conditions greeted the fourteen golfers who managed to make the effort to climb off the sofa and try to get rid of those few extra pounds acquired over the festive season.

The first duty for 2007 was a presentation to Steve 'The Golf Punk' Bunt. This presentation occurred because of Steve's antics at the Christmas 'do' concerning umbrellas and lots of laughter. The presentation consisted of a pink parasol that was signed by us all on the day. We hope that by the end of the year it will be signed by everyone. Now, I don't know what Karl gets up to in his house but, seeing the handle he said, "It's one of those things for getting your balls out" (I hope he was referring to water hazards).

Anyway, on to the golf course we go. Firstly, Geoff 'Soft Top' Harris decided to liven things up by doing a triple loop off the top railway sleeper and unfortunately not landing on his feet so only getting 4.5 on the Richter scale – he said he slipped but we know better.

The thought of spending a few extra quid deterred a few golfers from obtaining buggies (the money wasn't there because they had all bought their wives, girlfriends, mums and dads lovely Christmas presents). But a few of us who did succumb to the easy ride didn't let the side down as Dan 'The Enigma' Brewer will testify (or his dry cleaner will) as I managed to cover him in cold, muddy water – lucky you were in wet weather gear. Your second nickname will now be 'Wet Back'.

The second Brewer on course was Josh (aged 15) who, being a junior PIG virgin, played off 34, and managed to win the Stableford competition to the disbelief of us all. Now I played in his group and with those flowing blonde locks and slim figure he bore a remarkable resemblance to Mark Rowe's French maid in the panto – the only difference being, Josh has talent!! (There you go Mark, a mention in a PIGS report!).

Second was Daniel Grills and third was (despite his acrobatics) Geoff Harris. Nearest the Pin – Andy 'the Adonis' Penny. Longest Drive – Paul Honey's arch enemy, Steve 'The Parasol' Bunt

Course management doesn't just mean club selection, ball placement etc, it also means – now, prepare yourselves Ladies and Gentlemen – selecting a suitable bush or hedge to pee behind and, in a force 8 gale you have to be extremely selective.

The Lard Man

NEXT MATCH: NEWQUAY, FEBRUARY 12th, TEE OFF 10.30am



RAINBOWS



Rainbow birthdays in February
Shannon 6 -Feb 14th, Holly 7 - Feb 13th
Happy Birthday



We had an amazing end to our first term at Rainbows. We had a fantastic Christmas party and the rainbows ate, drank and played plenty of their favourite games. They also had a very special guest - 'Thank you Santa'.

Carol Concert at the Gaia Centre



Thank you to all parents and relatives who came and supported our wonderful girls as they sang their hearts out in front of over 200 people at the Gaia Centre in Delabole. They sang 'When you wish upon a star' and made us all very, very proud. The girls also made their special wishes for Christmas:

Esme R - I wish for everyone to have a special present at Christmas time.

Georgia - I wish everyone has food for Christmas.

Esme B - I wish everyone could have plenty of water at Christmas.

Holly - I wish everyone could have a lovely family Christmas.

Maisey - I wish everyone in heaven has a wonderful Christmas.

Shannon - I wish everyone could see a rainbow for Christmas.

Poppy - I wish my new baby to be born healthy and happy.

We know that at least one of these wishes came true - Congratulations to Poppy, Clare, Trevor and Jess on the safe arrival of baby Harvey.

We have made many exiting plans for the term ahead and can't wait to get started. We will be working towards our first badge - 'Right to be happy' - where the rainbows will learn what makes them and others happy and that everyone has the right to be happy.

We are also off to bottle feed the lambs at Carruan Farm.

We will looking forward to our 'Thinking Day' celebrations and will be hosting an evening of worldwide songs, play and food - look out for your invite!

We are also preparing to enter the 'Centenary Garden Show Celebrations' on March 17th in Wadebridge Town Hall. The rainbows will be entering decorated cakes, paintings and a junk model!

All the Rainbows and Magpie (Marie) will be taking their Rainbow Guide Promise very soon. This will be a big celebration for all and will involve the girls planning their first rainbow party. We will keep you updated!

Thank you for all the continued support. We still have a few spaces so if anyone is interested in joining us please contact Wren on 881038 or Magpie on 880977.



Frank Prescott & Beth Foote

We are pleased to announce that we are getting married on March 9th 2007

All friends are warmly welcomed to join us and celebrate at the Crow's Nest from 7.30pm onwards that evening

Youth activities group for Port Isaac

A youth activities group for St Endellion Parish is being set up. If it's going to work we need you! Please come along and show your interest - tell your mates and parents as well.

Your chance to tell us what you want

The next meeting is on Tuesday February 13th at 7.00pm at Port Isaac School.

Things already planned

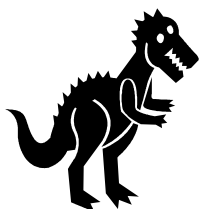
An activity day during the Easter holidays that will include a mobile skatepark - and what's more - IT'S FREE!

For further info please contact either Robyn Dummer on 880390 or Jenny Tiddy on 881038.

If anyone is interested in helping in any way or if any local business would like to make a donation please contact Robyn or Jenny.

schoolchat

news and views from
Port Isaac School



Dinosaurs!

This term miss Martin's class is studying dinosaurs and here is their Dinosaur poem



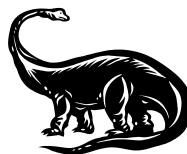
Dance of the Dinosaurs

One day the dinosaurs danced at dawn and at night.
Suddenly there was a terrible fright.
They rumbled and tumbled and crashed and smashed.
When all of a sudden there was an almighty flash:

One night the dinos threw a party
The fun had begun, they put up balloons
They gave up the spoons
Soon they were gone then crash!
So they were gone in a flash! *by Cheyenne Year 2*

One day the dinosaurs danced in the night then
they saw a super light
The super light hurt their eyes
Oh! What a big surprise! *by Edward Year 2*

The dinosaurs were gone in a flash
They rolled down the hill and
Had a crash. *by Esme Year 2*



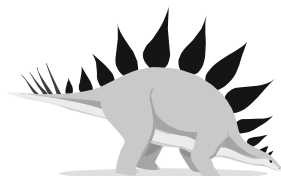
One day the dinosaurs danced and stomped
They liked to romp. *by Maisey Year 1*

One night the dinosaurs danced at dawn and in the night sky.
Then a stormy cloud went by.
They rumbled and tumbled all day.
The ground went around and around.
They smiled and on top of each other they piled. *by Mark Year 2*

One day the dinosaurs began to stomp.
In the lake they like to romp.
The dinosaurs fought and tumbled on top of each other
They rolled and rumbled. *by Poppy Year 2*

One night the dinosaurs had a night light,
and hurried and scurried and jumped and thumped,
The dinosaurs had a party at night they looked out the
window and they saw a starlight! *by Shannon Year 1*

In the desert there was a thump.
Because longneck had jumped! *by Taran Year 1*



Activemark 2006

This award comes from the Department for Education and Skills. We are very pleased to have been given this award for our delivery of the National Sport Strategy. They take into consideration our Sports Clubs after school, matches with other schools, attending events such as multi skills days at Camelford School, Sports Day, Wake Up and PE lessons in school.

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Wetsuit days.
Brilliant happy birth-days!

*Written by Angus Year 4 and
Jessica, Sinead, Holly H and
Liam Year 3*

*Happy
Birthday...
Birthdays celebrated
in January were*

- *Harry 8*
- *Holly 8*

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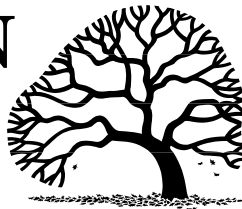
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Head Chef Ben Harmer

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Beef carpaccio with Cornish blue dressing and baby leaves

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PLUMBLINE
MAINTENANCE 93



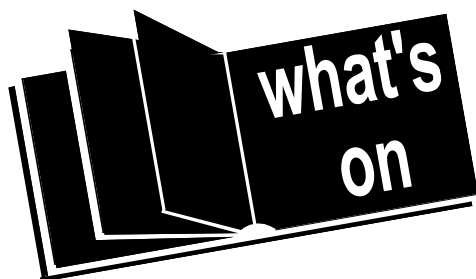
A. OBI



22 Hartland Road, Port Isaac, Cornwall PL29 3RP

TELEPHONE: 01208 880371

**When responding to an ad,
please mention that you
saw it in Trio**



Monday February 12th
'In the Bag' kerbside recycling collection – have your bags out by 7.00am

Parish Council Meeting at Port Isaac Primary School - 7.30pm.

Tuesday February 13th
 Youth Activities Group meeting at Port Isaac School – 7.00pm

Friday February 16th
'Conjuring up Comedy' with Ian Keable in Port Isaac Village Hall – 7.30pm

Local History Group Meeting in St Peter's Church – 7.30pm

Monday February 19th
 St Endellion Climate Friendly Parish meeting at Port Isaac School – 7.30pm

Monday February 26th
'In the Bag' kerbside recycling collection – have your bags out by 7.00am

Monday March 12th
'In the Bag' kerbside recycling collection – have your bags out by 7.00am

Saturday March 17th
 Port Isaac's Annual Hospice Day Sale and Lunch in the Village Hall

Wednesday March 21st
 Trelights Village Green AGM in the Methodist Schoolroom – 7.30pm

Monday March 26th
'In the Bag' kerbside recycling collection – have your bags out by 7.00am

Easter Saturday April 7th

Port Isaac Village Hall Auction

May 25th – 28th
 Port Isaac Music Festival

Saturday October 27th
 A Medieval Banquet in the Village Hall –



Trio Copy Dates for 2007

Issue	Copy Date	Publication Date
March	February 26 th	March 5 th
April	March 26 th	April 3 rd
May	April 23 rd	May 1 st
June	May 14 th	May 22 nd
July	June 18 th	June 26 th
August	July 23 rd	July 31 st
September	August 27 th	September 4 th
October	September 24 th	October 2 nd
November	October 22 nd	October 30 th
December	November 26 th	December 4 th

REGULAR EVENTS

Port Isaac Stay & Play Group – every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Leigh on 880745 or Marie on 880977

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jennie on 881038

Rainbows - every Tuesday from 4.45pm - 6.00pm, during term time, at Port Isaac School. Contact Jennie on 881038 or Marie on 880977

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Local History Group – The first Friday in the month in Port Isaac Village Hall. Contact George Steer on 01208 880754

Port Isaac Chorale – Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers – Every Monday at 8.00pm in Trelights Chapel

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

Learning Together - Every Monday during term time from 1.30pm - 3.15pm in Port Isaac Primary School. 3 and 4 year olds to come along with an adult

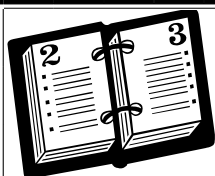
Thai Kick Boxing - Every Wednesday from 7.00pm - 8.30pm in the Village Hall. Contact Sal on 07875 698285

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am, Family Service every third Sunday at 10.00am
 Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
 Fellowship Service - last Thursday in the month at 7.00pm



Want to find out what's happening in the Village?
 Read your Trio and look on the Trio Diary page.
 Remember to make sure that your event is included here!