

TRiO

The Port Isaac, Port Gaverne and Trelights Newsletter • No: 272 • March 2007 • 40p

Port Isaac Hospice Day



This is no ordinary jumble sale ...
this is Port Isaac's annual fundraiser for
Cornwall Hospice Care

Saturday March 17th Port Isaac Village Hall
Sale starts 10.30am Lunch from 12noon

See you there

If you have anything to donate please drop it off at the Village hall on the morning of Friday March 16th between 9.30am and 12noon. Alternatively, we can collect it from you on that morning or call me on 01208 880905 to make alternative arrangements.

Also, on the same number (or call into *Secrets*) all offers of help – especially with the clearing up afterwards – will be gratefully accepted! And finally, can you make a cake (or two) or pies or jam or whatever your culinary speciality is? All offers of anything and everything on the above number. Thanks *Dee*

This issue

All the usual news plus

**Climate Friendly
Parish - p2**

**Nursery at Port Isaac
School - p3**

Join the SAS! - p3

Pet of the Month - p3

Trio shopping trip - p4

Village Hall News - p5

Our very own GOM - p6

Race for Life 2007 - p7

Twinning News - p8

Your Letters - p9

Golden Circle - p11

RNLI News - p13

Gig Club news - p14

Church News - p16

Eat my words - p17

**Parish Council
controversy -
pages 9 & 22**

**Want to be a
Parish or District
Councillor? -
pages 9 & 12**

**Situations Vacant - p15
Items for Sale - p11**

Environmental issues



Some 'green'
cleaning recipes from
Greenpeace

All-Purpose Cleaner

1/2 cup (125 ml) pure soap

1 gallon (4 litres) hot water

For a clean scent and to help cut grease add 1/4 cup (60 ml) of lemon juice.

This solution is safe for all surfaces, should be rinsed with water, and is very effective for most jobs. For a stronger cleaner, double the amounts of soap and lemon juice.

Disinfectant

Mix 50-100 ml of eucalyptus oil with a litre of water.

This can be used in a spray bottle, but remember to shake the mixture before using to disperse the oil.

Scouring Powder

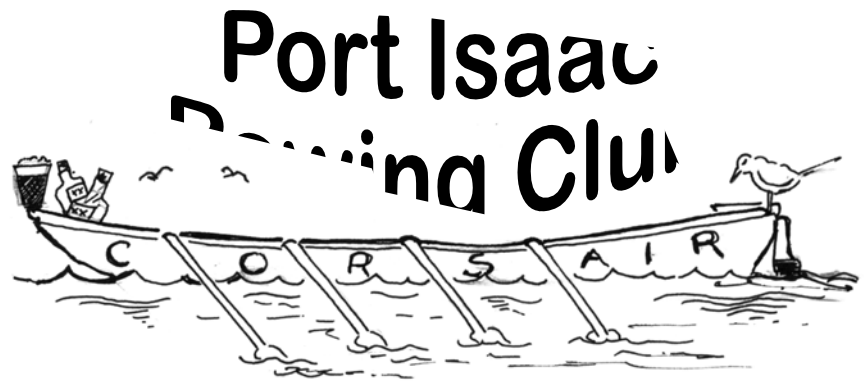
Use a firm bristle brush and scrub with pure soap combined with either table salt or baking soda.

Baking soda alone on a damp sponge is also effective on most surfaces. You can also personalize your scouring powder by adding an aromatic herb or flower. Put the ingredients in a blender and run until the fragrance has infused the powder.

For oven spills, scrub using straight baking soda or combine with the stronger version of the all purpose cleaner.

Ed's tip: Try the 'Wash-it Laundry Balls available from Lakeland. They are environmentally friendly, hypo-allergenic, safe and gentle and work really well, even at 30°.

Also try the chemical free drier balls that also seem to work really well!



On New Year's Day members of Port Isaac Rowing Club braved the wind and rain to do the annual gig push. The Push was started at Port Isaac. The Gig was pushed up Fore Street and continued up the main road to Pen-doggett and back around to Port Gaverne. The Push raised £700.

Membership is now due please

Family -£55.00

Single - £35.00

Social - £20.00

New members are always welcome, if you are interested in joining, or would like to come along and see what it is like, please contact Gail Morwood 07759170228 for more information.

Forthcoming Events

The new rowing season is about to begin with our pre-season diner being held on 17th March (venue to be decided). Please contact Clare Jon for more information. 01208 851448

The World Championships Isles of Scilly 5th/6th May

Our Gig Day will be held this year on the 4th August.

How to subscribe to *Trio*

For just £15 a year you can be one of the hundreds of people who have their copy of *Trio* sent to them in the post.

Just send your cheque, made payable to *Trio* to
Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN



Paul Johnson

(now Sunset Johnson ...!)

Recorded Live at
Port Isaac

Listen now at:

www.sunsetjohnson.com

Happy Days Nursery comes to Port Isaac School

Port Isaac Primary School is delighted to announce that, in conjunction with *Happy Days Nursery*, a new childcare centre will be opening on 16th April. We believe that this will be a wonderful asset to both the school and the village. *Happy Days* are renowned for their excellent standard of childcare, receiving glowing praise from Ofsted. All staff are fully trained or undergoing training. We also hope that, where possible, jobs will be filled locally (*please contact Happy Days if you are interested*).

The unit will offer the following full childcare packages:

- Pre-school childcare from 3 months – 5 years
- “Pirates” out of school clubs which cover;
Breakfast club from 7.00am for children up to 14yrs
After school care until 6pm for children up to 14yrs
- “Pirates” Holiday care for children up to 14years old every week day

There will be an **Open Evening at 7.30pm on Tuesday 13th March** at Port Isaac School. Robin and Sarah Karkeek from *Happy Days* will be there to answer any queries. You will be advised about relevant tax credits and free nursery entitlements for 3-5 year olds.

We are very excited by both the nursery and the numbers of children who have registered to start with us next year. We very much look forward to this new facility being a support for our school, families in the area and the wider community.



Please contact Port Isaac School for any further information and to register your children on (01208) 880494 or look at the *Happy Days* web site: www.happydaysnurseries.com

Join the SAS (Seriously Aweful Sinfonia)

A new musical opportunity has arisen for people who have often fancied playing in an orchestra but either never had the opportunity or perhaps have little experience or ability. For those who fit these categories, the SAS has the answer. Where is that instrument you played years ago? Get it out of the cupboard, or learn a new instrument – there are plenty of cheap ones for sale locally or on eBay.

A group of very rusty, aspiring or musically disadvantaged enthusiasts is in the process of being formed to do battle with the popular classics. There will be no age limit except that children will definitely be discouraged as they rapidly become far too good and would show up their elders and betters. Adult musicians, who know what they are doing, will be welcomed in the different sections, to help guide less experienced mortals. But they will need ‘courage under fire’ to withstand the terrible squeaks and scrapes that will inevitably be produced; the aim is to have a lot of fun and to become truly aweful!

The SAS will be loosely modelled on the RTO (Really Terrible Orchestra) based in Edinburgh. Having been in existence for over ten years, the RTO has established itself on the Scottish musical scene. Their concerts have included appearances during the Edinburgh Festival and at other distinguished venues. To appreciate their ethos, visit their website www.thereallyterribleorchestra.com



We hope to meet on Wednesday evenings at Camelford Community School, starting probably in March. For more details please contact either Liz Rowe on 01208 880457 or Dave Whitcombe on 01208 862317.

Pet of the Month Spot



Breed: West Highland Terrier
Age: 2 and a bit
Home: Port Isaac
Owners: Sam & Dee
Likes: Eating, digging and burying food (in case of famine), walking at Daymer Bay, sitting outside *Secrets* in the sun and being made a fuss of by everyone who passes, lots of cuddles
Dislikes: Water, Animals on TV
Best Friend(s): The two 'Ws' - Winnie and Wilf
Proudest achievement: Training my owners to the required standard to cater to my every need

Whoever said Accountants were boring?

As if by magic, Ian Keable, a follickly challenged man, appeared at Port Isaac Village Hall on February 16th. A mixture of locals and visitors were in to be entertained and Mr Keable didn't disappoint.

Dressed in a pin stripe suit he produced trick after trick and mind reading. With much audience participation (note to Sam Lorimer - sitting at the front can be dangerous). The first person he got up on stage was Daniel Lanyon (now to be known as 'Duh Duh Duh' Daniel - you had to be there to understand!) who was Ian's glamorous assistant for a trick involving a marked pound coin, a piece of paper and, in the end, six tiny envelopes. Other members of the audience cajoled into the act included Steve and his Rolex watch and Matt and his dictionary.

But the 'piece de resistance' was getting Sam 'Why did I sit here?' Lorimer and Richard 'God, I'm on stage in men's clothing' Hambly involved in a trick that had money and, unbeknown to them, hypnotism (*Ed: Mr Keable said it was not hypnotism!*). Everyone was totally blown away by the phenomenon (I'm sure it was hypnotism) that had Sam jumping off his chair at the mention of the number two and Richard being unable to move his chair from the stage and then getting his hands stuck behind his head. This in itself was fantastic but possibly the best trick of the night was actually getting Richard

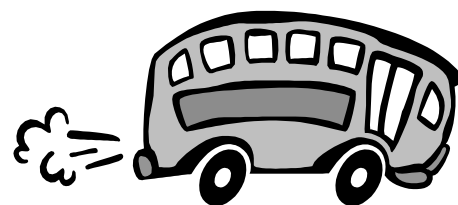
to part with a fiver for the trick in the first place.

So, if Ian Keable comes back to the Village Hall for a second visit, I, and the rest of the audience I'm sure, would highly recommend giving him a go.

*The Lard Man
Trio Theatre Critic*

'Conjuring up Comedy' with Ian Keable was organised by the Village Hall Committee in conjunction with the Carn to Cove Rural Arts scheme. This was just one of many great, professional acts that we have had in our Village Hall over the years. Why more local people do not come along is beyond us - Carn to Cove events are not fundraisers (although sometimes we do make a little profit). They are a chance to see first class entertainment in your village at an affordable price. Just ask anyone who has seen any of the acts - they will be full of praise. But we need your support to make it worthwhile putting in the effort of organising these events and staying on the scheme.

The Village Hall Committee



Trio trip to Clark's shopping village

Following the successful *Trio* Christmas Shopping Trip to Barnstaple last November, does anyone fancy a day out to the Clark's Shopping Village at Street, near Glastonbury?

No firm bookings have yet been made but the plan is for a trip on either a Tuesday or Wednesday at the beginning of May. To make it viable, at least 35 people need to take part and the cost would be £15 per person. We would need to leave the village at 9.00am to arrive by 12 noon and then leave at 4.00pm to be home by 7.00pm.

If you are interested please call me on 01208 880905 or 880862 or email: deesam@btopenworld.com

Confirmation of the trip (or not) will be in next month's *Trio*.

Dee

Port Isaac Village Hall

AGM

Thursday April 25th

in the Hall at
7.30pm

Everyone welcome

Port Isaac Village Hall Hall Hire Charges



All Hall hire rates be paid in advance

GENERAL USERS

£6 per hour

£1 discount for advance block bookings of six or more sessions

NON PROFIT MAKING PARISH CLUBS/ORGANISATIONS/
ASSOCIATIONS etc INCLUDING CHILDREN'S GROUPS

£5 per hour

£1 discount for advance block bookings of six or more sessions

ALL USERS - 24 hour period

£45

LICENCE/BAR FEE

£21

AMENDMENTS TO VILLAGE HALL

LICENCE (HOURS etc) AN ADDITIONAL

£21

REFUNDABLE DEPOSIT FOR PRIVATE FUNCTIONS

TO COVER BREAKAGES, CLEANING etc

£30

This will be refunded within seven days of returning the key after the Hall has been checked

Note: hire covers the Hall and Kitchen. Cups, saucers and teaplates, capots and kettles and boiler are kept in the kitchen for general use. In addition, plates and dishes are available, free of charge, on request.

Electricity & central heating are payable via £1 slot meter

Call Vanessa or Bill Isaacs on 01208 880098 for more info

Village Hall - latest news



It's been a little while since I wrote about our Village Hall so I thought I should bring you up to date on what is happening. By the time you read this our revised planning application will be in and should this time, fingers crossed, be approved. We have had to make a few simple amendments to the original plan to comply with conservation requirements so hopefully we should soon be able to get the project under way. Obviously this project is going to cost a lot of money and will have to be undertaken in stages, the first of which will include improving the access, rebuilding of the stone walls where required and the ground works and services for the new kitchen and disabled toilet extension - plans permitting this work will be done during the summer this year - yes, this year. We shall need to step up our fund raising activities and any offers of help, donations or fund raising ideas would be very much appreciated. Figures for the costs involved will be published as soon as available.

Our friendly neighbourhood electrician has promised to complete the last few remaining jobs early in March so that will be one less job on our huge list of things to do. Completion of this work will allow us finally to build the new bar which will offer a permanent, secure and hygienic facility. The roof section of the bar will be of strong construction and will offer a platform for uses such as video recording stage events, additional stage lighting area plus valuable storage space. The costs involved in the construction of the new bar facility will be funded by money raised at last year's Music Festival.



Did I say Music Festival? Yes I did, and it will be here before you know it. By popular demand we have changed the Music Festival from every two years to, yes you've guessed it (we must be mad), every year. This year's Festival will run from Friday 25th May right through until Monday 28th May. We are planning a few changes that should make the event appeal to a much wider age range. Events are being planned as we speak for the official opening on the Friday evening, live music in the Village Hall on Saturday, Sunday and Monday night, a steel band workshop in the Hall (all welcome) with a live performance as part of the live entertainment on the Platt on Sunday and Monday afternoon. More information will be published as soon as available but make sure you put the dates in your diaries as you would not want to miss the biggest event in the Port Isaac calendar.

I must at this point say a big, big, no huge thank you to the Village Hall Committee who, in my opinion, is the most dedicated and hard working bunch I have ever had the pleasure to work with. From attending meetings to working for free on the bar, from printing tickets and posters to gardening, from slaving away cooking to washing up, from lighting and sound to selling raffle tickets, I could go on but I won't bore you but all these jobs and more that are willingly carried out without any moans and groans. Once again THANKYOU.

COMING SOON TO YOUR VILLAGE HALL

Some more dates you may like to put in your diary are

- Thursday 26th April which is when we will be holding our Annual General Meeting in the Hall at 7.30 pm - you are all welcome
- Friday 31st August is the Village Hall Grand Auction - always a great night
- Saturday 26th October is a Medieval Banquet in conjunction with Port Isaac Illuminations - really just another opportunity for Dee to wear her panto wig.

Watch this space for more events coming soon.



Thankyou for taking the time to read this report and thankyou to all who continue to support our Village Hall.

Ian Fuller
Chairman



Does anyone fancy attending ballroom dancing classes in the Village Hall? Subject to interest, we are proposing a five week beginner's evening course in the summer.

Register your interest with Vanessa on 01208 880098.

FRANK McNICHOL ART GROUP FORTHCOMING EVENTS

'The Lamorna Artists'
Exhibition at the Penlee Gallery,
Penzance - March 27th

We will have a bus pick us up at The Pea Pod around 9.00am to 9.30am to arrive at the gallery in time for coffee followed by a look around the exhibition.

At 1.30pm those that want to can have lunch at The Admiral Benbow (those of you who came last time will remember The Admiral Benbow had really good food at a reasonable price) or go shopping etc. The bus will return about 3.30pm to 4.00pm, arriving home at Port Isaac about 5.30pm.

The cost of the trip, including the bus, entrance to the exhibition and coffee and biscuits is £10.

Please contact either Barbara on 01208 880625 or Sandie on 01208 880765 to find out more or book your place.

'Painting Landscapes with
Atmosphere' with artist
Ray Balkwill
April 18th in the Village Hall
This event is now full

More from our resident GOM

PPS There has been a car, registration number G765 EHG parked

Firstly I have to apologise to Port Isaac Fishermen Ltd for denigrating them in my last article. The Gig Club is charged the same rate pro rata as others who use the cellars. The amount is fixed by the owners of the cellars, NCDC.

This body purports to help local businesses and tourism. Funny then that local fishermen, bodies intent on providing sports facilities and locals and visitors in general are stung for as much as the Council can extract, eg car parking fees. I'm sure that NCDC would pass the blame on to the County Council and they in turn on to Central Government, but ... Apparently NCDC paid £5000 for the cellars and the tenants have to provide the upkeep. I think I have my facts right this time but the people who gave me the information are not often around to question and, probably, don't think it is of importance to 'outsiders' anyway.

Robin Penna also took me to task for remarks that I made. I'm glad he has admitted that the name Squeeze Belly Alley was Ted Robinson's invention for the alley way that locals called 'The Entry'. It is a little late however, as a number of books and magazines now refer to it as Squeeze Belly Alley. In umpteen years time people writing histories of the village will read such books and take it as true. Come on Robin! I always thought that you were interested in local history. By the way, being pedantic, the cottage that was burnt down was not there when I was a boy - so it must have been burnt down after WWI. One day I shall check local newspapers. The house in Polperro was, and is, called the Housed on Props. One final question; "Should history be subservient to the economics of tourism?"

If you want information about the cottage in which Robin lives then the person to talk to is Amanda Kent (I think she's called Burden now, her married name). Her grandfather lived in that cottage. Among his children was John Glover, a very, very good Cornish wrestler. In the 1930s he and a team of other wrestlers went to London to put on three shows a day at the London Palladium, inviting anyone in the audience to 'try their luck' in the ring with them, singly I must add. By the end of the fortnight the show was much better than when they had begun, according to the management. Amanda was telling me, with a great deal of pride, of her six sons and two daughters. One of her sons, Keith, has a PhD and works at Harwell. His son is at Cambridge University, so no wonder Amanda is proud.

Tomorrow I hope to go to the Parish Council meeting. David Phelps once told me that the extra meetings were primarily for looking at planning applications. That's how it may have begun, but not any more (*Ed: see page 9 and Parish Council news on page 22*). This time the Council is to be asked to give money towards the Nursery Class at the school and to the Youth Activities Group, both laudable aims but surely they should be part of the Agenda of the monthly meeting! I do not understand why people who have children in this modern time then want someone else to look after them. June Yates says I'm old fashioned. Martin Bell said exactly the same thing. So it must be true.

I went to the Council meeting and sat through a diatribe at the end of the agenda. With hindsight I wish I had got up and walked out.

George Steer

PS The Council voted almost £3000, mainly for Happy Days Nursery provision with some for the Youth Activities Group.

illegally at the top of Margaret's Lane, on and off, for months. The road tax ran out at the end of December last, but apparently all the relevant paperwork is in the post. We just cannot trust the Post Office nowadays. The car has already had one fixed penalty notice attached to it.

Other things I was going to moan about include:

- The ruining of SPORT by huge amounts paid by TV companies.
- The way in which Radio Cornwall has bowed to the ratings. It's like Radio 1 with vague local interests.
- The profusion of spelling and grammatical errors in newspapers - even the so-called qualities.
- The use of the space in front of our garages by persons working for the National Trust.
- The system that allows a woman and her second husband collect £16/hour from social security for doing nothing other than having children.
- Why consultants? If a firm needs to call in a consultant then someone in that firm is not doing his/her job.
- So called 'experts' in magazines and newspapers. As my late friend, Mark Townsend used to say, "If you like it, then it's good. If you don't like it, then it's not good!"
- They way in which public relations can influence a place or commodity, eg the Eden project.

George Steer

Trelights Village Green Committee Annual General Meeting

will be held on Wednesday March 21st at 7.30pm in the Methodist Schoolroom, Trelights. All are welcome. The Committee is urgently in need of new members, without which the Xmas Lights in Trelights could be In jeopardy.

News from the Carn Awn Singers

The Singers will be recommencing practices at the end of February in preparation for some concerts in the pipeline in the Spring and Summer. New items will be added to the repertoire.

If in the meantime you are planning a concert or would like further information about the Singers, please contact Jane Sadleir on 01840 213796



Race for Life 2007

Readers may remember that last year I took part in Cancer Research's Race for Life at the Eden Project. So many people said at the time "Oh! I wish I'd known you were doing it, I would love to have done it with you... oh well, maybe next year." Well folks! It is next year!

Registration has opened for this years races and I'm already signed up for the Eden race on Sunday 17th June at 7pm.

I thought I would give any one wanting to take part this year, but feeling a little bit nervous, the benefit of my experience from last year. You do not have to run. In fact, most women complete the 5km course with a combination of walking and running but a substantial number also walk the entire course. It is quite possible to get fit enough to complete the course in 40 minutes if you start a gentle training regime 6 - 8 weeks before the race. Two other considerations if you're going to take part. One is a pair of decent running trainers. I recommend the Cornwall Running Store on Trenant Industrial Estate, Wadebridge. They will check your running style and recommend types of shoes that will give you the best support. The other is a decent Sports Bra for much the same reasons, although I don't recommend anyone at a shoe shop checking your needs for that one!

I'm willing to help organise training sessions for anyone who is interested. I know I wouldn't have done half the training I did last year without my partner Liz Brown waiting at the end of Mayfield Road at dawn for me three times a week! However, the sight of potentially dozens of Port Isaac women walking, jogging, huffing and puffing around the St Endellion highways and by-ways all at the same time might be just too much for our men folk to resist (I'm not sure what they'll be resisting. Animal urges or the urge to laugh? Take your pick!).

So what I propose is this: Once you have registered, drop me a line either through my door or via e-mail alyson@pv03.freeseve.co.uk , or ring me on 01208 880962. Let me know whether you want to walk or run, what days are best for you, and what time of day (I prefer early morning - sets me up for the day). I will then match you up with a training partner and a training plan. After that, it's up to you.

But just imagine how brilliant it would be on 17th June to have a substantial number of us all running together - a sort of "Team Port Isaac". And I don't think there can be a much more inspiring route to do than around Eden. Yes, the course does have slopes but it's for a good cause and you will get fit if you train, even if you just walk it.

If you want to take part you need to register online at www.raceforlife.org . It will cost you £10 to register. Once you have registered, you will be given the opportunity to set up a fund-raising page on the web. I have already opened a fundraising page. It's <http://www.raceforlifesporsorme.org/sportisaac> I can add other team members to my page or you can start your own. Alternatively you can collect sponsorship in a more traditional way with a paper form and send off a cheque by post after the race - it's up to you.

So grab your bras and trainers! It's a great way to raise vital funds for Cancer Research UK's life-saving research.

**Training starts
in April - GO
SPORT ISAAC!**

Alyson Lorimer



**St Endellion
Climate Friendly
Parish**

Open Meeting

Monday March 19th

Port Isaac School

8.00pm

featuring
the famous Al Gore film,
'*An Inconvenient Truth*'

Hamper Draw

Your chance to meet
members of the group
and air your views
and ask questions

Refreshments

Everyone welcome

local information

Doctor's Surgery -
01208 880222

Repeat Prescriptions -
01208 880242

NHS Direct Helpline -
0845 4647

**Royal Cornwall Hospital (Treliske
& City), Truro -**
01872 250000

East Cornwall Hospital (Bodmin) -
01208 251555

Police (non emergency calls) -
08705 777444
PC Malcolm Taylor -
079680 87667

Parish Council Clerk -
Elizabeth Harris - 01208 880927

District Councillor - Bill Dawe -
01208 880253

Stranded seals/dolphins etc -
Bob Bulgin - 01208 880765

**Electricity - emergency
service - 0800 365900**

Water - helpline - 0800 1691144

Village Hall Bookings -
01208 880098

Samaritans
01872 277277

Rev Judith Pollinger -
01208 880181

RAINBOWS

PROMISE PARTY

What a busy time our Rainbows have had this month. Each and every Rainbow has been involved in the planning and preparation of their own promise party. The girls decided that their party should be a 'Valentine Pyjama Party' with face painting, balloons, heart shaped decorations and a pink cake with all their names on! - as you can see no detail was left to chance! The Rainbows even made their own invitations for family and friends and we were thrilled that so many of you came and witnessed the Rainbows make their 'Rainbow Promise'.



'I PROMISE TO DO MY BEST, TO LOVE MY GOD AND TO BE KIND AND HELPFUL'

Every Rainbow made their promise together and individually. Even our youngest Rainbows, who were very nervous, were really brave and made everyone very proud. WELL DONE ALL OF YOU. The girls are now fully fledged Rainbows.

ART AND CRAFTS SHOW

The Rainbows have also been busy with their entries to the 'North Cornwall Arts and Craft Show', which will be held in Wadebridge Town Hall on Saturday March 17th. Please pop along, if you can, and see all of our wonderful entries. The Rainbows have created a model, entirely from junk, of 'Brownsea Island' - this is an island where scouts and the guiding family have a lot of camps and expeditions. The Rainbows looked carefully at a map before creating their masterpiece. They also did some magic painting for the background with paintings of their favourite Rainbow activities and they all looked super.

In the next couple of weeks we will be decorating cakes to celebrate one hundred years of scouting and these will also be entered into the competition. So Good luck everyone.



THINKING DAY CELEBRATIONS

Each year the Rainbows join together with the brownies and guides, not only from Port Isaac but from the rest of the district, for 'THINKING DAY'. This year we joined together in Camelford and after a parade through the town, behind Camelford Town Band, we set about some really fun activities. We made cards, gift boxes, birthday flowers, decorated buns, made wishing leaves and learned a tune on the hand bells. A fantastic day was had by all. The Rainbows from Port Isaac had an amazing day and made some new friends as well.

WHATS AHEAD

We are looking forward to the weeks ahead. The Rainbows will be taking part in our very own 'Thinking Day' celebrations and will be rehearsing a play and learning new songs from other countries. We also have Easter to look forward to and as one of our Rainbows gets ready to leave us to join the Brownies we have another exiting party to plan!

THANKS

Thankyou to everyone for all your support. A special thankyou to all who came to the Promise Party, especially to Barbara for her wonderful face painting and to Karen and Mark for the wonderful photos at all our events. We would also like to thank the Drekky Theatre Company for their kind donation.

FOR ANY INFORMATION ABOUT PORT ISAAC 1st RAINBOWS PLEASE CONTACT MAGPIE (aka Marie) ON 880977 OR WREN (aka Jenni) ON 881038. We do still have a limited number of places available.

we need Parish Councillors who represent our views

Dear Trio

At the Parish Council meeting on 26th February the acting Chairman Malcolm Lee read out a two page barrack-room rant which was not on the agenda. He accused me of incorrect procedure over an email I sent to Parish Council lawyers on the Affordable Housing Project. and denied me the opportunity to reply. Former councillors and people who saw Malcolm Lee's performance at The Main meeting a few years ago will recognise the style. Whatever the outcome, I have made sure that all my emails were copied to the clerk of the council and other parish councillors with email addresses. I did nothing in secret.

However, another Parish Councillor has been writing emails in secret about the Housing Project and copies were obtained under the Freedom of Information Act. The writer's name was blacked out by NCDC because they don't want to be identified. The Parish Council have twice been asked that the author owns up. These emails include wording such as 'boxing clever' over land values; discussing the project at Trelights instead of in Port Isaac to discourage Port Isaac opponents of the housing scheme to turn up, and advice on how the District Council can get more housing by conducting another survey in two years' time. Until this person comes clean or is identified by NCDC every parish councillor is, in theory, suspect and steps are now being taken to ask the government's Standards Board to investigate.

Because of the sensitive nature of the housing project I have insisted that all correspondence about it is open to all Parish Council members and the public; it was always important to me that we were seen to be totally transparent. The Chairman, David Phelps again asked for a file with all correspondence to be created after our previous solicitor resigned. No such file has ever appeared.

What a shambles! But there is light at the end of the tunnel. An election of a new council takes place on May 3rd. The present council was elected four years ago without a public vote because insufficient candidates were nominated. The council is now about lot more important issues than seats, toilets and footpaths. If people want to have a voice on vital matters that effect them, this time there must be more candidates so they can vote for the ones who represent their views.

Barbara Bell, Parish Councillor, Port Isaac

How to become a Parish Councillor?

All the seats on the Parish Council are up for election on May 3rd and anyone who lives in or within three miles of the Parish can stand for election. If you are interested contact either the Parish Clerk on 01208 880927 or Carl Hearn at NCDC on 01208 893339. Another good point of information is the Association of Town & Parish Councils on 01872 260096 who will be able to give you any further information you require.

Letters to Trio

Why no plots for self-build?

Dear Trio

I attended the last Parish Council Meeting at the school to ask about the progress on the sports hall and houses at the playing fields. I was told that the Parish Council were in negotiations with West Country Housing Association to build houses on the site. I asked if there would be any houses suitable for first time buyers and was told that there wouldn't be any for outright ownership, but there would probably be some part buy/part rent schemes available.

I then asked if there would be any plots available for self-build houses. I was told no. My thinking behind this being that if anyone wanted to get on the property ladder, it may be a much cheaper option to buy a plot of land (at the same price as West Country Housing would pay) and build their own property. This would attract local people who already live and work here. It is virtually impossible for first time buyers to buy in Port Isaac. I don't understand the part buy/part rent option - but it most probably means that you would be tied into West Country Housing Association forever.

Perhaps the Parish Council could look into the project at St Teath where several affordable houses have been built. These are for sale on the open market with conditions for occupation - making them ideal for local, first time buyers.

I would be interested to hear anyone else's opinion on another West Country Housing Estate being built in the field.

*Jill McDonnell
Port Isaac*



Riding for the disabled North Cornwall group

We rely on local people to volunteer to assist us in providing support to disabled people of all ages and abilities to experience the joy of riding, providing proven mental and physical benefits.

Can you help? We require volunteers for just a few hours a week and we are sure you will find this time rewarding.

Please contact Yvette on 0845 241 6377 to find out more.



HAVE YOUR SAY!

Letters to *Trio* should be sent to The Editor,
3 Trewetha Lane,
Port Isaac, Cornwall PL29 3RN
Email: deesam@btopenworld.com

**Writers must include their full name
and address -
anonymous letters will not be printed**

St Endellion Climate Friendly Parish

Thank you to all those who have so far completed the survey. The students from the Combined University of Cornwall are currently analysing them and their results will be reported later in the year. It is not too late to return your survey to the Co-op. If you cannot provide all the information requested, do not worry. Any information that you can provide will be gratefully received.

We are very pleased that the project is receiving interest from elsewhere. Landrake with St Erney and Withiel Parish Councils have both asked for information about what is being done here.

Peter Burton from the Rural Community Council will be visiting Port Isaac on March 15th to see the village and discuss the project.

On Monday March 19th we are holding an Open Meeting at Port Isaac School at 8.00pm.

We will be showing the famous Al Gore film about climate change, *An Inconvenient Truth*.

**It's not the jeans that
make your bum look fat!**

Trio is issued eleven times a year and is available in local shops or by post -£15 a year in the UK. Overseas rates on application.

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

To advertise in the *Trio* telephone 01208 880905

Published by Sam & Dee Littlechild
Calenia, Trewetha Lane,
Port Isaac, Cornwall PL29 3RN
tel/fax:

01208 880862/880905

Email -

deesam@btopenworld.com

PRINTED BY

WAKEFIELDS OF CAMELFORD
Tel/Fax: 01840 212562

This is also when the draw for the hamper, donated by the Good Food Deli in Tintagel, will take place.

This will be an opportunity to meet and discuss with members of the steering group anything you might want to know about the Climate Friendly Parish project. Everyone is welcome and refreshments will be served.

Lesley Paddock



Congratulations
to
Paul and Debs
Pring
on their
Silver Wedding
Anniversary

They were married on
March 6th 1982 at St Peter's
Church, here in Port Isaac

Love and best wishes from
Mum (Joan Murray)
Allan, Keith & Janet
and family

Local Walks & Maps

Robin Penna's books of walks, maps and local information have now been revised and republished and are for sale in *Secrets*.

A Quick Look Round Port Isaac

(a brief guide for visitors to help them enjoy the village) - £2

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish with lots of useful local information) - £3

Local Footpath Map - 50p

By popular demand, Robin's more detailed book,

A Short Guide to Port Isaac

has been updated and reprinted and will be on sale during March



Golden Circle wins again!

The annual joint meeting with St Minver Senior Circle is always a happy occasion. This February we were the hosts and much preparation went into making our visitors welcome. We particularly thank Janet Townsend, who led us in the community singing, Melanie Dingle and Vanessa Isaacs who were invaluable helpers as 68 people sat down to tea, and not forgetting the Kick Boxers who put out the tables for us and Sam with the microphone. Peggy Hills and her helpers made lovely table decorations, Brenda Thomas arranged a mammoth raffle, many people brought food and prizes and Mary Reid was a heroine with the washing up.

But pride of place must go to our quiz team of Bess Coates, Peggy Cantello and Ian Honey. Four years ago St Minver rashly challenged us to a general knowledge quiz and their parish council gave a smart trophy. For three of the four years our intrepid quizzers have won the competition by a very substantial margin and, once again, the trophy will grace the mantelshelves of our victorious team.

The St Minver club has just acquired equipment for short-mat bowls so perhaps next year the challenge will be a more physical one! Meanwhile, we continue to meet the challenge of the really difficult access to the Village Hall, which is in every other way a delightful venue, and invite anyone old enough to enjoy the meetings to join the Golden Circle. Our next meeting, on March 8th at 2.30pm, will include an illustrated talk by Mary Murfin from the Children's Hospice South West.

Penny Manders

A HUGE THANKYOU

To the Port Isaac Coastguards
For their superb rescue of 'Trixie'
on Tuesday February 20th from the
cliffs over Port Isaac Harbour.
You were amazing!

Words cannot thank you enough

From 'Trixie'
+ Hannah + Family (Mayfield Road)



St Endellion Parish

Hospital Voluntary Car Service

The residents listed below offer their services as drivers. If you require transport you telephone one of them directly to make arrangements.

Bolton - 880218 * Bulgin - 880765 * Childs - 880322

Cooke - 880256 * Dean - 880685 * Dougall - 880963 * Isaacs - 880098

Murray - 880861 * Raynor - 880581 * Watson - 880298

Contributions required:

Plymouth	£30*
Hayle	£30
Falmouth	£30
Truro	£24*
Redruth	£24
Newquay	£20
St Austell	£20
Bude	£20
Bodmin	£14
Wadebridge	£10

Please note:

1. This car service is for residents of St Endellion Parish only
2. You are asked to give a minimum of 48 hours notice when requesting transport
3. The service is for appointments only (not for those visiting patients)
4. It is for people who have no other transport
5. The charges are for the round trip and not half journeys if you are to stay in hospital
6. * Plus any car parking charges (in addition to contribution)

No children aged under 6 years can be carried in our cars - new law, Sept 2006

ANY PROBLEMS CONTACT TED CHILDS ON 01208 880322

For Sale

Piano Stool

with lift up seat for storage
£10 to be donated to Port
Isaac Hospice Day

**Call Dee or Sam on
880905 or 880862**

For sale

**One armchair from a suite
in excellent condition**

£15

Phone 880541

FOR SALE

STRONG GREY STEEL

SHELVING with eight shelves three feet by fifteen inches, four six-foot high corner uprights, and all nuts and bolts. £30.

FOUR GARDEN CHAIRS

good condition and one garden table in not such good condition. £10.

SMALL BOX OF MOTORCYCLE

TOOLS: King Dick double-ended ring spanner - 18/19mm; set of open double-ended chrome vanadium spanners - 10/11, 12/13, 14/15, 16/17, 18/19, and 20/22mm; two double-ended box spanners - 10/11, and 12/14mm; two sets feeler gauges, three tyre levers; screwdrivers, pliers, fuses, tyre tread depth tester, etc. £25.

CASIO DIGITAL CAMERA

QV-199, in soft case, software, connecting cables, ac adaptor and instruction book. £15.

OFFICE PENCIL SHARPENER AND LETTER SCALE. £7.50 for both.

FOLDING DINING ROOM TABLE BY 'REMPLOY', 32½ inches by 8½ inches closed - 32½ inches 57½ inches fully opened. £30.

2 WOODEN TABLE LAMPS. £5.

2 ELECTRIC HEATERS £5 for both.

BOX OF DRINKING GLASSES. £10.

BRAUN MR555CA FOOD MIXER. £5.

SMALL YAMAHA PSR-73 KEY-BOARD with manual. £15.

Reasonable 'nearest offers' accepted.

**Robin Penna, 9 Dolphin Street.
01208 880292**



Victoria Redman
Photo donated to the RNLI by APEX

Once again 12 year old Victoria's artistic talents have raised funds for the RNLI. Victoria, who is from Kent, has formed a close involvement with Port Isaac RNLI. A regular visitor to the village, she is a member of the junior division of the RNLI and for the past two and a half years has been fundraising for the Institution.

Over this period Victoria has created her own range of greeting cards from which she has raised over £400. On this occasion she proudly presented Port Isaac RNLI with the results of her latest efforts in the form of a cheque for £150.

However, support for the RNLI is not exclusive to Victoria within her family. Her elder sister, Sarah Jane now 17, is Charities Prefect in her final year at Tunbridge Wells Grammar School and has been instrumental in the choice of charity for the school to support - this term it is the RNLI. A number of events have been organised and run by the girls and they are currently on line to raise well over £1,000 with a target of £2,000.

The latest National Rescue Statistics for the RNLI report year 2006 as the busiest year, which has been a continuing trend over the past three years. Lifeboats were launched a total of 8,377 times, the highest annual number to date, and rescued 8,015 people.

The equipment for our Inshore lifeboat crew here at Port Isaac costs £1136 each and the D Class Inshore fully inflatable boat costs £29,000.

A call put out by the RNLI for students, office workers and pub goers in the South West to take up a Fund Raising Challenge as part of the annual SOS Day on January 26th was taken up with great enthusiasm by the St Kew Inn. Port Isaac RNLI Crew and Committee were invited to support publicans Justin and Sarah Mason in an evening combining a specially priced Dinner, from which they made a donation to the RNLI of £5 from each meal, combining the evening with a raffle, auction and music.

Local traders, private individuals and artists generously donated gifts ably auctioned by Postmaster General and Auctioneer Extraordinaire, Jon Cleave. A stunning designer necklace by Countess Pinky le Grelle and a special edition fine art reproduction of an evocative painting showing the Port Isaac historic pulling Lifeboat titled 'For those in peril on the sea', by well known marine artist Les Henson, attracted some very keen bidding from the record turn out of supporters packing the St Kew Inn, door to door.

The Star Raffle prize, generously donated by Sarah Mason's family, offering a week's holiday for up to ten in a beautiful chalet in the mountain area of the French National Park was won by long time supporter and friend of Port Isaac RNLI, Jamie Hunter - a great reward for his weekend visit and good news for Jamie's friends.

A cheque for £2331.70, raised from the event, has been presented by the landlord to our Station RNLI representatives.

Dates and events

Our Committee have completed the diary of Port Isaac RNLI events for this year -

ANNUAL PORT ISAAC AGM - Thursday March 29th at 7.30pm in the Village Hall. All are welcome. Your chance to come along to meet the Crew and Committee and catch up on current RNLI news. Refreshments.

ANNUAL LIFEBOAT SERVICE - Sunday June 17th at 12 Noon on the Harbour Platt. St Breward Silver Band in attendance.

OUR EVER POPULAR PORT ISAAC ANNUAL RNLI FUN DAY IN THE HARBOUR - Sunday August 19th commencing 11.00am. Helicopter, RNLI Crew and Coastguard Officers demonstrating their combined rescue skills, numerous stalls, running Pimms and Sharps Bar, Gig Rowing, Tug of War, lots of fun and games for the children.

HARVEST FESTIVAL - Friday October 12th - venue to be confirmed so watch for announcement in *Trio*.

CHRISTMAS MARKET - Saturday December 1st - starts at 10.00am in the Village Hall. Father Christmas, mince pies and many festive market stalls. To avoid disappointment if you want a market stall make your booking early - contact either Annie Price on 01208 880386 or Sandie B on 880765.

GOSH! Where has that year gone?

Station Refurbishment

The Station refurbishment programme is now coming on with everything starting to look very smart and Bristol Fashion with new crew lockers and redecorated crew room. Note what a beautiful varnish job Trevor and his crew have carried out on the main station doors and the two new memorial window/display cabinets positioned either side, funded by friends and family of Doc Martin film crew member, John Coleman, who tragically lost his life whilst working here in 2005

Honorary President to visit

It is good to hear that ex Hon Secretary of Port Isaac Station and current Honorary President, David Castle, will be visiting the village during the week of May 9th. No doubt many a salty yarn will be shared with his many friends here in the village.

Bob Bulgin
RNLI Branch Chairman

Going to Church doesn't make you a Christian any more
than standing in garage makes you a car!

In the beginning

In the beginning God covered the earth with broccoli, cauliflower and spinach, with green, yellow and red vegetables of all kinds so Man and Woman would live long and healthy lives.

Then using God's bountiful gifts, Satan created Dairy Ice Cream and Magnums.

And Satan said "You want hot fudge with that?"

And Man said "Yes!"

And Woman said "I'll have one too with chocolate chips".

And lo, they gained 10 pounds.

And God created the healthy yoghurt that Woman might keep the figure that Man found so fair.

And Satan brought forth white flour from the wheat and sugar from the cane and combined them.

And Woman went from size 12 to size 14.

So God said "Try my fresh green salad".

And Satan presented Blue Cheese dressing and garlic croutons on the side.

And Man and Woman unfastened their belts following the repast.

God then said "I have sent you healthy vegetables and olive oil in which to cook them".

And Satan created fried doughnuts

And Man's cholesterol went through the roof.

Then God brought forth the potato, naturally low in fat and brimming with potassium and good nutrition.

Then Satan peeled off the healthy skin and sliced the starchy centre into chips and deep fried them in animal fats adding copious quantities of salt.

And Man put on more pounds.

God then brought forth running shoes so that his Children might lose those extra pounds.

And Satan came forth with a cable TV with remote control so Man would not have to toil changing the channels.

And Man and Woman laughed and cried before the flickering light and started wearing stretch jogging suits.

Then God gave lean beef so that Man might consume fewer calories and still satisfy his appetite.

And Satan created McDonalds and the double cheeseburger.

Then Satan said "You want fries with that?" and Man replied "Yes".

And Satan said "It is good." And Man and Woman went into cardiac arrest.

God sighed and created quadruple by-pass surgery.

And then Satan chuckled and created the NHS.

**If computers get
too powerful, we
can organise them
into a committee...
That'll stop 'em**

Air Ambulance Charity Shop
Delabole



During January a successful sale took place to try and make some space on the rails for spring - although at the time of writing this we seem to be back to Winter. However as someone recently remarked, we do get the four seasons, sometimes all in one day!

Sales and donations in January totalled £1123.10 gross and this included the following:-
£150 received from Mr & Mrs Moffat of Boscastle
£80 received from an anonymous donor
We would like to thank them for their generous donations.

The last few weeks have been a very sad time because, as many of you know, Leo and Joyce Henderson recently passed away. They were very involved with the organising and day to day running of the shop and will be greatly missed by the volunteers and customers. Our sincere condolences go to the family.

Opening times for the shop are displayed on the door but are, of course, subject to the availability of volunteers.

**A husband read an article
to his wife about how
many words women use a
day... 30,000 to a man's
15,000.**

**She replied, "The reason
has to be because we have
to repeat everything to
men. "What?", her
husband asked!**



News from the Port Isaac Brownies

Happy birthday to Cheyenne 7, Laura 10,
Christina 9 and Freya 8

What a fun February we've had! We only had three meetings so not too much to report on. Firstly we want to say a HUGE thank you to the Drekky Theatre Company for their very generous donation - we are a voluntary organisation and with 24 eager Brownies turning up each week and we are very grateful for any financial support.

Crime Prevention Badge

We are currently working on our Crime Prevention badge and had a very informative visit last month from PC Malcolm Taylor. We talked about a lot of issues including keeping ourselves and our possessions safe. It was very interesting and certainly got us all thinking about ways we can all help prevent crime.

'Right to be me' Badge

We are also continuing work on our 'Right to be Me' badge. As part of this we have had a fun filled meeting playing games together to make us all realise that no matter what differences we all have in life, we all have the right to be who we want to be and we are all equals.

Party

For the last meeting of term all the Brownies put on their best party clothes and we danced, ate and played games all evening - oh what fun!

Coming up!

We're going to be doing some fundraising next term and we're planning a Spring Coffee Morning and also a joint Bingo evening with the Rainbows, dates yet to be finalised. We've got another Easter Egg hunt planned and we're also off to the Recycling Centre at Bodmin as part of our World Issues badge. Watch this space!

Cuckoo

SITUATIONS VACANT

Cleaner/caretaker

required for 2 bedroomed holiday cottage near Port Isaac

telephone
01935 881266 evenings

Vacancies

HOUSEKEEPING ASSISTANTS PORT ISAAC

We are a friendly, upmarket hostelry seeking committed assistants for general housekeeping duties from April to October.

You will be flexible with tasks such as bed changing, laundry and assistance with breakfast or evening meal serving and clearing, according to your availability.

In return we offer an excellent £7.50 per hour for six fixed hours (Friday and/or Sunday, 9.30am-12.30pm) plus 3-18 extra hours on a flexible basis.

Own transport desirable.

Please contact Jane or Julia on 01208 862003 for further information.

Jill McDonnell

would like to thank everyone who sent cards and flowers after her stay in hospital. So many people phoned asking if I needed anything in Wadebridge or Truro and it was very much appreciated. It's at times like this when you realise what a wonderful place Port Isaac is to live.

TALKING NEWSPAPERS



North Cornwall & District Talking Newspaper Association produces a weekly 90 minute audio tape comprising local items from the Cornish Guardian and Western Morning News. These tapes are sent (and returnable) completely FREE to those who are visually or otherwise impaired and so are unable to read a newspaper.

For further information please contact George Brown on





Church Diary Dates

Wednesday March 7th

7.30pm - Healing Eucharist at
Cropstone, Pityme (Howard and
Frances Kent)

Thursday March 8th

2.30pm - Cluster Churchwardens,
Trelights

Saturday March 10th

2.00pm -5.00pm - Diocesan
Assembly, Truro Cathedral

Sunday March 11th

!0.00am - Sung Eucharist,
St Peter's, Port Isaac
6.00pm - Evening Worship with
Taize Chants, St Endellion

Thursday March 15th

7.00pm - Lent Course, St Endellion
Church

Sunday February 18th

10.00am Family Eucharist St. Peter's
Port Isaac
6.00pm - Evensong, St. Peter's
Church, Port Isaac

Thursday March 22th

7.00pm - Lent Course, St Endellion
Church

Sunday March 25th

10.00am - Sung Eucharist,
St Peter's Church, Revd Barry
Kinsmen

Wednesday March 28th

7.30pm - Mothers Union

Thursday March 29th

7.00pm - Lent Course, St Endellion
Church
8.00pm - Julian Meeting

Sunday April 1th (Palm Sunday)

10.00am - Sung Eucharist with
Procession of Palms and Dramatised
Passion
7.00pm - Evening Worship with
Taize Music, St Endellion



Love and marriage



As I write this it's nearly St. Valentine's Day and I'm delighted to be officiating at a wedding at one of our local churches. With church attendance down and lots of exciting venues now available, it's perhaps surprising that so many couples are choosing to get married in church. But they *are* doing so and especially in our parishes. From the usual average of half a dozen per year in Port Isaac, St Kew and St Endellion- this year sixteen weddings have been booked in our three churches, and a further twenty-two have been arranged in our sister churches of St Minver, St Enodoc and St Michael's, Porthilly.

Few of those who come to see me to arrange their wedding are regular church goers, but when asked why they want to get married in church, they all have some sense of the importance of making their commitment to each other before God. Most of them will have been living together, some for many years, and I find it moving and heartening that they should want to come to church to make public their love; that they should be willing to stand up in front of their families and friends to ask God's blessing on their union and God's grace to help them to be faithful to one another.

The importance of marriage in providing the most security for children is once again being recognized, highlighted recently by Dr Rowan Williams, the Archbishop of Canterbury, who highlighted the fact, supported by evidence from many sources, that children generally flourish better when they grow up within a lasting marriage.

In a speech given in National Marriage Week he said, "Think this through for a moment: the committed relationship of husband and wife in marriage says to people around, and most importantly of all, says to the children of that marriage, it's quite possible to live as a human being, not afraid at any moment that you're going to be let down, abandoned, left to yourself. Someone is actually committed to be there for you. That's what marriage is about, and modelling that kind of unconditional being there, that sets the foundation of stability, trustworthiness, which allows children to grow up confident that whatever goes wrong, for them, in them, through them, there's something beyond that to hold them, to give them room, time, space, fresh air, to grow."

But while it was good to hear the values of traditional marriage being affirmed so strongly it's also important to support other forms of relationship in which children are nurtured and brought up, whether couples who live together, single parent with children, blended families with half and step brothers and sisters, and same sex couples. For in these relationships, too, can of be found deep love, care, self-giving and self-sacrifice.

Judith Pollinger
01208 880181



God moves in mysterious ways and he certainly did last month when he let us print the wrong part of the photograph of the new altar frontal in memory of Sharon Cann. Our apologies but we feel sure that Sharon would have smiled about it.

We now know that the altar frontal is what the cross is sitting on. It was given to St Peter's Church by Margaret Cann in memory of her daughter Sharon. The Celtic Cross in the centre was designed by Father Michael.

The altar frontal was dedicated by the Ven Clive Cohen, Archdeacon of Bodmin at Midnight Mass in the Church on Christmas Eve.

schoolchat

news and views from
Port Isaac School



Welcome

We are delighted to welcome Max and Beth Beale into school. Max has joined year 4 and Beth is now part of year 3. They have already made new friends and it feels like they have been with us for ages!

Stop Press!

We will also be saying "Hello" to another family joining us in school. Courtney in Year 3 and her brothers, Jack, Year 2 and Harry in Reception.

Day for Change

We raised £19.45 for UNICEF's Day for Change. This year they are focusing on helping in Kenya so the children dressed in the colours of the Kenyan flag (red, black and green) and we all brought in food from different countries to share. There was a fantastic array on our 'buffet' table - honey from Zambia, croissants from France and fajitas from Mexico were just a few things on offer to tempt us!

Tesco Computer Vouchers

Tesco is now running the computer voucher scheme and of course, we are collecting. There is a box in the entrance hall!

New School Art Gallery

Our Hall has been transformed. It is now a Gallery showcasing the talents of all the children in school. The artist Penny Macbeth and the sculptor Robert Bradford spent two days with us helping the children with their painting and sculpting skills. The results are amazing and if anyone would like to pop in for a look please contact Jan in the office.

Our trip to Pendennis Castle

We went to Pendennis Castle and walked around. We walked around in the castle and went up and down the stairs and saw the cannons and in the bottom of the castle we saw the kitchens. The castle was used when King Henry VIII was alive to defend Falmouth and the port. Miss Martin showed us the portcullis and gate. We walked down a long tunnel and saw the big guns that were used in World War Two.

We had a talk by a lady who showed us a puppet dragon called 'Dinnis'. Some of us tried hats on that had been used in the past by people during the war. We went up to the very top of the castle and looked across the bay to St Mawes Castle and we saw a big boat.

by Chey Year 2



Pirate Day



We held a pirate day in school recently and raised £29 for the RNLI. Everyone dressed as a pirate, even Mr Bishop, and we had a swashbuckling time!

Tesco Sport

We have received all the fantastic playground equipment that we were able to exchange our vouchers for. Items include ankle skips, stompers, spiky balls, bats, funny face balls and a huge bucket of tennis balls.

Thanks to everyone who gave us their vouchers!

Happy Birthday

Birthdays celebrated in February were

- Shannon 6
- Cheyenne 7
- Angus 9
- Laura 10

eat my words!

Mothering Sunday Breakfast

Sunday March 18th



This is always a Sunday, so it is a perfect opportunity for children to do something really special for their mothers (hint, hint!) or for anyone in fact. For young children some assistance will be needed, apart from the recipes the presentation is always fun to think about - fresh flowers in a vase or perhaps design a menu or include your mother's favourite magazine. Or if all else fails send her out for lunch with the girls!

Perfect Pancakes

makes 12 pancakes

4 oz plain flour
A pinch of salt
1 egg
Half a pint of milk
2 oz melted butter

Pancakes for breakfast are a real treat. Sprinkle with lemon juice and dust with icing sugar or serve with maple syrup or fresh fruit

Sift the flour with a pinch of salt into the mixing bowl, make a well in the centre and add the egg. Use a whisk to mix in the egg and gradually whisk in the milk until smooth. Do not over mix.

To make the Pancakes: use a heavy bottomed 6-7inch pan and brush with the melted butter. When hot pour in about 2 tablespoons of the batter. Quickly tilt the pan from side to side until you get a thin layer of batter covering the base of the frying pan.

Cook the pancake for about 1 minute, then flip it over and cook the other side until lightly golden.

Continue with the rest of the batter, brushing the pan with melted butter as needed.

Any pancakes you don't use can be frozen, interleaved with non stick paper and wrapped in a freezer bag.

A 'Hearty' Breakfast

serves 1

1 thick slice of white bread
Half an oz butter plus extra
1 egg
Lots of black pepper
Ketchup if required

This heart shaped egg would make a fun surprise breakfast. It is also good served with sausages, tomato, mushrooms and baked beans!

Cut a hole in the centre of the bread using a heart shaped cutter approx 3 in wide. Melt the butter in a small frying pan and sauté the bread on one side until golden. Turn the bread over, melt the extra knob of butter in the heart shaped cut out, break the egg into it and season lightly. Cook covered for about 2 minutes or until the egg is to your liking.

Delicious, you could always pipe some ketchup kisses.

I hope you have a lovely day what ever you do!



emily brown

**Next month Traditional Easter Baking
Roast Loin of Lamb with Apricot Stuffing
and Steamed Saffron Syrup Sponge**

Websites of the Month

Now is the time when there are lots of adverts on tele and in the papers about holidays, so I thought this month I would tackle the huge number of holiday-related websites and suggest some ways to get the best out of them.

A good starting point is the BBC website, www.bbc.co.uk/holiday/ which if you had looked when I did, you would see a very holiday-ish picture of Laurence Llewelyn-Bowen, who presents an excellent programme about holidays on BBC1 so you could watch that for advice (or nip round and ask him in person!). The website gives you the ability to search by city, country or world map look at different holidays. It also has a cunning little system that allows you to put in the month you want to travel and your budget, and then it gives you a suggested list of destinations. With all the available options this website does a really good job. It also, of course, has lots and lots of links to other websites.

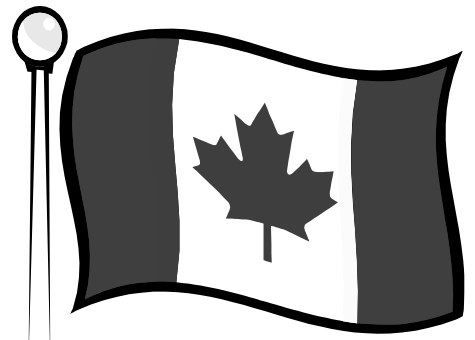
You can also search on United Kingdom and then Cornwall and then – Port Isaac. However, if you want a bit more detail on local holidays a good place to have a look would be the official website of the southwest tourism board www.southwesttourism.co.uk/ which has some useful information about how to get the best out of holidays in the Southwest and also has some interesting facts and figures about how tourism is going in our region. It is linked to www.visitsouthwest.co.uk/ which has the actual holidays available. It is organised so you can narrow down your search to holidays for kids, for families, romantic breaks and so on. It is a very colourful site, with good use of pictures, so you can get a real feeling of what you would get for your money.

One of the rapidly growing components of web-land are the blogs, or web-based diaries (weblogs). You can get a flavour of some of these, which are personal accounts of trips people have done at <http://realtravel.com/planning-z1862335.html>

Of course, I wouldn't be me if I didn't mention something about climate change and the impact our travelling has on this worrying problem. Travelling inevitably has some effect, so if you are going to travel it is worth considering how you can minimise this. Holidays locally (and we are fortunate in living in such a wonderful County) will have the least effect. For travelling further afield there is not much you can do to avoid the emissions. In general, public transport is better than a car, and trains and buses are better than flying. That said, a round trip to Brisbane in Australia for example, will produce emissions from the flight of 5.41 Tonnes of CO₂. You can calculate this at the rough guide climate website www.roughguides.com/climatechange/. They are also linked to Climate Care who invest in energy saving and green energy projects and they suggest the cost to offset this CO₂ will be £40.60. While this does not prevent the emissions happening, it at least has resulted in some funds which may help in other ways. Incidentally this site allows you to calculate the impact of driving or your carbon footprint or your home.

If you have any comments or suggestions about this column, please do contact me on tonywainwright@hotmail.com

Tony Wainwright



Twinning News

The first issue of *Trio's Canadian 'twin' News & Views* has been published and very well received in Hantsport, Nova Scotia. Editor, Heather, has sent me a copy and I've extracted a few bits that might give you an insight into life in Hantsport.

- Look at the website www.haba.ca – for information on the town and photos of gypsum ships.
- Similarly to us, Hantsport has a housing shortage but interestingly they are concerned with the lack of seniors' housing as opposed to our concerns for homes for our young people
- Readers are encouraged to buy locally – saving transportation dollars and energy and supporting local producers.
- There is a pet of the month section which is something I thought we could copy. So, if you would like your pet to be included send us a photograph, his or her breed, name and interests and dislikes. In fact, I think we'll start this off this month with our Spot – see page 3.

Let us know what you think of this 'twinning' and what you would like to find out about.

Sam & Dee

Police Notice NO PARKING

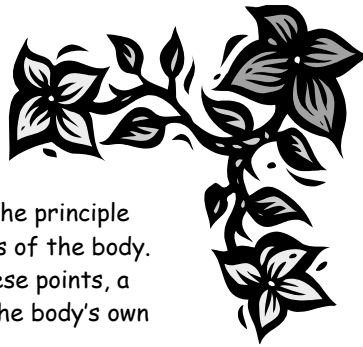


There is **NO PARKING** at all, day or night, in Fore Street, Back Hill, Trewetha Lane and Church Hill. All these areas are clearly signed.

Keep our roads clear for emergency vehicles including our lifeboat.

Reflexology

Reflexology is the skilled manipulation of the reflex points on the feet which helps to release blockages, balance the body and improve general wellbeing. It is based on the principle reflex points which correspond to various parts of the body. By applying pressure in a systematic way to these points, a therapist can release tensions and encourage the body's own natural healing processes.



Reflexology can be beneficial in helping with stress related disorders, back and neck pain, headaches and migraine, chronic fatigue, menstrual and menopausal symptoms, digestive problems, arthritis, insomnia, overall health and wellbeing

How to choose a practitioner

At the moment there is no single body that regulates therapists but there a number of professional bodies and associations such as The Association of Reflexologists and your therapist should belong to one of these.

What can I expect?

The therapist will take a full medical history and will examine your feet. For this you will usually be asked to lie down on a couch. The treatment lasts for up to an hour, during which time the reflexologist will apply pressure to the points on the feet using special thumb and finger techniques. After your first treatment your therapist will have an idea of your individual needs and will discuss these with you.



After your treatment you will feel very relaxed and probably tired. It is a good idea to rest and drink plenty of water. You should not plan any strenuous activity immediately after your treatment.

Past times

March 1989

Cornwall Air Ambulance – Thanks to Alf Guard, Les Honey and all other helpers for raising in excess of £1000 during 1988 with a weekly raffle.

Playgroup – The group moved from the Church Rooms to the Village Hall. A Coffee Morning, held at the Harbour Café, raised a profit of £58.42.

RNLI – A Cheese & Wine Party raised £222.

The lifeboat will be back 'on service' on March 18th.

Mount Edgumbe Hospice – Hospice Day raised £500.

March 1998

Trelights Methodist Church – The Christmas Fayre raised £284 that was donated to the Cornwall Air Ambulance and the Children's Hospice South West.

RNLI

Shout – On February 14th a boat was reported drifting, apparently empty, some 400 yards off Strangles beach between Crackington Haven and Cambeach. After a trip of 40 minutes the area was searched but nothing was found.

Weather Station – Following the installation of our weather station at the Boathouse, we have now put up a brass plaque to show that it is in memory of *Spike Jones* who was so tragically killed in the fire last summer. A ceremony of dedication was carried out in the Boathouse by Station Chaplain, Rev Preb Michael Bartlett on Sunday March 15th.

Mount Edgumbe Hospice – Hospice Day raised £1401.70.

Bess Coates

Magical Managers 2006/07

Division One

LW	POS	TEAM	MANAGER	PTS
1	1	MAYBEES	Tom Bishop	677
3	2	THE GRAMACHO GREATS	Andrew Grills	641
2	3	BADA BING	Paul Honey	629
5	4	SB MILAN	Scott Bennett	594
4	5	COME ON LAMPARD	Rachel Grills	584

Division Two

LW	POS	TEAM	MANAGER	PTS
1	1	THE CORNISH PISKIES	Margaret Honey	661
2	2	EMMA'S NIP NIPS	Kevin Honey	649
3	3	ALWAYS COMES LATE	Mark Forbes	620
4	4	BUNG'S DREAMERS	Kevin Gill	594
5	5	WHATSS UP	Neil Pooley	577

Division Three

LW	POS	TEAM	MANAGER	PTS
1	1	FLY NAVY	Les Honey	658
2	2	WITHERDEN'S WARRIORS	Tim Witherden	637
4	3	PETROLE RUSSE	Mark Pattenden	606
6	4	THE SAVAGES	Sam Eaves	597
5	5	ATG ELITE	Andrew Grills	588

Up to February 24th 2007

A conscience is what hurts when all of your other parts feel so good!

Newquay February 2007

PIGS on tour



The lowest ever turnout for a PIGS day, a paltry five braved the force eight gales at Newquay – now I come to mention it, maybe the ones who didn't come were right! Anyway, as we watched the squally shower pass by from the comfort of the clubhouse with a hot cup of coffee and a bacon roll, it didn't prepare us for the next four hours. NO buggies at Newquay so the pull-along carts came out. Unfortunately for me, mine got dismembered on the first fairway when a gust of wind (one of many) grabbed hold of it, clubs and all, turned it over several times, ripped off its wheels and broke its neck. This, for me, was the start of a bad day. After giving it a medieval burial (throw it in the hedge), I tried to use the back straps on my bag. It was like trying to untangle two G strings and a jock strap – totally impossible! After five minutes of looking like a palm tree in a hurricane I gave up and carried it like a giant handbag.

I'm not saying it was windy but even the seagulls weren't flying; they were just sitting around the course. Paul 'the Beaver Boy' and me made a small wager to see if we could disperse them with our drives. Neither of us managed it but on the second shot I hit a dairy cutter (technical golf term for a crap shot). It went towards the aforementioned flock of seagulls (not an eighties band) and managed to miss them all but for the one at the back who must have thought he was safe there – he wasn't. The attack on the seagulls didn't go by without repercussions – I don't think it was the one I hit because it wasn't holding its head! Anyway, this seagull decided to swoop down and pick up Paul's ball and fly off with it. Then followed a scenario possibly never before witnessed on a golf course – a seagull with one ball, now known as Adolph, being chased by a beaver, priceless.

The results were:

1st – Mulberry

2nd – Steve

3rd – Paul

Longest drive to hit the fairway – what fairway?

Nearest the pin – Andy 'the Adonis' Penny

Thanks to Paul for lending me his buggy half way round, saying that he couldn't put up with the moaning any more and to Steve for lending me his Tiger Woods hat – although I did find the ears flapping in the wind and the whiskers a bit irritating.

The Lard Man

Official PIGS polo shirts have been designed by our fashion experts, Paul, Mulberry, Andy and Steve, and orders are being taken now @ £25 a shirt.

Fancy being a District Councillor?

On May 3rd all the North Cornwall District Council seats are up for election. Could you be one of these 36 District Councillors who will be elected to take a lead in providing services for North Cornwall?

There are many reasons people stand for election:

- To speak on behalf of the local community and help people
- To pursue their political beliefs (although councillors do not need to be affiliated to a political party)
- To contribute business or professional skills to public life
- To shape the future of their local community

Councillors play a vital role in shaping and directing local services for the benefit of local people. They work with the police, health and other public bodies and the private sector in order to achieve these aims.

The position of Councillor is vital to our local communities. Councillors act as the democratic voice of local people and ensure that local services meet local needs. The four main areas of responsibility are:

- Representing the people in your area
- Community leadership
- Formulating policy
- Influencing the way local services are delivered

Training is provided through a range of courses and seminars to help Councillors fulfil their duties.

In addition, Councillors do not need to be out of pocket. There is a basic allowance (currently £4464 a year) plus travelling allowances. Plus most employers are prepared to grant some time off for council work.

Most Council meetings take place on a Monday or Tuesday evening in the Council Chamber, Camelford, usually starting at 6.30pm and the length of most meetings is under two and a half hours.

To be a local Councillor you must be at least 18 and a British, commonwealth or European Union citizen. You must also be a local elector or have lived, worked or owned a property or land in North Cornwall for at least year.

Interested in finding out more? An information evening is being held on Tuesday March 13th at the NCDC Council Chamber, College Road, Camelford at 7.00pm. If you want more information before this or want to order a nomination pack, contact the Electoral Services Team on 01208 893171/3239, Email: electoral.services@ncdc.gov.uk

More information about NCDC and existing councillors can be obtained by visiting the NCDC website at www.ncdc.gov.uk

Closer to home, all the seats on our Parish Council are also up for election in May. Further details on how to put yourself forward on page 9

Note: These are informal reports and not taken from the minutes of the meetings

Parish Council News

Meeting held on February 12th at Port Isaac Primary School

Public Discussion

There were several members of the public present and various matters were raised including the state of the pavements in Furze Park, Trelights; the garish colours being used on some of the new houses; and the way new developments are threatening road safety with no pavements and an obstructive wall.

NCDC has not responded, so far, to an appeal but some questions were being asked about design guidance and village over-development.

Finance

Port Isaac Rowing Club is to receive a donation of £100 towards life jackets for junior members.

The Climate-Friendly Parish Group is to receive a grant of £50.

A request was received, from Port Isaac Primary School, for a donation to help to set up a nursery. They have a shortfall of £11,000 at present. The Parish Council is to investigate the possibility of allocating £2,600 from funds originally set aside for some new swings.

Planning Applications

The PC had no observations to make on the following applications.

Application 2007/00028

Amendment of previously approved application 2004/ 012257 to provide living accommodation above the garage. W Jackson, Plot 12, Furze Park, Trelights. Case Officer Samantha Hewitt.

Application 2006/00097

Conversion of first floor to gallery/ coffee shop. Post Office & Boat-house Stores, Port Isaac. J Cleave. Case Officer Samantha Hewitt.

Application 2006/02496

Change of use of agricultural land to domestic curtilage with fruit cage. Rear of Rose Cottage, Trelights. A Wreford and RD Lock. Case Officer Mark Wrigley.

District Council approval has been given to applications at:

Halwyn House, Morley's Cottage, 18 The Terrace, and Clear Daze, Port Isaac; and Watergate, Sea Wynds, and Long-cross Hotel, Trelights.

Appeals have been lodged against refusal of permission for conversion of the old store in Trewetha Lane, Port Isaac and plans for Merrywood, Trelights. The Parish Council is to re-present the previous observations on the last application.

County Councillor's Report

County Cllr Jeremy Rowe spoke about the proposed changes in local government and the County Council preference to replace the existing six districts with sixteen smaller administrative areas. Parish Councils will be asked for their observations. The County Council is faced with a 10-15% increase in costs but only a 4.9% increase in government revenue. This will be reflected in higher council rates.

Chairman's Report

Vice-Chairman Malcolm Lee reported that Cllr David Phelps was likely to be absent for a while as he had incurred an infection in the bone-tissue of his leg. It was agreed that a 'get well soon' card be sent from the Council.

Cllr Lee thought a small recycling bin, proposed by NCDC for Little Hill, would be impracticable. He reported that new gull-proof bins are to be installed to replace the present ones with an extra one on the coast path.

Climate Friendly Parish

Cllr Robert Manders reported that a public meeting, with guest speaker, is to be held on Monday March 19th. The results of the current 'Carbon Footprint' survey will be announced in May.

Footpath Report

The meeting with St Endellion Parish Council Footpath Committee and Cornwall County Council officials Chris Monk and Cheryl Cooper took place on Wednesday December 13th at Gullrock, Port Gaverne. Matters discussed were the continuing lack of action by the County Council to clear the blockage on footpath no 17 - first reported some years ago, and fears concerning new proposals under the Local Maintenance Partnership which seemingly will mean a smaller reimbursement and possibly increased cost to the Parish Council for footpath trimming work. The County Council officers took note of both matters but to date nothing has been heard from County Council.

The Committee may ask the PC to consider withdrawal from the Local Maintenance Partnership scheme if no satisfactory reassurance is received concerning the new funding for trimming work and if the County Council continues not to deal with our footpath problems.

Parish and Town Council Conference

Cllr Robert Manders spoke about the NCDC Planning Department web-page. He had also learned that, from October, planning applications will have to be submitted on a government-designed form and no longer on a District Council one.

Trelights Village Green

Cllr Malcolm Lee reported that the present Village Green Committee is not keen on being a committee of the Parish Council and are investigating the possibility of forming their own organisation. The cost of the necessary insurances could be a problem. Meanwhile, as a committee of the Parish Council committee, members have to declare interests.

Bunt's Garage Site Development

The Parish Council is to express dissatisfaction with the 'highly textured, Neapolitan ice-cream' finishes of the new buildings in Trelights village.

Village Hall Plans

The Council has agreed to submit the planning application for improvements, on behalf of the Village Hall.

Affordable Housing

In a letter, Daniel Sproull, solicitor, has advised the PC to consult with NCDC about what plans they would approve. The Council is initially seeking an 'option to purchase' but should get NCDC to state their position. It was

(Continued on page 22)

(Continued from page 21)

thought that it would be advisable for the PC to have a professional planning adviser on their team.

Activities Day

Robyn Dummer, Chair, Youth Activities Group, has announced an Activities Day to be held at the playing fields in April when, among other things, a mobile skate board park will be set up.

Visit to Planning Office

Cllrs Barbara Bell, Malcolm Lee and Robert Manders will represent St

Endellion Parish Council, along with other parish councils, on a visit to the NCDC planning offices, on Wednesday February 14th.

Playing Field Cleaning

A schedule was agreed for cleaning the field: about once a week in the winter and three times in the summer.

NCDC will be asked to provide the service at a rate of £7.50 per hour which would result in a total payment by the PC of £405 for the year.

What's going on?

You may have just read the report on the interim Parish Council meeting, Barbara Bell's letter on page 9 and the report on page 12 of the *Cornish Guardian* (February 28th) and wonder what has been going on in the Parish Council. Below is a précis of the transcript of Martin Bell's statement made during Public Discussion, at the February 26th meeting and it should make things a little clearer.

Meeting held on Monday February 26th at Port Isaac Primary School.

Public Discussion

Martin Bell pointed out that email correspondence between a member of the Parish Council and North Cornwall District Council had not been minuted and that this was a breach of the Code of Practice. He was sending the details to the Standard Practices office. Martin Bell gave no specific details of the alleged correspondence. The acting chairman advised Mr Bell that if he felt any councillor had not complied with the Code of Conduct, his recourse was to put his evidence before Sally Lloyd-Jones at NCDC as Compliance Officer for Parish Councils.

George Steer asked what was going to happen with the illegal decking at the Old School Hotel. He was told that the Planning Office has advised the Council that enforcement orders often take a long time due to amendments filed by the applicant.

George also asked why a finance matter was to be discussed at a so-called 'planning meeting'. It was explained that it was an interim meeting, not a planning meeting, and the finance matter had been agreed at the previous meeting and to wait until the next full meeting would involve a delay in two months before the recipient would benefit from the donation.

Finance

It was agreed to make a contribution in the sum of £2,600 to Port Isaac Primary School towards the high cost of setting up a Happy Days nursery. £2,000 will be drawn from reserve funds and £600 from general funds.

A contribution of £250 is to be made to the Youth Activities Group to help with the cost of an activity day in April.

Planning Applications

The PC had no observations to make on the following applications.

Application 2007/00263

Two-storey extension, Jessamine Cottage, Rose Hill. Mr & Mrs Bulgin. Case officer Cathy Devereux-Mack.

Application 2007/0027

Change of use to retail use, 76a Fore Street. Mrs E Brown. Case officer Mark Wigley.

Application 2007/00274

Listed building consent to replace front door with similar style 'stable door'. 38 Fore Street. P & L Jones. Case officer Mark Wigley.

Report from Acting Chairman

The acting chairman reported a serious situation concerning an unauthorised reply sent on behalf of the council to its correspondence, and advised the action he was taking to rectify the matter.

Next Parish Council meeting

The next monthly meeting will be at Port Isaac Primary School on Monday March 12th 2007 at 7.30pm.

See '*What's Going On*' → to find out what this is all about

Referring to the Parish Council meeting held on October 9th 2006, "During public debate, Mr Michael Collings of Silvershell Road, Port Isaac, referred to private email exchanges about the playing field housing project between Neil Pendleton, NCDC Director of Community Services and a parish councillor, whose name had been blanked. These documents had been obtained from the District Council under the Freedom of Information Act by Mr Andrew Penny of Mayfield Road, Port Isaac.

Mr Collings asked for the parish councillor to be named but he did not get an answer. The Acting Chairman told him that parish councillors are entitled to communicate privately with the District Council.

This exchange was not minuted.

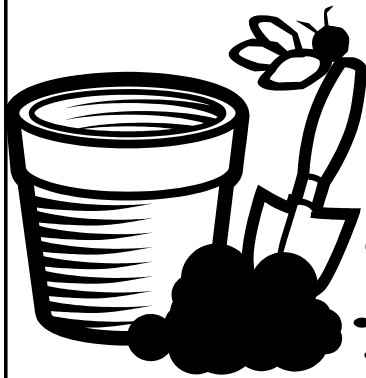
Since then I (Mr Bell) have made enquiries and been advised that a parish councillor should not communicate privately about council business which the Port Isaac housing project is because it involves the sale of council land.

This councillor now has a second chance to own up and save his fellow councillors embarrassment as I am sending the correspondence to the Local Government Standards Board for investigation of all Council members to establish who wrote it.

Will the council clerk please ensure that this time my comments are accurately minuted so they are available to the Standards Board investigators when they contact her."

By the time you read this an Emergency Parish Council meeting will have been held on Monday March 5th. Watch the *Cornish Guardian* and next month's *Trio* to find out what happened next.

Compost Corner aka Manure Monthly!



As I write, the rain is lashing down outside again - I really think we've had enough now! (...remind me of that when I am tearing around in the Summer watering containers).

I doubt any but the most keen gardeners amongst you have achieved much outside over the last month. I have really struggled to get my work done in the rain and winds - everything is so much harder to do when you are wet and cold and everything is squelching. Not to worry as most of the tasks I suggested for last month are still relevant (hurrah, you cry) - check your plants and shrubs for water-logging, collect rainwater and get on top of the weeds!

Also, I suggest you strike while the ground is so soft and look at your lawn and bed edges. Neaten them up with an edger or a spade and if you have trouble keeping soil or bark chippings off the grass, why not use some form of 'bed edgers'? There are many types available and they are not too hard to 'lay' - I have recently used log edging for one of my customers, which looks lovely, especially now it is painted the same colour as his fence.

Last task? Get pruning if you haven't already done so - especially fuchsias, hydrangeas, buddleias, honeysuckles and jasmines. It is important to keep on top of the size of plants such as these, or they will end up far too big and far too leggy! Also have a look for diseased or frost-damaged limbs on plants and whip them off!

Torrential rain and hurricanes aside, Spring is really Springing. Bulbs are blooming, plants are budding, birds are singing, frogs and toads are spawning and garden centres are filling up with gorgeous colour, bulbs and seeds and Spring time bargains. Shop around and you will find good deals on all sorts of garden stuff such as compost, tools and flower and veg feeds. Much of the Spring bedding is still at 'kinder' stage (baby plants, which need potting on and a bit of protection), but there are plenty of flowers ready to plant out such as pansies, bellis daisies and primroses - all lovely for instant colour. There are loads of gorgeous Summer bulbs to choose from and once they are planted in a pot or in the ground, you can pretty much forget about them and wait for them to do their 'thing'.

Did you catch any of the Carol Klein 'Grow Your Own Veg' programmes? Are you inspired? I really enjoyed them and was very impressed by the first time veggie growing family. I was booted into action and have been out in my newly acquired greenhouse (thank you SO much Damien and Amy) sowing seeds. There really is nothing like eating your home grown produce, so do give it a go, even if it's only salad leaves (Our Editor did it!), herbs (our Ed did that too), tomatoes in a hanging basket perhaps (Ed is going to do it), or potatoes in a container (Ed has decided not to do it!). If you do fancy growing fruit and veg in containers, but have no containers, why not see if your local garage has any old tyres to spare - ours was most obliging and gave the school Garden Club loads of them. They aren't pretty, but two or three stacked, really do the job. I have also bought some tiny fruit trees for containers from a catalogue - dear little twigs, which I am not at all confident will produce fruit, but I'm giving them a bash. My garden is too small for big trees, so this is my only option. I will let you know how they get on.

March is a good time of year to give nature a helping hand. I have just bought two nesting boxes for small birds, which come with instructions and even a screw for securing them to a fence, tree or post. They were dead cheap - half the recommended retail price - so I do hope some of the birds who feast at my feeders every day, reward me with their presence on a more 'residential' basis. One of my customers has just bought a bumble bee box to do her bit to help the declining bumble bee population. Bumble bees are essential pollinators of flowers, fruits and herbs, and the nesting box provides a dry, safe space for them. Just a thought.

Have you got a compost bin yet? You can buy one very cheaply, if you ring 0845 073 2002, or go online to www.recycleforcornwall.org.uk. - and they will deliver it to you. Composting is a great way to dispose of much of your food and garden waste, leaving you with a home made soil improver for your garden. Worms do most of the work for you, splendid little chaps.

And on that note, I will leave you to have a think about what you might do in your garden this year - besides wine-drinking and sun-bathing! I really hope you are inspired to do something horticultural you haven't tried before. Here's hoping March is less squelchy!

Bye for now.

Busy Lizzy



shops, services
& businesses

The Trio Directory

restaurants
& hotels



PORT ISAAC POTTERY
OPEN DAILY 10-4 880625

Window Cleaning

Domestic & Commercial
Regular & Reliable

John Brown

01208 880707



DENNIS KNIGHT

Proprietor: J T Collins

WHOLESALE & RETAIL FISH MERCHANT
FISH CELLARS, PORT ISAAC

**FRESH FISH DAILY -
OPEN SIX DAYS A WEEK**

Tel/Fax/Answerphone: 01208 880498

Mobile: 07969 555182



TAXI

PORT ISAAC TAXIS

LUXURY PRIVATE CAR
& MINIBUS SERVICE

UNBEATEN FOR
QUALITY & PRICE

BOOK THE BEST -

FORGET THE REST

PHONE/FAX

01208 880559

OURS

is yours!!!

We supply the
Cream Teas, Cakes, Tea,
Coffee and Drinks ...
You supply the company!!

We look forward to seeing you

Maggie & Gary
Victoria House
Fore Street, Port Isaac



Watershed
CAFE BAR

March Opening

**Friday & Saturday
for Dinner**

& Takeaways

*freshly cooked Fish & Chips
and Homemade Pizza*

**Sunday Roasts
from 12noon**

**Mother's Day
Sunday March 18th
BOOKING ADVISABLE**

**CHECK THE BOARD FOR
ADDITIONAL OPENING TIMES
01208 880670**

Angel Hair Company

All aspects of Hairdressing
in the comfort of your own home

Toni is back!

After 12 years working
successfully in a top West End
salon in London, I am back
living in Wadebridge and
running my freelance
hairdressing business

Call me for an appointment

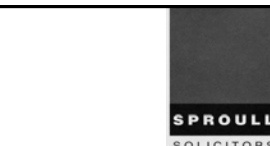
07929 459557

GUITAR TUITION

Guitar tuition by experienced
teacher - member of the
Registry of Guitar Tutors
registryofguitartutors.com

Pupils of all ages taken

Contact: Ian Fenton
32 Tintagel Terrace, Port Isaac
telephone: 01208 880343



www.sproullllp.co.uk

We offer all our clients a
complete legal service
CONVEYANCING • PROBATE
WILLS • CHILDCARE
DIVORCE • CRIMINAL WORK
ACCIDENTS • BUSINESSES
LANDLORD/TENANT

Market Place 42 Fore Street The Rock
Camelford Bodmin Port Isaac
01840 212315 01208 72328 01208 880355

PIANO, ORGAN, KEYBOARD TUITION

by experienced teacher

Pupils of all ages and levels

MARY VALLENDER,
GRSM, LRAM

01208 880404

The Nail Bay Beauty & Tanning

New for 2007 GUAM BODY & FACE PARTIES

GUAM IS THE MOST
POPULAR BODY WRAP IN
HARRODS

NUMBER ONE FOR
CELLULITE
*Beautiful bodies come
from GUAM - a
name you can trust!
Used by one million
Italian women*

To include seaweed mud
and mud based creams
for cellulite, tummy and
waist and firming

Thalasso Home Spa and
Microcellulaire range
containing 150,000
algae microcells

*Trained by Jo Hepintal,
cellulite expert for
Urban Retreat, Harrods*

Tel: 01208 880966

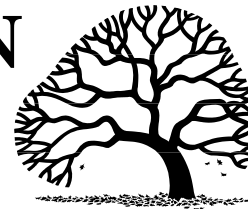
Happy Mother's

Day
Facial
Pedicure
Manicure
£35

The Nail Bay

*Stockists of GUAM,
Dermalgica & Solglow Tan*

GARDEN OF EDEN LANDSCAPE SERVICES



Ornamental walling • Patios

Crazy paving • Flag Stones • Turfing
Fencing • Hedging • Rockeries
Water features



For a free estimate phone Jim Dyer on
01208 880476 or 07970 919389 (mobile)

MOQUETTE

CARPET CLEANING

DRY CLEAN CARPET SPECIALISTS

- 1 DRY SYSTEM –
No wet carpets, mildew or mould
- 2 IMMEDIATE USE –
no drying time
- 3 ORGANIC SYSTEM –
no bleach, chemicals or noxious fumes
- 4 REDUCES ALLERGENS BY 70%
- 5 COMPETITIVE PRICES
- 6 DOMESTIC AND COMMERCIAL

WE'RE YOUR LOCAL CARPET CLEANING SPECIALISTS

PHONE FOR A NO OBLIGATION QUOTATION
NOW ON:

01208 880647

MOBILE: 07773 787 366/07967 038897

the
edge
bar & restaurant

www.theedgecornwall.com

Head Chef Manager: Ben Harmer

The Edge is Style & Panache in a relaxed setting.

-

Ben has created a delicious contemporary menu
using only the very best Cornish produce.

-

Come to enjoy a fine dining experience with superb wines
and excellent friendly service.

-

We also have the best, most stunning views across
Port Isaac Bay.

MOTHERING SUNDAY 18TH MARCH

Treat your Mother to a delicious 3 course lunch with us.

EASTER HOLIDAYS

Book now for the Easter break

We will be open from Wednesday to Saturday for lunch
and dinner and for lunch on Sundays.

Come in for coffees, tea and homemade cakes.

Call for more details and to book.
Email us at edgeportisaac@btconnect.com

01208 880090

Roy Speakman

A.B.I.C.C.

BUILDING CONTRACTOR

Specialist Carpentry
Period Reconstruction
Kitchen/Bathroom installations
All roof work undertaken

Tel: 01208 880477

Driver training from RAC

Your local BSM Instructor is

MATTHEW MAIN

BSM

5/6 Kenwyn Street

Truro

Cornwall

TR1 3DJ

Tel: 01872 225063 or **07989 416088**

www.bsm.co.uk

BSM

EMILY JANES

HAND MADE CAKES PASTRIES & DESSERTS

Specialising in handmade cakes, pastries and desserts
for all occasions.

Using only the finest local ingredients,
everything is freshly baked on the premises.
Specialities include traditional Cornish biscuits,
cakes and slices.

All cakes can be individually crafted
to fit your personal requirements.

67 High Street, Delabole

01840 213088

M. N. Flooring

Domestic & Commercial Floors

Supply & Fit or Just Fit

Call Neil or Mark for a free estimate

01208 880545 or

07772 889961

*Remember to say
you saw it in Trio*



8 PARK PENNKARN
ROCKHEAD, DELABOLE
N CORNWALL PL33 9HA

Telephone **01840 213684**

Mobile **07976 534458**

L. OULTON

Carpenter and Joiner

Nigel J Sherratt

ELECTRICIAN

Kittiwake Cottage
Middle Street
Port Isaac

Cornwall
PL29 3RH

Tel: 01208 880867

Mob: 0779 235960

PENDRAGON HOUSE

COMPLEMENTARY THERAPY CENTRE

ACUPUNCTURE

DEEP TISSUE, AROMATHERAPY
AND HOT STONE MASSAGES

COUNSELLING

HEALING

OSTEOPATHY

REFLEXOLOGY

REIKI HEALING

GIFT SHOP & NATURAL REMEDIES

PENDRAGON HOUSE, NEW ROAD, PORT ISAAC - 01208 880715

TREATING YOUR MIND AND BODY

Sam Lorimer Interior Woodworks

Hand made Furniture and Kitchens

Purpose made Joinery

*A bespoke service creating something individual
to treasure and enjoy*

Tel 01208 77716 Mob 07989 440893

www.samlorimer.co.uk

Units 1&2, 2, Paardeberg Road Bodmin PL31 1EY

'UPPER WESTCOTT'

Trewetha Lane, Port Isaac

Spacious, modern three bedroom apartment
Sleeps 6-8
Sea views, enclosed garden, private parking for two cars

Tel/Fax 01799 501665

Email:

ian_king9@ntlworld.com
www.portisaacholiday.co.uk

'HIGHER MOON'

Tintagel Terrace, Port Isaac

Modern Holiday House

3 Bedrooms,
2 Bathrooms

Sea views, garden
Parking for 3 cars

Tel: 01208 880755

HOLIDAY ACCOMMODATION

LARGE HOLIDAY HOME in old village

sleeps 10

**log fire, gardens
Garage parking in village**

for details call 01942 610603
dave@alternativesteel.com

Friends or family looking for a place to stay in North Cornwall?

St Teath - 'Peacehaven' Cottage
Stone-built, terraced house
Sleeps 6 people
Secluded back garden and private parking area
From £265 - £465 per week or £50 per night

Please contact 01509 621375 after 6.00pm

'Heydays'

Trewetha Lane, Port Isaac

Beautifully appointed, detached, spacious holiday home.
Three double bedrooms and two bathrooms.

Enclosed gardens and sea views from sitting room.
Private parking for two cars

Call 07870 275415

or email

e.arnull@btinternet.com

KITTIWAKE COTTAGE



Bed & Breakfast

Proprietors: Nigel & Angela Sherratt
7 Middle Street
Port Isaac
Cornwall
PL29 3RH
Tel: 01208 880867
Mob: 07929 774727
email: kittiwake@talk21.com

Temple Cottage

Pretty two-bedroom fisherman's cottage to let in the picturesque harbour of Port Isaac
Quiet position, close to beach, heated throughout, open fire, payphone, TV/Video, second TV, DVD

Tel: Jacki on 01392 811598 or 07801 910566



Charmed in Cornwall
44a Fore St
Port Isaac
01208 881101

Jackie Llewelyn-Bowen's latest and most glamorous adventure

A lady's shop full of lovely ladies' things

(Husbands, if they promise to behave, are welcome)

WESTAWAY

PORT ISAAC CORNWALL
Bed & Breakfast Accommodation

Westaway is located just one mile south west of Port Isaac. A friendly welcome is guaranteed and the accommodation is both comfortable and to a high standard.

Stunning panoramic sea views incorporating both Trevoze Head and Port Quin.

Open all Year

Please contact Jocelyn or David
01208 881156

Email: info@westawaycornwall.com
www.westawaycornwall.co.uk



Trelawney Travel

Private Hire

Local and Long Distance
including airports, nightclubs etc

24 hour service for advance
bookings

Up to 6 passengers

Friendly and efficient service

Competitive rates

Call now

01208 881111

from 8.00am—6.00pm

07854 784510

from 8.00am—10.00pm

WESTERN SUPPLY COMPANY

Builders Merchant & Decorator Centre for Trade & DIY

Established 1965

Come and see our wide range of products including:

An Extensive Range of Decorative Slabs & Decking ■ Fencing Panels
Plasterboard ■ Plywood ■ Cement ■ Planed Timber & Mouldings
Graded Sawn Timber ■ Treated Timber ■ Concrete Blocks ■ Sand
Chippings ■ Insulation Products ■ Plumbing Fittings
Electrical Fittings & Cable ■ Screws ■ Fixings ■ Hardware
New and Secondhand Goods etc
... and a paint mixing machine that can mix thousands of colours

COME AND HAVE A LOOK!

Atlantic Road, Delabole (01840) 212580

Open 7 days (Sat & Sun morning only) - Ample Parking - Deliveries arranged



The

BAGUETTES

FRESH
BREAD

Pea

BACON
BUTTIES

DELI

Pod

COTTAGE
HAMPER

PASTIES

YUMMY CAKES

All our products are freshly made on the
premises daily

DAILY PAPERS OPEN DAILY

from 7am weekdays, 7.30am weekends

Please call in and see us
01208 880223

Is your Computer ill? Do you need a
Computer Doctor

Software / Hardware problems
Repairs and Upgrades
Custom built systems

Old, broken or unwanted computers recycled to charities

David Ward 'The Old Post Office'
Trelill, St. Kew,
01208 851113 Bodmin. PL30 3HT

Compute@barclays.net

compute@trellill.fsworld.co.uk

DAVID DYER

Interior & Exterior
Painter & Decorator

21 Park Penncarne
Delabole, Cornwall PL33 9HA
Phone: 01840 211521

The Mote

THE PLATT, PORT ISAAC

MARCH OPENING
THURSDAY - SUNDAY
DAYTIMES
FRIDAY & SATURDAY
EVENINGS

Call 01208 880226
for bookings and enquiries

J. C. RICHARDS & SONS
ROOFING & BUILDING
CONTRACTORS
 Est. 1947
Tel: 01208 841813
Mobile no: 07967 229291



**Farm Shop &
 Licensed Restau-
 rant**

Re-Opening
Monday 12th March
Open Daily from 9.30am

Home-produced beef, lamb,
 free-range eggs and seasonal
 vegetables. Homemade jams,
 pickles and marmalades

Local produce, cheeses,
 country wines and ciders

Breakfast, Lunches, Delicious
 Homemade Cakes
 and Cream Teas

Orders taken for Hot Cross
 Buns & Simnel Cakes

Kids Play Area with zip slide,
 motorised mini diggers and
 tractors etc
 Pets Corner

Mothers Day Bookings
Taken Now - Be Quick

Sunday Roast:
Bookings Advisable

D.A. TREBILCOCK
ELECTRICAL CONTRACTOR

NIC EIC Domestic Installer
Part P Registered
Local Authority Registered

Local family run business

*All types of electrical work
 undertaken, including Security
 Systems, CCTV, Portable Appliance
 Testing, Digital Aerials,
 Consumer Unit upgrades etc*

All work carried out to
 British Safety Standards

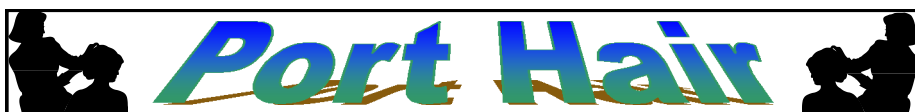
Tel: 01208 812292
Mobile: 07973 449968

CHRISTOPHER KEY
SOLICITOR

Friendly office open
Monday-Friday
9.30am-12.30pm

*Appointments out of office
 hours by arrangement*

Trebiffen, Boscastle PL350BN
Tel: 01840 250200
Fax: 01840 250900



Ladies and Gentlemen's Hair Stylists

The Courtyard, New Road, Port Isaac, Cornwall

Telephone 01208 881188 for an appointment

Big Congratulations

We are pleased to announce that
Emma Lanyon
 has passed her final exam and is
 now a fully qualified hair stylist
Well done from Sharron & Ian

We now have in stock a wide
 selection of hair straighteners

- Ghd Mark 3 and 4
- Pink Ghd
- Gorgeous Diamond
- Pink CHS

CENTRAL GARAGE

New Road, Port Isaac

MOT TESTING

CRYPTON TUNING

TYRE SUPPLIER

BOTTLED GAS

telephone Ross:

01208 880334

The Cornish Arms

at Pendoggett, nr Port Isaac

Bar Menu

Daily Specials Board

Lunches - 12noon - 2.00pm

Evening -

6.00pm - 9.00pm

Traditional Sunday Lunch - £7.50

B&B - 7 ensuite rooms

Tel: 01208 880263

Email: info@cornisharms.com

SURF'S UP! BOARDRIDERS

KIDS WANTED! (8-18 years old)

Come and join the new surf club at Polzeath and qualify for
 subsidised after-school surfing lessons

Introduction evening at Surf's Up! Surf Lodge, Homer Park,
 Port Isaac

For more details please ring Pete on 07760 126225



ROMAN BLINDS
& CURTAINS

by **NICOLA VICKERY**
INTERIORS

Most soft furnishing undertaken
 Stylish solutions for difficult windows!

Free quotations - **01208 880834**

K Honey

Building and Renovation
Contractors

Three Gates Meadow Tel:
New Road 01208 880609
Port Isaac Mobile:
Cornwall PL29 3SD 07971 479309

MER ELECTRICAL & PROPERTY SERVICES

No job too small
Friendly, reliable service
14 years experience
in the trade
Call Mark on
07794782627

REGISTERED OSTEOPATH

Nicola Halse DO
by appointment only
Rosecare Villa Farm
Wainhouse Corner, St Gennys
Telephone: 01840 230032

CLIFFSIDE GALLERY



PAINTINGS, CARDS AND ORIGINAL IDEAS
by KATIE CHILDS - OPEN EVERY DAY
2 THE TERRACE PORT ISAAC-Tel: 01208 880988
www.cliffsidegallery.com



ESTUARY ESTATES

www.estuaryestates.co.uk
ESTATE AGENTS

DREAM BOAT DESIGN

INTERIORS : JEWELLERY : ACCESSORIES
www.dreamboatdesign.co.uk
INTERIOR DESIGNERS

Call: 01208 863399
e-mail: rockhols@aol.com

TREBETHERICK HOUSE : TREBETHERICK
WADEBRIDGE : CORNWALL PL27 6SB

On the main road 1/2 mile from Polzeath beach and Daymer bay

THE GOLDEN LION PORT ISAAC

featuring

THE LOOKOUT RESTAURANT & BLOODY BONES BAR II

OPEN ALL DAY

TRADITIONAL BARS WITH LOG FIRES

FRIENDLY RELAXED RESTAURANT

Lunch from 12noon • Dinner from 6:30pm

SATURDAY MARCH 10TH

MEXICAN NIGHT

AUTHENTIC FOOD & DRINKS - £14.95 PER PERSON

BRING YOUR PONCHOS & SOMBREROS

SATURDAY MARCH 17TH

ST PATRICK'S DAY

IRISH FOOD SPECIALS

SUNDAY MARCH 18TH

MOTHERING SUNDAY LUNCH

2 COURSES—£9.95 3 COURSES - £12.95

12NOON—4.00PM - BOOK EARLY FOR UPSTAIRS DINING

SUNDAY MARCH 25TH

BRITISH SUMMER TIME STARTS HERE

START THE SUMMER OFF PROPERLY WITH A JUG OF PIMMS AND YOUR
UMBRELLA, SORRY, WE MEAN PARASOL - JUST £10 A JUG

Telephone: 01208 880336

Steve Hewett

ELECTRICAL CONTRACTORS

N.A.P.I.T. APPROVED

(National Association of Professional Inspectors & Testers)

APPROVED FOR PART P OF BUILDING REGS

Phone:
01208 880319

Owl's Park Trelights Port Isaac
stephen.hewett1@btinternet.com

Fax:
01208 880291

RUBBISH REMOVAL

Single Items • Full Load
Garden waste • Household

Phone Ken on
0797 1167444 or
07967 262173

The Slipway Hotel & Restaurant

OPEN ALL DAY FOR:

coffees, teas & pastries (morning and afternoon)

varied lunch menu including seafood specialities

dinner from 6.30pm every day with menu focussing on the
use of local fish, game and produce

'Fresh Catch of the Day' every evening

Dinner reservations are advisable

**Special Mothering Sunday lunch on March 18th
including roasts**

2 courses - £11.95 3 courses - £14.95

Reservations advised - 01208 880264

COME AND SEE OUR NEWLY REFURBISHED BAR

**We are also serving roast lunches every Sunday at
The Mill House, Trebarwith from noon until 2.30pm
(telephone: 01840 770200)**

Regular Live Music at The Mill House

Friday 16th March - Mendy

**THE SLIPWAY AND THE MILL
OPEN ALL DAY, EVERY DAY**

The Slipway Hotel, The Harbour Front, Port Isaac, Cornwall PL29 3RH

Telephone: +44(0)1208 880264 - Fax: +44(0)1208 880408

Email: slipway@portisaachotel.com



www.pjcleaning.biz

CORNWALL'S PREMIER CLEANING COMPANY

Holiday changeover cleans * Spring cleaning
One-off cleans * Regular office and house cleaning
Property maintenance * Carpet and Upholstery cleaning

For a friendly and professional service call
01840-213424 or 07788-457537

John Bray & Partners

Estate Agents
Property Sales
Surveyors & Valuers

John Bray



cornish holidays

www.johnbray.co.uk

Character Cornish Cottages available for self
catering holidays with full service management

11 New Road, Port Isaac
Tel: 01208 880302 Fax: 880144

TRELAWNEY GARAGE

14 New Road, Port Isaac

01208 880536

Servicing & Repairs
Petrol & Diesel Supplies
Breakdown Service
Accessories

Overheating?
Air Conditioning
Servicing and
recharging now
available

GAS DELIVERIES -
13kg, 19kg and 47kg

Fishing Tackle
& Bait

David Philp

**FOR ALL YOUR
GARDENING
NEEDS**

Phone **01208 880056**
or **07817 161136**

PAUL HONEY

PAINTER & DECORATOR
INC ... INTERIOR & EXTERIOR
MAINTENANCE, WALL &
FLOOR TILING, ARTEXING,
COVING & WALLPAPERING

01208 881122

ICF Services

Ian C Fuller
Building &
Property Maintenance

Telephone: 01208 880069
Mobile: 0777 9523108

Big enough to cope-Small enough to care

Kim Lanyon

Your local

AVON rep

Call her on 01208 880924
for more information or to
receive a monthly catalogue

R.A. HANCOCK
ELECTRICAL CONTRACTOR

AGRICULTURAL & DOMESTIC WORK
SALES & SERVICE
SLIMLINE RADIATORS
DIMPLEX & CREDA
COMPLETE SHOWER INSTALLATIONS



Hartland Road · Port Isaac
Telephone: 01208 880328

T.F. GRILLS

Builder and Carpenter
also
Painting and Decorating

Free Estimates

Telephone: 01208 880094

PARKWAY

ESTATE AGENTS, BUSINESS TRANSFERS, SURVEYORS & VALUERS

- ESTATE AGENTS
- INSURANCE
- SURVEYING & ARCHITECTURAL DRAWING
- HOLIDAY PROPERTY LETTING
- PERMANENT TENANCY LETTING
- FINANCIAL SERVICES
- MORTGAGE AND INVESTMENT
- STROUD & SWINDON BUILDING SOCIETY



STROUD & SWINDON

REGULATED
BY THE FSA

OFFICES AT
CAMELFORD, 6 MARKET PLACE 01840 212121
TINTAGEL, FORE STREET 01840 770825

HOME MANAGEMENT SERVICES



**Who looks after your home?
Do you need someone reliable?**

If you would like to talk to me and/
or receive details please contact

Annie Price

Tel/Fax: 01208 880386

Mobile: 07831 105379

annieprice@harbourway.wanadoo.co.uk

DEREK JEAL

Chartered Accountants

1 Pityme Business Centre, St Minver,
Wadebridge PL27 6NU

Tel: (01208) 862053

Business Start-ups
Property Letting Advice
General Business Advice
Accountancy
Personal & Business Tax
Bookkeeping, VAT & Payroll
Business Forecasts & Plans
Company Formation
Company Secretarial Services



ENJOY STUNNING PANORAMIC VIEWS AT THE NEWLY REFURBISHED CROW'S NEST

**We are open all day for both
food and drink**

*Come along and sample our menu - all our
ingredients are sourced as locally as possible*

Sunday Roast

served from 12noon - 2 courses for £7.95

**Don't forget St Patrick's Day -
Saturday March 17th**

*Celebrate with a pint of our excellent Guinness
or a drop of Jamesons*

Every Saturday in March -

Disco/Karaoke from 9.00pm

March Special Offer Lunches - £5

Monday-Friday, 12noon - 4.00pm

*Always a warm and friendly welcome from
Tony, Sharon and the team*

MARCH SPECIALS

MARCH SPECIALS

4 The Terrace, Port Isaac

Tel: 01208 880305

www.crowsnestweb.co.uk

Port Gaverne *The Port Gaverne Hotel* Nr Port Isaac
and Restaurant

Telephone 01208 880244



Bar Lunches 12noon - 2.00pm

Bar Suppers 6.30pm - 9.30pm

menu du jour 7.00pm - 9.00pm

Traditional Sunday Lunch - £8.95 (two courses) 12noon - 2.30pm

QUIZ NIGHT EVERY WEDNESDAY

Secrets

*Billings Row
Gallery
Port Isaac*

*fine art • clocks
framing*

www.secretsportisaac.com
01208 880862
OPEN ALL YEAR



The Takeaway



OPEN

**WEDNESDAY, THURSDAY,
FRIDAY & SATURDAY**

12noon - 2.00pm & 5.00pm - 9.00pm

Daily specials -

a variety of locally supplied fish freshly cooked in a light crispy batter

NEW CHILDREN'S MENU

**Takeaway - hot & cold drinks, burgers, sausages, chicken,
spring rolls, saveloys, ice-cream**

Telephone: 01208 880281



LOOKING FOR A BABYSITTER?



I am a very kind, caring and trustworthy person with NVQ3 Qualification, 12 years experience, with First Aid Certificate

Lora Hart - 01840 211576

Registered Child Minder

Available from
8am until 6pm
Monday-Friday
I'll care for your child
in a fun and happy,
family environment.
Ages 4 to 11.

Call Claire

**01208 880878 or
07891011597**



FIRST CLASS DECORATOR

Tidy and efficient
Brighten up your home, shop
or office, inside or out
Competitive, realistic and
affordable prices

For free quotes contact

John on

**01840 211194 or
07929 410384**

CONSTRUCTION • RENOVATION • MAINTENANCE
EXTENSIONS • BRICK PAVING • PATIOS

A J PENNY

BUILDING CONTRACTOR

TEL: 01208 880985

MOBILE: 07968 592725

Email: ANDY@OURBUILDER.CO.UK

WWW.OURBUILDER.CO.UK

Plumbing, Heating, Gas & Oil
Installation & Maintenance Engineer

PLUMBLINE
MAINTENANCE 93



A. OBI



22 Hartland Road, Port Isaac, Cornwall PL29 3RP

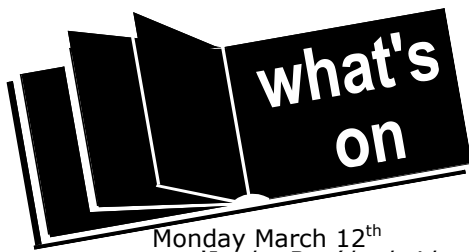
TELEPHONE: 01208 880371

are you there yet?! www.thisisnorthcornwall.co.uk
 North Cornwall Business Directory
www.thisisnorthcornwall.com
 North Cornwall Town & Village Guide

www.north-cornwall-accommodation.com

North Cornwall Accommodation Guide

**When responding to an ad,
please mention that you
saw it in Trio**



Monday March 12th
'In the Bag' kerbside recycling collection - bags out by 7.00am

Parish Council Meeting at Port Isaac School - 7.30pm

Saturday March 17th
 Port Isaac's Annual Hospice Day Sale and Lunch in the Village Hall. Sale opens at 10.30am, Lunch from 12noon

Monday March 19th
 Climate Friendly Parish Project Open Meeting - Port Isaac School - .00pm

Tuesday March 20th
 Whist Drive in St Endellion Church Hall - 7.30pm

Wednesday March 21st
 Trelights Village Green AGM in the Methodist Schoolroom - 7.30pm

Monday March 26th
'In the Bag' kerbside recycling collection - bags out by 7.00am

Thursday March 29th
 RNLI AGM in the Village Hall - 7.30pm

Monday April 9th
'In the Bag' kerbside recycling collection - bags out by 7.00am

Tuesday April 17th
 Whist Drive in St Endellion Church Hall - 7.30pm

Monday April 23rd
'In the Bag' kerbside recycling collection - bags out by 7.00am

Thursday April 26th
 Village Hall AGM

Tuesday May 15th
 Whist Drive in St Endellion Church Hall - 7.30pm

May 25th - 28th
 Port Isaac Music Festival 2007

Sunday June 17th
 RNLI Annual Lifeboat Service on the Platt - 12noon

Tuesday June 19th
 Whist Drive in St Endellion Church Hall - 7.30pm

Tuesday July 17th
 Whist Drive in St Endellion Church Hall - 7.30pm

Sunday August 19th
 RNLI Funday at the Harbour - 11.00am

Tuesday August 21st
 Whist Drive in St Endellion Church Hall - 7.30pm

Friday August 31st
 Port Isaac Village Hall Auction
Tuesday September 18th
 Whist Drive in St Endellion Church Hall - 7.30pm

Friday October 12th
 RNLI Harvest Festival

Tuesday October 16th
 Whist Drive in St Endellion Church Hall - 7.30pm

Saturday October 27th
 A Medieval Banquet in the Village Hall - joint fundraiser for the Christmas Lights and the Village Hall

Tuesday November 20th
 Whist Drive in St Endellion Church Hall - 7.30pm

Saturday December 1st
 RNLI Christmas Market in the

Trio Copy Dates for 2007

Issue	Copy Date	Publication Date
April	March 26 th	April 3 rd
May	April 23 rd	May 1 st
June	May 14 th	May 22 nd
July	June 18 th	June 26 th
August	July 23 rd	July 31 st
September	August 27 th	September 4 th
October	September 24 th	October 2 nd
November	October 22 nd	October 30 th
December	November 26 th	December 4 th

REGULAR EVENTS

Port Isaac Stay & Play Group - every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Leigh on 880745 or Marie on 880977

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jennie on 881038

Rainbows - every Tuesday from 4.45pm - 6.00pm, during term time, at Port Isaac School. Contact Jennie on 881038 or Marie on 880977

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Local History Group - The first Friday in the month in Port Isaac Village Hall. Contact George Steer on 01208 880754

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers - Every Monday at 8.00pm in Trelights Chapel

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

Learning Together - Every Monday during term time from 1.30pm - 3.15pm in Port Isaac Primary School. 3 and 4 year olds to come along with an adult

Thai Kick Boxing - Every Wednesday from 7.00pm - 8.30pm in the Village Hall. Contact Sal on 07875 698285

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am, Family Service every third Sunday at 10.00am
 Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
 Fellowship Service - last Thursday in the month at 7.00pm



Want to find out what's happening in the Village?
 Read your Trio and look on the Trio Diary page.
 Remember to make sure that your event is included here!