

The Port Isaac, Port Gaverne and Trelights Newsletter • No: 274 • May 2007 • 60p

You see impossible,
I saw the finishing line,
Impossible is nothing'

(this year's London Marathon motto)

Huge congratulations to Roy Smith who completed the London Marathon in an amazing 3 hours 25 minutes – BRILLIANT.

Roy would like to thank everyone who sponsored him. He was raising money for CLIC, supporting Matthew Hardy. If you would like to make a donation just drop it into the Co-op.

First youth outing goes with a splash

Daisy's diary

On April 22nd Port Isaac Youth Activities Group went to Oasis in Newquay. We set off at 12:15 and got back at 4:45. Kenny Webster drove us in the mini-bus and it took about half an hour to get there.

When we arrived the boys ran off and the girls – myself, Caroline, Yvonne and Robin – were left to walk by ourselves. Once we got to the pool we went down the slides straight away – the slow green one. Then we built up our confidence and went down the red one – fast! Caroline went first.

(continued on page 3)

Port Isaac Music Festival

Opening the Festival -
The

Fishermen's Friends
Friday May 25th



Live Music on
the Platt

Sunday & Monday
afternoons, May 27th & 28th
12 noon onwards

Drum workshop
Saturday

something for everyone

in the Village Hall

Sunday Night,
May 27th

The Boscastle Busker

Emily

Ending the night
with a surprise band
playing dancing
covers from the 60s
to the present day

Saturday Night, May 26th

Wild Raspberries - playing acoustic R&B

Mick, Nancy & friends - put on your dancing shoes and end the evening with a boogie! Should be a night to remember!

Monday Night, May 28th

Bring your dancing shoes - you're gonna need 'em!

The Midnight Hour - a young band playing jazz, funk & soul
Déja Blues - high octane rhythm and blues

Tickets for the Village Hall events on sale NOW from Secrets - £5

Sunday May 27th - 6.00pm

Port Isaac Chorale in concert in St Peter's Church

Full details of everything in the next *Trio* - out May 22nd

This issue
all the usual news plus ...

Who will you vote for?

Don't let your vote go to waste



Local elections - Thursday May 3rd in the Church Rooms

Trio invites the candidates to explain what they hope to do for the Parish - see centre supplement

Letter to Trio

Dear Trio

I feel I must write to complain about the totally inadequate level of public transport that exists between Hillson Close and Mayfield Road in Port Isaac. Surely some sort of conveyor pavement or something similar could be installed by our new Parish Council and thus save the residents of these two roads from having to drive about 20 seconds to get to either the school or the surgery.

Name and address supplied

Doc Martin III

Filming Dates

Thank you everyone for your co-operation during our filming in the village.

Forthcoming filming dates will be posted on the notice

Trio is issued eleven times a year and is available in local shops or by post -£18 a year in the UK. Overseas rates on application.

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

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Congratulations Liz

In spite of her own serious health problems associated with both pregnancies and the diagnosis of Matthew's leukaemia, with all that entails for their family unit, Liz has retained her interest in the Girl Guides and Brownies. She has worked hard during the last four years, when circumstances have allowed, and has now been awarded the Queen's Guide Medal. The official presentation will be made in London by Sophie, Countess of Wessex, early next year.

Well done Liz, we are all very proud of you.

With love from all the family

The official announcement by the County Commissioner of Cornwall, Mary Eddy, was made in the 'Kerensa' Girlguiding Newsletter for Cornwall. It reads, "I am extremely pleased to announce that Liz Hardy from Bodmin has gained her Queen's Guide Award. Liz has had many obstacles placed in her way but has persevered and completed the scheme. Well done Liz, you deserve this award - the highest award that a Senior Section member can gain."

Local Walks & Maps

Robin Penna's books of walks, maps and local information have now been revised and republished and are for sale in *Secrets*.

A Quick Look Round Port Isaac

(a brief guide for visitors to help them enjoy the village) - **£2**

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish with lots of useful local information) - **£3**

Local Footpath Map - 50p

By popular demand, Robin's more detailed book, A Short Guide to Port Isaac

has been updated and reprinted and is now for sale
priced **£5.50**



Port Isaac Youth Activities Group

Well the sun shone for us although, dare I say it, a bit more wind would have been even better as the Giant Kites needed a little more get up and blow! But they did manage to fly a few times, just! The mobile skate park was daring and fun and not for the faint hearted. The Football was full on and the Ultimate Frisbee was fantastic.

We raised £125 from the Raffle and Barbeque for future trips which is wonderful. Thanks to all that came and gave us support also for the great prize donations from companies and individuals.

Our first trip to the Oasis Fun Pool in Newquay was well attended and lots of fun. Thanks to the Film Crew for sorting out a minibus for the trip – and also for their generous donation to the group - and to Kenny for driving us. Thanks as well to the Parish Council for their donation. This support will be banked and put towards funding trips and activities for the young people in the parish.

What the group really needs now is a pool of people, 18 years old or over, that can be called upon, on a not too regular basis, to chaperone trips.

For more information on the group and trips or if you would like to help with chaperoning or make a donation please contact Robyn on 880390, Yve on 881072 or Jenny on 881038.

We look forward to lots more fun!

Robyn Dummer



The Billiard and Snooker table in the Liberal Club is there to be used - £10 for twelve months. Keys can be had from myself, Jack Hill, Les Honey, Mike Collings or Fred Dampier.

Jack Rowe



Beth and Frank

After our wedding we were in dreamland and missed the copy date for the last *Trio*.

So we would like to take this opportunity to say a huge thank you to all those people who supported us and helped us on our great day.

Special thanks to Mr & Mrs Haddow, all the crew at *The Watershed*, all those at the *Crow's Nest* and Port Hair and all the Prescott clan.

Beth & Frank

**2007 BBC Radio 2
National Folk Awards**

Nominee

**Martha
Tilston**



Saturday May 12th

Port Isaac Pottery

Roscarrock Hill

Tickets £7 (concs £6)

Licensed Bar

**Doors open 7.30pm
Starts 8.00pm**

01208 880625

In February this year Martha Tilston was nominated as best up and coming artist in the BBC Radio 2 Folk Awards. Martha is following in her famous father, Steve Tilston's, footsteps as one of Britain's acclaimed singer-song writers.

She began her career supporting Damien Rice on tour in 2002 and since then has regularly appeared at such venues as Glastonbury, Cambridge Folk Festival, Guilfest 2005, V Festival and Leeds Festival and more. On her CD "Of Milkmaids and Architects", her voice is compared to Joni Mitchell.

(continued from front page)

After that we went in the whirlpool and it pulled us around really fast! Yvonne lost one of her contact lenses and could not see properly!

Overall it was a great day! A huge thankyou to ... Ken, Yvonne, Robin, Caroline, the film crew for the mini bus and everybody who came!

Daisy Thomas

Village Hall AGM

A surprisingly well-attended Village Hall AGM and the existing committee were all re-elected - no change there then! Financially the year ended with over £11,000 in the bank so there's some money to get the alterations and building started once the planning is approved - or not!

Said the Chairman at the meeting:

"Last year I had to announce that three faithful hard working committee members had left but this year we have, so far, lost none but gained two new members. Bill and Vanessa joined us as joint Secretaries and also took over the job of booking secretary and what a great job they have done. Thankyou. The rest of the committee has maintained their high standards of dedication and hard work with fund raising events throughout the year. Thankyou.

We have organised events as varied as an audience with Chris Lanyon and Sam Lorimer, men's coffee morning, a music festival and even a magic evening. The magic evening was arranged in association with an organisation called Carn to Cove who subsidize top quality entertainers for Village Halls. Without the aid of Carn to Cove we would never be able to afford these entertainers so it is essential that these events are well supported by the village. If we lost this facility through lack of support we would have to re-register and go to the bottom of the waiting lists, which I believe is very long, so spread the word.

I am very pleased to announce that the revised planning application is currently being considered by North Cornwall District Council and that all the signs look good for approval. A few modifications were made to comply with conservation issues but this will have very little impact on the improved facilities and access.

Once planning permission has been granted the project will be carried out in approximately three stages. Stage one will include re-positioning of the access from the road, re-building of various areas of stone walling, building of new main steps from road access to upper level of side entrance path, all ground works, services and foundations for new buildings and re-building of front hall access steps. Stage two will be all new building work to include new kitchen, disabled toilets and baby change area and new side entrance hall. The final part, stage three will cover all internal finishing such as fitting kitchen etc.



The last few electrical jobs will be completed very soon which will mean the new bar can be built. The new bar will be a permanent structure positioned opposite the lighting desk and adjacent to the new kitchen door offering secure and hygienic bar storage and counter facility. This project will be paid for with money raised at last year's music festival.

We will be planning many more fund raisers in the near future but two dates you may like to put in your diaries are Friday 31st August which is our auction night and Saturday 26th October when, jointly with Port Isaac Illuminations, we are planning a spectacular medieval banquet.

I will finish now by saying a big thankyou to everybody who has helped make our Village Hall the great success story that it is and long may it continue.

Ian Fuller


CANCER RESEARCH UK Port Isaac Supporters Sponsored Walk

'St Michael's Way'

*From Hayle to St.Michael's Mount 12.5 miles
(approx 6-7 hours walking)*

**Sunday May 20th
9.30am start from Lelant**

*For further info & to register to join us contact;
Liz Brown 880739, Marion Andrews 880416*



Strictly come Dancing!

Ballroom Dancing

**classes start on
Monday June 4th to July 2nd
8.00pm - 9.30pm**

£3 a session

Don't worry if you
haven't got a partner!

Put your name down with
Vanessa on 880098

Team Sport Isaac update

April 2nd 2007 - 7am. A cold wind was blowing off the cruel sea and the first feeble rays from the rising sun had yet to provide any kind of warmth to the small huddle of intrepid pioneers ready to set forth onto their epic personal journey.

Ok! Ok! Enough of the over-the-top romantic scribblings. But April 2nd was the first day Team Sport Isaac met to begin training for this years *Race for Life* at the Eden Project - put it in your diary - June 17th. Just to prove it was early, take a look at the picture of the sunrise! (see below). Was it cold? Yes it was!

The walking part of the team are taking their training really seriously, going out three times a week. Some sessions have lasted upwards of 90 minutes. They are following the "walk & talk" training programme and I hear at least part of the schedule is going really well. If your ears are burning then you'll know which part it is.

The "running" (I use the term loosely) contingent are also managing three training sessions a week and we have run our first mile which means we're well on target to run 5km by Race Day.

Confirmed team members are: Marion Andrews, Cath Armstrong, Liz Brown, Lisa Brown, Edna Davies, Debbie from Pendragon House, Sian Fletcher, Dee Littlechild, Alyson Lorimer, Kathryn McDonnell and Jill McDonnell

You can sponsor us online by going to:
<http://www.raceforlifesporsome.org/sportisaac>

Alternatively, you can contact any one of the team members and we will quite happily take hard cash from you. Don't forget to "gift aid" your donation to help us raise even more money for a really worthy cause.



A message from your editor!
Now, before you fall over laughing at the thought of me doing any sort of 'sport' let me tell you that walking is acceptable in the *Race for Life*. And yes, I am in training!! Although in my case training is a loose term that includes walking Spot and catching up on all the gossip with Liz, Lisa, Jill and Sian but it does get a bit more serious when we climb the 140 odd steps up from Pine Awn - be impressed. So by the time the Race for Life at Eden takes place we will be like finely tuned greyhounds - or something like that.

So please sponsor Team Sport Isaac. Either use Aly's link or if you would rather cross our palms with silver all of the team members have a sponsor form.



Enough is enough!

One cold, dark, night last winter, I left my cosy fireside and, battered by wind and rain, began the struggle up the steep 250-foot climb from the bottom of the village to the School, to present myself, unpaid, at the Parish Council meeting. On the way I came to the decision that 34 years of attending meetings, as a member of the public, as Clerk to the Council, and as Councillor, was long enough! So now I am going to hang up my climbing boots and shall not be standing for re-election.

Many thanks to all my friends for their years of support and encouragement.

Robin Penna

PS I shall still be seeing you around.

Lettuce and Rocket Seedlings

Available to good homes!

The sun was shining and thoughts turned to the garden and I decided to sow a few seeds. To my surprise and joy, a few days later little green shoots began to appear. Soon after that the trays had turned to tryfids as all of the seeds had germinated.

Now I am in a point of dilemma as to how many to save and grow on. So, if anyone is interested in growing on some of my lettuce and rocket seedlings, come and see me - 16 New Road.



Beth Prescott

25 years on ... The Falklands War, 1982

The Falkland Islanders are British through and through, and have been since 1841, despite disputes over the years between Britain and Argentina, which is, in fact, geographically very much closer, Britain being 8000 miles away.

The Islanders motto is 'Desire the Right'. They choose who they have allegiance to. I think we here in the UK would think the same way if, for instance, France decided to invade us and we all had to become French. The Argentines tried to take over the Falklands in 1982 but failed, losing over 1000 men. We lost over 258 servicemen and civilians, plus 700 or more injured, many who still bear the scars, both physically and mentally, today. But Britain's reaction to this invasion of the Falkland Islands by the Argentines was really down to just one thing - should the invasion be allowed to happen and change British lives?

In October 1981, Cindy Buxton and I arrived by boat on the sub-Antarctic island of South Georgia, a dependency of the Falklands, albeit some 800 miles to the north west. We were there to film the incredible wildlife for Anglia Television's 'Survival' series. It was cold and beautiful with an average temperature of -35°. Our five star accommodation was an 8ft x 12ft wooden hut. The snow was thigh high and we had to melt it down for our water. Our loo was a bucket and there was no heat or light other than a tilley lamp - all very basic but we loved it. We had 80,000 King Penguins as company plus smelly elephant seals and the elegant albatross. Our closest human neighbours were ten miles away over mountains and glaciers. It was quite a trek to reach the base camp Grytviken where 28 British Antarctic Survey (BAS for short) scientists were living. So we got on with our filming, relishing the isolation and the beauty.

On December 3rd we had our first visit from the outside world - HMS Endurance, the Royal Navy Ice Patrol ship, nicknamed later 'Red Plum' because of her distinctive colour. She called in on her way down to the Antarctic proper - bringing with her drink and food hampers and Christmas stockings and presents from our families and friends. You can imagine our delight, having been living on a diet of dried Arctic rations. Like good girls, we saved it all until Christmas Eve.

Christmas Day was a 'white out' and you couldn't even see your outstretched arm so we sat in our tiny hut doing crosswords and jigsaws. Cindy had never drunk anything stronger than coca-cola so I introduced her to sloe gin, then wine, then port.

Then, once the wind and visibility had improved, we went out in our four layers of clothes, snow goggles and balaclavas and sang carols to the penguins. I am not sure they appreciated our efforts. From then on our treat every evening after a hard day's work was a quarter of an inch of sherry in a plastic mug plus one peanut! And how delicious it was. We wanted all our treats to last and we kept back a bottle of champagne - we weren't quite sure what for at the time but you will find out what we used it for next month!

And so our idyllic life carried on until the evening of March 19th 1982 when we heard over the radio that thirty-five Argentine civilians and ten naval personnel had landed at Leith Whaling Station - just ten miles north of where we were - and had raised the Argentine flag. And so the story of the invasion of South Georgia began, our lives changing in a way that we could have never imagined

Annie Price

Part two next month - our lives under Argentinean occupation and our subsequent liberation.



The new term has started and our Rainbows were all very excited to return. Wren, Magpie and all the Rainbows want to say a huge welcome to our two new members - hello to Sybil and to Emma, we hope you both have plenty of fun with us.



RAINBOW SONG - Every week the Rainbows sing their Rainbow song. It is lovely to think that all over the country there are lots of girls all singing the same song all about what we try and achieve while the girls are with us.

**LOOK at the world around, LEARN everything you can, LAUGH as you go along, LOVE this world of ours
LOOK, LEARN, LAUGH, LOVE, Rainbows has begun, We're all here now come and join the fun!**

OLIVIA'S DIARY - Olivia is our Rainbows mascot. She is a beautiful rag doll in full Rainbow uniform. Each Rainbow hugs Olivia as they tell us their news for the week. Just lately though Olivia hasn't been at Rainbows as Magpie keeps leaving her at home! So the Rainbows have decided that they should all take turns in looking after her. They are going to let us all know what she gets up to during the week by keeping Olivia's diary.

PLANTING SEEDS - For our first session of the summer we thought we'd plant some seeds and in the coming weeks look after the plants and keep a picture diary of what happens. The Rainbows each decorated a pot ready to plant their cress seeds. They will all be seeing how well they grow over the next couple of weeks. They also planted some pumpkin seeds which will be a long-term project!

WHATS AHEAD - We will be out and about a lot more from now on. We will be having a Scavenger Hunt, a village visit, our own Sports Day and lots more as well as looking at and tasting fruits from around the world. We will also have to plan another Promise Party, so lots to look forward to.

HAPPY BIRTHDAY TO MAISEY— - she will be 6 in May!

For any information or questions about Rainbows, please do not hesitate to call Wren on 881038 or Magpie on 880977. We do still have a few places available.

Websites of the Month

From this month onwards the websites of the month column will be focussed on some aspect of the groups I am a member of in the parish:

- Friends of the Main
- Golden Circle
- St Endellion Economic Regeneration Partnership
- Climate Friendly Parish Project

This month is on public transport and how you can get the most out of the web – both STEER, which is working on park and ride, and also perhaps a cable car sometime in the future!, and the Climate Friendly Parish who have a transport theme as this contributes in a big way to greenhouse gases, have an interest in this area. Plus I think that many members of Golden Circle would use public transport when they can as there is free bus use for everyone over 60 (like me).

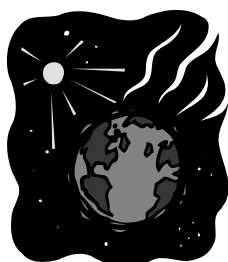
A good general place to start for local transport is the County Council pages <http://www.cornwall.gov.uk/index.cfm?articleid=259> which says that within this section of the website you can discover all you need to know about getting from "A" to "B" in Cornwall. It includes

- * Concessionary Fare (the over 60's card is shown here)
- * FAQs
- * Local Transport Plan
- * Maps
- * Parking
- * Public Rights of Way
- * Public Transport
- * Publications & Policy Documents
- * Roads
- * Road Safety
- * Reporting Highway Problems
- * School Transport
- * Sustainable Travel
- * Traffic & Travel

The Sustainable travel link takes you Carsharecornwall at www.carsharecornwall.com. This is a system which allows you to contact 'lift sharing partners' so if one of you is going to Truro, you can check if anyone else is going and share transport. There is also a phone number 08700 111199. The organisers of the scheme wisely make safety an important consideration, and there is advice about how to participate in this system.

One of the aims of the Climate Friendly Parish Project this year is to encourage as many people as possible to sign up to the car sharing scheme. One of its advantages is that the safety aspects have been thought through, so please have a look at it and see what you think. Incidentally it is sponsored by the NHS, County Council, Truro College among others. National Lift Sharing Day is June 14th, so lets have lots of us signed up by then!

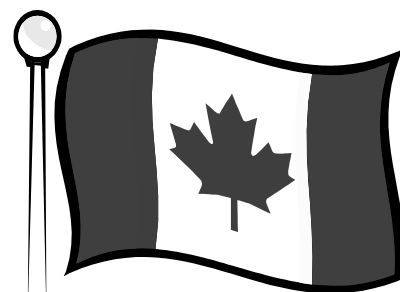
A useful national website which gives you the ability to plan your journeys and also estimate your carbon footprint for particular journeys is www.transportdirect.info. For instance you can put in your postcode in the village and the address you want to get to, and it gives you walking times to the bus stop, the times of the buses, and then trains etc.



This only scratches the surface of course. There are lots and lots of other links, for things like cycling, the individual bus and train companies and so on, all with useful information. Happy surfen'.

If you have any comments or suggestions about this column, please do contact me on

tonywainwright@hotmail.com

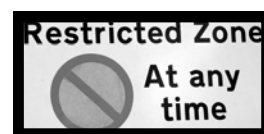


Twinning News

Snippets from the third edition of *News & Views*:

- **Tradition no longer reflects reality -**
Many women today define a 'lady' as a 'kept woman' and wouldn't be caught dead with that label!
Atlantic sealers bash pups over the head and skin them alive - that's the tradition!
- 'There is something wrong in a small town when dedicated volunteers spend hours of their time and money to provide places of recreation and enjoyment for children and adults, only to have their efforts ruined by vandals ... who seem to lurk in the dark of night with no fear of being caught... Much of the vandalism would disappear if there were local police enforcing laws - sound familiar?
- Former NBA basketball player, Will Njoku, wowed Hantsport students with his skills. Standing 6'9" and with a 9' arm span and size 17 shoes, he took shots and made moves impossible for mere mortals!
- Energy saving light bulbs for home use contain mercury so don't put them in landfill - worth remembering.

Police Notice NO PARKING



There is **NO PARKING** at all, day or night, in Fore Street, Back Hill, Trewetha Lane and Church Hill. All these areas are clearly signed.

Keep our roads clear for emergency vehicles including our lifeboat.



News from the Port Isaac Brownies

Happy Birthday to Ruth Pratt, 10

We started off this term with a very special Promise Night for five of our newest Brownies, Lilly, Eliza, Cheyenne, Imogen and Melissa (see photos). We painted our faces, sang some songs and had a fun filled evening. Congratulations girls!



Lilly

Welcome to our latest Brownie, Holly Peace. We hope you have a fun filled time with us.

We finished off our Crime Prevention work this month by acting out some plays. The girls worked in their sixes and acted out different scenarios to make us all think about how to keep safe from harm. Top marks for their acting skills! We also have finished our World Issue badge.



Cheyenne

We also finished off our Time Capsule that we are going to be burying under the beautiful Ash tree that Mr & Mrs Elgar are kindly donating to us. The girls have worked hard on pieces of writing about themselves, and also included some photographs and the old Brownie flag. We are planning on it being dug up in 100 years time!



Eliza

We've got lots of fun things planned for the rest of the Summer term -

- an evening at a Teepee site
- a barbeque and playing on the boating lake
- a meeting on Baby Bay, litter picking
- a meeting on Daymer Bay with St Teath Brownies for beach games and a barbeque
- and loads more!



Imogen

We're going to be taking part in the Port Isaac Music Festival as well. Somewhere amongst this lot we will be practising for that!



Melissa

We're also working on our Swimming badge this term with three meetings taking place at Camelford Sports Centre.

Cuckoo



Sponsored by Sproulls Solicitors

Lanhydrock Golf Club

It was the day we had been waiting for, the official unveiling of the Port Isaac Golf Society polo shirt (yes, I know we place golf – allegedly – but you know what I mean). This day had been coming since January when, at our small golf and dinner soiree (only five of us) we decided what our shirts should look like, colour, style, price, everything (note to Parish Council: getting things done quickly IS possible).

Lanhydrock's refurbishment of new restaurant, hotel, bar and pro shop looked absolutely fantastic but I don't think it was quite ready for a gay liberation march that invaded their inner sanctum – but they treated us all with the respect we deserve.

Lanhydrock was the venue for our annual doubles competition with high and low handicappers being drawn together. The draw put together some very tidy pairings. The winners were Andrew 'Petits Poonani' Grills and Kev Punter. Typical Punter, don't see him for 18 months, makes a return to the fold and wins a trophy (but he didn't deserve to win just for having the balls to wear the hat he had borrowed from JR Hartley!).

The Stableford results were:

1st – Andrew Grills

2nd – Kevin Grills

3rd – Paul Honey

Longest Drive – Andrew Grills

Nearest the Pin – Steve Bunt

Special mentions to

Mark '4x4' Forbes who tried to get away with wearing a cheap, and I must say tacky, knock off pink shirt.

Karl 'I'm going to drive the first hole' Daly who only just managed to get his drive past the ladies tee (which I can assure you all was a relief to everyone who was there) and then there was Mulberry and Des who off first and managed to finished one hour and one minute in front of the next group (but the rest of us played in groups of four) and if anybody has a spare lens – the right one if possible for a pair of National Health specs – could they give Des a ring!!

The next PIGS day is the Ryder Cup at Roserrow on Monday May 21st at 8.00am. The pairings and tee times will be on display at the Lion and Slipway shortly.

The Lard Man



Church Diary Dates

Saturday May 5th - Feast of St Endellionta

11.30am - Sung Eucharist –
St Endellion Church followed by
lunch. *Preacher: The Ven Roger Bush,*
Archdeacon of Cornwall.
All Welcome

Tuesday May 8th

7.30pm - St. Endellion PCC - Church
Hall

Thursday May 10th

7.00pm - Local Pastoral Ministers – St
Endellion Church

Saturday May 12th

3.30pm - Wedding of Simon Hunt &
Katie Appleby - St Peter's Church

Sunday May 13th

10.00am - Sung Eucharist -
St Peters - Canon Peter Larkin
7.00pm - Evening Worship with Taize
Music - St Endellion Church

Tuesday May 15th

7.00pm - Deanery Synod - Egloshayle
Church

Tuesday May 22nd

7.30pm - Archdeacon's Visitation - St
John's Church, Delabole

Wednesday May 23rd

7.30pm - Mothers Union -
St Endellion

Sunday May 27th

6.00pm - Concert with the Port Isaac
Chorale in St Peter's Church – part of
the village Music Festival

Wednesday May 30th

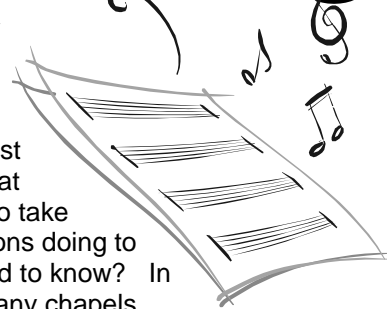
10.00am - 12noon - Coffee
morning at Thalassa, Porthilly for St
Endellion Church

Thursday May 31st

7.00pm - Eucharist Visitation of the
Blessed Virgin Mary - St Endellion
followed by
8.00pm - Julian Meeting

Let the children sing

Cornish children love to sing – but do they have the chance to do so today with other children? It was a question asked of members of the congregation at the St Endellion Easter Music Festival Sung Eucharist by Canon David Steven, guest preacher. What was the festival doing to encourage children to take part in it, and what were we in the congregations doing to give children the opportunity to sing he wanted to know? In our large deanery of over 30 churches and many chapels, were there any children's choirs, or even children in a choir? Few if any was the answer.



It made me think that children everywhere, not only in Cornwall, are being deprived of something extremely worthwhile for their whole being. The discipline of singing together has been shown to help children's physical, physiological and social development, as well as giving them confidence and being a source of enjoyment and pleasure to them for the rest of their lives.

If you saw the recent television programme about a group of schoolchildren with no musical experience being formed a choir that competed at international level, you will have some idea of the amazing transformation which took place in their lives.

Yes, we're fortunate in our area to have many choral societies and choirs – female, male and mixed, for adults, but what about the children? Many of the adults singing today grew to love what they do from singing together in school and in church and chapel. People who grew up in Port Isaac sometimes tell me of the fond memories they have of singing in the choir at St Peter's Church or in one of chapels in the village. In fact some people who came into St Peter's recently, commented on the choir stalls. "I'm afraid there's no choir here now," I told them.

Many schools have no member of staff who can play the piano or train children to sing, and although schools sometimes stage musicals or plays that involve singing, the accompaniment is by usually by CD. School choirs are also largely a thing of the past.

"What hymns would you like for your wedding", I ask couples? Some will suggest one they liked which they remember from school, but many are at a loss, because they didn't go to church or chapel or sing any at school when they were young.



I hope that those of you who enjoy singing will think seriously about providing opportunities for our children and young people to enjoy this valuable experience, with all its attendant benefits, and also so that our present flourishing adult choirs, chorales and choral societies may long continue in the future.

Judith Pollinger

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac
and St Kew are available to visit the sick,
the bereaved, the lonely and newcomers

Tel Judith Pollinger on 01208 880181

eat my words!

what's in season?
MAY

A Taste of Spring Asparagus

Luxurious asparagus is a real seasonal treat. The green, woody stems and latticed tips are best steamed and simply served with melted butter and black pepper or ...



Asparagus. Spinach & Potato Salad

Serves six

450g new potatoes
900g trimmed asparagus
225g young baby spinach
8 rashers of bacon, cut into thin lardons (for the non-vegetarian option)
Parmesan, thinly grated
1 bunch coriander
Balsamic vinegar
Basil oil and Olive oil

1. Preheat oven to 220°C, Gas mark 7.
2. Cut the potatoes in half and place in a small roasting dish. Drizzle with basil oil and season with black pepper and Maldon salt. Roast for 20 minutes until golden. Remove from the oven.
3. Fry bacon lardons in 1 tablespoon of olive oil until golden and crispy. Place on a plate covered in kitchen paper to drain the excess oil. Set aside.
4. Steam the asparagus for 3-4 minutes. Refresh in a bowl of cold water as this will allow it to keep its lovely green colour and stop the cooking process.
5. Place the spinach in a bowl and lightly cover the leaves with balsamic vinegar. Season well.
6. Add the potatoes and crispy bacon and toss together well. Add the asparagus.
7. Garnish with shavings of parmesan and coriander leaves,

Broad Bean, Asparagus & Lemon Risotto

Serves four

This makes a lovely lunch dish for the girls or a perfect supper dish. Try and buy from the farm shop or farmers markets or an organic vegetable to your door supplier.

500g asparagus, trimmed
350g baby broad beans
25g butter
1 medium red onion, finely chopped
200g risotto rice
1 litre vegetable stock
Zest and juice of one lemon
75g parmesan

1. Steam the broad beans and asparagus for 3-5 minutes. Refresh in cold water.
2. Melt the butter in a large pan. Add the onion and cook over a medium heat until softened. Add the rice and continue cooking for 15-20 minutes. The risotto should look soft and creamy.
3. Add the broad beans, lemon zest and juice. Stir in the parmesan and season to taste.
4. Serve immediately. Add the asparagus spears on top of each service and parmesan and lemon zest to finish.

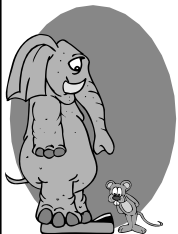


Next month - Catch of the Day

A selection of fine and affordable fish from home waters

emily brown

As women grow older they sometimes gain weight. This happens because we accumulate a lot of information in our heads. And then, of course, we get to a point where all the information doesn't fit in our heads. So all of that extra information starts to distribute itself throughout our entire body. Which means that we're not really overweight and fat, we're just very, very smart!



and being a woman has its advantages ...

We don't go bald
We always know our kids are ours
We have priority in a shipwreck
We're the first hostages to go free
If we are cheated on, we are the victims
We can pay attention to several things at a time
If we decide to do a man's job, we're pioneers
plus we can do everything a man does, while wearing heels!

Light up your life ,, with light therapy

Have you have been feeling off colour lately? Well the saying can literally mean just that. Every living thing needs light to grow and thrive. When plants don't get enough daylight their growth rate slows down and flowers are slow to blossom; people can feel just the same, but we call this lethargy and feeling off colour. You may know someone who finds the winter months, with the lack of light, difficult and depressing. Light affects us in different ways and can also have a therapeutic affect.

What is Light Therapy?

Colour and Light therapy involves shining coloured light onto the body in a sequence through coloured gel or glass filters. This form of therapy has been used in a limited way in hospitals since 1945.

This has taken the form of using blue light on jaundice babies, thus saving a transfusion. Light therapy can help emotional as well as physical problems. It is a pleasant form of therapy and is a most beneficial way to regain good health and well-being. This treatment is often combined with counselling.

What are the benefits?

Light Therapy can help with: *Post Viral Syndrome , Post Operative Exhaustion, Skin, Muscle and bone problems, Stress, Anxiety, Trauma Situations, Promote general health and wellbeing*

What happens when I come for a Light treatment?

On your first visit a full history will be taken, including any medical problems, to

ensure that the correct colour combination is used.

How will I feel after my treatment?

You will feel very relaxed and you may feel tired. It is advisable to rest after your treatment and drink plenty of water. It is better to plan a relaxing evening after this treatment as with any other complementary therapy.

For more information on Light therapy or any of our other treatments please call Debbie on 01208 880715



The Famous Fisherman's Friends

Pictured above during rehearsals prior to their recent appearance at the Albert Hall with *Show of Hands*

St Endellion Parish

Hospital Voluntary Car Service

The residents listed below offer their services as drivers. If you require transport you telephone one of them directly to make arrangements.

Bolton - 880218 * Bulgin - 880765 * Childs - 880322
Cooke - 880256 * Dean - 880685 * Dougall - 880963 * Isaacs - 880098
Murray - 880861 * Raynor - 880581 * Watson - 880298

Contributions required:

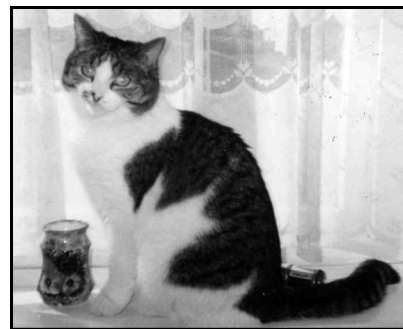
Plymouth	£30*
Hayle	£30
Falmouth	£30
Truro	£24*
Redruth	£24
Newquay	£20
St Austell	£20
Bude	£20
Bodmin	£14
Wadebridge	£10

Please note:

1. This car service is for residents of St Endellion Parish only
2. You are asked to give a minimum of 48 hours notice when requesting transport
3. The service is for appointments only (not for those visiting patients)
4. It is for people who have no other transport
5. The charges are for the round trip and not half journeys if you are to stay in hospital
6. * Plus any car parking charges(in addition to contribution)

No children aged under 6 years can be carried in our cars - new law, Sept 2006
ANY PROBLEMS CONTACT TED CHILDS ON 01208 880322

Pet of the Month Ayesha



Breed: Tabby

Age: 13

Home: Port Isaac

Owners: Bess & Peggy

Likes: Prawns, Haddock, sitting on a box on the bedroom windowsill watching the people going in and out of the surgery, sleeping

Dislikes: Sitting on laps, closed doors, other cats coming in MY garden (the cheek of it!)

Best Friends: My two ladies

Proudest achievement:

Knowing when it's Saturday - Peggy usually has prawns on Saturday!

June's 'Pet of the Month' will be Miss LaLa Hunny Bunny, the Grey Lionhead rabbit

If you would like your pet to be featured, just send us a photograph and some information about your pet, email to: trio@mac.com or drop into *Secrets*.



COMPOST CORNER



This is such an exciting time of year out in the garden. Wildlife whizzing around with purpose, hitherto dead-looking twigs bursting into life again, perennials pushing their way through the soil. It's all going on around us - and there are a few things we can do to help.



Keepest on top of the weeds - they are growing like the clappers at the moment. Whip them out while they are young - before they produce seeds, and consider mulching bare patches of earth to suppress any re-growth. Weeds use valuable nutrients and water leaving less available for our plants.



Trim off any dead-looking bits from your plants - there will more than likely be some brown, crispy ends lurking. Look for evidence of new growth before you snip, so trimming off only the bits beyond recovery.



Feed your plants - give them a boost of nutrients to set them up well for this period of growth. Liquid or granular feeds are a plenty in the shops with clear instructions for use. Don't forget that plants such as pieris, camellia and rhododendron like to grow in acidic conditions, so require a special acid feed. Read your labels. If you have Spring bulb flowers which are past their best, dead head them, and leave the leaves to die back for as long as you can stand them, or for as long as practicable, as the leaves continue sending goodness back to the bulb to ensure good flowering next Spring. Give them a good feed with a liquid or granular plant food.



Feed and weed your lawn. Remove the largest weeds by hand if possible, making sure you remove the root, and spot treat the baldy patch with some soil and seed. You can buy seed loose at most garden centres, taking as much or as little as you like in a bag. Remember to water the seed if there is no rain to do it for you.



Look out for garden pests and deal with them as soon as you see them. For example, look for sap-sucking aphids on your plants - roses are one of their particular favourites. Spray with a chemical treatment, a weak detergent solution or a garden hose jet, or run your (preferably gloved) fingers over the affected areas to remove the worst of them. Give planted containers a vine weevil treatment. I'm still finding the grubs in many of the containers I am overhauling for the Spring and they are so destructive. I'm sure you have your own way of dealing with slugs and snails!!



If you have any climbing plants, check to see if they need to be tied in at all. My clematis, honeysuckle and sweet peas are growing inches by the day and need guidance - be careful though as new shoots are often very fragile. See if any plants or shrubs need support and stake as required.



Now is a good time to tend your containers. Those with permanent residents could probably do with some attention. Do they look like they need a bigger pot - do they look too big for the one they are in or are the roots poking out the top or bottom of the pot? Have a look for any signs of disease or ailment and treat them accordingly and remove sad-looking bits. If the plant is staying in the same pot, remove weeds and as much of the compost as you can without disturbing the plant too much. Replace with fresh compost and feed the plant which will be very grateful!



The shops are filled with glorious bedding plants at the moment, so why not fill some tubs with a bit of colour. Remember though, bedding plants generally require a lot of watering. If you can't be sure they will be adequately watered, try geraniums or succulents which aren't as needy, or consider investing in dry loving plants. If you are overhauling a container, empty out all the old stuff and give the pot a good scrub with disinfectant. Starting from scratch in this way gives the new planting the best chance of growing well.



Are you growing any fruit or veg? Don't forget - you don't need a big garden or an allotment - you can grow no end of things in containers or a small raised bed. Seed packets have clear instructions, and you can buy most veg plants ready to plant out if you can't be doing with the fiddle of seeds. I'm already munching on yummy radishes from my garden. The little fruit trees I bought a few months ago are coming on a pace. All are leafing up beautifully. I'm very optimistic!





Port Isaac & District

Neighbourhood Watch



It is some time since there has been a Neighbourhood Watch article in *Trio*, but with summertime approaching it is appropriate to remind residents to let your co-ordinator know if you are to be away. This is easier in some parts of the village where most of the houses are occupied as opposed to areas where there are mostly holiday homes.

Opportunist thieves are all too aware of the signs that indicate that you are away or out. Please ensure that you lock your doors and windows when you go out. Make sure that all ladders and steps are kept securely and not just left lying in the garden.

With the better weather and the lighter evenings the youngsters in the village have more time to get up to mischief. At the other end of the spectrum we have elderly residents who do not take kindly to having a peaceful evening disturbed by a crowd of rowdy youngsters. Regardless of whether were born in the village or whatever their age, youngsters and adults must respect each other and each other's space.

This is going to be a busy summer with the presence of the film crew as well as holidaymakers and we want them to leave with good memories of Port Isaac. The Neighbourhood Watch scheme helped to set up the first meeting of the Youth Activities Group and assisted with the Fun Day in April. The group now has an active committee who have already organised the first outing and has plans for other exciting ventures. Many of the people in the village have contributed to help to get this group up and running and it is hoped that it will go some way to occupy the youngsters.

If residents have any problems, please contact the Police immediately on 08452 777444. Give as many details of the incident as possible and ask for a crime number or for the call to be logged. It would also be helpful to let your co-ordinator know. If you have any information about any crime and do not want to give your name, you can call Crimestoppers on 0800 555111.

PCSO Claire Drennan is now our Community Support Officer. She spent some time last month meeting residents and, with PC Malcolm Taylor, helped organise and run the Youth Activities Fun Day. We will be seeing more of her during the summer.

The North Cornwall District Neighbourhood Watch Office in Camelford Police Station is now up and running and last month a report was received regarding suspicious characters hanging around horses. This information was passed on to horse owners in the area. Any information will always be immediately passed on to the appropriate people in an effort to avoid crimes taking place.

Pat Pearson



Introducing ...

PCSO Claire Drennan
is based at Wadebridge Police Station. She can be contacted directly when she is on duty on
0845 6567930
or you can email her on
claire.drennan@devonandcornwall.pnn.police.uk

Claire will be regularly visiting the village and looks forward to meeting everyone.

Past times

May 1989

St Endellion Church Jumble Sale – a well attended event raised nearly £70 for Church funds.

RNLI Fundraising – The annual art exhibition at the Port Gaverne Hotel was closed by Mr Peter Tabor, donator of our lifeboat. The exhibition raised £1200.

Port Isaac Playgroup – A sponsored obstacle race raised £167.10.
Port Isaac School – Some 12,162 Sports

May 1998

Vouchers have been exchanged for gym benches, basketball equipment and a variety of small PE equipment.

RNLI Fundraising – Annie Price gave a talk and slide show about her time on South Georgia and Ascension Island. Her account of the days leading up to and during the first days of the Falklands War was gripping (Ed: see page ?).

Place won on training ship – Port Isaac's youngest crew member, David Fletcher, 17, won a free trip on the topsail schooner, 'Sir Winston Churchill'.

Shouts – On March 29th, two people were reported cut off in a cave at Port William. By the time the lifeboat was on scene they had been hauled out by a member of the public.

On April 14th, a person was reported in the sea at Glebe Cliff. This was Andy Walton's 200th Service Call. After a search it transpired that there had been no-one in the sea but a dog was rescued and returned to its owner.

Andy Walton – Andy joined the RNLI in January 1977 and completed six services in his first year. On August 14th 1978 he was one of three crewmen to save a young man in dangerous and dramatic circumstances at Bossiney. For this he was awarded a Vellum Certificate by the RNLI. He completed his 100th service in 1991.

Andy has now completed 20 years service, qualifying for a Gold Badge, awarded by the RNLI to all who reach this milestone.

St Endellion Church Coffee Morning – Over £200 was raised for the Church at the home of Mr & Mrs Warne at St Kew.

Bess Coates

Delabole Carnival Week

Saturday July 14th through to Carnival Night, Saturday July 21st

St Endellion Climate Friendly Parish Project

We had our April steering group meeting and agreed our action plan up until the year 2010! This plan is based on the transition towns idea which gives a community pointers on how to steadily reduce the dependence we have on oil. The key objectives we agreed for 2007 were Food and Local Economy, Housing, Transport and Energy.

Food

Steering committee to organise an event bringing together all those involved in food in the parish to discuss the Climate Friendly Parish project.

A Local Food working group is established from this meeting. The main role of the working group will be to design a local food network and publicise the issues surrounding local food.

Development of a local food action plan and directory of local foods listing all local producers and growers in St Endellion and surrounds.

Local Economy

Development of a Freecycle - St Endellion. The Freecycle Network is a grassroots, nonprofit movement of people who are giving (& getting) things for free in their own towns. Membership is free. Link via our website www.stendellion.com. We plan to link up with the group already established in Wadebridge who already have over 100 members.

Development of a 'freecycle' type network for people that do not have access to the internet, possibly via a classified section in *Trio* or another forum.

Housing

Students from Cornwall College will assess the findings of the survey and provide recommendations to the Steering Group. A Working Group will be established to look at Cornwall College recommendations and devise an implementation strategy.

Cornwall Energy Plus will provide energy advice under the Home Health (from North Cornwall District Council) scheme offering free insulation to all eligible residents.

Transport

The Steering group will work with Cornwall County Council to promote car-sharing in the parish. This will involve promoting the www.carsharecornwall.com website to all residents of the Parish through *Trio* (see websites of the month). The steering group will develop a carshare network for people that do not have

access to the internet, possibly creating a classified section in *Trio* and will utilise the St Endellion website which will include a car-sharing section or links to carshare-cornwall.

Energy use:

Provide every household and business with information on practical steps to save energy. These steps include such things as using long-life light bulbs, switching off all electrical appliances instead of leaving them on stand-by, only boiling the required amount of water instead of always filling the kettle, having properly insulated immersion tanks. Cornwall Friends of the Earth and others have already produced this information which will be modified for St Endellion.

Work with Cornwall Switch to encourage people to switch to sustainable energy suppliers.

Next meeting will be on Monday 21st May at Port Isaac School 7.30 pm
All welcome.

Come to the Delabole Wind Fair 2007

Saturday August 18th from 11am-6pm

Entry is free

Good Energy is hosting the third Delabole Wind Fair. It is a day to celebrate renewable energy and all things sustainable. In 2006, more than thirty companies and organisations involved in eco-living and green energy came to exhibit and 3000 visitors came along and enjoyed a great day out.

Like last year, we aim to have wind turbine tours, forums about generating electricity at home, lots of entertainment for kids and grown ups, plenty of local and organic food and drink and, fingers crossed, the spectacular turbine illumination. In the coming weeks you can find more information in *Trio* and at the Good Energy website but if you are a business involved in small scale renewables, an organic food and drink producer or a Children's entertainer and you would like to take part in this year's Wind Fair, please email

amanda.watson@good-energy.co.uk or call on 01249 766 098

Magical Managers 2006/07

Division One

LW	POS	TEAM	MANAGER	PTS
1	1	MAYBEES	Tom Bishop	797
2	2	BADA BING	Paul Honey	771
3	3	THE GRAMACHO GREATS	Andrew Grills	758
4	4	COME ON LAMPARD	Rachel Grills	717
5	5	SB MILAN	Scott Bennett	689

Division Two

LW	POS	TEAM	MANAGER	PTS
1	1	THE CORNISH PISKIES	Margaret Honey	828
2	2	EMMA'S NIP NIPS	Kevin Honey	800
3	3	ALWAYS COMES LATE	Mark Forbes	724
4	4	MOONRAKERS	Colin Durston	682
5	5	BUNG'S DREAMERS	Kevin Gill	661

Division Three

LW	POS	TEAM	MANAGER	PTS
1	1	WITHERDEN'S WARRIORS	Tim Witherden	777
2	2	FLY NAVY	Les Honey	759
3	3	PETROLE RUSSE	Mark Pattenden	751
4	4	THE SAVAGES	Sam Eaves	740
5	5	PETER'S PENGUINS	Chris Witherden	721

Up to April 21st 2007

Very special get well soon wishes to Trio's very own GOM

Mobile Library

Don't forget that the Mobile Library visits the village every two weeks on a Thursday afternoon and stops near the Peapod at 2.30pm. Dates for May are the 3rd, the 17th and the 31st.

Make a saving on your electricity bill

I came across a useful bit of info today in a letter from EDF re my bill rotation. Please let your readers know that EDF offer a cash reduction of £3.92 per billing period to customers who self-read their meters and submit the details online!

To take advantage call EDF on 0800 365000 and ask to register on the Self-Reader Saver Scheme. They will then email to ask you to read and register your usage!

Nicola

Did you manage to spot that last month's mystery photo was a young Jon Cleave?

The idea seems to have taken off so see if you can guess who this handsome young man is.



If you need a clue, he no longer lives in the village but may well be visiting during May!

Send in your youthful photo for inclusion next month

March 29th 2007 proved to be a landmark event for Port Isaac RNLI, marking the 40th Annual General Meeting since the re-opening of the Lifeboat Station in 1967. In fact, if one takes in the previous history of the station, which was formed in 1869, the serving Committee's have reported on no less than 86 years of active RNLI affairs, taking into account the period when the station was closed between 1933 and 1967. Over these years our crews have answered call out 579 times and rescued 298, the most recent on March 7th.



Record fundraising

In addition to this history it was a great pleasure to announce, on behalf of the committee, a record for the Branch fund raising efforts which showed an audited return to the RNLI of £ 27,040.96 clear of all costs - this covered the period January 1st - December 31st 2006. Such returns do not come without considerable effort from the dedicated committee and the small but active team of RNLI supporters. Events and projects that had contributed towards this notable achievement were The John Betjeman Birthday festival for which Port Isaac RNLI organised much of the fund raising support, The Annual Fun Day in the harbour, the Harvest Festival and the Christmas Market. The annual sale of the Station's Christmas Cards, reproduced in 2006 from a painting created and dedicated to the RNLI by Barbara Hawkins, support for this was given for the sixth year running by Jackie & Laurence Llewelyn-Bowen and the Directors of Sharp's Brewery, also contributed. Port Isaac RNLI requested that a significant proportion of their fund raising efforts in 2006 are dedicated in support of the New Padstow Lifeboat Station project.

Marathon Man

Ex crew member Greg Hingley's great effort in The London Marathon, running in the nominated RNLI team and raising no less than £4,661.41 was, at Greg's request, accredited to Port Isaac RNLI and of course the sale of our exclusive range of clothing and selection of historic RNLI associated fine art reproductions and photographs all played a part. Not forgetting the significant return from the collection boxes in the area, the most important of which is the Station Box, as always efficiently attended to by Station Deputy Launching Authority, Byron Buse.

Les Henson

Port Isaac RNLI have been fortunate over the past seven years to have the support of well known artists in the area, at first with Frank McNichol, followed by Roy Ritchie and then Barbara Hawkins. It is great news to have additional support from the well-known Portsmouth based marine artist Les Henson who generously gave his original oil painting of the Richard and Sarah II attending a historic rescue. This sold, after some very keen bidding, at the Harvest Festival for £500.

Fine art reproductions are available of this painting, a small copy of which can be viewed in the new display windows, positioned either side of the main lifeboat station doors. These are part of the refurbishment of the Station that is now looking very professional indeed with the secure crew lockers now completed. The widows are dedicated to the memory of film man John Coleman whose family and friends have covered the reconstruction cost.

Carole Raynor awarded the RNLI Bronze badge

It was a great pleasure for Committee and Crew to congratulate our Secretary, Carole Raynor, on the award of the RNLI Bronze Badge for meritorious service over the past seven years. Area Fund Raising Officer for the RNLI SW and the Isles of Scilly, Dave Nicol, presented Carole with the badge and citation. It was also a very great pleasure to wish our most important committee member, Mollie Farmer, a Happy Birthday on reaching her 92nd year and to thank her most sincerely for her long and dedicated service to the RNLI and for keeping us all in order!

Election of Officers

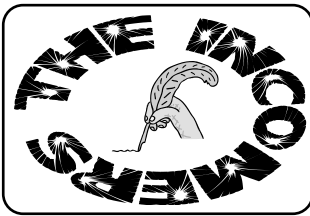
Bob Bulgin-Chairman Carole Raynor-Secretary Pat Pearson-Treasurer

Annie Price continues as Deputy Chairman, Janie Rowe as Box Secretary and Sandie Bulgin as Fund Raising Projects Secretary.

Volunteers wanted

Our committee and helpers are a small band indeed and we would really like to welcome more on board. In fact if we are to look ahead it will be essential to build a new team to carry the Port Isaac RNLI Banner forward. How about considering joining us and helping to ensure "Safety for those in Peril on The Sea" and the future of our historic Lifeboat service here in your village. Young or a little older and with a will to either help from time to time or join our committee - don't hesitate to phone either Annie P on 880386 or Bob B on 880765.

Bob Bulgin, Chairman



Following last month's last month's incomer story I've had some positive feedback and many, many suggestions for future candidates. One name in particular popped up several times, that of Midge Ross. So I phoned her to ask if she would be happy for me to delve into her private

life. She kindly agreed to my interrogation and during our interview I again realised how lucky we are in this village to have such a wealth of interesting characters. I was not able to spend as much time with Midge as I did with Eric but I managed to get a fairly concise resume from her about her life before she and Freddy came to Port Gaverne.

Midge Ross

Marjorie Beer was born in Willesden, London on November 30th 1917 (Winston Churchill's birthday). She adopted the name Midge as she hated Marjorie being shortened to Marje. Her great great grandfather had been the first Station Master at Willesden Junction, Willesden at that time being just a small village.

When she was just eight years old, both of Midge's parents died from TB, exacerbated by London's well-documented "pea-soupers". An only child she then went to live with her Uncle in Ealing. She spent some time at a local Convent School before going to boarding school in Hove in Sussex. From here she changed to another school called Croham Hurst in South Croydon where she stayed until she was 17 when she went off to Brillamont Finishing School in Lausanne, Switzerland.

On returning to England Midge worked for a beauty company called Jane Seymour. She trained as a beautician and travelled all over England and Ireland. During this time she met her first husband, an Irishman, who she married in May 1939. They emigrated to South Africa, sailing on a ship called The Capetown Castle, and arrived there on September 3rd 1939, the day war was declared in Europe. She returned to England in October 1940.

At the onset of war her husband joined the RAF as a pilot. They spent quite some time apart as his training regime took him away from home for long periods of time. He did some of his training at the Imperial Hotel Torquay and was then jolly happy to find he had been posted to Miami to do his flight training, only to find this was Miami, Oklahoma and not Miami, Florida! Very early in the war he was shot down over the English Channel.

During the war Midge worked for the American Navy Army, as a secretary in their offices in Grosvenor Square in London. As the war ended she was transferred to the American Army and sent by them to work in Paris, arriving there on Bastille Day, July 14th 1945. In January 1946 her work took her to Frankfurt in Germany where non-fraternising restrictions were still in place.

With the war now over and the world settling down Midge decided on another new venture and in 1948 she sailed on the SS France to New York for a new life in America. During her first few days in New York, friends recommended she had lunch in Stouffers Restaurant as this had separate dining areas for ladies who wished to dine on their own. On her first visit there she struck up a conversation with another lady whose husband was the publisher for Fortune Magazine. Midge was looking for work and this lady organised an interview for her at Time Life. Midge got the job and began her time working there as a secretary. She shared an apartment with an American lady who worked for the Red Cross.

During this time in America she met Freddy Ross. On the night in question Freddy, who was in the American Army, was asked (or rather ordered) by his Commanding Officer to join Midge's party for dinner to make up a foursome. It was Labour Day and Midge's party had planned to spend the whole day at Jones' Beach celebrating the bank holiday with a picnic, but due to wet weather they decided to have dinner in the Officers Mess instead. It was in this Officer's Mess that Freddy obeyed the orders that led to their courtship. Midge and Freddy married on January 8th 1949.

They were posted to Germany. During this stint the non-fraternising restrictions had just been lifted and Midge took the opportunity to travel with an old school friend. They started their tour in the Black Forest, staying in a mish mash of hotels. Many had been bombed during the war so good hotels were few and far between. At one



Midge Ross, a very glamorous lady

hotel in particular, as Midge and company were leaving, the staff stood on parade at the hotel entrance to say thank you for coming, as they had been the first visitors since the non-fraternising restrictions had been lifted.

At another hotel they slept in the dining room and could not go to bed until dinner had been cleared away. They then had to be up early in the morning so that breakfast could be served. From here they travelled on to Italy and Austria before returning back to Germany.

Back in the States again and it became obvious that Freddy's position in the army was not secure as he was not regular army. Both Midge and Freddy were in a quandary as to what road to take next. As Freddy had been in the acting world before he joined the forces (he was with Orson Welles in a performance of Julius Caesar), Midge thought it would be a good idea to return to England and try to find work in the now up and coming Television industry. However, things did not go to plan and eventually Freddy secured a position working at Heathrow Airport.

Midge and Freddy had no children and decided to adopt. Over a period of time they adopted two children, Pippa and Timothy. Their family holidays included times in Cornwall. They often stayed at

(Continued on page 17)

(Continued from page 16)

Yellow Sands, near Trevoze. During one of these holidays they met Sheila and David Bolton who, in turn, introduced them to Port Gaverne and the Calverly family who owned The Green Door. The Calverleys eventually emigrated to Australia and Midge tried on many occasions to persuade them to sell their property in Cornwall but they wanted to keep it as a bolthole and an investment for their children in Australia. As these children grew up it became obvious that they had no interest in returning to England and eventually Midge and Freddy became the owners of The Green Door, having bought the Port Gaverne Hotel on October 1st 1968. They ran this business for many years together, both Midge and Freddy working in all areas required to attain the high standards we now associate with that establishment.

Freddy sadly died in 1992 but Midge continued to manage the business on her own until January 7th 2002 when she sold the hotel side of the business to Graham. Midge still owns The Green Door but now has her daughter Pippa as a partner in the business to deal with the everyday running. Pippa also works part time for a Travel Agency in Exeter. She lives on Dartmoor with her husband and three children. Emily 18, William 16 and Guy 12. Midge's son Timothy works in Wadebridge for the Post Office.

Midge is at present still suffering from breaking her hip in a fall and despite being in hospital for seven and a half months is unfortunately showing little improvement. She is, to say the least, a formidable woman and I hope I have done her life history some justice and got all the facts right.

She loves retirement and says she is now happy to sit by her balcony and watch the world go by having been lucky enough to have done everything she wished. We met for a second time to amend mistakes I had made in my first draft of Midge's story and had a delicious lunch at the Gaverne on the patio in glorious sunshine. A truly perfect afternoon.

Midge is an inspiration to us all and her life is further evidence of what interesting characters we live alongside in our tiny community.



Midge, still glamorous



See who you can spot without looking at the names!

Top left: Mr Jack Collings & Mr L Castle (committee).

Team, top, l-r: Jack Couch, Harold Donithorne, Ray Stone, Fred Bunt, William Spry, Sky Wherry, Roger Hook (committee)

Bottom, l-r: Unknown, Colin Gifford, Jack Sweet, Jim Brown, Mr Stammers (landlord of Pendoggett pub), Ledville Cleave

Supplied by Yvonne Cleave

Plastic milk bottle caps

Rion is still collecting plastic bottle tops for charity which can be dropped in at Port Hair. Please note that the telephone number given in last month's *Trio* was incorrect (*Ed: Hand's up, my fault!!*). You can call Rion on 880069.

Wanted to buy

3-4 bedroom house
in Port Isaac for
permanent residence
Anything considered
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circumstances – just 23 miles
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schoolchat

news and views from
Port Isaac School



Playful Playtime Children

Playing, puzzling, play-
ful. Rallying, running, rac-
ing. Sneaking, skipping, spin-
ning. Skipping, hopping, rac-
ing. Playful playtime chil-
dren. by

Welcome

We say a big HELLO to
Michael who has joined
Miss Martin's class this term.
Michael is in Year 1 and has
already made lots of new friends!

Port Isaac Primary School Garden Club is up and running again

This year we are asking for plant
donations. Have you got too
many of anything? Could you spare
a something or two from your
greenhouse? We would be really
grateful. We are bringing a lot on
from seed but it is always nice to
have some plants to go straight in.

Please contact me, Liz Watson, on
07811 962090, and I will come and
collect, or you could drop your
donation off at the school if you are
passing. Thanks so much.

Happy Birthday...

*Birthdays celebrated in April
were*

- Mawgan 11
- Asa 8

The Friends of Port Isaac School

invite you to join them for a

French Cultural Afternoon

at the school

on Tuesday 15th May from 1.00pm-3.30pm



Drink coffee, eat croissants,
speak French, listen to music
and be served by waiters/
waitresses

EVERYONE WELCOME!

The Friends of Port Isaac School 100 CLUB

The Friends of Port Isaac School would like to thank all the **100 Club**
members for their continued support of the School and we hope you
will feel able to continue supporting the school in this way.
Every month there are 6 prizes

1st prize £30
2nd prize £20
3rd prize £10
and 3 prizes of £5

The 100 club runs from March to February though new members are
always welcome at any time of the year. We hope you will continue your
membership. Please contact Carole on 881001, Marie on 880977 or Jan
at school on 880494.

The payment is still only £2 payable monthly, £12 half-yearly, or £24
yearly or by direct debit (ask for a form). Cheques to be made out to
Friends of Port Isaac School.

If you are not a member and would like to join the **100 Club** or you know
of anyone else who would like to join as we are all Friends of Port Isaac
School, please contact one of the above. We have some numbers for this
year as with all things memberships rise and fall. If you are a member
and no longer wish to support the school please contact us so we can
reallocate your number.

The existing rules of the **100 Club** still apply; these rules comply with the
local Authority Guidelines.

ONCE AGAIN A BIG THANK YOU FOR YOUR SUPPORT. WE
COULDN'T DO IT WITH OUT YOU.

Tesco Vouchers

Don't forget to hand your vouchers in to school.
We will be banking our total this year to carry over to next year.

Parish Council elections



Thursday May 3rd - St Peter's Church Rooms
7.00am - 10.00pm

This is your chance to vote for who you would like to see on your Parish Council.
You can select up to eleven candidates on your voting form.
But be warned, if you make a mistake and vote for more than eleven candidates, your vote becomes void.

Trio invited all the 19 candidates in this election to write a bit about why they are standing for Parish Council and, if elected, how they would serve the Parish.
Sixteen candidates accepted our invitation.

election '07

CANDIDATES

Barbara Bell
Martin Bell
James Bishop
Bill Dawe
Martyn Dingle
Ed Fletcher
Anne-Marie Hallett
Richard Hambly
Robert Harris
Alyson Lorimer
Robert Manders
Andy Penny
Cerin Penny
David Phelps
Elizabeth Rowe
Mark Rowe
Janet Townsend
Nicola Williams
June Yates

election '07

The election results will be posted on the NCDC website at around 5.30pm on Friday May 4th. As soon as the list is available, *Trio* will post it on the Village Hall Notice Board.

Mark Rowe

I was born in Port Isaac and although I lived away for 20 years I returned with my family in 1995. I have no experience of being a Parish Councillor although I do feel partially qualified by having watched most episodes of the *Vicar of Dibley*. However, by looking at the list of prospective candidates, it would appear that most of the roles from that programme will already have been taken.

What initiated my attempt to be elected as a Parish Councillor is, I suspect, the same as many of my fellow candidates and that is a concern about housing, be it rented, affordable, association etc. I have four children and should all or any of them decide to spend their lives in the village there is no doubt they will experience problems finding suitable accommodation. The recent rumours suggesting up to 100 houses being built to assist other areas in housing their unfortunates did not inspire me greatly. So I think if the land is ours let's use it for ours and not let somebody else use it for



Alyson Lorimer

I have lived in Port Isaac for seven years. I work as a Music teacher at Wadebridge School. I have two children who attend Port Isaac Primary School and a husband who doesn't. I believe that our Parish Council should reflect our community and that all areas of our village should be represented as well as all walks of life and all ages. I notice that there are several candidates standing from Mayfield Road, which means that voters will have plenty of choice!



Robert Harris

I have always lived in North Cornwall and moved to the Parish thirteen years ago, with my wife Jill and four children. We live at Tolraggott Farm, in St Endellion. My daughter Elizabeth is the clerk of the Parish Council.

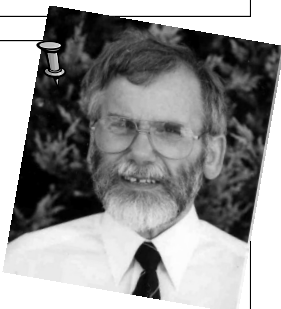
I take great interest in the local community and the development which takes place within it. I wish to preserve our Parish for the future, which is why I feel very strongly about the issues that are faced by the younger generations concerning affordable housing.

I perceive much importance in this matter, as it will play a vital part in sustaining a younger community within the Parish. If re-elected I shall continue to look upon matters which come before the Council in the same



Robert Manders

If elected to the Parish Council, I will work to provide affordable housing for young people from the locality, both now and in the future; maintain and improve our network of footpaths, important both to visitors and for our own healthy living; obtain better public transport, and more efficient use of private transport, for residents and visitors; ensure our amenities, of all kinds, continue to be maintained in good and safe condition further the aims of reduction of waste, recycling where possible, and a climate-friendly parish; liaise with other Local Authorities, to our mutual benefit, through the proposed reorganisation and beyond and; benefit all those who are fortunate enough to live in our



Whilst not wishing to diminish the contribution of those who have served our community for many years as Parish Councillors, I do think the time has come for some fresh blood. Evidently the issue that has sparked so many of us to stand is the current debate over housing provision. There is dire need in our community to take steps to ensure affordable housing for the many young people who wish to remain in Port Isaac, but given the dizzy heights of the market are unable to contemplate a future here. I fully supported the Parish Plan consultation scheme, and would seek the finalisation of this or a similar plan. However, I have heard the concerns of those among you who would wish to guarantee that any housing built will stay in local hands for the good of the community. Should a modest housing scheme prove possible, what form the ensuing covenant takes that ensures this is of primary concern.

As a gardener I'm enthusiastic to see the implementation of a community composting scheme, perhaps combined with a wormery too. Think how much recyclable waste is created by all the busy restaurants here. I'm sure they'd be keen to minimise their wastage bills.

Parking and the need to alleviate congestion and the resultant loss of good temper by residents and visitors alike, seems an insurmountable problem. The fear on drivers' faces on their way down to the beach can be diverting, but a stand-off outside Fearless is hardly a warm welcome to the village! Visitors are our livelihood and a consensual solution ensuring the happiness of all must be found. Young and old, we'd all appreciate a little more peace during the busy summer months!

We need a Parish Council comprised of those who live and work in this community, who can debate these and other issues without self interest, who will listen and wholly represent our views. I live, work and walk here, hold this place dear and believe that the needs of the young are intrinsic to the future health of our community. I urge you all, especially the youngsters, to use your vote on May 3rd to elect a revitalised Parish Council to address the issues affecting your future.



Cerin Penny

I am standing for Parish Council. I have lived in Port Isaac for all of my 18 years and would like to see a younger Parish Council more representative of the people who live here.

I am particularly interested in the Port Isaac youth group and increasing facilities for younger people in the village.

Martyn Dingle

I have had the privilege of living in Port Isaac since 1984. My children, Paul and Karyn, were brought up here and attended the local primary school, which I am certain gave them good grounding for adult life.

If I were to get elected onto the Parish Council, I would like to think I could help to give local families the opportunities my family has had, by encouraging more housing for young people, thus keeping the numbers up at the school, which would help to keep our community growing.



My name is Andy Penny and I am standing for the Parish Council. I agree with many people in the Parish that we need an elected Parish Council as opposed to the co-opted council we have had for many years. I was a co-opted Parish Councillor some years ago but left because I did not like the direction the Council was going in.

Past Councils seemed to prefer to concentrate on their brief of 'foot paths and playing fields', ignoring the role a Parish Council should play in supporting the many voluntary groups in the villages. Look at the debacle over the 'Main' at Port Gaverne. Instead of support for the 'local volunteers' who formed 'The Friends of the Main' we had a full on battle. The playing fields are another case in point. "No decision has been made", we have repeatedly been told. How many years has it taken to get to this point?

Of course we don't really know what past Councils have got up to unless we sit through the bi-monthly meetings as there are no minutes published on our new expensive notice board out side the Co-op. In this day and age minutes should be emailed as soon as approved to anyone who wants them. and how about a Parish Council web page so we know who our Parish Councillors are. A community minibus would be a more likely option if the Parish Council would take on the administration. I doubt if any of these opportunities would have been taken up by past Parish Councils.

If certain County Councillors have their way, we will have a unitary authority, meaning no District Council and more responsibility for Parish Councils.



Ed Fletcher

I have been friends with Port Isaac since 1950 when my parents purchased Wesley House. This year marks the 30th. Anniversary of Sian and I moving here to live and our three children were born here and have had childhoods second to none. Port Isaac has given my f

amily more than there is space here to tell and now that my children have flown the nest and our new home is finished, I will have time to give something back and I would like to try by serving on the Parish Council.

As you are aware, major development has been proposed within Port Isaac, and I believe that proper consideration has not been given to the impact this will have on all our lives especially since the original deal has changed so much in favour of the developers. If elected you can be sure I will fight hard to ensure that in this and all Council business Port Isaac is the winner not the loser.

Richard Hambly

My main concern is that of providing appropriate housing for the young people of our Parish so that they do not have to move away and can bring up their families here. This would in turn bring the pupil level up to what it was in previous years at our local school.

I am also concerned about safety on the roads and pavements of our Parish. We still have dangers posed by speeding traffic, illegal parking and having to dodge the dog mess left around our Parish.

And as for the seagulls, well ...

Anne-Marie Hallett

I was born in Port Isaac and went to local schools and St Austell College where I studied catering.

I am 25 years old and we have two young boys, one who is four years old and has started at Port Isaac Primary School and another who is one years old. I live on the Port Isaac Hillson Close estate with my partner Brian who works in waste recycling.

I am standing for election because it's important that St Endellion Parish Council has members who are raising families in the parish.

Elizabeth Rowe

As a resident of the bottom of the village, I will be able to represent the views and concerns of the people who live in the old village.

I am also concerned to find out what the local demand is for affordable housing and to ensure that people from the local area have priority when these houses are allocated.



June Yates

I am standing for the Parish council in hopes of being elected as I feel that all sections of our community should be represented on the council. The people in Trelights are often made to feel that they are the poor relations and that they don't count for much; it is the St Endellion Parish Council not the Port Isaac Council and as such all areas should be of equal importance. I have been associated with this area for many many years (my younger sons were all educated at Camelford). I hope I will be elected for a further term to represent Trelights as well as Port Isaac. I have not only served as a councillor but have been on the Footpath Committee and the Amenities Committee and I would like to carry through the work we have been doing, especially on the former as footpaths are so important as part of the attraction for the visitors on whom the economy of the area relies so heavily.

Martin Bell

I'm a Chartered Surveyor married to Barbara Bell, the Port Isaac ceramic artist. My professional work involves negotiation with council officials around the country and I was a director of Regeneration North Cornwall when it helped the harbour commissioners to obtain EU Objective One funding to repair Port Isaac breakwater.



If Cornwall's County Council and its MPs have their way the Government will create a single 'unitary' Cornwall Council with NCDC and its elected councillors being abolished. Within two years, power over town planning, council houses, refuse collection and other district responsibilities will move to Truro with a Wadebridge/Padstow based 'Community Network' supposedly providing the 'greater local community involvement' that the Government requires. The responsibilities of Parish Councils may increase at the same time, which is why it is very important that St Endellion Parish Council has a contested election this time. The next Parish Council must be represented on the 'Community Network.'

NCDC decided to stop giving priority to local families when they allocate tenancies for council houses in the parish and the most recent went to people from other parts of Cornwall. I welcome the families who were fortunate to get them but, unlike St Merryn Parish Council who have protested vigorously and organised demonstrations calling on the MP to intervene over the loss of local priority, hardly a peep was uttered by the last St Endellion Parish Council. The next St Endellion Parish Council must join forces with other parishes to compel NCDC or the 'unitary' council to restore local priority on council house allocation.

I am strongly opposed to an extravagant sports hall on the Port Isaac playing field that requires a subsidy from the Council Tax parish precept. A modest one that meets the needs of the primary school, provides changing rooms for local teams and a single badminton court, will do the job and the education authority can pay for most of the upkeep costs.

Some residents like those in Trelights are already in the highest Council Tax bands but get virtually nothing from parish precept expenditure and are cut off from facilities in Port Isaac. NCDC's planning department has refused a 'design guide' for new houses in Trelights, similar to the one for Port Isaac. The next council needs to focus on issues like a Trelights design guide and the dreadful condition of Trelights road surfaces, which are ankle breakers.

Port Isaac's waste water treatment plant stinks because not enough money is spent by SWW on cleaning it and a village that depends on tourism as its economic mainstay can't put up with it any more.

It is time for a change. The new Parish Council must be much more representative of the local community and on occasions be prepared to put up a very serious fight. I

James Bishop

I live in Port Isaac with my wife Sharon and our two sons who are both at local schools. I am the proprietor of the Long Cross Hotel, Restaurant and Gardens near Trelights and I decided to stand for election because it is important that there are enough candidates to ensure a vote, and I think the council should have at least one member who is involved in the local tourism economy.

Barbara Bell



I have been a Parish Councillor for almost five years and think it's time for some changes. I now look forward to an elected Parish Council that works openly and as a team. I feel that the Parish Council should make some changes immediately and many more in the near future if we are delegated with more responsibilities if the proposed Cornwall unitary council goes ahead and NCDC is abolished.

Affordable housing is high on my list: the planned 15 houses and a sports hall on the Playing Fields has foundered because of behind the scenes dealing. Since the Parish Plan consultation four years ago things have changed dramatically. Council house allocation is a concern as not one of the council houses allocated in recent times has gone to a family from this Parish. We welcome those who have been allocated these houses, but it makes it very difficult to justify more rented affordable houses, especially on playing field land, if we cannot guarantee our own people will occupy them. We also see some of our talented people who were born, raised and now work in the Parish, having to leave to get onto the property ladder. There are affordable homes providers that work to build housing for first time buyers. The Parish Council should help local first-time buyers to form a co-operative and concentrate on small-scale developments that have proved successful in other villages.

Car parking is a nightmare. We pay far too much Council Tax already to expect to pay for residents' parking and should lobby NCDC (who benefit from car parking fees) to provide residents' parking signs on unmarked roads and streets free of charge.

I would like to see a Parish Council with more community involvement, especially from Trelights residents who pay some of the highest Council Tax in the parish but get very little from it. There should be one council meeting each month unless there is urgent business. I'd also like the *Trio* report written



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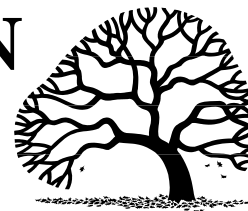
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NHS Direct Helpline -
 0845 4647

Royal Cornwall Hospital (Treliske
 & City), Truro -
 01872 250000

East Cornwall Hospital (Bodmin) -
 01208 251555

Police (non emergency calls) -
 08705 777444
 PC Malcolm Taylor -
 079680 87667

Parish Council Clerk -
 Elizabeth Harris - 01208 880927

District Councillor - Bill Dawe -
 01208 880253

Stranded seals/dolphins etc -
 Bob Bulgin - 01208 880765

Electricity - emergency
 service - 0800 365900

Water - helpline - 0800 1691144

Village Hall Bookings -
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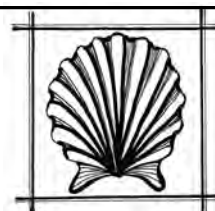
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**When responding to an ad,
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saw it in Trio**



Thursday May 3rd

Local elections – don't miss your chance to vote for your Parish Councillors – St Peter's Church Rooms from 7.00am – 10.00pm

Monday May 7th

'In the Bag' kerbside recycling – have your bags out by 7.00am

Monday May 14th

Parish Council Meeting at Port Isaac School – 7.30pm

Tuesday May 15th

Whist Drive in St Endellion Church Hall – 7.30pm

Monday 21st May

'In the Bag' kerbside recycling – have your bags out by 7.00am

St Endellion Climate Friendly Parish Project meeting at Port Isaac School - 7.30 pm

May 25th – 28th

Port Isaac Music Festival 2007

Monday May 28th

Port Isaac Rowing Club Race Day for the George Moth Shield (Men) & Mark Provis Shield (Ladies)

Sunday June 3rd

Port Isaac Rowing Club Recruitment Day

Monday June 4th

'In the Bag' kerbside recycling – have your bags out by 7.00am

Sunday June 17th

RNLI Annual Lifeboat Service on the Platt – 12noon

Tuesday June 19th

Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday July 11th

Carn Awn Singers Annual Concert in St Peter's Church, Port Isaac

Saturday July 14th – Saturday July 21st

Delabole Carnival Week

Tuesday July 17th

Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday July 25th

St Peter's Church Summer Mini-Market in the Church Rooms

Saturday August 4th

Port Isaac Rowing Club Gig Day

Sunday August 19th

RNLI Funday at the Harbour

Tuesday August 21st

Whist Drive in St Endellion Church Hall – 7.30pm

Friday August 31st

Port Isaac Village Hall Auction

Sunday September 16th

St Peter's Church Harvest Festival followed by Auction & Supper

Tuesday September 18th

Whist Drive in St Endellion Church Hall – 7.30pm

Friday October 12th

RNLI Harvest Festival

Tuesday October 16th

Whist Drive in St Endellion Church Hall – 7.30pm

Saturday October 27th

A Medieval Banquet in the Village Hall – joint fundraiser for the Christmas Lights and the Village Hall

Saturday November 17th

St Peter's Church Christmas Mini-Market in the Church Rooms – 10.30am

Tuesday November 20th

Whist Drive in St Endellion Church Hall – 7.30pm

Saturday December 1st

RNLI Christmas Market in the Village Hall – 10.00am

Tuesday December 18th

Christmas Whist Drive in St Endellion Church Hall – 7.30pm

Trio copy date for June issue

MONDAY MAY 14th - early due to Bank Holiday at end of month!

REGULAR EVENTS

Port Isaac Stay & Play Group – every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Leigh on 880745 or Marie on 880977

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jenni on 881038

Rainbows - every Tuesday from 4.45pm - 6.00pm, during term time, at Port Isaac School. Contact Jenni on 881038 or Marie on 880977

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Local History Group – The first Friday in the month in Port Isaac Village Hall. Contact George Steer on 01208 880754

Port Isaac Chorale – Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers – Every Monday at 8.00pm in Trelights Chapel

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

Thai Kick Boxing - Every Wednesday from 7.00pm - 8.30pm in the Village Hall. Contact Sal on 07875 698285

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am, Family Service every third Sunday at 10.00am
Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm



**Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure that your event is included here!**