

TRIO

The Port Isaac, Port Gaverne and Trelights Newsletter • No: 276 • July 2007 • 60p



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every Friday
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8ish

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every Thursday on
the Platt - 7.45pm



Port Isaac Youth Group Ever been abseiling? we have. It was so much fun!



It was our third trip and, by far, the most scary! We travelled to Bodmin Moor in the bright sunshine and met some abseiling instructors who took us to some massive rocky cliffs. They told us we were going down them! After we had picked ourselves up off the floor we had some instruction and we were strapped into harnesses and helmets. We first climbed up the cliffs and, once we were at the top, like lemmings, we abseiled down.

It was great fun, and I think we were really brave!

Thanks so much to Robyn, Yve and Caroline for taking us - we had a fab time!

Victoria Lewis

A big thank you to Pete at *Surfs Up!* for the very kind use of his minibus allowing us to go abseiling. If anyone with a minibus can help us with transport for future trips please contact Robyn on 880390.

The Joyce Collins St Ives Trip

On Thursday 14th June, a large coach full of Golden Circle members and friends enjoyed a days outing to St Ives, arranged as a memory to Joyce Collins who died earlier this year. The glorious sunshine made for a very pleasant wander around the town, sight-seeing, shopping and lunching. The homeward journey via the north coast included a splendid cream tea at Palm Springs Oasis, Portreath.

Robin Penna

A big thank you to the Golden Circle for inviting us along on the Joyce Collins trip to St Ives. It was a lovely day, the sun shone, we shopped and we lunched on the beach. We think that Joyce was looking down on us all as Port Isaac was grey and drizzly while we basked in lovely sunshine. We missed you Joyce, as we do at all the village events you always attended.

Dee, Barbara, Liz & Marion



Village Hall Closed during August

Due to the commencement of our long-awaited access improvement works, Port Isaac Village Hall will be closed from Monday August 6th to Friday August 31st.

Our apologies if you wanted to book the Hall during this period but it will be worth it.

Port Isaac Village Hall Committee

Something heard on the radio
but I bet it's true!

If left alone in a room with
tea cosy, 98% of men would
put it on their head!

Local Walks & Maps

Robin Penna's books of walks, maps and local information have now been revised and republished and are for sale in *Secrets*.

A Quick Look Round Port Isaac

(a brief guide for visitors to help them enjoy the village) - £2

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish with lots of useful local information) - £3

Local Footpath Map - 50p

By popular demand, Robin's more detailed book, A Short Guide to Port Isaac

has been updated and reprinted and is now for sale priced **£5.50**



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RACE FOR LIFE

Port Isaac gals are tough so a bit of rain did not deter the teams from the Co-op, the Slipway and the Sport Isaac Team, plus other individuals, who took part in the *Race for Life* at the Eden Project on Sunday June 17th. We started out very wet and got soaked again at the end but the rain did ease off for the actual race. Some ran, some walked, some did a bit of both but it didn't matter as we were all there for the same reason, to raise money for Cancer Research.

The inspiration of Alyson Lorimer, the Sport Isaac Team were Aly, Marion Andrews, Cath Armstrong, Lisa Brown, Liz Brown, Edna Davies, Sian Fletcher, Dee Littlechild, Jill McDonnell and Kat McDonnell and between us we raised, so far, nearly £1500 (and hopefully rising). Thank you to Sian and Ed for providing our transport to Eden plus a huge thank you to everyone who supported us and if we didn't manage to catch you



The Sport Isaac Team - they had their names on their back in case they got lost! (Ed: Does my bum look big in this?)

for sponsorship, don't worry. We will no doubt be taking part in other events soon as we've now got the Sport Isaac tee shirts so will need to get some wear out of them!

St Endellion Climate Friendly Parish Project

As with last month's edition we are a bit behind as our meeting is the day after Trio's deadline. However, we had a good meeting in May.

Our BIG EVENT is happening on 7th July – you can remember it as it is 7.7.07!

To coincide with the Live Earth concert (see <http://liveearth.uk.msn.com/> for a good site, with videos and pretty pictures) we are having a Green Fair in St Peter's Church Hall, organised by the Camel Area Friends of the Earth. The exhibitors will include experts on sustainable energy, both large and small scale, experts on housing and how to develop low energy dwellings. We also have the Cornwall Wildlife Trust, who have been in the forefront of raising the issue of climate change and its impact on our wildlife here in Cornwall. There will also be a bookstall with a range of books on climate and environmental issues. We are also hoping to have made some progress on developing our local food network and this will be at the Fair as well.

When you have been to the Fair, you can take yourself over the road and up to the Crow's Nest Pub where Tony Cunningham and his staff will be hosting the Live Earth concert on their big screen. Tony has had a long Interest in environmental matters and has been talking to other businesses about the project.

We will be coming round to your place some time over the coming weeks with a leaflet about 7.7.07 and the Green

Fair, and to ask if you would like to join up with the Climate Friendly Parish project. We need help.

The other important development, which we are discussing is the reports from the University of Cornwall on the parish – farming, energy use in heating our homes and opportunities for offsetting our carbon use. The resulting recommendations we hope to include in an updated action plan which will be presented to the Parish Council.

Next meeting will be on Monday 16th July at Port Isaac School 7.30 pm. All welcome.

**Steve Tilston
in concert**

Sunday August 12th

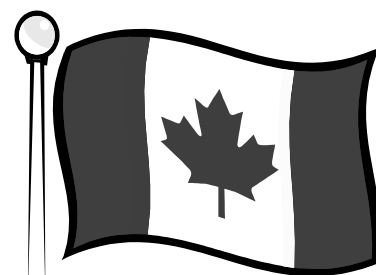
Port Isaac Pottery

**Doors open 7.30pm, starts
at 8.00pm**

Bar (licenCe applied for)

Tickets £8

**Call
01208 880625**



News from Hantsport, Nova Scotia

The June issue of *News & Views* contains details on 'Trouble-free Grass'. It will grow anywhere, is low maintenance, stays green even in drought, grows slower than regular grass, and it even flowers. However, weed spray kills it. What is this wonder grass you may ask? It is CLOVER seed, readily available at Shur-Grain in Port Williams. Perhaps we'd better ask Busy Lizzie whether she thinks it would be a good idea to try here?

The Hantsport equivalent of our Weight Watchers is TOPS – Take Pounds Off Sensibly – and was founded in 1933.

A beach clean-up by ten concerned and energetic residents involved work gloves, garbage bags and a tractor with a front-loader and winch and resulted in old mattress springs, car parts, furniture, rusty metal, tyres, paint cans, carpets, tarps (?) and appliances being cleared away.

Talking about bottled water, it was reported that "the water required to create one plastic water bottle is significantly more than that bottle will contain ..." and "There's a misconception that bottled water is safer, which is complete nonsense..."

Roserrow The 2007 Ryder Cup

The annual battle between teams from the Golden Lion and the Slipway Hotel took place at a sun-drenched Roserrow in late May. A fantastic 33 players turned up, eager to tame a course, which must be said, was, and still is, in superb condition, and also to claim the Claret Jug for their respective teams. The Slipway, who had custody of the trophy for the previous year were there to defend the trophy and Mark '4x4' Forbes was later to pay for the privilege – silver polish is only about £4 a tin!

Now, Mark's gamesmanship is becoming legendary in PIGS circles and this event only enhanced his reputation. On introducing his long time friend 'Roger Pearsell', the more eagle eyed of us saw through 'his' disguise and recognised his wife Kep who, being a lady, and a lovely lady at that, would be playing with a very healthy handicap (in fact, come to mention it, two handicaps, the other being Mark who managed to land her in more sand traps than the allied forces on D-Day).

After enjoying fresh coffee and the usual banter between teams that this sort of event conjures up, the Slipway handed out their team shirts while Mike from the Lion opened up a Pandora's box of goodies for his soldiers, including shirts, baseball caps, Callaway golf balls and tees. Also available were more PIGS parasols, kindly donated by Daniel Sproull at Sproulls Solicitors.

The mornings play. Greensomes better ball (I think that was what it was – you don't think I actually know what I'm writing about, do you?) ended with the Lion coming in with five wins and the Slipway with four, perfectly poised for the afternoon singles matchplay. Here I must mention Janet 'The Judge' Townsend and Barbara 'The Guvnor' Hawkins who played against each other just to get into the atmosphere of the Ryder Cup and it was a pleasure to welcome them and thank you for being there ladies.

After a light lunch and a glass of lemonade (but not for Bunty who was plied with Jack Daniels by his opponent – yes, you guessed it, '4x4' Forbes), the battle for the trophy started again. Some three and a half hours later the result was announced with the Slipway retaining the trophy by the score of 13½ points to the Lion's 11½. A full list of the teams, results and lots of information about the PIGS can now be found on our official website,

www.portisaacgolf.btik.com

PIGS on tour



Two helpings
of PIGS -
you lucky
readers!!

The relaxed atmosphere in the clubhouse after the match brought out the stories and incidents and observations that had happened during the day. Some which spring to mind are Jim 'The Iceman' Bishop's shot from the fairway that veered to the left and whizzed past Mark 'The Man Slut' Grills head, nearly knocking off his baseball cap; Andy Cameron's delusions of grandeur in thinking he had won at Augusta National and wearing his own green jacket (heavily disguised as a jumper knitted by his mum); Josh Brewer and Joe Edkins going out as a partnership in the morning giggling like Beavis and Butthead but still managing to play 36 holes of competitive golf with Joe being unlucky in his singles match and Josh halving his match with his brother Dan 'The Enigma' Brewer; Jon Poupard and Dan Brewer doing their tribute to Michael Jackson with the gloved white hand (that's white after they removed their golfing glove, silly boys!!).

A few boys need a special mention due to them turning up when they were carrying injuries, namely Jim 'The Silverback' Dyer who had to retire after 27 holes and Richard 'The Architect' Hart who sustained a back injury while mowing the lawn. After further investigation it was 'caused' by someone just asking him to mow the lawn that put his back into spasm. Also, Richard 'The Ball Girl' Hambly who now has two bones floating in his foot somewhere – a brilliant deduction from a paramedic. Other members needing a buggy were Fred Green (a PIGS virgin at 65) and Billy 'The Turtle' – I don't think this was due to injury, unless old age is an injury?

After a superb carvery dinner of roast beef, the presentation began.

Longest Drive went to **Steve Bunt**

Nearest the Pin to **Jim Bishop**

Dave 'The Rainbow Warrior' Danson Hill was presented with a book on golfing techniques to help enhance his game

Winners of the 2's competition was **Kev Punter and Jim Bishop**, each receiving £30 and a sleeve of balls

The Stableford results were

Gary Baker – 35 points (he drove 240 miles for the privilege of playing in the Ryder Cup and he only won two sleeves of balls and he only carried four clubs – beat that Tiger Woods!)

Second on a countback – **Kev Punter**

and First, with an obscene score of 47 points and winning the Sharps Stableford individual trophy was

Andrew 'The Petits Poonani' Grills

Other presentations were the Christmas Shield that had been rescued from Richard Hambly's garage (Richard was charged 50p for each month of captivity – total £3) and finally

Players Player of the Year went to general dogsbody –

Paul 'Beaver Boy' Honey

There were also a few fines handed out

- Mark '4x4' Forbes having to pay £10 for not keeping the trophy clean and £1 for every time he put his wife, Roger, in the sand.
- Mike 'The Oak' Edkins had to pay petrol money to the photographer who turned up when we were all out on course.
- Myself £10 for picking up the nearest the pin marker early – please don't ask why!

And finally, Richard Coode, who is the manager at Sharps Brewery – I sort of embarrassed him, some might call it blackmail, into promising to provide more gear for the Slipway next year – it was either that or spend £20 of his own money.

Finally, a huge thank you from myself and all the PIGS goes to Simon and his team from Roserrow.

Launceston Golf Club June 2007

June 4th – what a glorious day to play golf. Blue skies, fluffy white clouds and a warm sun beaming down on the rolling fairways and immaculate greens

(Continued on page 5)

News from the CARN AWN SINGERS

Practices have been going well and the Singers are very enthusiastic and looking forward to the forthcoming concerts.

The Annual Port Isaac Concert will be at St Peter's Church on Wednesday July 11th at 7.45 pm. Special guests will be the St Columba Celtic Male Voice Choir and Musical Director Tony Tournoff has also made some special arrangements of songs for the Singers. Ray Shaddick "the boy from Bude" and Radio Cornwall, will be Chairman for the concert and, as always, will be great fun. Plus refreshments will be available afterwards. Programmes at £3.50 (under 16's free) will be on sale nearer the time from the Singers or at the door on the night of the concert and posters will be displayed around and about.

The Singers are very pleased to have been invited to take part in a concert at Blisland Church on Sunday August 26th at 7.30pm. This concert is to help raise funds for The Betjeman Appeal for repairs to the roof. Tickets can be reserved in advance - telephone 07785 550032. Details of the programme will be included in next month's edition but will include readings of works by Sir John Betjeman and other English poets. Blisland Church was described by John Betjeman in a broadcast in 1948 as the most beautiful he had seen in the West Country and it remained a favourite of his. Last year the Church held an Evensong to celebrate the centenary of his birth and this year the PCC are seeking permission to dedicate the West Window to the memory of Sir John and commemorate this with a small plaque in Delabole slate.

Carn Awn Singers have also been invited by the St Minver Band to take part in a concert at St Minver Church on Sunday September 16th. Times for these concerts will probably be 7.30 pm but should be in the August edition together with any further information

NOTICE ON CHURCH NOTICE BOARD

**At the evening service
tonight the sermon topic
will be "What is Hell?"
Come early and listen to
our Choir practice.**

Cheap Little Tarts and a long walk

Thank you to everyone who took part in or supported the recent sponsored walk along the "St Michael's Way" in aid of Cancer Research UK. It was a wonderful day, the views and scenery were superb and the sun shone for us.

We walked from Lelant, along the Hayle Estuary and then southwards down to Marazion. As the tide was out we then continued across to St Michael's Mount for a well earned cup of tea. A fantastic amount of over £900 was raised.

Over the bank holiday weekend, we launched our "Cheap Little Tarts" stall, selling delicious homemade tarts. So far, this has raised a further £260 for the same cause and we plan to sell our "Cheap Little Tarts" on a regular basis, when the Fishermen's Friends sing, during the summer. Please look out for us and support us if you can. If anyone would like to donate a homemade tart or two please contact one of us. We would be very grateful. Thank you.

Liz, Barbara and Marion



(Continued from page 4)

greens at Launceston Golf Club. The welcome was, as always, warm and friendly – much like the weather – with bacon baps and coffee for the eight of us who turned up. Well, that's not quite true because apparently one other turned up, slightly late and without part of his gear, was told about it by the members and promptly drove home again. I won't divulge his name but a clue is former MP, Denis Healey?

Anyway, the disappointing numbers didn't put us off as we had decided at the Ryder Cup that Launceston would be the start of the Matchplay Competition. So the quarter final draw brought together Andy Penny v Dave 'The Eco Warrior' Danson Hill, Geoff 'Soft Top' Harris v Steve 'The Punk' Bunt, last year's finalists Mark '4x4' Forbes v Chris 'Patience' Witherden and finally Paul 'Beaver Boy' Honey v Yours truly, Chris 'The Lard Man' Lanyon.

Before I waffle on about the results, a show of appreciation must go out to Steve 'What Pain' Bunt who rang me up in the morning just to make sure a buggy was available because he had severely hurt his knee over the weekend but he was adamant that it wasn't going to ruin his PIGS day. So all you others out there with your twisted ankles, collarbones or any other ailments, just think what a great day you missed – but there again, daytime telly is great to watch!

Anyway, back to the golf. Out of the eight of us it was only Mr Golf, Geoff Harris, who showed any consistency during the day with his three wood hitting straight and long and his putter being on fire. It gave Steve little chance of beating him and, believe it or not, he didn't. Andy proved too strong for an improving DDH. Last year's winner, Mark '4x4' Forbes managed to scrape past last years finalist Chris 'Patience' Witherden on the first extra hole and The Lard Man just pipped The Beaver on the last hole.

The Stableford results were:

- 1st – **Geoff Harris**, 36
- 2nd – **Andy Penny**, 31
- 3rd – **Chris Witherden**, 28

Unfortunately for all three players, Paul's bad mood that followed his loss to me resulted in them all being cut!

Nearest the Pin & Longest Drive went to **Mark '4x4'**

The semi-final draw was made and drew together Geoff Harris v Andy Penny and Mark Forbes against some old fat bloke. These will be played at Trethorne on July 2nd.

FASHION NEWS: Dark or black trousers set off our pink PIGS polo shirts better than camel chinos – OFFICIAL!! (Ed: This from the man who worships George Michael!!)

The Lard Man

PS It was lucky there weren't any vets in the car park when Steve arrived because if they had seen a pig in that much pain they would have shot it.

PPS If anybody has worked out the Denis Healey clue, please don't take the mickey out of him too much because at least he turned up!

Port Isaac Music Festival 2007



Fishermen's Friends with their number one fan, Ian MacNeice

Despite the weather, Port Isaac rocked over the May Bank Holiday weekend during the Music Festival. An enormous thank you to everyone involved, from entertainers to helpers. Without you all the event would not happen. Everybody gave their talent and time for free and helped raise nearly £1000 for the Village Hall and this will go into the pot towards the work at the Hall that begins in August.

Doc Martin actor Ian MacNeice conducted the official opening ceremony as the crowd braved the biting wind to enjoy our very own Fishermen's Friends on the Friday night.

Saturday night saw local band, *Wild Raspberries* (Ed Fletcher and friends) open the concert in the Village Hall with their own brand of acoustic R&B. Mick Dolan, Nancy March, Dave Brown, Chris Kerridge and Keith Baker all, as Nancy said, "old enough to remember the songs the first time round and all old enough to know better" then gave a stunning performance. An absolutely brilliant night.

The bad weather on Sunday put paid to the outdoor events apart from the cake stall that set up in the boathouse (thanks RNLI). Everyone else decamped to the Village Hall to listen to the debut performance of the steel drum workshopers who had taken an intensive drumming course the day before. *Steelbridge* from Wadebridge School then showed how it should be done!

Guitar virtuoso, Mick Dolan



Port Isaac Chorale performed in St Peter's on Sunday evening. Then *Boscastle Busker*, John Maughan, fresh from his birthday celebrations was joined on stage at the Village Hall by his wife Cheryl and the soon got the audience joining in. *One Night Stand* then upped the tempo and got everyone up dancing.

The Monday night saw *The Midnight Hour*, a young band from Truro and Perranporth open the finale gig. Then a brilliant performance from Steve and Maggie's *Déjà Blues Band* to end another Port Isaac Music Festival.



Fresh from his birthday celebrations, John Maughan and his wife Cheryl



Ian Fuller, drummer with One Night Stand

Steve & Maggie and their band, Déjà Blues





**Strictly come
Dancing!**

Ballroom Dancing

Due to the popularity
of these classes they
will now continue, every
Monday night, until
the end of July

8.00pm - 9.30pm

£3 a session
everyone welcome

Monday July 2nd
will be a
'learn to jive' night
so if you fancy giving it
a go just come along

St Peter's Church Summer Mini-Market

Wednesday July 25th
in the Church Rooms

Doors open 10.30am

Everyone welcome



Friends of the Main, Port Gaverne

An apology from the Chairman

In last month's *Trio*, I asked the Ed to repeat last year's ad for subscription renewal, without checking the wording. The Friends of the Main no longer run the toilets at Port Gaverne.

The Port Gaverne Beach Association has now taken over the cleaning and running of the toilets, relieving us of the hefty cost. They are now paid for from boat launching fees.

The Friends of the Main are still active and have an annual public liability insurance bill of nearly £600 as well as funding any repairs that may occur, so your subscriptions are still desperately needed.

Anybody who has paid their subscription thinking it was going towards keeping the toilets open and would like their money returned, please contact me and I will be happy to do this.

Chris Bolton
Chairman

subscription time

We are a bit late asking you to renew your subscriptions this year. But we still need your money to continue our work on the Main so please fill in the form below and send your cheques off.

Chris Bolton (Chairman)

**St Endellion
Church**
presents
**Johnny
Cowling**
singing the
**Gospel songs
of Elvis**
**Sunday November
4th 2007**
**6.00pm in the
Church**

watch this space for
details about tickets

FRIENDS OF THE MAIN, Port Gaverne

I wish to become a member/renew my subscription of the Friends of The Main and enclose my annual subscription of £10, made payable to

'The Friends of The Main'.

Name

Address.....

Telephone

Email address.....

I enclose an additional donation of £..... (optional)

Please send to Chris Bolton, Trewetha Farm, Port Isaac, Cornwall
PL29 3RU Tel: 01208 880256



Church Diary Dates

Thursday June 28th

8.00pm - Julian Meeting - St Endellion Church

Friday June 29th

7.00pm-Eucharist St Peter-St Endellion

Saturday June 30th

10.30am - Ordination to the Diaconate of Professor Andrew Lewis - Truro Cathedral (coach available)

Wednesday July 4th

7.30pm - Healing Eucharist – St Endellion Church

Sunday July 8th

7.00pm - Evening Worship with Taize Chants - St Endellion Church

Monday July 16th

7.00pm - Licensing by Bishop Bill and Archdeacon Clive Cohen of the Revd **Dr John May** as Prebendary of St Endellion and Priest-in-Charge of St Endellion, St Kew, Port Isaac, St Minver with St Enodoc and St Michael, Rock

Wednesday July 25th

10.30am - Mini-Market Church Rooms

Thursday July 26th

8.00pm - Julian meeting - St Endellion Church

Saturday July 28th

2.00pm - St James' Fete, St Kew

Tuesday July 31st

7.45pm - Opening Choral Evensong of St Endellion Summer Music Festival.
Preacher: Canon Karl Turner,
Precentor of Exeter Cathedral

August 2nd – 5th

St Kew Church Flower Festival ending at 6.00pm on Sunday 5th with choral evensong with the Deanery Choir

Friday August 10th

11.30am - Final Festival Sung
Eucharist: Preacher: Bishop Bill

Sunday August 12th

7.00pm - Evening Worship with Taize Music - St Endellion Church

Wednesday August 15th

10.0am -12 noon - Mini-Market - St Endellion Church Hall

Thursday August 23rd

7.00pm - Cider & Pasty Evening at Howard & Frances Kent's, Pityme. Tickets £10.00
Ring 01208 862704

Let the Children Come to Me

The telephone rings and I'm always delighted when the caller says, 'I'm ringing to ask if you can christen my baby?' Preparing for and then performing a baptism or christening, whether for a child or an adult, is one of the most rewarding tasks of ministry, yet these days it happens much less often than in the past.

Perhaps this is a good thing. No longer are people asking for baptism for superstitious reasons, and maybe parents with little or no connection with the Church are not prepared to make solemn promises on behalf of their child, knowing they're unlikely to keep them. If so, such honesty is to be applauded, for of course promises are important, especially promises made to God, and those who make promises should be sincere. But it's also important to remember that in baptism God also makes promises, and that unlike ours, his promises can always be relied upon.

There has been an occasional baptism in St Endellion recently, and a few more at St Kew - with one due to take place there in the family service this month- but although there are many babies and small children in Port Isaac, there have been very few baptisms in St. Peter's Church in recent years, the last one being in April 2006.

Clergy and churches do differ in their theology and thinking about baptism but no one who lives within the parish boundary can actually be refused baptism in their parish church. However, sometimes so many obstacles can be placed in the way, that an enquirer gives up. This seems to me a great pity. I hope the reason fewer parents are now coming forward is not because they feel they won't be welcome.

But if parents are unwilling to ask for baptism I wonder if they realise that the Church also offers another service, that of 'Thanksgiving for the Gift of a Child'? Many people experience a sense of awe and wonder at the creation of new life and wish to express their thanks to God. This service gives an opportunity for parents and families to give thanks to God for the birth or adoption of a child and to pray for family life. It may be a private celebration at home or in hospital or in can take place in Church.

So do think about this, and if you'd like to talk about either baptism or thanksgiving for the gift of a child, please contact me on 880181 or, after 16th July, the Revd Preb Dr John May, our new priest-in-charge on 862398.

Judith Pollinger

Joseph Saundry

1921-2007

Joe was born in Port Isaac and, except for the war years, lived here all his life. He was an apprentice mason to Alf Taylor until the war started and he went to Plymouth to work on the aerodrome. From here he was called up into the Royal Artillery and served in Blackpool, Holland and Germany. After the war he came back to the village and worked as a mason for Mr Scott and later began working for himself.

He met Christine at an 'Olde Tyme Dance' and they married and lived in Middle Street until he retired. They then moved to Trewetha Lane where he had many happy years.

Joe died at home on May 17th.

Thanks

Marie and I would like to thank family, friends and neighbours for their wonderful flowers, cards and kind wishes when Joe died. Thanks also for the support from Dr Sainsbury, Janet Mewton and her team and the Macmillan services. Thanks to Judith Pollinger for a lovely service and also to David Bray for all his help and advice.

Christine Saundry

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers

Tel Judith Pollinger on 01208 880181

eat my words!

No Fuss Beach Food

Eating in the open air is one of life's great pleasures. Nothing tastes as good as fresh ingredients, so look out for local specialities. Pick up prawns and crab from Just Shellfish or juicy strawberries from Trevathan Farm. Stock up your cool box with homemade dressings and sauces to spice things up. Less time making dinner means more time to relax on the beach with a glass of wine.



Spicy Crab Noodles

Serves 4

Noodles are perfect outdoor food. This salad would work well with any seafood.

250g fine rice noodles
175g white crab meat

Dressing

4 tbsp smooth peanut butter
2 garlic cloves crushed
2 tsp Dijon mustard
4 tbsp white wine vinegar
2 tbsp light soy sauce
4 tbsp olive oil
6 spring onions finely chopped

1. Put noodles in a bowl and pour over enough boiling water to cover. Leave to soak for 4 minutes, then drain, put back in bowl.
2. Add crab meat to noodles, season with salt and pepper.
3. Mix all dressing ingredients together.
4. Pour over noodles and toss well. Decorate with rocket leaves.

Tabbouleh

Serves 4

Bulgar wheat is underrated. It's similar to couscous but has a nuttier taste and chunkier texture.

200g bulgar wheat
2 ripe tomatoes roughly chopped
4 spring onions, finely chopped
Bunch of fresh mint, finely chopped
Bunch of parsley, finely chopped
1 small chilli, finely chopped
100 ml olive oil
juice of 1 lemon

1. Put bulgar wheat in a bowl and cover with boiling water, Set aside for 20 minutes. Drain well, tip back in bowl.
 2. Mix the bulgar wheat with tomatoes, spring onions, olive oil, mint, parsley, red chilli and lemon and season with salt and pepper.
- Serve with slices of cold meat or with a big green salad.

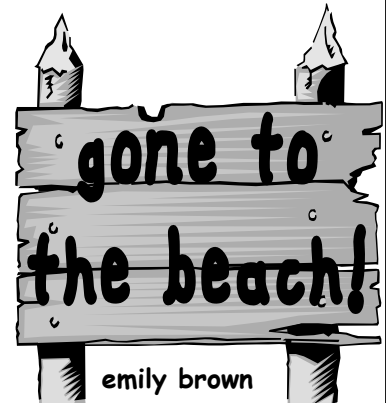
Marinated Strawberries

Serves 4

For a picnic pudding what could be easier?

500g strawberries, hulled and halved
2 tbsp caster sugar
1 tbsp grand marnier
Fresh ground pepper

1. Put the strawberries in a bowl and add sugar and liqueur. Mix together gently. Set aside for 15 minutes, taste to see if it needs more sugar.
2. Just before serving season with black pepper. Serve with cream if you like.



How many village newsletters give language tuition? *Trio* has gone to great lengths to help you learn Chinese in just five minutes.

You MUST read the translations aloud

English

That's not right
Are you harboring a fugitive?
See me ASAP
Small Horse
Did you go to the beach?
I think you need a face lift
It's very dark in here
I thought you were on a diet
This is a tow away zone
Our meeting is for next week
Staying out of sight
He's cleaning his automobile
Your body odor is offensive

Chinese

Sum Ting Wong
Hoo Yu Hai Ding
Kum Hia Nao
Tai Ni Po Ni
Wai Yu So Tan
Chin Tu Fat
Wai So Dim
Wai Yu Mun Ching
No Pah King
Wai Yu Kum Nao
Lei Ying Lo
Wa Shing Ka
Yu Stin Ki Pu

O ki do ki



Magical Managers 06/07 League Tables



Division One

<u>LW</u>		<u>TEAM</u>	<u>MANAGER</u>	
C	1	MAYBEES	Tom Bishop	900pts
3	2	THE GRAMACHO GREATS	Andrew Grills	868pts
2	3	BADA BING!	Paul Honey	859pts
4	4	COME ON LAMPARD	Rachel Grills	852pts
5	5	BABY BLUES	Karen Grills	811pts
6	6	S B MILAN	Scott Bennett	805pts
7	7	BOB'S BABES	Bob Irons	801pts
8	8	LET'S GET TWISTED	Ben Skinner	663pts
9	9	SURFS UP	Kevin Grills	642pts
10	10	ANCHORAGE	James Durston	631pts
11	11	MOTS FLYERS	Tom Cleave	622pts
12	12	GOING TO COME FIRST!	Jon Poupard	590pts
13	13	TOM'S TEAM	Tom Lobb	568pts
14	14	THE GRIM REAPERS	Phill Kent	553pts
15	15	LOOK OUT IT'S THE LARDMAN	Chris Lanyon	525pts
16	16	S.T.D. ALLSTARS	Jamie Hewett	510pts

Division Two

<u>LW</u>		<u>TEAM</u>	<u>MANAGER</u>	
C	1	THE CORNISH PISKIES	Margaret Honey	973pts
P	2	EMMA'S NIP NIPS	Kevin Honey	905pts
3	3	ALWAYS COME LATE	Mark Forbes	828pts
4	4	MOONRAKERS	Colin Durston	785pts
5	5	ANFIELD SCUM	Daniel Grills	782pts
6	6	BUNG'S DREAMERS	Kevin Gill	738pts
7	7	WHATSS UP	Neil Pooley	737pts
8	8	THE CAPPUCCINO KID	Gary Mac	699pts
9	9	FALLDOWNERS	Bill Bissett	680pts
11	10	HARTLAND ROAD ALLSTARS	Bryan Nicholls	648pts
10	11	THE RELEGATES	Joyce & Don Hambly	646pts
12	12	THE TROWELS	Des Pooley	613pts
13	13	CENTRAL SPORTS	M Roskillly	601pts
14	14	THEM OR US	Andy Penny	588pts
15	15	TREWETHA LANE 11	James McDonnell	568pts

Division Three


<u>LW</u>		<u>TEAM</u>	<u>MANAGER</u>	
C	1	WITHERDEN'S WARRIORS	Tim Witherden	910pts
P	2	PETROLE RUSSE	Mark Pattenden	886pts
P	3	THE SAVAGES	Sam Eaves	878pts
P	4	FLY NAVY	Les Honey	867pts
P	5	ATG ELITE	Andrew Grills	828pts
P	6	PETER'S PENGUINS	Chris Witherden	801pts
8	7	RUSSIAN ANTIQUES	Karl Daly	740pts
7	8	THE ONLY WAY IS UP	Jill McDonnell	739pts
9	9	GILLER'S KILLERS	Alek Gill	725pts
11	10	2 ABSOLUTE SAINTS	Harry & Holly Hambly	714pts
10	11	MUDGUTS MARAUDERS	Ann Cleave	712pts
13	12	ROY'S ROVERS	Roy Speakman	688pts
12	13	CHELSEA SCUM	Josh Brewer	678pts
14	14	KIERAN'S HEROES	Katherine Gill	676pts
15	15	HAYNSTER'S HELLRAISERS	Rob Haynes	672pts
16	16	SPARKS UTD	Steve & Julie Hewett	670pts
17	17	BUNTY BALLS 2	Steve Bunt	656pts
18	18	DREAM ON	Martyn Dingle	650pts
19	19	DANNY BOY'S BLUES	Daniel Pooley	643pts
20	20	HOWAY THE LADS	Jean & Bill Herring	629pts
22	21	SURFER DUDES	Tom Penny	599pts
21	22	BEV'S BAD BOYS	Bev Bennett	595pts
23	23	LOOK WHO'S BOTTOM	Michael Hewett	583pts
24	24	SLATE CITY	Leigh Oulton	580pts
26	25	TIDDY @ DOT CO UK	Jenni & Brian Tiddy	528pts
25	26	BILL'S DREAM	Billy Pattenden	524pts
27	27	OSCAR ELEVEN	Jill Symons	488pts


Kev & Paul


COMPOST CORNER




July is such a fabulous month - barbeques and booze, beautiful blooms, my birthday.. There's a lot of activity in the garden this month, so what, besides watering, weeding and mowing (and buying birthday presents), should you be concentrating on in the next few weeks? Here's a few suggestions:

 **K**ee on top of the pests - slugs and snails, aphids on your roses and other new shoots, vine weevil in your containers, red spider mite just about everywhere, caterpillars on your brassicas (sounds nasty...) and so on. They are all a real nuisance. Whether you choose chemicals or removal by hand, it really pays to put a little time aside each day to inspect your plants and take action, however unpleasant the task.

 **S**take your tall perennials - foxgloves, delphiniums, hollyhocks, for example. Use bamboo canes and ties, obelisks, or the curved metal frames. If you only have string, tie them to other plants or to the fence. We know about wind and limp moments don't we readers, and a little assistance with both problems makes such a difference. Climbing plants such as honeysuckle, clematis and vines seem to be growing inches by the day, and as the new shoots tend to be very fragile, it is much better to guide them as they grow, than have to unwind them from other plants and their other unruly shoots.

 **C**lear away the limp foliage from Spring bulbs, and dead head your plants - camellias, rhododendrons and roses, and all your bedding plants which should in theory go on flowering a lot longer if you do.

 **P**run off leggy shoots on your shrubs and trees - and I am sure there will be many, thin out your clumps of crocosmia, tame your winca (periwinkle) and ivy - or they will take over. I have lots of all these in my little garden, and I feel like they are hemming me in, so I will be practising what I preach.

Are you growing any veggies or fruits? I have visited a few friends in recent weeks and have been really pleased to see that most are giving it a go in some way - from tomato and salad plants in containers and baskets, to full raised beds, and proper allotments. I think it is fantastic. I hear updates from several villagers who are keen veggie growers, and it is really interesting to hear about their successes and problems, and great to be able to swap or pass on excess young plants. I have been given some lovely flowers and plants to grow on at the school garden club, so thank you to all our very kind donors.

A last word - reassurance for a very lovely lady in the village, a keen and conscientious gardener, who has been having trouble with her bedding plants. We looked together at the troubled plants, and ran through a checklist to see if we could identify what might be causing their problems, and, unable to find any one thing, decided to blame the weather. We do have extreme weather here in as far as when it's sunny it's REALLY HOT, when it rains it rains REALLY HARD and when the wind blows, it is REALLY FIERCE - and salty! It is always handy to have a good trouble shooting plant book to hand, but as long as you keep plants appropriately fed and watered, deal with pests and damaged limbs, and remember how badly many plants need protection from the wind, you should have more winners than losers.



Good luck this month, and enjoy your garden! Bye for now.

Busy Lizzy



Environmental issues



In last months *Trio* I think 'our Ed' wrote more than I did in correcting my inaccuracies! Thank you 'Ed' and I apologise, in particular to the Co-op, who are now really promoting their re-usable bags, only 10p and they carry loads, I assure you.

On another note, and not so boring, did any of you see David Attenborough on Michael Parkinson's show on Saturday June 16th? A clip was shown of a weird bird called a 'Liar Bird' that has the ability, when attempting to attract a female, to imitate any sound it hears - from other birds to a camera shutter, to the buzz of a movie camera. At the end of this clip the 'Liar Bird' imitated to perfection the sound of a chain saw, which was busy cutting down this birds, and so many others, habitat.

It made me really sit up and think - the whole chain of climate extremes, doubled by man's greed, are responsible for the lack of trees in our forests, particularly the Amazon. Trees produce moisture and rain - without them our planet will turn into a desert. The 'Liar Bird' is telling us something.

Annie P

Update on Sharron

A BIG THANK YOU for all the flowers, cards and phone calls wishing me well. I know loads of you keep asking for an update so here it is - After the bank holiday rush into hospital I now have Pulmonary Embolism, which has set me back roughly six months, and lack of physio has set my leg exercise back as well, which of course means I do not have any idea of my return to work. So, with this in mind, I have great regret but to offer my lease on the salon for sale with an agent. I wish Emma would have taken it on as she is doing a great job in running the salon, but she feels she is too young to take on this responsibility.

I will, of course, keep you informed in what is happening

Yours truly

Sharron

Big changes at the Old School Hotel

The Old School Hotel & Restaurant in Port Isaac has been bought by its head chef of nine years Jake Pattenden along with his partner Sally Taylor, his sister Bonnie Pattenden and Bonnie's partner Richard Baguley. Both Jake and Bonnie have lived and worked in Port Isaac for over 20 years when the family moved from Tintagel and previously Barnet in London. Sally is from Camelford and has been working at the Old School since the age of fourteen. Richard met Bonnie on holiday in 2001 and they lived together in London for four years before returning to Port Isaac in September 2006.

The Old School Hotel & Restaurant has 12 letting rooms with fantastic views over Port Isaac harbour and out to sea from its dramatic cliff top location. The bar and restaurant is open all year round to the public, serving both holiday-makers and locals. The restaurant offers a stylish daily changing menu, with Jake using the freshest locally sourced produce. The restaurant is seafood led, taking advantage of the variety and quality of fish and shellfish found in Cornwall's waters. There are also meat and vegetarian options using the finest local meat and vegetables.

The new owners aim to open all year round, running promotions throughout the winter months and will be open for Christmas and New Year, offering a special dining experience and the usual firework display. The winter will also see the return of the famous Old School medieval banquets and new murder mystery events. The Old School has the facilities to cater for wedding receptions, birthdays, buffets and special occasions.

All of the four partners look forward to welcoming you to The Old School.

PORT ISAAC PLAYGROUP

Calling all mums with toddlers of pre-school age. We run a friendly playgroup in the Village Hall every Tuesday at 10am (term time).

We have a day trip to Springfields organised for July 24th and have negotiated a reduced entry fee. We plan to meet at 10am in the car park there. Come and join us!! (Bring along own snacks for the trip).

This is our timetable for what we have planned for July:

July 3rd - Papermaché

July 10th - Painting

July 17th - Play dough and Easel painting

July 24th - Springfields



During the summer holidays we're intending to meet up informally down at Port Gaverne beach at 10am each Tuesday.

Please feel free to come along to any of the above. It would be great to see some new faces!

Port Isaac Rowing Club

Firstly, I would like to apologise for the error in last months *Trio* regarding the Recruitment Day and the Mark Provis and George Moth Trophies Race dates (*Ed: we were fed duff info!*). The Mark Provis and George Moth Trophies will be contested for on Sunday 15th July starting at 12noon.

To explain further this is a chance for anyone to have a go and compete in Cornish Pilot Gig Racing! The ladies compete for the Mark Provis Trophy and the men for the George Moth. We usually get a lot of support from within the village and hope this year will be the same. Teams are put together with experienced rowers from Port Isaac Rowing Club, so any groups of four or any individuals who fancy having a go please get in touch. To register call Duncan on 01208 851966 or mobile 07969 575393. There is a fee of £2 per rower to cover the cost of insurance. If the weather conditions are unsuitable all registered crews will be informed by phone/text the previous day.

If you want to have a little practice beforehand contact Duncan on the number above or come along on a Sunday mornings. We usually meet at The Slipway for a coffee at 11.00am.

The racing takes place from Port Isaac harbour and there will be a BBQ, tea, coffee and soft drinks available on the beach. Once the competition is over, retire to the Golden Lion for the presentation of the prizes.

So far this season the club has been to a few race events and had quite high and consistent results. The best overall result being third place at Rock Rowing Club's event held at Daymer, with the Mens Veterans crew being second in their race.

Also please note that our annual race day will be on Saturday 4th August at Port Gaverne. More details in next months *Trio*.

Clare Jon
Chairman Port Isaac Rowing Club

STEER desperately need a Minutes Secretary

We only meet six times a year.

Anyone interested please phone David Raynor on 01208 880581

**STEER's next meeting Thursday July 12th
in Port Isaac Village Hall at 7.30pm. All are welcome**

Past times

July 1989

RNLI

Fundraising

A Coffee Morning in Trelights raised £340.

Shouts

On June 24th, the lifeboat was launched in response to a report of persons cut off by the tide at Tregardock. A group anglers were found and said they were not in danger. Further searching failed to reveal anyone in difficulty and the lifeboat was recalled. Crewmembers were Neville Andrews, John Collins and Andy Walton.

On July 4th two people were reported cut off by the tide at Greenaway, Polzeath. The lifeboat was launched and the two men were taken off the cliffs and put safely ashore. Both were unhurt. Crewmembers were Nigel Andrews, John Coshall and Andy Walton.

On July 18th the lifeboat was launched to assist an injured child on rocks at Polzeath. The crew of Neville Andrews, Mike Daly and Andy Walton, accompanied by Dr Sainsbury, rescued the boy, a 12-year old from London who had broken a bone in his foot and sustained cuts to his face. The lifeboat took Dr Sainsbury and the boy ashore and the boy was taken by ambulance to Truro.

PORT ISAAC ILLUMINATIONS

Eric Stokes thanked Carole Richards and her helpers for a fundraising Bingo that raised over £160. **ST PETER'S**

July 1998

CHURCH

Fundraising Lunch – this event, at the Cornish Café, raised £260 towards the Church Repair Fund.

RNLI

Shouts

On May 28th the lifeboat was launched to go to Barra Nose, near Tintagel where four adults and a child, plus a dog, were reported trapped on a cliff. All were stuck some way up a bank which had become very slippery due to rain. It was too slippery and dangerous for the lifeboat crew to climb up to assist the group so the boat stood by until a helicopter arrived and the people were winched up to safety. Meanwhile, the dog had climbed back up to the top of the cliff on its own.

On June 22nd the lifeboat was launched following a report of a person clinging to an upturned boat off Trebarwith. The lifeboat picked up Charlie Rowe. His boat had been swamped while he was sorting out a tangle of lobster pots and it had capsized but stayed afloat. Mr Rowe's waving had been observed from the shore. He was brought back to Port Isaac and his boat was recovered by his brother Bruce and towed back to Port Isaac.

Bess Coates

Children laugh an
average of
146 times a day;
adults laugh an average
of just 4 times a day.

Pet of the Month

Fig



Breed: Unknown (Dubious Parentage)

Age: 1 going on 28

Home: Port Isaac/London/Los Angeles

Owners: Ian and Cindy (Fig's soul mates)

Likes: Rubber Pigs, Rubber Chickens, Baths, Boiled Meats, Valencia House, West End Theatre, Hollywood Walk of Fame and "Frasier".

Dislikes: Cold Comfort Thorn Farm, women who cry, women over 40 who surf, dirty cars, moustaches, Gully, art projects, The Fisherman's Friends, ducks, turkeys, chickens, rabbits, and ferrets.

Best Friends: Jake, George, Theo ... and Toto too!

Nicknames: Figgy, Figgy Wiggy, Figmeister, Figster, Figlet and Pig

Proudest Achievement: Winning at Poker Night

Biggest Fear: The Beast of Bodmin!



If you would like your pet to be featured, just send us a photograph and some information about your pet, email to: triopi@mac.com or drop into *Secrets*.

St Endellion Parish

Hospital Voluntary Car Service

The residents listed below offer their services as drivers. If you require transport you telephone one of them directly to make arrangements.

Bolton - 880218 * Bulgin - 880765 * Childs - 880322

Cooke - 880256 * Dean - 880685 * Dougall - 880963 * Isaacs - 880098

Murray - 880861 * Raynor - 880581 * Watson - 880298

Contributions required:

Plymouth	£30*
Hayle	£30
Falmouth	£30
Truro	£24*
Redruth	£24
Newquay	£20
St Austell	£20
Bude	£20
Bodmin	£14
Wadebridge	£10

Please note:

1. This car service is for residents of St Endellion Parish only
2. You are asked to give a minimum of 48 hours notice when requesting transport
3. The service is for appointments only (not for those visiting patients)
4. It is for people who have no other transport
5. The charges are for the round trip and not half journeys if you are to stay in hospital
6. * Plus any car parking charges (in addition to contribution)

No children aged under 6 years can be carried in our cars - new law, Sept 2006
ANY PROBLEMS CONTACT TED CHILDS ON 01208 880322

'the truth will out'

Dear Trio

Would you kindly place a correction in the edition of the *Trio*.

Incorporated in the advertisement for *The Friends of the Main* and the associated comments last month, it was stated that the *Friends* needed funds in order to maintain the public toilets at Port Gaverne.

As I am sure you have now been made aware, it is the boat owners who use Port Gaverne beach that in fact support the continuation of the toilet facility.

Many, I believe, are reasonably content that some of their fees go to this useful facility, for the benefit of all Port Gaverne beach users, but are rather grumpy when this fact is not recognised.

I trust that in the best traditions etc that you will, through your publication, make sure that 'truth will out'.

Ray McCrohan, Trelights

Ed: Oops, sorry! See page 4

Port Isaac children are a credit to the village and their school

Dear Trio

We have just completed our 50th holiday in Port Isaac. These have been spread over a period of 35 years. As a treat to ourselves we decided that, in celebration of this special event, to spend four weeks in the village.

Our first accommodation in Port Isaac was one of John Oliver's chalets that were situated behind what is now the *Peapod*. Since then we have stayed at eight other holiday lets finishing up at Higher Moon in Tintagel Terrace.

Since our first arrival in Port Isaac in August 1972 we have always been made welcome and we have appreciated, over the years, the warmth and friendship given by everyone we have had the pleasure of meeting. We know we always leave the village heavier and with higher cholesterol levels than on arrival. It then takes until the next holiday to get back to normal and prepare to be more than well nourished again.

On Wednesday May 16th, during our final week, we had the privilege of attending assembly at Port Isaac Primary School. It was an experience greatly enjoyed by both of us. In celebration of our 50th, we had felt a need to put a little back into a society that has given us so much over the years. It gave us much pleasure to present to the school, through the Headmaster, Simon Bishop, a shield to be known as 'The Port Isaac School House Trophy'. We were asked questions by the assembled children, perhaps even interrogated! They are fine children and a credit to the village and their school. We wish them success in their endeavours to get their 'house' name engraved as first winners of the trophy.

We take this opportunity to say 'Thank You Port Isaac, we wish you happy times during the summer, may they be fruitful and beneficial'. We look forward to being with you again in September/October.

**Ian & Margaret Cartwright
Berkhamsted, Herts**

Riding for the disabled

North Cornwall group - Registered Charity Number 1074201

We rely on local people to volunteer to assist us in providing support to disabled people of all ages and abilities to experience the joy of riding, providing proven mental and physical benefits.

**Can you help? We require volunteers for just a few hours a week
and we are sure you will find this time rewarding.**

Please contact Yvette on 0845 241 6377 to find out more.

Letters to Trio

HAVE YOUR SAY!

Letters to *Trio* should be sent to
The Editor, 3 Trewetha Lane, Port Isaac,
Cornwall PL29 3RN

Email: triopi@mac.com

**Writers must include their full
name and address -
anonymous letters will not be
printed**

Where there's smoke there's a friar

Jennifer, my Cornish companion, decided to be confirmed. The Bishop agreed but was anxious to bless the Church's impending new boiler at the same time.

Came the day, the Bishop turned up, the congregation turned up, Jennifer turned up, but the boiler did not. Undeterred, the Bishop first confirmed Jennifer and then blessed the spot where the boiler should have stood had it turned up. Which begs the question – if the boiler had turned up and Jennifer had not turned up, would the Bishop have first blessed the boiler and then confirmed the spot at which Jennifer should have stood had she turned up? Or not? It's a worry.

**David Craske
Homer Park, Port Isaac**

Trelights Village Green
Committee

Annual Barbecue

Coronation Park, Trelights
Saturday August 11th
starting at 7.00 pm

There will be good food, games,
music and raffle

**A fun evening for all - please
join us -
all are welcome**

This brief Parish Council report was supplied by the Parish Clerk. For further clarification on any points or information on any Parish Council business please contact her on 01208 880927.

The Parish Council minutes will now be available for everyone to see on the main Parish Council notice board next to the Co-op.

During the public discussion Mr Childs raised concerns about the on going problem of seagulls and rubbish in Port Isaac. He expressed concerns of the increasing number of seagulls breeding on roofs and brought the Parish Council's attention to an article on St Ives where they had employed birds of prey to discourage the gulls from breeding on the rooftops and sending them back to sea. He also reported that Lou Baker had recently been attacked by a seagull.

Mr Childs also reported on the litter-associated problem and he apologised for repeating himself on this matter. He informed the Council that more litterbins were needed in the summer than the winter as more people using them. He felt that the only gull proof bins were the dog bins on the cliff tops. He also reported that visitors staying in holiday cottages at the bottoms of the village were still unaware of the rubbish collection situation and that rubbish was still going out in black bags, which are not gull proof.

The Parish Council will now write again to North Cornwall District Council asking for more bins and stressing increasing concerns about the escalating seagull problem. This item will also be discussed further on the next agenda.

PLANNING APPLICATIONS AND NOTICES

Application 2007/01021 - Erection of extension to front of property, re-roof with natural slate and replace flat roof with slate pitched, decking to rear, remove chimney and alter internal layout. Full Planning, Delegation Possible. Mr G Pattenden, 52 New Road, Port Isaac.

Cllrs M Bell, B Bell, and A Penny Declared an interest. It was resolved that the Parish Council makes no observations.

Application 2007/00823 Conversion of property to sole residential use (currently used as Complementary Therapy Centre) Full Planning Delegation Possible. Christine Boswell-Munday (Dakins Ltd), Pendragon House, New Road, Port Isaac. It was resolved that the Parish Council makes no observations.

Parish Council News

Approvals & Refusals

Application 2007/00666 - Listed Building Consent for replacement of front door with similar styled stable door and repainting of rendered front walls in lime wash pink. Rosemary Cottage, 38 Fore Street, Port Isaac. North Cornwall District Council **APPROVED** this application.

Application 2007/00653 - Listed building Consent to remove existing roof slates, check all felt and battens and refelt and batten roof and the reslate with natural slate. North Cornwall District Council **APPROVED** this application.

Other Business

- The Parish Council is currently looking into the possibility of running a Parish Mini-Bus.
- The Parish Council has written to South West Water, drawing their attention to the current problems of odour nuisance from their Port Isaac treatment plant and the adverse impact on village residents and tourism businesses, and requested a written report on the cause and remedial action they intend to take.
- The Parish Council has currently carried out safely works on the Playing Field equipment and Cllr M Bell has been added to the amenities committee.
- Following a proposal from Cllr W Dawe the Parish Council has written to Highways asking for a speed limit review in the Parish.
- The Parish Council has also written to Cornwall County Council Highways looking into the possibility and implications of Residents Parking Areas.



Dudley Taylor at 90

One of Port Isaac famous sons celebrated his ninetieth birthday at his home in Kenilworth earlier this month. Born in Port Isaac on 6th June 1917, Dudley was the youngest of four

brothers, Geoffrey, Alfred and Cecil. The Taylor family has lived in Port Isaac for many generations. Dudley's father, William, was a carpenter and builder who married Beatrice (nee Udy) one of nine daughters from Port Isaac mill. The boys all pursued different careers but Cecil carried on the interest in property development and lived in Port Isaac all his life. Indeed, Evelyn his wife still lives in the house he built in Lundy Road.

Dudley was educated at Port Isaac School and later attended Bodmin School as a weekly boarder. As William's business prospered, the family moved to what is now the Crow's Nest. Dudley left school at 16 and became an apprentice Pharmacist at Boots the Chemist in Truro, finishing his pharmaceutical studies at Nottingham University just as war broke out. Dudley completed his studies and joined the RAF and trained in the then newly formed and highly secret world as a radar officer. After the war Dudley went back to pharmacy and used his savings and de-mob money to buy his first chemist shop in 1947. His father had retired by then and he and Beatrice had moved to Bridgwater to be with their eldest son Geoffrey. It was there that Dudley met Dawn, who he married in 1948; just before moving to Kenilworth, where Dudley's skill and business acumen progressively led to the creation of one of this country's largest privately owned pharmaceutical businesses, including an extensive chain of chemist shops, many in Cornwall, with branches in Camelford and Wadebridge. In a strange quirk of fate, when Dudley eventually retired, this chain of shops was bought by Alliance UniChem who later merged with Boots, Dudley's original employer.

Dudley's heart never really left Port Isaac and every year he and Dawn and their family of seven children would spend most of the summer in an old fisherman's cottage in Fore Street that Dudley had bought for a few hundred pounds in the 1950's. The family all developed a love for Port Isaac and the North Cornwall coast and the tradition is carried on to the next generation with the original cottage being occupied most of the time by one or more of Dudley's twenty-three grandchildren.

Special celebration at Lifeboat Service

Sunday June 17th marked a very special day in the history of Port Isaac lifeboat station, providing the opportunity for crew, committee, Coastguard Officers, villagers and visitors alike to attend the annual Port Isaac lifeboat harbourside service, this year celebrating the 40th Anniversary since the establishment of an Inshore Lifeboat at the port.

The Service, attended by over 200, was taken by Reverend Judith Pollinger with music from the St Breward Silver Band. Readings included Psalm 107 by Senior Helmsman Richard Hambly, St Pauls, I Corinthians, Chapter 13 by Operations Manager Phil Tidey and the closing reading of "If" by Rudyard Kipling by Chairman Bob Bulgin.



Reverend Judith Pollinger with the Port Isaac RNLI crew, Lifeboat

The history of our Lifeboat Station is worthy of note, formed as it was 138 years ago in 1869 and operating through to 1933 with no less than a succession of four pulling lifeboats serving for 64 years during which time a number of significant rescues were made. Then, with changing circumstances the station was stood down, although some cover was provided by a local fishing boat over the wartime and post war years. Port Isaac RNLI President tells us "From what I was told, after the Port Isaac lifeboat was withdrawn in 1933, the fishermen declared that they would be available for rescue purposes if requested by HM Coastguard. This system of self-help worked reasonably well except the boats were slow and not always available. If the tide was out and the boats had to wait to get afloat this made them unavailable for a quick response. It wasn't until after the war that punts had outboard engines, and these boats were used within the Bay if big boats were not available. Again a slow response to an urgent service. An example of this was a call out to a swimmer in difficulty off Trebarwith. It took the Maid M, with a small engine, 50 minutes to get across the Bay. Unfortunately the casualty had drowned before any assistance could be given. The introduction of the RNLI Inshore Lifeboats in 1963 made a lot of difference to coastal search and rescue. The re-opening of Port Isaac Lifeboat Station in 1967 was a great step forward but it didn't carry out a service in that year. The following year it was called out 17 times and has been a busy Station ever since."

On the July 10th 1967, the first boat donated by Cullumpton (Devon) Rotary Club came into service operating for 10 years. This was then replaced by a boat given by Cornwall and Isles of Scillies Round Tables. The next boat was donated in 1988 by Peter and Mollie Tabor and the last donated in 1997 by the Royal Logistic Corps. This boat was lost on operations in 1998 and replaced in 1999 by the present boat.

Over this 40 year period the voluntary crew of Port Isaac RNLI has launched on 581 occasions and saved 299 lives, the most recent taking place the day before this service when our boat, crewed by Helm Richard Hambly, Nikki Bradbury and James Bolton was called at 15-20 hrs, whilst out on exercise, to an elderly woman who had

fallen and fractured her ankle whilst walking in Lundy Bay. With relatively calm conditions prevailing and nearest vehicular access a kilometer away and the casualty in shock, the decision was taken to bring her back to Port Isaac by lifeboat where arrangements had been made for an ambulance to be standing by. Our boat was refuelled and ready for further operations by 18-20 hrs.

The Port Isaac RNLI Inshore 'D' Class Lifeboat is used in sea conditions up to Force 6, day and night and is ready for service 365 days a year. This class of lifeboat has saved more lives than any other type of RNLI boat.

Bob Bulgin

WORK OUT YOUR AGE BY YOUR EATING OUT HABITS!

1. First of all, pick the number of times a week that you would like to go out to eat (more than once but less than 10)
2. Multiply this number by 2 (just to be bold)
3. Add 5
4. Multiply it by 50 (can you do this in your head?)
5. If you have already had your birthday this year add 1757. If you haven't, add 1756.
6. Now subtract the four digit year that you were born.

You should now have a three digit number.

The first digit of this was your original number (ie How many times you want to go out to restaurants in a week.)

The next two numbers are

YOUR AGE!



Funday

Here we go again! I can't believe where the past year has gone. Yet again Funday will follow the same format, which seems to suit all ages, plus a few changes (a surprise!).

Anyone who can contribute to the music attraction would be greeted with open arms. We also need as many helpers as possible – we are a very small committee and cannot possibly carry out this major fundraising event without your help. If you are willing to play, sing or help on a stall, please ring me on 880386 or 07831 105379.

We are also making the boathouse available to individuals to show off their varied goodies - £15 a table and a lot of fun.

Thank you

Annie P

schoolchat

news and views from Port Isaac School



Poetry

*Years 5 and 6 have been
using personification in their poetry*

The window cried out tears of
sadness on a rainy day.
The pencil ran across the paper
excitedly.
The pens bled out ink as the ruler
walked away with a pen lid (a gun).
The chair squeaked with joy for his
next door neighbour.
The ruler sat still on the side of the
desk in depression.
The pencil said in his last breath,
PARTY!!!!!!!

by Nathan Year 6

Nutters party!!!

The speakers started to pump out
music.
The computers started to Dance.
The pencil started to draw some
pictures .
The desks carried the punch and
cried unhappily.
The posters started to take control
of the party scarily.
The cd player helped the speakers dj.
Lets have a party!!!!!!!!!!!!

by Daniel Year 5

The Empty Class Room

The door closes it is the end of
term no children in sight
I have a feeling this is going to be a
long night.
The computers are not humming any
more and they start to snore
The rulers get up and dance about
And the pencils start walking up the
water spout
They hear someone coming and go
back to there place the teacher
Comes in to see if everything is al-
right.
She has gone out of the room
And you can tell that this is going to
be a class room that is very shtum.

by Louise Year 6

Sports Day

The weather was kind to us and Sports Day went off without a hitch. Thank you to everyone who came along and supported the children in the after-noon races. All the field events took place in the morning with every single child taking part and winning points for their house. It was very close and the overall champions this year were the Tigers.

The Summer Fayre, after the races, was a great success too and £250 was raised for the school. Thanks again to everyone who came over to the field.

Deli Farm Run

Well done to Jess, Holly and Liam who all took part in the Deli Farm Run recently. Over 100 children from local schools were there to run two and a half miles. All three completed the course and received a certificate.

Summer Book Trail

This term the whole school have
been following a book trail and
enjoying reading many different
types of books. It's great to see
books giving so much enjoyment to
everybody!

Pencils write and run
Posters stare and watch the
computers.
At night chairs laugh.
The mouse was drawing an eye on the
computer to watch everybody.
Windows cry on a rainy day and run..

by Ronnie Year 5

The chair squeaked with joy.
The computers started to stare
scarily.
The speaker started chatting to
their party friends merrily.
The desks fell asleep happily.
The books started to snooze on the
book shelf.
When every one leaves the school the
chairs start to giggle.
The pencils started to flick their led
everyway to start the party.
The cd player magically played music.

by Laura Year 5

The class room door closes, the
computers start to hum.
The lights go on and the pencils get
up.
The windows start to cry and the
blinds wipe away the tears.
The books start to snap and lean on
each other.

by James Year 6

The poster stared at the desk
concerned.
The pencil skipped across the page
merrily.
The computer snoozed cozily.
The book snapped sharply at the boy.
The window cried wearily on the rainy
day.

by Mawgan Year 6

Tesco Vouchers

Thanks to everyone who gave us
their vouchers. This year we have
collected over 5000 which we will
bank to use next year.

Happy Birthday
Birthdays celebrated in June were

Tom - 8 & Poppy - 7

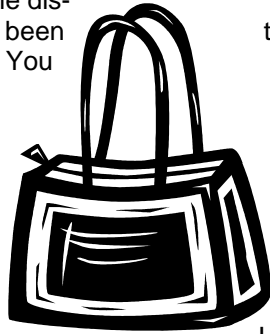
Website of the Month

I thought I would do a short column and join in the discussion about plastic bags this month as I have been Modbury where they have become plastic bag free. You can read all about them on their website <http://www.plasticbagfree.com/>.

I spoke to the people in the Co-op there and they were very friendly and let me take some photos which you can see on the St Endellion Climate Friendly Parish website www.stendellion.com. I had a chat with Roy Smith, the manager at our Co-op and he is going to contact the Modbury people. I have to say Roy and his team have been really fantastic at supporting our Climate Friendly project. They collected the energy saving forms we sent round and gave out the free light bulbs, and Roy has been to as many meetings as he can manage.

But back to Modbury. It all started apparently with a film called 'Message in the Waves' which shows the way Hawaii has been affected by environmental damage. The film-maker is a resident of Modbury and he was able to show to people how the things we do here can affect wildlife a long way off – choices we make affect others. He talked to the local traders who were his friends and after some time they all clubbed together to say they would all subscribe to getting a supply of non plastic bags and not supplying any plastic bags at all. You can read all about it on the plasticbagfree website. When I visited, it was striking how people were clearly enjoying having a bag with their town's name on it. The shops displayed them and seemed to think they were, at the very least, good for business. The main person who got this going says in his article that there is no substitute for talking to each other about this. Government grants don't do it. It is only if we want to will it happen.

I have got a bag, and also the leaflet and some other bags they also sell, if anyone would like a look. We can also find out costs etc. Why don't we get the film and have a showing in the village hall sometime? Anyone want to help? Contact me at tonywainwright@hotmail.com



to

Complementary Therapies and Healthy Digestion

Everyone at some stage in their life may suffer with a digestive complaint of various description from Indigestion to Diverticulitis. Many of these complaints are dealt with by self-treatment or prescription. But we all know that a happy tummy equals a happy person.

If you have been suffering, here are a few simple pointers to improve digestive functions:

Drinking at least one and half litres of water a day is a cheap and effective way of improving your health and raising energy levels.

Whatever you eat chew it well. Don't bolt it, if it hardly touches the sides as it goes down, the chances are the digestive system won't be ready for it and all sorts of mayhem may break out. Try chewing each mouthful at least 20 times for a while you'll be surprised at how much better your digestive tract feels.

Sit down and sit up... Yes it sounds silly; but make sure you sit down to eat, rather than rushing about with your lunch in your hand. Women are especially prone to doing this. So sit down and make sure you are sitting up with your shoulders back rather than slumped. Cramping up your stomach is a great way of causing indigestion. Once you've finished your meal give yourself at least 5 minutes before rushing off at once.

Exercise Regularly, If only gently, as this stimulates muscle activity and assists peristalsis.

Yoga is a good idea as this strengthens muscles and increases mobility without being beyond anyone's capability.

Massage can also help aid digestion as it stimulates the circulation and the lymph system helping to get rid of toxins in the body, also increasing your metabolic rate.

Having an **Aromatherapy** treatment using Lavender is also helpful and soothing.

Lifestyle changes like these may help to improve digestive complaints but if you have problems of urgent concern always see your GP. For further information or if you would like to discuss a treatment that may help relieve some of your symptoms please contact Debbie Wells on 01208 880715

es

WHY MEN ARE APPARENTLY NEVER DEPRESSED

Men are just happier people - What do you expect from such simple creatures? Your last name stays put. The garage is all yours. Wedding plans take care of themselves. Chocolate is just another snack. You can never be pregnant. You can wear a white Tshirt to a water park, actually you can wear NO shirt to a water park. Car mechanics tell you the truth. You don't have to stop and think of which way to turn a nut on a bolt. Same work, more pay. Wrinkles add character. People never stare at your chest when you're talking to them. The occasional well-rendered belch is practically expected. New shoes don't cut, blister, or mangle your feet. One mood all the time. Phone conversations are over in 30 seconds flat. You know stuff about tanks. A five-day holiday requires only one suitcase. You can open all your own jars. You get extra credit for the slightest act of thoughtfulness. If someone forgets to invite you, he or she can still be your friend. Three pairs of shoes are more than enough. You almost never have strap problems in public. You are unable to see wrinkles in your clothes. The same hairstyle lasts for years, maybe decades. You only have to shave your face and neck. You can play with toys all your life. Your belly usually hides your big hips. One wallet and one pair of shoes, one colour for all seasons. You can wear shorts no matter how your legs look. You can "do" your nails with a pocket knife.

Ed: So why do we still we get grumpy old men?

Port Gaverne Shed Shop: Great little feature or Shed Off!

Hi everyone in Port Isaac, Port Gaverne and every one that reads the *Trio*. My name is Andy Cameron and I own and run *Wavehunters*. We are a small Cornish surf business based right here in Port Isaac. We operate our own surf school in Polzeath, our shop down by The Platt and also organise surfing holidays in Cornwall and Morocco. Last summer we decided to open our beach shed in Port Gaverne - we simply thought that holiday makers and locals would like a facility that could offer beach goods, teas and ice cream when you are on the beach. There are no facilities available in Port Gaverne for teas, coffee and ice cream, so without further ado we spoke to the land owner.

As you already may know, the area was used mainly as a tip, so it was going to take some effort to clean it up and, unfortunately, the old tea shop was condemned! We cleaned the area up, taking away tonnes of rubbish, ranging from broken bottles to needles! We cut away all the weeds, unblocked the river, put up a little fence, cleaned the deck and laid hard core down, bought some tables and benches and then we stuck up our little shed! We decided on a little shed that we painted white as we thought that it would fit in and not look out of place.

The beach shed was really well received by locals and holidaymakers alike. Many older and established locals really seemed to like what we had done, and often came down for a cup of tea and to reminisce about the old tea rooms, that used to be really popular and do great tea that you could take on the beach. We also had many holidaymakers who seemed to really like what we were doing. We thought that we had added something good for the community and enhanced Port Gaverne, giving it a little focal point.

We decided over the winter it would be great to do it again. We took on board a lot of really useful suggestions and came up with some of our own. Young Fleur Jon asked if she could manage the business as her own and she came up with her ideas. We really liked the old idea of having tea delivered to you on the beach, and decided to invest in some cool tea sets that would be brought to the client while on the beach.

Anyway that was last year and now we seem to have a problem! There have been some complaints to North Cornwall District Council by a couple of people who don't like the shed. NCDC has told us that we will be unlikely to keep the shed shop, even though we have paid business rates and had Environmental Health/Food hygiene checks. The shed is outside the existing plan of the tea shop - this is because the old tea shop is condemned an unsafe. So now we need to apply for full retrospective planning permission that will cost in the region of £700! When you add that to the rent, stock, wages and business rates, it's a lot. The planners at NCDC have also said that we are VERY unlikely to be gain retrospective planning!

Now, I know, there are few people that hate anyone getting on and actually doing something for a living, and I know there are plenty of people with serious jealousy issues of anyone, because they are so lazy, and I know there are a few people who have nothing better to with their time except try and stop anyone getting on, so you people need not read on. But for everyone else ,what do you think?

Wavehunters is a little local surf firm that loves to be creative and look for opportunities. We love to be involved with our community, such as our local kids surf club and we would love



to keep the shed shop going if that is what everyone wants. Please pop in to the shop or drop us a note and lets us know what you think. If the overwhelming majority want us to keep going with the shed then we will try and gain planning permission, otherwise we will shed off!

LONG LIVE THE SHED!

Andy and the rest of the team

01208 880617

mail@wavehunters.co.uk

60 – no problem!

Well, what a night I had! An amazing evening! I did not know getting older was so much fun!

It all started at Christmas when Mick and I realised we were both about to hit the BIG 'UN! We agreed to have a joint party in the Village Hall. Six months on and a bit of planning and it happened – and did it happen!! I spent a lot of the evening feeling guilty that I was partying on and Mick and Nancy plus their very talented friends were entertaining me.

There's so many people to thank.

Family and friends for travelling down to be with me.

Nik (*Watershed*) for the food.

Mick, Nancy and their band for the amazing music.

All the friends that got up on stage and serenaded me and Mick – it really brought a lump to my throat!

Thanks to everyone for the great presents. I think I have enough dressing gowns, slippers and pipes to last the rest of my life!

It's times like this when you realise that Port Isaac is a special place and, more importantly, what a great bunch of people live here.

'Nuff said, Sorted

Roy

Delabole Carnival Week

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Opening night is Saturday July 14th and there are events happening every day up until the closing party of Saturday July 21st. This will start with the Queen of Queens Competition followed by the Grand Carnival Procession (note the main road, the B3314 will be closed from 6.00pm – 9.00pm).

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PCSO Claire Drennan
0845 6567930
Wadebridge Police Station
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Elizabeth Harris - 01208 880927



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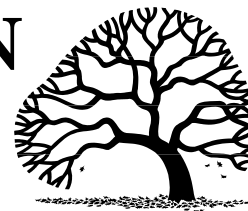
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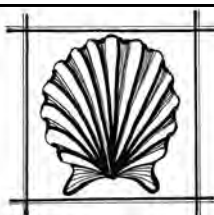
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Thanks to all our friends for their gifts, cards, flowers and decorating skills!

**Finally, many thanks to Louise for her loyalty
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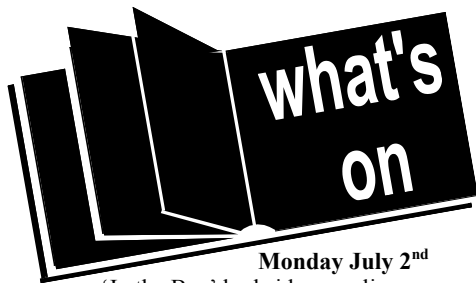
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Monday July 2nd

'In the Bag' kerbside recycling – have your bags out by 7.00am

Saturday July 7th

'Green Fair' in St Peter's Church Rooms

Monday July 9th

Parish Council Meeting at Port Isaac School - 7.30pm

Wednesday July 11th

Carn Awn Singers Annual Concert in St Peter's Church, Port Isaac – 7.45pm

Thursday July 12th

STEER meeting in Port Isaac Village Hall – 7.30pm

Sunday July 15th

Port Isaac Rowing Club Race Day for the Mark Provis Shield and George Moth Trophy – 12noon

Monday July 16th

'In the Bag' kerbside recycling – have your bags out by 7.00am

Climate Friendly Parish Meeting at the School - 7.30pm

Tuesday July 17th

Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday July 25th

St Peter's Church Summer Mini-Market in the Church Rooms – 10.30am

Monday July 30th

'In the Bag' kerbside recycling – have your bags out by 7.00am

Tuesday July 31st

Trelights Sunday School Summer Fete - 2.30pm

July 31st – August 10th

St Endellion Summer Festival

Saturday August 4th

Port Isaac Rowing Club Gig Race Day

Saturday August 11th

Trelights Village Green Annual Barbecue at Coronation Park – 7.00pm

Monday August 13th

Parish Council Meeting - 7.30pm

Wednesday August 15th

Mini-Market in St Endellion Church Hall from 10.00am-12noon

Saturday August 18th

Delabole Wind Fair at the Gaia Centre, 11.00am -7.00pm

Sunday August 19th

RNLI Funday at the Harbour – 11.00am

Tuesday August 21st

Whist Drive in St Endellion Church Hall – 7.30pm

Saturday September 1st

Port Isaac Village Hall Auction - 7.30pm

Monday September 10th

Parish Council Meeting - 7.30pm

Sunday September 16th

St Peter's Church Harvest Festival followed by Auction & Harvest Supper

Tuesday September 18th

Whist Drive in St Endellion Church Hall – 7.30pm

Monday October 10th

Parish Council Meeting - 7.30pm

Friday October 12th

RNLI Harvest Festival

Tuesday October 16th

Whist Drive in St Endellion Church Hall – 7.30pm

Saturday October 27th

A Medieval Banquet in the Village Hall – joint fundraiser for the Christmas Lights and the Village Hall

Sunday November 4th

Johnny Cowling sings the Gospel Songs of Elvis in St Endellion Church – 6.00pm

Monday November 11th

Parish Council Meeting - 7.30pm

Saturday November 17th

St Peter's Church Christmas Mini-Market in the Church Rooms – 10.30am

Tuesday November 20th

Whist Drive in St Endellion Church Hall – 7.30pm

Saturday December 1st

RNLI Christmas Market

Monday December 10th

Parish Council Meeting - 7.30pm

Trio copy date for August issue
MONDAY JULY 23rd - published Tuesday July 31st

REGULAR EVENTS

Port Isaac Stay & Play Group – every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Sarah on 881124, Clair on 880469 or Julia on 880718

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jenni on 881038

Rainbows - every Tuesday from 4.45pm - 6.00pm, during term time, at Port Isaac School. Contact Jenni on 881038 or Marie on 880977

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Local History Group – The first Friday in the month in Port Isaac Village Hall. Contact George Steer on 01208 880754

Port Isaac Chorale – Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers – Every Monday at 8.00pm in Trelights Chapel

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

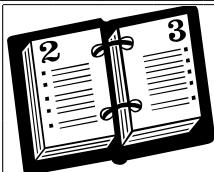
Thai Kick Boxing - Every Wednesday from 7.00pm - 8.30pm in the Village Hall. Contact Sal on 07875 698285

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am
Family Service every third Sunday at 10.00am
Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm



Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure that your event is included here!