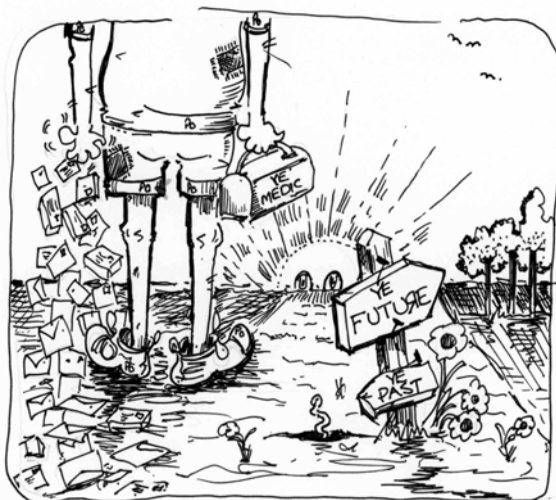


Bye bye Charlie

It is with much regret that I shall be leaving my position as Port Isaac Postie in the middle of September to move on to pastures new. I shall be joining the South West Ambulance Trust as an Emergency Care Support Worker, hoping then to further train to become a Paramedic.

Karen and I have made fantastic friends in the village over the last three summers and I will miss seeing you every day. We will no doubt see you at village events because we will still be living close by.

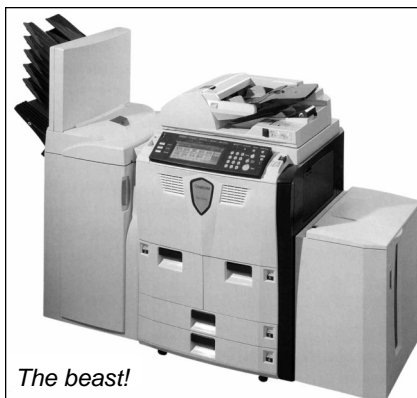


Charlie the Postie xx

Big changes ... and your Trio is cheaper!

Big changes this month – *Trio* has its own state-of-the-art printing machine so it is now totally produced in the village. This means that we have been able to reduce the price of *Trio* to 50p a copy. This new machine is quite amazing and does everything (except make the tea).

In one way it's the end of an era, in another it's a case of going full circle to when, in the early days, Robin printed *Trio* at the Blackthorn Press. Here in Port Isaac



The beast!

**Work starts on the Village Hall access on September 20th
and the Hall will be closed until October 1st**

This issue

All the usual news plus

Youth Group - p3

£4500 raised for
Wendy - p5

The SAS! -p5

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p6

Cheap Little Tarts -
p 7

August! - p7

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Meet Rosie - p11

PIGS - p12

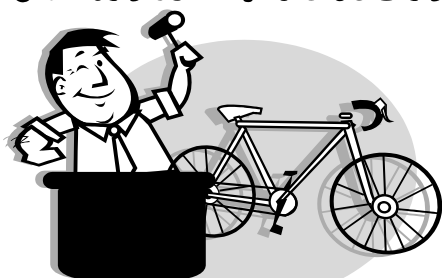
Hello from Father
John - p15

Your Letters - p18&19

For Sales - p21



Village Hall Grand Auction



The recent Village Hall Fund-raising Auction raised £2409. A huge thank you to everyone who supported this event by donating 'lots', coming along or placing bids.

**North Cornwall
Conservative Association
St Endellion Branch**

Bangers & Mash Lunch

Tuesday October 9th
12.30pm The Mill, Port Isaac

Trio is issued eleven times a year and is available in local shops or by post - £18 a year in the UK. Overseas rates on application.

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

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Port Isaac and Port Gaverne in the 1930s - 1950s

This is the title of a DVD that has just been completed. It contains the best bits of the 16mm films taken by my grandfather, Lionel EV Castle, from 1933 to 1949, and a small amount that Norman Castle took in the 1950s. Also included is a "student's film" of Port Isaac from 1933. I have been working on it, on and off, for the past four or five years. At last it is ready.

Most of it is in black and white. It was silent film but the DVD commentary has been added by myself with George Steer and Ian Honey. Several years ago I donated the films to be cared for by the South West Film and Television Archive in Plymouth. They have done the main work in editing and collating the pictures for the DVD that lasts about 46 minutes.

Featured are several village events including the Coronation celebrations in Port Isaac in 1937 as well as some weddings, carnivals etc. Many local people will recognise a grandparent or other relative and maybe even themselves! I was very keen to share this film with as many as possible and hopefully some visitors will also find it interesting.

We have to charge for it to cover the considerable expense of producing it; and the cost will be £15 per copy. If you would like to order the DVD (or more than one) please telephone 01803 326888 and we will reserve your order. Copies may be collected from us at Atlantic View, 79 Fore Street on the 6th, 7th and 8th of October between 9.00am and 10.30am or between 6.00pm and 9.00pm. Later in October we hope they will be available in one or two local shops. Details will be published in the October *Trio*.

Peter Larkin

Local Walks & Maps

Robin Penna's books of walks, maps and local information have now been revised and republished and are for sale in *Secrets*.

A Quick Look Round Port Isaac

(a brief guide for visitors to help them enjoy the village) - **£2**

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish with lots of useful local information) - **£3**

By popular demand, Robin's more detailed book, A Short Guide to Port Isaac

has been updated and reprinted and is now for sale priced
£5.50



Port Isaac Youth Group: just awesome!

Recently, the Youth Group has been doing a few different activities, all of which are awesome!

We are in the middle of making our own film about children's rights in the community. There are going to be four different 'rights' and they're all going into one film, made completely by us! On Saturday September 1st, a few of us got together and made a start on the film about the right to an identity and name. We made the short storyline up, completely by ourselves, and we were allowed to do all the filming and directing ourselves too! Hannah, the film maker, came with her equipment to do the filming with us and Matthew came, who was recording our ideas for a radio show. All of this will be going into an exhibition. We will be doing our next film session on Sunday September 9th and we will be meeting at the harbour and making some really massive faces out of bamboo and materials we find on the beach - "Big Art", as we like to call it! We will hopefully be able to hang these off the breakwaters for others to enjoy! This will also become part of the film.

We also went 'Coasteering!' It was soooooo good! We met a at 10am on Sunday September 2nd and made our way to Polzeath, where we collected our equipment from 'Cornish Coast Adventures'. We then went to Port Quin, got into our wetsuits and safety gear and started wading through the water. Jack and Simon, the instructors, took us to a nearby cave where they showed us what to do if we were about to fall off. We all had a go and it was very funny! Then we scrambled along the side of a cliff to get to where we were doing our first cliff jump. It was such fun! We kept swimming and scrambling to other jump points which were getting bigger and bigger! In the end, we jumped off a goodness knows how high cliff with a ledge underneath it! So we had to jump up and out! Soooooo totally awesome! Scary, but awesome!

Victoria Lewis

(Ed: Looking through some old *Trios*, I read that in March 1986 the Youth Group, with help from grant funds, started to make a film about their life in Port Isaac. Does anyone have a copy of that film? Maybe our Youth group would be interested in watching it?)



Mark and Michaela Old
are pleased to announce the safe
arrival of

Charlie Benjamin

Born 29/07/2007

Weighing 8lb 6oz

at Treliske Hospital

A little brother for Kailie and Daryl

Thanks to everyone for the lovely gifts, cards and kind wishes



Update

What we are up too! Well this summer has been filled with trips to water fun parks, Crealy, rounders, coast-eering, filming and fund-raising. Great Fun!!!!

During September we will be working with film maker Hannah Backland to create a very special film about the young people and their lives in Cornwall (see Victoria's article), which I think will be fantastic, so watch this space for The Port Isaac Youth Group Premiere!

We have also just received some funding from 'Our Money Your Dreams' to arrange two very exciting trips away and a media project which will be open to all the youth in the Parish aged between 11-16 - more details to follow.

We would like to thank the Fishermen's Friends for donating one of their Friday night collection's to us - very kind of you indeed, thank you. Can we also say thank you to everyone in the Parish, individuals and businesses, for their support and encouragement for the Youth Group.

Let's see what the next six months brings!

Robyn, 880390 & Yve, 881072

Trelights Methodist Church

The Summer Fayre, held on July 31st by the members and friends of Trelights Chapel raised the sum of £352 for Chapel funds. Originally planned to be held in the Schoolroom, the Fayre was re-located across the road into the lovely garden of Trewithick House and it is to Peter and Pam Hall and their family that we extend our greatest thanks. Their generous hospitality ensured a most successful and enjoyable time.

Many thanks to our hardworking team and supporters.

The Chapel renovation work is continuing.

Peter M Blake

*'Wine is earth's answer
to the sun'*

Margaret Fuller 1845

St Endellion Church
presents

**Johnny
Cowling**

singing the
**Gospel songs of
Elvis**

**Sunday November 4th
6.00pm
in the Church**

**Tickets, £5 each,
available from
Pam Richards on
01208 880381**

*Proceeds for CLIC
(Childhood Leukaemia)
and a disabled toilet for
St Endellion Church Hall*

**Live your dreams; except
for that one about being
eaten by a giant spider!**



The new Men's Thesaurus

"I'M GOING FISHING" Means: "I'm going to drink myself dangerously stupid and stand by a stream with a stick in my hand, while the fish swim by in complete safety."

"IT'S A GUY THING" Means: "There is no rational thought pattern connected with it, and you have no chance at all of making it logical".

"CAN I HELP WITH DINNER?" Means: "Why isn't it already on the table?"

"UH HUH," "SURE," OR "YES, DEAR..." Means: Absolutely nothing. It's a conditioned response.

"IT WOULD TAKE TOO LONG TO EXPLAIN" Means: "I have no idea how it works."

"I WAS LISTENING TO YOU. IT'S JUST THAT I HAVE THINGS ON MY MIND." Means: "I was wondering if that redhead over there is wearing a bra."

"TAKE A BREAK HONEY, YOU'RE WORKING TOO HARD." Means: "I can't hear the football over the vacuum cleaner."

"THAT'S INTERESTING, DEAR." Means: "Are you still talking?"

"YOU KNOW HOW BAD MY MEMORY IS." Means: "I remember all the words to 'Hi Ho Silver Lining', the address of the first girl I ever kissed, and the vehicle identification numbers of every car I've ever owned, but I forgot your birthday."

"I WAS JUST THINKING ABOUT YOU, AND GOT YOU THESE ROSES". Means: "The girl selling them on the corner was a real babe."

"HEY, I'VE GOT MY REASONS FOR WHAT I'M DOING". Means: "And I sure hope I think of some pretty soon."

"I CAN'T FIND IT." Means: "It didn't fall into my outstretched hands, so I'm completely clueless."

"WHAT DID I DO THIS TIME?" Means: "What did you catch me at?"

"I HEARD YOU." Means: "I haven't the foggiest clue what you just said, and am hoping desperately that I can fake it well enough so that you don't spend the next three days yelling at me."

"YOU KNOW I COULD NEVER LOVE ANYONE ELSE." Means: "I am used to the way you yell at me, and realise it could be worse."

"YOU LOOK TERRIFIC." Means: "Please don't try on one more outfit, I'm starving."

"I'M NOT LOST. I KNOW EXACTLY WHERE WE ARE." Means: "No one will ever see us alive again."

"WE SHARE THE HOUSEWORK." Means: "I make the messes, she cleans them up."

PORT ISAAC DOES IT AGAIN! OVER £4500 RAISED FOR WENDY

Dear One and all

Port Isaac has done it again! The response has been overwhelming and we still cannot believe the generosity of the whole village and for the magnificent and often 'different' raffle prizes (I can't help but feel sorry for the poor tourist having to head back North with a large bag of horse poop in his car!! I honestly didn't think that he was going to pick it up!).

We have to start by thanking the instigators of the fundraising day. The Co-op and staff for all the hard work and perseverance, juggling their own jobs plus being bombarded with donations of money and raffle prizes.

Then there were all the scrummy cakes, so carefully and lovingly baked and in particular a big thank you for the coffee cake that was ordered and purchased by the lady herself – and it didn't stay in the cake tin long! In excess of 75 cakes sold out in less than two hours – not surprising considering the quality of them all!

Lin and her fluffy dog did us proud too with her 'The Name the Dog Competition', which was won by a very deserving young man.

We still don't know how to thank all the private and business donations for the raffle. We were expecting the odd bottle of plonk and maybe a couple of vouchers but, in true Port Isaac style, an amazing selection of prizes were given – they would put the more professional organizations to shame. Many, many thanks to you all – words cannot express the appreciation we feel. And, of course, a huge thanks to everyone who bought tickets. An amazing 4500+ tickets were sold from Friday evening through to Sunday afternoon.

Thank you everyone for the great turn out at the Slipway on Sunday for the raffle draw. Plus a very special thank you to Mark & Kep for all they have done from day dot all those months ago and to Mark for being master raffle caller even though he couldn't see to read the tickets properly.

Finally, as usual, Wendy wanted to have the last word and call the last raffle ticket! So, at home on Sunday evening, with an independent adjudicator (Dylan) present, Wendy picked out the winning ticket for Martin Dempsey's fabulous oil painting. It was -

Ticket Number	854
Ticket Colour	White
Ticket Code	ac192290

Please check your tickets and see if you are a winner. There are still some unclaimed prizes that can be collected from the Co-op or you can ring Ozzy on 07967582011 and organize delivery.

The total raised so far is over £4500 and we are told there is more to come so we will keep you all informed.

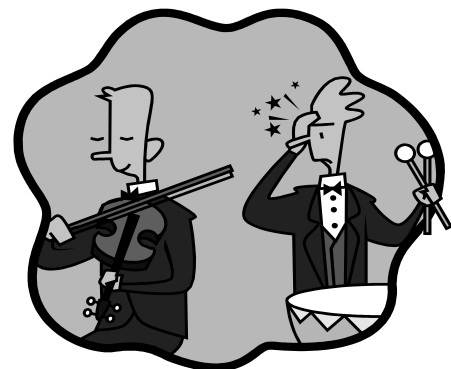
This money will go a long way towards treatment for Wendy's cancer. We hope to visit the clinic in Kent very soon to carry on with the natural chemotherapies, detox and immune system support treatments that have already been beneficial for Wendy.

Once again, THANK YOU everybody.

Wendy, Ozzy, Roy and Jenny

THE SAS

aka The Seriously Awful Sinfonia



Having started back in January this year, the number of players in North Cornwall's own music-for-fun orchestra goes from strength to strength, with a total membership now of over 40. They meet fortnightly at Sir James Smith's School, Camelford under the baton of Fave Whitcombe, well-known over the years for his inspiring involvement, across the county, with jazz and brass bands as well as youth orchestras.

Taking their cue from the notorious Edinburgh-based RTO (the Really Terrible Orchestra), this young, but certainly not youthful, orchestra rejoices in the name of the SAS, the Seriously Awful (with an e!) Sinfonia. Players come to the friendly sessions from as far afield as Bude, Launceston, Bodmin, Wadbridge and Padstow. The music played ranges from classical pieces through to light-hearted modern tunes. All the arrangements include parts that are challenging for musicians with some experience as well as other parts that are accessible to beginners. The key element of every session is fun in participation. No-one is permitted to take themselves too seriously. Rehearsals last about an hour and a half and are restricted to the school's term time.

Autumn term rehearsals start in mid-September. New members are always welcome and are invited to come along on a try-it-and-see basis. For further information ring either Dave Whitcombe on 862317 or Liz Rowe on 880457.

This report has been compiled from the draft minutes, supplied by the Parish Clerk, of the meeting held on August 13th

Parish Council News

Parish Councillors present at this meeting were Martin Bell, Bill Dawe, Martyn Dingle, Richard Hamby, Andy Penny, Cerin Penny, David Phelps, Liz Rowe and Janet Townsend

COMMUNITY MINI-BUS

Jane Stark, Chairman of the St Teath Community Bus, was at the meeting to talk about how their bus worked. She advised that the best way forward was to run the project as a separate committee as there was no funding available to Parish Councils. Weekly route/trips fuel grants would be available. The contact at Cornwall Rural Transport is Tracey Williams 01208 776118.

She explained that the St Teath mini-bus seats 16 plus a driver. It is insured for all the committee and they have all been on a Cornwall County Council driving course. The bus can be hired by drivers over 21. They are given a fuel card to pay for petrol and are charged 50p per kilometre. The annual insurance for the bus is £1011. St Teath Parish Council makes a small annual donation of between £50 and £100 towards the bus.

During public discussion, Mel Dingle stated that she did not see the need for a Parish Mini-bus when there were already free buses to Trago and two private hire mini-buses in the village. As we no longer have darts, cricket or football clubs, who would use it? She felt that the Council has enough to do.

The Parish Council was divided in its support for the project. Janet Townsend thought that it would just be a white elephant given all the other private hire services available in the village whereas Cerin Penny felt that a Parish Council Mini-bus was a good idea. She explained that it costs £150 to hire a mini-bus for a night in Newquay. Also there a lot of young people in the village that have no way of getting to places and access to a community mini-bus would be good for the Youth Group.

Andy Penny felt that if the Parish Council could not organise a mini-

bus there was not a lot of hope they could handle the extra work when Unitary Council comes in. Martyn Dingle's view was that with the Unitary Council coming that Parish Council's responsibilities would grow and therefore that was all the more reason for the council not to take on unnecessary work.

David Phelps suggested that if Parish Councillors were keen on this project they could work on a committee outside the council. Martin Bell offered to help Andy Penny set up such a committee and work on a feasibility study and this was supported by Richard Hamby.

It was therefore proposed that whist the Parish Council have decided not to go ahead with a Parish Mini-Bus, they would wholeheartedly support a group that wish to set up a community mini-bus.

AFFORDABLE HOUSING

Marton Bell proposed that the Parish Council invite Alan Fox, Community Land Trust Project Manager, Cornwall Rural Association Limited to speak at a Parish Council Meeting. Cornwall Rural Housing Association have been running for 22 years and helped set up the Community Land Trust scheme at Rock. They appear to have found a solution to keep property affordable.

Martin had met Mr Fox in a non Parish Council situation at the Green Fair and explained that he was not trying to revive the existing Affordable Housing/Support Project in this way, but thought that the council could hold an interim meeting and act more as facilitator and arrange meetings for local people looking to do what he has got to say and the possibility of self build.

PARKING AROUND THE PLAYING FIELD

Concerns were raised about parking in and outside of the playing field. Mrs Pattenden felt it was extremely dangerous, given that children are constantly crossing the road between Hilsons Close and the Playing Field and you just cannot see along the road. She felt that yellow lines were needed. It was agreed to discuss this item on the next agenda and ask PC Taylor to put some bollards up in the meantime.

WEIGHT LIMIT IN TRELIGHTS

Bill Dawe asked that the Parish Council write to Cornwall County Highways requesting a weight and size limit in Trelights for commercial vehicles.

DISTRICT COUNCILLORS REPORT

Bill Dawe informed the council that he had been in contact with Mr Pocket at North Cornwall District Council regarding Mr Bushell and the Land near Mayfield lane/Road and The Nail Bay and was awaiting an update. Clerk to chase Mr Pocket and Environmental Heath for updates on these matters.

PLANNING APPLICATIONS AND NOTICES

Application 2007/01482 - **Erection of four local needs dwellings.** Full Planning, Delegation Possible. Mr N B Cleave, Brooklands Farm, Port Gaverne.

It was proposed by Cllr D Phelps that the Parish Council support this application. This proposal was amended by Cllr M Bell to say that the Parish Council support this application subject to North Cornwall District Council making sure that they were kept affordable and for local needs.

Approvals/Refusals

Application 2007/01120 - **Extensions and alterations to dwelling, including dormers to front and rear elevations, to provide enhanced accommodation at first floor level.** Mr & Mrs Daly, Cleardaze, New Road, Port Isaac. North Cornwall District Council APPROVED this application.

**They say that golf is like life, but don't believe them.
Golf is more complicated than that!**

August

August is the month of forgetfulness. We try to forget it is coming from as far away as September the previous year and from September 1st this year we try to forget it just happened.

August is the month when (even more than usual) Chelsea tractor drivers HAVE to drive down the middle of the road just in case, heaven forbid, their 4x4 should brush against a grass verge or even worse, get mud on it. August is also when parents lose the ability to make a decision, whether for themselves or their kids (advice for parents: you are with your kids all year so you should have a rough idea what they like and don't like). Don't give them too many options. "Oh, Tarquin darling, would you like the rum and raisin, pistachio, honeycomb, triple chocolate or any other of the fifty or so flavours of ice-cream available?" Give them vanilla. In days gone by there were only two options, take it or leave it!

August is also the month when the questions you've been answering all summer become even more irritating –

Q: Where does Doc Martin live?
A: Somewhere in London.

Q: Are there nuts in the Tartare sauce?

A: No, only the ones eating it.

Q: Where can we park?
A: Anywhere you like, you normally do!.

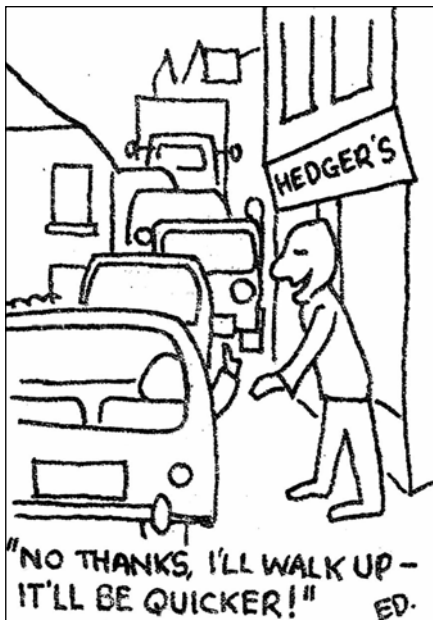
Q: Is that the beach?
A: No, it's a ploughed field.

They say patience is a virtue. Unfortunately, in August it becomes something of a chore.

See you all next summer.

The Lard Man

Q: Where's the Doctor's surgery?
A: Walk up Back Hill until you reach New Road. Turn right and carry on until you come to Hillson Close which is nearly at the end of the village. Go up there and it is on your right!



Traffic problems down Fore Street are nothing new as Robin Penna's cartoon from Trio June 1982 shows!

Bill was in trouble. He forgot his wedding anniversary. His wife was really angry. She told him, "Tomorrow morning, I expect to find a gift in the driveway that goes from 0 to 200 in 6 seconds AND IT BETTER BE THERE!!!"

The next morning Bill got up early and left for work. When his wife woke up, she looked out the window and sure enough there was a gift-wrapped box in the middle of the driveway. Confused, she put on her robe and went and brought the box back in the house. She opened it and found a brand new set of bathroom scales. Bill has been missing since then.

Cheap Little Tarts

Our 'tart cart' has been a great success over the summer so a big thank you to everyone who has kindly donated goodies or helped us in any way. Including a very generous donation from the Fisherman's Friends, we've raised over £1300. With our walk back in May the total we have raised is over £2200, which we have given to Cancer Research UK. Our lovely pink cart will soon be garaged for the winter but our fundraising will continue.

Las Vegas Night with Johnny Cowling

On Sunday November 18th there will be a 'Las Vegas Night with Johnny Cowling' in the Village Hall, with music from this very popular entertainer. There will be casino type games and supper included. Look out for more details nearer the time but be sure to get your tickets early as Johnny Cowling events sell out very quickly – details of where to buy them will be available in next month's *Trio*.

Dinner Dance

Next, on Saturday February 2nd 2008, there will be a Dinner Dance at Bowood Golf & Country Club. This will be a chance for us all to dress up in our posh frocks (ladies only please) and have a great night, dancing to a live band. Again, watch this space for further details.

Almost all of us have been, or know someone who has been, touched by cancer and it is only by further research and much needed funding that "together we will beat it".

Thanks for your support.

The Cheap Little Tarts

Websites of the month

I thought I would stray from my usual brief and talk about the responsibility of those who, like me, own a dog, as I have had a rather distressing experience recently. We keep some poultry in our smallholding. While we were out a tourists dog jumped over a high wall and killed one and injured five of our animals. When we arrived back we found the owners of the dog climbing out of our land over the gate with the dog. It must have been in amongst the poultry for some time in order to do such damage. They left before we could get their details, so when we reported it to the police and obtained a crime number, we realised it would be hard to find the culprits. So I thought I would set out what are the legal responsibilities of dog owners as there are a lot of livestock around the Parish, ranging from poultry through sheep and lambs, horses, and cattle with their calves.

A very good website for this information is Defra's animal welfare pages - <http://www.defra.gov.uk/animalh/welfare/domestic/dogs.htm> - and they say that there are two laws in particular which apply. These are the Dogs (Protection of Livestock) Act 1953 and the Animals Act 1971. Under the Dogs (Protection of Livestock) Act 1953 the owner, and anyone else under whose control the dog is at the time, will be guilty of an offence if it worries livestock on agricultural land. The dog must have been attacking or chasing livestock in such a way that it could reasonably be expected to cause injury or suffering or, in the case of pregnant females, either adversely affecting them, or causing premature birth. An offence is not committed if, at the time of the worrying, the livestock were trespassing, the dog belonged to the owner of the land on which the trespassing livestock were and the person in charge of the dog did not cause the dog to attack the livestock. The definition of 'livestock' includes cattle, sheep, goats, swine, horses and poultry. Game birds are not included.

On the other hand civil liability arises from the Animals Act 1971. Anyone who is the keeper of a dog that causes damage by killing or injuring livestock is liable for the damage caused. For the purposes of the Act the keeper is the owner or the person in possession of the dog. The head of the household is liable where the owner is under the age of 16.

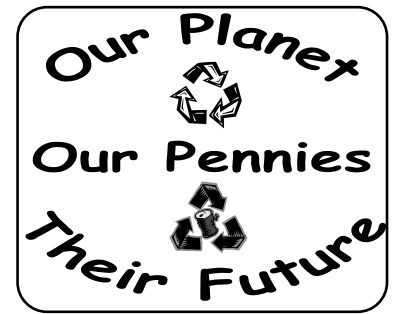
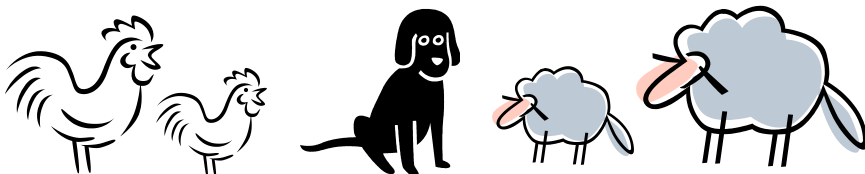
If a farmer, for instance, kills or injures a dog that was worrying, or was about to worry livestock, and is taken to court, there is a defence under the Act. This means dog owners need to think about the welfare of their dogs under these circumstances, as it is clearly legal to do what is necessary to protect livestock, even if this means killing the dog.

In summary, all visitors to the Parish who have dogs should be reminded that the countryside is not a town park, and dogs should be under control at all times. Of course the National Farmers Union have strong views about this and they suggest that over 20 thousand sheep are killed or injured by dogs each year.

A couple of other webbish things. Malcolm Lee pointed out to me that Google Earth (<http://earth.google.com>) has added new high resolution images to our area. It is amazing what you can see!

The other is that I have a new website for the local Friends of the Earth (www.camelareafoe.org), lots of environmental gloom - although there is some good news on there too.

If you have any comments or suggestions about this column, please do contact me on tonywainwright@hotmail.com



We have all heard on the radio, seen on the TV and read in the papers that Britain has been deluged with unseasonal rain over the past month (was this really August?). Elsewhere large parts of south eastern Europe have been in the grip of a ferocious heatwave. At least 42 people have died in the Balkans and Italy where temperatures climbed to over 47C (117F) and in Greece the emergency services battled to contain scores of fires across the country. The strain on the electricity grid has caused blackouts across the eastern Mediterranean and farmers fear that the effect will be catastrophic. In Romania it is feared that half of this years cereal crops could be lost. The effect on wildlife could also be devastating. In Greece there are reports of birds eggs cooking in their nests and in Sicily lemons are apparently boiling on the trees. Hurricane Dean has reeked havoc across American and Mexico, landslides and earthquakes in Brazil and Japan.

It won't get any better either unless our Government, and those throughout the world, finally do something instead of just having summit get-togethers. It's going to get worse and more extreme.

But, individually, we can all do our bit. I've told you in previous issues to save water, save electricity, to only drive when vital, recycle and don't pollute the environment.

Thank you

Annie Price

the south-east of

England has less water

available per person

than the Sudan

Chairman's review

Christmas Cards



Following on the theme of last years Port Isaac RNLI Christmas card, local artist Barbara Hawkins has once again created and generously donated a stunning oil painting as a sequel to last years image. Titled 'Safe Return', the image shows our 'D' Class Inshore boat returning to the safety of the harbour, having completed a successful call out. The welcoming scene is set as the Station, bathed in a cold winter sunlight, opens out in front of the returning crew overlooked by the home and studio of Barbara and her husband, potter and RNLI Deputy Launching Authority, Billy Hawkins.

Since the station was re-opened in 1967 this has been a scene replayed 581 times by returning volunteer crews and one can sense the anticipation of reaching safe harbour, the fellowship of waiting colleagues, station officials and that very welcoming steaming cup of coffee, with the knowledge of a job well done often under arduous conditions.

Since the formation of Sharps Brewery at Rock some twelve years ago, now established as the largest brewer of cask beer in the South West, there has always been a very close relationship with the RNLI, especially with Port Isaac, and it is a great pleasure to announce that the Directors of Sharps have sponsored and adopted this card as their official company Christmas Card for 2008 as an endorsement of their support to the RNLI as their official charity

The cards are available in packs of five with envelopes and measure 8.5"x6" – priced £4 a pack. Smaller cards are available, again in packs of five with envelopes and measure 6"x4" – priced £2.50 a pack. For quantities over 50 (large cards only) arrangements can be made for individual overprint of Christmas message and address on the inside page. All cards carry a photograph and history of the Port Isaac Inshore Lifeboat and a short biography of the artist, Barbara Hawkins.

Contact numbers to place your orders are 01208 880765, 01208 880386, 01208 880581 or by post to Jessamine Cottage, Rose Hill, Port Isaac, PL29 3RL or email to reb37@btinternet.com

Additional to this card we have a traditional Port Isaac Christmas Harbour scene with carol singers around the Christmas tree reproduced from a painting kindly donated by the well known artist Roy Ritchie, available in both sizes.

(continued on page 10)



news Funday cancellation

As I am sure you all know, the Funday on August 19th never materialised due to the charming summer weather – howling onshore winds and miserably cold. This is the first occasion since I can remember that we have ever had to cancel, but sadly we had no choice.

We on the committee are so sorry that we were unable to phone round all of you who had so kindly volunteered to help on the day (over 50 of you) but we were frantically cancelling all the food, drink and entertainment. However, we do want to thank you all and I will be ringing again next year, so be prepared for a good excuse!

A special mention must go to Phil Tidey and John Brown who charged around all of Saturday collecting barbeques, tables and stalls and then returning them the next day. What a lot of hard work for nothing. Let's hope we have better luck next year!

Annie Price

Training saves lives

It costs an average of £1,000 a year to train each volunteer crew member.



The Roy Ritchie Christmas card

News from the Carn Awn Singers

White Rose), both beautifully sung, were appreciated by local people, and after starting the evening with John Rutter's "All things bright and beautiful" and "A Gaelic Blessing", they ended the evening with his "The Lord Bless you and keep you".

On a warm summer Bank-Holiday Sunday evening the Church of St Protus and St Hyacinth in Blisland was full with villagers and visitors for a "Concert for Albion", a celebration of English songs and poetry. The ladies of the Carn Awn Singers (directed by Mary Hooper and accompanied by Maureen Wakeham) were once again in fine form with songs from all areas of England and from a variety of composers from Leslie Bricusse to John Rutter via Vaughan Williams. Two Cornish songs (Sweet Nightingale and the

But in case you were thinking this was an evening of religious content only, nothing could be further from the truth. The songs were punctuated with Cliff Snell giving his frequently amusing stories and readings of John Betjeman's poems about the ladies in his life. From Myfanwy Piper to Elizabeth Cavendish we were treated to many amusing anecdotes about how relationships were formed with the poet, how they developed and how they ended, often tinged with sadness. And of course we completed the evening with his most popular lady, Miss Joan Hunter- Dunne. Cliff's delivery and style made for great entertainment.

Adding another dimensions to the evening, Charles Whitehead read poems by Kipling (The Smuggler's Song), Stanley Holloway (Sam) and W H Auden (Night Mail) who all have an anniversary of one sort or another this year and finished with Edward Lear's Owl and Pussycat, a personal favourite.



(continued from page 9)

Our cards represent a major sources of RNLI fund raising for Port Isaac Station all support is much appreciated by Crew and Committee.

Draw tickets

£1 Draw tickets are now available to win the signed, mounted and framed original painting that the card was taken from. It is on display at Port Isaac Pottery. The draw will take place at the Port Isaac RNLI Christmas Market to be held at the Village Hall on Saturday December 1st.

Coffee Morning

The well attended Coffee Morning held at the Station on August 29th gave many visitors the opportunity to meet the committee and some of the crew and station officials. A lot of effort went into this event so a big thank you to all those who helped make it the success it proved to be.

This event also gave the opportunity to talk to people about the Chief Executive Officer of the RNLI, Andrew Freemantle's personal appeal for a permanent garden and memorial to be created at the RNLI College and HQ at Poole in memory of its volunteers from throughout the years. At present there is no single public memorial - not even the 438 crew members who have died while saving lives at sea.

Andrew's plan has been to help raise specific funds for this project and to this end, in his personal vacation time, he set off on August 31st with the aim of cycling from RNLI HQ Poole in Dorset through the mainland of Europe to Rome, a distance of 1100 miles! His target date for arrival is September 23rd, thus ensuring he is back at his RNLI desk in time for work the following week.

Andrew has previously run in the London Marathon to fundraise for the RNLI, as has our ex-crew member Paul Hingley, raising many thousands of pounds towards saving lives at sea.

This specific concept has received a very favourable reception and it is a great pleasure to announce that the support raised by Port Isaac RNLI has so far raised well over £200 with sponsorship still coming in. Not least is the welcome support from our ex RNLI Port Isaac Hon Sec and President, David Castle, who continues his close association with the Station despite now being resident in the Canary Islands. If you would like to help sponsor this project contact me on 01208 880765.

Harvest Festival

The forthcoming, ever popular, Harvest Festival to be held at The Slipway Hotel on the evening of October 12th, starting at 7pm. It's always a great evening and a chance to bid for some great items. Our Auctioneer is our one and only Postmaster General, Jon Cleave.

Christmas market

The RNLI Christmas Market takes place at the Village Hall on Saturday December 1st, starting at 10-30 am. All the fun of our well known traditional village Christmas Fayre, stalls, refreshments, star raffle, a bumper booze barrel to be won plus Father Christmas and his helpers.

Party Evening

Looking further ahead - as we had to cancel our RNLI Fun Day this year owing to "arctic stormy weather in August", and sadly with no Panto scheduled, we thought it would be a good idea to have a Village Party Evening. This will be a fun event to liven things up between Christmas and the New Year, on Saturday December 29th, at the Village Hall. The evening will include Bar, Disco, Barn Dancing, plus an amazing major raffle prize to be won, and much more. Watch this space for updated news in future issues of *Trio*. Everyone will be welcome.

Bob B
Chairman

Golden Circle

Port Isaac's own
club for older people

We started our summer break with a day-trip in memory of Joyce Collins. Leaving Port Isaac on a grey, misty morning, we had a day of glorious sunshine in the lovely town of St Ives. In July several members did sterling service helping at the coffee

morning and lunches in aid of Methodist Homes for the Aged, who do excellent work in dementia care. We raised the magnificent sum of £600, so many thanks to everyone who joined us. Still on fundraising, many members sponsored Robert to walk from Tintagel to Port Isaac for the Children's Hospice Southwest, whose representative had talked to us so movingly back in the Spring. He did the walk, with Margaret Tucker, Tony Wainwright and me for company, and raised £247.

In August we said a sad final farewell to Bess Coates who had always been ready to entertain us with a Pam Ayres poem and was a pillar of our very successful quiz team. Our condolences to Bess's family, especially Peggy, and our thanks to the Village Hall committee for the hand-rail that was such a help as we attended the post-funeral tea.

We will start the Autumn season as usual in October, in time to enjoy the new access to the Village Hall. Our first speaker, on October 11th, will be our illustrious Postmaster General, Jon Cleave, who has promised not to talk about the Post Office. Singer, author, nature-lover – whatever he chooses to discuss it is bound to be stimulating and fun.

If you are old enough to enjoy our company, do join us on the second Thursday of each month from October to May, from 2.30pm to 4.00pm in the Village Hall. If you want a lift, phone Robert on the day on 880022.

Penny Manders

The Hospital Voluntary Car Service
urgently needs more drivers to join the team of volunteers.
If you feel you could help or want to know more,
call Ted Childs on 880322.

St Endellion Parish

Hospital Voluntary Car Service

The residents listed below offer their services as drivers. If you require transport you telephone one of them directly to make arrangements.

Bolton - 880218 * Bulgin - 880765 * Childs - 880322 * Cooke - 880256
Dean - 880685 * Isaacs - 880098 * Littlechild (Oct-March only) - 880905
Murray (when in residence) - 880861 * Raynor - 880581 * Watson - 880298

Contributions required:

Plymouth	£30*
Hayle	£30
Falmouth	£30
Truro	£24*
Redruth	£24
Newquay	£20
St Austell	£20
Bude	£20
Bodmin	£14
Wadebridge	£10

Please note:

1. This car service is for residents of St Endellion Parish and those who use the Port Isaac surgery.
2. You are asked to give a minimum of 48 hours notice when requesting transport
3. The service is for appointments only (not for those visiting patients)
4. It is for those who have no other means of transport or who, through temporary illness or incapacity, cannot use their own vehicles.
5. The charges are for the round trip and not half journeys if you are to stay in hospital
6. * Plus any car parking charges (in addition to contribution)

No children aged under 6 years can be carried in our cars—new law, Sept 2006

ANY PROBLEMS CONTACT TED CHILDS ON 01208 880322

Pet of the Month

Rosie



Breed: Yorkie

Age: 8 next month

Home: Port Isaac

Owners: Bill & Ness

Likes: Chocolate bars, getting wet on the beach, roast dinners, laying in the sun, walks, being in charge

Dislikes: Lorries, getting wet in the bath, dog food, being ordered around, being ignored

Best friends: Anyone with food, tolerates Tia and Murphy

Nicknames: Rosie Posie, Rosie Lea, Rat (thanks Byron)

Biggest Fear: Running out of mackerel

If you would like your pet to be featured, just send us a photograph and some information about your pet, email to: triopi@mac.com or drop into *Secrets*.

Cardboard wardrobes
to use when moving
house -
free to collect
01208 880158

Bowwood Golf Club

August 2007 and finally a sunny, warm day, but with a slight threat of rain. Well, it wouldn't be 2007 without that, would it?

The final of the Matchplay between Geoff 'What Rough' Harris and 'The Lard Man' led off a party of twenty golfers into the wilds of Bowwood Park, Camelford.

Prior to the match, some inside information was passed on to me, from a couple of reliable sources, namely Steve and Karl (the Easy Rider pair of the group), saying that Geoff had played yesterday and he couldn't hit a horse's bum with a banjo. This jollied me up by no end, only to find out that the age old saying is right, 'What a difference a day makes'! Geoff had obviously saved all his good shots for the final (The _____!) I seem to remember he only missed two fairways all day and they were the 17th and 18th which, by then, meant nothing to the result having beaten me 7-5.

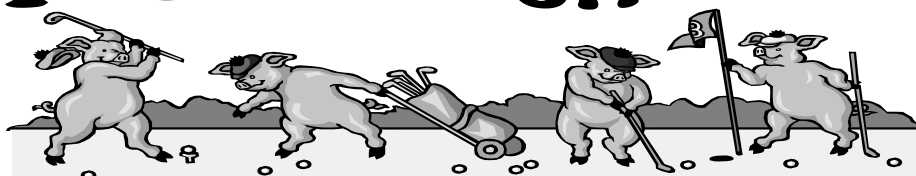
With new members, the return of old members and the regular crew, it was a festival of introductions and warm handshakes and kisses. Yes, I know we wear pink, well most of us Mr Forbes, but we haven't gone too far down the road of mano mano action. We saved the kissing for our lady members.

Our newest members were, Ben 'Oh, here's another sport I can do well' Andrews and Ian 'The Giant Bandit' ? (otherwise known as Katie Penny's boyfriend). Returning to the fold was Chris 'The Plant' Potter whose exit to Wadebridge had

Golf appeals to the idiot in us and the child. Just how childlike golf players become is proven by their frequent inability to count past five.

John Updike

PIGS on tour



been rescinded and he was welcomed back into the loving bosom of the PIGS (knobbly knees and all).

Jim Bishop and Gary Pattenden arrived late and missed out on the coffee and bacon rolls so after eight holes of golf they had to ring the club and order sandwiches. How decadent is that?

Now is the time where I must apologise to Steve 'but I won there' Bunt who pulled me up about the July report in which I said that had got second place when, in fact, he had won at Trethorne, playing off 6.

I hope he didn't get anything in August because I am writing this under pressure from Dee Editor because, as usual, I am late. So, if you won, came second or third, won the nearest the pin or the longest drive or the 2's competition – CONGRATULATIONS and you know who you are. Give yourselves a pat on the back.

September's event has already taken place (read all about it next month) and what a day for one little PIG.

October 1st

**The Nicklaus Course at St Mellion
is the next event in the PIGS calendar**

The Lard Man

**Golf and sex are the only things you can enjoy without
being good at either of them!**

Magical Managers 2007/08

Division One

LW	POS	TEAM	MANAGER	PTS
4	1	MOTS FLYERS	Tom Cleave	70
7	2	BOB'S BABES	Bob Irons	64
1	3	THE KAUTO STARS	Kevin Grills	60
3	4	JOSHIE'S ALLSTARS	Karen Grills	58
9	5	SB MILAN	Scott Bennett	57

Division Two

LW	POS	TEAM	MANAGER	PTS
1	1	LAST MINUTE.COM	Mark Forbes	81
2	2	HARTLAND ROAD ALLSTARS	Bryan Nicholls	79
3	3	ALWAYS COMES LATE	Mark Forbes	724
4	4	MOONRAKERS	Colin Durston	682
5	5	BUNG'S DREAMERS	Kevin Gill	661

Division Three

LW	POS	TEAM	MANAGER	PTS
1	1	WITHERDEN'S WARRIORS	Tim Witherden	777
2	2	FLY NAVY	Les Honey	759
3	3	PETROLE RUSSE	Mark Pattenden	751
4	4	THE SAVAGES	Sam Eaves	740
5	5	PETER'S PENGUINS	Chris Witherden	721

Up to August 31st 2007

St Endellion Climate Friendly Parish Project

Our August Steering group meeting brought us nearly to our first year's anniversary. So it was a meeting where we did a bit of stocktaking. We have some useful information about the Parish and its climate-friendliness from the studies that have been done by the university students and we have some plans about how to take these projects forward. One of the key findings was that we are actually above the average for carbon emissions as we do not have access to gas, which produces lower emissions than the alternatives.

As a first step we agreed we would encourage people to switch to electricity suppliers like Good Energy who get their power from renewable sources like wave and wind. If people have access to the internet there is a website called Cornwall Switch which has recently been set up www.cornwallswitch.org/ where you can easily change your supplier. You can also do it by phone by calling 0800 1088 33. You may find it is cheaper, as some of the renewable tariffs are either the same or cheaper than non-renewables.

We also thought that loft insulation should be publicised. I just had a friend, who is studying to become a HIPS assessor, practice on my house, and he reckons I could save lots of power (and money), just by increasing my loft insulation (which I will do!).

We also had reports on the use of electricity monitoring units. Robert Manders has a report in *Trio* (see page 17) about his and Penny's experience, as this is all part of our finding out how people are using power in their homes.

The areas we are going to be looking at are home heating, farming and local offset schemes. In addition we are going to be exploring the possibility of local power generation. Martin Bell came to the meeting and we discussed a project that the Camborne School of Mines had carried out using a turbine in a mine shaft which was open to the sea. The air pressure, both in and out, drove the turbine and we will be finding out if such a project would be possible locally.

Dan Rogerson, MP will be coming to talk about his views on environmental matters and his experiences in visiting renewable energy projects on Friday November 16th. We are still working on the format for this so watch this space for further details.

Another development, which has been going well, is our collaboration with CoaST, the sustainable tourism group. They have contacted all the businesses which are mentioned in *Trio*, and a few more to ask if they would like a free consultation (*Ed: Nobody has contacted Secrets!*). The team at CoaST are really smashing people and very enthusiastic. We would like to link this up with STEER (St Endellion Economic Regeneration Forum) as we have agreed with them to hold a session for businesses on sustainability.

On the educational side we have some ideas about working with the schools in the area, and one which looks like fun centres around a new book by the cousin of one of my neighbours - (see photo) who I met at the Delabole Wind Fair where we had a stall.

You may have seen some of the excellent publicity our project has given the Parish - *Cornwall Today* had a lovely piece which we were the inspiration for, and the *Western Morning News* also had a good article.

We are working on a sort of 'State of the Parish' report which we will present to the Parish Council that will give a snapshot of how sustainable the Parish is and our best guess as to whether it has met the 5% target for CO₂.

For other information and updates see



News from Hantsport, Nova Scotia

Heather from Hantsport in Nova Scotia is coming to Port Isaac later this month.

She arrives on the 20th and will be staying with Jill Mc. She writes, "I am really looking forward to my visit - to just relax and get to know a little bit about Port Isaac and area. I would like to meet with a member of your historical society. I will be bringing letters from students here in grade 5 - about 10 years old. And I hope to bring a short video about Hantsport."

If anyone wants to meet Heather, give me a call on 880905. In the meantime I will contact the school and arrange a visit for her.

Apparently a "Doc Martin" special was broadcast in Hantsport recently so she will know what the scenery is like. Let's hope she doesn't expect us to be like the characters!

Anyway, on to some snippets from the August issue of *New & Views*:

* Because Hantsport has no gas station, residents often take a short drive to Glooscap First Nations and fill up there. It is an active Mi'kmaq community and invites non-members to patronize its social events and businesses. It also has a convenience store and a gaming facility.

* We need seven volunteers who will play people who are buried in the Lower Horton Cemetery during a graveyard tour. Scripts and costumes will be provided; you can adapt the words to suit your style. Age is not a factor as 'apparitions' can be any age.

* CentreStage Theatre presents SYLVIA, a comedy about a man who thinks more about his dog than his wife!

Trio correspondent

We met Bess on our first Christmas morning in Port Isaac - it all seems a long while ago now. However we didn't really get to know her until we were on the Village Hall committee together.

Bess loved the Hall and supported every event – whether it was to her taste or not. She served on the Village Hall Committee long before any of us on the present committee became involved. Yet she was not stuck in her ways and would readily support any new ideas and she never was one for suggesting that the old way was the best! When she finally left the committee our meetings were never the same and we missed her. She really wanted to see the access to the Hall improved and it is such a shame that she won't be here to use the new steps when they are finished. What the Village Hall Committee did decide at our last meeting was that these new steps will be dedicated to Bess with a plaque.

Bess also had a copy of every *Trio* ever printed and without fail produced the 'Past Times' column from these. In addition, she was on the *Trio* team in several local quizzes and WE WON EVERY TIME!! So from a *Trio* point of view we will also miss her.

But most of all we will miss her as a friend.

Sam & Dee

Bess Coates, **1920 - 2007**

It must have been about 1977 when Bess and Bill came to Port Isaac and Bess, a determined woman who tolerated no nonsense, believed in the truth, and always upheld ethical standards, was rarely still for very long at a time, immediately becoming actively involved in many aspects of village life.

The Women's Institute was still active then and the Port Isaac Players, known as the Pips, had got started and she was much occupied with both. She was a very keen amateur actor, of no

(continued on page 16)

Bess Coates

As you will know by now, my sister, Bess Coates, lost her fight with ill health on Thursday August 7th 2007.

I would like to take this opportunity, on behalf of her family, to thank everyone who made her life in Port Isaac such a very happy one, firstly with her husband Bill and later with me. She loved being part of Port Isaac's community, which welcomed us with both love and kindness.

Again, from all the family, many thanks.

Peggy Cantello

Bess - a reflection

Yes, Bess was my mirror image in one of the recent pantomimes that the Drekkly Theatre Company performed, and a good one she was too. I think she caught most of my best features. However, it is not that role which will dominate my memory of Bess.

A lot of readers of the *Trio* will have known Bess a lot longer than I - her pivotal role in the PIPS (Port Isaac Players), which unfortunately played their last play before we came to the village, and her early stints on the Village Hall committee. I am sure there are others who can speak about her roles during that time better than I.

I remember Bess during her last stint on the Village Hall committee. She was always enthusiastic about what could be done and in my experience only wanted what was best for the Hall and its future. Of course her special interest was in what social events could be conceived. You could always guarantee that if she could, Bess would turn up to take part in, or support, events that were happening. Up until ill-health affected her confidence with, and ability to tackle, the Village Hall steps, Bess would be there selling raffle tickets, checking entrance tickets, taking secret bids in silent auctions. She even, with no particular role in mind, turned up to support the young rock bands in one of the music festival gigs.

Later on she would say to me that she felt she had no role to play and that she wasn't much help to anyone as she needed to be picked up and returned to any event. That could not have been further from the truth. The very fact that she was there was an example to many. I have never heard Bess wallow in self pity, I have never heard her complain about things not being made easier for her so that she could join in. Her desire to be involved and be a positive part was enough to make people want to get her to the Hall or down on the Platt, so that she could take part.

Bess was the meetings secretary of the Village Hall Committee, and again said to me that she shouldn't really be taking it on for another year as she couldn't do the task properly. I said she could still write, she agreed, so she continued as minutes secretary and others took on more of the meetings organisation.

That's how I'll remember Bess, as I found her, always wanting to be part of things, never wanting to be a burden on anyone, and always being ready to respond to one of my many bad jokes. It is a shame Bess will not see the work completed on the access to the Village Hall because I know she would have wanted to.

I am sorry I wasn't there to see you off Bess.

Steve Appleby

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers **Tel Judith Pollinger on 01208 880181**

A message from Father John



Church Diary Dates

Thursday September 13th

7.00pm - St Peter's Port Isaac PCC in Church

Sunday September 16th

10.00am - Harvest Thanksgiving family Eucharist, St Peter's Church, Port Isaac

6.00pm Harvest Songs of Praise with Fishermen's Friends & Port Isaac Chorale, Supper & Auction, St Peter's Church, Port Isaac

Friday September 21st

7.00pm - St Endellion Church Eucharist for St Matthew

Wednesday September 26th

7.30pm - Mothers Union The Revd Lynn Busfield Hospice Chaplain, St Endellion Church Hall

Thursday September 27th

8.00pm - Julian meeting for Meditation. St Endellion Church

Saturday September 29th

2.00pm - Wedding Kathryn White & Adam Burgess, St Endellion Church

7.00pm - Sung Eucharist for St Michael & All Angels, St Endellion Church

Sunday 30th September

11.00am - Harvest Thanksgiving Sung Eucharist, St Endellion Church

6.00pm - Choral Evensong with Harvest Hymns & Prayers, Supper & Auction, St Endellion Church
6.00pm - Patronal Festival & Dedication Choral Evensong with Deanery Choir & Archdeacon Clive Cohen, St Michael, Rock

Saturday October 6th

11.00am - Readers Licensing Service, Truro Cathedral

Sunday 7th October

3.00pm - Harvest Service with Archdeacon Clive Cohen, St

Thank you all for the wonderful welcome that you have given me, July and the children. Thank you everyone who worked in the house and garden before we arrived, absolutely transforming them. Thank you for all the cards, greetings, handshakes and friendly visits. The Licensing Service in St Endellion on July 16th was stunning; the Church was packed, the service excellent and inspiring in every respect, and I shall never forget this start to my Cornish ministry.

In my first weeks here I have enjoyed a variety of both social and parish activities; lots of services in amazingly beautiful Churches, mini-markets at Port Isaac and St Endellion, a (clergy) Chapter barbecue at Daymer Bay, a Fish Night at Rock Sailing Club, prize giving at St Minver School, the garden fete at St Kew (July, my wife, was honoured to have been invited to open it), the St Kew Flower Festival, the Summer Music Festival at St Endellion, Betjeman readings at St Enodoc and – wait for it! – lots of meetings! Thank you all for your welcome, kindness, encouragement and continuing ministries.

Bishop Bill preached a first rate sermon at my Licensing. He is keen that the cluster of six Churches will come together as a vibrant, spiritual and friendly unit. He hopes that together we will be a Church that meets with and serves the world beyond our Church walls. He pointed out that I had been appointed with a special brief to engage with the culture around us by working with you to develop 'the Arts and Spirituality'.

I look forward to all of this. For me, life will be different to what it was when I went off to my first country parish on the Scottish border with one Vicar for one Church and only 700 people! Happily, I enjoy sharing Church life with teams of people, so I look forward to the privilege of working (and relaxing!) with many of you. Please let me know if I can help – and please let me know if you can help! You are always welcome at my home, the Vicarage in St Minver.

With very good wishes from

Father John

Sharon Cunningham

1952-2007

Tony would like to thank everyone for their kind wishes, cards and words of sympathy after Sharon's death. Thanks also for those who attended the funeral and who gave donations in lieu of flowers to be given to Cornwall Air Ambulance.

Also, Tony would like to say big thankyou to all his staff for all their hard work during this difficult time.

**Tony Cunningham,
The Crow's Nest**

Claire Hosegood

Thank you for all the kind messages and cards of sympathy. My love of Port Isaac goes back many years and thankfully Claire was able to share that with me in recent years.

Thank you all so much

Ray Calcutt

Ann Littlestone

(Northampton/Port Isaac)

Ann passed away peacefully at home on August 12th after a long illness.

Much loved by David, Andrew, Robert and Jenny.

She loved coming to Port Isaac for over 25 years.

An explanation of life

On the first day God created the cow. God said, "You must go to field with the farmer all day long and suffer under the sun, have calves and give milk to support the farmer. I will give you a life span of sixty years."

The cow said, "That's a kind of a tough life you want me to live for sixty years. Let me have twenty years and I'll give back the other forty." And God agreed.

On the second day, God created the dog. God said, "Sit all day by the door of your house and bark at anyone who comes in or walks past. I will give you a life span of twenty years."

The dog said, "That's too long to be barking. Give me ten years and I'll give back the other ten." So God agreed (sigh).

On the third day God created the monkey. God said, "Entertain people, do monkey tricks, make them laugh. I'll give you a twenty year life span."

Monkey said, "How boring, monkey tricks for twenty years? I don't think so. Dog gave you back ten, so that's what I'll do too, okay?" And God agreed again.

On the fourth day God created man. God said, "Eat, sleep, play, have sex, enjoy. Do nothing, just enjoy, enjoy. I'll give you twenty years."

Man said, "What? Only twenty years? No way man. Tell you what, I'll take My twenty, and the forty cow gave back, and the ten dog gave back and the ten monkey gave back. That makes eighty, okay?" Okay," said God. "You've got a deal."

So that is why for the first twenty years we eat, sleep, play, have sex, enjoy, and do nothing; for the next forty years we slave in the sun to support our family; for the next ten years we do monkey tricks to entertain our grandchildren; and for the last ten years we sit in front of the house and bark at everybody.

Life has now been explained.

A simple true or false quiz with the answers on page 21

1. Apples, not caffeine, are more efficient at waking you up in the morning.
2. Alfred Hitchcock didn't have a belly button.
3. A pack-a-day smoker will lose approximately two teeth every 10 years.
4. People do not catch colds from cold weather ..
5. When you sneeze, all bodily functions stop, even your heart!
6. Only seven per cent of the population are lefties.
7. Forty people are sent to the hospital for dog bites every minute.
8. Babies are born without kneecaps. They don't appear until they are between two and six years old.
9. The average person over 50 will have spent five years waiting in lines.
10. The toothbrush was invented in 1498.
11. The average housefly lives for one month.
12. If colouring weren't added to Coca-Cola, it would be green
13. A coat hanger is 44 inches long when straightened.
14. The average computer user blinks seven times a minute.
15. Your feet are bigger in the afternoon than any other time of day.
16. Most of us have eaten a spider in our sleep.
17. The REAL reason ostriches stick their head in the sand is to search for

(continued from page 14)

inconsiderable talent, a real 'pro' on the stage, acting in plays and pantomimes. A particular favourite of hers was a one-act play called 'Strawberry Jam'. When involved in a production, she attended every rehearsal and never turned up without having *learned her lines word-perfect* beforehand. Something a lot of amateurs might note!

Bess was instrumental in the preservation and running of the Village Hall and was always to be found manning a stall at jumble sales, or helping with the catering at charity events, both there and also at the Church Rooms. She was a hard worker, and always prepared to 'muck in' and do her bit.

She was an invaluable team member at quizzes - one of her favourite occupations - with an apparently encyclopaedic fund of knowledge on practically every subject except popular music.

An expert needle-woman, she produced all kinds of work from upholstery to doll-making and knitted and sewed many beautiful dolls to be sold in aid of charity. She even found time to work with Sylvia McCrohon in the *Pride of Place* shop for many years and made much of the confectionery,

Bill died at Christmas 1995 and, after being on her own for two years, Bess decided to move back 'up country' to Overton in September 1997, to be near her family, and where she shared a flat with her sister, Peggy. She came to regret the move, however, as it had involved the sale of her bungalow in Silvershell Road, from the loss of which she never recovered. In 1999, when she returned to Port Isaac, with Peggy.

As old age took its toll, although she still managed to attend village events providing she was taken there and back home afterwards, she was less in evidence than she had been before and sadly, therefore, not so well known to some of the present generation. She will be greatly missed by those who did know her, however, and her departure is yet another tear in the fabric of Port Isaac. Her death has left another empty space in the Port Isaac community. She will be missed for a very long time to come.

Robin Penna

Keeping an eye on our carbon footprint

For about three months we used one of the three Electrisave meters, bought by STEER for the St Endellion Climate-friendly Parish Steering Group, to monitor our use of electricity. It is believed the Government will make such meters widely available in the future, but STEER and the CFP wanted to initiate this research in the Parish without waiting.

It was fairly simple to install; just clamp a detector over the correct wire from the domestic electricity meter to the consumer unit, put batteries supplied into transmitter and receiver, press a couple of buttons to get these to talk to each other and, hey presto, numbers appeared on the receiver's screen. These told us the temperature and relative humidity of the kitchen where the receiver was (in other words, how comfortable it was) and, in BIG numbers, the total electrical power actually being used in the house, in kilowatts (kW).

The first surprise was that it NEVER went to zero, even with everything apparently switched off. There was always a fridge or freezer running, a video-recorder waiting to record, even a bedside clock-radio (electric clocks, mains or battery, are always running, 24/7, almost by definition).

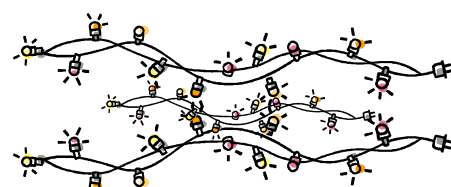
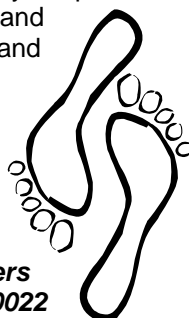
The next surprise was the difference it made when we used a hotplate on the electric cooker, or the electric kettle – we learned to put only the water we needed in the kettle, so it boiled quicker and used less electricity.

Soon we thought that Spring had come and turned off the night-storage heaters. Then, late one evening, when the night tariff electricity came on, the reading shot up to over 5kW! We searched the house and eventually found that, when we'd moved a cupboard, we'd inadvertently pushed the switch on one of the heaters. If we'd not had the meter, we'd probably not have noticed for days!

It is worth checking how many things around the house can be switched off and unplugged when not in use, finding out just how many only keep a clock or memory going (which could be re-set when switching on), and seeing exactly what gadgets really do need to be plugged in and switched on (consuming electricity and £s!) all the time.

The Steering Group has three Electrisave Meters available, for periods of three months or so, to any interested people in the Parish. We can advise on installation. Please contact us if you are interested,

Robert Manders
01208 880022



CHRISTMAS LIGHTS

Back in the February *Trio*, the Christmas Lights team invited businesses and individual households to let us know if they would like to put up lights, supplied by us, for the 2007 festive season. The response was not brilliant, in fact it was non-existent, so we are now asking you again.

If you would like to put up a display of lights around your property please contact Vanessa on 01208 880098 and she will put you on the list for some lights.

Hopefully, we will still decorate the Fish Cellars and other buildings (still to be decided). But the rest is up to you. If you want your village to look good you need to help. We are not a formal committee, we are just a group of willing volunteers and we need your help.

The Christmas Lights Team

sudoku

			7	8		9	1	
2					4		3	
	1	5	9			7		
		4				2		
								7
9		7	4			1		
		3			6			
	4			2				8
				4	3		9	6



**Medieval
Banquet**
Saturday October 27th
Port Isaac Village Hall
7.30pm
Full details next month

Daymer rescue

Dear Trio

Like so many of us "up country", my 9 year old daughter, Freyja and I love to visit Cornwall at every opportunity. We are particularly lucky to have my dear friend Liz and her daughter Victoria living in Port Isaac and every now and then we drive down from Oxfordshire for a visit. The August bank holiday weekend was just such an occasion, and as we came down on Thursday morning I could feel the stresses of life melting away as the anticipation of a lovely relaxing weekend grew.

A fabulous afternoon at Polzeath with the girls body boarding and surfing while us Mums chatted and watched from the windswept beach, was a perfect start to our stay. It all seemed like a good omen for the rest of the holiday. On Friday morning Freyja and I headed off to Daymer Bay, a favourite spot to spend the day, and we headed to the bottom of Brea Hill where we would be sheltered from the breeze. Freyja headed out for a swim and I settled down with the picnic ready to soak up the sun that was bound to break through the patchy cloud sometime, and watch people passing by.

Once lunch was done, Freyja climbed up the rocks, as she and Victoria had done many times before, and called down to me that she was going to walk along the coast path. She's quite a sensible girl, and what could possibly go wrong? Off she went, having a lovely time exploring. She hadn't been gone long when I got a call on my mobile from a chap who introduced himself as Simon, and told me he was with my daughter and she had taken a fall off the path. I found them very quickly, on a ledge about 15 feet above the beach. She had slipped on loose stones and fallen about 20 feet or so from the top. There was a small group of wonderfully kind people there who immediately took me under their wing, brought me tea, provided Freyja with a jumper, and generally took care of everything. It seems that Simon had seen her fall, and immediately climbed the rocks to her aid. He stayed with her for the entire time, chatting to her and keeping her relaxed and comforted.

They had already called the Coastguard and Police, and it wasn't long before teams of rescuers arrived at the scene. The Coastguard abseiled down to my daughter and strapped her into a harness before coming safely down to the beach, and before we knew it the Air Ambulance had landed a little further up and we were taken to hospital in Truro. There we discovered

Letters

she had broken her leg, and it had to be reset under general anaesthetic. It wasn't until 8 pm on Saturday night that we finally left to return to Port Isaac.

Feeling completely shattered and shell-shocked, Liz took me back to Daymer on Sunday morning to collect my car. The attendant had clearly been concerned about my apparently abandoned car, but his lack of understanding certainly took me by surprise, as did his suggestion of charging me nearly double for the extra day and a bit of parking!

Our sincere thanks go out to Tim and Eileen Dickinson, Simon and his family, the Coastguards, the Police, the Air Ambulance crew, and the staff at Treliks Hospital, not to mention Liz. Without them, their kindness and support in what was a really traumatic event for Freyja and I, things really would have been so much worse.

*Mary Langford
Oxfordshire*

Friends of the Main, Port Gaverne

If you would like to financially help maintain the Main at Port Gaverne you can join the 'Friends'. The annual subscription is just £10. Please fill in the form below and send with your cheque. Thanks

Chris Bolton
Chris Bolton (Chairman)

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I wish to become a member/renew my subscription of the Friends of The Main and enclose my annual subscription of £10, made payable to
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Telephone Email address.....

I enclose an additional donation of £..... (optional)

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Yvette on 0845
241 6377 to
find out more.**



to Trio

anyone interested
in mini-bus project?

Dear Trio

Those of you who are now reading the minutes of parish council meetings, now on the notice board outside the Co-op, may have seen that the parish council has decided not to run a community mini bus (*Ed: see also Parish Council article*). Should anyone be interested in taking this project further please feel free to contact me and I will let you have all the information gathered.

Andy Penny, 01208 880985

Old Scripts

I have inherited from Bess Coates a big box of various scripts (short plays, farces etc) from the old PIPS days. Having looked through them they're not really anything that I would use. I wondered whether anyone might be out there who could give a big box of well-cared for scripts a home? It would be an awful shame to throw them out but, in all honesty, I don't know what I would do with them. If you're interested give me a call on 880625.

Barbara Hawkins

Thanks

Alan and Edna Davies would sincerely like to thank everyone for their cards, kind enquiries and offers of help during Alan's recent stay in hospital. Alan is now at home recovering.

We are truly fortunate
to live in such a caring community.

HAVE YOUR SAY!

Letters to *Trio* should be sent to
The Editor, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN
Email: triopi@mac.com

*Writers must include their full name and address -
anonymous letters will not be printed*

unscrupulous behaviour causes health hazard

Dear Trio

It has been reported that some unscrupulous person was observed pouring the contents of a caravan lavatory into the Leat at Port Gaverne. Sadly I have no further details of the incident or the miscreant involved, but I am extremely concerned about any children and animals who may play on the beach.

Children are attracted to the stream and love to build dams and collect water. They should not be subjected to such hazards.

Both Bob Monk and I have our dogs in the veterinary surgery in a serious condition and we are concerned that there may be a relationship to the incident.

Please, for all our sakes, if you spot any dangerous behaviour, try and get details and inform the police and/or the environmental agencies.

We must not allow such lowlife to destroy our area and the health of the normal people who enjoy it.

**R D McCrohan
Trelights**

you live in a remote Cornish coastal village - you must be used to bad weather!

Dear Trio

We were somewhat surprised when we turned up to enjoy the RNLI's Funday, to find that it was cancelled because of the weather. Come on now Port Isaac, you live in a remote Cornish coastal village so must be used to bad weather – surely the RNLI should have anticipated this (especially bearing in mind this year's weather), heeded the weather forecasts and had contingency plans in place. Port Isaac has a Church Hall and a Village Hall that would surely have been able to house some of the planned events.

As it was, as the day wore on so the weather improved and the wind dropped. The village was full of visitors who would have enjoyed your barbeque and bought your cakes and a few attractions for the children would have been very welcome. A big missed opportunity I think!

**Margaret Cartright
Lutterworth**

North Cornwall & District Talking Newspaper Association produces a weekly 90 minute audio tape comprising local items from the Cornish Guardian and Western Morning News. These tapes are sent (and returnable) completely FREE to anyone who is visually or otherwise impaired and so is unable to read a newspaper. For further information please contact George Brown on 01208 76971.



COMPOST CORNER



Lawn care

I hope you were able to enjoy your garden during August and that your flowers bloomed well. How is your grass looking? Has it suffered through lack of rain and regular cutting, rough play by children, paddling pools and barbeques? September is a really good month to do a bit of work on your lawn. Before I entered the world of professional gardening, I had never done more than cut and occasionally water any grass over which I had any control. Most domestic grass is made up of 'utility' lawn seed, which is a mixture of several tough species of grass which have different qualities - drought or disease resistant, hard-wearing, quick growing/spreading. Do nothing, and as long as you keep it nice and short, you may not be concerned about the weeds, moss and bare patches. But if you would like to improve the condition of your lawn, now is a good time to start.

My horticultural books list all the tasks outlined below as 'routine maintenance' for a lawn - for a professional or fanatical gardener maybe, but most of us have neither the time nor the inclination to make such a fuss routinely, of what is after all, just a lawn. However, grass still needs nutrients, good soil structure, light and water to flourish, so anything you do will be sure to improve your lawn. If you are inclined to do something, start by assessing your lawn. If you have more moss and weeds than grass, then there is probably little point in doing anything besides cutting, unless you fancy re-turfing, which, trust me, is a big job. If, however, you have a few weeds, or patches of moss, or bare patches, or if the grass is looking a bit pale and wan, then read on...

Feeding - There are plenty of products on the market which feed (and often weed) your lawns. They can be granular or soluble, and the packets have clear instructions about application. These products contain vital nutrients which old lawns are probably sorely lacking, and the dual purpose 'weed and feeds' contain a selective weedkiller which should kill the weeds and leave the grass healthy.

Weed control - Removing weeds by hand can be an onerous task, but if you only have a few, very satisfying, especially if you can get out the whole root! You can, however buy spot weedkillers where you spray or paint the product on each weed, which might be preferable. I favour the 'weed and feed' approach - much quicker. If you do dig out weeds manually, have some soil and a bit of grass seed ready to fill holes and cover bare patches.

Moss control - Moss tends to grow in areas which are shady, where soil is compacted and lacking in nutrients. You can buy products designed to kill moss, but scarifying, aerating and feeding the soil will help, as will pruning back the shrubs and trees shading the area. You will probably have some areas to re-seed after clearing the moss.

Scarifying - This is the removal of 'thatch' - plant and other debris - from the lawn. It has the added benefit of stimulating new growth in existing blades of grass. It is best to use a rake with fine tines - you can use a metal leaf rake, or buy special scarifying hand or powered rakes. You will be surprised how much unwanted stuff you will shift. This will give the grass the light, space and air it needs to grow well. Thatch is particularly bad on lawns where cuttings are left in situ.

Aerating - Aerating the soil allows air to reach the grass roots, improves drainage and makes the soil less compacted. Ideally, you make holes in the soil 8-15cm deep and 15cm apart (that's 3-6 inches deep and 6 inches deep in 'old money'). You can use specially designed hand or power tools, but a garden fork will suffice.

Top-dressing - This is the application of a mix of sand, peat and loam to the surface of the grass. This fills in any indentations in the lawn, and helps to improve the structure of the soil. Your garden centre staff should be able to help you find what you need, and once you have scattered the mixture, help settle it down with a besom or broom.

Re-seeding - This is such a simple thing to do if you have any small bald patches, re-seed. You can buy utility grass seed loose at garden centres, so you only buy as much as you need, and it is cheap. You need to prepare the area to be re-seeded by removing weeds and stones, making sure the gradient is as you want, and loosening the very top few centimetres of soil, making it a very fine 'tilth' (tiny, fine lumps). Add a general purpose fertiliser to the area if the soil is of poor quality. Then simply scatter the seed generously on the patch (a bit extra takes account of theft by birds and seed which gets washed away or fails to germinate). Lightly rake over the patch so the seed is nicely settled, but still visible, and 'water in' with a fine rose on your can or fine jet on your hose. Keep the patch well watered if it doesn't rain.

I hope you found that useful. None of it needs to be too precise or technical, and as I said, anything you do will be gratefully received. Bye for now.



Busy Lizzy

eat my words!

Quick and easy suppers

When going into Autumn we can either choose to consider it as the end of something or as the beginning of one of my favourite times of the year!

Enjoy cooking one of these quick and easy meals.



Smoked Fish Omelette

Serves 4

Make a simple omelette into a more filling supper by adding a delicious haddock and leek filling.

3 large leeks, chopped
4 eggs
4 skinless smoked haddock fillets roughly chopped
3 tbsp crème fraiche
Flat leaf parsley

1. Put the leeks in a pan and steam for 10 mins until soft.
2. Meanwhile whisk the eggs in a bowl and season. Heat a non stick frying pan add a quarter of the eggs and tilt the pan over the heat for 1 min until set in a thin layer.
3. Lift the omelette onto a plate and repeat until you have 3 more thin omelettes.
4. Add the haddock to the pan with the leeks. Cook for 5-6 mins until the fish begins to flake. Stir in the crème fraiche and parsley. Top the omelettes with the haddock mixture and fold over and serve.

Quick Macaroni Cheese

Serves 4

500g pack macaroni
500ml crème fraiche
250g grated parmesan cheese
2 tbsp English mustard
5 tbsp flat-leaf parsley



1. Bring a large pan of salted water to the boil and cook the macaroni according to the packet. Drain and set aside.
2. Put the crème fraiche in the pan and heat gently. Stir in the parmesan, the mustard and parsley and season with freshly ground pepper.
3. Stir the pasta through the sauce, spoon into bowls and sprinkle with the remaining parmesan.

Enjoy September!

emily brown

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All the statements on page 16 are TRUE!

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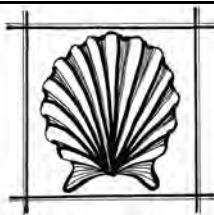
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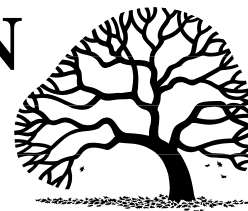
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Royal Cornwall Hospital
01872 250000

East Cornwall Hospital
(Bodmin) - 01208 251555

Police (non emergency calls) -
08705 777444
PC Malcolm Taylor - 079680
87667
PCSO Claire Drennan
0845 6567930
Wadebridge Police Station
01208 895872

Parish Council Clerk -
Elizabeth Harris - 01208
880927

District Councillor - Bill Dawe -
01208 880253

Stranded seals/dolphins etc -
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Sunday September 16th

St Peter's Church Harvest Festival with Fishermen;s Friends and Port Isaac Chorale followed by Auction & Harvest Supper

Tuesday September 18th

Whist Drive in St Endellion Church Hall – 7.30pm

Monday September 24th

'In the Bag' kerbside recycling – have your bags out by 7.00am

Monday October 8th

'In the Bag' kerbside recycling – have your bags out by 7.00am

Parish Council Meeting – 7.30pm

Tuesday October 9th

NCCA St Endellion Branch Bangers & Mash Lunch at The Mill, Port Isaac – 12.30pm

Friday October 12th

RNLI Harvest Festival at the Slipway Hotel – 7.00pm

Tuesday October 16th

Whist Drive in St Endellion Church Hall – 7.30pm

Monday October 22nd

'In the Bag' kerbside recycling – have your bags out by 7.00am

Saturday October 27th

A Medieval Banquet in the Village Hall – joint fundraiser for the Christmas Lights and the Village Hall

Sunday November 4th

Johnny Cowling sings the Gospel Songs of Elvis in St Endellion Church – 6.00pm

Saturday November 10th

British Legion Poppy Day

Sunday November 11th

Armistice Day and Remembrance Sunday Service in St Peter's Church

Monday November 12th

Parish Council Meeting – 7.30pm

Saturday November 17th

St Peter's Church Christmas Mini-Market in the Church Rooms –

10.30am

Sunday November 18th

Las Vegas Night with Johnny Cowling in the Village Hall – raising money for Cancer Research

Tuesday November 20th

Whist Drive in St Endellion Church Hall – 7.30pm

Saturday December 1st

RNLI Christmas Market in the Village Hall – 10.00am

Tuesday December 4th

NCCA St Endellion Branch Coffee Morning at Gull Rock, Port Gaverne

Monday December 10th

Parish Council Meeting – 7.30pm

Monday December 17th

Everyone invited to a Christmas 'Dance' in the Village Hall – 8.00pm

Tuesday December 18th

Christmas Whist Drive in St Endellion Church Hall – 7.30pm

Saturday December 29th

RNLI Village Party Evening at the Village Hall – 7.30pm

Saturday February 2nd 2008

Dinner Dance at Bowood Golf & Country Club – raising money for Cancer Research

Saturday March 1st 2008

Trio copy date for the rest of 2007

October - MONDAY OCTOBER 1st, published October 9th

November - MONDAY OCTOBER 29th, published November 6th

December - MONDAY DECEMBER 3rd, published December 11th

REGULAR EVENTS

Port Isaac Stay & Play Group – every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Sarah on 881124, Clair on 880469 or Julia on 880718

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jenni on 881038

Rainbows - every Tuesday from 4.45pm - 6.00pm, during term time, at Port Isaac School. Contact Jenni on 881038 or Marie on 880977

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Local History Group – The first Friday in the month in Port Isaac Village Hall. Contact George Steer on 01208 880754

Port Isaac Chorale – Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers – Every Monday at 8.00pm in Trelights Chapel

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

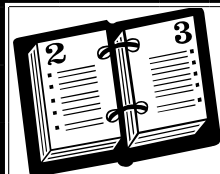
Thai Kick Boxing - Every Wednesday from 7.00pm - 8.30pm in the Village Hall. Contact Sal on 07875 698285

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 10.00am
Family Service every third Sunday at 10.00am
Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm



**Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure that your event is included here!**