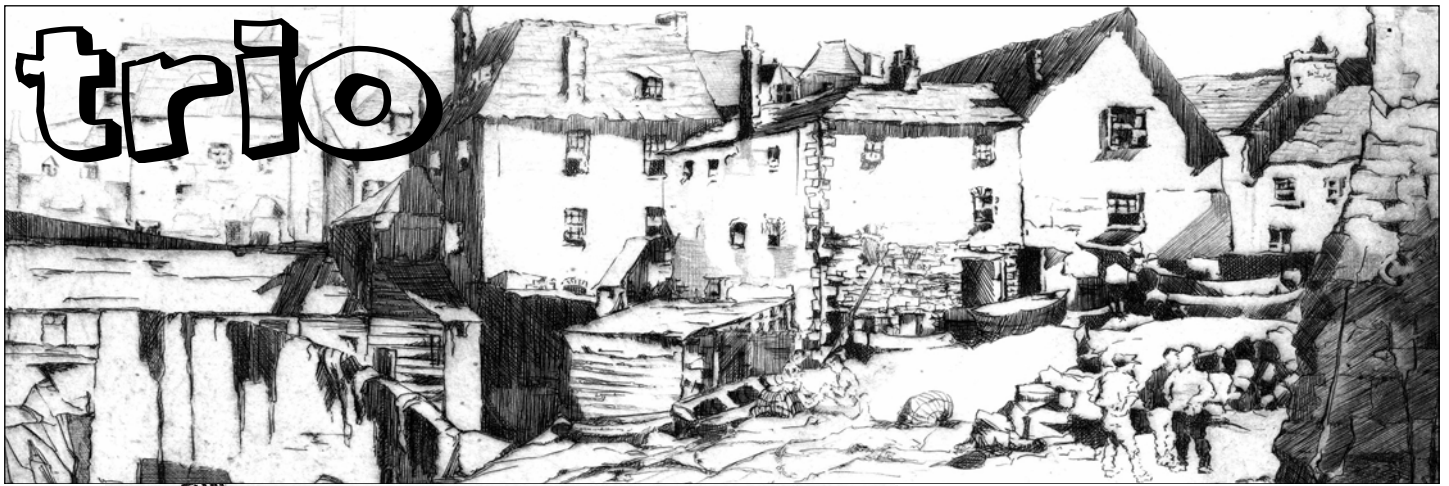


trio



PORT ISAAC NOTICE BOARD

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Race for Life
see page 5

BBQ food



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every Thursday on
the Platt - 7.45pm





Gemstone - Ruby Flower - Larkspur

July is the seventh month of the year according to the Gregorian calendar. It was the fifth month in the early calendar of the ancient Romans who called it Quintilis. A Roman senate renamed the month Julius (July) in honour of Julius Caesar, who was born on July 12th.

The Anglo-Saxons named the month Hermonath (haymaking) or Maed Monath (flowering meadows)

In line with most of the Northern hemisphere, July is traditionally the hottest month of the year. However,

*"If ant hills are high in July,
Winter will be snowy."*

and

*"If the first of July it be rainy
weather,*

*'Twill rain more or less for four
weeks together."*

July 15th is St Swithin's Day

*St Swithin's Day, if thou dost rain,
For forty days it will remain.
St Swithin's Day, if thou be fair,
For forty days 'twill rain nae mair*

July 25th is St James' Day (aka Grotto Day)

Children used to make grottoes and decorate them with seashells because the scallop shell is the emblem of St

Trio is issued eleven times a year and is available in local shops or by post - £18 a year in the UK. Overseas rates on application.

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triopi@mac.com

James. The grottoes were placed outside their homes and the children would sit by them and say:

*Please remember the Grotto,
It's only once a year,
Father's gone to sea,
Mother's one to bring him back,
So please remember me.*

Memorable July dates

1586 - The first potatoes arrived in Britain from Columbia

1901 - Fingerprints were used for the first time for identification

1837 - London's first railway station, Euston, was opened and

Registration of births, marriages and deaths begins in Britain

1928 - Equal voting rights granted to women in Britain

1937 - 999 emergency serviced introduced

1938 - The Mallard broke the speed record for steam engines at 126mph

1969 - The first man on the moon - Apollo 11 landed and Neil Armstrong made those historic steps for mankind

News from Trelights

On Saturday morning, June 14th, Trelights Village Green Committee held their Annual Coffee morning and Table top sale.

Thanks to a wonderful sunny day the various cakes, plants and bric-a-brac that were for sale were soon sold. Due to the very good support a profit of approximately £250 was achieved which will go towards Trelights Xmas lights.

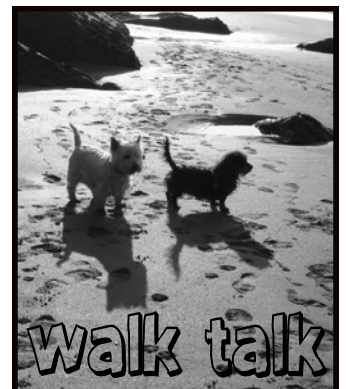
The Committee wishes to thank all the helpers and supporters and all those who made donations.

**Do not forget our
Barbecue
August 16th at 7:00pm
in Coronation Park,
Trelights
All are welcome**

walk talk

This paw-picked selection of tested and approved local walks is a must for all your four-footed friends and even includes tips on how your pooch can train you!

Available from *Secrets* and various charity functions, this book is priced at just £3.50, with 50p from each sale being donated to local charities and organisations. Mail order copies are priced £4 (includes post and packing). Send a cheque made payable to *Secrets* to *Secrets*, Fore Street, Port Isaac, Cornwall PL29 3RD.



Local Walks & Guide Books

Robin Penna's books of walks and local guides are for sale in *Secrets*.

A Quick Look Round Port Isaac

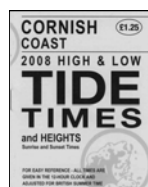
A brief guide for visitors to help them enjoy the village - **£2**

A Short Guide to Port Isaac

A more detailed guide, updated and reprinted - **£5.50**

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish with lots of useful local information) - **£3**



**LOCAL TIDE TIMES
now available
at Secrets**, priced £1.25



the tin violin

"What a brilliant night"

"We never expected to see such a professional performance in a Village Hall!"


"This was real professional theatre"

"... as good as anything you would see on a London stage"

"Do you often get theatre like this in Port Isaac?"



Mbuguah Goro who played Joseph Emidy enjoys a cup of tea in the kitchen with the washer-uppers after the show

Ballroom Dancing
every Monday
during July at 8.00pm
in the Village Hall
everybody welcome
More info from Vanessa on
01208 880098

Well the answer is, yes, we have staged theatre of this standard several times before in the Village Hall but it has never been very well supported!

The Tin Violin was a joint venture between BishBashBosh Productions and Port Isaac Village Hall and was the first night performance of the adventures of Joseph Emidy: A true Cornish tale. A large audience of adults and children, locals and visitors enjoyed the play and the half-time homemade refreshments and we raised about £200 for Village Hall funds.

Interestingly everyone who filled in a "Comments" form after the event said they would like to see more events like this in the Hall and BishBashBosh have promised to let us know next time they are touring Cornwall so watch this space ...

Sea Service Songs of Praise on the Platt Sunday July 13th 5.00pm

featuring
Fisherman's Friends
Port Isaac Chorale
The Sea Cadets
Coastguard & Coastwatch
RNLI

Everybody welcome
All proceeds to local Churches



Gordon Giltrap sellout success

With not a spare seat left in the Hall, Gordon once again amazed and delighted his fans. Thanks to his generosity and support we raised £200 for the Playgroup and £200 for the Village Hall.



Doc Lunny says thanks

Can I say a big 'thank you' to everyone in Port Isaac and around for my retirement presentation in the Village Hall on May 7th. The whole event was great. The food was fantastic, the big turnout amazing and the presented gift was absolutely astonishing. I enjoyed it all immensely – it was nice to meet so many well-wishers whom I've come to know over the years. And can I add my grateful thanks to all those people who sent me cards or letters of good wishes or who kindly gave me their own individual gifts – greatly appreciated and too many to thank one by one.

And thanks to the *Trio* for the (flattering) coverage. As I said in my thanks on the day it has been a genuine pleasure and privilege to be a GP in Port Isaac. I wish everyone all the very best for the future.

Dr Jim Lunny

**An answer on the Steve Wright
in the Afternoon Quiz Show:
(BBC Radio 2)**

**Steve: Johnny Weissmuller died
on this day. Which jungle-
swinging character, clad only in
a loincloth, did he play?**

Contestant: Jesus

Consecration of the extension to St Endellion burial ground

The Bishop of St Germans, Roy Screech, witnessed by his Chaplain Neil Henry, Reverend Prebendary Dr John May and Reverend Judith Pollinger, recently consecrated the extension to the Church burial ground. The site had been cleared back to the boundary edges with the exception of an existing apple tree that had been encircled by a wooden seat built by Parish Councillors Martyn Dingle and Andy Penny, assisted by volunteer Paul Dingle.

A small number of the public attended, led by District Councillor Bill Dawe and Parish Council Chairman David Phelps. After the ceremony refreshments were served in the Church Hall.

Janet Chadband

Port Isaac Chorale Summer update

Put Sunday July 6th in your diary

At 7.00pm on Sunday July 6th, the Chorale are to hold their Summer Concert in St Peter's Church, Port Isaac. There will be readings, vocal and instrumental solos and songs from the Chorale, all with a summer theme. Entry will be free but there will be a collection at the end to be given to local charities. Please come and join us and make this a truly memorable evening.

The Chorale have already sung at one wedding this summer and are to sing at another in July. Please contact Janet if you want us to sing at your wedding or any other event.

Although we are not yet rehearsing for our autumn Old Time Music Hall evening, several members have taken up tap dancing and it is hoped they will be able to perform – providing that the stage will be able to support their enthusiastic moves (and if they can remember the steps!)

On Sunday June 22nd the Chorale held their annual barbecue, this year at Nantstallon, and the weather was sunny. It is hoped that Liz & Peter Rowe will once more open their garden one Sunday afternoon during the summer. Chorale members will serve Cornish teas to raise money for funds and charities.

It is never too late to join the Chorale. Just give Janet a call on 01208 880505. Rehearsals take place in the Village Hall at 7.30pm on a Tuesday evening. A warm welcome awaits all new members.

Taking things for granted

Still in the Falkland Islands filming for ITV, but not for long. We were soon on our way back to the UK to what they describe as post production, editing and putting the film into a coherent form along with the narrative, in the hope of making some sense of the hundreds of feet of film Cindy had taken.

This gave us an opportunity to not only stay at our flats in London and catch up with all our friends who we hadn't seen for nearly a year, but to spend time with our respective families. At first it was all so strange to be back in "civilization". In fact, I hated the noise of London, the cars, the smells and far too many people. For ages I found it very disturbing to walk along a London street and to go into any shop full of people. As for the underground - forget it. I think it was because for nearly a year we had been virtually on our own with just the wildlife for company and all this madness in London was just very strange. Even when we were in Port Stanley, the capital of the Falklands, there were hardly any cars and you knew everyone you passed in the road. In some ways, similar to Port Isaac, although we have far too many cars here, don't we?

The other major factor that I found hard to get accustomed to was having running water, electricity and loos that flushed. My poor parents despaired of my disgusting habits until I finally got the knack of being hygienic again!

However, one thing above all else that I regret, was not spending enough time when I was back in the UK with my parents. My father, bless him, from being an extremely healthy farmer, good looking, brown and wicked, suddenly started having nocturnal

Thanks

I wanted to say a heartfelt thank you to the many family and dear friends who have sent messages of support since discovering my illness. Knowing that I'm constantly in your thoughts and prayers is a source of great comfort to both Joe and myself during a difficult time.

I'm continuing to stay positive (the grandchildren take care of that!) and the outlook is encouraging. I have been so touched by the number of people who care, thank you.

Velma Knight

**Attention everyone
who puts up posters
around the village...
please take them down
after the event!**

HAVE YOUR SAY!

Letters to *Trio* should be sent to
The Editor, Calenja, 3 Trewetha Lane,
Port Isaac, Cornwall PL29 3RN Email: triopt@mac.com
*Writers must include their name and address -
anonymous letters will not be printed*

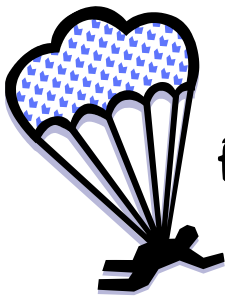
strokes and I wasn't there to help and to give my mother the support and love she needed, although neither complained, knowing how important the job was, and that we were on a tight schedule to get everything ready to return for the next stint of filming.

Hence, my mottos - never put off anything important because there may not be a tomorrow, and never take anything for granted.

Annie Price

Identity theft?





Sponsor Becky when she jumps from 10,000 feet for the Precious Lives Appeal

On Saturday August 16th, at Perranporth Airfield, I am doing a 10,000ft freefall parachute jump to raise funds for the Precious Lives Appeal, for the Children's Hospice South West. It is a registered charity that provides hospice care for children with life limiting conditions and their families, with the aim of building a hospice in Cornwall, and to make the most of short and precious lives.

I would be very grateful for sponsorship. There is a form at the Slipway Hotel and I have one that I carry around with me. You can contact me at the Slipway on 01208 880264.

I won't even go on a roller-coaster, so I am quite surprised that I will be jumping out of a plane, but I am aiming to raise as much money as I can.

Please support me and help raise funds for this very special charity. I will let everyone know via *Trio* how I get on and how much money I raise.

Becky Dyer

Port Isaac joins the World's Biggest Coffee Morning



Put Friday September 26th in your diary now so you don't forget to come along to the Village Hall and be part of the 'World's Biggest Coffee Morning'.

By supporting this event you will help Macmillan Cancer Support in their aim to raise £8.5 million to help support more people living with cancer. Watch this space.

Give a man a fish and he will eat for a day. Teach him how to fish and he will sit in a boat and drink beer all day.

Race for Life Sport Isaac

Giving their tee shirts their second outing, the Sport Isaac team joined the Co-op girls at the *Race for Life* at the Eden Project on Sunday June 15th. Some of us ran, some walked, some did a bit of both but it didn't matter as we were all there for the same reason, to raise money for Cancer Research – and we certainly did that.

The Sport Isaac 08 team were Marion Andrews, Cath Armstrong, Lisa Brown, Liz Brown, Edna Davies, Sian Fletcher, Barbara Hawkins, Dee Littlechild, Jill McDonnell and Christine Clarke and between us we raised, so far, £1060.20 (and hopefully rising).

A huge thank you to everyone who supported us and the Fishermen's Friends for collecting for us - and if we didn't manage to catch you for sponsorship, don't worry. The annual Lanhydrock *Stride for Life* takes place on Sunday November 16th. This is open to all the family (and dogs) and full details of how to enter will be in the next issue of *Trio*.

The Co-op girls plus two

We all completed the race in good time and would like to give everyone who sponsored us – a big thank you.

We have raised £473 and the Co-op have donated £400 which has boosted our sponsorship to £873. All we need to do now is collect the money so all those who have not yet paid us, can you please now bring your money into the Co-op as soon as possible. Also, a big thank you to Beth who stood in at the last minute. Once again we would like to thank you for your support.



Does my bum look big in this?

Above, The Sport Isaac 08 team and below, The Co-op girls - plus two



Swinging at the Village Hall

Further to last month's article: on Saturday July 19th, from 8.00pm 'til 11.00pm, the Village Hall will be swaying with jazz music, with total disregard for its original status as the Temperance Hall - the inspiration for the band's name - in its turn reflecting the change from the severe times when the Hall was built to our present no-holds-barred approach to life. There will be no peace for the founders, rotating in their graves, hopefully on the beat.

For your entertainment and amusement, the Intemperate Trio will play from the works of the great masters like Fats Waller, Duke Ellington, possibly Jelly Roll Morton, Bix Beiderbecke etc, in the competent hands of the experienced piano player and entertainer Keith Nichols ably aided and abetted by Alex Revell, clarinet, and Brian Gray, trumpet. There will also be a non-temperance, alcoholic bar.

This is a one-off opportunity to hear some good jazz, so come along and give us your support. It certainly won't happen again as I unfortunately miscalculated the cost of presenting an event like this and priced the tickets too low so that it is a bargain as well! So please turn up in support and at the same time enjoy what will be quite an evening. Don't miss it.

Robin Penna

Hospital Car Service

The sharp-eyed among you will have noticed the absence of our 'advert' in last month's *Trio*, and will have observed, maybe, that some of our notices have disappeared from around the village. None of this is accidental because, sadly, the local Hospital Car Service is no more – another accident following recent political correctness, overbearing legislation and administrative procedures etc etc. After thirty years of helpful service to our local community (and that's all our drivers wished to give), we have had to cease our activities.

If you need help with transport you should ask at the Surgery – or you could ask one of our friendly drivers if he/she is going anywhere near where you need to go!

*Ted Childs
(former 'Chair')*

You can also ring the WRVS at Liskeard on 01579 342013 as that organisation runs a very similar service.

Trelights Methodist Chapel

Trelights Methodist Church recently received £600 from a Silent Auction held at the home of Percy and Wendy Old of St Minver. It was a lovely venue for the fundraising event and the members and friends of Trelights Chapel wish to extend their grateful thanks to the family for their hard work and their gracious hospitality. Many thanks also to the local businesses and individuals who kindly donated items to be auctioned. Helpers and supporters were rewarded with a very enjoyable evening.

Chaired by John Bennallick of St Wenn, a very enjoyable Sankey Evening held in the Chapel in April raised a further £145 for Chapel funds. Members and friends are now looking forward to their Festival of Flowers in August.

Trelights Chapel Friends meet for an informal hour at 7.00pm on the last Thursday of each month and would welcome anyone who shares our value of our Methodist heritage to join us.

Peter Blake

Websites of the month

I suppose I first got really interested in waste when Mr Pledger, the deputy headmaster at my school, would tell us in assembly that there was too much waste left after school dinners. That's about 60 years back and I can still remember feeling the guilt he inspired. Waste is bad, no question. The flip side of this is that as I grew up the freedom to chuck stuff away, leave things on my plate, was a little rebellion against Mr Pledger and his fierce sermons. Sadly as we all now know, he was spot on. In more recent times I got back into this while working in the NHS. We had a campaign to save paper and energy as it was expensive. We didn't make much progress, but I read up on it. One book in particular I would recommend as a starting point if you would like to learn about this topic in a way that will tickle your curiosity is 'Rubbish!' by Richard Girling (<http://tinyurl.com/5pz2xq>). He is a Times journalist and takes you through the history of the way waste has been produced and managed, and the contemporary scene. The numbers are quite extraordinary. Take the case of Tetrapacks – the plastic cartons which milk and juice comes in. These were invented in 1944. The numbers produced are mindboggling. In 2005 there were 105 billion packages produced worldwide and rising...

The history of what waste humans produce (in addition to the obvious) and how it was dealt with can be found on a number of sites, but the best I think is Wasteonline (<http://tinyurl.com/q26gm>). This starts with our ancient roots when most of what we produced was able to be put back in the ground, or reused. Compost bins have been found over 4000 years ago in China, so it has a long tradition. There was, in fact, very little waste, as is found in hunter gatherer societies even today. It is when we begin to get larger settlements and population densities that the problems start and landfill sites or rubbish dumps have a pretty veritable history too. Athens, well known for its democracy and philosophy, also had well developed rubbish dumps and had laws that waste had to be transported at least a mile from the city gates. Alongside waste there have always been people who have made a living by sorting through and selling what they find and on a global scale. We now have countries whose poor depend on the waste from the rich (<http://www.thegoodwebcompany.com/articles3.html>).

Sewage is another terrific story. How this is dealt with as the population has grown is fascinating. When you think there are over 6000,000,000 people in the world, all going to the toilet at least once a day, that's a lot of poo. You can read more about this at <http://en.wikipedia.org/wiki/Sewage>

The first incinerators in England were in 1874 when the first 'destructor' was built. These burnt waste of all sorts and were unpleasant and polluting. They got rid of much unwanted material but at a serious cost and today we face the same problems but in a much more severe form. Here in Cornwall we have lots of waste, largely through the packaging most consumer goods now come wrapped in. The Council is proposing a big incinerator (<http://www.cornwall.gov.uk/index.cfm?articleid=36366>). There is much opposition to this idea, which I share. You can read the arguments against the current plans at the St Dennis anti-incinerator group website <http://www.st-ig.co.uk/index.htm>. The main reason I think it is misguided is that it locks us into a 30 year commitment to a technology which has serious limitations. What we know is that this is an area where research is going to yield real benefits over the coming years and we should concentrate on other methods so we don't have all our eggs in one basket.

More info on this or other topics for websites of the month contact tonywainwright@hjoatmail.com

St Endellion Climate Friendly Parish

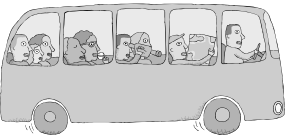
Having now got a constitution we are concentrating on fundraising and I would like to report on two projects in particular we will be working on over the coming months.

Take the bus for a change

Firstly on the transport front we have had many discussions about how to reduce the parish emissions of CO₂ from cars, and the main idea we have come up with is to try and support increased use of the buses. We are very lucky to have a bus service running through the parish and probably most people in the parish could get to a bus stop, even if it involved something of a walk - not everyone but many more than actually use the buses. Most of the time buses are driving around nearly empty. I am as guilty as anyone of not using the buses, even though I can travel free with a bus pass! So we decided to get together with Western Greyhound and they have designed a very nice local timetable that will be available in local shops shortly. We are planning a three year project where we will try and make it as easy as possible for people to know where and when to get the bus and easy ways to plan their routes. We will also continue with the series of articles on nice trips to take by bus. Read Robert Manders' article below.

Climate Friendly Fortnight

The other project is the Climate Friendly Fortnight, which we are doing jointly with the Cornwall Wildlife Trust. This is sponsored by the Co-op who have made a donation to the Cornwall Community Climate Forum to develop a website about the various activities we will be doing in September across Cornwall. We are still working on this but hope to have a green fair and to give advice to people about how they



Let the bus take the strain

Our green and white local buses are very useful, taking you to interesting places without the problems of parking etc. These buses will stop anywhere enroute, not just at a bus stop. To catch a bus, hail it by raising your hand; to leave a bus, ring the bell in good time and tell the driver where to stop.

Our buses usually only display their destination. Buses going to Camelford serve Port Gaverne and Delabole on the way, whilst those for Wadebridge travel via St Endellion Church, Polzeath, Rock (but some way from the ferry to Padstow), Tredrizzick and St Minver. If you don't know whether the bus is going where you want to go, hail it and ask the driver.

The most useful ticket for visitors is the go-anywhere 'Day Explorer' ticket, which costs £7 (adults), £4.50 (child) and £14 (family). If you are a senior citizen, you probably already have the National Pass and travel free.

You do need to note the difference between the weekday (Monday – Saturday) and our (summer only) Sunday service. On weekdays we have five or six buses each way, at two-hourly intervals, connecting at Camelford and Wadebridge with other services. Buses leave Port Isaac (Peapod) for Camelford at five minutes past even hours, from 10.05am to 6.05pm, and Central Garage (almost opposite the Peapod) at about ten minutes to even hours from 7.51am until 5.51pm.

Sunday Service

Sunday gives us four buses each way, not quite regularly, though, at two-or-three hourly intervals towards Camelford at 10.05am, 1.05pm, 4.05pm and 6.05pm and towards Wadebridge at 10.51am, 1.51pm, 3.51pm and 6.51pm.

Going further afield

From Camelford you can continue towards Tintagel, Boscastle and even to Bude, whilst from Wadebridge you can reach St Columb and Truro, or Padstow and Newquay. The most important thing to remember is that the last bus back to Port Isaac leaves Wadebridge at 5.25pm every day and Camelford at 5.30pm weekdays and 6.30pm on Sundays.

Timetables

Timetables are available from the Tourist Information Office (the octagonal building) on Eddystone Road in Wadebridge. So why not plan a day out without the car.

Robert Manders

can save money on heating through insulation grants and changing the way they heat their homes. This will run from 13th-28th September 2008.

If you would like to get involved in either project please contact Tony Wainwright on tonywainwright@hotmail.com or 01208 880439

But if you have to drive ...

It's possible to cut your annual petrol/diesel bill by a third, saving hundreds of pounds. Yet, as most fuel costs go in tax as a deliberate result of Government environmental and anti-congestion policies, it takes more than just finding the cheapest forecourt. It's about pain-free, speedy ways to make your car and driving more efficient -

Up your motor's fuel efficiency:

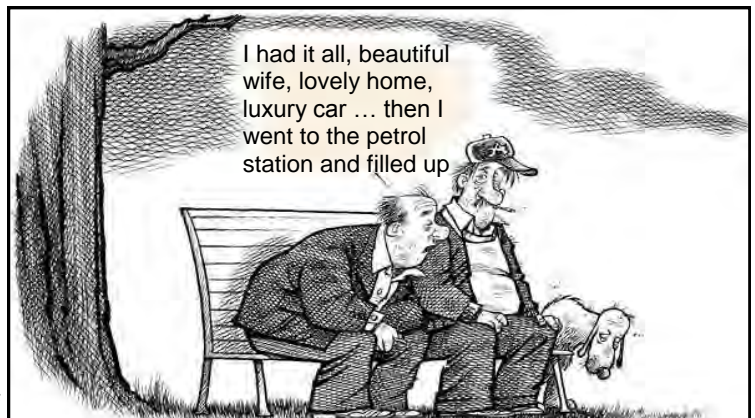
- Keep your tyres correctly inflated
- Declutter your car
- Take off your roof rack
- Turn off the air con
- Don't fill it up with fuel as this adds quite a weight - putting in under three quarters of a tank will make your car run more efficiently

Drive more efficiently:

- Accelerate gradually without over-revving
- Drive in the correct gear, using the highest gear possible without labouring the engine
- Slow naturally rather than braking all the time

Cheap Fuel

Go to the free website Petrol-prices.com, register, enter your post-code and tell it how far you're willing to travel (2, 5, 10 or 20 miles) and it'll list the day's cheapest petrol stations in your area.



We've been very busy over the past few months and have been working on a lot of badges.

Swimming - We all completed the Swimmers Badge at Camelford Leisure Centre and we now have 24 very good swimmers. We go swimming every six weeks to give the girls chance to have a swim and let their hair down.

Dancer - We have also been working on our Dancer Badge, learning different forms of dance. Many of our girls are in Funky Feet (Cornwall Dance School) so it no surprise that this badge was one they wanted to do. At the end of June we finished off this badge dancing the Flora behind the St Breward Band.

Port Isaac - We have been learning about Port Isaac, looking at maps and learning about being out and about. We had a good meeting in May when we were out looking around the village and doing a quiz on Port Isaac when we got caught in the thunder storm that hit the village. We had 20 worried Brownies and we marched them up from the beach as quickly as possible in between downpours of rain. It is the fastest I have ever gone up the hills in Port Isaac! It was an evening we will never forget. Thank you to Nicky and Jan for their help that evening.

Brownie Promise - We went to Chapel Amble for our youngest Brownies to take their promise.

Other activities - We have also been surfing, map reading, crafting and allsorts.

Craft Show success - We entered the North Cornwall Craft Show in April and Tikvah gained a First Prize in the Clay surfer category - she had a very novel idea of putting a wave behind her surfer. A big thank you to Barbara Hawkins for helping us with this.

Be Seen, Be Safe - PC Malcom Taylor came out to teach the Brownies how to be seen and stay safe when they are out and about. They all had a good evening and hopefully went away with the knowledge to stay safe when out and about. Thank You PC Taylor.

Coming up - So this last part of term we will do more swimming and surfing, have a day out at Trethorne Leisure Farm and a district Olympic event, where we will compete with other Brownies, Guides and Rainbows in Camelford. We will let you know the results in a later issue

Looking Forward - We are losing five Brownies in July as they are too old to continue. Most of them have been with us since Port Isaac Brownies began back in September 2005. We will really miss them and hope they will come back to see us.

Good Luck to Daisy, Laura, Ruth, DooDoo and Catherine.

However we have already gained a new Brownie who has moved over from St Teath, so welcome to Niamh, who we hope will enjoy her time with us. Also, in September we will be having some of the Rainbows join us - we can't wait to see them.

Fundraising - We are planning to do a Bingo for Christmas in late November and our annual coffee morning in December. We hope to see as many faces there as possible. We will be raising funds for our annual census, the Christmas Trip and our big camp next year at Foxleaves.

Hey to Poppy - Can we just say to Poppy we can't wait to have you back in Brownies full time, after your recent stay in hospital.

Brownies

News from the Port Isaac Brownies



Brownies are very good at having fun!



Wanted - Assistant Leader

We are on the search for someone over the age of 18 to become an Assistant Leader in a possible Girl Guides unit in Port Isaac. It can be hard work at times, but is so much fun. If you are interested please call Jennie on 01208 881038.

Wren

Dan Rogerson, our local MP, writes ...



let me or the District know before the consultation deadline of July 18th.

Meanwhile, have a good month.

Dan Rogerson MP

Church Stile, Market Street,
Launceston, PL15 8AT
Tel: 01566 777123
contact@danrogerson.org

As I write this article, I'm preparing for the final stages to lead our effort in the House of Commons on the Government's Planning Bill. The proposed legislation will see important decisions over the location of nuclear power stations, hazardous waste sites and new airports all subcontracted to an unelected independent Commission. Local people and local Councils don't and won't get a say. This is just the latest in a long line of initiatives where the Government considers that 'independence' trumps accountability, and 'expertise' is more important than elections. Not surprisingly, my colleagues and I have been opposing the plans vigorously. We've taken the opportunity, too, to table amendments which would help tackle the proliferation of second homes, though so far MPs from both other parties have thwarted those efforts.

I am Vice Chair of an all party parliamentary group on rural services. We're a group of MPs from a variety of rural areas across Britain, and we hope to speak with one voice on the issues which are important to areas like ours. I'm sure you've heard about – or, indeed, experienced – the "thirty mile rule" which is stopping local bus companies take on long routes without expensive tachometer equipment. That's just one of the issues we'll be looking at this month, and hopefully tackling Ministers on together.

Don't forget to look at your local callbox to see if BT plan to remove it. As I reported in my last *Trio* article, the company plans to pluck 54 of North Cornwall's boxes from the streets, because they claim the phones aren't profitable. If you want to object to the removal of a particular box, you need to

Bags, bags, bags ...

We recently had to purchase some new bags for our shop. Ever conscious of the ongoing debate about bags - plastic versus paper, 'Bags for Life' or even no bags at all – we looked into the options very carefully. David at *Rainbow Bags* was, as always, very helpful and provided us with some very interesting facts on the debate of Polythene versus Paper. Read on and you will see that the plastic bag is not quite the villain we have been led to believe:

- Plastic bags generate 60% less greenhouse emissions than composted paper bags
- The plastic bag generates 3097 tons of CO₂ equivalents per 100million bags; uncomposted paper bags generate 7621 tons; composted paper bags generate 14558 tons per 100million bags produced
- Plastic bags consume less than 4% of the water needed to make paper bags
- Plastic grocery bags consume 40% less energy during production and generate 80% less solid waste than paper bags
- Paper sacks produce 50% more water pollutants than plastic bags
- It takes 91% less energy to recycle a pound of plastic than it takes to recycle a pound of paper
- After three uses reusable plastic bags are superior to all types of disposable bag

It's quite a dilemma for small shops that need a variety of bags for the different sized goods that they sell. Visitors to Port Isaac do not always come with their own bags and if they do they are rarely big enough to accommodate large purchases so we do have to provide an alternative. However, we now always ask our customers if they need a bag and so far the majority of customers say 'yes'.

*Sam & Dee
Secrets, Port Isaac*

Coming soon
to St Endellion Church

Mini-Market in the Church Hall
Wednesday
August 13th
from 10am-12noon
stalls, cakes, produce, plants,
bric-a-brac, books, raffles,
coffee etc
all are welcome

Antiques Roadshow in the Church Hall
Thursday
October 16th
7pm -7.30pm

Johnny Cowling sings the Gospel songs of Elvis
in the Church
Sunday November 16th
6.00pm
tickets £6 each (including refreshments) from Pam Richards on 01208 880381
proceeds for the Precious Lives Appeal and Church funds

For further information on any of the above events contact Pam Richards on 01208 880381

Lots of Love, Best Wishes
and Good Luck to
Sam, Aly, Sam & Maisie
in your new life up country.
We will miss you.
from all your friends in Port Isaac X

**Part-time Seasonal
Staff wanted for busy
local takeaway
Good rates of pay**
Contact Rachel
on **01208 880281**

**There are two theories
about how to win an
argument with a woman.
Neither one works,**

Carlyon Bay, St Austell



PIGS on tour

Andy 'The Adonis' picked me up early for the forty mile trip to St Austell. Now, Andy is a great bloke but he has the navigational skills of a ball in a washing machine. Finding the golf club was easy, but finding St Austell was slightly more difficult, but we did it in the end! So, after unloading our bags and watching Mark 'The Man Slut' Grills trying to sell his car to some bloke, we sat on the terrace drinking coffee and eating bacon baps (why don't they ever cook the bacon enough?), watching rabbits do what rabbits do best.

All paid up and ready to go and up turned Kev Punter in what can only be described as the ugliest pair of paint infused corduroys you have ever seen – but at least he turned up. With only twelve players, Paul 'The Executioner' Honey made the draw for the Matchplay Competition, with eight players having to play and four of us lucky b_____s getting byes into the next round.

The Stableford winner on the day was Neil 'The Dude' Buckley carding 36 points (which is seven shots off his handicap) – it would have been a lot more if he could putt!!! Second was Paul 'The Executioner' Honey and Longest Drive went to 'The Adonis'.

Now, Carlyon Bay is well known for building developments, and several other things, one of them being a famous, or should I say infamous, part of its beach, which is, how can I say, usually full of nudie people! Well, on the sixth hole, which runs parallel to the beach, some 200ft above, Karl 'Scratch & Sniff' Daly's tee shot happened to land on the cliff edge in the rough. After spending several

seconds looking for it he happened to look over the edge and spied a woman on the beach. "Quick lads, have a look at her!" On slightly closer inspection, from a distance you understand, we discovered her to be an octogenarian with man boobs like puppy dogs ears and obviously it was colder at sea level than it was on the top of the cliff.

Two final mentions. One is Gary 'The Gooner' Pattenden who gave his 'advice' to a group of ladies on where they had lost their balls and finally to a Welsh couple who giggled when we told them who we were – PIGS. We then repaid the compliment when they said their ladies golf society was called SLAGS.

Next outing – July 7th – Trethorne Golf Club

The Lard Man

This report was compiled for *Trio* by the Parish Clerk. For further information contact her on 01288 341242 Email: stendellionparishcouncil@fsmail.net

APPLICATIONS AND NOTICES

Application 2008/00981 Installation of log burner stove and flue to protrude through rood to 600m above ridge. Mr C Clutterbuck, 59A Fore Street, Port Isaac. **The Parish Council is not in support of this application in principle as a chimney would be more in keeping with the conservation area.**

Application 2008/00913 Listed Building Consent for changes to the external wall and internal alterations. Sir Crispin Davis, Halwyn House, Roscarrock Hill, Port Isaac. **The Parish Council is concerned about this application and did not feel that plans gave the full picture.**

Application 2008/00910 Erection of Porch. Mrs March, 7 Tintagel Terrace, Port Isaac. **The Parish Council made no observations.**

Application 2008/00857 Erection of first floor extension over existing garage. Mr M Edkins, Windrush, New Road, Port Isaac. **The Parish Council made no observations.**

Approvals & Refusals

Application 2008/00710 Change of use of existing art gallery to Cornish Produce Shop selling locally made jams, chutneys, pickles, cold meats, cheeses, alcohol, ice creams, sandwiches, cakes, bread and other local goods; bread and cakes will be cooked on the premises. Mr D Brewer, Sunk Gallery, New Road, Port Isaac. **NCDC APPROVED this application.**

Application 2008/00552 Listed building consent for the demolition of existing dairy and erection of kitchen extension together with internal refurbishment. Mr & Mrs R Jones, Treswarrow Farm, St Endellion. **NCDC APPROVED this application.**

Application 2008/00551 Consent for the demolition of existing dairy and erection of kitchen extension together with internal refurbishment. Mr & Mrs R Jones, Treswarrow Farm, St Endellion. **NCDC APPROVED this application.**

Application 2008/00616 Erection of single storey extension at rear of property to provide study and utility area. Mr T O'Grady, Gruntle, Trelights. **North Cornwall District Council APPROVED this application.**

Application 2008/00488 Erection of new garage to replace existing. J N J Brown, 5 Tintagel Terrace, Port Isaac. **NCDC APPROVED this application.**

Application 2008/00462 Erection of extension to dwelling to increase

things Parish Council

accommodation. Mrs A Walsh, The Barn Owl, Trewetha, Port Isaac. **NCDC REFUSED this application** – see minutes for reasons.

Application 2007/02461 For use of Chalet as a dwelling. The Building shown as The Chalet, 2A Tintagel Terrace, Port Isaac. **NCDC REFUSED a Certificate of Lawfulness.**

Application 2008/00809 Formation of a dormer window and erection of side porch extension. Mr & Mrs Daly, Cleardaze, New Road Port Isaac. **NCDC REFUSED this application** – see minutes for reasons.

CCC granted permission under Regulation 3 of the Town and County Planning General Regulations 1992 on an application date 20th March 2008 for the development of land at Port Isaac Community Primary School for resources extension.

ALLOTMENTS

The Parish council has 2/3 allotments available at St Endellion next to the new cemetery. Anyone who is interested please apply to the clerk

BMX TRACK

The Parish Council is seeking tenders for the removal of the BMX track and levelling of the ground. Please apply in writing to Mrs E Uglow, West Balsdon, Whitstone, Holsworthy, Devon EX22 6LE

schoolchat

news and views from
Port Isaac School



Happy Birthday

Birthdays celebrated in
July

- Edward 8
- Emilia 6

Sports Day

The sun shone for Sports Day and the day started with the field events in the morning. This was a closely fought competition with only four points separating all four houses. Honours went to Tigers and Cheetahs.

In the afternoon the track events were well supported and the children did their best in every single event. Overall champions this year were the Cheetahs. Well done to them and a BIG thank you to Mr & Mrs Elgar, Mrs Tiddy, Ms Hunt and Kathryn who all came along in the morning and helped with the running of the field events. We couldn't have done it without them!!

Tesco Vouchers

Thank you to everyone who has passed on their vouchers to us. We collected an amazing 6880 vouchers and have exchanged them for lots of exciting art and craft items to be used next term when we design our Christmas hats, make decorations and maybe even some puppets.

Health & Wellbeing week

A week before half term Port Isaac School held an annual Health and Wellbeing Week. We did fun, healthy, fruity and relaxing activities. The whole point of health and wellbeing week was to stay fit and healthy.

On Wednesday the whole school made smoothies. One of the pupils called Laura said the smoothies were lovely. We used loads of ripe fresh fruit. Another pupil called Tom Penny said they were really scrumptious.

On Tuesday Pippa came in from Roserrow. She taught us aerobics. Afterwards we were all worn out. It was great fun. All the boys liked Pippa. One of the pupils called Sinead said she loved it. *Jess Year 4*

Before half term Port Isaac School had health and wellbeing week. We all had fun - well, almost everyone. First we all drew a poster about what is healthy and unhealthy. On Monday Tigers completed an obstacle course with Ms Murray. Next we all paired up with the little ones and we all made smoothies. Before that we made an advert. *Mark Year 3*

First they all made smoothies. They were delicious! Next the yoga was very relaxing. After that surfing at the beach was fun. Everyone went in the water or played games. *Tom B Year 4*

The Survival Challenge weekend

Congratulations and a very big Well Done to the ladies who took part in the weekend raising over £1000 for Port Isaac School.

Team PMT Pink tell What really happened!

*Dawn Hallett, Jan Everitt, Joe Marshall, Penny Bolton & Sarah Martin
(Port Isaac Mums and Mates Team)*

We all met on the Friday night at the location just outside Grampound Road and got to know the other teams; our two teams, another all ladies team, a mixed team of four women and two men (one was a camera man) from the West Briton newspaper, and two all male teams from Cornwall Glazing. Then it was time to settle down for a good night's sleep knowing that we had to be up for breakfast at 7:30 am.

After a breakfast we were taught skills that we would use later in the day. Then it was on to The Challenge itself. Half of the teams started the problem solving activities whilst the other half (ours included) were given their essentials and taken into the woods to their individual 'crash site' where we were left to make our shelter and spend the night. The scenario was that our plane had crashed in the woods and we had to survive until our rescue the following morning. Our essentials were a cooking pot, two knives, two hatchets, a fire flint, candle and cotton wool, potatoes, carrots, turnip, parsnips, onion, garlic and three stock cubes and a prepared rabbit plus one very cute but very dead unskinned rabbit, a large container of water, a waterproof sheet, and five Mars bars.



Surviving in the woods, Team PMT Pink and Team PMT Green

We knew we were going to be awarded points for our shelter, how we made best use of the environment and resources around us, plus we had to skin the rabbit, and, should there be a tie between teams, the points would be decided on how many Mars bars were left. We made the decision very early on that the Mars bars would not be eaten under any circumstances! (unlike the two all male teams who ate theirs almost as soon as they got into the woods!). We then decided to get the worst job out of the way first and tackle the rabbit. Although I'd never imagined skinning or eating a rabbit, I'd made up my mind that I'd do it. When the time came Joe stepped up to the mark and we skinned it together.

When it came to our challenges we had to use two old tyres to get our team members from one area to another without touching the grass, trying to work out how to get a bottle off an island using given equipment without touching the ground, tomahawk throwing (I have to say we weren't very good at this!) and identifying local wild plants (in case you didn't already know - Bracken grows as a single stem from the root and Ferns grow with multiple stems from the root). Then it was back to camp, lighting the fire, cooking tea and gathering enough firewood to keep the fire going through the night and more foliage to waterproof our shelter. There was definitely the feeling of rain in the air! We weren't allowed to cook the rabbit we had skinned for health and safety reasons so it was the pre-prepared one we chopped up into kebab sized pieces and cooked over the fire. I did taste it but don't think I will be eating rabbit again.

Getting dressed for bed meant putting on hats and gloves and coats took the place of our sleeping bags (which we thought would lose us points if we used them). There was a music festival taking place about half a mile from the woods so we were kept entertained until roughly 3 am. One of our challenges was to keep the fire alight all night, and we were grateful for the heat and comfort it gave, especially when it started to rain at about 4 am. I was really pleased at

this point that we'd taken the time to collect enough firewood to last us through the night and that we'd stored it against the side of the shelter so that it stayed dry. Our shelter proved to be very efficient with just the odd drop of water getting through. By the time the Footsteps Team came visiting at 7:30 am we were up and in fine spirits and the fire was roaring.

We didn't win the Challenge overall but I have to say we all felt like winners in our own right. We put heart and soul into the whole event and maximum effort into everything. The Footsteps Team did comment that our team morale was outstanding and they never doubted that we would last the night (one team didn't and abandoned their shelter at 5am). Then it was time to pack away our beds and tent, pack our rucksacks and return home tired, dirty, hungry, smelly and very happy. It's an experience that will stay with us all for years to come.

A final few words from Team PMT Green

*Jennie Tiddy, Karen Hunt, Donna Byfield,
Barbara Hawkins & Marie Moseley*

The weekend was exhilarating, exhausting but Fun! When it came to our challenges, Team spirit was high. Tomahawk throwing was a breeze to one of our team members and she managed to throw the tomahawk out of the area we were in, not once, but twice! Apparently no-one has ever managed to do this before! It was a good job no-one else was near us at the time (bet she had three shredded wheat!).

On to the tyre challenge - electrified grass! Well if it was electrified we would have lost our nine lives in the first two minutes. More laughs than we had had in ages, hence to say, we did not do too well on the scoring.

We tried our skills at making a table which turned out well. Extensions were also added to our shelter by a team member who has now decided to become a builder!

We arrived back at camp at 7:45 am, five Mars bars intact - we all needed a warm drink, but with whisky not on the menu we had to have tea.

We were hungry, very dirty, and had hardly any sleep, but what a great experience.

Photo: Peter Glaser



Annual RNLI Service on the Platt

How lucky we were. It was a beautiful sunny morning, and loads of locals and visitors alike turned up to join in the singing and listen to the prayers in order to wish our crew and coastguards safe rescues and save returns. Our thanks to Rev Judith Polliner for taking the service following a rapid dash from St Endellion Church. The St Breward Band looked immaculate in their smart uniform and played brilliantly. We are very grateful to them all for their support and commitment to the RNLI here in Port Isaac.

We were also very grateful for such a smart turnout of our crew and our coastguards. We should be proud of them all. Thank you to you all for supporting such a vital service in order to save lives at sea and on the land.

Annie P

Lifeboat Larks Sunday August 24th

It has come round again, but this time we will be attempting to carry out the event so, with prayers and good luck, we won't have to repeat last years cancellation!

Yet again, there will be the usual format with all the stalls and excitement on the beach, along with lots of food and drink. The St Minver Band will be playing and we will have fingers crossed that the helicopter can come to carry out an exercise with our Lifeboat crew and Coastguards.

If anyone wishes to book a stall please contact myself, Annie Price on 01208 880386. The best time is in the evenings, as I am out and about at work for most of the day. The cost will be a donation of £15.00 to the RNLI. The rest will be your own profit.

Let me know, and if anyone would like to help on the day with some of the stalls it would be gratefully appreciated. We are only a small committee and we do rely on you all to join in the fun and offer any service you can!

Annie P



Port Isaac & District

Neighbourhood Watch



The latest information received concerned distraction burglaries. Two male youths have distracted occupiers and used various reasons to gain entry, such as wanting a glass of water or trying to find their ball. They are very polite and friendly. If you experience youths trying to gain entry to

your property contact the Police on 08452 777444, quoting CMS and Police Log No: 668 07/06/08, or call Crimestoppers on 0800 555111.

Opportunist thieves are all too aware of the signs when people are away or out. Please ensure that you lock doors and close windows when you leave your property. Make sure that all ladders/steps are kept securely, not just left lying in the garden. When you go away please ensure that you tell someone in order for them to report any unusual incidents on 08452 777 444.

Pat Pearson
01208 880969

Gone Fishing

I always thought that this meant someone had gone fishing for fish not bank security details! However, last week I received several emails from two different banks stating that there were security alerts on our accounts. We did have an account with one of the banks so the email made alarm bells ring. The subject of the email was "unauthorised login access" and went on to say, "Your access to Online Banking has been suspended. Due to the fact that our Online Banking Security Team has observed multiple logons on your internet banking account from different blacklisted IPs, therefore your account has been blocked to prevent further unauthorised access for your safety. You are advised to follow the directions in the reference below."

Fortunately my first reaction was to contact my bank. They confirmed that this was someone "phishing" for my account details. Apparently people are willing to sell email addresses and this enables unscrupulous characters to go "phishing". I was fortunate not to fall into this trap and would warn unsuspecting internet users to be aware of these scams.

Neighbourhood Watch

You may have noticed in the past few months that several Neighbourhood Watch notices have been put up around the village giving information about crimes that have taken place locally. This is the quickest way I can get information to as many people as possible.

Port Isaac New Season Lamb

Locally produced, grass fed Ready now

This can be a HALF or WHOLE lamb, or a JOINT, bagged ready for the freezer

It can be boxed in ice to take home at the end of your holiday

Guide price: Half lamb - £45 Whole lamb - £90

Contact Anne or Barry Collins
on 01208 880755



Pucker up because July 6th is
National Kissing Day!

Let's have a barbecue ...

Potatoes with sour cream & chive dip

Use enough potatoes per person, chop them into bitesize chunks, pop them into a foil parcel. Pour in olive oil, crushed garlic, rosemary and salt & pepper. Wrap tightly in foil into a parcel and place on the barbecue for 30 - 40 minutes. When cooked serve with sour cream mixed with chopped chives.

Homemade beef burgers

1lb good quality minced beef

Seasoning

1 egg

Get your hands into the mixing bowl to really mix the egg in well. Make the burgers into palm size patties. Pat them reasonably thin to ensure they can cook well through. Place them in the fridge to become firm until you are ready to cook them. Cook thoroughly on both sides and serve with

Cucumber Relish

Combine and stir together

1 cucumber with the centre removed and chopped

1 sweet onion chopped

1 tin sweetcorn

2 large spoonfuls mint sauce

small carton plain (or Greek) yoghurt

Barbecue Routine

- 1) The woman buys the food.
- 2) The woman makes the salad, prepares the vegetables, and makes dessert.
- 3) The woman prepares the meat for cooking, places it on a tray along with the necessary cooking utensils and sauces, and takes it to the man who is lounging beside the grill - beer in hand.
- 4) THE MAN PLACES THE MEAT ON THE GRILL.
- 5) The woman goes inside to organise the plates and cutlery.
- 6) The woman comes out to tell the man that the meat is burning. He thanks her and asks if she will bring another beer while he deals with the situation.
- 7) THE MAN TAKES THE MEAT OFF THE GRILL AND HANDS IT TO THE WOMAN
- 8) The woman prepares the plates, salad, bread, utensils, napkins, sauces and brings them to the table.
- 9) After eating, the woman clears the table and does the dishes.
- 10) Everyone PRAISES the MAN and THANKS HIM for his cooking efforts.
- 12) The man asks the woman how she enjoyed 'her night off.' Upon seeing her annoyed reaction, concludes that there's just no pleasing some women.

Footnote

If the Barbecue catches fire then the man gets out the hosepipe. Meanwhile, the woman calls the fire brigade

Fish kebabs

Use a firm fish (monk fish, sword fish etc), 6-8oz per Person, cut into chunks.

Soak the wooden skewers in water for at least 10 minutes and then thread the fish chunks on them.

Sprinkle with lime or lemon juice, salt & pepper.

Cook on both sides for 5-10 minutes each side.

serve with

Mango and Tomato salsa;
6 finely chopped tomatoes, (which should be skinned and deseeded but there's not always time if it's a last minute bbq)

1 ripe mango, peeled and chopped into small cubes

1 onion, peeled & finely chopped

Bunch of chopped coriander

Olive oil and lemon juice

1 teaspoon caster sugar

Ground black pepper

Mix all the ingredients together

or

Homemade Tartar Sauce

Chopped capers mixed with mayonnaise (not low cal) and a spoonful of the caper salt water. Stir together. Add chopped gherkins and serve.

Chocolate Bananas

1 banana & $\frac{1}{2}$ packet chocolate buttons per person

Slice the banana open on one side. Slice the banana through at small intervals and insert a chocolate button. Pull the skin back around the banana and wrap it in foil. Place on the barbecue for 5-10 minutes. Use a teaspoon to eat.

Barbie Q



John Henry Pollard Symons of Trevathan

The funeral service for John Henry Pollard Symons of Trevathan, who passed away at home, aged 76, was held at St Endellion. The Rev Judith Pollinger officiated. The lesson was read by his cousin John Symons and the eulogy was given by David Moore a longstanding friend, who captured and put into words what a wonderful man Henry was.

Henry was born in Bodmin on the 3rd September 1931, the only son of

Charles and Margaret, and brought home to Trevathan, the family farm which has been farmed by the Symons family since 1850. He went to school at Miss Nalder's in Port Isaac. He used to walk to school from Trevathan every morning, not something you would see many five year olds doing today, stopping off at Win Sproull's for breakfast. It was an even longer walk home when they had football practice over the other side of Port Gaverne. Henry went on to board at Truro School during the war. He returned home at the age of sixteen to the farm, a very different place from what it is today. While still a boy two teams of three horses, along with two yard horses, did all the work until the first tractor was brought for Trevathan in 1941, a second-hand Standard Fordson which had iron wheels.

It was some time later that he met Shirley playing badminton in Camelford whom he went on to marry and they had four children, Mark, Sarah, James and Anna and nine grandchildren, Grace, Oliver, William, Henry, Ellie, Harvey, Isla, Rhys and Georgina. He was a devoted family man with endless patience, spending hours fixing toys for his children and in turn his grandchildren.

He was at one with the place in which he lived, and loved Trevathan. He learnt from all that was around him and he enjoyed passing on that knowledge, even putting together the History of Trevathan on the website. His knowledge of local history was amazing; he was a keen member of the Port Isaac Family History Society, Camelford Old Cornwall Society and Cornwall Family History Society. He loved history and all things old. He investigated the history of St Endelienta, the patron saint of St Endellion and developed theories linking her final resting place with Myrtle Grove, a cottage in the valley below the church.

He spent hours researching his family history, not only tracing his direct lineage back to 1588 but many branches of the family thereafter, discovering relations in America and Australia.

Another love was archaeology; Henry would combine trips to Truro for treatment with visits to the museum and even a dig at Newlyn East. Of course Time Team was compulsory viewing!

Henry believed in putting things back into the community; he was a school governor at St Minver, St Kew and Wadebridge, a parish councillor, a district councillor, trustee of the Wadebridge Tourist Information Centre and the first chairman of the Cornwall Air Ambulance.

His eldest son Mark, following in his footsteps, left school at 16 to help run the family farm. Over the years the farm has diversified, first with holiday cottages and then pick your own strawberries which has developed into the farm shop and restaurant. Henry loved being in the shop, meeting so many people, although he would have been the first to admit he never envisaged himself as a shop keeper! The business has grown, with Sarah, James and Anna all returning at various stages to develop it further. Henry took great delight in having his family around him and watching his grandchildren grow.

He was a true gentleman.

Shirley and family would like to thank the many friends and relations who attended the funeral service at St Endellion and those who sent cards and messages of sympathy from all over the country.

Thank you to all who gave donations so generously in aid of Cancer Research UK and Marie Curie. Special thanks to all the staff at Port Isaac Surgery and the Macmillan Nurses for their wonderful support enabling Henry to remain at Trevathan.

Some people!

Questionmaster: Who had a world-wide hit with What A Wonderful World?

Contestant: I don't know.

Questionmaster: I'll give you some clues: what do you call the part between your hand and your elbow?

Contestant: Arm.

Questionmaster: Correct. And if you're not weak, you're...?

Contestant: Strong.

Questionmaster: Correct - and what was Lord Mountbatten's first name?

Contestant: Louis.

Questionmaster: Well, there we are then. So who had a worldwide hit with the song What a Wonderful World?

Contestant: Frank Sinatra?

port isaac Stay & Playgroup

every Tuesday 10.00am-12noon

1st July Wooden spoon people & church 11.15am

8th July Beach trip (weather dependent) bring your own picnic

15th July Robot creations (bring anything silver & shiny)

22nd July Strawberry picking at Trevathan Farm (bring your own snack)

**Summer holidays – informal meet at Port Gaverne Beach
Tuesday mornings, 10.00am–12noon**

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers

Tel Judith Pollinger on 01208 880181

"Vision and action can change the world"

Now we come to the season of Church fetes and summer fairs: long, hot summer days, splashing about in the sea, people in all sorts of sunhats, and it is not long till the summer holidays! Cornwall is gradually filling up with seasonal visitors and I am looking forward to my first ice cream!

The 14th century poet, Thomas Chaucer, who wrote *The Canterbury Tales*, also wrote a long poem called *Troilus and Criseyde*, in which he said:

“... this world is but a fair
Passing as soon as flower-scent in air.”

Chaucer makes the world sound very ephemeral and full of vanity! As if this present world, and our life in it, were just like one of our summer fetes or fairs. For a brief spell of years, we set out our lives like colourful stalls on the lawns of our parish, and we live our life as if it were one short act in the pageant of history.

Although this image does not do justice to the wonder of creation and the significance of every person's unique and wonderful life, there is something in it. Sometimes, especially in the summer as one sits in the heat watching a cricket match, or lingering in the cool of a country church, one can feel overwhelmed by a sense of this whole life just being drifting, aimless ... a bit like a dream.

Yet each of us can give life more meaning than this, through living with spiritual vision and love. It is within our power to change people's lives for the better through the gift of our time, love and money. Nelson Mandela said: "Vision on its own is just



a dream. Action on its own is just busy-ness. But vision and action can change the world.”

I feel more and more that we should all find ways of enriching our local communities and our neighbours. This is not just an idle fairground.

with best wishes from Fr John

Increase of Cancer?

Recently there seems to have been an increase in the number of people in our local community who have been diagnosed with cancer, or who have died from this cruel disease.

Some have suggested that the rise in cases may have been caused by the Camelford water disaster in 1988, but no one really knows the reason, or reasons, for this increase. But whatever the cause, the fact is that many people are fighting various forms of this disease, are undergoing treatment – some of it very unpleasant and their families and friends are also affected, as they seek to care for them and offer help, support and encouragement.

As well as the skilful and compassionate care of our local doctors and nurses, what is also heartening to see the effort of so many in the community who donate money, or who give their skills, time and energy through sponsored events and other voluntary activities to raise funds to combat cancer, and to help provide nursing and other sorts of care for patients and their families. Cancer Research UK, the Children's Hospice South-West, hospices at Mount Edgumbe and St Julia's, Macmillan and Marie Curie Cancer Care Nurses are just a few among the many organisations whose work has been helped in this way.

As we know cancer can strike at any age, but it's particularly sad when a child is afflicted, so it's not surprising that the Precious Lives appeal to build a children's hospice in Cornwall has received such a magnificent response.

But perhaps especially it's the suffering of children which may cause us to ask how can a loving God allow suffering? I don't have any satisfactory answer to that question- but I do believe that God doesn't abandon us in our pain and sickness- that he understands and shares in our suffering and longs for our health and wholeness. I believe also in the power of prayer- not as a magic cure- but as a means through which God can work in the lives of those for whom we pray.

Prayers for the sick can be left in our churches, and these are offered up regularly including at the monthly healing services. Many have also found help and comfort in lighting a candle for a loved one who is ill or who has died, and the candle stand in St Endellion Church which Father Michael gave on his retirement is rarely without one or more candles burning brightly.

As well as working to raise funds for Cancer research, treatment and care, let's also pray for those who suffer and those who care, and that this disease in all its forms may be soon defeated.

Judith Pollinger, 880181

Church Diary Dates

Tuesday July 1st

11.20am Playgroup Visit to St Peter's Church

Wednesday July 2nd

7.30pm Healing Service in St Endellion Church

Thursday July 3rd

7.00pm Eucharist (St Thomas the Apostle)

Sunday July 6th

4.00pm Church & Cake in St Peter's Church, Port Isaac

Thursday July 10th

7pm Local Pastoral Ministers in St Endellion Church

Sunday July 13th - Sea Sunday

5.00pm Songs of Praise on the Platt, Port Isaac

Saturday July 19th

4.00pm Wedding in St Peter's Church

Tuesday July 22nd

7.00pm Eucharist in St Endellion Church (St Mary Magdalene)

Wednesday July 23rd

10.30am Mini Market in Port Isaac Church Rooms

12noon Mothers Union Eucharist & Shared Lunch at Sliggon Field, Trebetherick

Saturday July 26th

2.00pm St James' Church Fete, St Kew

Tuesday July 29th (St Endellion Music Festival Begins)

7.45pm Choral Evensong in St Endellion Church (to be recorded by BBC Radio 3 for transmission at 4.00pm on Sunday 3rd August).

Thursday July 31st

8pm Julian meeting in St Endellion Church

Rosemary Castle lived in Port Isaac for thirty-one years and had previously been a frequent visitor to the village for over sixty years. She died peacefully in Port Isaac on May 18th surrounded by her family.

A tribute to Rosemary Castle

Rosemary was born in Eltham, London in March 1919. She was the youngest of three children. She lived in Kent, Bristol and Port Isaac. At the age of 17, Rosemary gained a scholarship to the Royal Academy of Dramatic Art but her father refused to let her take the place. Instead she worked in London in insurance and continued her interest in drama through local amateur dramatics where she met Norman. They were married in Sidcup, Kent in July 1940 where they lived with her mother and father until 1948. Rosemary and Norman had three children; Robert was born in 1941, Alan in 1945 and Patricia in 1950.

The family lived in Bristol from 1948 until 1976. Rosemary and Norman were very strong Church members at St Saviour's Church in Redland. Rosemary became a Mother's Union speaker. Both Rosemary and Norman's love of amateur dramatics continued and they were involved in two productions and a pantomime every year and many drama festivals. Family holidays in Port Isaac became well established and in the early 1970's Norman purchased Castle Cottage. During 1976, whilst Norman and Rosemary were overseeing the renovation of Castle Cottage for their retirement, Norman died suddenly. Rosemary had the renovation completed, fulfilling Norman's dream to live in Port Isaac.

Rosemary's involvement at St Peter's Church was memorable. She loved people and Port Isaac. She involved herself in fundraising for the RNLI, the weekly bridge group and Golden Circle. Rosemary also spent time helping and supporting Marion, Mike and Francis Larkin and enjoyed seeing Francis develop into a fine young man.

Rosemary's enduring quality was her Christian faith which was an inspiration especially in the last few weeks of her life. Rosemary leaves a family of three children, Robert, Alan and Patricia, six grandchildren and six great grandchildren. She will be missed by all who were lucky enough to know her.

Robert Castle, Alan Castle and Patricia Thompson



Rosemary & Norman in 1969

Katherine Frances May Bate (nee Netherton)

Katharine was born in Plymouth in 1916 and the family soon moved to St Austell, then to Wadebridge where her father, Francis Netherton, established a bakery and café/restaurant business. She was the eldest of four daughters the others being Renee, Joyce and Vera. In St Austell, Katharine met Stephen Bate (Steve), from Port Isaac. They married at St Breock Church, Wadebridge, setting up home in Port Isaac. They had a daughter and three sons, Christine, Michael, Raymond and David.

Katharine and Steve joined in village life, Katharine became a member of St Peter's Church, joined the Mothers' Union, Women's Institute, a singing group and a dancing club in the village hall. In the early 1950s, they set up a bed and breakfast business in Lundy Road where they met many visitors, some of whom were keen St Endellion Music Festival attenders.

In the era of Drs Sproull, Barron and Baird particular memories are of the successful Port Isaac Football Club, a shortage of water in the village, the big freeze and snowfalls of 1962-63 when the snow was above the top of the hedges. Other memories include Port Isaac cinema, the weekly Flora Dance and the annual carnival. Steve became treasurer of the Parish Council and churchwarden at St Peter's Church whilst Katharine passed her driving test at the first attempt in the family Morris 1000.

Sadly in May 1968 Steve died in Truro Hospital following a short illness. Katharine moved to Exeter in the early 1970s, where she joined a local church, a walking group who often went onto Dartmoor and did voluntary care work. In the early 1980s Katharine moved to be closer to Michael and David, living near Bristol, where she joined a new church, its Mothers' Union branch and another singing group. From 1990 onwards Katharine enjoyed visiting the Port Isaac and Wadebridge area with David, meeting up with sister Vera, sister-in law Muriel and brother-in-law Tony Scawin. She would see friends from Port Isaac such as Mrs Barron, Winnie Honey, Janet May and family, Maxine and Colin Dunston on The Terrace, members of St Peter's Church and others. She particularly enjoyed listening to the St Breward Band and the Fisherman's Friends on the Platt, the St Endellion Music Festival and eating Dennis Knight's fresh fish! Visits to Trevathan Farm Shop and Restaurant, St Kew, Rock and Padstow were much enjoyed - especially the ferry trip over to Padstow when the sea was *choppy!*

As Raymond now worked overseas, Katharine visited Brussels, Turin and Nice as well as West End, Southampton, to see Christine, Geoff and family. During this time Katharine lost Michael after a battle with cancer. In spite of visits to hospital in more recent years Mum always seemed to bounce back. More recently she enjoyed her small flower and shrub garden, cooking Sunday roast and trips to the countryside as well as meeting up with grandchildren and great grandchildren, especially at Christmas. After a period when her health was less good, Mum was happier and more peaceful over the last year.

Following a fall at home Mum underwent a hip operation, but sadly, although this was successful, died peacefully two weeks later on 26th May. We will miss Mum greatly, each of us with our own particular memories, perhaps drawing inspiration from her fighting spirit and quiet Christian faith. We will all remember her outgoing personality, passion for cooking, enjoyment of flowers and her friendship and care for us all. Mum's funeral was held at St Mary's Church, Yate, on 2nd June. Her ashes will be interred at St Endellion Church later this summer.

David, Christine and Raymond



Magical Managers 07/08 League Tables



Division One

<u>LW</u>	<u>TEAM</u>	<u>MANAGER</u>	
C 1	BADA BING!	Paul Honey	1354pts
2	HERSHAM BOYS	Chris Lanyon	1299pts
3	BRADY'S BRUISERS	Andrew Grills	1289pts
4	MAYBEES	Tom Bishop	1243pts
5	COME ON LAMPARD	Rachel Grills	1152pts
6	MOTS FLYERS	Tom Cleave	1125pts
8	JOSHIE'S ALLSTARS	Karen Grills	1112pts
7	EMMA'S NIP NIPS	Kevin Honey	1076pts
9	THE KAUTO STARS	Kevin Grills	1024pts
11	10 CORNISH PISKIES	Margaret Honey	962pts
10	11 I'M BETTER OFF AT WORD SEARCHES	Jon Poupard	961pts
12	12 TOM'S TEAM	Tom Lobb	930pts
13	13 S B MILAN	Scott Bennett	858pts
R	14 THE GRIM REAPERS	Phill Kent	813pts
R	15 S.T.D. ALLSTARS	Jamie Hewett	762pts
R	16 BOB'S BABES	Bob Irons	739pts

Division Two

<u>LW</u>	<u>TEAM</u>	<u>MANAGER</u>	
C	1 INFIDELS	Andy Penny	1221pts
P	2 MULBERRY'S MAJORS	Chris Witherden	1181pts
P	3 SHANDY'S SUPERSTARS	Andrew Grills	1171pts
4	4 DOUBLE PROMOTION	Mark Pattenden	1137pts
5	5 FLY NAVY	Les Honey	1087pts
6	6 WHATSS UP	Neil Pooley	1027pts
7	7 HARTLAND ROAD ALLSTARS	Bryan Nicholls	1015pts
8	8 FALLDOWNERS	Bill Bissett	1003pts
9	9 GRILF-DOGGS GREATS	Daniel Grills	959pts
10	10 TREWETHA LANE 11	James McDonnell	927pts
11	11 THE SAVAGES	Sam Eaves	918pts
12	12 THE TROWELS	Des Pooley	877pts
13	13 CENTRAL SPORTS	M Roskilly	856pts
14	14 WITHERDEN'S WANDERERS	Tim Witherden	836pts
R	15 BUNG'S DREAMERS	Kevin Gill	751pts
R	16 LAST MINUTE.COM	Mark Forbes	710pts
R	17 THE CAPPUCCINO KID	Gary Mac	685pts

Division Three

<u>LW</u>	<u>TEAM</u>	<u>MANAGER</u>	
C	1 SHIFTY'S SPECIALS	Michael Hewett	1175pts
P	2 HOTCH POTCH XI	Jill McDonnell	1094pts
P	3 FLASH GOONERS	Danny Treacy	1091pts
P	4 IF THE KIDS R UNITED	A E D Lanyon	1080pts
5	5 BREWSKY'S BOYS	Josh Brewer	1060pts
6	6 DANNY BOY'S BLUES	Daniel Pooley	1032pts
8	7 THE MIGHT SHREKS!	Joe Eaves	1017pts
7	8 MUDGUTS MARAUDERS	Ann Cleave	1005pts
9	9 HOLLY'S A SAINT!	Richard Hambly	1005pts
11	10 MUMMY'S HEROES	Kieran Gill	944pts
10	11 DREAM ON	Martyn Dingle	934pts
12	12 TOMELLA	Karl Daly	925pts
14	13 HARRY'S ALLSTARS	Harry Hambly	898pts
15	14 SURFER DUDES	Tomas Penny	890pts
13	15 HOWAY THE LADS	Jean & Bill Herring	784pts
16	16 DISCO DIVAS	Bev Bennett	837pts
18	17 SPARKS UTD	Steve & Julie Hewett	773pts
20	18 HAYNSTERS HELLRAISERS	Rob Haynes	768pts
19	19 GILLER'S KILLERS	Alek Gill	767pts
17	20 TIDDY @ DOT CO UK	Jenni & Brian Tiddy	718pts
21	21 DADDIES DREAMERS	Shannon Kent	695pts
22	22 TOP RED	David Philp	686pts
23	23 TIA'S TEAM	Gemma Cleave	668pts

Kev & Paul

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KITCHEN HIRE CHARGE (for users cooking meals etc), to include hire of cutlery and crockery for 100 - £20

LICENCE/BAR FEE - £21 **AMENDMENTS TO VILLAGE HALL LICENCE** (HOURS etc) - £21

Electricity is included in the hire charge. Central heating remains payable via £1 slot meter

Call Liz Watson on 01208 880443 or 07811 962090 for more info

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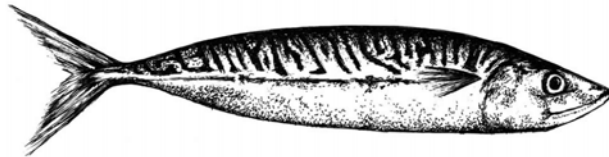
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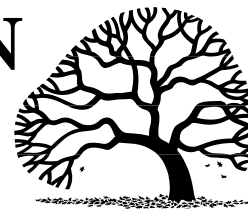
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Sunday July 13th

Sea Service - Songs of Praise on the Platt - 5.00pm

Monday July 14th

Kerbside Recycling Day - bags out by 7.00am

Tuesday July 15th

Whist Drive in St Endellion Church Hall - 7.30pm

Saturday July 19th

Jazz Night with the Intemperate Trio in the Village Hall - 8.00pm

Wednesday July 23rd

St Peter's Church Summer Mini-Market in the Church Rooms - 10.30am

Monday July 28th

Kerbside Recycling Day - bags out by 7.00am

Monday August 11th

Kerbside Recycling Day - bags out by 7.00am

Wednesday August 13th

St Endellion Church Mini-Market in the Church Hall - 10.00am-12noon

Saturday August 16th

Trelights Barbecue in Coronation Park - 7.00pm

Tuesday August 19th

Whist Drive in St Endellion Church Hall - 7.30pm

Sunday August 24th

Lifeboat Larks on the Platt

Monday August 25th

Kerbside Recycling Day - bags out by 7.00am

Monday August 25th

Late Summer Bank Holiday

Monday September 8th

Kerbside Recycling Day - bags out by 7.00am

Tuesday September 16th

Whist Drive in St Endellion Church Hall - 7.30pm

Monday September 22nd

Kerbside Recycling Day - bags out by 7.00am

Friday September 26th

Port Isaac joins the 'World's Biggest Coffee Morning' for Macmillan Cancer Support - Port Isaac Village Hall

Monday October 6th

Kerbside Recycling Day - bags out by 7.00am

Thursday October 16th

St Endellion Church Antiques Road-show in the Church Hall - 7.00pm

Friday October 17th

RNLI Harvest Festival at the Slipway Hotel

Monday October 20th

Kerbside Recycling Day - bags out by 7.00am

Tuesday October 21st

Whist Drive in St Endellion Church Hall - 7.30pm

Wednesday October 22nd

Martyn Joseph in Concert at Port Isaac Pottery

Sunday October 26th

British Summer Time ends - put the clocks back one hour

Saturday November 8th

Annual Firework display at Port Gaverne

Saturday November 15th

St Peter's Church Christmas Mini-Market in the Church Rooms - 10.30am

Sunday November 16th

Johnny Cowling sings the Gospel songs of Elvis at St Endellion Church - 6.00pm

Monday November 17th

Kerbside Recycling Day - bags out by 7.00am

Tuesday November 18th

Whist Drive in St Endellion Church Hall - 7.30pm

Saturday November 29th

RNLI Xmas Market in Port Isaac Village Hall

Monday December 1st

Kerbside Recycling Day - bags out by 7.00am

Sunday December 7th

Fisherman's Friends Christmas Show at the Pottery

Monday December 15th

Kerbside Recycling Day - bags out by 7.00am

TRIO 2008 COPY/PUBLICATION DATES

<u>MONTH</u>	<u>Copy date</u>	<u>Publication date</u>
August	July 28 th	August 4 th
September	August 28 th	September 4 th
October	September 25 th	October 2 nd
November	October 27 th	November 8 th
December/Xmas	December 8 th	December 15 th

REGULAR EVENTS

Port Isaac Stay & Play Group - every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Sarah on 881124, Clair on 880469 or Julia on 880718

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jennie on 881038

Rainbows - every Tuesday from 4.45pm - 6.00pm, during term time, at Port Isaac School. Contact Jennie on 881038 or Marie on 880977

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

Thai Kick Boxing - Every Wednesday from 7.00pm - 8.30pm in the Village Hall. Contact Sal on 07875 698285

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 9.45am
Family Service every third Sunday at 9.45am
Every Thursday - Holy Communion at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm



Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure that your event is included here!