

trio



merry christmas

INDEX

| | |
|--------------------------------|-----|
| Children's Competition Winners | p2 |
| Kathryn Mc is 21! | p2 |
| Santa tour | p3 |
| Christmas Lights | p3 |
| The Mermaid of Port Isaac | p4 |
| Going Underground | p5 |
| Poppy Day Success | p5 |
| Classifieds | p6 |
| Stay and Play Group | p6 |
| What your Mobile can do | p6 |
| Dan Rogerson writes | p7 |
| One Cornwall update | p7 |
| Christmas Rubbish | p7 |
| Parish Council | p8 |
| Update on Matthew | p9 |
| Bill Shaves Off his Beard! | p9 |
| What Women Really Mean | p9 |
| Have Your Say | p11 |
| Websites of the Month | p11 |
| Gig Push | p11 |
| Temperance Banner Day | p11 |
| Obituary - Millie Couch | p12 |
| St Peter's Church page | p13 |
| Magical Managers | p14 |
| Climate Friendly Parish | p14 |
| Taking things for granted | p15 |
| New Warning for Women | p15 |
| Trio Christmas Crossword | p16 |
| Your Christmas Greetings | p17 |
| Christmas Food Alphabet | p18 |
| The REAL Cost of Christmas | p19 |
| RNLI news | p19 |
| Janet's Bingo Success | p19 |
| Schoolchat | p20 |
| Diary Dates | p35 |
| Trio copy dates | p35 |

Children's Competition Design the Trio Christmas Cover



Another year of record entries to the *Trio* 'Design the Christmas Cover' competition and, once again, it was a big problem selecting winners. All the designs were very good but eventually we chose the ones that would work best as cover designs:



The winner in the younger age group, up to age 7 is Georgia Bolton, age 7, and her picture is on the front cover. Runners-up are Esme Rowe, age 7, (inside back cover), Shannon Done, age 7 (back cover) and Sam Boothroyd, age 5 (page 3)

The winner in the age 8 -11 group is Mabel McCormick, age 9 and her picture is on the back cover. Runner-up is Cheyenne Everitt, age 8, for her really cool Christmas robin, pictured here.

Thank you to everyone who entered. The winners will be getting their prizes shortly.

Happy 21st Birthday Kathryn

from

Mum, Dad, James, Sarah & Nick

Kathryn Mc is 21!

" Oh no she isn' t!" " Oh yes she is!"

Have a good one Kat from everyone in



Trio is issued eleven times a year and is available in local shops or by post - £18 a year in the UK. Overseas rates on application.

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

To advertise in the *Trio* telephone
01208 880905

Published by Sam & Dee Littlechild
Calenia, Trewetha Lane,
Port Isaac, Cornwall PL29 3RN
tel/fax:

01208 880862/880905

Email -

triopi@mac.com

A good time is coming, I wish it were here,
The very best time in the whole of the year;
I'm counting each day on my fingers and thumbs
the weeks that must pass before Santa Claus comes.
Then when the first snowflakes begin to come down,
And the wind whistles sharp and the branches are brown,
I'll not mind the cold, though my fingers it numbs,
For it brings the time nearer when Santa Claus comes.

Unknown

SANTA CLAUS IS COMING TO TOWN

Santa is making a special visit to Port Isaac on Wednesday December 17th. He will be accompanied by his carol singers, including the Fisherman's Friends.



SANTA'S ROUTE

Starting at 6.00pm at Hillson Close, Mayfield Road, Hartland Road, Tintagel Terrace, New Road, down Back Hill, Fore Street, New Road and ending at Silvershell



Christmas Lights

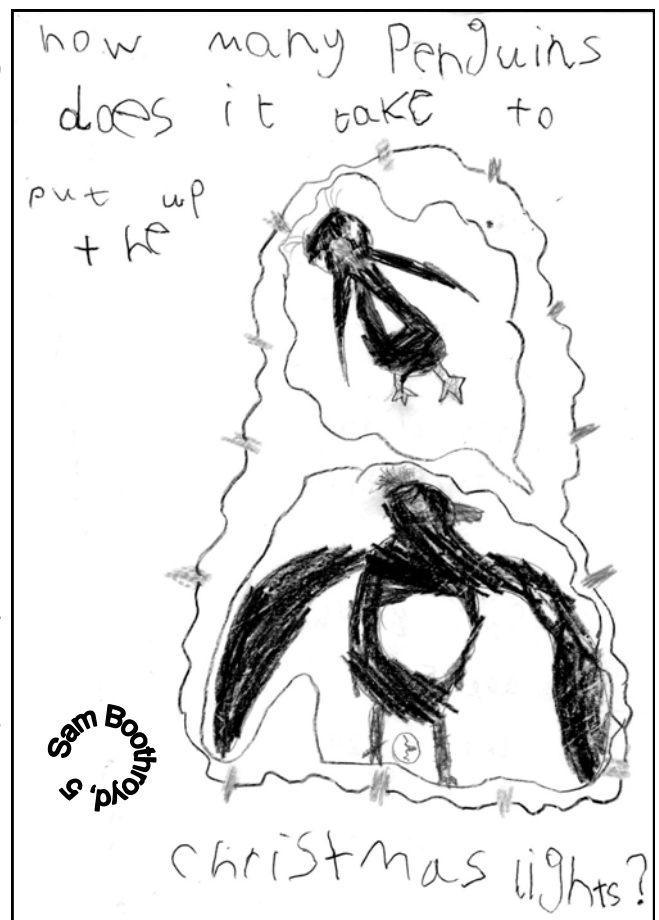
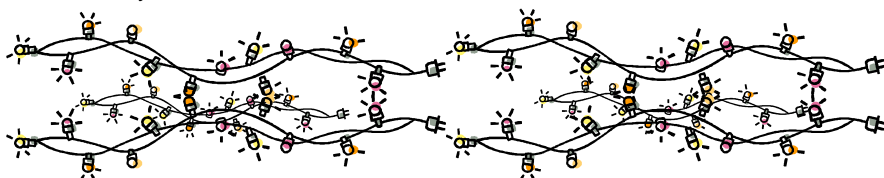
By the time you read this you will know that Port Isaac does have Christmas lights! To put the record straight, the team that had been responsible for the lights for the past few years asked, in January this year, for a new group to take over for 2008. A couple of enthusiastic people came forward and the organisation of the lights was handed over. The Christmas lights were not abandoned and the money people donated in previous years has not been wasted!

Anyway, the new team had not anticipated either the work or red tape involved and December was upon us and nothing had been done. Enter Nicki B. She quickly got things moving and spent lots of time getting things happening and the Christmas Lights team is now led by Nicki B and James Bolton. She has resurrected some of the old village lights (shoot them are your peril!) as well as using the displays and some of the rope lights from previous years and with the help of the young blood of the village plus a couple of the oldies (her words, not mine) a display is now up at the bottom of the village. Perhaps the lack of a switch on ceremony will encourage more people to come forward to help for next year? Over to Nicki B:

"I have had this brilliant idea! If every household in Port Isaac, locals and especially second homeowners, purchased a set of twinkly outdoor icicle lights in the sales after Christmas, we could store these for you and, if necessary, put them up on your property next year. This would cost less than £20 per property and could be even cheaper if you let us purchase a set for you (bulk discount etc). The whole village could look really lovely and for very little cost. Interested? Then call me on 01208 880099 or call in to see me at the Bakery.

I have a big team of willing volunteers for next year and a fundraising committee has already been put together. We will be incorporating some of the existing rope lights into new displays but some will be for sale after Christmas (details will be published in *Trio*). So, instead of moaning about the lights, why not come forward and help us make Port Isaac look really good next Christmas?"

There will also be a Christmas Tree in its usual spot outside the Post Office and this year it's been donated by the Fishermen's Friends. Once again it will be our 'Memory Tree' and everyone is invited to tie a ribbon on the tree in memory of someone they have lost.



'Twas the night before Christmas, when all through the house Not a creature was stirring, not even a mouse; The stockings were hung by the chimney with care, In hopes that St Nicholas soon would be there ...!

Clement Clarke Moore
or Henry Livingston

Whilst sorting through some of Pat's things, Cliff Gaunt came across this poem. We don't know who wrote it but someone out there will, so let us know. In the meantime, this is a particularly good poem for this time of year; Christmas is a time of memories and this will surely make you smile as you remember all these Port Isaacers.

The Mermaid of Port Isaac

Out in the bay, up Tintagel way,
Jim May and Bryan were trawling,
In a bit of a fog, fishing for dog,
When they heard this young female a'calling.

'Heller', said Jim, 'Pull the nets in,
I think we have netted a lady.'
She was topless and dark, with the tail of a shark,
A proper Port Isaac mermaid.

They sent out the news, to the rest of the crews,
They came at a fair rate of knots,
The coastguard on duty said, 'My, what a beauty,
Call out the lifeboats and yachts.'

The maroons they were fired, and though they
were tired,
The crew hurried down to the cellars,
Andy and Barry and red-bearded Harry,
Crammed the boat with 24 fellers.

She was landed all right and then Dennis Knight
Said, 'I'll buy her for three quid a stone',
The Jones, dressing crabs, said, 'You'll pay that for
dabs,
The top half's worth twice that alone.'

The crowds gathered round, at what they had
found,
The men left their video nasties,
Muriel and Jack opened up to sell snacks,
And Molly baked 200 pasties.

Said Jack Rowe to Peter, 'Are they going to eat
her?'
Ed Fletcher to young Wendy Cotton
Said, 'She ought to pay dues like the rest of the
crews,
And have two coats of tar on her bottom.'

Mark Townsend said, 'Pete, that tail's fit to eat,
I'll take a bit home to the wife.'
The crowd on the beach said, 'That little speech
Was the longest he'd made in his life.'

The news got around and Julian Brown
Said, 'Notify the EEC Fish Bureau.'
Mark Prout and Ian Honey said, 'Let's make some
money
Running coaches from Plymouth and Truro.'

Graham Woods to his wife said, 'Get me a knife,
I'll sell her with chips to the trippers.'
Bernard Baker said, 'Lou, I know what I'd
do,
I'd smoke her down and make kippers.'

The crowds filled the place, and Sparshop and
Mace,
Reported a boom in their trade,
While Robby and Ruth, made a pile - that's the
truth -
Selling prints of this fishy young maid.

The Port Isaac Singers, and local bell ringers,
Sang songs and rang bells 'Con Brio',
And Robin said, 'Fred, the idea's in my head,
She could make page three of the Trio.'

Said Carole to Mark, 'I think it's a shark,
Look at that tail made for splashing.'
Said Mark, with a laugh, 'I see the top half
And that bit certainly looks smashing.'

The end of this tale is, she went up for sale
In two lots, and the result is quite daffy,
The top half that's rude, wed a farmer at Bude,
The tail went to Dave's Cornish Café.



We're going underground

We are pleased to say that Western Power Distribution will start to underground the Power Cables in Port Isaac village beginning on January 12th 2009.

This has been made possible by help and funding from Western Power, NCDC and our St Endellion Parish Council. The trenching will be carried out by RBS (not the Royal Bank of Scotland). RBS Groundworking Ltd will work in conjunction with WPD (Western Power Distribution) who will be responsible for the laying and connecting the cables to the individual properties.

The village has been divided into four areas - Church Hill, Roscarrock Hill, Middle Street and Dolphin Street, including the lower part of Rose Hill. We anticipate each section taking two weeks to complete. Where the surface is already damaged we are working with the County Council to have the full width of the path resurfaced.

By starting in January we anticipate completion before Easter. There will be a break for half term, February 16th to 20th. However the schedule could change should any unforeseen circumstances arise.

As mentioned previously, we have been unable to enlist the help of British Telecom as they are still asking for £100,000 to cover the cost of putting their wires underground in our trenches. Unfortunately this means that a large number of poles that support BT wires will have to stay in place. However if a pole is on private land, and there are many, the land owner can ask for the pole to be removed by cancelling their wayleave should one exist. We would be happy to supply a sample letter setting out the request should any one wish to do so. Where poles are left because they are supporting BT cables, WPD will cut the pole above the point where the BT wires are joined in order to make them less obtrusive.

Many of the poles with BT wires also carry street lights and these we were hoping to replace with more sympathetic designs. However, due to the shortage of money, we thought that the funds we have would be better spent on undergrounding as many power cables in the village as this will be our one and only chance to do so. Where street lights are removed they will be replaced by lanterns similar to those that have been recently replaced in Fore Street.

We are sorry that for some residents and business concerns there will be some disruption for a few days due to road closures, but hope this will be kept to a minimum. However we feel this is a small price to pay for getting rid of those unsightly and dangerous power cables, making the village a safer and more pleasant place in which to live.

We are concerned by the large number of properties that will be empty during this time. Notices will be sent to all affected properties. If your property is one of these please inform WPD (address will be as per their notification) or STEER (address at the



Take a last look at the mess!

end) giving us the name and address of a key holder. When the supply is transferred to the underground supply, WPD have to make certain that all devices are turned off to prevent any damage, ie alarms, fridges etc, and in some cases reroute the incoming cable.

Should anyone like further information please do not hesitate to contact us. We hope to give further information nearer the time.

David Raynor

St Endellion Economic Regeneration
9 Trewetha Lane, Port Isaac, PL29 3RN
Tel. 01208 880581, Fax 01028 881055
Email: ivocms@btconnect.com



Poppy Day success

On behalf of the Royal British Legion Poppy Appeal 2008, I would like to thank and congratulate everyone in St Endellion Parish for the enormous success of this year's Poppy Appeal. In this district we collected £2194.19, £50 up on last year.

Once again there is no mystery how this has been achieved. It's the hard work and dedication of our volunteer House-to-House collectors, certainly not in the best of weather conditions. It's the people who hold year round collecting boxes in their houses. It's the displaying of the wreaths donated by local organisations in John Bray Estate Agents window. It's the selling of poppies in shops, hotels and public houses. Last, but certainly not least, it's all those who helped to provide such an appropriate Remembrance Service.

A special thank you to the whole of the Parish community. Without your overwhelming generosity there would have been no money.

I sincerely hope you will all be able to help us again next year. We join the Nation in giving our biggest thank you to our fallen heroes and those who are left for their bravery and sacrifice.

Switch on of the Trelights Christmas Lights

7.00pm on Saturday
December 20th
at The Barton,
Trelights

Followed by free mulled
wine and mince pies at
Trelights Methodist
Chapel

Come and join us,
all welcome





BINGO

Thanks to all who came along and supported our bingo night in November. It was a great success. And a huge THANK YOU to those who donated the wonderful prizes.

NATIVITY

The children of the Playgroup will be performing their annual nativity at St Peters Church on Tuesday 16th December at 11.00am. We will be serving tea, coffee and mince pies. Everyone is welcome to come along and enjoy a little of the 'cute factor' this Christmas!

CHEERIO!

Again, it is time to wish goodbye and good luck to some of our eldest children, who at the ripe old age of three are leaving us to join pre-school. Ollie, Toby and Jake, we will miss you but we are sure you will have a great time up at the school in January.

Sadly, our super helper, Margaret, will no longer be coming to playgroup after Christmas. Margaret has been a fantastic help and will be much missed. Thank you Margaret!

ROOM(s) TO RENT

**One/possibly 2 double rooms,
plus own bathroom in heart of Port Isaac village**
Available long term January
Call 07816 220901

Caravan to let on a permanent basis

nr Port Isaac
2 beds, Electric, Gas, Mains Water & Plumbing
Call 01208 880275

For Sale

2 x two seater cottage settees with washable,
terracotta coloured, loose linen covers
£25 each

TO HIRE
Port Isaac
Village Hall
call Vanessa on
01208 880098

St Peter's Church
Rooms
are available to hire
Call Marion Larkin on
01208 880492



The babies enjoying the new soft play equipment

MERRY CHRISTMAS

Merry Christmas to one and all from Port Isaac Stay and Play Group!

Things you never knew your mobile phone could do

Did you know that your mobile phone can actually be a life saver or an emergency tool for survival? Check this out.

Emergency

The worldwide mobile emergency number is 112. If you find yourself out of the coverage area for your phone network and there is an emergency, dial 112 and your mobile will search any existing network to establish the emergency number for you. This can also be dialled if the keypad is locked.

Locked you keys in the car?

Does your car have remove keyless entry? Here's what to do if you lock your keys in the car and your spare set are at home. Call someone at home on their mobile from your mobile. Hold your phone from about a foot from your car door and have the person at your home press the unlock button, holding it near to their mobile. Your car will unlock! This saves someone having to drive your spare keys to you. Distance is no object. You could be hundreds of miles away and if you can reach someone who has the other 'remote' for your car, you can unlock the doors (or the boot).

Hidden Battery Power

If your mobile battery is very low – to activate, press the keys *3370# Your mobile will restart with this reserve and will show a 50% increase in battery. This reserve will get charged when you charge your mobile next time.

How to disable a stolen mobile phone?

To check your mobile phone's serial number, key in the following digits on your phone:

0 6 # (star-hash-zero-six-hash)

A 15-digit code will appear on the screen. This number is unique to your handset. Write it down and keep it somewhere safe. If your phone gets stolen, you can phone your service provider and give them this code. They will then be able to block your handset so even if the thief changes the SIM card, your phone will be totally useless. You probably won't get your phone back but at least you know that the thief can't use /sell it either. If everybody does this there would be no point in stealing mobile phones.

Ed: Haven't tried these so don't know if they do work!

Dan Rogerson, our local MP, writes ...

This has been a pretty busy month all round. Rogerson number five has been the big news in my household as my wife, Heidi, gave birth to our third child, Elowen Ruby Rose. She was born on 19th November weighing 6lb 9oz. Big brothers Jago and Mawgan are very proud! Heidi was exhausted and there've been numerous sleepless nights for us all, but normal service in Parliament resumes today, as I write this article.

In Westminster, many MPs are obsessing over the arcane concept of 'parliamentary privilege' following the raid of a Conservative MP's office. To anyone looking in from outside, I suspect that the House of Commons has done itself no favours since the debates have really looked like a lot of politicians telling everyone how important they are. In principle, there seems to be no reason that an MP's office cannot be searched as part of a criminal investigation. The real issue is what the crime was. In my view it's quite wrong that anyone – MP or not – can be arrested just for knowing something and telling someone. What if the civil servant from whom the MP received leaks had gone straight to a journalist? Would they have had their homes and offices searched too? And, if they had, what then for our free press? My fear is that Parliament in asserting its own importance has missed out on the fundamental point which is one of freedom of speech for everyone, not just for MPs.

Back in Cornwall, it has been extremely frustrating month for everyone involved in the conversion of RAF St Mawgan from a military airfield to a civilian airport. This is a project that required unprecedented ambition on the part of Cornwall County Council, and the airport's managers. Conversions of this kind would usually require a closure for three years or so, but hard work by Paul Tyler before I was elected and continued pressure from me and others afterwards, convinced the MoD to support the airport while work went on. Airlines that are threatening to pull out of the airport know perfectly well that there is only a good business opportunity there for them, because of the work that has been done. The people who have really suffered are the passengers. Protestations as to the scale and ambition of the project are cold comfort to those who have been inconvenienced. The problems which were identified at the end of November should have been picked up months ago to give people prior warning if a closure was necessary. I am glad, therefore, that senior councillors have agreed to a full investigation into what went wrong once the airport is open again. People rightly want to know who is responsible, and see them held accountable.

Next year will be a difficult one for Britain's economy, since it seems we haven't seen the worst of the downturn yet. We can see and feel it here in Cornwall, with local firms



struggling to make ends meet, and rural jobs at risk. I will continue to speak up for our communities, and for our rural services, in this time of economic difficulty and if I can offer any help to you or your family, do get in touch.

Meanwhile, many thanks to Dee for giving me space to report back here over the last year, and best wishes to everyone for a happy, restful Christmas break.

Dan Rogerson MP
Church Stile, Market Street,
Launceston, PL15 8AT
T: 01566 777123 –
contact@danrogerson.org

Christmas & New Year Rubbish



Rubbish collections will be as normal until Christmas week. However, after this collection on Friday December 19th there will be no domestic waste collection until Saturday January 3rd!

There will be a recycling collection on Monday December 29th so you will be able to get rid of all your Christmas recyclables and start the New Year nearly rubbish free!

Christmas Crackers were invented by Thomas Smith. He imported some French novelties to sell as Christmas gifts, but these were not popular until he wrapped them up and added a snapper.

One Cornwall update **Electoral Review** -The Boundary Committee for England has accepted in principle that there should be 123 members of Cornwall Council. The next step is for the Boundary Committee to publish a draft detailed electoral scheme for Cornwall and consult on these proposals. The scheme will say which parishes will be in which electoral divisions. We are expecting this scheme on 2nd December. Consultation will finish on 9th February. The Department for Communities and Local Government is exploring the possibility of moving back the election date from June to autumn but no decision has been made.

Town and parish council elections - The Government has said that these elections will now take place in 2013 (except for the parishes being created in St Austell. Their elections will either be in June 2009 or will be held at the same time as the unitary council election.

**Graham and Maureen Woods
are pleased to announce the
arrival of their twin grandsons
Austin Henry and Charles Isaac**

**on November 10th
2008**



This report has been written by the Parish Clerk. For further information on any points or to read the full minutes contact her, Mrs E Uglow, West Balsdon, Whrtstone, Holsworthy, Devon EX22 6LE. Tel: 01288 341242 email: stendellionparishcouncil@fsmail.net

things Parish Council

PUBLIC DISCUSSION

At the November meeting Mrs Joan Murray asked if there were any developments on Mayfield lane. Mr D Phelps informed her that he and Mr Dawe had been in touch with Paul Pocket. Mr A Penny felt that we needed to do something about this item as it keeps going on month after month. Mr M Bell suggested writing to the council committee that deal with property ownership and going over the heads of the offers this was agreed.

Following on from this meeting the clerk wrote to Councillor's Burden and Spear regarding this matter. They got Bruce Tyzzer Acting Director of Community Service, Mr Tyzzer who has now advised us that the bulk of land upon which materials have been placed is indeed within North Cornwall District Councils ownership and they have instructed the Council Estate Officer to write to the gentleman, who it is believed placed those items there. In the event of the materials not being removed Mr Tyzzer has instructed the Estates Officer in liaison with the Council Housing Management Officer, to make arrangements for materials to be removed to placed on land not in the councils ownership and to return the items to the gentleman in question.

FINANCE

At the December Parish Council meeting on Monday 1st December the Parish Council set it budget for 2009/10 at £20,500.

PLANNING APPLICATIONS AND NOTICES

Application 2008/02104 Application for Listed Building Consent for repairs to the roof to include removal of all Delabole rag slates and set aside for re-use, all additional slates will be second hand to match, replace any unsound timber to match existing and fix breathable felt, relay slates and replace defective lead around chimney and re-render damp back wall with lime plaster and make good existing concrete floor. Mrs J Edgell, 30 Church Hill, Port Isaac.
The Parish Council made no observations.

Application 2008/02097 Erection of extension to provide a new living room and wc on ground floor and extension to bedroom one on first floor. Mrs A Walsh, The Barn Owl, Trewetha.
The Parish Council made no observations.

Application 2007/01982 Alterations to existing dwelling to include re-opening of window and door openings on the lower ground floor and conversion of apple loft into master bedroom and installation of new sash windows at the first floor level. Mr C MacColl, Trefreock Farm house, Port Isaac.
The Parish Council commented that they hoped carefully consideration would be given to the conservation area and the fact that the building is Listed.

Application 2008/01983 Application for Listed Building Consent for works to the lower ground floor conversion of cellar (at present used for storage) to boiler/cylinder room/shower and drying rooms, re-open window and doorway on west elevation into existing utility room, renew and reposition sanitary ware in existing bathroom, replace modern fireplace surrounds in sitting and dining rooms with simpler designs in keeping with house, insulate between ceiling joists exposed; first floor – convert apple loft into master bedroom and install new sash windows, convert bedroom 5 into en-suite shower and bathroom, install sash window in bedroom 6, renew and reposition sanitary ware in existing bathroom; second floor – install new shower room, re-arrange bedroom 7 stud wall to include dormer, form new door and stud wall to bedroom 8, existing door to give access to loft storage area; re-slate roof using existing or matching second hand rag slates, replacing or repairing timber where necessary including insulation, replace fascias in similar size timbers, replace UPVC rainwater goods with aluminium together with minor repairs to stonework and dormer window. Mr C MacColl, Trefreock Farmhouse, Port Isaac.

The Parish Council commented that they hoped carefully consideration would be given to the conservation area and the fact that the building is Listed.

Application 2008/02132 Erection of eight affordable dwellings for local people. Mrs L M Carey, Land Opposite, Furze Park, Trelights.

The parish Council received 3 letters objecting to this application.

The Parish Council is not in support of this application as there are no facilities in Trelights for affordable housing ie no shops and not on a bus route, the roads are small and it would cause drainage problems.

Application 208/01986 Application for Conservation Area Consent for the demolition of existing single dwelling. Mr Steve Bushy, 40 New Road, Port Isaac.
The Parish Council is not in support of this application until a replacement has been decided, as they do not want an empty site in Port Isaac and the loss of a dwelling without replacement.

Application 208/01985 Demolition of existing single dwelling and erection of new single dwelling. Mr Steve Bushy, 40 New Road, Port Isaac.
The Parish Council is not in support of this application as the size and shape and design of building, is not character or in keeping with the styles of property in Port Isaac and North Cornwall. The materials being used are also out of keeping with Port Isaac and the conservation area.

Application 2008/02029 Erection of extensions and alterations. Mr & Mrs D & S Hurley, 13 Rose Hill, Port Isaac. Janet Townsend declared an interest as her garden adjoins
The Parish Council made no observations.

Application 2008/01947 Application for Listed Building Consent for Application for Listed Building Consent for the replacement of brick gable chimney. 20 Fore Street, Port Isaac. Mrs K Shaw
The Parish Council made no observations.

Application 2008/00638 Erection of 4 no. wind turbines, sub-station building together with associated access tracks in connection with the re-powering of the existing wind farm and the decommissioning of existing wind turbines. Good generation Ltd. Deli Farm, Delabole
The Parish Council made no observations.

Application 2008/01907 Erection of extension to existing retail unit to provide additional retail floor space. Fore Investments, 18 New Road, Port Isaac.
The Parish Council is not in support of this application as it is over development of the site and there are concerns that it was used as a petrol filling station previously and there maybe some contaminations and feel that the case officer should make enquiries in to what happened to the tanks. This was proposed by Mr M Bell and seconded by Mr D Phelps and carried nem con.

(continued on page 10)

Matthew has now completed two and a half years of treatment for leukaemia. We still do not have any information on his survival chances; this won't be apparent until his treatment ends sometime next year.

He has been well enough to be at school each morning since September, except for days he has to be in Treliske for various aspects of his treatment. At the moment he cannot go to his regular school due to an outbreak of chickenpox. Instead he goes to Treliske Hospital School two mornings a week.

He mostly looks well; his hair has regrown and, when treatment allows, he is a happy, 'full of beans' little boy, but is very accepting of his 'sad days' as he calls them.

We'd like to say a very big thank you to everyone who has, and continues to support CLIC SARGENT and 'Children with Leukaemia'. Your support helps families such as ours so much with the many issues we have to deal with.

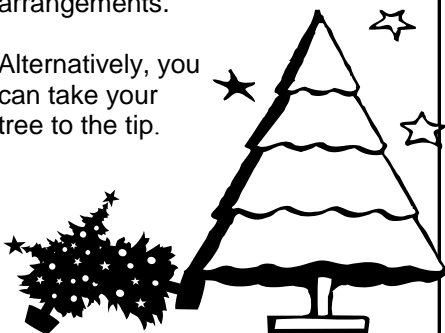
We have been approached by 'Starlight', a charity providing wishes for children with life-threatening and terminal illness. When Matthew was asked if he had a wish he asked to see Father Christmas, make snow angels and throw snowballs at Daddy! From that, 'Starlight' arranged a three-day trip to Lapland in December for the four of us to have an exciting,


Good friends 
 are like stars...
 You don't always see
 them, but you know
 they are always
 there. 

Christmas Tree Collections

NCDC Waste Management Team will be collecting real Christmas trees during January. If you want your tree to be collected call 01208 262800 to make arrangements.

Alternatively, you can take your tree to the tip.



Update on Matthew

carefree few days as a family, with medical cover if and when required. Fingers crossed we will be able to take up this wonderful, once in a lifetime chance that most families can only dream of. (*Ed: They were able to go*)

Thank you Roy Smith for all your wonderful efforts in support of various cancer charities, including CLIC SARGENT and 'Children with Leukaemia' and thank you also to Bill Dawe for raising money for CLIC recently. Your efforts are very much appreciated by ourselves and many other families we have met during the past couple of years in both Bristol Children's Hospital and the CLIC Unit at Treliske Hospital.

Liz (nee Dingle), Jason, Matthew & Billy Hardy



Before

Back in November, Councillor Bill Dawe had a sponsored beard shave at St Minver Cricket Club, raising over £800 for CLIC – Cancer & Leukaemia in Children. Bill thanks everyone who sponsored him and supported CLIC.



and after!

A lesson for men: What women really mean!

- (1) Fine: This is the word women use to end an argument when they are right and you need to shut up.
- (2) Five Minutes: If she is getting dressed, this means a half an hour. Five minutes is only five minutes if you have just been given five more minutes to watch the football before helping around the house.
- (3) Nothing: This is the calm before the storm. This means something, and you should be on your toes.
- (4) Go Ahead: This is a dare, not permission. Don't Do It!
- (5) Loud Sigh: This is actually a word, but is a non-verbal statement often misunderstood by men. A loud sigh means she thinks you are an idiot and wonders why she is wasting her time standing here and arguing with you about nothing. (Refer back to # 3 for the meaning of nothing.)
- (6) That's Okay: This is one of the most dangerous statements a woman can make to a man. That's okay means she wants to think long and hard before deciding how and when you will pay for your mistake.
- (7) Thanks: A woman is thanking you, do not question, or faint. Just say you're welcome. However, 'Thanks a lot' is not thanking you at all. **DO NOT** say 'you're welcome' - that will bring on a 'that's ok').
- (8) Don't worry about it, I'll do it: Another dangerous statement, meaning this is something that a woman has told a man to do several times, but is now doing it herself. This will later result in a man asking 'What's wrong?' For the woman's response refer to # 3.

December 25th was not celebrated as the birthday of Christ until the year AD 440. In 1647, the English parliament passed a law that made Christmas illegal. Christmas festivities were banned by Puritan leader Oliver Cromwell, who considered feasting and revelry on what was supposed to be a holy day to be immoral. Anybody caught celebrating Christmas was arrested. The ban was lifted only when the Puritans lost power in 1660.

(continued from page 8)

Application 2008/01887 Erection of extension and alterations to detached house and replacement of existing garage with new garage and studio over. Mr & Mrs C Pomfret, Hands Acre, Trelights.

The Parish Council made no observations.

Approvals/Refusals

Application 2008/01768 Installation of glazed side lights to existing dormer, replacement of existing slates and felt to roof, replacement of second floor rear and side windows. Mr & Mrs Parry, 98 Trethaway, Fore Street, Port Isaac.

North Cornwall District Council APPROVED this application.

Application 2008/01475 Erection of two dormer bungalows. Mr S Ward, 5 Furze Park, Trelights.

North Cornwall District Council REFUSED this application – reasons available from clerk.

Application 2008/01887 Erection of extension and alterations to detached house and replacement of existing garage with new garage and studio over. Mr & Mrs C Pomfret, Handsacre, Trelights. **North Cornwall District Council APPROVED this application.**

Application 2008/01851 Erection of detached double garage with play room above and single storey lean-to store rooms on either side. Mr T O'Grady, Gruntle, Trelights. North Cornwall District Council APPROVED this application.

North Cornwall District Council APPROVED this application.

Application 2008/01947 Application for Listed Building Consent for the replacement of brick gable chimney. Mr K Shaw, 20 Fore Street, Port Isaac.

Application 2008/01907 Erection of extension to existing retail unit to provide additional retail floor space. Fore Investments, 18 New Road, Port Isaac.

North Cornwall District Council APPROVED this application.

PORT ISAAC PLAYING FIELD

It was agreed at our Parish Council meeting on Monday 1st December that the Parish Council would give Mr Collins 12 month notice on the field adjacent to the Playing field so that they can look into merging the two fields and providing more facilities in the future.

FOOTPATH TO TREWETHA

Work will commence on the Parish Councils section of the footpath after Christmas.

CAR PARK

Plans have been submitted for a car park on Mr Cleaves field between Port Isaac and Trewetha.

DATE OF NEXT MEETING

Monday 12th January 2009 at Port Isaac County Primary School

St Endellion Parish Council would like to wish all *Trio* readers a Merry Christmas and Happy New Year

Ed: I went along to the Parish Council meeting held on December 1st and during Public Discussion pointed out that it is now less than six months before Easter and our first big influx of visitors in 2009. I asked what plans were in hand to alleviate the parking problems that would ensue and also questioned whether, in twelve months time, everyone would still be just discussing options for additional parking. The Chairman said he was unable to give any positive assurance that there would be any progress to relieve the problem for the summer of 2009.

Christmas Poinsettia



A very popular Christmas plant, the Poinsettia comes from Mexico and its name means "Flower of the Holy Night".

Whilst they look lovely when we buy them, after a few weeks the leaves often drop and the plant turns yellow. This is most likely because of the reduced light levels in this country and these tips will help keep your plant in good condition and live on to bloom again next Christmas. One of the most important things to remember is be very careful when handling your plant as the sap can cause irritation – gloves and long sleeves are advised.

- Do not let the temperature drop below 13C/55F.
- Place in a well lit location.
- Water thoroughly but let the compost become quite dry before you water again – overwatering is the most common cause of failure in poinsettia.

To make the plant bloom again for next Christmas, in early spring cut back the stems to 10cm/4". Keep the compost almost dry and place in a cool, shady position. In early May water and repot the plant and shoots will then soon appear. Remove some of these new shoots leaving 4-5 stems (you can use the prunings as cuttings). In September cover the plant with a black bin bag from early evening until the next morning so that the plant is in complete darkness for 14 hours a day. Continue this routine for eight weeks then treat as normal and your plant should flower for Christmas 2009.

**Log on to
www.port-gaverne.com**

and take a look at the website

Dear Trio

Reading October's *Trio*, with all the consultation about tourism and parking in Port Isaac, has reminded me of what a lovely time I had in Port Isaac, once again, this summer. I come every year as part of the St Endellion Summer Music Festival (some readers may have had me pester them for accommodation for our musicians!) and often also on holiday at half terms.

Cornwall, and especially Port Isaac and the surrounding area, is somewhere close to my heart and I always feel drawn to return. I especially look forward to summer Friday evenings on the Platt (without the rain!), eating fish and chips and listening to the Fishermen's Friends, whose CD is never far from my family's stereo. Reading *Trio*, it's also obvious that this isn't just a beautiful area but a lively, friendly (if not afraid to argue occasionally!) community and a hive of activity.

I am acutely aware of the parking problems in Port Isaac, especially as we represent an invasion of 200 or so people, often arriving in 'ones' and twos' and many in cars. We always try to encourage car sharing and leaving cars in our parking area at Endellion, but obviously rehearsal times vary for different people and this isn't always possible.

I think the proposed parking plan in October's *Trio* looks eminently sensible and I look forward to seeing either it, or something similar, in practice next summer. Unlike one *Trio* writer, I, and the rest of the Festival, will certainly be returning in 2009 and I hope we can enjoy a wonderful time, while giving something back in terms of supporting local businesses without contributing to the gridlock!

Sarah Roberts
Liverpool

(Accommodation – St Endellion Summer Music Festival)

HAVE YOUR SAY!

Letters to *Trio* should be sent to
The Editor, 3 Trewetha Lane,
Port Isaac, Cornwall PL29 3RN
Email: triopi@mac.com

*Writers must include their
full name and address -
anonymous letters will not be printed*

**WE RESERVE THE RIGHT TO EDIT OR
NOT PRINT LETTERS RECEIVED**

Postmen in Victorian England were popularly called 'Robins', This was because their uniforms were red. Victorian Christmas Cards often showed a Robin delivering Christmas mail.

In the 19th Century the British Post Office used to deliver cards on Christmas Day.

Port Isaac Rowing Club

GIG PUSH

Sunday December 28th

RNLI Boathouse - 11.00am

Mince Pies, Sausage Rolls and
Mulled Wine

Everyone welcome to
come and help at the next
**Temperance Banner
Restoration Day**

Friday January 16th 2009
Port Isaac Village Hall
10.00am-4.00pm

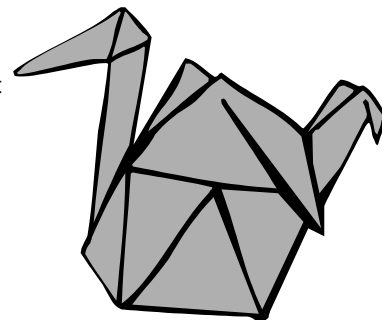
*Lunch and refreshments
provided*

Father Christmas was originally part of an old English midwinter festival, normally dressed in green, a sign of the returning spring. He was known as Sir Christmas, Old Father Christmas or Old Winter.

Websites of the month

If you live in the Parish, you will by now have received one of the handcrafted Origami Christmas greeting cards from the Climate Friendly Parish. This got me thinking about origami and other similar crafts on the web and there is a lot on offer.

Before I had a look at these sites, I thought that Origami was the Japanese art of paperfolding. But things are never simple are they? It turns out that Oru means to fold and Kami means paper, but paper folding was not originally called origami, and that folding of all sorts of other things are part of the 'craft'. Apparently the original use of origami referred to the way the Japanese used to fold certain certificates to guarantee their authenticity. And from there the folding became generalised to mean what we understand by the term today.



For starting out www.paperfolding.com is excellent. There is page which goes through, for example, the different types of folds and the symbols used in Origami diagrams. A good place to get an idea of what you can do with origami go to www.origami.com. Here you will find diagrams you can download, and links to their photograph gallery. It shows you how to make anything from dinosaurs to roses. This site is very simple and does what it says. It provides you with many diagrams and instructions for how to create models from paper.

For those of us who find following instructions a bit tricky there are some excellent videos on www.youtube.com which show you how. For example there is a very short video showing you how to make a frog (<http://uk.youtube.com/watch?v=sOUgrJo2klg>) and seeing the person do it is much easier than trying to make sense of the diagrams. And there are videos showing all sorts of creations, from dragons to beautiful flowers. Now as it is Christmas, you can make an origami santa (<http://uk.youtube.com/watch?v=mJo9ComfsKs>) or decorations like simple stars (<http://uk.youtube.com/watch?v=Wt0CN8bQNU>). If you can't don't want to copy these rather complicated links you can put in to the search box on youtube something like origami Christmas decorations and you will get lots of videos to pick from.

And for one site which is specially for kids go to [activityvillage](http://www.activityvillage.co.uk) and click on the origami links at <http://www.activityvillage.co.uk> This site is full of puzzles and activities for children and is lots of fun.

Tony Wainwright

Millicent Couch

1923-2008

Millicent, or Milly as she was known, was born at Trewoon, near St Austell in 1923. Tragically, her mother died when she was only two years old, and although her sister Mona was only two years older than Milly, she always took a special care and responsibility for her. Both girls were cared for by their father until he re-married some years later, and had four more children.

Milly was educated in St Mewan School and then, like many girls at that time, when she left school she went into domestic service. She worked for the proprietors of a large tailoring business in St Austell and, probably because they had no children of their own, they treated Milly more like a daughter, taking her with them in their caravan when they went on holiday and, when she got married making and giving her as a present, the costume she wore on her wedding day.

In the early years of the second world war, Milly joined the Navy and this was how she met Jack, the man who was to become her husband for the next 63 years. At first Milly was stationed at Fowey, billeted at Ferryside, Daphne Du Maurier's house and then she was sent to St Merryn. Meanwhile Jack, who had also joined the Navy early in the war, spent quite a long time in Scotland where he'd been posted. They eventually met when Jack was promoted to Petty Officer and was posted to Salcombe. As there was not a great deal to do and he was so close to home he applied for weekend leave and set off on the train. Milly was also on her way home to Trewoon and it so happened that all the rest of the servicemen and women who were on the train, changed at South Brent to go up country, leaving only Milly and Jack. It was love at first sight and when Jack got off at Bodmin Road Station (as it was then) Milly arranged to look out for him on the return journey. The rest as they say is history. They were married at St Mewan on VE Day, May 8th 1945. Originally Jack, who was back in Scotland, had been told he was being sent to fight the war effort in Japan, but the Atom Bomb put an end to that plan. He managed to obtain a few days leave to get married, getting an extension plus 48 hours added for the celebration of VE Day. Gordon their son, who very sadly died two years ago, was born after three years of marriage and their daughter Margaret, four years later.

A joiner by trade, having been apprenticed to Mr Taylor in Port Isaac, after the war Jack went to Canada with the idea that the family would follow him. But, after 12 months he realised that the sort of life there was not for him and he returned to his home in Port Isaac. After living for about two years in a pre-fab in Trewetha Lane, they moved to 55 Fore Street which they rented at first, for £15.00 per annum, and then bought, and where they have lived ever since. Milly worked at Bowdens on the Terrace, and for the Lewins and also helped out at the Box Tree Development Company as a cleaner.

Milly was totally devoted to her home and family and was an excellent cook, especially of traditional Cornish fare-pasties, saffron buns, and splits. Jack kept chickens and she really enjoyed watching them. She would even walk all the way to and from Port Isaac Road Station to collect a new batch arriving on the train.

Her son Gordon's death was a tremendous blow to Milly, from which she never really recovered and her health deteriorated during the last two years. She was lovingly cared for by her daughter Margaret and by the nurses from the Port Isaac Surgery.

*Chris, Tina,
Warren and Patrick
would like to thank
everybody who attended
Bob's funeral and for
all the cards and letters
of sympathy.
It's nice to know that so
many people care.*

*Special thanks to
Judith Pollinger for a
lovely service and to
Ray for his kind words.
Thanks to Graham and
his staff at the Gaverne
for looking after
everyone so well.
Thanks also to David
Bray for all his help.*

"The universal joy of
Christmas is certainly
wonderful. We ring the
bells when princes are born,
or toll a mournful dirge
when great men pass away.
Nations have their red-
letter days, their carnivals
and festivals, but once in
the year and only once, the
whole world stands still to
celebrate the advent of
a life. Only Jesus of
Nazareth claims this world-
wide, undying remembrance.
You cannot cut Christmas
out of the Calendar, nor out
of the heart of the world."

Anonymous

Millie Couch

Jack and Margaret would like to thank all those that attended the funeral, sent flowers, cards and their kind words at their time of loss. Millie will be sadly missed but never forgotten.

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers
Tel Judith Pollinger on 01208 880181

A very Happy Christmas to you all



Christmas Cards! We always get into a last minute tangle sending Christmas cards to friends who live in other parts and then we have the joy of receiving a jolly good supply! And I love them! Among them are many cards of the Archangel Gabriel appearing to the Virgin Mary to announce that she is to have a baby. This scene from the Gospel of Luke is called 'The Annunciation' and it not only features in countless stained glass windows in churches around the world, but has been a favourite subject of most of the greatest artists. You could Google (images) 'annunciation'!

Typically, an angel of gold or of pure white light hovers with its feet barely touching the ground, perhaps with a blue sky behind - the angel is from another world: Heaven.

Mary is often seated - she looks submissive: she is about to say "Be it unto to me according to thy will". And in her hands she often carries an open bible - occasionally if you look really closely you will see it is open at the prophet Isaiah - it will be chapter 7 verse 14, where the prophet says "Therefore the Lord himself shall give you a sign; Behold, a virgin shall conceive, and bear a son, and shall call his name Immanuel." In addition she often carries a lily, the sign of purity. Often there is a doorway behind her: she is caught up in this moment with the heavenly messenger, but she will go back to her normal earthly existence.

The Holy Spirit is present: "And the angel answered and said unto her, The Holy Ghost shall come upon thee, and the power of the Highest shall overshadow thee: therefore also that holy thing which shall be born of thee shall be called the Son of God." Artists normally show the Holy Spirit as a dove, perhaps flying in a ray of light from heaven to Mary. Sometimes the ray of light goes to her head, sometimes to her heart, sometimes even to her womb, and sometimes there is even a slit in her robes where the light enters her.

I love these cards and I love this scene. To me it says that in the birth of Christ heaven and earth come together, and the world is flooded with light from heaven. And I stand in wonder and pray: may God be born not only of the Virgin Mary, but this Christmas and all this year, may God be born in you and me.

**A very happy Christmas to you all,
from John and all the clergy
and Readers**

Church Diary Dates

Tuesday December 16th

11.00am - Pre-School Nativity, St Peter's Church, Port Isaac

Sunday December 21st

9.45am - Sung Eucharist, St Peter's Church, Port Isaac

6.00pm - Nine Lessons & Carols with Port Isaac Chorale, St Peter's Church, Port Isaac

Christmas Eve, December 24th

3.00pm - Crib & Christingle & 11.30pm Midnight Mass, St Peter's Church, Port Isaac

11.30pm - Midnight Mass. St Endellion Church

Christmas Day, December 25th

11.00am - Christmas Family Sung Eucharist, St Endellion Church

Sunday December 28th - No services

Please may I express on behalf of my mother, Betty Milton, my brother Nigel and myself, our enormous gratitude and thanks to everyone who attended the Thanksgiving Service for my late father, Philip Milton, at St Endellion Church on November 20th. It was truly heart-warming to see so many people, both at the church service and at the gathering afterwards at the Port Gaverne Hotel.

I am also much indebted to the myriad of friends my mother has in Port Isaac and the surrounding villages, who have all been the best of friends to her that anyone could wish for. It has meant, and continues to mean, so much to her.

I would like to express my particular thanks to Revd Judith Pollinger, who had been a huge support to my late father and more recently to me and my family.

I could never satisfactorily thank Dr Partington, Liz Edwards and Jan Mewton, who moved mountains on our behalf to improve fathers' quality of care in latter times.

Finally, my thanks must go too, to Graham and his team at the Port Gaverne Hotel for their unending good humour, hospitality and lovely food, despite my best efforts to scupper their organisation!

It all made for a beautiful End. Thank you.

Laurence Milton

"I heard the bells
on Christmas Day,
Their old, familiar
carols play, and
wild and sweet,
The word repeat,
Of peace on earth,
goodwill to men!"

Longfellow

local info

Doctor's Surgery – 01208 880222

Repeat Prescriptions –
01208 880242

NHS Direct 24-hour Helpline –
0845 4647

Royal Cornwall Hospital (Truro) –
01872 250000

East Cornwall Hospital (Bodmin) –
01208 251555

Derriford Hospital (Plymouth) – 08451
558155

Dental Helpline – 0800 371192

Police (non emergency calls) – 08705
777444

PC Malcolm Taylor – 079680 87667

Wadebridge Police Station –
01208 895872

Rev Judith Pollinger – 01208 880181

Electricity – emergency service –
0800 365900

Water – helpline – 0800 1691144

Parish Council:

Clerk – Elizabeth Harris – 01288
341242 Email:

stendellionparishcouncil@fsmail.net

District Councillor – Bill Dawe –
01208 880253

Dan Rogerson MP - Local MP -
01566 777123

NCDC – 01208 893333
Website: www.ncdc.gov.uk

Cornwall County Council –
01872 322000 www.cornwall.gov.uk

Bowthick Tip – 01840 770778

Mobile Library – 01208 72286

Samaritans – 01872 277277

Vet – Nutes – 01208 813258

St Kew Pre-School Charity calendar for 2009

The calendar has been kindly sponsored by generous donations from many local businesses and families, which means that all proceeds from the sale of the calendar will go towards Pre-School funds. We are looking to enhance our outdoor play area with new play equipment and toys.

The calendar has spaces for all your diary dates, notes and useful telephone numbers. Copies are available at £5 each, from The Book Shop in Wadebridge, Cornwall Farmers, Cole Rayment & White, Bricknells, St Kew Costcutters or Penny Warne on 01208 880307.

St Endellion Climate Friendly Parish Project

Finally at the end of November the Climate Change Act has become law and the independent committee which will recommend the annual Carbon Budgets has been established (<http://www.theccc.org.uk/>). This has set some reasonable targets for reduction in Greenhouse gases (GHG) which will be legally binding. This is the first such legislation anywhere in the world, and whether you agree with it or not, it does give the UK some authority when trying to persuade other countries to reduce their GHG emissions. So for our little project this is the national picture. When we have our AGM on February 16th (7.00 pm in the Village Hall). We will have Dan Rogerson, our MP to explain to us the implications of the new law. We will also have short talks from local people who have installed power generation from sunshine or wind, or heat generation from renewable sources. If you look at the project website it has all the details (www.stendellion.com). We will also be able to report on the Cornwall Climate Change Action Plan which is currently being produced by Cornwall Sustainable Energy Partnership. This will provide a local framework for the way the Climate Friendly Parish can develop.

In addition to individuals installing power, we will be asking whether St Endellion would like to have a community project where we all chip in to own some local power generation. Such projects are usually wind turbines, and people have strong reactions to these, so it should be a lively discussion.

Of course at the moment, with the recession, oil prices have dropped again, and we may think we are out of the woods as far as energy costs are concerned. Unfortunately this is unlikely to be the case and it is probable that prices will go up again in a year or two as demand picks up and supply 'tightens' as they say. So that is one of the projects we are considering.



Wishing you
a green & merry
Christmas



The other is to make the bus time-tables easier to understand and more available. Going along with this we are collecting examples of trips that can be made on the bus from the Parish. Robert Manders has already published some in *Trio*. We will have the time-tables available at the AGM in a number of formats, small cards, laminated A4 size to be put up on the wall and so on. We hope this will encourage the use of our bus route as the more it is used the more likely we are to keep it.

Magical Managers 2008/09

League One

| LW | POS | TEAM | MANAGER | PTS |
|----|-----|-------------------------------|-----------------|-----|
| 1 | 1 | COME ON LAMPARD | Rachel Grills | 473 |
| 2 | 2 | Y BOTHER, PAUL'S GOING TO WIN | Jon Poupard | 457 |
| 3 | 3 | FC SHANDERLONA | Andrew Grills | 419 |
| 4 | 4 | MULBERRY'S MONSTERS | Chris Witherden | 392 |
| 7 | 5 | SAN BERDINO | Andy Penny | 387 |
| 5 | 6 | TEAM GRILLS | Karen Grills | 381 |
| 6 | 7 | BADA BING! | Paul Honey | 376 |

League Two

| | | | | |
|---|---|------------------------|----------------|-----|
| 2 | 1 | HARTLAND ROAD ALLSTARS | Bryan Nicholls | 504 |
| 3 | 2 | TOP OF THE LOT | Daniel Grills | 495 |
| 1 | 3 | BREWSKI A-TEAM | Josh Brewer | 481 |
| 4 | 4 | BREWSKI B-TEAM | Josh Brewer | 468 |
| 6 | 5 | FLY NAVY | Les Honey | 421 |
| 5 | 6 | SHIFTY'S SPECIALS | Michael Hewett | 398 |
| 9 | 7 | FLASH GOONERS | Danny Treacy | 389 |

Up to December 5th 2008

taking things for granted

You may remember that at the end of my last article, I told you that my Pa died two days after my leaving him. Cindy and I were, in fact, in Rio waiting for the ship that was to take us down to the Sub Antarctic. I remember it so well. There we were in a lovely hotel in the heart of Rio, intending to go on a sightseeing tour that afternoon. However, we were tired so decided to have a short rest in our room. During this time, Cindy got food poisoning so for three hours I played nurse etc (too much information!). Then, the weird thing was that once she had finally fallen asleep I felt a chill run up my spine - I just knew that Pa had died. So I rang (eventually got through) only to hear that Pa had died at the precise time I had experienced that feeling. Such is the power of love and connection.

Once Cindy had recovered, we were off to the ship, the *John Biscoe*, owned by the British Antarctic Survey, which was moored in the smelly and extremely hot docks. Being the only girls on board, Cindy and I were allocated a twin cabin with our own bathroom and loo and, after storing all our equipment safely and a very hot and uncomfortable night, we set off for the Antarctic, a journey that was to take fourteen days. I will always remain eternally grateful to one of Cindy's sisters, who was a famous yachtsman (or yatchswoman!) for giving us a good supply of seasick pills which, in 1981, were not available over the counter. I can tell you that in the old days, crossing the channel filled me with complete horror, but on this trip, Cindy and I were the only ones keeping the crew company. The scientists on board, heading for South Georgia took to their bunks early on, and didn't appear again until we landed at the Island. I felt so sorry for them, but I needed my pills!

As you may have gathered, the trip was a trifle rough. The wind was so strong that we could not even venture onto the decks for fear of being blown overboard and the temperature so low that our breath froze if we attempted to go outside. We battened down the hatches in more ways than one, ate out of tin cans on the floor of the crew's mess and prayed that we would eventually get to our destination. Along the way encountered signs of Antarctic wildlife, such as the odd Albatross flying overhead - a good luck sign as mentioned by many a seafarer - plus petrels and other weird birds that we had never seen before. It was all so

exciting. Finally after two weeks of sheer hell, we saw the outline of a long thin island, covered in snow, with high peaks running from North to South and this, heaven forbid, was to be our home for the next six months. Yet again, I queried my sanity as to why I had set myself such a challenge, but my theory is, that any challenge is worth trying, whatever the risk and the hardship. We all have life just a little to easy these days and take it all for granted. On South Georgia, we were not going to have that luxury.

Annie P

Twelve Days of Christmas?

Celebrated since Medieval times, the Twelve Days of Christmas start on Boxing Day (because Christmas Day is considered holy and not for partying) and end with Twelfth Night (January 6th).

It took the 'Three Kings' twelve days to find the baby Jesus. Their arrival on the twelfth day led - centuries later - to the creation of the Feast of Epiphany.

Traditionally in England, the twelve days were filled with merry-making, dancing and continuous feasting. People would visit their neighbours sharing and enjoying the traditional mince pie and other Christmas foods.

Traditionally a Yule log was kept alight for these twelve days and was considered a bad omen if it went out before time!

The twelve days of Christmas would have been a most welcome break for the workers on the land, All work, except for looking after the animals, would stop.

NEW WARNING!!

**This Incident has been confirmed.
BE AWARE! - READ THIS GIRLS!**

Share with your sisters, daughters, nieces, mothers, female friends, EVERYONE.

A man came over and offered his services as a painter to a female putting petrol in her car and left his card. She said no, but accepted his card out of kindness and got in the car. The man then got into a car driven by another gentleman. As the lady left the service station, she saw the men following her out of the station at the same time. Almost immediately, she started to feel dizzy and could not catch her breath. She tried to open the window and realised that the odour was on her hand; the same hand which accepted the card from the gentleman at the petrol station.

She then noticed the men were immediately behind her and so she drove into the first driveway she came to and began to honk her horn repeatedly to ask for help. The men drove away but the lady still felt pretty bad for several minutes after she could finally catch her breath.

Apparently, there was a substance on the card that could have seriously injured her. This drug is called 'BURUNDANGA' and it is used by people who wish to incapacitate a victim in order to steal from or take advantage of them. This drug is four times more dangerous than the date rape drug and is transferable on simple cards.

So take heed and make sure you don't accept cards at any given time alone or from someone on the streets. This applies to those making house calls and slipping you a card when they offer their services .

On Sunday evening December 7th, outside Port Isaac Pottery, I found a small gold ring with an opal at its centre. Could the owner please ring me on
01208 862795

The Trio Christmas Crossword

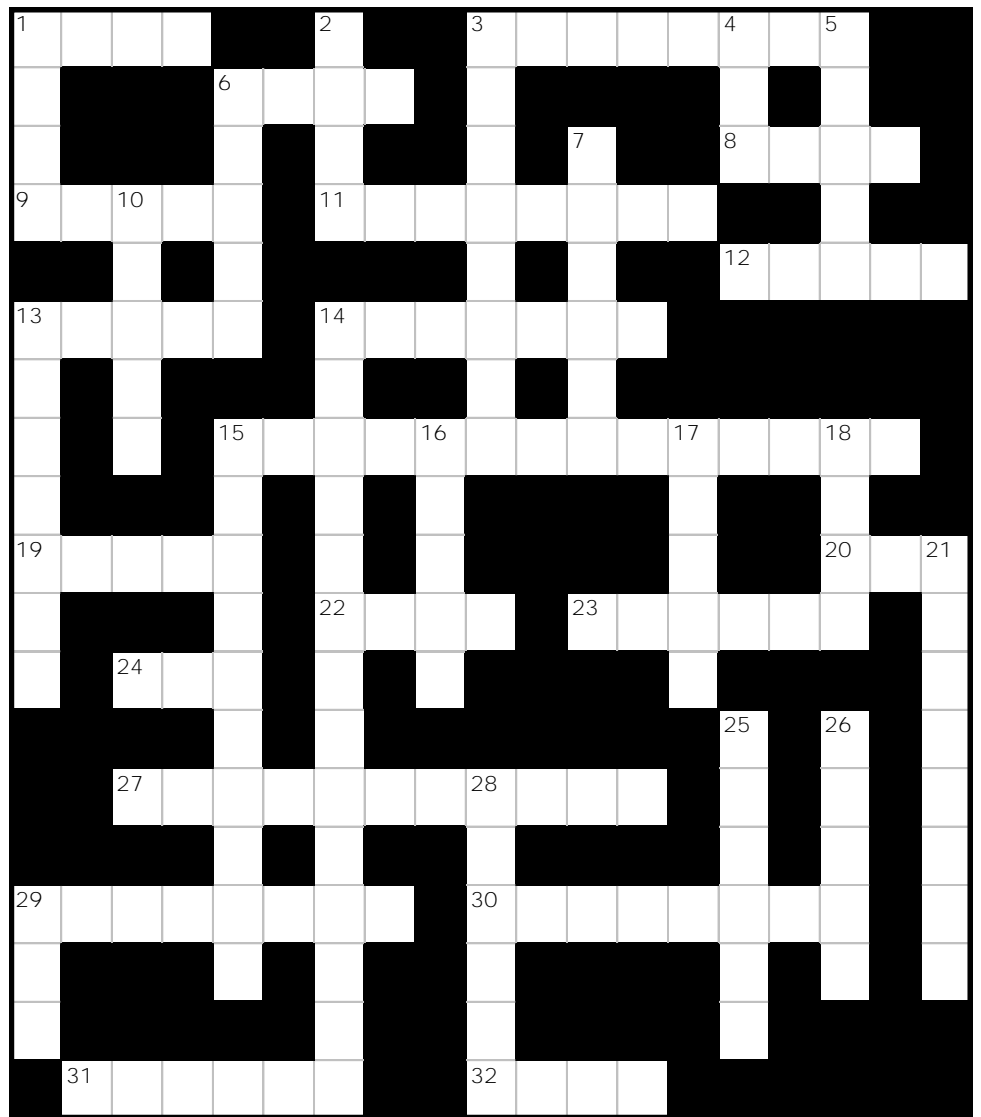
No prizes, but the answers will be in the next edition of *Trio*

Across

- 1 We do this a lot in Port Isaac (4)
 3 Mixture of seasoned ingredients (8)
 6 Elegant and stylish (4)
 8 Period from December 24th to January 6th (4)
 9 Red breasted bird (5)
 11 Nellie was a five-toed pachyderm! (8)
 12 A Giant mammal that is partial to bamboo shoots (5)
 13 A hobbit Christmas greeting (5)
 14 Christmas news (7)
 15 Goes with the turkey (9,5)
 19 Tossed in the Highlands (5)
 20 The colour of Santa's hat (3)
 22 _ _ _ _ log; traditionally burned at Christmas (4)
 23 Sanctified (6)
 24 Cured leg of pork (3)
 27 Tinkling Christmas song (6,5)
 29 Found under the Christmas tree (8)
 30 The best Bill sent to all men (8)
 31 Penguin who serves at table
 32 Given at Christmas

Down

- 1 Bright celestial body (4)
 2 Yearning for a tree decorated at Christmas (4)
 3 Edible seaweed (8)
 4 No room here! (3)
 5 Elvish colour (5)
 6 Artful and shrewd (5)
 7 The baby Jesus was away in one (6)
 10 Beginning of life (5)



- 13 Amazing event (7)
 14 Written after Christmas (5,3,6)
 15 Formal events (10)
 16 Ring out from Churches (5)
 17 A cheeky little accompaniment for food (5)
 18 A Christmas greeting in *Trio* instead of sending one of these (4)

- 21 Month in which Christmas falls (8)
 25 Nature of God (6)
 26 Should be going underground soon! (5)
 28 Sweetened milk drink, with eggs and alcohol
 29 Pastry dish (3)

Clearly Rudolph was A Female Reindeer

While both male and female reindeer grow antlers in the summer each year, according to the Alaska Department of Fish and Game, male reindeer drop their antlers at the beginning of winter, usually late November to mid-December. Female reindeer retain their antlers until after they give birth in the spring.

Therefore, according to every historical rendition depicting Santa's reindeer, every single one of them, from Rudolph to Blitzen - had to be a female.

We should've known. Only women would be able to drag a fat man in a red velvet suit all around the world in one night and not get lost.

An added bit of trivia: the names of Santa's reindeer are Dasher, Dancer, Vixen, Comet, Cupid, Donner/Donder, Blitzen and Rudolph. Eight of these names are taken from Clement C Moore's "A Visit from St Nicholas" whilst Rudolph comes from the song "Rudolph the Red Nosed Reindeer".

Merry Christmas
 and a
 Happy New Year
 from
 Tony, Kate, Dean,
 Ruth & Lisa (Provis)

Richard, Carol,
 Harry & Holly
 wish everyone a
 Merry Christmas and
 Happy New Year
 from Oz

*A Happy Christmas
and a Fab New Year
to everyone*

*from the
Port Isaac
Rainbows*



**Happy
Christmas
and a Peaceful and
Healthy
New Year**



*from us all at
Port Isaac Pottery*



*Jeremy, Liz,
Lisa & Tom
Would like to wish
all our family and friends*

*A very Merry Christmas
and a Happy New Year
xxxx*

*"Let's raise a glass to
absent friends"*

Sam & Dee



*Merry Christmas and A
Happy New Year to all my
friends and family.
Your support over the past
few months has been very
much appreciated.*

*Thank you
Joe Knight*



**Merry Christmas and
a Happy New Year
from**

**Jim & Sharron and
everyone at
The Longcross**



christmas Greetings

**Merry Christmas and a
Happy New Year
to all my friends
in Port Isaac**

**from Harry
of Walthamstow
with love**



**Jill & John McDonnell
would like to wish all
their friends
and neighbours
A Very Happy
Christmas and New Year**



**Wishing a Merry
Christmas and a Happy
New Year to all our friends
and customers and
everyone who has sup-
ported us throughout 2008**

*Mark & Julia Routledge
MER Electrical Services*



**Joyeux Noël
& Bonne Année
to all our friends in
Port Isaac
Best wishes
Georges & Susan Bouvier**



**A Merry Christmas
and a Happy New Year
to all our friends and
customers**

**From everyone at
Trevathan Farm**



**Seasons Greetings
from all at
The Takeaway**



**Greetings
to all my friends
in Port Isaac
*Robin***



Your Local Electrician

Ivan Jones Electrical Services Ltd

*We would like to wish all our
Customers old and new a very
happy Christmas and good tidings for
the new year.*

*From everyone at
Ivan Jones Electrical Services Ltd*



**PEGGY HILLS WISHES
ALL HER FRIENDS IN
THE GOLDEN CIRCLE
A VERY MERRY
CHRISTMAS AND A
HAPPY NEW YEAR**



**Wishing all our clients a
Happy Xmas
& a "busy" New Year
From all of us at PJ's**

**Councillor W Dawe
wishes everyone
a Merry Christmas
and a
Happy New Year**

**Should you need help
on any matter call
01208 880253**



Christmas Food Alphabet

A is for amoretto biscuits, crushed and sprinkled onto trifles, crumbles etc for a lovely crunchy topping.

B is for Buck's Fizz, a great start to Christmas morning.

C is for Christmas pudding. Forget boiling it for hours, slice it up and fry in brandy butter. Serve with a dollop of cream.

D is for diet. What diet? It's Christmas!

E is for eggs, scrambled and served with slivers of smoked salmon for a Christmas morning treat. Served in bed, even better. (Also, see **B**).

F is for fish finger sandwiches. Go down well before or after a night of revellery.

G is for gin, sloe gin. Did you remember to pick those sloes back in September? Have you tried damson gin or sloe vodka?

H is for ham, a good old Christmas ham. Try simmering it in sweet cider first before transferring it to the oven.

I is for ice cream, Christmas ice cream. In a large bowl, stir a jar of luxury mincemeat into a tub of soft scoop ice cream. Line a Christmas pudding bowl with cling film and fill with the mixture. Freeze. When it's needed, turn it out onto a plate and decorate with sprig of holly.

J is for jelly made with sparkling white wine for a festive flavour. Make up the jelly as per instructions, adding sparkling wine instead of water. Add a defrosted packet of frozen summer fruits for a luxurious jelly.

K is for 'keep it simple'. Don't wear yourself out trying to get everything perfect.

L is for lemon curd or lemon cheese. Fold as much as

you like into whipped double cream for a zesty flavour.

M is for Marks and Spencer's food and now a very useful stop on the motorway. (Two M's, how clever.)

N is for nibbles and nuts and not saying "no". (See **D**, it's ok.)

O is for orange butter, an alternative to brandy butter. Beat together 4 ozs unsalted butter with 4 ozs soft light brown sugar, the grated rind of 2 oranges and the juice of 1 orange.

P is for pickled onion and cheddar cheese sandwiches. Mmmm.

Q is for Quality Street, as in 'large tins of'. Who can resist being first to pilfer all the green triangles before anyone gets a look-in.

R is for relax, as in 'red wine'. A glass for the gravy and a glass for the cook.

S is for sprouts. Have you started boiling yours yet?

T is for turkey. Well, what else could it be?

U is for underneath the mistletoe. Every cook deserves a kiss!

V is for vin chaud or mulled wine. A winter essential.

W is for wrap up warm. Keep those thermals on until at least March.

X is for 'X Factor', put your feet up and watch the finals.

Y is for yule log, the good old swiss roll with lots of icing for those with a sweet tooth.

Z is for 'Zzzzzzzzzzzzzzzz'after a fine Christmas dinner!

The real cost of Christmas

And finally ...

One Partridge in a Pear Tree: £164.99 - up 13.8% due to EU clamp down on fruit trees.

Two Turtle Doves: £40.00 - still steady at £20.00 each (may be replaced with pigeons if credit crunch continues)

Three French Hens: £45.00 – an increase on last year. French farmers have slapped an embargo on poultry exports.

Four Calling Birds: £599.96 - £149.99 each, up 25%. A luxury item, now taxed at 45%

Five Gold Rings: £395.00 - £79.00 each, up 21.5%. Price rise due to investment bankers transferring funds into gold.

Six Geese-a-Laying: £360.00 - £60.00 each, up 20%. Shortage of geese due to global warming, the geese have decided to stay in Greenland and not fly south

Seven Swans-a-Swimming: £4,200.00 –A new business scheme from Buck House, "By Royal Consent". Please return all swans to Her Majesty by January 6th.

Eight Maids-a-Milking: £46.80 - £5.85 each, up 13.6% fed-up with minimum wage, they are retraining next year for the ladies dancing team, (see below)

Nine Ladies Dancing: £4,759.00 – in hot demand at £528.80 each (all former contestants from "Strictly").

Ten Lords-a-Leaping: £4,285.06 - £428.50 each, fall of 10% since cash for honours enquiry

Eleven Pipers Piping: £2,213.40 -£201.22 each, up 4.2%. Now available for engagements all year round after their final Riverdance Tour.

Twelve Drummers Drumming: £2,397.85 – £199.82 each, threatening to walk out, demanding parity with the pipers. (May not appear next year due to Noise Abatement Order placed on them by the milkmaids complaining of falling milk yields due to the deafening racket.)

The grand total of Christmas for this year - £19,507.25

Christmas Market



Santa and his Fairy helper and some of the children at the Christmas Market

Santa made a very welcome stop off at Port Isaac Village Hall at the start of a busy West Country schedule in order to wish the crew, committee and a record number of supporters attending the annual RNLI Christmas Market.

Over 40 young friends from the village, including some visiting children and their parents, took the opportunity to meet Santa and his Fairy Godmother. They were all given a small Christmas gift, provided by the RNLI Committee, to mark this special festive occasion. An added bonus to the market was the carol singing led by Port Isaac Choral.

With a sell out of stalls and a great attendance, over £800 was raised in aid of the RNLI. In addition, the winning draw ticket was drawn by local artist Barbara Hawkins for her evocative painting 'To The Rescue', illustrating Port Isaac Inshore Lifeboat leaving harbour on a winter shout. This was won by Tracey Davies, a visitor from London. This draw raised in excess of £1,800 and a big thank you to Barbara for the donation of her painting to the RNLI, the third since 2005, and to Billy for displaying it in the Pottery throughout the year.

Before continuing his West Country tour, Father Christmas thanked the committee, crew and helpers who had worked so hard to make the day a success, including the stall holders who had put on such a great show, not forgetting, of course, all attending who had given such generous support.

On behalf of Port Isaac Committee and Crew may I take this opportunity to wish all our friends a Very Happy Christmas and New Year. Bob B



Pictured here are Port Isaac RNLI helmsman, Nigel Sherratt who took time out whilst on holiday in the Canary Islands to visit past Hon Sec and current Hon President of Port Isaac RNLI, David Castle.

David retains a keen interest in Port Isaac RNLI maintaining contact from his home at Fuerteventura on a weekly basis with many of his friends and RNLI colleagues in the village. He plans to attend the Annual General Meeting of the Station, scheduled for April 2nd 2009 and, as always, it will be good to see David back on home ground.

True or what!

1. There are at least two people in this world that you would die for.
2. At least 15 people in this world love you in some way.
4. A smile can bring happiness to anyone, even if they don't like you.
5. Every night, SOMEONE thinks about you before they go to sleep.
6. You mean the world to someone.
7. You are special and unique.
8. When you make the biggest mistake ever, something good comes from it.
9. When you think the world has turned its back on you, take another look.
10. Always remember the compliments you receive. Forget about the rude remarks.

And is it true? and is it true?
The most tremendous tale of all,
Seen in a stained-glass window's
hue,
A Baby in an ox's stall?
The Maker of the stars and sea
Become a Child on earth for me?
John Betjeman

Bingo!

Thank you to everyone who contributed in any way towards the very successful Bingo held on December 3rd in aid of the Priory Day Centre for the Mentally Handicapped. Due to everyone's great support and generosity, the staggering amount of £786.90 was raised. Thank you all very much.

Janet Chadband

schoolchat

news and views from
Port Isaac School



Acrostic Winter Poems by Year 2

Winter is cold like the sea
I went ice skating on the ice
No snow is not much fun
Too much snow is really fun
Exciting games
Really fun snowboarding
By Jack

Winter is white
Ice is fun
Noisy people opening presents
Turkey on a plate
Excited families
Riding sledges
By Kieron

Winter is cold as the sea
Ice skating is fun
Nice to eat food
Turkey for Christmas dinner
Everybody happy
Ride in a car
By Emilia

"The best day in school ever"

We recently had a special week in school where all the children had the chance to learn about marriage and baptism in the Christian, Hindu and Jewish faiths. Both classes visited our local churches; the older children went to St Endellion and the younger class went to St Peter's. In school we had visitors who told the children a little bit about their faith and they had the chance to learn some Hindu dances and try out some Jewish food.

Everyone agreed that the week was a great success. "The best day in school ever" Liam Y5. "I loved the dressing up as a Hindu warrior" said Brandon Y2. "The best bit about RE Week was having our hands and faces painted on the Hindu Day" Jess Y5. "The best bit was the wedding in the church" Kayleigh Y1.

**A Very Merry Christmas and
a Happy New Year
from everyone in school**

PORT ISAAC SCHOOL
PROUDLY PRESENTS

What Christmas Means To Me



Tuesday 16th December 2008
In Port Isaac Village Hall
6:30 pm
(doors open at 6:15 pm)

**Everyone
Welcome**

Happy Birthday...

Birthdays celebrated in November ;

Jessica 10 Mark 9 Taran 8 Kieron 7 Melania 5

Birthdays celebrated in December;

Sinead 10 Issabella 5

Snow

a winter poem by Year 3/4

The snow fell quickly like a police car chasing a robber
The snow fell softly like a butterfly with an injured wing
The snow fell lightly like a new born baby in my arms
The snow fell gracefully like a swan in a lake
The snow fell fiercely like a lion protecting its lioness.
The snow fell pleasantly like a puppy playing on the grass
The snow fell purposefully like a buzzard catching its prey.
The snow fell slowly like a turtle crawling to its food
The snow fell swiftly like a graceful swan flying through the air
The snow fell heavily like an avalanche sliding down the mountain

Roy Speakman

A.B.I.C.C.
BUILDING CONTRACTOR

Specialist Carpentry
Period Reconstruction
Kitchen/Bathroom installations
All roof work undertaken
Tel: 07790 602404



DENNIS KNIGHT

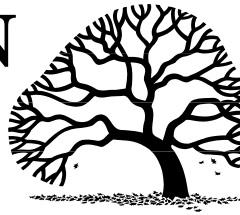
Proprietor: J T Collins
WHOLESALE & RETAIL FISH MERCHANT
FISH CELLARS, PORT ISAAC

*A Merry Christmas & Happy New Year
to all our customers and friends*

Tel/Fax/Answerphone: 01208 880498
Mobile: 07969 555182



GARDEN OF EDEN LANDSCAPE SERVICES



Ornamental walling • Patios
Crazy paving • Flag Stones • Turfing
Fencing • Hedging • Rockeries
Water features



For a free estimate phone Jim Dyer on
01208 880476 or 07970 919389 (mobile)

GUITAR TUITION

Guitar tuition by experienced
teacher - member of the
Registry of Guitar Tutors
registryofguitartutors.com
Pupils of all ages taken
Contact: Ian Fenton
32 Tintagel Terrace, Port Isaac
telephone: 01208 880343

R.A. HANCOCK ELECTRICAL CONTRACTOR

MERRY CHRISTMAS
AND A
HAPPY NEW YEAR

Hartland Road · Port Isaac
Telephone: 01208 880328

ICF Services

Ian C Fuller
Building &
Property Maintenance

Telephone: 01208 880069
Mobile: 0777 9523108

Big enough to cope-Small enough to care

LOGS FOR

SALE

seasoned, stored firewood
Contact Rob at Cornish Logs

PAUL HONEY PAINTER & DECORATOR

INTERIOR & EXTERIOR
MAINTENANCE, WALL &
FLOOR TILING, ARTEXING,
COVING & WALLPAPERING

01208 881122

Port Gaverne

The Port Gaverne Hotel and Restaurant

Nr Port Isaac

Telephone 01208 880244



Bar Lunches 12noon - 2.00pm

Bar Suppers 6.30pm - 9.30pm

menu du jour 7.00pm - 9.00pm

Traditional Sunday Lunch - £9.95 (children's portions available)

12noon - 2.30pm

QUIZ NIGHT EVERY WEDNESDAY

CONSTRUCTION • RENOVATION • MAINTENANCE
EXTENSIONS • BRICK PAVING • PATIOS

A J PENNY BUILDING CONTRACTOR

TEL: 01208 880985

MOBILE: 07968 592725

Email: Andy@andypenny.com

WESTAWAY

PORT ISAAC CORNWALL

GUEST ACCOMMODATION

5 STAR RATING

Located one mile south west
of Port Isaac

Stunning panoramic sea
views incorporating both
Trevose Head & Port Quin

Please contact Jocelyn or David
01208 881156

Email: info@westawaycornwall.com
www.westawaycornwall.com

LARGE HOLIDAY HOME in Port Isaac

sleeps 10

log fire, gardens

Garage parking in village

for details call 01942 610603
dave@alternativesteel.com

'HIGHER MOON'

Tintagel Terrace, Port Isaac

Modern Holiday House

3 Bedrooms,

2 Bathrooms

Sea views, garden

Parking for 3 cars

Tel: 01208 880755

CUSTARD PIE GALLERY

Original Paintings by

Dave Danson Hill

on display at

The Mote on the Platt

07964 939073

01208 880972

www.custardpiegallery.com



www.pjcleaning.biz

01208-841166 or 07788-457537

Unit 3 St Kew Services St Kew Highway Bodmin Cornwall PL30 3ED

* **Holiday Home Cleaning** * **Domestic Services** *

* **One-Off Cleans** * **Spring Cleaning** *

* **Laundry Service** *

Carpet and Upholstery Cleaning *

* **Property Maintenance** *

*You are welcome to call into our new office
and discuss your requirements over a coffee*

PHILIP SLEEP

CARPET & VINYL SUPPLIER & FITTER

FULL RANGE OF SAMPLES AVAILABLE FOR YOU
TO VIEW AT YOUR HOME

Free estimates

Insurance Quotes undertaken

Competitive rates

Tel: 01840 212062 or Mobile 07850 425244



44a Fore St Port Isaac

01208 881101

**Jackie, Laurence, Jill and Angela would like to wish
everyone a very Merry Christmas and a Happy New Year**

Open daily for all your last minute Christmas shopping
Late night shopping on Friday December 19th until 8.00pm
Lots of reduced Christmas decorations & Cath Kidston products

WE WILL BE CLOSED FROM JANUARY 5th UNTIL FEBRUARY
FOR REDECORATION AND STOCKTAKING

Everyone welcome to come in and browse

Open daily from 10.30am

lovely ladies' things

(Husbands, if they promise to behave, are welcome)

CENTRAL GARAGE

New Road, Port Isaac

**HAPPY CHRISTMAS
TO ALL OUR FRIENDS
AND CUSTOMERS**

Closed from
December 23rd through
to Monday January 5th

01208 880334



PORT ISAAC POTTERY
OPEN DAILY 10-4 880625

Plumbing, Heating, Gas & Oil
Installation & Maintenance Engineer

PLUMBLINE 
MAINTENANCE 93



A. OBI



22 Hartland Road, Port Isaac, Cornwall PL29 3RP

TELEPHONE: 01208 880371

HELP AT HAND

Fully qualified nurse available
to support individuals
in their own homes
General personal needs,
ie bathing/showering etc,
light housework & shopping
Covering approximately a
five mile radius of the
Port Isaac area
Excellent references available

Please telephone
01208 880062

Nicki B's Deli & Bakery

**Ho Ho Ho
Merry Christmas and a
Happy New Year**

OPEN EVERY DAY FROM 8.30am

Telephone: **01208 880099**

Nicki B's Deli & Bakery, Stanley House, Fore Street, Port Isaac

TAXI

PORT ISAAC TAXIS

LUXURY PRIVATE CAR
& MINIBUS SERVICE

**UNBEATEN FOR
QUALITY & PRICE**

BOOK THE BEST -

FORGET THE REST

PHONE/FAX

01208 880559

SPROULL
SOLICITORS

www.sproulllp.co.uk

We offer all our clients a
complete legal service
CONVEYANCING • PROBATE
WILLS • CHILDCARE
DIVORCE • CRIMINAL WORK
ACCIDENTS • BUSINESSES
LANDLORD/TENANT

| | | |
|--|---|--|
| 8 Fore Street Camelford 01840 212315 | 42 Fore Street Bodmin 01208 72328 | The Rock Port Isaac 01208 880355 |
|--|---|--|



The Takeaway



See window for opening times

Daily specials -

a variety of locally supplied fish freshly cooked in a light crispy batter

**Takeaway - hot & cold drinks, burgers, sausages, chicken,
spring rolls, saveloys, ice-cream**

Telephone: 01208 880281

www.thisisnorthcornwall.co.uk

www.north-cornwall-accommodation.com

Trelawney Travel

Private Hire

Local and Long Distance
including airports, nightclubs etc

24 hour service for advance bookings

Up to 8 passengers

Friendly and efficient service

Competitive rates

Call now

01208 881111

from 8.00am—6.00pm

07854 784510

from 8.00am—10.00pm



TREMEER CONSERVATORIES

“A Room For All Seasons, From Idea to Completion”

We specialise in Conservatories of All Sizes and Designs
Built to the Highest Standard Using the Best Quality Products

Tel: **01208 851182** Mob: **07798 644 292**



K Honey

Building and Renovation
Contractors

Three Gates Meadow
New Road
Port Isaac
Cornwall PL29 3SD

Tel:
01208 880609
Mobile:
07971 479309

David Philp

FOR ALL YOUR
GARDENING
NEEDS

Phone **01208 880056**
or **07817 161136**



St. Kew Accountancy

Individual, affordable,
professional
accounting and tax services

01208 841632

Not all accountants are the same

WESTERN SUPPLY COMPANY

Builders Merchant & Decorator Centre

Goes Green!

Produced by The Award Winners of The Best New Decorating Product 2008

We are now proud to be stocking **ECOLIBRIUM** - An exclusive range of

Natural Matt Emulsion and Satin finish paints



- Made with over 90% Plant oils, earth pigments and water
- Choose from 24 of the latest natural & beautiful colours (test pots available)
- Low Odour & High Performance



ATLANTIC ROAD, DELABOLE

☎ **01840 212580**

Open 7 days (Saturday & Sunday morning only)

Ample Parking - Deliveries arranged

(Established 1965)

THE GOLDEN LION

01208 880336

CHRISTMAS & NEW YEAR OPEN TIMES

CHRISTMAS EVE - 11.00AM-11.00PM

FOOD - 12NOON-4.00PM

CHRISTMAS DAY - 12NOON-2.00PM

BOXING DAY - ALL DAY

NEW YEAR'S EVE - 11.30AM-5.00PM

FOOD - 12NOON-4.00PM

OPEN AGAIN 8.00PM TILL LATE

THIS YEAR'S NEW YEAR'S EVE THEME IS ALTER EGOS

NEW YEAR'S DAY - 12NOON-11.00PM

Everybody at the Lion wish all their patrons,
old and new, a Merry Christmas
and a Prosperous New Year

Dan Brewer's

Deli-Kernow

Open every day from 7.00am - 2.00pm

For

newspapers, fresh bread and cakes

milk, eggs, bacon

Cornish pasties, cheeses & wines

tea, coffee & juice

sandwiches, paninis, baguettes, salads

all freshly prepared and made to order

ice cream plus lots more

POST OFFICE OUTREACH SERVICE

OPENING IN THE NEW YEAR

Deli-Kernow The Courtyard New Road Port Isaac

01208 880525

T.F. GRILLS

Builder and Carpenter
also

Painting and Decorating

Free Estimates

Telephone: 01208 880094

D.A. TREBILCOCK ELECTRICAL CONTRACTOR

NIC EIC Domestic Installer
Part P Registered
Local Authority Registered

Local family run business

*All types of electrical work
undertaken, including Security
Systems, CCTV, Portable Appliance
Testing, Digital Aerials,
Consumer Unit upgrades etc*

All work carried out to
British Safety Standards

Tel: 01208 812292
Mobile: 07973 449968

Is your Computer ill? Do you need a

Computer Doctor

Software / Hardware
problems

Repairs & Upgrades

Old, broken or unwanted
Computers recycled to charities

David Ward

01208 831049

The Gables, Nanstallon,
Bodmin, Cornwall PL30 5LB

nanstallon@tiscali.co.uk

The Corner Cut Hair Salon

Cross Street, Wadebridge
01208 814675

Andrea and Dannielle
would like to wish all our
Port Isaac ladies a
very Merry Christmas
and a Happy and Healthy
New Year

ESTUARY ESTATES



ROSINA SHEPHERD NAEA

ESTATE AGENTS

TEL: 01208 863399

EMAIL: info@estuaryestates.co.uk

www.estuaryestates.co.uk

TREBETHERICK HOUSE | TREBETHERICK | WADEBRIDGE | CORNWALL | PL27 6SB



DREAM BOAT DESIGN

INTERIORS | ACCESSORIES | REFURBISHMENTS

FOR A FREE QUOTATION CALL: 01208 863399

EMAIL: info@dreamboatdesign.co.uk

www.dreamboatdesign.co.uk



ROCK HOLIDAYS

SELF CATERING ACCOMMODATION

TEL: 01208 863399

EMAIL: info@rockholidays.co.uk

www.rockholidays.co.uk

ON THE MAIN ROAD ½ MILE FROM POLZEATH BEACH AND DAYMER BAY

The Slipway Hotel & Restaurant

OPEN ALL DAY FOR:

coffees, teas & pastries (morning and afternoon)
varied lunch menu *including* seafood specialities
cream teas from 3.00pm - 5.00pm
dinner from 6.30pm every day
(*either in the restaurant or outside on the terrace*)
with menu focussing on the use of local fish, game and produce
'Fresh Catch of the Day' every evening

SPECIAL TUESDAY DINNER MENU AT £12 PER PERSON FOR TWO COURSES
(starter & main course or main course & dessert) **DURING DECEMBER** (not December 30th)

Mark & Kep and all the staff at The Slipway
wish all our customers, suppliers and friends
a very Happy Christmas and successful New Year

**THE SLIPWAY AND THE MILL HOUSE ARE NOW BOTH LICENSED FOR
HOLDING WEDDING CEREMONIES. PLEASE CALL US FOR FURTHER DETAILS**

We are also serving roast lunches every Sunday at
The Mill House, Trebarwith from noon until 4.00pm
(telephone: 01840 770200)

Live Music at The Mill House

Saturday 20th December - SI JOHNSON

Boxing Day - Disco Set

New Year's Eve - PEOPLE'S STRING FOUNDATION (and fancy dress)

Saturday 3rd January - NIGHTJARS

Friday 9th January - ROCK AGAINST THE MACHINE

Friday 16th January - GLASS SHARK (tbc)

Saturday 31st January - BRYAN ASHLEY-JONES

**New Year's Eve Gourmet 6-course menu £68.50 at The Slipway
and Gourmet 5-course menu £55 at The Mill House** *Reservations essential*

THE SLIPWAY AND THE MILL - OPEN ALL DAY, EVERY DAY

The Slipway Hotel, The Harbour Front, Port Isaac, Cornwall PL29 3RH
Telephone: +44(0)1208 880264 - Fax: +44(0)1208 880408

Email: slipway@portisaachotel.com

THE MOTE

SEAFOOD RESTAURANT



OPEN FOR LUNCH 12noon - 4.00pm

ALL DAY - Mulled Wine and Mince Pies £4.00

DINNER 6.30pm - 9.30pm à la carte

CLOSED 24th, 25th & 26th RE-OPEN 27th

*Join us on January 4th for a Sunday Session
to celebrate the New Year and the end of a season*

NEW YEARS EVE SET MENU

CANAPES AND BUBBLES 7.30pm

7 COURSE MENU SERVED 8.00pm

BUBBLES AT MIDNIGHT

£70 per head (Limited availability left, book early to avoid disappointment)

The Platt Port Isaac

01208 880226

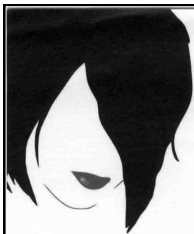


Doors Windows Staircases Furniture Kitchens

www.goodlife-joinery.co.uk

01566 781704





JIGSAW HAIR STUDIO

52 High Street, DELABOLE, Cornwall

Ladies & Gents hairstylists

State of the Art St Tropex Spray Tanning Booth
Creative Nail Design Manicure & Pedicure Treatments
Balmain Hair Extensions

Gent's Evening - Tuesdays, no need to book

Special Rates for over 60s * 10% off for Students

All treatments are carried out by fully qualified hairstylists and therapists in a brand new salon. A very warm and friendly welcome from all the staff at Jigsaw

Telephone 01840 213764 or 07737 628427

PEBBLES

cafe

Cream Teas

Coffees

Homemade Cakes

Light Lunches

01208 881050

Victoria House, Fore Street, Port Isaac



RUBBISH REMOVAL

Single Items • Full Load
Garden waste • Household

Phone Ken on

0797 1167444

or 07967 262173

PORT HAIR

Ladies, Gents and Children's hair stylists

£10 OFF All Colours with this voucher!
Valid throughout December & January

A Merry Christmas and Happy New Year to all our clients

We will be OPEN on Xmas & New Years Eve!

Book now to avoid disappointment

01208 881188

Or Book Your Appointments online at
www.porthair.co.uk

Brooks & Jeal

Chartered Accountants

Business Start up
Property Letting Advice
General Business Advice
Accountancy
Personal & Business Tax Advice
Bookkeeping, VAT & Payroll
Business Forecasts & Plans
Company Formation
Company Secretarial Services



1 Pityme Business Centre
St. Minver, Wadebridge,
Cornwall PL27 6NU
www.brooksandjeal.co.uk
T: (01208) 862053



Ivan Jones Electrical Services Ltd

"A Local Service to National Standards"

Established 1995



- TESTING & INSPECTING
- FAULT FINDING
- ADDITIONAL POINTS
- PART P CERTIFICATION
- BUYERS/SELLERS REPORTS & SURVEYS
- LANDLORDS CERTIFICATES
- MAINTENANCE & GENERAL WORKS
- PORTABLE APPLIANCE TESTING (P.A.T.)
- NEW INSTALLATIONS & RE-WIRES
- ELECTRICAL DESIGN SERVICE
- LIGHTING DESIGN SERVICE
- EMERGENCY CALL OUT SERVICE
- ELECTRICAL HEATING DESIGN & INSTALLATION
- REGISTERED WITH THE 'NICEIC' (National Inspection Council For Electrical Installation Council)

For All your Electrical Requirements
Call Us On

01840 213 683

07738 824 181

The Office, 30 High Street, Delabole, Cornwall
Info@ijesltd.com

FIRE ALARMS INSTALLED TO BS:5839
EMERGENCY LIGHTING INSTALLED TO BS:5266





THE CROW'S NEST

opposite the Main Car Park

HAVE A LAZY BREAKFAST

9.00am to noon

Look at our amazing views or just read the papers

TRY OUR CREDIT MUNCH

Monday - Friday 12noon - 3.00pm

1 course £4.95 2 courses £5.95

SPECIALS OF THE DAY

From 3.00pm

With a free pint or glass of wine

SUNDAY ROAST

Served from 12noon

with a selection of homemade starters and desserts

1 course £7.95 2 courses £9.95

All Day Takeaway Menus available

**MERRY CHRISTMAS AND A HAPPY NEW YEAR TO ALL
OUR CUSTOMERS AND FRIENDS**

En-suite guest rooms with stunning panoramic views

Quiz Night every Thursday 8.30pm start

Always a warm welcome from Tony, Donna and the crew

4 The Terrace, Port Isaac, Cornwall. Telephone: 01208 880305

D CORNISH PEST CONTROL



MOLES, MICE, RATS, WASPS, FLEAS,
WOODWORMING, DEER CONTROL,
FLIES, BEDBUGS, ANTS ETC ...



FAST, RELIABLE, FRIENDLY SERVICE

01841 521812 OR 07718 882478

Cornish Country Gardens

**Reliable Garden
Maintenance Service**

Call Melina on

01208 812942

M. N. Flooring

*Domestic & Commercial
Floors*

Supply & Fit or Just Fit

Call Neil for a free estimate

01208 880545

DAVID DYER

**Interior & Exterior
Painter & Decorator**

21 Park Penncarne
Delabole, Cornwall PL33 9HA

Phone: **01840 211521**

CLIFFSIDE GALLERY



PAINTINGS, CARDS AND ORIGINAL IDEAS
by KATIE CHILDS - OPEN EVERY DAY
2 THE TERRACE PORT ISAAC-Tel: 01208 880988

Western Supply Company

Established 1965

**Builders Merchant & Decorator Centre
for Trade and D.I.Y.**

**Our Special Offers for
Christmas include:**

- Power Tools
- Hand Tools
- Garden Tools
- Torches etc etc

Plus much much more



*Not forgetting your Christmas Cakes, Puds,
Mince Pies, etc at Emily Jane's 01840 213088*

*".....you can certainly tell it's grannies
old Cornish recipe!"*



ATLANTIC ROAD, DELABOLE

☎ 01840 212580

Open 7 days (Saturday & Sunday morning only)
Ample Parking - Deliveries arranged

M.E.R. ELECTRICAL & PROPERTY SERVICES

All types of electrical
work carried out

Security alarms CCTV

Good rates Free estimates

No call out charge

Registered with local authority for
Part P of Building Regs

For a friendly, reliable service

Call Mark on

01840 212103 or
0779 4782627

Email: mark.routledge@tiscali.co.uk

The Nail Bay Beauty & Tanning

Pop in and pick up
a new brochure

Gift Vouchers

01208 880966

2 Tintagel Terrace, Port Isaac

BUILDING & DECORATING

Andrew O'Brien

Kitchens, Bathrooms

House Refurbishment

077909 40677



Special food for special occasions

Professional Outside Caterers
for Cornwall

From small Family Parties and
Holiday Treats to big Corporate Dos and
even your Big Day, we add culinary
sparkle to any size event

Call Mike or Lucy on 01840 770880
www.thegoodfoodcompany.co.uk

When responding to an ad, please
remember to say that you saw it in *Trio*

Muts Cuts

Qualified City and Guilds
pet groomer

Gable Cottage
Newhall Green
Nr St Teath

Ring Kerri on
01840 211786

Russell Richards
Roofing & Building
contractors

Merry Christmas and
a Happy New Year

Tel: **01208 841813**
Mobile: **07967 229291**

Cup Cakes

Come and
enjoy our homemade
scones, cakes and food

Middle Street Port Isaac

Tel: **01208 880523**

KITTIWAKE COTTAGE

Bed & Breakfast

Proprietors: Nigel & Angela Sherratt
7 Middle Street

Port Isaac

Tel: **01208 880867**

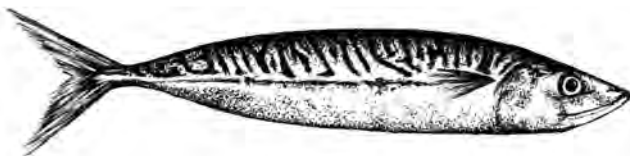
Cornwall

Mob: **07929 774727**

PL29 3RH

email: kittiwake@talk21.com

THE HARBOUR No.1 MIDDLE STREET



Book a lovely table for Supper

Open Tuesday - Saturday
From 7pm
Throughout December

Using the finest seasonal ingredients,
with a relaxed & friendly atmosphere

Now taking orders for Christmas...
Canapes, mince pies, puddings
& other seasonal dishes.

Call Emily to discuss your requirements.

01208 880237
www.theharbourportisaac.com

REGISTERED OSTEOPATH

Nicola Halse DO

by appointment only

Rosecare Villa Farm

Wainhouse Corner, St Gennys

Telephone: **01840 230032**



01208 880670

**A Merry Christmas and a Happy
New Year to all our customers**

**We look forward to seeing everyone when
we open again for February half term**

John Bray & Partners

Cornish Holidays

**Estate Agents
Property Sales
Surveyors and Valuers**

*“Looking after our clients’ property
interests for over 40 years”*

Your local agent handling all aspects of
property sales, self catering holidays with full
management service

If you are considering selling or letting your
property we would be delighted to
provide a free, no obligation valuation

01208 880302

11 New Road, Port Isaac

www.johnbray.co.uk

Fax: 01208 880144

ROMAN BLINDS & CURTAINS

by **NICOLA VICKERY
INTERIORS**

Most soft furnishing undertaken
Stylish solutions for difficult windows!
Free quotations - **01208 880834**

TRELAWNEY GARAGE

14 New Road, Port Isaac
01208 880536

**Servicing & Repairs
Petrol & Diesel Supplies
Breakdown Service
Accessories**

*Overheating?
Air Conditioning
Servicing and
recharging now
available*

**GAS DELIVERIES -
13kg, 19kg and 47kg**

**Fishing Tackle
& Bait**

HOME MANAGEMENT SERVICES



*Wishing you all a very
Happy Christmas and a
Peaceful New Year*

Annie Price
Tel/Fax: **01208 880386**
Mobile: **07831 105379**
as.price@tiscali.co.uk



The Old School Hotel & Restaurant

Fore Street, Port Isaac PL29 3RD Tel: 01208 880721
email: reception@theoldschoolhotel.co.uk

Hotel, Bar & Restaurant

Open to everyone all day, every day
Lunches • Afternoon Teas & Snacks • Evening Meals

*Bonnie, Rick, Jake, Sally and our staff
wish you a merry christmas
and a happy new year*

Sunday Roasts from 12:30pm every Sunday
£9.95 for 2 courses

New Year's Eve 2008

Join us for our decadent five course dinner
and fireworks - call us to reserve a table

Steve Hewett

ELECTRICAL CONTRACTORS

N.A.P.I.T. APPROVED

(National Association of Professional Inspectors & Testers)

APPROVED FOR PART P OF BUILDING REGS

Phone:
01208 880319

Owl's Park Trelights Port Isaac
stephen.hewett1@btinternet.com

Fax:
01208 880291

EMILY JANES

HAND MADE CAKES PASTRIES & DESSERTS

Specialising in handmade cakes, pastries and desserts
for all occasions.

Using only the finest local ingredients,
everything is freshly baked on the premises.

Specialities include traditional Cornish biscuits,
cakes and slices.

All cakes can be individually crafted
to fit your personal requirements.
plus Local Seasonal Vegetables

67 High Street, Delabole

01840 213088

Secrets

Billings Row
Gallery
Port Isaac

*fine art • clocks
framing*

www.secretsportisaac.com

01208 880862

OPEN ALL YEAR

*Sam & Dee wish all
their friends and
customers a very Happy
Christmas and a
Peaceful New Year*

Windows Expresso

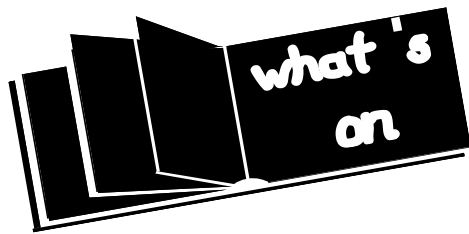
wishes all present, past
and future customers a
Merry Christmas
John Brown
07815 156632

CHRISTOPHER KEY SOLICITOR

Friendly office open
Monday-Friday
9.30am-12.30pm

*Appointments out of office
hours by arrangement*

Trebiffen, Boscastle PL350BN
Tel: 01840 250200
Fax: 01840 250900



Tuesday December 16th

Christmas Whist Drive in St Endellion Church Hall – 7.30pm

Tuesday December 23rd

Carol Singing with the Port Isaac Chorale at the Port Gaverne Hotel

December 28th, 29th & 30th & January 2nd

The Port Isaac Pantomime in the Village Hall – 7.30pm

Sunday December 28th

Gig Push from the RNLI Boathouse – 11.00am

Monday December 29th

Kerbside Recycling Day – bags out by 7.00am

2009

Monday January 12th

Kerbside Recycling Day – bags out by 7.00am
Parish Council Meeting at Port Isaac School – 7.30pm

Friday January 16th

Banner Restoration Day in the Village Hall – 10.00am-4.00pm

Monday January 26th

Kerbside Recycling Day – bags out by 7.00am

Saturday January 31st

Port Isaac Chorale present An Old Time Music Hall evening in the Village Hall

Monday February 9th

Kerbside Recycling Day – bags out by 7.00am

Monday February 16th

St Endellion Climate Friendly Parish AGM in the Village Hall – 7.30pm

Saturday February 28th

Port Isaac's Annual Hospice Day Sale & Lunch in the Village Hall

May 22nd – 25th

Port Isaac Music Festival – a Bank Holiday weekend of live music



REGULAR EVENTS

Port Isaac Stay & Play Group – every Tuesday (not during school holidays) from 10.00am to 12 noon in the Village Hall. Contact Sarah on 881124, Clair on 880469 or Julia on 880718

Brownies - every Wednesday from 6.30pm-7.30pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jenni on 881038

Rainbows - every Tuesday from 4.45pm - 6.00pm, during term time, at Part Isaac School. Contact Jenni on 881038 or Marie on 880977

Yoga - Mondays during term-time in the Village Hall from 10.30am-12noon. Thursdays during term-time in the School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511

Port Isaac Chorale – Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Carn Awn Singers – Every Monday at 8.00pm in Trelights Chapel

Golden Circle - The second Thursday in the month from October to April from 2.30pm - 4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022

CHURCH SERVICES

St Peter's Church, Port Isaac - Sunday - Sung Eucharist at 9.45am
Family Service every third Sunday at 10.00am
First Sunday of every month - **Church & Tea** at 4.00pm
Every Wednesday - Said Eucharist at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm

trio COPY dates

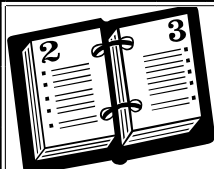
NO JANUARY ISSUE

February issue

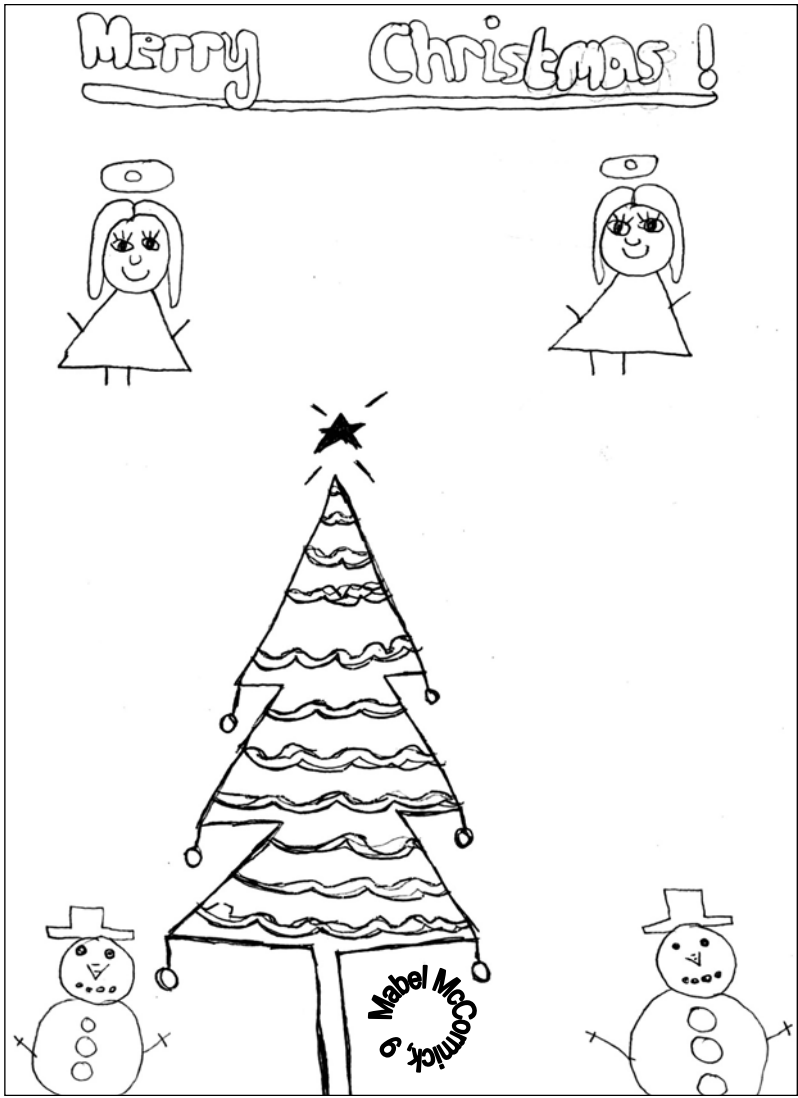
Copy date - Monday January 19th
Published Monday January 26th

March issue

Copy date - Monday February 16th
Published Monday February 23rd



Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure that your event is included here!



and
a
happy
new
year

