

trio



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email: triopi@mac.com

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Port Isaac Village Hall

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St Piran

St Piran's Day is the national day for the people of Cornwall and is celebrated in many places in the county on March 5th.

Legend tells that St Piran, an Irish Saint, sailed to Cornwall on a millstone that had been tied round his neck before he was cast into the Atlantic Ocean by people jealous of his power to heal and work miracles. As he was thrown off the cliff there was a bolt of lightning and a terrible clash of thunder but, as he reached the sea the storm suddenly abated, the sun came out and St Piran could be seen sitting peacefully on the millstone that was now floating in the water. It bore him safely across the sea to Cornwall where he landed between Newquay and Perranporth, at Perran Beach, to which he gave his name.

Piran built himself a small chapel in Penhale Sands and his first disciples were said to be a badger, a fox and a bear!

He is said to have lived a good and useful life that clearly stood him in good said because he is said to have lived until the ripe old age of 205!!

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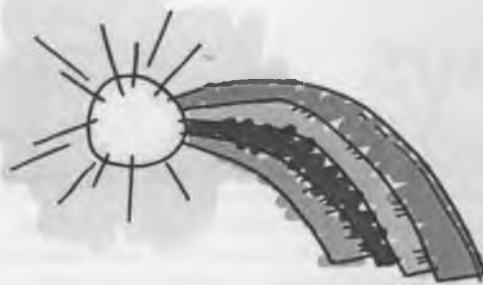
(coastal and inland walks in and around the Parish with lots of useful local information) - **£3.50**

LOCAL TIDE TIMES - £1.30

Rainbows news

New Rainbows

A big hello and welcome to our four new Rainbows. They are Lily, Mia, Demelza and Madison. All our new recruits have settled in and made new friends and really enjoyed the fun.



New Young Leader

We have also welcomed Chelsea as our new young leader. The Rainbows (as is tradition) have decided to call her Flamingo and love having her to help with all the games and messy stuff! Magpie and Finch enjoy all her help at cleaning up time!!!

Pirates Ahoy!

For our arts and crafts project this year (for the Arts and Crafts Fayre) 'tis ships and treasure maps and all things pirate! The Rainbows have got well and truly stuck in with painting their very own treasure maps and constructing a pirate ship from old junk, complete with an egg box sea!! To see all the results of our labours (and to support your local Rainbows) please come along to Wadebridge Town Hall on Saturday March 21st from 11.30am. The annual Craft Fayre is for Rainbows, Brownies and Guides as well as Beavers, Cubs and Scouts and is always full of things to see.

Rainbow Promise

We will soon be holding a Promise Party for our newest Rainbows. The Rainbows get to plan their party and make all the decisions about food, decorations, costumes etc. They will then take their Promise in front of their friends and parents. It is always a lovely occasion and the Rainbows always make us so proud.

"I promise to do my best, to love my God and to be kind and helpful"

For any information about Rainbows please contact Magpie on 880977, We are currently at full capacity and would like to thank everyone for all their support. Thank you

Finch, Flamingo and Magpie



Barry and Anne have great pleasure in announcing the engagement of Ross and Sarah on Valentine's Day

Love and congratulations
from both families in
Port Isaac and Kirkby Stephen



PORT ISAAC
VILLAGE HALL

AGM

MONDAY APRIL 6TH

5.30PM

IN THE HALL

EVERYBODY WELCOME



Another step forward!

The rails are now in place on the steps up to the Village Hall

Mothering Sunday Service

in St Peter's Church
Sunday March 22nd
9.45am

*with posies for all the
children to give to
their mums -
a lovely Port
Isaac
tradition*



RNLI news ...

Just six weeks to go before Port Isaac RNLI Annual General Meeting is due to take place – Thursday April 2nd, 7.30pm in the Village Hall. All are welcome. It's your chance to come along and meet up with Crew and Committee plus our Hon President, David Castle who is coming over from his home in the Canary Islands. Phil Tidey, Lifeboat Operations Officer will review the past year's Sea and Training operations, and Chairman, Bob Bulgin will present a general overall report on all Port Isaac RNLI support activities.

The general meeting and election of Branch Officers will be kept as short as possible so as to allow time for a refreshment break, kindly donated by the Station Committee and Sharp's Brewery. This will be followed by what I am sure will be a most interesting audio visual presentation by the RNLI Fishing Safety Co-ordinator South West, Sean Friday - very relevant to a working port such as ours. Sean is based in Brixham and has worked as a skipper of a Beam Trawler for over 20 years so he has hands-on experience and is able to talk with authority on this subject and in particular about the Man Overboard "GUARDIAN" system.

As a lifesaving organisation, the RNLI is firmly committed to improving safety within the fishing industry, primarily by providing free safety advice. However fishing deaths remain, on average, the same year-on-year despite a wealth of mandatory safety equipment and training courses available to UK fishermen. To challenge this tragic statistic the RNLI has decided to develop an automated system designed around the needs of fishermen. This will form the core of Sean's presentation.

During the course of the evening there will be a presentation of the RNLI Silver Badge to Deputy Chairman, Annie Price, awarded for her service to the Institution over the past 15 years.

Do come and join us. We really do appreciate all of the support given by so many of you in our village, year in year out, and from the second home owners and holiday makers who are so generous in their support.

We have now fixed the majority of dates for events this year. For you diary these are:
Easter Monday April 13th - 10am to lunch time. Beginning of the Season Coffee Morning. All the new clothing and cards, historic RNLI pictures etc will be available and sight of our NEW Lifeboat painting

Sunday June 14th - The Annual Traditional Sunday Lifeboat Service on the Platt is provisionally booked for noon - the continuation of an event that has been taking place for over 130 years in the harbour of Port Isaac as crew, committee, villagers and visitors remember "those that go down to the sea in ships".

Sunday August 23rd will see the ever popular crowd- pulling Lifeboat Larks event and YES we do have RNAS Culdrose promising a visit by the 771 Squadron Helicopter to



demonstrate sea to air rescue techniques in conjunction with our Lifeboat and Coastguard Cliff Rescue team.

The Harvest Festival date yet to be announced.

Saturday November 28th will see RNLI Father Christmas and his crew setting up their market stalls at the Village Hall for the Annual Christmas Market.

Tuesday December 29th - Finally, by popular demand, we are once again staging a BARN DANCE, which will take place at the Village Hall. With the Pantomime now a bi-annual event the Barn Dance filled a gap between Christmas and New Year and tickets sold out early so don't miss out on this one. It really was a fun event for all ages in 2007 and we have a top Band already booked.

Bob B, Chairman

Neville Andrews

The amazing sum of of £1005.12 has been sent to Mount Edgcombe Hospice in memory of Nev; £905.12 that was collected at his funeral service and £100 that was sent directly to the Hospice.

A rather strange story featured in a recent edition of the Devon & Cornwall Post: 90 years ago, February 1, 1919

"About three o'clock on Monday afternoon local fishermen at Port Isaac sighted a vessel in a distressed state about seven miles NNW of Port Isaac. She was drifting broadside on to the rock bound coast. A moderate gale was blowing. Padstow was communicated with and the reply came that the lifeboat was being launched. Soon after 5pm the Port Isaac rocket apparatus went to the spot where it was thought the ship would go ashore. Two hours and a half later the vessel struck rocks in Port Quin Bay, some three miles west off Port Isaac. Some sailors walked along the cliffs and when the vessel struck the rocks they scrambled down over them at great risk to their lives. They got near enough to hail the vessel but there was no response. Consequently it is thought a passing steamer rescued the crew. The vessel is a total wreck. Her nationality is not known."

*If you can start the day without caffeine,
If you can get going without pep pills,
If you can always be cheerful, ignoring aches and pains,
If you can resist complaining and boring people with your troubles,
If you can eat the same food every day and be grateful for it,
If you can understand when your loved ones are too busy to give you any time,
If you can take criticism and blame without resentment,
If you can resist treating a rich friend better than a poor friend,
If you can conquer tension without medical help,
If you can relax without liquor,
If you can sleep without the aid of drugs,
THEN YOU ARE PROBABLY THE FAMILY DOG!*

PIGS

December 2008 – Roserrow

Another PIGS year came to a close at a damp Roserrow. When I say damp I mean "sodden". It was like a war of attrition resembling the Battle of the Somme for us all – but for me it became a battle of nutrition because I had forgotten to buy my chocolate rations!

The day started off with a lovely breakfast at Roserrow before we were sent to the war zone. But by the time everyone came back in, a couple of pints and the odd stiff one (I mean drinks, not joints) brought us all back to nearly normal (*Ed: normal?!).*

The short trip home brought us back to Port Isaac and our Dinner & Presentation Night at the Old School. Here I must apologise on behalf of all the PIGS to the three founder members of the PITS (Port Isaac Temperance Society), namely Eileen, Janice and Linda who were eating in the restaurant. Sorry for the noise levels ladies, but I have been asked by the boys to say how much they enjoyed Janice's joke about the vicar, two dogs and a gold chalice – hilarious.

Plenty of fines were handed out and everybody seemed to have a good night. And so goodbye to a wet and windy 2008 and high hopes for a bright and sunny 2009.

January 2009 – Cape Cornwall

A one and a half hour trip to St Ives brought eight golfers to a virgin golf club for the PIGS. Luckily for me, I was in sunny Florida, but the intrepid boys played in some of the most varied and atrocious weather seen on tour in all the years of PIGS. Gale force winds, snow, hail, sleet, rain, typhoons, earthquakes, meteor showers – they had the lot!

Needless to say, I didn't pay much attention to it so my report is short and I'm sorry, but I didn't catch the bit about who won what, when and how.

The Lard Man



A little ditty for the PIGS!

In my hand I hold a ball,
White and dimpled, rather small.
Oh, how bland it does appear,
This harmless looking little sphere.

By it's size I could not guess,
The awesome strength it does possess.
But since I fell beneath its spell,
I've wandered through the fires of hell.

My life has not been quite the same,
Since I chose to play this stupid game.
It rules my mind for hours on end,
A fortune it has made me spend.

It has made me yell, curse and cry,
I hate myself and want to die.
It promises a thing called par,
If I can hit it straight and far.

To master such a tiny ball,
Should not be very hard at all.
But my desires the ball refuses,
And does exactly as it chooses.

It hooks and slices, dribbles and dies,
And even disappears before my eyes.
Often it will have a whim,
To hit a tree or take a swim.

With miles of grass on which to land,
It finds a tiny patch of sand.
Then has me offering up my soul,
If only it would find the hole.

It's made me whimper like a pup,
And swear that I will give it up.
And take to drink to ease my sorrow,
But the ball knows ... I'll be back tomorrow.



Golfoids!



A recent study found the average golfer walks about 900 miles a year.

Another study found golfers drink, on average, 22 gallons of alcohol a Year.

That means, on average, golfers get about 41 miles to the gallon.



Art morning with Barbara

Wednesday March 11th
9.30am-12.30pm in the Village Hall

All abilities catered for,
just come along and bring
any art materials you have
that you want to use

£5 per person





The next Banner Restoration Day will take place in the Village Hall on Friday March 6th from 10.30am onwards. Lunch & refreshments will be provided.

EASTER BINGO

to raise much-needed funds for the Brownies & Rainbows

Lots of prizes

Wednesday March 25th
eyes down 7.30pm
look out for posters for the venue

Please come and support our girls

FOR SALE

**1988 SUZUKI 1177cc
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TWO OWNERS
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£900

(can be seen at the rear of Deli Kernow)

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880292**

MEN! You customise the Preferences, but every time you reboot they're back in Default mode!

News from Steer

Following our last news when we reported that British Telecom had confirmed that they would not join our scheme to underground the cables in PI, we are delighted to say that a week after the trenching started, who should turn up and ask if they could put their wires in our trenches, British Telecom. We are not sure exactly how many wires BT are going to put underground, they have so far undergrounded and reconnected most of Middle Street, the lower part of Church Hill, and we believe they are going to underground part of Dolphin Street.

In our last newsletter we mentioned that as BT were not joining in with the scheme many poles would have to be left to support their wires, some of these also support Street Lights. We decided that the funds set aside to replace the Street Lights would be better spent on further undergrounding leaving the lights on BT poles. However, now that BT have removed some of their wires we will be left with several poles, that only support the Street Lights, these poles will now become the responsibility of the County Council.

We have discussed this matter with the District and County Council who drew up the original plan to replace the poles with Lamp Standards, the County have confirmed that although they do not have funds available this year they will allocate funds to replace the poles in 2010.

In our last news we offered to send copy letters to house owners with poles on their property, asking BT or Western Power to remove the poles by withdrawing a wayleave if one existed. Several owners have asked for letters and, we are pleased to say it has resulted in more power cables and wires being removed than were in the original plan. This will not take place at this time, but hopefully will take place next winter, and fortunately will not involve much trenching.

In spite of the atrocious weather, RBS, WP, and BT have all made good progress keeping up with their schedule and have avoided working over the half term holiday. Further good news RBS are going to resurface the lower part of the car park once the work has been completed.

AGM

**The next meeting of STEER will be on
Thursday 9th April at 7.30pm in the Village Hall.
*This is the Annual General Meeting
and as usual all our welcome.***

Steer was formed in 2002 when in conjunction with the Parish Council we helped carry out a survey of the Parish. (The St. Endellion Parish Appraisal) This provided STEER with a list of objectives to work on over the coming years. Some of these suggestions turned out to be impossible, others we have been glad to help and assist with. We prepared plans for other projects that have since been taken over by the Parish Council. We considered that the two most important proposals for regeneration were, the undergrounding of the cables and improving street lighting in the old village, these were voted for by 82% of those who took part.

The present forum have decided that as all the original proposals have now been addressed as far as possible, and as the undergrounding of the cables together with the street lighting are under way there will be little or no further need for STEER in the foreseeable future. The current forum will see through all arrangements currently in place and will continue with the Web Site www.portisaac.org.uk. However should anyone be interested in promoting STEER further please come along to the AGM. Just remember you could finish up as the Chair.

David Raynor (Chair)

Dan Rogerson, our local MP, writes ...

I'm writing this article having just opened the Climate Friendly Parish meeting in Port Isaac. It was great to meet so many local people who are making their individual efforts to tackle climate change (including your esteemed Editor); together, we can make a real difference. Residents in Port Isaac, Trelights and St Endellion are leading the way in considering individual renewable technologies including wind and ground source heat pumps, solar PV and solar thermal and we heard from those who had already invested in these technologies from within the Parish and across North Cornwall. At the meeting, those of us who had spoken formed a panel for questions and I was delighted to sum up the debate by talking about the ways in which we can take a green road out of the present recession. It seems to me that we should take the opportunity of low construction costs to invest in the infrastructure of our country, building new high speed rail lines and 'greening' our homes, hospitals and schools by ensuring that anywhere that can be insulated is insulated. That would leave a green legacy once the economy gets back on the up and provide much needed jobs in design, research and construction. It's such a disappointment that Gordon Brown has frittered away £12.5bn on a VAT cut most people tell me they don't even notice, when such a vast sum could really have helped the country get through the recession in the short-term, and cut carbon emissions radically in the long term.

Back in Parliament, I've been doing more on the Business Rates Supplements Bill, arguing on behalf of the Federation of Small Businesses that any new business tax for special projects in an area (a mechanism the government proposes to give local authorities) should be subject to a ballot of the firms affected. I've also tabled amendments to the legislation that would see business get a say in how new infrastructure funded by increased taxes is built, since it's more often the business brains who know best how to get good value (bankers aside!)

A bit of good news this month. Our long fight to have the A30 Temple to Higher Carblake section designated as a regional priority has succeeded. For years I've said that the Regional Assembly was quite wrong to leave the upgrade scheme gathering dust on shelves in Taunton, while so many people are delayed each year, and accidents are all too frequent and all too serious. The Highways Agency says that people spend 744,000 hours a year stuck on roads between Bodmin and Penzance. In this area, I think we all know that a large proportion of that time is spent on the Temple section. So – we are much further forward in the battle but we haven't quite won yet. Funding still has to be found, and the Regional Assembly has committed about half the cost. In the coming weeks, I'll be working with the A30 action group and the County Council to see what

A Tale of Two Villages

Summer season: noise, hustle and bustle, screaming kids, moaning adults, the smell of burnt out clutches, litter strewn streets, squawking seagulls, Chelsea tractors. Why do we live here?

We live here because we know that winter is coming and seeing Port Isaac come into view as you walk down Church Hill is, in truth, a real pleasure, especially in the winter with the mizzle being blown across the village, highlighted in the street lights and the glow from the windows of the few houses that are occupied. It's the smell of the smoke and the silence – whoever said silence is golden could easily have been listening to it in Port Isaac in the winter.

The walk home up Church Hill isn't that bad either – although my heart tells me a different story. Getting up past the Quarry Car Park the hill takes on a totally different perspective when the blackness of night takes over. Once your eyes become accustomed to the darkness you get to see lots of bats and the big white owl that hunts the fields around Trefreock. All the sounds from the hedgerows make you realise how much wildlife there is. And then there are the heavens. On a clear night you can see every star and what an awe inspiring sight to look up and see.

It may be a slightly simple and romantic view on life but it keeps me going and, in these hard times of credit crunch and the like, it don't cost nothing. Trust me, you should try it.

Chris Lanyon



progress we can make in gaining the additional funds we need. Meanwhile, the Regional Minister, Ben Bradshaw, has to sign the region's priorities off, so I will be emphasising again to him (I have already spoken to him once this month) the importance of the scheme at Temple.

I won't take up any more space this month except to say that my address is changing. I'm moving just down the road from my office in Market Street, Launceston, to Tower Street, where I hope we can provide better and more accessible facilities for constituents coming to see me. The new address is 4 Tower Street, Launceston, PL15 8BQ, and the phone number remains 01566 777123, email: contact@danrogerson.org. Do get in touch if there's anything I can do.

Dan Rogerson MP

Trio copy dates

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November

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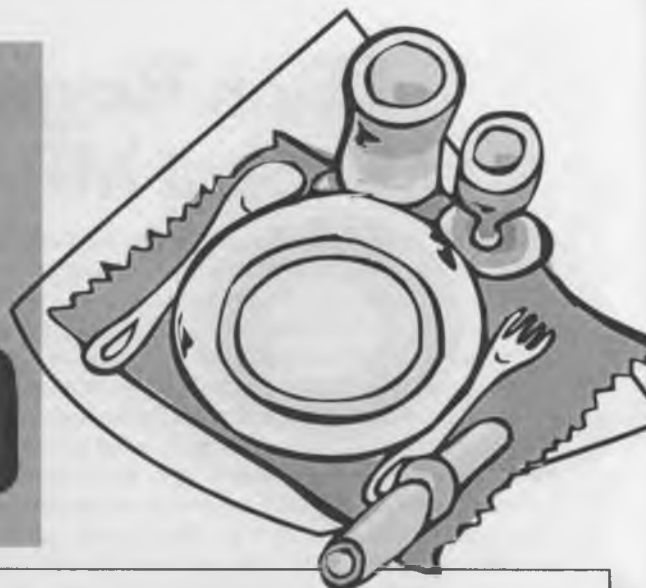
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December

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A Village Lunch



Thursday March 26th
Port Isaac Village Hall
12.30pm
3-course lunch - £8.50

This is not a fundraising event, just a chance to meet up with friends and enjoy lunch together. If you would like to come please let us know by completing the form below and dropping into either Secrets or the Pottery or giving a call on 01208 880905 by no later than March 22nd

Barbara, Dee, Liz & Marion

Please reserve me _____ places at the Village Lunch on Thursday March 26th

Name

Telephone no:

Elisabeth Ann Childs

1931-2009

Elisabeth Ann Hunter was born in Sheffield, South Yorkshire on 5th January 1931. She was the second child of the family, having an older brother, John, and then later came her sister Jennifer.

She was always proud to be a Yorkshire girl, and at one time had a strong Yorkshire accent which she eventually lost when she moved to the South of England. She came from a long-established Sheffield family- indeed, her much-loved grandfather was Lord Mayor of the city in 1938/39, and although she had virtually no living relations on her mother's side she more than made up for it through her father, Bill. He was one of eight surviving children, and he and four of his siblings all had children, who were all first cousins, and who nearly all have had children and now with grandchildren of their own. After being married to Elisabeth for 50 years I do know where they all fit into the picture, but it can be quite a job to explain it to some of our children and grandchildren!

Elisabeth went to school locally, and following the eleven plus examination she went to High Storrs Grammar School where she made some life-long friends and passed her school certificate, the fore-runner of 'O' Levels and GCSEs. However, she decided not to stay on for her Higher Certificate, rather to leave school and go to a local domestic science college where she improved her skills in catering, cookery, needlework, dress-making and knitting - all things which were to be of great use and interest throughout her career and family life.

After college Elisabeth took a job as an assistant matron at Queenswood, a boarding school for girls and then, a year later, she moved to Cranbrook School in Kent and, at the tender age of 19, she became matron of a boarding house of boys aged 13-18! Perhaps it's not surprising that one of those boys pursued her and eventually married her - it caused a bit of a stir at the time.

When she left Cranbrook in 1953 it was not because she was drummed out, rather that she had decided on a change of career. Part of her job had been to nurse some of her boys and the Sister in charge of the School Sanatorium, who was herself trained at St Thomas's Hospital in London, advised and persuaded her to apply to train there. And so it was that, following the rigorous interview, Elisabeth went to 'Tommy's' in January 1954 and began her training at the Nightingale School of Nursing, where again she made many life-long friends; in particular, Elizabeth Brie, whom she thanked most particularly in her last letter and asked for be remembered for her long friendship; she wrote, and I quote: 'Tell Lizzie Brie how much I valued her friendship.'

After three years at 'Tommy's' Elisabeth qualified as a State Registered Nurse, and after a further year she gained her much prized Nightingale Badge of which she was so justly proud. And so with such domestic and nursing skills at her fingertips it was not surprising that her young suitor from her school days was still rather interested and after becoming engaged in 1957 they eventually married in September 1958 in Sheffield and then went to live for a year in Cambridge where her new husband was still an under-graduate studying law. To keep him and rescue him from a nearly penniless state she took a job as an industrial nurse at one of the factories of Pye (P.Y.E.) Group which made radios and telecommunication equipment. For that year we lived in a house-boat on the River Cam - a converted narrow-boat - great fun, but not ideal for someone who never learnt to swim all her life!

After a year in Cambridge, by which time our first child was on the way, we moved to Bickley Park School in Bromley - then Kent - now swallowed up and a London borough. And so began a period of 25 years at the school. After four years, the Headmaster retired and for the next 21 we became "Headmaster and Wife." No-one could have been better suited or qualified to be called a "Headmaster's Wife". Not only did we have our own four children who were born during those years, but we also had 25 odd boarders in the House and the responsibility of running the school. And Elisabeth had the job of organising all the domestic side of things - employing all her staff, buying and catering for about 200 every day, and often literally rolling up her sleeves and doing things herself when some crisis or someone's absence caused a problem.

From the many letters which have come from the parents of former pupils and now friends, I would like to quote just one; it reads - "When we first came to the school you introduced us to Elisabeth who was busy in the kitchen supervising Saturday's lunch for the boarders. The warm greeting and lovely smile made an impression right away. Here

was not only a caring mother but also turned out to be a quintessential Headmaster's Wife. She was always there for you and sorted out the problems with her usual efficiency and good humour, which itself was a great skill, given the lively boys in her care!"

The son of the particular family certainly fitted the description "lively" but the letter, which is typical and symptomatic of others, finished: "We had such happy times at the school and later down at your house at Port Isaac, sharing her laughter. These will remain as very precious memories."

Now, I want to refer back to Elisabeth's earlier life in Sheffield, when before the war (World War II for more younger people!) her family holidays were often taken on the Yorkshire coast at a small fishing village with tiny narrow streets and hills called, Robin Hood's Bay. When war began in September 1939 the family was on holiday there and her father Bill said that Sheffield with its steelworks would be a certain target for the Germans and far too dangerous for the family; so while he returned to his job he left the family at Robin Hood's Bay and Elisabeth went to the local village school. This was a time which made a lasting impression on her and so, when we first set foot many years later in another fishing village with hills and narrow streets she said immediately, "This reminds me of Robin Hood's Bay.!" That of course was here in Port Isaac and was at Easter 1963.

And so began another phase of her life, for after coming here for a few years we went on to buy the house which she loved so much, and later we came to live and retire here where she was so happy with village life, with her garden and where she made such a wonderful home for the family.

She was a true family woman, a very proud mother and later a grandmother to seven grandchildren. She loved her home, her garden, her family - not necessarily in that order - not bothered particularly about foreign travel and other material considerations.

In her early days, she was brought up as a Methodist; she was christened in her local Methodist Chapel but later worshipped in the Church of England and was a regular communicant until latterly when her illness kept her at home.

continued overleaf

Taking things for granted

When I last wrote, I told you of our journey down to the Sub Antarctic to the Island of South Georgia to film the biggest colony of King Penguins in the world. What an experience it turned out to be.

We finally docked at Grytviken, the main base for the British Antarctic Survey scientists who have been stationed there for many years. In the winter months there are only thirteen of them, but this increases to 28 during the summer (October to April), hence having them on board with us during our journey.

On our arrival the snow was thigh deep and it was freezing cold. Cindy and I decided to explore the old whaling station (shut down in 1963 when whaling stopped in the Antarctic) and to visit the cemetery when the famous explorer, Sir Ernest Shackleton is buried. It was very strange, quiet, but somewhat moving.

Once we had been kitted out with all the right clothing, enough food to keep us going for a year and lessons on how to anticipate the change in weather conditions, collect our medical box and make sure we hadn't forgotten anything, off we set again in the John Biscoe with a group of the BAS men who were to assist us in setting up camp. This was a journey of about ten miles south of Grytviken. Easy by sea, but a different matter by land - high mountains, glaciers, and the most appalling terrain. More on that later!

By the time we arrived at St Andrews Bay (our destination) a jolly blizzard was blowing and it was perishing. With all of us hard at work, we off-loaded all our gear from the ship into a gemini (rubber boat) and then hauled it all up the beach to our 'home' - a wooden hut, twelve feet by eight feet - that is about the size of a standard garden shed! My immediate reaction was "where's the rest of it?" But this was it, divided into three sections. Section one, where we kept all our wet clothes and camera equipment, section two, a minute cooking area, and section three our two bunk beds, with a small table where we would work and eat. What a tight fit, and I did wonder again, what on earth I had let myself in for!

We finally managed to get everything into the hut, with all the boxes of food under a tarpaulin outside, held firmly down by huge rocks. These boxes of what they called 'Arctic rations' were to provide us with all the goodness necessary to survive the cold conditions. 35 thousand calories a day, and we still lost weight. It was all dried and pretty

boring, but with a few extra goodies we had obtained from the scientists, I (the cook) had the job of making it interesting. As long as it was boiling when eaten, it warmed us up. Cooking was on two small burners. We had a large 45 gallon drum of fuel to keep us going. Our source of light and warmth was tilly lamps, and Cindy had brought her generator to power up her camera batteries plus a solar panel which was attached to the roof of the hut. As there was hardly any sunshine at this time it was useless, so we had to use the generator, but because the noise disturbed the peace, and we had to be aware of the amount of fuel it used, we only used it when really vital. Our only link with the outside world was Cindy's brilliant radio/receiver. We could transmit to Base Camp, which we had to do every evening to tell them we were

still alive, and every morning to tell them what the weather was doing. We were also able to pick up the jolly BBC World Service, thank heavens. Otherwise world war three could have broken out and we would have been none the wiser!

And so the scientists departed, leaving Cindy and I alone, with a colony of 80,000 King Penguins, a huge group of Elephant Seals, Reindeer, and a scattering of Albatross. We were exhausted. A cup of tea and then to bed. All the sorting out could be done the following morning. Neither of us slept a wink, as we both lay in bed wondering what lay ahead, and how were we to cope with such a different and very strange way of life, but it was to be the biggest and most exciting adventure (and hardship) I have ever experienced. More next month.

Annie P

continued from previous page

She loved her cooking; she knitted for all the family and continued with her needlework until near the end - there is still a part completed piece of work at the house which Katie plans to finish. She spent many happy hours in her garden; she truly had "green fingers" as the saying goes. She liked to read and to watch a bit of TV; she particularly enjoyed snooker and bowls and also cricket - as a teenager she had accompanied her father when he went off to play and she became the scorer for his team, quite unusual for a girl. We didn't go out much or 'eat-out' - we were far too well fed at home, her culinary skills never left her and she would shoo me and others out of the kitchen so she could get on with things herself.

Finally her health. She attended a mammary screening service in 1990 and was called back shortly afterwards for what turned out to be a nasty tumour; this was removed and after radio therapy she was cleared of her first cancer. Then in July 2005 she was found to have lung cancer - so unfair and hard for one who had never smoked. Again, she seemed to be doing well with more radio therapy and other treatment at Treliiske. Then in August 2008 she was found to have yet a third cancer. All of this she bore with such fortitude and patience. In September 2008 we reached and celebrated our Golden Wedding, and finally, a day or so before she died, she said, "I made it to Christmas, then New Year, and then my birthday. Now it's time to go."

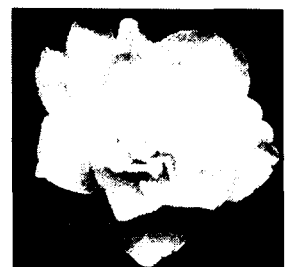
Her last days were spent at that truly wonderful place Mount Edgecumbe Hospice at St Austell, where she received such loving and tender care. She once said to me, "When we trained as nurses we were taught to treat our patients as though they were guests in an hotel!" Well, that's how she was treated at Mount Edgecumbe - all too rare these days in our busy hospitals, not places where you need to feel ill. She died in peace, without pain, where the staff did everything in their power to keep her comfortable. They need all our support.

Elisabeth had the time to write wonderful final letters to all her children and to me. She wrote down all her wishes for her cremation and her choices for her thanksgiving service, and I want to end by quoting directly from part of her last letter; "Please finish with 'God be in my head and in my understanding. That takes me back to my days in Robin Hood's Bay when every service finished with that and I thought it was so lovely."

She also said, "Don't be sad. Keep smiling," and she thanked me for our fifty happy years together. I think I should be the one to say, 'Thank you' to her. She was a treasure.

Edward Childs

This beautiful tribute to Elisabeth was taken from Ted's Eulogy for his wife that was read at her thanksgiving service in St Peter's Church, Port Isaac on Saturday 21st February.



Reflections

Some of you may listen occasionally, or perhaps even regularly, to the one minute 'Reflections' each morning on *Radio Cornwall*, or perhaps, if you're an early riser, to 'Prayer for the Day'; or, if you're not awake quite so early, to 'Thought for the Day', both on *Radio Four*.

Very different people from very different backgrounds, cultures, faiths, or who are without a faith, share with us something important to them to stimulate our thinking or to deepen our understanding. For a few short moments at the beginning of what, for many, may be a busy day, or for others, a day confined to their home or bed, we're presented with something to nurture the spirit or to cause us to ponder.

John May, our parish priest, and I have both contributed to these 'Reflections' on *Radio Cornwall* at different times (though we've not yet been asked to present any on *Radio 4*!), and this year we're doing so again.

In the second week of February, John invited listeners to think about the relationship between music and spirituality. He used six quotations about music to encourage reflection. In one he recalled last year's Summer Music Festival at St Endellion when the late Richard Hickox chose an amazing anthem for the opening Festival Evensong, using a poem by Christopher Smart, 'Jubilate Agno', which was set to music by Benjamin Britten..

In another he quoted the words of St Athanasius who described God as a lute-player. John said: 'What a terrific picture of God this is: God as a lute-player, God as the Creator of eternal harmony, and God in every surging note. The world in which we live is sacred music; the whole of life is a piece composed out of the mind of the living God, scored and ordered by him; each life an instrument, each new deed and day new sounds that God can make in us, each soul a recital for glory.'

My turn to present the 'Reflections' on *Radio Cornwall* comes at the end of February and this time I've chosen to talk about Christian heroes and heroines of the twentieth century. You may not be up as they go out between 6.45 and 6.55am but you can listen in bed and whether or not you tune in to these short programmes, I'm sure it's helpful to pause for thought now and again on the deeper issues of life.

Every blessing
Judith

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers.

Tel: Judith Pollinger on 01208 880181

All are welcome to a

Palm Sunday Family Service

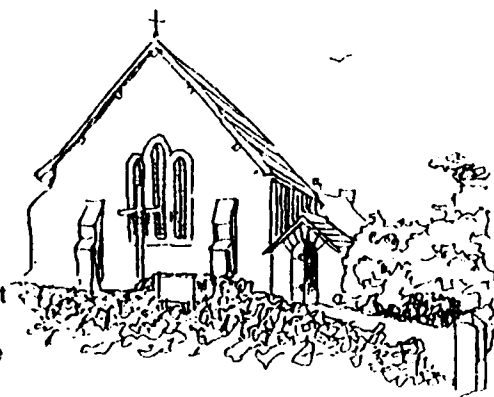
to be held at St Minver Church

on Sunday 5th April at 4pm

There will be a procession for all to join in starting in the Vicarage drive, St Minver (just past the Post Office near the Church) weather permitting

A short service will follow

Refreshments at the back of the church will be served after the service including Pizza and Cakes



Church Diary Dates

Sunday March 1st

9.45am Sung Eucharist, St Peter's Church, Port Isaac
4.00pm Church & Cake informal service
7.00pm Concert, St Endellion Church, Prague Musicians

Wednesday March 4th

7.30pm Healing Service, St Minver Vicarage

Thursday March 5th

7.00pm Lent Course begins, Perceval Institute, St Minver (Leader: Prebendary John May)

Saturday March 7th

2.00pm Welcome Service for the New Bishop of Truro, Rt Revd Timothy Thornton, Truro Cathedral & Truro Methodist Church (Tickets only)

Sunday March 8th

9.45am Sung Eucharist, St Peter's Church, Port Isaac
6.00pm Taize Service, St Endellion Church

Wednesday March 11th

12 Noon All welcome to meet the new Bishop of Truro at a Eucharist followed by lunch Bodmin Parish Church

Thursday March 12th

7.00pm Lent Course, St Kew Highway Methodist Church (Leader: Penny Manders)

Sunday March 15th

9.45am Family Eucharist, St Peter's Church, Port Isaac

Thursday March 19th

6.30pm Eucharist, St Endellion Church, St Joseph of Nazareth
7.00pm Lent Course, St Endellion Church, Leader Dr David Elliott

Saturday March 21st

9.30am-3.30am marriage Preparation Day St Minver Perceval Institute

Sunday March 22nd

9.45am Sung Eucharist, St Peter's Church, Port Isaac

Wednesday March 25th

7.30pm Eucharist, St Endellion Church, Annunciation of Blessed Virgin Mary (Mothers Union)

Thursday March 26th

10.00am -3.30pm Quiet Day, St Endellion Church, led by Revd Peggy Rowett



The playgroup children had great fun in February with a treasure trail around the village. We set off from the Village Hall, all wrapped up in coats, hats, gloves and scarves, following clues to look for hidden treasure! The clues led us all around the village, including a trip to the pottery, where we had a go at playing the organ. We also followed a clue that led us to the Church where we found our treasure. Thank you to Barbara Hawkins and to Reverend Judith for helping us out.

Coming up ...

February 24th - Teddy Bear's Picnic - making bread rolls with jam and butter

March 3rd - Tadpole and Frog mobile, Caterpillar and Butterfly mobile

March 10th - Red Nose Day (13th) - Splashathon at Wadebridge Swimming Pool - sponsored event

March 17th - Easter Bonnets with a prize for the best bonnet

March 24th - Paint boiled eggs for our Egg Rolling Competition

March 31st - Easter Egg Hunt & Egg Rolling

Websites of the month

To coincide with the AGM of the Climate Friendly Parish websites are on renewable energy this month. The best place to start is Cornwall's very own advice website www.ccp.org.uk. On its home page you are linked to Community Energy plus, Cornwall Sustainable Energy Partnership, and Cornwall Climate Change Agency. So many for one County!

Lets start with Community Energy Plus. This is an organisation dedicated to providing impartial advice and support to local groups and individuals on issues like fuel poverty (not having enough money to keep warm), energy efficiency like insulation, and renewable power generation. A few clicks and you can have information about the latest grants available, simple how to do it tips for the DIY enthusiast and lots more.

For groups like our Climate Friendly Parish, there is the community outreach team, which support groups trying to provide such things as community owned green power. They have a nice link for 'Why Bother?' which gives some simple reasons and describe in stark detail how some people are face with real hardship, made much worse by the recession. They say: Over 45,000 households in Cornwall are believed to be living in "fuel poverty". This means that they are unable to afford to keep warm and well in their own homes. In the UK each winter between 30,000 to 50,000 people will die unnecessarily because their houses are cold and damp. Behind this headline figure some 3 million people are living in sub-standard housing.

CEP has successfully managed the innovative, award winning Home Health project for the last 4 years, offering free and discounted insulation measures to private home owners and tenants across Cornwall. CEP has recently completed another phase of this project, 'Home Health HotSpots' (funded by the Energy Saving Trust). To find out more about this pioneering project please read the case study <http://tinyurl.com/bybtiae>

The next link on the front page is for Cornwall Sustainable Energy Partnership, an organisation which again demonstrates that our County is ahead of the game in this area. They have been working together with over 70 local businesses and public sector organisations, coordinating action to deliver a sustainable energy system for Cornwall. This section of the website contains lots of useful information if you want to go into the topic in more details with past presentations from conferences and useful briefing papers.

The final link on the front page is to Cornwall Climate Change Agency which can provide, on a commercial basis, advice, project management etc for organisations wishing to reduce their energy costs and carbon footprint.

There is a link on one of the pages to yet more work being done across Cornwall on energy security and climate change - www.cornwall2050.com/. This site is for everyone to join in the debate about what we should be doing about climate change and energy use. It is an active forum for discussion and well worth joining.

On a less positive note I suppose, James Lovelock, (http://en.wikipedia.org/wiki/James_Lovelock) the well-known scientist and creator of the Gaia concept, who lives just over the border in Devon, has a new book out. This is very gloomy about the future. He is reported as follows in the Times: If you want to get some idea of what much of the Earth might look like in 50 years' time then, says James Lovelock, get hold of a powerful telescope or log onto Nasa's Mars website. That arid, empty, lifeless landscape is, he believes, how most of Earth's equatorial lands will be looking by 2050. A few decades later and that same uninhabitable desert will have extended into Spain, Italy, Australia and much of the southern United States. "We are on the edge of the greatest die-off humanity has ever seen," said Lovelock. "We will be lucky if 20% of us survive what is coming. We should be scared stiff."

**So getting advice now is probably
a good plan...**

PORT ISAAC MUSIC FESTIVAL

MAY 22ND - 25TH

www.portisaacmusicfestival.co.uk

A jam-packed weekend of live music

Friday Night - Live on the Platt

**The Fishermen's
Friends**



Saturday Afternoon - Live on the Platt

Port Isaac Brownies & Rainbows * The Yuke Dukes
Claudia Caolin-y-Compania (flamenco) * La Famille Pomme
The Four Busketeers * Devil's Hat Band



Saturday Night -
7.30pm in the Village Hall

Kabasa

Tickets - £8

Sunday Afternoon - Live on the Platt

St Minver Band * Nancy & Mick, Vocals & Guitar
The Larrick Lads * Tre Pol Pen Handbell Ringers
Harpist, Liz Rowe * Violin & Vocalist, CJ

Sunday - 5.30pm in St Peter's Church
Port Isaac Chorale in Concert

Sunday Night -

8.00pm in the Village Hall

Gordon Giltrap

Tickets - £10



Monday Night -

7.30pm in the
Village Hall

**Johnny
Cowling**

Tickets - £8



Tickets for all three evening
events now available from
Secrets, 01208 880905,
email: dee54@mac.com
**Festival Tickets for all
three evening events -
£21**

Ain't it the Truth!!!

A lady goes to the surgery for a medical. The nurse starts with a few basic checks.

'How much do you weigh?' the nurse asks.

'8 stone,' the lady says.

The nurse puts her on the scales.

It turns out her weight is 10 stone.

The nurse asks, 'Your height?'

'5 foot 8,' the lady says.

The nurse checks and sees that she only measures 5 foot 5.

She then takes her blood pressure and tells the lady that it is very high.

'Of course it's high!' she replies,

'When I came in here I was tall and thin!

Now I'm short and fat!'

Calor Village of the Year

Celebrating Community Life

Cornwall Rural Community Council (CRCC), on behalf of Calor, is looking for villages with a population of less than 5000 to enter the Cornwall Village of the Year Competition. Any village with a strong sense of community spirit is encouraged to enter and entries are judged on community, business, sustainability and communication.

Previous entrants say that taking part in the competition has brought many benefits to their community including improved morale, creating greater awareness and community cohesion and stimulated project development.

More information and entry forms are available on 01209 614950, email: sharon.davey@acornwallrcc.co.uk



Dog owners are reminded to clear up after their dogs on Port Gaverne and Port Isaac beaches and all round the Parish

things Parish Council ...

Not much on the Parish Council front this month. This report has been prepared by the Parish Clerk. For further information on any points or to read the full minutes contact her, Mrs E Uglov, West Balsdon, Whirstone, Holsworthy, Devon EX22 6LE. el: 01288 341242

Email: stendellionparishcouncil@fsmail.net www.stendellionparishcouncil.org

PLANNING APPLICATIONS

Application 2009/00097 Application for Listed Building Consent for maintenance to include replacement frames (windows/doors), elevational maintenance to include insulation and replacement gutters/down pipes. Mr C Houston, 3 Dolphin Street, Port Isaac.

Mr A Penny declared an interest. The Parish Council is in support of this application as it will improve the property.

Application 2009/0007 Erection of a 2 bedroom dwelling house. Mr & Mrs Bennett, Myrtledene, Trelights.

It was proposed by Mr A Penny that the Parish Council write to North Cornwall District Council commenting that the Traditional Stone wall should remain. This was seconded by Mrs E Rowe and carried nem.con

Application 2008/02336 Erection of a two storey extension. Mr T Grills, 18 Tintagel Terrace, Port Isaac

The Parish Council made no observations.

Approvals & Refusals

Application 2008/02248 Conservation Area Consent for the demolition of store to enable independent use of shop and flat within building. 60 Fore Street, Port Isaac. North Cornwall District Council APPROVED this application.

Application 2008/02261 Listed Building Consent for the replacement of Spanish slate roof covering with Delabole rag slate. Mrs K Shaw, 20 Fore Street, Port Isaac. North Cornwall District Council APPROVED this application.

Application 2008/02247 Demolition of existing store and erection of extension and alterations to enable independent use of existing shop and flat within building. Fore Investments, 60 Fore Street, Port Isaac. North Cornwall District Council APPROVED this application.

Application 2008/02190 Display of fascia advertisement sign to be externally illuminated by trough lighting following removal of existing sign. Orchid Group, 31 New Road, Port Isaac. North Cornwall District Council APPROVED this application.

Application 2008/01475 Erection of two dormer bungalows, 5 Furze Park, Trelights has gone to appeal.

ANNUAL PARISH MEETING

The Parish Council has set the date for the Annual Parish Meeting it will be held on Thursday 16th April 2009 at 7.30pm at Port Isaac Primary School.

The speakers we are inviting are:- David Rayner from STEER, Chris Bolton, Friends of the Main, District Councillor W J Dawe, Cornwall County Councillors C Brewer and J Rowe, PC Taylor, a representative from South West Film, Charlie David, Heritage Coast, Mr Bennett, From Operational Services at NCDC regarding Car Parking.

DATES OF MEETING FOR 2009

Monday 9th March, Monday 6th April, Monday 11th May, Monday 8th June, Monday 6th July, Monday 10th August, Monday 14th September, Monday 12th October, Monday 9th November, Monday 14th December.

The Parish Council has written to North Cornwall District Council again this month, regarding the ongoing problem of building materials at Mayfield Lane following on from a letter from them informing the council that there is a boundary dispute. The council also wrote asking for hedges to be cut back at Margaret Lane, Meadow Style. Rose Hill.

The Parish Council has also written to Cornwall County Council regarding the state of Green Lane and also asking for hedges to be cut back at Fore Street, Church Hill and Trewetha Lane.

We had our AGM in mid February in Port Isaac Village Hall and there was a really good turnout with people coming both from the Parish and as far afield as from the Scillies. Thank you all for coming and also for all the help and support we had for the catering, stalls and the bar.

Dan Rogerson MP managed to get there after what sounded like a really tricky journey back from Wales, and he both introduced the evening and summed up at the end. His theme was that although the global financial problems, which are pretty dire, are uppermost in everyone's mind, we should still remember that the cost of fuel is still likely to rise (at the pumps it has been steadily increasing since January) and that climate change is still happening. This situation presents some real opportunities to rethink how we live and to develop renewable energy installations like the ones people described during the evening.

I have put all the talks on the www.stendellion.com website (or will have by the time you are reading this), so you can download them if you want more information.

The evening's focus was on renewable energy, all quite expensive systems, and it was pointed out that things like insulation would be a better option for most people. Perhaps our next meeting

Climate Friendly Stendellion

could be all about energy efficiency measures – pros and cons of different approaches. It is clear that the best first step is to reduce the amount of energy we need, rather than try and produce more and more. However, I think everyone had a good time and learned a few useful tips about renewable energy.

The next steps really turn on whether we can get enough votes together for the Future Friendly Award – which would give us £20,000 which we could use for projects like the bus timetables, insulation for the Village Hall (still needs funding and is being followed up), developing the solar power for the school and many others.

At the time of writing we don't know who the other finalists are – the five short-listed were selected from over 200 nominations so we have done well even getting this far. It all happened very quickly from being asked a few follow-up questions on a Friday, to being told we were in the last five on the Monday, to having a film crew and photographers on Thursday was all a bit of a rush. Thank you to everyone who joined in the day

and helped create a really good atmosphere. So please vote for our project.

The film will appear on
www.futurefriendly.co.uk

on Wednesday 25th February and voting can be done from then onwards. This is a real opportunity for us to get some tangible benefits from the project, so please do tell anyone you know, friends, family, colleagues, about the vote.

The business part of the AGM took place after the talks and the existing officers were re-elected.

If you would like to join the group or want further information either check out the website (see above) or email me on tonywainwright@hotmail.com

Dear Trio

May I protest at the increasing desecration of our mother tongue. References to Gazza, Prezza, Macc, Hezza, Ad Nauseam.

Imagine the Baked Beans Old Pot and Pan, Prince Phizza, telling his Trouble and Strife, "It's time you told your Curran Bun, Chazza, to have a Dicky Bird with his Ankle Bitters. Young Wizza landing his Eggbeater in his bird's Beg Yer Pardon and Young Hazza knocking back oceans of Pig's Ear all night when he should be in the Kate Bangin' his Daisy Roots under our Burnt Cinder. When I was in the Peas and Gravy, I daren't ask the Jack the Ripper for a Rhubarb on my Greengages to get Oliver Twist! I'd still be a Stoker!"

Thanks for your ear time. I speak 38 languages, Eye-tye, Cockney, Frozza and 32 Commonwealth, English, Canada, Aussie et al. I'm going to learn English next.

*Esza, the Quizzer of
Port Gaverne*

Magical Managers 2008/09

League One

LW	POS	TEAM	MANAGER	PTS
1	1	COME ON LAMPARD	Rachel Grills	716
2	2	Y BOTHER, PAUL'S GOING TO WIN	Jon Poupard	682
3	3	MULBERRY'S MONSTERS	Chris Witherden	662
4	4	TEAM GRILLS	Karen Grills	634
5	5	TOM'S TEAM	Tom Lobb	617
6	6	FC SHANDERLONA	Andrew Grills	611
9	7	BADA BING!	Paul Honey	589

League Two

1	1	HARTLAND ROAD ALLSTARS	Bryan Nicholls	817
2	2	TOP OF THE LOT	Daniel Grills	753
3	3	FLY NAVY	Les Honey	731
4	4	BREWSKI A-TEAM	Josh Brewer	708
5	5	BREWSKI B-TEAM	Josh Brewer	678
6	6	SHIFTY'S SPECIALS	Michael Hewett	664
7	7	FLASH GOONERS	Danny Treacy	623

up to February 9th 2009

HAVE YOUR SAY!

Letters to Trio should be sent to The Editor, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN
email: trio1@mac.com

Writers must include their name and address -
anonymous letters will not be printed



local info

Doctor's Surgery - 01208 880222

Repeat Prescriptions - 01208 880242

NHS Direct 24-hour Helpline - 0845 4647

Royal Cornwall Hospital (Truro) - 01872 250000

East Cornwall Hospital (Bodmin) - 01208 251555

Derriford Hospital (Plymouth) - 08451 558155

Dental Helpline - 0800 371192

Police (non-emergency calls) - 08705 777444

PC Malcolm Taylor - 079680 87667

PCSO Claire Drennan - 0845 6567930

Wadebridge Police Station - 01208 895872

Rev Judith Pollinger - 01208 880181

Electricity - emergency service - 0800 365900

Water helpline - 0800 1691144

Parish Council:

Clerk - Elizabeth Harris - 01288 341242

email: stendellionparishcouncil@fsmail.net

District Councillor - Bill Dawe - 01208 880253

Dan Rogerson MP - 01566 777123

NCDC - 01208 893333
website: www.ncdc.gov.uk

Cornwall County Council - 01872 322000
website: www.cornwall.gov.uk

Bowithick Tip - 01840 770778

Mobile Library - 01208 72286

Samaritans - 01872 277277

Vet - Nutes - 01208 813258

only children know how much
hard work parents are!

Do you care?

It was wonderful to see St Peter's Church packed for services over Christmas. The Christingle Service was full-standing room only – with excited children and their families, as it is every year. The service of Nine Lessons and Carols and the Midnight Mass on Christmas Eve were also very well attended, as always, which all adds to the feeling of occasion and spirituality. The contrast with the services since Christmas in the church when there are usually only a handful of worshipers is all the more stark and sad. It would appear that the village only feels the need of the church on special occasions when attendances are very impressive. The Remembrance Day Service was very moving as have been the funerals we have had recently.

St Peter's has lost several devoted members of its congregation this past year and they have left a great gap. It is difficult to see how we can continue for much longer with so few regulars left. If you want the village church to be there for the special occasions it must be supported now. We have a great clergy team, all devoted and approachable. I often feel that St Peter's must be so disheartening for them though they never complain!

You would be made most welcome if you care to come along on a Sunday morning. There is a special service for children - Church and Cake - on the first Sunday in the month at 4pm. A short service, of no longer than half an hour, is followed by lovely cakes! Why not bring the children along. It fills a great gap between the days' activities and tea and bed-time and I am sure they would enjoy it.

Janet Townsend

A man and his dog were walking along a road. The man was enjoying the scenery, when it suddenly occurred to him that he was dead. He remembered dying, and that the dog walking beside him had been dead for years. He wondered where the road was leading them. After a while, they came to a high, white stone wall along one side of the road. It looked like fine marble. At the top of a long hill, it was broken by a tall arch that glowed in the sunlight. When he was standing before it he saw a magnificent gate in the arch that looked like mother-of-pearl, and the street that led to the gate looked like pure gold. He and the dog walked toward the gate, and as he got closer, he saw a man at a desk to one side. When he was close enough, he called out, 'Excuse me, where are we?' 'This is Heaven, sir,' the man answered.

'Wow! Would you happen to have some water?' the man asked.
'Of course, sir. Come right in, and I'll have some ice water brought right up.' The man gestured, and the gate began to open.
'Can my friend,' gesturing toward his dog, 'come in, too?' the traveller asked. 'I'm sorry, sir, but we don't accept pets.'

The man thought a moment and then turned back toward the road and continued the way he had been going with his dog. After another long walk, and at the top of another long hill, he came to a dirt road leading through a farm gate that looked as if it had never been closed. There was no fence. As he approached the gate, he saw a man inside, leaning against a tree and reading a book.

'Excuse me!' he called to the man. 'Do you have any water?' 'Yeah, sure, there's a pump over there, come on in.' 'How about my friend here?' the traveller gestured to the dog. 'There should be a bowl by the pump.' They went through the gate, and sure enough, there was an old-fashioned hand pump with a bowl beside it. The traveller filled the water bowl and took a long drink himself, then he gave some to the dog. When they were full, he and the dog walked back toward the man who was standing by the tree. 'What do you call this place?' the traveler asked.

'This is Heaven,' he answered. 'Well, that's confusing,' the traveler said. 'The man down the road said that was Heaven, too.'

'Oh, you mean the place with the gold street and pearly gates? Nope. That's hell.' 'Doesn't it make you mad for them to use your name like that?' 'No, we're just happy that they screen out the folks who would leave their best friends behind.'



SOMETHING you DON'T SEE MUCH OF IN PORT ISAAC!

While some of us stayed snuggled under the duvet on the morning of February 3rd, some of Trio's more intrepid readers were out at 6.30am taking photographs. Even the coast path looked beautiful under a blanket of snow! Thanks to Sally Stratton for providing the photos of the the village and if you want to see more go to her website www.portzacprints.com



It's not often you see sledging on Lobber, but most of the village children took advantage of their day off school to go up and play in the snow!

Lobber photos: Sarah Boothroyd



The ponies at Port Quin when the snow first started falling on the Monday afternoon

Photo: Annie Price



Batter late than never

At the time of writing, we're between Valentine's Day and Shrove Tuesday.

The recipes this month will take a nod in both directions, starting with 'Kissing Cake' and 'Friendship Cake'. The reason for the sociability of 'Friendship Cake' is easy to see. However, the origins of 'Kissing Cake' are not so obvious. Personally, I think it's because it is so delicious that you'd snog anyone who made such a lovely cake for you!



Friendship cake starter recipe

250g/8oz SR flour
300g/10floz or half pint milk
125g/4oz sugar
2tsp dried active yeast

Use a large mixing bowl mix all together then leave 2 days.
Continue as below

IF MIXTURE HAS BEEN GIVEN TO YOU

Day 1 - Place in a large mixing bowl and cover with a tea towel

Day 2 - Leave well alone

Day 3 - FEED - 250g/8oz SR flour
300g/10floz/half pint milk
125g/4oz sugar
stir and cover

Day 4 - Stir and cover

Day 5 - Stir and cover

Day 6 - Divide into 3 parts, give 1 or 2 away

Day 7 - ADD to 1 part - 500g/8oz SR flour
180mls/5ish floz Vegetable Oil
½tsp salt
1 tsp mixed spice
2 beaten eggs
250g/4oz sugar

Mix well and bake in 2lb (1kg) loaf tin 1½ - 2 hours, Gas 2 or 140C

My friend Ruth gave me the recipe and highly recommends it. She also has a lot of friends, proof that it works!

Pancakes

Recipes vary but this one comes courtesy of Lakeland and is recommended as a good basic one.

300gm plain flour
4 beaten eggs
500 ml milk
Tbsp melted butter

Mix all ingredients together.
Makes 15 thin pancakes.

Here are a few ideas of how to serve your basic pancakes:

1. Allow pancakes to cool, spread with cream cheese and add any soft fruit (or jam). Roll up the pancakes and serve with warm custard.
2. Mix lemon rind with the pancake batter and sprinkle with sugar to serve.
3. Heat them through and top with tinned cherries and toasted sliced almonds.
4. To make a richer batter, substitute cream for part of the milk.
5. Fill with ice cream and drizzle warmed golden syrup and nuts.



Kissing Cake



To 2 cups rolled oats, add 1 cup sugar and 1 cup SR flour.
Add 2 beaten eggs and 3 oz melted marg or butter
Soak 6oz dates (or dried apricots) in a little boiling water, leave to cool.
Place a layer of half the oat mix over the bottom of a lined tin. Add a layer of the date (or apricot) mix. Top with the remaining oat mix.
Bake for 30 mins in moderate oven.

and finally ...

An 80 year old woman was arrested for shop lifting.

When she went before the judge she was asked, "What did you steal?"

She replied, "A can of peaches."

The judge then asked him why he had stolen the can of peaches and she replied that she was hungry. The judge then asked her how many peaches were in the can.

She replied 6. The judge then said, "I will then give you 6 days in jail."

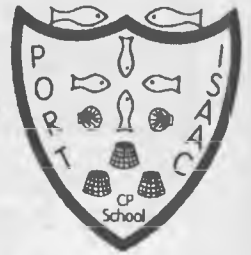
Before the judge could actually pronounce the punishment, the woman's husband spoke up and asked the judge if he could say something.

The judge said, "What is it?"

The husband said, "She also stole a can of peas."

schoolchat

news and views from Port Isaac School



11 Speeders Caught In Port Isaac

Yesterday, at 9:30am the Senior Class from Port Isaac School met up with the police at Trewetha Lane to catch people who were speeding because of road safety.

Firstly, the police told the children how to use the speed guns and the class put on some luminous jackets.

Next, the class split up and some of the children were using the speed guns and the others were speaking to the people who were speeding.

After, the groups swapped over one group went down to the bottom of the village; there was hardly anyone who sped. That's probably because the word got around Port Isaac very quickly.

Finally, they all gave up because no more cars were speeding and it started to rain. From their results they realized that the people who sped were feeling really silly, embarrassed and stupid.

Fantasy writing

This term the children in year 4 have been writing descriptions for a setting for the BFG which is a story they have been reading. They were encouraged to use good adjectives and vary the sentence openings.

In my setting there are dead trees, and a big black mountain. The B.F.G. himself who smells bad. There are big blue rocks with a red hot sun dawning. There is a cave on the mountain and a little river running past it and a blue sky.

by Edward Year 4

In my setting there is a rushing river, a blue mountain, a red blood sun, bare hills and a dark cave. The BFG is tall and has very big ears. There's a forest full of dead trees, also there's a flat yellow wasteland where nothing grows.

by Mark Year 4

The black cave is very big. The rushing river has lots of fish in it. The waste land has loads of skeleton trees. There is a luscious green forest many miles away from the yellow waste land.

by Cheyenne Year 4

Blue Reef Aquarium



Class 1 have also been looking at fantasy stories and they wrote their own versions of Finding Nemo.

At the end of the topic the whole class went to Newquay to see some real clownfish and all the other creatures of the sea. Everybody enjoyed the day!

High 5 Netball

We have joined a league with six other schools to play high 5 netball this term.

In our first match against Otterham the final score was 2-2 and the team was delighted with this result. Points were scored by Liam and Jess supported by Asa, Sinead and Shannon.

Update: at the next session 2 matches were lost but the team were singled out as playing extremely well so they are determined to win next time!

Happy Birthday...

Birthdays celebrated in March

- Amelia 6
- Eve 6
- Kayleigh 6

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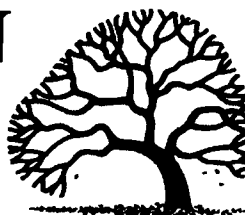
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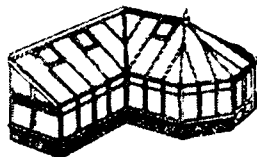
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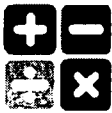
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DIARY DATES

Tuesday February 24th – Shrove Tuesday

Saturday February 28th

Port Isaac's Annual Hospice Day Sale & Lunch in the Village Hall - 10.30am

Monday March 9th

Kerbside Recycling Day – bags out by 7.00am

Parish Council Meeting at Port Isaac School – 7.30pm

Wednesday March 11th

Art Morning in the Village Hall – 9.30am-12.30pm

Tuesday March 17th

Whist Drive in St Endellion Church Hall – 7.30pm

Sunday March 22nd - Mother's Day

Mothering Sunday Service in St Peter's Church

Monday March 23rd

Kerbside Recycling Day – bags out by 7.00am

Sunday March 29th

British Summertime begins – put the clocks forward one hour

Thursday April 2nd

RNLI (Port Isaac) AGM in Port Isaac Village Hall – 7.30pm

April 5th – 12th

St Endellion Easter Festival

Monday April 6th

Kerbside Recycling Day – bags out by 7.00am

Port Isaac Village Hall AGM in the Hall – 5.30pm

Wednesday April 8th

St Peter's Church Easter Mini Market in the Church Rooms – 10.30am

Friday April 10th Good Friday

Monday April 13th Easter Monday

RNLI Coffee Morning in the Boathouse – 10.30am

Tuesday April 21st

Whist Drive in St Endellion Church Hall – 7.30pm

Monday May 4th

May Day Bank Holiday

Monday May 11th

Parish Council Meeting at Port Isaac School – 7.30pm

Tuesday May 19th

Whist Drive in St Endellion Church Hall – 7.30pm

May 22nd – 25th

Port Isaac Music Festival – a Bank Holiday weekend of live music

Monday June 1st

Kerbside Recycling Day – bags out by 7.00am

June 4th, 5th & 6th

Royal Cornwall Show, Wadebridge

Monday June 8th

Parish Council Meeting at Port Isaac School – 7.30pm

Tuesday June 16th

Whist Drive in St Endellion Church Hall – 7.30pm

Sunday June 21st - Father's Day

Thursday July 23rd

St Peter's Church Summer Mini Market in the Church Rooms – 10.30am

July 26th – August 7th

St Endellion Summer Festival

Tuesday July 21st

Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday August 12th

St Endellion Church Mini-Market in the Church Hall – 10am-12noon

Tuesday August 18th

Whist Drive in St Endellion Church Hall – 7.30pm

Sunday August 23rd

RNLI Lifeboat Larks on the Platt

Monday August 31st

Bank Holiday

Sunday September 6th

St Peter's Church Harvest Festival Supper & Auction

Tuesday September 15th

Whist Drive in St Endellion Church Hall – 7.30pm

Friday September 25th

Music Quiz in the Village Hall

Tuesday October 20th

Whist Drive in St Endellion Church Hall – 7.30pm

Sunday October 25th

British Summertime ends – put the clocks back one hour

Sunday November 8th

Remembrance Sunday

Saturday November 14th

St Peter's Church Christmas Mini Market in the Church Rooms – 10.30am

Tuesday November 17th

Whist Drive in St Endellion Church Hall

Sunday November 22nd

Johnny Cowling sings the Gospel songs of Elvis at St Endellion Church

Saturday November 28th

RNLI Christmas Market in the Village Hall

Tuesday December 15th

Christmas Whist Drive in St Endellion Church Hall – 7.30pm

Monday December 28th

RNLI Barn Dance in the Village Hall

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the Village Hall. Contact Sarah on 881124, Clair on 880469 or Julia on 880718.

Brownies - every Wednesday from 6.30pm-8.00pm, during term time, at Port Isaac School. Contact Claire on 880878 or Jennie on 881038.

Rainbows - every Tuesday from 4.45pm-6.00pm, during term time, at Port Isaac School. Contact Marie on 880977.

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Thursdays, during term time, in Port Isaac School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511.

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505.

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022.

CHURCH SERVICES

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.45am

Every third Sunday - Family Service at 9.45am

Every Thursday - Holy Communion at 10.00am

St Endellion Church

Every Sunday at 11.00am

Trellights Methodist Church

Sunday Service at 6.00pm

Fellowship Service - last Thursday in the month at 7.00pm

**WANT TO FIND OUT WHAT'S HAPPENING
IN THE VILLAGE?**

**READ YOUR TRIO AND LOOK ON THE TRIO
DIARY PAGE.**