



Cornwall Council
 says ... yellow lines,
 parking, footpath, cliff
 path - page 7
Help Needed for

Martin from the Mote talks curries -
 p15
Public meeting to discuss future
 of Playing fields - page 4

be part of
 the world's
BIGGEST
 Coffee Morning
 p3

Harvest Festivals - page 11
Arts & Literary Festival - pages 5 & 11
Art Days - page 2

Universally Challenged
 page 3

all the regular news plus ...
 PACT Meeting - p2
 Lifeboat Larks review - p6
 New children's choir - p7
 Murder Mystery - p7
 BBQ & Fayre - p8
 Month - p8
 Dan Rogerson - p9
 Chorale News - p10
 SAS - p10
 Magical Managers - p10
 Parish Council - p12
 LEPRAs cycle ride - p13
 Taking things for granted - p14

Trelights
 Website of the
 PIGS - p9



BOGOF
 for
 Cornwall
 Hospice Care
 page 3

Barbara's Art Days



Wednesday September 9th
& Wednesday October 7th

from

9.30am to 12.30pm

Any standard welcome

Bring your own materials

if possible (some will be provided)

We will be doing work towards
the exhibition at the Arts and
Literature Festival.

If you would like to participate,
please come along.

ILLEGAL PARKING

All illegal parking issues, yellow lines etc, are now dealt with by the Civil Enforcement Parking Team, who are based in Truro.

They can be contacted on

01872 222000

Trio is issued eleven times a year and is available in *Secrets*, *Deli Kernow* and the *Co-op*, Port Isaac, or by post - £18 a year in the UK (Overseas rates on application).

To subscribe please send a cheque, made payable to *Trio*, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN

To advertise in *Trio* telephone
01208 880905

Published by
Sam & Dee Littlechild
Tel: 01208 880905

email: triopi@mac.com

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

PACT meeting

PC Malcolm Taylor has organised a PACT meeting on Wednesday September 9th at 7.00pm at Port Isaac School. PACT is a process where the police look to gather information on the concerns and issues within a local community and act upon them, together with other partner agencies (eg Council, Parish Councils, Housing Authorities, Highways, Environment etc). It will give the local community a chance to express any concerns they have regarding the village and surrounding area.

Very few problems have been raised with the Neighbourhood Watch co-ordinators this summer but this does not mean that individuals are not experiencing difficulties. This is an opportunity for everyone to voice their feelings and will give the appropriate authorities the opportunity to try to find solutions. Second homeowners can write to PC Taylor c/o Wadebridge Police Station expressing any concerns they have and I am sure that these issues will be raised at the meeting.

It is hoped that some of the Neighbourhood Watch co-ordinators will attend the meeting and new residents will be able to find out who is their representative. There are still several roads in the village that are not covered by the scheme.

We were very sorry to hear of the death of Robin Penna who had been the co-ordinator for Dolphin Street. In fact he was the only resident there but he was still concerned if he felt that anything was wrong.

The PACT meeting has been arranged by our Neighbourhood Beat Manager, PC Malcolm Taylor, and I hope that as many residents as possible will attend. It is our opportunity to try to sort out any community problems.

Pat Pearson

St Breward Band thanks

Thursday September 3rd will be the St Breward Silver Band's last night in Port Isaac for this summer. We will then be rehearsing hard for our appearance at the finals in Harrogate at the end of September. We would like to thank the people of Port Isaac for their continued support and tolerance of our weekly appearances on the Platt.



Fran Calver
Secretary - St Breward Silver Band

Dates for your diary

Trio/Golden Circle Christmas Shopping Trip to Exeter - Monday November 16th
Village Christmas Lunch - Thursday December 3rd

Local Books available

Secrets, Port Isaac

Walk Talk

A paw-picked selection of local dog walks, chosen by Spot & Winnie - £3.50

Robin Penna's books of walks and local guides

A Quick Look Round Port Isaac

A brief guide for visitors to help them enjoy the village - £2.50

A Short Guide to Port Isaac

A more detailed guide, updated and reprinted - £5.50

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish with lots of useful local information) - £3.50

LOCAL TIDE TIMES - £1.30

The Fishermen of Port Isaac by Geoff Provis - £9.99

Universally Challenged



Port Isaac Village Hall
Friday September 25th & October 2nd
7.30pm

*Feeling clever?
Or just fancy a night out
supporting the teams
Then this is for you*

**Buzzers, Bells & Flashing Lights
Bar**



Entry: £5 per team of four
Audience free

for more info call 01208 880862/880905



Coming soon to your Village Hall

October 30th and the Devil's Violin Company will perform 'The Singing Bones' – don't let the company name deter you. It promises to combine the best elements of storytelling, live music and theatre and is suitable for everyone aged 12 and over.

November 20th and the Cornish trio, 3 Daft Monkeys (they've performed at Glastonbury) take to the Village Hall stage with their very own brand of vocals, fiddling, 12-string guitar, bass and drum – a stunning blend of danceable music that remains undeniably British!

He who hesitates is
probably right



BOGOF

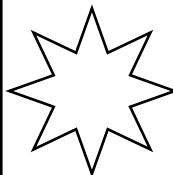
for Cornwall Hospice Care

How does it work?

You shop and take advantage of the BOGOF offers and then donate the free item to Cornwall Hospice Care. We will then make up all sorts of hampers to be sold at the St Peter's Church Christmas Mini-Market, The RNLI Christmas Market and Port Isaac Hospice Day next year. All the money raised will go to Cornwall Hospice Care.

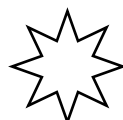
It's as easy as that.

Donations to: Barbara at the Pottery, Dee at Secrets, Liz at Just Shellfish or Marion at Hathaway.



Port Isaac Village Hall

Saturday September 19th



10.00am-12.30pm

Coffee, Tea and Cake

Bacon Rolls & Homemade Cake stall

Big Raffle



every cup will help improve the lives of
people affected by cancer

Help needed for fireworks display

I know it's still summer(?) but we need to prepare for our annual bonfire and firework display on November 7th.

Over the years the event has grown to around 1000 people attending and the need for more helpers has also escalated. Ron's Firework Crew, Richard Cook's Bonfire Crew and Andy's Catering Crew are well established, but our main source of funding is our bucket collection and unfortunately it doesn't have the appeal of fireworks and bonfires. Our appeal for helpers last year was only answered by Abi and Ryan, and as usual, it was Richard and Janet's friends from Barrown-in-Furness and Exeter who stepped in and took a bucket round. To cover the wide area of spectators we really need about ten buckets, so please, please, can you spare less than an hour to take a bucket or perhaps you could do the same as Chris and Anna, who collected donations from their guests and friends at 'The Headlands Hotel' or The Port Gaverne Hotel who have a collection box on the bar all year round.



We would all like to say a big thank you to those who regularly support us, especially Andy (Ron's Crew) who has been coming down from Birmingham every year for at least 15 years, Port Isaac Travel for all their donations over the last 20 years, and the Fishermen's Friends for their large donations, and finally our Parish Council.

Even if you have helped on the buckets in the past and intend to help again this year, please let us know. If you can help please either ring Ron or Lin on 01840 213984 or see Lin in the Co-op. Thank you.

The Port Isaac Firework Fund Committee

Public Meeting to discuss the future of the Playing Fields

As you may have read in last month's *Trio*, the Parish Council has agreed to combine the existing playing field with the next field, purchased some years ago. There always seems to be a reluctance for members of the public to come to the Parish Council meetings with ideas, so I have, independently, booked the Village Hall for an informal Public Meeting on **MONDAY SEPTEMBER 28th**. Anyone can pop in between 6.00pm and 9.00pm.

THIS IS NOT A PARISH COUNCIL MEETING AND HAS NOTHING TO DO WITH THE PARISH COUNCIL WHATSOEVER!!

Come along with your ideas and offers of help to achieve a really good public space. If you want to have some say in what happens to the land your council tax bought many years ago this will be a good starting point. This would be an excellent opportunity for anyone in the Parish who would like to get involved in a community project - new to the area or born here, it makes no difference.

Can I remind you that the only reason the Parish Council created an area where dogs are allowed is because of the many dog owners that made their feelings known.

If you can't make the meeting, email me at ANDY@ANDYPENNY.COM or the parish clerk at stendellionparishcouncil@fsmail.net

We need to get all your ideas talked about. Letters of complaint to the Parish Council because there is no picnic area included won't do much good in twelve months time. You need to have your say now.

Andy Penny



Stride Cornwall

This year's Stride Cornwall, the 10km pink breast cancer walk for all the family takes place at Lanhydrock on Sunday November 15th.

To enter go online to www.cancerresearchuk.org/breastcancer/events/cornwall10kstride/

or call **08701 60 20 40**



EXERCISE TO MUSIC

Tuesday September 8th -

Tuesday October 20th

6.30pm-7.30pm

&

Wednesday September 9th -

Wednesday October 21st

£24.50 each

see details on back page

CLASSIFIEDS

Long Term Let Required

Martin, chef at the Mote, is looking for a place to rent in Port Isaac. If anybody has or knows of a place please contact me on **01208 880226**

Wanted - Long or Short Term accommodation

in Port Isaac
by local working couple
no children or pets
local references available
Tel: **01208 880683**
0770 400 9342

Port Isaac New Season Lamb

locally produced, grass fed, ready now

This can be a HALF or a WHOLE lamb, or a JOINT, bagged ready for the freezer

It can be boxed in ice to take home at the end of your holiday

Guide price: £100 whole lamb

Contact Anne or Barry Collins

01208 880755

FOR SALE

solid honey pine rolled edge table 64" x 34"

Very good condition £60

Four spindle backed, beige velour upholstered seat pine chairs used condition £35

Telephone 880742

St Michael
St Enodoc
St Minver



St Endellion
St Peter
St James

THE SIX CHURCHES ARTS & LITERARY FESTIVAL

Wednesday October 28th - Sunday November 1st

A feast of local and visiting talent

Workshops/Readings/Concerts/Plays/Competitions

Taking place during the autumn half term week, the Festival will take place in the parishes under the ministry of Preb John May. It celebrates the vision of Bishop Bill to explore faith and Christianity in North Cornwall through the arts. And what a week it looks to be. This month *Trio* will concentrate on the events that are happening in and around St Peter's.

From Thursday October 29th there will be an Art Exhibition in St Peter's featuring work by local artists. Barbara's Art Days in the Village Hall on September 9th and October 7th will be producing work for this event. At the same time the Cornwall Ceramics and Glass Group will be staging an exhibition in the Church Rooms.

At 8.00pm on October 29th 'Tell Tales' will be held in the Port Gaverne Hotel. Stories of bygone days will be told round the open fire and there is an open invitation to anyone who wants to tell a story to come along.

On Friday October 30th in St Peter's Church Caroline Cleave and the Golden Circle are holding 'Golden Stories' with a memory board, plus activities and tea.

In the evening, at 7.30pm in the Village Hall the Devil's Violin Company will perform 'The Singing Bones' - storytelling, live music and theatre - see page 3.

Saturday October 31st sees an Art Workshop running from 10.30am to 12noon.

Later on, at 7.30pm in the Village Hall Ian McNeice, Jon Cleave and Bill Hawkins will host a session of words, music and dramatisations based on the Trevan book. Entry will be £5 and this includes a pasty supper and the bar will be open. Tickets can be purchased from Janet Townsend on 01208 880505 or they will be available on the door.

Sunday November 1st and the Festival closes in fine style. A Jazz Eucharist takes place in St Endellion Church at 11.00am and this is followed by Roast Dinner (booking essential) at Longcross (full details next month).

Rounding off the whole event will be a Blues Evensong in St Endellion Church at 4.00pm. More details next month. In the meantime see www.the6churches.co.uk or contact harboursusan@hotmail.co.uk for more information.

Crowds flock for family fun at Lifeboat Larks



The St Minver Band

The Pennyroyal Jazz Band



Fun on the bouncy castle

Crew members Damien Bolton, Matt Main, Tom Brown and Nicki Bradbury



Thankfully the wind died down and with no total downpours of rain, we were able to go ahead with all the planned activities. Sadly, the helicopter was unable to attend due to an urgent real-life rescue to the Scilly Isles, which is what the rescue helicopter from RNAS Culdrose is all about. But, ever ready, our Lifeboat crew put on a great display of their skills with the offshore boat, ably assisted by 'RNLI Stormy Stan' who made frequent forays out on the beach to entertain the children. It was also good to welcome for the first time at our Lifeboat Larks the RNLI Shoreline Recruiting Ladies, Steph Duncan and Rosie Walters, who signed up no less than 33 new RNLI Shoreline members from our supportive visitors.

The grey skies didn't dampen the spirits of a massive crowd who enjoyed a great variety of activities - Face Painting thanks to Barbara Hawkins and Katie Childs, Punch and Judy thanks to Teddy & Marchie Bourne, the Booze Barrow thanks to John MacDonnell and helpers, the Golf Range thanks to Dave Hurley and Egg Throwing under the able control of Angela Walsh and daughter Anna and her husband Douglas. There was an endless supply of food and drink – Sharps under the careful quality control of Mike Buckingham, Bill Isaacs and Chris Bolton, the Pimms Bar ably promoted by Bumble HP and not forgetting the yeoman team who worked tirelessly on the BBQ made up of our committee ladies assisted by Sian Fletcher and Susie Hurley. As always, great music was provided by Geoff Burden and the St Minver Band (even when their Gazebo blew away!) and, new to Port Isaac this year, the foot stomping Pennyroyal Jazz Band - we certainly hope to see more of them in the future. Finally, a big thank you to Byron and Phil for donating the car park income for the day.

So thanks to all of our committee, crew and army of helpers (there were 42 so our apologies for not mentioning all the names here). The day proved to be a great success, with a gross return at the time of going to press well in excess of £5000. Audited figures will be given in the next *Trio*

Well done everyone and on behalf of the RNLI thank you.

Bob B & Annie Price

Barbara Hawkins painting faces



MC (aka the Shouter) for the day, Jon Cleave

Crew member Damien Bolton with RNLI Stormy Stan (Damien is the on the left!)



The crew prepare for their display



All photos taken by the official Trio

Cornwall Council says ...

Since the last *Trio*, there are fewer traffic cones at the top of the village. Some now lie injured by the side of the road, others have moved on to pastures new and some, sadly, have gone to that bollard graveyard in the sky. What is clear is that they certainly fooled our visitors. In the first instance they did successfully stop them parking at the entrance to the village, but also they fooled them into thinking we were going to have a carnival or a fete! (In other parts of the country that's one of the things traffic cones are used for.)

Anyway, whilst they certainly did the job, they were never a pretty sight in the first place and they now look even more sad and sorry for themselves so *Trio* contacted Cornwall Council to find out what has happened to the yellow lines that the then Parish Council Chairman, at the Annual Parish Meeting earlier this year, assured us were about to be painted at any moment. The answer received was:

"Cornwall Council is aware of and support the towns wish and need for yellow lines at the entrance to Port Isaac. The installation of the lines will require a new Traffic Regulation Order (TRO) to amend the current parking restrictions. There is a cost associated with applying for TROs and unfortunately funding is not currently available and until it is - we are not able to progress any further. We continue to liaise with the Parish Council, who is aware of the situation. This sort of scheme was previously funded through local member small works budgets, which are no longer available."

Whilst in contact with Cornwall Council, *Trio* took the opportunity to try and get some answers to some other issues. The following answers came from the Communications Department at Cornwall Council:

The footpath to Trewetha?

"We have produced an estimated cost for the proposed footpath link between Port Isaac and Trewetha. Unfortunately funding is also not available to progress this scheme further. The Parish Council is aware of the situation and is looking at alternative funding opportunities to contribute should it be possible to proceed. The footpath would be subject to a feasibility study and public consultation prior to any decision."

The state of the cliff path from the main car park to the old village?

"The surface of the path from the main car park is in poor condition and our public rights of way officer for the area is liaising with residents along the private road regarding potential improvements and funding. Any new surface would need to be suitable for both vehicles and pedestrians and we are also looking at possible ways of managing parking in the area that would be acceptable to residents also."

Parking?

We assume that this answer refers to the existing main car park. "Yellow lines have been added to the roadways, restricting parking to only the marked bays. Although this has slightly reduced the maximum car park capacity, the adding of yellow lines has kept the access to the footpath/unmade track to the village clear for vehicular access and has generally made the car park a safer environment, particularly for pedestrians."

Any progress or suggestions on additional parking? Has there been any progress on parking in Mr Cleave's fields?

"There is currently no further action or progress on the provision of additional parking for Port Isaac."

It's easy to blame our Parish Council for the status quo but they seem to be stuck between the devil and the deep blue sea. These issues are not part of their remit and



they can only put forward our problems and press for solutions. They have an unenviable and difficult task ahead of them. We can only wish them luck. Maybe if everyone writes to Cornwall Council? If you want to try, *Trio's* first point of contact was Mr Brian Doney, Area Highways Manager, Cornwall Council, Central Group Centre, Bodmin PL31 1DZ, email: highwayseast@cornwall.gov.uk Alternatively a good contact should be our County Councillor, Brian Gisbourne at bgisbourne@cornwall.gov.uk

Following the furore over the traffic and parking at the end of last summer, there was a general opinion that "by this time next year, things will still be the same". Well, "this time next year is here" and things are the same. Any bets on whether things will change by this time next year?

Murder Mystery

CB Productions are performing a Murder Mystery evening to raise money for Marie Curie Cancer Support. It is on Thursday October 1st at 7.00pm in St Lawrence Hospital Social Club, Bodmin.

Tickets are £8 per head which includes a pasty. There is a licensed bar.

CB Productions have performed at Theatre Royal, Plymouth (Drum) and the Minnack and many hotels in the South West. They have featured on BBC and ITV television and had a serial on BBC Radio Cornwall.

Tickets for this event are available from Dave Morgan on 01208 880742.

Does your child enjoy singing?

Janet Townsend would like to form a Children's Choir in the area for children from 8 -14 if there is interest. It will rehearse in St Endellion Church hall on a Thursday from probably 5pm -6.30 pm.

There will be a meeting to discuss this for interested parents and children on Thursday 17th September at 5pm. If your child is keen but you

The Nat West Mobile

Bank stops in the Council Car Park every Thursday between 11.45am and 12.30pm.

To find out more call Nat West on 0845 600 2803

Websites of the month

As we don't have an update on the Climate Friendly Parish this month, as we are working on the same things as last month – basically working out sources of funding for our projects – the websites of the month is devoted to grants for energy efficiency in the home; how much are they, where can you get them from and who can get what. Unfortunately, like a lot of government grants and benefits, this is confusing territory and we are working on getting some very clear guidance for the Parish as part of the project. Grants change all the time, so these websites are only as good as when they were last updated.

First of all the Energy Savings Trust is the place to go with any questions about this. It is one of the UK's leading organisations tackling climate change. They are funded by Government and the private sector. They describe their purpose as being

“to help reduce carbon dioxide emissions through energy efficiency and renewable sources of energy in the home, on the road and in communities. “

Their website is www.energysavingtrust.org.uk and there is a freephone number 0800 512 012 where you can find out how you can save energy and money.

There are three main sources for grants: The Government, private suppliers and the local authority. The UK Government funds schemes provide grants to people either on benefits or over a certain age. One of the main schemes is called Warmfront. Their website (<http://www.warmfront.co.uk/>) states:

If you own your own home or rent it from a private landlord, you may be eligible for a grant of up to £3,500 (or £6,000 where oil, low carbon or renewable technologies are recommended) under the Warm Front Scheme.

And if: You are 60 years or older and are in receipt of one or more benefits. Benefits include: income support, council tax benefit, housing benefit, job seekers allowance and pension credit.

or You have a child under 16 or you are pregnant and have been given maternity MAT B1 and are also in receipt of benefits such as income support, council tax benefit etc.

or You are in receipt of one or more benefits such as disability living allowance, child tax credit with an income of less than £15,460, housing benefit and disability premium etc.

Then you could be entitled to a warm front grant.

In our neck of the woods where it isn't possible to get gas, it may be that oil or renewable would be the best option and a larger grant would then be available.

The sorts of things you can get include Loft insulation, Draftproofing, Cavity wall insulation, Hot-water tank insulation, Central heating and Conversion of fires to glass fronted.

On the Community Energy Plus website, based in Cornwall, www.cep.org.uk, there is a useful section on grants available and you can get up to date advice by ringing them (see phone numbers below). What they say is as follows:

LOFT AND CAVITY WALL INSULATION

CEP provides grant funding for insulating homes of owner-occupiers and private tenants. This grant funding falls into 2 categories:

Fully Funded Insulation *If a member of a household is over 70 or in receipt of a qualifying benefit or entitlement, CEP can potentially provide Cavity Wall and/or Loft Insulation with NO* cost to the householder.*

Also we are currently running Home Health schemes in certain areas of Cornwall that can also potentially provide free loft and cavity wall insulation regardless of age or benefit entitlement. Please call to check if your postcode is within a qualifying area.

Partially Funded Insulation *For owner/occupiers and private tenants who do not qualify for the above fully funded grants we can provide grant funding to reduce the cost to the householder to £145* per measure of loft or cavity wall insulation.*

For more information on the grants available for your home, please call CEP on 0800 954 1956 or 01209 614978. Lines are open Monday to Friday, 9am to 5pm (voicemail operates outside these hours). We can arrange a free, no obligation survey to check the levels of insulation in your property.

**All grants are subject to a survey, some properties may incur costs (such as scaffolding, excess meterage) that are not included in the grant criteria.*

ADVICE *In addition to insulation grants, some households may qualify for a free central heating system. If you are installing renewable energy technologies at home, you may also be eligible for a partial grant of up to £2,500*

You can search for private company offers by putting in your postcode for offers and grants on a search page of the energy saving trust website <http://tinyurl.com/n7rewc>

There are big savings to be had, so have a look. If you would like more information please email tonywainwright@hotmail.com

Trelights BBQ

I would like to say what a wonderful evening was had on Saturday August 15th at the Trelights BBQ. Everyone worked together and Gavin's merry band of cooks deserve a big clap. Lots of people came and spent lots of money. So a big thankyou to all "The Crew" and to all those that supported.

Peggy Haines
Trelights

Trelights Methodist Church

Members and friends of Trelights Chapel would like to extend their grateful thanks to everyone who supported their fundraising event at Trewithick House. The Summer Fayre, held in the lovely garden of Peter & Pam Hall, was a great success and much enjoyed by all, despite the onset of rain and a rush for shelter after the first hour.

The event raised the sum of £500 for Chapel funds. We greatly appreciate the kindness of Peter & Pam and the efforts of all the helpers. Thank you very much.

Every day three million people are denied the Right to Read

Three million people in the UK are being denied the right to read just because they have a sight problem or print reading disability. Research from the RNIB shows that a shocking 96% of books are not available in large print, audio or braille. The few books that are printed in accessible formats are rarely available at the same time as the print versions and are often more expensive. Cornwall Blind Association want everyone in Cornwall to be able to read the same book at the same time at the same price.

If you are visually impaired but still want to read, or someone who would like to start reading despite your sight loss then you should be registering with the Truro Sight Centre for Cornwall Blind Association's Right to Read Show at New County Hall, Truro on Thursday September 17th from 10.00am-4.00pm. There will be more than a dozen local and national organisations on hand, demonstrating what they can offer to assist with reading for visually impaired people.

From 1.30pm there will be readings from well known celebrity authors and readers taking place in the Council Chamber next to the exhibition hall. This will include Patrick Gale who will be reading from his latest book and Cliff Snell who will be talking about John Betjeman and reading some of his poems. For more details contact Kerry on 01872 266708.

Dan Rogerson, our local MP, writes ...



I have a busy few weeks ahead, conducting my 'street surgeries' in all seventy parishes across North Cornwall, from Summercourt in the West to Morwenstow in the East. I'll be in the parish on 28th September, so look out for my street surgery sign. If you'd like me to call on you, then give my office a ring on the number below. I'm really looking forward to getting around to so many communities since, for me, meeting constituents, listening and taking their views and concerns back with to Westminster, is what being an MP is all about.

It's been very concerning this month to read about soaring youth unemployment. Not since the dark days of the Thatcher government have some many school leavers faced the dole. Though employment is presently a problem at all levels – I have seen all too many constituents who have lost their jobs and their homes – the particularly acute difficulties for young people are a reflection of the mistakes made in our education system over the past twenty years. Employers say they meet too many school leavers who lack the basic skills they need to do any job, and there are too few vocational courses. We're lucky in Cornwall to have some real leaders in practical schooling, allowing young people to gain skills in a trade, rather than concentrating solely on academic study. But we need more of that, across the country, and a real investment in the children from low-earning families, like so many of those in Cornwall. It's the only way to level the playing field and end a situation in which a disproportionate share of those who leave school with few or no qualifications are from poorer backgrounds.

Meanwhile, those who are losing their jobs at the other end of the age spectrum need proper assistance too. The Government has flirted with 'life-long learning' but the recession reinforces the need to promote it so that redundancy means a new chapter with new skills. Absurdly, though, Ministers have presided over job centre closures all

over the country; just as people need more assistance in finding employment, the Government's shop window for help getting a job pulls its shutters down. Again, we have had some success in getting centres re-opened, or their hours extended, here in North Cornwall, but there is further to go, and I'd be keen to see the Cornwall Council get involved.

Next month, I'll be able to feedback on the bulk of my street surgery programme, and deadline day for *Trio* will be just after I return from our party conference in Bournemouth, so I'll give a bit of a run-down on the issues we covered there. Meanwhile, have a good month, and I hope to see you on 28th September!

Dan Rogerson MP

4 Tower Street, Launceston, Cornwall, PL15 8AT

Tel: 01566 777123

Email: contact@danrogerson.org

The Trelights Walker

August – the month when the tractors are prevalent, and no, not the ones with sat nav, alloy wheels and Radio 4, although there are a few too many of those about. I mean the ones with big wheels at the back and little ones at the front, driven by hairy bummed farmers moving from one field to another and, as the saying goes, 'reaping what they sow!' And with the tractors come the combine harvester, the mechanical locusts of the farming world that can strip a field of a year's growth in a few hours. As I stroll through the fields dodging what I can only describe as pellets, my mind goes back to a bygone age.



An age of proper shaped hay bales strewn across the fields until the local scallywags 'built' them into houses and forts and pirate ships where many a sunny and hot summer day was spent in a little fantasy world. Then to be told off by the farmer who had finished eating his ploughman's lunch and drinking his bottle of warm dandelion and burdock. What an innocent and fun time that was! (*Ed: we look forward to Robert Sloman's version!*)

Longfellow Lard Man

An audible sigh of relief was heard from catering establishments in Port Isaac this week with the news that the production and sales of chicken nuggets is expected to drop to almost zero in the next few days.

The Lard Man



PIGS on tour - Bowood

August and another poor turn out with just seven of us at a slightly moist Bowood Golf Club. Neil 'Bertie Bassett' Buckley tried his usual game of trying to put everyone off with his apparel, this time impersonating the 'Tango Man' from the 80s adverts, much to the embarrassment of his son Jack.

Obviously in this time of recession, everyone is trying to drag in business and golf clubs are no exception. Bowood's deal was fantastic – pick up from our houses, buggies, full English breakfast, 18 holes (free bar after nine holes), sandwiches and snacks and a gourmet meal with free wine and to finish the day a limo ride home! And all this for just £40. Unbelievable isn't it. What a shame only seven of us enjoyed it!!

Anyway, it's late August now, my head is full of everything and nothing, I can't even remember what day it is, so please forgive me for not remembering who did what. All I can remember is St Mellion on September 7th – and bring on the sunshine, please!!!!

The Lard Man

Long ago, when women cursed and beat the ground with sticks, it was called witchcraft; today men do it and it's called golf!

The Filming



It's not often that we have such an onslaught of requests to write about something in Trio but over the past few months we have been inundated with pleas to include something about the filming. Taking this all on board, and wanting to please our readers, in last month's *Trio* we invited you to have your say. Interestingly we had just six responses; three from locals, two from second homeowners and one from a visitor. Certainly not enough to provide a balanced article and so, to those six people, thank you for taking the trouble to write but we won't be proceeding with this topic.

Oh for the days when the only television doctor we knew was Dr Kildare or Doctor Who! And if Doc Martin doesn't come back again, what on earth are we going to moan about!?

SAS start new season of rehearsals

Musicians in the area's rehearsal orchestra (The Seriously AwEful Sinfonia) took a well-earned summer break in mid-July but are currently picking up their instruments again with a view to clearing the musical cobwebs in time for the start of the new season of rehearsals on September 14th.

Taking its inspiration from the Edinburgh-based Really Terrible Orchestra, the SAS (which is now in its third year), affords a wonderful opportunity for adult musicians to meet regularly for ensemble playing. The weekly Monday evening practices take place at 7.15pm at St Thomas's Church, Camelford. With plenty of free, adjacent parking it is a very convenient venue for the players who come from all parts of north and central Cornwall. Rehearsals are under the benign baton of Dave Whitcombe. Dave is well-known throughout the county for his inspirational musicianship. Players of all abilities attend rehearsals whenever they can; there is no obligation to commit to regular attendance. Everyone enjoys the couple of hours of music-making which covers a wide range of tastes, from popular classics through to modern big band themes.

New faces are always welcome in all sections, in particular string players. Potential members who are concerned that they might not be up to standard or feel they are a bit rusty have nothing to fear. Many among the current players have taken up their instrument only relatively recently. Others spent weeks rummaging around in their attics before finding their instrument case that had not seen the light of day for many years. The whole atmosphere of rehearsals is relaxed and light-hearted with universal tolerance of musical peccadillos; the accent always being on the fun and pleasure of ensemble playing. For further details interested musicians should contact either Liz on 01208 880457 or Dave on 01208 862317.

Chorale News

Chorale rehearsals resume after the summer break on Tuesday September 15th at 7.30pm in Port Isaac Village Hall.

We will be starting the sessions with new music to learn in preparation for our winter concerts. The Chorale raises money for local charities through concerts and our MD, Janet Townsend, would be happy to hear from any charity organisers who would like us to organise a concert for their funds.

We already have our Christmas diary planned and we will be joining everyone in the singing of carols at the Pottery, joining the congregation of one of the local Churches for the service of the Nine Lessons and joining the customers of local pubs singing carols.

The Chorale is always looking for new members and it is a wonderful way for new residents to join a friendly group. Members come from as far afield as Boscastle, Nanstallon and Wadebridge. We hold social functions throughout the year and many support a local hostelry after rehearsals. Once a month we visit different pubs in the area for lunch and we have annual trips to the theatre at either Plymouth or Truro.

The Chorale has a wide repertoire of music from folk to classical pieces, songs from stage musicals to pop songs – there is something for everyone. Tuesday nights need never be boring again if you join the Chorale and make music.

Pat Pearson

The final word on nutrition and health

After so much conflicting advice on what not to eat, its a relief to know the real truth.

1. The Japanese eat very little fat and suffer fewer heart attacks than Americans.
2. The Mexicans eat a lot of fat and suffer fewer heart attacks than Americans.
3. The Chinese drink very little red wine and suffer fewer heart attacks than Americans.
4. The Italians drink lots of red wine and suffer fewer heart attacks than Americans.
5. The Germans drink lots of beer and eat lots of sausages and fat and suffer fewer heart attacks than Americans.

CONCLUSION - Eat and drink what you like. Speaking English is apparently what kills you!

Magical Managers 2009/10

League One

LW	POS	TEAM	MANAGER	PTS
	1	THE GALACTICOS	Andrew Grills	74
	2	NORFOLK'N'CHANCE	Dan Grills	70
	3	COME ON LAMPARD	Rachel Grills	66
	4	CORNISH PISKIES	Margaret Honey	49
	5	JOSHIES ALLSTARS REVISITED	Karen Grills	44
	6	NO MIDLIFE CRISIS	Kevin Grills	41
	7	UNDER THE GRILLS	Jon Poupard	30

League Two

	1	TREWETHA LANE 11	Jill McDonnell	63
	2	TIA'S TEAM	Gemma Cleave	60
	3	MAYFIELD ROAD HOOLIGANS	Tim Witherden	46
	4	THE BANANA MONGOOSE ELEVEN	Emma & Dan Lanyon	43
	5	MOTS FLYERS	Tom Cleave	34
	6	DODGEY'S DREAM	Karl Daly	34
	7	Y FRONT TOWN	Mark Rowe	31

Four day Arts & Literature

As you will no doubt have read elsewhere in *Trio* a large number of varied and exciting events will be taking place in this area of North Cornwall as part of the first Six Churches Arts & Literary Festival being held at the end of October and beginning of November.

These four days of the festival are part of the developing Arts and Spirituality project initiated by Bishop Bill. As well as the many events taking place in Port Isaac, others will be held in St Endellion, St Kew and St Minver churches, the Rock Institute and 'Trefelix,' Trebetherick, home of the festival's co-ordinator Sue Robertson (Harbour).

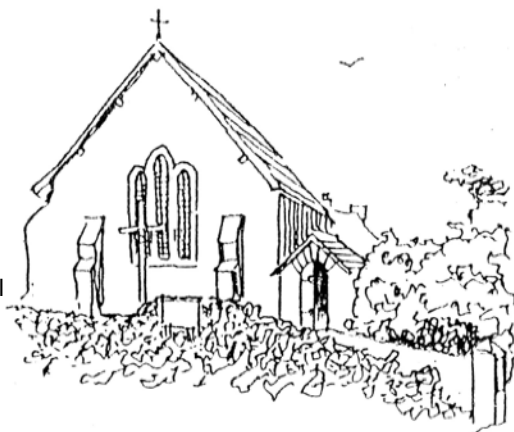
Local people and local organisations will be involved as well as well-known figures from the world of literature, theatre and film. These include writers Patrick Gale, Marina Lewckya (author of *A Short History of Tractors in Ukrainian*) and Susie Boyt (great-grand daughter of Sigmund Freud), Jonathan Stedall (Betjeman's biographer), explorer Robin Hanbury-Tenison and poet Victoria Field and illustrator Giles Andreae of 'Purple Ronnie' fame.

Some the events, such as an exhibition of wedding dresses down the decades will be held at St Minver Church, and art, pottery, painting and poems on postcards and photographic exhibitions, will continue in other venues throughout the four days of the festival, while others will be 'one-offs.'

There will be opportunities for children and adults to take part in competitions and workshops in a various creative arts and there will be Betjeman walks and readings with Clifford Snell, dramatic monologues at the Rock Institute by Graham and Tracey Renwick, an organ recital in St Endellion Church by Thomas Coins and a Jazz Mass and Jazz evensong.

With so much on offer it will be difficult to choose what to do, but information can be obtained from Sue Robertson (Harbour) 862423 and bookings can be made through Wadebridge Bookshop wadbooks@gn.apc.org and from Frances Kent 862704 franceskent@btinternet.com Posters and flyers containing the details are available and a full time-table will be printed in next month's *Trio*. There will be something for everyone so make sure you don't miss out on this eventful long week end!

Judith Pollinger
01208 880181



Church Diary Dates

Wednesday September 2nd

6.15pm Local Pastoral Ministers, St Endellion Church

7.30pm Healing Service, St Endellion Church

Sunday September 6th

9.45am Harvest Sung Eucharist, St Peter's Port Isaac

2.30pm Holy Baptism St Endellion Church

6.00pm Harvest Songs of Praise, Supper & Sale, St Peter's Church, Port Isaac

Thursday September 10th

10.00am -3.30pm Quiet Day *The Poetry of George Herbert*, St Endellion Church.

Bring picnic lunch, drinks provided. Further details 880181.

Sunday September 13th

9.45am Sung Eucharist, St Peter's Port Isaac

6.00pm Evening Worship with Taize Chants St Endellion Church

Monday September 14th

7.00pm Eucharist, St Endellion (Holy Cross Day)

Sunday September 20th

9.45am Family Eucharist, St Peter's Port Isaac

Monday September 21st

7.00pm Eucharist, St Endellion (St Matthew)

Sunday September 27th

9.45am Sung Eucharist, St Peter's Port Isaac

11.00am Harvest Sung Eucharist, St Endellion Church with Prebendary Michael Bartlett

6.00pm Harvest Songs of Praise, Supper & Sale, St Endellion

Tuesday September 29th

7.00pm Sung Eucharist, St Endellion Church (St Michael & All Angels)

all is safely gathered in ...

Harvest Songs of Praise, Supper & Sale

plus the

Fishermen's Friends

Sunday September 6th

St Peter's Church

Port Isaac

6.00pm

everybody welcome



Trelights Methodist Church Harvest Festival Services

Sunday September 13th

4.00pm

Preacher: Mr Peter Parsons

Monday September 14th

7.00pm

Musical Service, Supper & Sale

proceeds for Chapel funds



Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers.

Tel: Judith Pollinger
on 01208 880181

... 'ere the winter storms begin

things Parish Council ...

the Parish Clerk's report from the meeting held on August 10th 2009

FINANCE

The Parish Council has agreed to make a donation of £156 to the Golden Circle.

PLANNING APPLICATIONS AND NOTICES

Application 2009/01031 Certificate of Lawful use for the continued seasonal use of a building as a dwelling. Mr G Sylvester, 2 A Tintagel Terrace, Port Isaac.

The Parish Council is in support of this application.

Application 2009/00987 Change of use from A1 Retail shop to A3 Café Restaurant. Mrs S Large, 76A Fore Street, Port Isaac **Case Officer: Mark Wigley.**

Mrs Townsend read a letter from Nicola Vickery raising concerns. Mr B Nicholls felt that Environmental Health would need to look at the issue of food smells and the effect of opening hours on local residents. He was also concerned about the safety issue of the outside table being so close to the road and being on a busy corner. Mr D Phelps could not see anything wrong with the application. It was proposed by Mr R Manders that the Parish Council support the change of use to a café, but ask Cornwall Council to check the following three concerns first.

- 1) Outside Chairs - The council feels they are too close to road
- 2) Opening hours should be restricted, due to the close proximity of houses with elderly residents
- 3) Environmental Health look into the effect of food smells on adjoining properties. This proposal was carried, Mr D Phelps abstained.

Approvals & Refusals

Application 2009/00668 Rear extension to increase area of existing 5 flats, internal re-arrangement and refurbishments, new doors and windows to front elevation, new dormers and solar panels together with infill extension and formation of pitched roof with dormer and solar panels to existing garden holiday let accommodation and installation of velux rooflight/ or sun pipe to roof of no 8 The Terrace. Pearce Dun Properties. **Cornwall Council (CC) APPROVED this application.**

Application 2009/00784 Construction of new garage to replace existing garage. Mr T Hood, Hillside Cottage, Trelight. **CC APPROVED this application.**

Application 200900790 Variation of condition No 4 Decision 2008/01985 to remove obscure glazing and top hung vents or fixed vents from north west elevation dormers to first floor and top hung vents or fixed vents from north west elevation ground floor windows. Mr S Bushby, 40 New Road, Port Isaac. **CC APPROVED this application.**

Application 2008/02132 Erection of eight affordable dwellings for local people. Mrs L Carey, Land Opposite Furze Park, Trelights. **CC APPROVED this application.**

Application 2009/00345 Conversion of existing store for use as a farm office with annexe accommodation above. Mr R Sloman, Roscarrock Manor Farm, Port Isaac. **CC APPROVED this application.**

Application 2009/00227 Enhancement of music festival accommodation comprising conversion and enlargement of stone walled barn to provide hostel style residential accommodation (21 bed spaces) and extensions to Glebe Farmhouse comprising conservatory and external storage range. St Endellion Festivals Trust, Glebe Farm House. **CC APPROVED this application.**

Application 2009/ 00613 Proposed timber construction external cat run. Rosemary Morley, Treswarrow Boarding kennels, Trelights. **CC APPROVED this application.**

CORNWALL COUNCILLORS REPORT

Mr Gisbourne informed the council that he did not wish to step on anybody's toes, or disregard what had been done in the past and the efforts of the old council, but felt that he did have the benefit of being a new councillor and it will be interesting to see what happens in the next 12 months time. Mr Gisbourne informed the council that he would chase up the removal of concrete blocks.

Mr B Nicholls informed Mr Gisbourne that Mayfield Lane was in a state and un-walkable for someone older, it is hardly good enough for him to walk. It is very slippery. Mr Gisbourne agreed to look into this.

Mr Gisbourne informed the council he had been contacted by a lady who wanted residents parking. He said that he had spoken to highways and they could not do this. If we get a park and ride next year, it maybe easier to get. For now its just something people will have to put up with for 8 weeks.

Mr Gisbourne informed the council that 5 of the planning cases they had to listen to at Camelford were for wind farms. They had a journey around last week and had a look at the sites. Some of the new wind turbines would be as high as 126 meters. The wind turbines at Delabole were coming down and being replaced by 4 110 meters turbines. Mr Gisbourne informed the council that it was interesting, and some will be refused. Mr Gisbourne informed the council that they had not the planning right yet and sometime Camelford area cases were being decided at Liskeard and vice versa. Which means people have to travel.

Mr Gisbourne informed the council that they would experience the first budget cuts in 2010/11, so they would have less money from the government next year and that it was going to be tough.

CHAIRMANS REPORT

Mrs J Townsend read the following report from Mrs B Bell.

Lane behind Mayfield Drive (Mr Bushells blocks etc): I spoke to Philip Jones at Cornwall Council, who had recommended that the railings be removed. He informed me that the blocks are not on council owned land (which I reported to Joan Murray). The footpath is maintained by the housing department and I spoke to Caroline Osborne who will report on state of the path and inform us.

Rospa report: repairs to play equipment, fencing etc will be carried out by Dave Dingle asap. The picnic tables are not repairable and will be on the next agenda to be replaced.

Car parking in playing field has proved to be successful although cars are still being parked on side roads before this is used.

Dave Phelps asked me to look at the allotment site as it has accumulated quite a lot of mess,; parts of it look very untidy at the moment - put on next agenda to contact the allotments holders. Gullies were cleared in Fore Street, at Hicks' corner and along Trewetha Lane. Inadequate street cleaning was also reported.

Mr Doney was contacted re the one-way signs in upper Fore Street, near no.65 (the signs aren't visible when you enter Fore St from either next to Denis Knight's or from Peace and Harmony Terrace). Mr Lewis the Highways supervisor will inspect.

continued on page 14

With LEPRA to Malawi ... and a brothel! July 2009



LEPRA
healthinaction

We're too old for this! 460 miles in 2 weeks! But we've done it before in India and Madagascar and the work is important! Pack up our bicycles in the garage at home – lighten them as much as we can and let down the tyres. Up to Heathrow in a taxi, where we meet Charlie, Ruth, Susan, Ian and Louise. Kenya Airways say that I have too many bags, but we **MUST** take the antibiotics and other medicines that we've collected, so we quickly stuff them into the others' rucksacks. OK – off to Lilongwe.

Arrive Lilongwe 11am – met by the LEPRA team who will accompany us en route - transfer to rest house to reassemble our bikes (on the way our driver stops to buy dead mice from the road side to fry for his supper – a delicacy, we're told!). We meet groups of British school children on their way to and from holiday projects in Malawi schools.

Cycle 15 miles out of Lilongwe, up hill along tarmac road, to spend our first night at Nathanje Rest House – pass many people travelling barefoot and carrying (in shawls on their backs) solemn, woolly hatted babies with big brown eyes. We were cold that night. Ian and I shared a single bed with a torn mosquito net – no light, no running water, no working loo, but we enjoyed a local dance in the compound with a live band. As happened each evening, two of the LEPRA team built a fire on the ground to cook for us – chicken, rice and cabbage, beer and bottled water.

Rise at 6.30am – uphill all day on tarmac roads – not too hot but **VERY** hard work – much encouragement needed. Stop every hour for bananas and bottled water. Little faces gather round us - I doubt they will have eaten today. The other Ian does a magic show at the side of the road – much laughter and jumping about. The LEPRA team talk to the villagers about how to detect the first signs of leprosy and how to ward off the diseases of poverty – TB, malaria, polio, elephantiasis and HIV/AIDS. We hand out leaflets in the local language, Chichewa. I give mine to the older school children and to Mums telling them to share them with their friends. It's tough cycling – up, up, up. The distant hills of Mozambique shimmer in the sunshine. Smoke rises from huts. Maize is growing everywhere. Barefoot children run out to greet us with, "asungu, asungu" (white man, white man!). We give them pencils and biros, sweets and Christmas cracker toys – huge smiles! We shake hundreds of hands. We stop at woodcarvers' stalls along the roadside – exquisite work – meet a group of 12 boys between 8 and 18 - all AIDS orphans - see an infant immunisation clinic taking place under a baobab tree.

Next day 40 miles downhill to Mua Mission, passing many coloured birds and baboons in the trees – comfortable beds tonight – smiles all round!

Downhill again to a camp on the shore of beautiful Lake Malawi where a Nutrition and AIDS conference is in progress. AIDS is rife in Malawi and life expectancy is 40 years. As yet, only in the towns is the message of the benefits of using of condoms and smaller families getting through. Most children receive immunisation against childhood diseases and two hours education a day until the age of 12. The clever ones go on to secondary school.

Visit spotless regional hospital at Mangochi - too many patients for the beds so some sleep on the floor. The dispensary lacks drugs. There are male and female TB wards and quiet children with sad eyes and swollen bellies. 90% of the patients have AIDS.

Cycle off-road 42 miles to Mvuu game park – evening safari as the sun goes down to see hippos, baboons, water buck, crocodile and wart hogs. Hippos tramp past our hut all night. Morning walk at sunrise – no elephants but lotsof elephant pooh! Bright flowers and kingfishers.

Uphill again (but I'm stronger now) to Zomba, the old capital of Malawi and its market. An elderly lady runs to me out of the crowd, barefoot, waving, smiling, "Grandmother!" she calls, "my sister!"

On to Malosa – don't go there! Accommodation minus 5 star – loo another hole in the ground but smell indescribable - had to beg buckets of water - much drunkenness in the local bar – we're staying in the town's brothel but there's nowhere else.

37 miles to Balaka and Utale leprosarium run by Roman Catholic Missionaries. The residents come to greet us and sit on the ground in a semi circle. We listen to their stories told with much dignity. All suffer from the after effects of leprosy. The stigma means that many have been abandoned by their families. All are painfully thin and ragged. LEPRA provides physiotherapy and protective shoes and gloves for damaged limbs. We have brought maize, sugar, salt, oil and soap. We gently touch blind faces and ulcerated and shortened limbs. We feel helpless. We must go. We turn away to hide our tears. Many of us leave our clothes.

But there is hope! Malawi is at peace and leprosy is probably under control - there are few new cases. President Mutharika is improving the country's infrastructure, the immunisation of children and the schooling. There is hope for Malawi.



If you feel you would like to donate to LEPRA, Health in Action (www.lepra.org) contact us at, 7 Overcliff, or phone us on 02392 528122.

Diana & Ian Dow

One of the many things no-one tells you about ageing is that it is such a nice change from being young

Taking things for granted ...

When I last wrote, I took you up to the time that we had been rescued by HMS Endurance from Argentinian occupation. We were taken to the base camp at Grytviken, and transferred to a huge naval destroyer, HMS Antrim. Now that was an eye-opener. Our first task was to get ashore to the Base Camp to photograph and film the terrible damage caused by the Argentinians and the sunken Argentine submarine in the harbour that only had the tower slefthrowing; a result of the bambardment by our British task force. This permission took an hour to negotiate, due to the tight schedule that HMS Antrim was under to get us away and to travel North.

However, after much persuasion, we managed to go ashore and get the filming and photos we wanted. Remember we were the only so called "Press" in the area, so it was vital that we had evidence of the capture of the island, and the subsequent retake by our task force to give to the press on our return to the UK.

That trip was memorable. Firstly we set off in this huge destroyer, only to be transferred to a smaller ship called HMS Antelope mid way to Ascension Island due to the sinking of HMS Sheffield down in the Falkland Islands (the retake of the Falklands had started). On our way north, we passed no end of ships going south, and one ship in particular organised a helicopter drop on Antelope's flight deck with all the post for the ships company. Amongst all the mail was a letter addressed to the two wildlife film girls, somewhere in the South Atlantic. Can you belief it, having gone to about a dozen ships on route, we did finally receive the letter. Marvallous ship mail service.

On board Antelope we were able to film the action station work and on Sundays (a let your hair down afternoon,) we joined the crew in football and cricket on the flight deck. Such fun. If you hit a six, no need to worry, because the ball was attached to some long string, so could be retrieved iif it went overboard. I was on the winning side may I add.

And so eventually we arrived on Ascension Island having been airlifted

from Antelope with a brilliant roll of honour in mid air, which sent my stomach to my mouth, but no damage done!.

Ascension Island was frantic so we kept out the way by being shown round the island by the Governor (very British) but then it was time to board the flight to the UK. An RAF VC10 along with various high officials, our fellow scientists from South Georgia, and two ducks, who decided to find their way out of their boxes and run amok round the plane.

We were informed near the time of arrival at Brize Norton that we would be arriving at precisely 2.35am. and that once the plane doors opened, for some reason, Cindy and I were to go out first (womens perogative!). I was then advised by the pilot that perhaps I should change from my filthy clothes into something more respectable. For what reason I wondered? When the plane landed and we ground to a halt, the doors opened and a mass of flood lights exploded. I remember turning to Cindy and saying "There must be Royalty about". "No says the Captain, they are waiting for you two".

It was all so surreal. What had we done to deserve this media attention. Press conferences, front page of all the newspapers, and so it went on. Both Cindy and I were not comfortable with it all when we were well aware that all the time this maddness was going on, our forces were fighting to regain the Falkland Islands, men we knew and Islanders who were risking their lives to make it possible.

We thought of them then, and indeed still think of those fighting as I write. Their dedication and bravery should never be taken for granted or forgotton.

Annie Price

Parish Council report continued from page 12 ...

Andy Penny has announced a public consultation on the playing fields. He will/(has) also contact the Community Safety Sergeant Sara Carfrew who can give help on getting grant aid.

ALLOTMENTS

Allotment holders have been asked to stop parking in Green Lane and just use for loading and unloading.

PLAYING FIELD

The Parish Council has arranged for Dave Dingle to carryout the repairs on the play equipment following the report from ROSPA. The two benches have also been removed for safety reasons.

SPEED LIMIT/SLOW SIGNS/SLOW HORSES

The Parish Council has written to Cornwall Council informing them that we believe that all country speed limits were being reviewed and we would like to know what their intentions are for the B3314, B3267 and Trelights. The Parish Council has also raised concerns regarding speeding vehicles and the dangers to horse riders and small children.

MAYFIELD DRIVE/LANE

The Parish Council has contacted Cornwall Council and asked for a dog bin at Mayfield Drive/Lane.

HOME FINDER

The Parish Council has contacted Frances Walker at Communities and Local Government, Zone 1/J6, Eland House, Bressenden Place, London, SW1E 5DU The Parish Council is supporting new guidelines which state 'also *strengthens councils' freedom to prioritise specific local needs alongside those households who are in 'reasonable preference.'* In some areas this will mean giving more priority to people who have been on waiting lists for a long time or more priority for people with strong local connections. In the letter the council gave example of local people having lost out on local housing to people from outside of the area when there needs have been the same.

HEDGE CUTTING

The Parish Council contact Cornwall County Highway and Westcountry Housing Association asking them to arrange for the hedge to be cut back opposite the Playing field as it is restricting visibility to school.

POTHOLES

The Parish Council has contact Cornwall Council regarding the potholes on all three roads into Trelights.

DATE OF NEXT MEETING

Monday 14th September 2009 at Port Isaac

**St Peter's Church
Rooms are
available to hire**

**Call Marion Larkin on
01208 880492**

Martin from The Mote talks curries!

So things that I miss from Oxford, taxis, Mr 18 (his cab number), Laytiff was his name and he would always fly like the wind to pick me up and take me home way into the late hours. I also miss the diversity of cultures which lead you being able to find many different cuisines often within walking distance and so this month I would like to give you my take on how to make a curry. Bear in mind this is a British take but if you put the love into making this dish you will be rewarded or at the very least someone might offer to do the dishes after!



To make a good curry it is about building layers over layers to achieve the balance of spice and heat (1) and so here is the basics to making a good curry and then you just play around with developing your own style. Remember if you take the time to make your own blends of spice you can always add more but you can't take it out!

Garam Masala. The word *garam* refers to temperature, not spice intensity; Garam masala is pungent, but not "hot" in the same way as a chilli pepper, and is the first layer to make. I have just brought a spice blender (2) but a pestle and mortar will work or even a rolling pin and a bowl will do just as well.

- 2 cinnamon sticks
- 4 bay leaves
- 2 Tbs cumin seeds
- 1 Tbs coriander seeds
- 2 Tbs cardamom seeds
- 2 Tbs black peppercorn
- ½ Tbs nutmeg
- 2 Tbs cloves

Toast in a frying pan on a low heat and keep the spices moving to prevent burning and ruining your curry very quickly you should get a intense smell of the spices. Grind up to a fine powder.

Base Curry Sauce. Make a batch and freeze it down in smaller portions and if you make it a day or two before it just gets better.

- 2 large onions
- 1 bulb of garlic
- 75g ginger
- chillies as you wish
- 5 Tbs garam masala
- 1 Ltr water

Gently fry with a little oil for 5 mins, add garam masala, fry 5 mins, add water plus 2 tins of chopped tomatoes and simmer for 1 hour. Then blend into a smooth sauce and add some more water if it is to thick.

(1) If you like reading try this *The Mistress of Spices* By Chitra Banerjee Divakaruni

This wonderful novel is about an Indian woman, Tilo, who is trained in the magic of spices, on a faraway island (much like in *The Mists of Avalon*). Once her training is completed she is mystically transported into a spice/herb store in the middle of a city, disguised in an old woman's body. She is not supposed to leave the store, touch anyone she helps, and must obey the spice's words at all costs. It is in this store that most of the story takes place.

(2) spice grinders can be found at I think it's called Glanvilles in Wadebridge but do not try to use a food processor as they go to fast and as they say movement causes friction and friction causes heat and heat causes burnt spices.

Mx

PS if you have tried any of the recipies I have given to you please e-mail me and let me know how they worked for you - triopi@mac.com

Chicken tikka masala

for 4 people

- 4 chicken supreme's skin off
- 1 Tbs chilli paste
- 1 Tbs garlic purée
- 1 Tbs ginger purée
- 1 tub natural yoghurt
- 1 tsp cayenne pepper
- zest + juice of 2 limes
- salt and pepper.

Dice the chicken into large chunks and add the rest of the marinade, leave overnight in the fridge.

Next day, heat a large frying pan to let it get hot, add just a touch of oil as the idea is to let the outside of the chicken burn to give you a mock tandoori taste.

Fry the chicken over a high heat for 3-4mins until slightly charred.

Add enough of the base sauce as to cover the chicken, turn down the heat and simmer 2 mins.

Next add 2 tbs garam masala, natural yoghurt (1 tub) and a splash of lemon juice. Depending on your taste you can add more chilli, ginger and garlic paste. Simmer for 5 mins and then finish with a hand full of chopped coriander.

Serve with rice and with my favourite Sag Aloo

- 1 bag of spinach boiled for 1 min
- 400g cooked and crushed potato
- diced onion
- butter
- 1 tsp garlic puree
- 1 Tbs garam masala

Fry the onion gently in the butter with the garlic until soft add the garam masala fry 30 seconds add spinach and potato stir whilst reheating season with salt and pepper and a squeeze of lemon.

Roy Speakman

A.B.I.C.C.

BUILDING CONTRACTOR

Specialist Carpenter
Period Reconstruction
Kitchen/Bathroom installations
All roof work undertaken

Tel: 07790 602404/01208 880443

email: rwsbuild@live.co.uk

DENNIS KNIGHT

Proprietor: JT Collins

WHOLESALE & RETAIL FISH MERCHANT
FISH CELLARS, PORT ISAAC

**FRESH FISH DAILY
OPEN SIX DAYS A WEEK**

Tel/Fax/Answerphone: 01208 880498

Mobile: 07969 555182



GARDEN OF EDEN LANDSCAPE SERVICES

Ornamental walling • Patios
Crazy paving • Flag Stones • Turfing
Fencing • Hedging • Rockeries
Water features



For a free estimate phone Jim Dyer on
01208 880476 or 07970 919389 (mobile)

Cornish Country Gardens

Reliable Garden
Maintenance Service

Call Melina on

01208 812942

ICF SERVICES

Ian C Fuller

**Building & Property
Maintenance**

Telephone: 01208 880069

Mobile: 07779 523108

big enough to cope,
small enough to care

Babysitter available

Do you need a
babysitter/pet sitter?

I am a reliable 15-year old girl
who loves children and animals

Contact Annie Appleby on

01208 880593

PLUMBMAID

YOUR LOCAL LADY PLUMBER
covering burst pipes, leaking
taps, blocked sinks etc

NO CALL OUT CHARGE

7 DAYS A WEEK

Phone Wendy on 01208 851297 or
0792 872 8395



Port Gaverne

The Port Gaverne Hotel and Restaurant

Nr Port Isaac

Telephone 01208 880244



Bar Lunches 12noon - 2.00pm

Bar Suppers 6.30pm - 9.30pm

menu du jour 7.00pm - 9.00pm

Traditional Sunday Lunch - £9.95 (children's portions available)

12noon - 2.30pm

QUIZ NIGHT EVERY WEDNESDAY

CONSTRUCTION • RENOVATION • MAINTENANCE
EXTENSIONS • BRICK PAVING • PATIOS

ANDY PENNY

BUILDING CONTRACTOR

Tel: **01208 880985**

Mobile: **07532 478 451**

email: Andy@andypenny.com

WESTAWAY

PORT ISAAC CORNWALL
GUEST ACCOMMODATION
5 STAR RATING

Located one mile south west
of Port Isaac

Stunning panoramic sea views
incorporating both
Trevose Head & Port Quin

Please contact Jocelyn or David
01208 881156

Email: info@westawaycornwall.com
www.westawaycornwall.com

LARGE HOLIDAY HOME in PORT ISAAC

sleeps 10
log fire, gardens
garage parking in village
for details call

01942 610603

dave@alternativesteel.com

'HIGHER MOON'

Tintagel Terrace, Port Isaac

Modern Holiday House

3 bedrooms,
2 bathrooms

Sea views, garden
Parking for 3 cars

Tel: 01208 880755

CUSTARD PIE GALLERY

Original Paintings by
Dave Danson Hill
on display at

The Mote on the Platt
07964 939073
01208 880972

www.custardpiegallery.com



www.pjcleaning.biz

01208 841166 or 07788 457537

Unit 3 St Kew Services St Kew Highway Bodmin Cornwall PL30 3ED

**Holiday Home Cleaning • Domestic Services
One-Off Cleans • Spring Cleaning
Laundry Service
Carpet and Upholstery Cleaning
Property Maintenance**

*You are welcome to call into our office and discuss your
requirements over a coffee*



44a Fore Street Port Isaac

01208 881101

Open daily from 10.30am

*Port Isaac hoodies, T Shirts and Aprons
designed by Cecile Llewelyn-Bowen*

**Lots of new stock arriving including lovely
summer hats and champagne flutes**

Plumbing, Heating, Gas & Oil
Installation & Maintenance Engineer

PLUMBLINE 
MAINTENANCE 93



A. OBI



22 Hartland Road, Port Isaac, Cornwall PL29 3RP

TELEPHONE: 01208 880371

K Honey

**Buildng & Renovation
Contractors**

Three Gates Meadow **01208 880609**
New Road
Port Isaac
Cornwall PL29 3SD **07971 479309**

Tel:

Mobile:



PORT ISAAC POTTERY
OPEN DAILY 10-4 880625

CENTRAL GARAGE

New Road, Port Isaac
MOT TESTING
CRYPTON TUNING
TYRE SUPPLIER
BOTTLED GAS

telephone Ross:

01208 880334

Why wait for a new kitchen or bathroom?

We can deliver to you within 14 days!



Before you buy your new kitchen or bathroom come to us
We offer ...

- * Competitive prices
- * Free delivery
- * Installation service available
- * Huge choice of styles and worktops
- * Free kitchen design and home survey



Cornwall D.I.Y. Kitchens

32F Normandy Way, Bodmin 01208 77779

Nicki B's Deli & Bakery

OPEN EVERY DAY

FROM 8.30am

Telephone: 01208 880099

Brooks & Jeal

Chartered Accountants

- Business Start up
- Property Letting Advice
- General Business Advice
- Accountancy
- Personal & Business Tax Advice
- Bookkeeping, VAT & Payroll
- Business Forecasts & Plans
- Company Formation
- Company Secretarial Services



1 Pityme Business Centre
St. Minver, Wadebridge,
Cornwall PL27 6NU
www.brooksandjeal.co.uk
T: (01208) 862053



NEATE FEET

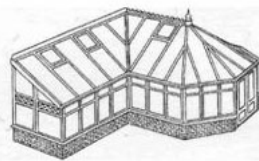
MOBILE FOOT HEALTH
PRACTITIONERS
07870 508867 / 01840 230976

Toenail clipping, Callus Removal,
Paddings & Dressings, Verrucae,
everything you need to keep your feet in tip
top condition, Reflexology also available.



members of the Alliance of Private
Sector Chiropractors

For original
photographs
of Port Isaac by
Sally Stratton,
take a look at
www.portzacprints.com



TREMEER CONSERVATORIES

"A Room For All Seasons, From Idea to Completion"

We specialise in Conservatories of All Sizes and Designs
Built to the Highest Standard Using the Best Quality Products

Tel: **01208 851182** Mob: **07798 644 292**



Lindsay Trebilcock

Housekeeper

Holiday Property Management
A Personal Service Tailormade
to Your Requirements

Post Occupancy Cleaning
Occasional/Spring Cleaning
Regular Property Checks
Key Holding
Welcome Pack Provision
Organisation of Laundry &
Maintenance Services
References Available

Tel: 01208 812292
Mobile: 07769 552627

email: lindsaytrebilcock@hotmail.co.uk



St Kew Accountancy

Individual, affordable,
professional accounting
and tax services

01208 841632

'Not all accountants are the same'

TAXI

PORT ISAAC TAXIS

LUXURY PRIVATE CAR &
MINIBUS SERVICE

UNBEATEN FOR
QUALITY & PRICE

BOOK THE BEST -

FORGET THE REST

PHONE/FAX

01208 880559

PAUL HONEY

PAINTER & DECORATOR

INTERIOR & EXTERIOR
MAINTENANCE,
WALL & FLOOR TILING, ARTEXING,
COVING & WALLPAPERING

01208 881122

WESTERN SUPPLY COMPANY

Builders Merchant & Decorator Centre for Trade & DIY

Established 1965

Atlantic Road, Delabille, Cornwall, PL33 9DN Tel: 01840 212580

Come and see our extensive range
of Building & DIY products including ...

- * Patio Slabs and decking
- * Decorative Chippings and Pebbles

SPECIAL OFFER

3 x 60ltrs Arthur Bower's MULTIPURPOSE COMPOST
Just £10 (inc VAT)

Open 7 days (Sat & Sun morning only)
Ample Parking Deliveries arranged



THE LONGCROSS

hotel and victorian gardens



Hotel, Restaurant and Gardens

Trelights, Port Isaac

OPEN DAILY

11.00am - 11.00pm

Lunch 12noon - 2.30pm

Dinner 6.30pm - 9.30pm

Cream Teas served all day

SUNDAY Roasts from 12noon

A contemporary menu using fresh local and organic
produce wherever possible

Fabulous deck area with
panoramic sea views

Three acres of fascinating restored gardens

Children's play area

Telephone 01208 880243

Dan Brewer's

Deli-Kernow

Open every day
from 7.00am to 5.00pm

for newspapers, fresh bread & cakes, milk, eggs, bacon,
Cornish pasties, cheeses & wines, tea, coffee & juice,
sandwiches, paninis, baguettes, salads, cream teas
all freshly prepared and made to order

ice cream plus lots more ...

WIRELESS INTERNET ACCESS

POST OFFICE OUTREACH SERVICE

Open Tuesday - Saturday, 9.00am-4.00pm

Deli-Kernow The Courtyard New Road Port Isaac
01208 880525

T.F. GRILLS

Builder and Carpenter

also

Painting and Decorating

Free Estimates

Telephone : **01208 880094**

D.A. TREBILCOCK ELECTRICAL CONTRACTOR

NIC EIC Domestic Installer

Part P Registered

Local Authority Registered

Local family run business

*All types of electrical work
undertaken, including Security
Systems, CCTV, Portable Appliance
Testing, Digital Aerials, Consumer
Unit upgrades etc*

All work carried out to
British Safety Standards

Tel: 01208 812292

Mobile: 07973 449968

DAVID PHILP

FOR ALL YOUR GARDENING NEEDS

The Lodge, Trelights
Port Isaac, Cornwall PL29 3TH

Phone **01208 880056**

Mobile **07817 161136**

Email **peapipod@aol.com**



for all your garden maintenance

Grass Cutting

Hedges cut and cuttings removed

Garden Waste removed

Power spraying

Full Insurance

SPROULL

SOLICITORS

www.sproullllp.co.uk

We offer all our clients a
complete legal service

CONVEYANCING * PROBATE

WILLS * CHILDCARE *

DIVORCE * CRIMINAL WORK

ACCIDENTS * BUSINESSES

LANDLORD/TENANT

Market Place Camelford	42 Fore Street Bodmin	The Rock Port Isaac
01840 212315	01208 72328	01208 880355

THE GOLDEN LION

PORT ISAAC

01208 880336

OPEN ALL DAY

TRADITIONAL BARS, REAL ALES

CORNISH RATTLER CIDER ON DRAUGHT

PUB FOOD SERVED - LUNCH & DINNER

The

Corner Cut Hair Salon

Cross Street, Wadebridge

01208 814675

All colouring techniques
Perming Children Gents

AFFORDABLE PRICES

Visit Andrea & co for a free
consultation in our friendly salon
(opposite Spic & Span)

The Slipway Hotel & Restaurant

OPEN ALL DAY FOR:

coffees, teas & pastries (morning and afternoon)

new lunch menu including seafood and salads

from 12noon - 2.30pm

cream teas from 3.00pm - 5.00pm

dinner from 6.30pm every day

(either in the restaurant or outside on the terrace)

with menu focussing on the use of local fish, game and produce

Port Isaac landed crab and lobster now available

Evening bar snack menu available in the bar or on the Terrace

THE SLIPWAY AND THE MILL HOUSE ARE NOW BOTH LICENSED FOR HOLDING
WEDDING CEREMONIES. PLEASE CALL US FOR FURTHER DETAILS

We are also serving roast lunches every Sunday at

The Mill House, Trebarwith from noon until 3.00pm (telephone: 01840 770200)

BAR FOOD ALL DAY AT THE MILL HOUSE, TREBARWITH

from 12 until 8.30pm

Live Music & Events at The Mill House

Friday 4th September - ALL THE FIRES

Friday 11th September - MENDY

Friday 18th September - CLOUD 9

Friday 25th September - SMUG JARS

Friday 2nd October - DAVE STICKLAND

For further details please refer to the website www.themillhouseinn.co.uk

Special 7-course tasting menu at The Mill House with wine selections on
Saturday 19th September - all inclusive at £49 per person - reservations advised

THE SLIPWAY AND THE MILL - OPEN ALL DAY, EVERY DAY

The Slipway Hotel, The Harbour Front, Port Isaac, Cornwall PL29 3RH

Telephone: +44(0)1208 880264 Fax: +44(0)1208 880408

Email: slipway@portisaachotel.com

**ROMAN BLINDS &
CURTAINS**
by **NICOLA VICKERY
INTERIORS**

Most soft furnishings undertaken
Stylish solutions for difficult windows
Free quotations - **01208 880834**

**Andrew O'Brien
BUILDING &
DECORATING**

Kitchens, Bathrooms
House Refurbishment
077909 40677

R.A. HANCOCK
ELECTRICAL CONTRACTOR

AGRICULTURAL & DOMESTIC WORK
SALES & SERVICE
SLIMLINE RADIATORS
DIMMPLEX & CREDA
COMPLETE SHOWER INSTALLATIONS

Hartland Road Port Isaac
Telephone: 01208 880328

THE MOTE

SEAFOOD RESTAURANT



Open for
Breakfast (from 9.00am)
Morning Coffees
Lunch
Cream Teas
a la carte from 6.30pm

The Platt Port Isaac **01208 880226**



JIGSAW HAIR STUDIO

52 High Street, DELABOLE, Cornwall

Ladies & Gents hairstylists

State of the Art St Tropez Spray Tanning Booth
Creative Nail Design Manicure & Pedicure Treatments * Balmain Hair Extensions

Gent's Evening - Tuesday, no need to book
Special Rates for over 60s * 10% off for Students

All treatments carried out by fully qualified hairstylists and therapists

A very warm and friendly welcome from all the staff at Jigsaw
Telephone 01840 213764 or 07737 628427

D CORNISH PEST CONTROL



MOLES, MICE, RATS, WASPS, FLEAS,
WOODWORMING, DEER CONTROL,
FLIES, BEDBUGS, ANTS etc ...



FAST, RELIABLE, FRIENDLY SERVICE

Cup Cakes



**Come and
enjoy our homemade
scones, cakes and food**

Middle Street Port Isaac

Tel: 01208 880523

KITTIWAKE COTTAGE



Bed & Breakfast

Proprietors: **Nigel & Angela Sherratt**
7 Middle Street

Port Isaac
Cornwall

Tel: 01208 880867
Mob: 07929 774727

PL29 3RH

email: kittiwake@talk21.com

Russell Richards

trading as

J.C. Richards & Sons
Roofing & Building
Contractors

Est. 1947

Tel: **01208 841813**

Mobile: **07967 229291**



Muts Cuts

Qualified City &
Guilds pet groomer

Gable Cottage
Newhall Green
nr St Teath
Cornwall

Ring Kerri on
01840
211786

Is your computer ill? Do you need a

Computer Doctor

Software/Hardware problems
Repairs & Upgrades

Old, broken or unwanted
computers recycled to charities

David Ward

01208 831049

The Gables, Nanstallon
Bodmin, Cornwall PL30 5LB
nanstallon@tiscali.co.uk

Bubbles Bouncers & Pickles Parties



Bouncy Castle
Hire and Party
Supplies for
any Occasion

www.dandediscounts.co.uk

01208 880984/07969 121 581

When responding to an
ad. Please remember
to say that you saw it
in trio



OPEN DAILY FROM 9.30am

STRAWBERRIES AND RASPBERRIES AVAILABLE

(weather permitting)

**READY PICKED AND PYO
PLEASE RING TO CHECK AVAILABILITY**

**FIND US ON THE B3314 AT ST ENDELLON, PORT
ISAAC TELEPHONE: 01208 880164**

**BREAKFAST. LUNCHES. CREAM TEAS. ICE
CREAM. FRESH FLOWERS. CHILDRENS PLAY**

Wavehunters

The Surf School in Polzeath is open
seven days a week - *discount for locals*

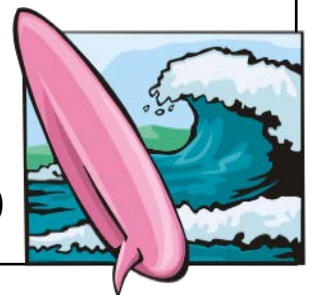
We have a new range of organic hoodies
and t-shirts in our shop in Port Isaac
We will be open throughout the winter
(limited hours)

Look out for our new website with online
shop that will soon be up and running

SURF TRIPS IN MOROCCO

from

January 16th - March 6th 2010





Doors Windows Staircases Furniture Kitchens

www.goodlife-joinery.co.uk



Canworthy Water

01566 781704



Trelawney Travel

Private Hire

Local and Long Distance
including airports, nightclubs etc
24-hour service for advance bookings

Up to 8 passengers
Friendly and efficient service
Competitive rates

Call now

01208 881111

from 8.00am-6.00pm

07854 784510

from 8.00am-10.00pm

DAVID DYER

Interior & Exterior
Painter & Decorator

21 Park Penncarne
Delabole, Cornwall PL33 9HA

Phone: **01840 211521**

Duncan Drury

GARDENER

0779 937 1944

dcb construction

damien bolton
renovations – extensions
construction - maintenance
free estimates
mob: 07813036489
tel: 01208 880160
damobolton@hotmail.com



Ivan Jones

Electrical Services Ltd

"A Local Service to National Standards"

Established 1995



- * TESTING & INSPECTING
- * FAULT FINDING
- * ADDITIONAL POINTS
- * PART P CERTIFICATION
- * BUYERS/SELLERS REPORTS & SURVEYS
- * LANDLORDS CERTIFICATES
- * MAINTENANCE & GENERAL WORKS
- * PORTABLE APPLIANCE TESTING (P.A.T.)
- * NEW INSTALLATIONS & RE-WIRES
- * ELECTRICAL DESIGN SERVICE
- * LIGHTING DESIGN SERVICE
- * EMERGENCY CALL OUT SERVICE
- * ELECTRICAL HEATING DESIGN & INSTALLATION
- * REGISTERED WITH THE 'NICEIC' (National Inspection Council for Electrical Installation Council)

For All your Electrical Requirements
Call Us On

01840 213683

07738 824181

The Office, 30 High Street, Delabole, Cornwall
info@ijesltd.com

FIRE ALARMS INSTALLED TO BS: 5839
EMERGENCY LIGHTING INSTALLED TO
BS: 5266



your local
window cleaner

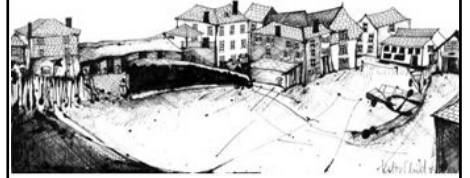
Windows XP

Domestic & Commercial
eco-friendly, pure water system
fully insured

regular &
reliable

Call John Brown on 07815 156632 or 01208 880421

CLIFFSIDE GALLERY



PAINTINGS, CARDS AND ORIGINAL IDEAS
by KATIE CHILDS - OPEN EVERY DAY
2 THE TERRACE PORT ISAAC - 01208 880988
www.cliffsidegallery.com

ARBORCARE Tree Services

COVERING ALL ASPECTS OF TREE
SURGERY & TREE CARE

FULLY NPTC QUALIFIED & INSURED

PLEASE CALL 01840 213529 FOR A NO
OBLIGATION QUOTE & SITE VISIT

BERRY PARK, HELSTONE, CAMELFORD, PL32 9RL
PROPRIETORS: PETE WHITEHEAD & PHIL JEFFS

PEBBLES cafe

Cream Teas
Coffees
Homemade Cakes
Light Lunches

01208 881050

Victoria House, Fore Street, Port Isaac



The Takeaway



Open 12noon-2.00pm & 5.00pm-9.00pm
open every day

Daily Specials

a variety of locally supplied fish, freshly cooked in a light crispy batter

Takeaway

hot & cold drinks, burgers, sausages, chicken, spring rolls, saveloys, ice cream

Telephone: 01208 880281

The Nail Bay

Beauty & Tanning
dermalogica skin care clinic
massage, manicures,
pedicures, facials
01208 880966

2 Tintagel Terrace, Port Isaac

LOGS FOR SALE

seasoned stored firewood
Contact Rob at Cornish Logs

078169 02080

Port Hair

Design Studio

Opening Hours

Tue 9am-5pm

Wed 9am-5pm

Thur 9am-5pm

Fri 9am-5pm

Sat 9am-3pm

Thursday Specials

Senior Citizen &

Student Prices

plus 20% off all

colours !!!

Back To School

Kids Cuts

£5

Gents Trims £5

Tigi & Bedhead

Product Deals!

CHIMNEY SWEEP

VAC & BRUSH

£28 a chimney, no extra for
bird's nests or smoke tests

Call R Mears & Sons

01840 261221

07737 533392

www.sweepcornwall.com

Watershed cafe bar



01208 880670

Open every day from
6.30pm

John Bray & Partners

Cornish Holidays

Estate Agents

Property Sales

Surveyors and Valuers

*"Looking after our clients' property
interests for over 40 years"*

Your local agent handling all aspects of property
sales and self catering holidays with full
management service

If you are considering selling or letting your
property, we would be delighted to provide
a free, no obligation valuation

01208 880302

11 New Road, Port Isaac

www.johnbray.co.uk

Fax: 01208 880144

**Rubbish
Removal**
small loads only
0797 1167444

TRELAWNEY GARAGE

14 New Road, Port Isaac

01208 880536

Servicing & Repairs
Petrol & Diesel Supplies
Breakdown Service
Accessories

*Overheating?
Air Conditioning
Servicing &
Recharging now
available*

GAS DELIVERIES
13kg, 19kg & 47kg

Fishing Tackle & Bait

HOME MANAGEMENT SERVICES



**Who looks after your home?
Do you need someone reliable?**

If you would like to talk to me and/or
receive details please contact

Annie Price

Tel/Fax: 01208 880386

Mobile: 07831 105379

asprice@tiscali.co.uk



The Old School Hotel & Restaurant

Fore Street, Port Isaac PL29 3RD Tel: 01208 880721
email: reception@theoldschoolhotel.co.uk

Hotel, Bar & Restaurant

Open to non-residents all day, every day
Lunches • Afternoon Teas & Snacks • Evening Meals

Outside eating available

New Bar menu available 6-8pm

**The a la carte restaurant menu is
available from 6:30pm**

See the notice boards outside for all our menus and latest offers
Visit our website: www.theoldschoolhotel.co.uk

Steve Hewett

ELECTRICAL CONTRACTORS

N.A.P.I.T. APPROVED

(National Association of Professional Inspectors & Testers)

APPROVED FOR PART P OF BUILDING REGS

Phone:
01208 880319

Owl's Park Trelights Port Isaac
stephen.hewett1@btinternet.com

Fax:
01208 880291

To advertise on these pages call 01208
880905 or email: triopi@mac.com

M.E.R. ELECTRICAL SERVICES

All types of electrical work carried out
Security Alarms CCTV
Good rates Free estimates
No call out charge

Registered with local authority for Part P of Building Regs

For a friendly, reliable service call Mark on
01208 880142 or **0779 4782627**

Email: markroutledge544@yahoo.com

Mayfield Road, Port Isaac



Secrets

Billings Row
Gallery
Port Isaac

*fine art,
clocks, framing*

www.secretsportisaac.com

01208 880862

CHRISTOPHER KEY SOLICITOR

Friendly office open
**Monday-Friday
9.30am-12.30pm**

*Appointments out of office
hours by arrangement*

Trebiffen, Boscastle PL35 0BN

Tel: 01840 250200

Fax: 01840 250900



S.GOODMAN PLUMBING & HEATING

Central Heating & Underfloor Heating
Oil Servicing * Aga & Rayburn Servicing
Oil Tank Changes
Pressurised Hot Water Systems
Solid Fuel Heating Systems
Solar Heating * Geo Thermal Heating
Bathroom Installations & Tiling
Drainage & Groundwork
Shower Rooms

For All Aspects of Plumbing & Heating
Please Call:

TEL: 01840 213196

MOBILE: 07968 984305

Log on to

www.thisisnorthcornwall.co.uk

DIARY DATES

Sunday September 6th

St Peter's Church Harvest Festival
Supper & Auction with the Fishermen's
Friends - 6.00pm

Monday September 7th

Kerbside Recycling – bags out by 7.00am

Parish Council Meeting at Port Isaac
School – 7.30pm

Wednesday September 9th

PACT Meeting with the local Police at Port
Isaac School – 7.00pm

Tuesday September 15th

Whist Drive in St Endellion Church Hall –
7.30pm

Saturday September 19th

The Macmillan Biggest Coffee Morning in
the Village Hall – 7.30pm – come along
and support the teams

Monday September 21st

Kerbside Recycling – bags out by 7.00am

Friday September 25th &

Friday October 2nd

Universally Challenged – a special quiz in
the Village Hall – 7.30pm – come along
and support the teams

Monday September 28th

Public Meeting to discuss the future of the
playing fields – Port Isaac Village Hall –
6.00pm-9.00pm

Monday October 5th

Kerbside Recycling – bags out by 7.00am

Monday October 12th

Parish Council Meeting at Port Isaac
School – 7.30pm

Monday October 19th

Kerbside Recycling – bags out by 7.00am

Tuesday October 20th

Whist Drive in St Endellion Church Hall –
7.30pm

Sunday October 25th

British Summertime ends

October 26th – 30th – Half Term

Friday October 30th

The Singing Bones by The Devil's Violin
Company in Port Isaac Village Hall

October 29th – November 1st

St Endellion Arts & Literature Festival

Monday November 2nd

Kerbside Recycling – bags out by 7.00am

Saturday November 7th

Annual Port Isaac Firework Display at Port
Gaverne. Bonfire – 7.00pm, Fireworks
7.15pm

**Sunday November 8th - Remembrance
Sunday**

Monday November 9th

Parish Council Meeting at Port Isaac
School – 7.30pm

Saturday November 14th

St Peter's Church Christmas Mini Market
in the Church Rooms – 10.30am

Monday November 16th

Kerbside Recycling – bags out by 7.00am

Trio/Golden Circle Christmas Shopping
Trip to Exeter

Tuesday November 17th

Whist Drive in St Endellion Church Hall –
7.30pm

Friday November 20th

Three Daft Monkeys in Port Isaac Village
Hall

Sunday November 22nd

Johnny Cowling sings the Gospel songs of
Elvis at St Endellion Church

Saturday November 28th

RNLI Christmas Market in the Village Hall

Monday November 30th

Kerbside Recycling – bags out by 7.00am

Thursday December 3rd

Village Christmas Lunch in the Village Hall

Sunday December 6th

Martyn Joseph in concert at the Pottery –
the last night of his tour

Tuesday December 8th

Annual Cornish Carols by Candlelight in
the Pottery

Saturday & Sunday December 12th - 16th

Christmas Tree Festival in St Peter's
Church

Monday December 14th

Parish Council Meeting at Port Isaac
School – 7.30pm

Tuesday December 15th

Christmas Whist Drive in St Endellion
Church Hall – 7.30pm

Monday December 28th

RNLI Barn Dance in the Village Hall

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from
10.00am to 12noon in the Village Hall. Contact Sarah on 881124, Clair on 880469 or
Julia on 880718.

Brownies - every Wednesday from 5.00pm-6.30pm, during term time, at Port Isaac
School. Contact Jennie on 881044 or Marie on 880561.

Rainbows - every Monday from 4.45pm-6.00pm, during term time, at Port Isaac
School. Contact Marie on 880977.

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon.
Thursdays, during term time, in Port Isaac School Hall from 7.30pm-9.00pm.
Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511.

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall.
Contact Janet Townsend on 01208 880505.

Golden Circle - the second Thursday in the month from October to April from
2.30pm-4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022.

Totally Toned (all major muscle groups) - every Tuesday at Port Isaac School from
6.30pm-7.30pm &

Exercise to Music (legs, bums & tums) - mixed ability - every Wednesday in Port
Isaac Village Hall from 6.30pm-7.30pm. Contact Angela Bushell on 01208 880318.

CHURCH SERVICES

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.45am Every third Sunday - Family Service at 9.45am
Every Thursday - Holy Communion at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm

Trio copy dates

October

Copy date – Monday September 28th
Published – Monday October 5th

November

Copy date – Monday October 26th
Published – Monday November 2nd

December

Copy date – Thursday December 3rd
Published – Thursday December 10th

**Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure your event is included here!**