



Trio is issued eleven times a yar and is available in *Secrets* and the *Co-op*, Port Isaac, or by post - £18 a year in the UK (overseas rates on application).

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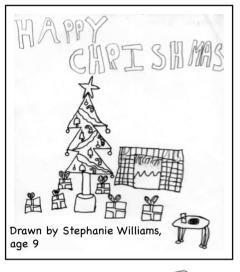
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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied. St Endellion Church Christmas Whist Drive Tuesday December 15th 7.30pm in the Church Hall Christmas Prizes, Raffle All welcome





Janet's annual Bingo raised a record-breaking £848 for the Priory Day Centre for the Mentally Handicapped.



Rubbish will be collected as normal on Friday December 18th. The next collection will not be until Saturday January 2nd.

Recycling will be on Wednesday December 30_h.

Ríck and Bonnie thank everyone for the cards and gifts for our new arríval, Poppy and wish everyone a Happy Christmas

A VERY HAPPY 11th BIRTHDAY TO SINEAD LOTS OF LOVE from MUM, DAD, CODY, EMERALD & TEAGAN XXXXX

Local Books available in Secrets, Port Isaac

Walk Talk

A paw-picked selection of local dog walks, chosen by Spot & Winnie - £3.50

A Quick Look Round Port Isaac A brief guide for visitors to help them enjoy the village - £2.50

A Short Guide to Port Isaac A more detailed guide, updated and reprinted - £5.50

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish with lots of useful local information) - £3.50

LOCAL TIDE TIMES - £1.30

The Fishermen of Port Isaac by Geoff Provis - E9.99



'Design the Trio Christmas Cover' winners

With over 40 really good entries, it was a very difficult job choosing the winning entries for this year's Trio Design the Christmas Cover competition. The ones we decided would work best as cover designs were:

In the age 8-11 group:

Winner – **Freya Sproull**, age 10, and you can see her picture on the front cover.

Runners up - Stephanie Williams,

age 9, (page 2) and **Jessica Cooke**, age 11 (page 4).

In the younger age group, up to age 7:

Winner – **Fay Hosier,** age 5, and her design is included on the back cover.

Runners up – **Greta**, age 5 (page 20) and **Emila Gikller**, age 7 (page 9).

Thank you to everyone who entered. The winners will be getting their prizes before Christmas.



Date set for resurfacing of coast path

what a Christmas present for the village!

And I quote from a letter to Parish Councillor, Martin Bell from Dave Wood, the Countryside Officer, Environment Office, Cornwall Council:

"As you are aware I have been looking for a workable solution to resurface the footpath from the car park in Port Isaac.

I can now confirm that I have a date for the closure of the road and the footpath to allow the works to commence. This will be for the week commencing 15th March 2010 and will last until the 19th March 2010 inclusive. This will be advertised in the press and via a door to door letter to all residents who may be affected.

During this period pedestrians and vehicles will be prohibited from using the footpath and a signed diversion will be in operation for pedestrians. Vehicular users will have to make alternative arrangements for access and parking.

It is expected that the surfacing work should last for just under a week."

Roll on March 20th when we will be able to enjoy a walk round the coast path!

Santa Claus is coming to town

Santa and his carol singers are making a special tour of Port Isaac on Wednesday December 16th

Come and see him at the following Santa stops

6.00pm at Hillson Close Top of Mayfield Road Outside Port Isaac School (Mayfield Road) Tintagel Terrace (halfway along) Fore Street at the entrance to the Coastpath entrance to Silvershell

A Birthday Party to remember

What a wonderful evening we all had to celebrate my 80th birthday in the Village Hall on Saturday November 21st.

My heartfelt thanks to my daughter Debs for arranging such a great party for me, my family and approximately 60 friends. The food was the best, the music suited all ages from 80 something to the under 5's. The hall looked beautiful thanks to everyone who helped decorate it.

Donations in lieu of presents, for the 'Precious Lives Appeal' for a Children's Hospice in Cornwall, total £525 at the time of going to press.

Thank you all so much for a wonderful, never to be forgotten birthday party.

Joan Murray

Babysitter available I am a reliable 15-year old girl who loves children and animals Contact Annie Appleby on

01208 880593

Reliable Babysitter

Young'ish' local mother of four children available anytime Very experienced with all ages Good rates, CRB checked & Basic First Aid

Due to circumstances, I am still available on New Year's Eve

Call Jennie on 01208 881044

Cleaner/Caretaker

required for Port Isaac holiday home on Fridays. Please ring Sue Critchley on 01579 362144

Self-catering Accommodation wanted

in and around Port Isaac for September 9th - 12th (or Sunday to Sunday weekly let) Contact **johawkins100@hotmail.com**

For Sale Oval Coffee table, 4'x2'6" £15 Glass Display Cabinet £15 Armchair from suite £10 Call 01208 880210



Christmas with the Chorale

Rehearsals for the Port Isaac Chorale have been gathering pace in readiness for the busy festive season. The choir, which has a membership of 40 men and women, practises on a Tuesday evening in Port Isaac Village Hall.

The chorale took part in the traditional candlelit Carol Service in the Pottery on December 8^{th} .

On Saturday December 12th at St Peters Church, Port Isaac, there will be a concert with the ever popular Fishermans Friends with a programme of festive musical favourites.

Sunday December 20th sees the Chorale singing at St Kew Church, which is sure to be a memorable start to Christmas week with nine lessons and carols.

Rehearsals for next year begin on Tuesday January 12th and there is a busy year ahead for the Chorale. If you are interested in finding out more about the choir or are thinking about joining, contact Morwenna Vernon on 01208 880714 m.vernon@homecall.co.uk



St Peter's Church CHRISTMAS CREE FESTIVAL

December 12th-15th

St Peter's Church, Port Isaac will be open daily from 10.30am - 5.00pm

Saturday December 12th - in St Peter's Church after the switching on of the village Christmas Lights A Singalong with the Fishermen's Friends and Port Isaac Chorale

Mulled wine & mince pies * Tickets on the door – ± 3 adults, 50p children

Sunday December 13th - in St Peter's Church 9.45am - Church Service 3pm-4pm - 'Christmas Special' Church & Cake 6pm - Concert with the SAS (Simply Aweful Sinfonia) and Port Isaac Youth Choir Mulled wine & mince pies * Tickets on the door - £3 adults, 50p children

Tuesday December 15th - in St Peter's Church

11.00am – Port Isaac Stay & Playgroup Christmas Nativity with refreshments and mince pies – everybody welcome

2.00pm & 6.30pm – Port Isaac School Nativity Play



Uring the Second World War, very few people in Port Isaac possessed motorcars; those that did had a limited amount of petrol (rationed) and so transport was by bus and train. I was always jealous of Jack and Peter Rowe as they used to go to see their grandparents at Bodmin and Terry Gifford who went to see one of his older sisters at Delabole.

Towards the end of WWII, my mother's eldest brother was married and had a smallholding at Mithian, between St Agnes and Perranporth. When I was about 11 or 12. we were invited to visit him and his wife Jessie. It meant a bus journey into Wadebridge. Then the bus conductress changed the destination sign to Newguay. We arrived at Newguay Railway Station and caught a steam train. The train stopped at various halts, Trewerry & Trerice, Mitchell & Newlyn, Shepherds, Goonhavern, Perranporth & Perranporth Beach Halt and finally Mithian Halt. My Aunt Jessie and her young daughter, Georgina, met us. We did not go into Mithian itself but went around the northern side, leaving the road and taking a footpath past a heap of spoil from an old mine and through two fields to 'Millpool'. Millpool was a two bedroomed cottage with no bathroom and an outdoor lavatory.

If anyone has read a book called 'The Specialist', then they will understand the toilet system. We had to go out the back door and through a wire mesh gate. On the way I had to kick a gander who liked to peck at bare knees - boys in those days did not wear long trousers until they were 15 and there was gap between their long knitted socks and the bottom of their short trousers. The lavatory seat was a wooden plank with a hole in it - it had been worn smooth from constant use. Every so often my uncle had to lift a trap door at the back and shovel the contents into a wheelbarrow, which he then wheeled around to the farm midden to be mixed with the dung from the pig sty - all good manure.

Toilet paper was a luxury and usually newspaper was cut into strips for the necessary purpose. On one occasion my cousin Georgina came in waving one of the strips of newspaper around and stating vehemently that she was not going to use it. "Why not?" asked Aunt Jessie. "Because it has a map of Russia on it!" was the reply.

My First Holiday George Steer recalls his first holiday to Mithian

My uncle worked delivering coal for a local coal merchant using his motorbike and sidecar. I don't think the sidecar was used for any other purpose. If my Aunt and her daughter wanted to go anywhere then Uncle George hitched up their pony – Peggy – to a trap and off they went. On the occasions I sat by his side at the front of the trap, Peggy, who suffered from flatulence, gave me the full 'benefit'!

While Uncle George was at work my Aunt Jessie, who had been brought up to farm work carried out numerous tasks including boiling up large quantities of peelings for a large black sow and the numerous varieties of chickens. I soon got used to being serenade early in the morning by the cockerel. One of my chores was to collect the hen's eggs each day. Some hens wanted to keep their eggs and if I didn't find their nest a proud hen would turn up followed by a number of small chicks. These chickens invariably found the most obscure places to lay their eggs - in hedges or in straw at the back of the barn. I didn't mind collecting the eggs, even if the hens did peck my hands (better than having my knees pecked by the gander).



I was also expected to shut the fowls in every evening. On one occasion I forgot. The next morning Uncle George came into my bedroom and hooked a finger as a sign that I should get up, dress and follow him. A fox had got into the chicken house and caused carnage. Anyone who has ever witnessed such an event will understand why country folk do not mind fox hunting. The MPs that banned foxhunting must have been predominantly 'townies'.



My other job was to take the cows from the field close to the milking shed to another, crossing a stream from which the cows drank copious quantities of water, and then bring them back for evening milking. My aunt kept the pails and churns in spotless condition and would start the milking before my uncle got home from his coal deliveries. After a while it was suggested that I should have a go. Equipped with a pail and a three-legged stool, I was told to milk a very placid cow. My aunt knew that the cow was placid and so did I, but no-one had told the cow. I pushed my head into her flank, squeezed and pulled but very little happened. After a while the cow turned her head, sized up the situation and came to the correct decision – here was a learner with a capital L. Some time later I still had less than a centimetre of milk in the pail so the cow, a dairy shorthorn I think, lifted her hind leg and kicked me, the pail and the stool into the slurry channel. Did I stink? I had to wear my Sunday best until my normal clothes were washed and dried.

Each week my Aunt Jessie, with Georgina in tow, walked up to her parent's farm at Higher Mithian. I would drive the cows up to a small field and fetch them back after we had had a cup of tea and a bit of homemade cake. Aunt Jessie's father spoke very quickly with a strong West Cornwall accent through a large moustache. I don't think I ever understood a word he said so laughed when everyone else did. If he was not working he wore highly polished leather gaiters. Often his son Jack and younger daughter Phyllis were there. Both of these children were sharp, not a bit like Aunt Jessie who was one of the nicest people anyone could imagine.

Uncle George and Aunt Jessie had an orchard where I was allowed to pick the apples without being told off. The only thing I did not like about Mithian was the number of mice; in the barn especially, where the corn for feeding the stock was kept, and in the cob walls of the cottage. Mousetraps were a necessity and each farm had its own cats. They were not fed and were expected to kill the rodents. When the threshing machine came round to Higher Mithian, boys were given sticks with large knobs to kill the mice and rats as they came out of the corn ricks. Manv farms had Jack Russell Terriers that were exceptionally good at dealing with rats but only (so I've been told) after the dog had been bitten by a rat.

Sadly Aunt Jessie died of TB meningitis at the early age of 32, leaving Uncle George with two children, Georgina and Jim to look after. So that was the end of my holidays at Mithian.

George Steer

If you would like to write an article for inclusion in Trio, please send it either by email to triopi@mac.com, on a memory stick or as hard copy handed in to Secrets or posted to 3 Trewetha Lane, Port Isaac, PL29 3RN

Another year in the life of Port Isaac Village Hall

he end of the year is traditionally a time for taking stock and as we look back on 2009 we can confidently say that it has been a good year for Port Isaac Village Hall. The Hall has been used regularly and has hosted markets, sales, fundraisers, music concerts, wedding receptions, children's birthday parties, adult birthday parties, cream teas, lunches, AGMs, local MP visits, art days ... the list is endless. And don't forget the RNLI Barn Dance on December 28th. The diversity of events proves what a versatile Hall it is as the photos in this month's Trio show.

A big thankyou must go to our regular users: Yoga, the Stay & Playgroup, the Port Isaac Chorale and the Golden Circle. They provide a regular income for the Hall and the Hall provides a warm and welcoming venue for them.

On the fundraising front, we have been maintaining the momentum and particularly memorable this year was Universally Challenged, our Fashion Show, Strawberry Experience and the Bish Bosh Bash production of 'Surfin' Tommies. Not forgetting the evening shows we hosted for the Music Festival and the Carn to Cove events we continue to bring to the Hall.

Although we've not raised a fortune we have been able to continue with our ongoing improvements to the Hall, most noticeably the completion of the bottom of the steps and increased storage. The men on our committee (is that sexist?) meet regularly on Monday evenings for 'Monday maintenance' when they try to stay on top of all the jobs that need to be done to keep the Hall in good shape.

So if you're planning an event remember your Village Hall and don't forget, the Hall is licenced both for the bar and entertainment. We already have two wedding receptions booked for next year. If you want to make a booking or find out more about hiring the Hall, just call Vanessa on 01208 880098,

On Saturday January 30th, we are hosting a fundraiser for the next Music Festival. The Devil's Hat Band who you may remember were such a success on the Platt back in May will be playing at a Cider & Pasty Night. Full details will be in the next Trio but put the date in your dairy now.

A very Merry Chrístmas and a Happy New Year to everyone from Port Isaac Víllage Hall Management Commíttee



Port Isaac Rowing Club



Port Isaac Rowing club is holding its annual gig push on Sunday 27th December, meeting on the Platt for mulled wine, mince pies and bacon rolls. The push

starts at 12noon and the gig will be pushed to Pendoggett and then back to Port Gaverne. Proceeds will go to the Precious Lifes Appeal and Port Isaac Rowing Club.

Port Isaac Rowing Club would also like to thank Paul and CJ at the Mote for a great end of season do.

THANKS **Cyril Jasper Brown**

Ida Brown wishes to thank everyone who donated to the British Heart Foundation. Total £436.20.



Up and dancing with the 3 Daft Monkeys in November

Fireworks

Thanks to everyone who turned out in atrocious weather to watch the fireworks and 'floating' bonfire and to our super band of helpers.

Congratulations to the Hardy Boys on winning the guy competition and to the runners up, they were all great.

Hope to see you all down on the Platt on New Year's Eve where we will be serving our mulled wine and nonalcoholic fruit punch for 'donations' towards next November's fireworks.

The Firework Committee

Ring out, wild bells, to the wild sky. The flying cloud, the frosty light; The year is dying in the night; Ring out, wild bells, and let him die.

- Ring out the old, ring in the new,
- Ring, happy bells, across the snow:

The year is going, let him go; Ring out the false, ring in the true.

Alfred Lord Tennyson

Hospice Hampers & Christmas Lunch

t's been a busy time on the Hospice fundraising front, We had tables at St Peter's Church Chrismtas Mini-Market and the RNLI Christmas Market and made £223.50 selling our hampers.

Next was the Christmas Lunch in the Village Hall which made a profit of £266. A big thank you ot everyone who supported the Lunch and to all our helpers - we couldn't have done it without you.

The date of Saturday March 13th is set for next year's Hospice Day. Remember it is in a new format - lunch, raffles, cakes, new table. So remember, if you don't like that Christmas gift you receive, donate it to our Hospice Day.

Poppy Day Success

In behalf of the Royal British Legion, I would like to thank everyone in Port Isaac and St Endellion Parish for your overwhelming support and generosity that has made the Poppy Appeal an enormous success.

In Port Isaac we raised just under £3000 - over £900 of this being raised from outside the Co-op. A huge thank you to Roy Smith and his team for all their assistance and patience and to John Radcliffe who helped me with the collecting there.

Thank you to everyone; our volunteer house-to-house collectors, those who hold year round collecting boxes, the organisations that contribute Poppy Wreaths to the display in John Brays Estate Agents, the shops, hotels and pubs that sell poppies and everyone who helped to provide such an appropriate Remembrance Service.

We join the Nation in giving our biggest thank you to our Fallen Heroes and those who are left, for their bravery and sacrifice.



Allan Chadband braving the elements outside the Co-op

This will be my last letter of appreciation as I am retiring at the end of this year. I would like to say a big thank you for the wonderful support you have given me over the past 12 years. The reins are being taken over by an experienced Poppy Appeal organiser, Annie Price. However, I intend to carry on as a collector, and to act as Annie's 'trouble shooter'.

Once again, thank you all. Allan Chadband Local Poppy Appeal Organiser



vlaking up the hampers, our table at St Peter's Mini Market (above) and at the RNLI Christmas Market (right)

Christmas lun

all the helpers

15th December – 11am – Christmas Nativity at St Peters Church (tea, coffee & mince pies will be available) – anybody is welcome to come to the church to see our little nativity



The playgroup made the most of the sunshine this autumn and headed out to Cardinham Woods to collect leaves, acorns and lichen and used them to create a lovely collage that is now displayed in the Village Hall.

Dan Rogerson, our local MP, writes ...

By the time you read this, the Christmas season will be in full tilt. Every year the commercial part seems to start earlier: one person told me they saw their first Christmas advert in September! But it's now, as the cold December days begin to bite, that the real part of Christmas, away from the shops and the crowds, is on the horizon. On Christmas Day, Heidi and I will be with our three children at my in-laws' home in Bodmin. We're very lucky our family all live in the town, so my two brothers-in-law and sister-in-law will be there too. Then on Boxing Day, it'll be round to my own parents' place (also in Bodmin) for round two, with my sister's family and our grandmother. I can see a January diet in the offing once again.

I'm always very struck that while Christmas is overwhelmingly a happy time, when we get in touch with people we might otherwise lose contact with, and see family and friends, there are a great many people in our community and all round the country who find that the profusion of festivity serves only to augment loneliness and desolation. I'm very grateful to everyone who gives up time during this busy period to work with people who find themselves alone, so that everyone in our community has a chance of a happy Christmas.

In November, I attended a Remembrance Sunday service in Launceston. There was a marked change of mood from other services I've attended over the years. This year, Remembrance seems all the more poignant. We are used to remembering the sacrifices of generations past, without which neither I nor my children would benefit from the freedoms that we do. Yet young men and women are dying every week now in Afghanistan – the pictures of their bodies being returned home are all too vivid an illustration of the cost of war. I have written to the Secretary of State for Defence asking that more be done to show our appreciation for the people of Wootton Bassett for their quiet, dignified observance on behalf of us all. More and more people are saying to me that they now question the merit and purpose of our deployment in the country. The Ministry of Defence has a real responsibility, now, to meet that military surge with a political surge: the Karzai Government simply does not attract sufficient support in Afghanistan for our efforts to maintain any semblance of peace and security to be credible. Everything possible must now be done to create a government of national unity in the country, to attempt some reconciliation between the manifold interest groups there. Without serious change in the political process there, we cannot hope to succeed. And the Government has a responsibility, too, to set out more clearly what 'success' will or would mean. There are a number of difficult objectives we can pursue; our military deserves to know which ones Ministers have chosen.

Meanwhile, I recently chaired a meeting in Wadebridge, organised by the Love Wadebridge group. This was to allow local people to air their views on the future of

Charlotte Collings

Congratulations on graduating and achieving a BEd to become a Primary School teacher Good Luck for the future in Bristol Lots of Love from Mum, Dad and Rosie xxx

The Endellion Children's Choir

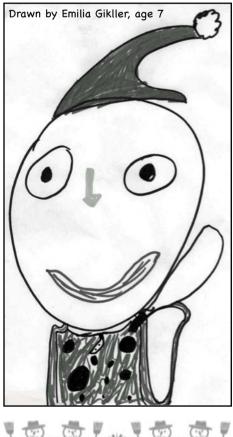
The choir is very much up and running and we have 28 children on the register. At present they are rehearsing Christmas music and will be performing on 13^{th} December with the SAS at St Peter's during the Christmas Tree Festival.

Rehearsals will resume in the New Year on 14th January in St Endellion Church Hall 5pm -6pm. Any enquiries about joining or performing to Janet Townsend or Pat Pearson.



their town, particularly on the matter of proposals for new supermarkets. There was lively debate and interesting contributions from a panel which included councillors, council officers and representatives from some local organisations. While I have met people who do support more supermarket building, the mood at the meeting was very much one of concern for the future of the town centre. I was pleased to see two hundred or so people come out on a Friday night to take part.

All that remains is to wish you a happy, peaceful Christmas, and I look forward to reporting back again in the New Year. *Dan Rogerson MP* 4 Tower Street, Launceston, PL15 8BQ Tel: 01566 777123 email: contact@danrogerson.org





Port Isaac Brownies

I would like to say a huge thank you to all the Brownies and parents for their patience and kindness during our extended summer break. We didn't return to Brownies until the middle of November, as I was on maternity leave with the birth of Teagan.

Unfortunately we have lost a few Brownies as they have moved over to the new Brownie pack in St Minver that is nearer to where they live. Goodbye to Mabel, Elsie, Sybil, Georgia, Lola, Niamh and Ines - we hope you do well over there and come back to visit us. However, we still have a very healthy Brownie pack; we have 17 girls and new girls joining in January. We look forward to seeing them and starting a new year with a nearly full pack.

What have we been doing!!

A few changes have been made in the pack. Well done to Tikvah who is now a leader and Daisy and Asa who are now deputies (seconders) of their six.

We have been making decorations for our Christmas tree for the Christmas Tree festival at the Church. The girls have been busy making home made angels, snow flakes and snowmen plus a few other things to go on the tree.

We also had a evening at Hillson Close when Dean and Ellen switched on their fabulous display of Christmas Lights. We all had hot chocolate and doughnuts. Yummmmm!!!! A big thank you to Dean and Ellen, for inviting us to there display.

Brownie of the Year

At this time of year we generally get together with other packs in the district to celebrate Christmas and attend the Annual Carol Concert. Unfortunately due to a local School Carol Concert being held on the same night all the Brownies will be attending this. So we will be giving out the Brownie of the year cups at our end of term party. Once again I asked the girls to vote for Brownie of the Year. This was done by silent ballot and the votes were counted and verified by our Treasurer Jan. The Brownies of the Year 2009 are Tikvah Williams and Sinead Tiddy! Both of these girls have been a Brownie for years and they have taken part in everything we have organised with loads of enthusiasm!!!!

Tikvah was quite shy when she started, but became a strong part of the pack. She has shown she can help lead her group, and she has made many friends. She is also a fantastic artist too and this has been displayed over the last few years.

Sinead is now the longest serving Brownie in our pack, joining when we started up in 2005 and she was just six. She has worked very hard at everything we have done. She has a very funny side to her, which has been noticed by all the friends she has made. Well done to both airls.

PROMISE

We are having our Christmas Party at the end of term and our new Brownies will be making there Brownie Promise plus, as a pack, we will all be re-taking our Promise. This is a very important step in Brownies. Good luck and well done to Esme, Emma, Georgina, Stephie.

NEW LEADER

Due to circumstances beyond control we lost our new leader Marie. Her college commitments did not allow her to cobntinue with Brownies. Therefore I am running Brownies on my own with the help of a different parent each week. I am in desperate need of a new assistant leader to come in and help run this successful group with it enthusiastic girls. If you would like to get into uniform, and help then contact me Jennie on 01208 881044.

Which just leaves me to say

MERRY CHRISTMAS AND A VERY HAPPY NEW YEAR, from Port Isaac Brownies!!!!!!

Jennie & Brian pleased to annouce the safe arrival of thier beautiful baby girl

"Teagan Willow **Bethany Grace**" Born 10th October 2009 Weight 8lbs 10 1/4oz

A very special sister for Sinead, Cody and Emerald

Special thanks to Ellen, for her support during the birth. To Beth & Mike for their support given to all of us during the birth. The children loved their pancakes so much they would like another night with you just for them!!!!



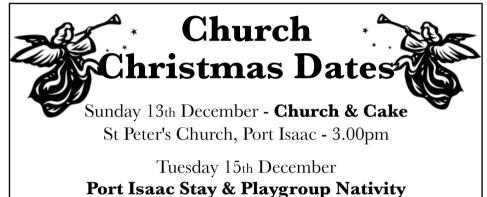
Magical Managers 2009/10

League One					
LW		TEAM	MANAGER	PTS	
1	1	NO MIDLIFE CRISIS	Kevin Grills	481	
2	2	NORFOLK 'N' CHANCE	Dan Grills	413	
3	3	THE GALACTICOS	Andrew Grills	401	
5	4	JOSHIES ALLSTARS REVISITED	Karen Grills	363	
4	5	HARTLAND RD ALLSTARS	Bryan Nicholls	356	
6	6	SHEIK YERBOOTY	Andy Penny	342	
League Two					
1	1	MAYFIELD ROAD HOOLIGANS	Tim Witherden	439	
2	2	CENTRAL SPORTS	M Roskilly	426	
3	3	THE GUNNERS	Mark Pattenden	389	
5	4	TIA'S TEAM	Gemma Cleave	384	
4	5	MOTS FLYERS	Tom Cleave	378	
7	6	MINUS 10	Richard Hambly	363	
up to November 28th 2009					

Father John's Christmas Message

As Christmas approaches we remind ourselves of what all the activity, all the worship, thinking, debating, praying and loving, is all about. In the birth of Jesus we believe that God himself was `incarnate' – the best Vicar of all, in the worst weather and the harshest time of the year, Christ comes out of heaven to visit his people. Luke's Gospel begins with the Christmas story, saying: "Blessed be the Lord God of Israel, for he has visited and redeemed his people." Christmas means `Immanuel' – `God with us' - and the Christian faith is therefore always meant to be `incarnational', and it is about visiting and being alongside people. Christianity is not about escaping the world, nor about seeking a spiritual life by denying the world. All that we have done together this year is ultimately about God coming alongside us, and we doing the same for others. I think of all the work done locally by the RNLI, the coastguard and those who man the beaches – I think of a lifeboat setting out in high seas to come alongside someone whose craft is foundering. That is what we are to do. If we did that it would be Christmas every day.

Happy Christmas to you all from John



St Peter's Church, Port Isaac - 11.00am

Sunday 20th December - **Nine Lessons & Carols** St Kew Church - 6.00pm

Thursday 24th December, Christmas Eve Crib & Christingle

with Prebendary John May & Revd Andrew Lewis St Peter's Church, Port Isaac - 3.00pm







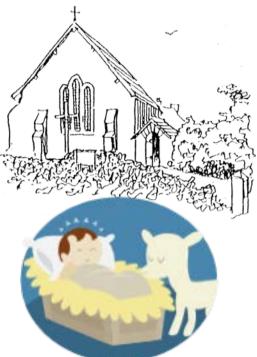
Midnight Mass Revd Andrew Lewis, St Peter's Church, Port Isaac - 11.30pm

Midnight Mass

Revd Conrad Sargisson & Revd Jonathan Mosedale St Endellion Church - 11.30pm

Christmas Day Family Sung Eucharist

Prebendary John May, Revd Judith Pollinger & Revd Andrew Lewis - St Endellion Church, 11.00am



C is for the Child born that night to be our light (John 8:12)

H is for holy is His name. (Rev 4:8)

R is for rejoice with gladness and joy (Luke 1:14)

I is for Immanuel, God with us (Is.7:14) (John 1:14)

S is for the star that led the Wise men to Him (Matt.2:2)

T is for the truth and grace that was sent our way John 1:14)

M is for Mother Mary laying Him in swaddling clothes in the manger (Luke 2:7)

A is for angels singing songs of joy (Luke 2:14)

 $\boldsymbol{\mathsf{S}}$ is for salvation



RNLI Christmas Market

Yet again, we held our annual Christmas Market in the Village Hall, as our way of getting into the Christmas spirit along with so many locals and visitors. It was a great atmosphere with Christmas music playing, mulled wine, teas, coffees and mince pies and a great display of our range of RNLI pictures and Christmas cards, which proved very popular.

We also welcomed numerous stalls and this year we were also able to help raise funds for the Cornwall Hospice with a stall full of BOGOF hampers and a raffle. It is always good that charities can support each other, they are all so important.

We were grateful that Barbara Hawkins was there to draw the winning ticket for the brilliant original mixed media painting, 'Pulling Together', by the well known artist, Ray Balkwill. Tickets sales in the Pottery accounted for over 1000 of the total of 2800 Draw Tickets sold in support of the RNLI. Father Christmas presented Barbara with a framed historic Port Isaac Lifeboat print as a sign of the committee's appreciation for all her hard work on behalf of the RNLI, very much supported by RNLI Deputy Launching Authority Billy Hawkins.

The winning Draw Ticket was number 2696. When contacted with the good news, Mrs Dilys Tedaldi from Llanelli in Camarthenshire, who had been a visitor to Port Isaac back in September was indeed 'over the moon'.

We also appreciated the presence of Roy Richie and his wife Barbara. Roy, as many of our RNLI supporters will know, has in the past donated a number of original paintings, as has Barbara Hawkins, for us to use for our annual draw and cards. This year he donated a beautiful Christmas scene showing Father Christmas flying over the village with his sleigh for the main prize in our raffle. This painting had been further enhanced by Martin Clunes and the Doc Martin Team who had signed Christmas Best Wishes on the mount. Father Christmas presented Mr & Mrs Richie with a plaque and a signed letter of appreciation from the RNLI for their incredible support over the years.

To really get us all in the Christmas spirit the Port Isaac Chorale led us all singing carols helped along, I am sure, by the intake of many a cup of mulled wine. It was great to have them all there, led by their Music Director Janet Townsend. Thank you all so much.

Which leaves me to thank you all for being a part of what has become an annual event. To all those who helped, especially crew members Andy Cameron and Damien Bolton and to the stall holders for supporting us, to Father Christmas for finding the time to attend, and to you all for coming along to spend your pennies (and more) for such a very vital cause. At the time of going to press our Treasurer confirms a figure for the day of well over £700 - helping saves lives at sea.

Annie Price and the Port Isaac RNLI Chairman, Committee and Crew, all of whom wish Trio readers a Very Happy Christmas and New Year



Pics, top to bottom: Father Christmas with twins Tamara and Kaitlyn Father Christmas with Annie and her neice Mya Father Christmas with Lil Thomas and her grandson Jack Barbara picks the winning draw ticket Yvonne Cleave on her hat stall

In addition to the RNLI Christmas Market at our Village Hall, other members of the RNLI Committee and the Frank McNichol Art Group combined together to share a stall at the popular annual two day Christmas Fair held at Pencarrow House. All who attended agreed it was a festive event with many visitors from all parts of Cornwall attending. Our combined stall displayed a great selection of pictures and cards plus a raffle for one of the exclusive Ray Bulkwill special edition prints 'Pulling Together'. The winner was David Bolton, ex Port Gaverne.

Well over £600 was raised for the RNLI and several hundred pounds for the McNichol Art Trust.





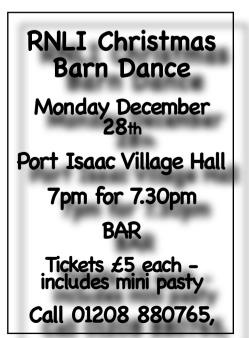


Robert Ticehurst

Port Isaac Crew and Committee were sad to hear of the passing of one of their past officers, Robert Ticehurst at the age of 92. A celebration of his life took place recently at Bodmin Crematorium attended by representatives of Port Isaac Station, Past Hon Sec Ted Childs and Chairman Bob Bulgin.

Port Isaac Hon President, David Castle has provided these words in recognition of Robert's service to Port Isaac RNLI.

"Robert served on the RNLI Committee for nearly 20 years, a most enthusiastic member who always wanted to be involved with the Branch. By profession he was Vetinary Surgeon and his practice was in Henley on Thames. In the early days of Blue Peter he was often consulted on Veterinary matters. Having had many holidays in the Rock area, he retired there and enjoyed sailing. In those days Rock did not have an RNLI Branch so Robert joined Port Isaac and worked tirelessly on every event. He introduced the Children's Matchbox Competition, which raised 1,000s of pounds over seven years. Each year a Primary School in the area was chosen to take part and the children were first given a talk and film show by Robert informing them of the RNLI's work and how funds were raised. The children were each given an empty matchbox and were asked to fill it with as many items as possible. There was also a sponsorship form where friends and relations could sponsor the child, either so much per item in the box or usually a donation regardless of the number. The boxes were returned together with their sponsorship forms and the prize was for the child who had the most recognisable items in the box. The highest number was a girl at Tintagel School who managed to get 225 items in the box!!"



New Lifeboat arrives at Port Isaac RNLI Station Copeland Bell

At last, the long awaited replacement for our "D" Class Inshore Lifeboat became a reality last week with the delivery of a spanking brand new IB1 Lifeboat. First stop was Trewetha Farm where it was unwrapped and checked out by willing crew. It was transferred from the RNLI delivery trailer to the Station Launch trailer thanks to facilities provided by Coastguard Chris Bolton.

This latest state of the art Inshore boat has a number of significant features that make it a far superior and safer boat than the old "D" Class, which was first introduced by the RNLI in 1963 and to Port Isaac in 1967.

This new boat has improved performance in speed, maneuverability and equipment fit out, enabling faster response with a top speed of 25 knots. The structure is now fibre reinforced providing for greater strength, lower maintenance and reduced through costs. This combined with Hypalon coated polyester gives a more consistent boat shape and enhanced performance, which has been fully confirmed by our helmsmen following the boat going operational on Monday November 23rd.

The navigation equipment consisting of a GPS Chart Plotter is fully updated and integrated in the forward pod. The anchor is now ready rigged, equipment storage much improved with dedicated lockers and faster restart. Electrical and manual back up improve safety for the crew following capsize. Altogether a 100% improvement.

The funding for Copeland Bell has come from the Model Boat Appeal which was run in Cornwall in 2000-2001 and in particular from the Bude Model Boat Festival and other similar fundraising events organised by Stu Bell and Godfrey Copeland. Other donations have also come from local RNLI Branches, the Cornwall Federation of Male Voice Choirs, Royal Logistic Corp, Tehidy Golf Club, Redruth School, BT Team, the Plough Inn Camborne, and Mrs Weaver and Mrs Merrick (in Memoriam)

It was good to welcome Godfrey Copeland and his wife to the Station in company with his wife, our RNLI Divisional Inspector and Cornwall Area Fund Raising Manager the day following the boat coming into service.



Carlier in the year I wrote about 14 year old Victoria Redman who attends Sevenoaks School in Kent who was elected by the RNLI to receive the National Youth Supporter Award for the fundraising she had carried out since the age of 11. During this time she has raised well over £2000 which she has donated to the RNLI through Port Isaac Station. The award to Victoria was made at the Barbican in London by His Royal Highness The Duke of Kent in May this year.

Not content to rest on her laurels, Victoria has carried out further fund raising and created a hand made range of Christmas cards to sell on behalf of the RNLII. Victoria is pictured here with members of the crew and committee after she handed over cheques to the value of \pounds 300.



Children In Need

We had a fun day in school to raise money this year. We dressed our teddies for a competition, we made cakes to sell after school and we had a non uniform day. We put all the money raised together with the collection from our harvest festival and have sent over £100 off to Pudsey! Thanks to everyone who helped!

Guitar Music!

Class 2 has just completed the first course of 10 lessons with their guitars. The rest of the school was treated to a short concert of all the tunes learned so far. It was very impressive!

Happy Bírthday...

Birthdays celebrated in November

- Jess 11
- Mark 10
- Níck 10
- Taran 9
- Melanía 6
- Bob 5
- Matthew 5

Birthdays celebrated in December

- Nun 10
- Issabella 6
- Josh 5
- Megan 4

Christmas Play

This year we will be performing our play, "The Legend of Babushka", in the Church as part of the Christmas Tree Festival. All are welcome to come along on Tuesday December 15th when we are holding two performances. The first is at 2pm and the evening performance is at 6.30pm.

Sensory poems by Year 2

The Mountain I can see the snow I can smell the cooking I can hear the snow I can taste the snow I can feel the cold snow By Eve

The Mountain

I can see the snow and rough ground I can see the trees and the frost I can see the snowflakes I can see the mountain in the snow By Finn

The Mountain

I can see a mountain I can eat a bit of snow I can smell cooking I can hear a wolf howling By Sam B



Friends of Port Isaac School

Friday December 11th

from 3.30pm in school

visit from Father Christmas

cakes games cards gifts mince pies raffle tombola plus lots lots more

all welcome

Merry Christmas and A Happy New Year from all of us in school!



SAUNTON SANDS



his year's annual event 'abroad' took us to the windswept North Devon coast and to one of Britain's top 30 golf courses, Saunton. The previous week's weather forecast hadn't boded well for our two-day excursion but, being the intrepid PIGS, we met at the Cornish Arms at Pendoggett. We actually followed the weather front up the coast and were gently enticed by odd flash of blue sky that kept morale high. On arrival at the club we ordered breakfast and, I must say, were slightly taken aback when what can only be described as a communal breakfast plate came out, which would have been fine but we got one each! This would prove to be a theme at the clubhouse.

Anyway, after saddling up we marched purposefully up to the first tee, which was perched quite high so we all had a panoramic view of the first three or four holes. After watching the first golfers trying to balance their balls on the tee pegs, the general consensus was that by the end of the day we would have all suffered with severe wind – and we were right. On returning to the club house after 18 arduous holes there was a general look of 14 men who had just been raped by the elements! But after a couple of hot chocolates we were back to normal!

The Saunton Sands Hotel, a beautiful building perched high on the cliffs, accommodated us wonderfully well until dinner when a very observant French waiter noticed that one of our younger members was not wearing the proper shoes. We were informed, very politely, of the problem and, being the quick thinking boys that we are, formed what could only be described as a Roman fighting square around our member and escorted him to our table in true PIGS style. After a fantastic dinner we retired to the bar to relive our golfing and life stories to each other – and to anyone else who would listen. A few eyebrows were raised when some of us went to bed and left the rest to perform a snooker marathon.

Now, the sleeping arrangements meant that some of us had to pair up. I didn't mind because apparently I had a single room booked. Unfortunately, I was gazumped at the reception desk by Andrew Dunlop. I can only assume he had something to hide!!! Anyway, Mark Grills was OK and he didn't wake me when he came in late!

Next morning arrived, and so did breakfast – well, for those of us who were up on time. Note to self; don't sit next to 'Pikey' George as he nicks any food he can find, not only for himself, ask Billy Pattenden. Anyway, to cut a long story short, the second day's golf wasn't quite so windy but it was slightly wetter, although this didn't deter us from having a good laugh – what with Des dressing like Sherlock Holmes, George and his Casey Jones moment right in the middle of his back swing (very painful), bunkers that were so deep the insects in them spoke with an Aussie accent and poor Dan "The Milky Bar Kid' Grills

The Trelights Walker



The winter storms have arrived and the skies seem full of dark, menacing cloud formations, transforming a green and vibrant landscape into something a lot more foreboding. Interspersed in the landscape are the starlings who seem to be able to perform and aerial ballet of such intricacy at the merest hint of an audience. I could stand for hours watching the flocks swoop, dive and soar against a background of clouds.

The use of light (I'm speaking as an artist would now) plays a major part in my perception of shapes. I walk down in the light and look at the outline of trees, bushes and hedges and I see very little but, on the way home with a moonlit sky bathing everything in an eerie light, trees especially, take on a different persona. They transform into clawed griffings, old hags, diving dolphins and every step adds another facet. It's a good job I'm a big bloke, otherwise I could get quite frightened!!! (Ed: Even men get frightened sometimes!).

It really is good, feeling my heart pumping my blood round my body when walking – especially up Church Hill – but don't feel obliged to drive past me thinking that I would turn a lift down because, believe me, I wouldn't! Anyway, I digress. Apart from the odd scary bit, there is very little that beats a walk home on a clear, cold night with only the night creatures and the stormy sky to keep you company. I'm wrapped up in my big coat, gloves and hat, knowing that a roaring fire, home cooked dinner and a loving family awaits – it makes life perfect.

Merry Christmas and a great 2010 and, as Brucie would say, "Keep Walking"!!!

The Lardman ^{en}

who every time hit a great shot and then seemed to lose it. Finally, on returning to the locker room, I thought I had walked into the ladies because obviously the older club members don't have many inhibitions so the man boobs were prevalent.

Winners over the weekend were Steve Bunt, Andrew Dunlop, Des "Sherlock" Weston, Mark Grills and Josh Brewer.

Next match: Christmas @ Roserrow and Dinner @ The Mote.

The Lardman

And finally: You know you're getting old when the squeals and yelps of joy you used to enjoy on the Dodgems and Roller Coaster are replaced by muffled grunts of aargh and ow on a golf buggy.

Arts & Music Events: Can you help?

We are looking for volunteers who are willing to help steward events taking place across the six churches and chapels of St Endellion, St Enodoc, St James the Great St Kew, St Michael's Porthilly, St Minver and St Peter's Port Isaac.

As we continue to expand the number and range of art and music events that take place across our churches we need to ensure adequate stewarding and welcome for those attending. To this end we are looking to establish a group of reliable volunteers willing to give of their time to support at least 3 events per year.

Duties may include welcoming guests, ticketing, serving drinks, responding appropriately to any medical or other emergencies during events. No experience is needed and guidance will be given and duties tailored to individual abilities and skills. We would also be delighted to hear of any people willing to assist and advise on the publicity of events.

In many cases stewards will be able to attend the concerts and events at which they assist, but in addition we hope to offer each volunteer a complimentary tickets every year to any of the events that take place across our churches.

We are very happy to accept volunteers who are not regular church-goers who would like to help us realise our aim of fostering wider engagement and participation in the arts across our communities.

If you are able to help please contact: Jonathan Mosedale, The Vicarage, St Minver, Cornwall PL27 6QH tel: 01208 862398 email: mosedale@metanoa.com

A Permanent Home For `The History Port Isaac'

Would you like to see an exciting permanent exhibition space displaying the Port Isaac Story?

As a result of the recent Arts Festival, it has became clear that there is a pressing need to preserve the artefacts and memories of Port Isaac. St Peter's Church has offered to provide space for an independent, permanent home for this exciting project.

There's no end to the possibilities. It could tell the history of fishing, the old school, local families, the chapels, life in the last two centuries and more.

Who can remember the cinema, dances on the Platt and a nightclub on Church Hill?

Anyone interested will be able to contribute to the exhibitions. And it's not all ancient history. One of the proposed displays includes The Rock' n Roll years - 'Port Isaac in the 50's and 60's!' So dust off those old blue suede shoes and get the old photo albums out.

It would become a tourist attraction and a venue open to all with attractive, ever-changing displays.

The aim is to obtain grant aid for a top quality, attractive, well lit display area, which will be open daily.

We have already got the ball rolling. But we need to know that there is strong local support and interest.

There will be a meeting on Monday 11th January at 6.30pm in St Peter's Church

"Please come along and find out more. It won't happen without you!"

Barbara Hawkins

S stands for stockings we hang up so high.

- A is for all we get if we don't cry.
- **N** is for nobody he will pass by.
- T is for to-morrow, the day we eat pie.
- A stands for at last old Santa is nigh.

C for the children who love him so well. **L** for the little girl, his name she can spell.

- A stands for apples so rosy and red.
- **U** is for us as we wait for his sled.

S stands for Santa Claus, who comes in the night when we are tucked up in bed with our eyes closed so tight



t 's funny how little insignificant thing can trigger off memories. Looking down at the road one day, I saw something embedded in the tarmac that took me back to about 1974, beetle crusher shoes, tied down collar shirts, tank tops (Ed: You in a tank top?!), patch pocket trousers and Raleigh Chopper bikes yes, the one with the gear change in the middle (obviously designed by an upset mother) and big orange Space Hoppers! "Blakeys", an orange segment shaped piece of metal that you used to put onto the heel of your shoes to make the heels wear better - I don't know about it being better for your shoes, but if you angled them right when you were getting a "backie: on your mates chopper, you could certainly make sparks fly.

1974 – the year my mum started letting me buy my own clothes (except pants and socks, of course). My first pair of patch pocket bags, high waisted, six button and two inches short so as to show off the black beetle crusher shoes, topped off by a chequered, button down collar shirt and "V" neck jumper with the three stars in various sizes on the front. I thought I looked the "mutt's nuts" but, looking back, I'm not so sure. (Ed: You sound more like a closet Bay City Rollers fan to me!).

1974 – I can remember things vividly, but then I think to myself that it was 35 years ago. I can still remember walking down to Swanpool Boating Lake with Mum and Dad who always dressed immaculately, Mum in her twin sets and heeled shoes and the old man in his trousers with a crease so sharp you could cut yourself on it, ironed shirts, a cravat and either a jacket or a jumper. And then I sit there and think, what did I have for dinner last night and, guess what? I can't remember!

Memories are little snippets of a former time, brought on by a small reminder in the present. But I will tell you something, without these snippets of former years, all our lives would be a lot duller.

Here's to loved ones who have sadly passed on. Gone, but never forgotten.

Chris Lanyon

Thank you to everyone for all your kind wishes and thoughts while Teagan was in to hospital. After a week of close monitoring she is home and doing very well. thanks from Jen and Brian



things Parish Council ...

the Parish Clerk's report

PLANNING APPLICATIONS AND NOTICES

Application 2009/01473 Enlargement of existing single storey side extension to south side including re-roofing with hipped roof, erection of single storey lean-to rear extension to west side and repositioning close to lane. Mrs A Walsh, The Barn Owl, Trewetha, Port Isaac.

Mr Martin Dingle declared interest. It was proposed by Mr M Bell and seconded by Mr A Penny that the Parish Council supports this application.

Application 2009/01446 Construction of Farm Managers Dwelling. Messrs R D, KJ & DRW Harris, Tolraggott Farm, St Endellion, Port Isaac.

It was proposed by Mr M Bell and seconded by Mr A Penny that the Parish Council supports this application.

Application 2009/01419 Proposed internal alterations and extension to provide a garden room. Mr & Mrs H Thomson, Silvershell View, Port Isaac.

Mr Andy Penny declared interest. It was proposed by Mr M Bell and seconded by Mr M Dingle that the Parish Council supports this application.

CHAIRMANS REPORT

Mrs Barbara Bell informed the council that she had spoken to Mr Colin Lewis about the turning sign at Little Hill, he had informed her that they are currently reviewing all signs in the parish and if they can find a second hand one they will put it up, if not they will have to look into having a new sign made. The new signage will be pending until the beach car parking issue is decided, and consequently whether Cornwall Council can make the old village an 'access only' road.

Mrs Bell also informed the council that recycling collection had been changed to Wednesday. She informed that she had raised concerns as there could be problems with holiday homes.

Mrs Bell informed the council that she had reported the damaged steps at Mayfield to Kevin Hodgkinson, he agrees they need to be repaired but is uncertain which cost centre the repairs can be allocated to.

GUL GUARDS

The Parish Council has agreed to put the Gul Guards up at Little Hill outside the church rooms by the bus shelter.

Re Parish clerks October report as published in the Trio magazine Dear *Trio*

It is of some concern to me that our parish council, operating as it does making informative decisions on behalf and in the interest of its parishioners, should see fit to publish, without any simple investigation, statements that are completely false and misleading to its parishioners.

I refer to a statement published in the 'Trio magazine', issue no 302, under the parish clerks report, referring to planning application No2009/0122, Amendment to previous application 2009/0068, Pearcedun Properties, Halcyon, 7 the terrace, Port Isaac. Proposed by Mr Bell and seconded by M B Nicholls which is as follows: That the parish council should write to Cornwall council informing them that it should have been described as a retrospective application as it was already built. This is a completely false and misleading statement as confirmed by the planning officer concerned at the Cornish council planning authority.

One would assume that if concern has been raised regarding this amendment, a simple phone call to the planning authority would have cleared the issue. Instead the competence of some council members has been called into question.

I invite the concerned members to explain why this information was published without investigation and also extend an invitation to visit the site and see for themselves. Once the Parish Council has confirmed the facts we would expect a corrective statement to be published in the Trio magazine.

Andrew Dunlop The Terrace, Port Isaac

CHRISTMAS TREE FESTIVAL

The Parish Council has agreed to buy a tree for the Christmas Tree Festival.

TINTAGEL TERRACE

The Parish Council has written to Cornwall Council and asked for the lane from Co-op to Tintagel Terrace to be cut back.

MAYFIELD LANE

The Parish Council has written to Cornwall Council and asked them to have the hedge cut and tidy up the Mayfield Lane.

TRELIGHT PLAY AREA

The Parish Council has arranged for the Play area at Trelights to be tided up.

PLAYING FIELD

The Parish Council has agreed to appoint Mike Hall from Mor Design to undertake the preliminary design for the playing field project. The Designs will be presented as soon as possible.

DATE OF NEXT MEETING

Monday 14th December 2009 at Port Isaac County Primary School

> Elizabeth Harris 01288 341242

email:stendellionparishcouncil@fsmail.net

Highway Maintenance and Public Footpaths – any problems contact Robert Manders on 01208 880022

AULD LANG SYNE

The song "Auld Lang Syne," is sung at the stroke of midnight in almost every English-speaking country in the world to bring in the new year.

At least partially written by Robert Burns in the 1700's, it was first published in 1796 after Burns' death. Early variations of the song were sung prior to 1700 and inspired Burns to produce the modern rendition. An old Scotch tune, "Auld Lang Syne" literally means "old long ago" or simply "the good old days".

Websites of the Month – Christmas edition

Amazing how quickly Christmas comes around each year. Seems like time is going faster these days. There is a lot of research being done on time perception (http://neuro.bcm.edu/eagleman/). Professor Eagleman has been studying how we perceive time, most recently by getting volunteers to fall backwards from high buildings into safety nets, and note how they experience time while they panic. He says his experiments explore "temporal encoding, time warping, manipulations of the perception of causality, time perception in schizophrenia, and time perception in high-adrenaline situations. We use this data to explore how neural signals processed by different brain regions come together for a temporally unified picture of the world" so now you know! (There is a video from the Discovery channel on the website which describes some other aspects of his work – synaesthesia, another fun area in which people taste colours, smell names and other curious cross-senses experiences.) Going back to the time studies, in one experiment, some years back, Peter Mangan compared a group of people aged between 19 and 24 and a group between 60 and 80 and asked them to estimate when they thought 3 minutes had passed. It was found that the younger group's estimate was on average 3 minutes and 3 seconds, while the older group averaged 3 minutes and 40 seconds; time seemed to pass more quickly for the older group. So time does fly as you get older and Christmas gets here quicker and quicker!

But Christmas is coming and there are, of course, lots and lots of Christmas websites. One nice one is called <u>http://www.northpole.com/</u> and has 'fun for kids, activities for teachers and parents, letters to Santa, recipes, stories and puzzles. There is also a clever graphic at the top called Santa's secret village where you can click on a cottage and find out what is going on inside. Don't have your sound turned up too loud as Santa's Ho Ho Ho is a bit startling! Of course it is really a site for buying stuff, but if you want to see a list of Christmas movies, for example, this would be a good place to have a look.

One book you might like to give as a present this year, could be Scroogenomics. This idea is explained in this article http://

homepages.nyu.edu/~ks120/DWL.pdf called 'The Deadweight Loss of Christmas'. The author is Professor Joel Waldfogel, and his arguement is that we are better at buying things for ourselves than for other people, so the huge amount of money spent at Christmas redistributes resources, but in a completely hopeless way. Some may argue, typical man, because gift giving may be a bit hit and miss, but it is the thought that counts after all. But, he may have a point. You can see a video interview with him http://press.princeton.edu/video/waldfogel/ . Fun fun fun. Another way to think about this (thanks Robert and Penny) is that some gift-giving can be very clearly with a purpose. Two examples: to give Oxfam (or similar charity) gifts in the shape of a goat to a family in Africa (see http://www.oxfam.org.uk/shop/oxfam-unwrapped-animallovers/OU4007LS) or second hand shops have lots of really useful stuff and it is reusing things – one of the components of the reduce, reuse recycle mantra of the environmental movement.

Finally, not a Christmas site, but a really lovely Cornish one was pointed out to me by Heather Old, and it is called Cornwall Cam (see www.cornwallcam.co.uk) which is the site of Charles Winpenny. This site has photographs of places in Cornwall with an associated map, so it is a really great way to plan a walk. It also links to another really good site called <u>www.myCornwall.ty</u>. You can see the Mousehall male voice choir practicing for example, getting ready for the Christmas celebrations.

So, Merry Christmas everyone, and a peaceful new year, and may 2010 be the year when the world finally gets its act together about the environment.

St Endellion Climate Friendly Parish



We have been working with St Merryn Climate Friendly Parish on a bid to get funding from the Climate Challenge Fund (see <u>http://</u> <u>www.climatechangeexplorer.org.uk/node/58</u> for details). This is a government plan to establish 20 projects where local communities get together to reduce their carbon footprint. They are investing up to £500,000 per project, and we were applying for nearly that amount. Unfortunately, the two Parishes are not next door to each other, and this ruled out a joint bid, so St Merryn is going ahead with St.Eval and we are going to be a support group.

The plan is organised around getting two windcrofts. These are a group of small wind turbines, rather like the ones a group of us visited in Delabole this week (see photograph). These turbines, sited in the right place, produce a lot of power, and are increasingly popular for farmers as both a way of getting their own energy needs sorted out, but also of providing some income. Our plan was to rent some land from someone, and then use the grant to get the turbines installed, and the income to fund a worker or two to develop our climate friendly parishes and to work with other parishes on similar schemes. The Council are backing our proposal, as well as four or five others to go forward, and these range from a one 'retrofitting' houses with energy efficiency measures surrounding the Ecotown development near St Austell, to local food projects and a sustainable heat and power system for an estate down west.

We have been thinking about how we might link local power generation with the heritage we have here in the Parish – mining for example. Our relationship with the sea, suggests tidal or wave power; the water mills scattered around the parish might also be a possible new source of power. So far we haven't got any clear plans to put to anyone, but if any good reader thinks they can help with any of this we would be very pleased to hear from you.

Of course Copenhagen has been on our minds, and we have been taking part in the various activities around this. The range of groups which are getting involved is enormous; the old timers like Friends of the Earth for example put on Age of Stupid (see <u>www.camelareafoe.org</u>) at the Regal in Wadebridge, which was free entry, well attended and an amazing film; the church groups have organised days of prayer about climate change (Penny is our local lead on this); the Transition groups have been active across the County (<u>http://www.transitiontowns.org/</u>). Lets hope something good comes of the unprecedented gathering of world leadership.

We have fixed the date for our AGM for Monday 22nd March 2010, details of the programme nearer the time, but we thought we would invite speakers from our local groups who have been working on environmental schemes.

We won't be meeting in December, so our next meeting will be on Monday January 18th at 7.30pm at Garrick, 34 Trewetha Lane, Port Isaac.

Tony Wainwright

PACT (Partners & Communities Together)

follow-up to the village September PACT meeting was held at Wadebridge Police Station on November 24th. This was attended by representatives from the Parish Council, Highways Department, the Police and Traffic officers. Specific items discussed were those that had been raised by members of the public:

1] No footpath -main road - Port Isaac to Trewetha.

Result. Highways Department had been approached by the Parish Council concerning this matter but because of the financial implications this was not a feasible option. However the Parish Council advised that was currently negotiating with a local landowner to place a footpath to the inside of the hedgerow. This is ongoing but it is hopeful that a satisfactory solution will be found.

2] Traffic congestion in Port Isaac.

Result. This is obviously an ongoing issue with several options discussed to try and improve or resolve the situation. It was agreed that the options discussed were all linked and required approval at each stage for them all to be successful.

The Parish Council advised that it was exploring a Park & Ride system for the village and that negotiations were underway. The Highways Department agreed to give full support to any future applications. This matter was agreed as a priority.

Other issues discussed were an access only policy for Fore Street, the policing of the restricted parking zone and residential parking permits. The Highways Department agreed to look at all the signage in the village to see how this could be improved. The Police agreed to contact the Civil Enforcement office in Truro with regards to the parking issues. Since the meeting PC Taylor has made contact with that office requesting more attention to enforce the current restricted parking zone year round and not just during the busy summer months.

3] Also discussed was the possibility of placing yellow lines at the entrance to the village on Trewetha Lane to extend up past the playing fields [ie to replace the yellow cones used this summer]. The Parish Councils [ie to include St .Minver Highlands & Lowlands] have been discussing a combined effort to consider sharing the cost of the initial consultation to reduce the overall outlay for each area. This will be discussed again at a later date

4] Drink related issues - Various items were discussed over recent disorder in the village.

Result. The Police have already been carrying out more patrols in the area, which is ongoing. Also a recent development is the introduction of a Pub Watch scheme for Port Isaac, which all the local licensed premises have agreed to. A further meeting is to be held on the 08/12/09 between Police and the newly formed committee. Any drink related problems are discussed by this committee which could result in the banning of individuals from all licensed premises in the village, including Port Gaverne and Trelights.

5] Drug issues in the Village.

The meeting was informed by the Police that they were looking at this issue and required further information concerning this matter. Crime stopper posters have been issued in the village giving advise on how to report concerns but remain anonymous. It's a FREE service on 0800 555 111.



PC Malcolm Taylor

Taking things for granted ...

aving just talked 'our Ed' this will only be a short account. When I last wrote in last month's *Trio* we had just arrived on Ascension Island - an island that reminded me of Mars (although I haven't as yet been there!), totally barren, volcanoes, and no running water.

We take water for granted. We had none, so the obvious solution was to recycle anything around us. This included de-salination of sea water which gave us the necessary drinking water. I often wonder why the UK hasn't followed this example, seeing as we are surrounded by sea water. This system also gave us bathing water and loo water.

For watering our well kept veg garden, we relied on re-processed sewage. Every household had 45 gallon drums with taps attached and, once a week, a huge container arrived with disgusting smelling contents that was poured into the drums. We then used this for outside jobs. I had a great plan!. When we had to invite someone for dinner that we weren't that pleased about, I made sure I did a really good watering before they arrived. That way, because of the appalling smell they didn't stay too long.

I talked about the garden. Well, some plants grow naturally on Ascension, but the rest have to be worked on. The only decent soil was from Green Mountain, 2700 feet up from sea level, and here we found the most marvellous soil. From searching in various dumps around the island, we found pots and tins, which I painted and filled with decent soil so that we could grow all our own veg and the garden flourished. So rewarding after all our hard work. Ascension Island relies totally on a cargo ship visiting periodically with fresh meat and fish. This caused such excitement, and made such a gorgeous change to a somewhat boring diet of tinned food.

Just to finish off, on the cooking side. One day I was busy cooking dinner for quests. At the time, Cindy and I were nursing some bird chicks who had fallen out of their nest and they were kept in a cosy box in the kitchen. I decided they needed to attempt their first flight round the kitchen as they seemed restless, so I let them out. All fine, till one of the chicks got weary and fell into a huge bowl of soup cooking on the oven. Quick as a flash, I scooped it out, run it under cold water, dried it off, and carried on cooking with the tiny creature nesting under my tee shirt. Many months later, this now grown Waxbill adult, flew around the garden with a very bare chest, but still so friendly so didn't judge me for ruining its appearance!.

In the February issue, I will tell you about the filming antics, which are worth a mention. Meanwhile, have a great Christmas and a peaceful New Year.

It's Martin's belly pork recipe!!

Well, this is the last *Trio* before Christmas so, as promised, here is the recipe that lots of you have asked for ...

Salt'n'spiced Pork Belly

First, do yourself a favour and go to a quality butcher. Ask for a whole belly, bone off with the skin scored into thin strips. This will save you a lot of time and bother and, depending on the butcher, means you should have a descent piece of meat.

Next up, the spice mixture -

3 tbs rock salt 1 tbs coriander seeds 1 tbs peppercorns 5 star anise 4 lime leaves 2 cinnamon sticks 2 small dried chillies

I use Szechuan peppercorns but black will do just as well, also you can add more or less chillies.

In a pestle and mortar, pound the salt, peppercorns and coriander seeds until medium fine in texture. Add the rest of the spices and continue to crush until you have a course powder.

To cook -

Preheat oven to 230C. Rub half the spice mix into both sides of the pork. Then place, skin side down, into a tray and fill the tray with water, covering the skin and half the way up the belly. Place on a hob and bring to the boil. Then place the pork in the oven and cook for 20 mins.

Turn over the belly so the skin is facing up and brush with a little oil and then dust with more of the spice mix - this will help crisp up the crackling. Return to the oven for 20 mins then lower the oven temperature to 180C and cook for a further 30-40 mins. Remove from the oven and allow to rest for 20 mins before serving.

TIP: To clean the tray let the oil cool and it will solidify. Scrape into a bin and then add water to the tray and boil on the hob again, scrapping the bottom with a wooden spoon. You will find that most the burnt bits will come off easily.

Hope you enjoy and if you have trouble getting your hands on some of the spices come and see me at the Mote.

Happy Christmas to you all and here's to 2010.

Mx

LINk in Cornwall is listening....

LINk in Cornwall is an independent organisation run by the people in Cornwall who take part in it.

LINk works with the people who plan and run health and social care services to talk about local issues, ask questions about the way services are run and suggest ways for things to change for the better.

We hold quarterly events for people in Cornwall to come along and share their views on what they think is working and is not working well with health and social care services.

The next event will take place at the Parkhouse Centre (Ivor Potter Hall) in Bude between 11:00am and 13:00pm on Thursday 14th January 2010.

Pop in for 10 minutes or stay for 2 hours.

Spiced chilli peanut dressing

1 diced onion 1 tbs garlic purée 1 tbs chilli purée 1 kg blanched peanuts

In a large pan fry onion, garlic and chilli for 1 minute add the peanuts and coat well cook for 3-4 mins.

3 tbs palm sugar water lemon juice soy sauce

Add the palm sugar and cook out. As the sugar melts it will caramelise and coat the peanuts. If it is catching add a splash of water. When all the sugar has melted add a good squirt of lemon juice and a dash or two of soy sauce. Add a good hand full of chopped coriander and blend up until slightly smooth but still with texture. Adjust the seasoning by adding more water, lemon or soy as needed. This will keep at least a month in the fridge.

Mona Lisa a visit to the Loo-vre

Morning geezer, morning geezer, men have named me

Stripy shirt and with an oafish grin In this haven of Port Gaverne, they all blame me

For the lack of lager, scotch and gin They all cry, for it is my intention (except the governor, shedding tears of joy)

Seeing me, he's topping up his pension From this ageing not too healthy boy Many dreams of famous grouse I will encounter

Many booze bills all pile up on the counter

They just lie there like me, they'll die there

Are you warm, are you a real moaning geezer

Or just a boozy, blowy, boring work of fart.

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Mark, Kep, Jonno and all the Slipway staff wish all our friends, customers and suppliers a very Happy Christmas and thank you for your support during 2009

*

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DIARY DATES

Friday December 11th

Port Isaac School Christmas Fayre – 3.30pm

Saturday December 12th – Tuesday 15th Christmas Tree Festival in St Peter's Church

Saturday December 12th

BIG switch on of the Village Christmas Lights

A Christmas Singalong with the Fishermen's Friends and the Port Isaac Chorale in St Peter's Church – come along after the switch-on of the lights

Sunday December 13th

Christmas Special 'Church & Cake' in St Peter's Church – 3.00pm

Concert with the SAS and the Port Isaac Youth Choir in St Peter's Church – 6.00pm

Monday December 14th Parish Council Meeting at Port Isaac School – 7.30pm

Tuesday December 15th Port Isaac Stay & Playgroup Christmas Nativity in St Peter's Church – 11.00am

Port Isaac School Nativity Play in St Peter's Church – 2.00pm & 6.30pm

Christmas Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday December 16th Kerbside Recycling – bags out by 7.00am

Santa and his Carol Singers pay a special visit to Port Isaac and tour the village – starts from Hillson Close at 6.00pm (see page 3 for stopping places

Friday December 18th

School breaks up for Christmas

Sunday December 27th

Gig Push to Pendoggett and back to Port Gaverne. Starts from the Platt at 12noon. Mulled wine, bacon rolls and mince pies beforehand. Monday December 28th RNLI Barn Dance in the Village Hall – 7.00pm

Wednesday December 30th Kerbside Recycling – bags out by 7.00am

2010 - Wednesday January 13th Kerbside Recycling – bags out by 7.00am Tuesday January 19th Whist Drive in St Endellion Church Hall

Saturday January 30th

Cider & Pasty Evening with the Devil's Band in the Village Hall Saturday March 13th

Port Isaac's Annual 'New Look' Hospice Day in the Village Hall

Trio February issue Copy Date-January 21st Published-Thursday January 28th

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the VIIIage Hall. Contact Sarah on 881124, Clair on 880469 or Julia on 880718.

Brownies - every Wednesday from 5.00pm-6.30pm, during term time, at Port Isaac School. Contact Jennie on 881044 or Marie on 880561.

Rainbows - every Monday from 4.45pm-6.00pm, during term time, at Port Isaac School. Contact Marie on 880977.

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Thursdays, during term time, in Port Isaac School Hall from 7.30pm-9.00pm. Contact Tracey Greenhalgh on 01208 880215 or Adult Education on 01840 213511.

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505.

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Penny Manders on 01208 880022.

CHURCH SERVICES

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.45am Every third Sunday - Family Service at 9.45am Every Thursday - Holy Communion at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm Fellowship Service - last Thursday in the month at 7.00pm

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Remember to make sure your event is included here!