



**Port Isaac RNLI invite you to
CELEBRATE Valentine's**
weekend Cajun style with the return
of the foot-stomping 'best urban
zydeco group in Europe'

THE Gumbo
Flyers
playing to support
Port Isaac RNLI

**dance the
night away**

**Saturday
February 12th**

**Port Isaac
Village Hall**

**Tickets £8, include
complimentary pasty,
available from
01208 880765 or
880581 or on the door**

BAR



**Port Isaac
Hospice Day**

Saturday March 26th

**11am - Port Isaac
Village Hall**

Coffee, Cakes,

New stall,

Raffles,

Soup & Pud Lunch

If you have anything to donate
to the 'New' stall please drop it
in to *Secrets* or call 01208
880905 for collection.

Ring the same number if you
would like to help.

All offers of home-made cakes
etc and raffle prizes would also
be very much appreciated.

**HELP US SUPPORT
CORNWALL HOSPICE CARE**

**COMING SOON ...
Village Hall Curry Night
Saturday April 2nd
full details next month**

THIS ISSUE

Trelights Affordable housing - p3
 Welcome to Annie Morwenna - p3
 Personal messages - p3
 Jo is Badminton Number One - p3
 Stay & Playgroup - p3
 Alan Obi retires - p3
 Music Festival - p4
 Mr Beadle reports - p4
 PC Malcolm Taylor reports - p4
 PISCES - p5
 Climate Friendly Parish - p6
 Our Fishy Friends - p7
 PIGS - p7
 Tribute to Winnie Honey - p8
 News from St Peters - p9
 Magical Managers - p9
 Websites of the Month - p10
 Richard's poem - p10
 Dan Rogerson - p11
 The panto in pics - p12&13
 Cooking with Martin - p14
 Schoolchat - p15
 The Trelights Walker - p16
 Trio Copy dates - p23

Trio is issued eleven times a year and is available in *Secrets* and the *Co-op*, Port Isaac, or by post - £18 a year in the UK (overseas rates on application).

To subscribe please send a cheque, made payable to *Trio*, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN

To advertise in *Trio* telephone

01208 880905

Published by
 Sam & Dee Littlechild

Tel: 01208 880905

email: triopi@mac.com

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

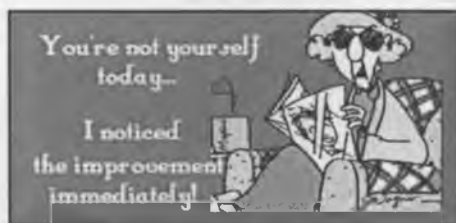
Valentine's Day thought ...

"Cupid, draw back your bow and let your arrow go, Straight to my lover's heart for me ..."



Roman mythology tells that Cupid was the son of Venus, the goddess of love and his name was derived from the Latin word, 'Cupido', meaning love, passion, desire, yearning, wanting or longing. In Greek mythology, Cupid is none other than Eros, the son of Aphrodite, the goddess of love, and Ares, the god of war.

Either way, he is usually depicted as a mischievous, playful, winged cherub playing with arrows. The legend goes that Cupid fell in love with a mortal maiden called Psyche. They married but Cupid's mother, jealous of Psyche's beauty, forbade her daughter-in-law to look at her new husband. Of course Psyche couldn't resist temptation. As a punishment, Venus demanded that Psyche perform three tasks, the last of which killed her. However, Cupid brought Psyche back to life and the gods, moved by their love, granted her immortality. They had a child together that they named Pleasure.



ILLEGAL PARKING

All illegal parking issues, yellow lines etc, are now dealt with by the Civil Enforcement Parking Team, who are based in Truro.

They can be contacted on

0300 1234222

For Sale

Made to Measure Roller Blind,
 peach colour,
 to fit window 47" width
 Excellent condition - £20

Electrolux Glider Upright Vacuum
 Cleaner
 Good Condition - £20

Panasonic MC-E3001 Upright
 Vacuum Cleaner
 Good Condition - £30

Call Anita on 01208 880630

Local Books available in Secrets, Port Isaac Walk Talk

A paw-picked selection of local dog walks, chosen by Spot & Winnie - **£3.50**

A Quick Look Round Port Isaac

A brief guide for visitors to help them enjoy the village - **£2.50**

A Short Guide to Port Isaac

A more detailed guide - **£5.50**

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish
 with lots of useful local information) - **£3.50**

The Fishermen of Port Isaac by Geoff Provis - £9.99

The Trevan Book

Summary memoirs of the Parish of St Endellion
 prior to 1834 by John Watts Trevan - **£10**

2011 Tide Timetables - £1.30

plus local ordnance survey maps

Johanna Philp still Cornwall's Badminton Number One

Well done Jo for winning the singles, doubles and mixed in the under 21s Knock-Out and winning the singles and doubles in the Seniors Knock-Out (just missing out by 2 points in the mixed).

A message from Chris & Kim

After Mike decided to give up the Lion after 18 years, Kim and I went for it but were unsuccessful. However, we would like to take this opportunity to thank all the people that offered us financial help and to those who gave us their support. It was very heart warming and slightly humbling, but also greatly appreciated. Thank you.

Chris & Kim

Chris is now the Chef at the Edge and looks forward to cooking for friends and customers, old and new.

Birthday thanks

I would like to thank my family for the lovely party to celebrate my birthday and the many friends who came to join us to make it a special day.

Many thanks also for your very generous donations of just over £300 for the Mount Edgecombe Hospice. It was a wonderful day, thank you all once again.

Muriel

Changes at Plumblin

Best wishes to Alan Obi on his retirement

Plumblin continues under the management of Darren and Stephen (who you will all know) and they look forward to welcoming customers old and new.

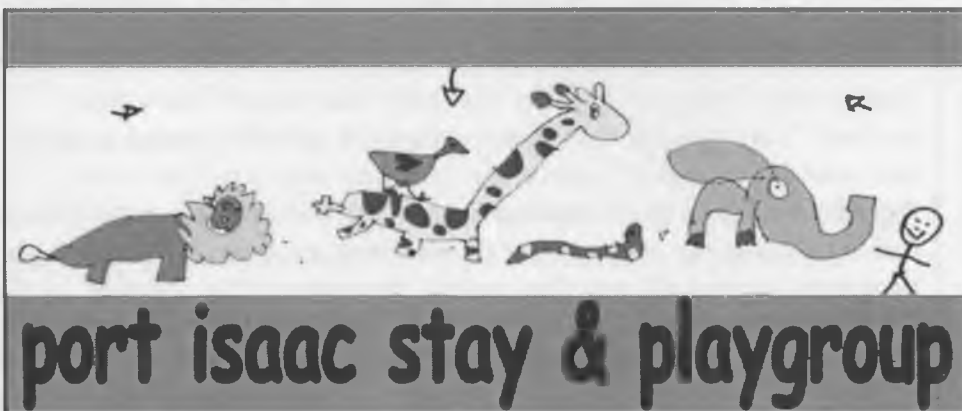
Affordable housing in Trelights

Development needs a name

The new development of affordable housing in Trelights is now under construction and Ocean Housing would like suggestions as to what to call the completed development. If you have a suggestion that is relevant to the local area please pass this to the Parish Council. The Council will then consider all suggestions at a forthcoming meeting and select a winner. All suggestions should be submitted by February 28th 2011.

To rent or to buy

If you are interested in renting one of the completed properties please register with Cornwall Homechoice; www.cornwallhomechoice.org.uk. Four of the houses will also be for sale as shared ownership. Interest in these can be registered by calling Ocean on 01726 874360.



What we are up to:

February 1st	Junk Model Making
February 8th	Valentine's - decorate heart-shaped biscuits plus Music and Bubbles
February 15th	Half term
February 22nd	Stained glass windows and a visit with Judith from Church
March 1st	Mother's Day cards
March 8th	Wooden spoon people
March 15th	Play dough
March 22nd	Walk round village with a hot chocolate stop on the beach
March 29th	Easter Bonnets and Egg Hunt
April 5th + 12th	Easter holidays

Matt and Faye are thrilled to
announce the arrival of
Annie Morwenna Main
born on Monday 17th January,
weighing in at 6lbs 15ozs



We would like to say a huge
"Thank you" for all the beautiful cards, flowers and
presents we have received, not to mention all the
kind good wishes and congratulations.



Faye and Matt

PORT ISAAC MUSIC FESTIVAL 2011

Friday May 27th – Monday May 30th 2011

It's going to be a good one if the line-up so far is anything to go by. Opening the Festival in true Port Isaac tradition are our very own Fisherman's Friends with their first night on the Platt of the year.

Saturday night and it's time to get on your dancing shoes when the Skyliners Big Band and the Deja Blues Rhythm & Blues Orchestra strut their stuff at the Village Hall.

Sunday night takes on a Celtic feel with The Angel's Share who perform "Celtic music that is guaranteed to get your hands clapping and your feet tapping" and Leighe Needham who play folk/rock. The third act are the Crowns, a young Cornish band who are fast making a name for themselves "Crowns, now an export, are running Londoners ragged all over the capital, spreading little drops of Cornwall in their wake ..." Expect "rousing sing-along anthems, foot-stamping rhythm and heartfelt ballads".

The Festival closes on the Monday night with the one and only Johnny Cowling and he will be supported by Annie Appleby and Chris Treglown duetting with songs from the shows.

St Peter's is to host the Port Isaac Chorale early evening on the Sunday and the SAS (Simply Aweful Sinfonia) on the Monday.

On top of all this we have live outdoor music on the Platt each afternoon and just some of the acts are The Boscastle Busker, James Corachea, The Devil's Hat Band, Gulls Allowed, Luke Deakin, The Larrick Lads, Paul Johnson – the list goes on and on. Make sure you are there – it will be a weekend to remember!

Ticket info will be in next month's Trio.

A report from Mr Beadle, the Parish Bumble ...

Since his last report in this journal, your Parish Bumble has been to not one but two meetings of the Parish Council – this could be a long report! Our hardworking councillors have been so busy, they deserve our grateful thanks but they don't always get them.

Anyway, before Christmas they met on December 13th – as always on a Monday, as usual at Port Isaac School and, as always, with a long agenda, but much of it fairly routine; that is until we reach item 5 – 'Public Discussion'. Who knows what may come up? Brickbats may start to fly as they did on December 13th. But if you have anything to say, now is the point of the meeting for you to say it for after that you must forever "hold your peace" or Madame Chairman will wield her gavel and silence you; you have no right to speak after your public bit.

What else came up? Those yellow lines, of course, and the car park. Keep watching folks. Our County Councillor promised immediate action – and he would report at the next meeting.

When that came on January 10th, was he there? Sadly no. But all else was there again – the plans, the yellow things etc etc.

So it will be, no doubt, on February 14th. Valentine's Day, love and kisses? Ah, very unimportant and not as much fun as the next Parish Council meeting – be there!

PC Malcolm Taylor reports ...

Crime figures for St Endellion Parish for the months of November & December 2010 were as follows:

November - 1 recorded crime (which was an assault). Last year we recorded 2 crimes for the same period.

December - 5 recorded crimes (4 thefts and 1 criminal damage). Last year we recorded just 2 crimes.

Current trends - People to be aware of the following:
We have had a spate of burglaries throughout the North Cornwall area where the properties targeted have been holiday or second homes. The items stolen were mainly flat screen televisions.

Also we have had a series of thefts of heating oil from a variety of premises, including both permanent and holiday homes. Any information concerning any suspicious persons or vehicles seen in the area would be appreciated.



Got a family event coming up? A birthday, an anniversary, an engagement, a wedding reception, a retirement party?

Don't fancy the mess of a children's birthday in your home?

Fancy putting on a concert, a show, a play a gig?

The Village Hall is licensed for alcohol and music and is available to hire for all sorts of events. There's loads of room for games and dancing, buffets or a sit down meal, or a seated audience of 120

To find out more contact Vanessa on 01208 880098 – she will be more than happy to give you all the details



PORT ISAAC SHARED
COMMUNITY EXHIBITION SPACE

our next
exhibition is

Port Isaac at Play

OPENS Friday February 18th

WITH *an* AFTERNOON Cream Tea FROM 2.30PM

FOLLOWED BY EVENING Wine and Refreshments at 7PM

'F' is our letter for this month. Think February, think **FUN**

Our next exhibition, launching on Friday February 18th, features Port Isaac having a laugh!

And, we would love to see your photos and add them to the exhibition please.

Were you involved with the Playgroup, Brownies, Scouts, Youth Club?

Did you go to local Discos and Village Hall Dances?

Were you a member of PIPS?

Were you in the Carnival or the Choir?

Do you remember the Rivoli Cinema or the Night Club on Church Hill?

Did you go on Village outings?

Did you come to Port Isaac on holiday?

Please dig out your old photos and let's put a bit of sunshine into the grey winter drizzle. It's a lovely way to waste a dreary February afternoon. Drop your photos or memorabilia (programmes, posters, tickets etc) into the Pottery or Secrets. Once scanned everything will be returned to you. (NB We have postponed the 1950s and 60s theme until later in the year)



Don't forget the PISCES LUNCH CLUB

Every last Thursday of every month from 12.30pm in The Old School Restaurant

Main course £6.95 Pudd £3.95

"Anyone is very welcome to come along"

Please let The Old School know if you would like to be there 01208 880721

Our next meeting is on
Wednesday February 9th
at 3pm at the Pottery and
anyone is welcome to attend
- we would love to see you

COMMUNITY Memory Box 2010

As part of our PISCES project we would like to start an annual memory box, laying down archives for future generations. We invite everyone to write a few words and thoughts on 2010. If possible please include a photo. You can cut out this slip or write on a separate piece of paper and drop it in to Secrets (put through letterbox if closed).

MY MEMORIES OF 2010 are

Name

Address (optional)



Climate Friendly St Endellion

Happy New Year!

In mid-January I received a copy of Cornwall Council's instructions on how to deal with items specific to the Christmas season, ie (reduce), re-use and recycle. Too late this year to be of practical use for some things, but for others the instructions are valid throughout the year. And just to enliven the proceedings, there were some intriguing statistics, potentially useful for games of *Trivial Pursuits*.

If you ever thought of sticking all the wrapping-paper (in Cornwall? or, more probably, in the UK) end-to-end (and I don't suppose you ever did!), would you have expected it to stretch nearly 230,000 miles? That's enough to go round the Equator nine times, or to reach to the Moon (how could this be done? - and what use would it be if you did?).

Seriously though, all through the year, if you remove all the sticky tape (not as easy to do as to say!), non-foil wrapping-paper can be recycled with newspapers and magazines.

Christmas-tree lights can be taken to a Household Waste Recycling Centre (HWRC), our nearest ones being Trewarmet (near Trebarwith and Tintagel) and Lanivet (near Bodmin). If you put them with Small Electrical Items some parts can be re-used. We seem to have accumulated several sets, some with parts no longer working, so we might set a good example and take them to Lanivet. We now feel it's a waste of electricity to use them, though they do look pretty - trying to live in a "green" way sometimes makes you sound very austere and kill-joy, which is a pity... Apparently, nationally we discard 500 tons of Christmas-tree lights each year.

I hope you already recycle aluminium ("tin") foil, cans and tins, washed-and-squashed plastic milk-bottles, cardboard, paper, and glass bottles/jars via the fortnightly Wednesday collection. The by-now-empty tins of sweets and biscuits, but not the plastic ones as yet, can go with the other cans/tins, preferably flattened first. Several chains of shops were organised to collect used Christmas cards during January, but if you still have any, the best thing is to put them with your cardboard for the fortnightly collection.

You may have bought a Christmas tree either "bare-rooted" or growing in a pot, in which case you can plant it out whenever you can get a shovel into the ground. Otherwise a tree may still be accepted at the HWRCs at Trewarmet and Lanivet, or you'll have to cut it up, shred it, and put it on the compost-heap.

Which reminds me, the compost-heap can take all the vegetable peelings, fruit peel and cores, nut shells, tea-bags and spent coffee-grounds, torn-up cardboard and shredded paper you can find, as well as the (torn-up) newspaper used to mop up after the burst pipe or the blocked 'loo'. Don't forget to persuade anyone who can to 'pee' on it, since the nitrogen involved helps the bacteria which do the breaking-down, and it's miles cheaper than buying "Compost Accelerators" from the Garden Centre!

One final thought:

It costs approximately £1.99 to collect, transport and landfill one black bag of rubbish, but only 41p to collect and recover one box or bag of recycling

are you ready to be enlightened?

A professor stood before his class and had some items in front of him. When the class began, he wordlessly picked up a very large and empty jar and proceeded to fill it with golf balls. He then asked the students if the jar was full. They agreed it was.

The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open areas between the golf balls. He then asked the students again if the jar was full. They agreed it was.

The professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full. The students responded with a unanimous "yes".

The professor then produced two cups of coffee from under the table and poured the entire contents into the jar effectively filling the empty space between the sand. The students laughed.

Now," said the professor, "I want you to recognise that this jar represents your life. The golf balls are the important things - your family, your children, your health, your friends and favourite passions and if everything else was lost and only they remained, your life would still be full.

The pebbles are the other things that matter like your job, your house and your car. The sand is everything else - the small stuff". "If you put the sand into the jar first," he continued "there is no room for the pebbles or the golf balls. The same goes for life. If you spend all your time and energy on the small stuff you will never have room for the things that are important to you.

Pay attention to the things that are critical to your happiness. Play with your children, look after your health, take your spouse out to dinner. There will always be time to clean the house. Take care of the golf balls first - the things that really matter. Set your priorities. The rest is just sand."

One of the students raised her hand and inquired what the coffee represented. The professor smiled. "I'm glad you asked. It just goes to show you that no matter how full your life may seem, there's always room for a couple of cups of coffee with a friend."

This year's BBC *Radio 2 Folk Awards* has announced a special honour – the *Good Tradition Award*. And who does it go to? No prizes for guessing that it's our *Fisherman's Friends* whose album made history in 2010, being the first ever album of traditional folk music to debut in the top ten of the network album charts.

And there's more! They have also been nominated in the Best Group category of the awards, up against *Bellowhead*, *Breabach* and *Coope, Boyes and Simpson*.

Now in their 12th year, the awards take place at The Brewery in London on Monday February 7th and *Fisherman's Friends* will be performing live alongside *Donovan*, *The Levellers*, *Bellowhead*, *Kate Rusby* and *Chris Wood*.

For the first time, the Folk Awards will be broadcast live on *Radio 2* following a special edition of *Simon Mayo's Drivetime* which will also be broadcast live from the event from 5pm to 7.45pm. From 7.45pm through to 10pm you can listen live to the Folk Awards ceremony as it happens or watch the whole event online or on digital TV by pressing the 'Red Button'. Video highlights will also be available online and via the 'Red Button' the following day.

The event will be co-hosted by West End star, *Barbara Dickson* and weekly folk show presenter, *Mike Harding*. At the end of 2010, *Mike Harding* named his top ten albums of the year. One of them was the *Fisherman's Friends*. He described their album as, "A cracking album of sea songs sung by blokes who do it for the greatest of all possible reasons: because they love the music ... One of the best albums of sea songs in years." But of course we all knew that.

At the time of going to press the *Fisherman's Friends* are on tour – a sell-out gig in Taunton then on to Birmingham's Town Hall after which they travel up to Glasgow and join *Seth Lakeman* at the *Celtic Connections Festival*. On their way home they stop off for a gig in Liverpool.

2011 looks like being another roller coaster year. An extra show has been added at the outdoor Minack Theatre at Porthcurno after tickets for the 700-capacity venue sold out. The dates are May 19th & 20th and the box office number is 01736 810181.



Lots more dates will be announced in next month's *Trio* and hopefully the documentary made by Plymouth-based Two Four Productions for ITV, charting the highs and lows of the boys' first year in the spotlight will soon be on TV. So, watch this space ...

Dear Fisherman's Friends

On behalf of all the Golden Circle members, a very big thank you.

We collected a wonderful total of £562 on the Platt in the Summer and this paid for our superb Christmas Lunch at the Old School in December.

We have also received another personal donation from Jon Cleave.

We are now able to celebrate our Golden Circle 48th Birthday in February.

The *Fisherman's Friends* have always been very generous to us over the years and we appreciate your kindness very much.

Thank you boys, you are the best.

Annie Philp,
Golden Circle

PIGS

HOLYWELL AT ST ENODOC



Fifteen PIGS turned up for the annual Christmas beano at a sun-drenched St Enodoc. The customary greetings and chit chat over a cup of coffee and bacon roll preceded the golf, which produced some good scores but, more importantly, made everyone relaxed and put them in the Christmas spirit.

The Christmas Shield was won by Jon Poupard (and with a bad shoulder, remarkable). The 2's Competition was shared between 4x4 Forbes and Bunty who are sharing a tee shirt – now that's a mental image that you don't want to take to the grave!!

It could almost have been Portugal as we all enjoyed a couple of pints sat out on the balcony at the Rock Inn, overlooking the estuary, and then we were treated to a good old spanking on the pool table by Gary 'I won again' Pattenden.

On arriving back at the Slipway Hotel, which would be our dinner venue for the evening, notes were being taken, names were being given and fellow golfers were being stitched up for the now obligatory fines. I must have still been in holiday mode because I was very gentle and relaxed during that procedure, plus there was also the knowledge of us all being in a credit crunch! Anyway, after plenty of hilarity and much merriment we all waved goodbye to the first ten years of the 21st century and hopefully will enjoy 2011, plus many more years, on as many golf courses as possible.

The Lard Man

February 7th – Trevoze Golf Club

March 7th – China Fleet

Winnie Honey

It seems impossible that a year has gone since the passing of Winnie Honey on 11 January 2010. In memory of her I am enclosing the tribute to her that was included in the service of the celebration of her life. I would also like to thank all the people (over 100) who came to the service.

I would like to thank all those wonderful people that helped her so much, especially in her late years and a special thank you to Barbara and Wendy Cotton, Annie Philp, Janet Chadband, Joan Murray and Thursa Crocker (nee Honey)

Kindest regards to you all

Jenny and of course Martin, Merle and Gloria

Tribute to Winifred Kate Honey

Our Mum, Winnie was born in Edge, nr Stroud in Gloucestershire on 22 April 1914 to proud parents William and Kate. She was the only daughter, youngest in the family of four brothers, Reginald, Charles, Frederick and Wilfred.

Her father was a plasterer by trade and her mother ran the Post Office from their home called 'Grey Cottage'. It was a picturesque cottage with an orchard. Tragically her mother died when she was 12 years old. Winnie, therefore, stayed at home and looked after her father and brothers. She was very loved and somewhat spoilt by them all.

When war arrived, a handsome Cornishman called William John Honey was based at Brookthorpe in Gloucestershire while waiting to be sent to Burma. There was a dance in Painswick and Winnie was asked to dance by William John. After he was posted to Burma, they regularly wrote to each other and after the war he returned to Gloucestershire.

William John had two children, Merle and Gloria, from his previous marriage. After they married, Winnie moved to Cornwall and they had two further children Jennifer and Martin to add to the Honey family. Mum was a full time housewife and lived in Port Isaac until last year.

Dad regularly praised Winnie's culinary skills until one Christmas when she inadvertently made the stuffing for the Christmas dinner with daffodil bulbs instead of shallots. Dad did have an unfavourable reaction to this and never let Mum forget her little faux-pas. It has been a source of amusement ever since.

Another time, Dad had gone down to the Golden Lion for his traditional glass before Christmas lunch. He returned with a gentlemen who was going to be on his own for Christmas and he joined the 18 of us sitting down for dinner. Mum took all of this in her stride.

Mum & Dad also used to send down a Christmas meal to an elderly lady in the village.

They were both sociable people and anyone who dropped in were invited to have a glass of homemade wine. When Dad

sadly passed away in 1987, Mum continued to make homemade wine and neighbours who popped in were often offered this or a brandy and many a neighbour or friend wobbled their way home.

She made many longstanding friendships. This included a friend called Muriel, with whom she went to school, and the two were still enjoying a sangria in Spain in their 80's. She also had many longstanding friends in Port Isaac including Mum's special friends, who became known as 'Last of the Summer Wine'.

Mum loved watching sport, especially cricket and tennis. She was an active member of the Golden Circle and made the tea up to the age of 88. Mum visited Kuwait for her 80th birthday and Norway on her 85th. She very much enjoyed going to the Chapel in Trelights in her 90s. She had a long and full life, prolonged I'm sure, by the taking of her heart tablet with a glass of brandy and the odd gin and tonic. She was still fit at the age of 90 and would regularly walk to the village. Mum loved people and especially latterly as she became less mobile was very lucky to have such wonderful neighbours and friends who regularly dropped in to see her.

Earlier in 2009, she realised she was not fit to look after herself so she moved to Harpenden to live with Jennifer. For a while, she improved, enjoyed her food and the occasional gin and tonic and was often heard to say 'yes my dear' whenever requested to do something she wasn't inclined to do. Sadly in August 2009 she had a stroke, followed by a horrific fall, both of which sadly lead to her decline.

She was a very caring lady, never complained, found the best of any situation, always had a twinkle in her eye. We will all miss her laughter and sense of humour and, in our opinion, will all be poorer for her loss.

We were so lucky to have had you for our mother, whose love we could always depend on throughout our lives and we will miss you so very much.

Rest in peace,

Your loving family

1st St Minver Brownies Jumble Sale

Saturday March 26th - 2pm - Guide HQ, Trewint Playing Field, Rock

BOOKS, BRIC-A-BRAC, TOYS, REFRESHMENTS & LOTS MORE

The King James' Bible 1611-2011



The one book most families will possess will be a Bible. Sometimes it will be a modern translation but it may be a treasured presentation copy, won as a Sunday School prize or given by a godparent; in which case it may well be the King James' Bible, whose 400th anniversary is being commemorated this year.

As Rhidian Brook, the speaker on this morning's Radio 4 'Thought for the Day' pointed out, many of its phrases have become a familiar part of the English language. We speak of someone as, 'a good Samaritan' or, 'the salt of the earth' and of someone else as, 'passing by on the other side,' and of 'there being no peace for the wicked' and so on. Even the recent incident in East Enders about a mother swapping her dead baby for another mother's live one, which caused such offence, is based on a story known as 'the Judgement of Solomon' which can be found in Chapter three of the First Book of Kings verses 16 to the end.

But what this speaker was concerned about was that 400 years later, many people are so caught up in praising the beauty of the language of the King James' Bible, that they neglect its translators' primary purpose, which was to make known God's holy truth.

Some of you may have heard passages from this translation being read by famous actors on Sunday 9th January, but whether you read your Bible regularly, or haven't opened it for a while, you may like to join in some of the celebrations of this 400th anniversary which are being planned to take place in our cluster of Churches this year.

These celebrations include a cluster songs of praise with readings from the King James' Bible; reading it in some Church services, a study day or lecture evening on the Bible; dramatised readings with music; reading the Bible at home with the aid of helpful study notes; doing something special on Bible Sunday the 23rd October.

Meanwhile the weekly Bible Study sessions continue on Thursday mornings in term time and the popular 'Open the Book' dramatised Bible story assemblies carry on in St Kew and St Minver, and may also start in Port Isaac.

Judith Pollinger



PORT ISAAC MUSIC FESTIVAL 2011

Friday May 27th – Monday May 30th



Magical Managers 2010/11

League One

LW	POS	TEAM	MANAGER	PTS
1	1	ALL HYPE, NO GLORY	Andrew Grills	746
4	2	RECKON SO!	Chris Witherden	726
2	3	JOSHIE'S ALLSTARS	Karen Grills	713
3	4	HOLLY'S HEROES	Richard Hambly	700
5	5	MAYBEES	Tom Bishop	666

League Two

2	1	THE AVATORS	Harry Hambly	708
1	2	NO NAME	Dan Taylor	667
4	3	OBI 1 KENOBI NIL	Jon Poupard	654
3	4	MAINERS MARMITE MINERS	Matthew Main	617
6	5	JOSHUA BREWER'S TEAM	Josh Brewer	588

up to January 21st 2011

Church Diary dates

Wednesday February 2nd
7.00pm Celebration of Candlemas, Sung Eucharist & Procession, St Endellion Church

Sunday February 6th
9.45am Sung Eucharist St Peter's Church, Port Isaac
11.00am Sung Eucharist, St Endellion

Saturday February 12th
9.30am Marriage Preparation Day, Perceval Institute, St Minver

Sunday February 13th
9.45am Sung Eucharist, St Peter's Church, Port Isaac
6.00pm Evening Worship with Taize Chants, St Endellion Church

Sunday February 20th
9.45am Family Eucharist, St Peter's Church, Port Isaac
11.00am Sung Eucharist, St Endellion

Thursday February 24th
8.00pm Julian Meeting, St Endellion Rectory

Sunday February 27th
9.45am Sung Eucharist, St Peter's Church, Port Isaac
11.00am Sung Eucharist, St Endellion

Wednesday March 2nd
7.30pm Healing Service, St Endellion Rectory

Friday March 4th
2.30pm Women's World Day of Prayer, St Minver Parish Church

Sunday March 6th
9.45am Sung Eucharist, St Peter's Church, Port Isaac
11.00am Sung Eucharist, St Endellion

Ash Wednesday March 9th
7.00pm Sung Eucharist with Ashing, St Endellion Church

Saturday March 12th
10.00am – 4.00pm Celebration of Wholeness & Healing, Truro Cathedral & Truro Methodist Church

Sunday March 13th
9.45am Sung Eucharist, St Peter's Church, Port Isaac
11.00am Sung Eucharist, St Endellion Church
6.00pm Evening Worship with Taize Chants, St Endellion Church

Sunday 10th – Sunday 17th April
St Endellion Easter Music Festival

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers.
Tel: Judith Pollinger on 01208 880181

Websites of the month

This month's websites are mainly from a group called My Society which is run by volunteers and supports ways of using new technology to get involved, one way and another. I have picked a few of their websites to illustrate what they do. With all the changes that the new government are introducing, and all the ideas they have been promoting about getting involved I thought a selection of these types of sites might be useful. My Society itself reports that by using its services, 200,000 people have written to their MP for the first time, over 32,000 potholes and other broken things have been fixed, over 12,000,000 signatures have been left on petitions to the Prime Minister, and at least 77 tiny hats have been knitted for charity. You can decide yourself which of these has been most useful - www.mysociety.org/

In any event the first one is called Fix My Street - www.fixmystreet.com/ and "is primarily for reporting things which are broken or dirty or damaged or dumped, and need fixing, cleaning or clearing, such as: abandoned vehicles, dog fouling, flyposting or graffiti, flytipping or litter, street cleaning, such as broken glass in a cycle lane, unlit lampposts and potholes. If you put in your postcode you can find out who to send your report to and it is made very easy by having a map of your location that you click on and then an email can be sent, in this case to Cornwall County Council. The other fun thing is that you can see all the reports that have been made in recent times and how far away they are. The nearest was a large pothole near St Kew. While this may seem a bit like a site for do gooders, it has considerable promise. If the Council were to use this well, it could speed up things, which can't be bad.

The next couple of websites are about our representatives. They work for you www.theyworkforyou.com/ is a site which is all about our MPs. As they say, "for all its faults and foibles, our democracy is a profound gift from previous generations. Yet most people don't know the name of their MP, nor their constituency, let alone what their MP does or says in their name. We aim to help bridge this growing democratic disconnect, in the belief that there is little wrong with Parliament that a healthy mixture of transparency and public engagement won't fix."

I put in my postcode and up came Dan Rogerson's smiling face with a large banner offering to email me whenever Dan Rogerson speaks – but not more than once a day. My assumption was that this referred to him speaking in the House of Commons, rather than saying hello to his next door neighbour, but either way, once a day would be enough. It gives a potted history of Dan's works to date and how to contact him. It shows his voting record so you can get a feel for what he stands for and you can do this for all MPs.

A related site is Write to Them www.writetothem.com/ which expands the range of representatives for you to choose from to include the Council, and the Members of the European Parliament. I wonder if you know who they are?

Well again, in went my postcode and out popped the following: Cornwall council Brian Gisbourne, MP Dan Rogerson, and our 4 South West MEPs., William (The Earl of) Dartmouth, Trevor Colman, Graham Watson and Giles Chichester. There were two UK independence, one libdem and one conservative.

It also explained that "the Conservative MEPs for your region have informed us that they have divided it into areas, with one MEP dealing with constituent correspondence per area, so we only show that MEP above; you can contact the others here: Julie Girling and Ashley Fox. It also explains how to write to people in the House of Lords.

The final selection is What do they know, - www.whatdotheyknow.com which summarises the various freedom of information requests that have gone in and what the answers were. It is worth remembering that the information about the way expenses were being claimed by MPs came out because of a particularly tenacious Daily Telegraph journalist who just couldn't understand why we couldn't know what was being claimed. She had found out all this information in the US where she had worked, and over here she couldn't. So getting to know what they know is the purpose of this site. Potentially lots of fun. Not as much as wikileaks, but a lot less dangerous.

Finally the government's new website to get information on all sorts of things can be found at <http://data.gov.uk/>. This is an impressive site, linking together a wide variety of sources of information. If you are a gadget person, you can get 'apps' which use the data and the site shows how you can use information for practical things like planning your cycle route, to working out if your house is built on a tin mine (called opengeoscience).

Tony Wainwright

My New Telly

I've got a nice new telly,
It's got a plasma screen,
It looks so good in my
front room,
I'll have to keep it clean!

It brings the room right
up to date,
but once I turn it on,
the programmes are all
old ones,
and the novelty is gone,

It shows a million
channels,
or so it seems to me,
but though I've looked
through all of them,
I'm back on ITV....

But now at least the
colour's sharp,
the picture's crystal
clear,
and I can turn the sound
up,
with no damage to my
ear.

I'll have to change the
carpet,
it doesn't match the
stand,
and have to paint the
walls again,
a subtle shade of sand?

But I love my new telly,
and once the room is
done,
If things don't look the
way they should
I'll get another one.....

Richard Cook

Dan Rogerson, our local MP - writes ..

Happy New Year to you all! Since last writing, Parliament has returned and is back to debates, bills and other business.

Looking ahead, it is going to be a busy year in Westminster and a challenging one for all, whether in the public, private or "not for profit" sides of the economy. Now that we know more and have more details about Government's spending plans for the next few years, we know it will be challenging for those in the public sector as reductions in budgets start to filter down. We have already seen what cuts in funding Cornwall Council have made and there will be corresponding effects on healthcare services and in our schools. The Government have reiterated their commitment to protecting frontline services such as education and health but there is a difficult balance to strike in order to really tackle the deficit left to us by the last government.

Here in Cornwall, money needs to be spent in the most effective way and we need to make sure it is fairly spread across the Duchy. I had a very useful discussion with the Head of Transportation about where the Council is going with the Temple A30 project. I know he is talking with the local Cornwall Councillor and the campaign group and I have pledged to do all I can and raise this matter in Parliament so a way forward can be found.

I attended an excellent debate in the chamber on Thursday on improving life chances for disadvantaged children. MPs from all parties were keen to raise issues ranging from funding for mental health services to benefits, youth offending to the importance of early intervention. A few weeks ago, I met with the Chief Executive of Grandparents Plus, who told me about their current "What if we said no?" campaign. This aims to highlight the fact that there are around 200,000 grandparents and other family and friends carers in the UK looking after children for a range of reasons and who do not get the support that foster parents, for example, receive. I raised this in the chamber and received a reassurance from the Minister for Families, Sarah Teather MP, that this is something the Government are both considering and aware of.

The forthcoming Education Bill, the framework of which was contained in the Schools White paper published back in November, will be one in which I will be taking an active role. In my capacity as co Chair of the Lib Dem backbench committee for Education, Young People and Families I am now holding regular meetings with all the



Ministers in the Department and would urge any teachers, school governors and parents who have thoughts on what the White Paper contained, to get in touch with me and let me know what messages you would like me to pass on and what key issues you think this Bill needs to cover. The paper was entitled 'The Importance of Teaching' and this reflects two strands of thinking; firstly that the Government recognises that teachers are the real experts and also emphasises that no education system can be better than the quality of its teachers. I would very much appreciate input from teachers to take forward when looking at this Bill.

The White Paper can be accessed via the Department for Education's website which is www.education.gov.uk I can be contacted on contact@danrogerson.org

Dan Rogerson

Dear Trio.... your chance to have your say

CHRISTMAS CONGRATS! PANTO CONGRATS!

I would just like to say how thrilled I was to be a part of Port Isaac, prior to the "manic" Christmas period. Sadly, for various reasons, I was unable to come to the Carol Singing at the Pottery. I have always loved this occasion and it really brings back memories of the old days and how well we (well actually NOT me!) sing in this village. So much being a part of the Celtic community.

However I was able to be involved in Santa's tour around the village. The journey for Santa was such a treat with lights flashing and so many children coming out to make their wishes for Christmas morning. I just hope they all come true (and Santa, you looked so well despite your very heavy schedule).

I would also like to thank you all (although I was useless and couldn't help) for putting up the Christmas lights this year. A lot of work goes into this operation, and I am so pleased that this time none of the decoration was ruined (as far as I know). It certainly gave the visit the Christmas Spirit. Thank you for all your amazing hard work and dedication.

Annie Price

I have never missed the Panto's since day one and I always love 'the first night' because mistakes are made, the cast forget their lines and ad-lib, which confuses everyone, and it is all brilliant. This year was, as far as I and so many others have agreed, the best ever,

For the lighting, the sound effects, the costumes, the scenery, the back stage work and all those who appeared 'in front of stage', all I can say is an enormous well done and congratulations. I do appreciate how much work and effort goes into creating such a production, and you all should be happy with the result. In every way it was THE BEST. I think you are all fantastic, and thank you all for all your hard work for making it all possible. Roll on 2013.

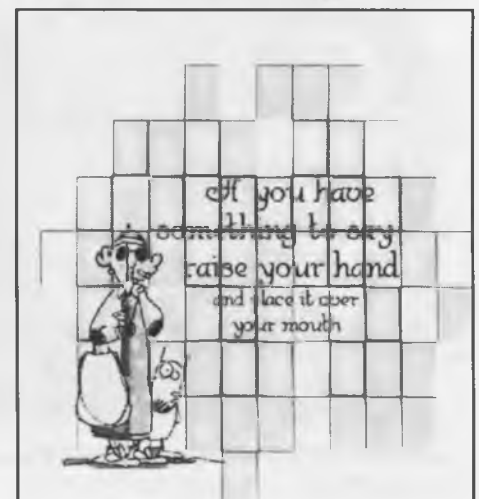
With huge thanks and love to you all,

Annie Price

Send your letters to
Trio, Calenia, 3 Trewetha Lane
Port Isaac, Cornwall PL29 3RN
email: trio@mac.com



♥ ♥ ♥ ♥ ♥ ♥ ♥
♥ *Valentine's thought*
♥ *Love isn't just about*
♥ *romance!*
♥ *Apparently it can also*
♥ *reduce blood pressure,*
♥ *combat depression and*
♥ *promote healing.*



the Port Isaac panto ..



*They stole the show! The Runner Beans were: William (above) and Paige, Cody, Issabella and Demelza (below) **



Theatre critic Lanyon reports that "Louis Spence spent an unbroken six weeks training Dee, Lydia, Mark, Jennie, Cheryl and Barbara to do their dance routine." Louis concluded "It was hard work and demanding but the end result was well worth it!"



The Village maids, Daisy Sproull, Laura Pattenden, Alice Fisher and Sinead Tiddy



Tim Stratton reads out the legal disclaimer!

"The Drekly Theatre Company is becoming known the world over for having some of the best over-acting amateurs in its ranks" CL



The Baron Dimpleton Pumpworthy (centre) played by Dave Morgan and his two henchmen, left Martyn Dingle as Dickie Watt and right Jack Greenhalgh as Charlie Wenn



Last seen on the Platt in the summer, Buttercup the Cow makes her stage debut

"There are rumours that suggest that the Drekly Theatre Company might employ security for the last night performance next time to stop that heckler who always appears for the final performance. Good idea, I say!"

Chris Lanyon, Trio Theatre Critic

THANKS TO SALLY STRATTON FOR THE PHOTOS

Jack and the Beanstalk



The Giant and his wife, aka Tim Stratton and Kathryn McDonnell



Mark Routledge plays Mrs Cupcakes, Cheryl Webster as Mr Plod, Jennie Tiddy as Bodjit the Builder and Barbara Hawkins as Mary from the Dairy



Simple Simon, aka Andy Penny



Simple Simon (Andy Penny) proposes in song to Gertie (Dee Littlechild)

"They've done it again ... Oh no they haven't ... OH YES THEY HAVE!!! Bigger, brighter and possibly the best yet. ... The production was a triumph and congratulations to everyone involved." CL



A loving mother and her son! Steve Appleby as Dame Gladys Trot and Daniel Lanyon as Jack



Lydia Barnden plays Fairy Liquid and Annie Appleby is Jill

Said Madame Dictator, sorry Director, Barbara Hawkins, pictured above in her role as Mary from the Dairy, "I fully intended to write a full review but, as luck would have it our very new granddaughter, Annie Morwenna, has rather taken over our lives.

I'm so proud of everyone who took part in making Jack and the Beanstalk such fun and so memorable. Thank you to you all. It was one of the best. Everyone of you gave such a lot of time and commitment, well done!"

Cooking with Martin



I'm sure that many of you will have watched **Hugh's Fish Fight** last week on telly highlighting the senseless waste of perfectly good fish due to fishing quota. It made me realise how lucky we are to have access to fish right on our doorstep. Sadly the program did not really seem to come up with many answers on what is a highly difficult problem, needless to say it does seem to make sense that our resources are managed on a local level, rather than from the bureaucratic machine that is the EEC. You can find out more at www.fishfight.net, the campaign hub accompanying **Hugh's Fish Fight** that will be continuing its work over the coming months. Here you can find out more about the issues raised in and lend your support to the campaign.

So here are a few simple and easy fish dishes for you to try...

Deep Fried Megrin and Chips

Good fish and chips are becoming harder to find these days, however, if you want to make your own at home, here's the recipe I use. Unless you've got a really big fryer I'd say it's not really worth trying to make fish and chips at home for more than four people – otherwise it becomes a struggle.

Ingredients

Sunflower oil for deep-frying
½ teaspoon sea salt
1 teaspoon freshly ground black pepper
225g nice Megrin sole fillets
225g flour, plus extra for dusting
285ml/pint good cold beer
3 heaped teaspoons baking powder
900g potatoes, peeled and sliced into chips

Pour the sunflower oil into your deep fat fryer or a large frying pan and heat it to 190°C/375°F. Mix the salt and pepper together and season the fish fillets on both sides. This will help to remove any excess water, making the fish really meaty. Whisk the flour, beer and baking powder together until nice and shiny. The texture should be like semi-whipped double cream (i.e. it should stick to whatever you're coating). Dust each fish fillet in a little of the extra flour, then dip into the batter and allow any excess to drip off. Holding one end, lower the fish into the oil one by one, carefully so you don't get splashed – it will depend on the size of your fryer how many fish you can do at once. Cook for 4 minutes or so, until the batter is golden and crisp.

Meanwhile, parboil your chips in salted boiling water for about 4 or 5 minutes until softened but still retaining their shape, then drain them in a colander and leave to steam completely dry. When all the moisture has disappeared, fry them in the oil that the fish were cooked in at 180°C/350°F until golden and crisp. While the chips are frying, you can place the fish on a baking tray and put them in the oven for a few minutes at 180°C/350°F/gas 4 to finish cooking. This way they will stay crisp while you finish off the chips. When they are done, drain them on kitchen paper, season with salt, and serve with the fish.

Moroccan-style Gurnard

(Gurnard is local and cheap, its mild flavour benefits from a bit of spice)

For the fish

3 tbsp olive oil
1 tbsp toasted cumin seeds
Zest and juice of 1 lemon
1/2 tsp mild paprika
Bunch of coriander, leaves chopped
Bunch of flat-leaf parsley, leaves chopped
Sea salt and freshly ground black pepper
4 x 150g fillets of red gurnard, scaled and pin-boned

For the couscous

150g couscous
1 red pepper, trimmed, seeded and diced
1 yellow pepper, trimmed, seeded and diced
1 tsp harissa paste
200ml hot fish or vegetable stock
4 tbsp olive oil
Bunch of coriander, chopped

Put the olive oil, cumin, lemon zest and juice, paprika, herbs and seasoning into a food processor and blend coarsely. Pour the marinade over the fish fillets and wrap in cling film. Chill for an hour.

Tip the couscous into a bowl and mix in the diced peppers.

Stir the harissa into the hot stock and pour over the couscous. Stir in the olive oil and season. Cover the bowl with cling film; leave for 15 minutes.

Meanwhile, heat the grill to high. Lay the fillets, skin-side up, on a lightly-oiled baking tray. Grill for 4-5 minutes.

Fluff up the couscous and stir in the coriander. Serve with the fish and pan juices.

enjoy!
Martin x

Cidered Mackerel with Rhubarb

Ingredients

8 Fresh Mackerel Fillets
240ml/8fl oz Dry Cider
1 tsp Lemon Juice

8 Bay Leaves
25g/1oz Butter
50g/2oz Brown Sugar

Salt and Black Pepper
450g/1lb Fresh Rhubarb, chopped
A Pinch of Nutmeg

Preheat the oven to 180C, 350F, Gas mark 4. Season the fillets with salt and pepper then place a bay leaf on each fillet and roll up. Place the fish rolls in a shallow oven proof dish, pour over half the cider and dot with the butter. Cover with aluminium foil or a lid and bake in the oven for 30 minutes until tender.

Meanwhile, place the remaining cider, rhubarb, lemon juice, brown sugar and nutmeg in a pan. Bring to the boil then simmer for 20-25 minutes, stirring from time to time, until soft and pureed.

To serve - transfer the fish to a warmed serving plate, drizzle some of the rhubarb sauce over the top of the fish and serve the remaining rhubarb sauce separately. Serve hot.

schoolchat

news and views from Port Isaac School



Tea, Cakes and Memories!

As part of the PISCES project in our village, Class 2 invited lots of Port Isaac residents into school to share their memories of school and the village in days gone by with them. Here are 3 reports from the children about the afternoon.

Yesterday we invited some older people to come and share their memories of Port Isaac with us. We went into the hall and sat down at tables. First of all I spoke to Yvonne Cleave and she told me some extremely interesting tales which I scribbled down in my notebook. Sometimes we had to change tables. At another table I sat next to Janet Chadband. She knows my family well and we talked about that. The grown ups were offered cake by the children and tea was brought. We had squash.

Edward year 6

Yesterday we invited some older people to come and share their memories of port Isaac with us. I talked to a woman and her story was very interesting. When it finished we were allowed to eat any left over cake! I felt very happy and it worked out very well.

Emilia year 4

When we got in the hall we sat down at the tables and offered our guests tea and cake. I had a biscuit and squash while I asked questions. We rotated round the tables so we got to speak to lots of different people. When it finished we got to eat some cake and I had a really good time and got loads of information.

Mark year 6

Watch out in next month's Trio for some of the stories we were told...

Hello!

When the new term started we were joined by Kyle and Jonathan, two children from America who are living in Port Isaac for a while. They have very quickly settled into Class 2 and we are very happy to have them with us.

Happy Birthday

Birthdays celebrated in February:

Cheyenne 11

Braiden 8

Rosie 8

Tom 5

Christmas Performance

Thank you to everyone who came along to the church on the 12th January to watch our delayed performance. We hope you will agree that the children did a fantastic job and it was well worth waiting for!

The Trelights Walker



From the sensory overload of the big city to the raw power, yet tranquillity of the ocean, my senses were given a real treat whilst on a 25-year belated honeymoon with my long-suffering wife Kim.

From the Big Apple, with its noise, skyscrapers, lights and general manic society to life at sea on a big ship, effortlessly gliding through the ocean waves like a butterfly on a summer breeze. Watching and listening to the waves is possibly one of the most relaxing things I have ever done. You get drawn into the movement of the waves and it reminds me of swathes of taffeta with the sunlight reflecting on it, showing it in all its beauty. This is accompanied by the spray off every crashing wave giving off its own prism of light and all this with the therapeutic drone of the ship's engine and the waves against the hull providing the rhythm section. Even with all the 21st century technology, you could just as easily have been transported back to the 1900s to the heyday of cruising on the big ships with all their finery and etiquette, which I was very pleased to see hadn't been lost over the last 110 years.

It is quite surreal to be sailing on a huge ship in a huge ocean and having breakfast with people you have never met before and suddenly Port Isaac is mentioned. You are drawn into a conversation with somebody from New York called Shirley (I think) who knows Aunt Sue who is related to the Browns or friends with Joanna or something like that! Oh my God, it's too much for my little brain to take in. Let me get back to a lie down on the deck loungers with a spiced mule cocktail and the sound of he waves – ah, that's better.

All in love again Lardman



Roy Speakman

A.B.I.C.C.

BUILDING CONTRACTOR

Specialist Carpenter
Period Reconstruction
Kitchen/Bathroom installations
All roof work undertaken

Tel: 07790 602404/01208 880443

email: rwsbuild@live.co.uk

Babysitter available

I am a reliable 16-year
old girl who loves
children and animals

Contact Annie Appleby on

01208 880593

**Nicki B's
Pasty Shop**

**OPEN EVERY DAY
FROM 8.30am**

Telephone: 01208 880099

**GARDEN OF EDEN
LANDSCAPE SERVICES**

Ornamental walling • Patios
Crazy paving • Flag Stones • Turfing
Fencing • Hedging • Rockeries
Water features



For a free estimate phone Jim Dyer on
01208 880476 or 07970 919389 (mobile)

**ANDY PENNY
BUILDING SERVICES**

GLASS FIBRE FLAT ROOFING
UPVC FASCIA & GUTTERING
BRICK & BLOCK PAVING
GENERAL BUILDING

email: ANDY@ANDY-PENNY.CO.UK

Mobile: 07532 478451

Home: 01208 880985

WWW.ANDY-PENNY.CO.UK

**NO OBLIGATION QUOTES
& ESTIMATES**

The Port Gaverne Hotel

BAR OPEN ALL DAY

SERVING Lunches 12noon - 2.00pm Supper 6.30pm - 9.00pm

RESTAURANT Dinner 7.00pm - 9.00pm

Sunday Lunch 12noon - 2.30pm - £9.95 for two courses (children's portions available)

Telephone: 01208 880244

QUIZ NIGHT EVERY WEDNESDAY - 9.15pm

**LARGE HOLIDAY HOME
in PORT ISAAC**

sleeps 10
log fire, gardens
garage parking in village
for details call

07967 089766

davebrown1999@hotmail.com

WESTAWAY

**PORT ISAAC CORNWALL
GUEST ACCOMMODATION
5 STAR RATING**

Located one mile south west
of Port Isaac
Stunning panoramic sea views
incorporating both
Trevose Head & Port Quin

Please contact Jocelyn or David
01208 881156

Email: info@westawaycornwall.com
www.westawaycornwall.com

'HIGHER MOON'

Tintagel Terrace, Port Isaac
**Modern Holiday
House**

3 bedrooms,
2 bathrooms

Sea views, garden
Parking for 3 cars

Tel: 01208 880755

Rubbish Removal

0797 1167444

**CARPET & UPHOLSTERY
CLEANING**

Excellent prices
First class, professional service.
Local company
Fully insured

01208 841117

DENNIS KNIGHT

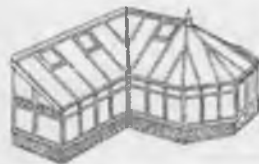
Proprietor: JT Collins

WHOLESALE & RETAIL FISH MERCHANT
FISH CELLARS, PORT ISAAC

**FRESH FISH DAILY
OPEN SIX DAYS A WEEK**

Tel/Fax/Answerphone: **01208 880498**

Mobile: **07969 555182**



**TREMEER
CONSERVATORIES**

"A Room For All Seasons, From Idea to Completion"

We specialise in Conservatories of All Sizes and Designs
Built to the Highest Standard Using the Best Quality Products

Tel: 01208 851182 Mob: 07798 644 292



THE MOTE

SEAFOOD RESTAURANT

The Platt Port Isaac 01208 880226



OPEN
from February 11th

Taking bookings for



Valentines



**£19.50 for three courses -
available all weekend**

*Please ask about our 2011 Loyalty Cards
for both our Diners and Drinkers*

The Slipway Hotel & Restaurant

OPEN ALL DAY FOR: coffees, teas & pastries (morning and afternoon)
lunch from 12noon - 2.30pm
cream teas from 3.00pm - 5.00pm

dinner from 6.30pm every day *(either in the restaurant or outside on the terrace)*

with menu focussing on the use of local fish, game and produce

Evening bar snack menu available in the bar or on the Terrace

Valentine's 'sharing' Dinner Menu
on Saturday 12th, Sunday 13th & Monday 14th February
3 courses for £22.95 - please book now

THE SLIPWAY AND THE MILL HOUSE ARE NOW BOTH LICENSED FOR HOLDING WEDDING CEREMONIES

We serve roast lunches every Sunday at The Mill House, Trebarwith
from noon until 3.00pm (tel: 01840 770200)

THE SLIPWAY AND THE MILL - OPEN ALL DAY, EVERY DAY

The Slipway Hotel, The Harbour Front, Port Isaac, Cornwall PL29 3RH
Telephone: +44(0)1208 880264 Fax: +44(0)1208 880408 Email: slipway@portisaachotel.com

log on to

www.thisisnorthcornwall.co.uk

Brooks & Jeal

Chartered Accountants

Business Start up
Property Letting Advice
General Business Advice
Accountancy
Personal & Business Tax Advice
Bookkeeping, VAT & Payroll
Business Forecasts & Plans
Company Formation
Company Secretarial Services



1 Pityme Business Centre
St. Minver, Wadebridge,
Cornwall PL27 6NU
www.brooksandjeal.co.uk
T: (01208) 862053



DAVID PHILP

FOR ALL YOUR GARDENING NEEDS

The Lodge, Trelights
Port Isaac, Cornwall PL29 3TH

Phone **01208 880056**
Mobile **07817 161136**
Email **peapipod@aol.com**



for all your garden maintenance

Grass Cutting

Hedges cut and cuttings removed

Garden Waste removed

Power spraying

Full Insurance

Ivan Jones

Electrical Services Ltd

"A Local Service to National Standards"

Established 1995

- * TESTING & INSPECTING
- * FAULT FINDING
- * ADDITIONAL POINTS
- * PART P CERTIFICATION
- * BUYERS/SELLERS REPORTS & SURVEYS
- * LANDLORDS CERTIFICATES
- * MAINTENANCE & GENERAL WORKS
- * PORTABLE APPLIANCE TESTING (P.A.T.)
- * NEW INSTALLATIONS & RE-WIRES
- * ELECTRICAL DESIGN SERVICE
- * LIGHTING DESIGN SERVICE
- * EMERGENCY CALL OUT SERVICE
- * ELECTRICAL HEATING DESIGN & INSTALLATION
- * REGISTERED WITH THE 'NICEIC' (National Inspection Council for Electrical Installation Council)

For All your Electrical Requirements
Call Us On

01840 213683

07738 824181

The Office, 30 High Street, Delabole, Cornwall
info@ljesltd.com

FIRE ALARMS INSTALLED TO BS: 5839
EMERGENCY LIGHTING INSTALLED TO
BS: 5266





S.GOODMAN PLUMBING & HEATING

Central Heating & Underfloor Heating
Oil Servicing * Aga & Rayburn Servicing
Oil Tank Changes
Pressurised Hot Water Systems
Solid Fuel Heating Systems
Solar Heating * Geo Thermal Heating
Bathroom Installations & Tiling
Drainage & Groundwork
Shower Rooms

For All Aspects of Plumbing & Heating
Please Call:

TEL: 01840 213196
MOBILE: 07968 984305



PORT ISAAC POTTERY
OPEN DAILY 10-4 880625

Plumbing, Heating, Gas & Oil
Installation & Maintenance Engineer

PLUMBLINE 
MAINTENANCE 93

1 Koth Karji, St Teath, Bodmin PL30 3JR
TEL: 01208 850431
MOB: 07866 815386 or 07817 847638

CHRISTOPHER KEY SOLICITOR

Friendly office open
Monday-Friday
9.30am-12.30pm

*Appointments out of office
hours by arrangement*

Trebiffen, Boscastle PL35 0BN
Tel: 01840 250200
Fax: 01840 250900



Nicola Vickery Interiors

Your concept, my expertise

T. (01208) 880834

www.nicolavickeryinteriors.co.uk

Roman blinds, curtains, voile blinds,
cushions, upholstery all traditionally
handmade in Port Isaac.

Full interior design, property buying &
project management service.

DAVID DYER

Interior & Exterior
Painter & Decorator

21 Park Penncarne
Delabole, Cornwall PL33 9HA

Phone: 01840 211521

Need a window cleaner??

SOUTHPOLEWINDOWS

Regular window
cleaning service

Over 10yrs experience

Fully insured

Gutter cleaning and indoor cleans

Just call **01208 76705** for
your free quote

LOGS FOR SALE

seasoned stored firewood

Contact Rob at Cornish Logs

078169 02080

K Honey

Building & Renovation
Contractors

Three Gates Meadow
New Road
Port Isaac
Cornwall PL29 3SD

Tel:

01208 880609

Mobile:

07971 479309

Russell Richards

trading as

J.C. Richards & Sons
Roofing & Building
Contractors

Est. 1947



01208 841813

e: **07967 229291**

Steve Hewett

ELECTRICAL CONTRACTORS

N.A.P.I.T. APPROVED

(National Association of Professional Inspectors & Testers)

APPROVED FOR PART P OF BUILDING REGS

Phone:
01208 880319

Owl's Park Trelights Port Isaac
stephen.hewett1@btinternet.com

Fax:
01208 880291



The Takeaway



OPEN DURING HALF TERM
SEE WINDOW FOR OPENING TIMES

Daily Specials

a variety of locally supplied fish, freshly cooked in a light crispy batter

Takeaway

hot & cold drinks, burgers, sausages, chicken, spring rolls, saveloys, ice cream

Telephone: 01208 880281

WESTERN SUPPLY COMPANY

Builders Merchant & Decorator Centre for Trade & DIY

Atlantic Road, Delabole, Cornwall, PL33 9DN Tel: 01840 212580 (Established 1965)

SPRING is the time to start thinking about your PATIO'S & GARDENS

3 X 60 LTR BAGS
MULTI PURPOSE COMPOST
£10.00 INC VAT

4 X 40 LTR BAGS
CONTAINER & HANGING
BASKET COMPOST
£10.00 INC VAT

3 x 60 LTR BAGS
MULTI PURPOSE
WITH JOHN INNES
£13.99 INC VAT



ALSO AVAILABLE

BARK CHIPS
GROW BAGS
SEED & POTTING COMPOST

CHECK OUT OUR RANGE OF
GARDEN POTS
DECORATIVE CHIPPINGS
& PEBBLES

SPECIAL DEALS ON PATIO
SLABS & DECKING ETC

Open 7 days (Sat and Sun morning only) Ample parking -- Delivery service available



ATLANTIC ROAD, DELABOLE

01840 212580

Open 7 days (Saturday & Sunday morning only) Ample Parking Deliveries Arranged (Established 1965)

SPROULL
SOLICITORS

www.sproulllp.co.uk

We offer all our clients a
complete legal service

CONVEYANCING * PROBATE
WILLS * CHILDCARE *
DIVORCE * CRIMINAL WORK
ACCIDENTS * BUSINESSES
LANDLORD/TENANT

Market Place	42 Fore Street	The Rock
Camelford	Bodmin	Port Isaac
01840 212315	01208 72328	01208 880355

CLIFFSIDE GALLERY



PAINTINGS, CARDS AND ORIGINAL IDEAS

by KATIE CHILDS - OPEN EVERY DAY

2 THE TERRACE PORT ISAAC - 01208 880988

www.cliffsidegallery.com

log on to

www.thisisnorthcornwall.co.uk



Outshine Property Management

'Get your property to Outshine'

Stef Hicks

2 Koth Karrji
St Teath
Bodmin
PL30 3JR

07737220057

outshinecleaning@aol.co.uk

NATURAL HYPNOTHERAPY

Therapies include: Smoking Cessation, Relaxation,
Stress Management, Anxiety and many more.

And Hypnodieting - *the natural and easy way to help you lose weight*

FREE CONSULTATION

Contact Toby Panter, Hypnotherapist

T: 01208 851997 M: 07846 064584

E: toby@hypnodieting.co.uk W: hypnodieting.co.uk



remember to
say you saw
it in Trio



Kim Porter

* Reiki Healing
* Crystal Healing
* Indian Head Massage

for an appointment call
07853856753

GIFT VOUCHERS AVAILABLE

ICF SERVICES

Ian C Fuller

**Building & Property
Maintenance**

Telephone: 01208 880069

Mobile: 07779 523108

big enough to cope,
small enough to care

Need someone to clean/caretake your holiday home?

Experienced and reliable.
References available.

Contact Vanessa on
01208 880336

CHIMNEY SWEEP

VAC & BRUSH
SOLID FUEL APPLIANCE
SERVICING

Call R Mears & Sons

01840 261221

07737 533392

www.sweepcornwall.com

the
edge

bar & restaurant

Introducing our new Executive Head Chef Chris Lanyon
Reopening from 12 February with new exciting menu
Valentine's Weekend (12, 13, 14 Feb) – special 3 course meal £24.95

Keep a look out for 2-for-1 offers through to April

01208 880090

6 New Road – Port Isaac – PL29 3SB

John Bray & Partners

Cornish Holidays

Estate Agents

Property Sales

Surveyors and Valuers

*"Looking after our clients' property
interests for over 40 years"*

Your local agent handling all aspects of property
sales and self catering holidays with full
management service

If you are considering selling or letting your
property, we would be delighted to provide a free,
no obligation valuation

01208 880302

11 New Road, Port Isaac

www.johnbray.co.uk

Fax: 01208 880144

**TRELAWNEY
GARAGE**

14 New Road, Port Isaac

01208 880536

Servicing & Repairs

Petrol & Diesel

Supplies

Breakdown Service

Accessories

Overheating?

Air Conditioning

Servicing &

Recharging now

available

GAS DELIVERIES

13kg, 19kg & 47kg

silver jewellery

handcrafted in Cornwall

SWSILVERJEWELLERY

excellent quality, unique pieces

Please visit our website

www.silverjewellery.com

or phone Jacqui Taylor

07974 930185

PAUL HONEY

PAINTER & DECORATOR

INTERIOR & EXTERIOR

MAINTENANCE,

WALL & FLOOR TILING, ARTEXING,

COVING & WALLPAPERING

01208 881122

log on to

www.thisisnorthcornwall.co.uk

local info

Doctor's Surgery - 01208 880222

Repeat Prescriptions - 01208 880242

NHS Direct 24-hour Helpline - 0845 4647

Royal Cornwall Hospital (Truro) - 01872 250000

East Cornwall Hospital (Bodmin) - 01208 251555

Derriford Hospital (Plymouth) - 08451 558155

Local Dental Helpline - 01726 77777

Police (non-emergency) - 08705 777444
PC Malcolm Taylor - 079680 87667
PCSO Claire Drennan - 0845 6567930
Wadebridge Police Station - 01208 895872
Civil Enforcement Parking Team - 0300 1234222

Rev Judith Pollinger - 01208 880181

Harbour Master - Byron Buse - 01208 880321
Lifeboat Operations Manager - Phil Tidey - 01208 880783

Electricity - emergencies - 0800 365900
Water helpline - 0800 1691144

Parish Council:
Clerk - Elizabeth Uglow - 01288 341242
email: stendellionparishcouncil@fsmail.net

Dan Rogerson MP - 01566 777123

Cornwall Council - 0300 1234 100

Bowthick Tip - 01840 770778

Vet - Nutes - 01208 813258

The Tip

Bowthick Quarry, Tintagel

01840 770770

Open Friday, Saturday, Sunday & Monday
9am-4pm - winter hours

The Bay Hotel

1 The Terrace - Port Isaac - PL29 3SG

01208 880380

www.bayhotelportisaac.co.uk



Recently refurbished back to its Victorian glory

8 ensuite individually decorated guest rooms

*Stunning sea views * Private car park*

"Paul & Katie proudly announce the birth of their daughter Emilia Katherine, 20 January 2011"

M.E.R. ELECTRICAL SERVICES

All types of electrical work carried out

Security Alarms CCTV Good rates Free estimates

No call out charge

Registered with local authority for Part P of Building Regs

For a friendly, reliable service call Mark on

01208 880142 or 0779 4782627

Email: markroutledge544@yahoo.co.uk

Mayfield Road, Port Isaac

Port Isaac Village Hall

YOUR HALL FOR YOU TO USE

Licensed Premises Available for Clubs,
Groups, Charity Events, Meetings, Private
Hire, Parties, Wedding Receptions etc



GENERAL USERS

£8 per hour

(£1 an hour discount for advance block bookings of six or more sessions)

NON PROFIT MAKING PARISH CLUBS/ORGANISATIONS etc, including Children's Groups

£7 per hour

(£1 an hour discount for advance block bookings of six or more sessions)

ALL USERS - 24hr period

£60

KITCHEN HIRE (for users cooking meals etc), to include hire of crockery & cutlery for 100 £50

Electricity is included in hire charges. Central heating is via £1 slot meter

Call Vanessa Isaacs on 01208 880098 for more info

remember to say you saw it in Trio



The Old School Hotel & Restaurant

Fore Street, Port Isaac PL29 3RD Tel: 01208 880721
email: reception@theoldschoolhotel.co.uk

Hotel, Bar & Restaurant

Open to non-residents all day, every day

Coffees • Lunches • Afternoon Teas & Snacks
Evening Meals • Public bar • Wifi internet access

Lunches from 12pm

Bar menu available 6-8pm

**Our a la carte restaurant menu is
available from 6:30pm**



*Billings Row
Gallery*

Port Isaac

*the oldest
gallery in
the village*

www.secretsportisaac.com

01208 880862/880905

WINDOWS XP

**YOUR LOCAL
WINDOW CLEANER**

Domestic & Commercial
eco-friendly, pure water
system, fully insured,
regular and reliable

Call John Brown on

07815 156632 or

01208 880421



DSa CARINA KANE

APPROVED DRIVING INSTRUCTOR

based in North Cornwall (Port Isaac)

CALL: **07803 905593**

EMAIL: Carina.Kane@yahoo.co.uk



Trio Copy dates - 2011

ISSUE	COPY DATE	PUBLISHED
March	Thursday February 24th	Thursday March 3rd
April	Thursday March 24th	Thursday March 31st
May (Easter)	Friday April 15th	Friday April 22nd
June	Monday May 16th	Monday May 23rd
July	Monday June 27th	Monday July 4th
August	Monday July 25th	Monday August 1st
September	Friday September 2nd	Friday September 9th
October	Friday September 30th	Friday October 7th
November	Monday October 24th	Monday October 31st
December	Wednesday December 2nd	Wednesday December 9th

If at all possible, please email your copy to triopi@mac.com
Alternatively handwritten on typed copy can be dropped into Secrets,
or put through the letterbox if closed

R.A. HANCOCK

ELECTRICAL CONTRACTOR

AGRICULTURAL & DOMESTIC WORK

SALES & SERVICE

SLIMLINE RADIATORS

DIMPLEX & CREDA

COMPLETE SHOWER INSTALLATIONS

Hatland Road Port Isaac

Telephone: 01208 880328

T.F. GRILLS

Builder and Carpenter
also

Painting and Decorating

Free Estimates

Telephone : **01208 880094**

DIARY DATES

Wednesday February 9th

Kerbside Recycling – bags out by 7am

Saturday February 12th

The RNLI Valentine's Celebration with the Gumbo Flyers in Port Isaac Village Hall

Monday February 14th

Parish Council Meeting at Port Isaac School - 7.30pm

Tuesday February 15th

Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday February 23rd

Kerbside Recycling – bags out by 7am

Wednesday March 9th

Kerbside Recycling – bags out by 7am

Tuesday March 15th

Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday March 23rd

Kerbside Recycling – bags out by 7am

Saturday March 26th

Port Isaac's Annual Hospice Day in the Village Hall

Sunday March 27th – British

Summertime (BST) begins
Move clocks forward one hour

Saturday April 2nd

Village Hall Curry Night

Sunday April 3rd – Mother's Day

Wednesday April 6th

Kerbside Recycling – bags out by 7am

April 10th – 17th

38th St Endellion Easter Festival

Tuesday April 19th

Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday April 20th

Kerbside Recycling – bags out by 7am

Good Friday April 22nd

Easter Monday April 25th

Royal Wedding Bank Holiday – Friday April 29th

Early May Bank Holiday – Monday May 2nd

Tuesday May 17th

Whist Drive in St Endellion Church Hall – 7.30pm

May 27th – 30th

PORT ISAAC MUSIC FESTIVAL

Spring Bank Holiday – Monday May 30th Sunday June 19th – Father's Day

Tuesday June 21st

Whist Drive in St Endellion Church Hall – 7.30pm

Tuesday July 19th

Whist Drive in St Endellion Church Hall – 7.30pm

July 26th – August 5th

St Endellion Summer Music Festival

Sunday August 7th

The BIG SWIM from Port Gaverne to Port Isaac

Tuesday August 16th

Whist Drive in St Endellion Church Hall – 7.30pm

Summer Bank Holiday – Monday August 29th

Tuesday September 20th

Whist Drive in St Endellion Church Hall – 7.30pm

Tuesday October 18th

Whist Drive in St Endellion Church Hall – 7.30pm

Sunday October 30th – British Summertime (BST) ends
Move clocks back one hour

November 13th – Remembrance Sunday

Tuesday November 21st

Whist Drive in St Endellion Church Hall – 7.30pm

Tuesday December 20th

Whist Drive in St Endellion Church Hall – 7.30pm

PORT ISAAC MUSIC FESTIVAL 2011



Friday May 27th – Monday May 30th

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the Village Hall. Contact Sarah on 881124 or Julia on 880718.

Brownies - every Wednesday from 5.00pm-6.30pm, during term time, at Port Isaac School. Contact Jennie on 881073.

Rainbows - every Monday from 4.45pm-6.00pm, during term time, at Port Isaac School. Contact Marie on 880977.

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Thursday nights at Port Isaac School from 7.30pm. Contact Tracey Greenhalgh on 01208 880215.

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505.

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262.

CHURCH SERVICES

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.45am Every third Sunday - Family Service at 9.45am
Every Thursday - Holy Communion at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm

Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure your event is included here!
email info to triopi@mac.com or call 01208 880905