

trio



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Congratulations to Tamsin and Phil on the birth of Isaac on 12th February, weighing in at a respectable 8lb 6oz

Well done Jill McDonnell for winning the 'Guess and Sex and weight' sweepstake - the £20 raised has been sent to Mount Edgecumbe Hospice

**Wanted
Permanent car parking space, preferably in the lower village
Call Val on
01840 261747**

ILLEGAL PARKING

All illegal parking issues, yellow lines etc, are now dealt with by the Civil Enforcement Parking Team, who are based in Truro.

They can be contacted on

0300 1234222

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Sam & Dee Littlechild
Tel: 01208 880905

email: triopi@mac.com

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Jill and Angela would like to invite everyone to the official opening of The Peapod Gallery on Saturday 2nd April from 10.30 onwards. Come and join us for a glass of fizz and help us celebrate the start of our new venture.

We will be open every day from 10.30 'til 5.00ish selling a variety of gifts, cards, fashion accessories and lots more. (To be honest, we can't remember all the things we've ordered as some of the orders were placed in January). Everyone welcome.

Camelford & District Bowling Club and Lanteglos Short Mat Bowling Club

The above two clubs have their headquarters at the Club House, Lanteglos Road, Camelford (Phone 01840 212445). The Short Mat section constitutes the winter-time outlet for the bowlers, using two mats indoors from mid-September to April. It holds club afternoons on Sunday, Tuesday and Thursday at 2.00 o'clock and club evenings on Monday and Thursday at 7.30. Friendlies and club competitions are also part of the curriculum if members wish to partake.

The outdoor bowling season starts around mid-April and continues until September. Most members belong to both sections but this is a matter of choice. The outdoor section also includes friendlies and competitions as well as the club afternoons (Tuesday) and club evenings (Friday). The green is open from 12.30 pm to 9.00 pm, Monday to Friday and 10.30 am to (9.00 pm, Saturday and Sunday).

We are holding an Open Day on Saturday 30th April when anyone interested in joining our vibrant club can come along to the green and try their hand at this absorbing and skilful pastime.

If you would like more information please call our Secretary, Neill Wright, on 01840 213801 - Neill also gives coaching lessons on Wednesdays from 11.00am till 1 o'clock - or our Chairman, Peter Buck, on 01288 355103.

Can't wait to see you there!

Local Books available in Secrets, Port Isaac Walk Talk

A paw-picked selection of local dog walks, chosen by Spot & Winnie - £3.50

A Quick Look Round Port Isaac

A brief guide for visitors to help them enjoy the village - £2.50

A Short Guide to Port Isaac

A more detailed guide - £5.50

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish with lots of useful local information) - £3.50

The Fishermen of Port Isaac by Geoff Provis - £9.99

The Trevan Book

Summary memoirs of the Parish of St Endellion prior to 1834 by John Watts Trevan - £10

2011 Tide Timetables - £1.30

plus local ordnance survey maps



If you have anything to donate to the 'New' stall please drop it into Secrets or call 01208 880905 for collection

Ring the same number if you would like to help

All offers of homemade cakes etc and raffle prizes would also be very much appreciated

HELP US SUPPORT CORNWALL HOSPICE CARE

Fairtrade Fortnight

COFFEE MORNING

Wednesday March 9th
from 10am

at Garrick,

34 Trewetha Lane, Port Isaac
(Home of Robert & Penny Manders)

Raffle, cakes, bring and buy and Fairtrade stalls

in aid of MHA Dementia Care

JACKIE'S 50th BIRTHDAY

Thank you to everyone who came to my birthday party in the Village Hall on Saturday January 22nd. It was a wonderful evening.

The biggest surprise was Debbie Pring (Jahn) coming home from Boston, USA.

Thanks Debs, and Paul for buying her ticket - it was so special to see you, like old times when we were all young together!

Donations in lieu of presents amounted to £525 which has been sent to CLIC SARGENT. I am very grateful for everyone's generosity to such a worthwhile charity. Thank you all

Jackie Dingle

Port Isaac Hospice Day

Saturday March 26th

11.00am - Port Isaac Village Hall

Coffee, Home made Cakes, New Stall, Books, Raffles

special raffle for an original painting by Port Isaac artist, Barbara Hawkins

Stay for Lunch

Soup & Pud

50/50 clothes sale

Port Isaac Hospice Day
Saturday March 26th
11am in the Village Hall

HELP THE HOSPICE AND MAKE YOURSELF SOME MONEY TOO!

50/50 Clothes Sale

clear out your wardrobes, cupboards and drawers
get rid of unworn impulse buys

WE WANT YOUR QUALITY PRE-LOVED OR UNWANTED CLOTHES AND ACCESSORIES

TURN YOUR CLOTHES INTO CASH

We will sell your clothes for you on Hospice Day and split the money - 50% to you and 50% to the Hospice. All you need to do is have a big sort out and bring your clean, pressed clothes, on a hanger, to the Village Hall on Friday March 25th between 4pm and 6pm. We will agree a minimum sale price and aim to sell your item during the Hospice Sale

(Note. All unsold items must be collected after the sale)

It's as easy as that!

IF YOU CANNOT GET TO THE HALL BETWEEN 4pm and 6pm OR WANT ANY MORE INFO, CALL CHERYL ON 01208 880802



PORT ISAAC MUSIC FESTIVAL 2011



Friday May 27th – Monday May 30th 2011

Everything is moving along at a bit of a pace now getting the final pieces in place for this year's Music Festival. The weekend begins on the Platt in time honoured tradition with the now world famous **Fisherman's Friends** singing their Friday evening session. Not to be missed as it is their first performance of the season in their familiar slot.

The Saturday evening is covered with two 'BIG' sounds. Firstly the **Skyliners Big Band** playing a selection of music from the big band era - music to suit all ages. After that we have the **Deja Blues Band with Extended Ensemble** giving the band a 'bigger' sound with a complete Brass Section and singers to augment the tight rhythm and blues the band plays. All in all we have a night to entice everyone from the foxtrotters, through jivers to the two left-footers.

On Sunday we have a treat install for those who like music with a Celtic genre. Beginning the evening we have **Leighe Needham**, from Devon, a three piece playing some of their contemporary songs and other favourites. These are followed by Celtic Folk specialists **The Angels Share**, coming all the way down from Northampton to join us. To finish off the evening is a young Cornish band who have been playing the clubs in London - the **Crowns**. Expect "rousing sing-along anthems, foot-stamping rhythm and swaying and heartfelt ballads". Again this evening offers something for all ages, so whether you want to sit and contemplate the depth of the music or 'stomp ya feet' it's for you. You can listen to both the **Crowns** and **The Angels Share** by clicking the links on our website.

Monday night is cabaret night with **Johnny Cowling** with his inimitable blend of music and comedy. We all know how good Johnny is and after a sell out last time I advise that you get your tickets early, especially as he will be joined by **Chris Treglown** and **Annie Appleby** singing songs from the musicals. If you heard them at the Halloween evening you will know what a joy that will be.

We have two early evening events in St Peter's Church. The **SAS** (Simply Awful Symphonia), which of course they are not, are hopefully performing on the Monday evening and on the Sunday evening the **Port Isaac Choral** will be joined by flautist **Kate Williams** and a classical ensemble.

In keeping with previous years, we have attempted to include all types of music in the Festival. As always the Platt will be awash with music during starting at 1pm on Saturday, Sunday and Monday. We have so many people contributing (and the list is growing) and the music ranges from contemporary guitar, choral groups, blues, hillbilly and mountain music (remember the Devil's Hat band?), cajun and zydeco, country, modern songs, singer/song writers, harp music and much much more. Take a look at the website which will be constantly updated with any new acts.

Remember all those artists performing on the Platt do so only for the love of the festival and for 'busking' money. So please come and join us for a fun filled musical extravaganza and if you are on the Platt bring plenty of change.

We could not do all the things we want to do if it weren't for the support of the Harbour Commissioners, the Village Hall Committee, and St Peter's Church who provide the venues, all the artists who give of us their time, and of course you, the audiences, local and from all corners of the world who give us their time, enjoyment and of course their money. We have no outside financial support and our aim is to make entertainment not profit. Any surplus money will be going to the Village Hall and future festival funds.

We, the Music Festival committee, hope you all enjoy the Spring Bank Holiday in Port Isaac 27th - 30th May 2011.

www.portisaacmusicfestival.co.uk

Port Isaac Surgery's Healthcare Assistant to run the London Marathon for FLEET

A lot of Port Isaac residents will know me from the surgery and most will be picking themselves up off the floor when reading that, on April 17th, I am running for FLEET in this year's London Marathon - a staggering 26.2 miles - and even more amazing is that I have never ran before.

Besides working at the surgery, I am also a First on the Scene Responder with Southwest Ambulance Service. Responders work for their communities as volunteers and we work in an eight miles radius of where we live. When there is a 999 life threatening call in our area, and if there is not an ambulance able to be there in eight minutes, we are called to administer life saving treatment until the ambulance arrives. This can mean the difference between surviving or not.

FLEET was started 19 years ago by Paramedic Norman Trebilcock and others, to make sure that Cornish Ambulances/Air Ambulance/ Search and Rescue Helicopters and Rapid Response cars are all kitted out with the best equipment in the country. Cornwall is the highest trauma area in the UK and has very special needs and thanks to the generosity of people in the county FLEET can afford to provide the specialist equipment required.

Many people have ran in the London Marathon for FLEET. This year will be the 19th year that Norman has taken part and there are 22 of us also running. To run for FLEET we have to raise £2000 each and to date patients at Port Isaac Surgery have been wonderful in sponsoring me. We do appreciate that times are difficult.

If you would like to sponsor me and you have a computer, I have a secure online payment facility you can go to - www.justgiving.com/patsy-battle Alternatively you can pop into the surgery where I have a sponsorship form. Please make sure to tick the GIFTAID box if you are a UK tax payer as we can claim an extra 28p for every pound spent this way.

Please dig deep and support FLEET and myself and if you would like any further information please call me on 01208 863864.

Patsy Battle

Port Isaac Golden Circle

The Port Isaac Golden Circle is 47 years old this year. It was formed after a successful party for the village over 60s by the Mother's Union in 1964.

The name was chosen at the first meeting held in the Church Rooms on February 18th 1964. The committee was Mrs Townend (wife of the Rev Townend), Mrs Sproull (wife of Dr Sproull, our local GP), Mrs Donnithorne, Mrs Harris, Mrs Proctor, Mrs Ransome, Mrs Cowling, Mrs Platt, Mrs Billings, Mrs May and Miss Saundry.

Meetings were held once a week on a Wednesday afternoon in the Church Rooms. Each member paid 6d subs and 1d for a raffle ticket. The meeting started with a game of Pass the Parcel. They also played bingo, dominoes, cards, beetle drive and did a lot of singing, according to the old meeting minutes. Cups of tea and refreshments were served to all. They also saved weekly through the year to take an annual holiday. Bournemouth and Exmouth were favourite destinations. That would be some peoples only holiday.

Our meetings are now held monthly from October to April in the Village Hall. We have a speaker or an occasional craft activity. Tea and refreshments are still very much in evidence and enjoyed.

We go out for lunch around Christmas time and again in February to celebrate our birthday month. We have two outings a year; one in the summer. Last year we went to Falmouth and back to Truro on a boat trip. Then in November we went on a Christmas shopping trip to Falmouth.

Annie Philp
January 31st 2011

Port Isaac Village Hall

AGM

**Wednesday April
20th
6pm in the Hall**

CO-OP FUNDAY ON EASTER SUNDAY

Port Isaac Co-op's Funday, in aid of the Co-op's Charity of the Year, MENCAP, will take place on Easter Sunday April 24th. It will start at 10am and will finish around 2pm.

Highlight of the day will be 12noon when Annette, who works in the Co-op, will be having her head shaved! Her sponsor form is in the Co-op so give her your support – it's a very big and brave thing she is doing!!

There will also be bring and buy stalls, a cake stall, stocks, face painting from Barbara Hawkins and waxing for men if they are brave enough (legs, back, chest and eyebrows) by Angela from the Nail Bay.

Hopefully the weather will be kind to us, and we would like to thank you all in advance for your support.

Roy and all the staff at the Co-op

Port Isaac
Village Hall

**CURRY
NIGHT**

Saturday April 2nd
7.30pm in the Hall

a selection of delicious
homemade curries
and lovely puds

TICKETS £9 each
available from *Secrets* or can
be reserved - 01208 880905
or dee54@mac.com

all proceeds to Port Isaac
Village Hall Improvement Fund

Climate Friendly St Endellion

What's new on the climate-friendly front? Locally, the most important event has been the recent launch of WREN – Wadebridge Renewable Energy Network. This is a project aimed at encouraging people and businesses with south-facing roofs to install Photovoltaic (PV) panels. These will absorb sunlight, even diffused by clouds, and directly produce electricity which can be fed into the local mains supply system. The expectation is that some 30% of the electricity used in the town of Wadebridge could be produced in this way.

If you have sufficient capital to invest, HM Government policy at present makes it economically worthwhile, with the Feed In Tariff (FIT) providing a really acceptable return. This tariff pays you for each unit of electricity you generate and feed into the mains during the day, and gives you an attractive price for the units you take from the mains at night.

The folk in Wadebridge who started the project devoted much time to discussion of details before the launch. One topic requiring careful study was the area to be included; in the end it was decided that the surrounding parishes would widen the scope of the project too far. So St Endellion Parish and Port Isaac will not be directly involved, and it is left to individuals to choose whether or not to follow suit.

One snag with the control-systems used at present is that they depend on the mains being able to accept (or dispense) power, in other words to be "live". If there is a power-cut, you cannot even use the power you are potentially generating within your own house! We hope this will not be the case in the future. . . .

One local resident did install PV panels before the FIT scheme started, thereby reaping technical, rather than economic, benefit (since he has reduced his use of electricity generated by coal-fired power-stations). As you will see in the next few days, we are going ahead with PV panels on a Southeast-facing roof; we'll let you know how we get on, through the columns of Trio (if the Editor agrees – Ed:Yes, that's fine)). In the meanwhile, if there's anything you want to know, you can always ask us when you see us around. If you are thinking of investing in PV panels, now is a good time, because the terms of the Feed-In Tariff are going to become less favourable as time goes on.

Bus info

And now for something completely different! Since 1st January the times between which Concessionary Bus Pass holders can use their passes to travel free within Cornwall have changed. Cornwall Council rules have (apparently) come into line with those of other local authorities. Free travel is still available to Bus Pass holders at all times on Saturdays, Sundays and Bank Holidays. From Monday to Friday, however, while journeys between 9.30am and 11.00pm continue to be free, outside those times Bus Pass holders will have to pay the standard fare.

On the 584 service from Port Isaac, the 7.15am (College days only) and 7.51am journeys to Wadebridge, and the 8.05am to Camelford, will no longer be free. You can still travel to Truro (changing at Wadebridge to the 594) by booking at the standard fare to St Columb; the service from there to Truro leaves at 9.30am, so you should be entitled to travel free for the remainder of your journey (and your later return).

Similarly, if you wish to spend a day in Exeter, taking the 8.05am 584 to Camelford and changing there to the 510, you should book to Okehampton, arriving at 9.15am. Onward travel by the 599 service, leaving at 9.40am and arriving at Exeter at 10.20am, should be free. Happy travelling!

Robert Manders

110 years ago, January 1901

“When the gale was raging with unabated force at high water on Friday, eight of the herring boats belonging to Port Isaac fishermen were, with their gear, totally or partially destroyed.”



What we are up to:

- March 8th - Wooden spoon people
- March 15th - Play dough
- March 22nd - Walk round village with a hot chocolate stop on the beach
- March 29th - Easter Bonnets and Egg Hunt
- April 5th + 12th - Easter holidays

Parish Council Chair Barbara Bell tells Trio:

"I'm sure most readers have experienced the Port Gaverne Hill road surface recently, but I'm pleased to say that there's light at the end of tunnel.

The other news we have is that the BT line into the Church Rooms should have been installed on March 2nd. We should then be given a definite opening date for the post office."

The Grumpy Old Doc is coming back

Filming for the next eight episodes of Doc Martin starts in Cornwall on March 28th. However, it might be a couple of weeks after that before we see anything in Port Isaac. The filming then continues until Friday July 30th but *Trio* has been told that they hope to have finished any shooting in the village before the school holidays start.

Trio's heard that will be some new faces in this new series. Rumour has it that Auntie Joan dies and Martin's mother makes an appearance. Also there is to be a new receptionist. However, old favourites Ian McNeice and Joe Absolom are back as plumber Sid Large and his son Al.

There is one other new character and it brings a local opportunity for the part of Martin's new born son. So if you are due to have a baby in March and it's a boy and you would like him to be in Doc Martin, contact Johnny Bamford on 07770 915418.

They were up there with the best, they sang and they came away with a special honour - the *Good Tradition Award*. The *BBC Radio 2 Folk Awards* were certainly a night to remember. Not only that but Joan Armatrading was blown away by them and the next day on his radio show, Simon Mayo said Jon Cleave's speech was "the best speech of the night".

All in all, the first months of 2011 have been a roller-coaster for the boys. Their January tour was a huge success and 'someone who knows' told *Trio* that their performance in Birmingham was "their best ever".



live on stage
in Birmingham

the **Port Isaac Music Festival** on May 27th. This is their first night of the summer on the Platt so everything crossed for good weather.

June 18th sees them at the Falmouth International Sea Shanty Festival and there are several other performances in the offing throughout the summer so watch this space.

In the meantime the Fisherman's Friends are trying to keep Friday nights free for the Platt and once again invite local charities and organisations to tender for a Friday evening gig when they can come along and collect. They ask that you reply through *Trio*, using the slip below making sure it is in by no later than April 10th when the selections will be made.

And then they did their Youngs seafood ad, filmed here and in Padstow. Two ads were made and the first one is already on ITV. You must have seen it - if not you can watch it on the Youngs website. The second one comes out at the end of April.

Things are already getting busy for the summer. The big news is that they've got the Pyramid Stage at Glastonbury on June 26th. But before all that they will be recording with Rupert Christie in St Kew Church for their next album.

The long-awaited ITV documentary should also be shown during April and they appear at the Bristol Folk Festival on April 30th.

May 12th sees them at the Du Maurier Festival in Fowey and the two performances at the Minack on the 19th and 20th. And, as is now tradition, they are the opening act of

PORT ISAAC MUSIC FESTIVAL



**FRIDAY MAY 27TH -
MONDAY MAY 30TH 2011**

Fisherman's Friends Friday nights on the Platt

We would like to tender for a Friday night performance by the Fisherman's Friends on the Platt

ORGANISATION/CHARITY _____

CONTACT NAME _____

TELEPHONE NUMBER _____

EMAIL ADDRESS _____

DATES NOT SUITABLE _____

Please return to Trio, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN
or drop this reply slip into Secrets

Hedley Venning Philp Eddie

Dad was born on December 31st 1921 at Treroosel Farm, St Teath. He had an older brother, Morley, who sadly died in his fifties. His father, William James Philp, died in 1924 from TB and so Dad and his brother were brought up by their grandparents at Treroosel Farm.

Dad could milk a cow by the age of three and by the time he was ten he could hold three horses ploughing. He was a very strong child, unlike his brother Morley who was not a healthy boy and suffered heart problems.

His mother remained at Coombe Mill, Amble, where his half sister Muriel and brothers Les and Francis were born.

After leaving school, Dad lived with his mother and stepfather, George Bate, for a while. His first job was splitting Blue Elvin stone at Tom's Quarry, Trellill.

At 17 he joined the RAF and was sent to Blackpool for training; his first posting was to St Athans, South Wales. Whilst there he had a terrific accident. Just after he arrived he was working with a tractor and trailer full of bombs, to load on to a waiting plane. The tractor went into a ditch, injuring his leg, which left him crippled for the rest of his life.

He met Arona David whilst in St Athans and they married in 1945. They came to live in Wadebridge and then moved here to Port Isaac. By 1952 Ann, Mim and David were born. He and Arona divorced and he married Peggy Hancock and Ellen and Ella were born in Port Isaac. Dad had 13 grandchildren and 6 great-grandchildren.

As a father he was kind, caring and had a very gentle temperament. Throughout the years of Ann's kidney problems and her operation and Ellen's two little girls, Demelza and Beverley's health issues, he was a faultless parent.

His work was very varied from farm labourer, coach driver, clay pit worker, cattle truck driver, smallholder to tree feller. He was never out of work and he was still cutting grass at 80 years of age.



He will be greatly missed by us all. He was 'one off' and will never be forgotten.

Annie, Mim, Dave, Ellen & Ella



Trelights Methodist Chapel

A big thank you from members and friends of the Chapel to all the kind souls who helped us raise £372 at our

Christmas Fayre. The Air Ambulance Organisation and the Children's Hospice SW were delighted with the donations. We were also heartened by the marvellous support you provided in turning out on that wintry afternoon.

Monthly Chapel Friends Meeting

Please note that the monthly Chapel Friends Meeting is changing to the second Tuesday in the month. Anyone fed up with virtual reality, who would like to get out and interact, is welcome to join us for an informal hour from 7pm.

Flower Rota

Lastly, in expanding our Flower Rota, we are much encouraged by the number of people who have readily agreed to join and hope that they will find the participation rewarding. If anyone else feels they would like to benefit from joining, please contact one of the members of the Chapel.

Peter Blake

Magical Managers 2010/11

League One

LW	POS	TEAM	MANAGER	PTS
2	1	RECKON SO!	Chris Witherden	769
1	2	ALL HYPE, NO GLORY	Andrew Grills	759
3	3	JOSHIE'S ALLSTARS	Karen Grills	745
4	4	HOLLY'S HEROES	Richard Hambly	730
7	5	GIRLS ALOUD	Kevin & Emma Honey	692

League Two

1	1	THE AVATORS	Harry Hambly	775
2	2	NO NAME	Dan Taylor	749
3	3	OBI 1 KENOBI NIL	Jon Poupard	690
4	4	MAINERS MARMITE MINERS	Matthew Main	650
5	5	JOSHUA BREWER'S TEAM	Josh Brewer	632

up to February 18th 2011

40 day muscle-building WORKOUT!



WORKOUT: The internet search says that "These sample workouts include cardio, strength training, circuit training, yoga..."

It's not really much different from what Pope Gregory had in mind 1400 years ago when he said that Lent is a season of forty days' exercises. Did you know that Pythagoras fasted etc for forty days "for spiritual enlightenment"...

The Bible says that the Hebrews were 40 years in the wilderness before they entered the Promised Land; Jesus was in the wilderness 40 days before he began his active ministry; the ancient Egyptians believed that the soul left the body 40 days after death; Jesus's Ascension was 40 days after Easter.

So as Lent begins on March 9th on Ash Wednesday make sure you eat up all the goodies and pancakes on Shrove Tuesday, and on Ash Wednesday it's a 40-day workout. Spiritual that is. 40 days til Easter. Exercises such as: What is life all about (*= press-ups)? What am I called to do with my life (*= star-jumps)? What sort of person am I anyway (*= weight-lifting)? Do I need spiritual exercises or is life simply material (fly)?

Have a think about the workout! Enjoy the pancakes first!

Best wishes, John

Mothering Sunday in St Peter's

There will be a special Mother's Day service in St Peter's Church on Sunday April 3rd at 9.45am with flowers for the children to give to their mums



Christingle

May we say thank you to everyone, young and old, for saving their pennies in the Christingle Collecting Candles - we raised £60 for the Children's Society. Also thank you to everyone who made the wonderful nativity scenes that decorated the windowsills of St Peter's Church for Christmas.



in St Peter's ...

Church Council AGM - Friday April 1st, 6.15pm in St Peter's Church - everyone welcome

Easter Mini Market - Saturday April 30th, 10.30am in the Church Rooms

Summer Mini Market - Saturday July 16th, 10.30am in the Church Rooms

Harvest Festival - Sunday September 18th, 6pm in St Peter's Church

Christmas Mini Market - Saturday November 19th, 10.30am in the Church Rooms

Church Diary dates

Thursday March 3rd
7.15pm - PCC, St Endellion Church Hall

Friday March 4th
2.30 pm - Women's World Day of Prayer Service, St Minver Church

Sunday March 6th
9.45am - Sung Eucharist, St Peter's Church, Port Isaac
11.00am - Sung Eucharist, St Endellion Church

Ash Wednesday March 9th
7pm - Sung Eucharist with Ashing, St Endellion Church

Thursday March 10th
7.15pm - Open Meeting to discuss future structure of Cluster of Churches, St Endellion Church Hall (All Welcome)

Saturday March 12th
Healing Day, Truro Cathedral & Truro Methodist Church

Sunday March 13th - Lent 1
9.45am - Sung Eucharist, St Peter's Church, Port Isaac
11.00am - Sung Eucharist, St Endellion Church (Preacher: Prebendary Michael Bartlett)
6.00pm - Evening Worship with Taize Chants, St Endellion Church

Tuesday March 15th
11.30am - Stay & Playgroup in St Peter's Church, Port Isaac

Wednesday March 16th
7.30pm - Lent Course, St Endellion Church (Thomas Traherne)

Saturday March 19th
5.30pm - St Michael Porthilly (Reflective Lent Worship)
7.00pm - Eucharist, St Endellion Church (St Joseph)

Sunday March 20th
9.45am - Family Eucharist, St Peter's Church, Port Isaac
11.00am - Sung Eucharist, St Endellion Church

Wednesday March 23rd
7.30pm - Lent Course, St Endellion Church (Thomas Traherne)
7.30pm - Mothers Union, St Endellion Church

Friday March 25th (Lady Day)
7.00pm - Eucharist, St Endellion Church (Blessed Virgin Mary)

Saturday March 26th
5.30pm - St Michael Porthilly (Reflective Lent Worship)

Sunday March 27th
9.45am - Sung Eucharist with procession of palms & dramatised Passion, St Peter's Church, Port Isaac
11.00am - Sung Eucharist with procession of palms & dramatised Passion, St Endellion Church

Thursday March 31st
8pm - Julian Group, Menefreda Way, St Minver

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers.

Tel: **Judith Pollinger on 01208 880181**

Websites of the month

Spring is just around the corner (20th March according to one website I consulted) and the plants are just beginning to come up, and the snowdrops have been a real treat. The latest news on selling off the nations woodlands seems to be that it has been scrapped, following a very effective campaign, and also some re-examination of the likely savings (apparently very little if any). Also many woods were left to the Nation with a covenant that they shouldn't be sold on. All this to my mind is good news. So what woodlands do we have in Cornwall and nearby and what sort of access do we have?

The place to start is the Council website which has a section on woodlands <http://tinyurl.com/Cornish-Woodland> and has a number of useful starting points.

The first section covers ancient trees in Cornwall, and the only one that seems to be still going strong, is the Darley Oak at Linkinhome, over 1000 years old. A really good description can be found on a Woodland Trust website, devoted to finding really old trees (see <http://tinyurl.com/Darley-Oak>). It can be found just on the edge of Bodmin Moor and was the venue for tea parties (apparently since the 18th Century) inside it until bits started falling off and they had to be stopped.

There is a link in this first section of the County Council site to the "Cornwall Parish Tree Warden Scheme", which has been funded by the Tree Council. I am not sure if we have one in St Endellion, but as we don't have much woodlands maybe not. However, they would be a good contact if you wanted to explore more about woodlands in any particular area.

The next section covers Elms in Cornwall, which, like the rest of the country was decimated by Dutch Elm Disease. Apparently the elms have been recovering to some degree and a type of elm which is resistant to the disease has been grown from one specimen which was noticed when an area was being cleared of diseased trees. Cuttings have been taken and propagated and so this may be a route to see the Elms restored.

If you follow the link (<http://tinyurl.com/Forestry-Commission>) to the Forestry Commission website you can read about the National Survey of Woodlands and Trees which was published in 2003.

Its opening paragraph give an interesting picture of how woodland cover in England has changed over the years.

"In prehistoric times England was largely covered with woodland. By the end of the first millenium much had already been cleared to satisfy the needs of an increasing population, with the Domesday records showing approximately 15% woodland cover across England. This trend continued, and by the end of the 19th century woodland had dropped to below 5%. Since then England's forest and woodland area has been expanding, and by the beginning of the 21st century there were over 1.1 million hectares, equivalent to 8.4% woodland cover."

As an example you don't need to go very far. Bodmin Moor was completely covered in trees until about 2000 BC when the Bronze Age culture demanded much wood and it was cleared. It is good to hear that woodland is expanding and you can download the 2002 survey of the woodlands for just Cornwall from the same website.

If you are planning to visit some woodlands the best way to find them is to go to the section of the Woodland Trust website where you can put in your postcode and it gives you all its listed woods and how far away you are from them (see <http://tinyurl.com/visit-woods>) The Woodland Trust were in the forefront of campaigning to prevent the sell off of the national woodlands and you can read all about the current state of play. They also say that access to all their woods is free.

There are many woods to visit , but one I think is really lovely this time of year, and that is Trellil. Surprisingly there is not much on the web about it. Perhaps a good thing, keep it a secret! Another much more extensive woodland with lovely walks is Cardinham Woods, and this has a lot of information on the Forestry Commission site where you can download a leaflet (<http://tinyurl.com/cardinham-woods>)

So now Spring is nearly here, time to get out and see it. **Tony Wainwright**

Our own Port Laureate

Dear Trio

As Richard Cook seems to be contributing regular poems to *Trio*, I wondered if he should be addressed as 'Port Laureate'?

I do not know this Richard Cook,
never met the man at all,
but know you often see him
chatting by Port Gaverne wall.

He has a Ford 4000,
and I'm sure he'd lend a hand
if your four-wheel drive got stuck
in Port Gaverne's sand.

I believe he is a builder,
but where does he find the time?
He must be busy working
on yet another rhyme!

A shy, near Port Gaverne resident

I'm awfully well for the shape I'm in

There is nothing the matter with me.
I'm as happy as can be.

I have arthritis in both knees,
And when I talk, I talk with a wheeze.
My pulse is weak, and my blood is thin,
But I'm awfully well for the shape I'm in.

Arch supports I have for my feet,
Or I wouldn't be able to walk the street.
Sleep is denied me night after night,
But every morning I find I'm alright.
My memory is failing, my head's in a spin,
But I'm awfully well for the shape I'm in.

The moral is this, as my tale I unfold:
That for you and me that are getting old,
It's better to say, "I'm fine", with a grin,
Than to let folks know the shape we are in.

How do I know that my youth is all spent?
Well, my "get up and go" just got up and went.
But I really don't mind, when I think with a grin,
Of all the grand places my git up has bin.

Old age is golden, I've heard it said,
But sometimes I wonder as I get into bed,
With my ears in a drawer, my teeth in a cup,
And my specs on the table until I get up.
Ere sleep overtakes me, I say to myself,
"Is there anything else I could lay on the shelf?"

When I was young, my slippers were red,
I could kick my heels right over my head.
When I was older, my slippers were blue,
But still I could dance the whole night through.

Now I am old, my slippers are black,
I walk to the shops and puff my way back.
I get up each morning and dust up my wits,
And pick up the paper to read the Obits.
If my name is missing, I know I'm not dead,
So I have my breakfast and go back to bed.

Supplied to Trio by Ian & Noreen Honey, author unknown

Dear Trio ... your chance to have your say

Doc Martin

Dear Trio

I write this in my personal capacity and not as Chairman of the Harbour Commission.

After rumours about *Doc Martin* returning this summer, I gather that it is now definite. By all accounts, the production company (or those behind it) have made many millions of pounds out of *Doc Martin* and good luck to them. There is no doubt that it has brought thousands of people to Port Isaac. I can vouch for that because I can see his 'surgery' from my bedroom window and there are queues of people lining up for photos throughout the year. Some people (but not all that many Port Isaac people) benefit financially. I write as one of the dying breed of people who were actually born in Port Isaac and have lived in the same house all my life!

Who is the star? Obviously, Martin Clunes is one, but the main star is Port Isaac. Everybody who watches it will tell you that. How does Port Isaac as a community benefit? It doesn't.

We very badly need a new car park rather than the temporary one that we have at the moment where somebody will be killed sooner or later because of the dangerous entrance. We haven't got the money to complete it. We need a Park & Ride system as well.

As far as I know, *Doc Martin* has never paid anything for the benefit of the village as a whole but has just picked off individuals (including the Harbour Commission) with the odd few thousand pounds.

Lots of people complain at the arrogance of the *Doc Martin* crew who think that they can take over the place and ignore all the No Parking regulations because they are all so famous. We just allow ourselves to be walked all over. They really do need our co-operation and, for that, I think they should be made to pay for the benefit of the village a serious amount of money. A six figure sum would be nice.

The problem is that we are all too good at sitting back and doing nothing and allowing ourselves to be taken advantage of. We don't take to the streets like they do in Egypt. Perhaps we should be prepared to do that. They couldn't film if a hundred of us walked up and down the street haranguing them!

Hints are given every now and again that they have another village lined up, if Port Isaac does not want them. That may be true, but I doubt it.

I have suggested to the Parish Council that a couple of representatives from the Council and the Harbour Commission and a few other people who might volunteer should try to get a meeting with the people who actually write the cheques at *Doc Martin* to express our views and try to negotiate something sensible with them. Who else is prepared to stand up and be counted rather than just moan quietly and do nothing about it.

Dugald Sproull, Port Isaac

congrats to PISCES

Dear Trio

May I say huge congratulations to all concerned who have been hard at work making such a magnificent Port Isaac at Play exhibition. What a major effort by you all, and although I was not involved, I do appreciate the planning, the work and the execution of such an event. Well done to you all. Many locals and visitors have already attended and are fascinated by it all, which is great. All you have done is so original and clever. We are really proud of being a part of this community.

Annie Price, Port Isaac

we need a Parish Council report in Trio

Dear Trio

I would like to raise two points without seeming like a constant moaner! Firstly, as a regular reader of *Trio*, I note we no longer have a report from our Parish Council.

I find this sad. We do support all you do, despite some reservations and arguments, but we really DO need to know what is going on in the Parish, what is being discussed, what cut-backs you may be considering, what planning permissions are ongoing (either for or against) and so many other aspects that concern us, the public and yourselves on the Committee.

I hope you appreciate that some of us are unable to get to the monthly meetings. Therefore it is vital that we are updated on the outcome of your meetings with PROPER reports. I regularly receive a newsletter from a village where I used to live and each month the Parish Council Chairman includes a newsy article telling the parishioners what's been going on in the Council and how much money the Council has spent/saved on this and that. In the most recent issue it also included a comprehensive list of just what the Parish Council is responsible for plus their longer term aims and objectives including building a pavilion and installing a flood relief culvert. It is a Parish much the same as ours, with many of the same problems – parking, rubbish, street cleaning, dog mess, potholes, the need for affordable housing etc etc. Please could St Endellion Parish Council aim to keep us informed in a similar simple and easy to read way instead of leaving us in the dark until the minutes of a meeting are published for the public to read? Most of us would appreciate something earlier and more straightforward than the current practice. Thank you.

The second point I would like to raise is the desperate state of the coastal path from the main car park down to the bottom of the village. I frequently take my dog along there and have to negotiate the dog messes that are everywhere. I appreciate that the surfacing of the road is very much better, for which I say a big thank you, but WHO is responsible for keeping this path clean?

I would also make the point that there are still far too many dogs wandering alone around the beaches and the roads and paths. Obviously they do not belong to responsible owners and these dogs are not in a position to collect up their messes and put them in bins provided (the red one's by the way!).

Some answers to my above concerns would be much appreciated.

Annie Price, Port Isaac

Send your letters to
Trio, Calenia, 3 Trewetha Lane Port Isaac, Cornwall PL29 3RN
email: trio@mac.com





news

Andy to run marathon for RNLI

Andy Cameron (33), Helmsmen on the Port Isaac Lifeboat, is running the London Marathon in April and has been selected for the official RNLI team. He continues the tradition set by Port Isaac crew member Greg Hingley who ran back in 2006 raising over £2270 for the RNLI.

When asked what his motivation was for taking part in this challenging event Andy said: "I was looking for a challenge and really fancied the Marathon. I also thought it would be a great way to raise money for the RNLI as I have first hand experience of the great work that the organization does. Having worked around the world with my surf business, *Wavehunters*, and know just how lucky we are in the UK to have such a fantastic service - it really is second to none. I am proud to be a lifeboat man and serve on the Port Isaac lifeboat. I am acutely aware that sometimes, as crew, we have the high profile action part of the job but there of many people involved in fundraising and simply keeping the boat afloat and crew equipped, that are often forgotten. Therefore I thought I would do my bit."



Andy and baby daughter Ella

For further information or to make a donations in support of Andy's RNLI Marathon run contact:

Andy Cameron
01208 880617 or 07815 059890
www.wavehunters.co.uk

We all wish Andy the very best for his effort in running this great event carrying the colours for Port Isaac RNLI" – Bob Bulgin

Channel swimming medics donate £811 to RNLI



Doctor Catherine Ralph with some of her medical swim team from Treliske Hospital - Steve Harris, Alison Russell and son Mikey - being presented with a RNLI Shield by members of Port Isaac RNLI crew and committee
Photo Adrian Jasparr

A team of medics from Cornwall have present our Lifeboat Station with a magnificent £811, raised when they swam the English Channel in July last year. They were joined by a swimming swimming teacher and a dentist to complete the challenge in 14hours and 7 minutes and said it seemed entirely appropriate to give the proceeds to a charity that provides life saving off the North Cornwall coast.

The team of Dr Rob Parry, Dr Catherine Ralph, Dr Richard Davis, Anaesthetic Practitioner Steve Harris, Dentist Peter Davis and Swimming Teacher, Alison Russell took it in turns to swim for an hour at a time, taking them from Dover to the French coast.

The last person to swim was Steve Harris who has strong links with the RNLI. "Both my son and daughter are RNLI lifeguards so I understand how important swimming is to them and how vital funds are to the charity.

"Swimming the Channel is an extraordinary challenge and one that I'm proud to have done, but will I do it again? My wife says no, but I never say no! The worst bit was waiting for your turn to swim in the support boat. Some of the team suffered from sea sickness. The end was a real anti-climax – we all swam ashore, collected a stone from the beach and then swam back out to our boat and that was it!"

Dr Catherine Ralph told how much the team appreciated Steve. "He was a great team player and constantly kept our morale high, even when we felt sea sick!" She recalls the moment when she swam to the French beach behind Steve: "My memory is one of great elation, achievement and then relief that we had done it."

Bob Bulgin applauded the team's efforts: "I'm delighted the team thought of us and thank them for their generosity and their determination to succeed with their crossing. It was good to be able to invite them to visit the station and meet some of the crew and committee and see our lifeboat, Copeland Bell, put through it's paces in the harbour."

An inscribed RNLI plaque and signed certificate was presented to the team as acknowledgement of their tremendous generosity.

RNLI AGM

Port Isaac RNLI AGM takes place at 7pm on Thursday March 24th in the Village Hall. This is your opportunity to come along and meet crew and committee and to hear details of the branch fundraising this past year and operational report from our Lifeboat Operations Manager, Phil Tidey. The election of officers for the forthcoming year will also take place.

As always our committee will be providing refreshments and have pleasure in extending a warm welcome to everyone who would like to come along. Business will be kept as short as possible allowing time to view the very latest RNLI presentation by RNLI Fund Raising Manager for the SW and Isles of Scilly, Dave Nicoll. The subject is 'Lifeboats at Sea', the result of the new 'RNLI Camera at Sea' project, which has resulted in some world beating photographic images both in video and still format - a presentation not to be missed.

Bob B, Chairman



New Year Gig Push



What a marvellous way to start this year! A massive thank you to everyone who supported our Gig Push on 2nd January, where the almighty sum of £885 was raised. We will take great pleasure in donating £450 to our chosen charity, Cornwall Leukaemia Trust, who at present are supporting one of our members, so we are especially grateful to them. Also a special thank you to the Cornish Arms Pendoggett and The Port Gaverne Hotel for the refreshments.

We will shortly be holding a Quiz Night at St Tudy Village Hall on Saturday 12th March 7.30pm. Look out for the posters for more details.

Hopefully, weather permitting and longer evenings will enable us to start our training campaign for the 2011 World Gig Championships held on the Isles Of Scilly at the end of April (we have a lot of work to do)!! I will let you know how we are getting on in the next issue

Bev Harris
PIRC Publicity Secretary

Corsair capsizes - dramatic rescue of the rowers - and the Gig lives to row another day

Port Isaac Gig, Corsair, capsized in heavy seas on Sunday February 20th. The crew of six girls and their male cox had just finished their training session when they found that they couldn't get back into the harbour because of the heavy swell. As luck would have it, Port Isaac Lifeboat, Copeland Bell, was also returning from a training exercise and the gig members waved frantically to get the attention of crew members Nigel Sherratt and Ian Johnson.

The lifeboat went alongside and discussed with the gig rowers all the options. The rowers decided they would stay at sea until it was safe to come in. The lifeboat came in and collected warm clothing (the girls were just in tee shirts) and life jackets – to prove a godsend as the drama unfolded. It was then decided to transfer two of the anxious ladies to the lifeboat and bring them back to shore. Trevor Beare and Steve Hudspith, two experienced Gig club members, were taken back out by the lifeboat to replace them.

After some time, the Gig attempted to come into the harbour but, with the big spring tide swell still running, the vessel capsized, throwing all seven gig rowers into the water. Within minutes Nigel and Ian, who had been standing alongside, had them all safely on board the lifeboat and back out into the relatively safer deep water. Nigel deemed it unsafe to attempt entry back into the harbour with nine people on board so Padstow all-weather lifeboat was launched and the cold and shocked girls were transferred to this at sea. Some were suffering minor injuries and so all five were then airlifted by a rescue helicopter from RNAS Culdrose to Treliske Hospital. Thankfully they were all soon safely back home.

In the meantime, the Port Isaac Lifeboat with Nigel and Ian – RNLI crew – and Trevor and Steve – gig rowers – on board made their way back to shore at Port Isaac. They two RNLI crew had done a fantastic job. Said Phil Tidey, Port Isaac's RNLI Operations Manager, "Nigel and Ian did a wonderful job in extremely difficult conditions, rescuing seven casualties in under four minutes. Our boat performed brilliantly, perfectly demonstrating exactly what an Inshore Lifeboat is designed to do, working close in in shallow waters, among the rocks and surf. Additionally, Port Isaac coastguard rescue team provided invaluable assistance to our lifeboat from the cliff."

You'd think that the story ended there but no. Corsair had been left at sea as, at that time, it was too dangerous to go back out to bring her back in; her fate was to smash on the rocks. Several hours later when the tide was higher, making it possible for the gig to be towed in, long standing ex member of the Rowing Club, Roy Speakman couldn't bear the thought of Corsair being destroyed and so he and Tom Cleave went out to sea on a rescue mission.

Said an onlooker, "Corsair is about 30feet long and was almost totally submerged by the time the two rescuers got out to her. They had a really difficult job getting enough speed up to empty enough of the water out in order to tow the Gig successfully back to Port Isaac. It was great to see their determination and skill rewarded as they released Corsair into the care of those waiting on the Platt and it was a delight to see all the beaming faces. Well done boys."

How good it is to have such a happy ending for everyone involved.




Port Isaac Village Hall
YOUR HALL FOR YOU
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Call Vanessa Isaacs on
01208 880098 for more info



'Back when I was young!'

Kathie Carney
remembers ...

Only yesterday, when I was young, I first came to Port Isaac. It was the mid 60s and I was looking to buy a business. The village was obscured by a sea mist. I was sitting in the window seat of Port Isaac Stores, going through the books, when the mist rolled away and I saw the view. I thought I had come to paradise. I knew I had come home.

My family and I hadn't lived here very long when my brothers gave me a guitar for my birthday. I wasn't sure how to hold it let alone play it! Joanna Brown said there was a young woman living on Rose Hill who was very musical and suggested I ask her to teach me. So I did. 'The piano is my instrument' she said 'but I could teach you a few chords. Come in'. She was then a teacher at Wadebridge School waiting for a vacancy in the music department. She went on to become head of music and, very recently, kept an appointment with Prince Charles at Buckingham Palace to receive her MBE. She was, and is, Janet Townsend. Didn't she do well!

She never did teach me to play the guitar but something was born of our meeting - a choir. We sang in public for the first time in 1968 in a concert in the Chapel in the valley - the remains of which are now Pete Rowe's garage. The guests of honour were the Trevisco Male Voice Choir, probably the most famous choir in Cornwall at that time.

They were 65 strong and sang four sets of three songs. We were 12 in number and sang two songs, a small masterpiece by Mozart - the Ave Verum - and a love song, Sing Lullaby.

That small band of singers, like Topsy, grew and became The Port Isaac Singers and won so many prizes here in Cornwall and festivals in Bath and Cheltenham. We twice got through the audition for Sainsbury's Choir of the Year Competition and, although we never won it, just getting through the audition was an enormous feather in our caps.

Another group with whom I was involved was the PIPs - the Port Isaac Players. By golly miss Molly, we were so ambitious, we were fearless, we put on so many good plays and did them well.

One I particularly remember. It was a one act play, duration one and a half hours. So witty, so funny, so appercite. It was about the over booking of a holiday cottage. There were two brides, Sylvia McCrohon and Fran Fisher, two grooms, John Powell and John MacDonell plus Robin Penna, Pam Coates, and Mark Provis as the foreman of the team sent to demolish the cottage. John MacDonell was a star - a real rubber man that summer - he had to go backwards over a settee in every performance and we did that play once a week, every week, from June through late September. We always had a good audience. Some people saw it several times. We made a lot of money which the government matched towards refurbishing the Village Hall.

There was a youth employment scheme in those days. Several young lads and a supervisor arrived and camped in the hall whilst they did the work. They installed a new kitchen and toilets. What a boon. There had only been one toilet and the queues to use it was such as you see in Oxford Street in the run up to Christmas. The floor was sanded and polished and marked for badminton. So a Badminton Club was formed. And a youth club - one thing leading to another.

Around this time four of us, Carol Lee, Eric Stokes, Bessie Coates and I, started a concert party. Carol and I wrote sketches and songs, Eric wrote poems that were always relevant to life in Port, and Bessie was game for anything. Looking back I think we had the most colossal nerve - and the people who came to see us had more.

I worked at the school and the headmaster, Ian Bruce, was keen for the children to have extra curricular activities. He introduced gardening, short tennis and a drama club. This latter was mainly games which encouraged the children to be imaginative, inventive and unselfconscious. He asked me to be involved. Gradually I took over the drama club and abandoned the games for ten minute plays from a book written for schools. They weren't always suitable for the children I was working with so I began to write plays for them.

They became a feature of school term, always performed on the last day of term before the rest of the school, staff and any parents willing and able to attend. They were the most wonderful audience, laughing heartily in all the right places, clapping enthusiastically at the end. The head teacher would say 'Did you enjoy that?' 'YESSSS'. 'Would you like to see it again?' 'YEESSS'. So we did every play twice.



To begin with the children were all in Class 3. One day Nancy, who taught Class 2, said her children wanted to do drama. For a few terms I did turn and turn about. Then Mrs Prescott, who always referred to the infants in her class as 'my babies', said that they wanted to do drama too. Writing for them was more difficult. I compromised and added the work of others. The first thing I adapted for Class 1 was The Mousehole Cat. Have you read it? If not, treat yourselves. It's a lovely story. The joy of it was that I could use the entire class. Even at the tender ages of 5 and 6 there were those among them who presented themselves to such good effect it lead me to wonder what they would be when they grew up.

Since it was obvious that children of all ages in that school wanted to act, to perform, to be applauded, I started a club for them during the summer holidays. We rehearsed once a week aiming towards a show at the end of August to which the rest of the village, and any visitors who were interested, were invited. One year we had a wonderful write up in The Telegraph, no less, written by a woman who had been here on holiday, had seen us and thought we were wonderful. The head line, in bold font, was The Art of Entertainment. I was so proud I nearly bust m'bodice! I was so proud of the children and what they'd achieved. Some of those children are still strutting their stuff on the stage in the Village Hall in the pantomimes which Barbara now writes.

It saddens me that the resident population in this beautiful village is so diminished.

But there is so much talent here, out of all proportion to numbers. May it go on and on. And that's what I've been doing so I'll quit whilst I'm ahead."

Kathie Carney



PORT ISAAC SHARED COMMUNITY EXHIBITION SPACE

Many thanks to Kathie Carney and to Dennis Knight for telling us their stories from the past for the Open Evening of our latest PISCES exhibition Port Isaac at Play.

Thank ou also to Janet Chadband for amazing spread of food. It may only be 'nibbles' to Janet but it was a feast for the rest of us!

The exhibition is open daily (except during Church services) until May and is a real trip down memory lane. Thank you to everyone for digging out all those wonderful photos and cuttings. It was a wonderful response. Call in and have a look. It will make you smile with the recollections of some great Port Isaac Days!

Already we are thinking about our next exhibition, Church and Chapel. We're on the scrounge again for your photos, stories and memories please. Dee has made a special plea that you start to look out things now and is particularly keen for any written memories to be part of the display. Was your family Church or Chapel? And if you were Chapel, which one? Let us have your photos of weddings, Sunday school days and events, WI, Harvest Festivals, Nativity plays etc etc. Drop them into Dee at *Secrets* or give her a call on 01208 880905/880862. She will scan them and return your originals to you quickly.

We'd like thank everyone for all their support for PISCES, given in many different ways and always gratefully received.



Dennis Knight reminisces about his childhood here in Port Isaac



Father John welcomes everybody



Cheryl Webster and Peter Larkin



Enjoying the afternoon Cream Tea

Shirely Gladwin and Pauline Stephens



Don't forget the PISCES LUNCH CLUB

Every last Thursday of every month
from 12.30pm in The Old School Restaurant
Main course £6.95 Pud £3.95

“Anyone is very welcome to come along”

Please let The Old School know if you would like to be there
01208 880721

Our next meeting is on
Monday March 28th at 2pm
at the Pottery and anyone is
welcome to attend - we
would love to see you



Cooking with Martin



Checking in after the New Zealand earthquake

It was a relief when Les Mitchell, who lived at Cartway, Port Gaverne until his family emigrated to New Zealand over 50 years ago, sent Trio a message that he and his wife Lynda and family were safe following the recent earthquake:

"In my 50 or so years in NZ, there have been several earthquakes but nothing could have prepared one for this. Only one word could describe it, it was terrifying. Although slightly less in strength than the quake last September, it was much closer and nearer the surface, causing violent shaking and ground rupture with liquefaction (mud sand and water spurting up like miniature volcanoes through the ground).

Worst of all, of course, is the loss of life in the large buildings which have collapsed. Being lunch time the streets were crowded and many people were hit by falling debris.

Our family are all safe; their houses have many more cracks and our lounge now has large stone fire surround sitting in the middle of the floor - thank goodness the grandchildren weren't here.

We are presently trying to come to terms with the awful reality of it all - probably up to 300 deaths, so, in the scheme of things we count ourselves very fortunate. I pray I never have to go through anything as horrendous ever again."

The Trelights Walker

With the sun low in the sky, the rays seem more intense as they catch every movement of the hedge hopping finches as the dark from meagre branch to branch playing their little game of 'catch me if you can'. They sit in the hedgerow and wait for me to get close, then they fly off about 20 feet and wait for me again. My own little chaperones!

The vivid Lincoln greens of the ferns poke out from the hedgerows looking like a dragon's tongue as they check for moisture and warmth - something that has been missing for what seems like an age.

The sounds of late February and early March fill the air; the bleating of the ewes and their lambs that herald spring. This brings a smile to my face as the memories of childhood flood back and my nostrils can smell the lanolin that is on my hands from handling the lambs. Great memories.

That extra bit to my walk now takes me along the cliff path and it is nice to get that close to the sea that my face can feel the salt as the waves crash into the rocks and send up plumes of spray. My thought at this precise moment is, "Just one more decent storm and The Trelights Walker will be a happy walker!"

Chicken broth

When I was young and felt unwell with a cold or a headache, my mum would make this soup to help me feel better. It's probably one of the simplest soups to make because it just involves slowly boiling a whole chicken in a pot with a few roughly chopped root veg. If you want to serve this at a dinner party or you want to vary its flavour, the actual soup will always stay the same but the garnish that you add can differ from mushrooms, to florets of cauliflower, to julienned veg. Another nice thing you can do is add a splash of sherry or port just before serving to give it a little twang. All these things are great to try, but I just really like my mum's simple chicken broth. Her secret ingredient was a rasher of smoked bacon, and sometimes she'd add a few sprigs of rosemary for the last ten minutes.

Ingredients - serves 6

- 1 x 1.5kg free-range organic chicken
- 2 carrots, peeled and roughly chopped
- 2 sticks of celery, roughly chopped
- 1 rasher of smoked bacon, preferably free range or organic
- 2/3 sprigs of fresh rosemary
- a handful of sliced mushrooms
- optional: a splash of sherry or port
- sea salt extra virgin olive oil

Put your chicken, carrot, celery and bacon in a large saucepan, cover with water and bring to the boil. Turn the heat down and simmer slowly for an hour and a quarter, skimming the white residue off the top every now and again. Add your rosemary sprigs, mushrooms and sherry (if you are using it) for the last 10 minutes, then remove the chicken from the pan. It should be perfectly cooked, and will be great for salads or sandwiches or for tearing into slivers to put into the soup. Season the soup with salt and ladle it through a sieve into bowls, trying not to disrupt it too much as you want to keep it reasonably clear. Add the chicken slivers and a few mushrooms to each bowl and drizzle with a little extra virgin olive oil. The finished thing should be a clear consommé.

Slow-cooked shoulder of lamb with roasted vegetables

I think shoulder of lamb is one of the best cuts by far - it's tastier than leg and much more economical.

Ingredients - serves 6-8

- 1 x 2.25kg shoulder of lamb, bone in
- olive oil
- sea salt and freshly ground black pepper
- 1 whole bulb of garlic, broken into cloves
- a handful of fresh rosemary sprigs
- 2 red onions, peeled and quartered
- 3 carrots, peeled and roughly chopped
- 2 sticks of celery, cut into pieces
- 1 large leek or 2-3 baby leeks, trimmed and cut into pieces
- a handful of ripe tomatoes, halved
- 2 bay leaves
- a handful of fresh thyme sprigs
- 2 x 400g tins of good-quality plum tomatoes
- 1 bottle of red wine

1. Preheat your oven to 200°C/400°F/gas 6.
2. Rub the lamb with oil, sea salt and freshly ground black pepper and put it into a roasting tray.
3. Using a sharp knife, make small incisions all over the lamb and poke rosemary leaves and some quartered cloves of garlic into each one. This will give great flavour to the meat.
4. Add the rest of the garlic cloves, the onions, carrots, celery, leeks and fresh tomatoes to the tray, then tuck the remaining herbs under the meat.
5. Pour the tinned tomatoes over the top, followed by the wine.
6. Cover the tray tightly with a double layer of foil and put it into the oven.
7. Turn down the oven temperature to 170°C/325°F/gas 3 and cook for 3½ to 4 hours, or until the lamb is soft, melting and sticky and you can pull it apart with a fork.
8. Gently break up the meat, pull out the bones, and extract any herb stalks.
9. Squeeze the garlic out of the skins and mush it in.
10. Shred the lamb, and check the seasoning. ENJOY

Martin x

Dan Rogerson, our local MP - writes ..

Half term recess week has given me some time in the patch and my hard working staff in the constituency office have certainly made sure this time is not wasted! I was pleased to welcome the Liberal Democrat Secretary of State Chris Huhne to the Duchy where he opened Delabole wind farm which has had £ 11.8 million invested in it.

The four new turbines on the site will have a total combined capacity of 9.2MW, enough to supply around 7000 homes, which is more than double the previous output. The company behind this investment, Good Energy, have also made £9000 a year available to fund projects which will benefit the local community and decisions on allocation will be made by a committee of Delabole residents. Whilst the Secretary of State was in the area I was able to introduce him to Stephen Frankel from the Wadebridge Renewable Energy Network so they could discuss several issues affecting the sector at the moment.

This week I am bringing together representatives in Padstow to discuss the park and Ride scheme. Many people in the town are concerned about the dangerous stop which is used. This has led to queues of people in the road at peak times. I hope that we can make some progress in addressing everyone's worries.

I have also called a meeting at which local residents are having their say on the management of St Merryn Holiday Village. The meeting comes at the request of those who feel that they are being levied with unfair charges. I have invited relevant Council officers to discuss the issues.

At the other end of the constituency I am to visit Jaspers Abattoir in Treburley, a family owned business which employs around 150 people all from the Launceston and Callington area. All the cattle processed there comes from the West Country and they pride themselves on high levels of excellence and quality livestock. I recently wrote to the Chair of the Food Standards Agency, Lord Rooker on their behalf as costs of carrying out official controls for abattoirs are set to increase. It is a legal requirement that certain controls are carried out yet the FSA themselves admit that many of these controls are out of date and do not really address today's food safety issues. I will be feeding back to them the response I receive from Lord Rooker and to raise awareness of this as an example of one of the strains local businesses are currently under.



On my return to Westminster, I will be diving straight into the Education Bill which is beginning its committee stages and preparing myself for the St Piran's day in Parliament event I have planned for the 3rd March. Representatives from the Cornish Language Partnership, the World Heritage Site office and many others will be showing MPs and Peers the delights of our Cornish heritage and there will be pasties and ales to sample. With last week's ruling that only pasties made in Cornwall can be deemed 'Cornish pasties', I am pleased to say that all pasties consumed on the parliamentary estate on this occasion will be Proper Cornish, courtesy of the Bodmin based company and I look forward to educating MPs and Peers about St Piran's day.

Dan Rogerson

contact@danrogerson.org
01566 777123

4 Tower Street, Launceston PL15 8BQ

PHGSON TOUR



Bude Golf Club - We booked, we checked the weather forecast, we came, we saw, we tried (boy, did we try), we were conquered by the weather and we came home!

Treose Golf Club - A bright and warm day was promised and it was delivered to the eleven golfers who had finally dried out from our last efforts at Bude – although a few of us still found the reminders of a wet day in the form of damp gloves and hats that hadn't been removed from their bag (not nice). All was well as we sat in the club house with coffee and bacon rolls and a few beers passing down our throats as we waited for our tee times.

Considering the weather over the previous few months, Treose played like it had been dry all year with fantastic greens and fairways, which made our day all the better. There were a few stressful moments when Geoff 'The Vintage' Harris handed out the handicaps, and when 'The Executioner' saw his had been cut I am fairly sure that I heard him swear and curse. I know this will come as a shock to his Mum and Dad and I can only apologise. Anyway, the golf course provided us all with a daunting challenge which I think we acclimatised to very well.

Nearest the Pin was won by our resident cripple, Jon Poupard. Bunty was pretty sure he had won but his nemesis (at the moment) beat him with a score of 33 points and all with only four clubs. Congratulations to Gary Baker and Steve says, "Thank you for not taking the mickey ... too much!" Truthfully it would have been Gary 'The Gooner' Pattenden who should have won but in an infantile moment he sent my electric trolley off on its own and as it careered off into the distance his game went with it. The last four holes for Mr P produced no points and he finished off a poor third place – and that just goes to show that there is a God!

On March 7th, we return to China Fleet at Saltash.

The Lard Man

Book of the Month

'The Unweeded Garden' is the title of a newly published book by Kath Aspinwall. It tells the story of Phyllis, at a bit of a loose end since she retired and fed up with her bad tempered husband. She joins a creative writing class and meets three more women who feel their lives would be much better if their husbands were no longer around. To tell you more would spoil the read for you but the story twists and turns in some surprising ways and there are alarming outcomes.

An bit of an unsettling read for a 'grumpy old husband' but a good girly tale. If you fancy giving it a go, Kath, who has a home on Trewetha Lane, will give you a copy for a donation to Port Isaac Hospice Day. Copies are available from Dee at Secrets or give her a call on 01208 880905.

Help Wanted



If there is anyone who can spare a couple of hours a week to come into school and listen to the children read please contact Jan in the office

Tesco Vouchers

We are collecting these vouchers again this year so please pass yours on to someone who comes into school or drop them in to reception where there is a collection box. They really make a difference in school as we are able to exchange them for games and equipment to use at play time.

My Hopes

I hope that today I will find out about who investigated mobile phones.

I hope that tomorrow I will complete my story about a fairy.
I hope that at the weekend I will explore my garden for treasure.

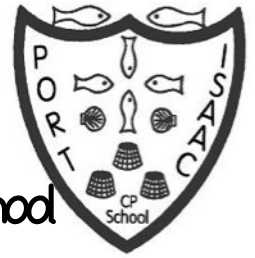
I hope that next week I will learn my 9 times tables.
I hope that in a year I will embarrass my mum and my dad because I will give them so many presents.

I hope that in ten years time I will become a hairdresser.
I hope that some day I will magic a rabbit in a hat.

by Yasmin Year 5

schoolchat

news and views from Port Isaac School



Valentine's Disco

Thanks to the Friends of the School for organising a disco. The hall was transformed by decorations that the children made, paper chains, hearts and balloons all contributed to the atmosphere. A good time was had by all!

The children in class 2 have been writing poems about hope. Here are a few of those poems ...

My Hopes

I hope that today I will learn how to create a paper rat.

I hope that tomorrow I will imagine that I am a pop star.

I hope that at the weekend I will successfully find an alien in my garden.

I hope that next week I will recognise measurements in maths.

I hope that in a year I will be a fantastic singer.

I hope that in ten years I will discover that I can eventually go to London.

I hope that someday I will leave school and go to collage.

by Emilia Year 4

My hopes

I hope that today I will do the best picture.

I hope that tomorrow I will win games club.

I hope at the weekend I will hit my target.

I hope that next week I will create an electronic circuit.

I hope that next year I will complete Black Ops.

by Oscar Year 4

My Hopes

I hope that I will become good at zombies on Black Ops.

I hope that tomorrow I will advance a level on Black Ops.

I hope that at the weekend I will explore a new glitch on Black Ops.

I hope that next week I will learn fractions and some of my tables.

I hope that in a year I will be a good BMX rider.

I hope that in ten years I will become a technologist.

I hope that some day I will have my own computer program.

by Nikolas Year 6

My hopes

I hope that today I will uncover a new world.

I hope that tomorrow I will explore a mine.

I hope that at the weekend I will create a robot.

I hope that next week I will venture into a forest.

I hope that in a year I will magic a rabbit.

I hope that in ten years I will find out more about animals.

by Sam Year 3

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Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday March 23rd

Kerbside Recycling – bags out by 7am

Thursday March 24th

Port Isaac RNLI AGM in the Village Hall – 7pm

Saturday March 26th

Port Isaac's Annual Hospice Day in the Village Hall - 11am

Sunday March 27th – British Summertime (BST) begins - move clocks forward

Friday April 1st

St Peter's Church Council AGM in the Church – 6.15pm

Saturday April 2nd

Village Hall Curry Night - 7.30pm in the Hall

Sunday April 3rd – Mother's Day

Wednesday April 6th

Kerbside Recycling – bags out by 7am

April 10th – 17th

38th St Endellion Easter Festival

Tuesday April 19th

Whist Drive in St Endellion Church Hall

Wednesday April 20th

Port Isaac Village Hall AGM - 6pm

Good Friday April 22nd

Sunday April 24th

Co-op Funday in aid of MENCAP – outside the Co-op from 10am-2pm

Easter Monday April 25th

Royal Wedding Bank Holiday – April 29th

Saturday April 30th

St Peter's Church Easter Mini-Market in the Church Rooms – 10.30am

May Bank Holiday – Monday May 2nd

Tuesday May 17th

Whist Drive in St Endellion Church Hall

May 27th – 30th

PORT ISAAC MUSIC FESTIVAL

Spring Bank Holiday – Monday May 30th

Sunday June 19th – Father's Day

Tuesday June 21st

Whist Drive in St Endellion Church Hall

Saturday July 16th

St Peter's Church Summer Mini-Market in the Church Rooms – 10.30am

Tuesday July 19th

Whist Drive in St Endellion Church Hall

July 26th – August 5th

St Endellion Summer Music Festival

Sunday August 7th

The BIG SWIM from Port Gaverne to Port Isaac

Tuesday August 16th

Whist Drive in St Endellion Church Hall

Summer Bank Holiday – August 29th

Sunday September 18th

St Peter's Church Harvest Festival – 6pm

Tuesday September 20th

Whist Drive in St Endellion Church Hall –

Tuesday October 18th

Whist Drive in St Endellion Church Hall

Sunday October 30th – British

Summertime (BST) ends

Trio Copy dates

ISSUE

COPY DATE

PUBLISHED

April (Easter)

Friday March 25th

Friday April 1st

May

Monday April 25th

Monday May 2nd

June

Thursday May 26th

Thursday June 2nd

July

Friday June 24th

Friday July 1st

If possible, please email your copy to triopi@mac.com Alternatively handwritten or typed copy can be dropped into Secrets, or put through the letterbox if closed

PORT ISAAC MUSIC FESTIVAL 2011



FRIDAY MAY 27th – MONDAY MAY 30th

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the Village Hall. Contact Sarah on 881124 or Julia on 880718.

Brownies - every Wednesday from 5.00pm-6.30pm, during term time, at Port Isaac School. Contact Jennie on 881073.

Rainbows - every Monday from 4.45pm-6.00pm, during term time, at Port Isaac School. Contact Marie on 880977.

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Thursday nights at Port Isaac School from 7.30pm. Contact Tracey Greenhalgh on 01208 880215.

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505.

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262.

CHURCH SERVICES

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.45am Every third Sunday - Family Service at 9.45am
Every Thursday - Holy Communion at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm

**Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure your event is included here!
email info to triopi@mac.com or call 01208 880905**