

trio



PORT ISAAC MUSIC FESTIVAL 2011



**FRIDAY MAY 27TH – MONDAY
MAY 30TH**

**TICKETS NOW ON SALE FOR
VILLAGE HALL GIGS**

DAYTIME EVENTS ALL FREE

This issue ...

- Classifieds & Notices - p2
- Elaine's BIG walk - p3
- PIGS - p4
- Bowl's Open Day - p4
- Midsummer Madness Walk - p4
- Co-op Easter Funday - p5
- Village Hall News - p5
- Gig Club News - p5
- Snooker Club News - p5
- Climate Friendly Parish - p6
- PISCES - p7
- More Memories of Eddie - p8
- Church page - p9
- Coaststeering ban at the Main - p10
- Mr Bumble reports - p10
- Websites of the Month - p10
- Your letters - p11
- National Trust - p12
- The Trelights Walker - p12
- Sisters on Saddles - p12
- RNLI News - p13
- Music Festival line up - p14&15
- Cooking with Martin - p16
- Fishy Friends - p17
- Thanks - p17
- Samaritans - p17
- Schoolchat - p18

Find the Easter Chicks

Easter's nearly here and those pesky Easter chicks are hiding again in the Trio Directory section. So, if you're under the age of 10 and want to try and win yourself an extra Easter Egg, write down the name of the adverts where the chicks are hidden and hand your entry into Secrets by Saturday April 23rd. Remember to include your name, age and telephone number.

There's an Easter Egg for the first three correct entries picked out of the bag.

Happy hunting!



**Ruby Dyer tests out the
cakes at Hospice Day!**

see page 3

STOP PRESS

Not a lot of people know this but Martin Clunes is an accomplished fiddler. The breaking news is that he has agreed to guest with the *Fisherman's Friends* on some of their Friday nights on the Platt during the summer. Remember, you heard it here first.

01/04/11

FOR SALE

6ft divan bed - hardly used
£175

Chaise lounge - re upholstered £200

3 mirrored sliding wardrobe doors
large £100

Wooden farmhouse dining room
table, six chairs and matching
sideboard £300

Reproduction chest of draws £50

Ikea style cloth wardrobe £20

Computer desk £25

Black chest of drawers with matching
bedside tables £50

Black chest of drawers £25

Small upright freezer £25

2 wicker basket chairs £25 each

Small white wicker bedside table £5

2 wicker side tables £10

**Telephone Chris on
07974688043 or
01208 880315**

ILLEGAL PARKING

All illegal parking issues, yellow lines etc, are
now dealt with by the Civil Enforcement
Parking Team, who are based in Truro.

They can be contacted on

0300 1234222

Trio is issued eleven times a year and is
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The publisher does not necessarily
hold the same views as those
expressed by contributors and
reserves the right to refuse or alter
material supplied.

FOR SALE

Pine dressing table with
three drawers on one side
£28

Small pine mirror £10
Contact 01208 880196

CHILDRENS NEARLY NEW SALE

**Saturday 2 April 2011
10am-12pm
St Teath Church Hall**

Quality baby & childrens
clothing, toys, books
& nursery equipment
ages 0-11 yrs

**Join us for
unbelievable bargains**

**Contact Sophie Broadhurst for
more info on 01208 850623 or
facebook nearly new SALE**

The 1st St Minver Brownies
report that,

"We had our Jumble Sale
today and we had a great
turn out and raised £134.90
for our hut funds."



SATURDAY MAY 7TH

CAMELFORD CLEASE HALL

11AM-12.30PM

ALL PROCEEDS FOR THE LITTLE
OTTERS CHILDREN'S CENTRE

£1 ENTRY FOR ADULTS ON THE DOOR

REFRESHMENTS AVAILABLE

FACE PAINTING & KID'S
CORNER FROM £1 PER CHILD

FREE TO GOOD HOME

Tropical fish tank plus fish
Call Anna on **881186**

Local Books available in Secrets, Port Isaac

Walk Talk

A paw-picked selection of local dog walks, chosen by Spot & Winnie - £3.50

A Quick Look Round Port Isaac

A brief guide for visitors to help them enjoy the village - £2.50

A Short Guide to Port Isaac

A more detailed guide - £5.50

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish
with lots of useful local information) - £3.50

The Fishermen of Port Isaac by Geoff Provis - £9.99

The Trevan Book

Summary memoirs of the Parish of St Endellion
prior to 1834 by John Watts Trevan - £10

2011 Tide Timetables - £1.30

plus local ordnance survey maps

Hospice Day success

I have no choice but to repeat what I say every year about Hospice Day; the sun shone and it was a lovely village day that everyone enjoyed.

This year we included a 50/50 Clothes Sale into Hospice Day (Claire Brown's idea and her prize for coming up with it is that she has to do it again!!). Lots of us cleared out our wardrobes and the proceeds for any item sold were split 50/50 with the Hospice and the donor. This alone raised over £300. Then there was Janet & Joanie's heaving cake stall that quickly sold out, the new stall, books, teas and coffees and our 'Soup & Pud' lunch that was enjoyed by all. And of course there was a raffle; two actually! One for an original painting by Barbara Hawkins and our 'Big' raffle with wine, spirits, chocs, smellies, a meal at the Smiling Sardine, and a lovely Hospice Cake made and decorated by Debs Tidey with the Cornwall Hospice Care logo – thank you everyone for your donations and for buying tickets.

So down to the nitty gritty - the money bit. Hospice Day raised over £800 and we have just over £200 to add to that from our Hospice Tables at the Church Mini-Markets during the past year, so we will be sending over £1000 to Cornwall Hospice Care. This is on top of the £650 we have already sent from our Halloween Night last year.

Which just leaves me to thank everyone for everything – and much as I like getting out of the setting up of Hospice Day, I promise I will be on duty next year!

Dee



Debs' stunning Hospice Cake



Will this suit me? Looking through the 50/50 clothes rails

Anyone for lunch?



Of course you haven't read it! Sian Fletcher, Carole Raynor and John Mac



Edna Davies and Peggy Hills

Elaine to walk the Great Wall of China for the Hospice

Some of you may remember that last year I ran the London Marathon for *FLEET*, a Cornish based charity who purchase equipment for ambulances in Cornwall along with the Air Ambulance. This year I have decided to take on another challenge. I have registered for a charity walk on the Great Wall of China in aid of *Cornwall Hospice Care*. I have chosen these two charities as I cannot thank the ambulance service or Mount Edgcombe Hospice enough for the care my mum received when she was battling cancer and want to give something back as a thank you.

As I will be raising funds for *Help The Hospices*, my employers, *Clydesdale Bank*, will match whatever I raise £ for £. Half of the matched funding will go towards *Cornwall Hospice Care* and the other half towards *Help The Hospices* nationwide. I need to raise a total of £2850 and *Clydesdale Bank* and myself will pay all my costs.

If you would like to sponsor me please go to my Justgiving page:

www.justgiving.com/Elaine.Speakman

The challenge takes place between the 1st and the 9th October 2011 and we will be walking for approximately 6 - 9 hours a day. My accommodation for the walk will be on a twin shared basis in a tent (for anyone who thinks I will be relaxing in the evenings in a lavish hotel!!). I am sure the walking will be challenging but I would also like to point out there will be no showers, just warm water to wash with and no flushing toilets so I feel this may also be a little challenging!!!!

I know this request will be reaching you way before the event but I do have to raise 80% of the total sponsorship 12 weeks before the departure date!! (i.e. 1st July!) and as my employers pay matched funding quarterly I need to raise as much as possible before the 11th April 2011.

Elaine Speakman


Cornwall Hospice Care
Caring for our community

COFFEE
MORNING

AT 14 TINTAGEL TERRACE,
PORT ISAAC
(HOME OF ELAINE SPEAKMAN)

10am

SATURDAY 9TH APRIL
RAFFLE, CAKE STALL

(ANY FUNDS RAISED AT THIS EVENT WILL
BE MATCHED BY CLYDESDALE BANK PLC)

Keep your words soft and tender,
because tomorrow you may
have to eat them!

Camelford & District Bowling Club are holding an

OPEN DAY

at the Bowling Club
Lanteglos Road, Camelford
on Saturday 30th April 2011
from 2.00 pm

Young and not so young are invited to attend, to sample the delights of this skilful and absorbing game

Established players will be on hand to give tuition and advice and the necessary equipment will be available free of charge

For further information contact 01840 213801 or 01288 355103

Midsummer Madness Walk



Gather your friend and family together and register for North Cornwall's 'Midsummer Madness Walk' on Saturday June 18th. It is the BIG event in aid of Macmillan Cancer Support and Marie Curie Cancer Care, organisations that provide valued support in our communities. Over 400 walkers are expected to take part in one of the largest joint charitable events the area has ever seen.

Along the Camel Trail from Wadebridge to Padstow

The eleven mile twilight walk is along the Camel Trail from Wadebridge to Padstow and back and is easy terrain. It will be a fantastic evening out with refreshments, entertainment, prizes and plenty of giggles along the way.

Family Walk

There is also a 'family walk', departing at 6.30pm walking one way to Padstow and returning to Wadebridge by organised buses. There will be a prize draw for this with the chance to win a family portrait canvas at the Janet Young Photography studio.

The entry fee is £15 for adults and under 18's free. Children are being asked to raise the equivalent of their age in pounds and adults to raise as much as possible to support these charities. For more information or to register; www.macmillan.org/walking www.mariecurie.org.uk or call 0844 209 0034

The money raised from the walks will be divided equally between the two charities and invested into our local communities,

Macmillan Cancer Support improves the lives of people affected by cancer, providing clinical, medical, practical and financial support and campaigning for better cancer care. Macmillan's services are well represented in Cornwall and the charity is entirely dependent on voluntary support and donations.

Marie Curie Cancer Care make it possible for many people who are seriously ill with cancer and other life threatening illnesses and for whom active treatment is no longer an option to remain at home as long as possible in comfortable and familiar surroundings. The service is free to patients, family and carers and provides a Marie Curie nurse in the home. Marie Curie relies wholly on the voluntary donations and support from our local communities.

PIGS ON TOUR



CHINA FLEET AT SALTASH

Some last minute organising needed to be done to get 12 golfers mobilised and on their way to, in my opinion, the jewel in the Cornish golfing crown – China Fleet in Saltash. After last year's visit when we had to put up with a course that was suffering from some problems, we were offered a good deal to return (Ed: the golfing business must be slow if they wanted the PIGS back!) with the promise of a great course – and we weren't disappointed.

The drive, via St Mabyn to pick up Des 'Stevie Wonder' Weston and son, Byron, who had just returned from Morocco looking similar to that chocolate man in the TV advert, was the usual sort of thing - four men of the world talking about things that really matter like world poverty, global warming, the problems in Libya and such like. Breakfast brought out the more important issues of the day as several members discussed, in depth, the mauling of Man United by Liverpool and a few of us older ones the results of Dancing on Ice.

Anyway, with buggies loaded and bionic gloves bought, we arrived at the first tee to begin a lovely day's golf. It was a bit surprising, what with the weather being warm and sunny and the course being in such good condition, that the scorecards showed up some low scores with the winning one being 26. I suppose that just goes to show China Fleet, with all its beautiful views, has a venomous bite, which gives us all a nasty nip!

Stableford Winner on the day – Gary '4 Club' Baker, who narrowly beat Shandy Grills on a countback. This is two months running for '4 Club' so I can feel a handicap cut coming.

Nearest the Pin – Geoff 'Soft Top' Harris

On a different note, myself, Tom, Des and Byron would like to recommend the American Diner, Route 38 (formerly the Little Chef). Big food, good atmosphere and a good price.

The next match is our return to a hopefully dry Bude & North Cornwall Golf Club on Monday April 11th.

Monday May 9th is our annual Ryder Cup Day at Trethorne. If you would like to play give me a shout at the Edge or at home.

And, if you fancy a two day beano to Wales in October, we have booked The Celtic Manor Golf Resort for two days dinner, bed and breakfast and three rounds of golf, with one being the 2010 Ryder Cup course (Ed: PIGS across the border and a sleepover at one of the top ten UK golf resorts?!?!?!?!).

The Lard Man

Sub note: If you are going on holiday and need a dog sitter, then the PIGS can highly recommend Mr Chris Witherden, aka Barbara Woodhouse!



Well what a month we have just had! Our sincere thanks to lifeboat men Nigel Sherratt and Ian Johnson for their most efficient rescue that Sunday. Also we would like to take this opportunity to thank those who towed our beloved Corsair back into the harbour, well washed and miraculously only suffering minor injuries!

We held our Quiz Night on 12th March and raised a total of £160 thank you to all those who supported us it was an enjoyable evening.

Well not long now until the World Pilot Gig Championships on the Scillies. This year we will be entering two ladies crews and one mens crew. Thank you to *One 2 One* Wadebridge, who have helped the ladies considerably with their fitness sessions, let's hope this pays off, and we will do even better than last year! Also our grateful thanks to The Port Gaverne Hotel, once again Graham has agreed to sponsor us.

Well the clocks have now been put forward and with lighter evenings we are stepping up our training, look out for us rowing weeknights, weather and sea permitting.

Port Isaac Snooker Club

I have decided to step down as Chairman of the Club, and at our recent AGM, John Henderson was voted in as Chairman – so the club should carry on as usual.

I would like to thank members for their help and support over the years, especially those non-playing members who have helped to keep the club going.

New members are welcome and fees are still £10 annual subscription and 50p for a half hour game.

Tom Cleave, at Trelawney Garage, is now an extra keyholder for daytime use if needed.

100 years old ... and going strong
Incidentally, Port Isaac Liberal Club celebrates its 100years anniversary this year.

Jack Rowe

CO-OP FUNDAY ON EASTER SUNDAY

Port Isaac Co-op's Funday, in aid of the Co-op's Charity of the Year, MENCAP, will take place on Easter Sunday April 24th. Taking place outside the store, it starts at 10am and will finish around 2pm.

Highlight of the day will be 12noon when Annette, who works in the Co-op, will be having her head shaved! Her sponsor form is in the Co-op so give her your support – it's a very big and brave thing she is doing!!

There will also be bring and buy stalls, a cake stall, stocks, face painting from Barbara Hawkins and waxing for men if they are brave enough- (legs, back, chest and eye-brows - by Angela from the Nail Bay.

Hopefully the weather will be kind to us, and we would like to thank you all in advance for your support.

Roy and all the staff at the Co-op

Port Isaac Village Hall

AGM

**Wednesday April
20th
6pm in the Hall**

Coming soon to your Village Hall ...

Thursday June 16th -
Fashion Show

Wednesday July 13th, July
27th & August 10th -

**Summer Coffee
Mornings**

Being kind is more important than being right!

Port Isaac Village Hall

YOUR HALL FOR YOU TO USE

**Licensed Premises Available for Clubs,
Groups, Charity Events, Meetings, Private
Hire, Parties, Wedding Receptions etc**



GENERAL USERS

£8 per hour
(£1 an hour discount for advance block bookings of six or more sessions)

NON PROFIT MAKING PARISH CLUBS/ORGANISATIONS etc, including Children's Groups

£7 per hour
(£1 an hour discount for advance block bookings of six or more sessions)

ALL USERS - 24hr period

£60

KITCHEN HIRE (for users cooking meals etc), to include hire of crockery & cutlery for 100 £50

Electricity is included in hire charges. Central heating is via £1 slot meter

Call Vanessa Isaacs on 01208 880098 for more info

Climate Friendly St Endellion

Whoops! Trying to go green sometimes leads to a 'red face' (or was it last month's "deliberate mistake"??). I do hope that nobody tried to catch the 8.05am bus to Camelford, because there just isn't one. The first bus towards Camelford, with connections to Tintagel and Boscastle (or Exeter) is, of course, at 10.05am, which is after 9.30am, so no complications for Concessionary Pass holders. Phew! Please accept my apologies for any inconvenience caused.

That first bus (and its connection at Camelford) will land you in Tintagel at about 11.00am, in nice time to walk back along the SouthWest Coast Path to Port Isaac, arriving back for Tea, Dinner or Supper. But what a walk - crossing eight valleys where you dip right down to sea level, and climbing over the intervening ridges which rise to more than 200 feet (60 metres) above. No wonder that, despite its length of only some eight miles, it takes all day, and it's regarded as a "strenuous" walk in most guidebooks. Not for the faint-hearted, apart from a possible refreshment stop at Trebarwith Strand, you are far from 'civilisation' all the way. Once you've started, you really have to go the whole distance and, if you injured yourself, evacuation could be difficult.

On the brighter side, there are lots of lovely footpaths around Port Isaac to explore, inland as well as along the coast. Many circular walks have points at which you can return directly to your starting-point if you begin to tire. Good guidebooks and maps by local author, the late Robin Penna, can be found in *Secrets*, Port Isaac. You don't need to take the car, or even the bus, you can start right here, from the village.

The Port Isaac "Great Circle" (not an 'official' name, but you'll see what I mean . . .) is a good one to start, with several points at which it can be cut short if it starts to rain, or you begin to tire (indicated **). Official Footpath Numbers are as shown on Robin's map, but do not appear on signposts, waymarks or Ordnance Survey maps.

From the Harbour walk up Roscarrock Hill [toilets], the road past the Pottery and Fern Cottage (Doc Martin's surgery, exterior only). High up the road, enjoy views over the Harbour and village. Go left on to signposted "Postman's Walk" (f.p.34), steeply uphill. After the second stile, turn left (South) on f.p.39 which, after a gate, becomes "Washing Pool Lane". Arriving at Homer Park cross the road and go left for a few yards (straight ahead down Church Hill), then turn right (Southeast) on to f.p. 40.

Continue across stiles until you reach a metalled track (two strips of concrete), down which you turn (left, Northeast), over a cattle-grid to admire the view over Port Isaac from the following right-hand bend. Go straight ahead at the next (left-hand) bend, leaving the track through a gate, and continue downhill until you reach the valley bottom and f.p.36. Turn sharp left (Northwest) along this for a short distance, until f.p.35 comes in on the right (straight on past the Mill [2 gates] and the Water Treatment Plant to reach Church Hill)

Turn right, follow f.p.35 between (left) the stream and (right) very boggy remains of the Mill Lodge (pool) until the path drops down to cross the stream on a footbridge. Climb over the stile and up the hill, eventually past Archer Farm to meet the main road (B3267) at Trewetha. Turn left, following the hedge across the grass and cross the road (Care - TRAFFIC)(follow the road to the Car Park, then the footpath and pavements back to the village) to a stile.

Once over the stile follow f.p.2 between fence and hedge (narrow!) across two stiles to a third at the edge of the Port Gaverne valley, and enjoy the view. Go left, carefully down the steps (how many?) to join the valley path at the bottom, following this (left, North west) to Port Gaverne. After skimming stones on the beach, climb the hill towards Port Isaac, taking the path beside it when you can. At the Council Car Park [toilets] bear right along the lowest level on to f.p.1 (the Coast Path), a broad track initially. Follow this, keeping in sight of the shore, down some steps, (views over the Harbour) and through to the top of Fore Street; a short stroll down past the shops brings you back to your starting point.

Leaflets have been published covering some circular walks, such as the Port Isaac "Blue Walk" (which has been distinctively waymarked) but, Editor willing, we shall describe others in the next couple of *Trios*, since following the inland paths takes some pressure off the Coast Path, which is heavily used during the summer. The most important of our paths have undergrowth removed twice during the season, other paths are cleared once or 'as required', but walking paths does help to keep them in good condition. If you find any obstruction, undergrowth or otherwise with which you cannot deal, please let me know. Taking walks on our paths helps to keep us fit, hence reduces the pressure on the NHS, and does not require the use of fossil fuels, so is a thoroughly climate-friendly thing to do.

Robert Manders





PORT ISAAC SHARED COMMUNITY EXHIBITION SPACE

Our *Port Isaac at Play* exhibition is proving to be very popular and since it opened at the end of February nearly 1000 visitors have passed through the doors. There's still plenty of time to have a look if you haven't been yet. We've had great feedback, mostly laughing at the fashions of ourselves in 'the old days'. What did we look like!

We are now looking forward to *Church & Chapel* which will open in May. Once again we rely on everyone's kind and generous sharing of photos and memories of weddings, Sunday School, church outings, christenings, WI, harvest festivals, nativity plays etc. Please drop them into Dee in *Secrets* and they will be copied and returned to you quickly. Any hand-written memories can also be given to Dee who will be happy to type them out.

It's always worth repeating that PISCES includes people from the whole area not just Port Isaac. So if you live in or around Port Isaac, or came here on holiday or for any other reason have memories to share, we would love to hear from you.

For the future ...

One of our ideas for next year is to feature 'This is your Life' in words and pictures of any residents who would like to be included. Maybe just a few stories and photos over the years? We don't want to be intrusive but a few reflections of all the changes that have been seen over the years will be an interesting addition to our archive.

This is just to get you thinking and we will be asking for volunteers nearer the time.

Join the Friends of PISCES

and help us in our aim to collect, record and exhibit the history of Port Isaac and district and help preserve it for future generations

It's a pain that so much comes down to money, but there it is. Although the Heritage Lottery Fund has helped us to set up, PISCES must find its own running costs which are amounting to nearly £1500 a year.

One of our fund-raising ideas is to form a *Friends of Pisces* group. In return for pledging £25 a year (or more) you can receive free entry to our ticketed events, half price merchandise and entry into a free annual prize draw.

We realise that times are hard for many people and there are so many other worthy causes out there. However, we would hate to lose what has been such a promising start. The enthusiasm and support that PISCES has received has been inspirational. If you feel that you can help us financially we would be very grateful. *Friends of Pisces* leaflets, including an enrolment form, are available on our merchandise table in St Peter's or from the *Pottery* or *Secrets*.

Many thanks to those who have already dipped their hands in their pockets. We really do appreciate your support.

"Gathering the heritage of tomorrow"



Thursday 31st March

Quizzes, discussions, memories and photos

Thursday 28th April & Thursday 26th May

12.30 pm at The Old School Hotel

£6.95, choice of 2 courses

Anyone is very welcome to come along,

just ring the Old School on 01208 880721 to book a place

Our merchandise is expanding!

Two new booklets are now available from *Pisces* and they are both lovely reads, telling you so much about life in days gone by.

Down Memory Lane with Rita Cowling (nee Bunt) includes a wealth of memories of life in Trelights where Mrs Cowling lived all her life, stories about Port Quin and Pine Haven plus lots of lovely family anecdotes.

Those Were The Days - Jennie Hills' memories focuses more on life in Port Isaac and begins when she first went to school when she was 5 years old in 1903.

We are grateful to the Cowling and Hills families for letting us reproduce such lovely family memories.

Copies of the booklets, priced £3 each are available on our merchandise table in St Peter's or in the *Pottery* or *Secrets*.

**Our next meeting is on
Monday April 4th at 2pm at
the Pottery and anyone is
welcome to attend - we
would love to see you**



Memories of 1318195 A/C HV (Eddie) Philp, RAF

Eddie Philp passed away in February and his obituary was in last month's Trio. His brother-in-law has sent in his memories of Eddie:

Eddie Philp was my role model. He was one of the smartest men to wear the uniform of the Royal Air Force.

Following his basic training, Eddie was posted to RAF Station Stormy Down, near our village of North Cornelly on the main A48 between Swansea and Cardiff. The Station trained Air Gunners and Bomb Aimers. However, for reasons not clear, Eddie did not qualify. Nevertheless, he trained and qualified as an Armourer. From there he went off to East Anglia to No 3 Group Bomber Command. Later he returned to RAF Stormy Down and for further training in Aircraft Armaments. Following this he was posted to the Pathfinder Group (8 Group) under Air Vice Marshall Donald Bennett and then to No 514 Squadron (Lancasters) at RAF Waterbeach.

A/C Philp was responsible for loading and fusing 2000lb and 4000lb bombs plus TIs (Target Indicators) for lighting up targets for the main bomber streams that attacked Germany and helped win the war.

After he was invalided out of the RAF, he married my sister, Arona, on December 19th 1945. As they say, the rest is history. However, Ann, Amelia (Mim) and David are my sister's children and our nieces and nephews. They and their families are a joy to my wife and I.

Aneuryn F David, Brother-in-Law

Got a family event coming up? A birthday, an anniversary, an engagement, a wedding reception, a retirement party?

Don't fancy the mess of a children's birthday in your home?

Fancy putting on a concert, a show, a play a gig?

Port Isaac Village Hall is licensed for alcohol and music and is available to hire for all sorts of events. There's loads of room for games and dancing, buffets or a sit down meal, or a seated audience of 120

To find out more contact Vanessa on 01208 880098 - she will be more than happy to give you all the details and show you around

Magical Managers 2010/11

League One

<u>LW</u>	<u>POS</u>	<u>TEAM</u>	<u>MANAGER</u>	<u>PTS</u>
1	1	ALL HYPE, NO GLORY	Andrew Grills	994
2	2	HOLLY'S HEROES	Richard Hambly	923
4	3	RECKON SO!	Chris Witherden	880
5	4	MAYBEES	Tom Bishop	875
3	5	JOSHIE'S ALLSTARS	Karen Grills	867

League Two

1	1	THE AVATORS	Harry Hambly	1004
2	2	NO NAME	Dan Taylor	916
3	3	OBI 1 KENOBI NIL	Jon Poupard	896
4	4	MAINERS MARMITE MINERS	Matthew Main	807
5	5	TOM'S TEAM	Tom Lobb	795

up to March 21st 2011

New Archbishop of Bodmin

The Reverend Canon Dr Audrey Elkington has been appointed as the new Archdeacon of Bodmin.

Welcoming her to the Diocese of Truro, Bishop Tim Thornton said: "I am delighted with the appointment of Audrey and look forward to welcoming her to the diocese in July. She has a range of skills and experience which will be very helpful here in Cornwall."

Audrey was born and brought up in the outskirts of Newcastle, in the diocese in which she now serves. She read Biochemistry at St Catherine's College, Oxford, and became fascinated with how life works at the level of molecules. This led to four years in Norwich conducting research into the molecular genetics of a soil bacterium.

During this time, she sensed a calling to ordained ministry and met her husband, Dave. After completing her training at St John's College, Nottingham (and through the East Anglia Ministerial Training Course), they moved to the Diocese of Newcastle and have been there ever since.

Audrey and Dave have been married for 25 years this year. "From him I have gained a vague understanding of the rules of cricket and rugby," she says, "whilst he has gained a pair of walking boots and a rucksack! My love of gardening and various needlecrafts have, however, remained solitary activities.

"God has surprised us both in calling us from the north-eastern-most part of the Church of England to its south-western extremity, but already we have been able to see some connections. Both our dioceses can trace our Christian faith back to the Celtic saints, and as we leave behind St Aidan and St Cuthbert, we look forward to getting to know St Piran and St Breaca.

"In the post of Archdeacon of Bodmin – with special responsibility for developing mission and discipleship – I have a sense of finding a hole which is just the right shape for me.

"I look forward to being able to work alongside the people of the Archdeaconry as we face change and challenge in the future, seeking to find the most effective ways of being churches in our particular contexts. It will be a delight to learn from – and to work together with – new friends and colleagues, as we discover God's kingdom and grow the Church."

Holding God to account?

In a rather obscure passage of the Book of Genesis, Abraham argues with God over his intention to destroy the city of Sodom. Abraham asks how God can sweep away the righteous with the wicked, for 'shall not the Judge of all the earth do what is just?'. Abraham then begins a bizarre act of bargaining that ends with God accepting that even if there be but ten righteous souls in the city it is worthy of forgiveness.



Unfortunately, rather than holding God to account like Abraham, it's easy to find oneself making excuses for God when faced by terrible events such as the earthquake in Japan, or more personal tragedies within our own individual lives. We may be tempted to explain away suffering as punishment for some real or imagined offence – whether against the laws of nature or of God - or as serving some ultimately good, if mysterious, purpose.

On the morning of the 1st November 1755 an earthquake occurred with its epicentre about 150 miles off the Atlantic coast of Portugal. The earthquake and the following tsunami caused the virtual destruction of the city of Lisbon, with fires still burning several days after the event. The effects were felt as far afield as the West coast of Africa and in Cornwall. The destruction provided the French writer Voltaire with an illustration of the futility of pretending that all is for the best in this, "the best of all possible worlds" and question belief in a world created and governed by a benevolent God.

Faith provides no easy answers or consolation for events such as the earthquake in Japan, but this does not mean that we should become mute spectators in the face of tragedy. We have a duty to bear witness to the terrible injustice and the suffering of the innocent, whether in thought or word, by an act of charity or simply by prayer. Like Abraham, our response to such suffering must always begin by protest and never by justification.

A Christian faith calls upon us to love God and neighbour. As with all love, this renders us vulnerable to being hurt as well as healed. It is ironically the very belief in a creator God, and in the sanctity of every human life, that magnifies the sense of injustice in the face of tragedy: the same sense of injustice that questions the very faith from which it springs.

Events like the earthquake in Japan do indeed challenge a belief in the beauty and goodness of creation, a belief in a caring and creative God. Yet, within the unrolling tragedy of events such as the earthquake in Japan, certain moments and deeds shine out and grasp our attention despite the darkness and despair. Deeds of generosity, self-sacrifice and courage that announce from amid the senselessness of such suffering, that a deeper truth and reality may prevail.

Perhaps it is by witnessing to both the suffering and the joys of our neighbour –the destructiveness and beauty of nature – that we are best able gain a glimpse of heaven, sometimes even in the midst of hell.

Rev Jonathan Mosedale

Mothering Sunday in St Peter's

There will be a special Mother's Day service in St Peter's Church on Sunday April 3rd at 9.45am with flowers for the children to give to their mums

At the evening service tonight, the sermon topic will be 'What Is Hell?' Come early and listen to our choir practice.

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers.

Tel: **Judith Pollinger on 01208 880181**

Church Diary dates

Friday April 1st

6.15pm - Annual Vestry and Church Meeting, St Peter's Church, Port Isaac

Saturday April 2nd

5.30pm - St Michael Porthilly (Reflective Lent Worship)

Sunday April 3rd

9.45am - Special Mothering Sunday Service, St Peter's Church, Port Isaac (non-eucharist service)

11.00am - Sung Eucharist, St Endellion Church

Friday April 8th

10am-3.30pm - Quiet Day at St Endellion led by Professor Paul S Fiddes (further details from Judith Pollinger on 01208 880181)

Sunday April 10th - Sunday April 17th

St Endellion Easter Music Festival

Palm Sunday April 17th

9.45am - Parish Eucharist with Palm Procession and dramatised reading of the Passion, St Peter's Church, Port Isaac

Spy Wednesday April 20th

10am - Holy Communion, St Peter's Church, Port Isaac

Maundy Thursday April 21st

7.30pm - Commemorative Celebration of the Last Supper with foot-washing, stripping of the altar and Vigil until Midnight, St Endellion Church

Good Friday April 22nd

10.30am - Easter Cards & Hot Cross Buns for all the family, St Peter's Church, Port Isaac

Noon-3pm - Three hours before the Cross, St Endellion Church

Easter Saturday April 23rd

8pm - Easter Fire Ceremonies with lighting of the Paschal Candles, St James Church, St Kew

Easter Sunday April 24th

9.45am - Easter Eucharist, St Peter's Church, Port Isaac

11am - Easter Eucharist, St Endellion Church

in St Peter's ...

Easter Mini Market – Saturday April 30th, 10.30am in the Church Rooms

Summer Mini Market – Saturday July 16th, 10.30am in the Church Rooms

Harvest Festival - Sunday September 18th, 6pm in St Peter's Church

Christmas Mini Market – Saturday November 19th, 10.30am in the Church Rooms

Websites of the month

Sustainable Communities

I was recently at a teaching session delivered by the group from the Peninsula Medical School (<http://clahrc-peninsula.nihr.ac.uk>) which included a DVD made of a project called the Falmouth Beacon project, now called the Beacon Community Regeneration Partnership(www.bcrp.org.uk/ and they also have a Facebook page. On the website you can see some of the amazing results they have achieved. The DVD was a very impressive and moving account of how two health visitors got together with a group of mums in a very distressed estate (one of the three most deprived wards in the Country) and turned it around. It started in 1995 so not a quick fix. This set me thinking about what is it that makes for sustainability in a community. If we are thinking we might go in for the Sustainable Village award again (you may recall we won an award for this last year (<http://tinyurl.com/sustain-village>) I thought some websites giving examples of what other areas had done might be interesting for this month's column.

Starting close to home, the Wadebridge Renewable Energy Network website (<http://www.wren.uk.com/>) has some good material. It says that its purpose is:

"The community of Wadebridge and surrounding villages are entitled to benefit from their own natural energy resources and subsequent production, rather than the traditional model of large companies profiting outside of the town, the county of Cornwall, or even outside of the UK.."

WREN is a social enterprise that aims to encourage residents of the town of Wadebridge in Cornwall and its surrounding villages, to consider the collective power of working together as a community. By approaching reduced carbon emissions and renewable energy use as a whole town, rather than individually, substantial reductions can be made in the cost of implementation with the added bonus that it can produce further benefits for the community at large."

Through WREN it is possible to get renewable energy installations at reduced rates and this will certainly help towards a sustainable future. Notice it says "surrounding villages". I would have thought we could be a surrounding village, but maybe we are too far away. Someone should find out!

The Transition movement is another important strand to this (see <http://www.transitionnetwork.org/> for details of the organisation) which was started up by Rob Hopkins (www.transitionculture.org for his blog and publications) . Rob's idea was that we will be reaching a point soon when energy prices will soar as the supply of cheap forms of fuel is squeezed, so a transition to a low carbon economy was the solution. He has been doing research on Totnes where he lives for his academic studies and you can read about that too there. We have local examples of this in Cornwall as well. One of the thriving projects is Lostwithiel (<http://transitionlostwithiel.org/home/>) and on the website you can read all about their activities.

The week I am writing this is 'Climate Week' (<http://www.climateweek.com/>) which is a partnership between businesses and communities - supported by David Cameron, who sees initiatives like this as fitting into his big society idea. Whether you like this idea or not, it has at least got a lot of people sending in plans and challenges which will go towards helping us become more sustainable.

Our own website (www.stendellion.com) disappeared from view for a bit as the server we were on went funny. However it is now back and I am in the process of updating it. Robert Manders and I will be posting some information about local footpaths on the web as a start, so get walking.

Tony Wainwright

No more coasteering on the Main

Acting on the advice of our Solicitor, our insurers and the CALC, the Parish Council, at its last meeting, passed a motion banning commercial coasteering on Port Gaverne Main. It was felt that the risk of a potential claim from an injured member of the public would impose undue risk on the local rate payers.

Ed Fletcher
Parish Councillor

Mr Bumble, the Parish beadle reports ...

Your Parish Council has had two meetings in the last month,

On February 28th the big topic was Buffalo Films, ie Doc Martin, and should the film crew's wagons be allowed to park on the playing field car park? If so, how much should it cost? This proposal was not accepted; there was very strong opposition to any notion of mixing children and trailers. So what instead? The film company's financial offer was also refused as inadequate – by a long way.

The other topic that took up much of the meeting concerned the commercial use of the Main at Port Gaverne by companies involved in 'coasteering'. Councillor Edward Fletcher had been deputed to research this proposal and he had spent many an hour looking into the question of insurance and liability. After much discussion this was put forward to the next meeting.

Monday March 14th the Council met again faced with an agenda of 20 items no less. Luckily most topics took only a few minutes but the meeting still lasted two hours – don't think for a moment that it's an easy ride being a Parish Councillor!

The main items were again the offer from Buffalo Films (still not enough), so watch out for a further report on that one next month! Then came the question of the new car park and how it should operate this year, and who should run it – again, wait for next month's report.

And then came the bit about 'coasteering' at the Main. The conditions and demands set by the possible insurers meant the whole project was off. Poor Eddie Fletcher – hours of work and research all for nothing. He deserves thanks and sympathy – as do all our councillors.

Oh, and by the way, the yellow lines came up again – only briefly, but watch this space, or the roads!

Dear Trio ... your chance to have your say

Doc Martin

Thieves and vandals in Port Gaverne

Dear Trio

My family have lived in Port Gaverne for over 40 years and I have been here permanently for the last six years. I now make marmalade chutneys and jellies and put them out side my house for walkers to buy.

On Sunday 13th March, between 16.15 and 17.30 I had all my money that I leave out for change STOLEN. What are we coming to that in a sleepy cove like Port Gaverne this happens.

Also, on Friday 11th March, I noticed that a pole out side my rented property was not in its place after a lot of looking a neighbour told me it was up the valley thrown to the side. Why? Such a pointless thing to do.

SO BE AWARE - I AM NOW THINKING OF PUTTING CCTV OUTSIDE MY HOUSE - THIEVES AND VANDALS MIGHT THINK TWICE.

Clunie Coles, Port Gaverne Resident

Ground Sea

Dear Trio

As a youngster, I grew up in Port Isaac surrounded by the sea and talk of the sea. I had huge respect for the men who worked the wooden fishing vessels propelled only by low powered Kelvin engines, and I recall being so impressed by the respect these mainly wise men had for the sea and the power of the sea. On several occasions my grandfather Anthony cleared the beach of children if there was 'ground sea'. It was the accepted wisdom that you did not take any chances with this sea condition, and the inshore potters quickly moved their shore pots off shore to escape the damaging swell. There were always older experienced men available for a word of advice to the inexperienced sailor who did not understand the subject.

So what is 'ground sea'. Briefly it may be recognised by a series of large swells, (not small waves caused by wind), approaching the coast which break on reaching shallower waters. This series of swells is named a 'run' or 'ravel' by local fishermen, and when this occurs, the level of water in small harbours and bays will suddenly dangerously rise. At Port Isaac at low water or low tide, the sea will sometimes rush up the beach when the 'run' happens and then return down the beach once the 'run' is over. 'Ground sea' is possible during otherwise calm conditions, and one of the causes is low pressure out in the Atlantic. It is a highly dangerous sea condition, and only experienced fishermen should venture out in it.

The difficulty these days, is that many people simply do not recognise ground sea or understand it, and unfortunately there are no persons around to give suitable advice.

Geoff Provis Launceston

Attention all dog owners

Dear Trio

I would like to support Annie (Price) about the dog poo around Port Isaac and Port Gaverne. I walk my dog every day and have to negotiate the mess on every road, footpath, and the beach. It is just disgusting. New Road is very bad and I just wonder how people get away with it as it is busy road and people must see these dogs making a mess. We only need one person to get caught and get a fine and then we might have some responsible dog owners. PLEASE LOCAL PEOPLE SET A GOOD EXAMPLE TO THE VISITORS AND CLEAN UP PORT ISAAC AND PORT GAVERNE.

Clunie Coles, Port Gaverne Resident

Send your letters to
Trio, Calenia, 3 Trewetha Lane Port Isaac, Cornwall PL29 3RN
email: triopi@mac.com



Dear Trio

I writing to you after reading letters and talking to many about Doc Martin. I think it's about time people stop and think what a small minded village we have become. This is a tourist village; it realies on tourism and without it we would be a ghost village where shops are boarded up and where no-one lives - you know, the ones that you read about and watch on TV. Yet we have one on the busiest, thriving villages you could wish for.

Maybe not all who live here like that, they want a quiet sleepy village. Well I'm sorry, no I'm not sorry, I'm glad it's not. There are people who where born and bred here or came later that need to make a living and work.

This effects nearly everyone including Solicitors, Builders, Restaurants, Public Houses, Tea Shops, the Pottery, Bakery, Art Gallerie, Sweet Shop and Gift Shop (sorry if I forgot someone) owners and all the staff they employ. Without them we would have boarded up shops. We have people who taken a risk in todays economy - Good Luck to Jill and Angela at The Peapod Gallery, and to whoever has taken over Charmed.

Doc Martin does cause a problem to a few, possibly many, but is it really that bad? Think about how many times you go down to the bottom of the village and have been caught up by delivery vehicles loading or unloading, fisherman and worst of all people who don't know the size of their vehicle! It's part of life - we don't own this village, we live in it and everyone, and I mean everyone, has a right to use it, see it and be in it.

Good luck to those who make the most out of the filming. The alternative is that we stop filming once and for all. But don't stop there. If we don't want our village disturbed we must stop everything. No more Fisherman's Friends, Music Festivals, Firework Displays, RNLI events, Christmas Lights - just a few events that stop the traffic amd disturb a few people.

Doc Martin, as far as I know, has in the past donated to the Village Hall and Council Playing Fields - both benefit the whole village - as well as the Harbour Commissioners.

I say give it a rest and let's enjoy it while we can. It won't last forever. Let's welcome EVERY ONE to the village - or it will be no Co-op, no pubs, no shops, and no work and no people young or old - its up to you.....

Sharron Fuller, Port Isaac

New for *Trio* this month is news from the National Trust and what the organisation is up to locally. The Trust manages property at Port Gaverne and the coast from Port Quin all the way to Polzeath. North of Port Isaac, it owns land at Dannonchapel and Tregardock, before reaching Tintagel where it has considerable ownership within the Parish there.

Looking after the stretch of coast between Holywell Bay and Tintagel (including Rough Tor) are Mike Simmonds – Head Ranger and Jennifer Herbert and Sarah Stevens – Rangers. Full time volunteers working alongside them getting on the job experience and training to further their careers. Plus there are numerous seasonal and part time staff members that play an invaluable role in keeping the Trust's car parks, shops and holiday cottages running smoothly. Not forgetting, of course, the invaluable help given by many volunteers.

North Cornwall Voluntary Ranger Service

The Trust is in the process of building up a team of regular volunteers to help with a range of work. Says Mike Simmonds, "Would you like to get more involved with your local environment, learn more about nature conservation, and undertake some hands-on practical outdoor work? If so, we have recently started a weekend conservation volunteer group with the aim of operating throughout the year. Tasks might include activities such as scrub bashing, meadow management, footpath improvements, and walling in this area.

"We may also be developing opportunities for individuals who might be interested in more specific tasks such as biological monitoring, footpath adoption, photographic recording, walks leaders or helpers for one off events."

If you want to get involved or just want to find out more you can either stop any of the Rangers if you see us them out and about. Otherwise contact the North Cornwall Rangers Office on 01208 863821 or the North Cornwall Property Office on 01208 863046.



Rangers and volunteers after a beach clean at Baby Bay, New Polzeath



Burning the cleared scrub on the way down to Lundy Bay

Sisters on Saddles

My aunts, Annabel Gunn, Lee Ferguson and Mandy Gibbons are taking part in a new 'Women v Cancer' challenge in November 2011. This is a women-only event and the team of cyclists will be riding through Kenya to support the work of three charities – Breast Cancer Care, Jo's Cervical Cancer Trust and Ovarian Cancer Action. A donation will also be made to support cancer care in Kenya.

The group will cycle around 400kms over five days – both on and off road – experiencing Africa away from the usual tourist trails, through savannah plains, wildlife game parks, tropical rain forests and traditional villages.

As well as training hard, my aunts need to raise a minimum of £2800 each to support the work of the 'Women v Cancer' charities.

If you would like to support them in any way please contact me on 01208 880920.

Friends of Port Isaac School 100 Club

March Winners

1st prize £30

Jan Everitt

2nd prize £20

Claire Cooke

3rd prize £10

Sue Murray

4th prize £5

Bryan Nicholls

Friends of the School would like to thank all those 100 club members that have supported the school over the last year, it really is appreciated - thank you!

The Tip

Bowthick Quarry, Tintagel

01840 770770

Open Friday, Saturday, Sunday & Monday

The Trelights Walker



Early spring is upon us again and it shows itself by the vision of the 'patchwork quilt' countryside unfurling across our stunning county. As the tractors turn the fields into dark chocolate brown, they almost shine in the early morning sun as the brown and green patches become more prevalent as the sun dries out the wet soil and turns it into different shades of brown as it becomes ready for the summer crops to make an appearance.

These views of the fields have the backdrop of Rough Tor and Brown 'Member' (I'm not sure if you can say Willy any more, particularly in *Trio*) to the right and the iconic huge windmills at Delabole, their blades glistening in the sun, and even amongst all our natural beauty they seem to fit in.

And now, with the crisp, sunny mornings, comes the spring daffodils as they awaken in the hedgerows. They seem to be able to take away the winter blues just by being there. It just makes you glad to be alive.

And, as I sit at The Edge with a coffee and a slice of delicious homemade cake, I watch the birds on the sea breezes and the waves crashing against the Main, and I think to myself that we are truly privileged to live here.

The Lard Man



news

Port Isaac RNLI **WINTER BALL**

**Saturday November 26th
7pm till late
Trewetha Farm, Port Isaac**

**By Popular Demand
Port Isaac RNLI will be staging
a fantastic Winter Ball
at Trewetha Farm**

Detailed arrangements are still in hand but the plan is to have two live bands playing music throughout the evening, one of which will be the great Cajun group, *The Gumbo Flyers*, a celebrity MC, full running bar throughout the evening, and a three course dinner with some wine inclusive with ticket price. Plus we are planning a Raffle, a Star Tombola and a short but significant Auction and lots more.

As arrangements firm up we will keep you posted through the pages of *Trio* and the local press.

**Your chance to enjoy a great evening
and to support our
Lifeboats Saving Lives at Sea**

Support Port Isaac RNLI Helmsman Andy Cameron's participation in the LONDON MARATHON to raise funds for the RNLI by joining us at the Lifeboat Station for a

COFFEE MORNING

10-30am

Sunday April 10th

STAR RAFFLE PRIZE

A one off opportunity to buy all RNLI Clothing at half price plus if you buy one item of clothing you get a "Charmed" Blue Hoodie Free

Port Isaac RNLI AGM



Port Isaac RNLI had the pleasure of welcoming their Hon President David Castle from his home in the Canary Islands to their 44th Annual General meeting since the re-establishment of the Lifeboat Station in the village in 1967 when the early D Class Inshore Lifeboat was first introduced. Since then the lifeboat has launched 604 times with volunteer crews and saved 310 lives.

David joined the committee and crew to announce a record year of fund raising for the Station of £34,761. Chairman Bob Bulgin pointed out that this could not have been achieved without the tremendous and dedicated support of the committee members, individuals and companies who give so generously both in time, effort and skill to the RNLI as their contribution towards Saving Lives at Sea, a tradition first established in Port Isaac 142 years ago with the pulling lifeboat *Richard and Sarah I* coming on station.

In particular thanks were expressed to *The Port Gaverne Hotel*, Billy and Barbara at the *Pottery*, *Wavehunters*, *Sharp's Brewery*, *The Slipway Hotel*, *Secrets*, Jon Cleave, the *Fisherman's Friends* and *The Gumbo Flyers* for their significant support. Plus individuals Katie Childs who created the popular 2010 Christmas Card painting, the Cross Channel swimming Doctor team, Victoria Redman who has supported from the age of 11 to 18 with annual fund raising efforts, the young autistic boy George Mayall aged 13 and many others who continue to give their time and effort to raising funds for the RNLI - the latest being beautiful Great Dane Geno who has been adopted as an on the ground fundraiser to be seen in and around the village from his home at *The Bay Hotel* in his custom made RNLI Lifejacket.

The Chairman also announced the award of the RNLI Bronze Badge to Committee Member Pat Pearson for her major contribution towards the Branch Accounts over the four year's as Branch Treasurer 2005 to 2009.. Pat has been invited to RNLI HQ Poole to be presented her award by Admiral Lord Boyce in June..

Lifeboat Operations Manager Phil Tidey gave a full up-dated report covering the D Class *Copeland Bell* operations and training throughout 2010 and an overview of new equipment on Station. He included details of the dramatic rescue of the *Corsair* Gig crew by Helmsman Nigel Sherratt and Crewman Ian Johnson to whom the meeting gave a vote of thanks in recognition of their fine seamanship in carrying out a difficult rescue.

Election of Officers for 2011 then took place confirming by unanimous vote the following:

Chairman - Bob Bulgin
Deputy Chairman - Annie Price
Treasurer - David Raynor
Secretary - Chris Clifton

Box Secretaries - Jan Rowe and Cheryl Webster

Committee members - Sandie Bulgin, Liz Cooke, Carole Raynor, Angela Walsh, Pat Pearson, John Pearce, Claire Brown

The meeting concluded with a stunning illustrated presentation by Dave Nicoll RNLI, Senior Lifeboatman and Fund raising Manager for the SW & Isles of Scilly, of unique video footage taken at RNLI rescue missions at sea in the SW.

Bob Bulgin

PORT ISAAC MUSIC

Official Opening - Friday May 27th
8 bells on the Platt

Port Isaac's very own
Fisherman's Friends

Saturday May 28th
Live Music on the Platt
from 1pm



Paul Johnson



The Larrick Lads



James Corachea



Annie Appleby



Port Isaac Village Hall - doors open 7.30pm for 8pm

The Skyliners Big Band

music from the Big Band era

Deja Blues Extended Ensemble

complete brass section join this R&B band

Tickets for the Village Hall gigs are £ 10 each or get a Festival Ticket and come to all three events for just £ 22. Tickets are available from Secrets, Port Isaac (01208 880862) or can be reserved by emailing dee54@mac.com

Take a look at the website - www.portisaacmusicfestival.co.uk It will give you the complete run down for the whole weekend plus the chance to have a listen to and find out more about the musicians taking part.

FESTIVAL 2011

FRIDAY MAY 27TH - MONDAY MAY 30TH

Sunday May 29th

Live Music on the Platt
from 1pm

Gulls Allowed



Flats & Sharps
bluegrass band



The Devil's Hat Band
Claudia y Cardinale



Kate Williams

St Peter's Church - 5.30pm

Port Isaac Chorale joined by
Flutist Kate Williams and a classical
ensemble



The Angels Share
Celtic Folk



Port Isaac Village Hall
doors open 7.30pm for 8pm
Crowns

Cornish boys - take a listen on the website!



Luke Deakin

Liz Rowe

St Peter's Church - 5.30pm

Leighe Needh

Monday

May 30th

Live Music on the
Platt from 1pm



Tim Carter



The Boscastle
Busker

SAS (Simply Aweful Sinfonia)

Port Isaac Village Hall

doors open 7.30pm for 8pm

Johnny Cowling

Chris Ireglown
& Annie Appleby



With spring knocking on the door and the clocks going forward here's a home cooking ode to spring!

Enjoy Mx.

- 1kg boneless shoulder of lamb
- 2 tablespoons flour
- sea salt and freshly ground black pepper
- 2 lugs of olive oil
- 1 red onion, peeled and roughly chopped
- 2 sticks of celery, trimmed and roughly chopped
- 1 carrot, peeled and roughly chopped
- 100g smoked bacon roughly chopped

Cooking with Martin

Spring Lamb Shepherd's Pie

main course | serves 4-6

ingredients

- 2 cloves of garlic, finely chopped
- a small bunch of fresh rosemary, leaves picked
- 1 x 400g can of plum tomatoes, chopped
- 250ml lamb or vegetable stock
- 1kg Desirée potatoes
- 200ml milk
- 2 knobs of butter

Preheat the oven to 190°C/375°F/gas 5.

Trim any large bits of fat off the lamb, then cut the meat into chunks and put small batches into the food processor until minced roughly. Place the mince in a bowl, then add the flour and seasoning and toss until evenly coated.

Heat a large pan and, when it's nice and hot, add the olive oil and lamb mince and fry until browned all over. Add the onion, celery, carrot, smoked bacon and garlic to the pan, and throw in a large pinch of rosemary leaves and the tomatoes. Pour in the stock and stir well so the mixture doesn't stick to the bottom of the pan. Leave in the same pan or transfer to an ovenproof dish, cover and bake in the oven for an hour.

Meanwhile, peel the spuds, boil them in salted water until cooked through, then drain well. Heat the milk gently then pour over the potatoes. Add a knob of butter and mash well until smooth and creamy. Melt the remaining butter in a frying pan. When it starts to bubble, throw in the rosemary and fry until crisp. Drain, and add the rosemary to the mashed potatoes with salt and freshly ground black pepper.

Take the lamb out of the oven, spoon over the mash, then turn up the temperature to 200°C/400°F/gas 6 and bake for about 20 minutes or until bubbling and crispy and brown on top

bread and butter pudding with a marmalade glaze and cinnamon and orange butter

dessert recipe | serves 6

Bread and butter pudding is one of those classic old English recipes that everyone loves. The addition of marmalade brushed over the bread makes it fantastically crisp, with a zingy orangey bitterness that just makes the whole thing superb. This is another dessert that you don't want to overcook because you want to have the soft insides contrasting with the crispiness on top.

ingredients

- | | | |
|--------------------------|---|--|
| for the flavoured butter | 100g unsalted butter, softened | • a large pinch of ground nutmeg |
| | • a large pinch of ground cinnamon | • zest of 1 large oranges |
| for the pudding | • 8 x 1cm slices of good-quality bread | • 9 large free-range or organic eggs |
| | • 140g caster sugar | • 500ml whole milk |
| | • 565ml double cream | • 1 vanilla pod, scored lengthways and seeds removed |
| | • 4 tablespoons good-quality fine-cut marmalade | |

Preheat the oven to 180°C/350°F/gas 4. First make your flavoured butter by mixing the butter with the nutmeg, cinnamon and orange zest. Use a little of it to butter a medium-sized shallow, ovenproof dish. Butter the bread using the flavoured butter, then cut each slice in half diagonally. Put the slices in your buttered dish. Now separate the eggs, reserving all 9 yolks but just 1 egg white. Whisk together the egg yolks and egg white with the sugar, then gently heat the milk and cream in a saucepan with the vanilla seeds and pod. Pour into the eggs, stirring all the time. Remove the vanilla pod then pour the mixture over the bread and leave to soak for at least 20 minutes. Put the dish in a roasting tray and pour in enough boiling water to come halfway up the side of the dish. Then put it in the preheated oven for about 45 minutes until the custard has just set. Meanwhile, gently warm the marmalade in a saucepan, then remove the dish from the oven and brush the marmalade over the top of the bread. Pop the dish back into the oven for another 5 to 10 minutes. Allow it to cool and firm up slightly before serving.

The boys have been busy recording in St Kew Church during March. Producer, Rupert Christie told *Trio*, "The recording went really well and we are all really pleased with the results". So it's a case of watch this space and *Trio* should be able to tell you soon when you can hear what they've been doing.

In the meantime, have you seen the second Youngs Seafood ad? If not you can watch it on You Tube. And you should be able to watch the documentary sometime soon.

Plus it won't be long before they start their summer sessions on the Platt. The first night is Friday May 27th when they officially open the Port Isaac Music Festival. Before that they will be at the Bristol Folk Festival on April 30th, the Du Maurier Festival in Fowey on May 12th and two nights at the Minack, May 19th and 20th. The Falmouth International Sea Shanty Festival is on June 18th and more dates will be published next month.

If you've tendered for a charity collection on a Fisherman's Friends Friday night on the Platt you should hear by the end of April whether you've been lucky.



Cornwall Samaritans - there for everyone

There are more people than ever contacting Cornwall Samaritans each month and as the recession takes hold and perhaps deepens we expect this trend to continue. Last month Cornwall Samaritans took over 4200 contacts from people in need of emotional support in our Truro office alone. Samaritans provide a confidential, non judgemental 24/7 emotional support service for anyone in distress, despair or feeling suicidal. "We are busier than ever" said Wendy Overshott, the Director of Cornwall Samaritans. "The increase in contacts began with the recession and I believe our service is needed now more than ever before".

"Cornwall Samaritans is part of the national Samaritans organisation; however, we receive no local or central government funding in Cornwall and we are all volunteers", said Paul Tofi, who is a Deputy Director with a specific responsibility for Outreach throughout Cornwall. "I live in North Cornwall and have seen the impact that the recession has had as people fear for their jobs and homes. It is important that people are aware of our service and know that they can talk about absolutely anything in complete confidence."

The work undertaken by Cornwall Samaritans is now much more than just being available on the phone. Samaritans can be contacted 24 hours a day by phone, e-mail, text, and letter or in person by people who visit their offices in Truro between 9am and 9pm. Moreover, Samaritan volunteers are now working in A&E at Treliske late at night each Wednesday. Paul Tofi continues "we work alongside the A&E staff and are there for patients, visitors, family and friends. It is a real privilege to be able to support people who may be going through a very traumatic experience."

Cornwall Samaritans are there for everyone and as the number of people making use of our service increases so does the need for volunteers. If you would like to know more about becoming a Samaritan volunteer then please contact our Truro office on 01872 277277.

Cornwall Samaritans can be contacted for emotional support 24/7 by phone on 01872 277277, by text on 07725 909090, by e-mail on jo@samaritans.org or you can call into the office at 19 Treyew Road, Truro between 9am and 9pm to see someone in person..

PORT ISAAC MUSIC FESTIVAL

FRIDAY MAY 27TH - MONDAY MAY 30TH 2011

Thanks

Very warm thanks to everyone who supported the *Coffee Morning* on March 9th in aid of MH Dementia Care. Including donations from the Methodist Circuit, we raised the amazing sum of £ 420.27.

Penny Manders

and thanks again ...

When Mike Cleathero and his wife Iris set out on the morning of Monday March 7th to walk from the bottom of the village up to the top car park, they didn't think for a moment their day could go so 'pear shaped'; and so quickly.

By the time they reached Cleavey's shop Mike began to feel poorly (Don't we all at that point?) and by the time they were at the Coast Path he was very bad indeed. So when Iris saw Kevin Honey and his boys working nearby she called for help, which was instantly given. Into the pick-up, up to the surgery and straight in. A quick assessment by receptionist, nurse and doctor and Mike was in the red helicopter (Plymouth or Truro, Sir? Shall we take the scenic route?) and a few minutes later he was at Treliske - but that's another story.

Meanwhile, Iris is left bewildered, but help is offered straight away by Martin Dempsey (come in, use my phone, have some coffee) and Nigel and Angela (have a coffee - Nigel, and have something stronger - Angela).

So a big heartfelt thank you to all who were so wonderful. And Mike is feeling much better.

The Story of The Mystery

The children have been learning about The Mystery a boat that sailed to Australia in the 19th century. Two men came into school from the maritime museum to re tell the story through drama. All the children really enjoyed the performance.

The whole school is also going on a trip to Plymouth to see The Spirit of the Mystery - the boat that Pete Goss built to recreate the voyage. He will give us a tour of his boat and everyone is getting quite excited!

Tesco Vouchers

We are collecting these vouchers again this year so please pass yours on to someone who comes into school or drop them in to reception where there is a collection box. They really make a difference in school as we are able to exchange them for games and equipment to use at play time

Happy Birthday...

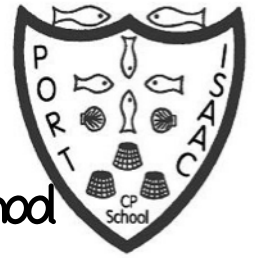
Birthdays celebrated in March:
Izak 8

Birthdays celebrated in April:
Sam 8
Paige 8
Will 8
Greta 7
Sam 7
Mollie 6
Lilly 4

Birthdays celebrated in May:
Demelza 7
Katie 7
Joshua 6
Kailyn 6
Tamara 6
Josh G 5
Josh W 5

Schoolchat

news and views from Port Isaac School



Red Nose Day

Do something funny for money was the theme and we certainly did! Everyone came to school in their pyjamas and dressing gowns. First off there was a whole school dance challenge and with the help of Angela we managed to have one hour's non stop dancing in the Hall which finished out in the playground with a giant conga train including everyone.

Next we made our own pizzas which we ate in the afternoon when all the classes came together again to celebrate red nose day and share thoughts about the kind of things the money raised would be used for. It was a fantastic day organised by Mr Collinson and we raised £100 for Comic Relief.

Madgy Figgy's Pig

Class 2 have been studying this Cornish Tale and practising their storytelling skills by re telling the tale to the rest of the school. Then they had to write the story in their own words. Here is the introduction and the second paragraph from two of the children.

One day there was an old woman called Madgy Figgy. She lived on her own in her cottage in Cornwall, all she wanted in the world was a pig. The next day she went to the market to the pig sellers and saw lots of different pigs. One was too hairy one was too thin and one was too squinty eyed and there in the middle of them all was the perfect pig for Madgy.

Introduction by Emilia Year 4

She winked at it and it winked back then she said "chea,chea", and it jumped into her arms. She tickled it behind the ear and scratched him under the chin and ran her finger through its curly tail. She asked the owner how much he was he said it was five pounds. "Bargain" she said. "I will just go and sell my eggs and butter and I will be back with your money."

Second paragraph by Sam Year 3

Multi Skills Festival

Class 2 recently took part in an afternoon of sports at Sir James Smiths School along with other primary schools in the area. The children were able to practise relay running, badminton and problem solving and make some new friends at the same time.

Happy Easter

We would like to wish everyone a very happy Easter and as we are on holiday in April there will be no School Chat in the May issue of Trio....we will be back in the next one.

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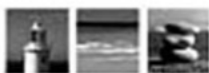
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DIARY DATES

Friday April 1st

St Peter's Church Council AGM in the Church – 6.15pm

Saturday April 2nd

Village Hall Curry Night – 7.30pm in the Hall

Sunday April 3rd – Mother's Day

Wednesday April 6th

Kerbside Recycling – bags out by 7am

Saturday April 9th

Coffee Morning at 14 Tintagel Terrace for Cornwall Hospice Care - 10am

April 10th – 17th

38th St Endellion Easter Festival

Tuesday April 19th

Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday April 20th

Kerbside Recycling – bags out by 7am

Port Isaac Village Hall AGM – 6pm

Good Friday April 22nd

Sunday April 24th

Co-op Funday in aid of MENCAP – outside the Co-op from 10am-2pm

Easter Monday April 25th

Friday April 29th

Royal Wedding Bank Holiday

Saturday April 30th

St Peter's Church Easter Mini-Market in the Church Rooms – 10.30am

Monday May 2nd -Early May Bank Holiday

Wednesday May 4th

Kerbside Recycling – bags out by 7am

Tuesday May 17th

Whist Drive in St Endellion Church Hall – 7.30pm

Wednesday May 18th

Kerbside Recycling – bags out by 7am

May 27th – 30th

PORT ISAAC MUSIC FESTIVAL

Monday May 30th - Spring Bank Holiday

Wednesday June 1st

Kerbside Recycling – bags out by 7am

June 9th, 10th & 11th

Royal Cornwall Show. Wadebridge

Wednesday June 15th

Kerbside Recycling – bags out by 7am

Thursday June 16th

Fashion Show in Port Isaac Village Hall

Sunday June 19th – Father's Day

Wednesday June 29th

Kerbside Recycling – bags out by 7am

Tuesday June 21st

Whist Drive in St Endellion Church Hall

Wednesday July 13th

Kerbside Recycling – bags out by 7am

Coffee Morning at Port Isaac Village Hall

Saturday July 16th

St Peter's Church Summer Mini-Market in the Church Rooms – 10.30am

Tuesday July 19th

Whist Drive in St Endellion Church Hall

July 26th – August 5th

St Endellion Summer Music Festival

Wednesday July 27th

Coffee Morning at Port Isaac Village Hall

Sunday August 7th

The BIG SWIM from Port Gaverne to Port Isaac

Wednesday August 10th

Coffee Morning at Port Isaac Village Hall

Sunday September 18th

St Peter's Church Harvest Festival – 6pm

Trio Copy dates

ISSUE

May

June

July

August

COPY DATE

Monday April 25th

Friday May 27th

Friday June 24th

Monday July 25th

PUBLISHED

Monday May 2nd

Friday June 3rd

Friday July 1st

Monday August 1st

If possible, please email your copy to triopi@mac.com Alternatively handwritten or typed copy can be dropped into Secrets, or put through the letterbox if closed

PORT ISAAC MUSIC FESTIVAL 2011



FRIDAY MAY 27TH – MONDAY MAY 30TH

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the Village Hall. Contact Sarah on 881124 or Julia on 880718.

Brownies - every Wednesday from 5.00pm-6.30pm, during term time, at Port Isaac School. Contact Jennie on 881073.

Rainbows - every Monday from 4.45pm-6.00pm, during term time, at Port Isaac School. Contact Marie on 880977.

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Thursday nights at Port Isaac School from 7.30pm. Contact Tracey Greenhalgh on 01208 880215.

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505.

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262.

CHURCH SERVICES

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.45am Every third Sunday - Family Service at 9.45am
Every Thursday - Holy Communion at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - last Thursday in the month at 7.00pm

**Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure your event is included here!
email info to triopi@mac.com or call 01208 880905**