

THE BIG SWIM

PORT GAVERNE TO PORT ISAAC

Are you ready for the BIG SWIM?

We are very excited to announce that over 100 swimmers are now registered! With only one month to go, it's countdown to the mile long sea swim which will start from Port Gaverne and finish in Port Isaac.

Sunday August 7th

registration starting at 10am on Port Gaverne beach

The whole day is full of entertainment for everyone. There are games, music, food and lots of fun for children throughout the day. Spectators can follow the race along the coast path watching the swimmers take part in this amazing wild swim.

The course will be marked out to exactly one mile and safety teams with surround swimmers at all times, making it a wonderful event for all the participants. Each swimmer will be individually timed.

This year we are raising money for not only the Port Isaac Rowing Club, but also The National Lobster Hatchery and the Coastguards.

You can register at www.thebigswimcornwall.co.uk or email organiser Sarah Coates at sarahrowingclub@gmail.com or call 01208 880154. Remember that you have to be able to swim a mile and have reasonable fitness.

Entry is £8. Book your place now to avoid missing out!

Wreck & Rescue exhibition



**Everyone is invited to the official opening on
Saturday July 30th, 7.30pm, St Peter's Church**

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MIDSUMMER SUN!

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Summertime?

I hoped the sun would shine today,
and that it wouldn't rain,
but now I've pulled the curtains back, it's drizzling again!!

At least it's not so windy, at last that breeze has gone,
it seems to me it's blown a gale,
each time the sun has shone!

My garden seems to like it, the flowers are going mad,
the bindweed and the dandelions,
must think it's not too bad ...

The frogs are eating all my slugs,
the birds eat all the snails,
and if the grass grows too much more,
I'll have to make some bales ...

My cat enjoys the summer, although it's sad to say,
She leaves a swallow on the landing,
almost every day!!

Now all we need's a nice calm day, and lovely summer sun,
and we can say that in July,
the season has begun ...

Richard Cook



Port Isaac School is working in collaboration with Elizabeth Gowing on 'The little steps project'. Elizabeth visited the school and explained that lots of children in Kosovo are unable to go to school and get an education because they don't have any shoes to wear.

Port Isaac School is now collecting unwanted or outgrown children's (or children sized) shoes to send out to the children in Kosovo. There will be an out of hours drop off point just outside the school's reception where you can leave any unwanted shoes.

There will be a stall at the Port Isaac School Fun Day on July 13th called 'A day in someone else's shoes' where children can have a go at making shoes out of recycled materials.

Please see what unwanted shoes you have and drop them off at Port Isaac School. Thank you.

ILLEGAL PARKING

All illegal parking issues, yellow lines etc, are now dealt with by the Civil Enforcement Parking Team, who are based in Truro.

They can be contacted on

0300 1234222

Trio is issued eleven times a year and is available in *Secrets* and the *Co-op*, Port Isaac, or by post - £18 a year in the UK (overseas rates on application).

To subscribe please send a cheque, made payable to *Trio*, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN

To advertise in *Trio* telephone

01208 880905

Published by
Sam & Dee Littlechild

Tel: 01208 880905

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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

For Sale **Brand new, unused, BEKO dishwasher** £100

Call Val on 07817 430930

Local Books available in Secrets, Port Isaac Walk Talk

A paw-picked selection of local dog walks, chosen by Spot & Winnie - £3.50

A Quick Look Round Port Isaac

A brief guide for visitors to help them enjoy the village - £2.50

A Short Guide to Port Isaac

A more detailed guide - £5.50

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish with lots of useful local information) - £3.50

The Fishermen of Port Isaac by Geoff Provis - £9.99

The Trevan Book

Summary memoirs of the Parish of St Endellion prior to 1834 by John Watts Trevan - £10

2011 Tide Timetables - £1.30

plus local ordnance survey maps



Village Hall news



All the loose ends have now been tied up with the Planning Department and it looks like work on the new side entrance to the Hall, with entrance foyer and storage will be started in the autumn – work load of our builders on the committee permitting. They are doing the work for nothing in their spare time. We are grateful to the Music Festival for donating £500 to the Hall and this will be added to the £550 we made over the weekend and go towards this entrance.

Get ready to be taken on an irreverent and hilariously entertaining journey that will keep you guessing - and laughing to the very end!

Fourthwall Contemporary Theatre group are bringing Giles Havergal's adaptation of Graham Greene's *Travels With My Aunt* to Port Isaac Village Hall on Monday August 22nd.

Graham Greene, writer of international classics such as *Brighton Rock*, *The Third Man* and *Our Man in Havana* described *Travels With My Aunt* as "the only book I ever wrote purely for fun." Giles Havergal's stage adaptation of the novel was first performed at the Citizens Theatre in Glasgow in 1989 and went on to acclaimed runs in the West End and New York, winning an Olivier Award for Best Entertainment in 1993.

Henry Pulling is a mild-mannered retired banker who leads a quiet life tending his beloved dahlias, never straying too far from his home in Southwood. But when his eccentric and outrageous septuagenarian Aunt Augusta suddenly appears in his life at his mother's funeral, Henry becomes aware of mysterious facts about his past and is drawn from the safety of his English country garden into a series of absurd and exotic international adventures.

Henry, Aunt Augusta and more than twenty other characters are portrayed by just four actors who switch identities, nationalities, ages, genders (and even species!) throughout this exciting theatrical escapade.

Fourthwall was formed in 2004 by a group of actors with a common aim to take challenging and thought provoking theatre to communities in the South West. What the press have said about the company: "... the performances are exemplary ...", "... sensitive and compelling ...", "... accomplished performers ...", "... a memorable evening of stimulating theatre ...", "... they treated us to a master class in acting..."

Details of tickets etc will be in next month's *Trio*.

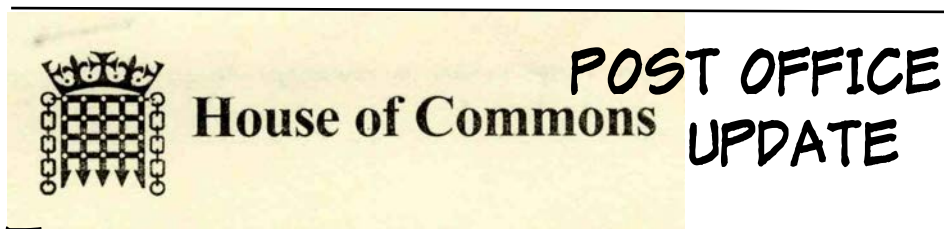
We also held a very successful Fashion Show night for the ladies and raised just over £150. However, we need to keep fundraising and we are planning Summer Friday night Village Hall barbecues in the garden. The first one is on Friday July 22nd and the barbecue – and the bar - will be up and running from 6.30pm onwards. Why not grab a burger or a hot dog (Gary Dutton's burgers and sausages and Barnecutt's baps) on your way down to see the Fisherman's Friends.

Also taking advantage of the summer (!) are our Village Hall Coffee Mornings on Wednesdays July 13th, July 27th and August 10th from 11am onwards. An ideal coffee and refreshment stop – and the chance to buy a lovely homemade cake - on your way down to or up from the bottom of the village. If the weather's nice you can sit in the garden of the Village Hall which has one of the best views in the world especially at sunset.

Talking of weather, we have been very happy to provide a dry stage for the Fisherman's Friends to perform on on wet Friday nights. It's been great to see so many people enjoying the Hall this past month or so.

And there's even more opportunities for enjoyment coming up. Monday August 22nd sees the Fourthwall Contemporary Theatre Group bringing Graham Greene's 'Travels with my Aunt' to the Hall (see separate article). Come Friday October 11th it's theatre again when our old friends, Bish Bosh Bash Productions put on a one-man show, 'Oogly as Sin', the story of the Cornish Giant, Anthony Payne. Later in the same month, on October 28th, we are staging a Carn to Cove event when musicians Bagas Degol bring us Red Letter Days – and evening of music, song and stories with a bite. More news on both of the October events nearer the time.

And don't forget, your Hall is there for you to use. If you want to find out more about hiring the Hall contact Vanessa on 01208 880098.



The cogs of the Post Office certainly move slowly but following Peggy Hills' letter to the Prime Minister our MP, Dan Rogerson has been taking up the cause. He replied to Peggy on June 16th (albeit thinking she was a pianist as the letter was addressed to Mrs Mills!) with a copy of the response he has received from Jane Lynskey at Post Office Ltd. She is the Consultation Manager with responsibility for the re-opening of Port Isaac Post Office. She says that: "Colin (Pound) has advised me that we are still waiting for the electrics to be completed and certified. Once this has happened Colin aims to progress the re-opening as quickly as possible as we already have a subpostmaster who is keen to provide a service to the Port Isaac community."

As Dan Rogerson says, "Slowly and surely getting there".

Thanks Peg for making sure that our promised new Post Office service is not being forgotten.



The Isles of Scilly World Championship were a great success for the club. Once again the men brought home the trophy for winning Group H achieving 85th place out of 124 gigs entered. The 2 ladies crews managed a magnificent 64th and 76th out of 123, a huge 31 places up from last year. The vets competition was also much better than last year, the men finished 20th out of 62 and the ladies managed 23rd out of 52. Everyone had a fabulous time and we are all looking forward to going again next year

During the month of June the club was represented by both a ladies and a mens crew to race at Zennor. A couple of our ladies vets also helped Rock Rowing Club to compete down at Roseland. The tribute to Geoff Pearce was hosted by Newquay and as usual several of our ladies helped to make up a mix of 5 ladies crews with Newquay & Padstow (Geoff had previously coxed all of these ladies crews) The conditions were perfect, with flat sea and no head winds and the racing was very close, it was very exciting and an enjoyable evening followed in the clubhouse.

We are now looking forward to competing at Rock Rowing Club Gig day held at Daymer Bay and the row to Lundy camping weekend.

For Your Diary!

Port Isaac Rowing Club invites you to a Cornish Pilot Gig rowing event! The competition is open to crews of ladies and men. With no more than two experienced rowers per crew.

Mark Provis & George Moth Trophies Sunday 24th July 2011 starting at 11.00am

The venue is the beach at Port Isaac and there will be a great BBQ where we hope to raise money for Cornwall Leukaemia Trust, our 2011 chosen charity. A fee of £20 per crew will be collected to cover insurance

Once the competition is over, retire to the *Golden Lion* for the presentation of the prizes - the Mark Provis Trophy for the Ladies and the George Moth Trophy for the Men.

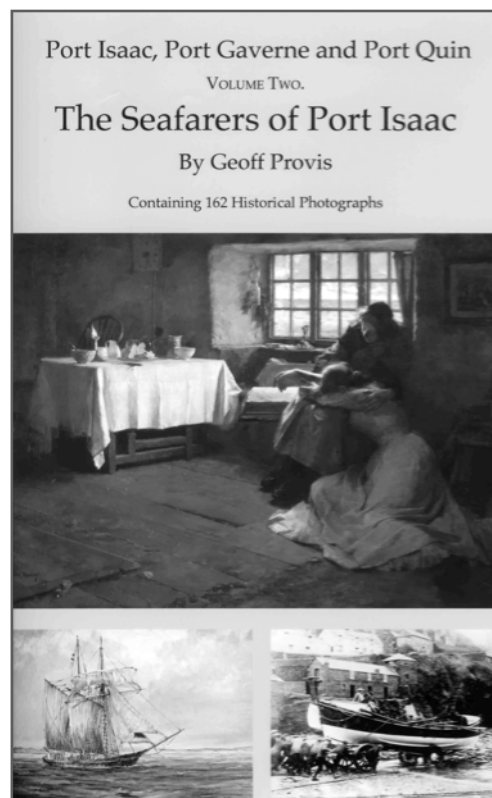


To Jenny (and Roy)

Carers and helpers, Port Isaac has many,
Among them, at pride of place, is Jenny
Fetching us food and the daily press
An angel to us old folk no less
Potions and pills of all description
Sent by our medics upon prescription
Bread and milk, with Roy helping too,
We each lost a sibling, just like you,
'Thy will be done' we say in God's prayer
Thanks to you, they will always be there,
God go with you, in your selfless endeavours
May both of you live in our hopes forever.

Eric & Audrey

'The Seafarers of Port Isaac' the launch of Geoff Provis' new book



I have now completed my second book in the series on Port Isaac, Port Gaverne and Port Quin, and I am very pleased with it. I hope that both old and new Port Isaac families also appreciate it.

The book deals with the sailing vessel trade locally, including the tragic loss of life to the sea and how local families were affected. The old Port Isaac Gigs are featured and there are details of real gig rescues at sea, plus gig races involving local gigs from about 150 years ago. Port Gaverne features strongly and experiences of local characters are explored.

There is a large section on the old Port Isaac lifeboat and wrecks and rescues between the Rumps and Tintagel Head. Herring fishing disasters and near disasters locally are fully dealt with. The subject of wrecking is covered in detail.

The book also contains perhaps the most authoritative account of the Port Quin disaster including the year. Smuggling, piracy and yachting also feature.

The book would not be complete without a section on some more Port Isaac characters. The book also includes some wonderful poems by Harold Provis and my Great Aunt Leonora Mutton.

The book will be launched at the PISCES Wreck & Rescue Exhibition in St Peter's Church for three days from Tuesday August 2nd to Thursday August 4th inclusive, 10.30am to 4.30pm each day.

The official PISCES opening for Wreck & Rescue is at 7.30pm on Saturday July 30th. I shall be previewing the book and a few will be available for sale. The price is £9.99p.

I am very grateful to the local families, both at Port Isaac and who live away, for their assistance and to the people who have loaned me photographs.

Geoff Provis



PORT ISAAC SHARED COMMUNITY EXHIBITION SPACE

The Church & Chapel exhibition had over 1500 visitors throughout May and June!

Bishop Tim makes his first visit to Port Isaac and finds out about the PISCES project ... and he loved it!



This giant fish, made by Caroline Cleave and colleague Reg, kept its beady fish eye on the proceedings!

PISCES ... the water sign of the zodiac with the symbol of the fish ... which is also a Christian symbol ... and here we are in a fishing village, in the church of St Peter, the fisherman

As PISCES Chair, Barbara Hawkins, explained at the special 'Songs of Praise' to welcome Bishop Tim to Port Isaac, "Sometimes in life, when the time is right, everything falls into place. This was totally the case when PISCES was welcomed into St Peter's Church to use this beautiful space. Not only had PISCES found itself a home, but also the Heritage Lottery Fund gave us a generous start."

PISCES publishes two new booklets

David & Marilyn Hambly relate some of the Hambly family stories and Joan Murray recalls "A Very Happy Childhood" - both priced at £3 these booklets can be purchased in St Peter's Church or from *Secrets* or the *Pottery*

**PISCES COLLECTION
& CAKE STALL ON THE PLATT
7.30PM - FRIDAY JULY 8TH**

**MANY THANKS TO FISHERMAN'S FRIENDS FOR
GIVING US ONE OF THEIR FRIDAY NIGHTS TO
COLLECT FOR THIS VILLAGE PROJECT**

**IF YOU CAN SPARE HALF AN HOUR TO RATTLE A BUCKET OR DONATE
SOME BAKING WE WOULD BE VERY GRATEFUL, THANK YOU!**

Wreck & Rescue Exhibition

the history of sea rescue from Port Isaac

St Peter's Church

Saturday July 30th

Open Evening

7.30pm

with guest speakers

Tamsin Thomas, ex Radio Cornwall broadcaster and now Media Manager for the RNLI SW and **Ron Eglington** from Newquay RNLI

plus

Geoff Provis will be pre-launching his new book 'The Seafarers of Port Isaac'

Free Entry

(Donations gratefully accepted)

Coming later in the year ...

Winter - When the Lifeboat exhibition finishes at the end of October we would like to put up a Christmas themed display. Sorry, we know that the summer is barely upon us and here we are talking about Christmas! But if you do have any hidden Christmas treasures, maybe you would like to share them with us at that magical time of year?

and ...

Spring 2012 - We would like to launch 2012 with a "School Days" exhibition and link it in with activities at Port Isaac School. So for those of you who were told "Could do better" in their old school reports, now's your chance to do a bit better and tell your story! There will also be a Grand Afternoon Tea with the Golden Circle in January with a school memories theme.

If you have any memorabilia, memories or photos you would like to share or if you have any questions or suggestions, please get in touch with PISCES contacts: Dee @ *Secrets* 01208 880862 or dee54@mac.com or Barbara @ the *Pottery* 01208 880625



Websites of the Month

The state of our oceans

Looking at the sea at Port Gaverne you wouldn't know anything is wrong. Clear water, flourishing creatures and seaweed. So it is sometimes difficult to appreciate how serious the problems we face with the way the oceans are changing. I thought a quick tour through some of the websites which illustrate this would be interesting as many of them feature beautiful images of marine life, as well as providing some worrying food for thought.

It is probably a good idea to get the big picture first and a recent report called 'The State of the Ocean' www.stateoftheocean.org/ in which leading marine scientists brought together in Oxford earlier this year by the International Programme on the State of the Ocean (IPSO) and the International Union for the Conservation of Nature (IUCN) (see report in the Independent Newspaper <http://tinyurl.com/stateofoceans1>). This covers a number of aspects of marine life and this section from the Independent report gives a flavour:

The panel of 27 scientists, who considered the latest research from all areas of marine science, concluded that a "combination of stressors is creating the conditions associated with every previous major extinction of species in Earth's history". They also concluded:

- *The speed and rate of degeneration of the oceans is far faster than anyone has predicted;*
- *Many of the negative impacts identified are greater than the worst predictions;*
- *The first steps to globally significant extinction may have already begun.*

The findings are shocking," said Dr Alex Rogers, professor of conservation biology at Oxford University and IPSO's scientific director. "As we considered the cumulative effect of what humankind does to the oceans, the implications became far worse than we had individually realised. This is a very serious situation demanding unequivocal action at every level. We are looking at consequences for humankind that will impact in our lifetime, and worse, in the lifetime of our children and generations beyond that." Reviewing recent research, the panel of experts "found firm evidence" that the effects of climate change, coupled with other human-induced impacts such as overfishing and nutrient run-off from farming, have already caused a dramatic decline in ocean health."

www.stateoftheocean.org is a very well organised site, with videos of the scientists discussing their own understanding of the ways the oceans are faring and possible ways of alleviating these problems.

The Plymouth Marine Laboratory (www.plm.ac.uk) has been at the forefront of the research in a number of areas, but particularly the way that carbon dioxide, one of the key greenhouse gases, has been changing the acidity of the seas (<http://tinyurl.com/stateofoceans2>). The problem with the sea becoming more acid is that many marine creatures depend on their shells and body covering being made from calcium carbonate, which dissolves in acid water. At the National Lobster Hatchery at Padstow, (www.nationallobsterhatchery.co.uk/) they have been collaborating on research in this area, and you can read about it on their website (<http://tinyurl.com/stateofoceans3>). There are also really lovely pictures of the lobsters both as tiny creatures and then fully grown.

A good site for some basic marine biology is <http://www.marinebiology.co.uk/> and there is a front page with some fish you can feed (with virtual food of course). Despite being a UK site the people who have produced it are based in Canada - thats the internet for you. This has many resources for anyone interested in whats going in the marine biology world, and also provides some information about other habitats like freshwater and their creatures (frogs toads etc).

The beautiful images of the marine world you can find on many sites but one in particular I think is worth a look. This one is a photography group who sell their photographs for a living. However you can view them on the site (<http://tinyurl.com/stateofoceans4>) and they are really dazzling. And finally for some lovely pictures of our own local treasure, Lundy Island, see <http://www.lundyisland.co.uk/>. Lundy is a good example of what can be done to conserve our wildlife on a local basis. There has been real surprise on how diverse the wildlife is and how quickly it has recovered. Sadly this will not solve the global problems described in the State of the Ocean report which will affect everywhere, whether we have established no take zones or not. The only real solution is answers on a postcard please.

St Endellion Rectory Garden Party

Wednesday August 10th - 2.30pm
cream teas, cakes, plants,
bric-a-brac and sideshows etc

THE YEAR OF THE BUS
St Teath Community Bus
Association

GARDEN PARTY &
CHARITY CREAM TEA

"Pencary", Trevilly
Lane, St Teath

2.30 to 5pm

Sunday 17th July

SHOUTS

Apart from the regular weekly training exercises, our D Class Lifeboat *Copeland Bell* has been out on two recent active calls. On May 4th Helmsman, Kevin Dingle with Nikki Bradbury and new crew member Jacob Pattenden were out in our boat on exercise when the Rock Inshore D Class Lifeboat experienced trouble whilst also out on exercise themselves near Polzeath. Port Isaac boat stood by until all crew were ashore and safe.

On June 1st Nikki Bradbury abandoned her Pasty shop yet again to set out to save lives at sea. This time Nigel Sherratt was at the helm in answer to a distress call to a body boarder reported in trouble near Tregardock Beach. On arrival in the area it was found that the young man, who had been caught in a very strong cross current, had been safely assisted ashore by his brother and fortunately all was well. Following this incident a sincere letter of appreciation and thanks to the lifeboat volunteer crew together a generous RNLI donation has been received at the Station from the surfers parents.

LIFEBOAT LARKS

With the weeks ticking by, our ever popular **Lifeboat Larks** day in the harbour is approaching fast. RNAS Culdrose has confirmed that one of their Search and Rescue Helicopters from 771 Squadron will be putting in an appearance during the day to work with our volunteer D Class Lifeboat crew on a simulated sea emergency within the harbour. Plus as usual there will be Face

Painting, the Bouncy Castle, Punch and Judy, the barbecue, Sharp's and a Pimms Bar, ice creams and fresh doughnuts, not forgetting the Booze Barrow raffle. Many stalls will include the very latest and exclusive RNLI clothing, pictures and cards, all unique to Port Isaac RNLI, and our traditional and Cornish Cream Teas. A date for all the family - Sunday August 14th on the Platt starting at 11am. See you there.

There are one or two trading positions still available for a £15 donation to the RNLI. To make a reservation contact Annie Price on 01208 880386.

Little Acorns Station visit

Port Isaac RNLI Crew Training Officer, Damien Bolton had his time cut out introducing 20 Little Acorns, aged 2 to 5 years, from Camelford Nursery to the Station and D Class Inshore Lifeboat, as part of Child Safety Week. The children, accompanied by parents, also had the opportunity to meet Gino, the Port Isaac RNLI mascot who was



Some of the Little Acorns with crewmember Kevin Dingle

visiting the Station with his owner Paul Williams. The Little Acorns gave three rousing cheers for Gino who had just exceeded collecting £1000 for the RNLI since starting his village patrols in March.

The Little Acorns were given RNLI Colouring books to remember their visit by and served soft drinks and biscuits on the Platt. Chairman, Bob Bulgin said, "It was a pleasure to welcome these young people to the Station. They were very well behaved and together with their parents showed great interest in the Lifeboat and it's operations and, you never know, looking to the future and bearing in mind from 'Little Acorns Great Oaks Grow', there may even be some voluntary lifeboat crew with us here to-day."

PISCES Wreck & Rescue Exhibition

Everyone is invited to the the opening evening reception for PISCES next exhibition, the RNLI related Wreck & Rescue, on Saturday July 30th at 7-30pm in St Peter's Church. On display will be the historic collection of Lifeboat photographs collected over the years by the Local History Group plus others loaned from private collections combined with thrilling stories of sea rescue and shipwrecks, some never seen outside of private and museum collections. Plus local author Geoff Provis will be introducing his new book, *The Seafarers of Port Isaac*. There will also be projection of live film footage taken at Lifeboat rescues including the evocative and sad story of the sailing ship *Maria Asumpta*.

The exhibition will be opened by the Media Manager RNLI SW and popular ex Radio Cornwall Broadcaster, Tamsin Thomas who will be joined by a well known personality in the Lifeboat world, Ron Eglington of Newquay RNLI. Stand by for a salty story telling evening. All welcome - price of entrance your generosity.



Lifeboat service moved to St Peter's

Someone said we were short of rain and the word must have got through on High as the Heavens opened on Sunday morning June 12th. It forced our well laid plans for the Port Isaac RNLI Annual Lifeboat Summer Service on the Platt to be re assigned to St Peter's Church - thanks to our Station Chaplain Father John May.

Also, sincere thanks to all those who helped to put the word around to the Chorale, St Breward Band, our Crew and Committee and the Coastguards, all of whom turned up at the changed venue on time and contributed towards an excellent and memorable service - the 44th since the D Class of Lifeboat came into service and 142 years since the formation of the RNLI in Port Isaac. Long may it continue.

RNLI Winter Ball

Planning for the forthcoming Port Isaac RNLI Winter Ball, to be held on Saturday November 26th at Trewetha Farm is now moving well ahead.

Two live bands are booked and a "knock out Disco". Plus top quality dinning, Sharp's Bar and many star attractions including tombola, raffle and a short auction for some stunning not to be missed donated gifts.

So, with Christmas just round the corner, why not make this your special night to remember and dance the night away.

Tickets are now available from the *Peapod Gallery* or by phone on 01208 880700, 01208 880969 or 01208 881197
Ticket price is £65 - staged payments can be arranged



Climate Friendly St Endellion

Was it Dick Strawbridge who famously said “It’s not easy being green”? He and his family moved to an old stone house in Tywardreath, which they proceeded to adapt for “green living”, while being filmed for television. They built a small hydroelectric plant to harness a stream, and installed a wind-turbine, to provide electricity. They put in a ground-source heat-pump to power underfloor heating, and tried to grow enough vegetables and fruit to become self-sufficient. Further, they had chickens to provide eggs, and fattened a pig until it was slaughtered and butchered for meat and sausages. They installed solar panels to heat water, and they made compost in a big way. They encountered lots of problems, often of the “if you do this to reduce your carbon footprint in one way, you increase your carbon footprint in some other way” type, which made a good story-line for the series. And somehow Dick managed to drive all over the place in a Land Rover, which is not the least gas-guzzling vehicle I know!

It is nice to hear some suggestions of ways of greener living that are easy, and not expensive to set up. How about taking off the side off the bath and stuffing the cavity with old cushions and coats? (Not something you can do if you’ve one of those fashionable free-standing baths like great grandma used to have!) Apparently it makes a big difference and the bath water stays warm for ages. “Just luxury” was the comment on it I read in our newspaper.

A bit more expensive, but very useful if we get more dry spells like last April, is to fit a rainwater butt to each down-pipe from the guttering on your roof. You don’t have to do them all at once, you could do one a year to spread the cost. If you’re on a meter, you could save quite a lot of water in the garden this way, save money too, and carry on watering when it’s dry.

One other idea is to convert your lawn into a wild-flower meadow and seeds are available at Garden Centres; think how much time and energy you’d save, not having to mow it! Seriously, though, lots of people are opening their houses to the public on occasion to show what can be done. Low-energy housing “open days” are taking place all over the country, such as the recent “Solar Saturday” in Bristol. Try ‘Googling’ to find one near enough to get to, or ring the Energy Saving Trust on 0800 512 012 (calls free from BT landlines) for information.

A longer walk this month, but starting off up the Port Isaac Valley again

- *Leave the Platt by walking (South) up Church Hill and, a little way up, take the signposted footpath on the left (f.p.35 on Robin Penna’s map and guide) along the valley. You pass on your left Jon’s lake and (quickly!) the Water Treatment Plant and, through a gate/over a stile reach the (former) Mill, now a farm with holiday accommodation.*
- *Just beyond the buildings, go left through a gate and drop down to follow the line of the old mill-race. Just after you climb out of this sunken track, the path to Trewetha goes off left. Straight on, with the silted-up mill-pool on your left, you pass a finger-post and soon see f.p. 40 slanting back uphill on the right. Continue over a stile, now on f.p. 36, to the right of a gate, up into a large sloping field. Bear left along the lower edge of the field, then into a wooded area with a high bank on the right and an old orchard on the left. You emerge into another large sloping field, “Fuzzy Parc”, along which you continue. Towards the end, on the left there is a footbridge over the stream, which was signposted by an “official” sign (brought from elsewhere?) but rather hidden in the branches of a fallen tree. The tree has largely disintegrated, but the remains may still be visible.*
- *Cross the bridge, turn right and follow the lower edge of this field and two more, keeping near the stream. Climb up through a large field to the gate in the opposite corner, and along an often muddy lane through two more gates into Tresungers Farm yard [As so often happens in this area, there is no right-of-way through the yard, so it is polite to ask permission to walk through if you see anyone about]. Turn left and go to the top end, then turn right out of the yard. Continue (Eastwards) about 30 metres from the wall on your right (now on f.p.17) over the hilltop to a gate. Through this, turn right to the corner of the field, then left and down the steep hillside to the bottom, keeping close to the hedge on your right. At the bottom cross the stile and stream (muddy! and no bridge), and climb up the hill opposite to a fence. Climb over this (no stile!) and continue diagonally up the hill to the left (Northwestwards), across a collapsed gate, eventually to a gate on to the B3267 beside Bodannon Farm, at Trewetha.*
- *From the gate, turn left towards Port Isaac and, at the right-hand bend of the road, a signposted footpath (f.p.35) goes left, eventually down into the Port Isaac Valley near the Mill, from which you can follow your outward route back to the Harbour. Alternatively, follow the road right and immediately left, cross to the North side and the footpath (f.p.2) down to Port Gaverne via the 120 steps. We hope that a third possibility, a segregated footpath following the road back to Port Isaac, will become reality before too long. Until then, you could take the bus back to the top of the village (about 5 minutes past even hours, last one 6.05pm).*

We know that “going green” means driving sensibly, when you have to use the car. That means using the highest gear you can, taking account of the prevailing road conditions. But new cars are so bossy, these days, they keep reminding you to change gear up! Ours has an arrow pointing up, another car we saw told you to “shift”. Still, we haven’t got a SatNav to tell us where to go, yet! Obtain and use good maps, and find your own way around, and enjoy the summer.

Robert Manders

Dan Rogerson, our local MP, writes ...

The proposed changes to the National Health Service have been rightly dominating the news recently. The NHS is such a vitally important institution and the last few months have proved how much people care about its future. At the Liberal Democrat Spring Conference back in February, members echoed the concerns of the public and voted against the Bill in its original form and the Bill's progress was halted whilst a panel of experts looked at the proposals and conducted listening exercises across the country. The Health Secretary has now announced that the Government have accepted all the recommendations made by the NHS Future Forum. Changes have been made to guard against price competition, cherry picking and privatisation, thus ensuring that the interests of patients are paramount and not the promotion of competition. There will also be wider involvement in clinical commissioning where GP consortia will have governing bodies with at least one nurse and one specialist doctor. The Bill will now go back to begin its committee stages again – this is where the Bill is examined line by line. I really feel that the Bill is now much improved and I feel reassured that there will not be a presumption of 'private is better than public' when it comes to our National Health Service. It has always been a world leader and I feel as strongly as everyone that it must remain so.

Earlier on this month, I met with Bodmin Moor commoners and landowners. It was sad to hear about the few ponies which were removed from the moor with health problems some months back. What struck me when talking to them was how much work the commoners and landowners do to tackle problems as soon as they arise. I have been a strong supporter of moves to create a Bodmin Moor Commons Council which will make it even easier for issues to be dealt with and I congratulate the interim Council for the work they are undertaking to make such a body come into being.

Finally, the Royal Cornwall Show back at the beginning of the month was a spectacular success and as always I thoroughly enjoyed the day I spent there. It was good to see familiar faces around the showground as well as all those businesses, local organisations and producers who had stalls at the Show. Each year these three days provide a brilliant opportunity for Cornwall's industries from agriculture to tourism, to showcase their wares. I was also pleased to be able to attend a meeting held by the National Farmers Union who discussed prevalent topics such as Bovine TB and the division of retail price. Deputy President Meurig Raymond told me he was pleased with



the steps the Government are taking at the moment to deal with both issues. We're expecting an announcement from the Government at the end of June or early July about what action they will be tackling to combat Bovine TB and it was good that Jim Paice MP, the agriculture Minister was able to attend the Show.

Until next month!

Dan Rogerson
01566 777123

email: contact@danrogerson.org

The Longest Day



What a great concept Caroline. We all loved the marking of the summer Solstice. The huge sun and it's rays up on Lobber field was quite breathtaking. It was a really wonderful and original idea which gave pleasure and wonder to many people.

Thank you for the work you put into it. It was very much appreciated.

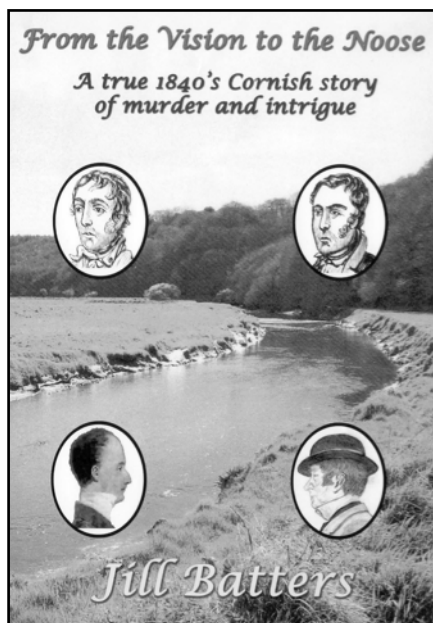
Betty Shoebox

Ed: What a magnificent sight to wake up to – from our house Caroline's shimmering flags looked like hundreds of candles flickering in the wind. Our midsummer sun was the talk of the village. Thank you to Caroline and her friend who were up on Lobber at the crack of dawn putting together their 'sun' and back up there as it began to get dark, taking it all down again.

From the Vision to the Noose

You may remember reading in last month's *Trio* that filming had started on *From the Vision to the Noose*, a true 1840s Cornish story of murder and intrigue. The book to accompany the film, written by Jill Batters, has now been published. It will appeal to anyone who has an interest in Cornish history and likes a good Cornish story.

It tells the true story and intrigue that surrounded the famous murder of a Wadebridge merchant, Nevell Norway, by the Lightfoot brothers, William and James, in 1840, on the road between Bodmin and Wadebridge. The murder was a highway robbery that went wrong, but the circumstances surrounding the famous murder offer readers a fascinating read that unites the present with the past, by lifting this tragic story from the pages of nineteenth century Cornwall.



"This story twists and turns like a Cornish country lane and the signposts at the crossroads are perplexing. Side roads may beckon as they try and lure you away, and a snake or two may cross your path; but this journey is no challenging walk on an unfamiliar road; this is a frightening gallop on horseback."

Copies of the book, priced £7.95, are available in Secrets, Port Isaac.

THE TIP

Bowthick Quarry, Tintagel -

01840 770770

Open Friday, Saturday, Sunday & Monday

Cleaning up the Coast Path

Many thanks to all the like-minded volunteers who gave their time on what proved to be one of the few hot days we have had so far this summer - as proved by the abundance of bare chest on display! Thanks also to the Stowaway Tea Shop who provided us with refreshments.

Before we started work I was accosted by a parish councillor who quite forcefully informed me 'to leave his bit alone'. He also sent me the following email:

"I read your coastal path workparty invitation in today's Trio. I enjoy the part of the coastal path that runs through our land looking rural and happen to think the adjoining landowners should keep the foliage on either side in order, which I have done today. My legal ownership includes the retaining wall on my house side and the stock fence on the sea side. In between is public highway and if you think insurance and risk assessment are a colossal joke it won't be if your strimmer cord chucks up some of the loose stone chippings left behind after the recent surfacing at the hundreds of young children that were on the path today and will almost be there tomorrow. I'm insured to do the work because it's my property. You are not because you don't have my permission to work on it. I do not want the thrift, birds foot trefoil and various grasses growing on our section of the retaining wall touched and there are two breeding pairs of rock pippets nesting in it. They are protected by law.

I have copied this email to Dave Wood of Cornwall Council's countryside service who is responsible for the coastal path. I'm sure he would welcome voluntary groups like yours providing they observe basic safety rules and are insured.
Martin Bell"

Let me assure everyone that no children were harmed in the process of restoring the coast path (from Cliff Cottage corner round to the steps) to its rightful glory. What were affected, maybe, were people's consciences? As for the rock pippits, I do hope they have survived the total destruction reeked on their habitat by the wanton actions of their landlord further round the coast path. Did you know, there are 2703 insects per square metre of mature grassland, 130.8 of which are spiders. There are also between 15/20 voles in the same area, the main prey for the declining population of apex predator, the owl, a lovely bird to watch in the dawn and dusk. A rough calculation of the area I am talking about would be over 18 million insects, 4 thousand voles. Then there's the dumping/landscaping of thousands of tonnes of soil. Two things you can't stop are progress and greed but I digress!

Back to the part of the coast path that we cleared up. Lots of visitors stopped and complimented us while we were working and so many people have congratulated us and said how much better it is now it is cleared. As far as we, and the majority, feel, it was a morning's work well done.

Just one more thing - Well done to Dugald for negotiating with 'Doc Martin' on behalf of the village. Someone had to do it.

John Brown

Have you heard of a pub at St Endellion?

Iam tracing my husband's family roots in the Port Isaac area and I was wondering if anyone has any old photos showing the fishing boats once owned by his great uncle Will Avery, namely Boy Will(ey) no. PW88 and Bonnibel no. PW 95. He kept his boats at Port Gaverne in the early part of the C20th and he used the old fish sheds at the bottom of the hill from Port Isaac. I would be most grateful for copies of any photos and would of course pay the cost of copying and postage and packing.

Also, can anyone please tell me the name of the inn that, I was told, was at St Endellion in the 19th century and when it ceased as a pub? I understand that it is now a private house called Trehaverock. Any information about the inn and the landlords would be very welcome.

Marilyn Hambly

11, Barnfield Close, Galmpton, Brixham, Devon TQ5 0LY
Tel. 01803 846080 e-mail david@hambly3.orangehome.co.uk



The Task!

Team JB - Andy Penny, Nigel Andrews, Nicola Williams, Kevin Punter, Saul Sufi, Dave Morgan and John Brown



Donkey Derby

St Minver Brownies have contacted Trio to say,

"We have just had bad news regarding our forthcoming Donkey Derby.

The Donkeys have been double booked so they are unable to come to our event. Therefore, we are having to change the date to Friday August 5th, 6pm, Trewint Lane, Rock."

*Dear Trio ... your chance to have your say
and remember, it is your say and the letters printed
are not necessarily the views of the Editor*

How lucky you are to live in Port Isaac

Dear Trio

The little coastal village of Port Isaac is such a delight to visit. We loved this coastal town with its narrow streets and lovely boutiques. Restaurants and pubs have such a diverse selection on their menus, something for everyone.

How lucky the locals are to live there. As a tourist I hope we aren't very intrusive as to disrupt the peaceful way of life you live. I hope with visiting we not only contribute to your economy but also enrich your way of life as you all have enriched ours. Different people from different countries, what a wonderful way to discover the world. Think of all the new friendships that you can form. You can stay in touch with all the people that have blessed you and also become friends. How fortunate to be in that kind of situation. What a beautiful gift to be given.

I have to also say that if it was not for the show *Doc Martin* we would have never heard of your village. We met a lot of the cast and crew and they were all very friendly and polite. The ones we met were willing to accommodate and they were never harsh or rude. If we lived there we maybe would see some things that the tourists don't but if it was me I would be thinking that's ok because the good benefits far outweigh the bad. Port Isaac will flourish because of *Doc Martin*.

We hope to visit again and spend a little more relaxing time in this little piece of heaven. The scenery that you are so fortunate to have is to be enjoyed by all. Be proud that the show *Doc Martin* chose Port Isaac. Thank you again people of Port Isaac, for the hospitality and kindness you showed to us. We hope your village flourishes, enriches and blesses not only the people who live there but also the people who visit.

**Betty Culgin
Ontario, Canada**

correcting Trio readers again!

Dear Trio

Last month's Trio included an invitation from John Brown to join a volunteer work party cutting back overhanging vegetation on the Port Isaac cliff path between Cornwall Council's car park and the harbour. He inquired whether St Endellion Parish Council should be doing this work and the simple answer is no, it shouldn't. The cliff top footpath is part of the South West Coast Path. The Cornwall part of the Coast Path is managed by Cornwall Council's Environment and Heritage Service and, as CC's Internet website explains, it is mainly funded by the government's Natural England agency. Last year part of that funding was spent on surfacing the section between the car park and Cliffside. The parish council's agency agreement with Cornwall Council only includes the cutting of the inland country paths.

Having announced that his 'happy band of helpers' is uninsured and parish councillors are barred from taking part because he hasn't carried out a risk assessment, John concluded by inviting further suggestions from Trio readers why parish councillors weren't wanted. John and most parish councillors stopped being best mates last year after we rejected his application to join us and become a member of the parish council, electing instead Anne-Marie Hallett of Hillson Close in a 9-2 vote. Being excluded from John's happy band reminded me of Groucho Marx not wanting to join a club that would have him as a member. You have to be nuts to work with power tools like trimmers on a busy pedestrian thoroughfare, which in places narrows down to less than six feet, without the permission of Cornwall Council, or the public liability insurance and risk assessment it will insist upon. If there's an uninsured accident, and a member of the public is seriously hurt, the personal injury damages and lawyers costs would probably bankrupt the person responsible.

continued overleaf

turn over the page for more letters ...

so many changes in six years

Dear Trio

A big thank you to John Brown and his team for voluntarily clearing the cliff path of all the overhanging greenery, weeds and mess. Just one morning's work has made so much difference and I would like them all to know how much their hard work is appreciated.

This got me to thinking about how Port Isaac has changed in the six years I have lived here. I remember what a quagmire the first part of the cliff path from the car park was when it rained and how it has now been improved.

And you quickly forget the eyesore the overhead cables were before STEER worked so hard to get them underground.

One thing you don't forget though is the traffic chaos before parking was stopped on the beach; how nice it is to see our beach full of children playing and families picnicking and enjoying themselves.

Then there's the public toilets on Roscarrock Hill that have been renovated and people no longer complain about the state of them.

And did I mention the improved street lighting and how attractive it looks? Then there was the major works to repair and improve the breakwaters.

I think we should all thank Mr Sproull for negotiating with the film company for some money to improve the entrance to the new car park as you come into the village. It is an eyesore at the moment but it is good to know that the money is now there for improvements to be made and I know that lots of people join me in looking forward to that.

It's also good to see the continuing improvements that are being made to our village hall and it being used so much.

The local history group made great efforts to save the history of the village for future generations and PISCES has carried this aim on and has now set up a permanent exhibition space in St Peter's Church as well as providing a home for the heritage of Port Isaac.

So many people work very hard to keep improving our village and I thank them all. If you could work on getting us a post office and a cash machine then that would be perfect.

**Cheryl Webster
Tintagel Terrace, Port Isaac**

continued from previous page ...

Correcting Trio readers who attack St Endellion Parish Council without bothering to check which local authority is responsible - something they can easily do with a phone call or email to our part-time clerk - is becoming a habit. Previously it was Andy Penny and Cornwall Council's yellow lines Road Traffic Order. In the case of the cliff top path the Cornwall Council Countryside Service officer responsible is Dave Wood and if the path is seriously overgrown Dave's the man to call. If nothing happens you can complain to your Cornwall Council elected member Cllr Brian Gisbourne who usually attends monthly meetings of the parish council. If there is still no action - unlikely - parish councillors will pitch in as we did on resurfacing the Port Gaverne hill.

The longest section of the cliff top footpath runs through our land, and I've told John not to touch it. It doesn't need tidying up. Visitors to Port Isaac enjoy the wild flowers and grasses that grow along our wall, particularly the Thrift or Sea Pinks that feature in the opening shots of 'Doc Martin' episodes. They photograph each other standing in front of it, and in a few cases furtively pull clumps out to take home as 'Doc Martin' souvenirs. Now that the cliff path is properly surfaced and no longer a sea of mud we are keeping the path verge on our section reasonably neat, and unlike John Brown we are insured.

These are my personal views and not necessarily those of other parish councillors.

Martin Bell,
St Endellion Parish Councillor

now beat that!

Dear Trio

My eldest cousin, Tony Gill, emigrated to Western Australia about fifty five years ago. He lived at Port Isaac during and after the War and attended the school. Fairly recently he performed at a Cornish Festival in Australia, and during it he mentioned Port Isaac. After the festival, a member of the audience approached Tony and asked him why he mentioned Port Isaac, because he emigrated from Port Gaverne many years ago. Tony went on to explain how he and some mates were chased by Jack Strout's goat in a field above Port Gaverne, and how the goat kept them imprisoned in a shed by butting the door. Tony realised this man's eyes were slowly misting over as he told the story. At the end the man said that he was one of the boys the goat chased.

The man in question was Les Mitchell, previously of Cartway, Port Gaverne, who emigrated to New Zealand also about fifty five years ago. Les had decided to fly to Australia for the festival. Little did he realise he would be told the story about Jack Strout's goat.

I sat next to Les's sister, Heather at Port Isaac School, and a few years ago she visited me at my home.

An example of a Cornish family who never forget their roots, even though they moved thousands of miles away.

Geoff Provis
Launceston



What we are up to:

July 5th - Strawberry picking

July 12th - Vase of flowers

July 19th - Trip out

July 26th - Sports Day

The group meet every Tuesday morning at the Village Hall from 10am-12noon. For more info contact Laura on 881089.

Magical Managers Final League Table

LEAGUE 1

2010/11

	TEAM	MANAGER	POINTS
1	ALL HYPE, NO GLORY	Andrew Grills	1162
2	HOLLY'S HEROES	Richard Hambly	1154
3	BADA BING	Paul Honey	1154
4	MAYBEES	Tom Bishop	1047
5	RECKON SO	Chris Witherden	1040
6	JOSHIES ALLSTARS	Karen Grills	1004
7	GIRLS ALOUD	Kevin&Emma Honey	951
8	LOSING TOUCH	Kevin Grills	920
9	HARTLAND ROAD ALLSTARS	Bryan Nicholls	906
10	2ND TO NONE	Dan Grills	904
11	MOTS FLYERS	Tom Cleave	861
12	CUNNING STUNTS	Tim Witherden	834
13	COME ON LAMPARD	Rachel Grills	801
14	THE DEFECTORS	Andy Penny	667
15	QUEEN MARY 2	Chris Lanyon	657
16	OVER THE RAINBOW	Margaret Honey	655

LEAGUE 2

	TEAM	MANAGER	POINTS
1	THE AVATARS	Harry Hambly	1206
2	NO NAME	Dan Taylor	1126
3	OBI 1 KENOBI NIL	Jon Poupard	1063
4	MAINERS MARMITE MINERS	Matthew Main	961
5	TOM'S TEAM	Tom Lobb	947
6	JOSHUA BREWER'S TEAM	Josh Brewer	888
7	HIGH HOPES	George Cox	870
8	GUNNERSAURUS	Mark Pattended	855
9	ORION ALLSTARS	Jill McDonnell	838
10	THE SCOOTER BOYS	Daniel Lanyon	833
11	THE ASSASSINS!	Tom Penny	816
12	DELABOLE RANGERS	Jack Oulton	769
13	MUDGUTS MARAUDERS	Ann Cleave	739
14	TIA'S TEAM	Gemma Cleave	703
15	DYNAMO KERNOW	Keir Hicks	701
16	FULLERS FOUL UPS	Sharron&Ian Fuller	657
17	MILLIES MOOD	Jean&Bill Herring	577

Gnomeo and Juliet

A review by Chey Year 6

Gnomeo and Juliet is a modern rom com version of Romeo and Juliet by William Shakespeare. It is an animated film in bright colours and understandable language.

It is approximately 1hr 14mins long and for most of it, it is hilarious.

It is different to the original because it is about gnomes and set in a modern day street but Romeo and Juliet is about humans and is set in Verona, a city in Italy, 600 years ago.

I would recommend Gnomeo and Juliet to all ages.

Tesco Vouchers

Thank you to everyone who sent in their vouchers. We collected over 7000 this year and they have now been returned and an order placed for playtime equipment which will arrive in school in the autumn term.

Happy Birthday...

Birthdays celebrated in July

Edward 11

Emilia 9

Madison 7

Jake 6

Charlie 4

Sports Day

Sports Day this year is on Wednesday July 13th. It will be taking the usual format of field events in the morning and track events in the afternoon.

Morning events start at 10am and the track events will start on the playing field at 1pm.

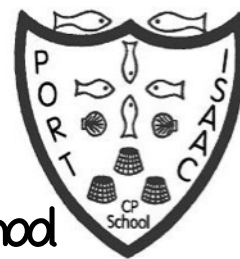
Everyone is welcome to come along and support the children and then stay for the Funday Activities.

End of Term

School finishes for the summer holidays on Tuesday July 26th

schoolchat

news and views from Port Isaac School



Health and Wellbeing Week

July 11th - 15th is going to be an exciting week in school. Lots of different things associated with health and wellbeing will be taking place.

Breakfast, yoga, circus skills, storytelling tents, aerobics and sports day are just a few of the things on offer and the children are all looking forward to it.

Wake and Shake Festival

Once again our school took part in the Wake and Shake festival. A group of children from Class 2 went with Mr Collinson to Sir James Smith school in Camelford. While they were there they performed our school wake up routine and took part in a workshop learning new movements and routines.



PORT ISAAC SCHOOL

FUN DAY

WEDNESDAY 13th JULY 2011

4pm start on THE VILLAGE PLAYING FIELDS

Fun and games for the whole family

Celebrity Guests

Mega Raffle with Big Prizes

Car Boot and Market Traders

B-B-Q and Refreshments

Pitches for the car boot sale or stalls on the field are charged at £5 and will be given on a first come basis. Please book early to avoid disappointment. Traders are welcome. Please call either Dean or Ellen 01208 880984 / 07969 121581 or Jan at Port Isaac School 01208 880494.

Sorry no dogs are allowed on the field



**About 100,000
festival goers got up
in time to see our
Fisherman's Friends
on the Pyramid
Stage at
Glastonbury - and
they weren't
disappointed. "The
best gig ever" was
the boys' verdict!**

More Fisherman's Friends news next month including details of the amazing Friday night charity collections - and maybe some better Glastonbury pics ...

PICCOLA SON TOUR

Work commitments and the early start kept the members to ten, but those of us who made the effort enjoyed one of Cornwall's finest golf courses on one of Cornwall's finest days as the sun shone on the righteous.

A warm welcome and a hearty breakfast was followed by four hours of light-hearted banter and some very good golf played by a few of our members, namely 'The Turtle' Hawkins and Steve 'The Hyena' Bunt, who both carded very impressive scorecards.

Any slightly offline shot is punished at Carlyon Bay as the natural cambers of the fairways tend to take your ball to places you don't want to go; but if you find your ball, and in my case that was a very big if, you could still make a healthy par. There are many bunkers and as a group I think we found a fair few of them but nothing was quite as impressive as John 'The Architect' managing to play short of the bunkers but proceeding to PUTT his ball into one. A golfing feat not undertaken by many golfers.

Another notable shot on the day was 'The Adonis' who sliced his tee shot on the 18th, hit the road bridge and bounced it back onto the fairway – truly a remarkable piece of course management.

Results on the day were: 1st – Billy 'The Turtle' Hawkins with 39 points and 2nd – Steve 'The Hyena' Bunt with 31 points

Our next match is at Loswithiel Golf Club on Monday July 4th (Independence Day).

The Lard Man

Church Diary dates

Friday July 1st

7.15pm – Concert, St Endellion Church, featuring winners of Wadebridge Music Festival

Sunday July 3rd

9.45am - Sung Eucharist, St Peter's Church, Port Isaac
11am - Sung Eucharist, St Endellion Church

Wednesday July 6th

Healing Service, St Endellion Church

Friday July 8th

6pm - Reflections on Lancelot Andrewes
St Endellion Church & picnic
(The Fellowship of St Alban & St Sergius)

Sunday July 10th

9.45am - Sung Eucharist, St Peter's Church, Port Isaac
11am - Sung Eucharist, St Endellion Church
3pm - Cello Concert, St Endellion Church
6pm - Taize Service, St Endellion Church

Thursday July 14th

7pm - Local Pastoral Ministers, St Endellion Church

Saturday July 16th

10am–3.45pm- Study Day on King James Bible, St Endellion Church

Sunday July 17th

9.45am - Sung Eucharist, St Peter's Church, Port Isaac
11am - Sung Eucharist, St Endellion Church
3pm - Holy Baptism, St Peter's Church, Port Isaac (Isaac Dainton)

Friday July 22nd

7pm - Eucharist (Mary Magdalene), St Endellion Church

Sunday July 24th

9.45am - Sung Eucharist, St Peter's Church, Port Isaac
11am - Sung Eucharist, St Endellion Church
7pm - St Endellion Music Festival Meeting

Tuesday July 26th

4.30pm - St Endellion Music Festival Choral Evensong, St Endellion Church

Sunday July 31st

9.45am - Sung Eucharist, St Peter's Church, Port Isaac
11am - Sung Eucharist, St Endellion Church

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of St Endellion, Port Isaac and St Kew are available to visit the sick, the bereaved, the lonely and newcomers.

**Tel: Judith Pollinger
on 01208 880181**



Bishop Tim comes to Port Isaac

Well midsummer passed in a sea of mist and rain, and then the Bishop came; the sun shone, the sea sparkled and we celebrated St Peter's feast and the wonderful PISCES exhibitions with songs, music and no shortage of laughter. We might not have a church fete at Port Isaac but that certainly doesn't stop us celebrating a Bishop's visit in some style.

Now the curmudgeon might ask what all these exhibitions, singing and such-like have to do the Christian faith. It is true that neither Jesus nor St Paul commanded anyone to go forth and help run mini-markets, host exhibitions or serve cream teas. Yet such events help keep St Peter's Church at the heart of the village – a place where visitors and residents can come together. Our church of St Peter has been a witness to the faith for over a century now; a place where we not only gather to worship on a Sunday, but where we commemorate those moments that mark our lives, whether it be by celebrating a birth or the commitment of marriage, or by mourning a death and remembering a life. Our church is in a way a house of memories, reminding us of what brings meaning and significance to our lives and to our communities, and a place which brings us into relation with generations past.

Events like the Bishop's visit also help us all to maintain the relationships that form what we might call the 'spiritual heart' of our community. For at the heart of faith lies the simple commandment ('aspiration' might be a better word) to love God and to love our neighbour. Faith is therefore not just about me and my God; not even just about the church and its God, but about you and me, and even them up the road. If faith is to mean anything, it must lead us to recognise God's presence not only in our own life, but in one another's lives – however challenging that can sometimes seem.

I hope that even if you can't be a part of our Sunday morning congregations, you will still find a way to 'be in relation' with your Church, whether through the PISCES exhibitions or by way of such occasions as a Bishop's visit. Whether it's using it as a place of quiet or a place of music, a place to mourn or a place to marry, a place to be alone in or to join with others. Faith is more than simply obeying commandments it's about forever creating anew the bonds of fellowship, love and trust upon which our humanity and our souls are founded.

Revd Jonathan Mosedale

Dr Bill Baird

The family of the late Dr Bill Baird of Port Gaverne would like to thank all those who sent cards and messages of sympathy, attended the funeral service and gave donations to the Port Isaac branch of the RNLI, totalling £489.02 to date.

Special thanks to Revd Judith Pollinger for the lovely service and for officiating at Bodmin crematorium. Thanks also to R J Bray & Son for all their help with the funeral arrangements and their sympathetic assistance throughout.

We would also like to acknowledge and thank the large representation of staff, past and present, from Port Isaac surgery and those from the Port Isaac branch of the RNLI. We were overwhelmed and deeply moved by the number of people who came to pay their respects and sincerely regret being unable to have time to speak to everyone after the service and thank you all personally. The kindness of so many people has been a great comfort to us at this difficult time.



Father John May

Flutist Katie Williams



Margaret Cann with Bishop Tim

Linda Collings & Francis Larkin welcome people as they arrive



Janet Chadband worries that there might not be enough food!

The amazing 'fish' loaf made by Beatrix May that everyone shared



Cooking with Martin



Barbecued burgers

It's always worth making your own burger as you can control exactly what goes into it. I love adding spices but you could also experiment with herbs and even things like cheese. These ones can be cooked on the barbecue or on a griddle, so are great all year round.

ingredients:

- 1 red onion
- olive oil
- 1 teaspoon cumin seeds
- 1 teaspoon coriander seeds
- ½ bunch fresh flat-leaf parsley
- 1kg good-quality beef mince
- 1 heaped tablespoon horseradish
- 1 heaped tablespoon English mustard
- 1 large egg, preferably free-range or organic
- 75g breadcrumbs
- sea salt and freshly ground black pepper
- 8 burger buns

- Peel and finely chop the onion.
- Add a splash of olive oil to a frying pan on a medium heat.
- Pound the cumin and coriander seeds in a pestle and mortar then add to the pan.
- Add the chopped onion and cook for about 5 minutes, stirring occasionally, until soft but not coloured, then leave to cool completely.
- Finely chop the parsley.
- Put the meat in a large mixing bowl and add the cooled onion and parsley.
- Add the mustard, horseradish, egg and breadcrumbs to the bowl with a pinch of salt and pepper
- Get your clean hands in there and really mix everything together.
- Then fry a tiny little piece of the mixture so you can taste the seasoning and adjust as needed.
- Divide your burger mix into eight equal pieces, then pat and shape each one into a nice fat burger – you want them about 8cm wide and 3cm thick.
- Transfer to a tray, cover with cling film and pop in the fridge to chill for 1 hour.
- If barbecuing, light the barbecue after the burgers have been chilling for about 30 minutes so the flames have died down and it's ready when you come to cook.

To cook your burgers

If using a griddle pan, put it on a high heat to get very hot. Drizzle the burgers with a tiny bit of olive oil, then transfer them to the barbecue grill or griddle pan and cook for 10 to 12 minutes, or until cooked through, turning occasionally. While they're cooking, halve your burger buns and lightly toast them

To serve your burgers

Serve your burgers in the toasted buns with all your favourite toppings – try ketchup, mayonnaise, chilli sauce, lettuce, finely sliced cheese, sliced tomatoes and crispy streaky bacon.

The Parish Bumble

*Report of the Parish Council Meeting of
Monday June 13th 2011*

Your Parish Bumble has to confess to missing the two meetings previous to this one – sorry if you missed me!

This meeting began at 7.30pm ish with a new person as Chairman, Mrs Bell having resigned. Mr R Harris has been elected to take over with Mr R Manders as Vice-Chairman. Mrs Bell was duly and deservedly thanked for her hard work on behalf of us all.

The first item of real significance came as item 8 on the agenda, when our County Councillor, Mr Brian Gisbourne reported on the issue of yellow lines. They are coming, quite soon, but will be patchy, ie only put on certain bits of road!

The next important discussion concerned the new affordable houses currently being built at Trelights. Mrs J Pomfret, parish councillor for Trelights, reported that a successful 'surgery' had been held recently and several local people have expressed strong interest in taking up places in the new houses. Views were expressed giving approval to the idea that the houses should be for local, ie parish, needs.

There is ongoing concern over the amount of 'coasteering' that is taking place on the Main at Port Gaverne and notices have been posted there to try to prevent this occurring. Watch this space!

The next meeting is scheduled for Monday July 13th at Port Isaac school at 7.30pm. Try to be there – I'll try too!

Yours, Mr Beadle

The Trelights Walker

It's hard to take in the enormity and sheer power of the sea. All I see is the foam crested waves creating a picturesque idyllic image of how the sea should look. The clouds blowing over making the sea change colour is a wonderful sight. Then once you get closer to sea level you witness the change in perspective as the idyllic images turn to ferocious power as the waves crash against the shore creating a sound that is just raw power. The wondrous boom as the waves hit the rocks is awe inspiring and then, after all the power that the storm produces, it's final act is to give me a light spray of mist as the last remnants of the waves disperse over the cliffs. All you are left with is the taste of salt and the realisation that you are not as big and strong as you thought you were!



Enjoy, Mx

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Crab and Lobster from Just Shellfish is delicious served simply with new potatoes and salad leaves or just a squeeze of lemon and brown bread and butter. If you feel being more adventurous try these recipes from two of our customers ...

Crab Chowder

from **Chris Lanyon, The Edge**

a recipe using brown crab meat

1. Dice a sweet potato, a red onion and a green and red pepper.
2. Lightly cook in butter and oil.
3. Add flour to make a roux.
4. Pour in warmed milk and half a crumbled vegetable stock cube.
5. When coming to the boil add brown crab meat, some chopped fresh parsley and a tin of sweetcorn.
6. Season and simmer for 30 minutes.
7. Serve with a dollop of creme fraiche and lime zest.

ENJOY!

Crab Cakes

from **Emily Scott, The Harbour**

Very simple and very crabby, these make a great starter for supper served with kitchen garden leaves or you could have them for lunch or if you make them smaller a canapé.

Ingredients for 4:

500g mixed white & brown Port Isaac Crab
Grated zest of 1 lemon * 1 tbsp chopped parsley
2 tbsp Creme Fraiche * 4 tbsp plain flour
1 egg lightly beaten * 50 g white breadcrumbs
25g butter & 4 tbsp sunflower oil * Cornish sea salt

Put the crabmeat in a bowl with lemon zest, parsley, salt and pepper. Mix together adding a little crème fraiche to bind together. Divide into 8 round shapes, a fat cake about 2cm thick. Chill in the fridge for 1 hour.

Put the flour on a plate and season well. Pour the egg into a shallow dish and then scatter the breadcrumbs on another plate. Take a chilled crab cake and dip into the flour, coating it on both sides, then dip into the egg and finally the breadcrumbs. Set aside and repeat with the rest of the crab cakes.

Heat the butter and oil in a large frying pan. When the butter starts to sizzle add the crab cakes to the pan and fry over a medium heat for 3-4 minutes, until crisp and golden brown underneath. Turn them over and cook for another 2-3 minutes adjusting the heat so that they are not colouring too quickly.

Serve immediately, with lemon aioli, lemon wedges and kitchen garden leaves.

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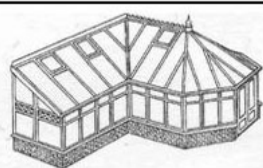
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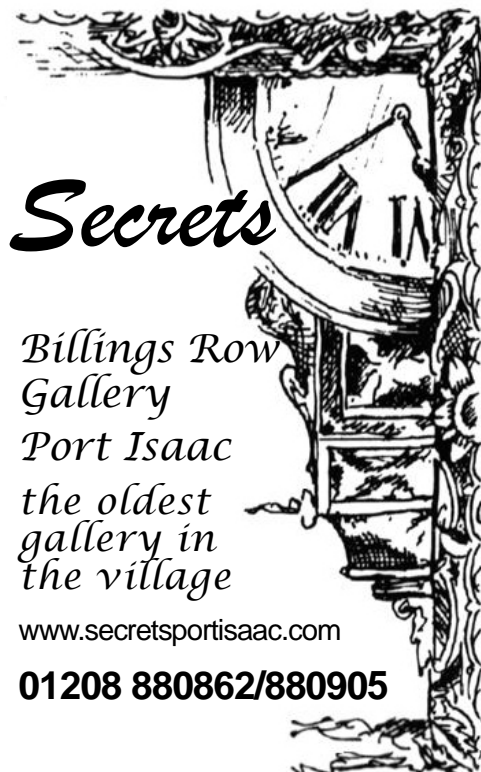
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Fore Street, Port Isaac PL29 3RD Tel: 01208 880721

email: reception@theoldschoolhotel.co.uk

Hotel, Bar & Restaurant

Open to non-residents all day, every day

Coffees • Lunches • Afternoon Teas & Snacks
Evening Meals • Public bar • Wifi internet access

Lunches from 12pm

Bar menu available 6-8pm

**Our a la carte restaurant menu is
available from 6:30pm**

R.A. HANCOCK

ELECTRICAL CONTRACTOR

AGRICULTURAL & DOMESTIC WORK

SALES & SERVICE

SLIMLINE RADIATORS

DIMPLEX & CREDA

COMPLETE SHOWER INSTALLATIONS

Hartland Road Port Isaac

Telephone: **01208 880328**

T.F. GRILLS

Builder and Carpenter
also

Painting and Decorating
Free Estimates

Telephone : **01208 880094**

Diary Dates

Friday July 1st

Fisherman's Friends on the Platt - 8pm
(could be changed)

Friday July 8th

Fisherman's Friends on the Platt - 8pm
(could be changed)

Monday July 11th

Parish Council Meeting at Port Isaac School - 7.30pm

Wednesday July 13th

Kerbside Recycling – bags out by 7am

Port Isaac Village Hall Coffee Morning - 11am onwards

Port Isaac School Sports Day

Port Isaac School Fun Day on the Playing Field - 4pm

Friday July 15th

Fisherman's Friends on the Platt - 8pm

Wednesday July 20th

St Peter's Church Summer Mini-Market in the Church Rooms – 10.30am

Tuesday July 19th

Whist Drive in St Endellion Church Hall

Friday July 22nd

Village Hall BBQ - 6.30pm onwards

Fisherman's Friends on the Platt - 8pm

Sunday July 24th

Port Isaac Rowing Club Trophy Day from Port Isaac beach - 11am

July 26th – August 5th

St Endellion Summer Music Festival

Wednesday July 27th

Kerbside Recycling – bags out by 7am

Port Isaac Village Hall Coffee Morning - 11am onwards

Friday July 29th

Village Hall BBQ - 6.30pm onwards

Fisherman's Friends on the Platt - 8pm
(could be changed)

Saturday July 30th

PISCES *Wreck & Rescue* Exhibition official opening - 7.30pm

Friday August 5th

Fisherman's Friends on the Platt - 8pm
(could be changed)

Sunday August 7th

The BIG SWIM from Port Gaverne to Port Isaac

Wednesday August 10th

Port Isaac Village Hall Coffee Morning

St Endellion Rectory Garden Party - 2.30pm

Friday August 12th

Fisherman's Friends on the Platt - 8pm

Sunday August 14th

RNLI Lifeboat Larks on the Platt - 11am

Tuesday August 16th

Whist Drive in St Endellion Church Hall

Friday August 19th

Fisherman's Friends on the Platt - 8pm

Monday August 22nd

'Travels with my Aunt' by Graham Greene, presented by the *Fourthwall Contemporary Theatre Group* in Port Isaac Village Hall

Friday August 26th

Fisherman's Friends on the Platt - 8pm

Friday September 2nd

Fisherman's Friends on the Platt - 8pm

Bank Holiday – Monday August 29th

Sunday September 18th

St Peter's Church Harvest Festival

Friday October 11th

Bish Bosh Bash Productions present 'Oogly as Sin' in Port Isaac Village Hall

St Breward Silver Band

every Thursday on the Platt,

7.45pm

if wet in St Peter's Church



Friday October 28th

Carn to Cove/Port Isaac Village Hall present 'Red Letter Days' from Bagas Degol

Saturday November 19th

St Peter's Church Christmas Mini-Market in the Church Rooms – 10.30am

Saturday November 26th

Port Isaac RNLI Winter Ball at Trewetha Farm

Trio Copy dates

ISSUE

August

September

October

November

COPY DATE

Monday July 25th

Thursday August 25th

Saturday September 24th

Tuesday October 25th

PUBLISHED

Monday August 1st

Thursday September 1st

Saturday October 1st

Tuesday November 1st

If possible, please email your copy to triopi@mac.com Alternatively handwritten or typed copy can be dropped into Secrets, or put through the letterbox if closed

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the Village Hall. Contact Laura on 881089 or Cherry on 07900 527610

Brownies - every Wednesday from 5.00pm-6.30pm, during term time, at Port Isaac School. Contact Jennie on 881073

Rainbows - every Monday from 4.45pm-6.00pm, during term time, at Port Isaac School. Contact Marie on 880977

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Thursday nights at Port Isaac School from 7.30pm. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

CHURCH SERVICES

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.45am Every third Sunday - Family Service at 9.45am
Every Thursday - Holy Communion at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - second Tuesday in the month at 7.00pm

Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure your event is included here!
email info to triopi@mac.com or call 01208 880905