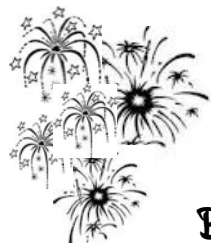
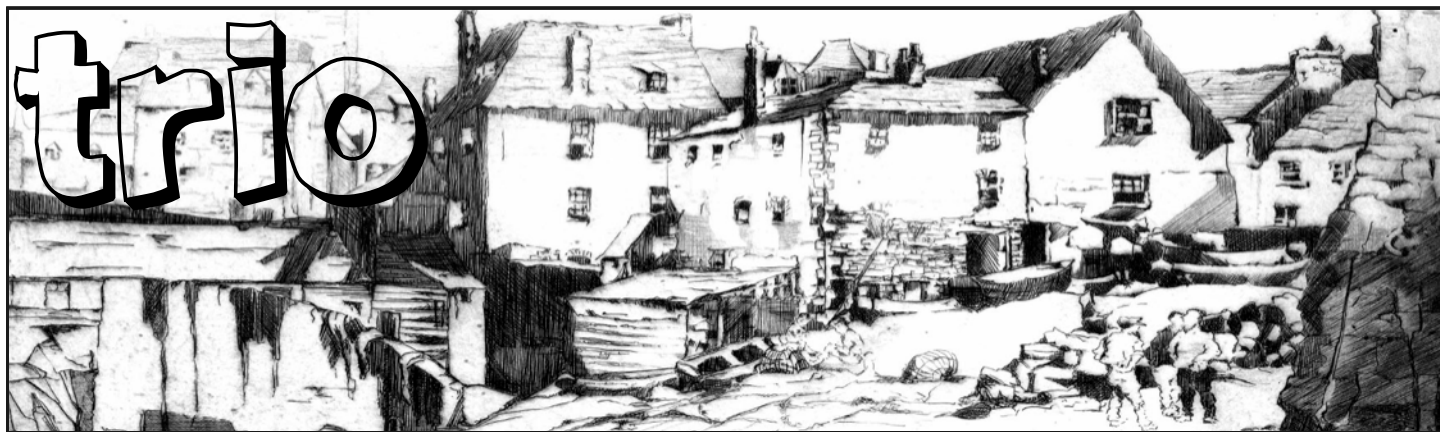


trio



Fireworks night November 5th

Bonfire lit 7pm, Fireworks start 7.15pm

Don't run off too quickly after the fireworks as we have Carl the "fireman" planning some additional entertainment. Those of you who were on the Platt for the last night of the Fisherman's Friends will have seen his work up on Lobber - the wind, ship and stars in fire and lights. The idea, at the time of *Trio* going to press, is a fire show set out on the beach after the fireworks.

Also, the money collected in voluntary contributions on the night is still not enough to pay for the fireworks we buy. We are looking at other ways to raise money, which may include setting up a 'Customs Post' at the top of the hill, where you may buy a passport. This will also include you in a special fireworks draw for a range of prizes. This will, of course, be totally voluntary.

help desperately needed

We are getting desperately short of help in all areas. So if you would like to join the committee or just help on the night with the BBQ, the Customs Post or stewarding the fire, please to let us know.

Andy Penny (07532 478451), Ron Holmes (07973 534207)
Richard Cook (07846 909345), Martyn Dingle (07811 982557)

Red Letter Days

Musicians BAGAS DEGOL and
WRITER ANNAMARIA MURPHY TELL
THE STORY OF A DAY AND NIGHT IN
THE LIFE OF A VILLAGE FEAST

Port Isaac
Village Hall
Friday October 28th

7.30PM

FULL DETAILS ON
PAGE 3

Port Isaac RNLi Annual Harvest Festival & Auction

Friday October 14th
at The Edge - 7.30PM

FULL DETAILS ON PAGE 11

CARNIVAL FUNDRAISER

PSYCHIC MEDIUM
Paul Francis
Thursday October 6th
in the Village Hall

FULL DETAILS ON PAGE 3



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Accommodation wanted

Gentle lady, 65 years and retired from Police employment, selling her house, desperately wishes to return home to Cornwall. Seeks bungalow/house/cottage, semi-detached or end terrace, to buy or very, very long term rent, in quiet position in Port Isaac or very near. Must have:

- minimum 2 double bedrooms
- off-road parking
- second toilet
- good size reception rooms
- be in excellent decorative order – refurbished to high standard – especially kitchen and bathroom

TO RENT – lady will pay fair and economical rent and in exchange landlord will have an excellent tenant who will maintain property to high standard. Would need to be unfurnished. Lady will be accompanied by three very clean and well-behaved cat companions. Excellent character references can be supplied for both the lady and her cats!

TO PURCHASE – the property would need to be to above specification – price to maximum of £165,000

Subject to sale of present property, timescale for any move would be December 2011-June 2012.

Please contact 01785 665420

ILLEGAL PARKING

All illegal parking issues, yellow lines etc, are now dealt with by the Civil Enforcement Parking Team, who are based in Truro.

They can be contacted on

0300 1234222

Trio is issued eleven times a year and is available in *Secrets* and the *Co-op*, Port Isaac, or by post - £18 a year in the UK (Overseas rates on application).

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email: triopi@mac.com

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

CLASSIFIEDS

TO LET

3 bed house in Port Isaac

Great sea views

Parking

please ring

01208 880215

St Peter's Church Rooms are available to hire

Contact Marion Larkin on
01208 880492

Parking space in Port Isaac available for someone living locally.

For private and personal use only. Reasonable rent.

Phone **01208 880208**

For Sale

Wooden Mothercare Swing Cot (no mattress)
35"x18" - **£ 20**

Large High Chair
with all the accessories - **£ 20**

Call **01208 880275**



Happy Birthday to our very beautiful Daughters

Happy 2nd Birthday to Teagan Willow on October 10th &

Happy 4th Birthday to Emerald Destiny on October 17th

lots of love hugs and kisses

Mummy, Daddy, Sinead and Cody

Local Books available in Secrets, Port Isaac Walk Talk

A paw-picked selection of local dog walks, chosen by Spot & Winnie - £3.50

A Quick Look Round Port Isaac

A brief guide for visitors to help them enjoy the village - £2.50

A Short Guide to Port Isaac

A more detailed guide - £5.50

15 Walks in the Parish of St Endellion

(coastal and inland walks in and around the Parish with lots of useful local information) - £3.50

The Trevan Book

Summary memoirs of the Parish of St Endellion prior to 1834 by John Watts Trevan - £10

Port Isaac & Port Gaverne - 30 years of village life

DVD of village history - £10

The Seafarers of Port Isaac

Geoff Provis' new book - £9.99

2011 Tide Timetables - £1.30

plus local ordnance survey maps

PORT ISAAC CARNIVAL News

Red Letter Days

*"A remarkable or memorable day -
origin 18th century: from the
practise of highlighting a festival or
feast day in red on a calendar."*



We have had a very successful first meeting and everyone was very keen to be involved with the Port Isaac Carnival.

The first thing to tell everyone is that we have had to change the date of the Carnival to, hopefully, Saturday June 2nd 2012. It's looking like a very likely date and will be ideal as it is the Bank Holiday weekend. Confirmation next month.

We have our first fund raising event on Thursday October 6th. Psychic medium Paul Francis will be coming to the Village Hall. Tickets are £10 and are limited to 100 so don't leave it too late and miss out. Book your tickets by calling 01208 880984 or 880920.

Many other ideas have been put forward including Bingo, a Ladies Night, a Treasure Hunt and a Male Slave Auction (slaves needed to make this happen). Already in production is a 2012 calendar featuring some of Port Isaacs finest male bodies! Watch this space!

The committee would like to thank everyone who attended the meeting and express thanks to the *Trio*, the Parish Council and the Village Hall who are all doing there best to help us on our way. Also many thanks to the members of St Teath carnival committee who attended our meeting and have provided us with so much help and guidance. Delabole have also offered to help as much as they can. Finally thanks to everyone who has agreed to put out a collection tin and/or offered their help in other ways.

Dean and Ellen

Red Letter Days has been commissioned by FEAST to tour Cornish village halls, towns and anything between and is being brought to Port Isaac Village Hall on Friday October 28th by **Carn to Cove**, the rural touring scheme. Start time 7.30pm.

Musicians **Bagas Degol** and writer Annamaria Murphy will present an evening of music, song and stories with a bite. From Saints to sinners, broken hearts and Friday nights, it's a perfect mix of story and music, a feast for the ears, soul and imagination. The show tells the story of a day and night in the life of a village or community feast.

Bagas Degol accompany the spoken word with haunting compositions, both original and reinvented, on instruments ranging from mandolin, guitar, Armenian daduk, harmonium, clarinet, small pipes and percussion. Their name literally means "feast day band" in Cornish.

Described as a "Cornish Under Milk Wood", the show has been a great success at village halls and community centres throughout Cornwall including performances at the Daphne Du Maurier Festival and the Acorn Arts Centre.

Tickets, priced £6 and £4 for children and concessions, are now available from **Secrets**, Port Isaac or can be reserved by calling 01208 880862 or emailing dee54@mac.com

A BIG thank you to the Fisherman's Friends



As well as the amazing charity collections taken on the the **Fisherman's Friends** Friday nights on the Platt throughout the summer, many others have also benefitted.

Port Isaac Village Hall certainly did and the Committee would like to thank the **Fisherman's Friends** for attracting so many people to the village. Many took advantage of the Village Hall Friday night barbecues and the result is we have raised enough money to buy new blinds for the windows and stage curtains.

Thank you also to all the local people who supported the barbecues with their families and friends.

Port Isaac Village Hall Committee

PORT ISAAC'S
FISHERMAN'S FRIENDS
RAISED OVER £25,000
FOR VARIOUS
CHARITIES FROM THEIR
2011 FRIDAY NIGHT ON
THE PLATT GIGS
AN ENORMOUS
THANK YOU FROM
EVERYONE

A Huge Thank You to the Fisherman's Friends

Port Isaac Stay and Play Group would like to say a huge thank you to the Fisherman's Friends for inviting us to make a collection at one of their Friday night concerts on the Platt. It was a wet and windy night but the crowds were still there and obviously really enjoyed the performance as they gave very generously. As well as having a great night of entertainment ourselves, we raised £1160 for the Play Group.

This is a huge amount for the group and we plan to spend the money on some new bikes for the children. We will also be able to put on a fantastic Christmas Party and organise a great Summer Trip.

The Group meets every Tuesday during term time from 10am to 12pm in the Village Hall.

Many thanks from the
Children, Mums, Dads and Grandparents at Port Isaac Stay and Play Group

Parish Council to borrow nearly half a million pound loan to complete car park

Just before the recent Parish Council meeting, John Brown did a quick straw poll of some 40 local people about the proposed loan of £467,861 that the Parish Council are going to take on to complete the Trewetha car park on the outskirts of the village. Not many of those John spoke to had heard about the loan and the main concerns were that so much money was going to be borrowed without any public consultation and just what was going to be done that would cost so much money.

The Parish Bumble confirms in his article (see page 6) that this loan proposal was approved at the September Parish Council meeting. Since then, John Brown has written to Robert Harris, the Parish Council Chairman, and he has copied that letter to Trio:

“Dear Mr Harris

I am writing about the proposal by the Parish Council to borrow nearly half a million pounds to fund improvements to the car park on the outskirts of Port Isaac. I accept that the car park need some improvements as, at present, it is an eyesore and poses a hazard to traffic entering and leaving the village, but I don't understand why such a large investment is required. I have been unable to find copies of minutes of council meetings on the internet and even the councillors I have spoken to do not appear to know exactly what is intended to be done. This seems an exorbitant sum of money to spend on a small car park. I was also concerned that when I queried the cost of the proposed borrowing at the latest Parish Council meeting, at least one councillor appeared to be unaware that interest would be payable.

I have tried to work out myself how the cost of the proposed borrowing could be met from the revenue from the car park and have spoken to another car park operator for information on some of the likely costs. It appears to me that there is likely to be a considerable shortfall, as show in the figures attached [see below]. Obviously, without knowing the detail of the proposed ‘improvements’ (eg, whether the fees will continue to be collected at the gate or whether machines will be installed and whether it

is intended to build toilets etc), these figures can only be an estimate. However, I cannot see why the Council believes that borrowing nearly half a million pounds for this project is justifiable.

I also understand that the Parish Council has received a substantial sum from the ‘Doc Martin’ production company and that the Parish Council’s share of the takings from the car park for last year was in the region of £28,000. I would have thought that these funds could be

reinvested in improving the car park without having to burden the Parish with a large debt.

As this proposal involves the Parish Council (and therefore all members of the Parish) in a very high level of debt, I feel that full details, including all costings (for the capital expenditure and anticipated ongoing costs) should be made available to the public on notice boards and on the internet before any irrevocable decision is made on this matter.”

£ John Brown’s estimated costs of funding car park ‘improvements’ £

Estimated annual takings, based on £3 per car with 136 spaces [1]	£ 75000.00
Less VAT, @ 20%, on above takings	£ 15000.00
Net takings	<u>£ 60000.00</u>

Estimated annual expenses:	
Loan repayments – 25 years [2]	£ 38000.00
Rates	£ 10000.00
Maintenance of site and machines	£ 5000.00
Public Liability insurance	£ 1000.00
Electricity	£ 1000.00
Wages for collection of fees/collection of tickets etc	£ 10000.00
Total	<u>£ 65000.00</u>
Annual loss	<u>£ 5000.00</u>

[1] The takings estimate is based on the car park being full for an average of six months per year

[2] Borrowing £ 467861 at interest rate of 4.15% over 25 years

Annual interest	£ 19416.00
Capital repayments (based on 25 years)	£ 18714.00
Annual total	<u>£ 38130.00</u>

If the capital were to be borrowed over ten years the interest rate would be lower (2.5%) but the annual capital payments would be higher so the annual cost would be higher than £ 38130 – though for a shorter period

Notes:

- If the plan is to construct toilets then there would be further costs – water, cleaning, locking up etc – at a conservative estimate £ 5000 per annum, increasing the loss to approximately £10000 per annum
- At the present time the Parish Council gets approximately £30000 per annum for the Parish from the car park (the operators getting £35000).

During the summer months very few incidents were reported to the Police. One crime which took place between August 22nd and September 6th at Port Isaac School resulted in several items being stolen, including a Nintendo Wii control and two games. If anyone has any relevant information about this

Neighbourhood Watch

incident please contact PC Taylor on 07968 087667 or Crimestoppers on 0800 555111.

The Police can now be contacted on 101 for non-urgent calls, costing only 15p, as well as 08452 777444

The new email address for non urgent matters is 101@devonandcornwall.pnn.police.uk

Remember, to report
urgent incidents
always use
999





**PORT ISAAC SHARED
COMMUNITY EXHIBITION SPACE**

Here we go again!

As 'Wreck and Rescue' moves into its final month we're asking you again for your help and contributions. At the beginning of November we're launching an exhibition showing the buildings of Port Isaac and their histories. We have already received a lot of information but we need to have more please.

You don't have to live in an old cottage to contribute - we plan to show all of Port Isaac, old and new. Any information about any building in the village would be welcomed. Thinking about where you live - when was your home built? who built it? how much did it cost back then? what was in its place before it was built? who were the families who have lived in it and who lives there now? etc etc plus any old and new photos you may. Plus are there any special stories about your home or the people who have lived in it?

Please let Dee at *Secrets* have your contributions (tel: 01208 880905/880862, email: dee54@mac.com) Everything will be scanned and returned to you quickly.

'Christmas in Port Isaac' Friday December 9th

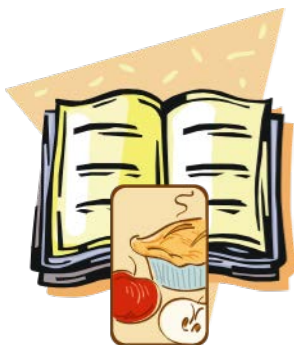
PISCES would like to bring a Christmas theme to the exhibition space in December with a Christmas tree which we hope everyone will have a hand in decorating. A Christmas evening will take place on Friday December 9th with a few reminiscences, songs and refreshments. Put the date in your diary now - it will be a lovely way to get into the Christmas spirit.

If you have any winter/Christmas tales to share we would love to hear from you please. Plus we are hoping to put on a Christmas display. Do you have any old Christmas cards or pictures of old and new Port Isaac traditions and events, pantomimes etc? As always, anything and everything would be welcome, and again let Dee have your contributions (see details above)

Interactive touch screen technology

Wouldn't it be wonderful to hear and see everyone telling their own stories for generations to come, at the touch of a tv screen? We think so! PISCES is investigating to costs of doing such an exciting project and we're planning a few fundraisers to finance it. £5000 should see the project off the ground - a not insurmountable amount. Meanwhile we're hoping to begin recording people so that we have the material in place for when we can afford to start. If you want to hear more or get involved, we're having a meeting on Thursday 13th October at 7pm in St Peter's Church.

PISCES Cookery book



As part of our fundraising we are planning a full colour, glossy cook book which will also include stories and memories of the past.

We would love to include your recipes and stories! And if you are a budding artist, any paintings or drawings of Port Isaac or food are welcomed too.

Cheryl Webster is Editor-in-chief and you can drop your contributions into her in the Pottery or call her on 01208 880802

Dates for 2011 include:

School
Days
Exhibition



to open in February



Valentine's
Fundraising evening
on February 11th in
the Village Hall

PISCES Memory Booklets

Has our mention of Christmas got you thinking about presents? If so our Memory Booklets, priced £3 each, would make lovely little stocking fillers - or buy the whole set for a lovely big present.

They are available from the exhibition, *Secrets* or the *Pottery* and wherever you buy them from, all the money goes to PISCES.

Previous exhibitions

We now have a large plan chest which is home to all the exhibition material that has previously been on show. Everything is available in St Peter's Church to look through anytime.

**PISCES exhibitions
are open in St Peter's
Church every day
from 10am-4pm
except during Church
services
entry is free**

**Thank you, as always, to everyone
who supports PISCES in any way.
It wouldn't happen without you.**



The Parish Bumble reports ...

St Endellion Parish Council held its monthly meeting at Port Isaac School on Monday September 12th. The Chairman took the Chair and most members were present, but there were some apologies.

Following the usual minutes and approvals we came to 'Public Discussion' at which three members (of the public) spoke. Firstly, Mrs Carol Bush reported (again!) on the state of the lane by Mayfield; it seems Cornwall Council has washed its hands of all care/responsibility. Mrs Bush even offered a sum of money towards a solution of the problem. This ongoing matter is to be referred to our County Councillor, Mr Brian Gisbourne.

Secondly, Mr John Brown aired his concerns, having learnt that our Parish Council was proposing to take out a loan of £467,861 for completion of the Trewetha Lane Car Park. Mr Brown had conducted his own 'straw poll' among some 40 plus locals, nearly all of whom had expressed their disapproval of any such loan scheme. It was carefully explained to Mr B that:

- a) The sum was a contingency amount but it was not expected that the car park would cost that much – but better to have a larger than too small a loan.
- b) The loan would be for 25 years but the car park, when fully up and running, would pay for itself long before 25 years and, once paid for, would provide a good income for the village.
- c) The terms of the Licence to create and run the car park are very specific and must

The Trelights Walker

As the autumn sun broaches the horizon, it brings with it the warming fingers which slowly reach across a rather lush looking countryside. Then it reaches Port Isaac with its predominantly white walled houses with their slated roofs which glisten with the early morning moisture. All this is backed by the monotone toll of the St Endellion Church bell as it rings out across the countryside.

The vista from Homer Park must be any painters dream with the dawn light bringing colour and shade to the cliffs across a bay that is so calm that I feel I could skate across it (if I could skate, of course!). Then there is the sky and its clouds which seem to absorb the light from the sun, turning them into beautiful pastel shades.

Then as my walk takes me down Church Hill, the rather reassuring crunch of leaves underfoot remind that winter is not that far away and that thoughts makes me appreciate autumn and possibly a little bit of an Indian summer even more.

The Lardman

be adhered to; furthermore, a great deal of time, effort and money had already been expended to get the car park to its present state and it would be wasted if the scheme is not completed according to the licence.

In spite of these considerations, Mr B remained unconvinced (*Ed: See Mr B's comments on page 4*).

Thirdly, Mr Childs reported that he had spent part of an afternoon with a senior member of West Country Ambulance Service and, following the recent blockage of Church Hill for over five hours, had shown the man the problem involved. The visitor said he would be sure to make all ambulances avoid the problem in future.

Mr Childs went on to praise the Fisherman's Friends for their fundraising on Friday nights but he reported that the

huge numbers of people in the audience caused severe problems for passing cars – should some sort of temporary bar be needed for future years? Motorists and public alike were annoyed and frustrated and an accident is likely.

After a long 'public' session, the Council discussed and approved the proposed loan for the car park and a separate bank account to be opened to administer all car park monies. Work on the car park is due to start soon – after half term?

Next came "Planning Applications" – a proposal for a farm gateway at Brenton's Park, Trelights was firmly rejected.

Shortly after this discussion, your correspondent had to leave the meeting, so nothing further to report! But I gather support for the renewed Carnival was readily agreed.

Mr Beadle, Your Parish Bumble

Dear Trio ... your chance to have your say and remember, it is your say and the letters printed are not necessarily the views of the Editor

"they are fantastic dogs"

Dear Trio

I am sorry to see that my good friend and fellow resident is still having to defend herself and her "aggressive dogs". I can hardly believe the complainant is talking about the same owner and dogs!! They are fantastic dogs, excellent temperament, very friendly with a wonderful owner who approaches dog ownership seriously and with responsibility.

*Anita Chalaye
Port Isaac*

"well done to our Fisherman's Friends"

Dear Trio

I would just like to say a huge well done to our Fisherman's Friends, for raising so much money over the summer. They have all sung so brilliantly on a Friday evening for years, but since they have been appearing at so many gigs and on TV and radio, every Friday night is like the 'M25 on Foot' as everyone charges down to grab a good spot on the Platt to listen to their beautiful singing.

As a 'local' (sort-of), I am so impressed, not only with their talent, but also that none of them have changed. They all still carry on their day jobs, which entails working all hours, and yet they can still be there to entertain us all, plus so many others from further afield.

I gather that they have collected over £20,000 for very worthy charities, without taking a penny for themselves. This is a huge boost to all charities concerned, and I can only say a huge well done and thank you. Don't overdo it and I can't wait to read the book which I will be giving to all my family for Christmas.

*Annie Price
Port Isaac*

Send your letters to

Trio, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN
email: triopi@mac.com

CRY Coffee Morning & Sale

Trelights Methodist Church

Saturday October 15th

10am-12noon

CRY works with children and families in 15 countries overseas

For more information contact
Rev Ray Avent
01208 816821

Volunteers clean up overgrown path from Tintagel Terrace to New Road

Thank you

A special 'thank you' to the two very kind and thoughtful gentlemen, namely Mr David Philp and Mr John Brown, who have cleaned up the council path from Tintagel Terrace through to New Road by the Co-op.

I am sure that all the people who regularly use the path will also be very grateful to Dave and John for their kindness. Our daily walk to the Co-op is now very pleasant.

Thank you gentlemen, very much.

Win Hoskin

Visitor Ben stages impromptu performance on the Platt



Ben and Sophie on the Winnie the Pooh

Five year old Ben and his sister, seven year old Sophie, have been coming to Port Isaac all their lives. Their family have owned St Sampson for 40 years.

This summer Ben found a flat piece of stone on the beach, which he called his "Music Stone". He improvised it as a piano, a guitar and a violin and one day on the Platt he decided to do a concert. Much to his family's astonishment and embarrassment he walked around a few of the people on the Platt and said that he would be doing his show shortly if they wanted to come along. He then started singing this song, and a few others, at the top of his voice! He then offered to sing unique songs to anyone who wanted one - and made up the words depending on if people were on holiday, or working, etc - the general theme was about holidays, going crabbing, and mackerel fishing on Winnie the Pooh!!! When he finished he found (to his surprise) that he had earned £1.74 for his efforts - which encouraged him even more!! Not to mention the rounds of applause he received.

Friends are like balloons; once you let them go, you might not get them back. Sometimes we get so busy with our own lives and problems that we may not even notice that we've let them fly away. Sometimes we are so caught up in who's right and who's wrong that we forget what's right and wrong. Sometimes we just don't realise what real friendship means until it is too late!

Remember the dead, but don't forget the living

The Royal British Legion was founded in 1921, so 2011 is its 90th anniversary. Its primary purpose is to provide welfare for veterans and their families and to ensure that the sacrifice made by those who serve in, and who are affected by conflicts are not forgotten. Many people think of Remembrance Day as a day to remember those men and women who lost their lives in the two World Wars, but it also is a time to remember all those who have been involved with, and affected by, the events of war and conflict since those wars.

In recent years, due to events in Iraq and Afghanistan, Remembrance has taken on a new significance. It has become increasingly clear that it should not just be the dead who are remembered, but all those injured whilst serving their country and all those affected by conflict, including the families of Service men and women and civilians. In today's conflicts, improved medical services means that many people survive attacks or bombs - but often with terrible life-long injuries. It is just as important to remember the sacrifices those people and their families have made, as it is to remember those who do not return at all. The men and women injured today are usually between the ages of 18 and 40 years old, and will need help for many years to come.

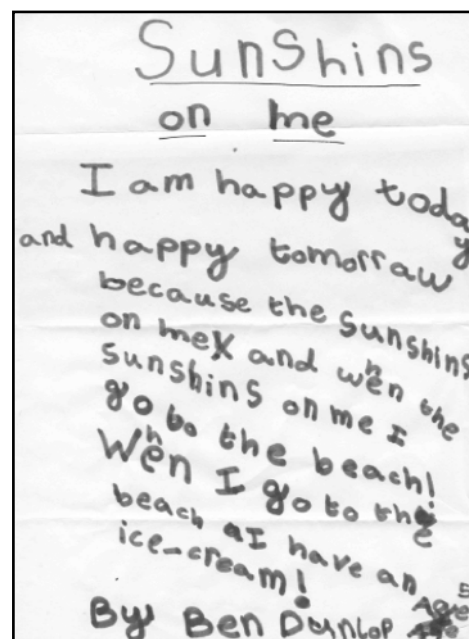
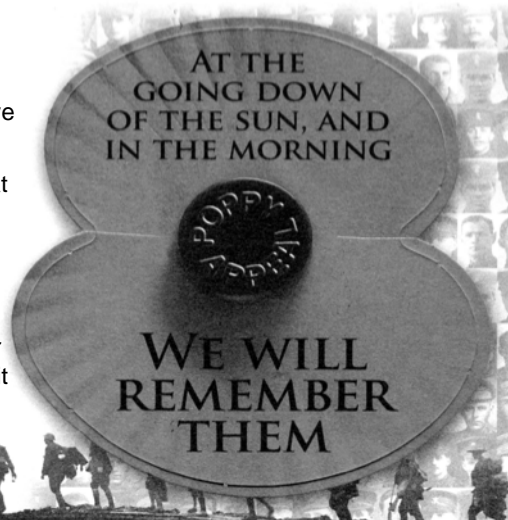
So, this is a vital time for the Royal British Legion to raise enough money to carry out their tasks throughout the year without letting any one down. Every week, the Legion spends nearly £1.4 million on its welfare work, so they really do need our help. I

therefore ask for your huge generosity, although we all know the financial tough times. This is our way of showing how grateful we are to all those who have fought so bravely in order that we may live in peace here in the UK.

Our Remembrance Service will be held at St Peter's Church on Sunday November 13th, starting at 10.45am. It would be marvellous to see you all there.

Annie Price
Poppy Appeal Organiser

(if anyone is interested in helping out a bit to do some house to house collections please do contact me on 01208 880386)



Ben's song, written out by his sister Sophie

Cooking with Martin



This month I have a three course menu for you to have a go at. It is all pretty simple to make and is comfort food for the cold autumn nights. Let me know how you get on.

First, a simple to make soup.

Butternut Squash & Sweetcorn Soup



Ingredients:

- 1 tablespoon olive oil
- 1 clove garlic, minced
- 1 onion, chopped
- 1 butternut squash, peeled and cubed
- 150g (5 oz) sweetcorn kernels
- 750ml (1¼ pints) vegetable stock
- 1 teaspoon dried basil
- 1/2 teaspoon ground black pepper
- 120ml (4 fl oz) natural yoghurt
- 1/2 teaspoon ground nutmeg

- Heat the olive oil in a large pan over medium-high heat.
- Cook the garlic and onion in the oil until soft and translucent.
- Add the butternut squash and corn and cook for 3 more minutes.
- Pour the stock into the pot and bring to the boil; season with basil and black pepper.
- Reduce the heat to medium-low and simmer uncovered until the squash is tender, about 15 minutes.
- Remove pan from the heat and using a hand blender, or working in batches with a counter top blender, process the soup until smooth.
- Stir in the yoghurt and nutmeg - and enjoy!

Oven-roasted sausages with ratatouille

Ingredients:

- 450g ripe plum or cherry tomatoes, quartered or halved, depending on the size
- 2 red onions, cut into wedges
- 1 red pepper and 1 yellow pepper, de-seeded, cored and cut into chunks
- 3 garlic cloves, unpeeled
- 2 courgettes, trimmed and cut into chunks
- Few fresh rosemary sprigs (optional)
- 2 tbsp olive oil
- 8 chunky sausages

- Preheat the oven to 220C
- Toss the tomatoes, onions, peppers, garlic, courgettes, rosemary and oil together in a large roasting tin and roast for 10 minutes, until softened slightly.
- Stir the vegetables well and arrange the sausages over the top.
- Return to the oven for a further 20 minutes, turning the sausages, until evenly browned.
- Push the sausages aside. Pop the garlic from their skins, and mash with some of the tomatoes and mix.
- Season and serve with the sausages.

Potato and celeriac gratin with mustard and crème fraîche

A wonderfully satisfying dish delicious waxy potatoes and celeriac in a flavoursome cream and mustard sauce

Ingredients:

- 12 waxy potatoes, sliced
- 1 large head of celeriac, peeled and sliced
- 1 clove garlic, finely sliced
- butter, for greasing
- 500-600ml chicken stock
- 200 ml crème fraîche
- 1 tsp whole grain mustard
- 2 tsp Dijon mustard
- black pepper

- Pre-heat the oven to 200°C.
- Layer the potatoes and celeriac in a buttered gratin dish with the garlic, seasoning with salt and pepper as you go.
- Pour in enough hot stock to come nearly the level of the top layer.
- Cover with greaseproof paper and bake for 45 minutes.
- Mix the crème fraîche and mustards in a bowl, spread over the top of the gratin.
- Return to the oven and bake for another 10-15 minutes until the celeriac and potatoes are tender.

Nutella Cheesecake Brownies



Ingredients:

- 220g flour
- 440g granulated sugar
- 85g unsweetened cocoa powder
- 1 teaspoon baking powder
- ½ teaspoon salt
- 250ml water
- 180g apple sauce
- 2 tablespoons vegetable oil
- 230g cream cheese, softened
- 85g icing sugar
- 2 teaspoons vanilla essence
- 6 tablespoons Nutella

- Preheat the oven to 175 C
- In a large bowl, stir together the flour, sugar, cocoa powder, baking powder and salt.
- Pour in water, apple sauce, and oil, mix until well blended.
- Spread evenly in a greased 9×13 inch baking pan.
- In a small bowl, stir together the cream cheese, icing sugar, and vanilla essence.
- Microwave on high for 10-15 seconds or until soft and easy to pour.
- Pour evenly over the brownie batter, drop the Nutella by the spoonfuls on top, and make swirls in the batter with a knife.
- Bake for 25 to 30 minutes in the preheated oven.
- Let cool for at least 10 minutes before cutting into squares.

Dan Rogerson, our local MP, writes ...

As I am sure you will all be aware, the Boundary Commission for England very recently announced their initial proposals for new constituency boundaries. These proposed changes would create a new constituency covering Bude, Camelford, Launceston and surrounding parishes together with the Torrridge district of Devon. There would also be a Bodmin and Newquay constituency in which St Endellion would be on the very eastern edge of the patch. When the Bill was going through Parliament my Cornish colleagues and I backed amendments which would have prevented a new constituency crossing the Tamar. We were, unfortunately not successful. These changes proposed by the Boundary Commission for England do not take into account traditional boundaries and I think many MPs are now realising the real effect these new constituencies will have on communities up and down the country. If you would like to let the BCE know what you think about the boundary changes you can submit to the consultation which is open until the 5th December this year. You can contact them by visiting www.consultation.boundarycommissionforengland.independent.gov.uk or write to them at Boundary Commission for England, 35 Great Smith Street, London, SW1P3BQ.

The other very important issue that people have understandably been very concerned about is that of the Health and Social Care Bill. After a period of time in which consideration of the Bill was paused whilst issues raised by the Lib Dems and others were looked into and changes made, the Bill returned to the Commons for debate. I'm of the opinion that a central problem with the Bill is the ability of the Secretary of State to provide services as well as to commission them. I voted against the Government and for an amendment that was put forward to correct this, but unfortunately it was not passed.

I could not vote for the Bill at Third Reading because of this, but equally I felt that scrapping the whole Bill would lead to chaos at a time of immense pressure on the NHS. Due to these concerns on both sides, I decided to abstain which signals that I believe the Bill needs to change and I am hopeful that my colleagues in the Lords will make these changes and ensure that the Bill is fit for purpose. I very rarely abstain but felt that in this situation it was necessary to allow the Lords to make the changes that need to be made while signalling that I remain unhappy.



What will also be important in the coming months is to keep an eye on how services are affected locally and this is something I am already very involved in having regular meetings with health authority officials and stakeholders. In my most recent meeting at the Primary Care Trust headquarters we talked about how the changes will be dealt with locally and discussed issues around budget and development plans for existing health facilities.

As always, if there is anything you need to talk to me about please don't hesitate to contact my Launceston office on 01566 777123 or contact@danrogerson.org

The Merlin Project, Cornwall MS Therapy Centre



The Merlin Project raises funds for the Cornwall MS Therapy Centre which is situated between St Austell and Truro at Hewas Water. The centre provides a haven for people living with Multiple Sclerosis their families and their carers. The centre opened in 2009 providing a range of orthodox therapies including physiotherapy and the only Hyperbaric Oxygen Therapy chambers in Cornwall, as well as complementary therapies such as Aromatherapy, Reflexology and Bowens. The centre also provides counselling and runs regular Yoga and Pilates sessions to those living with MS as well as other Neurological conditions. In August 2011 the centre opened a purpose built conference room, providing meeting facilities to the wider community.

As a non-government funded project, the charity relies on grant bodies and fundraising activities and events to subsidise the £55,000 worth of therapies it provides yearly, the purchasing of vital equipment, as well as the day to day running of the centre. As always the summer period has been busy with annual fundraising events such as Trewithen Family Fun Day and The Sticker Show; we also had presence at the Royal Cornwall Show as well as a variety of other summer events around the county. During the summer two of our greatest supporters, David and Lorraine Jasper, arranged a wonderful collection evening on the Platt with the Fisherman's Friends. Despite the bracing winds the support for the event was amazing and raised £800. Thank you to everyone who supported us and helped raise so much money for our charity.

Cornwall MS Therapy Centre is open Monday-Friday, 9am to 5pm. We welcome anyone to come and visit the centre to see what we offer.

If you would like any further information about our upcoming events, or you would like to find out the ways you can support the Merlin Project then please get in touch. 01726 885530 www.merlinproject.org.uk

Group launched to save Camelford Leisure Centre

The 'Friends of Camelford Leisure Centre' group is set to hold their launch meeting on Saturday October 22nd at the Leisure Centre.

All are welcome to come and support this event and be a part of the campaign for Camelford pool to stay open. The meeting will run from 12 noon to 2pm and refreshments will be available.

The 'Friends' group will have an important part to play, being the voice of the local community and fighting for the future of the Centre. All those who have an interest in retaining the Leisure Centre for the community are encouraged to come, join in and show their support.

Contact: Eddie Jones
Email: e.p.jones@hotmail.com
Telephone: 01208 850388

Port Isaac Fishermen Ltd
AGM

Thursday October 20th 2011

7.30pm

The Fish Cellars Office, 1 Fore Street

Websites of the Month For us oldies!

Being of a certain age myself (65) and recently having been sent a link for apps for older people by my son, I thought websites of the month could focus on the silver surfer - originally a comic book character and now the popular term for older people using the internet. There is a wide variation in the experience people in my generation have of technology. My own introduction to computers was in 1967 where a computer much less powerful than the ones you can buy in high street shops filled a very large room, and the memory discs were called Winchester Drives and were the size of large commercial washing machines. Others have had less contact so would have much more worries about the new technology so the range of sites available for older people reflects this diversity.

To illustrate this range an interesting site called Spring Online <http://springonline.org/> is a good place to start. It shows the results of the Silver Surfer's day last year when "during 16-20 May an incredible 2,500 events took place across the UK to help thousands of older people and other less confident users get a taste of computers and the internet. This marks the best ever 'silver surfers' campaign for Digital Unite since its inception 10 years ago." Next years events are on 23-27 April 2012. The site has photographs and accounts of the different events. Cornwall had only one - in Truro - so scope for others to join in next year. The finalists in the competition this year have been announced and you can read about what they did on the site.

The next one to have a look at is Richard Ingram's online version of his magazine The Oldie <http://www.theoldie.co.uk/> which, apart from anything else is good for a laugh as there is always a cartoon on the front page and an archive of cartoons to have a look at. The one on the front when I looked to do this article was a nice lady doctor giving an old chap some advice and the caption is - and our pamphlet '101 things to do while waiting for your new knee. In addition to the humour it has articles and other material all available at no charge. This is a really good place to have a read of well written articles, and see some jokes, but also get a relaxing introduction to how to use the internet.

Linked to the article sent to me about apps (of which more later) is another that appeared in the Guardian Newspaper on 29th September <http://tinyurl.com/3dlgg93> which describes a new scheme where youngsters who know about the internet adopt a care home <http://go-onadopt.com/> and then spend time with the residents sharing their skills and knowledge about the internet and new technology generally. So far 37 organisations have joined in and are having really good results. In Guardian article sums things up well:

"Adopt a Care Home was started earlier this year, and has been recognised for its work on digital inclusion. [Race Online](http://raceonline2012.org/), (<http://raceonline2012.org/>) the Martha Lane Fox-headed initiative that aims to get everyone in the UK of working age

using the internet by next year, is impressed by the effect of the scheme on some of the most difficult to reach people and the intergenerational relationships it develops. Around 62% of the 10.3 million over-65s in the UK have never used the internet, according to Race Online. That compares with 17% of adults overall."

The website give lots of examples of how to go about introducing people who are anxious about using the internet, particularly in this context older people, with videos, handouts, examples of projects that have worked, and personal stories.

An example of how older people with particular problems have used the internet very successfully are also worth looking at. One I have been a member of for some time is called DASNI <http://www.dasninternational.org/> which stands for Dementia Advocacy Support Network International. It was set up by a small group of people with dementia who wanted to show that they had the ability and competence that many assumed they lacked. One particular woman, Christine Bryden, was very influential in setting it up. She was chief scientific advisor to the Australian Government when she was diagnosed with dementia in her late 40's. She wrote two books, 'Who will I be when I die' and 'Dancing with Dementia' both really wonderful to read. The DASNI site came out of her and others wish to communicate across the globe, and it has an active email discussion group. In addition there are occasions when they invite specialists to online question and answer sessions. There is information about the books members have written and you can download presentations and other articles. It is a real resource.

Finally then to the apps which are programmes you can use on one of the more recent mobile phones. This is a list of ten top apps for the over 50's. I am not convinced they really are for Oldies, but they are an interesting bunch and you can find the complete list here <http://www.guardian.co.uk/society/joepublic/2011/sep/21/apps-for-older-people>.

To describe two of them:

Pill reminder allows you to put in the details of the pills you take and it will remind you with an alarm or a buzz depending on what your phone can do when to take them. I imagine if you have a few to take you would probably just want one reminder so may be a bit complicated. It costs 65p, so if it works its a bargain.

iMutt is a virtual pet dog which you have to look after and it connects you to the charity called the Dogs Trust. If you haven't got a pet, and would like one, it has all the characteristics of a pet dog without the mess! And it's free.

Hope you enjoy them.

Tony Wainwright

Life is too short to wake up with regrets. So love the people who treat you right. Forget about the ones who don't. Believe everything happens for a reason. If you get a second chance, grab it with both hands. If it changes your life, let it. Nobody said life would be easy, they just promised it would be worth it.

THE TIP

Bowthick Quarry - **01840 770770**
Open Friday, Saturday, Sunday & Monday

RNLI WINTER BALL

Friday November 26th – 7pm

Reservations are now coming in at a fast rate of knots so don't be left out – at the last Trafalgar Ball back in 2005 a number of people were disappointed when we had to close the bookings when numbers exceeded table availability. Make contact with the Peapod Gallery at the top of the village or phone 01208 880700, 880969 or 880197 to be sure of your table or place at a table. There are a number of individuals and couples coming who will be happy to join up to make a complete table and a friendly welcome to all is guaranteed. And remember, if you wish stage payments can be arranged.

The event will be a night not to be missed with the ever popular, high stepping, foot stomping Gumbo Flyers setting the evening off with their New Orleans Zydeco music. They will be followed by the charismatic Keikorise, a four piece band capturing the range and real life atmosphere of Jack Johnson to Jimi Hendrix, Black Sabbath to Blur, Killers to Keiser Chiefs. Between the live music the tempo of the evening will be continued by Cornwall's sensational Chain Reaction disco. Plus there will be a great tombola, a roulette table and a short auction with some tempting items to bid for and a chance to win some really stunning prizes on the Roll out the Barrel Lucky Dip, including a special holiday opportunity. All part of the evening's entertainment!

Bob Bulgin



RNLI HARVEST FESTIVAL

Everything is now set for an evening of friendship and fun at the annual Port Isaac RNLI Harvest Festival & Auction which will be staged at the Edge Restaurant on Friday October 14th, 7.30pm start.

Following years of tradition, our inimitable auctioneer, Jon Cleave, will once again be picking up the gavel and setting the pace for what is always a memorable evening. So make it a date and come and join us for a light-hearted, social evening. Everyone is invited to come and join us at our new venue.

Bob Bulgin

Stay-at-home Christmas?

Are you staying at home for Christmas? Would you open your home and share Christmas with a student from China, India, or some other part of the world, who would otherwise be stuck at an almost deserted UK university?

HOST invites you to give Christmas, perhaps for the first time in their life, to someone who is a guest in this country, who would love to experience your way of life and make your stay-at-home Christmas special. HOST will match you with one or two guests to suit your household. More volunteer hosts are urgently needed for 1-3 days at Christmas, and weekends all year round. Please see www.hostuk.org or call your local voluntary organiser for a chat: Margaret Stevens on 01736 719090.



Port Isaac Village Hall YOUR HALL FOR YOU TO USE

Licensed Premises Available for Clubs,
Groups, Charity Events, Meetings, Private
Hire, Parties, Wedding Receptions etc



GENERAL USERS

£8 per hour
(£1 an hour discount for advance block bookings
of six or more sessions)

NON PROFIT MAKING PARISH CLUBS/ORGANISATIONS etc, including Children's Groups

£7 per hour
(£1 an hour discount for advance block bookings
of six or more sessions)

ALL USERS – 24hr period

£60

KITCHEN HIRE (for users cooking meals etc), to include hire of crockery & cutlery
for 100 £50

Electricity is included in hire charges. Central heating is via £1 slot meter

Call Vanessa Isaacs on 01208 880098 for more info

1st St Minver Brownies AUTUMN BAZAAR & COFFEE MORNING

Guide HQ
Trewint Playing Field
Rock

Saturday 29th October
11am

Books, Cakes, Quality Gifts,
Nearly New Clothes, plus
much more

WHY NOT SHOP EARLY
FOR CHRISTMAS?

All proceeds towards the
running of St Minver
Brownies HQ

PIGS ON TOUR

LANHYDROCK

Weather Watch was on full alert for our visit to Lanhydrock in September as severe weather warnings were being handed out by the media as we were due to be hit by the tail end of a hurricane that had been lent to us by the USA. So, after many phone calls, 15 golfers, wrapped up in the best wet weather gear money could buy, turned up at Lanhydrock to be greeted by clear skies, warm September sun and a light breeze.

There were looks of relief and disbelief on all our faces as we relieved ourselves from our gear and ventured into the Clubhouse for a pre-match coffee and discussion about our beloved weather men and ladies! So, instead of 15 Michelin men taking to the course, we almost looked normal (Ed: ?) as we attempted to enjoy one of Cornwall's finest courses.

Lanhydrock has become infamous in PIGS history as being quite a dangerous course. In the past there have been several buggie related accidents and a few minor club helicopters and such like. Luckily for us this time gave us no real surprises.

Winners on the day were:

1st - Steve Bunt 30

2nd - Andy Penny 30

Nearest the Pin - Andy Penny

Nearest the Pin in 2

Chris 'Lardman' Lanyon

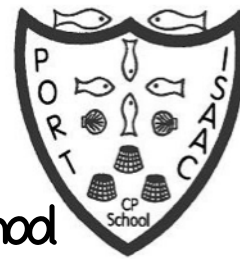
Chris, the accountant from some show they were filming here this year, had been threatening for months that he was going to play the PIGS and this month he turned up. However, unbeknown to any of us, he had an ulterior motive as my prize for winning 'Nearest the Pin' was kidnapped and rushed to a hiding place in London where it is being held ransom. There was only one way to get my balls back and I had to succumb to the kidnappers demands. They are coming back (unofficially!!).

PIGS on Tour goes abroad in October as we go to Wales to play Celtic Manor, the home of the 2010 Ryder Cup (Ed: Is Wales ready for the PIGS?).

The Lardman

schoolchat

news and views from Port Isaac School



Pisces Wreck and Rescue

Class 2 went down to St Peter's Church to have a look around this exhibition and everyone thought it was great.

A big thank you to Bob Bulgin for talking to us about the RNLI past and present and also to Malcolm Lee for showing us two videos. We learned a lot about the wreck of the Maria Assumpta and the recent gig rescue just out of the harbour. We will be using this information in our topic in literacy this half term.

Drumming Workshops

Both classes took part in a drumming workshop recently and all the children had the chance to make some noise! The drumming was accompanied by some traditional African singing and each class performed brilliantly!

School Break In!

We were very disappointed to find that the Elliot building at the rear of our school grounds was broken into during the school holidays. The perpetrators left the room in a mess and a number of items were stolen. The incident has been reported to the police and we await the results of their investigations. If you have any information which may assist the enquiries please contact the school office, or if you find any equipment which is security marked with Port Isaac School (Wii console games and hand controllers, Flip camera, i-pod), please can you return it by popping through our school letter box. Thank you.

Happy Birthday...

In September:

Dawied 7

Ollie 6

Filip 6

Preston 5

Joey 5

In October:

Toby 6

Jake 6



Harvest Festival

Our Harvest Festival celebration this year will be on Wednesday 19th October at 2.30pm.

Depending on the weather will either be on The Platt or in the School Hall.



Harvest Thanksgiving

“Relax, eat, drink and be merry.”

This was the response of the rich man in a parable told by Our Lord in St Luke’s Gospel. The rich man has gathered such an abundant harvest that he has ample means laid up for many years. So he thinks he may indeed relax, eat, drink and be merry.

“But God said to him, ‘You fool! This very night your life is being demanded of you.

And the things you have prepared, whose will they be?’”

Jesus was not preaching against having a good time, especially when it was deserved after hard work. But he stressed the need always to be thankful to God for our lives together and to think of others’ needs. The rich man in the parable erred in forgetting both these things and thinking only of his own satisfaction.

So we reflected in the course of our harvest celebrations in St Peter’s and throughout our churches at the end of September and beginning of this month. We brought the fruits of our gardens and the gifts of produce to thank God for his goodness; we raised means to support the work of the church by auctioning and selling the harvest gifts; and we shared in a meal together. We can never do enough sharing, amongst ourselves and with those less well off and it is good to know that both community support and charitable giving are strong amongst us.

Andrew

The magnificent sum of £386 was raised at the recent Harvest Auction held after the Harvest Festival Songs of Praise in St Peter’s Church, Port Isaac

Robin Houghton John Elgar (Trelights)

A thanksgiving service for the life of Robin Houghton John Elgar, 69, was held in St Endellion Church on Friday afternoon following a service of cremation at Glynn Valley, Bodmin in the morning. Both services were conducted by Canon Judith Pollinger and organist for the hymns ‘Lead us, Heavenly, lead us’ and ‘All things bright and beautiful’ was Angeline Seymour.

Tribute was paid to Robin by David Ray, an old and dear friend. Robin was born in Sutton Surry in 1941. His father was a fishmonger and his mother was a cook, which fostered his life-long interest in cookery and his preference for fish dishes rather than meat. He met his wife Janice in 1959 when they both worked for a large pharmaceutical company in Islington, North London. They were married in 1967 and lived first in Kingston, and then Chessington before moving to Cornwall. For the last 18 years of his career Robin worked as Accountant/Director for Fine Art Antiques in Dorking, Surrey. With his wife Janice, he enjoyed attending First Nights in London Theatres. He also had a great interest in horse racing and attended many of the meetings at local courses. At one time he ran an Alphasud Motor Racing Car Team.

Robin came on holiday with his family to Daymer Bay in the 1940s and was re-introduced to Cornwall in the 1970s by a dear friend, so when he took early retirement, he and Janice moved to their holiday home in Trelights in 1993. The couple already had many local friends, who were and continue to be welcoming and supportive. Robin was held in high regard and affection in the local community where he is especially remembered for his 12 years of voluntary work at Port Isaac School where he taught the children gardening and computing among other skills. Their cottage always had children visiting. Robin loved to help out at village events especially the barbecues and setting up of the Christmas lights. A keen gardener, he helped organise the Port Isaac Garden Show. for several years and became a successful exhibitor at local Garden Shows. He enjoyed Art, especially painting scenes with boats and fly-fishing. He and Janice joined the Old Cornwall Society and took pleasure in learning about the history and culture of Cornwall and its people.

There was a retiring collection for Cornwall Air Ambulance, Macmillan Cancer Support and Cornwall Hospice Care.

Church Diary dates

Sunday October 2nd

9.45am - Sung Eucharist, St Peter’s Church, Port Isaac
2.30pm - Holy Baptism (Gracie Paige Cleave), St Peter’s Church, Port Isaac
11am - Sung Eucharist, St Endellion Church

Wednesday October 5th

7.30pm - Healing Service, High Barn, St Kew Highway

Sunday October 9th

9.45am - Sung Eucharist, St Peter’s Church, Port Isaac
3pm - Holy Baptism (Emilia Katherine Williams), St Peter’s Church, Port Isaac
11am - Sung Eucharist, St Endellion Church
6pm - Taize Service by candlelight, St Endellion Church

Sunday October 16th

9.45am - Family Eucharist, St Peter’s Church, Port Isaac
11am - Sung Eucharist, St Endellion Church

Wednesday October 19th

3.30pm - Churchwardens Meeting, Brayfield, Trebetherick

Thursday October 20th

7pm - Nine Churches Meeting, St Endellion Church Hall

Saturday October 22nd

7.30pm - Concert ‘Out of Hours’ Festival Brass, St Endellion Church. Tickets £10 from Wadebridge Bookshop or on the door

Sunday October 23rd

9.45am - Sung Eucharist, St Peter’s Church, Port Isaac
11am - Sung Eucharist, St Endellion Church
5.30pm - Friends of St Endellion Church Day Choral Evensong, AGM & Supper

Wednesday October 26th

7.30pm - Mothers Union, St Endellion Church Hall

Thursday October 27th

8pm - Julian meeting, Rock House, Delabole

Friday October 28th

7pm - Eucharist, St Endellion Church for St Simon & Jude

Ellen Trenerry (Tren) Rush, Pendoggett

The local community turned out in large numbers for the recent funeral of Tren Rush, Pendoggett, St Kew. The service was held in the Parish Church of St James the Great, St Kew, followed by cremation at Glynn Valley, Bodmin.

Prebendary John May welcomed everyone and conducted the service, assisted by Canon Judith Pollinger who gave the address and Peter Coster, who offered prayers. Pauline Lobb, god-daughter paid tribute to Tren in an affectionate and amusing poem. Organist for Tren's favourite hymns 'Immortal, Invisible' and 'When I survey the wondrous Cross' was Marjory Hamlyn. At Tren's request the Church bells were rung before and after the service.

Ellen Trenerry Rush known as 'Tren' to all was born at Dinnabroad Farm in St Teath parish in 1920. She lived at the farm with her parents Tom and Liz Cleave, and her three brothers - Bob, Tom and Richard. The three boys between them used to carry her on their backs to school at St Teath and generally spoil their young sister.

On leaving school, Tren helped out on the farm with her family and took an interest in the parish of St Teath. She loved dancing, and it was here one night at the Imps Ball that she met her future husband Sydney. Two years later, during the Second World War they were married and in 1944 came to live at Pendoggett. Syd died in 1990 and Tren remained in her home until three days before her death in the Royal Cornwall Hospital, Trelliske.

Tren loved her garden and flowers. She was a stalwart member of the Conservative Association all her life and President of the St Kew branch for many years. Tren and Sydney were faithful members of the congregation of the Church of St James the Great, St Kew and active members of the Parochial Church Council. In Tren's words, 'she helped out wherever she was needed, and especially running raffles for the Church and all charities, for which she was justifiably famous! Each Christmas, for very many years, she organised the collection of food, clothing and blankets for the Night Shelter at St Petroc's, Bodmin, Breadline in Penzance and the Salvation Army, sometimes using a similar tactics to her raffle selling!

But Tren's desire to support charities and to provide for the homeless and those in need stemmed from her strong Christian faith, which was both prayerful and practical. She was a regular communicant and prayed every day and she also had a genuine care and concern for the poor, the sick, the lonely and disadvantaged and did what she could to help them.

She was a member of the Church's healing group, until she became too frail to attend any longer, and used to visit sick and lonely people around her.

Tren's proudest moment was when she was among those chosen to meet the Queen and be presented with the Maundy money in Truro cathedral on Maundy Thursday, 1994.

Although suffering from angina for many years, Tren lived to celebrate both her 80th and 90th birthdays with lavish parties for her family and friends arranged by her niece Winnie. In her final years, she was lovingly cared for by Win and her nephew Bill in particular, and by her neighbours.

She died on Wednesday August 31st after a short illness. A retiring collection was held for Port Isaac Surgery.

The funeral of Major Peter Edwin Barnett, aged 93, was recently held in St Endellion Church and conducted by Canon Judith Pollinger with internment in St Endellion Churchyard. Chosen hymns were 'For the Beauty of the Earth' and 'O God our help in ages past.' Organist was Angeline Seymour. A poem was read by his granddaughter, Chloe-Mae. Major Barnett had a distinguished army career and the nine medals he won during the Second World War were placed on his coffin which was covered with the Union flag. Peter leaves a widow, Valerie, three children, James, Richard and Sophie and three grandchildren Jay, Chloe-Mae and Arlo.

Peter Edwin Barnett was born in Born in Romford, Essex in September 1917, just five weeks after his father Captain Edwin James Barnett (Royal Engineers) was killed in action at Ypres. In 1923, at the age of six, Peter had his first taste of Africa on a visit to his Aunt at Avondale, near Salisbury, Southern Rhodesia, now Harare in Zimbabwe. Travelling out on the Union Castle Liner "Goorkha Castle". He attended his first school in Avondale and travelled a lot with his aunt in what was then a very pleasant and peaceful country.

Peter's mother, married again in England in 1925 to Noel Doorly, then a magistrate in Kenya and his half brother John was

Major Peter Edwin Barnett

born in Zanzibar in 1926. His parents were now stationed in East Africa while Peter attended boarding school at Cranleigh, Surrey UK and then at the age of 13, Sherborne School in Dorset. Having passed matriculation examinations for university entrance he was articled to a firm of land agents for a three year apprenticeship. He bought his first car for £6 and a Calthorpe motorcycle for £2 a year earlier. After leaving school he played rugby for Hereford.

In 1938, on his 21st birthday, he was reunited with his parents in West Africa, the Gold Coast (now Ghana). On his return to England in 1939 it was apparent that war against Germany was inevitable and he enlisted in the Royal Artillery. After a few months in the 120 Field Regiment he joined the 61st Division in Northern Ireland and after two and a half years with the same regiment he applied for a posting overseas. He joined a draft of reinforcements for the Middle East arriving in Egypt and based at the main reinforcement depot. In October 1942 he was posted to the regular 7 Field Battery of the 4 Field Regiment, Royal Artillery.

He was promoted to Major at the age of 27. During his service to the country Peter was awarded nine medals - The

Military Cross, the 1939 to 1945 Star, the Africa Star, the Burma Star, the Defence Medal, the War Medal, the African General Service Medal, the General Service Medal Cyprus and the Territorial & Efficiency Decoration.

He retired from the army in 1959 and was then appointed Secretary to the British Turkey Federation where a colleague introduced him to Valerie Woodford. They soon became engaged and were married at the parish church of Evershot on 31st March 1962. When Peter's offices were to be moved to London, he decided to leave the Federation and become self employed and in 1972 bought a restaurant in Port Isaac, which they ran for 21 years. It was a huge success, although there were 'Basil Fawlty' moments from time to time!

Son Richard remembers his father buying them a boat complete with outboard motor. He (Richard) was already working on the fishing boats after school and weekends and he was soon fishing for mackerel, lobsters and crabs. He recalls, 'We had a fairly tidy arrangement: I would catch fish and supply the restaurant at weekends and in return dad would pay - 50p for a lobster!

"He was a loving father a devoted husband, a kind, gracious and honest man - in fact a most remarkable man."

Raymond Provis, Port Isaac

St Peter's Church, Port Isaac was full with people standing at the back for the recent funeral of well-known former local fisherman and harbourmaster Raymond Provis. The Fisherman's Friends, who had sung 'The White Rose' at Ray's 80th birthday celebration, sang it again during the service, which was conducted by Canon Judith Pollinger, who also conducted the interment afterwards at St Endellion Churchyard. Chosen hymns were 'Eternal Father, Strong to Save' and 'Will your Anchor hold?' and the organist was Janet Townsend.

Ray's eulogy was written by Geoff Provis, who has very fond memories of Ray from childhood onwards: Ray was born in 1926 at Vine Cottage, Rose Hill, Port Isaac. He was the youngest child of Anthony and Gladys Provis. His siblings were Harold, Cyril and Doreen. His father was the harbourmaster of Port Isaac and a fisherman, as was his grandfather. During the summer months of Ray's early days, his father regularly went away yachting as the shell fishing then was very poor. Many youngsters at Port Isaac similarly missed their fathers in this way.

When Ray was a few months old, his family moved to the new Council Houses in Trewetha Lane, and they were pleased to make the move, as the new houses offered some modern conveniences. Ray attended Port Isaac School, and he always intended to follow his father into fishing. After leaving school he was too young to enlist for the War, so he assisted the War effort by carrying water to the Liberty Boats at Plymouth.

He started his fishing career on the *Boy Fletch*, helping his father and grandfather. Meanwhile, his future wife Madeleine came to work at Port Isaac in the Wheelhouse. In 1947, Ray married Madeleine Curtis, at Port Isaac, and they had two children, Carol and Howard. In that year he also bought his first boat, the 17 ft *Why Not*, with which he fished for shellfish with withy pots between Port Isaac and Polzeath. Ray and Madeleine lived in a cottage in Dolphin Street, and Ray was also a member of the Port Isaac Football Club, the Badminton Club and the Liberal Club, where he played billiards and snooker. Ray cut his withies at the family withy garden at Pine Awn, and at times he could be seen carrying large bundles on his back across Lobber towards Port Isaac. He then made his own withy pots, and he became quite expert at it, later making smaller ones to sell in local shops.

Ray often took younger boys out on his potting trips, such as Jimmy and Dugald Sproull, giving them their first taste of potting. He was very strong, and in his younger days he sometimes carried Leonard Honey, an asthmatic, up the hills from the beach to the Council Houses. The family moved to the Nook in Middle Street, and there Ray and Madeleine began boiling their crabs in a Burco boiler to sell as dressed crabs to make a little more money. In 1962 the *Why Not* was sold, and Ray became the owner of the *Maple Leaf*, his father's boat. He then worked her for shellfish with his cousin Warwick Provis. Ray was very good working on the Kelvin engines, and he put an extra engine in the *Maple Leaf*. Madeleine fully supported Ray with his fishing activities.

Ray succeeded his father as harbourmaster at Port Isaac, but he soon began fishing from Rock where he worked larger vessels. He began making good friends with Padstow Fishermen with Ray making good use of his sense of humour and fun. There was much radio chat between Port Isaac Fishermen and Padstow Fishermen whilst trawling in Port Isaac Bay, and the Padstow Fishermen presented Ray with a large wooden spoon which was signed by them. Ray was proud of this, and it hung on his front room wall. He was friendly with many Port Isaac people including Harold Brown and Mark Townsend.

Ray was a talented artist, although he had no lessons, and he produced many paintings, mostly of Port Isaac and of a nautical theme. Madeleine was also a very talented artist, and she supported Ray in all his activities.

Ray was a hero to his children Carol and Howard, and he was always there for them with his sense of fun and humour.

In 1965 whilst trawling in Port Isaac Bay in the *Deo Gratus*, Ray and his fishing mate Bailey Trayes were rescued during high seas by the Padstow Lifeboat, whilst RAF Shackletons lit up the sea with flares.

Between 1974 and 1979, his son Howard crewed with him on his fishing vessels. Ray eventually worked a boat named the *Lady Jane* based at Rock for John Watts. He took paying anglers on sharking trips mainly in the Crackington area, where Ray had noticed that many sharks were getting tangled in his ropes and nets. Whilst Ray was skipper, six world line records were broken, and one large porbeagle shark caught by the *Lady Jane* was listed in the Guinness Book of Records.

Ray eventually injured his shoulder in a car accident forcing him to give up fishing. In 1995, Madeleine died and this was a huge blow to him. Ray remained in his house at Mayfield Road, and on many occasions he cooked for his family, and also made pasties for them.

He was a great help to his nephew Geoffrey whilst he researched his book on the Fishermen of Port Isaac, but being very modest, he did not want his picture on the back cover.

Incredibly, Ray retained his sense of humour and fun whilst desperately ill and in some discomfort. This made it much easier for his family, especially Carol to cope. Even the carers remarked that he was an exceptional patient, given the extent of his illness. Carol can be proud that, due to her efforts, Ray remained at home which was his wish.

Many years ago, Ray made friends with two Bristol visitors to Port Isaac, Terry and Janet, and they became lifelong friends. Recently they have been taking Ray out on car trips during his illness.

Ray will be much missed by his children, grandchildren, extended family and many friends in Port Isaac.

Truro Cathedral Choir Concert

St Minver Church
Friday 7th October at 7.30pm
Tickets are £8 (privileged seating)
and £5 - available from St Minver
Post Office, Rock Spar, or by
telephoning 01208 863778

Do you, or someone you know, need a listening ear?

The Local Pastoral Ministers of
St Endellion, Port Isaac and St
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sick, the bereaved, the lonely
and newcomers.
Tel: Judith Pollinger
on 01208 880181

The Provis family wish to thank
Reverend Judith, the Fisherman's
Friends, Allison and Katie for keeping
the teapot going and last but not
least, the people of Port Isaac, for
making Ray's funeral such a fitting
tribute to a good Cornish man. Ray
would have been very proud.

Geoff Provis
pp Provis family



Climate Friendly St Endellion

Robert Manders reports:

The answer to last month's little poser is that there are **NINE** wind farms in Cornwall (and, of course, there are innumerable individual wind turbines, like the one at St Kew School). Incidentally, have you seen the new 50kW turbine at the top of the hill at Burlerrow, St Mabyn, on the way to Bodmin? The proposal for a similar one overlooking Pendoggett has been withdrawn, but we can expect more to appear in the future.

It was interesting to hear that Dick Strawbridge's house at Tywardreath, adapted for green living and featured in a series of programmes on BBC television, is up for sale: if anyone wants a property with ALL the attributes we've been advocating, it is available! I wonder if he

found it even more difficult "going green" than the TV series suggested, or has he become just another TV "celebrity" and moved out? I remember he built a wooden waterwheel and launder to harness the power of a stream on the property and generate electricity. There are now all sorts of equipment to suit every kind of head (the pressure available) and flow (large or small), including Archimedian Screws and turbines. The traditional problem is intermittent flow, which is only cured by storage of water, hence the large millpools or "lodges" in our valleys, which are not transposable to the average back garden.

Anaerobic digestion sounds like an ideal solution to a lot of problems: it can use all

sorts of organic material (including food waste and farm refuse), and it produces gas (which can be burnt to fuel an engine driving a generator) and a solid residue. It could be useful in this area since we have quite a concentration of restaurants/café's, which have problems in disposing of their waste, and we are surrounded by farms. However, to make a digester economic it would have to be large, and that would imply lots of lorries bringing in the raw waste, which would overload our narrow roads, and that obviously creates difficulties, particularly in the tourist season of the late Spring, Summer and early Autumn. I think they ran this problem as a story-line not long ago on "The Archers", and abandoned the idea, but here, perhaps.....

A longer walk, out to St Kew for lunch and back to Port Isaac for tea - wellies necessary

From the Platt go via Church Hill and the Valley path (Robin Penna's Guide, Footpath nos.35 and 36) to Port Isaac Mill and Tresungers Farm (as in Trio July 2011), and on via their entrance lane up to the main road, B3314. At this point we leave St Endellion Parish and, I must admit, enter "unknown" territory, i.e. St Kew Parish and a path I've not walked. However, cross the road (care!) and take St Kew Parish Footpath no. 10 uphill through one field, downhill through a second, keeping to the right-hand hedge both times (and admiring the view from the summit), to Trevinnick Farm. Turn right and follow the lane (which eventually joins the lane from Tregellist Farm) until it meets Gravelin's Lane (the road from the B3314 to Chapel Amble) opposite a post-box. Turn right and, at the next junction, turn left towards St Kew School. Just past the entrance turn right, then immediately left down towards the Ford. Just before this, cut through left, below the Parish Hall to the Church, and the Inn just beyond. Allow about an hour-and-a-half for the outward journey.

Coming out of the Inn, turn left up the narrow, winding road, bearing right at the top. Continue along the road past turnings for Lanow (on the right) and Pennytinney (on the left) until, after about a mile, at the top of the hill, you take St Kew Parish Footpath no.12 through a gate on the left. Go straight down towards and through a gate at the bottom, and follow the lane leading uphill, with views opening up on the left. At the top, through the gate you walk past a muck-heap (mud, etc.) and down a lane (care! slurry) to the farmyard (more gates). Straight through, bear left up the hill (more slurry!) and bear right (gate or electric fence) to follow the left-hand hedge to the B3314 (stile with binder-twine top). Cross the road (care!) and the stile (a little

to the left) back into our Parish and onto Footpath no.14. Diagonally left across the field you find a stile in the hedge (concrete blocks sticking out, but beware of loose stone by left hand!), then diagonally across another field (now on Footpath no. 13) towards Poltreworgey Farm. Make for a gap to the right of a large building and cut through with the silage-clamp immediately on your right, then turn right uphill to a stile. Over this turn left down the field and aim for a gap in the hedge; over the stile there's a vertical drop down the far side of the hedge, and another stile. Cross the field, making for the left-hand edge of the embankment hiding the tennis-court. A stile or kissing-gate should be installed here soon; climb up and bear right towards a stone hedge and the main road into Port Isaac, the B3267.

Cross the entrance to Trigg Court (new name, it's Bodannon Bungalow on some maps and Coldstanton on others!) and follow the verge (thank you, Ken for mowing it!) until in 150 yards you find a stile on the right. Over this, keep close to the left hedge as you go down the field on Footpath no.7, finding a stile on the left after 150yards. Go over the stile onto Footpath no.8, climbing diagonally towards a stile (not initially visible) in the far left corner. Over the stile turn right along the B3267 (care!) until you can cross to the left-hand verge (thank you, Roger for mowing it!). Follow the road through Trewetha [footpath no.35 on the left leads to Port Isaac via the Valley path], cutting the corners by the grass verges, to reach the entrance to Trewetha Farm. Here you must decide whether to take the footpath no.2 down to Port Gaverne, or follow the road (care! almost no verge!) for 330yards to the Car Park, and our footpath back to Port Isaac. Allow an hour-and-a-half for the return journey.

One last titbit of information: overall around 20% of the electricity used in this country is for lighting, while for non-residential use (factories, farms, roads, etc.) some 40% is for lighting. You can understand why the 60W incandescent lamp bulb is no longer produced - we should all change over to long-life, low-energy lamps, it would make a difference!

National Trust news

So you have just finished a huge roast dinner on a Sunday afternoon, what could be better than going on a gentle stroll along this rugged coast to walk it off?



National
Trust

Port Quin to Epphaven circuit

Follow the coast path to Epphaven and come back along the road.

Parking: Port Quin car park.

Walk length: 2 miles

Time: 1 hour

Walk description:

- From the car park turn left, over the bridge and past the slipway, walk up the road, past the hairpin bend until you get to a Slate stile on your right. Go over the stile and follow the coast path. This gives you great views of the Port Quin inlet. This inlet was a sheltered haven for vessels unloading coal and manure, and taking out antimony and lead from local mines.
- Further along you will see two fenced off areas using slate posts and wire. Now be careful when approaching these, as you will see as you get closer that they are in fact two very deep mine shafts! They are the remnants of a now disused antimony mine which was closed at the end of the 19th century. Antimony was a yellow pigment used in ceramics and was used as an additive to other metals.
- From here stroll along the coast path through the meadows up the gentle hill towards Trevan Point. You will go through two gates and at the top, over a slate stile in a wall. From here enjoy the fabulous view over Epphaven, Lundy Bay and the Rumps. All of this area is grazed in winter by Dartmoor ponies, which help us by keeping back the scrub and encouraging wild flowers and maritime grassland habitats to thrive.
- Follow the path down the slope if you wish to have a closer look at Epphaven Cove. (Alternatively part way down turn left at the waymarker and follow until you find the gate). Here is a delightful sandy beach at low tide fringed by rock pools and caves. At the bottom of the slope turn left at the waymarker, before going through the kissing gate. This will take you inland, up through the scrub. At the top turn right, through a field gate.
- Here, keep going straight on, up the track until you get back to the road. At the road turn left, and this will take you all the way back to Port Quin.

Halloween Crafts Workshop

Sunday 30th October 2.30pm-5pm

A range of spooky activities and crafts to get you ready for Halloween night – lantern making, pumpkin decorating, witches hats and brooms, trick or treat treasure trail and more. Come in fancy dress to win a prize. BBQs will be going to cook yourself some food if required.

Meet at Pentireglaze Farm, park in Lead Mines car park (SW 941 799)

Bring warm clothing and food for BBQ if you wish.

£3 per child

Scrub and Spuds

Saturday 19th November 10am-4pm

Help play a valuable part in managing our cliff top habitats. We need to clear scrub to give the ponies open areas to graze to benefit the diverse maritime flora. We will have a bonfire going to cook some jacket spuds for lunch.

Meet at Lundy Bay car park (SW 953 795)

Free but bring old, warm clothes and refreshments

Natural Christmas Decorations workshop

Saturday 3rd December 1pm-4pm

Join in a craft workshop to make some traditional Xmas decorations including natural materials we have gathered from woodlands, hedgerow and strandline.

Meet at Pentireglaze Farm, park in Lead Mines car park (SW 941 799)

Bring warm clothing.

£5 per head including refreshments, mince pies, biscuits and all craft materials.

local info

Doctor's Surgery - 01208 880222

Repeat Prescriptions - 01208 880242

NHS Direct 24-hour Helpline - 0845 4647

Royal Cornwall Hospital (Truro) - 01872 250000

East Cornwall Hospital (Bodmin) - 01208 251555

Derriford Hospital (Plymouth) - 08451 558155

Local Dental Helpline - 01726 77777

Police (non-emergency) - 08705 777444

PC Malcolm Taylor - 079680 87667

PCSO Claire Drennan - 0845 6567930

Police Station - 01208 895872

Civil Enforcement Parking Team - 0300 1234222

Rev Judith Pollinger - 01208 880181

Harbour Master - Byron Buse - 01208 880321

Lifeboat Operations Manager - Phil Tidey - 01208 880783

Electricity - 0800 365900

Water helpline - 0800 1691144

Parish Council:

Clerk - 01288 341242

stendellionparishcouncil@fsmail.net

Dan Rogerson MP - 01566 777123

Cornwall Council - 0300 1234 100

Bowthick Tip - 01840 770778

Vet - Nutes - 01208 813258

A recent study found that the average Briton walks about 900 miles a year.

Another study found that Britons drink, on average, 22 gallons of alcohol a year.

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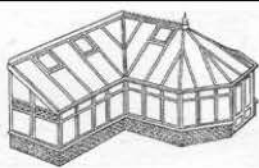
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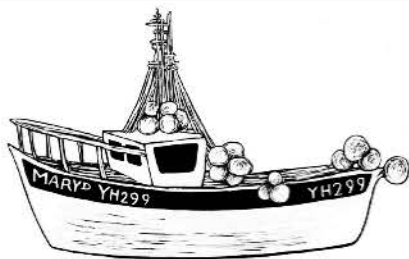


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Diary Dates

Monday October 10th
Parish Council Meeting

Friday October 14th
RNLI Harvest Festival & Auction at the Edge - 7.30pm

Tuesday October 18th
Whist Drive in St Endellion Church Hall

Wednesday October 19th
Kerbside Recycling - bags out by 7am

Friday October 28th
Carn to Cove/Port Isaac Village Hall present 'Red Letter Days' from Bagas Degol - 7.30pm

Sunday October 30th
British Summertime (BST) ends
Move clocks back one hour



Wednesday November 2nd
Kerbside Recycling - bags out by 7am

Saturday November 5th
Annual Fireworks and Bonfire at Port Gaverne Beach - bonfire lit 7pm,
Fireworks 7.15pm



Friday November 11th
Bish Bosh Bash Productions present 'Oogly as Sin' in Port Isaac Village Hall - 7pm

Sunday November 13th
Remembrance Sunday - Service in St Peter's Church - 10.45am

Wednesday November 16th
Kerbside Recycling - bags out by 7am

Saturday November 19th
St Peter's Church Christmas Mini-Market in the Church Rooms – everybody welcome 10.30am

Tuesday November 21st
Whist Drive in St Endellion Church Hall

Tuesday November 22nd
Whist Drive in St Endellion Church Hall

Saturday November 26th
Port Isaac RNLI Winter Ball at Trewetha Farm

Wednesday November 30th
Kerbside Recycling - bags out by 7am

Saturday December 3rd
Port Isaac RNLI Winter Ball at Trewetha Farm

Friday December 9th
PISCES Christmas Evening with music and refreshments in St Peter's Church

Wednesday December 14th
Kerbside Recycling - bags out by 7am

Tuesday December 20th
Christmas Whist Drive in St Endellion Church Hall

Wednesday December 28th
Kerbside Recycling - bags out by 7am

Monday January 2nd
New Year Bank Holiday

Coming soon to your Village Hall ...



Friday October 28th - 7.30pm
We are staging a Carn to Cove event when musicians Bagas Degol bring us Red Letter Days – and evening of music, song and stories with a bite.

Friday November 11th - 7pm
Our old friends, Bish Bosh Bash Productions put on a one-man show, 'Oogly as Sin', the story of the Cornish Giant, Anthony Payne.

Trio Copy dates

<u>ISSUE</u>	<u>COPY DATE</u>	<u>PUBLISHED</u>
November	Tuesday October 25th	Tuesday November 1st
December	Monday December 5th	Monday December 12th

If possible, please email your copy to triopi@mac.com
Alternatively handwritten or typed copy can be dropped into Secrets, or put through the letterbox if closed

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the Village Hall. Contact Laura on 881089 or Cherry on 07900 527610

Brownies - every Wednesday from 5.00pm-6.30pm, during term time, at Port Isaac School. Contact Jennie on 881073

Rainbows - every Monday from 4.45pm-6.00pm, during term time, at Port Isaac School. Contact Marie on 880977

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Thursday nights at Port Isaac School from 7.30pm. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

CHURCH SERVICES

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.45am Every third Sunday - Family Service at 9.45am
Every Thursday - Holy Communion at 10.00am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm
Fellowship Service - second Tuesday in the month at 7.00pm

**Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Remember to make sure your event is included here!
email info to triopi@mac.com or call 01208 880905**