



trio

The Port Isaac, Port Gaverne & Trelights Newsletter

No: 338 March 2013 60p

Photo:
Sally Stratton

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CLASSIFIEDS

PendragonHouse
Port Isaac
4 bed house, with
permission for
commercial use
available to rent

flexible terms
all enquiries to
Danny Sykes
07890 988882
djsykes1@aol.com

GARDENER - traditional,
experienced person
wanted for part-time
gardening in cottage
garden in Trewetha
Please call **01452 770 972**
or email
tom@nortonandbrooksbank.com

**ARE YOU a COMPETENT
DRUMMER AND
PERCUSSIONIST?**
**DO YOU FANCY DOING
SOMETHING a Bit
DIFFERENT?**
ARE YOU NOW INTERESTED?
CONTACT via TRIO
email: triopi@mac.com

Trio is issued eleven times a year and is
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Port Isaac, or by post - £21 a year in the UK
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To advertise in *Trio* telephone
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email: triopi@mac.com

**The publisher does not necessarily
hold the same views as those
expressed by contributors and
reserves the right to refuse or
alter material supplied.**

Stay & Play Group activities coming up:

March 5th - **Outing to
Chapel Amble Playbarn**

March 12th - **Hand Painting**

March 19th - **Music Day**

March 26th - **Easter Egg
Hunt & Egg Basket making**

The Stay & Playgroup meet
every Tuesday morning (during
term time) in Port Isaac
Village Hall from 10am-12noon.
To find out more contact
Laura on 01208 881089

PARKING ON THE BEACH

The Harbour Commission has a
limited number of season tickets
available for parking on the
beach at the same price as last
year, ie £180 including VAT.

Anybody interested should
contact the Clerk, Mrs Sandra
Blewett, email:
Sandra@devonandcornwallsecurities.co.uk
or telephone: **01840 212832**

THE TRIO PRINT SERVICE

Trio is printed on an all-singing, all dancing colour machine that sits
unused for most of the month. We therefore offer a village printing
service to help offset the cost of *Trio*.

We can print in full colour up to A3, single or double sided, on paper
or card up to 180gsm. The machine can tri or bi-fold leaflets or
staple booklets. As well as leaflets and brochures we can print flyers,
posters, menus etc. We also offer a design service or can prepare
your design ready for printing.

To find out more contact Dee on 01208 880905/880862,
email: dee54@mac.com

Port Isaac Village Hall AGM
Thursday April 25th
6pm in the Hall
everybody welcome

Easter Tuesday April 2nd
come to the Port Isaac Village Hall
CASH BINGO NIGHT
in the Hall - Eyes down 7.30pm
put the date in your diary now

www.portisaacvillagehall.co.uk

PORT ISAAC VILLAGE HALL HIRE RATES

NON-PROFIT MAKING PARISH CLUBS/ORGANISATION/
GROUPS/ASSOCIATIONS etc, FUNDRAISING EVENTS,
CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50
for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £8 per hour -
£100 for 24hrs

For full details or to make a booking contact the Hall's
Bookings Secretary, Julia Routledge, on 01208 880142 or
email her markjulia@hotmail.co.uk

Village Hall News

'The Village Hall Boot'

a Table Top Sale in the Village Hall



Saturday March 9th
10am-12noon

plus the 'Village Hall Cafe' will be selling
bacon butties and refreshments

Sellers: Tables £5 each and you can sell whatever you want -
garden produce, cakes, clothes, toys, books etc etc, in fact
anything that's legal and will fit on your table! Set up from 9am

Reserve your table in advance - tell any member of the Village Hall
Committee or call Andy on 01208 880985 or email: dee54@mac.com

**COME ALONG AND MAKE SOME
MONEY OR GRAB A BARGAIN**

PORT ISAAC MUSIC FESTIVAL

FOUR music-FILLED NIGHTS
and THREE music-FILLED DAYS

Friday Night - come to
the Village Hall
NIGHTCLUB for an evening
of cabaret and jazz with
**JOHANNA GRAHAM
& Madame Galina**

Monday Night
JOHNNY COWLING
Annie Appleby

Saturday Night
The Angels' Share
The Man who Loves You
The Grenaways

Sunday Night
FLATS & SHARPS
Island Cassettes
Lee Chantler

all in the Village Hall - tickets £10 each night or buy a Festival
Ticket for all four nights for £32 - available from *Secrets*, Port
Isaac or reservations on 01208 880905/880862
dee54@mac.com

a Bank-holiday
weekend of live
music for
everyone to
enjoy



check out the website for
details of the daytime events
as they are announced
www.portisaacmusicfestival.co.uk

David Castle celebrates his birthday



In January, David Castle enjoyed his 86th birthday. He is pictured here playing at the Baracelo Corralejo Bay Hotel to a full lounge of appreciative guests and visitors. He still performs there three times a week. He told *Trio*, "On the Hotel publicity it states that I came from Port Isaac and many people speak to me about visiting the village."



YOUR HALL FOR YOU TO USE

For full details or to make a booking contact the Hall's Bookings Secretary, Julia Routledge, on 01208 880142 or email her: markjulia@hotmail.co.uk

We're saying goodbye to Mr Bishop

Simon Bishop, our Head Teacher, is leaving at the end of the Easter Term to become the full-time Head Teacher of Camelford Primary School. He has led Port Isaac Primary School for the last 12 years making it the very successful school that it is today and a school that past and present pupils from our village remember with great affection and gratitude.

If you would like to contribute towards a gift for him to reflect the regard and affection in which he is held, donations can be placed in the box to be placed in the foyer of the school or given to the School Secretary by March 22nd.

Janet Townsend
Chair of Governors

www.portisaacmusicfestival.co.uk

Life Drawing - Our Life Drawing group meets every Wednesday evening from 7pm- 9.30pm at the Penhaligan Room, Port Isaac. Our group is an informal collection of very friendly supportive creative people. For more information contact Leza on 07793002597 or email nrg_art@yahoo.co.uk

Fantasy Football League Table

2011/13

LW	POS	TEAM	MANAGER	POINTS
2	1	RON ATKINSON'S RING	John Yates	982
1	2	TOUGH AIN'T ENOUGH	Chris Witherden	951
3	3	CHELSH*T	Richard Hambly	908
6	4	FFS FC	Kevin Grills	805
4	5	W W I A F T M	Danny Treacey	802
5	6	FOXHOLE STARS	Bryan Nicholls	767
9	7	AIN'T GOT A KALAU	Tim Witherden	744
7	8	BADA BING!	Paul Honey	717
11	9	MOTS FLYERS	Tom Cleave	699
8	10	TOM'S TEAM	Tom Lobb	690
10	11	FOX IN THE BOX	Margaret Honey	688
13	12	FOOTBALLS APPRENTICE	Kevin & Emma Honey	650
15	13	MUDGUTS MARAUDERS	Ann Cleave	650
12	14	SH*THAMPTON	Harry Hambly	639
22	15	ADC UNITED	Andrew Dungey	620
19	16	LIVING ON THE EDGE	Lardman Lanyon	616
14	17	FULLERS UNITED	Sharron Fuller	612
16	18	MAYBEES	Tom Bishop	597
20	19	EMERALD SPRING GATORS	Andrew Grills	572
17	20	FIRE BREATHING RUBBER DUCKIES	Jon Poupard	564
18	21	A.N.F.S.C.D.	Andy Penny	547
21	22	ROUTE ONE	Tom Penny	528
23	23	THE AVIATORS	Dan Grills	515
25	24	AVP UNITED	W & J Herring	484
24	25	THE MUFFIN MEN	Karen Grills	450

tables up to February 15th



NEWS

PORT ISAAC CARNIVAL

CHOOSING OF THE NEW FAIRY QUEEN & ATTENDANTS

This is open to all girls in St Endellion Parish between the ages of 4 and 11

All applicants should be at Port Isaac School by 1.30pm on Saturday March 23rd. Judging will be at 2pm and the new Fairy Queen will be announced and crowned later in the afternoon.

With the crown also comes last years very successful float, donated by Sproulls and transformed by proud Fairy Queen dad Robert Gickler.

It would be great to see lots of support for all of the applicants and everyone is invited to come along. There will be a colouring area for younger brothers and sisters. Refreshments will also be available.

EASTER SATURDAY 3-LEGGED RACE, EASTER EGG HUNT, & DUCK RACE ON THE BEACH

MARCH 30TH

3-legged Race

Entry forms are available now for the 3-legged race. You can get yours either by calling 880984/880920 or from our Facebook page.

We will be starting the race at The Port Gaverne Hotel at 11am.

The route will remain the same as last year with the finish line on Port Isaac Beach.

As you would expect from such a race there will be stops along the way where you will be expected to partake in one of the many alcoholic drinks that have been kindly donated by the many pubs and restaurants in the village.

Last year's race was won in a time of just over 15 minutes. We thought it would be nice to stretch this year's race out a bit so there will be a few obstacles and challenges along the way!

Easter Egg Hunt

We have a limited number of eggs.

To avoid disappointment please book a space before the day.

Duck Race

Last year we saw 100 little white ducks eagerly make their way down the leat, each one trying their hardest to be the first over the finish line. Thanks to Martin and his wellies all made it home safe and sound and have been spending the last twelve months training hard for this year's race. To add to the fun we have invited 100 of their little yellow friends to take part as well.

Each duck will cost you £1 and the winner will receive a large Easter Egg, a bottle of wine and a cuddly Easter Bunny.

Ducks will be on sale throughout the day with the race taking place in the late afternoon.

On The Beach

There will be plenty of activities on the beach

Inflatables - Rides - Games - Punch & Judy and a Magic Show

Hot Donuts - Sweets & Candy Floss

Hot and Cold Food & Drinks

We look forward to seeing you on the day with the fun starting at 10.30am on the beach.

Port Isaac Chorale present an OLD TIME MUSIC HALL

**Saturday 23rd March
Port Isaac Village Hall**

Guest artists 7.30pm

Musical Director -
Andrew Faulkner
of the Players Theatre

*Look out for the posters
for more details*

Get a weekly vegetable box delivered to your door

Do you support local food? Do you enjoy fresh, seasonal, locally-grown produce?

Camel CSA, your friendly community vegetable growing group, can now deliver a weekly or fortnightly veg box to your doorstep.

You can sign up for a vegetable box if you live within a 10-mile radius of our site at St Kew Highway near Wadebridge. We deliver two sizes of box – a choice of standard or small – every Friday afternoon.

We grow much of the fresh seasonal contents ourselves, using organic farming principles. Other local growers supply us with an extended range of vegetables to give the boxes all-year-round variety.

**A small box (feeds 1-2) costs £8.15.
The standard box (feeds 3-4) is £11.50.**

You get a £2 discount if you pick up the box yourself from our vegetable-growing plot. We have a lease on two acres of land behind St Kew Harvest Farm Shop.

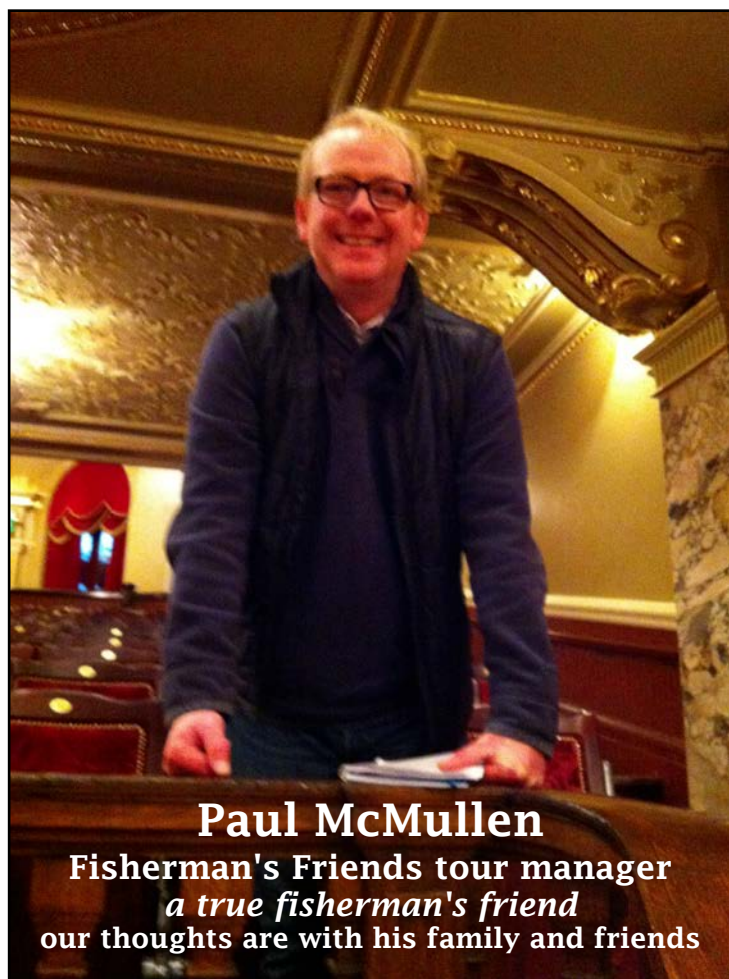
Camel Community Supported Agriculture is a community interest company, so any profits are ploughed back into the project. Volunteers work with paid growers to produce, pick and pack the vegetables.

If you're interested in a one-month trial or would like to sign up for a regular veg box please ring Cath Simmons on 01208 812685 or email her cath@camel-csa.org.uk

Find out more on our website
www.camel-csa.org.uk

NCB Radio is delighted to announce that it has been appointed as the official radio station to the Looe Music Festival for the second year running. The festival kicks off on Friday 27th September 2013 and runs until Sunday 29th September. There will be 60 plus bands appearing with the full line up yet to be announced. NCB Radio broadcasts from studios in Bodmin via www.ncbradio.co.uk to Cornwall and the world. The station's Jenny Hill said "It's a real honour for us to be chosen to be the official radio station to such a high profile event and one that really shows Cornwall at its best. Last year's event was fantastic with top class bands such as The Stranglers, Levellers, and Cornwall's very own Crowns. We really look forward to helping Tanya Brittain and her team make the festival 2013 a fantastic success." You can listen to NCB radio via the website www.ncbradio.co.uk, iTunes or the Tune In app available free from the app store.

STOP PRESS: NCB WILL ALSO BE INVOLVED WITH THE PORT ISAAC MUSIC FESTIVAL THAT RUNS FROM MAY 24th-27th - MORE NEWS NEXT MONTH



Paul McMullen
Fisherman's Friends tour manager
a true fisherman's friend
our thoughts are with his family and friends

CAR CLEANING SERVICE

I have been selected to play football for East Cornwall Schools U14 team and am raising money to go to the Isle of Wight to take part in the English Schools Football Tournament over the Easter Holidays. The cost is £6 for a small car or £8 for a big car or van.

Please call me on **01208 881251** or **07791 892129**

Harry Hambly

The Poetry Bit

Oh I wished I'd looked after me belly
Instead it wobbles like jelly,
I should have done scrunchies
Instead of eating munchies
And sitting in front of the telly!

My face has come adrift
And needs a bit of a lift
With a bit of a tuck
And a slice of Good luck
I wouldn't be feeling so miffed!

Cheryl 'Pam Ayres' Wesbter

CAN YOU DO BETTER?
SEND YOUR POEMS TO TRIO



ST ENDELLION EASTER FESTIVAL

in the Collegiate Church of St Endelienta

29 March - 7 April 2013

Tickets for all the Festival concerts available from Sarah Friday, 27 Cherington, Tetbury, Glos GL8 8SW and from March 26th by telephone on 07870 548187

PISCES to be 'In Touch with the Past'

PISCES is honoured and delighted to be awarded a Lottery grant of £11,800 towards its new digital project "In Touch With The Past",

In days gone by, nobody would have dreamt of the modern digital technology that has made so many things possible in today's world. We want to use that technology to develop the following;

- A Port Isaac oral history project
- A PISCES website
- An inter-active touch screen display to show the entire PISCES collection

The PISCES collection (subject to relevant permissions) will be available to access through a new PISCES website.

We are also excited about the oral history project, where we will video record people in our community recalling their recollections about life in their younger days in this small fishing village. An inter-active touch-screen will bring these voices to life as well as sharing the entire PISCES collection of up to 1000 texts, images and memories for visitors to our exhibitions at St Peters Church.

The new digital age gives us the means to let voices speak through time and into the future, to tell stories of long ago when the world was a very different place. The passing of time can seem very fragile. It is even more important to preserve the past than ever before. In one of the many messages received over the past few weeks, these words ring so true:

"Oh how the likes of the mothers from previous generations would have rallied together to bring comfort at this time."

Please join us for a school reunion to chat about what life was like in the Old School. Bring your old school photos and see the old school log books.

We will also launch our new Oral History Project, funded by Heritage Lottery.

If you would like to be part of it, do please come along.



Oral History Project and Launch Old School reunion & Get-together

Friday March 22nd

6pm-8pm

**Port Isaac School,
Mayfield Road**

REFRESHMENTS



**Schooldays Exhibition
to open later this year**



Winter 2013 - A Year in the Life of Port Isaac

a photographic display of life in the village
from the Carnival in 2012 to the Music Festival in 2013

Have you any photos from May 2012 to May 2013 that you would like included - a new baby, first day at school, first tooth to come, first tooth to fall out, first date, anniversary, birthday, party, work, play - anything at all that happened to you, your family and friends that you would like to be recorded in our exhibition. And don't forget, you have still got a few months left to get out your camera and snap away - try and get as high res photos as possible (some phone pics won't blow up without pixelating)

Church Diary Dates

Friday March 1st

2.30pm - Women's World Day of Prayer Service, St Kew Church

Sunday March 3rd Lent III

9.30am - Sung Eucharist, St Peter's Church, Port Isaac

11am - First Morning Praise Service, St Endellion

6pm - Healing Service, St Endellion Church

Thursday March 7th

7.30pm - Lent Course, St Endellion Church

Sunday March 10th Lent IV

Mothering Sunday

9.30am - Family Service, St Peter's Church, Port Isaac

11am - Sung Eucharist, St Endellion Church

6pm - Evening Worship with Taize Chants, St Endellion Church

Thursday March 14th

7.30pm - Lent Course, St Endellion Church

Sunday March 17th

9.30am - Freestyle Service, St Peter's Church, Port Isaac

11am - Sung Eucharist, St Endellion Church

Thursday March 28th

7.30pm - Lent Course, St Endellion Church

Palm Sunday March 24th

9.30am - Sung Eucharist with procession of palms & dramatised Passion, St Peter's Church, Port Isaac

11am Sung Eucharist with procession of palms & dramatised Passion, St Endellion Church

Wednesday March 27th

7.30pm - Mothers Union, St Endellion

Maundy Thursday March 28th

8pm - Commemoration of Last Supper, Footwashing & Vigil till Midnight, St Endellion Church

Good Friday March 29th

12noon-3pm - Three Hours Before the Cross, St Endellion Church (The Cadon Singers will be singing from 1pm - 2pm)

7.30pm - Opening Concert St Endellion Easter Music Festival

Easter Eve Saturday March 30th

8pm - Lighting of Paschal candles, Easter Ceremonies St Michael's Porthilly

Easter Sunday Sunday March 31st

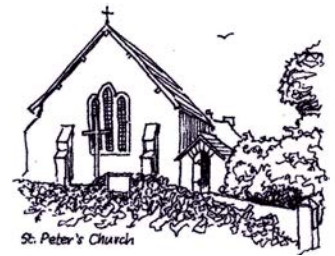
8am - Holy Communion Book of Common Prayer, St Endellion Church

9.30am - Sung Eucharist, St Peter's Church, Port Isaac

11am - Sung Eucharist, St Endellion Church

Tragic Loss

I write this on the day when the death of Fisherman's Friends, Trevor Grills was announced, following the tragic accident in which he was severely injured and Paul McMullen, their tour manager was killed.



The village, the wider community and many across the country who hold the Fisherman's Friends in great affection, were shocked, bewildered and deeply saddened by their deaths, and our prayers and thoughts are especially with their families and friends.

It doesn't make sense, it doesn't seem fair and at a time like this we feel lost and helpless, but we are not without light, we're not without hope. As Christians we believe God loves us and made us, not for death but for eternal life with him and that nothing, however unforeseen and terrible can separate us from that love.

The close-knit community of Port Isaac and the strong ties of friendship which bind the Fisherman's Friends together and which gave them their name, also means they will support and help Lesley and her family and each other at this time.

A light has gone out in our midst but God has not left us in darkness. We thank God for Trevor, and for all he contributed to the life of the community, especially in his work as builder and carpenter on so many properties in and around Port Isaac. Trevor was a true Cornishman and as well as being gifted with a warm and friendly personality and a delightful sense of humour, he also had an amazing tenor voice which could and often did touch the heart-strings of his listeners as he sang some of the sadder Cornish sea shanties. Thankfully, when we can bear to do so, we can listen to that voice again in the recordings made by the group.

Meanwhile we hold them all in our prayers.

Judith Pollinger

Music at St Endellion Church

Sunday March 17th at 4pm - Entry free

Classical Guitar Concert by the Cornwall Youth Guitar Ensemble.

March 29th-April 7th

The 40th St Endellion Easter Festival

Tickets for all the Festival concerts available from Sarah Priday, 27 Cherington, Tetbury, Glos GL8 8SW and from March 26th by telephone on 07870 548187

Thursday April 25th at 7.30pm

Concert from the Wind Section of the Bournemouth Symphony Orchestra

St Peter's Church Diary Dates

Wednesday 3rd April

St Peter's Church Easter Mini Market 10am-12noon, everyone

Wednesday 24th April

St Peter's PCC AGM, 6.15pm at St Peter's, please come and support your village Church

Wednesday 24th July

St Peter's Church Summer Mini Market

Sunday 15th September

Harvest festival with songs of praise, auction and supper

Saturday 16th November

St Peter's Church Christmas Mini Market

Do you, or someone you know, need a listening ear?
Tel: Judith Pollinger on 01208 880181

THE MAGIC OF THE MUSICALS

On Sunday January 27th, members of the Committee and Crew of Port Isaac and Bude RNLI and Looe Committee grouped up and worked together at The Hall For Cornwall in support of the Royal Marine Concert *The Magic of the Musicals*. This included *The Plymouth Gilbert and Sullivan Fellowship* and the *Mevagissey Male Voice Choir*. With a complete ticket sell-out the afternoon performance proved to be a major success. The military and civilian artistes proved to be of the very highest calibre bringing the audience to it's feet in a standing ovation on several occasions.

At the close of the concert, lifeboat crew were invited to the stage and individually introduced to the audience. Port Isaac Senior Helm and Training Officer, Damien Bolton expressed, on behalf of his fellow crew members Matt Main, James Bolton and Darren Milner and Robin Bale, Bude RNLI, sincere thanks to all those supporting the event followed by a dedication to Brian Williams MBE, Chairman of the RNLI West Country Group for the work he and his team had put in to organise this memorable event. Damien said, "The RNLI is justly proud of it's volunteers and much is said about the work we do as crew around the coast, but the truth is that without the fundraising volunteers we would be high and dry! No lifeboat, no lifejacket, no training... Brian Williams is a superb

example of the commitment shown by those who support our frontline work. A true gentleman who is organised and hardworking, he regularly goes the extra mile to bring in vital funds to our charity - this afternoon's concert is one example of that proficient planning and support. Brian does not look for

recognition, for gifts and honours, although he is a Life Governor of the RNLI, but we know he will appreciate more than anything, a thank you from us - the lifeboat volunteers who are kept afloat by his sheer hard work and enthusiasm. From 'one and all' gathered here today, and from us especially, thank you."

Our Port Isaac team organised and ran the Amazing Super Raffle with prizes donated by the Royal Navy, Port Isaac RNLI, Buttermilk Confections and the owners of Pink Cottage, Port Gaverne, and combined with Crew collecting buckets raised over £1000 - final figures to be confirmed.

Looking ahead, by popular demand, and as a direct request of the Management of *Hall for Cornwall*, plans are being made for another Concert to be staged on January 26th 2014 - so watch this space and remember to book early!

Bob B, Chairman



A tribute to Trevor

Our Crew and Committee were deeply saddened to hear that Trevor Grills, a unique member of what has become a band of brothers, our village sea shanty group *Fisherman's Friends*, passed away following an accident at the GLive venue in Guildford. Our thoughts and deepest sympathy is with Trevor's family and friends, and those of the group's Tour Manager, Paul McMullen who also died in this tragic incident.

The group has close ties with the RNLI - some are past or present volunteers at Port Isaac RNLI lifeboat station - and Trevor's son Mark is currently a volunteer crew member. The RNLI and many other charities have benefitted from the group's ongoing and generous support.

All are well known to our close, seafaring and village community as indeed to the wider RNLI family where Trevor will always be remembered as a fine man, a fine craftsman and one of the finest singers with a special smile that lit up the day for all that crossed his path.

At this difficult time, our thoughts and prayers are with Lesley, Paul, Mark and Josh and everyone involved with our *Fisherman's Friends*.

Bob B, Chairman



Port Isaac Committee and Crew including a Bude crew man who worked at the Hall For Cornwall Royal Marine Concert

PORT ISAAC RNLI AGM

Port Isaac Village Hall at 7pm
Thursday April 11th

All welcome, your opportunity to come along to meet crew and committee and to hear about our Station's fine operational performance this past year, the awards for bravery at sea, some stunning lifeboat video footage and plans for the future.

Refreshments courtesy Sharps Brewery and the Committee.

RNLI COFFEE MORNING at the LIFEBOAT STATION, EASTER SUNDAY MARCH 31st
Our first opening of the Shop for this year - all welcome - Tea, Coffee, Scones and Cakes

Come along and view our range of unique Port Isaac Logo RNLI clothing, Special Edition prints
10-30am and exclusive high quality cards only available through Port Isaac RNLI

cooking with martin



Lamb shank tagine with tabbouleh

A mouth-watering Moroccan dish of tender lamb in a thick, aromatic sauce with flavours of pomegranate and almond, served with a fresh, herby bulgur wheat salad. Pomegranate molasses available from Middle Eastern grocers and some supermarkets and is well worth sourcing as it adds a interesting sweet and sour element to the dish. Also you can replace the bulgar wheat with couscous. Ras El Hanout is a complex, aromatic Moroccan spice blend. Most recipes include cardamom, nutmeg, anise, mace, cinnamon, ginger, various peppers, and turmeric, but 30 or more ingredients might be used - the name is Arabic for "head of the shop" and implies a mixture of the best spices the seller has to offer. If you can't find any I have included a basic recipe at the end of this recipe.

For the lamb shank tagine

- 1 tsp ras-el-hanout
- ½ tsp ground cinnamon
- ½ tsp ground ginger
- ½ tsp smoked sweet paprika
- ½ tsp ground cumin
- ¼ tsp freshly ground black pepper
- ¼ tsp ground turmeric
- 4 lamb shanks
- 3 tbsp olive oil
- 1 onion, thickly sliced
- 2 garlic cloves, peeled, finely chopped
- 1 x 400g/14oz tin chopped tomatoes
- 1 tbsp runny honey
- 2 tbsp pomegranate molasses
- ½ tsp saffron
- 350ml/12fl oz chicken stock
- 125g/4½oz stoneless dried apricots, halved
- 110g/4oz green olives, stones removed
- 75g/2½oz whole almonds
- salt and ground black pepper

Preheat of the oven to 160C/315F/Gas 3.

Mix the ras-el-hanout, ground cinnamon, ground ginger, smoked sweet paprika, ground cumin, freshly ground black pepper and ground turmeric together in a bowl. Add the lamb shanks and turn in the mixture to coat them evenly.

Heat a large pan until smoking hot, then add a tablespoon of the olive oil and sear the lamb shanks on all sides for 2-3 minutes, or until golden-brown all over. Remove the lamb shanks from the pan and set aside. Add the remaining olive oil to the same pan and fry the onion and garlic for 2-3 minutes, or until softened.

Add the lamb shanks back to the pan and stir well, then add all of the remaining tagine ingredients - except for the coriander and salt and freshly ground black pepper - and bring to a simmer, cover the pan with a lid and place in the oven for two hours, or until the lamb is tender.

Remove the lid and cook for a further 30 minutes, or until the tagine is slightly thickened. Season, to taste, with salt and freshly ground black pepper.

For the tabbouleh

- 175g/6oz bulgur wheat
- 350ml/12fl oz chicken stock
- 1 small red onion, peeled, finely chopped
- 350g/12oz pistachio nuts, shells removed, roughly chopped
- 1 lemon, juice only
- 1 pomegranate, seeds only
- 3 tbsp extra virgin olive oil
- 5 tbsp chopped fresh flat leaf parsley
- 5 tbsp chopped fresh coriander leaves
- 5 tbsp chopped fresh mint
- salt and freshly ground black pepper

Place the bulgur wheat into a pan with the chicken stock. Bring to the boil, then reduce the heat to a simmer. Cover the pan with a lid and cook for 15-20 minutes over a low heat. When the bulgur wheat is tender, drain off the excess stock.

Remove from the heat and allow to cool slightly, and then transfer the bulgur wheat to a bowl. Add the red onion, pistachios, lemon juice, pomegranate, olive oil and herbs and mix well. Season, to taste, with salt and freshly ground black pepper.

To serve you need a small bunch fresh coriander. Divide the tabbouleh among four serving plates, and then spoon the lamb shank tagine alongside. Chop the coriander and sprinkle over the tagine.

Ras El Hanout

- 2 teaspoons ground ginger
- 2 teaspoons ground cardamom
- 2 teaspoons ground mace
- 1 teaspoon cinnamon
- 1 teaspoon ground allspice
- 1 teaspoon ground coriander seeds
- 1 teaspoon ground nutmeg
- 1 teaspoon turmeric
- ½ teaspoon ground black pepper
- ½ teaspoon ground white pepper
- ½ teaspoon ground cayenne pepper
- ½ teaspoon ground anise seeds
- ¼ teaspoon ground cloves

Blend all of the spices in a bowl. Transfer to a glass jar, and store in a dry, dark place.

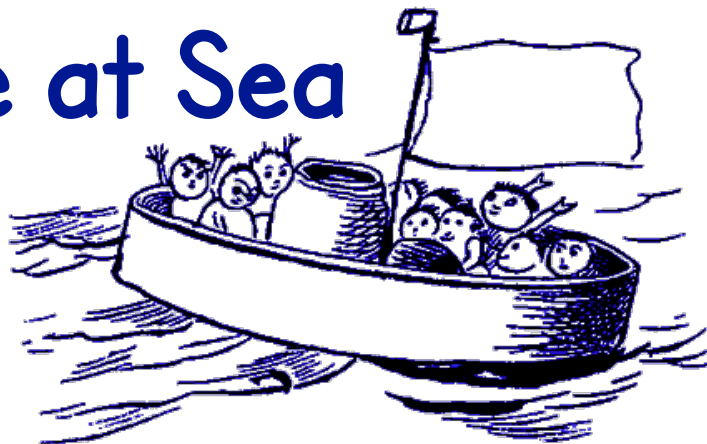


Finally I would like to send my love to all of the Grills family, and on seeing such community spirit to say how proud I feel to be a small part of this village. Mx



Be Safe at Sea

*They went to sea in a Sieve, they did,
 In a Sieve they went to sea:
 In spite of all their friends could say,
 On a winter's morn, on a stormy day,
 In a Sieve they went to sea!
 And when the Sieve turned round and round,
 And every one cried, 'You'll all be drowned!'
 They called aloud, 'Our Sieve ain't big,
 But we don't care a button! we don't care a fig!
 In a Sieve we'll go to sea!'
 Far and few, far and few,
 Are the lands where the Jumblies live;
 Their heads are green, and their hands are blue,
 And they went to sea in a Sieve.*



It has to be said, we get a lot of Jumblies visiting our unpredictable North Cornish Coast. Many are extremely green in the art of boating and some end up rather blue with the cold. I am not saying that all those who take to the water should have a master certificate but I am saying that the first item on any boating 'to do' list should be COMMON SENSE.



*The water it soon came in, it did,
 The water it soon came in;*

Before you take to the water and particularly before you put your children on board, make sure your craft is seaworthy, check for holes, damage and deterioration of the structure. Put fresh fuel in you tanks and run up the engine using it. Clear all drain holes and ensure bungs are available and firmly attached to the boat!!!!

Count the oars and rowlocks! Any less than two of each could be a problem which you may not discover until you are at sea. Check the sails and sheets - rodents love to nest in warm dark spaces and they have big sharp teeth.

*So to keep them dry, they wrapped their feet
 In a pinky paper all folded neat,
 And they fastened it down with a pin.*



I imagine this might be a little soggy. Dress yourself and your children in sensible clothing. It is important that if you fall in you will be able to get out again in what you are wearing so be sure that none of your apparel can fill with water and weigh you down. Warm clothing is a must, there are considerable temperature changes between the land and sea. A properly fitted, well maintained and in date Lifejacket is essential it will keep you afloat and provide a grab handle for a rescuer.



*They whistled and warbled a moony song
 To the echoing sound of a coppery gong.*

Delightful though that sounds I would advocate a more efficient communication system. If you have a certificate then a VHF radio is best but failing that carry a mobile phone in a waterproof container (making sure it has charge and credit) Whistles are good for locating each other.

*And in twenty years they all came back,
 In twenty years or more,*

To prevent this scenario, before you leave inform someone on shore where you are going and when you intend to return. They will be able to contact the coastguard if you fail to check in.

Last but by no means least, check the most recent and reputable weather forecast for deteriorating weather especially wind, which can change the sea conditions on this coast very quickly and catch you unawares.

Poem , The Jumblies by Edward Lear



**Don't be
 Jumblies, play
 it safe, enjoy
 your holiday.**

Deb Tidey

Parish Council report

supplied to Trio by the Parish Clerk

The Parish Council held its February meeting on Monday 11th February 2013.

NEW COUNCILLOR

Mr Richard Dawe, Grandson of the Late Bill Dawe was co-opted onto the Parish Council in January.

APPLICATIONS AND NOTICES

PA12/11519 Listed Building consent to repair leaking roof, removing all slates. Felt, batten and replace lead work around chimney, reuse as many slates as possible and supplement with second hand Delabole slates as necessary and re-lay existing ridge tiles. Ms A Carter, 17 Middle Street, Port Isaac, Cornwall, PL29 3RH. The Parish Council support this application.

PA13/00046 Re-submission of application PA12/10278 – Proposed Construction of Garden Room. Mr & Mrs T Steel, 12 The Terrace, Port Isaac, PL29 3SG The Parish Council object to this application on the grounds that it will overlook neighbouring properties.

PA13/007722 Proposed new dormer windows to replace existing Velux. Mrs J Burt, 23 Rose Hill, Port Isaac, PL29 3RL The Parish Council support this application subject to the ends of the dormer being slate hung.

CORNWALL COUNCILLORS REPORT

Cllr B Gisbourne informed the council that Cornwall Council had agreed to give application PA12/04179 at 25 Church Hill delegated approval. Mr Gisbourne informed the Council that they did not have any choice as there was already approved Planning permission from June 1991, which work had been started on. Mr Gisbourne informed the council that delegated approval had been given so that the case officer could negotiate on removing the balcony.

Mr Gisbourne informed the Council that Louise Dwelly, Head of Affordable Housing at Cornwall Council was coming to speak to St Minver Parish council on 18th March 2013 at 7.30pm at Rock Methodist Church. He invited members of the Parish Council to attend.

BUFFALO PICTURES

The Parish Council has agreed to accept a donation of £34,000 from Buffalo Pictures.

PUBLIC TOILETS

The Parish Council have received a letter from Cornwall Councillor Bert Biscoe, asking the Parish Council to take over the running of the toilets. The Parish Council has invited Mr Biscoe to attend a future Parish Council meeting to discuss this proposition. Mr Biscoe does not drive and has requested a daytime meeting.

Parish Council Election

If you are not happy with the current Parish council, this is your opportunity to do something about it;- why not become a Parish councillor? If you are over the age of 18 and on the electoral register you can apply. Parish Council elections will take place on Thursday 2nd May 2013. The last day for nominations is Friday 5th April 2013 (by 12 noon). If you would like further information please contact the clerk or visit the Cornwall Council website.

THE CAR PARK

Mr M Bell, Mr R Harris, Mr R Manders and Mrs E Uglow attended a meeting at Newquay Airport with Cormac Managers and the Parish Council's consultants on Wednesday 8th February 2013. Cormac are working on a programme with a start date of 18th March and completion of 8th July.

Mr E Fletcher put forward a proposal that the Parish Council looks into alternative Parking arrangements whilst work is being carried out on the car park. We appreciate that the delay in start date will cause parking problems and are looking into alternative parking options, including temporary short-term car parking on the playing field. We understand how important this is to village Residents and Businesses.

The loan Guarantee and Contracts for work on the Car park were signed and sealed in January. The parish Council has funds in Place for the work on the car park. All correspondence relating to the car park are kept on file including e-mails.

FINANCE COMMITTEE

The Finance Committee held its first meeting in January 2013. Mr M Coles was appointed as Chairman of the Finance Committee. The Committee discussed the budget for 2013/14 which has now been approved and set at £20,500.

The Parish Council accounts and budget were checked over by Sarah Mason from the Cornwall Association of Local Council prior to the first Finance Committee meeting. The Parish Council's new accounting system from Rialtas Business solutions is now up and running.

BT OPEN REACH

Mr E Fletcher and Mr D Philp have met with the BT Open reach Subcontractor and he will fill in the potholes and lay top soil on the entrances to Mayfield and Silvershell Roads, once the ground has dried out.

PORT ISAAC CAR PARK

Dear Trio

Whilst appreciating the expression of gratitude to my firm for dealing with the legal work relating to the car park without charge, I must defend Martin Bell from the harsh criticisms in Malcolm Lee's letter.

Without belittling the efforts of other members of the Parish Council, I am in no doubt at all but that the construction of the car park would never have got off the ground without Martin's input.

It is a thankless task being a Councillor. You can never please all the people all the time and the best you can hope for is to please some of the people some of the time. Whether or not you approve of the final result or how that has been achieved, Martin has put in countless hours for no return.

We Port Isaac people are always good at sitting back and criticising. Whether or not you like the outcome, Martin ought to be thanked for his efforts on behalf of us all.

Dugald Sproull
Port Isaac

American penpals

The children in Class 2 have started to write to their new pen pals in Endeavor, Wisconsin. They received their first letters recently and are beginning to find out what it's like to live in and go to school in America.

This is linked in to their Geography topic this term which is all about comparing and contrasting two different regions.



First Aid skills

The children in Year 5 and 6 went to the Flashpoint Safety Centre in Bodmin for a day spent learning about basic first aid skills.

School meals

This half term the children had a taste of something different for lunch.

They had a Chinese banquet for Chinese new year which was described as delicious by lots of the children and then on Shrove Tuesday pancakes were the order of the day!



HAPPY BIRTHDAY

March

- Izak 10
- Amelia 10
- Bobbie 6
- Max 4



Chinese New Year

The children had an afternoon making Chinese lanterns and dragons after learning about the Chinese New Year celebrations that take place all over the world.

Class 1 Descriptive Writing

The children in Class 1 used the poem The Magic Box as the inspiration for their writing and this is what they came up with...

Preston Year 1

I will put in the box, the swish of a mighty scaly dragon's tail
My box is fashioned from lava and ice and diamonds with treasures
on the lid and gold in the corners.
Its hinges are stars.

Josh G Year 2

I will put in the box, a swish of the tree blowing at me
My box is fashioned from stars and fire and roses with dragon
heads on the lid.
Its hinges are made of dragon's breath.

Tom Year 2

I will put in the box, the swish of a dragon's enormous wing
My box is fashioned from gunpowder and steel and diamonds with
square diamonds on the lid.
Its hinges are shark teeth.

Charlie Year 1

I will put in the box, the swish of a dragon's tail
My box is fashioned from wind and fire and lava with snakes on
the lid and claws in the corners.
Its hinges are shark teeth

Jake Year 2

I will put in the box, a swish of a dragon's tail
My box is fashioned from fire and lava and wind with baby dragons
on the lid and dragons in the corner.
Its hinges are dragons too!

Remembering Trevor Grills

'Where's Trevor?' 'Where's Trev?' 'Seen Grillsie? 'Toastie about?' 'His trucks on the beach.' Ahh, tis crib time. And then you knew you had him. Maybe up the Shambles or in Leat House or Dolphin Street, but there he would be – not the fisherman's friend, but a husband and dad and all round committed family man; brother, brother-in-law and uncle, a mate, a man of Port Isaac and proud Cornishman.

About three weeks ago I managed to track Trevor down in somebody's front room with the usual pitifully needy request ... 'Trev, have you got five minutes dreckly? My kitchen doors jammed open. The woods swollen I think. Can you have a look?' I said.

'I'll come now in a minute,' and I went home and stuck the kettle on and made us a mug of tea, while Trevor planed away at the door and fixed it for me. Funny how little memories, past near and past far take on such significance in life.

And this was a rich life, a happy life brimful of love and experiences, a life lived to the full, so let me try and tell you just a little of it ...

Trevor Frederick Grills was born in Jackdaws, Church Hill on the 2nd January 1959, the second son of Fred and Francis, younger brother to Johnnie, and older brother to Kevin yet to arrive. He was born in a cottage looking out over the village in which he was to spend his life, and where his dad Fred worked as a carpenter and craftsman before him.

To grow up in our village in the 1960s and early 70s was, looking back, a privilege that we now all appreciate more and more. Back then, the heart of Port Isaac was still largely inhabited and populated by long established local families, and not too dissimilar to an era years before that, when two other little fair haired boys, his uncle Frank and dad Fred, ran through the streets and played.

Now it was the turn of Trevor and Kevin, a careful eye out for Johnnie, looking after the punts for the fishermen, sculling out and around and about the harbour as kids had done for generations, and as Paul and Mark and Josh have done since. A succession of families of fair haired, quick-as-lightening little boys.

Boys would grab the empty ice cream tins from outside the back of Wheelhouse Willies and other cafes and restaurants, and take them home and bash and fold and twist and cajole them into slender fishing boat shapes. 'Tin lifeboats', ballasted by sand and pebbles, and pulled by a length of twine attached to the bow. Only Trevor's were magnificent - we all still remember with lingering, bitter jealousy - one even had decking and a stern section fashioned in wood, with a dowering mast, and I seem to recall it might even have been painted. Once though, Kev's boat worked out better than Trev's, but never to be outdone he managed to persuade Kev that his boat should in fact be the Bismark, and we all know what happened to that. Kev spent the rest of the day in tears.

And if that were not enough, he had the best cally-bash. Sturdy pram wheels, bolted onto the centre of the front of the plank and steered by a loop of rope, and larger pram wheels at the rear, and a box to sit in, and a handbrake for the rear wheels, and no sticky outy nails or splinters. And it was fast, and I swear it had spoilers and was sponsored by Red Bull ..., no, it was Fred helping him again, teaching Trevor his skills that would last him a lifetime. Of course, cally-bashes had no engines, and even Trevor's didn't, until he came up with the obvious solution. You've guessed it – Kevin. As engine he propelled Trevor for miles, fuelled by the promise of 'Yes, yes. Your turn next.' He's still waiting.

And then Kev, there was the cricket, when Trev tore down and clean bowled you time after time after time, until in disgust you threw the bat at him, and it flew off into the long grass, and your watch flew after it. It was easy enough to find the bat ...

Trevor and Lesley met in the summer of 1981, when Lesley moved down to Port Isaac to work a summer season – a rite of passage for so many girls. She never went back.

Now when I say that Trevor has spent his life in Port Isaac, that's not quite accurate. He did actually emigrate twice, firstly in 1984 to St Teath, and whilst unpacking the

boxes turned to Lesley and said 'We ain't staying here. We *are* going back to Port Isaac at some point ...'

Family soon followed, and the three boys, such a credit to Trevor and Lesley duly arrived on the scene – Paul in March 1985, Mark in August 1988 and Josh in March 1990. Three peas in a pod, history repeating itself.

Trevor worshipped his boys, and after a hard day's work spent hours and hours playing with them, and reading them stories before bed. And they worshipped Trev, and he fashioned them a seat out of a heap of blue rope in the back of his old Bedford builder's van, and took them around at weekends to jobs, and up to Ackies. 'I'll be five minutes boys' he'd say, and half an hour or more later he'd emerge grinning from his yarn with Mike. Priceless memories.

Trevor loved the sea with a passion, and would have loved to put more time to it if business had allowed. Trevor was a coastguard for over ten years, and as you would expect did it with a calm and confident assurance. He had a succession of boats, from *Di Frances* and *Arkle* to *Tigger*, and loved to take the boys and Rafa mackerel fishing and small scale potting. Oh, and Lesley, I don't want to stir up trouble but he never told you exactly how much he paid for *Tigger*.

As a footballer himself, he was lightening fast. As a mentor and supporter and coach to his boys he was unflinching in his pride and commitment, culminating in March 2011 when he had his photo taken with all three of the boys turning out for Wadebridge together for the first time.

His own turn of speed lasted well into his 40s, and the boys could never escape being collared if they cheeked him and ran off. Trevor always got his man. Kev recalls the day when, playing alongside him, Trevor scored five goals – none of them with his feet, rather his shins, his stomach, one off his head and even one in off his ass, 'They all count' he said. He proudly remembers how the two of them and their mate Kim scored over 100 goals between them in one season.

There is not a house in Port Isaac in which Trevor and his merry crew have not eaten crib - you know crib, it's that main meal taken by Cornish carpenters, builders, plumbers and electricians between breakfast and lunch - a cross

between a snack and a medieval banquet. Indeed, a time to touch base with his boys, yarning with them and organising them, and overseeing his long established and so very successful business, and of course to staple anyone, like say Paul Honey, to the floor if they happened to be wearing new overalls. It is gratifying to know that all his striving and efforts are to pass on to such safe and talented hands.

And from Trevor, and Fred and Kevin, their mark is spread throughout the village. When we moved into our house in 1992, Trevor did all the renovations, and on removing a panel from the staircase, found the initials FG from when Fred had been 'niggly gouging' the studwork there before and had written the year in builder's pencil on the wood. Trevor added his own, and 1992, to it and sealed it in again for someone to find one day.

So it is in so many houses in and around Port Isaac, his own and those belonging to others, his name recorded on the very fabric of the village; he knew the houses and cottages inside and out, how they were constructed, who had done jobs there before, whose style of building had gone before him [and, whilst discreet, he wasn't always over complimentary about certain craftsmen!]. He knew how the houses stood, how they lived and breathed, what they needed, what they wanted, and so when he worked on them he did so with the quiet confidence he applied to so many aspects of his life, with the sureness and simplicity of touch that underlined his very belonging to the place.

And we'd see him, sometimes hear him, up on a roof amongst the gulls and the jackdaws, maybe with one of his boys or with George or his brother Kevin, doing a ridge or placing a finial, setting a slate or pointing a chimney, and Rafa scuttling and wagging his unlikely way up a ladder to be with him. From up there he'd see Port Isaac from all its angles, still transfixed by its beauty after all these years, from Fore Street to Sunny Corner, the Platt to the Poor Court, from Roscarrock to Rat's Terrace. He saw the place from every conceivable angle and loved it and never wanted to leave.

But you know he did leave, on many an exciting excursion with Lesley and with the boys – Florence, Venice, Egypt, New York, Virginia, and of course Australia. Great, great times to treasure the memories of. Family times with those he loved, those he wanted to be with as much and often as he could. Lesley and his boys.

And last but not least, that voice. With both the Wadebridge Male Voice Choir, and with the Fisherman's Friends, he found his voice. Naturally shy and self-effacing, I remember when I first heard him sing alone, somewhere other than from up on a roof. We were in the darts room of the *Golden Lion*, trying new songs and old, and Trevor was adding his top tenor harmonies to the mix. Suddenly, he pinked up and flushed, and with every ounce of his courage to overcome his innate shyness and modesty, he began to sing The Grey Funnel Line.

A voice of such rare purity and clarity, and exquisite, sweet melancholy. A voice to tug the heart strings. And within the harsh and unrelenting banter and mickey taking of our group, we told him how good it was, how special, so different to what the rest of us brought. Trevor was never left in any doubt how we, his singing mates, all loved what he did with us, and I'm so pleased that he did know.

On that terrible day in Guildford, in the midst of everything so pedestrian and ordinary and mundane, when that door slammed shut on Trevor's life, he never made another noise - no words, no screams or wails. We all tried our best, to get him back, to get him right for those who knew and loved him best of all, his family, but there was nothing to be done, and now he is no more, and all are compounded with shock and grief.



But, in time, we will remember Trevor Grills, husband, dad, brother, uncle, mate as he was in life. We must remember the piercing blue of his eyes, that creased as he greeted you with his engaging, sometimes wry smile. Charming, hard working, highly organised, energetic, a man of integrity and humour, shy, self effacing, modest, a lovely, lovely man who would do anything for anyone, a star in every sense of the word. No more sad songs, just fondest memories of a beloved man taken tragically before his time.

And Lesley, Paul, Mark, Josh, when we ask the question 'where is Trev?' you all know where he is. He's forever in our hearts,

*Jon Cleave's eulogy to his friend
that was read out
at Trevor's funeral in
St Endellion Church on
Friday February 22nd 2013*

Lesley, Paul, Mark and Josh thank everybody for their kindness, sympathy and support

Websites of the Month

Did you know that Cornwall is the Foodie capital of Britain? Well according to John Henley, who writes in the Guardian Food and Drinks section that is the case. In an article in **The Guardian** in February <http://tinyurl.com/arns5yt> he asks this:

"The region's beer, meat, cider and ice-cream is quietly winning an army of new fans all over Britain. What is the reason behind its extraordinary culinary renaissance?"

Of course in a short article he can't mention everyone and so I thought for this column we could have a look at his choices and add in a few more.

In the article he singles out a number of North Cornwall producers for particular mention.

The first is just down the way from Port Isaac in Delabole – the **Deli Farm Charcuterie** <http://www.delifarmcharcuterie.co.uk>. I visited them a few years ago to see if I could buy some of their produce, but it turned out they didn't (and still don't) have a shop on site. It was a very simple set up. In their own words from the website:

"The early days were spent by researching techniques and equipment. The first batch of salami was made using an old smoker for a fermentation chamber cobbled together with a CPU fan and a light bulb and an old domestic fridge for an air drying room where Martin altered the workings to get it running warm instead of cold, wow how things have changed!"

They produce smoked meats and it is all prepared in Delabole. While they don't have a shop you can buy online. They have won awards and supply top chefs and big events (Wimbledon, Olympics). Their website is very informative about their history and the methods they use. Martin was also the key person who took the Delabole wind farm from the original idea to completion and he continues his commitment to energy conservation and good environmental practice in the Deli.

The Guardian article goes on to mention the local Michelin starred chefs - Rick Stein, Paul Ainsworth and Nathan Outlaw. Rick Stein has lots of websites so you will be able to find those yourself I expect, but Paul Ainsworth and Nathan Outlaw are more recent celebrities and are getting high praise for their cooking. Like Rick Stein, Paul Ainsworth is also based in Padstow at **Number 6** and his website <http://www.number6inpadstow.co.uk/> is attractive and has many images of cooking, food and the landscape around Padstow.

Nathan Outlaw is based in **St Enodoc Hotel** in Rock <http://www.nathan-outlaw.com>. His website is packed with information about local food and there is a blog with some excellent chefs tips. He also runs master classes and other educational food-related events, has a shop, and, of course, a restaurant. There are sample menus to look at and imagine eating!

Next up is drink and it is beer and cider that is featured. **The Harbour Brewing Company** <http://www.harbourbrewing.com/about-us.php> was set up a couple of years ago by two young men with a passion for beer and surfing. Their website is very well designed to show you how they make their beer and what you can buy.

Rhys Powell, one of the founders of the **Harbour Brewing Company**, used to work at **Sharps Brewery** <http://www.sharpsbrewery.co.uk> our local award winning brewery, committed to sustainable production. **Sharps** also has a really good blog <http://brewingreality.blogspot.co.uk> where Head Brewer, Stuart Howe, talks about his involvement with **Sharps** over the past decade where he has seen it get ten times bigger and now produces the fifth best selling beer in the UK (Doom Bar).

Cider is covered with a description of Andy Atkins (an ex 'fed-up' dairy farmer) who planted a 15 acre orchard <http://www.cornishorchards.co.uk> and which now is a really successful cider company, which again has been winning awards. They are currently working on a new website, which they say will be really good!

John Henley finishes up his article with ice cream in the form of **Treleavens** <http://www.treleavens.co.uk>. This company make hand made ice cream using artisan methods (they say they also use machines too when they are needed). The pictures on the website are really mouth-watering. They get their ingredients locally and they (along with the others mentioned above) clearly love what they do and are very proud of it.

Of course there are many other examples: Wine isn't specifically mentioned but the **Camel Valley** estate <http://www.camelvalley.com> is another obvious ingredient in Cornwall's food and drink basket. Their website has beautiful pictures of the valley and they have tours from April to October and are well worth a go. Their awards page goes on and on <http://www.camelvalley.com/awards/> and shows what a successful venture this has been.

I couldn't finish this column without a mention for **Camel Community Supported Agriculture** <http://camel-csa.org.uk>. The weekly veg box is fresh and you can see where it is grown. Their website has recipes for the vegetables and much more besides.

His answer to the question about why Cornwall has been so successful is that there is a virtuous circle in play. There has been the help Cornwall has received from EU funding allowing local businesses to evolve, grow and create jobs. Apparently more young, energetic families are coming here, essentially for the quality of life. They bring income which then allows chefs with big ideas to prosper. There is also the existing local talent and creativity which has allowed this success story to blossom.

Tony Wainwright

Why Bother with a Neighbourhood Plan?

(or why is a middle aged woman trying to befriend my 16yr old son on Facebook?)

St Endellion Parish Council has decided to construct a Neighbourhood Plan. New planning law now changes all previous guidance, without a plan all decisions will be made at County level, and who wants that?! Our parish council often complains about how little influence we have over planning decisions, so this is an opportunity to really make our voices heard! Realistically, this plan must be one for development offering employment opportunities here in our village. Crucially we must also identify our housing needs, and assess how we can provide for them.

Our first step is to encourage as many of you as possible to take part in our consultation by filling in our survey. Your opinion will help shape our final questionnaire; your responses will be used to build a plan, one which shows we have consulted properly with our community. You can do this online at

<http://www.stendellionpc.com>

Click on the "Localism" tab, you'll see the link in pink at the top. Or fill in a paper survey, copies can be requested from your Parish Councillors or you can pick one up in the Co-op or the surgery.

We also have a facebook page (yup that was hard work, convincing some of our members it was worthwhile!). Type "St Endellion" and the group link will pop up. You can find out more about our areas of interest by joining this group to keep in touch with how the plan is progressing. You don't have to be old enough to vote, youngsters are our future citizens, so their opinion is just as important! So that's why (for the puzzled teenagers) a middle aged woman is trying to FB befriend you!

We will talk to all the clubs and organisation in the village (did you know there are 30+!). As a child free zone I was a little nervous about going to my first club, the mother & baby group in the Village Hall. Forms given out I had a chat with the mothers and found that they were very interested and very vocal, a really positive meeting.

Over the next few months we will also hold public consultation meetings, so you can come and talk to us. We aim to speak to all sectors of our community, families, businesses, seasonal workers, young people, carers and those who know best, our elders! We are keen to speak to landowners too who are interested in development on their land.

Once all opinion has been gathered, we will write the plan, and then comes the difficult part! Firstly Cornwall Council will assess whether it complies with their core strategy (which is yet to be published!). If it complies, the plan can be put to your vote. Only if 50% of our voters agree with the plan will we succeed. Without your input we have got a cat in hell's chance of a positive outcome. Without a positive outcome we will have no control over the type of development Cornwall Council will allow. So, it really is a case of "speak now or forever hold your peace!"

We have two consultation meetings lined up, the first on the March 25th at 7.30pm in Trelights at the Village Hall. The second, when we invite businesses in the area to come and have their say is at Port Isaac School, April 22nd at 7.3pm. At this meeting we hope to have a presentation from BT on the community uses of Super Fast Broadband.

See you there, no voice, no opinion!

Nicola Williams

trio cover Photographs for local charities

Since **Trio** 'went colour' a lot of the cover photographs have been taken by Sally Stratton. The interest in them has been phenomenal and Sally has suggested that we provide these photographs as prints with all the profits going to local charities. The plan is that we will sell the prints throughout the year and allocate the money at the end of 2013.

So if you would like an A4 print of any of Sally's photographs that have graced the **Trio** cover they are available for £20 mounted or £16 unmounted. The images will be printed to order so will be with you within seven days. If you want them sent in the post add another £3 to your payment. Cheques to be made payable to **TRIO**.

Orders to **Trio** at 3 Trewetha Lane, Port Isaac, Cornwall, PL29 3RN or email trio@mac.com or call into *Secrets*. Please make sure when placing your order that it is one of Sally's photos.

This month's cover photo is Sally's capture of Roscarrock Hill from across the harbour.

Put up ... or shut up!

It's easy to moan about and criticise the Parish Council - but if you really do feel strongly about our Parish and it's future now is your chance to try and make a difference! Local elections take place in May this year. If you wish to put yourself up for election contact the Parish Clerk or look on the Cornwall Council website. Candidate's information packs will be available in mid March. The pack will contain the required forms and guidance on the election process. You will need to complete and submit nomination papers to the Returning Officer.

A Notice of Election will be published on Wednesday March 20th setting out the times and places for nomination papers to be submitted. Candidates must submit their completed papers after this Notice of Election is published and before 12 noon on Friday April 5th 2013.

Just so that you are sure what you are letting yourself in for, "A parish council is a local authority that makes decisions on behalf of the people in the parish. It is the level of government closest to the community."

As it is the authority closest to the people, Parish Councils are invariably the first place people will go with concerns or ideas. For this reason they are a vital part of any community.

By becoming a parish councillor you become someone your community will look to for help, guidance and support; a community leader with the power to influence decisions for the benefit of the people you serve. Seeing your community change for the better, as a result of decisions you have helped make, is something that can give you a sense of achievement and pride."

When I get old I don't want people thinking
"What a sweet little old lady"...
I want 'em saying
"Oh Crap! What's she up to now?"



The 70th Anniversary of the Battle of the Atlantic

Tell the Children

A special breed of men my friend-
A special breed of men,
I'm talking of the convoys and remember,
once again,
Seventy years have passed proving what
we owe,
Our debt is all the greater from all those
years ago.

Our Mariners endured, intrepid and low
paid,
With stubborn sense of purpose they
carried on their trade,
Still they served our country sailing there
and back, hauling vital cargoes in times
that looked so black.

These doughty Merchant Seamen
knew their cruel fate if struck by cunning
sea-wolves lurking there in wait,
if the lived to tell their story and
strived to stay afloat,
they struggled on with hardships
aboard an open boat.

Life goes on of course, we age and
youngsters grow,
Ask them about the convoys find out just
what they know.
Show them our Red Duster, explain our
Island Race,
Shed light upon the Nelson touch and put
the seaman's case.

Spell out the wartime rations and
shortage of supplies,
clarify the fight they had and the risking of
their lives.
Tell them of the oceans and lifelines to
supply.
Our children have their freedom and
should know the reason why!

**A poem by Captain J EARL,
Master Mariner**

More than 30,000 Merchant Seamen
lost their lives during the Battle of the
Atlantic. In May this year the 70th
Anniversary of the Battle of the Atlantic
will be marked in London, Liverpool
and Londonderry.

Fly the Red Ensign with pride in May
2013. To us Merchant Seamen It is
known as the Red Duster and
symbolises Blood and Guts.

Ray McCrohan



Climate Friendly St Endellion

Last December I mentioned the “Cornwall Together” electricity bulk-buying scheme, for which registration had closed at the end of October. I was irritated that I had only heard about the scheme too late to be able to pass on the details in time for folk in Port Isaac and the rest of the Parish to join. Now I am glad to find that last autumn was just Phase 1 of the development of “Cornwall Together”, and that Phase 2 has now started. This takes the form of a ‘road show’ which, during late February and early March, will visit a number of locations from Penzance to Egloskerry. Not just that, but it will be in **Port Isaac Village Hall on Saturday March 2nd** and you are invited to bring your energy bill and join them for tea and cake to find out more. They claim that you could make a big saving (last year’s average saving was £133) by joining the scheme, which is now well-established. You should have received a postcard through your letter-box to this effect (no times are mentioned, perhaps local notices will appear). “Energy bill” presumably includes bills for LPG (liquefied petroleum gas), and maybe even oil, as well as electricity.

Also at the Hall on Saturday March 2nd, you will probably find members of the Parish Council, ready to talk (as always!) but also to listen to your ideas about our Neighbourhood Plan. If you were around some ten years ago, you will remember that the Parish Council and STEER (St Endellion Economic Regeneration) asked every household a lot of questions and, from the answers, drew up a Parish Plan in 2004. Some of the suggested projects have not happened at all (affordable housing), some only in part (pedestrian walkway alongside B3267 from Port Isaac to Trewetha), some are only now beginning to happen (additional car parking), but others definitely did take effect (overhead cables buried, street lighting within the old village replaced with more traditional styles, and the coastal footpath from the main car park to the old village enhanced). Not a bad record of achievement! However, it is now time to look again at how we want our Parish to develop, and your ideas are important.

Over the next few years we may see some new houses, for people working in and around the Parish, and we may see some new businesses starting up. Old businesses may need new premises, to expand as the economy takes off again. All new buildings will have to be energy-efficient, so we are likely to see more PV panels on South-facing roofs. We’ve just been reminded that the “Wave Hub”, located off the North coast near Hayle, was connected to the Grid in 2010, but has not yet received a connection to any wave-powered energy collector. Presumably it’s more difficult than was thought to reap energy from the waves, reliant as they are on winds over the Atlantic for their existence. It may just be coincidence, by the way, but they always used to say the Wave Hub was “near Newquay”, now they say “near Hayle”. Some surfers expressed the fear that taking energy from the waves would reduce the waves’ height, and hence reduce the attraction of the Newquay beaches. As I say, it may just be coincidence.....

I am glad that research continues on collecting energy from the tides, but I wish the research taking place around Cornwall was more noticeable. There is work being done in the bay off Falmouth, but it’s not much publicised. We hear of tidal turbines being installed among the islands of Orkney, way up North of Scotland, but never of any being installed off our North Cornwall coast. Is our undersea geology so different, the tides less reliable, or the shipping-lanes so much more common? We are not suggesting a Camel Estuary Barrage, although others have, but something like two towers close together in the sea off a headland, with a reversible turbine between them. Perhaps all possible sites are good places for lobster-creels...

In conclusion, how pleasing it is, whenever we see lobster- or crab-fishing shown on TV, to see these shellfish checked for size, and immature ones put back into the sea, unharmed, to “grow a bit more”. We even see pregnant lobsters being put aside for the Hatchery at Padstow. It makes a good demonstration of sustainable fishing actually happening. Let us hope that the new rules, as part of a re-vamped EU Common Fisheries Policy, can be made to work in practice, and we see an end to dumping of by-catch, *etc.*, to keep within quotas. Keep up the good work, PW boats!

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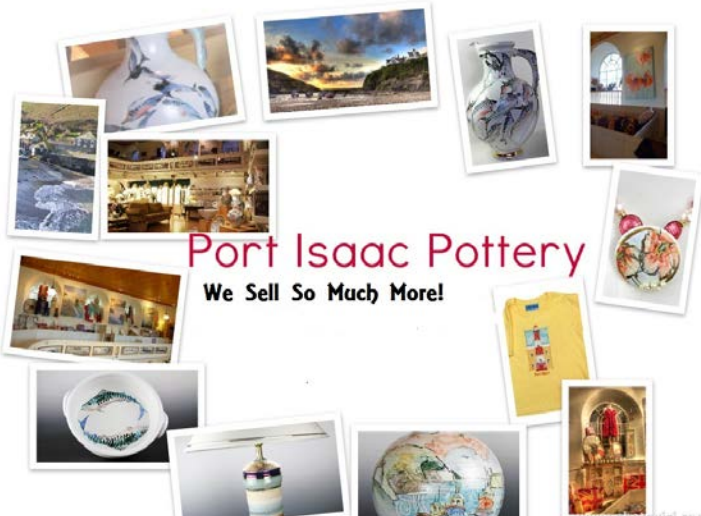
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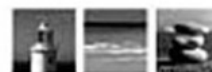
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Tuesday March 5th

Kerbside Recycling - bags out by 7am

Saturday March 9th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Sunday March 14th

Classical Guitar Concert by the Cornwall Youth Guitar Ensemble in St Endellion Church - 4pm

Tuesday March 19th

Kerbside Recycling - bags out by 7am

Friday March 22nd

PISCES School Reunion Supper at Port Isaac Primary School - 6pm-8pm

Saturday March 23rd

The Choosing of the new Carnival Fairy Queen and attendants at Port Isaac School - 1.30pm

Port Isaac Chorale presents an Old Time Music Hall in the Village Hall - 7.30pm

Monday March 25th

Neighbourhood Plan Consultation Meeting in Treights - 7.30pm

Friday March 29th - April 7th

40th St Endellion Easter Music Festival

Friday March 29th - GOOD FRIDAY

Saturday March 30th - EASTER SATURDAY

Carnival 3-legged Race, Easter Egg Hunt and Duck Race - all day on the Beach

Sunday March 31st - Easter Sunday

RNLI Coffee Morning at the Lifeboat Station - 10.30am

Monday April 1st - EASTER MONDAY

Easter Tuesday April 2nd

Cash BINGO raising funds for Port Isaac Village Hall - in the Hall

Kerbside Recycling - bags out by 7am

Wednesday April 3rd

St Peter's Church Easter Mini-Market in the Church Rooms

Thursday April 11th

Port RNLI AGM in the Village Hall - 7pm

Saturday April 13th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Monday April 22nd

Neighbourhood Plan Consultation Meeting in Port Isaac School - 7.30pm

Wednesday April 24th

St Peter's Church PCC AGM in the Church - 6.15pm

Thursday April 25th

Port Isaac Village Hall AGM in the Hall - 6pm

Thursday April 25th

Concert from the Wind Section of the Bournemouth Symphony Orchestra in St Endellion Church - 7.30pm

Monday May 6th - MAY DAY BANK HOLIDAY

Saturday May 11th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Friday May 24th - Monday May 27th

PORT ISAAC MUSIC FESTIVAL

Monday May 27th - SPRING BANK HOLIDAY

Saturday June 8th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Saturday July 13th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Wednesday July 24th

St Peter's Church Summer Mini-Market in the Church Rooms

Saturday August 10th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Monday August 26th - BANK HOLIDAY

Saturday September 14th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Sunday September 15th

St Peter's Church Harvest Festival Songs of Praise, Auction & Supper

Saturday October 12th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe



**The Post Office service is open in The Church Rooms
on Monday morning from 9.30am-12.30pm and
Friday afternoon from 12.30pm-4.30pm**

Trio Copy dates

ISSUE

April

May

June

July

August

September

COPY DATE

Thursday March 21st

Wednesday April 24th

Thursday May 23rd

Monday June 24th

Wednesday July 25th

Sunday August 23rd

PUBLISHED

Thursday March 28th

Wednesday May 1st

Saturday June 1st

Monday July 1st

Wednesday August 1st

Sunday September 1st

If possible, please email your copy to triopi@mac.com

Alternatively, handwritten or typed copy can be dropped into
Secrets or put through the letterbox if closed

Regular Events

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the Village Hall. Contact Laura on 881089 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.30am Every third Sunday - Family Service at 9.30am

St Endellion Church - Every Sunday at 11.00am

Treights Methodist Church - Sunday Service at 6.00pm

**Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page.
Make sure your event is included here! email info to triopi@mac.com or call 01208 880905**