

trio

Photo: Martin Perkins

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CLASSIFIEDS

PendragonHouse

Port Isaac

4 bed house, with
permission for
commercial use

available to rent

flexible terms

all enquiries to
Danny Sykes

07890 988882

djsykes1@aol.com

Free to take away

Fibre Glass Fish Pond
7x7x2 with plants and fish
included

&

Two large Cacti

Call 01208 880210

Thank you

to all the people who helped
me when my back went up
at the church last month.
Very much appreciated.

Margaret Honey

Annual Fireworks

A HUGE thank you to Ron & Lin Holmes

who, after 25 years, are retiring
from the posts of Chairman and
Secretary of the Fireworks
committee. Everyone who enjoys our
annual firework display thanks them
for their hard work in keeping the
event going for all these years.

Their departure leaves a
huge gap to fill and Andy
Penny invites anyone who
is interested in getting
involved with the
Fireworks and Bonfire for
an informal chat on
Wednesday April 10th
at
The Edge at 7.30pm

Get a weekly locally grown vegetable box delivered to your door

Contact Camel CSA, your friendly
community vegetable growing group,

For more info please ring Cath
Simmons on 01208 812685 or email her
cath@camel-csa.org.uk
www.camel-csa.org.uk

Quote from a visitor: "Port Isaac looks so much better on the telly"

THE TRIO PRINT SERVICE

Trio is printed on an all-singing, all dancing colour machine that sits
unused for most of the month. We therefore offer a village printing
service to help offset the cost of *Trio*.

We can print in full colour up to A3, single or double sided, on paper
or card up to 180gsm. The machine can tri or bi-fold leaflets or
staple booklets. As well as leaflets and brochures we can print flyers,
posters, menus etc. We also offer a design service or can prepare
your design ready for printing.

To find out more contact Dee on 01208 880905/880862,
email: dee54@mac.com

Trio is issued eleven times a year and is
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01208 880905

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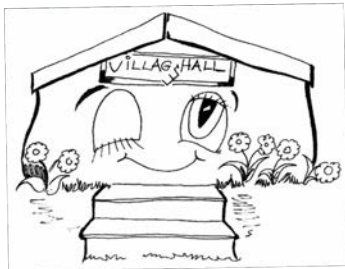
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email: triopi@mac.com

The publisher does not necessarily
hold the same views as those
expressed by contributors and
reserves the right to refuse or
alter material supplied.

'The Village Hall Boot'

a Table Top Sale in the Village Hall



Saturday April 13th
10am-12noon

plus the 'Village Hall Cafe' will be selling
bacon butties and refreshments

Sellers: Tables £5 each and you can sell whatever you want -
garden produce, cakes, clothes, toys, books etc etc, in fact
anything that's legal and will fit on your table! Set up from 9am

Reserve your table in advance - tell any member of the Village Hall
Committee or call Andy on 01208 880985 or email: dee54@mac.com

**COME ALONG AND MAKE SOME
MONEY OR GRAB A BARGAIN**

Port Isaac Village Hall AGM
Thursday April 25th
6pm in the Hall
everybody welcome

PORT ISAAC VILLAGE HALL HIRE RATES

NON-PROFIT MAKING PARISH CLUBS/ORGANISATION/
GROUPS/ASSOCIATIONS etc, FUNDRAISING EVENTS,
CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50
for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £8 per hour -
£100 for 24hrs

For full details or to make a booking contact the Hall's
Bookings Secretary, Julia Routledge, on 01208 880142 or
email her markjulia@hotmail.co.uk

A BELATED
HAPPY BIG BIRTHDAY
TO
ANDY PENNY
HOW OLD?
YOU DON'T LOOK A DAY OVER 50!
FROM THE REST OF THE VILLAGE HALL COMMITTEE
XXXXXXX

Village Hall News

**CASH
PRIZE**

Easter
Tuesday
April 2nd

Port Isaac
Village Hall

Eyes down
7.30pm

everybody welcome



raising funds for Port Isaac Village Hall

*see us on the beach for our
BBQ & Bar as part of the
Port Isaac Carnival's Easter
Fun on the Beach Day on
Saturday March 30th*

www.portisaacvillagehall.co.uk

Find the Easter Chicks

Easter's nearly here and there's 10 pesky Easter chicks hiding
again in Trio. So, if you're under the age of 10 and want to try
and win yourself an extra Easter Egg, write down where the
chicks are hidden and hand your entry into
Secrets by Tuesday April 2nd. Remember
to include your name, age and telephone
number. There's an Easter Egg for the first
three correct entries picked out of the bag.
Happy hunting!



Fleet fundraising Curry Night

For the last two years I have held a Curry Night to help raise money for me to run The London Marathon for FLEET. Sadly this year, after some hard training, I am now injured so have had to pull out of the 2013 Marathon - a hard decision but the right one. I am going up with the Fleet team but as a bystander which will be very odd!

I will also try to raise the £2000 which I had needed to run so the charity does not lose out financially. The FLEET Curry Night is so popular and it will take place on Saturday April 13th at The Rock Institute in Rock at 7pm. Tickets are £12 in advance of the night with your first drink free. There will be chicken, beef and vegetarian curries that will cater for all tastes (hot-mild) plus a pudding.

Dennis Knight is our auctioneer and there will be a Cornish quiz and of course a raffle. Please book tickets through me Patsy Battle on 07799 420218. There are limited seats so please let me know asap.

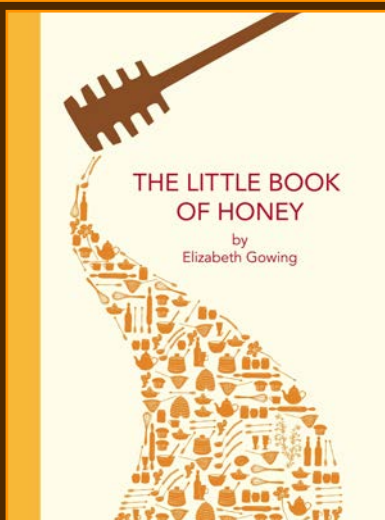
Perhaps you don't like Curry but would like to help me with something for our auction or perhaps you would like to make a donation? FLEET exists because of people like you caring about your community and our Ambulances /Rapid Response vehicles and the equipment they carry. We have the best equipped in the country because of FLEET and because of you.

Come and have a really good evening and bring your friends.

Patsy Battle



Whilst on holiday, Bob & Sandie B spotted this sign in the Old Barbados Rum shop. Seems that things are the same the world over!



Ever wondered what honey made from the nectar of avocado flowers or ivy would taste like? Wanted to make your own honey ice-cream?

Elizabeth Gowing's *The Little Book of Honey* takes you around the world and back to your own kitchen, with the flavours of honey from thistle, viper's bugloss and coriander, amongst many others. It offers recipes for breads, cakes, puddings, drinks and dressings, all drenched, drizzled or delicately flavoured with nature's most versatile sweetener.

The Little Book of Honey is the perfect indulgence for the bee-friendly gardener, the gourmet, the sweet of tooth, those looking for inspiration in eating local, and anyone happy to make life an extended honeymoon. This is a feast for the eyes and for the stomach.

The book costs £6+p&p from
www.thelittlebookofhoney.co.uk

You can let Elizabeth know if you'd like her to sign or write a dedication in a copy for you.

Elizabeth lives some of her life here in Port Isaac and the rest in Kosovo.

Fantasy Football League Table

2011/13

LW	POS	TEAM	MANAGER	POINTS
1	1	RON ATKINSON'S RING	John Yates	1212
2	2	TOUGH AIN'T ENOUGH	Chris Witherden	1198
3	3	CHELSH*T	Richard Hambly	1051
4	4	FOXHOLE STARS	Bryan Nicholls	990
5	5	AIN'T GOT A KALAU	Tim Witherden	950
6	6	FFS FC	Kevin Grills	942
7	7	W W I A F T M	Danny Treacey	917
8	8	TOM'S TEAM	Tom Lobb	860
9	9	BADA BING!	Paul Honey	827
11	10	FOX IN THE BOX	Margaret Honey	826
10	11	FOOTBALLS APPRENTICE	Kevin & Emma Honey	823
12	12	MOTS FLYERS	Tom Cleave	775
13	13	LIVING ON THE EDGE	Lardman Lanyon	755
15	14	MUDGUTS MARAUDERS	Ann Cleave	738
16	15	ADC UNITED	Andrew Dungey	734
14	16	SH*THAMPTON	Harry Hambly	730
17	17	A.N.F.S.C.D.	Andy Penny	698
19	18	EMERALD SPRING GATORS	Andrew Grills	696
18	19	FULLERS UNITED	Sharron Fuller	690
20	20	MAYBEES	Tom Bishop	666
21	21	THE AVIATORS	Dan Grills	650
22	22	FIRE BREATHING RUBBER DUCKIES	Jon Poupard	627
23	23	ROUTE ONE	Tom Penny	612
24	24	THE MUFFIN MEN	Karen Grills	553
25	25	AVP UNITED	W & J Herring	534

tables up to March 18th



EASTER FUN ON THE BEACH SATURDAY MARCH 30TH

THREE-LEGGED RACE

There is still time to enter a team in this year's race. It has been decided that due to the nature of the race it would be better to have it later in the day. With this in mind we have now changed the start time to 2pm. There is still time to enter your team. Team requirements are as follows: three team members, fancy dress and the ability to have fun.

Let us explain the rules. Each team is made up of three members who will be tied together at the legs. All teams must be at the Port Gaverne Hotel by 1.30pm at the latest. The race will be started at 2pm and at the sound of the start whistle each team member must drink their chosen half pint. There will be a soft drink option for the non drinkers but everyone will be expected to complete the challenges along the way. When all three members have finished it is time to run to the next station. Here is where it gets interesting. As well as downing your drinks each team member will be expected to take part in a challenge. Teams will be expected to do the same at each station until they reach Port Isaac Beach and cross the finish line. **What could be easier?**

EGG HUNT & DUCK RACE

We have bought 100 eggs for this year's hunt and with many places already booked we are sure that it will be very popular. You can collect your first clue and entry form on the beach from 10.30am.

Only the best of the best have been chosen to take part in this year's duck race. We have 200 entrants this year and each and every one of them has been trained to the highest of standards. No feather has been left unturned in ensuring that these little guys provide us with a race to be proud of. Why not back your favourite duck. For just £1 per duck you could be in with a chance of winning the star prize (also the only prize) of a large Easter Egg, two bottles of wine and a cute cuddly Easter bunny.

ON THE BEACH

This year the sun will shine, the winds will drop and the temperature will rise. Well, that's the plan anyway!

You may have noticed that there is quite a gap between the above events and you may be saying, what will we do? how are we going to keep the kids occupied? is it really worth turning up? it's going to be a bit boring. The answers are - plenty, easily, yes it is and no it won't

Prof Kevin Hargreaves will be providing Punch & Judy and a Magic Show, Barbara Hawkins will be painting faces, and we have invited some friends who will be providing bouncy castles and ball pools, swing boats and trampolines, hot fresh donuts, hot and cold drinks, sweets, treats and candyfloss. Bored, who said anything about being bored? Plus the guys from the Village Hall will also be joining us for the day and will be providing the ever welcome BBQ and Bar. Now no one has any excuse to stay away.

**We look forward to seeing you all. Remember
the fun starts at 10.30am and lasts all day.**

Afternoon Tea for Kosovo

Tuesday April 2nd - 2.30pm
Port Isaac Village Hall

Last year we went to help with a school in Kosovo - this year we want to help the children we met by holding a fundraising afternoon tea

Tea, Cake, Cornish Cream
Tea, Sandwiches mmm...



after all those Easter eggs a
little more won't matter!
Go on, spoil yourself!

Liz, Lisa, Bill, Barbara, Cheryl & John

St Breward Silver Band on the Platt - Summer 2013

St Breward Silver Band will be appearing here on The Platt in Port Isaac from 7.30pm on the following dates only:

Thursday July 25th
Thursday August 1st
Thursday August 15th
Thursday August 22nd





THE BIG SWIM CORNWALL

A CORNISH BEACH TO BEACH RACE - RAISING MONEY FOR CHARITIES
SPONSORED BY SHARP'S DOOM BAR

Due to it's phenomenal success, this year's *Big Swim* is to take place over two days - Saturday and Sunday August 17th & 18th. Says organiser Sarah Coates, "Yet again we are pushing the boundaries and we have exciting new plans including the possibility of a pop up campsite for those who want to make a weekend of it."

Now in it's fourth year the Big Swim has come a long way since the 50 swimmers who took part in 2010. There are challenges for all including the Triathlon (swim, run and kayak), The Super Serious Swim, The Serious Swim, The Not So Serious Swim and The Little Swim (for children).

To find out more go to thebigswimcornwall.co.uk or look in future issues of *Trio*. But if you're planning to take part you should register now before it is full up.

NCB The Sound of North Cornwall
01208 808557 - studio@ncbradio.co.uk

NCB Radio is a fantastic radio station broadcasting from Bodmin, Cornwall UK. You can tune in from wherever you are via

- www.ncbradio.co.uk
- iTunes
- The free Tune In Radio app

We feature a great selection of music from Rock to Pop, Indie to Reggae. Please tune in and help us be the place for music!

You can get involved in these ways

- Be a Presenter
- Get free publicity for your club, association, organisation or charity
- Tell us about a local news story
- Make a request or dedication
- Advertise your business or sponsor a show. Rates are very reasonable.



In a band? Upload for airplay at www.ncbradio.co.uk/artistcontact

Please follow us on Twitter at @ncbradio and like our facebook page at www.facebook.com/ncbradio.

Most importantly, please give NCB a go. Tune in and see what you think. Check the full list of what's on the station at www.ncbradio.co.uk/schedule.

NCB - the official radio station of Port Isaac Music Festival 2013

PORT ISAAC VILLAGE HALL YOUR HALL FOR YOU TO USE

For full details or to make a booking contact the Hall's Bookings Secretary, Julia Routledge, on 01208 880142 or email her: markjulia@hotmail.co.uk



Come to St Endellion Easter Festival for FREE

The Easter Festival runs until April 7th and you can hear the chorus and orchestra for FREE at the Festival Eucharist at 11am on Sunday the 7th. The Eucharist service sees the second performance of the specially commissioned anthem *Aurora lucid rutilat* (the first performance is on Easter Day) from composer Matthew Martin. There are also two free open rehearsals when the public are welcome to come to listen to



Composer, Matthew Martin

preparations for the final concerts. These are on Friday April 5th and Saturday April 6th between 9.30am and 1pm.

Also free for children under 16 are the two lunchtime concerts held at St Kew Church - 1.15pm on Wednesday April 3rd and Friday April 5th. Tickets otherwise are just £5.

Our free 9am *Thought for the Day* each weekday morning will appeal to early risers no doubt. The first speaker on Monday April 1st is St Endellion Prebendary Dr John May.

Unreserved tickets are still available for most concerts. Please ring 07870 548187 for updates and to purchase tickets.



ST ENDELLION EASTER FESTIVAL

in the Collegiate Church of St Endelienta
29 March - 7 April 2013

PORT ISAAC MUSIC FESTIVAL

FOUR *MUSIC-FILLED*
NIGHTS *AND THREE*
MUSIC-FILLED DAYS

a Bank-holiday
weekend of live
music for
everyone

FRIDAY NIGHT

COME TO THE
VILLAGE HALL
NIGHTCLUB FOR AN
EVENING OF CABARET
AND JAZZ WITH

JOHANNA
GRAHAM
&
MADAME
GALINA

SATURDAY NIGHT

THE ANGELS'
SHARE

THE MAN WHO LOVES YOU
THE GRENAWAYS

SUNDAY NIGHT

FLATS &
SHARPS

ISLAND CASSETTES
LEE CHANTLER

MONDAY NIGHT

JOHNNY COWLING

ANNIE APPLEBY

check out the website
for details of the
daytime events as they
are announced

all in the Village Hall - tickets £10 each night or buy a Festival
Ticket for all four nights for £32 - available from *Secrets*, Port Isaac
or reservations on 01208 880905/880862
or email dee54@mac.com

www.portisaacmusicfestival.co.uk

MAY 29TH - 31ST

Church Diary Dates

Easter Day Sunday March 31st

8am - Easter Holy Communion (Book of Common Prayer), St Endellion Church
9.30am - Easter Sung Eucharist, St Peter's Church, Port Isaac
11am - Easter Sung Eucharist, St Endellion Church
4.30pm - Easter Festival Choral Evensong, St Endellion Church
7.30pm - First Festival Concert

Easter Monday April 1st

9am - 'Thought for the Day', St Endellion Church, Prebendary John May
10pm - Late night Concert, St Endellion Church

Easter Tuesday April 2nd

9am - 'Thought for the Day', Alison Moore-Gwynn, Director Fields in Trust
7.30pm - Easter Festival Chamber Concert, St Endellion Church

Wednesday April 3rd

9am - 'Thought for the Day', St Endellion Church, Andrew Watkinson, Endellion String Quartet
10.30am - St Peter's Church Mini-Market, Church Rooms, Port Isaac

Thursday April 4th

9am - 'Thought for the Day', St Endellion Church, Colin Brown, Creative Arts Evangelist
10pm - Late Night Candlelit Concert, St Endellion Church

Friday April 5th

8.45am - 'Thought for the Day', St Endellion Church, Colonel Edward Bolitho, Lord Lieutenant of Cornwall
7.30pm - Easter Festival Concert, St Endellion Church

Saturday April 6th

9.30pm-1pm - Open rehearsal, St Endellion Church
7.30pm - Easter Festival Concert, St Endellion Church

Sunday April 7th

9.30am - Sung Eucharist, St Peter's Church, Port Isaac
11am - Easter Festival Sung Eucharist, St Endellion Church
6pm - Final Easter Festival Concert *The Dream of Gerontius* St Endellion Church

Sunday April 14th

9.30am - Family Eucharist, St Peter's Church, Port Isaac
11am - Sung Eucharist, St Endellion Church
6pm - Taize Service, St Endellion Church

Wednesday April 24th

7.30pm - Mothers Union, St Endellion Church Hall (Rev'd Jane Willis)

Sunday April 28th

9.30am - Sung Eucharist, St Peter's Church, Port Isaac
11am Sung Eucharist St Endellion Church

The message of Easter is a message of hope ...

I write in Lent and in what feels like the depth of winter.

But you will be reading this in Eastertide and with at least the promise of Spring. The eccentric pattern of occurrence of the festival of Easter, dependent as it is on calculations of the age of the moon, means that it can sometimes happen in March (as this year) before the true spring has declared itself. This can play havoc with the school holidays.

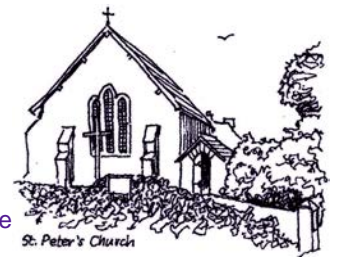
Nevertheless Easter is a Spring Festival. The first Easter occurred at the time of the Jewish feast of Passover, the commemoration of the exodus of the Jews from slavery in Egypt. It is a time of rejoicing for escape and bursting forth. But Passover was itself a spring harvest festival which could not occur until after the Spring equinox. The exodus of the Jewish people from Israel was seen as paralleled by the recreation of nature in the blossoming of nature.

And so for Christians Our Lord's resurrection, his bursting from the tomb, conquering death and bringing new life to the world occurs at a time when all around us nature is in the bud, full of the promise of blossoming to come. The message of Easter is a message of Hope. Easter eggs, about to crack open and reveal the life within and Easter bunnies and above all Easter lambs are all true symbols of the message of Resurrection and New Life.

All may not be well with the world and those of us who live in it but Christ brings us a promise of better things to come. What Christ offers he offers freely and abundantly. All we need to do is to accept what he gives so freely.

Andrew Lewis

Assistant Curate, North Cornwall Cluster



St Peter's Church Diary Dates

Wednesday 3rd April

St Peter's Church Easter Mini Market 10am-12noon

Wednesday 24th April

St Peter's PCC AGM, 6.15pm at St Peter's, please come and support your village Church

Wednesday 24th July

St Peter's Church Summer Mini Market

Sunday 15th September

Harvest festival with songs of praise, auction and supper

Saturday 16th November

St Peter's Church Christmas Mini Market

Dr Trevan Hambly

Patrick, Rupert & Judy Hambly are sad to announce the passing of Dr Trevan Hambly, our lovely Grandad and Father-in-law who passed away peacefully on the Isle of Wight on 9th March 2013, aged 97.

A very proud Cornishman and true "character" born on 29th May 1915 in Port Isaac, which remained deep in his soul all his life. Indeed, he was particularly thinking of you all at this difficult time for Port Isaac. He will be greatly missed by his family and all who knew him.

He will be cremated at Newport, Isle of Wight on April 4th at 3pm and will be sent off to the tunes of, who else but the Fishermans Friends, which he loved. His ashes will return "home" in due course to his birthplace, as was his wish.

Family flowers only.

Enquiries to HV Taylor & Son. 01983 562082.

A further tribute will be printed in Trio once formalities are complete.

**Do you, or someone you know, need a listening ear?
Tel: Judith Pollinger on 01208 880181**



Oral History Project Launch & School Reunion

Friday April 19th

6pm-8pm

Port Isaac Primary School

(event postponed from March 22nd)

*looking back to schooldays in Port Isaac and
forwards to our oral history project*

Thanks to another very generous grant from the Heritage Lottery Fund we are aiming to launch an oral history project in the community over the next two years. If you are interested in hearing about it, do come along.

Plus this a chance to share your stories of your schooldays in Port Isaac right up to the present day and have a look through some of the old school log books that date back to 1877.



It's been a long time since the last school reunion and PISCES wants to hear all the tales from the 'old days' to add to the PISCES collection - keeping memories alive for future generations.

**ENTRY US FREE AND THERE WILL BE
DRINKS & NIBBLES**

PISCES AGM

Come along to our AGM which will be held at our next meeting on Monday May 13th at 4.30pm in St Peter's Church - when hopefully it will be a bit warmer!



Fishing in Port Isaac

past, present & future

Now up and running in
St Peters Church

If you have anything to add to it,
please contact Dee at *Secrets*
on 01208 880905.

We are always looking for
more information to add
to the archive



**'The happiest days
of your life?'**

$2 \times 2 = 4$

Summer 2013

School Days

Exhibition

A history of schooldays
in Port Isaac from 1878

A Taste of Port Isaac

The PISCES cookery book is still on sale around the village. We have sold over 1200 copies in 10 months. It makes memorable gift for anyone who want a souvenir of the real Port Isaac!

Thank you again to everyone who contributed. We are still planning a new edition for next year, so don't forget to dig out your recipes and illustrations.

Winter 2013

A Year in the Life of Port Isaac

a photographic display of life in the village
from the Carnival in 2012 to the Music Festival in 2013

We would love contributions please. We don't keep any original copies and the owner always keeps the copyright to anything donated.

RUTH OUR RESCUE MANNEQUIN

Thanks to the generous donations received from the Sleeman family and friends, as reported in past *Trios*, several projects are in now well in hand, all of which will enable our Station to improve on essential training and operational cover. Senior Helmsman and Station Training Officer, Damien Bolton sends in this current report:

Training has been good with both Wednesday evening shore based sessions in the crew room plus practical sessions at sea. We have been able to recreate some very realistic scenarios utilising the rescue mannequin which was donated by the Sleeman family. This is proving to be a vital bit of kit enabling us to practice with realism. Therefore, please be aware if you see us throwing someone on the rocks or pulling them ashore by their head it is Ruth our rescue mannequin!

The last month saw our first shout of 2013. It was to a dog over the cliff at Iron Gate near Tintagel Head. Sadly, by the time we got there it was too unsafe to attempt a recovery and it was handed over to the Coastguard.



Port Isaac RNLI Crew and Committee
look forward to welcoming all supporters to the

2013 ANNUAL GENERAL MEETING

Port Isaac Village Hall
Thursday April 11th at 7pm

Presentation by

Author and popular ex Radio Cornwall Broadcaster
RNLI Media Manager SW, Tamsin Thomas

including video footage of Port Isaac Lifeboat in action including review of forthcoming medal awards due to take place at The Barbican London in May

Refreshments courtesy Port Isaac RNLI Committee and Sharp's Brewery

RNLI COFFEE MORNING

at the
LIFEBOAT STATION
EASTER SUNDAY
MARCH 31st
10.30am

Our first opening of the
Shop for this year - all
welcome - Tea, Coffee,
Scones and Cakes

Come along and view our range of
unique Port Isaac Logo RNLI clothing,
Special Edition prints
and exclusive high quality cards only
available through Port Isaac RNLI

Now here's a funny thing - The A B C

After being married for
thirty years a wife asked
her husband to describe
her.

He thought for a while and
then said, "You're A, B, C, D,
E, F, G, H and I, J, K."

She looked puzzled and
asked, "What does that
mean?"

He said, "Adorable,
Beautiful, Cute, Delightful,
Elegant, Fancy, Gorgeous,
Honey."

She was so pleased but also
a little bit surprised, "Oh,
that's so lovely. What
about I, J, K?"

He said, "I'm Just Kidding!"
His eye is still swollen ... but
it will get better.

Music at St Endellion Church

*This spring there are several concerts taking place in St Endellion after the
40th St Endellion Easter Festival*

"Bournemouth Symphony Winds" - Thursday 25 April 7.30pm

A concert by members of the renowned BOURNEMOUTH SYMPHONY ORCHESTRA promises to be an exciting evening. The Wind players from the BSO will play Hummel's Octet Partita and Mozart's Serenade in C Minor at St Endellion Church. The BSO are working in Cornwall for the whole week engaging the county with a wide and varied education and community programme, engaging with over 1300 school children as well as performing concerts. As part of this process they will be joined, at this concert's heart, by members of Cornwall's own Triggshire Wind ensemble for a performance of Gounod's Petite Symphonie.

"The French Collection" - Sunday 4 May 7.30pm

We are delighted to welcome back the JOYFUL COMPANY OF SINGERS to St Endellion Choral gems from the late 19th and 20th centuries by Poulenc, Saint-Saëns, Ravel and Debussy, sung by the Joyful Company of Singers, one of Europe's leading chamber choirs under the direction of Peter Broadbent. The JCS is renowned for its virtuosity and intensity of spirit, as well as for an astoundingly wide repertoire, ranging from the 16th Century to the present day. Formed in 1988, the choir first came to prominence when it won the Sainsbury's Choir of the Year competition in 1990. Since then it has maintained its profile in the music world, winning an impressive list of national and international competitions leading to many invitations.

Tickets, £10 (free for under-16s accompanied by an adult), are available from The Wadebridge Bookshop, 43 Molesworth Street, Wadebridge or by emailing tickets@endellionta.org.uk Tickets can also be purchased at the Easter Festival

The new Car Park saga continues ...

And the car park still remains the topic everyone is talking about (although the proposed closure of the Roscarrock Hill Public Toilets gave it a run for its money this past week!). On March 20th "TV 'Doc' gets new car park" made the front page of the *Cornish Guardian*, with a further mention of the proposed Port Isaac Car Park on page 34 and another article on page 36. Local opinions vary but with Easter looming, and at the time of writing, the Trewetha Lane car park remains closed and this is clearly going to cause problems.

To put things into context, Andy Penny attended the March 11th Parish Council meeting and submitted a report to *Trio*. Here are the main points of that report:

- There was a large public contingent at the meeting, in the main to ensure that the playing field was not commandeered as temporary parking until the new car park is finished - it is not.
- Andy Penny and others again made what seems the sensible suggestion of postponing the construction of the new car park until the end of the summer and using it as it has been used for the past couple of years. There seems to be several reasons why this cannot happen and construction on the new car park should have already begun - it hasn't - with a view to completion by July 4th.
- Our County Councillor, Brian Gisbourne, said that he was now concerned about the car parking situation said, "You cannot leave tonight until you make a decision".
- Local landowners are to be contacted to see if they can accommodate some temporary short term parking.
- 25-30 temporary parking spaces will be available for parking on the playing field hard standing.

Whilst the *Cornish Guardian* concentrates on the cost by CORMAC of £397,000 to build the new Car Park and an additional £40,000 spent on consultant's fees, a lot of locals are more immediately concerned with where visitors are going to park over the next three months, particularly as filming on the next series of *Doc Martin* is about to begin, bringing an additional influx of cars, plus three Bank Holiday weekends. The loan and costs are a fait accompli - it's how life in Port Isaac will be over the next few months that is causing a lot of worry. Hopefully next month's *Trio* will have better, more positive news. In the meantime, the following letters have been received in response to the *Cornish Guardian* coverage.

Dear Trio

Anybody reading Wednesday 20th *Cornish Guardian*'s front page article on Port Isaac's car park would get the impression that Ed Fletcher's statement "Five councillors have left the council since the car park was first mooted, which speaks for itself" is factual. It is not. Ed Fletcher does not speak for us: we left the council for other reasons but not over the car park.

Barbara Bell

former Chair St Endellion Parish Council &

Martyn Dingle

former Vice-Chair St Endellion Parish Council

Dear Trio

I am writing in a personal capacity as the St Endellion parish councillor who led on the new Port Isaac car park project, in response to a front page report in the 20 March *Cornish Guardian* headlined TV 'Doc' gets new car park. It quoted Mr Ed Fletcher and Mr David Raynor claiming that the cost of the car park would have been less if it had been put out to tender instead of being awarded to Cornwall Council's direct works organisation - CORMAC - at a price negotiated by an independent firm of Truro Chartered Quantity Surveyors. This professional firm, Crossley Associates, acted on our parish council's behalf and certified that the final price represented 'best value' for the parish.

Along with all other parish councillors, Mr Fletcher voted to award the construction contract to CORMAC but waited until the contract document was signed before telling the *Cornish Guardian* it was all a big mistake and he's effectively changed his mind. With the parish council election just five weeks away you can suspect why he had this dramatic change of heart, trying to drop all the other councillors in it, but voters are entitled to know the true facts. Neither he or David Raynor have produced a single piece of evidence to support their allegation that a competitive tender would have resulted in a lower construction

continued overleaf ...

Dear Trio

Doc Martin and the Car Park

When I saw the headline in this week's *Cornish Guardian* "TV Doc gets new car park" I thought that Buffalo Pictures had at last decided that they were going to pay for the car park but, no, it was just a story about the shenanigans in the Parish Council.

I do not know anything about the Cormac Contract, the money that has been borrowed or the money which the Council has already spent, save what I have read in the papers but I have been trying for a long time to convince Buffalo Pictures that they ought to pay for the car park so that the council tax payers do not get saddled with such a huge debt to build a car park which is largely needed because of the number of day trippers who come to see Port Isaac.

Buffalo Pictures have made millions out of Doc Martin. Their accounts are publicly available on the Companies Registry website if anybody wants to know the details.

Martin Clunes may be the star but Port Isaac should have equal billing. It is our village which thousands of people come to stare at, not Martin Clunes, except when he is actually in the process of filming. They make use of our village for three or four months and then go away and leave us to put up with the hordes of people who now come throughout the year. I can see from my bedroom window the queues of people lining up to take pictures of the "surgery" even in the depths of winter when it is pouring with rain! The peaceful village which we used to have out of season is no more.

Of course, some businesses make good profits out of the day trippers and some local people are employed during the filming. That is good, but why should the rest of the council tax payers have to pick up the tab to build a car park to accommodate these tourists?

continued overleaf ...

Has Cormac sub-contracted out the work on the new car park?



Clearly the workforce was on a tea break when this development was spotted!

Wife texts husband on a cold winters morning:
"Windows frozen."
Husband texts back:
"Pour some luke warm water over it."
Wife texts back:
"Computer completely had it now."

letter continued from previous page ...

cost. At no time prior to the *Cornish Guardian* report did Mr Raynor write to the parish council expressing a wish that the construction work be tendered out.

There were good reasons why the parish council decided to use Cornwall Council for the construction work. It is quite common for small Cornish parish council's to have a partnership with the county council on larger projects because most don't have the expertise. Firstly there is no risk. Cornwall Council can't go bankrupt halfway through the job, which private Southwest building contractors have been doing with depressing frequency during this recession. Because CORMAC, who maintain most of Cornwall's public highways, will also build the car park the parish council is not required to give Cornwall Council a substantial financial performance bond, which would otherwise be the case.

Cornwall Council is also providing the parish council with a public works loan repayment guarantee, it has included the parish car park in it's new statutory Car Park Order enabling charges to be legally enforced and penalties imposed for non payment, which Cornwall Council will administer. The parish council is also allowed to 'piggy back' on existing Cornwall Council contracts for the supply of car park signs, pay-and-display ticket machines, refilling with tickets and the collection of money from the machines. On top of all this senior officials in Cornwall Council's Procurement, Finance and Transportation departments have vetted the parish council's procurement process, our car park business plan and our application for funding to the government's Public Works Loan Board. The construction contract is just part of a wider arrangement with Cornwall Council, and Messrs Fletcher and Raynor don't explain who else would have done this work for our small parish council, with just one part-time Clerk working ten hours a week, if Cornwall Council hadn't stepped in to help us.

Voters should treat these allegations by Messrs. Fletcher and Raynor with scepticism because there is no substance to them.

Martin Bell
St. Endellion Parish Councillor, Port Isaac

BOWLING FOR EVERYONE

Camelford & District Bowling Club is located in Lanteglos Road, (adjacent to Juliot's Well), Camelford PL32 9RF

It welcomes new members of any age – ladies, men, girls and boys

From early April to mid-September bowls are played on the outside green and during the winter months continues indoors on two mats, for Lanteglos Short Mat Bowling Club, many members partaking in both disciplines.

There are three qualified coaches in the club who offer free tuition and the joining fee for the first year is £30 (outdoors only). During the year there are league matches, indoors and out, for those interested and fixtures are arranged with many of the surrounding towns and villages.

The contact details are as follows-

Camelford & District Bowling Club:

Secretary – Neill Wright on 01840 213801

neill.wright1@btinternet.com

Lanteglos Short Mat Bowling Club:

Secretary – Geoffrey Risdon on 01840 213243

trenuth@hotmail.com

The 2013 season begins with the green opening on Tuesday 9th April at 2.00 pm followed by the club members' Opening Day on Saturday 13th April and the Open Day (for prospective new members and anyone interested in coming along to try the game) on Saturday 20th April at 2.00 pm – with free tea and biscuits.

Doc Martin and the Car Park

letter continued from previous page ...

I have used every argument going to try to convince Buffalo Pictures to pay up, but to no avail, save that they have agreed to pay £34,000.00 to the Parish Council. I am not quite sure if this money has actually been paid because the last I saw, Buffalo said they couldn't afford to pay it until July! Buffalo Pictures is owned by Martin Clunes and his wife Phillipa Braithwaite (who, I suspect, is the "power behind the throne!") I have tried writing to Martin Clunes direct but letters are ignored. Doc Martin is a success worldwide and generates a lot of money for everybody except the majority of the council tax payers of Port Isaac.

We are told that this is the last series of Doc Martin. We shall see. Whether it is or not, with the early series still being repeated, we are going to be left with the effect of Doc Martin for very many years to come. There is nothing we can do about that but we ought to be allowed to share in some of the profits, rather than be lumbered with a debt of getting on for half a million pounds.

I heard a rumour yesterday that Phillipa Braithwaite has let it be known that Buffalo might be prepared to pay a small percentage of their profits not only for the future but also backdated to the beginning. I do not know if this is true but let us hope it might be. If Buffalo would be prepared to pay over a decent sum then we could call the car park The Doc Martin Car Park and it would generate a huge amount of goodwill for Buffalo which does not exist at the moment.

Dugald Sproull
Port Isaac

RED NOSE DAY

Plenty of fun and frolics took place in school and the donations are still being counted.

Everyone wore red or dressed as a celebrity and took part in a cake bake in the morning.

After lunch some new talent was spotted when the children took to the stage and then lips were licked and tummies rubbed when the cakes were sold and quickly eaten!!

Happy Easter

We would like to
wish everyone a
very happy
Easter!

HAPPY BIRTHDAY

APRIL

- Sam B 10
- Will 10
- Sam J 9
- Isaac 9
- Mollie 8



Goodbye Mr Bishop!

We would like to wish Mr Bishop good luck and all the best as he leaves us to take up his full time position as Head at Camelford CP School.

The children were asked to share a memory that they have of Mr Bishop when he was in school.

Mollie and Dawied:

"Every Christmas Mr Bishop would wear a Christmas tie which played a Christmas song"

Katie and Isaac:

"Mr Bishop was always good at sorting out fallings out and keeping friends together. He would ask us to build a friendship tower which really worked."

Rosie and Josh:

"Mr Bishop is very sporty and always helps a team who is losing. He scored loads of goals"

Issy and Joshua:

"Mr Bishop is a very good pirate. His Captain Daisy was very convincing!"

Amelia and Aaron:

"We will always remember Mr Bishop at Sports Day using his megaphone and telling us to do a weird race"

Emilia:

"Mr Bishop has been a fantastic teacher"

Oscar:

"We will miss him a lot and wish him lots of luck for the future"

Willow Igloo

We were hoping to have this planted before the end of term but the weather defeated us!

After Easter, if you keep a look out in the school grounds in the corner by the road, you will see our willow igloo. This is a living, growing structure and hopefully once it is established the children will be able to play inside it and use it in their playtime games.

Thanks to everyone who made it possible for this project to go ahead.

Port Isaac has a Sweatshop!

Curtains...for Kosovo...why?...was the most frequently asked question when I was trying to drum up volunteers to help me. I guess the confused had a point; after all, as some of you have already seen, the kids of Fushe Kosove are in dire need of a lot more than curtains. Equal access to education, good housing, healthcare & nourishing food to name but a few basics. However, I make curtains. It's what I do, so why not share my skill to make their education centre a cosier and or cooler place for them to study? Children deserve a colourful welcoming classroom, so I decided to see what I could do with a team of volunteers and a bit of bullying.

NGO The Ideas Partnership founded by Port Isaac residents Elizabeth Gowing & Robert Wilton have done sterling work in assisting the most marginalised



communities of Roma & Ashkali gain equal access to education. It's been a tough fight in tough conditions from their education centre in Neighbourhood 29. It's literally the wrong side of the railway track. On my first visit with Elizabeth I was overwhelmed by the energy and joy displayed by the children as she followed Elizabeth Pied Piper like into the centre, in stark contrast to their grey environment.

It was wonderful to return and see the change wrought since last November when Barbara Hawkins took another team over to dry line the walls enabling Elizabeth to finally display the children's artwork. Their legacy remains in an ever growing burst of colour all over the walls, kick started since the team ran art classes. I was very excited with the help of Andy O'Brien to finally hang the curtains. I hadn't realised that they'll be equally useful to keep the sun out in the oppressive heat of summer, and as an extra bonus, a donated projector and screen can finally be used.

I owe thanks to so many, so please forgive me if I miss you out. Ian Mankin Fabrics for donating all the lovely fabric and interlining, Sandie Bulgin, Louise Houston, Nicky Parkin, Dave Morgan, Alice Stratton, Sian Fetcher, Marion Goodbourne, Anne Hallett, Liz Brown, Lisa Richard, Lucy Kehoe, CJ Bishop,



Nancy March, Andy Penny, Andy O'Brien, (muscle not needle skills!) The Village Hall (for free sewing space), Elizabeth & Rob for hosting Andy and I in style, and finally to the border guard who suspected me of dealing in contraband curtains, until he recognised Elizabeth and freed us from scrutiny with " its OK, I've seen her on telly". Well done one and all!

Nicola Williams

Dan Rogerson, our local MP ...

As I write this, the Coalition Government have just announced the 2013 Budget, and there are lots of things to be welcome by people across North Cornwall. The Chancellor had good news on something which the Liberal Democrats have been working hard for in government - raising of the personal tax allowance to £10,000 next year. This means that people on low and average incomes won't pay any income tax on the first £10,000 earned. That's an extra £700 in everyone's pockets to help with the rising cost of living. This also brings the lowest earners out of paying income tax altogether, and helps to make sure that work always pays. This was the Liberal Democrats top priority at the last General Election and I am glad that we are delivering it in Government.

As well as reducing the tax bill for lower earners, the Coalition has also announced measures to curb tax avoidance. Tax on petrol and diesel has been frozen, meaning a planned 3 pence per litre rise in September won't happen now. I know that the price of fuel is one of the biggest issues facing people and businesses in our area, and so I'm glad that the Coalition has now frozen tax on fuel for 3 ½ years.

There is also a new Help-to-Buy scheme to help people get on the property ladder with interest-free loans for a deposit. Hard working families will also benefit from extra help with childcare costs, and above-inflation rises in tax on beer have been cancelled, which should help local pubs and breweries.

Small businesses, which are the backbone of North Cornwall's economy, also get help as the Government is cutting their National Insurance contributions, meaning it will be easier for them to hire new staff. In these tough economic times I hope that this will increase jobs and give relief to Cornish businesses.

As a Liberal Democrat I am delighted that in government, despite the difficult economic decisions the Coalition is having to take, we have managed to deliver a fair deal by lowering the amount of tax paid by people on low and average incomes, freezing fuel prices, making it easier for first time buyers, boosting job creation, helping local businesses and clamping down on tax avoidance.

Prior to the budget announcements all the talk centred around the Leveson Inquiry and proposals to make sure that we have a free and fair press, but also one that can't trash

people's lives or reputations. Liberal Democrats and Labour had made it clear that David Cameron's proposals didn't go far enough in protecting people from the kind of abuse suffered by the parents of Madeleine McCann or Millie Dowler. I am pleased that David Cameron has now come back to the negotiating table, and that Lord Leveson's key recommendations look set to be met through a robust Royal Charter.

In Parliament I have been continuing my campaign to make sure that Cornwall Council gets the amount of money it needs and deserves to deliver services for local people over the coming years. With the Cornwall Council elections in May, there are some important decisions coming up about who will represent you at County Hall, as well as the chance to have your say on how the Conservative & Independent Coalition in Truro have performed in the past few years. Whoever is in charge of Cornwall Council, they deserve a fair share of funding for public services. While poverty and disadvantage may not be as concentrated outside the cities, they still exist. We often have lower wages, higher house prices, higher transport costs, fewer facilities and spend more when accessing services. I will be keeping up the fight for a fair deal for Cornwall.

Dan Rogerson

Parish Council report supplied to Trio by the Parish Clerk

The Parish Council held its March meeting on Monday 11th March 2013 at Port Isaac Primary School.

APPLICATIONS AND NOTICES

PA13/00745 Change of use from A1 (retail) to A3 (restaurant/café). 18 New Road, Port Isaac, Cornwall, PL29 3SB. Fore Investments.

The Parish Council object to this application on the grounds that there are already 13 restaurants in the village, 5 Cafes within yards of this premises, it will be the loss of another retail premises. The Parish council is also concerned that the historic empty petrol tanks were never removed from under this building, and the building sits on the road with no pavement.

Approvals & Refusals

PA12/11749 Listed building consent for re-roofing of dwelling and detached shed. Mrs Allison Rees, 62 Fore Street, Port Isaac. Cornwall Council approved this application.

PA13/00046 Re-submission of application PA12/10278 – proposed construction of garden room. Mr & Mrs Steele, 12 The Terrace, Port Isaac, PL29 3SG. Cornwall Council approved this application.

PA12/00969 Listed Building Consent for the replacement of two uPVC windows with traditional softwood casement windows. Mr N Sherratt, 9 Middle Street, Port Isaac, PL29 3RH. Cornwall Council approved this application.

PA12/10584 Listed building consent for works and repairs to roof and repaint external walls. Mr R Cornish, Creighton Cottage, 64 Fore Street, Port Isaac, PL29 3RE. Cornwall Council approved this application.

PA12/10940 Installation of a 6.7m high wooden BT Pole. Open Reach, Land

Rear of 1 Silvershell View, Port Isaac. Prior approval not required.

FOOTPATHS

The Parish Council examined the Draft Trimming Schedule for 2013/14. The Clerk has advertised for tenders in the Cornish Guardian. If you are interested in tendering for Footpath Cutting contact the clerk for a pack 01288 341242. The deadline is Monday 8th April 2013.

TEMPORARY CAR PARKING

Mr E Fletcher withdrew his proposal to use the area behind the football pitch as an emergency temporary car park until the new car park is completed. Mr Fletcher withdrew this item on the grounds that it is not feasible due to timescale, cost, continued delays, local objections. He felt alternative parking needed to be found.

The parish Council discussed alternative Parking areas. Which are currently being looked into and arranged

PUBLIC TOILET MEETING WITH BERT BISCOE

The parish Council met with Cornwall Councillors Bert Biscoe and John Pollard to discuss the Possibility of taking over the Roscarrock Hill and new road Public Toilets. The parish council is still in negotiations with Cornwall council on this matter. Cornwall Council notified the Parish Council this week that they intend to close the Roscarrock Hill toilets from the 8th April.

GULLGUARDS

The Parish Council has purchased 4 replacement Gull Guard Bags.

The Parish Clerk

Buffalo Productions letter to the residents of Port Isaac

In accordance with the filming code of conduct agreed with the Parish Council Doc Martin Productions would like to inform any residents of the forthcoming filming dates whilst we are in Port Isaac.

Please see below the schedule for the first three episodes.

- On Friday 26th April, we will be filming 0800 - 1900 in and around the old school hotel, then over to Roscarrock Hill in the afternoon.
- On Tuesday 30th April, we plan to film 0830 - 1930 on Roscarrock Hill, then to the bottom of the village, followed by the area around Fore Street in the afternoon.
- On Wednesday 1st May, we plan to film 0800 - 1900, starting in Port Gaverne near to the Port Gaverne Hotel. Followed, in the afternoon by filming in the bottom of the village.
- On Thursday 2nd May 0800 - 1900, we will be filming again in Port Gaverne, then up towards New Road in the afternoon.
- On Friday 3rd May 0800 - 1900 we will again be on New Road & Back Hill.
- Tuesday 7th May 0800 - 1900 bottom of the village all day.
- On Thursday 9th May 0800 - 1500 we will be filming on Roscarrock Hill.

We will be notifying residents immediately around the affected locations by letter in due course, and in advance to filming.

Thank you for your continued support and co-operation. If you need to speak to any member of the Location Department, please contact on the numbers below.

Kind Regards

Johnny Bamford
Location Manager, 07770 915 481
&
Monty Till
Assistant Location Manager, 07877 605 330

there's still time to get involved

There's still time to put yourself forward for election to the Parish Council. Candidates must submit their completed papers after this Notice of Election is published and before 12 noon on Friday April 5th 2013.

Just so that you are sure what you are letting yourself in for, "A parish council is a local authority that makes decisions on behalf of the people in the parish. It is the level of government closest to the community."

cooking with martin



Stuffed Chicken Thighs on Pea Risotto

Just bringing the risotto rice to an 'al dente' texture is a skill in itself; but this dish rewards patience and a delicate touch. Garden peas really do bring a little bit of spring to this recipe - use good quality frozen peas which is what chefs do! And the stuffed chicken thighs wrapped in bacon are a classic marriage of flavours and a cheap cut.

I keep on saying this but find yourself a good butcher and build up a friendly relationship with him and you will find that he is more than happy to do the preparation work for you and, after "Horse-gate", do you really trust supermarkets! Ask your butcher for chicken thighs "oyster cut" - this means that they take the meat off the backbone making it easier to bone the thigh, which is pretty straightforward, by running a knife following the line of the bone and then using a sawing motion whilst pushing the bone away from you and the bone should just come out. Also pull off the skin which is not needed in this recipe but could be roasted like pork crackling and used as a garnish.

For the chicken stock there is no problem using stock cubes - the Co-op has those MPW sponsored Knorr stockpots (other stock cubes are available!). Just make sure you taste the stock before using it as a weak tasting stock will result in a dull tasting risotto. Also remember that the stock will reduce and be absorbed into the rice so watch the salt content - this can be adjusted at the end of the cooking - and using a good fresh Parmigiana adds a saltiness and helps finish the risotto.

So, for two people you need:

Chicken

6 boned-out chicken thighs
24 rashers mindless streaky bacon
3 tbsp olive oil
1 tbsp sherry vinegar
2 tbsp Marsala
1 ladleful of chicken stock

Stuffing

350g good-quality pork sausage meat
handful of skinned pistachio nuts, roughly chopped
1 egg yolk
4 thyme sprigs leaves stripped and chopped
handful flat parsley chopped

Pea Risotto

400g risotto rice (such as arborio or carnaroli)
1 litre brown chicken (or vegetable) stock
250g garden peas (or petits pois), thawed if frozen
50g freshly grated Parmigiana, plus extra shavings to serve
25g butter cut into cubes
handful fresh chives chopped
sea salt and freshly ground black pepper

To make the stuffing: Mix the sausage meat with the chopped pistachio nuts, egg yolk, chopped thyme and parsley – season well with sea-salt and freshly ground black pepper

Open out the chicken thighs, season with salt and freshly ground black pepper and then divide the stuffing equally between them. Lay about four bacon rashers on a board, overlapping them slightly. Tightly roll each thigh and put one stuffed chicken portion on top and wrap the bacon around to cover completely. Repeat with the rest of the chicken thighs.

Wrap each chicken parcel tightly in cling film, twisting the ends to seal. A good tip is to roll the parcels back and forth over the board to even the shape out. Poach the chicken parcels, in a large pan of boiling water for 25 minutes, until the chicken is cooked. Allow to cool in the cling film, then refrigerate for 30 minutes (this helps the bacon to 'set' around the chicken). After the allotted time remove the cling film and pat the thighs wrapped in bacon dry to remove any excess moisture – reserve for later.

To make the risotto: Wash the rice in cold water and strain off. Put the rice into a pan with 500ml of chicken stock, 500ml water and a generous pinch of sea-salt. Bring the stock up to a simmer and simmer the rice for about 7 minutes. Drain the rice well and then spread it evenly out on a lightly oiled baking tray to cool down.

To finish the chicken: Heat the olive oil in a large frying pan and carefully sauté (brown off) the chicken parcels until the bacon is brown and crisp on all sides, but not breaking away from the thighs. Transfer these to a warm platter and rest in a warm place.

De glaze the frying pan with the sherry vinegar, then add the Marsala and stock. Keep the heat under the pan until the liquid is reduced by half, then skim off excess fat and check the seasoning.

To finish the risotto Place the blanched rice in a shallow pan and pour in just enough chicken stock to cover. Bring to the boil quickly and cook until nearly all of the stock has evaporated. Taste the risotto to see if it is 'al dente', cooked and still firm, adding a little more stock if it needs a bit more cooking. Add the peas, Parmigiana and a few knobs of butter. Cook this for a further few minutes until the peas are tender. Season to taste. Finally add the fresh chives.

Spoon out a little of the pea risotto onto a warmed plate, cut the chicken into thick slices and arrange over the risotto, pour over the Marsala sauce and serve immediately.

Well there you go a cheap and simple recipe, give it a go and soon you will realise how easy a risotto is to make, also one final point most of you will not have Marsala so just use white wine instead, the sherry vinegar is well worth sourcing as it is great for making vinaigrettes as well.

Mx

PS: I am looking for a 1 bedroom flat or house to rent in the the village - if anyone knows of one please call me on 01208 880044 or email martin.portisaac@gmail.com Thx

Websites of the Month

Springtime and Easter

The web is a fund of information about history and so for this column I thought I would explore the history of Easter and the activities associated with it. For many of us it is a Christian festival, but at the same time there are other things which we see around this time of year which suggest a different heritage. Of course it is near the time of the start of Spring (although you wouldn't know it from the weather) and maybe that is why the shops are full of Easter eggs and nesting is just starting (our chickens have just started laying too).

I started with wikipedia <http://en.wikipedia.org/wiki/Easter> which has a very good account of the Christian festival and its probable links to the older Jewish festival of Passover. St Paul is quoted as describing 'Christ as our Pascha' which is the word used to describe Passover and of course the last supper was a Passover meal. The festival is a time of hope and sorrow which is also found in the Passover festival as I understand it. This wiki has an extensive section about the arguments concerning the date on which Easter should be celebrated. This causes some fearful rows in the Church and details can be found here http://en.wikipedia.org/wiki/Easter_controversy. The date moves around our calendar in what seems to be a rather unpredictable way but in fact it is very predictable. In contemporary times the definition is found in the Book of Common Prayer (www.churchofengland.org/prayer-worship/worship/book-of-common-prayer.aspx) which says

"Easter Day is the first Sunday after the full moon which happens upon, or next after the 21st day of March; and if the full moon happens upon a Sunday, Easter Day is the Sunday after."

This is chosen, because March 21st is the vernal equinox, the day on which the length of the day equals the length of the night. The link with the phases of the moon goes back to the Jewish calendar, which was linked to this too. Using this method, Easter can only occur between March 22 and April 25. On the Book of Common Prayer website you can find tables to calculate when Easter will fall up to the end of the century, very handy if you are planning your school holidays.

Another tradition that seems to be linked to Easter is from the name. Why is it called Easter? Well one explanation is that it derives from the Anglo Saxon goddess Eostre. She was associated with eggs and hares apparently. There has been much debate about whether there really was a goddess called Eostre, or whether she was invented, but many authorities seem to agree she was a fertility goddess, and rules over the new beginnings associated with Spring - hence the eggs. But what about the hares and rabbits. Nobody seems to be really sure, but they seem to have had a sacred history going back to very early times (<http://en.wikipedia.org/wiki/Eostre>).

The word we have for the season Spring, of course, comes from to leap, burst forth, spring up, all referring to the new growth we see all around us. There are some great websites celebrating what we have in store in terms of wildlife, both plants and animals.

For Spring flowers in Cornwall there are many gardens, particularly associated with the stately homes. Boconnoc is a good place to start www.boconnoc.com/events-calendar/ where you will see wonderful displays. Closer at hand is Lanhydrock House www.nationaltrust.org.uk/lanhydrock/ which will have a great display of flowers this time of year. You can find details of gardens to visit in Cornwall at www.greatgardensofcornwall.co.uk which has a very comprehensive list. One I would particularly recommend is to go and see the magnolias at the Burncoose Garden Centre near Redruth. The gardens are really wonderful.

Of course all round the cliffs the spring flowers are coming out so no need to visit a special place and you can find a handy identification site at www.wildlifeinsight.com/ where you will find wonderful photographs and information about west country wild animals and plants.

Fingers crossed for some nice weather.

Tony Wainwright



The goddess Eostre by Johannes Gehrts

Strange and bizarre happenings

Recently I have noticed a very unusual phenomenon. It seems that whenever I am having a quiet day the most amazing things happen around the house.

I first became aware of the issue when the clothes vanished from the washing basket and reappeared in the drawers, unaccountably clean. Then the dishwasher joined in, it began putting the clean dishes away and reloading itself. The bathroom, feeling left out, gave itself a good flushing and the seat put itself down. The Hoover lost control and began charging around the house. By this time I was becoming a little unnerved but my husband reassured me that I had definitely done nothing all day. The phone answered itself, the diary took bookings.....

Later that day, when I returned from 'spending the afternoon drinking coffee with friends' the shopping arrived home unpacked itself and then supper magically appeared on the table. After eating, my hard working hubby wandered off to watch the television and the table cleared itself, the dishwasher loaded itself and the bin emptied itself. Then my son's pack lunch made itself. Throughout it all I sat around playing face ache games..... apparently.

To top off my day when I went upstairs the bed had changed its sheets, washed and dried them and put them in the airing cupboard, the clothes had hopped neatly into the washing basket, the basin had cleaned away the toothpaste and the loo had flushed itself.

The next morning I was a little nervous but there were no obvious occurrences until there was an early knock at the door, by a lady coming to pick up her complicated order and somehow, I cannot explain it, the order was ready despite the fact that, I am assured, I had a very quiet and relaxed day the day before.

If anyone else has noted this poltergeist type activity can they please get in touch..... Or am I the only person who sits around doing nothing all day?

Old, Jaded and Fat

**Spotted by Bob &
Sandie B pinned to
the notice board
outside the St
Mathias Anglican
Church, Barbados**

HOW TO STAY YOUNG

1. **Throw out non essential numbers.** This includes age, weight and height. let the doctors worry about them. That is why you pay 'them'.
2. **Keep only cheerful friends.** The grouches pull you down.
3. **Keep learning.** Learn more about the computer, crafts, gardening, whatever. Never let the brain idel. "An idle mind is the devil's workshop."
4. **Enjoy the simple things.**
5. **Laugh** long, often and loud. Laugh until gasp for breath.
6. **The tears happen.** Endure, grieve, and move on. The only person who is with us our entire life is ourselves. Be ALIVE while you are alive.
7. **Surround yourself with what you love,** whether it's family, pets, keepsakes, music, plants, hobbies, whatever. **Your home is your refuge.**
8. **Cherish your health.** If it is good, preserve it, if it is unstable improve it. If it is beyond what you can improve, get help.
9. **Don't take guilt trips.** Take a trip to the mall, even to the next county, to a foreign country but NOT to where the guilt is.
10. **Tell the people you love that you love them, at every opportunity.**

AND ALWAYS REMEMBER:

Life is not measured by the number of breaths we take but by the moments that take our breaths away.



It all happened a long time ago, around the time I was born [here the writer removes the dormouse that had tried to hibernate in his long white beard!], in fact even before the Second World War. There was a civil war in Spain, which split families and communities, as well as the nation. When I was at school it was still fairly recent, and hadn't yet become History, so we weren't taught about it. In any case, I didn't like (i.e. wasn't any good at) History. As a result, I must admit that I don't know as much about it as I should, but I do know that pain caused by that war is still being experienced, by descendants of those originally involved.

Many of those who were on the, mainly socialist, Republican side, which lost the war, had to leave the country afterwards. Among these were the family of the British former MP, Michael Portillo, now most certainly not inclined towards socialism. Since leaving Parliament he has found an ecological niche, making television films about railway journeys, loosely based on Bradshaw's Railway Guides, both British and Continental. In these he diverts from the railway to visit obvious tourist attractions, such as stately homes, staying in some now converted as hotels. He also visits factories producing well-known items, including regional delicacies like Eccles Cakes, Kendal Mint Cake and Melton Mowbray Pies, usually trying (but unsuccessfully) to produce an example himself. I hadn't realised that Eccles Cakes, actually made in Eccles on the West side of Salford, are made from a square of pastry, which is folded by hand round the Vostizza currants; if you turn one over you can see where the four corners come together.

It is good that travelling by train is receiving such a good "airing" — we are now into the fourth series of Portillo's British journeying, based mostly on Bradshaw's 1863 Guide, with a further series using Bradshaw's 1913 Continental Guide late last year. When you can avoid the Rail Replacement Bus and the holiday peak crowds, find a seat opposite a window rather than a wall, and fathom the depths of the fare structure, the train can be a really pleasant way to travel, and not necessarily expensive. There are so many scenic lines to travel over, especially in this part of the world. Try the branch-line from Liskeard to Looe, for example; the last time we went that way there was a "Two-for-the-price-of-One Offer". Even on the main-line there may be reductions: a Family Return from Bodmin to Penzance was cheaper than one Senior, one Adult and two Child Singles. You can also enjoy the feeling that you've improved your carbon footprint by not using the car.

George Bradshaw was an interesting man, born in 1801 at Pendleton, near Manchester, he became an engraver specialising in maps. In the 1820s, just when interest in them was at its height, he published maps of canals. He also produced Guides for shareholders of canals and, from the 1830s, for those of the new railways. By the late 1830s railways were beginning to link up with each other, and longer journeys were becoming possible. He started to publish their timetables, soon on a monthly basis, and later producing the Guides with their descriptions of the towns and cities served. He was a life-long Quaker and, at least initially, avoided using names of months (and even days) of non-Christian origin in his timetables, calling January "First Month" or "1st Mo.", February "2st Mo." and so on.

It is now more than sixty years since the first small group of enthusiastic amateurs took over an apparently insignificant non-nationalised narrow-gauge line in mid-Wales, on the death of its owner. This, the Tal-y-llyn Railway, dating from the 1860s, became the first 'preserved' railway in the country. The earliest portion of our local Bodmin & Wenford Railway is even older, the first train running from Wadebridge to Ruthern Bridge in August 1834. Unfortunately you cannot yet ride on any part of that portion, but you can enjoy later sections of line, from Bodmin General to either Bodmin Road or Boscarne junction (or both!). The award-winning café in the Signal Box at National Rail's Bodmin Parkway Station is run by the B&WR, and can be thoroughly recommended.

Provided you keep your eye on the time, and have a good map with you, you can often use the train (or the bus) to make an interesting walk, without retracing your steps. Leaflets are available at stations, suggesting walks accessible from the Liskeard-Looe line, for example, taking the train to one station but returning from another. Then you can reduce your carbon footprint and improve your health at the same time! Happy riding! Happy walking! Happy Easter!

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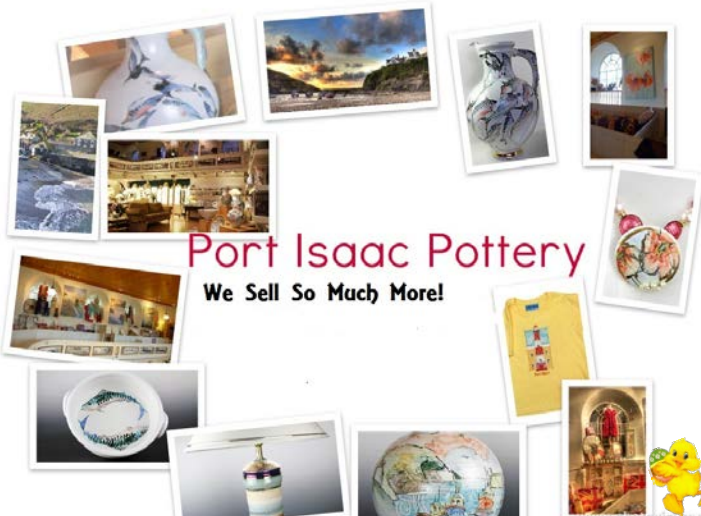
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Friday March 29th - GOOD FRIDAY

Saturday March 30th - EASTER SATURDAY

Carnival Easter Fun on the beach from 10.30am

Sunday March 31st - Easter Sunday RNLI

Coffee Morning at the Lifeboat Station - 10.30am

Easter Tuesday April 2nd

Cash BINGO raising funds for Port Isaac Village Hall - in the Hall - 7.30pm

Kerbside Recycling - bags out by 7am

Wednesday April 3rd

St Peter's Church Easter Mini-Market in the Church Rooms

Wednesday April 10th

Informal meeting at The Edge at 7.30pm for anyone who would like to be involved in the annual Port Gaverne Fireworks & Bonfire

Thursday April 11th

Port RNLI AGM in the Village Hall - 7pm

Saturday April 13th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Tuesday April 16th

Kerbside Recycling - bags out by 7am

Friday April 19th

PISCES rescheduled School Reunion at Port Isaac Primary School - 6pm-8pm

Monday April 22nd

Neighbourhood Plan Consultation Meeting in Port Isaac School - 7.30pm

Wednesday April 24th

St Peter's Church PCC AGM in the Church - 6.15pm

Thursday April 25th

Port Isaac Village Hall AGM in the Hall - 6pm

Thursday April 25th

Concert from the Wind Section of the Bournemouth Symphony Orchestra in St Endellion Church - 7.30pm

Tuesday April 30th

Kerbside Recycling - bags out by 7am

Monday May 6th - MAY DAY BANK HOLIDAY

Saturday May 11th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Friday May 24th - Monday May 27th

PORT ISAAC MUSIC FESTIVAL

Saturday June 8th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Saturday July 13th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Wednesday July 24th

St Peter's Church Summer Mini-Market in the Church Rooms

Thursday July 25th

St Breward Silver Band play on the Platt - 7.30pm

Thursday August 1st

St Breward Silver Band play on the Platt - 7.30pm

Saturday August 10th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Thursday August 15th

St Breward Silver Band play on the Platt - 7.30pm

Saturday & Sunday August 17th & 18th

The BIG Swim Cornwall

Thursday August 22nd

St Breward Silver Band play on the Platt - 7.30pm

Monday August 26th - BANK HOLIDAY

Saturday September 14th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Sunday September 15th

St Peter's Church Harvest Festival Songs of Praise, Auction & Supper

Friday September 20th

Rock'n'Roll Picnic Dance in Port Isaac Village Hall - this year's BIG fundraiser for Cornwall Hospice Care

Saturday October 12th

The Village Boot (table top sale) in the Village Hall - 10am-12noon (sellers arrive from 9am) with the Village Hall Cafe

Annual Fireworks & Bonfire at Port Gaverne

Saturday November 16th

St Peter's Church Christmas Mini-Market in the Church Rooms

Friday December 6th

The Port Isaac Christmas Lights Switch-on with the St Minver Band, Mulled Wine & Mince Pies

Saturday December 14th

The Village Boot (table top sale)

The Post Office service is open in The Church Rooms on Monday morning from 9.30am-12.30pm and Friday afternoon from 12.30pm-4.30pm

Trio Copy dates

ISSUE

May
June
July
August
September
October

COPY DATE

Wednesday April 24th
Thursday May 23rd
Monday June 24th
Wednesday July 25th
Sunday August 23rd
Tuesday September 24th

PUBLISHED

Wednesday May 1st
Saturday June 1st
Monday July 1st
Wednesday August 1st
Sunday September 1st
Tuesday October 1st

If possible, please email your copy to triopi@mac.com

Alternatively, handwritten or typed copy can be dropped into Secrets or put through the letterbox if closed

Regular Events

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the Village Hall. Contact Laura on 881089 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.30am Every third Sunday - Family Service at 9.30am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905