

trio



This issue

CARNIVAL News - p3

THE BIG SWIM - p4

VILLAGE HALL News - p5

TRELIGHTS BBQ - p5

RNLI News - p6

STOWAWAY CHARITY DAY - p6

GIG News - p7

WELCOME GNOME TONY! - p7

CHANGE OF VENUE FOR JAN'S BINGO - p7

DOC MARTIN DONATIONS - p8

NCB News - p8

ROCK'N'ROLL PICNIC DANCE - p9

RUBBISH - p9

ST PETER'S - p10

ST ENDELLION FETE - p11

NORTH CORNWALL BOOK FESTIVAL - p11

TRELIGHTS CHAPEL SUMMER FAYRE - p11

MARY MOVES TO BERKSHIRE - p12

CLIMATE FRIENDLY PARISH - p12

PARISH COUNCIL News - p13

HOLYER AN GOF NOMINATION FOR A
TASTE OF PORT ISAAC - p14

HEADLANDS PLANNING APPLICATION - p14

ICE CREAM CONCESSION - p14

PISCES News - p15

WEBSITES OF THE MONTH - p16

COMPUTER COURSE - p16

HAVE A HEART FOR SYRIA - p16

SCHOOLCHAT - p17

GETTING INTO A PICKLE WITH MARTIN
- p18



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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

CLASSIFIEDS

WANTED MIG WELDER

150amps maximum
None Live Torch Single Phase
Turbo Fan Cooled
Please contact
David Goodbourn

01208 881243

For Sale or Rent Parking Space at top of the village

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all reasonable offers considered

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Sykes on 07890 988882
djsykes@btconnect.com

1/2 bed Ground Floor Flat

and/or Shop, Kitchen/Dining Room,
Twin bedroom (en suite), Lounge (or
second bedroom), separate WC
CH, Parking

Option to use as retail unit if required

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PropID=5531

THE TRIO PRINT SERVICE

We offer a village printing service
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We can print in full colour up to A3,
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card up to 180gsm. The machine
can tri or bi-fold leaflets or staple
booklets. As well as leaflets and
brochures we can print flyers,
posters, menus etc. We also offer
a design service or can prepare
your design ready for printing.

To find out more contact Dee
on 01208 880905/880862,
email: dee54@mac.com

**Two double bed House/
Cottage required for purchase
as soon as possible**

**Can you help me return
home to Cornwall?**

I am a retired gentlewoman wishing to return to my home county and to become involved in Port Isaac village life. The property needs to be already tastefully modernised with small, private garden and off-road parking in a very quiet/semi-rural position. Either within walking distance of Port Isaac or 10 mins drive. Maximum £180,000

I want to spend my last years at home in Cornwall and by the sea.

**Please contact Mrs Jinks on
01785 665420**

Stolen or Missing?

On Friday June 28th, three bollards disappeared from outside of 18 Hartland Road. They were last seen at 10.30am and by 12.30pm they had disappeared.

The bollards were put there for a reason - for an ambulance, doctor or carer. Will the person who moved them please return them. If you have an information please contact PC Taylor or any Police Station.

My wife and I have lived in Hartland Road for 60 years and this is the first time we have lost something. I'm sorry to say that Port Isaac is not like it was when I was a boy.

I am asking the one who shifted them to put them back.

Warwick Provis
18 Hartland Road, Port Isaac PL29 3RP

David's backalong blog

**the first of a new monthly article from
David Castle who now lives in
Fuerteventura**

My early memories of Church Hill were of tar. Being that the hill is so steep, 1 in 4, the road contractors, R Dingle & Sons of Stoke Climsland, were unable to use their equipment to lay the tarmac in the usual way. Working from the top, they tipped stone aggregate, manually spreading it and sprayed tar onto it to bind the stones. The tar took a long time to harden and so became a problem. Church Hill was not used frequently by traffic and the Automobile Association [AA] had a sign saying that the hill was *Impracticable for Motors*. It would be beneficial nowadays if the sign was still there.

**HELP! WE NEED
SOMEBODY
HELP! NOT JUST
ANYBODY
WE NEED YOU OO OO**



NEWS

PORT ISAAC CARNIVAL

Yes we need help. To ensure the safety of everyone on carnival night we need more Marshals.

No special training is needed and you wont miss a thing. We promise.

If you can help please get in touch before the day. We will even give you a nice bright vest to wear so that everyone can see just how important you are. And you are. Promise.

THE CARNIVAL - SATURDAY AUGUST 24TH RAFT RACE

Dotted around the village and many other locations around North Cornwall are our Carnival posters. These were very generously donated by Trio and are sure to bring lots of attention and spectators to the Carnival (**please rest assured that they do not pose any kind of threat to the environment and that each and every poster will be removed after the Carnival**).

If you would like to help with the promotion then make your way to the Co-op where the friendly staff will be more than happy to provide you with your very own "Port Isaac Carnival" window sign. All you need to go with it is a window and something sticky to put it up with. Most Carnivals will give you everything but we like to share the experience. How lucky can you get?

Very soon Cornwall Council will be putting up signs advising everyone of the road closures (no, you can't have one of these as well). Please take the time to read these if you can. Closing the roads is an essential part of our safety plans. We apologise if they are inconvenient to anyone. Access will obviously be available for emergency vehicles, doctors and carers etc. However, we cannot make an exception for your home shopping delivery or the relative that you have not seen for the last 25 years who chooses to turn up at five past six for a reunion. If you really have a problem with access between the times of 17.30 and 19.30 please let us know as soon as you can.

Entry forms for the Carnival are available for download from our facebook page or from any of the committee members. All entries should be on the field by 4.30pm at the latest. Judging will be at 5pm and the procession will start at 6pm.

Fun on the field starts beforehand at 2pm. We will have a small fair for the children with rides and games. While the kids are having fun why not take a look around some of the stalls that will be trading their wares. If you would like to have a stall please contact us. Go on. Be a devil. We wont bite.

Last years weather left a lot of people feeling rather damp and cold. So, to combat this the Carnival committee have purchased two marquees. Both will be erected on the day providing some much needed shelter. if necessary.

When the last pipe has been blown and the last drum banged, all the walkers and floats have left the field and the only noise to be heard is the familiar shrill from Gully and friends as they settle down once again to stake out the nearest bin, then, and only then, is it time to start the party. From 8pm the doors of the Village Hall will be open, bar will be running and the BBQ will be lit, and your Carnival committee extend a warm invitation to all and everyone to come and enjoy the party atmosphere as we celebrate with the amazing talents of Josh Curnow. Oh! I nearly forgot to mention that entry is FREE. You lucky, lucky people you.

We look forward to seeing you all on the day. In the meantime, ways to make contact are:

- 1) via facebook,
- 2) via email portisaaccarnival@hotmail.co.uk.
- 3) via telephone. 880984/880920,
- 4) speech. You know who we are.

SUNDAY

AUGUST 4TH

PORT GAVERNE BEACH

THE FUN STARTS: 2PM

RACES START: 4PM

HOG ROAST,

REFRESHMENTS,

BOUNCY CASTLE,

CANDY FLOSS, ICE-

CREAMS, CHILDREN'S

ENTERTAINMENT

BARREL OF BOOZE

STAR RAFFLE PRIZE

I am sure that by now you have made your rafts to the highest of competition standards. The chosen fancy dress is of the highest streamline quality and the flower bombs have been carefully weighed and are ready to be distributed around the vessel to make sure that the weight distribution is perfect. Or is that a bit over the top?

Please make sure that you have read the rules in full. It would be a shame to disqualify a raft. And yes, sorry, but this year we have to be strict with the rules. Safety comes first and insurance keeps going up. You know the score.

We have many requests for some childrens racing. Due to the thousands of rules and regulations that are thrown in to the equation when children are involved it is too late for us to have a raft race for the kids. However, anyone over the age of 6 will be able to enter the kayak racing. There will be medals for 1st, 2nd and 3rd place and rosettes for everyone else. A handicap scoring system will be used to get the fairest results. Next year will see raft racing for everyone over the age of six.



THE BIG SWIM CORNWALL

A CORNISH BEACH TO BEACH RACE - RAISING MONEY FOR CHARITIES

SPONSORED BY SHARP'S DOOM BAR

Saturday & Sunday August 17th & 18th

Saturday in the water

Sunday in the water

Still places left in all events except Sunday's Super Serious Swim

REGISTER NOW

The Triathlon

2pm -

The Serious Swim

The Super Serious Swim

The Not So Serious Swim

The Little Swim

and then the **BIG** party
from 5pm on the Platt



plus an afternoon of
Children's
entertainment & Circus
and music from

ALI BRADY & MORGAN

This local Cornish duo, just setting out on their musical career are not to be missed.

JOSH CURNOW

Cornish singer-songwriter singing an intensely personal blend of impassioned pop, rock and folk. This gravel-voiced acoustic troubadour is now wowing audiences across the UK as he takes his songs on the road.

ISLAND CASSETTES

UK Indie Band taking influence from Indie, Folk & South African Music. We think they sound like the next best thing since Vampire Weekend!

TENTH ELECTRIC

A five-piece electric rock group formed with the intention of bringing classic rock music to a new generation, with elements of dance, funk and chart electronic.

La Casa & SAM NATION

(Live Percussion & a DJ) De Cassa (aka Martin Dean) is a percussionist who is accompanied by local DJ Sam Nation (aka Sam Williams) on the 1's & 2's playing some of the very finest Electro Swing.

FRESHLY SQUEEZED

An 8-piece funk fuelled barnstorming behemoth. Outstanding musicianship, infectious and irrepressible energetic performances and blowing the socks off everyone on the dancefloor!

GRENAWAYS

Storytelling through the gift of song, captured in a harmony, inspired by life and love by the ocean.

PAUL MCNULTY

SYCAMORE

Showcasing an eclectic mix of songs, from Paolo Nutini to Adele, covering a range of genres, whether it be old, new or original songs, Sycamore consists of three guys, two guitars and a cajon.

We are delighted to announce our beneficiaries this year:

**Little Harbour Children's Hospice
Mount Edgumbe Hospice
The National Lobster Hatchery**

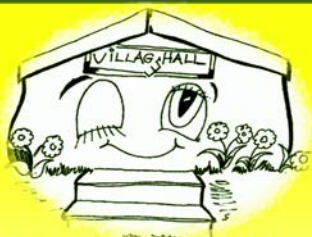
We also support the following organisations and charities by way of a smaller donation of money or gift, to show our appreciation for their hard work in the community and help with the event:

**Port Isaac RNLI, Port Isaac Coastguard,
The National Trust, Tintagel Life Saving
Club and Port Isaac Rowing Club**

www.thebigswimcornwall.co.uk

if you can't find the answer to
your question on the website call
01208 880154





PORT ISAAC VILLAGE HALL

Cream Tea

*in the Hall garden
(or inside if wet or you need
to get out of the sun!)*

**SUNDAY AUGUST 11th
3pm onwards**

plus bric-a-brac, cakes, raffle

everybody welcome

Raising funds for Port Isaac Village Hall
Registered Charity No: 259406

Port Isaac Village Hall Breakfast Cafe

& Table Top Sale

including Local/Tourist Information

**SATURDAY AUGUST 10th
10am-12noon**

Bacon Butties

Tea

Coffee

Soft drinks

Homemade Cakes



*Tables for sellers: £5 each
Book with Andy on 01208 880985*

Trelights annual BBQ

and fun evening will be held on
Saturday August 10th starting at 7pm
at the usual venue in Furze Park.

Proceeds to Trelights Xmas Light fund.

All Welcome.

at the Village Hall

CHRIS BANNISTER

performs the music of

JOHN DENVER



*'I love the way Chris captures the true spirit of John's
songs, yet delivers them in his own powerful,
well-honed style.'*

Steve Weisberg
(John Denver's guitarist 1972-78)

*'When Chris sings it's almost like
John is back with us again'*
Peter Plantec, Snowmass Colorado
(Personal friend of John's for over 20 years)

MONDAY 26TH AUGUST · 8.00PM
Port Isaac Village Hall · Tickets £8.50

TREWETHA LANE PORT ISAAC CORNWALL PL29 3RN

Call Rosie on 01209 890600 or Sarah on 07973 802637

to reserve tickets, for information on other dates & venues visit:

www.chrisbannister-musicofjohnndenver.com

DOORS OPEN 7.30PM · BAR WILL BE AVAILABLE

PORT ISAAC VILLAGE HALL Hire Rates



**NON-PROFIT MAKING PARISH CLUBS/
ORGANISATION/ GROUPS/ASSOCIATIONS etc,
FUNDRAISING EVENTS, CHILDREN'S PARTIES**
(age 10 and under) - £5 per hour - £50 for 24 hrs

**GENERAL USERS/COMMERCIAL EVENTS - £8 per
hour - £100 for 24hrs**

For full details or to make a booking contact the Hall's
Bookings Secretary, Julia Routledge, on 01208
880142 or email her markjulia@hotmail.co.uk

Your Hall FOR YOU to Use

www.portisaacvillagehall.co.uk



ANGLER RESCUED AT TINTAGEL HEAD

RNLI volunteer lifeboat crew from Port Isaac were called to a person in the sea off Tintagel Head (Saturday 20th July)

A member of the public contacted the coastguard on the afternoon of Saturday 20th July to report that a person had entered the water and was in difficulty. RNLI volunteer lifeboat crew responded along with the Boscastle and Port Isaac Cliff Rescue Teams and RAF Chivenor rescue helicopter 169.

The Port Isaac lifeboat began a search of the coastline and quickly located a fisherman on the rocks. The lifeboat approached and asked if he was ok. The man, still fishing, assured the crew that he was and for them to continue on their way. On closer inspection by the crew they noticed another man with the fisherman. It was established that this was the casualty and that he had managed to pull himself out of the water and back on the rocks but appeared injured and unable to climb further. The D-Class RNLI lifeboat dispatched a volunteer crew member onto the shore to assess the casualty. Unfortunately the rocks were too treacherous for the crew member to be able to get close enough to the casualty to help.

The RAF Chivenor rescue helicopter made the decision to winch the casualty directly from the headland and transferred him to Treliske hospital. Port Isaac lifeboat then monitored the safe return of the casualty's friend back up the cliff to meet the Port Isaac cliff rescue team and collected some of the man's possessions that had also fallen in to the sea.

The rescued man has passed on his thanks to the RNLI saying "a massive thank you to you guys and the cliff rescue team and the RAF. If it wasn't for your rapid response I would have given up because I was so exhausted, but when my friend said he could see the lifeboat it really gave me strength to hold on."

RNLI DIARY DATES

Sunday August 25th
Lifeboat Larks

Friday October 11th
**RNLI Harvest Festival
& Auction**

at the Old School Hotel

Saturday December 7th
RNLI Christmas Market

The month of July has been a busy one at work for the crew but a quiet one for the station. We still set to sea every Sunday and mid week for our routine exercises involving practising search patterns, towing, veering down and rock landings. Even though we are quiet with the pagers at the moment last years shouts really did prove that we never know what to expect, therefore training is paramount!

If anyone is interested in becoming a part of the RNLI and Port Isaac Lifeboat but are not yet old enough to join then please do call me on 07813 036489 or email on damobolton@hotmail.com, as there are always jobs to do in the station and to the boat helping getting it cleaned off and put away ready for service after every shout or exercise.

We have also in the month of August got our annual Lifeboat Larks which will involve demonstrations both with and without the Helicopter and plenty of the crew will be around to show you the boat and equipment. We all look forward to seeing you there

Damien Bolton

Senior Helmsman/Station Training Officer

Stowaway Charity success

Stowaway is delighted that their charity fun day raised the fantastic sum of £1,513!

Many thanks to all the businesses and people who donated items for the day. Big thanks to Ian, Joe & Sonia in making the day a big success.

The Children's Hospice SW and Battersea Dogs & Cats Home were thrilled to receive their share of the sum raised.

Well done everybody!

Thank you

I am writing to say a big thank you to the Coastguard Cliff Rescue Team of Port Isaac on the way they dealt with my wife Bertie when she dislocated her hip again on the footpath leading from The Mill to Church Hill. They carried her down on a stretcher to the Lifeboat Station where Deb Tidey took over as we waited for the ambulance from Bodmin. To everyone, the paramedics, Coastguards, Lifeboat and the two ladies who were on the scene when it happened - A HUGE THANK YOU.

*Jim & Bertie Watson
The Mill, Port Isaac*



PORT ISAAC RNLI LIFEBOAT LARKS

SUNDAY AUGUST 25TH

I I AM ON THE PLATT

Sharps Doom Bar * Pimms bar * BBQ
Port Isaac RNLI clothing, cards and paintings
Punch and Judy * Bouncy Castle
Childrens games and painting competition
Face painting * Ice cream and doughnuts

**Air Sea Rescue Display with the RNAS Culdrose
Sea King Helicopter and Port Isaac RNLI Crew**



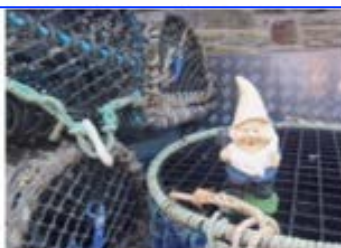
PORT ISAAC ROWING CLUB

Port Isaac Rowing Club held a very successful day of novice gig races in remembrance of George Moth and Mark Provis.

Ten crews entered the races on 30th June, competing as ladies, men's and mixed crews. The club held a barbecue on The Platt and everyone had an enjoyable time. Although novices, the competition was high, with one rower even breaking an oar! Rowers included a crew from Riding for the Disabled, the club's nominated charity this year. The mixed races were won by 'Sarah's Mixed Up Crew'. The men's races were won by the 'Doc Martin Crew', who were awarded the George Moth trophy. The ladies races ended in a draw, with the Mark Provis trophy presented jointly to the 'Treliske Totties' and ladies' 'Doc Martin Crew'. Thanks to all who entered and supported this event.

Our next event will be our gig day, due to be held at Port Gaverne on 3rd August. We are expecting a number of crews from other gig rowing clubs in Devon and Cornwall. There will be a BBQ and raffle so please feel free to come along.

Also, take a look at the advert for 'The Gig Gig'! We hope you can join us for the band, barbecue and drinks as this should be a fantastic evening. Proceeds will go towards Port Isaac Rowing Club and Riding for the Disabled.



CHANGE OF VENUE

Jan's Annual Bingo for the Mentally Handicapped Priory Day Centre, Bodmin will this year be held in Port Isaac Village Hall. That's the only change - doors will open at 6.30pm, eyes down 7.30pm plus the usual good Christmas Fayre prizes, raffle, tea and mince pie refreshments

**WEDNESDAY
DECEMBER 4th**

Filming finishes and Buffalo make donations to the village

Buffalo Pictures has presented a donation cheque to the Parish Council for £34,000 – this brings the amount paid to the Parish Council since filming first started to £90,000. Buffalo Pictures congratulated the Parish Council on the completion of the new car park and wished them every success with it.

In addition, Buffalo Pictures has also donated 2% of net profits going forward in perpetuity to the village. A Trust has been set up with two trustees, Jon Cleave and Janet Townsend. It is intended that the money thus raised will be for the benefit of all residents, young and old, of the village and the parish as a whole. The idea is that local people can apply to the Trust for funds for any projects. One of the first projects will help in the restoration of the Church Rooms as a Drop-in Centre – watch this space for further details.

Buffalo Pictures would like to thank everyone in the village who have made the filming of this series such a pleasant experience. The cast and crew will take home with them fond memories of this special place.

The current anticipated schedule is that this series of Doc Martin will be shown during the first week of September on ITV for six weeks.

Johnny Bamford

Dear Trio

Doc Martin

Some of you will know that Buffalo have finally agreed that the community of Port Isaac should benefit in some way from all the profits which are being made from Doc Martin. After a lot of to and froing, Buffalo have signed an agreement to contribute two per cent of any future profits earned from Doc Martin Series One to Six, the Christmas Special and any further series. How much that means is unknown at the moment. The money will be paid into a Trust. Buffalo chose two local residents to act as Trustees. These are Jon Cleave and Janet Townsend. They have signed an Agreement which is dated 12th June 2013. The Agreement says:-

1. A Trust is to be established with or without charitable status for the purposes of receiving the sums due.
2. In exchange for the continuing co-operation of Port Isaac, Buffalo will pay two per cent of the net profits arising in the future to the Trustees for the benefit of the Trust.
3. The Trustees have to open a bank account and give details of it to Buffalo so that Buffalo can transfer any sums accrued due.
4. The Trust will use the funds "to advance projects that enhance and benefit the wider community, particularly the very young or very old". The Trust will use the title "The Doc Martin Fund".

I am not sure if a bank account has been opened yet or if a decision has been made as to whether a charitable trust should be established. I assume that Jon Cleave and Janet Townsend will either call a public meeting or canvass the views of residents as to how the monies should be spent when they are received. As the money has to be used to advance projects that benefit the wider community then, clearly, the wider community will need to be consulted. I would imagine that there will need to be some formal appointment of Officers of the Trust and, maybe, a committee of residents.

Many of you will know that I have long thought that Buffalo ought to pay for our car park and it could be argued that this would be a project "that enhances and benefits the wider community..." but I doubt if that was what was intended. Anyway, I think we ought to be exceedingly grateful to Buffalo for their magnanimous gesture.

Dugald Sproull, Port Isaac

Doc Martin, friend or foe? Are you for or against?

Now that the filming has finished for another year, NCB Radio, your local station, would like your views on Doc Martin and its effect on Port Isaac. Your opinions will be used to put together a programme to be broadcast on NCB Radio.

Do you think that the village is better or worse than it was before filming started? How has the filming and broadcast of Doc Martin affected the village? Has Port Isaac been affected at all? What about the car park? Would that have been needed without Doc Martin? Or is Cornwall just experiencing a resurgence anyway? If you run a business, has it benefitted? Have you let more weeks in your holiday cottage? Does Doc Martin have any effect on your life or could you not care less? Is the filming exciting or is it a pain?

Please let us have your views via jenny@ncbradio.co.uk. We will contact those we would like to interview for the programme. Please get involved! Have your say!

We will ask Trio to let you know when the programme will be aired.

Thank you.

**Please help support your
local radio station by tuning
in to listen via
www.ncbradio.co.uk,
I Tunes, your tablet or
smartphone.**

St Breward Silver Band on the Platt - Summer 2013

St Breward Silver Band will be appearing here on The Platt in Port Isaac from 7.30pm on the following dates only:

Thursday August 15th
Thursday August 22nd



this years **BIG** Port
Isaac fundraiser for
Cornwall Hospice Care

Are you able to
support us in our
Hospice Fundraising?

We are looking for all sorts of prizes
for our **BIG** night.

Could you offer your holiday home for a weekend?

Would you like to donate a meal in your restaurant?

What about some wine? Maybe you have a better idea?

Anything and everything will be gratefully received -
pass to Barbara or Cheryl at The Pottery.

ROCK'N'ROLL Picnic dance with Cornish rock'n'rollers **Play it Cool**

Want to jive like a pro?

Port Isaac rock'n'rollers, Bryan &
Pat, will be giving
lessons in the Village
Hall on Tuesday
September 3rd
7.30pm-9.30pm - just
turn up - £2 on the door



Tickets £20 per person (tables of 8 if required) - book now -
numbers limited to 80 so don't hang about - from Secrets,
The Pottery or 01208 880905, email: dee54@mac.com

Friday September 20th
Port Isaac Village Hall - 7pm

YOU are responsible for YOUR rubbish

Enforcement Officers from Cornwall Council's Community Protection team have been working with Cory, the Council's waste contractor, to give members of the public advice about putting out and protecting their rubbish. Advice is given to residents in person or by letter however, where the problem persists and a resident's rubbish continues to cause a litter nuisance, there is the option of issuing a Fixed Penalty Notice for £80.

Cornwall Council cabinet member for homes and communities Geoff Brown said: "We must all share responsibility for keeping Cornwall tidy and this includes putting rubbish out on the correct day and making sure it is protected. It's important to remember that residents are responsible for their rubbish until it is collected. This means that all household waste, including that already placed out for collection, **remains the responsibility of the householder until the waste is collected by the Council.** Our team of enforcement officers have been giving out advice but if that advice is not taken on board, then fixed penalty notices will be issued."

- Rubbish should be put out by 7am only on the day of collection.
- Port Isaac's collection day is Tuesday morning.
- The rubbish needs to be in bags and needs to be protected from interference from birds and animals.
- This could be a blanket or tarpaulin over the bags of rubbish or you can put the bags into a bin or **seagull proof sacks**. Following a successful trial in five areas in Cornwall the seagull proof sacks, which hold around three black sacks of rubbish and have a weighted base, a secure Velcro fastening and a tie at the back to stop them blowing away after collection, are now available to buy from the Council's one stop shops at cost price; £3.50 each.



Church Diary Dates

Thursday August 1

7.30pm - Chamber Concert, St Endellion Church

10pm - Late night concert, St Endellion Church

Saturday August 3

7.30pm - Choral & Orchestral Concert, St Endellion Church

Sunday August 4

9.30am - Sung Eucharist, St Peter's Church, Port Isaac

11am - Festival Sung Eucharist with Holy Baptism, St Endellion Church

7.30pm & 10pm - Festival Concerts, St Endellion Church

Wednesday August 7

7.30pm - Opera Carmen, St Endellion Church

Thursday August 8

7.30pm - Choral & Orchestral Concert, St Endellion Church

Friday August 9

11.30am - Festival Send-Off Service, St Endellion Church

1.15pm - Lunchtime concert, St Kew Church

7.30pm - Opera Carmen, St Endellion Church

Saturday August 10

12noon - Annual Cluster Croquet Competition, St Endellion Rectory

Sunday August 11

9.30am - Sung Eucharist, St Peter's Church Port Isaac

11am - Sung Eucharist, St Endellion Church

6pm - Taize Service by candlelight

Wednesday August 14

2pm - Annual Church Fete, St Endellion Rectory (All welcome)

Sunday August 18

9.30am - Force Five informal Service, St Peter's Church, Port Isaac

11am - Sung Eucharist, St Endellion Church

Sunday August 25

9.30am - Sung Eucharist, St Peter's Church

11am - Friends Day, St Endellion Church Sung Eucharist & lunch

Tuesday August 20

7.30pm - Whist Drive, St Endellion Church Hall

Wednesday August 28

7.30pm - Mothers Union Wave of Prayer Headlands, Menefreda Way, St Minver

Sunday September 1

9.30am - Sung Eucharist, St Peter's Church, Port Isaac

11am - Morning Praise, St Endellion Church

12.30pm Holy Baptism, St Endellion Church

Force 5 at St Peter's

You may have seen that there is a service once a month at St Peter's called "Force 5" and perhaps you may have wondered what this means. Force 5 services are held on the third Sunday in the month and are less formal than the usual Holy Communion service. They are not completely informal as they do have a structure with hymns, prayers and readings, but the emphasis is on making them more accessible for everyone of all ages. Rather than being fixed, the order of the service is very much down to the person leading the worship and there will probably be a short address or perhaps a drama rather than a sermon. The service is shorter in length, usually around forty minutes. Why not come to one and see for yourself?

Force 5 is of course a measure of wind strength and the Beaufort scale says that is a "fresh breeze when there will be white horses on the sea and small trees swaying ashore". When John May came up with title he wanted these services to fill our sails with the love of God to speed us along like a great sailing ship in a fresh breeze. I am not sure if we always quite manage John's lofty aims but we do try to send people out with a smile on their face and a spring in their step!

David Foster



Holidays and Holy Days

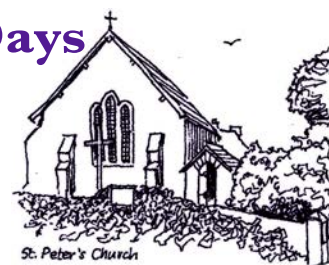
Once upon a time when formal arrangements for taking time off work were unknown, the pattern of working life was regulated by the festivals of the church's year. The Church's year starts at the end of November on the fourth Sunday before Christmas, the period known as Advent or Coming, when we await the birth of Jesus. Christmas itself provides the first major festival of the year. On feast days people were expected to go to church and, more importantly, to mark the importance of the day by not working. Epiphany on 6 January was the next feast and the next day off to be succeeded eventually by Easter, Ascension and Whitsun.

Some of these feasts, like Easter, always fall on a Sunday which was already a day of rest from work. But other days, like Ascension, are always weekdays and so provided additional days of rest and still others, like Whitsun, had two additional "days off", Whit Monday and Whit Tuesday. Sundays combined the Sabbath, the day on which God rested after making the world in six days in the Genesis story, with the day of Resurrection, the weekly commemoration of Jesus's rising from the dead. In addition to these major festivals of the church's year there were a number of important Saint's days, at least once a month, on which rest was enforced. All these Holy Days gradually became holidays.

At the Reformation the government made a conscious effort to reduce the number of days off. Certain festivals, falling chiefly in the period of the harvest, were abolished. But the Book of Common Prayer still retains 29 days in the year, in addition to Sundays, which are "to be observed as Feasts", not so very different from the sort of arrangement made in working contracts today.

So next time you take a holiday from work why not devote some holy time to reflection, prayer or meditation?

Andrew Lewis



St Peter's Church Diary Dates

Sunday 15th September

Harvest festival with songs of praise, auction and supper

Saturday 16th November

St Peter's Church Christmas Mini Market

St Endellion one of the UK's favourite Churches

As part of its 60th anniversary celebrations, the National Churches Trust has revealed some of 'The UK's Favourite Churches', as chosen by 60 top people from the world of politics, entertainment, journalism and academia. The last archbishop of Canterbury, Rt Rev and Rt Hon Lord Williams of Oystermouth, chose St Endellion, saying: "The mixture of rock and space always gives me the feeling of sea-light, of something wide, ungraspable; very much a North Cornwall and West Wales and West of Ireland feeling, opening out on to a deep and broad horizon. An appropriate sensation for a church, I think."



North Cornwall Book Festival



Festival Chairman, Patrick Gale

The half-term weekend from October 25-27 sees the first **North Cornwall Book Festival**, a three day feast of book-related talks and workshops, including a festival-within-a-festival devoted to younger readers.

Thanks to Arts Council backing and the support of Devon and Cornwall libraries, an exciting programme has already taken shape and can already be found on both Facebook and the festival website www.northcornwallbookfestival.org

As with the Six Churches Festival, with which the inauguration of the Cluster was

celebrated, an idyllic base for festival proceedings is being lent in the shape of Sue Harbour-Robertson's house and garden at Trefelix on Daymer Lane. The hope of the festival's chairman, Cornwall-based novelist, Patrick Gale, is that catering for the thirst and hunger of all the festival-goers will provide an opportunity for the parishes in the cluster to raise valuable funds whether by baking cakes, concocting soup or manning the wine bar.

As well as volunteers to cook, serve and pour, the festival will need two stewards each of some eighteen events. If you think you'd be interested, do please contact any of the festival committee Sue Harbour Robertson (Vice Chair), Sue Foster (Box Office) Jill O'Grady (Catering) or Jo Heydon (Marketing). Even if you're not free that half-term, there may well be help you can give in advance!

**St Endellion
Fete**

in the
Rectory Garden

**Wednesday
August 14th
at 2pm**

**quality bric-a-brac,
games, books & discs,
cakes & produce,
sideshows, croquet,
games and fun for all**

Trelights Methodist Church

Summer Fayre

Wednesday August 7th at 2.30pm

in the garden of Trewithick House (opposite the Chapel)
by kind permission of Mr & Mrs P Hall

**Cream Teas, Games, Draw, Various Stalls, Cakes,
Bric-a-Brac, Plants, Produce**

proceeds towards new Chapel windows

Goodbye from Mary

As I am not in the best of health, I am moving to Berkshire to be nearer to my family. I would like to say goodbye to all my friends.

I've had a lovely life in Port Isaac and will always miss the village and especially all of my friends.

We've had the best of times.

Mary (Reid)

**Camelford Spiritualist
Church is holding a**

PSYCHIC SUPPER

**Saturday 7 September
at 7.30pm**

**Camelford Hall,
Cleaze Road**

**Price is £7.00 for Reading
& Supper**

**Please phone Linda on 01840
213058 or
0774 9038138 for tickets**

Sign on a repair shop door:

**We can repair anything
- please knock hard on
the door, the bell
doesn't work**



Climate Friendly St Endellion

Summer is a'coming in - the filming for "Doc Martin" is over, the sun has been shining for three weeks and the weather is going to change, and the Car Park is finished so visitors can park on a proper surface and not risk grounding as they enter and leave. As they leave the Car Park to walk to the village they'll pass three trees, planted to celebrate its completion. We won those saplings in the autumn of 2010, when we were placed fifth in the Cornwall Sustainable Village of the Year Competition. I wonder whether the Parish has progressed at all in the last 2½ years towards real sustainability, reducing its carbon footprint and doing its bit towards combating climate change, becoming really "climate-friendly".

At least, while we are here, we can use a sustainable form of transport, and there's no more sustainable form than our own two feet, so we can enjoy the footpaths of the Parish, described in Robin Penna's Guide Book. They include the cliffs and coves of the South West Coast Path, of course, but also miles and miles of lovely inland paths. This month we'll look at what I call the "Port Isaac Great Circle", which starts and finishes in the village of Port Isaac and makes a great loop over the hills and valleys behind the village, but usefully has a number of points at which, depending on the weather and one's state of tiredness, one can take a short cut back.

From the Platt (the concrete area in front of the RNLI Lifeboat Station), with our back to the Harbour, we turn right and walk up Roscarrock Hill. We pass the Pottery (the interior shows its Methodist Chapel origins, and beautifully frames the products of Billy, Barbara and family!) and Fern Cottage ("Doc Martin's Surgery exterior only, no peering through the windows, please) on the way. We look for the signposted footpath on the left, "Postman's Walk" (no.34 in Robin Penna's Guide Book and Map), and climb up, over two stiles, to the top. We turn left onto Footpath no.39 and, a little further, through a gate into "Washing Pool Lane". We follow this until, through a gate, we meet a road opposite Homer Park (the former "Huntsman's Inn"). [Short cut back to the village down the road, Church Hill]

We turn left along the road, almost immediately turning right (South East) along Footpath no.40 with the extensive buildings of Homer Park on our right. A couple of stiles bring us to a metalled farm track, which we follow down to the left, pausing at the sharp bend to the right for a good view over the village. Where the track turns away very sharply to the left (Private Road), we take the waymarked path straight ahead through a gate. Down the right-hand edge of the field (nettles!) we eventually meet the path along the valley bottom, no.36. We hairpin left and follow this path, with the silted-up millpool on our right until we meet a path coming in on the right. [Short cut back to the village by Footpath no.35, straight ahead]

We take this path on the right (no.35), over a small slate bridge and then, immediately, right. The narrow path runs between the stream (left) and the silted-up mill-pond (right), eventually dropping down to cross the stream on a substantial bridge. We climb over the stile, and steeply up the hill (very slippery if wet) until the path gradually flattens out and becomes a farm track. Once past Archer Farm (dog!) we enter the hamlet of Trewetha, and reach the road (B3267) on the outside of a bend. We turn left and soon cut across the grass on the inside of another bend in the road, to cross the road just beyond the entrance to Trewetha Farm Cottage. [Short cut back along the road — extreme care, fast traffic, 330 yards/metres to the Main Car Park, and thence to the village]

Over the stile we take fenced Footpath no.2 down, over two stiles to another stile on the brow of the hill. Once over this we drop down left, by some 120 steps overshadowed by Gorse bushes (locally called "furze"), into the Port Gaverne Valley. At the bottom we turn left, joining Footpath no.4 and, through a couple of gates/stiles, arriving at Port Gaverne. Just past the first row of cottages on the left, we notice the cob wall of the Rashleigh fish-cellar (or "pilchard-palace"), then the remains of a slate-built lime-kiln and, finally, the cob wall of the Union fish-cellar, all on the left, before we come to the road at the small harbour. Return to Port Isaac is up the hill to the left, but you may wish to defer that climb and stay a while, possibly visiting the Hotel on the right, with its slate-flagged Bar.

Up the hill we have to dodge traffic initially and, briefly, near the top. We walk along the lowest tier of the Cornwall Council (New Road) Car Park, continuing along a metalled lane with fine sea views, bearing right at Cliffside down a path, initially fenced but later protected by a wall on the right-hand (sea) side. Eventually we join Fore Street and back down to the Platt, where we started.

I hope you enjoyed that, and that the weather was as good as it was while I was writing this.

Robert Manders

Parish Council report

supplied to Trio by the Parish Clerk

The Parish Council held two meetings in July, on the 8th and 22nd.

PLANNING

Application PA13/04287 Proposed photovoltaic (PV) farm with a capacity of up to 6MW at Treswarrow Farm. Treswarrow Farm, Trelights, Port Isaac, PL29 3TN **The Parish Council objected to this application.**

PA13/0435 Internal alterations to existing cottage including revisions to staircase and exposing existing roof truss in bedrooms. Ms F Hilton, Boskens, 58 Fore Street, Port Isaac, Cornwall. Case Officer: Sarah Stevens. **The Parish Council is in support of this application.**

Approvals & Refusals

Application PA13/03836 Listed Building Consent for repairs and maintenance to Delabole Rag slate roof. Mr C Green, 9 Middle Street, Port Isaac, Cornwall, PL29 3RQ. **Cornwall Council approved this application.**

Application PA13/03562 To incorporate a café within the existing pottery building and change the use class from A1 to A3. Port Isaac Pottery Roscarrock Hill, Port Isaac. Mr M Main. **Cornwall Council approved this application.**

NEW CLERK

Elizabeth Banfield our new Parish Clerk starts on Monday 5th August 2013. Her contact details are:- Mrs Elizabeth Banfield, Ingleside, Mount, Bodmin, PL30 4ES, telephone number is 01208 821680 or stendellionpc@gmail.com

BALLOON RELEASE

After taking advice from a marine expert the Parish Council has agreed to ban balloon and sky lantern releases on it's land due to the environmental impact.

CAR PARK

The new car park at Trewetha Lane, opened on the 6th July, between the 6th-22nd July the car park has taken £11,334 - an increase of £4,975 from the same period last year. This increase could be put down to many variations, the two years are completely different weather wise and this year we have filming in the village, however sadly no Fisherman's Friends performing as yet. The opening hours are also much longer.

BUFFALO PICTURES

The Parish Council would like to thank Buffalo Pictures for the donation of £34,000.

TOILETS

The Parish Council have agreed to fund the cost of reopening the New Road Public toilet until the end of September at a cost of £333.00 per week. The Parish Council has also agreed to submit a pre Planning Application to Cornwall Council for change of use of the public toilets. The new plans include a shop/visitor centre and public toilets with a turnstile pay system.

BT

The Parish Council has contacted BT and asked them to either replace or remove the wire and associated ground metal work from the pole on the grass triangle outside the School in Trewetha Lane.

HIGHWAYS

The Parish Council has approved new directional signs to Port Isaac, directing larger vehicles away from Church Hill.

Former and Serving Parish Councillors Dig Deep!



Left to right: former Parish Clerk: Elizabeth Uglow, with her daughters Arabella & Scarlet, new Chair: Mike Coles, Cllr Martin Bell, former Chair: Barbara Bell, Thomas & Brandon with their mum, former Cllr Anne Hallett and former Chair: Robert Harris, celebrated the opening of the new Car Park on Trewetha Lane by planting three trees in the verges.

The new Car Park is proving very popular with our visitors, takings are well up on last year, we guess the new road layout is more appealing to visitors! Robert Harris commented "I hope the community will be pleased with the new car park and will benefit as a whole".

Don't Let Go!

Following advice from local Marine Expert, Faye Archell, St Endellion Parish Council have decided to take a lead from Plymouth City Council. Event organisers must be aware neither the release of sky lanterns or balloons will be permitted from land owned by the Parish Council.

Although the industry has made efforts to reduce the harm to the environment and wildlife by promoting easily bursting latex balloons and advising that balloons should not be strung or carry tags, contrary advice from the Marine Conservation Society is as follows:

"Balloons have been found ingested in endangered turtles, dolphins, whales and seabirds. Autopsies on many marine animals commonly find balloons. Even a green turtle has been washed up on a beach near Blackpool with its gut blocked by a balloon. Despite balloon companies saying their balloons are environmentally friendly; this is usually just to boost their business. In the sea, balloons may take many years to break down and any plastic ribbon attached to the balloons will take hundreds of years to break down".

The "Don't Let Go!" campaign promoted by the Marine Conservation Society has the backing of the RSPCA, RSPB, the National Farmers Union, Keep Britain Tidy, Sainsbury's, M&S, TGI Fridays and a growing number of councils.

For further info on the Don't Let Go! campaign, and for some fun alternatives to balloon releases go to: http://www.mcsuk.org/what_we_do and follow the links for further info!

It's official! *A Taste of Port Isaac* really is a good book!

Although the temperature outside was soaring, we were seated directly underneath the air conditioning in Waterstones Bookshop, Truro for the Holyer an Gof Awards Ceremony on July 18th. So when they started talking about *A Taste of Port Isaac* it really did give us a warm glow! Of course we have always been proud of our book and sales of over 1500 tell us that other people like it as well; but to hear literary judges talking about it in such complimentary terms gave us a very warm feeling.

Peter Thomas, Co-ordinator of the Non-fiction History, language and creative arts section, explained: "As in previous years, this section attracted by far the largest number of entries in the competition, with a wide range of subject matter, including town and village histories, Cornish culture, literature and dialect, folk customs and biography. Just five of the entries have been nominated for this sectional award ...

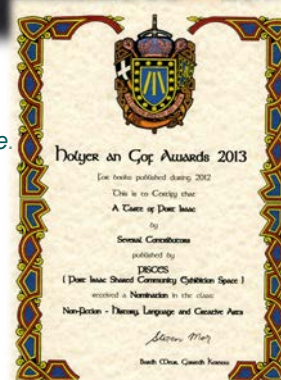
... for PISCES (or Port Isaac Shared Community Exhibition Space) for the community project *A Taste of Port Isaac*. This is without doubt the jolliest book in the competition – very colourful and attractive – and also the only book to be endorsed by the *Fishermen's Friends*! The word 'taste' here is to be taken literally – I don't remember a cookery book being nominated before, so this is a welcome first.

It is always good to see books published to support a worthy cause, but the Holyer an Gof readers also



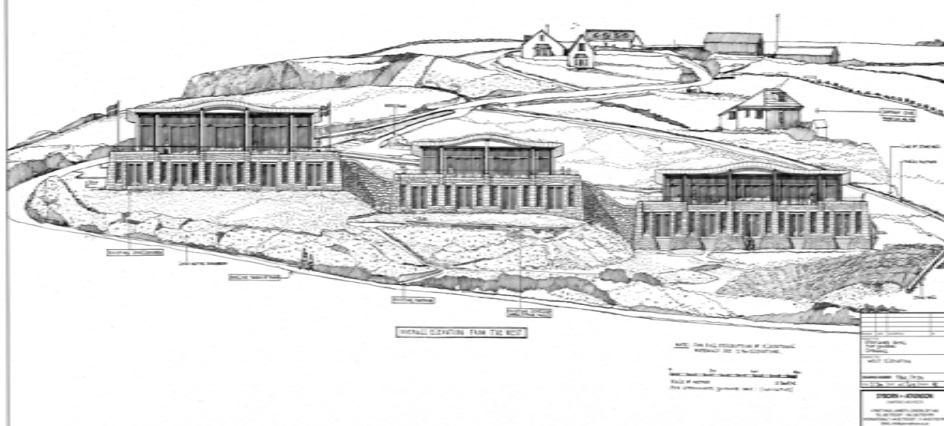
"Has the whole of Port Isaac come?" asked a member of the audience when Barbara Hawkins, Dee Littlechild and Cheryl Webster went up to collect the Holyer an Gof certificate. "Do you sing as well?" asked someone else!!

enjoyed the book on its own merits, being very taken with the quirky and humorous style, the yarns and the background information, and in some cases trying out the recipes, apparently with satisfactory results."



**A huge thankyou for everyone who contributed to
*A Taste of Port Isaac***

more things Parish Council ...



Headlands Hotel Planning Application is Live!

Application no: PA13/05582

Please do take a look at the plans online @
<http://planning.cornwall.gov.uk/online-applications/>

Go to the Simple search button and input the code to see further drawings & leave a public comment. Presently there are no plans to hold a Public Consultation regarding this application, but your Parish Council is very keen that your comments are logged. I am sure we are all keen to see an improvement to the present dilapidated building, but we want to know, is this the solution? You can also contact any of us via the contact page on our website to make your comment.

Cllr Nicola Williams

ICE CREAM CONCESSION

Offers are invited for the rights to run an ice cream trailer or van at the St Endellion Parish Council 140 space Car Park, Trewetha Lane, Port Isaac, Cornwall PL29 3TR between Tuesday 12th August 2013 – 31st December 2013.

Please tender to the Parish Clerk in a sealed envelope marked 'Tender' by Friday 9th August 2013.
Elizabeth Banfield, Ingleside, Mount, Bodmin, PL30 4ES
stendellionpc@gmail.com

**FANTASY
FOOTBALL
IS BACK
AUGUST 17TH**



'In Touch With The Past'

Our Heritage Lottery Funded Oral History project

We now have four interviews under our belt. A big thank you to everyone who has very generously taken part and shared their memories with us - we have enjoyed it so much.

If you would like to be part of this exciting project please contact Barbara at *The Pottery* (01208 880625) or Dee at *Secrets* (01208 880862).

Everything is on course for our Oral History project and website to go live late 2014.

A reminder of our ongoing projects if you have anything that PISCES could share

A Year in the Life of Port Isaac

November 2013 - March 2014

a photographic display of life in the village from the Carnival in 2012 to the end of August 2013

please let Dee have your photos as soon as possible

Remembering the Great War
Spring 2014

"The Best days OF your Life"

An unofficial history of life and times at Port Isaac School through the years from 1877

OPEN DAILY IN ST PETER'S CHURCH
(except during Church services)



Cream Teas in the Boathouse

We held a hugely successful Cream Tea afternoon in the Boathouse on Thursday July 25th, raising the amazing sum of £323.25 from our Cream Teas and Cakes. An enormous thank you to Janet Chadband for all her baking - we couldn't have done it without you!

We also welcomed a special guest to sign our award winning book, *A Taste of Port Isaac*, and to pose for photos with visitors. A huge thank you to Ian McNeice for so generously giving up one of his last treasured afternoons in the village before returning home - because of you we sold over 30 of our books.

Thank you also to Phil Tidey for letting us use the Boathouse - we do appreciate your support - and thank you for everyone who came along and enjoyed afternoon tea with us. If you want to do the food bit all over again we are holding another fundraising Cream Tea in August:

Cream Teas in the Boathouse Thursday August 15th - 2pm onwards

plus delicious cakes, our exclusive PISCES cards, prints and award winning cookery book, **A TASTE OF PORT ISAAC**

come and join us - you won't regret it!



PISCES contacts

Dee Littlechild - 01208 880862 email: dee54@mac.com
Barbara Hawkins 01208 880625

Websites of the Month

Having taken a month off from writing this column, I thought I would return to my old favorite of climate change. The change in the weather since last month from cloudy overcast and miserable to extremely hot has been quite dramatic. I think I wouldn't be the only person who thought that the winter was going to go on forever. This recent spell of beautiful weather has been a reminder about how lovely Cornwall can be when you have a combination of beautiful flowers, very green fields everywhere and glorious sunshine.

The websites I have picked this month are a new selection which cover the latest state of play in our understanding of climate change and something about the history of the weather in the UK and Cornwall and the South West. Finally I have included some websites for kids which are both entertaining and educational with climate change and environmental themes.

So to start with the update on climate change, you can hardly turn on the news without seeing a report about some awful climate disaster somewhere in the world. Are there more of these events now, or is it just reporting more, or with more people in the world, it is likely they will be in places with floods or fires more often? How can we tell the difference between those sorts of things and whether there's been a real increase.

One approach taken by The World Meteorological Organisation (WMO) is to compile weather recordings from all over the world and show how weather patterns have changed over the years. You can read about it and download the report here www.wmo.int/pages/index_en.html. It is written in fairly easy to understand language and its general conclusions are that there are indeed more extreme weather events. The BBC's environment correspondent Roger Harrigan provides a very useful commentary on the WMO's report and you can read about that here www.bbc.co.uk/news/science-environment-23154073

What he says in summary is that: The Earth experienced unprecedented recorded climate extremes during the decade 2001-2010...more national temperature records were reported broken than in previous decades and there was an increase in deaths from heatwaves over that decade. However, there was a reduction in deaths from flooding, which is accounted for by better preparation and flood defenses.

Another area where there has been dramatic impacts of climate change has been in the melting of the Arctic sea ice. Compared to the 1981 to 2010 average, ice extent on July 15, 2013 was 1.06 million square kilometers (409,000 square miles) below average. You can see videos, graphs, and up to date information on the National Snow and Ice Data Center <http://nsidc.org/arcticseaicenews/>. The reason this is important for us is that sea levels may increase substantially if sea ice continues to melt at the current rate and Cornwall, being a peninsula has some areas at risk.

The final global topic, and still I think my favorite, is the Jetstream, as its discovery was so interesting (look it up on wiki). The website I have chosen this month is from www.netweather.tv and the particular pages are at <http://tinyurl.com/jwbv5qk>. It is a tutorial about how the Jetstream affects the UK weather and gives a good account of why we are having prolonged periods of the same kind of weather leading to the risk of flooding or drought. It has some very clear videos explaining how it all works.

If we look at the history of weather patterns in the UK we have information going back a long way – to 1659 in fact. The Met Office has a good summary www.metoffice.gov.uk/climate/uk/summaries/2013 which shows how our weather has ebbed and flowed, but now is showing much more consistent trends. For the history of weather in Cornwall, the best source is another the Met Office site www.metoffice.gov.uk/climate/uk/sw/print.html which in fact covers the whole of the Southwest, but has a lot of information from the St Mawgan weather station and covers the past few decades. A recent addition is a website which is overflowing with information www.newquayweather.com/wxhistory.php which describes the weather station established in 2007. It is fairly easy to navigate and if you want to know about Newquay – webcams, surf conditions, weather – its all here. In addition it has much information about global climate information.

Finally, for kids, there are some great sites and here are three, a couple from the US and one from the UK. NASA's kids site <http://climatekids.nasa.gov/menu/weather-and-climate/> is packed with games, and I warn you, some of them are quite hard and are likely to keep you online for quite a while as they can be quite moreish. Another nice one is http://www.ecokids.ca/pub/games_activities/ again with lots to do. The best UK one I could find was from the Glasgow Science Centre www.glasgowsciencecentre.org/online/planet-earth.html which is a very interesting site generally, and the games are easy and quite good fun.

Enjoy the sunshine!

Tony Wainwright

CONFUSED BY COMPUTERS?

Computer Tuition
email & internet set-up

Weekly two-hour
sessions at Port Isaac
Primary School
for more information
please telephone

Anne Collins
01208 880755

HAVE A HEART FOR SYRIA

Just £1 will sponsor a flag
2000 flags will create a heart

The Cornish heart will appear on
21st August 2013
Somewhere in Cornwall...
keep your eyes open!

Be a part of it

donate at
www.justgiving.com/heart-for-syria

LOVE SYRIA

a heARTfelt event for the
OXFAM SYRIA REFUGEE APPEAL

OXFAM

Long term valued supporter

On Saturday June 15th, I had the privilege of accepting an invitation from the 'Merchant Navy Sailors Society' to attend Buckfast Abbey for a service of thanksgiving, a tour of the Abbey and afternoon cream teas.

I felt honoured to have been invited as a "long term valued supporter".

I took my daughter Debbie along with me and we both had a wonderful time and enjoyed meeting the other guests.

Joan Murray

Goodbye

This year we say Goodbye to Oscar and Emilia who have been fantastic Year 6 pupils, always setting a good example to the rest of the children.

We wish them well as they continue their learning journey in Wadebridge School and hope that they will come back and visit us sometimes!

Miss McDonnell is leaving us to start her teacher training course, we wish her all the best with that and Ms Benz is leaving us because she is now a newly qualified

School Grounds are Private Property

Now we are closed for the summer it can be very tempting to come and use our playgrounds while we are not here.

No one should be on school grounds without permission and we ask that anyone who notices people in places that they shouldn't be to please inform the police. Thank you.

School's Out!

Summer is here and we will be back in the October issue of Trio.

Let's hope the sun continues to shine for the holidays!

HAPPY BIRTHDAY

AUGUST

Rafael 6

We also want to say Happy Birthday to Shushonii who celebrates her birthday in the holidays and thank you for all that you do in school!



schoolchat



news & views from Port Isaac School

Camp

South Penquite Farm was home to Class 2 for 3 days of adventure. The children stayed in yurts and all their food was cooked on a campfire. Geo caching, bushcraft skills and tractor rides were just some of the many activities on offer.

Everyone had a fantastic time and returned to school with tales of fun and laughter to share with everyone else.

Thank you to everyone who helped make the camp a big success this year.

Class 2 - Amazing Alliteration

The dumb dog barked to the mouldy moon - Amelia

The shimmering shark attacked a steady surfer - Rosie

The timid tree swayed in whirling wind - Sam

The big bad book balanced badly on a big bad bear - Tamara

The big wheel watched wildly as the wicked witch walked past - Katie

Class 2 - Poetry

The Fat Troll

Beware of the fat troll
That idiotically sits in wait
To chuck you in his fishy hole
And place you on his plate

His skin is red and boiling hot
He smashes you into a pulp
Then swallows you down like
boiled eggs
Gobble! Burp! Gulp!
By Oscar Year 6

Chilli Con Carni

I'm eating chilli con carni
And I've changed my name to
Barney
I've changed my name to Barney
So it rhymes with chilli con carni!
By Aaron Year 4

Shower Time

Water dripping down my cold back
Sprinkling like heavy rain
Dropping hard like hail
Sparkling like a water fall.
And the water gently stops
As I start to finish off
I felt like a fish in the water.
By Paige Year 5

getting into a Pickle with martin

Summer is the season of plenty and there must be a few keen gardeners that will have a glut of something, whether it's beans, raspberries, plums or even courgettes. This recipe is one answer for a glut of green beans. It stood out as it contains golden syrup, which gives the extra yumminess to the sweet aspect of this dish. Cooking these sweet and sour pickled green beans is not difficult and is actually very quick - it's the preparation that is time consuming.

Sweet & Sour Pickled Green Beans

600g green beans, sliced
225ml malt vinegar
3tsp curry powder
1tsp turmeric
225g light brown sugar
225g white onions, diced
1tsp salt
Freshly cracked black pepper
15g corn flour
1tsp Coleman's English Mustard Powder
10g golden syrup
1 clove of garlic crushed

Sterilize 4 x 250g glass jars.

Top and tail the beans and slice the beans on a angle. Bring a large saucepan of salted water to the boil and blanch the beans in rapid boiling water for 1 minute, refresh in icy cold water.

In a separate medium saucepan mix the malt vinegar and corn flour till smooth. Add the rest of the ingredients and bring the mixture to the boil.

Reduce the heat to a gentle simmer for 5 minutes.

Add the refreshed blanched beans; bring the mixture back to the boil for 1 minute.

Transfer the pickled beans to the sterilised jars. Keep for up to 2 months in the fridge.

These sweet and sour pickled green beans are tasty served hot or cold and brighten up a picnic hamper beautifully. Serve it as a salad at a barbecue or as a accompaniment to a deliciously home made game terrine and toasted sour dough bread.

Tomato Ketchup

This recipe is sweet, tangy and spicy, which is perfect condiment for serving with barbecued or grilled meats, or on chips, in sausage, egg and bacon sandwiches etc. And while we are familiar with several makes, a home-made ketchup is far fresher tasting than a shop-bought version. It was discovered by British explorers in Malaysia, and by 1740 it had travelled back to the UK to become a British staple. The Malay word for the sauce was *kěchap*, which evolved into the English word 'ketchup'.

Makes about 1.3 kg of ketchup to store. Make sure the tomatoes you use are very ripe, but not overly full of water. Leave them by a window in the sun to ripen and do not worry that they go soft - it means that they are producing more natural sugars.

2.25 kg tomatoes (peeled and de-seeded)	25g root ginger (sliced)
1 onion	stick of celery
6 cloves	3 tbsp soft light brown sugar
4 allspice berries	4 tbsp red wine vinegar
6 black peppercorns	3 garlic cloves (peeled)
fresh rosemary sprig	1 tbsp sea-salt
5 fresh basil leaves	1 tsp freshly ground black pepper

Blanch and skin the tomatoes, cut them half after peeling and de-seed the ripe tomatoes, then chop roughly and place in a large saucepan.

Peel the onion and stud it with the cloves. Tie the onion with the allspice, peppercorns, rosemary, basil and ginger into a large square of double layered muslin cloth (to make a bag, you can do this with a j cloth!) and add it to the pan with the tomatoes. Chop the celery, plus the leaves, and add to the pan with the sugar, red wine vinegar, garlic, black pepper and sea-salt.

Bring the mixture to the boil over a fairly high heat, stirring occasionally. Reduce the heat and simmer for 2 hours, stirring regularly, until the liquid has reduced by half.

Take off the heat, allow to cool, remove the muslin cloth bag, then purée the mixture in a blender or food processor, (or use a stick blender) then return the purée to the pan, bring up to the boil and then simmer for 15 minutes. Taste and adjust the seasoning. When you are happy with the thickness (like ketchup) remove from the heat.

When still warm bottle in clean, sterilized jars and store in the refrigerator. Use within 2 weeks.

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Pickling is easy to do and can help you with a glut of summer vegetables so here is a quick pickle that works with Mackerel as well.

250ml water
250g white wine
250g white wine vinegar
250g sugar

Bring all ingredients to the boil to dissolve the sugar and pour over grated or sliced vegetables cover with cling film and allow to cool.

Martin x

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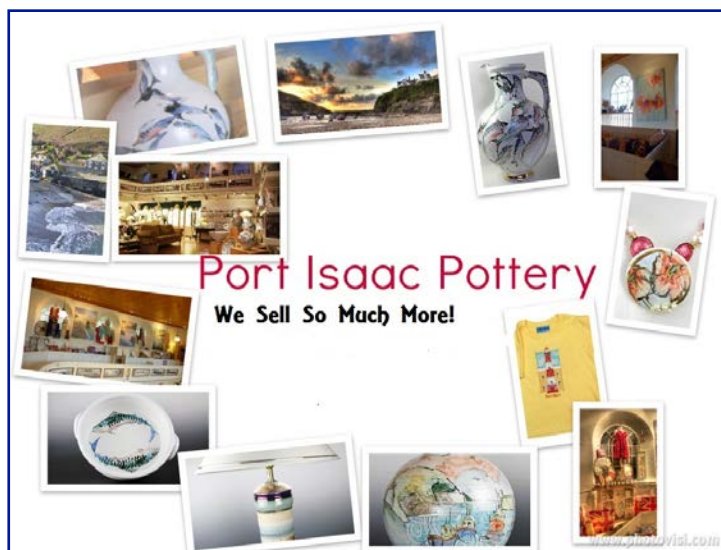
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Diary Dates

Sunday August 4th

Port Isaac Carnival Raft Race - Port Gaverne Beach - the fun starts at 2pm, the races start at 4pm

Tuesday August 6th

Kerbside Recycling - bags out by 7am

Wednesday August 7th

Trelights Methodist Church Summer Fayre at Trewithick House (opposite Trelights Chapel) - 2.30pm

Saturday August 10th

Port Isaac Village Hall Breakfast Cafe & Tabletop Sale - 10am-12noon (sellers arrive from 9am)

Sunday August 11th

Port Isaac Village Hall Cream Tea in the Hall Garden (or inside if wet) - 3pm onwards

Wednesday August 14th

St Endellion Garden Party Fete in the Rectory Garden - 2pm

Thursday August 15th

PISCES Afternoon Cream Tea in the Boathouse - 2pm onwards

St Breward Silver Band play on the Platt - 7.30pm

Saturday & Sunday August 17th & 18th

The BIG Swim Cornwall (see page 4 for all the details)

Tuesday August 20th

Kerbside Recycling - bags out by 7am

Thursday August 22nd

St Breward Silver Band play on the Platt - 7.30pm

Friday August 23rd

Port Isaac Rowing Club 'Gig Gig' at Thorn House - 7.30pm

Saturday August 24th

PORT ISAAC CARNIVAL DAY

The fun starts on the field at 2pm, all entries to the field by 4.30pm, judging at 5pm followed by the Carnival Procession at 6pm 8pm in the Village Hall - the Carnival Party with Bar and BBQ

Sunday August 25th

Port Isaac RNLI Lifeboats Larks - 11am onwards on the Platt

Monday August 26th - BANK HOLIDAY

Chris Bannister performs the Music of John Denver in Port Isaac Village Hall - 8pm

Tuesday September 3rd

Kerbside Recycling - bags out by 7am

Learn to jive for the Rock'n'Roll Picnic

Dance on September 20th - Port Isaac Village Hall from 7.30pm-9.30pm

Saturday September 14th

Port Isaac Village Hall Breakfast Cafe & Tabletop Sale - 10am-12noon

Sunday September 15th

St Peter's Church Harvest Festival Songs of Praise, Auction & Supper

Friday September 20th

Rock'n'Roll Picnic Dance in Port Isaac Village Hall - this year's BIG fundraiser for Cornwall Hospice Care - 7pm

Friday October 11th

RNLI Harvest Festival & Auction in the Old School Hotel

Saturday October 12th

Port Isaac Village Hall Breakfast Cafe & Tabletop Sale - 10am-12noon

Sunday October 13th

Endelienta afternoon Chamber concert at St Kew Church

Friday October 25th - Sunday October 27th

North Cornwall Book Festival at Daymer Bay and St Endellion

Saturday November 9th

Port Isaac Village Hall Breakfast Cafe & Tabletop Sale - 10am-12noon

Annual Fireworks & Bonfire, Port Gaverne

Saturday November 16th

St Peter's Church Christmas Mini-Market

Friday & Saturday November 22ⁿ & 23rd

SHOWTIME - Port Isaac Village Hall's Variety Music Night with Songs from the Shows - in the Hall

Endelienta Jazz Concert, Misbehavin', at St Kew Church

Wednesday December 4th

Annual Bingo for the Mentally Handicapped - NOTE THE CHANGE OF VENUE - Port Isaac Village Hall - doors open 6.30pm, eyes down 7.30pm

Friday December 6th

The Port Isaac Christmas Lights Switch-on with the St Minver Band, Mulled Wine & Mince Pies

Saturday December 7th

RNLI Christmas Market in the Village Hall

Saturday December 14th

Port Isaac Village Hall Breakfast Cafe & Tabletop Sale - 10am-12noon



The Post Office service is open in The Church Rooms on Monday morning from 9.30am-12.30pm and Friday afternoon from 1.30pm-4.30pm

Trio Copy dates

ISSUE

September
October
November
December

COPY DATE

Sunday August 23rd
Tuesday September 24th
Friday October 25th
Monday December 2nd

PUBLISHED

Sunday September 1st
Tuesday October 1st
Friday November 1st
Monday December 9th

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Regular Events

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the Village Hall. Contact Laura on 881089 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.30am Every third Sunday - Family Service at 9.30am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905