

trio

Photo: Spring is on the way
from Sally Stratton

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a year and a half in
the life of Port Isaac



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PART-TIME SEASONAL STAFF REQUIRED

for Fish & Chip Shop
and Ice Cream
Parlour in Port Isaac

Easter start

**Call Rachel on
078132 78710**

JULIE & PATRICK
(Rose Cottage)

would like to say a fond farewell
and thank you to all their friends
in Port Isaac from the last 17
years, and we're only sorry we
didn't get a chance to say
goodbye to everyone.

We consider it a privilege to have
been part of such a unique village
and we will always cherish the
many happy memories we have.

With much love,
Julie and Patrick xx



The Fishermans's Friends on stage at the Royal Albert Hall for the BBC Radio 2 Folk Awards - Wednesday February 19th 2014

“a glorious and moving performance”

“a standing ovation from the great and the good of the folk world”

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Easter Tuesday April 22nd
Village Hall Easter Cash Bingo
Night

Thursday April 24th
Village Hall AGM - in the Hall at
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www.portisaacvillagehall.co.uk

PORT ISAAC VILLAGE HALL Hire Rates

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Nick Bunt

1930-2014

*The family would
like to say thank
you to everyone;
no words can
explain how we
feel.*

*A remarkable man
who will be missed
by us all.*

Port Isaac Exiles

Since Doc Martin hit our screens most people seem to have heard of Port Isaac and many people claim to have some sort of connection to the village: usually they have just seen it on TV, but often they have visited, frequently they have stayed, and sometimes they own a holiday cottage and spend some weekends there.

It is still, however, extremely rare for me up here to meet someone with a more solid connection, who grew up in the village, as I did. It was therefore a great pleasure when recently I started chatting to the young man selling me a coffee in Bristol city centre and discovered that he is Jack Hudspith and that he too had been to Port Isaac school and spent his childhood in the village.

It may not match actually living in the village, but at least our exile is slightly less lonely.

Nick Sproull

**The Old School
Hotel thank the
following for
helping towards
the cost of the
New Year's Eve
fireworks:**

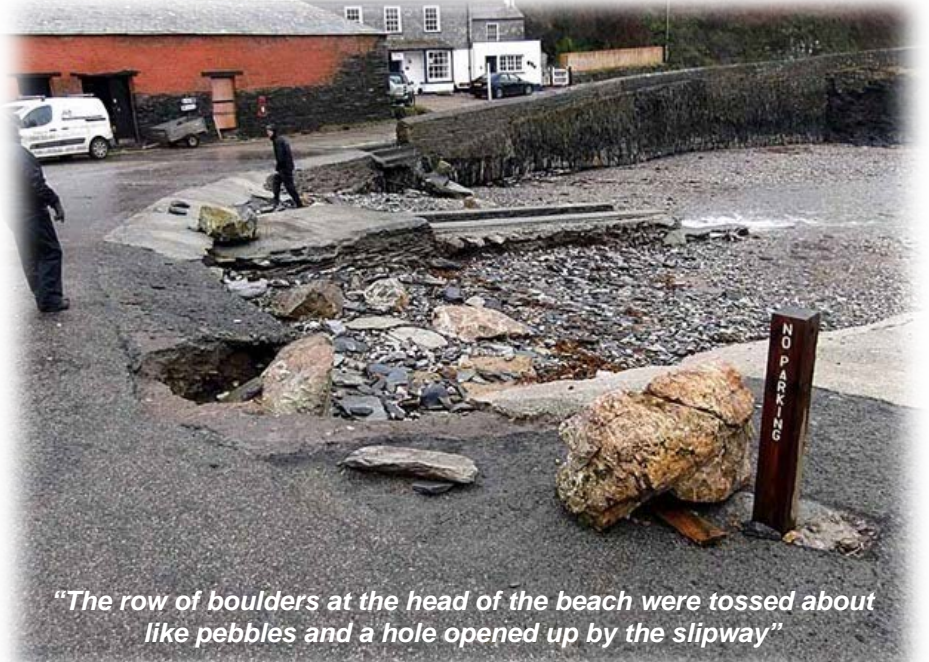
**Port Isaac Pottery
Outlaw's Fish Kitchen
The Golden Lion
The Mote
The Slipway
Fearless
Paula & Jeremy
Hathaway B&B**

Storm damage at Port Gaverne

Following the storms at the beginning of February, Malcolm Lee sent *Trio* these photographs of the damage at Port Gaverne. "The storms and tidal surges we had at the beginning of January did nothing like as much damage as this" he reported.



"The cellar doors at Port Gaverne got smashed in"



"The row of boulders at the head of the beach were tossed about like pebbles and a hole opened up by the slipway"



"The steps down to the beach got ripped away, and I have never seen the sand level so low, to expose the horizontal slates at the base of the sea wall"

CARNIVAL DAY - SATURDAY AUGUST 23rd 2014



news and upcoming events

PORT ISAAC CARNIVAL

Three-legged Race

April 20th, Easter Sunday will be the day that we transform the road from Port Gaverne to Port Isaac into a race track for oddly dressed, strange looking people that have been tied together. The images that are now being conjured by some are probably best left unsaid. For the rest of us who think only pure(ish) thoughts it is time for the **Three -Legged Race** to return.

Due to the nature of the race and the challenges that must be completed, we insist that all entrants are aged 18 plus. The race will once again start from the Port Gaverne Hotel and finish on Port Isaac Beach. For those of you that have entered before you will be aware that getting from start to finish is not as easy as it sounds. In true Port Isaac style all teams will be expected to complete various tasks along the way that are sure to leave an everlasting impression on participants and spectators alike.

This year the biggest challenge you will have to face is, Are You Good Enough? Does your team have what it takes to win this years race and raise the trophy for 2014?

Easter Egg Hunt

No need to worry about the children either. What would Easter be without a good old Egg Hunt. This year we will again be placing clues in various places around the bottom of the village. Places are limited to just 100 and booking is very much advised.

Easter Fun on the Beach

Rides, fun, food and drink will be available on the beach providing the perfect backdrop for the most energetic race of all time.

Duck Race

In secret, under the cover of darkness and witnessed by only a few that were more than happy to put the sight down to one drink to many, 200 yellow and white rubber ducks have been busily training for this years race.

Forget the winter Olympics or championship football, you will not find a sports person anywhere who has trained as hard as these little guys. But only one is good enough to win the race. Do you know which one? Place a bet on the Duck Race and maybe you will walk away with the grand prize.

Full details of everything happening on the day, including entry forms for the Three-Legged Race, can either be requested from our Facebook page or collected from Nicky B's.

Carnival Royalty

It's time to say thank you and goodbye to our current Royalty and attendants. Demelza, Kailyn and Izzy have done a great job and we are very proud of the three of them.

Choosing the new Carnival Royalty will once again be a difficult task and one that we are always happy to leave to the judges. This years we are hoping to have both a Carnival Queen and a Fairy Queen complete with attendants.

Please check our Facebook page over the next few weeks for full details. They will also be printed in the April copy of *Trio*.

**Keep checking
Facebook and the
Trio for exciting
news about this
year's Carnival.**

**If you would like to
help with the
Carnival or any of
our other events,
including the Raft
Race, then please
get in touch. We
need help with a
multitude of things
including
preparation, safety
and marshalling.**

Websites of the month lost pets and online help

If you have ever kept a pet animal you will know how difficult it can be when they go missing. I was reminded of this when recently contacted about a missing pet cat and thought about what was available online. Also, a recent experience of finding a home for another cat made me think a bit of online exploration would be in order. So, starting with some statistics about pets. A website I found with some useful information is the Pet Food Manufacturers Association which, of course, needs to know how many pets we have, so they can work out how much food to produce. In the Southwest the figures show that about a quarter of households have dogs, a similar number have cats, fish are next followed by rabbits <http://www.pfma.org.uk/regional-pet-population-2013/>. In Cornwall, of course, many of the dogs are working dogs, rather than pets, and the survey does not cover other animals people might keep either as stock in farms or on smallholdings. But there are a lot of dogs and cats living with us, and so there is a good chance some might decide to go walkabout, or just get lost. There are some statistics on stray dogs for example, which are collected by the Dogs Trust (see their website www.dogstrust.org.uk). They commission this study every year by contacting all the local councils. You can download the 2013 survey from their website. Between 1997 and 2008 the numbers dropped year on year from a peak of 136 thousand or so across the UK to 97 thousand; still a lot. The numbers then shot up reaching another peak in 2011 of 126 thousand and have started falling again since. This recent peak corresponds with the financial crash, and is an indication of the numbers of animals that don't just go walkabout, or get lost, but are actively abandoned. The information on stray cats and feral cats is less systematically collected, but the Cornwall Cats Protection League estimate that there are 9 million stray cats and one and a half million feral cats in the UK (<http://www.cats.org.uk/trurodistrict/feral-cats-page>).

So when your pet goes missing, it is in this context that the organisations which are there to help have to work. A bit like missing persons I suppose but on a much bigger scale (<http://missingpersons.police.uk/en/pressroom/statistics>). The RSPCA has some useful advice on their website (<http://www.rspca.org.uk/allaboutanimals/helpandadvice/straycats>) on how best to find help with missing animals and they recommend using an organisation called Pets Located (<http://www.petslocated.com>). To register your lost pet, you pay a one off fee of £12.00 which is valid for a year. It has clever technology which is able to match found pets details with the registered lost pets details.

Another similar organisation is the National Pets Register (www.nationalpetregister.org) and is, as far as I could tell, free of charge. This works in a similar way and matches lost and found pets. Finally a site that is just for dogs is called, rather charmingly Fido Finder <http://www.fidofinder.com/find-your-lost-dog.php> and this one covers not only the UK but the USA and Canada. It

gives some really simple ideas for what to do if your dog goes missing, and while it is probably unlikely that the first thing you would do if your dog was missing was to look up how to search for it, the instructions can help in advance if your dog does disappear.

The other side of losing an animal is finding one, and then working out what to do. I have been reading about the Last Chance Hotel (<http://thelastchancehotel.co.uk>) charity in the papers as we have a local initiative here in Port Isaac (<http://tinyurl.com/o9lsnkf>). The Last Chance Hotel, as the name implies, is for those dogs who no one else would have. I think most people would agree that the way dogs are treated and managed is the key to how they behave. They rather touchingly have this as their mission:

"We are a home for unhomeable animals, who for one reason or another, rescue kennels cannot rehome (illness, age or temperament). But if they feel the animal really needs that one last chance, they will give us a call. Some will stay with us permanently, some are rehabilitated to go on to more experienced homes. That's what we do..."

I thought I would finish up on a conservation note. I am just reading a book (I am reading it electronically, so it fits in this column!) called The Sixth Extinction by Elizabeth Kolbert (read a review here <http://tinyurl.com/q8paaxt>) which tells the tale of how plants and animals have come and gone over the past millions of years that life has existed on earth. And it also tells the story of what has been happening to plants and animals in recent times. The rate at which they are dying out now is extraordinary, and one of the key reasons for this is, of course, us. The connection with dogs and cats and other pets, is that we have, sometimes unwittingly, sometimes on purpose, introduced species into places where they, like us, have been very successful, at the expense of the local creatures and plants. Apparently there were organisations whose purpose was to get plants and animals, particularly from Europe, and get them to grow in places we colonised. These groups were called Acclimatisation Societies and you can read about them here http://en.wikipedia.org/wiki/Acclimatisation_society. And another similar effect happens with escaped pets, as with the feral parrots which have established themselves in London and the Home Counties (www.nlpr.org.uk/education/feral).

Going back to my initial reason for this column this month, I do still think if you lose or find a pet that what counts most is who you know rather than what you know. If you have contacts with people who you trust and who can recommend a good home that is usually the best way to go. Also getting people locally to keep their eyes and ears open if your pet goes missing is likely to get a good result. In these situations, the web is at least a good backup.

Camelford Spiritualist Church

Did you know there is a Spiritualist Church in Camelford? We are located in Camelford Hall, Cleese Meadows and hold services every Sunday at 6.30 pm. We have a visiting medium every week and our services are light and friendly, afterwards we have tea/coffee and a chat if you wish to stay. Everyone is welcome.

Mediums for March (Maybe subject to change)

Mar 2 Gerry & Shirley Cambourne-Paynter

Mar 9 Janet Gray

Mar 16 Tracy Mcquaid

Mar 23 Karen Sneldon

Mar 30 Celia Estelle

For further information please visit

www.camelfordspiritualistchurch.webs.com

THE BIG RUN

A CORNISH RACE - RAISING MONEY FOR CHARITIES

SPONSORED BY SHARP'S DOOM BAR

14th JUNE 2014

The Big Swim organisers are excited to introduce The Big Run. A variety of splendid scenic runs will take you down the famous and beautiful *Camel Trail*, all the way from Wenford Bridge to Padstow Harbour.

This is an off-road, flat trail run, away from traffic, that winds through stunning countryside and woodland. There are options for everyone and whatever one you choose this is your chance to join with others, take part in a unique race and raise money for 'The National Lobster Hatchery', a brilliant charity dedicated to marine conservation, research and education.

Running is a great way to exercise and The Big Run is not just for the super fast and furious! We have set it up so that you can run together as a family or group of friends or to set yourself a lone challenge - whatever you choose it is a perfect summer event to add to your calendar.



**THE
SUPER
SERIOUS
RUN**

The Super Serious Run – 17.3 miles Wenford Bridge to Padstow

**THE
SERIOUS
RUN**

The Serious Run – 11 miles – Borough Arms to Padstow



**THE
LITTLE
RUN**

The Little Run – 5.5 miles – Wadebridge to Padstow

For full details go to the website www.thebigruncornwall.co.uk



THE BIG SWIM CORNWALL

A CORNISH BEACH TO BEACH RACE - RAISING MONEY FOR CHARITIES

SPONSORED BY SHARP'S DOOM BAR

16th & 17th August 2014

The Big Swim is already a major event in Port Isaac's summer calendar. It was initiated by Sarah Coates who wanted to inspire locals and visitors to utilise this amazing natural resource on their doorstep and take to the open water to push boundaries and create a fun personal challenge whilst raising money for local charities that support our fragile coastal communities. The National Lobster Hatchery has once again been chosen as one of the beneficiaries for this event.

Set yourself 'the challenge of the summer' whilst spending the weekend in the gorgeous coastal villages of Port Isaac and Port Gaverne.

The Little Swim * The Not So Serious Swim *
The Serious Swim * The Super Serious Swim *
The Triathlon * The Big Party

For full details go to the website www.thebigswimcornwall.co.uk





Sound of Silence Will Not Last For Long!

NCB Radio would like to reassure its many listeners that it will return to the air shortly. NCB Radio was for some time based in The Ark 85 Fore Street, Bodmin where it occupied a state of the art studio. Unfortunately, The Ark has had to close down and, with very little notice indeed, NCB Radio found itself without a studio.

NCB Radio's Company Secretary Jenny Hill commented "Thankfully, we have managed to secure alternative premises in the town and hope to be moving in shortly. We are planning a special event to mark the opening of our new studio. Full details will be on online at www.ncbradio.co.uk and please remember to support your local community radio station by listening in and getting involved if you would like to.

For further information please contact Jenny Hill on 01208 72328 or jenny@ncbradio.co.uk



The Last Chance Hotel are still looking for forever homes for a number of dogs and you can call Sarah on 077790 99029 who will tell you all about the dogs that they are currently looking to rehouse. A young Heinz 57 named Clay moved to a foster home in the village just a few days ago - more about him next month.

This month we are featuring Misty Humbug an 18 month old English Bull Terrier x. She's got really unusual markings, slightly wonky ears and masses of personality! A very sweet natured little girl, she's good with kids and other dogs (not cat-tested yet) but good with horses as well. She's a wonderful, fun-loving little personality to have bouncing around the place, and would probably really like a family where she will get lots of attention. Very good on recall, and house trained, she'll make somebody a really fun, one-of-a-kind companion. Currently in foster in Port Isaac, it would be wonderful if we could re-home her locally.

Barn Owls: the Endelienta Poetry Group

First Meeting Saturday 1st
March at 10am, The Stone
Barn, St Endellion

This new venture is led by poet and teacher of poetry writing, Helen Jagger. The group will meet monthly on the first Saturday of each month. Each two hour session costs £7 (£5 concessions), coffee and biscuits provided.

If you enjoy reading poetry and would like a better understanding of how it works; if you have always written or wanted to write poetry, or have found yourself writing poetry recently, then this is for you. Feel free to attend some or all of the workshop sessions.

Helen runs weekly poetry workshops as well as the Poetry Society's North Cornwall Stanza and founded and ran the Indian King Arts Centre in Camelford for ten years.

For more information, or to book, please contact Helen on 01840 212161 or indianking@btconnect.com

Fantasy Football League Table

2013/14

LW	POS	TEAM	MANAGER	POINTS
1	1	MAYFIELD MINGERS	Richard Hambly	1036
4	2	CUT PRICE FROGS	Danny Treacy	999
3	3	RIP BADA BING!	Paul Honey	995
2	4	MAYBEES	Tom Bishop	993
6	5	STICK THAT IN YOUR REPORT	Chris Witherden	968
5	6	TOM'S TEAM	Tom Lobb	958
7	7	MAYFIELD MUTERS	Harry Hambly	917
8	8	SPANISH LESSONS WITH G BALE	John Yates	911
9	9	FOXHOLE ALLSTARS	Bryan Nicholls	867
10	10	MEN OF GOOD FORTUNE	Andy Penny	860
11	11	MOTS FLYERS	Tom Cleave	860
13	12	AREAL MUDAFARKER	Andrew Grills	847
12	13	ADC UNITED	Andrew Dungey	841
14	14	NEVER IN UTD	Tom Penny	832
15	15	THE AVIATORS	Dan Grills	820
16	16	LE TOON	Karen Grills	799
18	17	THE EDGE OF DARKNESS	Lardman Lanyon	758
17	18	EMMA'S APPRENTICE	Kevin & Emma Honey	753
19	19	MUDGUTS MARAUDERS	Ann Cleave	727
21	20	T-BONE XI	Tim Witherden	723
20	21	THE SPECIAL ONES	Margaret Honey	719
22	22	UP THE TOON	W Herring	570
23	23	TISWAS	Jean Herring	552
24	24	UNDER THE GRILLS	Jon Poupard	551

Games played up to February 21st 2014

Church Diary Dates

Wednesday March 5th

7pm - Ash Wednesday Sung
Eucharist with Ashing - St
Endellion Church

Friday March 7th

2.30pm - Women's World Day of
Prayer Service - St Endellion
Church. Speaker: Geraldine
Ashton

Sunday March 9th

9.30am - Sung Eucharist - St
Peter's Church, Port Isaac
11am - Morning Praise with Holy
Baptism - St Endellion Church
6pm - Taize Service - St
Endellion Church

Friday March 14th

12 noon - Lent Course 'Words &
Music' followed by Lent Lunch -
St Endellion Church

Sunday March 16th

9.30am - Force Five Informal
Service - St Peter's Church, Port
Isaac
11am - Sung Eucharist - St
Endellion Church

Friday March 21st

12 noon - Lent Course & Lent
Lunch - St Endellion Church

Saturday March 22nd

9.30am - Marriage Preparation
Day - Perceval Institute, St
Minver

Sunday March 23rd

9.30am - Sung Eucharist - St
Peter's Church, Port Isaac
11am - Sung Eucharist - St
Endellion Church

Friday March 28th

12 noon - Lent Course & Lent
Lunch - St Endellion Church

Saturday March 29th

11.30am - Memorial Service for
David Castle - St Peter's
Church, Port Isaac

Mothering Sunday March 30th

9.30am - Mothering Sunday
Service - St Peter's Church, Port
Isaac
11am - Sung Eucharist - St
Endellion Church

LENT FAST APPROACHING

As I write this Lent is on the horizon. Easter is so late this year, on April 20, that Lent, which occupies the 40 or so days before Easter, does not start until March 5.

Christians, like those of other faiths, have long prepared for feasts by fasting. Before the great feast of Easter a long period of fasting was traditionally practised. This has led us to think in terms of "giving something up" for Lent.

In our consumer culture we do not necessarily save our feasting for great occasions – we buy Christmas foods throughout November and Easter Eggs the whole year round! Fasting, in the sense of giving up food, is something we associate with our periodic attempts to diet, to lose weight. However good this may be for our physical well-being the idea of fasting has rather lost its attraction as a means of spiritual preparation. All the more in times of financial and economic depression, not to speak of the physical consequences of the recent bad weather, "giving up" does not seem appropriate.

But however we feel about fasting we cannot hope to enjoy the festival of Easter properly unless we prepare for it. There are various ways of doing this which can be profitable both to ourselves and others. Taking the time to be with others, whether at a "Lent lunch" or a Lent course like those being run at Endellion on Fridays in Lent (starting on March 14 at 12 noon), or just going to call on a perhaps lonely neighbour is always good. Making the decision to read the Bible or one of the many good Lent books: the Archbishop of Canterbury's recommendation this year is Graham Tomlin's *Looking through the Cross*. Just putting a short time aside each day to consider how life is going - some of us do this together in church every day at morning and evening prayer and all are always welcome to join in.

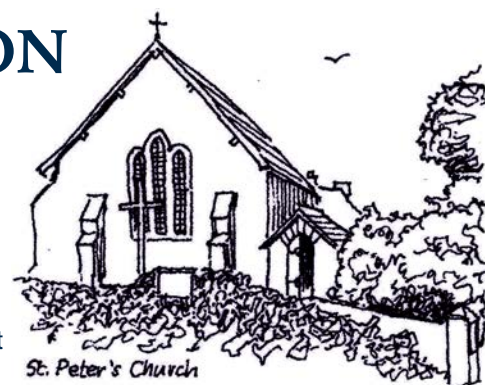
In whatever way you choose have a holy and profitable Lent!

Andrew Lewis



CONFIRMATION

This service is for those who have been baptised and would like to be confirmed by the Bishop. This is a chance to affirm your faith and after being confirmed you can fully participate in the Holy Communion service and receive the bread and wine. Generally 12 years old or more (never too late!). Please contact me if you would like to be confirmed or have a child who may be interested. We always have one or two who would like to attend the little series of meetings that we have leading up to Confirmation, to explore your faith in a group.



Best wishes
from John (881041)

Do you, or someone you know, need a listening ear?
Tel: David Foster on 01208 880008



'Rescueman' aka David Castle

The first thing I would say about David would be that he was one of the kindest people one could wish to meet and to know. Many and various were the deeds and thoughts which he was always ready to bring into his daily life; selfish he was not.

When I first met David he was working as a traveller selling telephone answering machines - long before the days of mobile phones. Despite the many miles he covered every day around the West Country, he always insisted on returning every evening to his home and family here in Port Isaac. He loved his wife Kathleen, and his family, so much that he named his boat after them all; she was the

Martin

Andrew

Ian

David

Margaret (Maggie)

and he used that vessel for many years, catching many stones of mackerel with which to supplement his income.

It was while David was travelling around on his job that CB Radio was first introduced, and ever one for the latest ideas in telecommunications and technology, he soon gave himself a 'handle' - RESCUEMAN was on the road. A very apt name as by that time he was heavily involved in the RNLI and the Coastguard service.

When the first Inshore Rescue Boat came to Port Isaac in 1967, David was one of the first crew members, and later three of his sons were to join him. Later still he was to become Chairman of the Branch Committee, Honorary Secretary of the Station and finally President of our Branch. But he and Kathleen did so much more - they were the most active of all in fundraising and organising and putting our small station 'on



David Castle when he came to Port Isaac and played the piano up at the Cornish Arms to raise funds for Port Isaac RNLI - an RNLI man to the last

the map'. David seemed to know everybody from the Director downwards and he never forgot a name or an event - indeed, he seemed to 'breathe' the RNLI.

When he retired with Kathleen to live in the Canary Islands he still watched out for every launch of our boat. His computer was permanently on the RNLI channel and latterly, when maroons were no longer used to call out the crew, he would surprise me in my home so close to the Station with a phone call, "Why has the boat gone out?" "I don't know, David. Ring me back in ten minutes and I'll go to find out!" This occurred on numerous occasions.

During his long association with Port Isaac Lifeboat, David organised and oversaw numerous events - naming ceremonies, Royal visits, AGMs, Inspections, visits by Directors and Planners, and the transfer from the original 'Boathouse' in the Fish Cellars to its present location. For all of this he can really be seen as the driving force in the life of our RNLI Station and Branch. He really was 'Rescueman'.

And what was his email address? Why, of course, it had to be rescuemandavid@yahoo.co.uk Sadly now offline. RIP.

Ted Childs



David Castle, Port Isaac RNLI Station Hon Sec, with The Duke of Kent when he visited the Station in July 1990

**A Memorial Service for David
will be held in St Peter's Church,
Port Isaac on Saturday March
29th at 11.30am**

AN RNLI SHIELD FOR MAUREEN



Maureen Narroway of Tregreenell, St Teath, a long time RNLI supporter who has raised significant funds for Port Isaac RNLI, recently handed over a further £50 cheque with the request that the funds be put towards current training costs of a new crew member. Following a formal vote of thanks for the hard work Maureen puts into her fundraising efforts, the occasion was marked by the

presentation of a specially engraved RNLI Shield by the Chairman and representatives of Port Isaac Committee and Crew - WELL DONE MAUREEN.

WADEBRIDGE LIGHTS EXTRAVAGANZA

In the February issue of *Trio* a selection of photographs were shown of the Christmas Light Extravaganza - **16,197 lights** - created by Martin and Myra Langdon at their home in Wadebridge. Martin has just completed his accounting and confirmed the funds raised in support of Port Isaac RNLI at this sparkling seasonal event added up to £586.60p



Myra and Martin are seen here with members of Port Isaac Committee following the presentation of this substantial cheque. What a fine effort and a big thank you again to these dedicated friends of the Sleeman family and to all those who gave so generously.

PORT ISAAC LIFEBOAT ANNUAL SEA SERVICE

Port Isaac Crew and Committee will be looking forward to welcoming Colonel Edward Bolitho OBE, Lord-Lieutenant of Cornwall, to the Lifeboat Station on Sunday June 8th. He will inspect our "D" Class Inshore lifeboat *Copeland Bell* and meet with RNLI officials, crew and committee, past and present, before taking part in the Annual Port Isaac Lifeboat Sea Service.

During the course of the service, which will be conducted by the Station Chaplain, Father John May, the British Empire Medal, as announced in the Queen's Birthday Honours, will be awarded to Chairman Bob Bulgin by Colonel Bolitho.

All RNLI supporters will be welcome to join Crew and Committee for refreshments in the Lifeboat Station following the service.

RNLI ROYAL MARINES CONCERT SUCCESS

For the third year running, Port Isaac RNLI were invited to support the Royal Marine Concert, *Around the World in 80 minutes* at the Hall For Cornwall, by drawing together and promoting the Amazing Super Raffle. Thanks to the generosity of

continued overleaf ...



FOR THE RNLI SUPPORTERS DIARY

We have now fixed the dates for the following events:

THE ANNUAL GENERAL MEETING AT THE VILLAGE HALL

Thursday April 17th at 7pm

In addition to RNLI Business, which will be kept as tight as possible, there will be Badge presentation to Cheryl Webster and Chris Clifton and an interesting Speaker with illustrated presentation

Refreshments by our RNLI Committee
ALL ARE WELCOME

COFFEE MORNING IN THE LIFEBOAT STATION

Bank Holiday Monday May 26th

ANNUAL SUMMER SERVICE ON THE PLATT

conducted by our Station Chaplain
Father John May

Sunday June 8th at 12.30pm

ANNUAL LIFEBOAT LARKS

on the Platt and in the Harbour
our really big family day

Helicopter - Sharps Bar - Jazz Band -
Punch & Judy - St Minver Band - Bouncy
Castle and much more ...

Bank Holiday Monday August 25th

ANNUAL CHRISTMAS MARKET

Father Christmas - Seasonal Stalls -
Refreshments - Mince Pies - Mulled Wine -
Special Draw

Saturday November 22nd

the date and venue for our Harvest Festival has not yet been fixed - details will be published in the next issue of *Trio*

Parish Council report

supplied to Trio by the Parish Clerk

Planning Applications : Full reports to Cornwall Council with regard to the Parish Council's decisions can be viewed on the Cornwall Council Website.

Minutes of the meeting are available of the St Endellion Parish Council website.

PA14/00299 – Convert and extend existing double garage to provide granny annexe - **48 New Road, Port Isaac, Supported**

PA13/11699 – Retention of garage store and study accommodation without compliance with Conditions 2 and of planning permission PA10/05045 - **The Lodge, Trelights, Supported**

Approvals :

PA13/10736 – The Shoebox, 1A Tintagel Terrace

PA13/11314 – 2 The Terrace

PA13/10619 - 3 Coastguard Hill

Enforcements : EN13/02845 – 25 New Road – Checking compliance with condition 2 and 3 of appeal decision

Church Hill

Members of the Council heard further reports of damage to a property caused by vehicles attempting to use this route to access the village. Work is still awaited to install advisory signs and width restrictions at the top which it is hoped will alleviate the situation.

Public Toilets

Members of the Parish Council are to meet with Officers of Cornwall Council to discuss arrangements regarding the

provision of Public Toilets in Port Isaac. It is the intention to keep the toilets open but costs and refurbishment as well as responsibility must be agreed.

Code of Conduct

Arrangements have been made for Members of the Council to undertake Code of Conduct training w/c 20 February. Members from other parishes will also be attending this group training session which will explain the responsibility of Members in conducting themselves professionally whilst undertaking Council business.

Port Isaac Leat

Members heard concerns that this leat is blocked and may cause problems in the current weather situation. The Environment Agency has been contacted and hopefully this potential problem will be attended to without delay.

Playing Field

Following reports from the Inspector confirming the swings had come to the end of their useful life, the Finance Committee are obtaining quotes to replace them and the safety surface from funds made available in the next financial year (begins 1 April). Quotes should be available at the Council meeting on 10 March and it is hoped agreement can be reached to enable an order to be placed.

Slate Quay

Photographs taken twelve years ago of the Quay and compared to those taken recently confirm that no damage has been incurred despite the storms particularly over the past few weeks. However the security panel preventing access has been washed away and will be replaced shortly.

Grants

Local Charities, groups and organisations should contact the Clerk of the Council or Chairman, Cllr Coles to apply for funding. Please note applications should be in writing and if possible on the group's 'letter headed' paper (This may simply be created on any computer!). It should also be noted that a set of audited accounts may be requested in order to meet audit requirements. Please check with the Clerk for info and don't be put off asking for a grant!

continued from previous page ...

RNAS Cudrose, the owners of Harbour Heights, Port Isaac, the Camel Sailing and Powerboat Centre at Rock and Buttermilk Confections, Port Isaac, funds were raised just short of £800. Not forgetting the 23 supporters who attended the concert and the hard work put in by crew members Damien and James Bolton and Matt Main and the 11 Port Isaac RNLI Committee members, thereby ensuring the maximum number of Raffle tickets were made available to the theatre goers.

The feedback since this event, the last to be run by the organiser, RNLI Life Governor Brian Williams MBE, has been greater than ever before with dozens of letters received complimenting the organisation of the concert and specifically the stunning performance of the RM Band in company with the Plymouth Gilbert and Sullivan Fellowship Choir - a memorable event for all those fortunate enough to attend.



The ever popular Royal Marine Corps of Drums take a standing ovation at the closing stages of the recent Royal Marine Concert

On behalf of Brian Williams and our RNLI Team, a big thank you to all those who supported in so many ways.

Our thoughts and best wishes go out to Brian Williams who has had been injured and evacuated from his home at Kingsand during the recent storms shortly following this concert.



RNLI Committee members Jan Rowe and David Raynor selling tickets for the raffle at the Hall for Cornwall, Truro

Football League

Our football team are currently playing in Pool B in a local schools league.



Unfortunately the weather has played a big part recently causing some matches to be cancelled. The matches that have gone ahead have wielded mixed results.

Playing against St Kew at home the final score was 3-3 and this was a great result against a strong team. Josh from Boscastle scored twice and our own Izak scored once. Special mention goes to Paige who is fearless in goal and Filip who is constantly moving and busy in midfield.

When the team travelled to Otterham the final score was 5-2. The strikers again were Josh and Izak.

We still have some games to play and are hoping for good results.



Happy Birthday
in March ...

Izak - 11

Amelia - 11

Bobby - 7

Max - 6



schoolchat



news & views from Port Isaac School

Poetry

Year 3 and 4 have been looking at different types of poetry this term. They have read **If I Had Wings** by Pie Corbett and written an innovated poem, **If I Had Gills**, in the same style using similes, rhyming and alliteration. Here is a selection of lines from those poems:

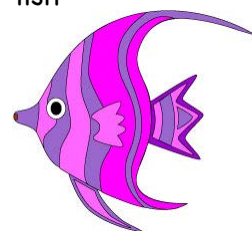
If I had gills I would glide like a jelly fish

As slow as a snail

If I had gills I would fly like

A flying fish as fast as a penguin

Josh Y3



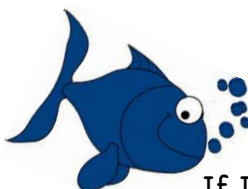
If I had gills I would swim to a cave

And sing like a mermaid with a flute

If I had gills I would dive from a rock into the

Wet waves like a dolphin

Kailyn Y4



If I had gills I would soar across the

Astonishing kingfisher reef

Like a huge hawk

If I had gills I would gobble gobby gold fish

Like a great white

Jake Y4



If I had gills I would fastly swish

And make a marvellous wish

For some gleaming green seaweed on a round silver dish

Tamara Y4

If I had gills I would glide underwater

Like a jet

Joshua Y4

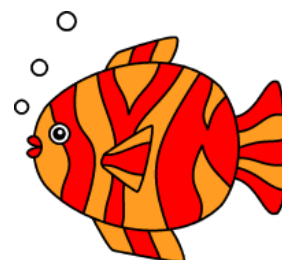


If I had gills I would dive

To the depths of the ocean

And shoot up like a torpedo

Toby Y3



If I had gills I would dive from the dock

Wearing a pink frilly frock

And swim to the mermaid sunbathing on a rock

Mollie Y4

Welcome to Martin's Medieval Soup Kitchen

Last month we had a medieval kebab recipe, this month it's soup recipes. The almond milk recipe seems to be used as a flavoured liquid in many recipes for cooking of chickens as well as a base for soups. There is no doubting the French influence and courtly extravagance in these recipes, whilst the poor peasant's had to make do with fresh (medieval) water!

Sowpys Dorry

This Sowpys Dorry (Onion and Almond Soup with Toast) comes from the medieval manuscript 'The Forme of Cury' written in 1390 A.D. It makes full use of olive oil to flavour the dish "oyl d'olyf", which comes with toast – like a fore-runner to a more modern French onion soup.

"Nym onyons and mynce hem smale and fry hem n oyl d'olyf Nym wyn and boyle yt wyth the onyouns roste wyte bred and do yt in dischis and god Almande mylk also and do ther'above and serve yt forthe."

Serves 2 : 500g finely chopped onions
3 tablespoons olive oil
600 ml white wine
100ml almond milk (see below)
3 tablespoons ground almonds
4 slices of bread (toasted)
a little extra olive oil
Almond Milk
300ml milk
100ml single (light) cream
60g ground almonds
1/4 tsp bitter almond essence
2 tbsp orgeat syrup



Making the almond milk: simmer all the ingredients together in a saucepan for 15 minutes on a low heat. Allow to cool, strain through a fine meshed sieve (pushing all the milk out with the back of a spoon).

In a saucepan heat the olive oil and fry off the sliced onions on a low heat until tender and golden (but not browned). Add the wine and almond milk. Add salt and pepper to season. Simmer for 30 minutes

Mix the ground almonds with a little olive oil and almond milk until a paste is formed. Toast the slices of bread with olive oil drizzled over them. Spread the ground almonds on the toast.

Pour the soup into 2 shallow heat-proof bowls, add two slices of toast to each bowl. Place the bowls under a hot grill – toast the ground almonds until golden and serve.

Lange Wortes de Pesoun

This pea soup has green beans and onions added, 'Lange Wortes de Pesoun' comes from the medieval manuscript 'Harleian Manuscript 279' written in 1430 A.D. During the Middle Ages dried peas became a staple food and in their dried form peas could be stored throughout the winter months. They were inexpensive and plentiful, and made a wholesome meal that the poor could afford.

"Take grene pesyn, an washe hem clene an caste hem on a potte, an boyle hem tyl þey breste, an þanne take hem vppe of þe potte, an put hem with brothe yn a-noþer potte, and lete hem kele; þan draw hem þorw a straynowre in-to a fayre potte, an þan take oynonys, and screde hem in to or þre, an take hole wortys and boyle hem in fayre water: and take hem vppe, an ley hem on a fayre bord, an cytte on .iij. or .iiij., an ley hem to þe oynonys in þe potte, to þe drawyd pesyn; an let hem boyle tyl þey ben tendyr; an þanne tak fayre oyle and frye hem, or ellys sum fresche brope of sum maner fresche fysshe, an caste þer-to, an Safron, an salt a quantyte, and serue it forth."

200g dried green peas
600ml water
1 litre vegetable stock (broth)
150g green beans (string beans)
3 onions (sliced fine)
3 tbsp olive oil
1 tsp salt
1/4 tsp pepper
3 saffron strands

In a saucepan put the dried green peas with the water and a little salt. Bring up to the boil and cook on a gentle simmer for 1 1/2 hours (90 minutes) partially cover the pan with a lid. After 90 minutes drain most of the water out, leave about a third. Add the vegetable stock (broth) and a few saffron strands. Put on a very gentle heat as you prepare the onions and green beans (string beans).

Clean, top and tail, and strip the tough 'string' on the backs of the string beans – boil them in a little salted water for a few minutes until tender. Refresh under the cold tap so stop them cooking.

In a frying pan with a little olive oil fry the fine sliced onions until tender and golden. As the onions are frying chop the string beans into pieces and add to fry alongside the onions for the last few minutes. With a slotted spoon, spoon them out of the frying pan, draining off the oil. Add them to the pea broth. Taste and season with salt and pepper. Cook until everything is tender on a gentle simmer and serve.

Please try these recipes, they do work, and take heart that according to the Met Office, winter ends on the last day of February? Roll on in Spring. Enjoy Mx

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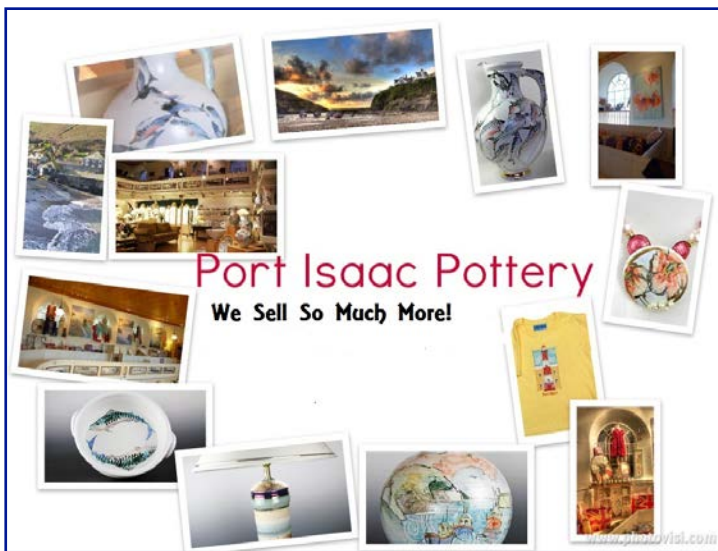
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GARDEN OF EDEN LANDSCAPING SERVICES



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CHRISTOPHER KEY SOLICITOR

Friendly office open
Monday-Friday
9.30am-12.30pm

Appointments out of office
hours by arrangement

Trebiffen, Boscastle PL35 0BN

Tel: 01840 250200

Fax: 01840 250900

WHAT'S ON

Saturday March 1st
First meeting of the Barn Owls
Endelienta Poetry Group at the
Stone Barn, St Endellion - 10am

Monday March 10th
St Endellion Parish Council meeting
at Port Isaac School - 7pm

Saturday April 12th - Sunday April 20th
St Endellion 41st Easter Festival at
St Endellion Church

Thursday April 17th
RNLI AGM in the Village Hall - 7pm

Good Friday April 18th
Village Hall Breakfast Cafe & Sale,
10am-12noon in the Hall

Easter Sunday April 20th
Carnival Easter Fun
on the Beach, Easter Egg Hunt,
Duck Race and Three-legged Race

Easter Tuesday April 22nd
Port Isaac Village Hall Easter
Bingo

Thursday April 24th
Village Hall AGM in
the Hall - 5.30pm

Friday May 2nd
Joyful Company of Singers
at St Endellion Church - 7.30pm

Bank Holiday Monday May 26th
RNLI Coffee Morning in the Lifeboat
Station

Saturday May 31st
K'antu Ensemble at St Endellion
Church - 7.30pm

Sunday June 8th
RNLI Annual Lifeboat Service on the
Platt - 12.30pm

MONTH

April
May
June
July
August
September
October
November
December

Trio Copy Dates

COPY DATE

Tuesday March 25th
Thursday April 24th
Sunday May 25th
Tuesday June 24th
Friday July 25th
Monday August 25th
Wednesday September 24th
Saturday October 25th
Wednesday December 3rd

PUBLICATION DATE

Tuesday April 1st
Thursday May 1st
Sunday June 1st
Tuesday July 1st
Friday August 1st
Monday September 1st
Wednesday October 1st
Saturday November 1st
Wednesday December 10th

POST OFFICE HOURS

The Post Office
service is open
in The Church
Rooms on
Monday morning
from
9.30am-1.30pm
and UP UNTIL
EASTER on
Friday from
10am-2pm

Saturday June 14th
The BIG Run

Friday June 20th
Bristol University Madrigals at
St Endellion Church - 7.30pm

Friday July 4th
St Mary's Singers from Truro
Cathedral at St Endellion
Church - 7.30pm

**Tuesday July 29th - Friday
August 8th**
St Endellion 56th Summer
Festival at St Endellion Church

**Saturday & Sunday
August 16th & 17th**
The BIG Swim

Saturday August 23rd
Port Isaac Carnival

**Bank Holiday Monday
August 25th**
RNLI Lifeboat Larks

Saturday November 22nd
RNLI Christmas Market
Saturday

November 29th
Vintage Fair in the Village
Hall

Regular Events

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the Village Hall. Contact Laura on 881089 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.30am Every third Sunday - Family Service at 9.30am

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm

Photo: Helen Wrapson



Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905