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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

# It wouldn't be Easter without our Find the Easter Chicks Competition ...



as always there will be ten Easter Chicks hidden in the Trio directory pages. All children under 11



years old can enter. Just write the advert the chicks are hidden in and drop your entry into Secrets by Easter Saturday - remember to include your name, age and telephone number. Easter Egg prizes will be given to the first three correct entries drawn on Easter Sunday morning

### **CLASSIFIEDS**

Port Isaac

### GARDENER REQUIRED

one Saturday a month (flexible)

To care for small patio garden and a few pots. Would suit retired person who enjoys gardening.

Contact Denise on 07979 504381

# log on to

www.thisisnorthcornwall.co.uk

log on to

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# FOR SALE Nova Scotia Chest Freezer

21" x 21" x 33" (ht) In working order £10

01208 880416

FOR SALE

# 15 Foot Falmouth Bass Boat

with 4 HP Outboard, Paddles, Fish Finder & Snipe Trailer Ready to go Fishing £1,250 ONO

Tel: 01208 880224

### PORT ISAAC VILLAGE HALL



# Hire Rates

NON-PROFIT MAKING PARISH CLUBS/ ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc, FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10 and under) - £5 per hour -£50 for 24 hrs

GENERAL USERS/ COMMERCIAL EVENTS -£8 per hour - £100 for 24hrs

For full details or to make a booking contact the Hall's Bookings Secretary, Julia Routledge, on 01208 880142 or email her markjulia@hotmail.co.uk

### Your Hall for YOU to Use

Following his successful visit last year, **Chris Bannister**, singing the songs of John Denver, will be returning to Port Isaac Village Hall on Wednesday August 27th watch this space ...



# Port Isaac Village Hall AGM

Thursday April 24th-in the Hall at 5.30pm

www.portisaacvillagehall.co.uk



# Reggy Hills

The family would like to say thank-you to all the friends who made Mum's life in Port Isaac (and latterly at Windmill Court) so warm and fulfilled.

Peggy was a wonderful Mother and Grandmother, a great friend and a remarkable woman with a lovely, gentle sense of humour. She will be missed by all who knew her.



Well, the gig racing season has officially started, tourist season is just around the corner, and the sea has at last calmed down! Port Isaac Rowing Club are going to try and raise extra funds for the club and their chosen 2014 charity (the Merlin M.S Centre) this year by producing rowing club t.shirts and cards for tourists to buy.

Caroline Cleave has produced one design for us which is beautiful, and really represents the village. This will be printed on adult t.shirts. Now we need a design for childrens tops.

We would like to get local children involved, by holding a competition. Children of any age up to 16 can enter. We need a design that represents the rowing club and the village. If you have talented children amongst your family and friends, please encourage them to enter. The winning design will be printed on childrens t.shirts to be sold to visitors throughout the summer season. The winner will receive a copy for themselves as well as an Easter prize, as the closing date is Easter Sunday. The judge will be a local artist. Please hand entries in to Wes at May Contain Nuts.

# THE BIG RUN

A CORNISH RACE - RAISING MONEY FOR CHARITIES

SPONSORED BY SHARP'S DOOM BAR

14th JUNE 2014

# Raising funds for the Lowen Cancer Ward at Treliske

On Sunday April
13th, following the
Daweland Annual
Tractor Run, there
will be a Silent
Auction and Raffle at
Trevathan
Strawberry Farm.

Prizes for the auction include family tickets to Eden project, a painting by Dave Danson-Hill. a minikeg of Doom and a family surf lesson.

The raffle includes meals at local restaurants, a limited edition print by Sam Littlechild, a £10 voucher for Style Counts, a £10 voucher for The Beauty Room, bottles of wine and lots more.

il you would like to donate anything or to buy raffle tickets please contact Lowenna on 01208 880727.



# Three-legged Race & Egg Hunt

We assume that by now you have finely tuned your chances of becoming the winning team that will raise the trophy of this years three-legged race. You will have chosen the finest of team mates, the most lightweight of fancy dress costume and the ultimate in aero dynamic trainers. As well as this you will have trained your body to accept the many challenges that you will face on the route.

If not, now is the time to get started! The race will be held on Easter Sunday April 20th. Due to the collapse of the road at Port Gaverne we have had to change the route. This year we will start at The Edge and finish as usual on Port Isaac Beach.

To get your entry forms and a list of the rules get in touch with us on our Facebook page or pop into Nicki B's.

For those of you that don't fancy the thrills of the race but still want to get out for the day just come down to the beach. Not only will you get the chance to witness one of the greatest races of all time, you could also help the kids in the Easter Egg Hunt. We have 100 eggs to win. Entry is £1.50 per child and booking is advised.

To keep the kids happier for longer we have Bouncy Castles, Swing Boats and Punch & Judy plus candy floss and sweets.

For those that prefer a more savoury lunch the cheerful chaps from the Village Hall will be providing a BBQ.

# Carnival Royalty

We will be choosing this years royalty on Saturday May 3rd at Port Isaac School. The classes are:

**Fairy Queen** - Girls aged between 4 and 9 **Carnival Queen** - Girls aged 10 and over

Attendants - aged 3 plus

Carnival Prince - Boys aged 4 - 9

Carnival King - Boys aged 10 and over

Judging will start at 2pm

The Royal Float will be available to use should anyone want it. If not, it will be sold and the proceeds will go back into the carnival.

**PLEASE NOTE** - you do not have to enter other carnivals, the choice is yours. If you did want to try others then we would suggest St Teath who helped greatly in getting our Carnival up and running again and Delabole, but the choice is yours.

# Help

If you can help in any way we would be very grateful.
It's not just carnival day that you can help or get involved.
Please, don't be shy, get in touch.

# The Grand Finale

Throughout the day preparations will be made for the Duck Race. The ducks will spend the day in a special holding pen at a secret location. They will get the chance to relax before being transported to the Leat where they will fight each other for the winning place. Will your lucky number be stuck to the bottom of the first duck over the line? Numbers will be on sale all day, they range from 1-200 and the winning one will receive the grand prize with smaller prizes for second and third places.

# Raft Race

The date for this years race is still to be determined but will be either late July or Early August. Start planning your rafts now and be sure to check next months *TRIO* and Facebook for more details.

# Carnival Week

This year we will be holding a full week of Carnival entertainment starting on Sunday August 18th with a 5-a-side football tournament.

Throughout the week we will have lots of entertainment in the carnival tent on the playing field. With kids rides games and stalls as well as catering and a bar no one should go without. The final line up is still being planned and full details should be available in time for the next issue.

There will be a Carnival Week Program with details of everything that is going on that will be available to either purchase or download. Dotted throughout the program will be plenty of advertising space. Please get in touch if you are interested for a full list of options and prices. We need to have these to the printer by the beginning of July so don't leave it to late.

2014 is the centenary of the start of the First World War on August 4th1914. PISCES is together an exhibition commemorating those thirty 'Great War' names recorded on our War Memorial. Online research, especially at the Commonwealth War Graves Commission's website (CWGC), has confirmed details for 27 of the names. We would like to add some personal details to their stories but we need your help. Please contact me on 880106 or Dee on 880862 if you have any information, such as photos, family stories, or keepsakes on any of these brave people who gave their lives in this terrible conflict. If it's better for you we can visit you at your home to photograph any documents, so you do not have to part with treasured mementoes.

These are the 27 names which have been confirmed -

Frank BATE, Second Mate, HM Trawler "Pollensa":

Ernest BISHOP, Private 345295, Devonshire Regiment.

William Josiah BLAKE, Able Seaman, HM Yacht "Liberty":

Richard Mitchell BRADSHAW, Private 2883, Australian Infantry.

Garfield CURTIS, Gunner 69726, Royal Garrison Artillery:

Richard CURTIS, Able Seaman Ldg. Boatman 148477 C. G., HMS "Monmouth":

**James Barret HAYNES**, Leading Deck Hand 4370B, HM Trawler "Remindo":

Thomas HILL, Private 874799, Canadian Infantry:

George HONEY, Private 1291, Australian Infantry.

**Adolphus LARK**, *Driver 20599, Royal Engineers*: Grandson of Mary Lark, Church Hill, Port Isaac. Died 30th October 1918 aged 30. Memorial at Staglieno Cemetery, Genoa, Italy.

Ralph LARK, Corporal 8268, Machine Gun Corps (Infantry):

**Richard James LOBB**, Leading Carpenter's Crew, HMS "Highflyer".

Albert MASTERS, Private 19672, Devonshire Regiment.

**Edgar MITCHELL**, Corporal 205000, Devonshire Regiment:

**Thomas Carew MITCHELL**, Corporal S/10594, Rifle Brigade:

**Valentine Charles MITCHELL**, Leading Seaman 3176A, SS "Hansley".

**Thomas MUTTON**, Leading Seaman 230864, HM Submarine "E37":

Thomas OATEN, Able Seaman, HM Trawler "Liberty":

**William OATEN**, *Private 240552*, *Duke of Cornwall's Light Infantry*:

William Edward Brown PHILLIPS, Rifleman 473911, London Regiment (The Rangers):

**Cyril Richard PROUT**, *Private 108164*, *Machine Gun Corps (Infantry)*:

**Ernest PROUT**, *Private 16077*, *Duke of Cornwall's Light Infantry*.

**Isaac Broad REMICK**, *Private 2615, Australian Infantry*.

Jonathan REMICK, Petty Officer 188412, HMS "Monmouth":

**Stanley REMICK**, 2nd Corporal 500573, Canadian Engineers:

Richard SAUNDRY, Seaman 8412/A, HMS "Edgar":

**Samuel Reuben WORDEN**, Gunner 147782, Royal Field Artillery:

These are the three we are unsure to whom they relate -

**R. HOCKING**: CWGC have several war dead named R Hocking. The most likely is a Richard Hocking, Company Sergeant Major 21257 of the Duke of Cornwall's Light Infantry. Although he came from St Just, he enlisted at Bodmin rather than Penzance, suggesting he was already in North Cornwall when he enlisted. Perhaps he was working in Port Isaac when war broke out. He died August 21st 1917 aged 21 and his memorial is at Ramscappelle Road Military Cemetery, Nieuwpoort, Belgium.

**W. HONEY**: There are eight W Honeys on the CWGC database, none of which can be linked to Port Isaac. Perhaps he was a civilian on a merchant ship sunk by an enemy vessel.

**R. MASTERS**: This is undoubtedly the Robert Masters who was born in Port Quin in 1887 and in 1901 was living in Trelights with his mother and father and three brothers. He was briefly at HMS Vivid II (*the naval barracks in Devonport*) in February 1906, but bought himself out a few weeks later. The only Robert Masters at CWGC is a private in the Kings Own Yorkshire Light Infantry who was born in Goole, Yorks. Again, perhaps our Robert Masters was a civilian on a merchant ship.

Information about any of these thirty names would be most welcome.

### Commemorating the 'Great War'

Malcolm Lee, along with Robert Wilton, have put together some remarkable research into all the names on the War Memorial to form our main exhibition of the summer, opening in July.

We have printed the names of those brave men in this copy of *Trio* in the hope that you may be able to add more stories to the lives of the local men who died.

PISCES will be part of the village events throughout the year to mark the centenary of the outbreak of the First World War and full details are on page 13.

# ORAL HISTORY PROJECT 'In touch with the Past'

We are finalising the interviews we have conducted at the moment, ready to send off for processing for our interactive display and our website. Countless hours have been devoted to transcribing every word and editing every frame. The stories and memories you have chosen to share with us are priceless and we can't thank everyone who took part enough. We're aiming for this autumn to have everything completed.

It's not too late if you would like to take part in this project to record the voices of Port Isaac. We would love to hear from you and add your memories for posterity ... and that's a long time!



### Fundraising

Cream Teas in the Lifeboat Station on Easter Sunday afternoon



Come and join us there will be a sale of bric-a-brac, cakes and teas down on the Platt

# Our next Cookery Book

It seems like we've been tallking about this forever but our day jobs and PISCES projects and exhibitions keep getting in the way.

But ... we are now on it!

We would welcome any original artwork to be included ... drawings and paintings depicting food and/or Port Isaac. Port Isaac is bursting with talent and the last cookery book reflected a colourful display of it. Plus, of course, we need your recipes and foodie stories and memories. watch this space ...

### **Next Exhibitions**

We're putting up a general exhibition from the archives to run from Easter onwards. In the summer this will be joined by the 'Great War' exhibition.

One of the themes we haven't explored yet is the rise of tourism in Port Isaac. We're starting to accumulate stories on the subject. Also, where did 'Port Isaac folk' go for their holidays? In the interviews we hear delightful tales of people stepping as far afield as Wadebridge for

their holidays!

If you have any old postcards or holiday snaps you would like to share, we would love to hear from you. Thank you.

PISCES AGM - Monday May 12th

More details of time and place in the next *Trio* 

Contact details: Dee at Secrets 01208 880862 Barbara at the Pottery 01208 880625

Yesterday's Memories, Today's Histor **PORT ISAAC HERITAGE** Gree entry EXHIBITIONS Open daily Port Isaac Shared Community Exhibition Space





# Tiny Tim is still in desperate need of a home

Tiny is a slightly odd-looking little chap being staffy x terrier. Tiny came to us on Christmas Eve, as he was due to be put-down in a government pound. He's mega affectionate and wants to be near his owner all the time. He looooves cuddles and fuss. He's got oodles of character and is guaranteed to put a smile on the face of whoever adopts him. He's not great with other dogs, so would be best being the only dog in the house, although he could live with cats. He doesn't like being exercised in the rain, and is not too fussed about going out at all really; he's content to just stay at home and lap up attention. For this reason he would make an older, disabled or lessmobile person a really good companion.

Interested or want to know more? Contact 07971 528086.

**Update from last month:** Clay is now living with his adoptive owner in Wadebridge, and Misty has a forever home in Redruth.

www.lastchancehotel.org



The weather is always a topic of conversation for the British, and not least for us in Cornwall. An article in the November issue of a railway magazine (which was in the shops in mid-October, and must have been written in August or September) posed the question of how our railways would face up to the winter weather. It was illustrated prophetically by a picture of a train picking its way past Dawlish, on the wrong track so as to be further from the breaking waves. Ferocious storms on the coast, and rain-induced flooding inland, have had an unusually large effect on anyone travelling up-country, even by road. Then locally, a late February visit to Bodmin Parkway on a Saturday station revealed "No trains from Plymouth to Penzance, and no replacement road transport", while the following Tuesday, trains were not running west of St Erth "due to flooding near Penzance".

Apparent trends in the weather this winter, and changes in the course of the Jet Stream (which profoundly affects our weather), have revived discussion of Global Warming and its possible effects on such atmospheric phenomena. What is indisputable is that CO2 (Carbon Dioxide), like glass, is transparent to high-frequency radiation (UV and light) but opaque to low-frequency radiation (Infra-red and heat). This means that CO2 in our atmosphere acts towards the Earth like the glass in a greenhouse towards the plants within. High-frequency light coming from the Sun passes through the atmosphere and is absorbed by the Earth, then reradiated as low-frequency heat, which cannot escape, and is trapped. While the proportion of CO2 in the atmosphere was constant, some sort of equilibrium was probably reached over a long time.

But the proportion of CO2 is <u>not</u> constant. When I was in my teens it was about 3 parts per million, and now it's 4 ppm, an increase of 33% in just 60 years! More heat is being trapped, Global Warming <u>is</u> happening, and measurable increases in average temperatures <u>have</u> been registered around the world. But the rate of increase seems to have decreased in the last 20 years and, as a result, sceptics are suggesting that Global Warming is <u>not</u> taking place, after all.

What they forget is the huge capacity of the oceans to absorb both CO2 and heat. Water has the greatest capacity for heat of any common material, and even more when it is turned into water-vapour. Unfortunately, that heat is liberated as mechanical energy (wind) when the vapour condenses (as rain). This is the source of destructive power for hurricanes, which decay to mere violent storms by the time they reach us in the UK. When the oceans absorb CO2 a weak acid, carbonic acid, is formed, which tends to dissolve the calcium carbonate shells of sea creatures, or prevent those shells from forming. This is of vital concern to our local fishermen, and a subject of on-going research at the National Lobster Hatchery in Padstow.

Because of the vast absorptive capacity of the oceans, and the absorption of heat by melting Arctic ice, Global Warming and climate change have slowed, but they are still happening, and will go on happening while we continue to burn fossil fuels, whether coal, petroleum or shale-gas. Emphasis by political parties on stabilising (or even reducing) energy costs to the consumer, while attractive to the voter, does nothing to help. We should attempt always to (a) **reduce** to a minimum our consumption of finite resources, (b) **re-use** materials whenever and wherever we can, and (c) **re-cycle** as much as possible of what we cannot re-use.

Of course, we should be practical, and not push things to extremes: there is no point in emulating the elderly Swiss who, when he died, left a box labelled "Petits bouts de ficelle ne pouvant servir à rien" — Little bits of string of no conceivable use! Far better to be like Dan Rogerson, our MP, and consult locally people with the relevant expertise and interest on the possibilities for building an alternative to that vulnerable stretch of railway at Dawlish. At least five possible schemes have been suggested, but there are problems with each scheme. However, who knows, we might yet have a new version of the old South Western mainline from Exeter *via* Okehampton, Meldon, Tavistock, and Bere Alston to Plymouth — although I don't suppose that, after nearly 50 years, there'll yet be a branch again through Halwill, Launceston and Camelford to Port Isaac Road, Wadebridge and points west! Ah! Happy Days! Nostalgia is not what it was ...

Robert Manders

# **Church Diary Dates**

#### Friday April 4th

12 noon - Words & Music for Lent followed by Lent lunch - St Endellion Church

#### Saturday April 5th

10am-12 noon - Barn Owls Poetry Group - Stone Barn St Endellion

#### **Sunday April 6th**

9.30am - Sung Eucharist -St Peter's Church, Port Isaac

11am - Morning Praise - St Endellion Church 6pm - Healing Service - St Endellion Church

#### Friday April 11th

12 noon - Words & Music for Lent with Roscarrock Revival - St Endellion Church - followed by lunch

#### Saturday April 12th

10am -1pm - Come & Sing with members of St Endellion Festival Chorus -Mozart's Coronation Mass & Ave Verum - St Endellion Church - performance at 2pm

#### Palm Sunday April 13th

9.30am - Sung Eucharist with Dramatised passion - St Peter's Church, Port Isaac 11am - Sung Eucharist with procession of palms & dramatised Passion - St Endellion Church 4.30pm - Music Festival Choral Evensong - St Endellion (Preacher: The Revd Professor Prebendary Paul Fiddes)

7.30pm - Chamber Concert - St Endellion Church

#### **Monday April 14th**

9am - Thought for the Day -St Endellion Church - David Bishop

#### **Tuesday April 15th**

9am - Thought for the Day -St Endellion - Rt Revd Chris Goldsmith, Bishop of St Germans

7.30pm - Chamber Concert -St Endellion Church

#### Wednesday April 16th

9am - Thought for the Day -St Endellion Church -Alastair Hume 1.15pm Lunchtime Concert St Kew Church 10pm - Late Night Concert -St Endellion Church

#### Maundy Thursday April 17th

9am - Thought for the day -St Endellion Church - Jon Cleave 8pm - Commemorative Celebration of the Last Supper, with footwashing, stripping of the altar & Vigil - St Peter's Church, Port Isaac 10pm - Late Night Candlelit Concert - St Endellion Church

#### **Good Friday April 18th**

9am - Thought for the day -St Endellion Church -Prebendary John May 10am -10.30pm -Children's Passion Play followed by Hot Cross Buns (All welcome) 12noon-3pm - The Three Hours - St Endellion Church 7.30pm - Orchestral Concert - St Endellion Church

#### Easter Eve Saturday April 19th

6.30pm - St Matthew
Passion - St Endellion Church
8pm - Easter Fire
Ceremonies, lighting of
Cluster Paschal Candles,
Renewal of Baptismal
vows, Blessing of Easter
Garden - St
Michael's Church, Porthilly

#### Easter Day April 20th

8am - Easter Holy
Communion - St Endellion
Church (Book of Common
Prayer)
9.45am - Easter Sung
Eucharist - St Peter's
Church, Port isaac
11am - Easter Sung
Eucharist - St Endellion Church
6.30pm - St Matthew
Passion - St Endellion
Church

#### Wednesday April 23rd

10am-12noon -Port Isaac Mini Market - Church Rooms 7.30pm - Mothers Union -St Endellion Church Hall

#### **Thursday April 24th**

8pm - Julian Meeting - St Endellion Church

#### Saturday April 26th

Study Day English Poetry 1914 -18 led by Canon David Steven - St Endellion Church

#### Sunday April 27th

9.30am - Sung Eucharist -St Peter's Church, Port Isaac 11am - Sung Eucharist - St

11am - Sung Eucharist - St EndellioncChurch

#### Wednesday April 30th

7.30pm - Annual Parish Church Meeting - St Endellion Church Hall

### Father Michael

The news of the unexpected death of Prebendary Michael George Bartlett, 78, was greeted with shock and sadness by many in the community. Father Michael, as he was known to all, was a much-loved parish priest and former Rector of St Endellion, Port Isaac and St Kew from 1991-2006. He died peacefully in his sleep on Thursday 20th March. There will be a family funeral in St Endellion Church.

A memorial service will be held in Truro Cathedral on May 30th at 3pm.

#### Incredible is an understatement

Whether it has been the deluge of Biblical proportions or advancing years, but it seems that the last of the Christmas cake has only just gone and here we have Easter advancing rapidly on us. Lent is upon us, the pancakes have been enjoyed, and the Lent Courses have started. It is an opportunity to look at the beginning and end of the earthly life of Jesus, and what lay beyond.

One might take the cynical view and ask why we spend time saying the same things to the same people every year. From Autumn each year clerical keyboards are clicking away devising different ways of saying the same thing. Much of the time, we do preach the same things, often in the certainty that they have been better preached by others, and also often with the suspicion that congregations know them well, too. And the church year requires us to concentrate of specific subjects at important times. It certainly taxes one's imagination.

We have to raise our sights, speakers and spoken to. What we have to accept is that our Lord's time with us was unique in the history of mankind, and we have to revisit that incredible event every so often to regain a sense of wonder. Incredible is an understatement. Our senses are blunted by vivid and often exaggerated media coverage of events which seem normally to be evil, violent, unfortunate, or all. We need to recover our sense of awe.

The idea that the Creator of the universe diminished himself into human proportions in order to come among us is lost in the hustle of Christmas. At Easter we remember the end of the ministry of Jesus and his resurrection three days later. The teaching of the church has much to say about the resurrection, but the most important implication for most of us is that in returning from death, Jesus revealed to those of us who believe, the life that lays beyond death. Beyond the gates of death lays not oblivion, but eternal life.

Peter Coster

St Peters Church PCC would like to give a huge thankyou to all of you who organised, helped and supported the Christmas Tree Festival.

The church looked - and smelt! - wonderful.



### The Church Rooms Roof

A special fundraising concert will be held in St Peter's Church on Sunday May 18th at 4pm to raise much-needed funds to help repair the roof on the Church Rooms - full details next month

# Dan Rogerson MP writes ...

A lot of my work over the past few weeks and months has been working to coordinate the ongoing response to the floods and storms. The Government announced new measures including grants to repair and renew flood defences for homes and businesses, a support scheme for flood-hit businesses, business rate relief for 3 months, and a £10 million fund for local farmers and support for fishermen.

The storms and flooding also damaged the main railway line between Cornwall and London, as the track collapsed at Dawlish in South Devon. I have long campaigned for new railway lines in Devon and Cornwall to be opened. I held a debate in Parliament last year about bringing trains back to Okehampton – government ministers were interested in looking into this, but the incident at Dawlish has speeded the process up somewhat.

Network Rail are currently producing a report for the Department for Transport about which lines could be re-opened. I have launched a petition at http://bit.do/NorthCornwallRailways to show that local people support plans to re-open the old Plymouth to Exeter railway line via Tavistock and Okehampton to bring train services closer to our area. The petition also calls for Network Rail to consider options for extending and connecting the Okehampton line to bring back railways to communities in east and north Cornwall that don't currently have a rail service.

Thousands of local businesses, residents and community organisations have said

that they think bringing the railway closer or back to North Cornwall would be a fantastic boost for our area. I will be using the petition to urge Network Rail to bring railway services closer to our area.

The big news in Westminster came with the Budget in March, where a further £140 million was announced for flood defences, as well as extra money to help repair damaged infrastructure and to help Councils with pothole repairs.

The Budget also gave 35,400 people in North Cornwall an £800 a year tax cut. Cutting taxes for ordinary people was the Liberal Democrats' top priority at the last General Election, and as a result in April the first £10,000 you earn each year will be tax free.

As the economy continues to recover, I think it's important that we make sure everyone can share in the economic benefits. That's why from April 2015 we'll increase the personal tax allowance again, putting another £100 back in people's pockets. This means the total Lib Dem tax cut will be worth £800 a year.

Being in Coalition Government hasn't always been easy but it has allowed Liberal Democrats to deliver our priorities, including

on tax cuts for those who need them the most – even when the Conservatives said it couldn't be done. This is part of our long term economic plan to deliver tax cuts which are building both a stronger economy and a fairer society. Giving people on low and middle incomes a £800 a year tax cut is a good start, and will make a real difference in area like ours with high costs and low incomes.

Other good news in the Budget included another freeze in tax on petrol and diesel, help with the cost of childcare for parents, worth up to £2,000 per child, giving people control over the money they have saved in their pension 'pots, and more measures to clamp down on tax avoiders.

I have been keeping up the pressure on BT, as I know a lot of people in the area have been having problems with their telephone and internet connections. If anyone is having specific problems, please don't hesitate to contact me and I can see what I can do to help.

If there is anything else, either local or national, that you would like to discuss with me or that I might be able to help with, please don't hesitate to get in touch.

Best wishes, Dan

Dan Rogerson MP
Office Address: 4 Tower Street,
Launceston, Cornwall. PL15 8BQ
E-mail: contact@danrogerson.org

Port Isaac Stay & Playgroup

The group meet every Tuesday morning from 10am–12noon in Port Isaac Village Hall

Activities in April include:
April 1st - Colouring
April 8th - Outing
April 15th - Easter Activities
and Egg Hunt
April 22nd - Spoon People
April 29th - Outing

For more info contact Laura
Graham on 01208 881089

Joyful Company of Singers return to St Endellion

Friday 2nd May at 7.30pm

"Peace before the Storm"



The JCS will sing British and German choral masterpieces to mark the era that ended in 1914. Works by Mendelssohn, Brahms, Elgar, Bingham, Parry, and Schoenberg. Following the Easter Music Festival (12th-20th April), the Endelienta season of spring and summer concerts commences with a welcome return of this famous chamber choir renowned for its virtuosity and intensity of spirit, as well as for an astoundingly wide repertoire. Peter Broadbent is the founder conductor of Joyful Company of Singers and one of Britain's leading choral conductors. This is the choir's 25th anniversary season.

Tickets £10 (free for accompanied under 16s) are available by emailing tickets@endelienta.org.uk, by telephone 07787 944935, from the Wadebridge Bookshop or from the Hall for Cornwall Box Office.

# CREW NEWS

February and March have seen some big changes to the structure of Port Isaac RNLI, we have sadly seen the retirement of Nigel Sherratt as Helmsman after a 15 year service, the good news is Nigel will be staying on as an active deputy launching authority. Phil Tidey has also stood down as Lifeboat Operations Manager after a 10 year run with a previous 5 year stint as deputy launching authority and mechanic, but again the good news is that Phil will be remaining apart of the active team as mechanic. Phil will also be helping with duties until his replacement is appointed. Both Phil and Nigel have been a big part of Port Isaac's RNLI and their retirement, even though well deserved, will leave some pretty big boots to fill.



Due to these retirements we have space for new members of the team, from both admin based roles, boathouse keeping right through to crew and committee. It is important to note that anyone thinking of joining Port Isaac's RNLI does not need any experience at sea or ashore as we and the RNLI will supply all training required to cary out any roles. Therefore if you are interested in anyway of becoming part of very close team and Port Isaac's maritime history then please get in touch with me (or any crew), either face to face, by phone (880160) or email damobolton@hotmail.com

Nigel conserving water after a lifeboat exercise with Del (helm) and Nicki (crew)



Phil rehydrating 'Ruth' the search and rescue model at lifeboat larks

I'd like to finish by saying a very big thank you to Phil and Nigel on behalf of the crew and committee as your commitment and dedication to the station has been a great asset and will be greatly missed, however we look forward to maintaining a close relationship within your new roles.



### FOR THE RNLI SUPPORTERS DIARY

# THE ANNUAL GENERAL MEETING AT THE VILLAGE HALL

Thursday April 17th at 7pm
In addition to RNLI Business, which will be kept as tight as possible, there will be Badge presentation to Cheryl Webster and Chris Clifton and an interesting Speaker with illustrated presentation

Refreshments by our RNLI Committee
ALL ARE WELCOME

# COFFEE MORNING IN THE LIFEBOAT STATION

**Bank Holiday Monday May 26th** 

# COFFEE MORNING & ANNUAL SUMMER SERVICE ON THE PLATT

conducted by our Station Chaplain Father John May

Sunday June 8th at 12.30pm

#### LIFEBOAT LARKS

on the Platt and in the Harbour our really big family day Helicopter - Sharps Bar - Jazz Band -Punch & Judy - St Minver Band - Bouncy Castle and much more ...

**Bank Holiday Monday August 25th** 

# ANNUAL CHRISTMAS MARKET

Father Christmas - Seasonal Stalls -Refreshments - Mince Pies - Mulled Wine -Special Draw

RNLI news continued on next page

### Websites of the month The Environment & Easter

From time to time I return to the topic of the environment and point you to websites which can inform about the current state of knowledge concerning climate change related matters. With so much information coming out in the past few weeks most of this months column is devoted to an update. This is also the Easter issue of Trio, so we will call in on an Easter-related website or two as well.

In February, the Royal Society (http://royalsociety.org/policy/projects/climate-evidence-causes/) published jointly with the American Academy of Sciences, 20 questions and answers on the evidence and causes of climate change where they show that recent global warming is largely caused by human activity. The Royal Society website is interesting itself as it has a wealth of useful information about science in the UK. Founded in the mid 1640's its history is detailed, from its inception when Sir Chrisopher Wren and friends decided they would meet weekly and show each other experiments, to its current position as a preeminent scientific institution.

This month also, the American Association for the Advancement of Science, in a rare policy intervention, also released an important report saying much the same and you can see a video about it here http://whatweknow.aaas.org .

At the end of March a report will be published as part of a series for the Intergovernmental Panel on Climate Change. An extract from a leaked report has been published by the Independent newspaper which provides a very worrying picture:

"A draft of the final version seen by The Independent says the warming climate will place the world under enormous strain, forcing mass migration, especially in Asia, and increasing the risk of violent conflict."

The report, based on many hundreds, if not thousands of high quality, peer reviewed studies will form the backdrop for policy makers when they try to come to some agreement later this year on targets for greenhouse gas reductions. It will be available from http://www.ipcc.ch and will be called "Climate Change 2014: Impacts, Adaptation and Vulnerability"

Finally in this quick run through, a book came out that I just finished reading called 'The Sixth Extinction'. It is called this because in the past there have been times when a good proportion of the worlds animals and plants have died out, sometimes, like the Dinosaurs, from know causes ( an asteroid impact) , sometimes from causes only recently being uncovered (see http://

oxfordmegafauna.weebly.com for a beautifully designed website all about why animals died out in more recent times). The book by Elizabeth Kolbert explains what is currently happening – namely that animals and plants are going extinct at an unprecedented rate. She tells the story to the National Geographic http://tinyurl.com/qf64b4a , which itself has a brilliant site full of great pictures showing the diversity of species we still have.

And it's Easter time again. After the winter we have been through it is really good seeing the buds coming out, and the spring flowers. One of the wonders this time of year are the magnolias of Cornwall. We are particularly blessed with a climate that is very favourable for them. A great place to see them is the Burncoose Garden Centre, and it has some good videos on its website of magnolias from the air at Caerhays Castle http://www.burncoose.co.uk/site/article.cfm? alD=36778.

And for a really good day out the Cornwall Garden Society are holding their 2014 Spring Flower Show at the wonderfully restored Boconnoc estate, ( details here http://tinyurl.com/ogd727n ) on 5th and 6th April.

Tony Wainwright



# PORT ISAAC RNLI NEWS

March has been a fairly quiet month for Port Isaac RNLI but behind the scenes the committee have been busy organising lots of exciting events for the Spring and Summer. A donation of £30 was received from lifeboat helms Matt Mains grandmother, Patricia Hodge, for her sale of homemade jams and jellies.

On Saturday March 1st the annual lifeboat press officers meeting for Cornwall was held at Rock Lifeboat station. F aye Archell attended as Deputy Lifeboat Press Officer for Port Isaac. It was a very informative day with presentations from all sectors of the RNLI including the launch of the new Shannon Class lifeboat and details of a record year in 2013 for rescues by RNLI lifeguards.

It also gave us the chance to say farewell and good luck to Tamsin Thomas RNLI Public Relations Manager (South West). Many of you will know Tamsin as she is a big supporter of Port Isaac RNLI and has attended past fundraising events. She is off to work for Cornwall Hospice Care and we would like to wish her lots of luck in her new role.



The Cornwall Lifeboat Press Officers with Tamsin Thomas (centre)

# STENDELLION EASTER FESTIVAL

in the Collegiate Church of St Endelienta, St Endellion, North Cornwall



#### 12th - 20th APRIL 2014

This 41st Festival kicks off with our hugely successful Come & Sing! which is open to all. It then wends its way via a choral evensong, two chamber concerts (13 & 15 April), five 'Thoughts for the Day' (on each weekday at 9am), two orchestral concerts (16 & 18 April), a lunch time concert at St Kew (17 April), a late night candlelit concert, 'Goodbye Dolly..." (17 April) and an open rehearsal (19th April from 9.30am) for one of Bach's masterworks. St Matthew Passion to be conducted by Thomas Blunt (19 & 20 April).

Last year the lunchtime prom led by violinist **Camilla Scarlett** was a sell-out. This year on **Thursday 17th April at 1.15pm** she promises 'Music of mourning and contemplation from baroque Germany and Italy'.

Ticket prices start at £12.50 and are available by POST from Cheryl Feldon, 52, Oakhurst Grove, London SE22 9AQ (Send a SAE and cheque made payable to St Endellion Easter Festival). Enquiries cheryl.feldon@endellionfestivals.org.uk or ring 07771 796643

The programme of music takes place in the Collegiate Church of St Endelienta, St. Endellion, North Cornwall. Early booking is advisable due to the festival's international reputation.

# we will remember them ...

Port Isaac commemorates the First World War and the local men and boys who gave their lives ...

we invite everyone to join us ...

### Tuesday July 15th - St Peter's Church

Port Isaac Chorale present an evening of songs and readings recalling WWI

#### Monday August 4th - St Peter's Church

The official opening of the

PISCES WWI Exhibition -

making sure that those who are named on the Port Isaac War Memorial are not forgotten

Music and Memories, Songs and Stories

Saturday September 13th - Port Isaac Village Hall PISCES and the Village Hall invite everyone to an old-fashioned afternoon tea in the Hall - with music from the wartime era

Thursday October 9th Port Isaac Village Hall
Oh What A Lovely War
a matinee during the
Golden Circle Meeting everyone welcome

**During the October half-term week A Special** 

Mare's Tales & Mackerel Scales

The Great War remembered in music and words



# The hole in the road

The road outside my house is closed, the wall is on the beach! The co-op's now six miles away. and nearly out of reach!

A six-foot fence is going up (control my growing rage!!) now looking through my window's just like looking from a cage!

I don't know when they'll open it, they haven't got much dosh.... but if the tide takes more away, my house will get a wash!!

The water board will be here next, they'd better take great care... for underneath the road the sewer now hangs in mid air!!

I hope they can support it if it falls into the pit. We'll all be coming off the beach, completely 'lagged' in.... mess!!!!

#### The hole outside my house looks

much less menacing today Three loads of concrete in there now it's safer anyway

> It won't be very long before the pipes can be repaired and then, consigned to history. will be photographs we've shared

a little bit more filling then, and tarmac on the top, and we'll be driving up the hill, to visit the co-op!

The wall repair will follow, they're clearing up the beach (I'll have to pave my path before the slates are out of reach!)

#### progress on the road has slowed,

they're building up the wall and if things get any slower it won't open up at all!!

they moved so fast with concrete... it's a shame they had to stop, I'd thought that by the weekend we could drive to the co-op!

the wall is not as easy job they're doing pretty well but it might take a week or two as far as I can tell

so meanwhile I'll endure the pump, that drones away all night, and hope it won't take too long now before they've put things right!!



Richard Cook in Beach House was straight on to the police, and warned drivers coming down, otherwise there could have been a serious accident.





#### They're working on a Saturday

to push on with the wall and had a load of concrete to re-inforce it all

the weathers on their side today it's beautiful out there so progress should be pretty good provided it stays fair

the beach is getting clearer as they use up the old stone so let's look on the bright side and try hard not to moan.....

Poems: Richard Cook, the Gaverne Laureate

Photographs: Malcolm Lee

#### The hole is getting bigger now.

the water main has cracked. its caused some real excitement

that other days have lacked!

The press are taking photos my phone rings off the hook there's lots of people coming down

to have a closer look

the story isn't over vet each tide will take some more and soon I'll have to moor my boat

outside my kitchen door!!!

Gaverne residents. Richard Cook and Malcolm Lee tell the story in poetry and photographs

#### Cormac have started on the road.

of their planning there's some doubt.

for on Friday they filled in the hole...

on Monday dug it out!

a bit more got dug out today, some progress has been made... though the digger they have got down here

is just one up from a spade!!

If concrete comes tomorrow, as the men here say it should, there'll be a stable solid base, and that would be quite good.

They say their main objective is to open up the road. so I don't know how much concretes coming - more than just one load!

the wall will be done afterwards a face to match the rest. the National trust insisted that it had to look the best

I must say, in all fairness they've acted pretty fast... it seems the road will open soon - be usable at last!!

No progress on the road today

'cos nobody's been here!
I gave up watching out for them and went and had a beer!!

They'll lose the ramp they built quite soon

each tide takes more away. a little vanished yesterday then more again today

I hope they get a move on I'm fed up with the pump it drones outside my window and now I've got the hump!!

If only they did one more day the pipes could be re-laid, and very soon we'd see that much more progress had been made

I guess that in a few more weeks when all the work's complete we'll soon forget the aggro and all of that concrete!

#### At last the pump is silent

the sewer's been repaired!! The lack of sleep's effected me, so friends have now declared...

so if I've been obnoxious, forgive me if you can.... a good night's sleep will, hopefully, repair the inner man!!

the noise was quite intrusive, It didn't seem to bad but now I hear the silence it makes me rather sad...

for if I'd moaned about it they might have moved the pump, and moved it to the house next door, where there's another sump

So once again I'm sorry if I haven't acted right!! it maybe 'cos I woke up about three times every night!!

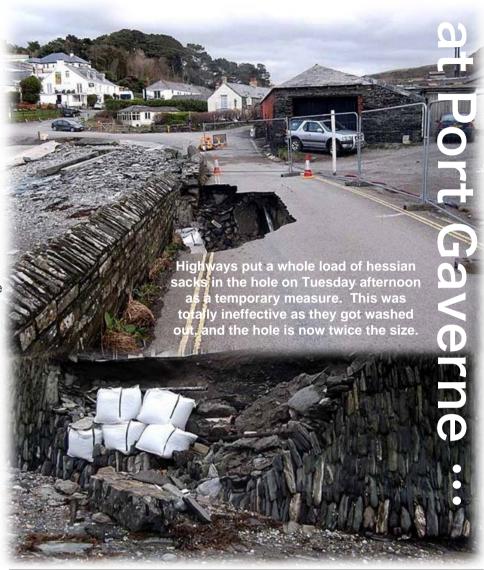
it seems a shame to tell you this,

a sad end to the day. but Cormac's blokes will not be here tomorrow or Friday

they've had to go to Respryn bridge to finish something there..... it's not good news, I know, but some I felt I ought to share

perhaps though, in their absence, the water board can start and now repair the other pipes the landslide forced apart??

Ill try to keep you posted, in what's now a daily rhyme and let you know what's happening in almost current time....



The man's arrived from Cormac,

and had his cup of tea, then went to start the new machine but just can't find the key!!

He's walked around it twenty times, looked everywhere he can..... but couldn't see a sign of it so went back to his van! The Digger's nice and shiny and that's how it might stay, for if they cannot start it it won't get used today...

You couldn't write a comedy to match the things I see..... so now I'll do what Cormac do and have a cup of tea!!

The poor chap couldn't do much,

he's here all on his own. So health and safety rules would stop him

handling heavy stone!!

He's straightened all the fencing, and adjusted every sign..... If my day turned out quite like that I think I'd just resign!!

The straightening took ten minutes so the key-search starts again, I'd love to see the time-sheet - writing that would be a pain!

I'll write a bit more later, cos now he's found the key, but I don't think he can start right now, its time to have more tea!!

# The road's come on quite well today.

the wall is up near the road, more concrete went in yesterday, and tomorrow, another load.

the pumping main has been repaired,

two out of three now done, the water main's still broken, but that's the only one.

The beach is getting clearer as the stones all get re-used, and the men are working well and don't deserve to be abused..

It shouldn't be long now, I think, perhaps another week, before we're driving up the road (provided there's no leak!)



# Parish Council report

supplied to Trio by the Parish Clerk
tes of Parish Council meetings are available on t

Minutes of Parish Council meetings are available on the St Endellion Parish Council website.

The March Council Meeting was well attended by members of the public many of whom who had turned out to support the Council's objections to the proposed solar farm at Treswarrow.

There were also concerns expressed that the refuse collection in the village would be reduced and information from the Playing Field Association which among other matters noted that some dog walkers are not being responsible owners.

Please remember this area is for children to play, provision for dog walkers is made just below the Playing Field, there can be no excuse to walk dogs in the Playing Field. It should be noted that all open areas in Cornwall are covered by Cornwall Council's Policy and fines can be issued.

**Planning Applications**: Full reports to Cornwall Council with regard to the Parish Council's decisions can be viewed on the Cornwall Council Website.

Minutes of the meeting are available of the St Endellion Parish Council website.

Prior to the Planning Section beginning, a Presentation by Mr Syborn of Syborn Atkinson regarding the Headlands Hotel Project was made to Members and those members of the Public who had attended the meeting.

Information sheets were distributed to members of the Council and members of the public present. The sheets outlined revisions of last year's Plans were distributed so that both the public and Members could see the proposals.

A request for a public consultation was greed to by Mr Syborn, details will be advised.

#### **Planning Applications:**

Plan A: PA14/01003 – Proposed sub-division of existing dwelling to form 2 ground floor retail units for A1 and A2 use and 2 residential flats - 29 New Road, Port Isaac -Supported.

#### Approvals:

PA13/11360 - 86 Fore Street

#### Appeal:

**PA13/04287** – Proposed photovoltaic (PV) farm with a capacity of up to 6MW at Treswarrow Farm

A number of members of the public had attended the meeting to support the Council's objections to this project and appeal. A professional report is to be prepared from the Council to present to the Appeal.

#### **Public Toilets**

The Chairman, Deputy Chairman, C.Cllr A Penny and the Clerk to the Council will meet with Officers from Cornwall Council on 2 April in an attempt to resolve issues and move this matter forward urgently. Members of the Council recognise that the holiday season is almost upon us and already problems are being experienced due to the lack of public toilet provision.

#### **Code of Conduct**

Five Members of the Council and the Clerk to the Council attended Code of Conduct training at the end of February. There will be further training sessions later in the year when other members will be offered the opportunity to attend.

#### **Playing Field**

Quotes to replace the swings were obtained by the Clerk who was asked to pass them to the Playing Field Association for their consideration and choice of which the Council was to purchase. Unfortunately, no-one from the Playing Field Association attended the Finance Meeting as had been requested to advise of their choice.

#### **Gull Proof Sacks**

The Council agreed to buy 50 sacks for distribution to assist with the need to keep the village centre clean and free of scattered waste. Information will be available shortly regarding distribution and use of these scaks which have proved to be very effective in other towns and villages.

#### Membership of CPRE

It was agreed that the Council take up Membership of the CampaignI for the Protection of Rural England who can offer help and guidance with, amongst a number of issues, the preservation of the nature of village communities.

#### Crime

On a happy note, the Police advised the Council that they had recorded no crimes for the month of February.

#### Grants

Local Charities, groups and organisations should contact the Clerk of the Council or Chairman, Cllr Coles to apply for funding. Please note applications should be in writing and if possible on the group's 'letter headed' paper (This may simply be created on any computer!). It should also be noted that a set of audited accounts may be requested in order to meet audit requirements. Please check with the Clerk for info and don't be put off asking for a grant!

#### **CAMELFORD & DISTRICT BOWLING CLUB**

With the end of the indoor/short mat bowling season looming ever nearer, preparations have been ongoing during the winter for the forthcoming outdoor campaign. Although there is much less work to be done on the green in the close season, greenkeeper Bob Staple has kept his eyes on the condition of the rinks and has attended to any diseases which can and do occur at any time, especially in wet and warmer conditions. Along with spraying, to counteract these events, aeration of the green is essential and despite the incredibly wet winter never has there been water standing on the surface, so drainage is excellent. Also with the mild conditions there is a good covering of grass, which augers well for the start of the 2014 season, which brings me to a reminder to our faithful readers -

The Opening Day for club members is Saturday 12th April from 2.00 pm. Formal attire is whites and players are requested to bring a plate of food for the usual repast . . . and . . . of interest to the wider public is our Open Day, one week later, on Saturday 19th April, from 2.00 pm to 5, when the club invites anyone and everyone, young or old or inbetweeners, to come and 'have a go' at bowls. Equipment will be supplied and a cup of tea or coffee and biscuits will be available. Established players and club coaches will be in attendance for your further instruction. Please bear in mind that we are offering a first season discount membership price of £30 for the outdoor season.

If you wish to contact someone in the club try 01840 213801 (Neill Wright - Secretary), 01288 355103 (Peter Buck - Chairman) or 01840 261213 (Colin President). For short mat enquiries contact Geoff Risdon on 01840 213243. Happy and successful bowling everyone!

Francis Bennett

# Needed!

Is there anyone who takes part in a sport that is a little bit different such as judo or karate or zumba for example?

If so would you like to come into school one afternoon and give the children a demonstration or a taster session?

Please contact school 01208 880494 or drop in and let us know.

Thank you

# Sports Relief

As a school we supported Sport Relief this year in a variety of ways.

Throughout the day there were lots of activities including team games, mini Olympics and on the spot sports challenges.

The children held a bake sale after school and everybody brought in a donation.



#### HappY BirthdaY in April...

- Sam 11
- Paige 11
- William 11
- Sam 10
- Mollie 9

#### in May ...

- Demelza 10
- Isaac 10
- Katie 10
- Joshua 9
- Kailyn 9
- Tamara 9
- Josh S 8
- Josh G 8



# Taster Sessions Schoolchat

news & views from Port Isaac School

# Do you have green fingers?

We have some lovely raised garden beds in school which have, in the past, grown some fantastic produce which we have either eaten or sold. Unfortunately they have become neglected due to lack of time and love.

#### Are you able to help us restore them to their former glory?

We are asking that, in return for some of the produce, you help us run a lunch time or after school club for a few children for half an hour to an hour a week (to suit you) so that they can experience the benefits and joy of growing their own fruit and vegetables to eat.

For more information or to offer your help please phone Jan at the school on 880494 (as with all our volunteer helpers you will need to undergo a DBS Police check but this is a simple confidential process which we will arrange for you).



#### Thank you!

A big thank you to everyone who gave up a Saturday recently to come in and help with a big clean up around the school grounds.

It's looking a whole lot better and ready for the children to enjoy the warmer weather outside in our grounds.

Thanks again

# World Book Day

To celebrate World Book Day the children brought their favourite book into school and the afternoon was taken up with all things books. Time was spent reading their books with a partner and sharing stories. Then, in groups, the children acted out a scene or a full story from a book for the rest of the school to guess what the story was.

There were some great acting skills on display and also a few clever innovations of traditional tales.

To finish the day every child received a book token to exchange for one of the books on offer this year at selected book stores.







Spring has arrived and the clocks have gone forward so here are a few spring vegetable recipes

### **Nettle soup**

Nettle soup more a foragers recipe but nettles have always been used in cooking. The only barrier to enjoyment is the nettles ferocious stings, but these are easily dealt with - before gathering your nettles, don some thick washing-up gloves or similarly impermeable handwear, roll your sleeves down and your socks up, then pick away. Keep those gloves on while you wash the nettles thoroughly, discarding bugs, grass and other unwanted organic matter, then drop them into a pan of boiling water or stock. As soon as they hit the hot stuff, the sting is vanquished and you can eat them with impunity and considerable relish.

Around 150g nettle tops
30-35g knob of butter
1 onion, peeled chopped
2 smallish leeks, trimmed, washed and finely sliced
2 celery sticks, chopped
1 clove garlic, peeled and chopped
2 tbsp white rice, such as basmati
1 litre vegetable (or chicken) stock
Sea salt and freshly ground pepper
6 heaped tbsp thick, plain yoghurt, to finish
1 small bunch chives, to finish

- \* Pick over the nettles, wash them thoroughly and discard the tougher stalks.
- \* Melt the butter in a large pan over medium-low heat, add the onion, leek, celery and garlic, cover and sweat gently for 10 minutes, stirring a few times, until soft but not brown.
- \* Add the rice and stock, bring to a simmer and cook for 10 minutes.
- \* Add the nettles, stirring them into the stock as they wilt, and simmer for five minutes or so, until the rice and the nettles are tender (very young nettle tops will need only two to three minutes). Season with plenty of salt and pepper.
- \* Purée the soup in two batches, reheat if necessary and check the seasoning. Serve in warmed bowls, topping each portion with a large dollop of yoghurt and a generous sprinkling of snipped chives.

## Vegetable Sallet

This recipe dates back to 1615 - the word "sallet" stems from "salade", French for salad.

The notes for this recipe state that it can be used for a diverse range of vegetables. I chose cauliflower because it fits with what's still in season and grown in Cornwall. Like many other recipes from medieval Europe, this one uses sugar and what we now would call "sweet spices" in a way that is a bit surprising to the modern palate.

#### **Powder Douce**

Many medieval recipes call for spice mixtures without detailing the exact spices. While it is tempting to assume that each particular spice mixture had a consistent recipe, there is evidence of substantial variation for different times, regions, budgets, and cooks. The recipe below is for one of the more commonly called for spice mixtures. I strongly encourage altering it to suite your own tastes.

3 tbsp ginger 2 tbsp sugar 1½ tbsp cinnamon 1 tsp cloves 1 tsp nutmeg

"A new booke of Cookerie: John Murrel 1615: Diuers Sallets boyled. Parboyle Spinage, and chop it fine, with the edges of two hard Trenchers vpon a boord, or the backe of two chopping Kniues: then set them on a Chafingdish of coales with Butter and Uinegar. Season it with Sinamon, Ginger, Sugar, and a few parboyld Currins. Then cut hard Egges into quarters to garnish it withall, and serue it vpon sippets. So may you serue Burrage, Buglosse, Endiffe, Suckory, Coleflowers, Sorrel, Marigold leaues, water Cresses, Leekes boyled, Onions, Sparragus, Rocket, Alexanders. Parboyle them, and season them all alike: whether it be with Oyle and Uinegar, or Butter and Uinegar, Sinamon, Ginger, Sugar, and Butter: Egges are necessary, or at least very good for all boyld Sallets."

#### **Cauliflower Sallet**

1 head cauliflower 1 tsp powder douce 3 tbsp butter dash vinegar 1/8 cup currants 1 egg, hard boiled Cut up cauliflower and parboil until just tender, adding currants halfway through. Drain and set aside. Melt butter in a large saucepan. Mix in cauliflower and add spices and vinegar. Cut the egg into quarters and use as a garnish. Serve hot.

Hope you enjoy. Mx

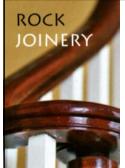


# K Honey

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Fax: 01840 250900

Photo: Christine Rusling

#### **Tuesday April 1st**

Kerbside recycling - bags out by 7am

Saturday April 12th - Sunday April 20th St Endellion 41st Easter Festival at St **Endellion Church** 

#### **Tuesday April 15th**

Kerbside recycling - bags out by 7am

#### **Thursday April 17th**

RNLI AGM in the VIIIage Hall - 7pm

#### Good Friday April 18th

Village Hall Breakfast Cafe, Coffee Morning & Sale, 10am-12noon in the Hall & Grand Easter Egg Hunt -11am

#### Easter Sunday April 20th

Carnival Easter Fun on the Beach, Easter Egg Hunt, Duck Race and Three-legged Race

PISCES Cream Teas in the Boathouse from 2pm onwards

#### Easter Tuesday April 22nd

Port Isaac Village Hall Easter Bingo eyes down 7.30pm

#### Thursday April 24th

Village Hall AGM in the Hall - 5.30pm

#### **Tuesday April 29th**

Kerbside recycling - bags out by 7am

#### Friday May 2nd

Joyful Company of Singers at St Endellion Church - 7.30pm

#### **Sunday May 3rd**

The Judging for this year's Carnival Royalty at Port Isaac School

#### Saturday May 10th

Spring Auction at St Endellion Church Hall - 7pm, Viewing 2pm-6pm, Details 01208 880312

#### **Sunday May 18th**

Concert to raise funds to repair the Church Rooms Roof - in St Peter's Church - 4pm

#### Bank Holiday Monday May 26th

RNLI Coffee Morning in the Lifeboat Station

#### **Tuesday May 27th**

Sankey Evening at Trelights Chapel

#### Saturday May 31st

K'antu Ensemble at St Endellion Church - 7.30pm

#### **Sunday June 8th**

RNLI Coffee Morning & RNLI Annual Lifeboat Service on the Platt - 12.30pm

Saturday June 14th - The BIG Run

#### Friday June 20th

Bristol University Madrigals at St Endellion Church - 7.30pm

#### Friday July 4th

St Mary's Singers from Truro Cathedral at St Endellion Church - 7.30pm

### **Trio Copy Dates**

#### **MONTH**

Mav June July August September October November December

#### **COPY DATE**

Thursday April 24th Sunday May 25th Tuesday June 24th Friday July 25th Monday August 25th Wednesday September 24th Saturday October 25th Wednesday December 3rd

#### **PUBLICATION DATE**

Thursday May 1st Sunday June 1st Tuesday July 1st Friday August 1st Monday September 1st Wednesday October 1st Saturday November 1st Wednesday December 10th

#### Tuesday July 15th

Port Isaac Chorale present an evening of songs and readings recalling WWI

#### Tuesday July 29th - Friday August 8th

St Endellion 56th Summer Festival

#### **Monday August 4th**

Official opening of the PISCES WWI exhibition in St Peter's Church - Music & Memories, Songs and Stories

Saturday & Sunday August 16th & 17th The BIG Swim

Saturday August 23rd - Port Isaac Carnival

**Bank Holiday Monday August 25th** RNLI Lifeboat Larks

#### Wednesday August 27th

Chris Bannister sings the songs of John Denver in Port Isaac Village Hall

#### Saturday September 13th

Old fashioned Cream Tea in the Village Hall with music from the wartime era

#### Friday September 26th

Fashion Show in the Village Hall - with Indigo (Wadebridge)

#### **Thursday October 9th**

"Oh What A Lovely War' - matinee during the Golden Circle Meeting - 2pm

#### Saturday November 22nd

RNLI Christmas Market Saturday

#### November 29th

Vintage Fair in the Village Hall

# POST OFFICE HOURS The Post Office service is open in The Church Rooms on Monday from 9.30am -1.30pm and on Friday from 10am-2pm

### **Regular Events**

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10.00am to 12noon in the VIIIage Hall. Contact Laura on 881089 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4.00pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

#### Church Services

St Peter's Church, Port Isaac

St Endellion Church - Every Sunday at 11.00am

Trelights Methodist Church - Sunday Service at 6.00pm

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905