

trio



Photo: Sally Stratton

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Look what you and a brew can do

BLOOMING GREAT TEA PARTY

Coffee Morning

Port Isaac Village Hall Friday June 27th

We are holding a special Coffee Morning in support of the Marie Curie Cancer Care Blooming Great Tea (or coffee) week. We are raising funds for this very worthwhile charity that provides not only care for cancer patients but also "end of life" care, as we experienced for Cath, in the form of night sitters.

We would be very grateful for your support and hope to see you there. There will be stalls, a raffle and, of course, tea and coffee and refreshments.

Annie Philp & Janet Chadband

Every pound raised will help our nurses care for people with terminal illnesses in your area.



To host your own Blooming Great Tea Party
call **0845 052 4184** or visit
mariecurie.org.uk/teaparty



Charity no. 20904 England & Wales, SC030311 Scotland 9026

log on to

www.thisisnorthcornwall

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Published by Sam & Dee Littlechild

Tel: 01208 880905

email: triopi@mac.com

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PORT ISAAC VILLAGE HALL



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10 and under) - £5 per hour - £50 for
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GENERAL USERS/COMMERCIAL
EVENTS - £8 per hour - £100 for 24hrs

For full details or to make a booking
contact the Hall's Bookings Secretary,
Julia Routledge, on 01208 880142
or email her markjulia@hotmail.co.uk

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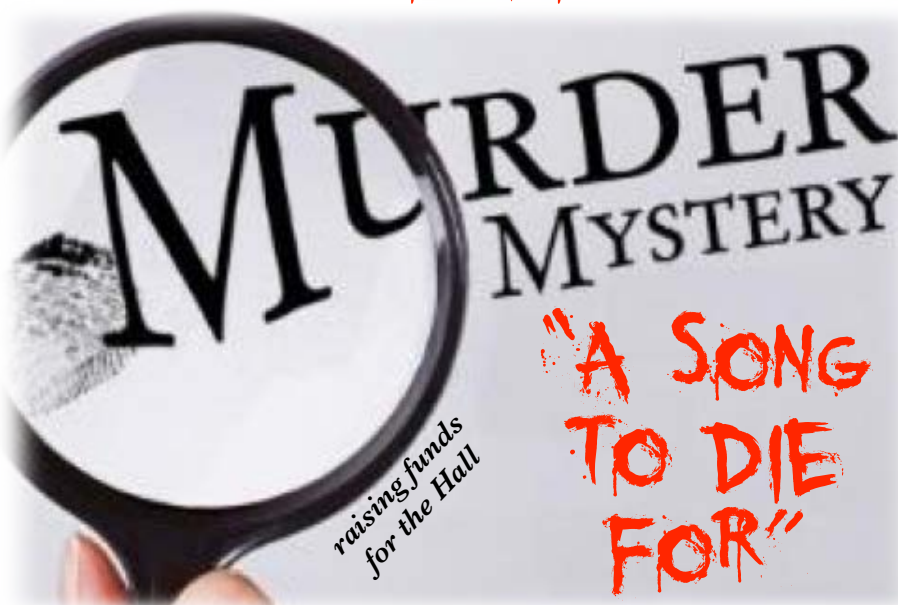
THE BIG RUN

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14th JUNE 2014

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COMING TO PORT ISAAC VILLAGE HALL ON TUESDAY AUGUST 12TH ...



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LISTEN CAREFULLY - THE CLUES ARE THERE ...

QUESTION THE CAST
VIEW THE MURDER SCENE
CHOOSE YOUR SUSPECT
WIN YOURSELF A PRIZE!!

ENTRY £5 (£3 FOR CHILDREN) - TICKETS
AVAILABLE FROM SECRETS OR ON THE DOOR

www.portisaacvillagehall.co.uk



*Port Isaac Gig Club members
who went over to the Scillies*

GIG NEWS

Since the last issue of the Trio, Port Isaac Rowing Club has returned from the World Championships at the Scillies. We took an A crew for both men and women and a B crew for each as well. The B crews performed fantastically, as they were comprised of a lot of novice rowers, and the racing at the Scillies was HARD fought!! The A crews have advanced up the results board a lot since last year, with the Men finishing 72nd out of 147, and the women finishing 58th out of 147. Not too shabby at all for such a small club with no funding!!

We pride ourselves on training and racing hard, but also having fun and enjoying each others company, and we definitely looked to be having the best time out of all the clubs out there. This was probably largely helped by the fact that Sharps donated us several kegs of Doom, and we also took casks of our home brewed cider, Giggler over with us.

We are really in a good place right now, and always have plenty of social things going on aside from rowing. We are really hoping to attract some new members this year - we particularly need strong young men!! If you would like to come and have a go, please contact Sarah on 07773099029.

On Sunday July 6th, we are holding our annual George Moth Memorial Race. This is an event specifically designed for novices, as we allow no more than 2 experienced rowers in each crew. Last year the *Doc Martin* crews did very well, while the crew from *Terry Harris & Sons* won the mixed

race. We race from the harbour in Port Isaac, and have a BBQ on the go as well. This is a fun event, not to be taken seriously at all, so please feel free to join us!

We are also very much looking forward to the Dragon Boat Race - Wendy Shipley is already talking tactics, and we can't wait to find out who we're up against!



Dragon Boat Racing



**one event you won't
want to miss**

**August
2nd & 3rd**

**August is looking set to be the most action packed
month of the Port Isaac Calendar**

**To start it off will be a weekend of fast-paced, adrenalin-
pumping, heart-stopping Dragon Boat Racing**

Now is the time to start getting your team organised. Each team must have a minimum of 17 members and a maximum of 20, and each team will have to pay a £350 entry fee.

This year we will be raising money for the RNLI and Children's Hospice South West. Each team will be encouraged to gain as much sponsorship as possible. Sponsorship forms will be provided once your team has been registered.

There are also a number of ways in which local businesses can be involved with sponsoring the event as well as providing a lot of exposure for your company or brand.

For more information on entering a team or if you would like to be involved with sponsorship please call Dean 07875 212329 or Mike 07718 393087

For more information on dragon boat racing and the requirements please visit www.dragonboatevents.co.uk or visit their facebook page.

No team will be a one race wonder. Each team is guaranteed a minimum of three races as well as a lot of fun both on and off the water. Don't be the one that stands on the beach saying "I wished I had entered."

Nothing can prepare you for the experience that awaits you. Get your team together, have a great weekend and help raise money for some very worthy beneficiaries.

The weekend will be held at Port Gaverne and Port Isaac.

Dragon Boat Racing is always guaranteed to bring a lot of spectators. There is a limited amount of space for traders. If you are interested in securing a pitch please call Dean on the above number.

Gruffalo at Eden

schoolchat



news & views from Port Isaac School

Class 1 went to the Eden Project recently to take part in the Gruffalo birthday celebrations. The day was full of activities and games including following a trail through the rainforest biome collecting ingredients to make the birthday cake.



Flags, bunting and a giant cupcake were prepared for the party. The children wore their own party clothes and everyone enjoyed the day.

A Trip to Cardinham Woods

Class 1 went to Cardinham Woods to follow the Gruffalo trail and continue with their Gruffalo related studies.

Tag Rugby Tournament

Our team that took part in this tournament at the end of April had trained hard with great enthusiasm. They were rewarded for their efforts by finishing in joint third place! Well done team!



Happy BirthdaY
in June...

- Lilylove 7
- Chloe 4



Setting the Scene

Year 3, 4 and 5 children have been working on their literacy skills and writing opening paragraphs to set the scene for a story based in an imaginary world. Here is some of the work they produced:

I am trapped in an unfamiliar location and I can see a dead body beside me and blood dotted around the cave walls. I suddenly realised that I was standing in a bottomless pond. As I got out my whole body was numb. I can hear odd noises echoing through the cave. Lyla Year 3

I am trapped in a dark, cold cave, my arm is in agony and I can see a huge dark shape approaching me. There is a terrible wind blowing and in front of me I see a chained up skeleton. Then I realise that I am chained up too. Bob Year 4

I am trapped in a wooden hut with bones and body parts hanging above me. There is blood splattered on the window. Then I hear a high pitched scream before the silence. I hear the floor creaking and someone is coming up the stairs. Tom Year 3

I've been taken by something! It was big and hairy. I suddenly realised I wasn't alone on my journey. There was a rotting carcass beside me, it was my companion. Even if I did escape I still would die.

Sunny Year 5

There I was hanging and confused, all I could see was a massive hairy shape coming towards me. Behind it a blizzard was starting. My vision was becoming clearer and I could see a massive bear like monster.

Sam Year 5

I've locked the door behind me, the silver rusty grey door knocker rapidly shook. I sat quietly in the corner as the ground quaked. Soon there was dust travelling through the air and I closed my eyes.

Issabella Year 5

I am caught in an unfamiliar cave. My feet are frozen solid and stuck to the icicles to the side of me. I am not cold because the cold never bothers me in any way. Filip Year 3

I am trapped in outer space and all I can see are different planets and the two beside me are the moon and the sun. I am in a space rocket zooming higher and higher. Outside it is pitch black apart from the light from the stars. Katie Year 5

I am in a cold dangerous cave and there is no way out. All I can hear is a strange noise. My hands are cold and my feet are warm. I am trapped. I feel isolated. Kailyn Year 4

In the creepy cave I am on top of the cold snow. I hear the sound of bones cracking and the monster is eating a man, leaving only his skeleton. Josh G Year 3

CARNIVAL DAY - SATURDAY AUGUST 23rd 2014



NEWS

PORT ISAAC CARNIVAL

Raft Race

Royalty



**Sunday 20th
July**

NOTE THE CHANGE OF DATE! This years race will now be held on Sunday 20th July. This year we have added a race for the kids. Full rules and entry forms can be found at Nicky Bs. But for those that cant wait here is the shortened version. You are classed as a child up to the age of 15. Each

team must have no more than 4 children and 1 adult. All team members must wear a life jacket.

There will be a handicap scoring system to ensure fairness through different ages. All entrants will receive a medal and the winning team will be presented with the Junior Shield at the end of the days racing.

Entry for the children's race is £10 a raft and entry for the adults race is £20 a raft. **PLEASE NOTE:-** Even if you use the same raft for both races you will still have to pay the entry fee for each race.

**Saturday
28th June**

is now Royal Day



Our apologies to everyone who turned up to audition for this years Royalty. Unfortunately we had to postpone due to unforeseen circumstances. The new date is Saturday 28th June at Port Isaac School. Judging will start at 2.30pm. Please come and support all of the hopeful candidates. We look forward to seeing you there.

HELP AND MODELS WANTED!

We need your body

Hidden away in a secret location somewhere in Port Isaac is a bag containing some of the greatest fashion accessories ever seen.

We need your body to model them for a few hours a day throughout carnival week. If you feel that you have what it takes to show these off let us know. In return you will earn a great feeling of pride and a drink or two.

Carnival Week

This year we will be having a marquee on the Playing Field. Entertainment will start on Wednesday 20th August with a music workshop for the children running throughout the day and a live music in the evening.

Thursday starts with a craft day for the children where they will be able to make banners that they can parade through the carnival if they wish. That evening will give you an excuse to get on your best 50s gear as we rock the night away to one of the finest Rock and Roll discos in the country.

Friday is party day. Kicking off with Magic, Puppets and Music and Games etc. In the evening they can dance away to the children's mini disco before we start playing something a little more grown up.

Saturday is Carnival Day and after the grand parade we have an amazing band playing. For now we will keep their identity a closely guarded secret but we can tell you that they are just about to be signed by a major recording company.

At some time during the week you will also be able to some shopping at the market and car boot sale. Posters and more details coming soon. During the week you will also find rides, games, candy floss etc and some great catering on the playing field.

We have had a good response to advertising in this years program. There are still a few places left so if you would like to place an advert let us know by the end of June.

This years Carnival will start at 6pm and the roads will be closed as usual from 5pm until 7pm.

Please note that only the emergency services, doctors on call and carers will be allowed entry/exit to and from the village. Please do not start shouting at us when you cant get through.

We close the roads for the safety of everyone involved, participants and spectators alike.

The Doc Martin Fund - update

A Trust Document has now been agreed and we are in the process of applying to the Charity Commissioners for Charitable status. A number of younger (than us) people in the village have agreed to join us as Trustees - thank you to them!

We are organising a meeting to hear advice from FEAST - who give charitable grants to various projects in

Cornwall - on the sort of criteria we should look at in allocating funds.

Apologies for all this being such a long process but we feel it is vital to set everything up properly at the start and this takes time. The allocation of public money is a big responsibility as I am sure you will agree!

Janet (Townsend) and Jon (Cleave)

WEBSITES OF THE MONTH

As we have recently had the elections for members of the European parliament, I thought I would devote this month's column for websites about the European Union and its relationship with Cornwall. I have become more interested in this area since my work has involved me in some European projects. Meeting people from all over Europe has perhaps given me a new perspective.

So to begin at the beginning, the history of the European Union is found on http://europa.eu/about-eu/index_en.htm and describes how it all started after World War 2 with the idea of an economic trade area, which was eventually formed in 1958 – the European Economic Community – between six nations Belgium, Germany, France, Italy, Luxembourg and the Netherlands. The UK joined in 1973 and a really nice timeline with much more detail can be found on the BBC website <http://news.bbc.co.uk/1/hi/world/europe/3583801.stm> which also includes the results of the recent elections. You can see from this timeline that there is a steady movement towards more and more integration, something that many people find unacceptable and worrying. Others see it as a good thing, as it may make conflict less likely.

As Cornwall has agriculture, fishing and tourism as major industries, our relationship with the EU has been through these areas. Agriculture and fishing are two very contentious of policy – too complicated for a short article, but for the reform of Common Agricultural Policy, a simple account can be found on <http://www.bbc.co.uk/news/world-europe-11216061> which also provides information about the amount of money we get back for farming subsidies. The reforms are being implemented now and details are on <http://tinyurl.com/przx47h>. There are two 'pillars' - direct payments to farmers, and grants for rural development.

The Common Fisheries policy <http://tinyurl.com/bnw79g> has also been undergoing change. Again this has been the subject of much debate and involves large amounts of money. As it says on the website:

"The current CFP has made it difficult for fishermen to run their businesses successfully, and has resulted in overfishing of EU fish stocks and damage to the marine environment. In the UK, the inshore fleet - fishing boats mostly under 10 metres in length which operate in coastal waters - has faced particular difficulties."

As with agriculture, this is being worked on and the different changes are being gradually implemented.

Some websites which give information about how Cornwall has been involved with the EU next.

Lets start with the Cornish Pasty

www.cornishpastyassociation.co.uk which since 2011 has had PGI status granted by the EU – protected geographical Indication. If you look at their FAQ section it explains all about it.

"A genuine Cornish pasty has a distinctive 'D' shape and is crimped on one side. The filling for the pasty is made up of uncooked minced or roughly cut chunks of beef (not less than 12.5%), swede, potato and onion with a light seasoning. The pastry casing is golden in colour, savoury, glazed with milk or egg and robust enough to retain its shape throughout the cooking and cooling process without splitting or cracking. The whole pasty is slow-baked to ensure that flavours from the raw ingredients are maximised. No artificial flavourings or additives must be used. And, perhaps most importantly, it must be made in Cornwall."

Cornwall has also had money coming in and details of the various programmes and amounts are on the Cornwall Council website <http://www.cornwall.gov.uk/europe>. To take a few of the projects:

1. The Marine Energy in Far Peripheral and Island Communities <http://www.merific.eu> is funding work on renewable energy offshore.
2. Cornwall Business awards - <http://tinyurl.com/prdydlu> - this gives some examples of the funded programmes for Cornwall.

Some big and small examples are shown and include:

- Cornwall Air Ambulance Trust - <http://tinyurl.com/ntc7crk> winners of the Best Third Sector Business Received £949,760 in ERDF Convergence support for a new hangar and office space at the Newquay Enterprise Zone.
- Watergate Bay Hotel - <http://tinyurl.com/nr3mayc> winners of the Best Digital Marketing award Received £107,305 through ERDF Convergence to install two combined heat and power units to help reduce their carbon footprint.
- Superfast Broadband <http://tinyurl.com/n9m2abl> represents the single largest and most transformational investment that the ERDF Convergence programme has made.

So whether you are in favour of the EU or want to see the back of it there have been substantial effects on Cornwall from being a member.

Tony Wainwright



THE BIG SWIM CORNWALL
A CORNISH BEACH TO BEACH RACE - RAISING MONEY FOR CHARITIES
16th & 17th August 2014
SPONSORED BY SHARP'S DOOM BAR

Yesterday's Memories, Today's History

PORT ISAAC HERITAGE

free entry EXHIBITIONS open daily

Port Isaac Shared Community Exhibition Space



Wednesday
August 6th
St Peter's Church
100 years this week since
WWI began

The official opening
of the
PISCES WWI
Exhibition

*making sure that those
who are named on the
Port Isaac War Memorial
are not forgotten*

**Music and Memories,
Songs and Stories**



Contact details:

Dee at *Secrets* 01208 880862 or
Barbara at the *Pottery* 01208 880625



PISCES merchandise -
Cookery Book, Memory Booklets,
Postcards, Recipe cards, Notelets

PISCES merchandise - it's our bread and butter

It's started! The second PISCES cookery book is slowly beginning to take shape and we hope to print early Autumn – so it will be just in time for you to buy for Christmas! So if you want to see your recipe, story or artwork in print in our book you need to let us know now! Drop anything off with Dee at Secrets or email her on dee54@mac.com We have sold over 2000 (and rising) copies of *A Taste of Port Isaac* and are confident that our follow-up will be just as popular.

Sales of our book, plus our other merchandise which includes Memory Booklets, Postcards, Recipe Cards and Notelets, is how we survive. Like a lot of other Port Isaac groups, we are all volunteers and have no official funding to keep going. Although we have been lucky enough to be given two Heritage Lottery Fund grants; one to help us start up our project and another to help with our current interactive technology and website project, we also need to fund our day-to-day existence (our insurance, our donation to St Peter's for the use of the Church and our exhibitions) and raise over £2500 a year. This comes from our fundraising and our merchandise sales. Our ever-growing range is available in the Pottery and at our events. Please support us if you can.



Taken by Nathan Williams - a close-up shot in which the crew can be seen in detail. Helmsman Damien Bolton with Nicki Bradbury and Matt Main.

A leading photographer in his field, Nathan is part of the RNLI's in-house Film and Image Unit, a team responsible for creating powerful films and photography in order to promote the work of the RNLI and raise awareness in the public eye. Nathan has been at the RNLI for eight years, and his photography can often be seen in both RNLI publications and the wider media.

Last year we had the pleasure of welcoming two of the top maritime photographers in the country, Nigel Millard and Nathan Williams, to Port Isaac RNLI. During their time here covering various assignments, each photographer captured images of some of our crew and committee members, both past and present, the Harbour, local North Cornwall coastal scenery and specifically our D Class Lifeboat *Copeland Bell* in some stunning action-driven scenes.

We are honoured to be allowed to reproduce two of these images, seen here, and to announce the reproduction of both images as notecards (blank inside to write your own message), size 6"x4". The cover of each card has the full size image and the

back page contains a smaller image and associated copy giving full details of our lifeboat.

These cards are available from *The Pottery, Wavehunters, the Port Gaverne Hotel, The Peapod* and Lifeboat Station Sales (when open), or order by phone on 01208 880765 or 01208 880210. Two Cards with envelopes in a transparent package - £1

The publication of these cards has been made possible with the support of *Sharps Brewery* at no cost to the RNLI

Taken by Nigel Millard - Copeland Bell responding to a call-out, cutting through tight to the rock face of deep water canyon leading out to open water.

*Nigel Millard is an international award-winning photographer and lifeboat crew member at Torbay in Devon. He is best known for his ongoing commissions for the RNLI and for his special issue Royal Mail stamps. His corporate clients include multinational companies in the financial automotive and travel sectors. He has been working with the RNLI now for almost a decade. His most recent publication has been 239-page book, *The Lifeboat Courage on our Coasts*, containing 300 of his photographs gathered together over the course of five years.*



CREW NEWS

Last month has been another quiet one with only one shout. However, this was a memorable trip to sea for Ben Andrews as it was his first with the RNLI - Benny boy you still owe us a beer!! This service was for a vulnerable male missing near Tintagel. After a two hour service he was found fit and well in the Port William.

It has also been a full month for Andy Hallam who has now passed his basic crew assessments resulting in being promoted to full crew. Andy will now be booked on to a crew development course at the RNLI training school in Poole. It should be noted that funding for our new Crew Training Programme is being supported by the twinning arrangement we now have in place with inland RNLI Branch Hatfield/Welwyn Garden City, so a big thank you to them.

We also had a training exercise, set up by Dell, with Padstow and Rock which will now become a regular event as it was a great learning exercise.

As always please get in contact if you are interested in getting involved with Port Isaac Lifeboat - either crew, committee or helper - you can count on a warm welcome.

We all look forward to seeing you at the forthcoming Lifeboat Sunday on June 8th on the Platt. St Minver Band should be striking up about 12 noon and the Service starts at 12-30pm, with the Lord Lieutenant of Cornwall, Col Edward Bolitho OBE attending.

*Damien Bolton
Senior Helmsman & Station Training Officer*



£2250 cheque handed over to the Lowen Ward



Mark Dawe joins Lowenna and Noah to hand over a cheque for £2250 to the Lowen Cancer Ward at Treliske where Dan is receiving treatment. The money was raised from the Dawes Tractor Run and the raffle and silent auction at Trevathan Farm that Lowenna organised .

I know it's a bit late, but I would like to thank everyone who made the Fundraising day at Trevathan Farm on April 13th such a success. It was a great thing to do to raise money for Lowen Ward in Treliske.

A special thanks to Lowenna and her lovely family and also to the owners of Trevathan.

Thank you all,
from Daniel's Nan Joan



We have had a lull in dogs being rehomed over the last month, and Rusty and Nancy are still waiting to be adopted. Both came to our recent dog show and demonstrated to everybody there how fabulous they are. Nancy spent most of her time rolling around on the floor trying to get other dogs to play with her, or sat on the laps of children of various sizes (she really is completely unaware of her size), and Rusty won reserve best in show. Rusty is a lovely looking boy, and his foster mum Claire has done a great job of making him look and feel really good. If you are interested in adopting either of these dogs, please call Sarah on 0777 3099029.

In the latter part of next month there will be a charity auction in the Port Gaverne Hotel to raise funds for the Last Chance Hotel. The date is yet to be confirmed, but there will posters going up around the village soon. Lots include a nights stay and meal in the hotel, half a days kayaking for two with Cornish Coast Adventures, a selection of wine and a suit donated to us by Martin Clunes that he wore on the *Doc Martin* set along with a signed photo. It would be great to see lots of people there, as the LCH is staffed entirely by volunteers, so every penny raised goes directly to the dogs.



Above Nancy and
Below Rusty wearing the rosettes he won at the recent dog show





Twiglet Returns...!!!

Many of you will remember that we lost our beloved cat Twiglet when we moved to Port Gaverne in the bad weather. After 5 months we had reluctantly given up hope of him returning.

But to our amazement on Sunday 18th May when we were visiting friends on Tintagel Terrace and just about to leave ,who should come meowing down the road but Twiglet!!! Well you can imagine our absolute delight that he had found us. Tears of joy all round!

A check up at the vets revealed that apart from losing 2 kilos he was in remarkably good health! So we have no idea where he has been all these months as you know how many times day & night we searched for him!

Now he is back with us & our other cat Angel who is a bit bemused by the situation at the moment. We are spoiling him rotten but he is definitely GROUNDED for the time being!!

Jim and I would like to thank everyone who initially helped search for him & who have subsequently kept an eye out for him giving us leads where ever possible.

We are eternally grateful to you all and
Twiglet also says thank you too!!
Jim & Sue xxxxx



Why women live longer than men!!!

ST TUDY CARNIVAL - SATURDAY 12th JULY

With carnival season fast approaching, here's a reminder that St Tudy Village Carnival will be held on Saturday 12th July when we will gather on the playing field from 5.30pm.

We would welcome as many entrants into as many classes as possible, these range from children's and adult's walking groups and floats to Senior and Fairy Kings and Queens. There are classes for vintage, classic and trade vehicles and a new class this year for tractors!

We will have Bands to entertain you and a barbecue.

For more information, and return of trophies, please ring 01208 850391/815472

**HARDSHIPS OFTEN
PREPARE ORDINARY
PEOPLE FOR AN
EXTRAORDINARY DESTINY ...**

C S LEWIS

Fantasy Football Final League Table

2013/14

LW	POS	TEAM	MANAGER	POINTS
1	1	TOM'S TEAM	Tom Lobb	1485
2	2	MAYFIELD MUTERS	Harry Hambly	1460
4	3	MAYFIELD MINGERS	Richard Hambly	1422
3	4	STICK THAT IN YOUR REPORT	Chris Witherden	1380
5	5	CUT PRICE FROGS	Danny Treacy	1376
6	6	MAYBEES	Tom Bishop	1338
8	7	FOXHOLE ALLSTARS	Bryan Nicholls	1336
13	8	NEVER IN UTD	Tom Penny	1297
7	9	AREAL MUDAFARKER	Andrew Grills	1283
9	10	RIP BADA BING!	Paul Honey	1274
11	11	SPANISH LESSONS WITH G BALE	John Yates	1243
10	12	MOTS FLYERS	Tom Cleave	1241
12	13	LE TOON	Karen Grills	1228
14	14	ADCS UNITED	Andrew Dungey	1209
15	15	THE AVIATORS	Dan Grills	1129
17	16	MEN OF GOOD FORTUNE	Andy Penny	1129
16	17	THE EDGE OF DARKNESS	Lardman Lanyon	1127
18	18	MUDGUTS MARAUDERS	Ann Cleave	1066
20	19	THE SPECIAL ONES	Margaret Honey	1003
19	20	T-BONE XI	Tim Witherden	1019
21	21	EMMA'S APPRENTICE	Kevin & Emma Honey	979
22	22	UP THE TOON	W Herring	774
23	23	TISWAS	Jean Herring	737
24	24	UNDER THE GRILLS	Jon Poupard	701

Church Diary Dates

Sunday June 1st

9.30am - Sung Eucharist, St Peter's Church, Port Isaac

11am - Morning Praise, St Endellion Church

Wednesday June 4th

6pm - Royal Cornwall Show Service, Showground Wadebridge

Sunday June 8th

9.30am - Sung Eucharist, St Peter's Church, Port Isaac

11am - Sung Eucharist, St Endellion Church

12.30pm - RNLI Service on The Platt, Port Isaac

6pm - Taize Service by candlelight, St Endellion Church

Wednesday June 11th

7.30pm - Healing Service, St Enodoc Church

Friday June 13th

7.30pm - Concert Triggshire & Atlantic Strings, St Endellion Church

Sunday June 15th

9.45am - Force Five Service of the Word, St Peter's Church, Port Isaac

11am - Sung Eucharist, St Endellion Church

Thursday June 19th

7pm - Sung Eucharist & Procession for Corpus Christi, St Endellion Church

Friday June 20th

7.30pm - Concert by Bristol Madrigals, St Endellion Church

Sunday June 22nd

9.30am - Sung Eucharist, St Peter's Church, Port Isaac

11am - Sung Eucharist, St Endellion Church

Tuesday June 24th

7.30pm - St Endellion PCC, Church Hall

Wednesday June 25th

3.30pm - Mothers Union Outing to Truro Cathedral with Cream Tea

Thursday June 26th

8pm - Julian Meeting, St Endellion Church

Friday June 27th

10am-3pm - Quiet Day on Pilgrimage with Canon David Steven, St Endellion Church

Sunday June 29th

St Peter's Day

9.30am - Sung Eucharist, St Peter's Church, Port Isaac

11am - Sung Eucharist, St Endellion Church

Young Musicians and Singers at St Endellion

Friday June 13th at 7.30pm, Triggshire Strings and Atlantic String Orchestra

These are two of Music Cornwall's ensembles. The Triggshire Strings are talented local young musicians aged 9 to 17 and the Atlantic String Orchestra is made up of enthusiasts over 18 years of age. They both perform under the excellent guidance of their director Barbara Degener, herself an excellent cellist as well as a teacher of cello and double bass.

Friday June 20th at 7.30pm, Bristol Madrigals

These students from Bristol University visit Cornwall each year for a short tour and it is always a delight to hear their young fresh unaccompanied voices in St Endellion sing a wide variety of music ranging from madrigals to early music to jazz arrangements.

Both these concerts are Free of Charge; there will be a retiring collection. Do come along and give these talented young people encouragement and enjoy some lovely music making.



Does anybody actually read this column?

When Father John asked me if I would write a piece for the June issue of *Trio* I was most excited. I thought wow; a chance to write for a magazine and do the "God Bit". Then I thought I wonder if anybody actually reads the church column? After all not many come to church so would they bother to read about spiritual things? Then I remembered that surveys show that more than sixty per cent of people believe in God and that in coastal and rural areas such as North Cornwall the percentage who wish to have a Christian marriage or burial is probably even greater than that. So perhaps people must be interested in some measure.

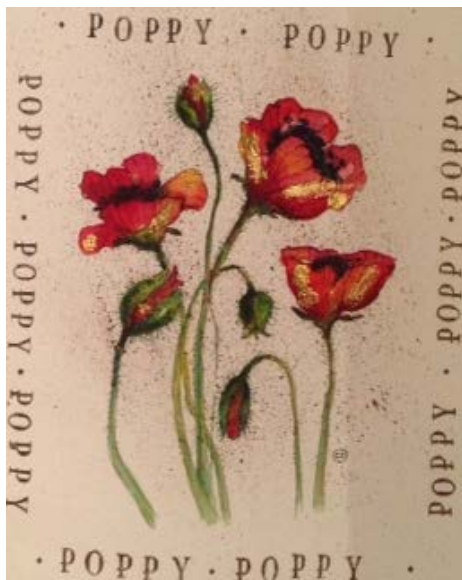


We seem to live in an age where many profess commitment but do nothing about it. Like armchair football supporters who will tell you that they have always supported Manchester United yet when asked if they have ever seen them play live or even visited the ground and perhaps joined the supporters club they seem surprised. As if yelling at the television when Match of the Day is on confirms you as a genuine supporter. So I suppose that some people who would say that they believe in God might thereby consider themselves Churchgoers, although they never set foot in the place.

In June we celebrate Pentecost when we remember the coming of the Holy Spirit to the original disciples of Jesus. In a sense up to that point they had been "armchair supporters" following the death and resurrection of Jesus. They believed and they were true followers of course but there was no supporters club for them to join. It was the power of the Holy Spirit which revealed to them the way forward that by speaking in many languages they must take the Gospel to all who would listen. They were no longer to be disciples in secret but to sing the praises of their Lord far and wide. Just as we continue to do today for those who would hear.

David Foster

**Do you, or someone you know, need a listening ear?
Tel: David Foster on 01208 880008**



WANTED - POPPIES

As you know it's the centenary of the Great War and communities across the country will be remembering this event in a variety of different ways. Port Isaac is going to put on several events over a week and one of these will be a concert in St Peters on July 15th. Music, song and poetry will be performed and stories from the older residents of the village will be retold.

As POPPIES are such an iconic symbol of remembrance the church will also host an art exhibition using this as the theme. I am hoping that textile artists, photographers, potters and painters will come together to embrace the theme to create some beautiful and diverse work.

As space is quite limited in the church the size for all the canvases, including textiles, will be 30cmx60cm and this can be portrait or landscape. However, there is room for negotiation if you have something larger in mind.

It would be lovely to include as many creative and talented people as possible, so please let me know if you are interested as soon as possible and I can start allocating spaces and you can start creating!

Also if any of you are interested in collaborating on a piece of work let me know and I can organise a workshop.

My mobile is 07966501156 if you would like to chat or send me an email.

Caroline Cleave



we will remember them ...

Port Isaac commemorates the First World War and the local men and boys who gave their lives ...

*we invite everyone
to join us ...*

Tuesday July 15th - St Peter's Church

Port Isaac Chorale present an evening of songs
and readings recalling WWI

Wednesday August 6th - St Peter's Church

100 years since WWI began

The official opening of the
PISCES WWI Exhibition -

*making sure that those who are named on the Port Isaac
War Memorial are not forgotten*

Music and Memories, Songs and Stories

Saturday September 13th - Port Isaac Village Hall

PISCES and the Village Hall invite everyone to an
old-fashioned afternoon tea in the Hall - with music
from the wartime era

Thursday October 9th -

Port Isaac Village Hall

Oh What A Lovely War

a matinee during the
Golden Circle Meeting -
everyone welcome



During the October half-term week

A Special

Mare's Tales & Mackerel Scales

The Great War remembered in
music and
words



Celtic Voices



Cornish Chamber Choir to make first visit to Port Isaac

One of Cornwall's much-loved Chamber Choirs, Celtic Voices, is to present a concert in St Peter's Church on Saturday July 12th at 7.30pm.

The choir, which draws singers from all over Cornwall, was founded as Celtic Chorale in 1982 by the late Hubert Julian MBE, of Truro. He continued to direct the choir until his death in 2006. He was succeeded by the present director, Kenneth Pethick of Callington in September 2006 when the choir's name changed to Celtic Voices.

The concert programme will include a wide choice of music genres – from the music of Lionel Richie to Mendelssohn. The songs and sonnets from Shakespeare with music by jazz composer George Shearing will contrast with Sir John Taverner's The Lamb and Franck's Panis Angelicus.

Tickets are available in advance from Secrets, Port Isaac or on the door. Priced £6 each they include refreshments in Port Isaac Village Hall (just a minutes walk away) after the concert.



Raising the Roof Concert

The concert was organised by the Port Isaac Chorale to raise funds to repair the storm damage to the roof of the Church Rooms and resulted in a magnificent £646.63 for the St Peter's Church and the repair.



The Chorale were joined by Gulls - with their new repertoire of songs, by Treble Tom Robinson from Wadebridge and Soprano Bethanie Frigot from St Mabyn. Jo Norton - the Chorale Accompanist - played a delightful piano solo and provided an excellent contrast to the rest of the programme all of which was greatly enjoyed by the large audience.

Many thanks are due to all who took part, and particular thanks must be given to the audience who were so generous. It is perhaps a measure of how important the Church and the Church Rooms are to the village!

Janet Townsend



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in the Collegiate Church of St Endellion

St Endellion, North Cornwall
29 July – 8 August 2014

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Leaders Gabrielle Painter and Lowri Porter
Chorus Masters Frances Cooke and Neil Ferris
Artistic Director Mark Padmore



Climate Friendly St Endellion

Before we put this copy of *Trio* in the bin, we need to think about waste, and what we do with it. Paper is easy, it goes in the **blue** container which we put out every fortnight for recycling. Cardboard (**red** container), plastic bottles and metal cans (**orange** container) go for recycling in the same way, as long as they are out by 7.00am. The large black box takes glass (but **not** broken or window-glass, Pyrex and other oven-proof glass), and is usually stuffed with the empty containers afterwards to stop them blowing away. It's a good scheme, pioneered by NDC, our late-lamented District Council, but taken on and developed by Cornwall Council.

What is much more of a problem is domestic food-waste, waste from holiday-homes put out on the wrong day, and commercial waste such as packaging, and food waste from our cafés and restaurants. Not everyone has the space for a compost-bin, so we did investigate having a communal composting area, but there were too many difficulties. An anaerobic digester on one of our farms would make sense, producing gas (to burn and make electricity) and a solid

residue which could be used as a soil-conditioner. However, there are difficulties in working on a sufficiently large scale to be commercially viable while not clogging up our lanes with lorries bringing in the raw material. We hope these will, eventually, be overcome.

A new group called 'Untrashed Cornwall' is just being set up down west, supported by Transition Falmouth, looking at the particular problems we have in Cornwall in dealing with waste. They have organised two showings of the film "Trashed", fronted by Jeremy Irons, which poses lots of questions and may suggest some answers. They are on:

*Friday 6th June, 7.00pm in the Chapter House, Truro Cathedral, and
Thursday 19th June, 7.30pm in the Royal Cornwall Polytechnic, Church Street, Falmouth.*

An admission charge will be made to defray costs.

The film is well worth seeing.

A big problem with recycling is separating different materials, particularly all those types of plastic, with their names, numbers and abbreviations. Polypropylene is obviously PP, while PET is polyethyleneterephthalate (phew!) and, of course, PTFE is polytetrafluoroethylene (show-off!) but not everybody has the space to keep them separate. The main thing is to **REDUCE** our use of things as much as possible, **RE-USE** as many things as we can, **RECYCLE** those things we can't re-use, and only send to landfill the very few things left.

Get your walking shoes on...

The weather has suddenly changed for the better, and my thoughts turned to using our footpath network again. A good one if it stays dry is from Port Gaverne to Pendoggett and back. There's a pub at each end, and you should allow an hour-and-a-half each way.

It starts along the South side of the valley (the right hand side, as you stand with your back to the sea), initially Footpath (FP) no 2 in Robin Penna's book (available from Secrets, Port Isaac). It goes through two stiles, continuing along the valley as FP no 4 when FP no 2 goes off Right up the steps towards Trewetha. After some three stiles, and some confusing animal paths, you come to a shallow stream crossing (very muddy if it's been wet!), which you cross and bear Right, now on FP no 6. You soon come to a stile over a stone wall and a small stream, which is the Parish boundary. Once across this, strike up the hill on St Kew Parish FP no 13, to a gate in the corner. Through this, you cross the field to meet a hedge on your left, following it briefly. Some way along this is a gap, through which a waymarked 'permissive path' takes you round the edge of a field (avoiding a former farmhouse) and into a lane leading to the Cornish Arms at Pendoggett.

Walk 250 metres (300 yards) west along the main B3314 road, then turn Left (South) along a lane, following it over a crossroads, past Lane Park and Lark's Mead, for about 1 km (about ½ mile). Over a gate on the Right (North) you take St Kew Parish FP no 12 down across a field to a gate. Once over this you climb a lane to a summit, then down again into the yard of Treharrock Farm which, it being a dairy farm, is often muddy. Straight through a couple of gates you take a sunken lane which curves uphill to an open field (electric fence). Follow the Lefthand side until you meet the B3314, which you cross to a stone stile (care!). [This detour has saved you a dangerous and unpleasant half-mile along the main road.]

Take our Parish FP no 14 diagonally across to a stile (projecting stones in the hedge), then towards a gate, and finally down the next field, keeping to the Right of all the farm buildings (Poltreworkey Farm), to a stile in the hedge surrounded by trees. Go over the stile in the fence directly in front and turn Left. Go down the field to a stile (with electric fence), hedge (care! big drop!) and another stile. Cross the field (recently cut for silage) to climb up just to the left of the embankment hiding the tennis-court, and come out on the B3267 at the entrance to Trigg Court.

Follow the Right hand verge (freshly mown!) of the road for 150 yards/metres, over a stile on the Right, and follow FP no 7 down the Left side of the field for 150 yards/metres. Go over the stile on your Left on to FP no 8, climbing diagonally towards a stile (not initially visible) in the far left corner. Over the stile turn Right along the B3267 (care!) towards the hamlet of Trewetha, from which you can find your way back to Port Gaverne via FP no 2, which begins on the Right just after the second bend in the road, and the steps which you saw soon after you started this walk.



Port Gaverne valley

I hope the weather keeps fine. Happy walking! Robert Manders



Elderflower Champagne

It is fitting that this Trio is published on June 1st. Despite the very early appearance of this year's blossoms, I always consider the first day of summer to be the start of the season for elderflowers. The blossoms normally continue until the middle of July, gradually becoming harder to find as they transform themselves into that other hedgerow treat – the elderberry.

The elder is a roadside tree rather than a denizen of the hedgerow. Farmers will often grub out an elder from the hedge as its brittle stem and lack of spines make it a poor choice for stock-proofing. However, the elder is also an opportunist and will colonize any disturbed corner of ground, both out of town and in. Elderflowers are easily harvested and yet they still seem to be a seriously under-used resource.

Elderflower Champagne

20 elderflower heads (this is more than in most recipes, so reduce if you find elderflowers a little overpowering)

900g sugar

150ml white grape juice concentrate

3 lemons, washed

Champagne yeast (follow the instructions on the packet)

Yeast nutrient (follow the instructions on the packet)

4.5 litres of boiled water cooled to room temperature



Elderflowers - You only need the florets themselves (too much stalk can add an unwanted bitterness to the brew). Remove the florets with a fork. "Forking off" as we call it.

Put the florets in a sterilised bucket and thoroughly mix in the sugar. Leave for about three hours to extract the flavour. Add the water and stir until the sugar has dissolved. Add the grape concentrate, yeast and yeast nutrient. Halve and squeeze the lemons, then throw in the peel as well. Stir.

Cover the bucket and leave for up to a week, stirring occasionally for the first three or four days. Siphon into a sterilised demi-john and add a bubble-trap. The liquor will still be sweet and has quite a bit of fermenting to go. The bubbles in the trap will appear at about one per second. This will slow down after one or two weeks and this is the time to test your brew with your "hydrometer". This measures the specific gravity of the liquor, which in turn gives a good indication of the amount of sugar remaining. To do this, remove the bubble-trap and carefully drop in a sterilised hydrometer. It should read "1010". If not, then replace the trap and leave your brew a bit longer.

Sparkling elderflower wine has been the source of much joy but also much pain; it suffers more than most wines from the calamities that can befall the wine-maker. Chief among these, and certainly the most dangerous, is exploding bottles. This is caused by bottling before the speed of fermentation has slowed to a sufficiently sedate pace.

Once the magic number "1010" has been achieved, siphon off into champagne-style bottles, fit new corks (plastic "corks" are the easiest) and a little wire cage to prevent accidents. If you can't be bothered with this level of authenticity just use plastic fizzy drinks bottles

Leave for several weeks to allow the fermentation to add fizz to the wine. A sediment will form at the bottom of the bottles. This is normal and commercial producers of sparkling wines go to great and complex lengths to remove it. At home it is easiest to cool the bottle in the fridge then decant carefully into a chilled jug just before serving.

Happy Dayz, here's to a good summer, enjoy, Mx

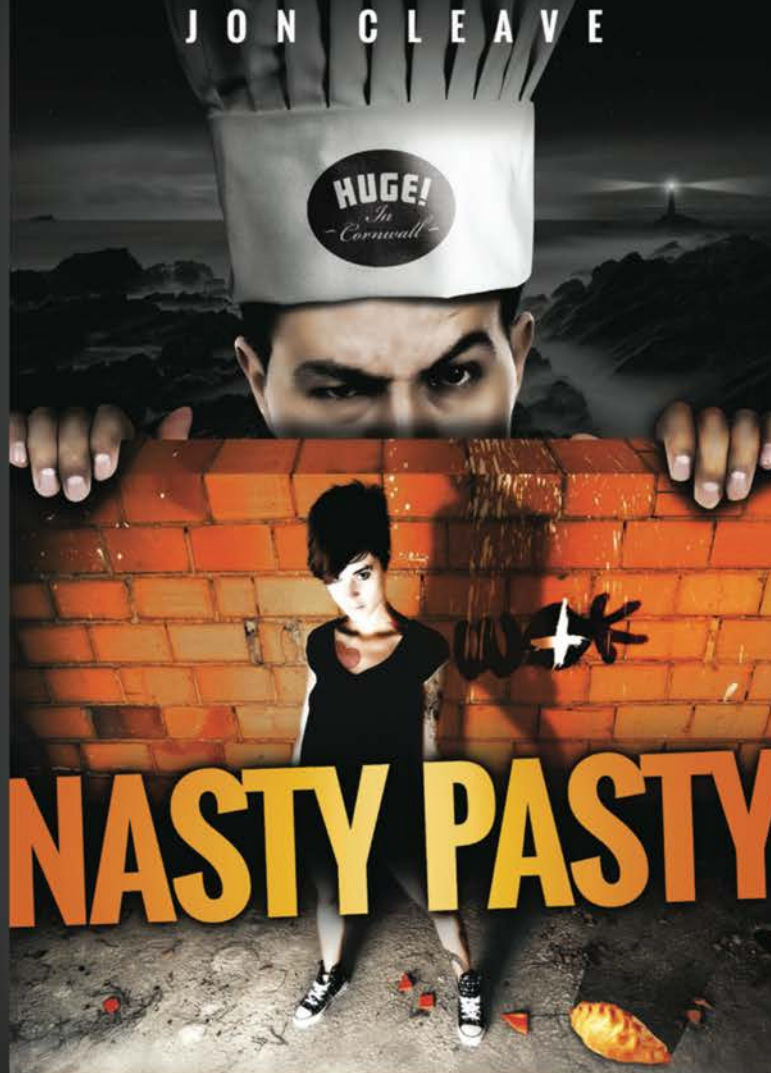
PS - I would recommend using Milton to sterilise the plastic bottles beforehand as it would be a shame to see all your hard work go to waste!



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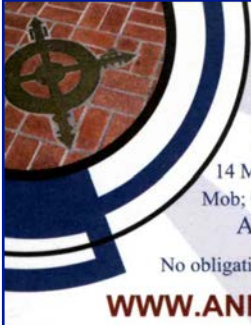
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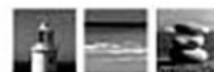
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Fish of the day, traditional fish & chips, mussels, crab, salads, sandwiches, children's menu & much more

3pm–5pm Drinks, coffees & cream teas

6.30pm–9.30pm Dinner: New chefs, New style

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local info

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Royal Cornwall Hospital (Truro) - 01872 250000

East Cornwall Hospital (Bodmin) - 01208 251555

Derriford Hospital (Plymouth) - 08451 558155

Local Dental Helpline - 01872 354375

Police (non-emergency) - 08705 777444

PC Malcolm Taylor - 079680 87667

PCSO Claire Drennan - 0845 6567930

Police Station - 01208 895872

Civil Enforcement Parking Team - 0300 1234222



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WHAT'S ON

Saturday June 7th

Barn Owls Poetry Group at Endelienta Stone Barn, St Endellion -10am

Sunday June 8th

RNLI Coffee Morning & RNLI Annual Lifeboat Service on the Platt - 12.30pm

Friday June 13th

Triggshire Strings and Atlantic String Orchestra at St Endellion Church - 7.30pm

Saturday June 14th - The BIG Run

Friday June 20th

Bristol University Madrigals at St Endellion Church - 7.30pm

Saturday June 28th

Carnival Royal judging at Port Isaac School - 2.30pm

Friday July 4th

St Mary's Singers from Truro Cathedral at St Endellion Church - 7.30pm

Saturday July 5th

Barn Owls Poetry Group at Endelienta Stone Barn, St Endellion -10am

Sunday July 6th

Port Isaac Gig Club 'George Moth Memorial Race'

Saturday July 12th

Celtic Voices concert in St Peter's Church, Port Isaac - 7.30pm

Tuesday July 15th

Port Isaac Chorale present an evening of songs and readings recalling WWI

Sunday July 20th

Carnival Raft Race

Tuesday July 29th - Friday August 8th

St Endellion 56th Summer Festival

Saturday & Sunday August 2nd & 3rd

Dragon Boat Racing at Port Isaac and Port Gaverne

Wednesday August 6th

Official opening of the PISCES WWI exhibition in St Peter's Church - Music & Memories, Songs and Stories

Tuesday August 12th

'A Song to Die For' - Murder Mystery evening in Port Isaac Village Hall

Saturday & Sunday August 16th & 17th

The BIG Swim

Wednesday August 20th

In the Carnival Marquee

Carnival daytime Music workshop for children

Evening - live music

Thursday August 21st

In the Carnival Marquee - Carnival Craft

Day for children

Evening - Rock'n'Roll Disco

Friday August 22nd

In the Carnival Marquee - Carnival Party

Day - magic, puppets, music and games

Evening - Mini-Disco followed by something for the grown-ups!

Saturday August 23rd - Port Isaac

Carnival Grand Parade followed by Live music *in the Carnival Marquee*

Bank Holiday Monday August 25th

RNLI Lifeboat Larks

Wednesday August 27th

Due to popular demand, Chris Bannister sings the songs of John Denver in Port Isaac Village Hall

Saturday September 13th

Old fashioned Cream Tea in the Village Hall with music from the wartime era

Friday September 26th

Fashion Show in the Village Hall - with Indigo (Wadebridge)

Thursday October 9th

"Oh What A Lovely War" - matinee during the Golden Circle Meeting - 2pm

Saturday November 22nd

RNLI Christmas Market Saturday

November 29th

Vintage Fair in the Village Hall

Trio Copy Dates

MONTH

July
August
September
October
November
December

COPY DATE

Tuesday June 24th
Friday July 25th
Monday August 25th
Wednesday September 24th
Saturday October 25th
Wednesday December 3rd

PUBLICATION DATE

Tuesday July 1st
Friday August 1st
Monday September 1st
Wednesday October 1st
Saturday November 1st
Wednesday December 10th

Regular Events

Port Isaac Stay & Playgroup - every Tuesday (not during school holidays) from 10am to 12noon in the Village Hall. Contact Laura on 881089 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

Sunday - Sung Eucharist at 9.30am Every third Sunday - Family Service at 9.30am

St Endellion Church - Every Sunday at 11am

Trelights Methodist Church - Sunday Service at 6pm

POST OFFICE HOURS

The Post Office service is open in The Church Rooms on Monday from 9.30am -1.30pm and on Friday from 10am-2pm

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905