

This issue

VILLAGE HALL News - P3 Doc Martin Fund Meeting - p3 New BOOK-P4 DRAGON BOAT RACING - P4 POPPY WORKSHOP - P5 Celtic Singers Concert - p5 PORT ISAAC CHORALE WWI CONCERT - P5 Parish Council - P6 Birthday Thankyou - P6 Henry THE HOOVER - P6 PISCES - p7 National Trust - p8 Carnival News - p9 DUMBALL RALLY - P10 SCHOOLCHOT-Pl1 STAY & PLAYGROUP - P 12 PENTUS WOLL REPAIRS - P12 FestiFool - p12 Music at St Endellion - p12 CHURCH News - P13 RNLI News - P14&15 ST ENDELLION CLIMATE FRIENDLY PARISH - P16 Tintagel Orpheus Choir - p16 Cooking with Martin - p17 THE BIG RUN RESULTS - P18

log on to www.thisisnorthcornwall

Trio is issued eleven times a year and is available in *Secrets* and the *Co-op*, Port Isaac, or by post - £21 a year in the UK

To subscribe please send a cheque, made payable to *Trio*, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN

To advertise in Trio telephone

01208 880905

Published by Sam & Dee Littlechild Tel: 01208 880905

email: triopi@mac.com

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

Wonderuu opportunity for all singers

The Chris Treglown Foundation Fund Workshops

Week beginning 18th August 2014

at St Minver School

email

juliatreglown@hotmail.com Tel. no.

01208 862802 or 07815987172 We are looking for enthusiastic youngsters from 11 onwards, students who love singing or are studying performing arts, belong to local choirs or dance/drama school. We are also looking for enthusiastic adults who have a passion for singing and would like to improve their vocal technique with a chance to perform.International singer and

director Maria Jagusz with Musical Director Michael Webborn (National Tour Blood Brothers), together with a team of up and coming young stars will teach you new songs and performance skills. All participants will have the opportunity of singing with the stars of MJ UK on the 23rd and 24th of August.

The two days of workshops for 25 years plus will take place on the morning and afternoon of Monday 18th and of Tuesday 19th Please note participants are expected to attend all four workshops and make a small donation of up to £20.00 to the Fund.

The 11 to 24 year old workshops will take place during the day on Wednesday 20th, Thursday 21st and Friday 22nd with a showcase for family and friends 5.30 - 6.30 p.m.

Please note these are funded by the Fund and so **no fee**.

CLASSIFIEDS

Garage urgently required

Young family living in Port Isaac requires long term garage let for family car References are available

Please phone Gavin on 07939119673 or 01208 880947 or email gav@warmacre.com

BOAT FOR SALE

Fibreglass, 12ft 9ins, oars, rowlocks needs minor repairs, kept in Port Isaac garage *with* Road/Beach trailer approx 5yrs old and winch good condition - £450 Tel: Jonathan Larkin **- 07769 933668**



The Doc Martin Fund

There will be a meeting in the Church Rooms on **Wednesday July 9th at 7.30pm** An update on the fund will be given and we have invited one of the Administrators of the FEAST charity, which allocates grants to various arts projects in Cornwall, to talk to us about their procedure for granting funds. Insight into this process and organisation we feel, will be very helpful to us as Trustees and to those organisations wanting money.

Do come along if you are interested. All are welcome!

Chris Bannister

singing the songs of John Denver



Port Isaac Village Hall Wednesday August 27th Tickets available to reserve by phoning or texting Sarah on 07973 802637





Hire Rates

NON-PROFIT MAKING PARISH CLUBS/ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc, FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50 for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £8 per hour - £100 for 24hrs

For full details or to make a booking contact the Hall's Bookings Secretary, Julia Routledge, on 01208 880142 or email her **markjulia@hotmail.co.uk**

Your Hall for YOU to Use Come to the Village Hall Breakfast & Tabletop Sale Saturday July 19th – 9.30am to 12noon (ish) Bacon Butties, Tea & Coffee, Cakes call Annie Philp on 880262 to reserve your table



A 'FUN' NIGHT OUT FIOR ALL THE FAMILY ... WATCH A MURDER PLOT UNFOLD BEFIORE YOUR VERY EYES LISTEN CAREFULLY - THE CLUES ARE THERE ...

QUESTION THE CAST - VIEW THE MURDER SCENE CHOOSE YOUR SUSPECT - WIN YOURSELF A PRIZE!!

ENTRY 25 (23 FOR CHILDREN) - TICKETS AVAILABLE FROM SECRETS OR ON THE DOOR

www.portisaacvillagehall.co.uk

All aboard for a second adventure!

For all those youngsters – and mums, dads and grandparents - who joined Will, Fisherman Jack and their dog, Connie on their first adventure aboard the Mary D last autumn, the moment has finally arrived to don their lifejackets, swallow their Kwells and set sail aboard the Port Isaac fishing boat once more. The second book in the series, The Mary D and the Puffins hits the shops this month with Will, his dad and his dog on an important mission to try to catch the thieves who are stealing the puffins' eggs on Lundy Island. With the puffin population on the island at risk of being wiped out completely, can this intrepid trio stop the robbers and safeguard the puffins' future?

The Mary D and the Whale, the first book in this series written by local authors Anne Worrall and Tanya Banks and illustrated by almost-local artist David Webster (whose pictures have been on sale in Secrets for the past six years), came out in September of last year and is now in its second edition. (Those of you lucky enough to have purchased a First Edition are advised to take good care of it as it may be worth a fortune one day.) The stories were inspired by the experiences of Port Isaac fisherman, Cal Greenhalgh when out at sea in his boat, the Mary D, catching crabs & lobsters for the family business, Fresh from the Sea. Based on real-life events and characters, the stories aim not only to engage and entertain children but also to teach them something about what life at sea is like. David's meticulously detailed illustrations add to the realism and invite children to keep coming back to them again and again, finding new things every time.

"We've been thrilled and delighted by the way the first book has taken off," says author, Tanya who is also a local teacher. "The children love the fact that it's set in a real place, that Will's a real boy and that they can go down to Port Isaac harbour and see the real Mary D on the beach." "Yes," adds co-author, Anne, "We're optimistic that this second story will be even more popular than the first. Then we can send David back to the grindstone to spend the winter working on the pictures for a third book next year!" David's comment on that: "Well, if the children enjoy looking at the illustrations as much I've enjoyed drawing them then they'll certainly have a lot of fun."





Dragon Boat Racing is coming to Port Isaac

This is your chance to take part in this exclusive event. You will need a team of not less than 16 and no more than 20. Team entry is £300 + VAT. Teams will be expected to raise sponsorship either for our chosen charities - the RNLI and Children's Hospice South West - or you can raise money for your own group/charity. Sponsorship forms as well as entry forms are ready now. Call me on the number below to collect yours.

You will get full training and life jackets will be provided for each team member. Teams are guaranteed a minimum of three races. There will be medals and trophies for the winning teams.

This is a great event for friends, groups, charities or corporate team building. We can ensure you that each and every team member will have fun. You can even boost the name of your company/brand with one of our advertising packages.

For more details on how to enter or for more information on advertising please call 07875212329

Don't let this one pass. Do you really want to be the one standing on the beach saying how much you wished you had entered? Get your team together and ring us today.

STOP PRESS



The Blooming Great Coffee Morning organised by Annie Philp & Janet Chadband in the Village Hall on Friday June 27th raised the staggering sum of £526.05 for Marie Curie Cancer Care



Poppy Exhibition in St Peter's Church & community workshop



There has been a great response to the request for your poppy creations for the exhibition in St Peters Church on Tuesday 15th July. This is being organised by Port Isaac Chorale to commemorate the soldiers who served in the First World War and remember them through song and poetry.

Several people have paintings and drawings which are larger or smaller than the size specified in last months *Trio* and these are perfectly acceptable as the more we can display the better.

If you can write clearly on a piece of card attached to the back of your work your name, contact number, price (only if you would like to sell your work) 10% will go to the British Legion plus any Information or story you feel is relevant eg it was painted by an older resident of Port Isaac.

If you could deliver your 'poppies' to St Peter's Church on Wednesday July $9_{th}\,at$ 11am they will be exhibited for you .

For those who would like to be involved but don't want to exhibit a single piece of work, a community art workshop will take place on Saturday July 5th in the garden of Thorn House, Port Isaac from 10.30am-12.30pm. There will be a small charge of £3 per person to cover materials. Please wear scruffy clothes as it will be big and messy, but good fun!

For further details about this please contact Caroline Cleave on 0796 6501156.



a much-loved Cornish Chamber Choir

make their first visit to Port Isaac

bringing songs from Lionel Ritchie to Mendelssohn, George Shearing to Sir John Taverner

Saturday July 12th St Peter's Church



7.30_{pm}



Tickets £6 each, to include after concert refreshments in the Village Hall, available from Secrets, Port Isaac or on the door

World War 1 Commemoration Concert

We will remember them

St Peter's Church, Port Isaac Tuesday 15 July 7.30pm



Commemorating the centenary of the outbreak of the First World War, the evolution of the war will be evoked in a programme of contemporary words, (including poetry) and song. Various selected readings and community singing led by the Port Isaac Chorale, will recall the pathos and the irony, the terrible cost in terms of lost loved-ones, as well as the humour that was generated during those four dreadful years.

Admission £4.00 Proceeds in Aid of the British Legion Parish Council

Parish Council report

supplied to Trio by the Parish Clerk

You may notice a slight change to the way your Parish Council Report looks, and reads. Following the sad death of your Parish Clerk and my friend, Elizabeth, I have now taken up the post of Clerk/RFO to the council. I have been Clerk to St Teath Parish Council for the past six years, Clerk to Lesnewth Parish Meeting for one year, and have stood in as Acting Clerk to Camelford Town Council whilst another colleague was off sick. I live not far away, just outside Delabole, I am married to John and have one grown up daughter, twin Grandsons, three cocker spaniels, and have spent the greatest part of my working life in local government. Whilst still living 'up country' I worked for Winchester City Council, then, soon after moving to Cornwall in 1978, I started work with Cornwall County Council (as it then was) in the Treasurers Department as a debt collector.

Enough about me. On a lovely sunny day in June I was taken around the Parish by the Chairman, and what a stunning Parish it is! I have been to Port Isaac many times in the past, as a visitor, but when one is looking around with a view to working there you see it with different eyes. When I deliver Minutes, agendas and post items on the notice boards, I get back home and feel just as though I have been 'Fell walking'. Those hills!

Parish business: The Main car park is starting to get very busy and negotiations are progressing well for the Parish Council to take over the New Road Public Toilets from Cornwall Council. New pieces of play equipment have been ordered and new signs to aid visitors and keep them safe whilst they enjoy the many attractions on offer, have been put up.

Planning Applications considered:

PA14/02226. Demolition of existing garage. Erection of replacement garage/store area. Demolition of existing single and two storey extensions to house and erect new two storey extension. Addition of front porch. 81, Fore Street, Port Isaac. This application was later withdrawn.

PA14/04128. Notification to fell and clear overgrown trees and shrubs to the South of the property consisting of Cherry, Willow and various other small trees within a conservation area. Khandala, Roscarrock Hill, Port Isaac. This application was later made the subject of a Tree Preservation Order.

Only one planning decision was received namely: **PA14/02105**. 24, Silvershell Road, Port Isaac. Living room extension to front or property and erection of garage. This application was approved by Cornwall Council.

Planning Applications can always be viewed on the Cornwall Council website.

As the good folk of St Teath, Delabole, Treligga and Treburgett will tell you, I do tend to moan rather a lot. I moan about litter, dog waste and inconsiderate parking. I am of the opinion that Children's play areas are for children to play in, litter bins are to put litter in, doggy poo bins are to put doggy poo in, footpaths are for feet, roads are for vehicles and so on.

Dogs should not be exercised in play areas or car parks, litter bins should never be empty, cars should not be parked on pavements. In an ideal world, owners would not leave their pets 'left overs' on pavements, and their dogs would be exercised in the field below the play area, the disabled and Mums with prams would not have to walk in the road because the pavement is obstructed by parked vehicles, and no hedges would have drinks cans, fast food containers and sweet wrappers festooning them – no matter how colourful these items may be!

Moan over. I hope I will be meeting many of you when you come to Parish Council meetings.

We meet in Port Isaac School on the second Monday of the month at 7pm. Meetings are never boring and they don't go on all evening. See you there?

I can be contacted on:

Telephone: 01840 211790 or stendellionpc@gmail.com



Thank you

I would like to say the biggest thank you to Barbara, Cheryl and everyone who helped put on my special birthday tea party in the Village Hall on Sunday June 21st. It was a wonderful afternoon and it was so lovely to see all my wonderful friends and family.

Thanks to your generosity £200 was donated for the Blind Veterans charity.

I am not saying how 'special' my birthday was but I am thinking that everyone now knows how old I am!!

Thank you all. Love June x

Henry the Hoover

l've got a Henry Hoover, but he sometimes makes me think that he has a balance problem, or is partial to a drink!

See - I pull him round behind me, but everywhere he goes, he trips on his own cable and falls down on his nose!!

l've tried to have a word with him, but all he does is hum which sometimes winds me up so much I kick him up the bum...

He doesn't have to do much I wish he did some more, for while I work the vacuum hose, He just rolls round on the floor

But all in all I'm fond of him, we make a perfect team 'cos once the pair of us are done the floor is nice and clean

He's quite a happy chappy and always wears a smile and never moans at sucking up the things that I find vile!!

We've had a long relationship I've had him many years and if I ever lost him I might well be moved to tears....

Susan Theobald Th

The Gaverne Laureate, Richard Cook

LAST CALL FOR PHOTOS

We have been able to find out quite a lot of information about the thirty 'Great War' names on the Port Isaac War Memorial. What we lack are the more personal details of these brave people who gave their lives in this terrible conflict; things such as photographs, keepsakes and family stories.

If you can help in any way please let Dee know on 01208 880905, dee54@mac.com - we do not keep any of your treasured mementoes, we just borrow them for a very short time to copy them and then return them to you.



For those of you who want a different perspective on the mad summer of 1914, local scribbler Robert Wilton's got a new historical novel out: it's set in the weeks leading up to the outbreak of war, and published on the centenary of the mysterious events it illuminates. *The Spider of Sarajevo* has had some great reviews and is available through Amazon - in electronic and proper book format - or by bumping into Rob around Port Isaac sometime.

We are hoping that Rob will be in the village for our WW1 Exhibition opening to talk about the outbreak of war and how it impacted on small villages like ours.

PISCES contacts: Dee at Secrets 01208 880862 or Barbara at the Pottery 01208 880625

Please come and join us for the official opening of our



on Wednesday August 6th in St Peter's Church

Songs & Supper Pimms & Pies

Doors open at 6.45pm and the evening will end around 9pm Entry is free and we will be serving Pimms and Pies for supper Songs of War and Peace from Gulls, Lee Chantler and Rob Badlan

It will be 100 years to the week since WWI began and our exhibition will remember those men and boys who are named on the Port Isaac War Memorial and life in Port Isaac during the wartime years

Music and Memories, Songs and Stories





National Trust news

National Trust Footpath work party

at Lundy Bay, near Polzeath Saturday 5 July 10am-4pm

Have you ever wondered who maintains the footpaths in North Cornwall? On this day, it could be you! Join us as we reroute a footpath overlooking the secluded beach of Lundy Bay. We'll be improving a previously steep and slippery path to make it more accessible. No previous experience needed, all tools and tuition provided. We'll provide the tea and biscuits for crib! **Booking essential** 01208 863821 or sarahe.stevens@nationaltrust.org.uk

The archaeology of Rough Tor

Sunday I3 July 10am – 1.30pm. Join the National Trust on a walk across the iconic Rough Tor A fascinating interpretation of one of Cornwall's most important archaeological sites. The walk will be led by professional archaeologist Peter Herring of English Heritage Booking essential - 01208 863046

Ecoasteering with Cornish Rock Tors and the National Trust

in the Polzeath area, Saturday 2 August 9am–12.30pm The event will be tailored differently to a normal coasteering session with an emphasis on finding and learning about marine life and the local area. The activity is ideal for family groups looking to have the adventure and fun of coasteering but with a more educational approach

£35 pp **Booking essential** - 07791 534884

National Trust Bat Night and BBQ

at Pentireglaze, near Polzeath Wednesdays 13, 20 & 27 August 7pm until after dark Join National Trust rangers for a BBQ and a talk about bats, then a short walk to thecliffs to see and hear greater horseshoe bats emerge from old mine workings. Bring your own food for the BBQ Bat capes optional! £4pp, under 12s free **Booking essential** - 01208 863046









THE BIG SWIM CORNWALL A CORNISH BEACH TO BEACH RACE - RAISING MONEY FOR CHARITIES 16th & 17th August 2014 SPONSORED BY SHARP'S DOOM BAR



August 20th -23rd

This year we have really gone to town with an 80' marguee with a 20' beer tent. In the run-up to the Carnival there will be daily entertainment, a market, games and rides, some great catering (no burger vans here) and live music.

Here is the run down of events.

Wednesday, 10am-3.30pm - Music workshop for all children. They will be able to come into the marquee and use any of the instruments provided.

8pm - sample the bar before listening to the Boscastle Buoys.

Thursday,10am-3.30pm - Banner making, arts and crafts. Bring the children in throughout the day and they will be able to make banners that they can either take home, decorate the marguee or parade through the Carnival on Saturday. If they don't want to make a banner no problem - they can use any of the materials to make or build anything they want.

8pm - Rock'n'Roll. Dance the night away to some of the finest Rock'n'Roll from the 50's with the countries premier Rock'n'Roll Disco.

Friday - 10am-12noon & 2pm-4pm - Party Day for the kids. Magic, music, animals and puppets. Both parties are guaranteed to thrill the kids and keep mum and dad happy for a while. See one or see both. the choice is yours.

7.30pm on the Platt - Port Isaacs finest singers - The Fisherman's Friends will be singing and have very kindly allowed us to have a collection. If we get bad weather they will be singing in the marguee. When they have finished why not join us back in the tent for a bit of a disco.

Saturday - THE MAIN EVENT

Market on the Pitch - 9am to 3pm

The football pitch will be transformed into PI's very own outdoor market. This will be your chance to do some shopping and grab some bargains before getting ready for the parade itself. While your shopping why not take a break and enjoy some of the great catering we will have on site and listen to the live band that will be playing throughout the day.

THE CARNIVAL - 4pm onwards

From 4pm the floats will start arriving on the field looking to win a trophy or two. The roads will be closed at 5.30pm and the parade will start at 6pm. We will open the roads again once everyone is back in the field and the roads are clear.

Then its party time for everyone. This year we have a great band who are about to be signed up by a leading record label.

The bar will be open every night as will the catering vans. Sweets and candy floss etc for the kids plus the rides and games will be open till late.

If you would like to book a pitch for the market or would like more information on any of the weeks activities please feel free to get in touch.

Our previous pleas for help have fallen on deaf ears, we think this may be to the way it was worded. So, to make sure there is no confusion I will put it a bit plainer for you. The carnival is not an easy event to organise safely with just the committee members trying to fill every roll and police the roads. We need people to help marshal the procession. It's an easy job and you get to wear on of our exclusive High Viz Jackets. **TELP** In return we will provide you with our gratitude and a couple of drinks in the marquee afterwards.

WE REALLY NEED YOUR HELP



By the time you read this we will have chosen our new Carnival Royalty. We know that just like previous Royalty they will make us very proud. If you would like to know who is this years reigning monarch look on our Facebook page or in next month's Trio.

Sunday 20th July

Time is ticking away. You have less than three weeks to build the winning raft. Don't forget we are also holding a Children's Race this vear. To enter the children's race you need a team of no more than 4 children and 1 adult. In the interest of fairness we will only allow one adult per raft. Each child must be wearing a life jacket and should be comfortable both in and on the water. The winning team will receive the Junior Shield and every child that enters will each receive a medal.

Entry is £10 per raft. You can get your entry forms from Nicky B's or from Facebook.

$n \approx 0$

The Edge Restaurant and Cats Eyes Entertainment will be hosting a Casino and Music Night on Friday 11th July

Tickets cost £25 and include dinner, a cocktail on entry, gambling chips to get you started and some great musical entertainment.

There are cash prizes to be won throughout the night as well as other great prizes including a three course meal and ghost hunting tickets.

Tickets are on sale now at The Edge and are limited. Get yours now as entry is by ticket only.

arnival

The carnival committee are organising a market to be held on the playing field in Port Isaac on the 23rd August. The venue is next to the Main car park and is sure to be busy with Bank Holiday visitors and locals alike.

Pitches cost £10. Set up is from 8am with a 9.30am opening time and will run through until 3.00pm.

To reserve your pitch contact any of the committee members or message us through Facebook.

This is not a car boot sale - stalls only. Charity stalls will be £5.

PLEASE NOTE - all catering and sweet concessions have now been filled

Deb's spent the last six months raising money for The Teenage Cancer Trust ... she tells us how the trip went ...

DUMBALL 7 - Moroc n Roll for the Teenage Cancer Trust

The most amazing experience ... Life changing ... Life affirming

Rene Alexandree Alexandre

I arrived in Brighton on the morning of the start to a bright sunny day, contrary to forecast. Our blancmange pink car, which was being driven down from London by a team mate, was very late arriving so we had a mad half hour stickering it up before we departed for the seafront. An afternoon of sunburn and bubbles with a rousing send off by 'Sonia' and we were on our way to the Euro-tunnel. A mad, colourful raggle taggle convoy of £400 wrecks heading for the Sahara on a wing and a prayer driven by intrepid adventurers in various fancy dress. Excitement and anticipation in bucket loads!

We awoke in France in the early morning to start a gruelling, two day, thrash down through France and Spain. Driving from dawn to dusk to make Jerez by the end of the third day.

On day four the adventure really began with a party on the quayside at Algeciras. Dumball One opened up the back and fired up the disco and karaoke and entertained us until the ferry arrived. After the crossing to Morocco we were herded into holding areas whilst bizarre and illogical security checks were undertaken. Fortunately for us Helen was sporting a most fetching and miniscule top which won the hearts of the border guards and saw us motor through with very little difficulty. We all watched with amusement the faces of those same border guards when they encountered a fellow driver from the Zombie Resurrection Squad by the name of Neil who had undertaken this journey dressed as a woman, and a very fetching one at that!

After we had all finally cleared the border after a long hot wait we met up with our guides who would stay with us throughout our journey through Morocco.

Amar of Morocco Planet guided us with great panache and pigeon English through

the terrors of the traffic in Casablanca and on the following day Marrakech, there are no rules! We had the opportunity to visit the Medina (souk) in Marrakech, visit a shisha bar and sample local cuisine. With the guides regaling us over the walkie talkies with a collection of phrases including Loverly Jubbly! OMG and some more fruity expressions which became part of our Dumball speak! We ate in some terrifying local dives and hurtled along, virtually, unmade roads with potholes bigger than Cornish ones through the Atlas mountains and into the Sahara Desert arriving in the dark at Merzouga close to the Algerian border. A party by the hotel pool followed by a night under the stars in a Bedouin encampment was our reward for the hard slog.

Many people rose at dawn to take a camel or quad bike ride into the desert to watch the sun rise then breakfast on spiced eggs ,camel butter, jam and flat bread. After a relatively calm morning the madness began

again with a 300 mile charge through the Middle Atlas to Fes. Formation driving, walkie talkie silliness and challenging mountain road conditions kept our minds on the job, along with the hope of a comfy bed and a hot shower at the end of the journey!

Our final leg in Morocco was from Fes to Melilla - the Spanish enclave. The journey was touched with a little sadness that we would be parting from our fun but fairly insane guides at the Moroccan border, fortunately, AFTER they had negotiated our release from Morocco which was no easy feat even with their help!

Another port, another party and an overnight ferry journey to Malaga in Spain, minus one antipodean driver Lonely Planet Drew, who was not allowed to travel because he had the wrong stamp in his passport !

Arriving on the dock in the early morning we completed our final journey with our faithful wagons along the coast to Torremolinos, many going via the beach at Marbella on a final fund raising effort.

A few cars did not quite make it all the way but all the drivers were in at the end filling spare seats in other cars. The cars which were not going home were donated to a scrap dealer who gave all monies raised to Teenage Cancer Trust.

The last night party was hosted by our hotel the Sol Principe in Torremolinos where awards were given for fund raising, bravery, entering into the spirit, a great car and many more, including my little star award for putting my first aid kit to good use throughout the trip! (home from home!)

Coming back down to earth has been a challenge but I would recommend this to anyone who is reasonably fit and agile. Grateful thanks to all those who donated to the cause whether on line, or at the vintage fair, you were part of an effort that succeeded in raising well over \pounds 100,000.00 for the TEENAGE CANCER TRUST.





This year we are holding Sports Day on Wednesday 16th July. Our field events take place in the playground in the morning and all races will be on the playing field in the afternoon.

Afternoon activities should start at 1.15pm and everyone is welcome to come and cheer the children on.

End of Term Extravaganza

We are celebrating the end of another school year and our Year 6 leavers on the last day of term in the Hall. The children are rehearsing songs and dances, painting portraits and collecting memories and are hoping to make this a marvellous end to another great year in school.

The extravaganza starts at 1.15pm and everyone is welcome.

Celebration Friday

To celebrate the end of SATS and our optional tests week the children brought cakes and buns to share in school during playtimes and after lunch. Thank you to all the parents who provided these tasty treats!

Happy Birthday

- Harry 11
- Madison 10
- Jake 9
- Lyla 8
- Charlie 7
- Shelby 6
- Ruby 5

schoolchat

news & views from Port Isaac School

Port Isaac Poetry Walk



This term year 3 and 4 are studying poetry, in particular "Teignmouth" a poem by Charles Causley. They are going to write a class poem about Port Isaac in the same manner. To gather ideas and inspiration they went on a walk through the village and down to the harbour. They made notes on what they could see and hear and here is the draft for the first verse...

Port Isaac. Golden sand and shingle The breakwater's long finger testing the sea. Salt damp dinghies along The Platt Tourists munching Nicki B's pasties again.

All things sporty....

The year 1 and 2 children recently took part in a sports challenge organised by Sir James's pupils for the local primary schools. They took two year 6 children along with them to help and were delighted to finish in third place.





International Players gather in Cornwall to celebrate the Theatre of the Fool, with shows and workshops. Exploring contemporary human dramas with a sense of ridiculous irreverence at various venues, around North Cornwall.

These players shows are soulful, relevant and mindful, inviting an audience that wants more than just entertainment.

They will be playing in Port Isaac on Wednesday July 16th. Doors open 7pm with the show starting at 7.30pm. Tickets available on the door.

Music at St Endellion Church

For the last concert at St Endellion before the start of the Summer Music Festival, we are delighted to welcome back the acclaimed voluntary choir of Truro Cathedral, the St Mary's Singers.



Friday July 4th at St Endellion Church, 7.30pm "Sacred and Secular - Europe to America" Directed by Luke Bond, Assistant Director of Music at Truro Cathedral, accompanied by Rachel Mahon, Organ Scholar

St Mary's Singer**s** explore the rich repertoire of European Sacred Songs in the first half of the concert; then, in recognition of the American Declaration of Independence on July 4th 1776, the second half will feature songs by American composers.

Tickets £10 (free for accompanied under-16s) available from Sue Foster 01208 880008, from the Wadebridge Bookshop or Hall for Cornwall Box Office.

Then we look forward to a wonderful and varied programme of music at the 56th Summer Festival of Music, from July 29th to August 8th. For full details of the programme and booking information see www.endellionfestivals.org.uk

Couldn't look at it any longer!!!

A BIG thank you to all who contributed to the repair of the Pentus Wall:

The Boathouse Stores May Contain Nuts John Brown Walk & Talk The Golden Lion Tuckaway Cottage And a complete stranger!

Thanks also to Jim Dyer of *Garden of Eden* for doing such a good and prompt job.

To those people/businesses who weren't asked to contribute, please don't feel left out because there are other jobs that need doing, eg the coastpath again!!!!

And while thanking people, thanks to Ron for cutting back the hedge up near the Coop so that people can use the path from Tintagel Terrace up to New Road.

Port Isaac Stay & Play Group

We meet every Tuesday morning in the Village Hall from 10am to 12noon. Activities throughout the summer include: July 1st - Painting July 8th - Outing July 15th - Puzzles and Books July 22nd - Sports Day July 29th - Music Day August 5th - Carnival Float, making decorations August 12th - Carnival Float, costumes August 19th - Carnival Float finalising August 26th - Outing

If you want to know more contact either Laura on 01208 881089 or Cherry on 07900 527610

Church Diary Dates

Thursday July 3rd (St Thomas) 9.15am - Eucharist, St Endellion Church

Friday July 4th 7.30pm - Concert, St Mary's Singers st Endellion Church

Saturday July 5th 10am–12noon - Barn Owls Poetry Group, Stone Barn, St Endellion

Sunday July 6th 9.30am - Sung Eucharist, St Peter's Church, Port Isaac 11am - Sung Eucharist, St Endellion Church

Wednesday July 9th 7pm - Cider & Pasty Evening, Roscarrock. Tickets £12 from Frances Kent, 01208 862704

Saturday July 12th 7,30pm - Concert Celtic Voices, St Peter's Church, Port Isaac

Sunday July 13th 11am - Sung Eucharist, St Endellion Church

6pm - Taize Service, St Endellion

Tuesday July 15th 7.30pm - Whist Drive, St Endellion Church Hall

Saturday July 20th 10am–3pm - Quiet Day, St Endellion Church led by Sally Welch Spirituality Advisor to the Bishop of Oxford. Book with Judith 880181

Sunday July 21st 9.30am - Force Five Freestyle Service, St Peter's Church, Port Isaac 11am - Sung Eucharist, St Endellion

Church

Wednesday July 23rd 10am - Port Isaac Mini Market, St Peter's Church Rooms 7.30pm - Mothers Union, St Endellion Church Hall 8pm - Julian meeting, St Endellion Church

Sunday July 27th 9.30am - Sung Eucharist, St Peter's Church, Port Isaac 11am - Sung Eucharist, St Endellion Church

Tuesday July 29th 4.30pm- St Endellion Summer Music Festival begins with Choral Evensong, St Endellion Church

Wednesday July 30th 7.30pm - Opening Concert of 55th Summer Music Festival, St Endellion Church

Thursday July 31st 7.30pm - Chamber Concert, St Endellion Church

How to be a `beyond person'

Someone who was an absolute inspiration to me was Michael Ramsey, who became bishop of Durham in 1952 and archbishop of Canterbury in 1961. And Ramsey made this lovely observation about the famous Cornishman, Parson Hawker: he said that he was "A beyond person in a beyond place" .



Hawker was the Vicar of Morwenstow and beloved here as the author of Cornwall's national anthem – Trelawny. And he really <u>was</u> a `beyond' person – all those lovely stories of how he used to dress up as a mermaid with a wig, swim out to a rock and wail. I mean, the modern clergy are so boring. Hawker sat in his seaside hut and smoked opium, he revived Harvest Festival and rebuked the wreckers. He dressed in a claret-coloured coat, long sea-boots, a pink hat and a poncho made from a yellow horse blanket, which he claimed was the ancient habit of St Padarn. He talked to birds, invited his nine cats into church and kept a huge pig as a pet.

Ramsey said Hawke was "A beyond person in a beyond place". In our turn I wonder if we would ever like to get `beyond' – it's not just Hawker or Cornwall – but in the spirit, in our lives. To me the whole business of Life is not just what we are, where we are and what we do, but it is to live life fully and to go and to be beyond.

Best wishes from John

PS let me know if you've got a spare pink hat!

Rear-Admiral Alec Weir of St Kew died peacefully at home on Monday 23rd June.

He gave distinguished service in the Royal Navy. A faithful Christian, he served as a Church of England Reader, holding the position of Truro Diocesan Warden of a Readers for several years. He preached, arranged and conducted services in the North Cornwall Cluster and was held in high respect by all who knew him. His funeral takes place at St Kew Parish Church at 2pm on Tuesday 1st July.

St Peter's Church

SUMMER MINI-MARKE

Wednesday July 23rd

10am in the Church Rooms

everybody welcome







Col Bolitho presents an engraved Bronze badge and framed certificate to Christine Clifton in recognition of her valuable six years service on Committee of which four years has been served as Branch Secretary

ANNUAL LIFEBOAT SERVICE



Sunshine and a great turn out of locals, visitors and supporters from around

Cornwall saw the 145-year history of Port Isaac RNLI once again celebrated on the Harbour Platt with the Annual Sea Service and Blessing of our lifeboat and crew. Father John May officiated as Station Chaplain with the St Minver Silver Band playing Elgar's Nimrod from Enigma Variations as an introduction and Port Isaac Chorale, under the direction of Janet Townsend MBE, leading the singing. This year our station was honoured by the attendance of Col Edward Bolitho OBE, Lord Lieutenant of Cornwall with his ADC, John Sawle, together with RNLI Divisional Operations Manager, Tom Mansall, of whom took part in the service.

RNLI awards were made to Cheryl Webster, Chris Clifton and Phil Tidey (see photos) and the actual presentation of the British Empire Medal to Bob Bulgin by the Lord Lieutenant, details of which have been published previously in the February issue of *Trio*. In accepting his medal, Bob emphasised the fact that such awards do not come about without the hard and dedicated work of a great team and all those that support - of which Port Isaac Crew and Committee are second to none. Bob also thanked Father John for his Ministerial support to Port Isaac RNLI over the past five years and wished him well on behalf of crew and committee. Sadly, John will be standing down as Station Chaplain when retiring from the Parish in September - he will be missed by his many friends throughout the area, not least of all by the RNLI.

At the close of the Service the committee and crew welcomed all supporters to celebrate and enjoy pasties, cream teas and refreshments in the Lifeboat Station with Doom courtesy of Sharps Brewery.









Col Bolitho preents Phil Tidey with a fine set of Operational Standard RNLI Binoculars carrying an engraved plate in recognition of his meritorious service to Port Isaac RNLI. Phil has served as a Deputy Launching Authority for five years and Lifeboat Operations Manager and Mechanic for ten years. The responsibility of LOM has now ben taken on by Chris Bolton as Phil has moved out of the village but will continue to serve as Station Mechanic.

Col Bolitho presents an engraved RNLI Bronze badge and framed certificate to Cheryl Webster marking six years service on the committee with additional responsibility for branch retail sales and five years as assistant to the Box Secretary



Port Isaac crew and two young supporters ... RNLI crew of the future

CREW NEWS

It has been another quiet month for shouts but the crew have been very active with training. Andy Hallam has been passed off on his basic crew competencies which means we are now able to enrol him onto one of the RNLI's many courses. He will now be funded, through our twining with Welwyn Garden City, to go up to the RNLI's multi-million pound training facility in Poole and on his return I'm sure he will have a thing or two to teach us.

Over the next couple of months we will be carrying out several exercises which will require casualties who wouldn't mind having simulated injuries put on with makeup and playing dead. If you are interested please get in contact with me either on 07813 036489 or via e-mail damobolton@hotmail.com

Finally a big thank you to all who made it to our annual Lifeboat Sunday Service to bless the boat and crew and also celebrate Bob receiving his very well deserved British Empire Medal.

Damien Bolton, Senior Helmsman



DRAGON BOAT RACING - Saturday & Sunday August 2nd & 3rd raising funds for Children's Hospice South West and Port Isaac RNLI - *see page 4.* Our Lifeboat Station will be open on Sunday August 3rd with our full range of clothing, cards and prints. Coffee and Tea will be on sale plus a Sharps Doom Bar on the Platt.

THE BIG SWIM - Saturday & Sunday August 16th & 17th raising funds for local charities including the RNLI - see page 8. Our Lifeboat Station will be open throughout the weekend supporting this event with the sale of tea and coffee and our clothing, cards and prints

RNLI LIFEBOAT LARKS - Bank Holiday Monday August 25th *Don't miss the aerial spectacular* - Royal Naval Air Station Culdrose have confirmed their Helicopter will be attending to demonstrate coordinated search and work techniques with our D Class Lifeboat during the afternoon, *subject to emergency call out*. A great opportunity not only to see our RNLI crew in action but to meet them and hear all about their participation in rescue work carried out off this rugged North Cornwall Coastline.

A Family Fun filled day is promised - full details next month







Port Isaac Lifeboat Operations Manager Chris Bolton and Lifeboat Crewman Ben Andrews, *pictured here*, had the pleasure of welcoming the Treknow Rainbows and their leaders, Katherine Short and Jayne Warton, to the Lifeboat Station.

The Rainbows heard all about RNLI operations and sst in the ILfeboat to get the real life atmosphere of being out on the ocean waves. Chris Bolton explained the various items of equipment carried by the boat and crew and the importance of safety at sea. Chairman Bob Bulgin showed historic photographs from the station archives and spoke about the history of the lifeboat station at Port Isaac.

A highlight of their visit, <u>under close supervision</u>, was the opportunity for each of the Rainbows to sit on the seat of the launching tractor.

At the end of the tour all the children were given a bag of sweets, kindly donated by Port Isaac RNLI supporters *Buttermilk Confections*. They certainly provided enough energy for them to enjoy paddling on the beach before heading off home, damp but happy.

Rainbows is part of Girlguiding UK for girls aged 5 to 7 years old. At the age of 7 they have the opportunity to go onto Brownies. Treknow Rainbows meet oweekly and if you are interested in in your daughter joining or for more information on any aspect of Guiding go to www.girlguiding.org.uk

Tintagel Orpheus Male Voice Choir

Our summer season is now in full swing, including our ever popular 'Summer Concerts' (to boost choir funds) in Tintagel Social Hall. These concerts are enjoyed by visitors and locals alike. The half time interval in these concerts will, of course, include the 'auction' of home made and home grown produce and a raffle. All these concerts are held in Tintagel Social Hall, Fosters Lane, and start at 8pm. The dates are:

> Thursday July 10th Thursday July 24th Thursday August 7th Thursday August 21st Thursday September 4th

Other engagements include:

Saturday July 5th - Joint concert with Liskerret MVC, Tintagel Social Hall starting at 7.30pm.

Saturday July 19th - Concert at St Breock Church starting at 7pm.

Saturday July 26th - Joint concert at Launceston Central Methodist Church, 7.30pm, with Launceston MVC, Tamar Valley MVC and Newton St Petroc MVC. This concert will feature songs from the Royal Albert Hall programme of last November, so if you were not able to get to London, here is a chance to hear how we 'raised the roof' in The Royal Albert Hall!

All enquiries about our programme of events to Bob Metters (Chairman, TOMVC) on 01840 213736, John Theobald (Publicity Officer) on 01840 213558, or Bob Fox (Secretary) on 01208 850401.

Hope to see you at some of our concerts.





Climate Friendly St Endellion

The latest threat to climate-friendly living in St Endellion Parish is the new, enhanced (?), summer bus service. Granted four buses a day is a 33^{1/3} % increase over the winter service of three a day, but really! Is that <u>all</u> our area is worth, in the peak holiday period? At least the service doubled for the summer, last year. It may be fine for a visitor staying somewhere else, wanting to visit Port Isaac, but is it adequate for those resident or holidaying here? Getting out of the village at the right time may be possible, but getting back could be a problem. Wadebridge <u>is</u> attainable, as long as one accepts the traditional roundabout journey necessary to serve Polzeath and St Minver on the way, and if one is at the school, or working 9am to 5pm in town. But for those of us using National Bus Passes the 7.54am is barred, and only halfhour, 3^{1/2}-hour or 5^{1/2}-hour periods are possible in town, at times inconvenient for just attending an afternoon meeting.

Connections to anywhere beyond Wadebridge or Camelford make return journeys difficult or impractical. It's been pointed out that one can no longer pop over to Polzeath for lunch, unless one starts out at just before 11am, and arrives back just after 4pm. It is possible to spend two or four hours in Padstow or Tintagel, 2½ or 4½ hours in Bodmin, 3½ or 5½ hours in Truro, but are these periods at convenient times for doing things like shopping or having a meal? Three, or even five, hours at Treliske might not coincide with an appointment or visiting-hours. A roughly hourly service between Wadebridge and Exeter is fine for those on the route, but from Port Isaac it is only possible to spend 48 minutes in that Devon cathedral city before having to return!

Perhaps two, or better, four hours at Bodmin Parkway would allow one to walk (good, healthy exercise) to and from Lanhydrock, via Respryn, the public footpaths through the grounds being accessible without payment. The new café and Cycle Hub at the top of the hill are well worth a visit, and the Children's Playground shows what is projected for our own village. There are bikes for hire, and new bike paths of differing types through the woods, away from existing footpaths. Leave Port Isaac at 10.54am to arrive at Parkway 12.25pm; return at 4.30pm from Parkway and be again in Port Isaac at 6.12pm— a recipe for a pleasant day out, <u>if</u> the present good weather holds.

Thinking of weather, we've just been up-country and watched the weather forecast on BBC 1, and how little of it there seemed to be! David Braine gives us, not only the satellite picture with the clouds and sun or rain, the synoptic chart with all the isobars which help one see which way the wind will be and how strong, and the outlook for the next few days, <u>but</u> the times of high-water all round the coast, the surf conditions for North coast and South, a specific forecast for the Scilly Isles <u>and</u> the inshore forecast. No wonder he has to talk fast, we do have so much more weather than they do up there!

One thing they do well, at least in some places up-country, is collection of recyclable materials. In a holiday cottage there was a "caddy" in the kitchen for all food waste, cooked or uncooked, with a plastic bag as liner which could be placed in a box outside for collection. There was also a large bin with a black plastic liner for general rubbish, which could be left out for collection (NO gulls around to wreak havoc!), and a large box outside for tins, bottles (glass or plastic), jars, tetrapacks, cardboard, paper— in fact, pretty well everything! I would imagine that the sorting of this must be by hand, on a conveyor-belt, as in fact our recycled stuff is dealt with, but a bit more complicated. It was certainly a bit easier at the domestic end. Let's hope that segregating our stuff as Paper, Cardboard, Washed-&-squashed plastic bottles, Glass bottles & jars and General Rubbish, which takes so much space at home, helps at the sorting stage.

No space for a walk this month, we'll try and find a new one next time. Wishing you a happy, healthy and climate-friendly few weeks until then.

Robert Manders

Strawberry time

It's strawberry time. Perfumed, complex and delicious, strawberries are the superstars of the early-summer British garden, alongside asparagus, broad beans and rhubarb and, like their fellow seasonal celebrities, our strawberries are the best you can get anywhere in the world.

With a raw ingredient this good, it makes sense to make the best of them while they're around, and one of the most wonderful things about strawberries is that they go with an awful lot of stuff. And I mean a lot. For example: spices such as black pepper, pink peppercorns and chilli (yes, really); herbs such as lemon balm, hyssop, thyme, basil; and other summery stuff such as rose-water and elderflower. All that said though, the classic flavour pairing for strawberries is vanilla, and for a very good reason – you won't go far wrong if you just add something sugary and vanilla-scented to fresh strawberries though to my mind a dollop or two of something rich and creamy is also pretty much obligatory.

Macerated strawberries

Do this to all strawberries, always – it really helps to bring out those lovely, complex aromas. From this point, even just adding a blob of thick cream, yoghurt or creme fraiche makes an excellent dessert; and if you've got a bit more time, use them in a pavlova, tart, ice-cream or whatever. Serves four.

300g-400g strawberries Caster sugar

Wash and hull the strawberries (halve or quarter them if they are on the large side), then weigh those prepared strawberries. Sprinkle with about 10% by weight of caster sugar, stir gently to avoid bruising the fruit (add a couple of teaspoons of liqueur at this stage, if booze is your thing). Refrigerate for at least 20 minutes – the juice that seeps out of the strawberries is packed with flavour, so use that, too.

Frozen strawberry parfait

This is less a recipe than a general guideline for one of my favourite strawberry puddings. Nothing is more welcome on a hot summer's day, and it looks gorgeous, too – like a posh Viennetta. Serves four.

300g macerated strawberries Whipped cream/thick yoghurt/creme fraiche Seeds from ½ vanilla pod, or ground black/pink pepper corn Toasted pistachios and/or white chocolate shards, to finish

Put the strawberries in a bowl, then add twice the amount by volume of either lightly whipped cream, thick yoghurt, or crème fraiche. Mash or purée the two together, then push through a sieve and stir in your flavouring of choice.

Line a dish or terrine mould with cling film (chef's trick: dampen the dish first, then press the cling film into place with a dry tea towel), fill with the parfait mix, packing it in firmly, then freeze until solid. Turn out on to a chilled plate, scatter with pistachios and or white chocolate, and cut into slices at the table.

Strawberry pavlova

Another classic. Best not to mess about with old faithfuls like this. Serves four.

50g egg whites 50g caster sugar 50g icing sugar 400g double cream 40g caster sugar Seeds from 1 vanilla pod 300g-400g macerated strawberries

Make the meringue mix as for the Eton mess, but this time divide it into two rectangles/squares/circles on two separate baking sheets lined with nonstick paper. Bake at 100C/225F for 75 minutes to two hours, until crisp on the outside but still gooey in the centre. Whip the cream, sugar and vanilla seeds (or two drops of essence) to soft peaks.

Spread the cream evenly over each cooled meringue, and scatter half the macerated strawberries on top of each. Carefully lift one meringue and place it on top of the other, and eat as soon as possible. This final part of the process is not usually a problem.

Eton mess

The separate elements of this classic dessert (and the following one) can be prepared well ahead of time and thrown together at the last moment. Serves four.

50g egg whites70g caster sugar50g icing sugar200g double cream

Whip the egg whites in a stand mixer. When at stiff peaks, turn the mixer to top speed and whisk in 50g caster sugar until the mixture is smooth and glossy, then add the icing sugar and whip again until stiff and smooth.

Place 50p-sized blobs of meringue mix on a baking tray lined with non-stick baking paper, and bake at 90C/200F for 90 minutes to two hours, until crunchy all through.

Whip the double cream with the remaining 20g of caster sugar and the vanilla pod seeds (or a drop of essence) to soft peaks. Mix together macerated strawberries, cream and meringue in roughly equal quantities just before serving.



local info

Doctor's Surgery - 01208 880222

Repeat Prescriptions - 01208 880242

NHS Direct 24-hour Helpline - 0845 4647

Royal Cornwall Hospital (Truro) -01872 250000

East Cornwall Hospital (Bodmin) -01208 251555

Derriford Hospital (Plymouth) -08451 558155

Local Dental Helpline - 01872 354375

Police (non-emergency) - 08705 777444

PC Malcolm Taylor - 079680 87667

PCSO Claire Drennan - 0845 6567930

Police Station - 01208 895872

Civil Enforcement Parking Team -0300 1234222

Rev Judith Pollinger - 01208 880181

Harbour Master - Byron Buse -01208 880321

Lifeboat Operations Manager -Phil Tidey - 01208 880783

Electricity - 0800 365900

Water helpline - 0800 1691144

Parish Council: Clerk - 01288 341242 stendellionparishcouncil@fsmail.net

Dan Rogerson MP - 01566 777123

Cornwall Council - 0300 1234 100

Bowithick Tip - 01840 770778

Vet - Nutes - 01208 813258



ANOTHER REASON WHY WOMEN LIVE LONGER THAN MEN!

THE BIG RUN CORNWALL 14th June 2014

Congratulations to everyone who braved the hot weather and took part in the very first 'The Big Run' down the beautiful Camel Trail from Wenford Bridge to Padstow. The day was fantastic. 150 people took to the trail to raise money for The National Lobster Hatchery. Whether it was the 17.3 mile, 11 mile or 5.5 mile races, everyone finished!!

Sharp's sponsored the event and every runner was able to enjoy a pint of Doom courtesy of our sponsor after the race had finished, along with their medal and goodie bag!

Well done to: *First male and female winners or each category 2014*

Super Serious: Mark Hucheson 2:00:10 Laura Gannon 2:10:10

Serious Paul Boden 1:22:00 Katie Murray 1:33:42

Little Run Nathan White 34:00:00 Louise Morris 37:25:00

Over £2,000 was raised for The National Lobster Hatchery!!

Massive thank you to Sharp's Brewery, Get Fruity, Ecover, Chough Bakery, Just Water, Sea Cadets, Friends of The Camel Trail, Snail's Pace Café, Borough Arms and all our volunteers and Marshalls on the day. Each winner will receive a free yearly membership to Women's Running and Men's Running Magazine.

Next year's race will go ahead on March 1st 2015. Great for a pre-marathon training race!!! There will be more places available, so for those who missed out this year. To book go to the website - www.thebigruncornwall.co.uk



We must be aware by now with all the coverage on the TV and radio that this is the Centenary of the outbreak of the First World War, which PISCES will be covering in their forthcoming exhibition in St Peter's Church. It is also the 70th Anniversary of the DDay Landings during the 2nd World War.

So this brings me to believe that this year's Poppy Appeal should be very special and I therefore ask for your help as past supporters in so many ways.

I really do need some more willing and able people to give a few days or evenings to go around the village collecting, plus we have always had great success with our table in the Co-op displaying all the various merchandise the RBL now offer. It is a great way to have a chance to chat to locals and visitors and a great way to raise funds for such a very vital cause. Not only to honour those that gave their lives for our freedom, but also to all the injured and mentally scared, and I must add for the families of those concerned who play such a major role in recoveries.

So I look forward to hearing from any of your who may wish to give a few hours to help, at the end of October and leading up to Remembrance Sunday in November. My phone number 01208 880386.

Annie Price (Poppy Appeal Organiser)

THE FUNNY BIT AT THE END ...

An 80-year-old lady was being interviewed because she had just got married for the fourth time. The interviewer asked her about her husbands occupations. She answered, "My first husband was a banker, my second was a circus ringmaster my third was a vicar and my new husband is an undertaker." "Why did you marry men with such diverse careers?" she was asked. She explained, "I married one for the money, two for the show, three to get ready, and four to go."

shops, services The Trio Directory & businesses

S R HEWETT & sons

electrical contractors

Tel: 01208 880319 Mob: 07836 525443



K Honey

Building & Renovation Contractors

Three Gates Meadow New Road Port Isaac Cornwall PL29 3SD

Tel: 01208 880609 Mobile: 07971 479309



Hardwood & Softwood Joinery Specialists www.rockjoinery.co.uk

Richard Collins

LICITOR

Unit 2 Pityme Business Centre, St Minver Wadebridge, Cornwall 01208 862145 (day), 01840 213733 (evening) t: m: 07721 721464

Conveyancing > Probate > Wills > Divorce > Dispute Resolution > Accidents > Landlord / Tenant > Business SPROULL

Call today 01208 72328

Visit online www.sproulllp.co.uk

Local solicitors helping local people

CAMELFORD | WADEBRIDGE | PORT ISAAC BODMIN



T.F. GRILLS and Sons

Building and Carpentry Painting and Decorating

Free Estimates

Telephone: 01208 880094 07875 221222

email[.] markcgrills@googlemail.com

Nicki B's Pasty Shop **OPEN EVERY DAY FROM** 8.30am

Telephone: 01208 880099

RUSSELL RICHARDS **Roofing & Building Services**

Tel: 01208 841813 Mobile: 07967229291

Email: russellrichards@mypostoffice.co.uk

St Peter's Church Rooms are available to hire Contact Marion Larkin on 01208 880492

Port Isaac Changeovers – **Cleaning Services**

Looking for an experienced, local and reliable cleaning service for holiday lets? No agency fees. For further details email jenju@sky.com

LARGE HOLIDAY HOME in PORT ISAAC

sleeps 10 log fire, gardens garage parking in village for details call 07967 089766

davebrown1999@hotmail.com

'HIGHER MOON'

Tintagel Terrace, Port Isaac

Modern Holiday House

3 bedrooms.

2 bathrooms

Sea views, garden Parking for 3 cars

Tel: 01208 880755

HOLIDAY HOME in Port Isaac

Spectacular views. Sleeps up to 7 people. Quiet gardens. Parking for two cars. Contact: r.meere@btinternet.com or 01543-682010

W:





Looking after our clients' property interests for over 40 years

PROPERTY SALES, HOLIDAY LETTING AND MANAGEMENT, CHARTERED SURVEYORS, VALUATIONS AND ARCHITECTURAL SERVICES

Port Isaac Office: Tel: 01208 880302

www.johnbray.co.uk



RUBBISH REMOVAL - SMALL LOADS ONLY 07971 167444



M: 07921 673055 Newhall Green www.mutscuts.co.uk E: muts_cuts@yahoo.co.uk

Plumbing, Heating, Gas & Oil Installation & Maintenance Engineer säfe I Koth Karrji, St Teath, Bodmin PL30 3JR TEL: 01208 850431 MOB: 07866 815386 E-mail: plumbline93@yahoo.co.uk

call 01208 880905 or

to advertise in Trio

St Teath

PL33 9ES

triopi@mac.cor

email:





OPEN SEVEN DAYS A WEEK Morning Coffee Lunch Cream Teas Dinner

crab & lobster our speciality

TRY OUR £5 DEAL

Coffee/Tea and Bacon Roll *or* Double Bloody Mary with all the trimmings (doctors orders!) *or* Cream Tea - a scone and a pot of tea *or* Cheese & Wine after 9 includes a glass of house red and a cheese of your choice and biscuits *all just £5 each*

DAVID PHILP FOR ALL YOUR GARDENING NEEDS

The Lodge, Trelights Port Isaac, Cornwall PL29 3TH



 Phone
 01208 880056

 Mobile
 07817 161136

 Email
 peapipod@btinternet.com

for all your garden maintenance Grass Cutting Garden Waste removed Power spraying Full Insurance



to advertise in Trio call 01208 880905 or email: triopi@mac.com

Local Guide Books and Maps

available at Secrets, Port Isaac

BABYSITTING

also parent, house and pet sitting

local mature lady, reasonable rates, available at short notice, own transport

01208 841609 or 07737 818797 hawken6@hotmail.com

Garden Maintenance

Grass and Hedge Cutting, Garden Waste Cleared, Fencing and Stone hedging

Andrew Williams 07746 411964



01208 880536

Servicing & Repairs Breakdown Service Accessories

Overheating? Air Conditioning Servicing & Recharging now available

GAS DELIVERIES 13kg, 19kg & 47kg



and reliable

Call John Brown on

07815 156632 or 01208 880421

The Old School Hotel & Restaurant

email: reception@theoldschoolhotel.co.uk

Open all day, every day

Breakfasts • Coffee • Lunches • WiFi Afternoon Teas & Sandwiches • Evening meals We are open to non-residents for breakfast from 9am

New Evening Menu Daily Fresh Fish Specials Childrens Menu with Free Ice Cream

Takeaways - Fish & Chips, Homemade Burgers Call us on 880721 or order at the bar

Visit our website for offers and more details: www.theoldschoolhotel.co.uk





BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME-MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB AND FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD AND CHEESES. GIFTS AND CRAFTS. etc.

Ready now ... Home grown, ready picked & PYO STRAWBERRIES, GOOSEBERRIES, REDCURRANTS & BLACKCURRANTS please ring to check availability

Delicious Sunday roast served from 12noon-3pm each week ... booking essential

TELEPHONE: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND DIGGERS. PETS CORNER

Find us on the B3314 at St Endellion, nr Port Isaac

Nicola Vickery Interiors Your concept, my expertise T. (01208) 880834 www.nicolavickeryinteriors.co.uk

Roman blinds, curtains, voile blinds, cushions, upholstery all traditionally handmade in Port Isaac.

Full interior design, property buying & project management service.

PAUL HONEY

PAINTER & DECORATOR

INTERIOR & EXTERIOR MAINTENANCE, WALL & FLOOR TILING, ARTEXING, COVING & WALLPAPERING

Tel: 01208 881122 Mob: 07773 305626 PHONEY247@BTINTERNET.COM

BRIGHT SOLUTIONS Tony Bright Painter & Decorator CITY & GUILDS QUALIFIED External & Internal Friendly Professional Service References supplied on request

01840 213694 / 07765 632164 TONY.BRIGHT@HOTMAIL.CO.UK

Longcross Hotel, Restaurant & Gardens



OPEN DAILY FOR MORNING COFFEE, LUNCHES, CREAM TEAS AND EVENING MEALS VICTORIAN GARDENS, CHILDEN'S PLAY AREA AND SUNDAY ROASTS

The Ice Cream Parlour ROSKILLYS CORNISH ICE CREAMS cold drinks beach goods OPEN EVERY DAY



Fish & Chips

locally supplied fish, freshly cooked in a light, crispy batter

plus burgers, sausages, chicken, cold drinks etc 01208 880281



Buy the Book & Bits

01208 881355

18a New Road, Port Isaac, Cornwall PL29 3SB

Come and visit us in the Courtyard, New Road next to 'Fresh from the Sea'

We have a selection of new and second-hand books

Cornish Authors, activity books, games, puzzles

Souvenirs and Gifts





Home to well cooked seasonal Cornish

produce.







The Peapoo



-PROM 10.30 am Italian leather handbags, scarves and jewellery Dog collars and leads in lovely prints - made in England Selection of natural wax gel candles and lots, lots more

26 New Road, Port Isaac, PL29 3SB Tel: 01208 881197



Remember to say you saw it in *Trio*





T: (01208) 812129 F: (01208) 816798

Brooks & Jeal

Chartered Accountants

Personal & Business Tax Advice

Bookkeeping, VAT & Pavroll Business Forecasts & Plans

Company Secretarial Services

Business Start up Property Letting Advice General Business Advice

Company Formation

Accountancy



R.A. HANCOCK ELECTRICAL CONTRACTOR AGRICULTURAL & DOMESTIC WORK SALES & SERVICE SLIMLINE RADIATORS **DIMPLEX & CREDA** COMPLETE SHOWER INSTALLATIONS Hartland Road Port Isaac Telephone: 01208 880328



TREMEER HOME IMPROVEMENTS

High Quality Conservatories, Extensions, Windows & all building work Peter Lobb 01208 851182 07798 644293



The Slipway Hotel, Restaurant & Bar Open from 11am–11pm (10.30pm Sunday)

11am-12noon Coffees, teas, sandwiches, cream teas & home-made cakes

12noon-3pm Lunch: New chefs, New style Fish of the day, traditional fish & chips, mussels, crab,

rish of the day, traditional fish & chips, mussels, crab, salads, sandwiches, children's menu & much more

3pm-5pm Drinks, coffees & cream teas

6.30pm-9.30pm Dinner: New chefs, New style

Scallops, crab cakes, local steaks, fish & chips, crab and lobster, many fresh fish options and much more plus home-made desserts (takeaways also available)

Thursday Steak night

Local rump steak with all the trimmings for £10

THE SLIPWAY IS LICENSED FOR WEDDING CEREMONIES

Tel: 01208 880264 email: slipway@portisaachotel.com



FRESH FROM The sea

PORT ISAAC 01208 880849 Sustainably caught Lobster and Crab, landed daily in Port Isaac and delivered straight to our shop at the top of the hill. Available cooked, dressed, in a sandwich, boxed to take home or even live.

A selection of seasonal wet fish from Cornish Day Boats members of the Responsible Fishing Scheme

Come and see us for a handpicked Crab Sandwich or a Lobster salad and glass of wine



18 New Road, Port Isaac, PL29 3SB www.freshfromthesea.co.uk



For more info call 07833 488899

JAMIE CARTHEW

House and Garden Maintenance Painting & Decorating Grass Cutting and House Clearances

For any enquiries please ring Jamie on





The Beach House B&B Port Gaverne



Lovely B&B in the house that was used as the Police Station in Doc Martin just 10 yards from the beach - secluded cove, safe bathing Two en-suite rooms available - double and twin bunk room - ideal for families and walkers

CALL 01208 880296



Koy Speakman A.B.I.C.C. BUILDING CONTRACTOR

Specialist Carpenter Period Reconstruction Kitchen/bathroom installations All roof work undertaken

Tel: 07790 602404 email: rwsbuild@live.co.uk

M.E.R. ELECTRICAL SERVICES

All types of electrical work carried out

Security Alarms CCTV Good rates Free estimates No call out charge

Registered with local authority for Part P of Building Regs For a friendly, reliable service call Mark on

01208 880142 or 0779 4782627

markroutledge544@yahoo.co.uk Mayfield Road, Port Isaac

> 14 Atlantic Road Delabole North Cornwall PL33 9DW

Visit us online at www.rjssoftfurnishings.co.uk

The Soft

Furnishinas

specialist. Est

1990.

Tel:

M:

01840 211710

07760 115329

E-mail: rjs@rjssoftfurnishings.co.uk

RJS Soft Furnishings



Professional Carpet & Upholstery cleaning Domestic & Commercial

Fully insured Friendly & efficient service Excellent prices 01208 841117 www.kernowecoclean.com



Trade & Public

Welcome



Plumbing · Electrical · Paint & Decorating Products



Atlantic Road. Delabole. PL33 9DN t: 01840 212580

www.westernsupply.co.uk



BEAUTIFUL AND INDIVIDUAL Celebration Cakes Wedding Cakes Sugar Flowers Cupcakes **BESPOKE CAKES**, HANDMADE IN CORNWALL Phone: 07855 677548 Email: info@endellioncakes.co.uk www.endellioncakes.co.uk

GARDEN OF EDEN LANDSCAPING SERVICES



Just Shellfish Crab & Lobster LIVE * COOKED * DRESSED Jeremy & Liz Brown The Fish Cellars Port Isaac Cornwall

01208 880449

log on to www.thisisnorthcornwall.co.uk

to advertise in Trio call 01208 880905 or email: triopi@mac.com

CHRISTOPHER KEY SOLICITOR

Friendly office open Monday–Friday 9.30am-12.30pm

Appointments out of office hours by arrangement

Trebiffen, Boscastle PL35 OBN Tel: 01840 250200 Fax: 01840 250900

WHAT'S ON

Friday July 4th

St Mary's Singers from Truro Cathedral at St Endellion Church - 7.30pm

Saturday July 5th Poppy Community Art Workshop in the garden at Thorn House - 10.30am Barn Owls Poetry Group at Endelienta Stone Barn, St Endellion -10am

Sunday July 6th Port Isaac Gig Club 'George Moth Memorial Race'

Wednesday July 9th Doc Martin Fund meeting in the Church Rooms - 7.30pm

Friday July 11th Carnival Casino & Music Night at The Edge

Saturday July 12th Celtic Voices concert in St Peter's Church, Port Isaac - 7.30pm

Tuesday July 15th WW1 Commemoration Concert with Port Isaac Chorale in St Peter's Church -7.30pm

Wednesday July 16th Port Isaac School Sports Day - 1.15pm

Festifool in Port Isaac Village Hall -7.30pm

Saturday July 19th Village Hall Breakfast & Tabletop Sale -9.30am-12noon

Sunday July 20th Carnival Raft Race

Wednesday July 23rd St Peter's Church Summer Mini-Market in the Church Rooms - 10am

Tuesday July 29th - Friday August 8th St Endellion 56th Summer Festival

Saturday & Sunday August 2nd & 3rd Dragon Boat Racing at Port Isaac and Port Gaverne

Wednesday August 6th

Official opening of the PISCES WWI exhibition in St Peter's Church - Songs & Supper, Pimms & Pies - doors open 6.45pm

Tuesday August 12th Trelights Methodist Church Garden Fete - 2.30pm

'A Song to Die For' - Murder Mystery evening in Port Isaac Village Hall

Saturday & Sunday August 16th & 17th The BIG Swim

Wednesday August 20th In the Carnival Marquee Carnival daytime Music workshop for children Evening - The Boscastle Buoys

Thursday August 21st In the Carnival Marquee - Carnival Craft Day for children Evening - Rock'n'Roll Disco

Friday August 22nd

In the Carnival Marquee - Carnival Party Day - magic, puppets, music and games - 10am-12noon & 2pm-4pm Evening - Fisherman's Friends Carnival

Collection on the Platt followed by disco in the marquee

Saturday August 23rd Carnival Market on the Playing Field -9.30am-3pm Port Isaac Carnival Grand Parade 6pmfollowed by

Live music in the Carnival Marquee

Bank Holiday Monday August 25th RNLI Lifeboat Larks

Wednesday August 27th Due to popular demand, Chris Bannister sings the songs of John Denver in Port Isaac Village Hall

Friday September 12th The Grace Notes concert in St Endellion Church - 7.3pm

Saturday September 13th Old fashioned Cream Tea in the Village Hall with music from the wartime era

Friday September 26th Fashion Show in the Village Hall - with Indigo (Wadebridge)

Thursday October 9th "Oh What A Lovely War' - matinee during the Golden Circle Meeting - 2pm

Friday October 24th Sospiroso (Trio) concert in St Endellion Church

Saturday November 22nd RNLI Christmas Market Saturday

November 29th Vintage Fair in the Village Hall

Trio Copy Dates

MONTH August September October November December

COPY DATE Friday July 25th Monday August 25th Wednesday September 24th Saturday October 25th Wednesday December 3rd

PUBLICATION DATE

Friday August 1st Monday September 1st Wednesday October 1st Saturday November 1st Wednesday December 10th

Regular Events

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the VIIIage Hall. Contact Laura on 881089 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac Sunday - Sung Eucharist at 9.30am Every third Sunday - Family Service at 9.30am

St Endellion Church - Every Sunday at 11am

Trelights Methodist Church - Sunday Service at 6pm

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905

POST OFFICE HOURS The Post Office service is open in The Church Rooms on Monday from 9.30am -1.30pm and on Friday from 10am-2pm

