

trio



Photo: Sally Stratton

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WHAT'S ON - BACK
COVER



PORT ISAAC
VILLAGE HALL

EASTER
TUESDAY
April 7th

CASH
PRIZE
BINGO



EYES DOWN 7.30pm

PORT ISAAC
VILLAGE HALL



Hire Rates

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ASSOCIATIONS etc, FUNDRAISING
EVENTS, CHILDREN'S PARTIES (age
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24 hrs

GENERAL USERS/COMMERCIAL
EVENTS - £8 per hour - £100 for 24hrs

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YOU to Use

www.portisacvillagehall.co.uk

Co-op temporary closure

The Co-op will be closed from Monday February 2nd until the launch of
its new look store on Thursday February 26th

A small temporary Pop-up Shop, sited behind the store (signs will show
you the way), will be open during the closure period, offering basic
grocery supplies

During this time, if you are stuck and need shopping from
Wadebridge, give Nicola a call 01208 880834

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The publisher does not necessarily hold
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contributors and reserves the right to
refuse or alter material supplied.

Brenda Dingle would
like to thank everyone
who came to her 65th
Birthday Party. Thanks
for all the cards and
presents. Most of all, a
big thank you for all
the donations for
Macmillan Cancer that
amounted to £160

Once again, a
BIG THANK YOU!

The Trio Print Service

We offer a village printing service to help
offset the cost of *Trio*.

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brochures we can print flyers, posters,
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can prepare your design ready for printing.

To find out more contact Dee
on 01208 880905/880862,
email: dee54@mac.com

Ken Richards, MBE ... CONGRATULATIONS



We couldn't let this issue of *Trio* go by without mentioning the honour bestowed on the Station Officer of Port Isaac Coastguard, Ken Richards. Ken's a very private man and will hate any mention the number of lives he has helped save and the thousands of incidents he has attended over the past 45 years of his volunteer Coastguard service. But there you are, we've done it now! So huge congratulations Ken, to say you deserve your MBE is an understatement.

Sam & Dee

Hello Port Isaac, I am Norman Trebilcock from Bodmin, I am a Paramedic and Administrator of FLEET in April I am running the London Marathon as part of the FLEET Team - Front Line Emergency Equipment Trust.

At the beginning of this year FLEET started an appeal to place Public Access Defibrillators into every town and village in Cornwall. The defibrillator is contained in a SMART Cabinet on the outside wall of a building, monitored through the internet, backed up by SMS card, checked every 15 minutes for availability. The cabinet is connected directly to Ambulance Control via the internet. When someone dials 999, if your call is cardiac or cardiac arrest then Control will direct you to the PAD and control opens the Cabinet. It is very clever, it's a SMART box.



In 2014 FLEET had 22 runners in the London Marathon and between them they raised over £100,000 and FLEET has put 30 PADs into place. FLEET looks at Towns strategically and try to place PAD where they cover effectively. Bodmin needed five. Wadebridge is divided by the river Camel and between the Town Council, the Rotary, Lions, Betjamen Centre, Bowls Club and others they have bought six but because everyone worked together. Every organisation is named on every Cabinet.

I am running the London Marathon in April and would like to raise funds for Public Access Defibrillators for Port Isaac but I need your help. I need to talk to groups of fundraisers. We will teach you CPR and show you how easy it is to use our very clever PAD and defibrillator.

Can you help me? Port Isaac could probably do with two or three PADs and they cost £3000 each but the defibrillator is secure, monitored and above all it save lives. You can find out more on our FLEET website at www.fleet.org.uk. Donate at www.justgiving.com/portisaacPADappeal I would like to hear from anyone locally who can help me fundraise, find me a meeting place where I can speak to anyone and everyone and get involved - contact me via the website. Thank you Port Isaac and Happy New Year to you all.

Norman Trebilcock

Websites of the month - space activity and broadband update

Something that caught my eye over the past few weeks has been the interest in space activity – the Rosetta mission for example that landed Philae on a comet and sent back amazing pictures. There are some very good websites for all this of course, and perhaps a nice one to start with is a BBC science site <http://www.bbc.co.uk/news/science-environment-29746430> where you can play a game landing Philae yourself. Part of my reason for suggesting this is that when I played the game I did it first go and made a perfect landing!

Another space story is the International Space Station (ISS). Recently we had an ideal opportunity to see it very clearly, was on Christmas Eve, and we had a great view as the skies over Cornwall were very clear that night. You can tell where it is by looking at <http://www.isstracker.com> and it can be seen clearly with a good pair of binoculars. Incidentally, be careful when looking at anything bright with binoculars or a telescope (never look at the Sun directly of course) but the moon and planets are OK.

For seeing what is in the sky on any one night the National Schools Observatory (www.schoolsobservatory.org.uk/astro/esm/nightsky) is a useful place to look as it gives you the chance to register and to then record your observations. I haven't registered myself, but it looks fun and it has lots of useful information.

If you have a smart phone or tablet or something like that there are some very nice apps that use the GPS positioning to allow you to go out and see on your phone, what is in the sky. My favourite is called Pocket Universe and it shows you where to look. You can filter in and out different celestial bodies. Another good one is GoSatWatch that shows you which satellites are around and includes the International Space Station.

With the winter storms coming in I thought I would also return to a topic from some time ago, the Jetstream, as this is also in the sky and is responsible for the weather we get locally to a considerable extent. A good website, and a local one at that is <http://carnkieweather.co.uk/?page=chart-jetstream> that is based in Wendron, near Helston. This has links to national and international images showing where the Jetstream is at any one time. It also has a fantastic collection of information about the weather. There are educational pages about clouds and how they form, and even a webcam that as I write shows a beautiful sunset. This is a private weather station and is packed with useful stuff about Cornish weather.

GOOD NEWS!!! - THANKS TO TONY

Finally, as readers of this column may recall the saga of superfast broadband and customers experience of getting support from their Internet service providers has been a topic on more than one occasion. I am returning to this to start the column, but with some good news this time as the Council have agreed to a plan to extend this excellent facility to those households (like mine) that do not have it. This was discussed at the Council today, and you can see them in action on a recording of a webcast courtesy of the West Briton- <http://tinyurl.com/pay3a8d>. It was interesting to hear one counsellor describing her experience with BT as rather similar to mine, although another seemed to have had a rather better experiences. I guess it varies.

The next stage of this project will extend superfast broadband to 99% of the properties in the County. Apparently they aim to use a mixture of approaches ranging from fibre optic cables and existing copper wires to satellite systems. It should all start, if it all gets the final go-ahead, this April and will run until March 2019. The best website to keep track of what is happening is Superfast Cornwall <http://www.superfastcornwall.org>.

Tony Wainwright

Music at St Endellion

Even before the start of the Easter Music Festival in April we have several very different concerts taking place at St Endellion, one choral, an organ recital and some jazz. For the full programme see www.endellionta.org.uk



The first concert gives a wonderful opportunity to hear the outstanding choristers and scholars of Truro Cathedral Choir who will come to St Endellion Church for a special concert. Led by their inspiring Musical Director, Christopher Gray, their pure choir voices will brighten up the winter season with some of their repertoire of sublime choral music.

We are delighted that during the afternoon several groups from our local primary schools, Port Isaac, St Kew, St Minver and Boscastle will also have the opportunity to join the choristers in a singing workshop in the church under the expert direction of Christopher Gray. At the beginning of the concert itself they will perform a piece they will have prepared during their afternoon.

Truro Cathedral Choir in Concert at St Endellion Church

Friday 6th February at 7pm

Please note that the concert itself will start earlier than usual at 7pm so that the choristers do not return to Truro too late in the evening.

Tickets are £10 and free for accompanied under-16s, and are available locally from Sue Foster 01208 880008 or the Wadebridge Bookshop; also from Hall for Cornwall 01872 262466 or online at www.hallforcornwall.co.uk

At the beginning of March we have a Sunday afternoon organ recital which we hope may be the first of several this year at St Endellion. We welcome Nigel Wicken, Organist and Musical Director at St Mary's Church, Penzance.

Organ Recital with Nigel Wicken Sunday 1st March at 3.00pm

Nigel will be playing music by Bruhns, Boehm, Arvo Paert and James Macmillan. **Tickets are £5**, payable on the door, and free for accompanied under-16s.

Johnny Cowling Evening

at Trevathan farm shop & restaurant

Thursday 5th
March 7.30pm

Tickets £13.50

including a pasty

All proceeds to St Kew School PTA Tickets are available from Trevathan farm shop or St Kew School

KEEP FIT WITH TAP DANCING!

If anyone in Port Isaac would like to have a go at (or return to) tap dancing you are welcome to join on a Thursday evening at Delabole Methodist Chapel from 7pm to 8pm. It is a lot of fun with great music and good exercise. Apart from tap shoes there is no other equipment required. I have room in my car to take 2 to 3 people to Delabole on Thursday evenings. If you are interested please contact me on 880457.

Liz Rowe

Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon

If you want to know more contact either Laura on 01208 881089 or Cherry on 07900 527610



'IN TOUCH WITH THE PAST'

www.portisaacheritage.co.uk

Although we don't have much to report this month, things are happening behind the scenes and we have lots of plans for 2015 which will be revealed soon.

All is on course for the Easter launch of *A Second Helping of Port Isaac* so if you fancy giving a different gift instead of an Easter egg (but probably just as fattening) bear this in mind!

In the meantime, if you fancy being interviewed for our ongoing oral history project just get in touch - we would love to talk to you. We'll bring the tea and cake and you just have to talk about your life in our Parish. Interested? Give Barbara a call on 01208 880625.

And finally, don't forget to check out our website (if you haven't already). New information is being added all the time.

Can you help?

St Andrews Nursing Home

Peter King Smith, who now lives in The Netherlands, has been in touch with PISCES as he is trying to find out about where he was born. Although his parents lived in St Minver his birth certificate shows he was born in 1949 at the St Andrews Nursing Home on St Endellion Street? We are guessing this is the St Andrews/Sister Brown's Nursing Home on The Terrace?

Do you think this is correct?

Was The Terrace once called St Endellion Street? Was there another nursing home somewhere? Were you born there? If you have any information you would like to share please send to Dee at dee54@mac.com and she will add it to our PISCES records and also pass it on to Peter.

The Wadebridge Pasty Scheme

70 years ago
December 30 1944

"... The Wadebridge Pasty Scheme is to be discontinued except at Port Isaac and St Minver where demand is still high. The number of pasties has dropped over the past 12 months from 4000 a week to under 2000 and of the original 25 centres only six were still operating."

So again PISCES needs your help. Do you know what the Pasty Scheme was and why it operated? Logic says it must be something to do with the war perhaps? If you can help let Dee know as above. Thanks



“it’ll be alright on the night ...”

I should know the routine by now. I have a nervous breakdown at the dress rehearsal whilst everyone else calmly tells me that it will all be alright on the night - and so it was.

On the first night Marion peeked through the curtain and gave the thumbs up to Liz and Chris, our new recruit on the sound desk. The lights went down and the Drekkly Band, cleverly disguised as Lee, Kris and Angus, struck the first guitar chords and we were off! All those evenings of rehearsal finally paid off.

The pantomime began with Cherry (already under contract to the Drekkly label) who gave a wonderful performance as our Hairy Dogmother or Dairy Fogmother, if you prefer. Either way, it was “just the one glass” that proved her undoing and gave us all an insight into the not-so-sober life of a Fairy Godmother. But not only could Cherry act and drink, she could also sing. What a star and what a find!

Alarmingly, the two mice who then greeted the audience also sounded a little worse for wear too. In one case that was probably true, as they had the least amount of lines and were probably the last to learn them. Then the curtains opened and we were off and running with our first song. All respect to our musicians who faced the monumental task of finding the key that we were all singing in. They quickly realised that we each had our own and manfully corralled us into shape.

The first two characters to greet the audience were Baron and Baroness Hardup, two unlikely newlyweds. The former looked beaten down already by the trials of married life and the latter looked to be repenting marrying for money. Dave and Mark gave convincing performances of married life in the alternative universe of pantoland where Punch and Judy were their obvious role models.

Talent (or lack of it!) is something we take in our stride as it’s not a pre-requisite for the pantomime. However, now and again, our paths do cross with people who can sing and act and we take our hats off to them. And so it was that we were delighted to have Mabel as Cinderella who could do both with great flair, along with Daisy, Alice and Laura who also added their talents to our little troupe. Daisy deserves a mention here as she has been with Drekklies since a mere pantomime babe. She has only missed one, which happened to be Cinderella, our first venture. So now Daisy can go off to university in the safe knowledge that she has finally come of age!

Having survived the first song and not left the building, our audience were greeted by Buttons, our “very special friend”. Bearing a remarkable resemblance to Mr Tumble, Dee brought great depth to the role and made an instant hit with the crowd as their best friend too. Along with Baron Hardup, they prepared the audience for the arrival of the two ugly sisters. Ugly is a subjective description, but in anyone’s book Martyn and Andy’s portrayal of the fairer sex left us all in no doubt as to what ugly really meant. Not only did they have ‘unsightly facial hair’ but they lacked all feminine graces. If the audience had any reservations about their attractiveness, the very sight of them in string vests and tutus dispelled any lingering doubts.

And then we met the object of all their fancies, Prince Charming and his side kick, Dandini. Prince Charming was in all respects a well-bred young man with an accent that could cut glass, Harry took to the role with the confidence of a man born to be king. Daniel, who has graced our stage for many years, took to the pink lycra tights with all the confidence of someone who is comfortable in their own skin. Respect to both young men!

Richard entered proceedings in the guise of Monsieur Strictly, who made a vain attempt to teach the ugly sisters some ballet steps ably assisted by brave members of the audience who had unwittingly booked seats on the front row. On the last night Billy Hawkins unexpectedly added to the entertainment by crashing into the scenery!

And then there were the real stars of the show, the children. They steal the limelight from us every time. It is always such a delight to see the youngsters with stars in their eyes perform on the stage. Before we knew it we were at the interval and feeling pleased that all was going well.

National Trust news

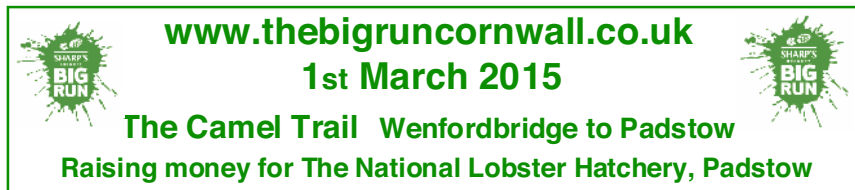
Saturday 7 & Sunday 8 February **Scrub n Spuds at Porthcothan Cliffs** Help National Trust rangers tackle gorse and blackthorn to promote greater biodiversity at this valuable coastal habitat, near Bedruthan Steps. To thank you for your help we'll cook up a jacket potato on the bonfire. Family friendly and a great way to meet new people. Come along on one or both days. Free. 10am-4pm.

Wednesday 18 February **Family Scrub Bash** Bonfires, potatoes, toasting marshmallows, we've got the lot! Bring along the family and help National Trust rangers in their efforts to reduce gorse and blackthorn scrub to help the wildlife living at this valuable coastal habitat at **Lundy Bay**, near Polzeath. Don't forget your Mum or Dad! Free. 10am-4pm.



Saturday 7 & Sunday 8 March **Scrub n Spuds at Epphavent, near Polzeath** Help National Trust rangers tackle overgrown gorse and blackthorn to promote greater biodiversity by restoring maritime grassland. To thank you for your help we'll cook up a jacket potato on the bonfire. Family friendly and a great way to meet new people. Come along on one or both days. Free. 10am-4pm.

Booking essential for all of these events: 01208 863821 or sarahe.stevens@nationaltrust.org.uk and for further information



Panto review continued ...

We try and catch the young children at an early age in the hopes that they will come back to us in later life, so we were thrilled to welcome Paige, Maddie, Demelza and Tamara as the 'Street Urchins' with their lovely song 'Fireworks'. They were followed by a 'one night only' appearance by Wobbie Williams in the guise of young Jack, another talent "from our little kingdom".

And so the evening drew to a close. But not before the audience were treated to the acting and decorating skills of the family firm of "Bodgit and Splodgit", magnificently played by John and Kathryn McDonnell! A fine team of skilled painters. Well, that depends on whether you want wallpaper on your walls or on your floor. Who cares, we loved them. "What are we like!!"

As in all good pantomimes it all ended happily. We make sure of that. It is always a mixture of relief and sadness when we get to the end of the four night run. The effort that everyone puts in ensures its success. From the front of the hall to the back of the stage I would like to say thank you to:

- Alan and Bill for their amazing props and putting the scenery together
- Andy, Martyn and Mark for their building and electrical skills
- Marion and Liz for costumes
- Julia and Holly as prompts (of course we didn't need them!)
- Chris for the sound and sound effects
- Liz for lighting
- Cheryl for all-round support and help
- Dee for ticket and telesales, posters etc
- Kim for crowd control (ie the children!)
- Mabel and Cherry for helping with the children
- Roy for the bar

I really hope that I haven't forgotten anyone. It's a great team effort and we couldn't do it without you all, thank you.

And finally, thank you to the audience who come each time to see the show. We hope you had as much fun watching us as we did performing it. We have laughed at our own jokes for weeks and so it's always a relief when the audience joins in with us. This pantomime has been a treat to do.

It just leaves me to say thank you to everyone and don't forget to book early for 'Snow White and the Seven Dwarfs' in 2016. That's only next year!

Barbara

Dear Madame Directeur
You weren't so bad yourself ... and your patience was magnificent to witness!
So, thank you.
love from
the Drekkies

CREW REPORT

December was a full month at the Lifeboat Station with exercises, casualty critical care courses and our Christmas dinner.

Many of the exercises were carried out under the cover of darkness in cold, wet and windy conditions so as to maintain our experience and expertise. The Atlantic is certainly a different place when you can't see her but the knowledge gained by the crew of the equipment available to us certainly enhances our capabilities.

We also carried out a two week casualty critical care course. Everyone involved passed with flying colours, very much a compliment to the dedication of time and effort of our volunteer crewmembers. You will now see us practicing on the cliffs in and around Port Isaac Bay with real-life casualties (acting) so don't be alarmed!

Our Christmas Dinner is a chance to celebrate the last 12 months and also thank the partners of all involved with the active running of the Station. It was also an opportunity for me to begin a new tradition by introducing an award to the evening. *The Helm Award*, as it is to be known, will be chosen by the current Station Helms and will recognise any outstanding member of the crew who has shown tenacity, outstanding achievement, true dedication and commitment. We were very lucky that the winner of the award for 2014 was an easy choice as he had shown all of the above in abundance -

**Andy Hallam was the winner
of The Helm Award for 2014**

Congratulations buddy.

The Dinner was also a great opportunity for us as a Station and the RNLI as a whole to recognise Nigel Sherratt's long service. After over 16 years as crew and then Helm, Nigel has stood down and has now moved into the role of Deputy Launching Authority, DLA, where his long experience as a crew member will prove to be invaluable. Nigel was presented with a framed long service certificate by our Lifeboat Operations Manager, Chris Bolton.

Finally, all at the Station would like to extend their congratulations to our long serving crewmember and now DLA, John Collins, along with another of our long serving crewmembers Nicki B, who after 20 years together have decided to tie the knot! Congratulations you pair.

*Damien Bolton
Training Officer & Senior Helm*



Nigel admires his certificate

Crew and committee at Port Isaac RNLI would like to send their condolences to Padstow RNLI and the family and friends of Mary Taylor who recently passed away. Affectionately known as 'Lifeboat Mary' she was from a long line of crew members and has been volunteering with the RNLI since she was four years old. Many crew and committee have fond memories of Mary. She will be sadly missed.

MORE RNLI NEWS ON NEXT PAGE



UP COUNTRY SUPPORT

Crewmembers, Damien Bolton and Andy Hallam, recently were part of a very successful two day visit and evening presentation to the Inland Branch of Hatfield and Welwyn Garden City RNLI, now twinned with Port Isaac RNLI. Following on from this visit the branch's fundraising and support has increased, resulting in an impressive overall fundraising total for 2014 of over £5007. This great effort now means the cost of our Crew Training program is fully covered up to 2018.

Currently Hatfield and Welwyn Garden City Branch are planning further support for 2015 which again will be earmarked for specific items essential to the operational running of Port Isaac Lifeboat Service. Crew and Committee look forward to welcoming members of our Inland supporters when they have the opportunity to visit Port Isaac RNLI Station and to continue this unique and close working relationship.

Bob Bulgin, Chairman

LOCAL HONOURS

On behalf of Port Isaac RNLI Crew and Committee, may I take this opportunity to congratulate RNLI Lifeboat Operations Manager and founding father of our flank Lifeboat Station at Rock, Mike Hewitt, on the award of an MBE in the Queen's New Years Honours List "in recognition of his commitment to saving lives at sea over 20 years of service." To quote Paul Boissier, the RNLI chief executive, "His wisdom and great humanity make him a natural leader ... he is completely selfless in all that he does not just for the RNLI, but for the wider community too."

Also our congratulations to Port Isaac Coastguard Cliff Rescue Team Station Officer Ken Richards on the award of an MBE.

Acknowledged as an exemplar of technical rescue both within the Coastguard Rescue Service and wider emergency service, Ken has twice been awarded Chief Coastguard Commendations for Meritorious service and has a proven record of coastal rescue and leadership in difficult and challenging circumstances

*Bob Bulgin. BEM
Chairman Port Isaac RNLI*



www.stendellionpc.com

Neighbourhood Development Plan Update

During last summer and into autumn we've been spreading the word about our Neighbourhood Development Plan. We've piggy-backed a couple of events including a Cream Tea at the Village Hall, which gave us the big idea ... people like to talk and eat! Hence followed Pasty & a Pint at Trevathan, hotly pursued by the Big Bacon Butty at the Village Hall, rounded off with a bit of spice with a Curry & a Pint night at The Mote. To encourage a younger age group along, and to help them realise both how pertinent an NDP is to their future, and what it can positively provide for them, we invited as a speaker from St Minver to talk about their Community Self-Build. We were greatly gratified by the feedback that evening provided, and the conversational buzz that followed. It is after all about building this community's future for the next 30 yrs, so feedback from across the generations is vital!

Many thanks to those that turned out at events and provided an email contact. If still haven't been lured to take part (despite offering food and booze!) there is still plenty of time to have your say and help shape our NDP. If you know of anyone who you think could be engaged in the process please do encourage them and pass on their contact details.

Our scoping survey is still open so do please share the link with those you'd like to encourage: <https://www.surveymonkey.com/s/JV2CPKL>).

Following a detailed review of the survey's results we'll use the feedback to inform an in-depth survey to reveal the really local detail, based on the subject areas identified during scoping. We are currently planning events that we will ask you to participate in, concentrating and expanding these subject areas. We'll notify you when we've worked out how to address each subject area, well in advance of proposed dates.

We're also very happy should you like to make any suggestions about any groups or organisations you think we should be talking to.

Post consultation we'll be in a position to start drafting the policies that will construct the final NDP. As a legal planning document it's checked by Cornwall Council and a Planning Inspector – if it is sound it will then go to Parish wide referendum.

It's essential that you stay involved and shape our future now! Please feel free to contact us as any stage if you have any queries or suggestions.

With thanks, Nicola

Our mailing address is:

St Endellion Parish Council
Atlantic Cottage, 78 Fore Street
Port Isaac, Cornwall PL29 3RF



The Trago Bus

Trago has withdrawn the subsidies for this service and therefore Group Travel has had to increase the fares, resulting in a passenger decrease. To try and save the service they have agreed to run a smaller bus for a trial period. This will stop at The Peapod at 9.45am on the first Tuesday of the month. The price £5. It would be good if we could keep this service operating.



TENDERS

ARE INVITED FOR THE CONTRACT TO
MAINTAIN PUBLIC FOOTPATHS
IN ST ENDELLION PARISH
AND TO CUT AND MAINTAIN GRASS
VERGES AND OPEN GREEN SPACES
IN THE OWNERSHIP OF
ST ENDELLION PARISH COUNCIL

FULL SPECIFICATION ON APPLICATION

stendellionpc@gmail.com

G Thompson

Clerk/RFO

12 Bonython Drive

Grampound TR2 4RL

Tel: 01726 882145

THE LIGHTS GO ON FOR PORT ISAAC RNLI

Long-time friends of Port Isaac RNLI, Myra and Martin Langdon, again switched on their Christmas lights in aid of the RNLI. This is the third year running that the couple have supported the RNLI in memory of their good friend Pete Sleeman who sadly lost his life at sea in 2012.



The big switch on gathered quite a crowd who were treated to a fantastic light display at their home in Bridge Street, Wadebridge.

A lot of work went into the display with over 18,000 bulbs looking beautiful and filling everyone with festive cheer. Father Christmas made a special appearance at the switch-on, much to the joy of all of the children and everyone entered into the festive spirit with Christmas carols and mince pies. Representatives from Port Isaac RNLI included senior helmsman Damien Bolton and volunteer crewmember Nicki Bradbury who led the countdown for the big switch on. Damien said of the event "It's great to see the community turn out for such a worthy cause. It is thanks to donations like this that the RNLI is able to carry out its invaluable work to save lives at sea."

Church Diary Dates

Sunday January 25th - Conversion of St Paul

9.30am Sung Eucharist, St Peter's Church, Port Isaac

11am Sung Eucharist, St Endellion Church

Thursday January 29th

8pm Julian Meeting (Prayer & Meditation), Thalassa, Porthilly

Sunday February 1st

9.30am Morning Worship, St Peter's Church, Port Isaac

11am Morning Worship, St Endellion Church

Wednesday February 4th

7.30pm Healing Service, Thalassa, Porthilly

Friday February 6th

7pm Truro Cathedral Choir in Concert, St Endellion Church

Sunday February 8th

9.30am Sung Eucharist, St Peter's Church, Port Isaac

11am Sung Eucharist, St Endellion Church

6pm Evening Worship with Taize Chants, St Endellion Church

Saturday February 14th

9.30am Marriage Preparation Day, Perceval Institute, St Minver

Sunday February 15th

9.30am Morning Praise, St Peter's Church, Port Isaac

11am Sung Eucharist, St Endellion Church

Tuesday February 17th

7.30pm Whist Drive, St Endellion Church Hall

Ash Wednesday February 18th (Lent Begins)

7pm Sung Eucharist with Ashing, St Endellion Church

Thursday February 19th

7.30pm Mothers Union, St Endellion Church Hall

Sunday February 22nd

9.30am Sung Eucharist, St Peter's Church, Port Isaac

11am Sung Eucharist, St Endellion Church

Thursday February 26th

8pm Julian Meeting, Thalassa, Porthilly

Saturday February 28

10am – 3pm Quiet Day 'Being a Prayer', St Endellion Church

Sunday March 1st

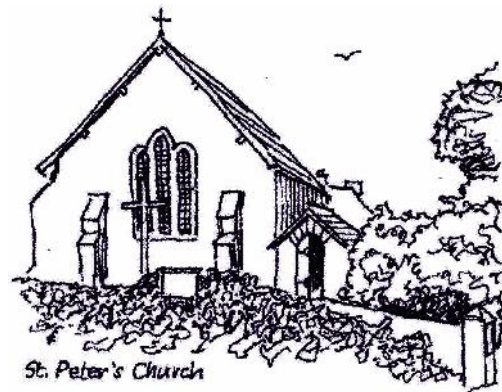
9.30am Morning Worship, St Peter's Church

11am Morning Worship, St Endellion Church

3pm Organ Recital, St Endellion Church

The Christian faith

At the time of writing, France is recovering from the insanity and violence of a fanatical attack on the offices of a satirical magazine and on a Jewish supermarket. Could it happen here? In the UK, certainly yes: in North Cornwall probably less so. The manifestation of evil was appalling, and to anticipate and prevent a recurrence it is necessary to understand both it and its causes.



As Christians we are instructed – indeed commanded by the words of Jesus to love God and to love our neighbour as ourselves. No conditions, no “ifs” or “buts”. Even if that neighbour regards our faith as nonsense or irrelevant, or has a different faith. Or even no faith. The generality of the great faiths agree in the pursuit of peace, tolerance and friendship. The divisive influence is culture and not faith. We only need to reflect on the images and reports in the media from Afghanistan, for example, to appreciate the considerable cultural differences between this and that country. We may deplore them, especially in regard to women, but those differences will not be changed overnight and certainly not by force.

The first commandment given to Moses forbids taking God's name in vain. Despite that, we as Christians are used to the name of Jesus used as an epithet and having his faith and his church ridiculed, and we shrug it off, perhaps wrongly. We are used to satire, mocking our values, institutions and traditions, and one might say that the church is a rich and continuing source of mockery, often well deserved. Muslims do not take the same view at all, and their close proximity nowadays to Western European culture is at best testing and at worst explosive.

Christianity is a faith with a central if not clearly focussed doctrine. The church certainly has a bloody history, at times quite unChristian, divisive and has caused fractures in a number of ways. In the past Popes have declared war, irony of ironies. The Crusades were one such, which continues to fuel hatred today. The Christian faith however, remains above the frailties of its church, which sometimes needs to do much better. But our faith requires us to press on, obeying those two simple commandments despite our shortcomings.

This month we will be embarking on the annual discipline of Lenten study. Lent is a penitential period of preparation for Easter, and we will be examining various aspects of the Christian faith. Lent courses are a series of discussions that could be described as “the same people talking to the same people about the same things”, but that is to overlook the central strength of the Christian faith – the Bible, and from it the teaching of inspired and brilliant people over 20 centuries.

It is an opportunity to discover something of the faith and how it relates to our daily life. It is also an opportunity for those outside the regular church congregations to find out more, and perhaps question how and why Christian teaching should influence their lives. A breath of fresh air would be welcome. Why not give it a try? If so, contact one of the churchwardens listed below to find out where the course discussions are held.

Contacts:

St Kew - Andrew Campbell, 841114 & William Garland, 881134

Port Isaac - Marion Larkin 880492

St Endellion - Frances Kent, 862704

St Minver - Elizabeth Elliott, 863905 & Martin Broadfoot, 863705

North Cornwall Benefice - Rev Canon Judith Pollinger, 880181

We remember in our prayers those who have been killed in Paris, and those who have been bereaved as a result of the tragedy on January 7th.

We also remember those in our community who are sick, and those whom we no longer see, but remember fondly.

Do you, or someone you know, need a listening ear?

Tel: David Foster on 01208 880008

Update from Dan Rogerson MP

As the price of crude oil has been dropping government ministers have been urging companies to pass on the savings to customers - thankfully we have seen prices at the petrol pumps falling. I am continuing my campaign to extend the rural fuel duty discount scheme to North Cornwall. The scheme sees the tax paid on petrol and diesel reduced by 5 pence-per-litre in some rural areas like the Isles of Scilly and parts of the Scottish highlands. I want to see this discount applied in North Cornwall too where using a car is a necessity not a luxury, where there are poor or no public transport alternatives, and where we have further to drive than island communities.

Bringing the rural fuel duty rebate scheme to our area would help to keep fuel prices lower in the long term. You can support the campaign by signing my petition online at http://www.danrogerson.org/fairer_fuel

As the price of oil has fallen dramatically in recent weeks, the cost of filling heating oil tanks in back gardens must fall too. I want to make sure that heating oil companies pass on the falling price of oil and I am also looking at what more the Government can do to help people connect many more properties in North Cornwall to the mains gas supply.

Several weeks ago I welcomed the Deputy Prime Minister on a visit to Port Gaverne. Nick Clegg joined members of the local Ramblers Association as we went for a walk along the South West Coast Path towards Tintagel.

The South West Coast Path is a fantastic asset for our area, bringing in thousands of visitors each year which helps to support jobs and the local economy here in North Cornwall. It was great to join Cornwall Ramblers and Nick Clegg for a walk along the coast path from Port Gaverne, and to discuss the importance of the South West Coast Path, not only in terms of the local economy but also the health and wellbeing benefits. The Deputy Prime Minister also announced extra funding will make sure that our coastal paths are maintained and enhanced, so that local people and tourists alike can continue to enjoy the Cornish coastline at its best.

Unfortunately I have been having some technical problems with my usual contact@danrogerson.org e-mail address recently, so if you have e-mailed me over the past few weeks and haven't had a response I might not have received it, so please do re-send any queries to dan.rogerson.mp@parliament.uk or contact@northcornwalllibdems.co.uk and I will get back to you as soon as I can.

With best wishes, Dan

Dan Rogerson

Liberal Democrat MP for North Cornwall

Address: 4, Tower Street, Launceston PL15 8BQ

Telephone: 01566 777123



Fantasy Football 2014/15

LW	POS	TEAM	MANAGER	POINTS
1	1	CLASS ON WEEDS	Richard Hambly	767
2	2	MAYBEES	Tom Bishop	754
3	3	JUST ONE F IN LEEDS	Lardman Lanyon	707
4	4	BADA BING!	Paul Honey	686
5	5	MUDGUTS MARAUDERS	Ann Cleave	663
6	6	TYRANNOSUAREZ REX	Dan Grills	637
7	7	WESTCOTT WANDERERS	John Yates	636
10	8	LADS ON TOURE	Tim Witherden	604
9	9	BOOTS OF SPANISH LEATHER	Andy Penny	603
8	10	MOTS FLYERS	Tom Cleave	594
12	11	CUT PRICE FROGS	Danny Treacy	569
13	12	PULL DEM PISTOLS OR WHISTLE DIXEY	Chris Witherden	568
11	13	JOSHIES ALLSTARS	Karen Grills	567
14	14	EMMA'S APPRENTICE	Kevin & Emma Honey	556
16	15	CLASS ON GRASS	Harry Hambly	556
15	16	I'VE BEEN THINKING	Margaret Honey	551
18	17	PAGAN HEART	Tom Penny	541
17	18	ADCS UNITED	Andrew Dungey	534
23	19	DREAM CHASERS	Matthew Brewer	532
21	20	LIDDSPURS	Peter Liddicoat	512
20	21	TOM'S TEAM	Tom Lobb	511
19	22	THE LOBBIES	Pete & Julie Lobb	510
22	23	FOXHOLE ALLSTARS	Bryan Nicholls	506
24	24	TISWAS	Jean Herring	457
25	25	DYNAMO FUCHTHEREST	Andrew Grills	413
26	26	HOWAY THE LADS	W Herring	277

up to January 19th 2015

A huge thanks to all the businesses and individuals who donated for the New Year's Eve firework display. There's just a few outstanding pledges we're waiting for so we'll print the list of all the amazingly generous people who helped out next month in Trio.

*Jake, Bonnie, Rick
and all the
Old School Team*

Contesting your Council Tax Band

Dear Trio

Be Warned!

A householder in our street in the old part of the village recently questioned their Council Tax Band. As a result, the whole street was re-assessed and some properties had their Band changed from C up to D, resulting in a hefty rates increase. The complainant's rate apparently remained unchanged.

So be warned: any contesting of your Band can have a very unfortunate consequence on your neighbours!

R M Stephenson

Camelford Spiritualist Church

Did you know there is a Spiritualist Church in Camelford?

We are located in Camelford Hall, Clease Meadows and hold services every Sunday at 6.30 pm.

We have a visiting medium every week and our services are light and friendly, afterwards we have tea/coffee and a chat if you wish to stay. Everyone is welcome.

Climate Friendly St Endellion

In all the media, Press, Radio and Television, during January we had the "Digest of the Past Year", and now in February we are into "The ***** Awards" (where ***** represents any authoritative body, like BAFTA for British film and television). We shall have programmes in which envelopes are (oh, so slowly!) opened and the awards are given, "impromptu" speeches of thanks are made, and the fashions displayed by those walking the red carpet are discussed at length.

Another very successful format for a radio or television series has proved to be that pioneered by Neil MacGregor, the Director of the British Museum: "A History of the World in 100 Objects". It was interesting, both as a way of compressing the entire history of humankind into intellectually digestible portions, and as an insight into the way a museum collects and catalogues artefacts. Also, it was successful publicity for the museum, since the hundred objects could all be found among the museum's own collections.

If you were trying to make a series "A History of Port Isaac in 100 Objects", what would you select? You would have to choose some of the buildings, those that exist now and pictures of those that no longer do. Some of the characters of the past (George Steer and Mark Townsend telling tall tales to visitors come to mind), some of the boats and fishing-gear, and we'd have to have at least one lifeboat. A Temperance banner, one of the three church bells that exist, a Methodist Hymn Book (the old, red, one), the Anchor, and one of the Certificates the Climate-friendly Parish Project has won should be there as well. To finish off we'd need a copy of the Parish Plan from ten years ago (or the Neighbourhood Development Plan which will soon replace it).

Things have been achieved over the years: thanks to STEER (do you remember St Endellion Economic Regeneration?) we do have Broadband (can you remember plugging a 'modem' into the telephone socket? or using 'floppy discs?') and the first stage of a footpath to Trewetha. We do have a Car Park (with a view!), and Doc Martin has brought visitors to the area. However, some aspects of life here have not improved, loss of a full-time Post Office, and the present thrice-daily bus service being good examples.

Sale of Western Greyhound to people with interests far up-country does little for confidence in the future of public transport, which is so much better for the environment than the private car. Nearly twenty years ago it was realised that St Endellion, and neighbouring parishes like both the St Minvers, were amongst the most isolated in mainland Britain. The criteria were our distance from such facilities as a cinema, railway station, public library and specialist shops. In those last twenty years not one has got nearer!

Last year we felt even more isolated when the sea broke the railway at Dawlish. Recent conversation with someone in authority in FirstGreatWestern (the local Train Operating Company) has suggested that rebuilding the railway from Meldon (near Okehampton) to Tavistock might be more likely than was originally suggested in a report to Network Rail. With Devon's interest in rebuilding the few miles to Tavistock from the present railhead, Bere Alston, an alternative route to Plymouth and Cornwall could exist not too far in the future. A Park-&-Ride at Sourton Cross (near the Little Chef on the A30 just west of Okehampton) could provide the most direct rail connection with regions beyond Exeter. Launceston and Bude, and a lot of North Cornwall, would certainly appreciate it.

One last thought: among the hundred items illustrating our history, would you put one of those pink, orange or blue 'recycling bags'? They've certainly made a difference to our roadsides in the last couple of years! Anyhow, please go on using them; a notice at Lanivet Recycling Depot stated recently that "Last month Cornwall recycled 59%" — how do they measure that? But the point is, we should be recycling 100%, so keep at it, folks ...

Robert Manders

Sikh Workshops

As part of our RE lessons we held 2 workshops in school for the children to learn about Sikhs and their religion.

A lovely lady called Daya came into school and showed us what happens in a temple, what they wear and what they eat.

The children were able to do some role playing which involved dressing up and dancing. On the second day they were able to help make chapatis and taste some authentic Indian cooking.



Everyone found it really interesting and informative and hopes Daya will come back again soon.

Calling All Explorers

Miss Martin and Class 1 are learning all about The Arctic this half term. If anyone has any knowledge or experience of the region that they would like to share with the children please get in touch with Jan at the school. Drop in or call 880494 we'd love to hear from you.



Happy Birthday

in December - Reece 4
in January - Ryley 3
in February - Harvey 3 & Tom 9

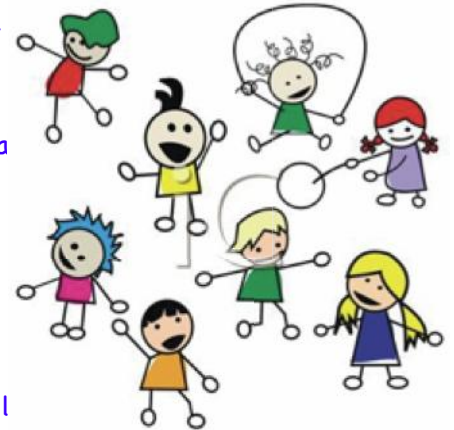
schoolchat



news & views from Port Isaac School

Stay and Play at Port Isaac Nursery

Parents or carers are invited to come along with their pre-nursery children and join in the fun. We will be holding play and stay sessions on Wednesday 11th February and the 11th March from 9.30 to 11am. You and your children can come along at any time during the morning and join in our activities. We have a large outside area with a playhouse, sand pit, boat and mud kitchen, indoor area with a water tray, painting and table top toys and we have snack altogether around 10.15am. We would love to see you there.



Mrs Aldis/Miss McDonnell

Plucky Pirates!

Port Isaac and Boscastle Pirates football team travelled to Otterham recently for a match.

Our team is made up from children in Years 4 5 and 6 but they took on a Year 6 team in blustery conditions. Our team gave it their all but went down 5-0 to the home side.

Better luck next time!

EASTER BINGO

Port Isaac School
Friday 20th March



Doors open 6:00pm

Eyes down 6:30pm

~ Lots of Easter prizes ~ Raffle ~

~ Refreshments provided ~

All welcome

Proceeds to Friends of Port Isaac School



Delicious ... and healthy!

Welcome back, dear readers and to start the year off, a couple of healthy dishes for you to try. First is a easy soup that can be bulked up by adding cooked pasta and/or chicken to make a main meal, also a spoon of pesto will give it a warming lift.

Followed by my take on Bouillabaisse, please note that it is important that once the rouille is added to the sauce not to boil it as it will result in the egg cooking and will leave the sauce grainy, if you don't feel confident doing this you can always leave the rouille out of the sauce and serve it on toasted bread croutons as a garnish!



Potage of winter vegetables with poached duck egg

90g of shallots
90g of carrots
90g of fennel
40g of celery
90g of leek
90g of courgette
90g of broccoli
4 tbsp of rapeseed oil
1l of water
90g of fresh peas
90g of gem lettuce, sliced into strips
20g of spring onions, chopped
100g of cherry plum tomatoes, quartered
4 tbsp of chervil, chopped
2 tsp of tarragon, chopped
4 duck eggs

Cut the shallot, carrot, fennel, celery, leek, courgette and broccoli into approximately 1cm dice. Try and keep them around the same size so they will cook evenly. Ensure you keep them separate from each other

In a saucepan over a low heat, sweat the shallot in the oil. After five minutes add the carrot, fennel and celery and continue to sweat with for five minutes. Do not colour them

Add the water and cook at a gentle simmer for eight minutes or until the vegetables are almost cooked but still a little firm

Add the courgette and broccoli to the soup cooking for about five minutes at a simmer, then add all the other ingredients and reheat

In a wide saucepan, poach the duck eggs for 2 – 3 minutes in boiling water. Carefully drain using a slotted spoon and transfer to your serving bowls. Pour the soup around the egg.

Bouillabaisse, a selection of Cornish fish served with a rouille - a Provençal mayonnaise-style sauce

Bouillabaisse broth

200ml of olive oil
2 bulbs of fennel, roughly chopped
2 red peppers, roughly chopped
10g of Sea salt
20g of tarragon
4g of black pepper, crushed
1kg of fish bones
1kg of plum tomatoes, chopped
30g of tomato paste
2 pinches of saffron
2 lemons, juiced
40g of butter
salt
black pepper

Rouille

3 egg yolks
2g of salt
black pepper
1 lemon, juiced
1 pinch of saffron
1 pinch of cayenne pepper
200ml of olive oil
200ml of vegetable oil
4 garlic cloves

To make the rouille, whisk the egg yolks with the lemon juice, seasoning, saffron and cayenne pepper. Slowly add the oil in a thin stream, whisking continuously. Stir in the garlic. Add a little warm water to thin it down if you need to. Set aside until needed.

To plate

1 plum tomato
200g of salmon fillets, skinned
200g of pollack, skinned
200g of monkfish, skinned
2 mackerel fillets
8 mussels, cleaned
2g of basil leaves, chopped
2g of tarragon, chopped
2g of chives, chopped

Finally, peel (boil the tomato for 10 to 20 seconds until the skin blisters then plunge into cold water to stop the cooking) and seed the tomato and chop the flesh finely to make concasse (diced squares of tomato, it's a French thing)

Cut the salmon, pollack and monkfish into 50g pieces and season lightly with salt and pepper. Cut the mackerel fillets in two.

Heat 500ml of the bouillabaisse broth to a simmer, add 30g of the rouille and whisk well, Do not heat above a simmer as this will split the sauce

Add the monkfish and mussels and poach for 3 minutes. Add the salmon and pollack and cook gently for another 7-8 minutes

Add the mackerel and cook for 2 minutes, then add the chopped herbs and tomato concasse and serve instantly.



I will leave you with a reminder that The St Kew Inn is open 7 days a week all year round, and we look forward to seeing you all soon! Mx

To make the broth, put the olive oil into a large pan over a medium heat. Once hot, add the fennel and cook for 3-4 minutes without colouring it

Add the red peppers, sea salt, tarragon and pepper, and cook for another 2-3 minutes. Add the fish bones and tomatoes, then cover with water to a depth of 2.5cm and bring to a simmer

Skim off any scum, add the tomato paste and saffron and bring back to a simmer. Cook for 1 ½ hours until reduced by approximately one third

Use a stick blender to blend the mix to a smooth sauce. Pour through a fine sieve pressing the solids with a ladle to extract all the liquid. Pour through a fine sieve, this time without pressing

Add the lemon juice then pour into a blender and add the butter. Blend, check the seasoning and pass again through a fine sieve. Chill until needed.

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local info

Doctor's Surgery - 01208 880222

Repeat Prescriptions - 880242

NHS Direct 24-hour Helpline - 0845 4647

Royal Cornwall Hospital (Truro)
- 01872 250000

East Cornwall Hospital (Bodmin)
- 01208 251555

Derriford Hospital (Plymouth) -
08451 558155

Local Dental Helpline - 01872
354375

Police (non-emergency) - 08705
777444

PC Malcolm Taylor - 079680
87667

PCSO Claire Drennan - 0845
6567930

Police Station - 01208 895872

Civil Enforcement Parking Team
- 0300 1234222

Rev Judith Pollinger - 01208
880181

Harbour Master - Byron Buse -
01208 880321

The Slipway

Hotel, Restaurant & Bar

Open from
11am-11pm
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11am-12noon

Coffees, teas, sandwiches, cream teas & home-made cakes

12noon-3pm Lunch

Fish of the day, traditional fish & chips, mussels, crab, salads,
sandwiches, children's menu & much more

3pm-5pm Drinks, coffees & cream teas

6.30pm-9.30pm Dinner

Scallops, crab cakes, local steaks, fish & chips, many fresh fish options
and much more plus home-made desserts
(takeaways also available)

Thursday Steak night

Local rump steak with all the trimmings for £10

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Appointments out of office
hours by arrangement

Trebiffen, Boscastle PL35 0BN

Tel: 01840 250200

Fax: 01840 250900

WHAT'S ON ...

Wednesday January 28th

Doc Martin Fund meeting in the Church Rooms - 7.30pm

Tuesday February 3rd

Port Isaac Chorale Open Evening at the Village Hall - 7.30pm

Friday February 6th

Truro Cathedral Choir at St Endellion Church - 7pm

Saturday February 14th

Endelienta Poetry Group at St Endellion Stone Barn - 12noon

Sunday March 1st

The BIG Run

Organ Recital at St Endellion Church - 3pm

Friday March 20th

Misbehavin' Jazz Quartet at St Endellion Church - 7.30pm

Saturday April 4th - Sunday April 12th

St Endellion Easter Music Festival

Wood Engraving Exhibition in St Endellion Church Hall

Tuesday April 7th

Village Hall Easter Bingo in the Hall - eyes down 7.30pm

Thursday April 23rd

Concert with Birmingham Symphony Orchestra Strings at St Endellion Church - 7.30pm

Saturday April 25th

Poetry Workshop at St Endellion Stone Barn - 10am-3pm

Saturday May 16th

Quiet Day at St Endellion Church - 10am-3pm

Saturday May 23rd

Music Workshop at St Endellion Church - 10am-3pm

Saturday August 8th

The BIG Swim

Sunday August 16th

Port Isaac RNLI Lifeboat Larks

POST OFFICE HOURS

The Post Office service is open in The Church Rooms on Monday from 9.30am -1.30pm and on Friday from 10am-2pm

NOTE

February 2nd & 6th ONLY
9.30am - 12.30pm

Trio Copy Dates 2015

MONTH	COPY DATE	PUBLICATION DATE
March	Sunday February 22nd	Sunday March 1st
April	Wednesday March 25th	Wednesday April 1st
May	Friday April 24th	Friday May 1st
June	Monday May 25th	Monday June 1st
July	Wednesday June 24th	Wednesday July 1st
August	Saturday July 25th	Saturday August 1st
September	Tuesday August 25th	Tuesday September 1st
October	Thursday September 24th	Thursday October 1st
November	Sunday October 25th	Sunday November 1st
December	Wednesday December 2nd	Wednesday December 9th

Regular Events

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the Village Hall. Contact Laura on 881089 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

First Sunday in the month - Morning Worship at 9.30am

Second and Fourth Sunday in the month (and if there are five Sundays) - Sung Eucharist at 9.30am

Every third Sunday - Morning Praise at 9.30am

St Endellion Church - Every Sunday at 11am

Trelights Methodist Church - Sunday Service at 6pm

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905