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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.



Come along and sing!

We need lots of voices to join us for the Port Isaac Lyngham version of 'While Shepherds watched their flocks by night'

### Saturday June 13th at 12noon in St Peter's Church

A professionally recorded and produced CD of all the old Port Isaac carols will be made with 1000 copies ready for sale in the summer so that we can fulfil our pledge to give the proceeds to Port Isaac School to fund music and arts projects

> all made possible by THE DOC MARTIN FUND

## Filming for Doc Martin VI

At the time of going to press the forthcoming filming dates in the village are: Friday May 1st (0800-1900), Roscarock Hill and then Fore Street

Tuesday May 5th (1700-1900), Port Gaverne opposite beach

Tuesday May 12th (0800-1900), Roscarrock Hill then Squeeze Belly Alley

Wednesday May 13th (0800-1900), Slipway/Beach/Church Hill/Fish Cellars/Fudge Shop

Thursday May 14th (0800-1900), Fudge Shop

Monday May 18th (0800-1900), Old School/Roscarrock Hill/Old School/Port Gaverne

Tuesday May 19th (0800-1900), Port Gaverne Beach House and the Beach

Wednesday May 20th (0800-1900), Port Gaverne Beach House and the Beach

Thursday May 21st ((0800-1500), Dolphin Street

Friday May 22nd (0730-1830), Port Gaverne/Fudge Shop/Roscarrock Hill/Halwyn House

Friday May 29th (0730-1830), Port Gaverne/Port Quin

Monday June 1st (0800-1900), Roscarrock Hill/Lobber

Monday June 8th (1400-1900), Old School

These dates are subject to change.

If you need to know any more contact either Johnny Bamford on 07770 915481 or Monty Till on 07877 605330







the official opening of our new exhibition

## Port Isaac remembers WWII

and the launch of the second PISCES cookery book A SECOND HELPING OF PORT ISAAC

come along and join us for an evening of commemoration and celebration with special guests

Dame Eileen Atkins and Ian McNeice

Gulls will be singing songs from the 1940s

plus we'll be serving some of the recipes from the new cookery book

#### Last year PISCES welcomed visitors from ...

Alaska, Atlanta (Georgia), Boston MA, Costa Rica, Denmark, Germany, Japan, Kenya, Melbourne and Perth (Australia), Mexico, Moose Jaw (Saskatchewan), Nepal, Ontario (Canada), Poland, San Francisco, Seattle, The Gambia, Vienna (Austria) and Williamsburg (USA)



## Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon

This is what we are up to in the coming months:

May 5th - Model Making
May 12th - Painting Models
May 19th - Strawberry Farm Visit
May 26th - Making Hats & Crowns
June 2nd - Hand painting
June 9th - Outing to Springfields
June 16th - Making Father's Day Cards
June 23rd - Music
June 30th - Making Wind Socks
July 7th - Making Pizza

July 14th - Visit to Port Isaac Beach
July 21st - Tedd Bears Picnic
July 28th - Sports Day at the Playing Field

August 4th, 11th, 18th - Carnival arranging

If you want to know more contact either Bonnie on 01208 880946 or Cherry on 07900 527610

## WANTED

A ROOM TO HOUSE THE VILLAGE POST OFFICE SERVICE FOR TWO HALF DAYS A WEEK



The Post Office is very anxious to find new premises for the much-missed Post Office service. For ease of access they hope to find somewhere at the top of the village. To be suitable a room must have space for a desk and chair and a lockable cupboard is also needed for security. The Post Office will provide a telephone line and broadband.

If you think you can help please or want more information email

portisaac@btinternet.com

## Village Hall news

A very positive AGM was held on April 21st and, for the first time ever, the income from Hall hire practically covers all the Hall day-to-day outgoings (heating, electricity, water, maintenance etc) which means that all the money raised from fundraising and the bar can go towards Hall improvements - and Hall improvements are very much on the agenda for the next few years. With the help of Cornwall Rural Community Charity we have already obtained a small lottery grant to help us source the funds needed to improve the Hall and build the long-planned new side extension to the Hall to house a new kitchen, baby changing facilities and disabled toilets. Why disabled toilets you may ask, when it is so difficult for the disabled, old and very young to get into the Hall - well, we are returning to the option of an outdoor lift. Much research has been done and it is possible that an outdoor platform lift might be the answer - people, wheelchairs, prams, pushchairs can all use it. So the next step is to find out how the planners and conservation departments might view this.

One of the most important things we need to progress our applications for funding are your views and suggestions for the Hall improvements; the plans are on display in the Hall and you will have an opportunity to come along to a special event at the Hall on Thursday June 4th - see page? We hope to see you there.

In the meantime, if you want to know more or speak to anyone about the Hall the whole committee was re-elected at the AGM and we are all doing the same jobs.



Andy (Penny) - Chairman, Martyn (Dingle) - Vice Chairman, Dee (Littlechild) - Treasurer & Secretary, Julia (Routledge) - Bookings and committee members - Annie Philp, Mark Routledge, Roy Speakman and Cheryl Webster.

So, watch, this space and, hopefully over the coming months, we might have some good news.



at YOUR Village Hall
7.30pm Bank Holiday Monday May 25th
An Evening with Johnny Cowling

raising funds for improving the Hall TICKETS £6 each from Secrets (880862)

## FOURTHWALL THEATRE

2015 TOUR John Buchan's

#### THE 39 STEPS



**Fourthwall** are thrilled to announce they are celebrating their 10th birthday with this challenging production of the brilliant **The 39 Steps!** Touring the West country from July, they are delighted to be returning to some of their favourite towns and villages including North Cornwall's gem **Port Isaac** on Thursday August 6th. They were last here in 2011 when the audience were taken on an irreverent and hilariously entertaining journey in Graham Greene's **Travels With My Aunt** ... expect more fun and mayhem in **The 39 Steps!** This version is based on John Buchan's ground-breaking 1915 novel, Alfred Hitchcock's iconic 1935 movie and Nobby Dimon & Simon Corble's ludicrous idea of doing the whole thing with just a handful of actors!

The 39 Steps is at Port Isaac Village Hall on Thursday August 6th at 7.30pm. Tickets: £9.50 (full), £8 (conc) available from Secrets. Port Isaac or call 01208 880905. More info and further dates at www.fourthwall.co.uk or 078 999 53091

www.portisaacvillagehall.co.uk

#### Websites of the Month

Returning once again to the issue of climate change, there is another significant meeting at the end of November this year in Paris, that has the objective of achieving a legally binding and universal agreement on climate, from all the nations of the world and you can read all about it here http://en.wikipedia.org/wiki/2015\_United\_Nations\_Climate\_Change\_Conference

So how are we doing on the climate change front? A few websites can give us a useful update, but to kick of I thought a couple of quotes to illustrate this isn't a party political issue – coming up to an election need to make that clear.

Two great leaders, some 25 years apart said the following:

Margaret Thatcher 6th November 1990 speech to the Royal Society.

"But the threat to our world comes not only from tyrants and their tanks. It can be more insidious though less visible. The danger of global warming is as yet unseen, but real enough for us to make changes and sacrifices, so that we do not live at the expense of future generations.

Our ability to come together to stop or limit damage to the world's environment will be perhaps the greatest test of how far we can act as a world community. No-one should under-estimate the imagination that will be required, nor the scientific effort, nor the unprecedented co-operation we shall have to show. We shall need statesmanship of a rare order. It's because we know that, that we are here today."

Barak Obama 22nd April 2015 Earth Day.

"Today, there's no greater threat to our planet than climate change.... Climate change can no longer be denied, or ignored....This is an issue that's bigger and longer-lasting than my presidency....This is the only planet we've got. And years from now, I want to be able to look our children and grandchildren in the eye and tell them that we did everything we could to protect it."

In the intervening period the research work that has been undertaken has clarified many of the uncertainties and the Royal Society, mentioned above, has issued a position paper that makes clear its view that climate change is with us today and in full swing (watch climate change in 60 seconds here https://royalsociety.org/policy/projects/climate-evidence-causes/)

A useful website to understand why people find it hard to make sense of the situation can be found on the Merchants of Doubt site http://www.merchantsofdoubt.org . This is coming out as a film based on a book by the same name. It tells a sad tale of how it is sometimes difficult to tell truth from fiction as lobby groups are very effective at obscuring it — indeed as one tobacco company put it 'doubt is our product'.

So how are we, in fact, doing? Well, 2014 ranks as Earth's warmest since 1880, according to two separate analyses by NASA and National Oceanic and Atmospheric Administration (NOAA) scientists. And the 10 warmest years in the instrumental record, with the exception of 1998, have now occurred since 2000 (see http://www.nasa.gov/press/2015/january/nasa-determines-2014-warmest-year-in-modern-record ).

The Daily Mail has also got a good summary about the past few months (http://www.dailymail.co.uk/sciencetech/article-3043852/The-globes-record-heat-keeps-broiling-year.html) showing that this March was the hottest again globally, since 1880.

One of the ways scientists account for this warming effect is the concentrations of greenhouse gases in the upper atmosphere. A good place to look is the website http://www.esrl.noaa.gov/gmd/ccgg/trends/ where they report the results of recording atmospheric CO2 over the years at Mauna Loa in Hawaii. As you can see from the picture, despite all the talk, very expensive meetings etc, CO2 shows no signs of slowing down and is now over the 400ppm mark.

As the climate warms generally, one prediction was that the northern polar regions would change faster, and this has turned out to be the case. A good website to learn about what is happening in Greenland is http://www.truth-out.org/news/item/29462-greenland-reels-climate-disrupting-feedbacks-have-begun that discusses the effect of positive feedback loops — when warming produces changes that make warming happen faster. Here, melting ice (very reflective) exposes water (that absorbs heat) making melting happen quicker.

Basically there is not much good news in all this, so let's hope the great and good are also wise and do something useful at their big gathering in November.

Tony Wainwright

# Port Isaac & District Neighbourhood Watch

Recently several thefts of heating oil have been reported to the Police. This seems very strange as the price of oil has gone down recently. Both thefts were from houses of local residents. If you are to be away from your home for any length of time please let someone know if they notice anything unusual they can report it directly to Wadebridge Police Station on 01208 895872.

In recent years there has been little major crime in the area and therefore, like Sleeping Beauty in the fairytale, the group has been in the background, not sleeping but having little cause for action.

Recently our Neighbourhood Beat Policeman, Malcolm Taylor retired and we now in the capable hands of Police Community Support Officer, Claire Drennan who is based at Wadebridge Police Station.

With the hot weather there is a great temptation to leave windows open when leaving home. Please be aware that we have a lot of visitors at this time of year and as there have already been thefts prior to the increase of visitors, please do not make crime easy for anyone.

If anyone is interested we have no co-ordinators for the following roads:

Silvershell Fore Street Tintagel Terrace The Terrace Mayfield Road Hilson Close

If you are interested to get involved, please contact me on 880969. I will publish a list of all the co-ordinators in next month's *Trio*.

Pat Pearson Neighbourhood Watch Co-ordinator



## FOOD FOR THOUGHT

No boring meeting here - we will feed you and entertain the children - and even better, IT'S ALL FREE!



Everyone who gives their views gets a FREE DUCK ENTRY in the 'CRCC DUCK RACE' on Raft Race Day!

Port Isaac Village Hall Thursday lun

Thursday June 4th 3.30pm onwards

YOUR chance to see and give YOUR views and suggestions on:

- the plans for the proposed disabled access and new side extension at the Village Hall
- the plans for the new Playing Field
- Our Neighbourhood Development Plan

The Village Hall
Committee, the Playing
Field Committee and the
Parish Council are all
working with CRCC
(Cornwall Rural
Community Charity) to
obtain grant funding for
their projects - to make
this possible we need

**YOUR VIEWS** 

3.30pm onwards -Children's Entertainer& Afternoon Tea

"Making Port Isaac a better

6pm onwards



plus the Village Hall Bar will be open (not free!)

PLACE TO Live"



CARNIVAL FUN ON THE PLATT Sunday May 24th



July 26th - Raft Race at Port Gaverne Beach

August 22nd - Carnival and Family Fun Day Picnic in the Park, VW Show, Games and Fun for all the family, Burgers, Cream teas. Carnival Parade at 6pm - after Carnival party in Village Hall

RAISING MONEY FOR PORT ISAAC CARNIVAL



## Carnival Royalty

be a Prince or Princess in Port Isaac Carnival

open to children of the Parish under 11 -

## The Carnival Royalty Draw

To enter the Draw
ask your Mum or Dad to
please phone
Kim on 880924
or Private Message the
Port Isaac Carnival Page
on Facebook
Entries must be in by
May 14th 2015



#### **CREW NEWS**

Damien Bolton, Senior Helmsman and Training Officer, reports ...

Within the last week Port Isaac Lifeboat has attended three shouts:

The first to reports of an adult male cut off by the tide at Hull Beach. Crew was assembled and stood off as support whilst the Coastguard talked the man up the Cliff and into safety. This was a great team effort which saw George Cleave bag his first service, so congratulations George.

Our second shout was in response to a report of a dog over the cliffs, surviving a 50 foot drop, at the Headland Sewers location. On arrival at the scene we met two local lads who had managed to swim out and land the dog on a rocky ledge. We loaded all three into the lifeboat and returned to land at Port Gaverne Beach where they met by some very relieved and happy owners.

Finally the third call, in lively sea conditions, was to two males cut off by the tide at Boscastle harbour. After a bumpy ride up we arrived on scene and gained visual on the casualty. We then carried out a quick rock landing and returned the casualty safe and well to the inner Harbour where Boscastle Coastquards were waiting.

On the exercise front, a group exercise on April 29th will have taken place by the time you read this, a capsized boat exercise in the harbour on the evening of May 6th and a Helicopter exercise booked in for Sunday May 10th between 10.45-11.45 hrs. So keep your eyes peeled in the Bay. Any photos taken would be greatly received. Send to reb37@btinternet.com





It was good to have the opportunity to welcome David Castle's close friend, Sylvia Ramsden from the RNLI support group out in Fuerteventura, to the Station and to accept on behalf of our crew the handsome cheque she came armed with - earmarked for the upgrading of our personal safety equipment, essential to making our calls to sea service as safe as possible. We wish to say a big thank you to our friends out in the Canary Islands and to the Memory of David Castle for this highly valued ongoing support.

#### DIARY DATE

Join our Crew and Committee for the

#### Annual Summer Sea Service on the Platt

#### SUNDAY JUNE 14th

commencing at 12noon

St Minver Silver Band & The Port Isaac Chorale

## SERVICE OF CELEBRATION AND BLESSING OF OUR LIFEBOAT AND CREW

founded in 1868, this is the 48th year since updating to a D Class Lifeboat Station

followed by CREAM TEAS
DOOM BAR courtesy of Sharp's Brewery
PIMMS AND REFRESMENTS
in the Station
INCLUDING SALES OF EXCLUSIVE
PORT ISAAC RNLI MERCHANDISE

MORE RNLI NEWS ON THE NEXT PAGE

## **Trelights Methodist Church**

## Sankey Evening

Tuesday May 19th - 7.30pm

An evening of Fellowship and Praise singing favourite old hymns followed by supper in the Schoolroom

We look forward to seeing old friends and new Welcome to all

proceeds for Chapel Funds

## WWII Variety concert success

The recent two-night concert in Wadebridge's Betjeman Centre was a huge success and raised £1475 to be shared between Cancer Research UK and the Betjeman Centre.

The audience were entertained to a highly professional variety of songs and sketches; that made them laugh and also brought a tear to the eye. Port Isaac's Gulls were part of the line up, once again taking on the role of Land Gulls for the night!

#### RNLI NEWS CONTINUED FROM THE PREVIOUS PAGE



When Port Isaac RNLI'slLongest serving Lifeboat man (45 years), Hon President David Castle passed away at his home in Fuerteventura last year, his dedicated RNLI friends in the Canary Islands continued fundraising efforts in his memory with the express aim of continuing their support of Port Isaac RNLI crew operations. The final outcome of their efforts resulted in a cheque for £1,060 being presented by one of their number, Sylvia Ramsden, to our Crew, seen here with members of the Committee following a recent training exercise.

This specific donation is to be used to help improve all personal safety equipment worn by the crew during exercises and services, thus making time spent at sea as safe as possible and continuing David`s lasting legacy to Port Isaac RNLI.

Bob Bulgin, Chairman



This unique painting of David Castle was carried out by his close friend and Port Isaac supporter, April Netzel who now lives and paints in a beautiful village set into the mountains of Fuerteventura. April, born in Beverley in the East Riding of Yorkshire, holds the "Carne de Artists", an honour awarded to artist of all nationalities by the governing body of the island.

In this evocative portrait she has captured the driving interests in David's life from the Coastguard logo hat, the D Class Lifeboat in action, music covering his amazing ability as a pianist and of course the special place he has always held dear to his heart Port Isaac and the RNLI.

April says "It was a great honour to have the opportunity to paint David; we had great fun, he and I, in capturing his whimsical smile and twinkling eyes just right. We spoke of many things and in fact still do! His painting hangs on the wall over his beloved piano, which I now own and play every day with great pleasure. David Castle was a very special man. we all miss him very much."

Today a special fine art reproduction of this portrait of a Port Isaac Lifeboatman, donated by his friends in Fuerteventura, can be found hanging in a place of honour overlooking the operational chart table within the Lifeboat Station Crew Room.



www.stendellionpc.com

**Planning:** The following applications were received and Members made the following responses to Cornwall Council:

- PA15/01505, Penti Ros, Trefreock, Port Isaac proposed garden room. Members unanimously recommend APPROVAL.
- 2. PA15/01634, The Co-operative Food, New Road, Port Isaac advert consent:
  - Sign 1 aluminium fascia with acrylic The Co-operative Food text with vinyl face and back up acrylic Opening Hours text with vinyl face. Internally illuminated.
  - Sign 2 aluminium projection sign with acrylic The Co-operative Food text with vinyl face. Internally illuminated.
  - iii. Sign 3 aluminium fascia with acrylic The Co-operative Food text with vinyl face. Internally illuminated.

Members unanimously recommend APPROVAL.

- PA15/01971, The Old Fish Store, Trewetha Lane, Port Isaac change of use from store to two bedroom dwelling. Members SUPPORTED this application.
- 4. PA15/02083, Trewetha Cottage, B3267 between Trewetha Lane and Pendoggett Road, Port Isaac – double sided extension to front, side and rear of property. Members unanimously recommend APPROVAL and recommended a condition be imposed for an extra parking space in excess of the current provision, given the accommodation will afford another bedroom.

#### Planning Decision Approved by CC – for information only

1. PA15/00798, Land South of Quin Cottage, Port Quin – the sign proposed is a Welcome and Orientation sign which is a timber mounted flat panel sign.

#### Planning Applications Refused by CC – information only.

- PA14/11484, 5 Trewetha Lane, Port Isaac proposed demolition of existing dwelling and construction of replacement dwelling.
- 2. PA14/05722, Land East of Port Gaverne Beach demolition of existing structure; creation of single family dwelling with associated landscaping and parking.

#### Planning Applications Withdrawn – information only.

 PA15/02812, Harbour Heights, Rose Hill, Port Isaac – proposed retention of access track installed during construction of annexed accommodation with sudspave 40 cellular paving with grass infill.

#### Enforcement Cases -

- 1. EN14/01916, Harbour Heights, Rose Hill, Port Isaac alleged non-compliance with approved plans. New access track and parking space created. A planning application had been submitted for the permanent access and subsequently withdrawn. It was confirmed to Members that the reason the application had been withdrawn was that the owner wanted to add a footpath from Rose Hill to the planned driveway.
  - 2. PA13/04287, Treswarrow Solar Farm continued breaking of planning condition relating to hours when work is permitted.

**New Road WCs** - The contract to purchase the building has been finalised and the keys are due to be picked up on Wednesday, 22nd April 2014. The contract

to clean the WCs has been awarded to Cormac Solutions Ltd., at a very competitive price.

Plans will now be drawn up to utilise part of the building for storage and retail space. This is a long-term project, but an approach has been made to Camelford Post Office (who ran the postal facility in Port Isaac) to see if they would be interested in occupying some of the space.

The Main Car Park Extension - The contract to extend the car park has been awarded to Terry Harris & Sons at a cost of £21,354. Work will commence shortly and it is hoped it will be finished by June.

Various local suppliers have been invited to quote for the provision of trees and shrubs to screen the car park. It is too late in the season to plant this year, but will be actioned in 2016.

Neighbourhood Planning - CRCC have been asked to arrange a meeting of representatives from the Village Hall, Playground Committee, Carnival Committee and the Doc Martin Fund, in order to get any input for the Neighbourhood Plan. Proposed date is 20th May 2015.

**Grants -** Members made a grant of £500 to St Endellion Parochial Church Council towards the maintenance of the churchyard.

Contracts - A number of contracts had been awarded to A1 Tree Surgery to maintain various council-owned / managed properties in the parish, including the new section of the cemetery, the playing field, the car park, the grass verges and public rights of way.

This is the second year the contract has been awarded to A1 and we look forward to working with them again this year.

#### **Highways**

A site meeting was held with Mr Neil Grigg, Highways on the 24th March 2015 to consider several highway related matters. Members would welcome the views of residents on these proposals, in particular the suggestion to make Tintagel Terrace one-way to traffic.

 Yellow Lines – all additional lines that were on our plan including repositioning of signs

continued overleaf

#### Anita Bunt

Eileen and the family of the late Anita, of Port Isaac, would like to sincerely thank all those who sent cards and messages of sympathy, attended the funeral service, sent flowers or gave donations for the British Heart Foundation.

A special thanks to Prebendary
Judith Pollinger for the lovely
service, to the chosen bearers,
The Old School Hotel for their
hospitality, to Port Isaac
Surgery and Hartley Home Care
for the love and care shown to
Mum and to R J Bray & Son,
Funeral Directors, for their
guidance throughout this
difficult time.

The Merlin MS Centre
& St Teath Church Invite you to a
Gospel Concert and Pasty supper
with Johnny Cowling
St Teath Church
Sunday May 31st at 7-30
Tickets £10.
To book a pasty please contact
Lorraine on 01208 850650

Parish Council continued from previous page

for the start and end of parking zones were discussed. Mr Grigg explained our proposals would be put forward and be subject to public consultation. If all was agreed it would take approximately 18 months to complete.

- Tintagel Terrace suggestion has been made to make it one way to traffic.
- Variable Speed Limit the variable speed limit was suggested for the main road through St Endellion to Wadebridge.

Gillian Thompson
Parish Clerk / RFO
Email: stendellionpc@gmail.com



Only a fortnight until the General Election as I write, and today the Prime Minister is in Cornwall (again!), so the contest is really hotting up. Remember to exercise your hard-won democratic right, and **VOTE**. Remember that, in Port Isaac, the Polling Station is at Bray's (near the Co-op on New Road), and not at the Church Rooms by Hicks' Corner.

We hope that each candidate in the election will consider the environment, have a policy regarding its conservation, and be prepared to answer questions on it. Only one national party denies both the existence of global warming, and the responsibility of our species for it. The evidence is overwhelming, atmospheric temperature <u>is</u> increasing, and extreme (once in 100 years) weather events <u>are</u> becoming more frequent. Sea-level <u>will</u> gradually increase, and coastal communities need to know just how much of their area can be safeguarded in the foreseeable future. At a local level, our Neighbourhood Development Plan must encourage energy efficiency and renewable energy generation, while minimising resource consumption.

Cornwall now has 468 MW of renewable electricity (solar photovoltaic panels, wind-turbines, etc.) and heat generation (solar hot-water, air- and ground-source heat-pumps, geothermal, etc.) installed, with another 384 MW having planning permission, and 29 MW going through the planning system. [1 MW or MegaWatt is a million Watts, equivalent to more than three hundred thousand 3 kW electric fires] Cornwall's draft Local Plan states that "Particular support will be given to renewable and low-carbon energy developments that are led by, or meet the needs of, local communities." It will be interesting to see how far each candidate will support that.

On a lighter note, there were many more practical suggestions in the Churches' leaflet for Lent, concerning reducing carbon emissions and diminishing the use of water. For example, it is worth avoiding, as far as possible, foods which contain "virtual water" — those which need large quantities of water in their production, often in water-poor regions abroad. Agriculture accounts for 70% of all freshwater use globally, and the UK relies heavily on imports of agricultural products, and so is a major net importer of "virtual water". One could be looking for other types of Fairtrade products from the same country, in order to support their development.

A difficult one locally was "If you are travelling by car, think about your speed and the energy you could save — driving at 70mph rather than 50mph uses 15% more fuel." There are not many places where you could reach 70, but the real point is to drive smoothly, accelerate gently, and read the road ahead to avoid unnecessary braking. You could turn off electrical items (especially the maddening satnav!) when not needed, and open a window rather than put the heating or air-conditioning on (as long as it's not raining or too hot, of course).

An easier one was to stop using bottled water — it is energy and transport intensive. Some 200 million plastic water bottles are consumed worldwide every year, about 31 bottles for every person on the planet. Our water supply is good, so filling a refillable bottle makes sense, <u>and</u> saves money, time and energy. If you're going on a trip, take a vacuum flask full of a hot drink; many cafés will refill it for you when it's empty, and that saves yet one more expanded polystyrene takeaway cup!

Finally, take a walk to look at our local streams and rivers, using Robin Penna's booklet wherever possible.

For example: walk west along the Coastpath (F.P. no.33) over Lobber Point to Pinehaven, then up the stream to the footbridge, and return left up the hill to Washing Pool Lane (F.P.no.39), Homer Park, and down Roscarrock Hill to The Platt. Alternatively, walk east along the Coastpath to Port Gaverne, then up the valley (F.Ps.no.2, then no. 4 and no.6 to the Parish Boundary, and finally St Kew Parish F.P.no.13) to Pendoggett. Not for the fainthearted, especially if it's been wet, and there's no simple alternative to returning the same way.

If you can use the bus, the shores of the Camel Estuary, and the Camel Trail beckon, but there's plenty to see nearer home. Happy walking, wherever you go.

Robert Manders

#### Can You Help?

Our Wild Tribe sessions are starting again this half term so if you are gardening and trimming trees or bushes please can we have any twigs and branches?

Just drop them in to school.



#### Multi Skills Tournament

A group of eight children from Class 2 went to Camelford school to take part in an exciting PE based tournament involving 13 teams from different schools. The children had to show their skills at balancing, throwing, dribbling and running in twelve different activities.



Our team finished in second place so a big Well Done to them!

# schoolchat Post School School

## Our Easter Diaries

Here are some excerpts from Diary entries that Class 2 wrote on the first day back in school after the Easter holidays:

"Today I went to Falmouth with my Dad to visit my Nan. We left Port Isaac at about 2.30pm and arrived at about 3.30pm.

I told my Nan what I wanted for my birthday which was a paddle board and I told her how much money it cost and she looked shocked!"

by Tamara

"Today we went to the Seal Sanctuary. The car journey was hot. We went to the seals first and then the penguins where we saw two but there should have been four. We bought massive tubes of Slush and I drank all of mine."

by Kailyn

"I went to Roughtor with my Mum, Dad, sister and Milly the dog. When we got there I put on my wellies and so did my Dad. We climbed up and found some big rocks to sit on."

by Charlie

"Around the holidays I've been playing football and on rainy days I play on my tablet. When I play football I never play on my own. I play with Thomas or my Dad. Our new football arrived on Tuesday and on Wednesday my Dad and I went over to the park to try it out."

by Jake

"Dear Diary, This holiday has been the best and the best bit was buying a new, red, make fishing kayak called Dave. I've taken her out five times although one of the times was in the pool, so that doesn't count!

The second best things are seeing my cousins from Bristol and going in the sea for the first time this year."

by Bob

#### Incredible Invaders!

Class 2 travelled to The Hall for Cornwall to watch a very exciting production from the Horrible Histories team.

We travelled with Mavis an ancient Briton through history and found out what it was like when the Romans, Saxons and then the Vikings invaded our country. With the help of fantastic 3D special effects history was brought to life. There were plenty of ooohs and aaaahs and laughter and even a bit of singing to make the performance hugely enjoyable.

#### **Church Diary Dates**

#### **Friday May 1st**

7.30pm - International Male Voice Choirs, St Endellion Church

#### **Sunday May 3rd**

9.30am - Morning Worship, St Peter's Church, Port Isaac 11.30am - Morning Worship, St Endellion Church

#### **Tuesday May 5th**

6pm - PCC meeting, St Peter's Church, Port Isaac

#### **Wednesday May 6th**

7.30pm - Healing Eucharist, St Minver Church

#### **Sunday May 10th**

9.30am - Sung Eucharist, St Peter's Church, Port Isaac 11am - Sung Eucharist &

6pm - Taize Service, St Endellion Church

3pm - Concert, St Kew Church

#### **Tuesday May 12th**

7.30pm - Archdeacons' Visitation, St Petroc's Church, Bodmin

#### Thursday May 14th (Ascension Day)

9.15am - Eucharist for Ascension Day, St Endellion Church, followed by breakfast at Trevathan

#### **Sunday May 17th**

9.30am - Morning Praise, St Peter's Church, Port Isaac 11am - Sung Eucharist, St Endellion Church

#### Tuesday May 19th – Friday May 22nd

Annual Cluster retreat, Treworra Barton, Davidstow. Details & Booking Judith - 01208 880181

#### Saturday May 23rd

10am–3pm - Music Workshop, St Endellion Church (Helen Porter). Book with Sue Foster 880008

#### **Sunday May 25th**

9.30am - Sung Eucharist, St Peter's Church, Port Isaac 11am - Sung Eucharist, St Endellion Church

#### **Thursday May 28th**

8pm - Julian Meeting for Meditation, St Endellion Church

#### **Saturday August 15th**

10am-3pm - Quiet Day, St Endellion Church

#### Saturday June 13th

10am-3pm - Study Day - Thomas Merton - St Endellion Church



Hello, my name is Elizabeth Wild and I am delighted to be coming to North Cornwall as Priest-in-Charge of the Cluster with leadership for Spirituality and the Arts! I am married to Michael and we have three daughters living at home: Avila (14); Maggie (13); and Hildegard (11). My eldest daughter, Lucy, is married to Dan and lives in Chester. Oh, and we also have five cats!

As a priest, I am passionate about connecting people with God, and seeing faith make a difference in the whole of our lives and the wider community. I really enjoy the interplay between spirituality and creativity of all kinds and am excited about working with such a big team of people in all of the churches as well as Endelienta and the St Endellion Festivals Trust. I very much look forward to meeting everyone properly and will be holding you all in my prayers as we prepare to move in July.

Wishing you joy and peace,

Elizabeth, Michael and the girls

#### **Dementia Action Day**

On June 20th, *Churches Together in Cornwall* are creating a Dementia Action Day in Truro Cathedral and Truro Methodist Church. If dementia has ever touched your life or if you fear that it may one day, this could be a very interesting and we hope enjoyable day out for you.

None of us can avoid reading the statistics. The firm prediction is that in five years time the number of people who have dementia will have doubled; just recently a boy of eleven has been diagnosed with the disease. So there is a high probability dementia will almost inevitably touch your family.

Trevor Adams, the head of a charity called "Liveability", is the key speaker. He will bring us a professional and experienced approach. In so doing he will encourage us to see, as members of the churches we attend and the communities in which we live, how we can help to make the experience of living with dementia a more positive one.

Belinda Lazenby, a professional script writer who has had close contact in her family with dementia, has written five short sketches to be performed during the morning to get us thinking and questioning. There will be a "Market Place" in the Methodist Church over lunch time where relevant organisations and charities will set up their stalls. Pasties and drinks will be provided on the day.

Hope to see you there!

ST PETER'S CHURCH

**FLOWER FESTIVAL** 



## FRIDAY JULY 3rd -SUNDAY JULY 5th 2015

This three-day event is being organised as a fundraiser to help keep St Peter's Church open. Full details of what's happening will be in next month's Trio but we can confirm that there will be a

flower auction late on the Sunday afternoon just before the festival closes.



Refreshments will be sold every day so any offers of homemade cakes would be lovely as would any offers of help over the three days.

If you would like to put in a display or help in any way please contact any of us or call Dee on 01208 880862 or email dee54@mac.com



Barbara, Cheryl, Dee, Liz & Marion

#### Concerts at St Endellion and St Kew

Following a feast of concerts in April with the St Endellion Easter Festival followed shortly after by a visit from the Bournemouth Symphony Orchestra's string section, May has a variety of music events to follow:

#### **CIMF Regional Gala Concert,** Friday 1 May, 7.30pm, St Endellion Church

St Endellion is a venue for one of the regional concerts of the Cornwall International Male Voice Choral Festival. Four of the choirs participating in the festival: Imerey's Mid Cornwall MVC, Sussex Gruffs, Worcester MVC and Chor Musica from Canada will perform at St Endellion.

Tickets are available from The Hall for Cornwall Box Office.

Tickets, £10 (free to accompanied under-16s) available by telephone 07787 944935, email tickets@endelienta.org.uk or

#### The Zoltan Ensemble Sunday 10 May, 3pm, St Kew Church

For the first Endelienta concert of the summer season we welcome back the Zoltan Ensemble for an afternoon concert at St Kew. The highly talented professional musicians, Lowri Porter(violin), Laura Kernohan(violin), Nancy Johnson(viola) and Roz Gladstone ('cello) will perform a programme of string quartets featuring Schubert's Rosamunde Quartet. Baritone Rob O'Connell joins them to perform works including Barber's Dover Beach.

call in at the Wadebridge Bookshop.



The Atlantic String Orchestra and the young musicians of the Triggshire Strings, under the excellent direction of Barbara Degener, will give a concert in St Endellion Church on Saturday 16 May at 7.30 pm.

From Bach's Brandenburg Concerto No. 5 from the orchestra to songs of Celtic and Caribbean background from the younger musicians; Entrance is free, donations welcome.

#### Singing Workshop with Helen Porter Saturday, 23 May from 10am to 3pm, St Endellion Church

Helen's popular workshops help people discover and develop their singing voices beyond expectation. Working with exercises and miniature songs composed by Helen, the day is enjoyable for singers at any level. If you are a complete beginner, sing in a choir or want to brush up on your knowledge of vocal technique, don't miss this opportunity for a day with one of the best vocal coaches in the South West. Recently Helen was musical director and vocal coach on a National Theatre production. You may have heard her sing at St Endellion in March with her band Misbehavin'

The cost for the workshop is £15 and numbers will be limited, email tickets@endelienta.org.uk reserve a place.

## **News from the Port Isaac Chorale**

This month's rehearsals seem to have a decidedly watery theme to them.....
The Water of Tyne is an expressive

English folk song, chosen and recorded by Sting no less and one which the choir loves to sing. As the ferry crosses from one side of the Tyne to the other in true Orpheus/ Hades style, the search for love continues. Equally, I Drew My Ship, a Northumbrian folk song recorded by the likes of Eliza Carthy and June Tabor, also tells of love that doesn't work out quite like it is supposed to...

Better times ahead though with a truly beautiful piece written by Edward Elgar and arranged by John Pointer. The Snow known as a Part Song, was written in 1894 and has an intriguing connection with Cornwall. Written during the happiest period of Elgar's married life, the words from this song are written by his wife. C Alice Elgar had been writing poems before she became acquainted with Edward, most notably she wrote 'Isabel Trevithoe', a love story based in Cornwall and this provided the

Tuesday 12 May

#### Coastal Challenge Series at Pentire Head, Polzeath.

We're celebrating our amazing coastline this year by going out for a run on some of the best bits.

Whether you're a seasoned trail runner or someone who last saw their trainers down the back of the sofa, we want you to join us. We're



Booking essential: 01208 863821 or tom.sparkes@nationaltrust.org.uk

Saturday 23 May

#### **Sun and Stars at Carnewas** (near Bedruthan Steps).

Join Kernow Astronomers and National Trust rangers for some sun and stargazing at this stunning cliff top location, recently awarded Dark Skies status. As the sun, our nearest star, sets slowly we may see sunspots and solar flares on its surface with a special solar scope. The moon will follow closely behind, have a look at the craters and mountains through telescopes and see thousands of stars. From 6.30pm. Wear warm clothes. Free. No booking required. Find us at the National Trust's Carnewas car park PL27 7UW

words for The Snow -an exceptional piece of work, capturing the full range of emotions from haunting bleakness to joie-de-vivre and a really dynamic piece. At this time, Part Songs became more popular during the rise of competitive choral festivals, thus providing an outlet for Elgar's writing, further enhancing his reputation and therefore commanding more fees.

So along with standards from our own repertoire including the celebrated 'Hava Nageela' and 'Sing a song of Sixpence' a rousing rendition of the well-known nursery rhyme (with a difference), the Chorale are in full rehearsal for our forthcoming concerts. And somewhere in all this, there is also a Mermaid, a shepherd and a nightingale....

We will be confirming concert dates in next month's *Trio* but meanwhile if you would like to join this friendly, sociable choir or hire us for weddings please contact our MD Janet Townsend who keeps us all in order, telephone 01208 880505 or contact our Secretary Pat, telephone 01208 880969. We are especially seeking tenors and a top soprano to join our ranks. We rehearse every Tuesday (term time) at Port Isaac Village Hall and if you are interested we invite you to come along to a rehearsal to listen, which only leaves the final question.... should the men wear white or not? Come and find out!

Fantasy Football 2014/15				
LW	/ POS	TEAM	MANAGER PO	<u>DINTS</u>
1	1	MAYBEES	Tom Bishop	1161
2	2	MUDGUTS MARAUDERS	Ann Cleave	1148
3	3	CLASS ON WEEDS	Richard Hambly	1051
4	4	JUST ONE F IN LEEDS	Lardman Lanyon	1057
5	5	BADA BING!	Paul Honey	1031
6	6	EMMA'S APPRENTICE	Kevin & Emma Honey	935
8	7	I'VE BEEN THINKING	Margaret Honey	905
7	8	LADS ON TOURE	Tim Witherden	902
10	9	BOOTS OF SPANISH LEATHER	Andy Penny	900
9	10	MOTS FLYERS	Tom Cleave	888
11	11	LIDDSPURS	Peter Liddicoat	845
13	12	WESTCOTT WANDERERS	John Yates	832
12	13	FOXHOLE ALLSTARS	Bryan Nicholls	802
16	14	TYRANNOSUAREZ REX	Dan Grills	800
14	15	CLASS ON GRASS	Harry Hambly	790
18	16	PULL DEM PISTOLS OR WHISTLE DIXEY	Chris Witherden	782
17	17	JOSHIES ALLSTARS	Karen Grills	778
15	18	THE LOBBIES	Pete & Julie Lobb	776
19	19	PAGAN HEART	Tom Penny	764
21	20	CUT PRICE FROGS	Danny Treacy	755
22	21	ADCS UNITED	Andrew Dungey	742
20	22	TOM'S TEAM	Tom Lobb	737
23	23	DREAM CHASERS	Matthew Brewer	707
24	24	TISWAS	Jean Herring	659
25	25	DYNAMO FUCHTHEREST	Andrew Grills	636
26	26	HOWAY THE LADS	W Herring	347
up to April 24th 2015				



I love Asparagus, and patiently wait until the first Cornish asparagus comes on to the market, resisting the urge to buy from the Wye valley, which uses poly tunnels to bring the season forward. The British asparagus season traditionally begins on St Georges Day and runs for around seven to eight short, but delicious, weeks until the end of June. Visit a farm and pick your own to best appreciate its delicacy. Freshly cut and cooked asparagus is particularly flavoursome and far superior to those sold in supermarkets. Asparagus comes in shades of green and is often tinged with purple, especially at the tips.

Thin spears about a third of an inch or less tend to be more intense in flavour and less watery. They're also a little bit tougher and snappier, due to their higher ratio of fibrous skin to softer interior. This makes them ideal for blanching, serving cold, stir-frying, or even just as a raw snack. Higher heat methods like broiling or grilling tend to dry them out a little too much, though if you like that charred asparagus flavour, you might still consider cooking them with these methods.

Fat spears thicker than a third of an inch are considerably more tender than small stalks, but can get a little watery if you steam or boil them. High heat cooking methods like grilling, stir-frying, and pan-searing are best, allowing you to get them nice and caramelized on their exterior while still maintaining a bit of bite.

## Depending on its age, the bottom part of a stalk of asparagus can get unpleasantly woody or fibrous, and usually needs to be trimmed. But what's the best way to do this?

Traditional wisdom will tell you that the best "foolproof" way is to simply grasp the stalk at both ends and snap it. The asparagus will magically break exactly where it needs to. This question is often debated, and generally most people come down on the side of snapping. But is it really the best method, or merely an old wives' tale? If you want to get extra fancy you can peel the stalks in order to improve their texture. Even when properly trimmed, the outer layers can have a fibrousness that is apparently upsetting to the palates of people who do things like write Michelin guides.

**The best way to store asparagus is to not store it all** ... its flavour dramatically diminishes over time, so the sooner you get it in the pan and into your belly, the better. If you absolutely must store asparagus, treat it like you would a bunch of flowers. Place the trimmed ends into a cup of water with the stalks standing straight up, then loosely cover the tips with a plastic bag to prevent evaporation. Set the whole thing in the fridge.

## Slow Butter Braised Asparagus

A bunch of asparagus, hard part of stalks cut off teaspoon of minced shallots and/or garlic 2-4 tablespoons of butter (depends on how much asparagus you have)

sea salt black pepper squeeze of lemon shaved parmesan



Heat a large sauté pan over medium heat. Add butter. When the butter is hot, add shallots/garlic, turn heat to low and fry until fragrant.

Add asparagus, cover with a tight-fitting lid (important -if lid isn't tight, the steam escapes, you can try using a thin tea towel under lid and fold ends up over the top of the lid to create a nice seal).

Cook on low for 10-12 minutes, depending on how soft you like your asparagus. If your asparagus can't all fit in one layer in your pan, stir a couple of times during the cooking process.

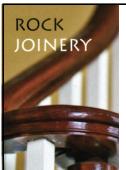
After 8 minutes, take a peek. I usually can tell by cutting part of the stalk with a butter knife and adjust my cooking time. If it looks like the pan needs more butter, feel free to add another tablespoon in, or just throw in a tablespoon of water. When cooked to your liking, remove asparagus, pour the butter/shallot/garlic mixture over, sprinkle with sea salt, black pepper, a squeeze of lemon and top with shaved parmesan and serve with a good chunk of fresh bread. **Enjoy Mx** 



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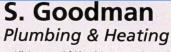




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New menu including sea bass, mussels, crevettes, fish & chips, steaks, pork belly, pasta, salads, home-made desserts & much more takeaways also available

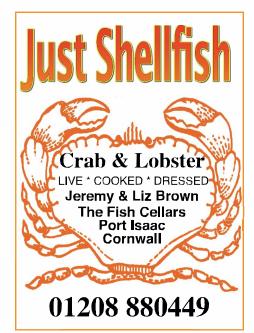
#### **Thursday Steak night**

Local rump steak with all the trimmings for £10

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Tel: 01208 880264

email: slipwav@portisaachotel.com



## SOLICITOR

Friendly office open Monday-Friday 9.30am-12.30pm

Appointments out of office hours by arrangement

Trebiffen, Boscastle PL35 0BN Tel: 01840 250200 Fax: 01840 250900

#### log on to

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remember to say you saw it in TRIO

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A vegetarian menu is available with 24 hours prior notice

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For reservations: 01208 880896 www.nathan-outlaw.com



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(1 Michelin star)

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Tuesday – Saturday 6.00pm – 9.00pm Lunch 12 noon – 3pm

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Jamie Carthew on

0789 1376145

#### Friday May 1st

Cornwall International Male Voice Chorale Festival Concert in St Endellion Church - 7.30pm

#### Saturday May 2nd

RNLI Yellow Wellie Open Day at the Lifeboat Station - 10.30am-4pm

#### Friday May 8th

Opening of PISCES WWII Exhibition to coincide with the anniversary of VE Day and New Coookery Book Launch in St Peter's Church - 7pm

#### **Thursday May 14th**

Fiinal date for entries for Carnival Royalty in this year's Carnival

#### **Saturday May 16th**

Atlantic String Orchestra and Triggshire Strings Concert in St Endellion Church -7.30pm

#### **Tuesday May 19th**

Sankey Evening at Trelights Methodist Church - 7.30pm

#### Saturday May 23rd

Music Workshop at St Endellion Church - 10am-3pm

#### **Sunday May 24th**

Carnival Fun on the Platt Treasure Hunt - 11.30am Duck Race - 2pm

#### **Bank Holiday Monday May 25th**

Johnny Cowling in Port Isaac Village Hall - 7.30pm

#### Thursday June 4th

Food for Thought Community Meeting including afternoon tea and BBQ at the Village Hall - 3.30pm onwards

#### **Sunday June 6th**

Cheryl Brendish Recital at St Endellion Church - 7.30pm

#### Saturday June 13th

Community Carol recording (While Shepherds) in St Peter's Church - 12noon

#### **Sunday June 14th**

The BIG Fish Fishing Competition from Port Gaverne

RNLI Summer Service of the Platt - 12noon

#### Friday June 19th

Bristol Madrigals at St Endellion Church - 7.30pm

#### Friday June 26th

Cornish American Song Institute at St Endellion Church - 7.30pm

#### July 3rd-5th

St Peter's Church Flower Festival

#### **Sunday July 12th**

Corineus Quartet and guest cellist, Patrick Gale at St Endellion Church - 3pm

## WHAT'S ON...

#### July 28th - August 7th

St Endellion Music Festival

#### **Thursday August 6th**

Fourthwall Theatre present The 39 Steps in Port Isaac Village Hall -7.30pm

#### **Saturday August 8th**

The BIG Swim

#### Sunday August 16th

Port Isaac RNLI Lifeboat Larks

#### Saturday August 22nd PORT ISAAC CARNIVAL

#### Friday October 23rd

RNLI Harvest Festival & Auction at the Old School Hotel

#### **Saturday November 21st**

A Night at the Musicals in Port Isaac Village Hall

#### Saturday November 28th

Vintage Fair in Port Isaac Village

#### Sunday December 12th

RNLI Christmas Market in Port Isaac Village Hall

#### **Trio Copy Dates 2015**

#### **MONTH**

June
July
August
September
October
November
December

#### **COPY DATE**

Monday May 25th Wednesday June 24th Saturday July 25th Tuesday August 25th Thursday September 24th Sunday October 25th Wednesday December 2nd

#### **PUBLICATION DATE**

Monday June 1st Wednesday July 1st Saturday August 1st Tuesday September 1st Thursday October 1st Sunday November 1st Wednesday December 9th

#### **Regular Events**

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the VIIIage Hall. Contact Bonnie on 01208 880946 or Cherry on 07900 527610

**Yoga -** Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

**Golden Circle -** the second Thursday in the month from October to April from 2.30pm- 4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

#### **Church Services**

St Peter's Church, Port Isaac

First Sunday in the month - Morning Worship at 9.30am Second and Fourth Sunday in the month (and if there are five Sundays) -Sung Eucharist at 9.30am

Every third Sunday - Morning Praise at 9.30am

St Endellion Church - Every Sunday at 11am

Trelights Methodist Church - Sunday Service at 6pm

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Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page.

Make sure your event is included here! email info to triopi@mac.com or call 01208 880905