

# trio



The Port Isaac, Port Gaverne & Trelights Newsletter  
July 2015 No: 364 60p

Photo: Helen Wrapson



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 The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

# The Port Isaac Christmas music CD

Many thanks to everyone who came along and sang their hearts out for this recording. It may have seemed slightly odd singing Christmas carols in June but the weather duly obliged with a real wintery feel.

For those who don't know what I'm talking about, the Doc Martin Fund kindly gave the money to record the old Port Isaac carols as they are in danger of eventually disappearing as time moves on. The other benefit is that all the money from the CD sales will go to Port Isaac school children for music and arts projects.



*nearly ready to sing the Port Isaac version of  
 While Shepherds Watched (Lyngham)*

We have been delighted that so many people have taken part, from the youngest little ones in school to the older members of the community. Cube Recording brought their studio to us and set up in St Peter's Church and we all, hopefully, hit the right notes!



There are plans to launch the CD at the Flower Festival in September (11th-13th) in St Peter's Church - more news in next month's *Trio*.

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## WELCOME FREDDIE



*Martin, Kathryn and Jago are  
 pleased to announce the birth of  
 Freddie George Thomas*

*born on the 19th June 2015  
 at 4.05am, weighing 7lb 13oz*

*We would like to thank everybody  
 for their cards, presents  
 and well wishes*

## The Trio Print Service

We offer a village printing service to help offset the cost of *Trio*.

We can print in full colour up to A3, single or double sided, on paper or card up to 180gsm. The machine can tri or bi-fold leaflets or staple booklets. As well as leaflets and brochures we can print flyers, posters, menus etc. We also offer a design service or can prepare your design ready for printing.

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# Village Hall news ...

Thank you to everyone who turned up to the 'Food for Thought' meeting at the beginning of June ... and thank you for letting us know what changes you would like to see at the Hall. It's fair to say that the plan to install an outdoor lift to improve access received unanimous approval and the new multi- use toilet facilities and new kitchen extension also received the thumbs-up. All your comments will accompany our applications for grant funding to make these plans a reality. If you haven't filled in one of our questionnaires there is still time either by going online to [www.surveymonkey.com/r/portisaac](http://www.surveymonkey.com/r/portisaac) or calling into *Secrets* for a hard copy of the questionnaire. We'll keep you updated on how things are going.



[www.portisaacvillagehall.co.uk](http://www.portisaacvillagehall.co.uk)

## CATCH OF THE DAY

Thank you to everyone who supported our first Port Gaverne Fishing Competition on June 14th. The weather was wonderful with calm seas; perfect for a days fishing. Bass, Pollack, Mackerel and even a couple of Squid were caught and the winning fishermen were:

**Best Bass - Ben Spicer**

**Best Mackerel - Emma Honey**

**Best Pollack - Sam Johnson**

**Overall 'Catch of the Day' winner - Sam Johnson**

A big thank you to Ian McNeice for coming down to present the trophies and special thanks to The Mote and The Crab Pot for their generous donations of food and drink.

Possibly the best moment of the day was seeing Ian McNeice virtually speechless when young Sam Johnson asked for his prize money for the Best Pollack to be donated back to the Port Gaverne Community Fund. I'm sure I saw a tear in the corner of Ian's eye. Thanks Sam.

We also had on display promotional material from Cornwall Inshore Fishing & Conservation Authority ((CIFCA), They are responsible for the seas around Cornwall up to six miles out. There are currently changes going through as to what recreational fishermen can catch - the number of Bass per day is three. Size increases are being discussed by the EU. Shellfish landings are also under discussion and a new byelaw is currently being drawn up that, if approved, will increase the landing of shellfish to five, provided that the number of lobster and/or crayfish does not exceed a total of two. More information and minimum landing sizes for all fish can be found at [www.cornwall-ifca.gov.uk](http://www.cornwall-ifca.gov.uk)

Andy Penny



*"It was this big!" - Ian with Emma, Sam and Ben*



*The 39 Steps* is at

**Port Isaac Village Hall**

on Monday August 10th at  
7.30pm.

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## PLAYING FIELD NEWS

The installation of the new playing field equipment was started on time and both new pieces - the wibbly-wobbly see-saw and the basket swing - are now in use and proving very popular. Our fundraising will continue until we have a play area to be proud of.

'The popularity of other pieces of play equipment was evident at the Village Hall consultation day. We now have a clear idea of what pieces to order next (as soon as funds are available).

Cornwall Rural Community Council, who organised the consultation day, were very encouraged by the public's reaction to all the displays. Thank you to everybody who came along and supported this event.

Barbara Bell



# Our MP, Scott Mann talks to Trio

It has been a month since I became the MP for North Cornwall and Parliament is now back into full swing of debating Government bills. I have been sworn in, delivered my maiden speech, and I'm now finalising the employment of staff and refurbishing an office in Bodmin.

I'd like to thank all those who have contacted me with their concerns while exercising great patience. These first few weeks have been challenging but also rewarding, and I have focused on implementing an infrastructure of communication and staff so that we can address all correspondence from constituents more economically.

The most significant development has been the passing of the EU Referendum Bill, which will now go to the committee stage before heading to the House of Lords for their approval. The EU referendum is now firmly on the horizon and I'm confident it will be delivered to the British people by the end of 2017.

On top of that, I have also joined 'Conservative's for Britain', which will consider how to prepare for an 'out' campaign if the EU does not permit a new relationship of trade and co-operation with the UK.

More locally, I have decided to no longer accept my councillor's allowance of £12,250. In a letter to Andrew Kerr, Chief Executive of Cornwall Council, I have asked that the money instead be given – if permitted – to a local community fund in Wadebridge which would far better benefit local people.

Spending over half my week in London, it would be wrong to continue drawing money from Cornwall's public purse. Although I will remain the representative of Wadebridge West, I feel my MP's pay alone is sufficient in covering my Westminster duties as well as my local duties.

Notable issues that I have been addressing include protection of public toilets and voicing concerns of constituents who are opposed to wind turbines.

In particular, the Daymer Bay public toilets are under threat for closure. Being particularly isolated, there would be no other suitable amenity for beach users. This is not practical for anyone and it wouldn't be long before tourists and local people stopped going there.

There must be practical or financial solutions to problems facing public toilets, and I'm sure small charges to keep them open would be seen favourably. It is basic amenities such as toilets that we must ensure are protected, otherwise our tourism economy could suffer irreparably.

I then wrote to Lord Bourne of Aberystwyth, Under-Secretary for the Department of Energy and Climate Change, who will be overseeing an appeal for a wind farm at Week St Mary. I stressed the views of the local people who want their rural surroundings to remain unspoiled. David Cameron has also reiterated the Government's intention to end on-shore wind subsidy, which is hugely contributing to the industrialisation of our countryside and excessive energy bills.

I have also had meetings with my Cornish colleagues in Parliament to discuss the way forward for the Stadium for Cornwall. It is undoubtedly something we want to see happen



and succeed for the benefit of the whole county, but not on the backs of Cornish rate payers.

In June I attended the Royal Cornwall Show, which as always was a great event. It's always nice to meet the array of people who attend, from farmers, to small business owners, to families. I also attended the Launceston food festival - which showcased the Cornish food industry, as well as the BAAM festival in Bude, the Big Lunch in Wadebridge and the Bude Music Society.

All showed what Cornwall truly has to offer and it gave me great reassurance about the Cornish economy (particularly the food sector) and how things are looking good going forward in North Cornwall.

Temporary Constituency office:  
Suite 1, Coldrenick Farm,  
Helland, Bodmin, PL30 4QE  
T: 01208 75656

Norman Trebilcock of FLEET is coming to Port Isaac on 13th July and will give a talk at the school at 6.30pm prior to the Parish Council Meeting about the installation and use of Public Access Defibrillators in outlying villages. He has, with the help of some amazing local volunteers, raised thousands of pounds for this cause with a view to improving the survival rates of people who suffer from coronary episodes, in areas where the ambulance response times are challenged.

I have suggested the possibility of the Parish sponsoring first aiders to work alongside this scheme who can be called to non emergencies thereby reducing unnecessary callouts for an overstretched ambulance service. The First Responders can only be called out by ambulance control and they will still be available as required. The first aiders could be called for by anyone. This proposition will be discussed by the subsequent Parish Council meeting.

I would encourage as many people as possible to come to this event, meet Norman, ask questions about the scheme and have your say.

*Deb Tidey*







# CARNIVAL DAY - SATURDAY AUGUST 22<sup>ND</sup> PORT ISAAC CARNIVAL

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HEARTED  
OR THE  
WEAK-WILLED

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CARNIVAL

SUNDAY  
JULY  
26<sup>TH</sup>

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BEACH

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SWEETS  
CANDY FLOSS  
CREAM TEAS

RAISING MONEY FOR PORT ISAAC CARNIVAL



PORT ISAAC CARNIVAL

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THAT THIS YEAR'S CARNIVAL IS  
BETTER THAN EVER**

### The Golden Circle

In keeping with the Co-op's policy of supporting local charities, Port Isaac's store offered space for the Golden Circle to hold a cake stall on May 25th. The grand sum of £287 was raised for the Golden Circle. Very grateful thanks to Darren, the Manager, Mel and Diane and members of staff for their help and support, everyone who cooked and donated wonderful goodies and especially everyone who turned up and bought everything we had to sell. Thank you all.

Annie Philp & Jill Aldridge

### PORT ISAAC ROWING CLUB Regatta



Sunday July 12<sup>th</sup> - 12noon onwards  
Port Gaverne Beach





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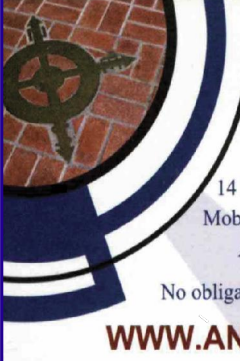
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**remember to say you  
saw it in TRIO**



# Sports Day

This year was action packed and the children had the chance to show off their skills in many different disciplines.

The multi skills events in the morning focused on long jump, javelin throw, target throwing with bean bags and mini hurdling against the clock.

Next came a house Rounders Competition and after lunch we had our traditional races over on the playing field.

Owls won the Rounders competition and Eagles were victorious in the multi skills and also on the track.

Well done to everybody who took part, the teamwork was fantastic and so was the sportsmanship shown by all the children.

THANK  
YOU!

A big thank you to Oliver's mum who provided brownies to fuel the athletes on Sports day.

Also to Bob and Joey's mum who came along in the morning and helped out in the playground.

# schoolchat



news & views from Port Isaac School

## Summer Camp

Class 2 camp is taking place and the children are very excited about all the activities on offer this year.

They will be able to try archery, pond dipping, storytelling and cooking among other things.

Look out for a full report in next month's Trio.

## Playground

Before the end of term some of our playground is getting a makeover so playtime will be even more enjoyable...watch this space!

## Multi Skills Festival

Class 1 went to Delabole School to take part in this event along with 6 other schools.

The children were put into teams and had a go at various activities which were designed to test their bouncing, throwing and balancing skills.

All the children enjoyed the afternoon and Max received a certificate for his good balancing and concentration during the egg and spoon race

**Come along to Port Isaac School's**  
**INDIAN SUMMER FAIR**  
**Sunday 6th September**  
**2—5 pm on the Playing Field**

Games	Raffle	Car boot	Lucky dip
Fairground rides	Cream teas	Tombola	Punch & Judy
Cakes	Craft stalls	Burgers	Hook the duck

**Lots to keep the whole family amused**  
**All Welcome**



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**k i l n .**



# LIFEBOAT SERVICE

Following a long established tradition of holding a Sea Service Blessing of Port Isaac RNLI Crew and Lifeboat, dating back to the foundation of the Station in 1869, the Port Isaac Chorale and St Minver Silver Band set a fine scene as they gathered together with Lifeboat Crew and Committee on the Platt on what proved to be a perfect summer day. This evocative scene attracted a record number of visitors and locals.

Following a warm welcome by Chairman Bob Bulgin BEM, the Service was taken by the Reverend Judith Pollinger and concluded with two generous donations to Port Isaac RNLI. £1000 was given by Christine Noble from Maidstone, Kent in memory of her husband who was great supporter of the RNLI and frequent visitor to the village. The second donation of £1275 was given by well known *Doc Martin* actor Ian McNeice, aka Bert Large. Throughout the years of filming in the village Ian has proved to be a highly regarded supporter of local events and a very generous fundraiser.

Following the service and presentations the RNLI Committee opened the Station



*Ian hands over his donation to the Port Isaac RNLI crew*

for a lively trade in cream teas, cakes, refreshments, clothing, prints and cards raising over £820.

On behalf of crew and committee, Chairman Bob Bulgin expressed a vote of thanks to all those who worked hard in support of this historic event and to all who gave so generously.

*Photographs courtesy  
Adrian Jasper*



*Christine Noble hands over £1000*

## MORE RNLI NEWS ON PAGES 17 AND 21

Over the past twelve years a number of leading artists and photographers have donated some wonderful artworks to Port Isaac RNLI, many of which have been produced as Christmas cards and note cards. From these, twelve images are available as limited edition fine art reproductions.

Recognising the significance of these artists and the images they have created and in support of Port Isaac and Rock RNLI the organisers of the Summer Exhibition of Paintings at the Rock Village Institute have invited us to include examples of RNLI dedicated artwork within the exhibition.

THE SUMMER EXHIBITION OF PAINTINGS  
AT ROCK VILLAGE INSTITUTE

Monday August 3rd -Saturday August 8th

OPEN DAILY FROM 10am to 7pm

ADMISSION FREE



*Elsie and Isaac Devereux join their Port Isaac RNLI friends - Helmsman Matt Main, Crew James Bolton and Nicki Bradbury and Lifeboat Operations Manager Chris Bolton to celebrate their recent fundraising efforts*



## THANK YOU ISAAC & ELSIE

Valued fundraisers for Port Isaac RNLI come in all ages with many different ways of achieving their objective. Recently Elsie, aged 9 and Isaac, aged 7, from Stansted, Essex visited Port Isaac Lifeboat Station whilst on holiday with their parents. Elsie handed over this letter:

*Dear Bob and Port Isaac Crew,*

*My name is Elsie and my brother is called Isaac. We sell sea glass, aka Beach Diamonds, to raise money for the RNLI.*

*We are good friends with Nicki B who got us into doing this. Last year we raised £60-10p. This year we have raised £80-15p.*

*We are very proud of ourselves and we hope you are too. We are very interested in the lifeboat and how much effort you all put into saving our lives at sea. NEVER STOP.*

*Yours sincerely*

*Elsie and Isaac Devereux*

*PS Next year it's going to be £100*





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**3pm-5pm**

Drinks, coffees & cream teas

**6pm-9pm Dinner**

New menu including sea bass, mussels, crevettes, fish & chips, steaks, pork belly, pasta, salads, home-made desserts & much more  
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## Church Diary Dates

### Friday July 3rd (St Thomas)

9.15am - Eucharist, St Endellion Church

### Sunday July 5th

9.30am - Morning Worship, St Peter's Church, Port Isaac  
11am - Morning Worship, St Endellion Church

### Saturday July 11th

10am–12noon - Barn Owls Poetry Group, Stone Barn, St Endellion

### Sunday July 12th

9.30am - Sung Eucharist, St Peter's Church, Port Isaac  
11am - Sung Eucharist, St Endellion Church  
3pm - Concert Corineus Quartet, St Endellion Church  
6pm - Taize Service, St Endellion Church

### Sunday July 19th

9.30am - Morning Praise, St Peter's Church, Port Isaac  
11am - Sung Eucharist, St Endellion Church

### Monday July 20th

7pm - Licensing of Revd Dr Elizabeth Wild as Priest-in-charge of the North Cornwall Cluster, St Minver Church

### Tuesday July 21st

8am - Eucharist, St Endellion Church  
7.30pm - Whist Drive, St Endellion Church Hall

### Thursday July 23rd

7.30pm - Mothers Union, St Endellion Church Hall, Speaker: Kerstin Lewis  
8pm - Julian meeting, St Endellion Church

### Sunday July 26th

9.30am - Sung Eucharist, St Peter's Church, Port Isaac  
11am - Sung Eucharist, St Endellion Church

### Tuesday July 28th

4.30pm - St Endellion Summer Music Festival begins with Choral Evensong, St Endellion Church, with Installation of Revd Dr Elizabeth Wild as a Prebendary of St Endellion

### Wednesday July 29th

7.30pm Opening Concert of 56th Summer Music Festival, St Endellion Church

# July Thoughts



Money. We never have enough of it, do we? And when we get some, there's always that bill that drops on the mat, council tax, electricity, the car, and so on, which takes it away – and then some. We have also just endured three months of Big Money in the Election – NHS, defence, education, Europe, the care of the vulnerable to name but a few. Now limping along behind all of our needs comes the church. Recently I was looking at a 1929 Parish Magazine and chanced to read the Vicar's letter. What was his message? You've guessed.

As summer gets into its stride, we look forward to the season of fetes and flower festivals, when, as Robert Morley once observed, "In times of need we bake cakes for each other and sell our old clothes to each other". Kitchens smell of cakes and the ubiquitous quiches, lofts are ransacked for clothes, CDs, toys and books long since forgotten, and the flower ladies plot their strategies for themes and displays. Silent prayers are offered for good weather.

There is in all this activity, a pleasure in seeing old friends again, to see – and sample – the skills of our cooks, the artistic skills of the communities in flower displays, the skills of our musicians in bands and on church organs. Unconsciously we draw a little nearer to our Lord's command "to love our neighbour as ourselves".

The church is in serious trouble financially, and will be still after the summer's fund raising. Two of our churches are facing the prospect of insolvency, and three neighbouring churches are in a similar position. Michaelstow has already been reduced to a chapel (ie with no guarantee of regular services). In my opinion the others will follow before long. Money tends to overshadow the purpose of the church, which is to believe and follow the words of Jesus Christ.

Fundraising is necessary, but we must never forget what it is for.

## Music at St Endellion

The Corineus Quartet with guest cellist Patrick Gale perform

### Schubert's String Quartet

Sunday July 12th, 3pm, St Endellion Church

Schubert's intensely beautiful String Quintet is the most frequently requested piece of chamber music on Desert Island Discs and generally regarded as one of the very greatest pieces of chamber music ever composed. It is written for two violins, one viola and two 'cellos. Corineus' leader Ian Raymer said "We are delighted that Patrick has been able to join us to put together this beautiful programme and it is a real privilege to play such lovely music."



Tickets £10 (free to accompanied under-16s) are available from the Endellion Box Office: telephone 07787 944935 or online at [www.endellion.org.uk](http://www.endellion.org.uk) Or you can call in at the Wadebridge Bookshop, 43 Molesworth Street, Wadebridge..

## St Endellion Summer Festival

Wednesday July 29th to Friday August 7th

Haydn's great choral masterpiece The Creation will be performed in both St Endellion Church and in Truro Cathedral. The Fisherman's Friends will be back for a late night concert with the St Endellion Brass players. The opera this summer is Mussorgsky's Boris Godunov, with Sir John Tomlinson in the title role.

There is a feast of concerts, chamber groups, recitals and much more to be enjoyed. For full festival details and a booking form see [www.endellionfestivals.org.uk](http://www.endellionfestivals.org.uk)

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### Casual Vacancy

There is currently a vacancy on the Parish Council. If you are interested in serving your community in this way, please contact the Chairman, Cllr. David Raynor, Tel: 01208 880581, Email: David.raynor@unicombox.com

**Planning:** The following applications were received and Members made the following responses to Cornwall Council:

1. PA15/03188, 8 The Terrace, Port Isaac – demolition of existing single storey garage and erection of new two-storey house in the garden of 8 The Terrace using existing vehicular access off Tintagel Terrace. **NO OBJECTION** but Members would like to see a parking space retained for the neighbouring property and obscure glazing used in windows overlooking neighbouring property.
2. PA15/03480, 7 Roscarrock Hill, Port Isaac – creating a new driveway in communal area, excavation of land at rear and terracing garden. **NO OBJECTION** but Members are concerned about the water run-off.
3. PA15/04039, 37 Fore Street, Port Isaac – replace rag slate roof tiling and replace with reclaimed and new single glazed sash window to south west elevation. **SUPPORT.**
4. PA15/04040, 37 Fore Street, Port Isaac – listed building consent to replace rag slate roof tiling and replace with reclaimed and new single glazed sash window to south west elevation. **SUPPORT.**
5. PA15/05172, 38 Fore Street, Port Isaac – listed building consent for the replacement of double glazed units with single glazed units (two of). **NO OBJECTION.**

### Planning Decision Approved by CC – for information only

1. PA15/02422, Treswarrow Park Farm, Trelights – construction of a steel portal building with fibre cement roof and wood cladding (shed 2).
2. PA15/02417, Land South East of Treswarrow Park Farm, Trelights – construction of a livestock shed (shed 1).

### Enforcement Cases –

1. EN14/01916, Harbour Heights, Rose Hill, Port Isaac – alleged non-compliance with approved plans. New. Case officer – Serena Wearne. The Enforcement case had been closed due to a valid planning application being received under reference PA15/03444. This application is due to be determined on 3rd June.
2. PA13/04287, Treswarrow Solar Farm – a Breach of Condition Notice was issued to the developers on 24th April 2015 and the owners had 28 days in which to comply. Having checked the enforcement case, the Officer, Mr Chris Cooper-Young had now closed this case following the Notice being served.
3. EN15/01014, Land North East of Port Gaverne Hotel – levelling of the land and importation of hardcore to create a car park for customers of the Port Gaverne Hotel. A large caravan had also been brought onto site.

### New Road WCs

The building is now in the ownership of the Parish Council. The views of the Postmistress had been sought and she was in favour of operating from the premises, once they had been refurbished. Cllr. Raynor is in the process of obtaining quotations for the conversion / refurbishment of the WCs. It is envisaged the main shop would overlook Port Quin, the other surplus area would be used for PC storage and the Post Office.

### Tree Preservation Orders – Cornwall Council has made the following decisions:

1. Cairnsmore, Port Gaverne – the Tree Preservation Order is not confirmed.
2. The Rectory, St Endellion – the Tree Preservation Order is confirmed, subject to modification, i.e. the tree [T5] and the group [G1] have been removed from the order.

### Play Equipment

Members are pleased to announce that they are to make £11,500 available for additional play equipment on the Port Isaac playing field.

### Car Park Extension

Work has started on the extension and it is expected to be ready for use shortly.

### Neighbourhood Planning

A grant of £4,000 had been promised from the Community Rights Programme. The joint consultation event with the Village Hall Committee had been very successful.

### Grants

Members were pleased to make a grant of £300 to the Golden Circle Club.

Gillian Thompson  
Parish Clerk / RFO

Email: [stendellionpc@gmail.com](mailto:stendellionpc@gmail.com)

## Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon  
This is what we are up to in the coming months:

July 14th – Visit to Port Isaac Beach

July 21st – Teddy Bears Picnic

July 28th – Sports Day at the Playing Field

August 4th, 11th, 18th – Carnival arranging

If you want to know more contact either Bonnie on 01208 880946 or Cherry on 07900 527610



# Vehbi and his friends in Kosovo need your old shoes and school bags

The Ideas Partnership is a UK registered charity (no. 1161389) charity set up by British couple, Elizabeth Gowing and Robert Wilton, with their Kosovan friend Ardian Arifaj. Elizabeth and Rob divide their time between Port Isaac and the Balkans. The charity is mainly volunteer-based, with about 60 ex-pat, Kosovar Albanian and Kosovar Roma volunteers working on projects you can read more about on the website [www.theideaspartnership.org](http://www.theideaspartnership.org) or on the Facebook profile (Theideaspartner Ship).

Elizabeth is a primary school teacher by background and for the last 5 years the main work of The Ideas Partnership has been an education project in the Roma community just outside Kosovo's capital, Pristina. Elizabeth discovered 70 children who wanted to go to school but because of a government policy on registration were not being allowed into class. The Ideas Partnership then started classes for these children and lobbying to try to change the policy. You can read the story of this project at [www.GettingGjelaneToSchool.wordpress.com](http://www.GettingGjelaneToSchool.wordpress.com).

**If you have any spare shoes for children aged 7-14 we know of lots of little feet in Kosovo that would be very grateful for them. We also badly need used school backpacks; you would not only be giving children shoes and bags, but giving them access to an education.**

As a result of this project, over 200 children (including Vehbi in the picture) have finally started school and since then The Ideas Partnership has been working to keep them in school. One of the most common challenges for a child making the 2km journey to school (not all of it along paved roads) is making sure they have shoes to wear. We



often see children wearing slippers in the mud and ice of a Balkan winter.

*shoes worn to classes by 14-year old Mentor*



## Autumn Colours Flower Festival

September 11<sup>th</sup> - 13<sup>th</sup>  
St Peter's Church

Everyone is invited to put in a floral display, however simple or elaborate, from a small posy of autumn flowers to as creative and imaginative a display as you like. Children are invited to put in their own creations ... anything on a plate!

Everything will be sold at the end of the Festival for local charities and St Peter's Church

ending with St Peter's Church  
Harvest Festival

more info from Barbara on 01208 880625 or Dee on 01208 880862



Sunday September 13<sup>th</sup>  
for children of all ages!







Where will you find the recipe for Bert Large's Fire Alarm Salmon?

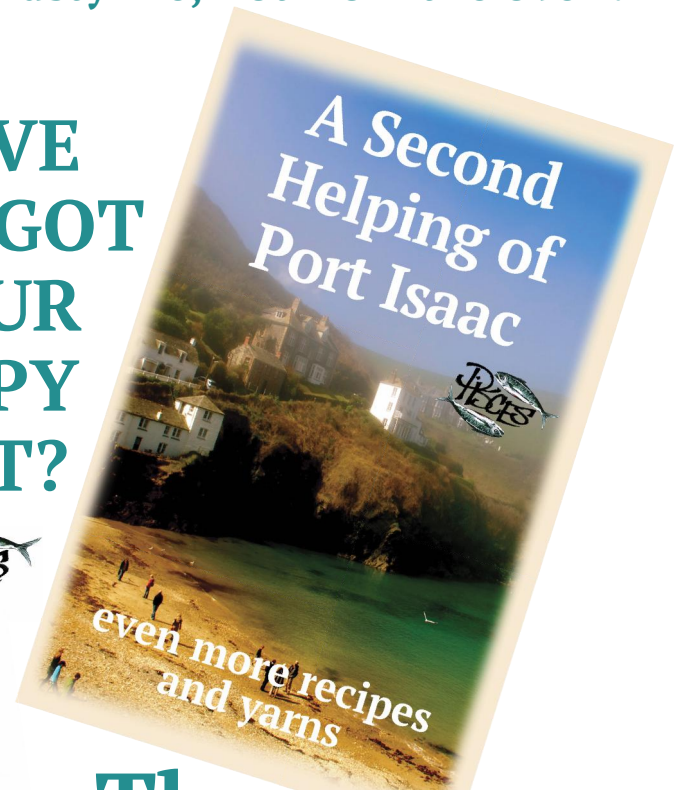
What would you be reading if your mouth was watering in anticipation of sampling Mammy Lark's Corned Beef Pasty Pie, hot from the oven?

Rose Hill ... Yvonne Cleave remembers



Here is 'Mammy Lark' who was married to 'Daddy Lark' (John) who ran his cobblers business from the Birdcage. They lived at Higher Barn and had one daughter, Aunt Sue, who eventually lived at Oatens - Aunt Sue is in the smaller picture on Port Isaac Beach with a young Jon Cleave in the 1960s. The main picture is 'Mammy Lark' with my older sister Bernice (Leverton) in the 1930s. She was extended family and we all lived in Rose Hill, everyone helping one another like one big family. She would have all the children who lived in Rose Hill sat around her table waiting for a slice of 'Corned Beef Pasty Pie' to come out from the old Cornish range - hot and delicious.

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# PORT ISAAC RNLI REMEMBERS LES HENSON

I am sad to report the death of one of our valued Port Isaac RNLI supporters, the marine artist Les Henson.

Les worked for a number of years as a top line Technical Illustrator for the MOD covering detailed creative artwork requirements for a wide range of equipment, associated with all branches of the Armed Forces. Over this period he further developed his skills as a fine painter of historical maritime subjects, bringing back to life sea actions and ships of the past, always with a keen eye for minute detail yet combined with a dramatic and powerful atmosphere. His work is held in several private collections and he completed a number of special commissions including several from the Royal Navy. In contrast to his acknowledged maritime style he also became known for his ability to create a range stunning modern paintings, an artist of great range and ability.



Always a keen supporter of the RNLI, Les created a fine painting, *For Those In Peril on the Sea*, dedicated to Port Isaac RNLI. Based on a real life rescue carried out by the pulling lifeboat *Richard and Sarah III* on December 7th 1911 to the Schooner *Berthe Marie* of Brest, this painting was sold at one of our RNLI Harvest Festival Auctions for over £500. In addition to the donation of the painting, publishing rights were included.

The painting shows the Port Isaac crew rowing out through storm tossed seas to the *Berthe Marie*. A local coastguard had reported that a schooner anchored off shore in gale force conditions had parted from her cables and was driving towards the coast.

Bob B, Chairman

Historical information referenced from RNLI records and the publication *Wreck and Rescue round the Cornish Coast*

## Websites of the Month

Summer has finally arrived and with it holiday time when we may get a bit more time to read; so I thought I would have a wander through the world of electronic books, book readers and book reading apps.

To start at the beginning, there is really only one place and that is Project Gutenberg [https://www.gutenberg.org/wiki/Main\\_Page](https://www.gutenberg.org/wiki/Main_Page). This was founded in 1971 by Michael Hart who invented ebooks. You can read the story about how he was offered the use of some downtime on a Xerox Computer and decided that the best way he could use this time (apparently 100 million dollars worth of time) was to store the world's libraries. His first effort was to type in the Declaration of Independence. He seems to have sent it round to people, but this was pre-internet days, so probably not that many by today's standards. He named the project after Johannes Gutenberg, the man who invented the printing press and revolutionised the availability of books in the 15th century ([https://en.wikipedia.org/?title=Johannes\\_Gutenberg](https://en.wikipedia.org/?title=Johannes_Gutenberg)). From the project Gutenberg site you can download and read, completely without payment over 49,000 ebooks in various formats. I typed 'Cornwall' in the search box and got lots of hits – various titles ranging from books about the coast of Cornwall to fairy stories. The site also has audio books to download, some that have been produced by people reading them and others are computer generated. I haven't tried them so not sure about the quality, but they are free as well. There is also a useful section on advice on mobile ebook readers. This is a project that is funded by donations, so you can support it if you like.



There are many ebook readers and they are compared on a wiki [https://en.wikipedia.org/wiki/Comparison\\_of\\_e-book\\_readers](https://en.wikipedia.org/wiki/Comparison_of_e-book_readers). Rather than describing them all I thought it would be better to simply go with my own experience. I have a kindle reader and also have kindle apps on my computer and tablet. The advantage of the kindle reader is that if you are out in the sunshine, you can still read it, as it needs light. If you have ever tried to read something on a computer in bright sunshine you will know this is a real advantage. However, it is also the case that the various apps and programmes that you can get for computers and mobile devices do give you a lot of flexibility and I will describe a few here.

For the computer there are two that I use: the Kindle app (download from the Apple app store or equivalent) and Calibre – pronounced Caliber (download from [http://calibre-ebook.com/download\\_osx](http://calibre-ebook.com/download_osx)). Kindle is firmly linked to Amazon and while you can read books from elsewhere, and also pdf documents, it is designed to work best with an Amazon account. Calibre by contrast is entirely 'open source' and so works well with Project Gutenberg. It has a very well designed interface and has many features to allow editing and reformatting your ebooks.

On the iPad and similar devices there is the Apple iBooks app that works in a similar way to the Kindle and is linked to an apple account. There is an app called iBooks Author that helps you design your own iBooks and very beautiful results are possible as it includes Apple's well known design flair.

A final idea is to subscribe to a service that tells you when there are bargain ebooks available, for example Bookbub <https://www.bookbub.com/home/>. This will send you where you can go to get either free or very discounted ebooks that are on offer. It scans all the publishers websites to keep up with what is available and then sends to an email listing the genre of books you have chosen.

I know some people do not like the idea of e books and prefer to have a real book in their hands and I have some sympathy with that. For me, however, both have their place and if you haven't tried ebooks, it is worth giving them a go.

Tony Wainwright



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Further information 01208 863821

## Filming at Port Gaverne

*Doc Martin's lot were  
down here,  
and filmed for two whole  
days.*

*This time they used the  
cafe,  
making use of nice sun  
rays.*

*They've painted all the  
outside walls,  
it really looks quite good*

*...*

*more so than the last 20  
years,  
and much more like it  
should!!*

*It's nice to see them down  
here,*

*at radio 'Port Wenn'.*

*And when they go we'll  
all be sad,  
and hope they're back  
again!*

*Richard Cook*

Are you sitting comfortably? Then I'll tell you a story. Some of you may recall that, before the Main Car Park was built, there were ideas of a park-&-ride car park out near the B3314, connected to the village



Climate Friendly  
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by shuttle bus service. A development of this was to have a tramway from the car park, gradually descending the valley side and ending somewhere near Rose Hill or the Water-treatment Plant. The exact route, and location of an accessible terminus in the village, were obviously going to be a problem. However, narrow-gauge would have been used to minimize land-take, and suitable robust second-hand trams were becoming available abroad, replaced prematurely by modern ones.

A further development of this idea was to suggest a cliff lift from somewhere on the hill behind Lobber Point down to somewhere behind the Pottery and, remarkably, suitable equipment had just become available. The essential parts of a redundant cliff lift in Scarborough had been acquired for possible use to connect the centre of Launceston with the Newport area at the bottom of the hill, where the Steam Railway and the large Co-op store are located. This scheme now looked a bit uncertain, and the equipment could then be offered to Port Isaac. Our development also, like the first, proposed a tramway, to link the top of the cliff lift with a park-&-ride car park at St Endellion, which would also serve the Festivals, etc.. Of course, no estimates of cost were ever made, and there would have been great problems with acquisition of land, siting of termini, the "somewheres", etc, etc.

This little digression on tram-inspired "might-have-beens" was inspired by the news that, after many years stored at Launceston, the cliff lift equipment is likely to be sold in the near future, bringing an end to such speculation.....anyway, thanks to the Parish Council we do have our Main Car Park, which is now being extended by an overflow section at lesser specification, to accommodate the greater flow in July and August, and a shuttle service exists for those who need it.

It was good at the Royal Cornwall Show, nearly a month ago now, to see mention of renewable energy in a particularly local context. The Wave Hub down west is gradually having generators linked up to it and, within the next two years, should be producing some 30MW, enough to supply ten thousand 3kW electric fires. The four berths attached to it will be occupied by companies with British, Finnish and Swedish connections, and some of the generators will be assembled in Falmouth. Most encouraging, but waves derive their energy from wind, and we are constantly reminded be opponents of wind-turbines how fickle the wind is. I hope that, to make use of the other ever-present power-source we have in coastal Cornwall, we are making as much progress with tidal generation.

An unsettling insight into Climate Change was voiced on the radio recently. We know that the CO<sub>2</sub> content of the atmosphere is increasing through our burning fossil fuels, and that hence the amount of CO<sub>2</sub> dissolved in the oceans is also increasing. We also know that when CO<sub>2</sub> dissolves in water it produces mild carbonic acid. It has now been pointed out that the higher acidity of the oceans means that organisms living there will have to expend more energy in regulating their internal acidity, and that applies to all those living in the ocean, from zoo-plankton to whales, including coral reefs.

### **So time for this month's walk, a strenuous one to/from Port Quin**

(allow about 3 hours). *From the Platt walk up Roscarrock Hill past the Pottery (former Methodist chapel) and Fern Cottage (Doc Martin exteriors only) to the top, then right across to Footpath no.33 and the 80 steps on Lobber, round the headland and down into Pinehaven. Cross the stream and up 100 steps to the top. There is a wooden fence all the way, nothing to do with The National Trust, which often gets blamed! It was erected at the landowner's request when this section of the Coast Path was created by the Countryside Commission and Cornwall County Council in 1986. The path cuts across Varley Head,, descends 70 steps to Downgate Cove, switchbacks past Fox Hole to round Kellan Head and (at last!) reach Port Quin. In season refreshments are available in the Car Park.*

*Walk left up the road and straight on past Varley Cottage where the road goes right.*

*Over a stile, on Footpath no.34, across four fields to just before Roscarrock Farm, where the track turns right. Turn left and follow the hedge to the bottom of the field, then round right to a stile. The path continues down the side of the Pinehaven valley to a footbridge over a stream. Carry on over the stile and up the steep hill, then bear left past the post and down to a stile in a stone hedge. Walk down Postman's Walk (2 stiles) to Roscarrock Hill and the Harbour. Whew!*

Happy walking, cycling, recycling and greening this bit of the planet!

*Robert Manders*





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# WALKING THE UK COASTLINE, ANTI-CLOCKWISE - FOR THE RNLI AND CHILDREN IN NEED

On March 6th 2014, Alan Short, CEO of a web development company in Bournemouth, set off from Southampton with a tent and inflatable kayak on his back with the aim of walking anti-clockwise around the UK coastline, visiting every lifeboat station en-route raising funds for the RNLI and Children In Need. By coincidence Alan's arrival in Port Isaac came at the same time as the Station were welcoming Hatfield and Welwyn Garden City RNLI Branch Vice Chairman, Ian Gardner.

The end of Alan's epic journey is now in sight, by which time he will have travelled over 6000 miles, completing something in the order of 14 million footsteps, worn out nine pairs of boots, four rucksacks and three tents. For updates on Alan's progress link to <https://justgiving.com/UKCoastalTrek4rnli>. PHEW!! I think he deserved the Cup of Tea we had waiting for him.

Bob B



Carole Raynor and Sandie Bulgin, Port Isaac RNLI Committee members, Alan Short, Ian Gardner and Port Isaac RNLI Treasurer David Raynor

## Fantasy Football 2015/16

LW	POS	TEAM	MANAGER	POINTS
1	1	MAYBEES	Tom Bishop	1327
2	2	MUDGUTS MARAUDERS	Ann Cleave	1267
3	3	JUST ONE F IN LEEDS	Lardman Lanyon	1181
4	4	CLASS ON WEEDS	Richard Hambly	1145
5	5	BADA BING!	Paul Honey	1095
6	6	BOOTS OF SPANISH LEATHER	Andy Penny	1045
7	7	I'VE BEEN THINKING	Margaret Honey	1034
8	8	WESTCOTT WANDERERS	John Yates	1008
9	9	MOTS FLYERS	Tom Cleave	1002
10	10	LADS ON TOURE	Tim Witherden	978
11	11	EMMA'S APPRENTICE	Kevin & Emma Honey	945
12	12	LIDDSPURS	Peter Liddicoat	927
17	13	CUT PRICE FROGS	Danny Treacy	909
13	14	TYRANNOSUAREZ REX	Dan Grills	906
15	15	FOXHOLE ALLSTARS	Bryan Nicholls	892
14	16	JOSHIES ALLSTARS	Karen Grills	888
16	17	THE LOBBIES	Pete & Julie Lobb	878
19	18	PULL DEM PISTOLS OR WHISTLE DIXEY	Chris Witherden	871
20	19	PAGAN HEART	Tom Penny	866
18	20	ADCS UNITED	Andrew Dungey	845
21	21	CLASS ON GRASS	Harry Hambly	837
22	22	TOM'S TEAM	Tom Lobb	793
23	23	DREAM CHASERS	Matthew Brewer	742
25	24	DYNAMO FUCHTHEREST	Andrew Grills	717
24	25	TISWAS	Jean Herring	705
26	26	HOWAY THE LADS	W Herring	372

FINAL LEAGUE TABLES 2015

SAT. 8TH AUGUST 2015



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# Strawberries again ... well it is summer!

Even though we can buy strawberries throughout the year, nothing compares to sweet, home-grown varieties which ripen in June and remain in-season through to mid-August. Berries should be enjoyed soon after picking - if ripe and sweet, all you have to do then is hull them and tuck in. If you don't get a chance to pick-you-own at a farm, keep an eye out in the shops for strawberries with a sweet aromatic scent - they'll have the most flavour. Wash and hull soft summer berries just before you're going to eat them - if rinsed beforehand, they'll only go soggy and lose their shape. If they're reasonably clean, a quick wipe with kitchen paper should do the trick. Over chilling tends to rein- n their natural flavour - you'll find that they have a fuller flavour when served at room temperature.



## Strawberry and cream Panna cotta

300ml of cream  
100ml of milk  
300g of strawberries  
2 gelatine leaves  
1 pinch of salt  
33g of sugar, plus extra for sprinkling  
1/2 vanilla pod



**First, make the purée.** Weigh out 200g of hulled, washed strawberries and blitz in a blender. Pass the pulp through a fine sieve to remove any seeds and lumps and set aside in the fridge

**Start the panna cotta** by soaking the gelatine leaves in cold water for 5 minutes

Combine the milk, cream, sugar, vanilla pod and a pinch of salt in a pan and bring to the boil.

Squeeze out any excess water from the gelatine leaves and add them to the cream mix. Whisk to dissolve then remove from the heat

Thinly slice the remaining strawberries, sprinkle with sugar and arrange in the bottom of each glass.

Set the pan of warm cream over a bowl of iced water to cool. Once it begins to set, whisk until smooth and drizzle some strawberry purée into the cream, without mixing twist the purée through the cream once, then pour into the serving glasses, so you have a ripple-effect with the strawberry and cream. Push a couple of sliced strawberries into the top of the mix, then place the glasses into the fridge to set for 2 hours before serving.

And now, a fabulously summery

## English strawberry dessert with rose wine Jelly, macerated berries and elderflower cream

*Strawberries treated three different but simple ways – a wine jelly, macerated fresh berries and a cream with elderflower*

**For the jelly**  
300g (10½oz) strawberries  
150g (5½oz) caster sugar  
6 small sheets gelatine  
300ml (10fl oz) rosé wine

**For the cream**  
3-4 tbsp elderflower cordial  
200ml (7fl oz) double cream  
3 tbsp caster sugar

**For the fresh berries**  
350g (12oz) strawberries  
3 tbsp caster sugar

Make the jelly first. Hull and halve the berries and put them in a pan with the sugar and 100ml (3½fl oz) water. Bring to the boil then turn down to a simmer and cook for about eight minutes. The berries should be completely soft but not collapsed into a purée. Strain, reserving the fruit, and measure the syrup. You should have 200ml (7fl oz). If necessary, top up with water. Carefully spoon the white froth off the top.

Soak the gelatine in cold water until it is completely soft – about five minutes. In the meantime heat the wine until it is just warm, but not hot (and certainly not boiling). Lift the gelatine out of the water and squeeze out the excess. Put the leaves in the warm wine and stir to help it dissolve. If the liquid is too hot it ruins gelatin's setting properties, so be careful. Add the strawberry syrup, stir and pour into six glasses to set (use glasses that have enough room for the jelly, a layer of sliced berries on top and then the cream on top of that). Put in the fridge to set – allow about four hours.

Purée the cooked strawberries with the elderflower cordial. Whip the cream and stir in the purée. It's nice if this is marbled rather than completely incorporated. Set the cream aside until you're ready to serve (if you put it in the fridge make sure it comes out well before serving or it will be solid and 'fridge cold' – not pleasant).

For the fresh berry layer just hull the fruit then cut lengthways into slices about the thickness of a 50p coin. Toss in a bowl with the sugar and leave to macerate for 30 to 45 minutes (no longer, as they will get too soft).

To serve, spoon the strawberries over each jelly and top with the cream.

Enjoy, Mx



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NHS 24-hour Helpline - 111

Royal Cornwall Hospital (Truro) -  
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East Cornwall Hospital (Bodmin) -  
01208 251555

Derriford Hospital (Plymouth) -  
08451 558155

Local Dental Helpline - 01872 354375

Police (non-emergency) - 101

PCSO Claire Drennan - 0845 6567930

Police Station - 01208 895872

Civil Enforcement Parking Team -  
0300 1234222

Rev Judith Pollinger - 01208  
880181

Harbour Master - Byron Buse -  
01208 880321

Lifeboat Operations Manager -  
Chris Bolton - 01208 880256

Electricity - 0800 365900

Water helpline - 0800 1691144

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# WHAT'S ON ....

## **Sunday July 5th**

Carnival Auction on the Slipway  
Forecourt - 3pm

## **Tuesday July 7th**

Kerbside Recycling collection - bags out  
by 7am

## **Sunday July 12th**

Port Isaac Rowing Club Regatta at Port  
Gaverne Beach - 12 noon

Corineus Quartet and guest cellist,  
Patrick Gale at St Endellion Church - 3pm

## **Monday July 13th**

Parish Council Meeting at Port Isaac  
School, preceded by a talk from FLEET  
on Public Access Defibrillators - 6.30pm

## **Tuesday July 21st**

Kerbside Recycling collection - bags out  
by 7am

## **Sunday July 26th**

Carnival Raft Race at Port Gaverne  
Beach - 2pm

## **July 28th - August 7th**

St Endellion Music Festival

## **Saturday August 8th**

The BIG Swim & The BIG Party

## **Monday August 10th**

Fourthwall Theatre present The 39 Steps  
in Port Isaac Village Hall - 7.30pm

## **Sunday August 16th**

Port Isaac RNLI Lifeboat Larks

## **Saturday August 22nd**

PORT ISAAC CARNIVAL

## **Sunday September 6th**

Port Isaac School's Indian Summer  
Fair on the Playing Field - 2pm-5pm

## **Thursday September 11th -**

## **Sunday September 13th**

Flower Festival in St Peter's Church  
ending on Sunday September 13th  
with a Mad Hatter's Tea Party for  
children of all ages and St Peter's  
Church Harvest Festival

## **Saturday September 26th**

Endelienta Scholars Concert at St  
Endellion Church

## **Friday October 23rd**

RNLI Harvest Festival & Auction at  
the Old School Hotel

## **Friday October 23rd- Sunday October 25th**

North Cornwall Book Festival

## **Saturday November 7th**

Annual Fireworks & Bonfire -  
7.15pm

## **Saturday November 21st**

The BIG Port Isaac Show - Music  
through the Decades - in the Village  
Hall - hospice fundraiser

## **Saturday November 28th**

Vintage Fair in Port Isaac Village  
Hall

## **Sunday December 12th**

RNLI Christmas Market in Port Isaac  
Village Hall

## **Trio Copy Dates 2015**

### **MONTH**

August  
September  
October  
November  
December

### **COPY DATE**

Saturday July 25th  
Tuesday August 25th  
Thursday September 24th  
Sunday October 25th  
Wednesday December 2nd

### **PUBLICATION DATE**

Saturday August 1st  
Tuesday September 1st  
Thursday October 1st  
Sunday November 1st  
Wednesday December 9th

## **Regular Events**

**Port Isaac Stay & Playgroup** - every Tuesday from 10am to 12noon in the  
Village Hall. Contact Bonnie on 01208 880946 or Cherry on 07900 527610

**Yoga** - Mondays, during term time, in the Village Hall from 10.30am-12noon.  
Contact Tracey Greenhalgh on 01208 880215

**Port Isaac Chorale** - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village  
Hall. Contact Janet Townsend on 01208 880505

**Golden Circle** - the second Thursday in the month from October to April from  
2.30pm- 4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

## **Church Services**

### **St Peter's Church, Port Isaac**

First Sunday in the month - Morning Worship at 9.30am  
Second and Fourth Sunday in the month (and if there are five Sundays) -  
Sung Eucharist at 9.30am

Every third Sunday - Morning Praise at 9.30am

**St Endellion Church** - Every Sunday at 11am

**Trelights Methodist Church** - Sunday Service at 6pm

Photo:  
Sally Stratton

**Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page.  
Make sure your event is included here! email info to [triopi@mac.com](mailto:triopi@mac.com) or call 01208 880905**