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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

A PORT ISAAC CHRISTMAS

this professionally recorded and produced community CD has been made to keep alive, for future generations, the Port Isaac carols and music, along with some new songs, that are traditionally sung in the village at Christmas everyone who took part gave freely of their talent and time



PRE ORDER YOUR COPY NOW

Send your name and address, and a cheque made payable to PORT ISAAC PROJECTS

for the sum of £12.50 (includes postage & packing) - if you are in Europe the extra postage costs make it £16, the rest of the world £18, to Port Isaac Projects

c/o 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN

It will be for sale in Port Isaac at the Pottery & Secrets

made possible by THE DOC MARTIN FUND

ALL the proceeds from the sale of this CD will be given to Port Isaac School to fund music and arts projects

Port Isaac. 2 x Double Bedroom(en-suite)
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The Trio Print Service

We offer a village printing service to help offset the cost of *Trio*.

We can print in full colour up to A3, single or double sided, on paper or card up to 180gsm. The machine can tri or bi-fold leaflets or staple booklets. As well as leaflets and brochures we can print flyers, posters, menus etc. We also offer a design service or can prepare your design ready for printing.

To find out more contact Dee on 01208 880905/880862, email: dee54@mac.com

St Peter's Church Flower Festival

September 11th, 12th & 13th

everyone is invited, to put a display, however big or small, into the Festival - bring along on September 10th PLUS there will be a Memory area where you can place a display in memory of loved ones

Timale

and a fantastic

Sunday September 13th 4pm - St Peter's Church

everyone is invited to join us there's lots going on!

meet our new vicar, Rev Elizabeth Wild 📐

Children's Harvest Festival- but everyone can join in - followed by the sale of the Harvest produce and the flowers from the festival



St Kew Inn and



present...



St Kew Inn 12th September 2015





The Green Room

Charlie Bowdery

Rick Borrie

Open mic

Beer Festival

Great food

from 12 noon

www.facebook.com/the-gig-in-the-garden

Indian Summer Fair

Sunday September 6th 2pm-5pm at the Playing Fields

Do you care about the Church Rooms closure and the new plans for the Playing Fields?

We need your views to assess public support before applying for funding grants

Give us your written comments, drawings, memories and copies of photographs and be rewarded with a FREE LUCKY DIP PRIZE

The Playing Fields and Church Rooms Committees





To hire the Hall call Julia on 01208 880142

www.portisaacvillagehall.co.uk

Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon

If you want to know more contact either Bonnie on 01208 880946 or Cherry on 07900 527610

Co-op Charity Cake Sale Saturday September 12th



all donations of cakes gratefully received



Sunday September 13th — 3pm Co-op manager Darren and Annette are having their heads shaved — sponsor them to help raise more money sponsor forms in the Co-op Port Isaac Fishermen Ltd

AGM

will be held In the Penhaligon Rooms
Tuesday September 22nd - 7pm

All welcome

Tap Dancing

Keep fit with tap dancing every Thursday evening at Delabole Methodisl Chapel from 7pm-8pm with 'Carnegie Swing Rhythm Tappers'. It is great fun and great music and a good way to keep active. No previous experience or expensive equipment required, just tap shoes. If anyone is interested I can offer them a lift to Delabole from Port Isaac - contact me on 880457.

Liz Rowe

Websites of the Month

As we head towards autumn and leave summer behind, I thought the column this month could be on the study of the seasons. There are some reasons for the seasons changing: July 2015 was globally the hottest since records began 136 years ago. The first five months of the year were also the hottest since records began see http:// tinyurl.com/pwohxyr. Animals and plants are on the moveparticularly fish with a large school of Tuna off the coast of Cornwall. This all may affect our fish and chips! See http://tinyurl.com/ or4yete .The other thing I thought I would touch on is the new way in which scientists are looking at birds as there are some good websites about these new ideas.

So, to begin with the seasons, there is a very good website about this called Nature's Calendar (www.naturescalendar.org.uk/).

This is a branch of the Woodland Trust (www.woodlandtrust.org.uk) and has been collecting information on the topic of Phenology – that is the study of the seasons – for decades. I say it is the study of the seasons, but that isn't exactly right. It records when things happen the first cuckoo, the first sighting of blackthorne flowers and so on, and this gives us an idea of how the seasons are behaving. Being able to predict these seasonal changes is very important for farmers so that they know when they should be planting and harvesting. They say on their website that in Japan and China where the time of blossoming of cherry and peach trees is associated with ancient festivals, some of these dates can be traced back to the eighth century. They also say that the first individual records that have been found so far in the UK date back to 1684.

Robert Marsham was Britain's first phenologist and recorded his 'Indications of Spring' between 1736 and his death in 1798 and this can be downloaded from http://rstl.royalsocietypublishing.org/content/ 79/154.full.pdf+html courtesy of the Royal Society. In 1875 British phenology took a major leap forward when the Royal Meteorological Society (also a great website http://www.rmets.org) established a national recorder network. Annual reports were published up until 1948. Then there was a gap until 1998 when they started up again as Nature's Calendar. Now approximately 50,000 people across the UK take part in monitoring the seasonal changes.

There is a lot of material on the website to help you identify trees, plants and animals and also forms to record your observations. If you become an observer you can enter your sightings online. There are free booklets and posters as well as a collection of 'fact packs' covering hibernators, fungi, trees and shrubs, foragers, birds, hedgerow tipples, spring, wildflowers and finally butterflies and

The site is very well laid out and has much detailed information – too much to go into here, but well worth a look. The general consensus is that our seasons are changing very fast.

My other topic was prompted by seeing Jurassic World, featuring the various dinosaurs we have grown to love – at least at a distance. Well the latest scientific consenus is that all birds are members of a group of therapod dinosaurs that first emerged during the Mesozoic Era and this has been reinforced by the discovery of hundreds of feathered dinosaur fossils in China. The first one to be discovered many years ago, Archaeopteryx (see picture) was thought to be an isolated example. But it turns out it was one of hundreds. You can read about it on the BBC science and environment website http://www.bbc.co.uk/ news/science-environment-33510288. For the technically minded



details can be found here http:// www.ucmp.berkeley.edu/diapsids/ avians.html where the evidence is assembled. It is fun to think that the dinosaurs didn't die out as we once thought, but became the huge variety of birdlife we see around the globe.

Tony Wainwright

The Two Russian Sisters – do you remember them?

My mother was a Cornish woman who had married a Londoner in 1933. However, in December 1940, with my father in the army, she and I escaped from the London blitz. We rented what is now known as Tinker's Cottage, next door to Lenhareen where my mother's sister and brother-in-law, May and Tom Brown lived.

At that time there were many refugee strangers and evacuees in Port Isaac and amongst them were two little Russian women. They lived in a cottage on Roscarrock Hill. My mother befriended them and we would be invited to tea. They had both been connected to the world of Russian ballet – the elder one had taught ballet and the younger sister had been a member of the Imperial Ballet Company at St Petersburg and had danced before the Tsar. They had large, leather covered albums of beautifully handcoloured sepia photographs, and I realise now just how unique these pictures must have been.

The sisters both married Englishmen and got out of Russia in 1917. They lived in Europe until 1939 when they moved to London where subsequently the blitz drove them to Cornwall ... and Port Isaac.

My mother had enrolled me at a ballet school in London at the age of three, so I was intrigued by their photographs and stories – and they taught me how the Imperial Ballet Company's ballerinas curtsied. I was also fascinated that they did not serve tea from a teapot but a Russian samovar!

Their married names were Mrs Lawson and Mrs Phipps but I don't recall ever meeting their husbands.

Does anyone remember them? Let Trio know.

British Legion Collection week

This year is the 70th Anniversary of the end of World War 2. I am sure you have seen all the Commemorative events that have taken place around the world and here in Port Isaac. The PISCES WWII exhibition runs until September 9th or can be seen on the PISCES website www.portisaacheritage.co.uk

However, the work of all the organisations to help the elderly soldiers, the injured and the families involved goes on. The Royal British Legion still plays a major part and need sall our support.especially with all recent conflicts and wars.

Last year with all your help we raised, in our small community, £3314 for the British which is amazing. This year, it would be marvallous to increase this total. So once again I am asking for your help with the Poppy appeal which will start at half term in October. I hope I can rely on you for support.

Annie Price (RBL Poppy Appeal Organiser)

Our new exhibition showing the fascinating history of Port Isaac opens September 10th

OPEN DAILY IN ST PETER'S CHURCH FROM 10am-4pm entry free

plus all our previous exhibitions and more are there for you to see on our interactive touchscreen



It will soon be Christmas ... this (and the Port Isaac Christmas CD - see page 2) book is the ideal gift

176-pages - more recipes, more stories, more history, more pictures £10 a copy

available at The Pottery, Secrets, Fresh from the Sea, May Contain Nuts & Trevathan Farm or online www.portisaacheritage.co.uk

or send your order, with a cheque for £13.50 (to cover p&p) All our previous exhibitons, our made payable to PISCES to Secrets, Fore Street, Port Isaac, Cornwall PL29 3RD

A TASTE OF PORT ISAAC, our first book, is being reprinted and will be available shortly

oral histories and the PISCES shop can all be found on our

www.portisaacheritage.co.uk

Our MP, Scott Mann talks to Trio

I welcome the recent steps taken by supermarkets to introduce higher pricing for milk in the wake of protests across the country from dairy farmers. The re-balancing of this has been long overdue and I'm glad that the issue has started to be rectified.

I now hope that talks can continue between farmers, distributers and sellers so that farmers can not only maintain increased prices for milk, but also further close the gap between production costs and sale prices to guarantee a strong dairy industry that we all depend on.

I am pleased to have seen the recent pictures of the Truro College campus proposed for Bodmin. I have supported this project since its proposal as it will further cater for young people in North Cornwall.

In an uncertain time facing leisure facilities across the county, it's always important to focus on positive news, and I believe this new campus will help invigorate Bodmin with youth, diversity and education.

It is my belief that there is a better way to handle leisure centres, where the council should retain the building and allow a private or community group to run the facilities.

I was delighted to hear that there has been a surge in GCSE pupils studying Maths, IT, Science and Engineering, with the latter up by 37%. This, coupled with more and more apprenticeships introduced by the Conservative's, means that many more young people will have the opportunity and education to pursue skillful and respectable jobs through a vocational route.

Meanwhile, the introduction of a "surf tax" on surfing schools will be decided soon by Cornwall Council, and I sincerely hope that this is refused. This would be another strike against tourists, on top of closing public toilets, which would probably cost more to police than the estimated £40,000 it would raise.

I echo my Conservative colleague Fiona Ferguson's view that surf schools are our "second blue light service" which assist the RNLI in keeping beaches safe. Any attempt to place a flat-rate of £500 on these essential educational facilities would only be detrimental to our coastal communities.

Recently I was lucky enough to ride onboard the Padstow lifeboat alongside the RNLI and lifeguards to watch an exercise where I was shown how people are saved from the water and given quick treatment.

We owe a great deal to those who risk their lives to protect ours from the perils that the sea can bring, and I support all efforts to aid them in their duty of helping locals and tourists from danger.

The Chancellor, George Osborne, and the Environment Secretary, Liz Truss, have announced the launch of a Rural Productivity Plan that will set out measures to boost the rural economy and to create jobs and growth outside of big towns and cities.



The plan will improve conditions for rural communities and businesses to thrive, invest in education and skills, and improve rural infrastructure, with people having greater choices about where they live and the jobs they do.

I have already voiced my frustration in Parliament about how rural schools receive less funding per head compared to urban schools. This is wrong and I will continue to fight for a fairer deal for North Cornwall.

Temporary Constituency Office: Suite 1, Coldrenick Farm, Helland, Bodmin, Cornwall PL30 4QE Tel: 01208 75656

http://scottmann.org | https:// facebook.com/ TherightMANNforNorthCornwall I @scottmannmp

Church Diary Dates

Wednesday September 2nd 7.30pm - Healing Service, St Endellion Church

Sunday September 6th 9.30am - Morning Worship, St Peter's Church, Port Isaac 11am - Morning Worship, St Endellion Church

Friday September 11th -Sunday September 13th St Peter's Church Flower Festival

Sunday September 13th 9.30am - Sung Eucharist, St Peter's Church, Port Isaac 11am - Sung Eucharist, St Endellion Church 4pm - Children's Harvest Festival in St Peter's Church, Port Isaac 6pm - Taize Service by candlelight, St Endellion Church

Tuesday September 15th 8am - Holy Communion BCP, St Endellion Church 7.30pm - Whist Drive, St Endellion Church Hall

Thursday September 17thMothers Union Wave of
Prayer

Sunday September 20th 9.30am - Morning Praise, St Peter's Church, Port Isaac 11am - Sung Eucharist, St Endellion Church

Tuesday September 22nd 8am - Holy Communion BCP, St Endellion Church

Wednesday September 23rd

7.30pm - Deanery Synod, Camelford

Thursday September 24th 8pm - Julian meeting, St Endellion Church

Saturday September 26th 7.30pm - Concert The Endelienta Scholars, St Endellion Church

Sunday September 27th 9.30am - Sung Eucharist, St Peter's Church, Port Isaac 11am - Sung Eucharist, St Endellion Church

Tuesday September 29th, St Michael & All Angels 8am - Holy Communion BCP, St Endellion Church

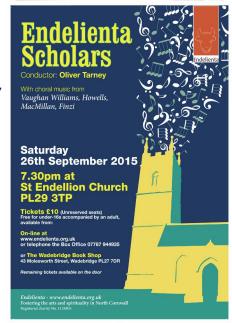
Music at St Endellion

Following a truly wonderful summer Music Festival at St Endellion last month, the autumn season of concerts commences with the return of the young vibrant and talented Endelienta Scholars. Newly formed in 2014, this small chamber choir is comprised of choral scholars (both past and present) from some of the nation's top universities gave a wonderful debut concert here in December. They return this month with another stunning programme of 20th Century British choral classics including Vaughan Williams, Howells, Macmillan and Finzi. The Vaughan Williams Mass in G will be sung with a double choir and soloists. Join Oliver Tarney (conductor) and Jamal Sutton (organist) for what promises to be another spell-binding concert.

The Endelienta Scholars Saturday September 26th, 7.30pm St Endellion Church

Tickets are £10 (free to accompanied under-16s), available from the Endelienta Box Office: telephone 07787 944935 or online at **www.endelienta.org.uk** Or you can call in at the Wadebridge Bookshop, 43 Molesworth Street, Wadebridge.

The Scholars will also be singing at the Sunday service 11am in St Endellion. There will also be two concerts in October as part of the *North Cornwall Book Festival*, which this year is based at St Endellion. Friday October 23rd sees Tom Hickox in concert and on the Saturday Wild Willy Barrett's French Connection, a folk band with a difference. For the full programme of book festival events go to ww.northcornwallbookfestival.org.uk where you can also book your tickets.





North Cornwall Book Festival Friday 23rd to Sunday 25th October St Endellion, Port Isaac

VOLUNTEERS NEEDED

Booklovers watch this space! North Cornwall's exciting, ever-so-slightly eccentric three-day festival for all ages, chaired by Cornwall's very own Patrick Gale, celebrating everything book-related, returns in October for its third year. Events include readings, discussions, workshops, a dedicated young people's day and family events throughout the weekend. And the festival is not only about books! We are delighted to be able to boast two mouthwatering concerts and two stunning exhibitions.

WOULD YOU LIKE TO GET INVOLVED? There are many different ways of helping out. In return for giving a day of your time, you will have the opportunity to attend certain events for free, as well as having the reward of knowing that you are helping to ensure that this very special annual event continues to provide a great experience for local people.

To find our more about the festival, go to our website www.northcornwallbookfestival.org, or to our facebook page: www.facebook.com/

INTERESTED IN VOLUNTEERING? Please contact Ronnie for a chat on 01208 84360, or e mail her at euronwen@mac.com

The North Cornwall Book Festival is an Endelienta project supported by Arts Council England; FEAST; The Ernest Cook Trust; Sproull Solicitors; Great Art; Nathan Outlaw. Registered Charity No. 1145047.



What a wonderful day ... Well done to everyone who took part

Four hundred swimmers completed the Super Serious Swim, the Serious Swim, the Not So Serious Swim and the Little Swims between Port Quin, Port Gaverne and Port Isaac in some impressive times. Organisers of the Cornish Big Swim, sponsored by Sharp's Brewery, have confirmed that the 2015 total raised was more than in 2014. The total is still growing as sponsorship from the swimmers continues to come and is added to the money raised from the Sharp's Brewery bar and the Big Party but it's looking to exceed £15,000.

The Big Swim and Big Party always fundraises for local Cornish charities and the 2015 beneficiaries will be the Little Harbour Children's Hospice, Port Isaac RNLI Lifeboat Station, Polzeath Life Saving Club, Port Isaac Coastguard and The National Lobster Hatchery.

Winners of the Super Serious Swim, the 3.2 mile route from Port Quin to Port Isaac were:

1st Hadden Page (53 minutes) from Sure Swim Kernow in Redruth. 2nd Andrew Brixton also from Redruth

3rd Ben Proctor from the Newguay Cormorants

The Serious Swim victors were: 1st Paul Hare (16 mins)

2nd Niomo Srivastava

3rd Paul Hogg

Not so Serious Swim winners were: 1st Richard Polhill (17 minutes)

2nd Imogen Barret

3rd Thomas Marshall Everyone involved in the 2015 event praised the fantastic conditions and relaxed in the Port Isaac sun with the contestants' pints provided by sponsor Sharp's Brewery. The Big Party provided an excellent afternoon of Cornish entertainment for swimmers and supporters alike after the day's exertion.

Big Swim organiser, Sarah Coates, said, "We had another momentous fundraising event this year on the beautiful Cornish coast with swimmers of all ages and abilities. Thanks to everyone who entered and supported the event. We are so thrilled that we have raised so much for amazing local charities. Thanks to local Sharp's Brewery, who provided swimmers with refreshing beers after the race and we are indebted to the Polzeath Life Saving Club and John Bray for their support. I'd also like to give special thanks to Sam Williams and all the volunteers, locals and swimmers for their incredible input and also thanks to all the bands who kicked off the Cornish-style celebrations and entertained us all."



PARKING ON THE BEACH

The Harbour Commission was established in the 1920s by Act of Parliament before the breakwaters were built. This gives the Commission control over the beach and Platt. The Duchy of Cornwall still own the foreshore. For some time doubts have been raised as to whether the Harbour Commission has the necessary powers to enforce its parking restrictions. As a result of discussions between our lawyers and the London Lawyers acting for the Duchy, all parties now agree that the Harbour Commission has control over all parking on the beach. Until now, the parking company with whom the Harbour Commission has contracted, have been

reluctant to enforce payments due, as a result of the issue of tickets, by taking Court action. Now that the position between the Commission and the Duchy has been resolved it will be enforcing payment for any unpaid tickets. Cars parked on the beach or the Platt without permits are now likely to be photographed and tickets issued through the post. The Harbour Master also has power to issue tickets.

The cost of a Permit is still less than 50p per day which is much cheaper than getting a ticket.

Dugald Sproull



CREW NEWS

On August 17th, four persons and two large dogs were reported cut off and stranded on a a rocky ledge east of Port Isaac and just south of Hole Beach on a making tide. Our volunteer crew, Nigel Sherratt, Nicki Bradbury and George Cleave responded and were able to carry out a successful rescue which included an RNLI Lifeguard who had reached the group by paddle board, thus providing them with support. Two trips were made taking off the individuals in difficult sea conditions and returning all safely to shore at Trebarwith.



Observer winchman, SAR Comdr Lt Cmdr Guy 'Chuck' Norries drops down to pick up RNLI crew member, Andy Cameron, from the lifeboat in the impressive operational demonstration at Lifeboat Larks





The RNLI table at the Summer Exhibition at Rock Institute

THE CHILDREN'S ART COMPETITION AT LARKS



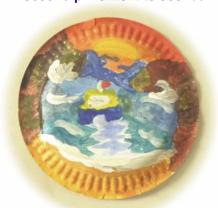
First prize went to Isabella Kent



Third prize went to Seth Reeves



Second prize went to Joshua



Fourth prize went to Maygan Reeves



LIFEBOAT LARKS

Port Isaac RNLI's annual Lifeboat Larks got off to a bumper start with the donation of £5,000, presented by the Nathan Outlaw Fish Kitchen team, pictured below, back row left to right centre Ashley Outlaw, Megan Rees, Simon Davies, Primrose Miller and front row left Dean Medlan.



Port Isaac RNLI Senior Helmsman and Training Officer, Damien Bolton and Lifeboat Operations Manager, Chris Bolton and the crew accepted the cheque on behalf of the Station Committee.

It was then into action for the crew as they demonstarted a full capsize drill and crew transfers working in liaison with RNAS 771 Squadron Sea King. 2nd Pilot Matt Taylor and his crew. which included 1st Pilot Steve Hopkins, holder of the Prince Phillip helicopter rescue award, gave a stunning aerial display. Commodore Jamie Miller CBE, Royal Navy, Naval Regional Commander Wales and Western England, gave a running commentary of this special display that marked the end of the long standing and close working relationship established over the past 25 years between Port Isaac RNLI and the Sea Kings of RNAS Culdrose. The Sea Air Rescue service now moves from military operations to privately run arrangements.

With perfect weather, well over 1000 people took the opportunity to enjoy a great day, taking part in the traditional activities laid on by the committee and crew. This year there was a star draw for the original image forming this years Port Isaac RNLI christmas card scene created by local artist Roy Ritchie, depicting Father Christmas flying off from Port Isaac Lifeboat Station on his all important seasonal delivery service.

At the time of going to press and subject to final accounting, I am happy to report the closing figure of funds raised for Port Isaac RNLI will be in the region of $\mathfrak{L}5,000$ (additional to the Nathan Outlaw donation of $\mathfrak{L}5,000$ made at the start of the event), all thanks to the generous support of those friends of the RNLI attending, local business supporters and in particularly to the volunteers, both committee, crew and friends of the RNLI who worked so hard to achieve such an impressive result on what proved to be a memorable 'Landmark' day.

Bob Bulgin BEM Chairman





Commodore Miller RN casts a crtical eye over 771 Squadron Helicopter display as he narrates the background of SAR Rescue and the crews who man the Sea Kings in action, in this case 2nd Pilot Lt Matt Taylor



Lifeboat Larks: watching the display

THE NEW DATE FOR THE RNLI HARVEST FESTIVAL IS FRIDAY 30TH OCTOBER, 7PM AT THE OLD SCHOOL



www.stendellionpc.com

Draft Consultation Document on Planning Response Policy

Members seek your views on the following draft planning response policy. This draft policy was formulated after concerns were raised during the planning applications submitted for 'knockdown & rebuild' projects within the village boundaries of Port Isaac.

The aim of the policy is to alleviate tensions between developers and holiday/ tourist based businesses to allow everyone to succeed in the economic wellbeing of the parish. We need to understand how, if this policy was in force, it would affect you and your business. The policy, if accepted by the parish council, will then be considered for the following to be added as a condition of future planning applications only, where concerns are raised as to the method of demolition and construction. The policy will be capable of change to suit the particular application in part or as a whole.

Please respond to:

- 1. Recommended Working Hours for heavy plant & demolition work reference to BS5228 in respect of recommended working hours. These being 8am 6pm Monday to Friday, 9am 1pm on Saturday and no working on Sundays or bank holidays.
- 2. **Timing of Works** no heavy plant working or demolition in June, July, August or school holidays.
- 3. **Parking** details to be sought of contractors / employees parking whilst on site.
- 4. **Traffic Plan** a traffic plan is required if large amounts of waste will be exiting the site.
- 5. **Damage** the site owner to be fully responsible for any damage caused by contractors, sub-contractors, scaffolders, etc. to local infrastructure, signage, hedges, etc.

Casual Vacancy on the Council

As yet, the vacancy on the Parish Council remains unfilled. If you are interested in serving your community in this way, please contact the Chairman, Cllr. David Raynor, Tel: 01208 880581, Email: David.raynor@unicombox.com

Planning: The following applications were received and Members made the following responses to Cornwall Council:

- 1. PA15/05861, Boskennsa, Fore Street, Port Isaac listed building consent for various internal and external alterations of cottage to include installation of railings and roof-light and rebuilding of chimney stack. Members objected to this application.
- 2. PA15/06041, St Endellion Parish Hall construction of community hall and formation of new driveway to rectory. Demolition of existing hall. Members supported this application.
- 3. PA15/06679, St Endellion Parish Hall listed building consent for the construction of community hall and formation of new driveway to rectory. (Demolition of existing hall.) Members supported this application.
- 4. PA15/06703, Land North of Kosylund, Marshalls Way, Trelights change of use of land from agricultural to garden within residential curtilage and erection of a new boundary wall. Members had no objection to this application.

Planning Decision Approved by CC – for information only

- 1. PA15/05172, 38 Fore Street, Port Isaac listed building consent for the replacement of double glazed units with single glazed units (two of).
- 2. PA15/05550, 14 Trewetha Lane, Port Isaac proposed front balcony and dormers along with other alterations.

Financial Regulations

Members have adopted revised Financial Regulations. A mundane but essential tool.

Main Car Park

Two new benches (with stainless steel fixings) have been ordered and will be placed on the grass area in the car park. In the autumn trees and spring bulbs will be planted to enhance the facility.

Website

A new website has been commissioned and should be available shortly.

Gillian Thompson Parish Clerk / RFO



Don't you just love 'em!

"Do you live here?"

Yes"

"Where do you live when they are filming?"

"Here"

"Do they allow you to stay in the town then?

"What did you do before the filming started?"

"Much the same as I do now"
"What? you had this shop?"

"Yep"

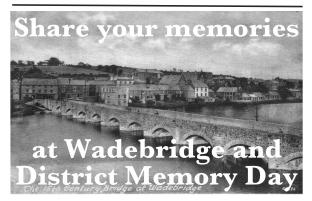
"Did people come here then before Doc Martin?"

DOC MARTIN FUND

This fund was established for the benefit of the community of Port Isaac, with particular reference to the young and the old. I understand that payments are now received on a monthly basis and I think that the community ought to be kept up to date with how much there is in the fund. I have suggested that there ought to be a simple website which we could look at so that we know how much money we have and what is happening to it. Alternatively, a simple entry in *Trio* would be good.

Apart from knowing how much there is in the fund, I think we ought to be kept up to date with what payments have actually been made out of the fund and what proposals are being considered by the Trustees. We would then have a chance to make our views known. After all, it is our money.

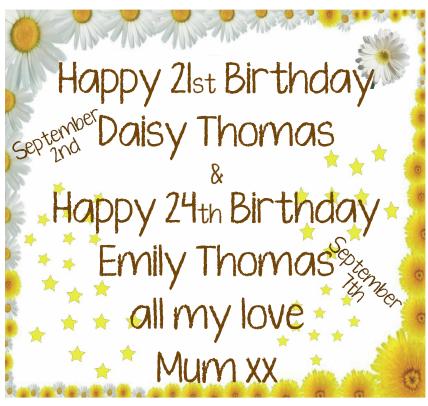
Dugald Sproull



'Landmark Travels- Our Past in a Suitcase', a partnership project involving Storylines, the Institute of Cornish Studies and Cornwall Heritage Trust, will be linking up with Wadebridge and District Museum to host a Memory Day in Wadebridge. This will be held at both the Exchange (Molesworth Street), and Wadebridge and District Museum (Chapel Lane) on Monday 21st September from 1-5pm and is open to all.

This social event will include a display of archive photographs from Wadebridge and the surrounding area and will provide opportunities for people to share their own memories over tea/coffee and cake. Helen Rawe, a Trustee of the Museum, says "We welcome people to bring along any photographs they have of the area to share with others and add to the archives. It's so important to gather and preserve memories and photographs so that this information isn't lost to future generations. Wadebridge has a fascinating past, for example, does everyone realize that Wadebridge had a railway service ahead of London?'

The stories, memories and information collected during this Memory Day will become part of the wider project, 'Landmark Travels' which is working with schools and communities throughout Cornwall to unearth the stories, traditions and histories connected with landmarks and places. Any questions about the day please contact Helen Rawe on 01208 816206.



Fantasy Football 2015/16				
<u>LW</u>	POS	TEAM	MANAGER PO	<u>DINTS</u>
1	1	HONEYBABES	Jean Herring	55
3	2	FOXHOLE ALLSTARS	Bryan Nicholls	46
7	3	BADA BING!	Paul Honey	39
18	4	SCHOOL'S OUT!	Tom Penny	36
25	5	GOTTA LOT ON, GOTTA GET ON	Karen Grills & Matt Brewer	34
6	6	HAVEN'T GOT A KALOU	Harry Hambly	33
4	7	STILL NO F IN LEEDS	Lardman Lanyon	32
8	8	AFTER THE STORM	Kevin Grills	31
10	9	MEN BEHAVING BADLY	Richard Hambly	31
9	10	THE LOBBIES	Pete & Julie Lobb	30
2	11	ABOUT TIME	Margaret Honey	27
26	12	THE CALL OF DUTY	Joshua Grills	26
22	13	MUDGUTS MARAUDERS	Ann Cleave	24
20	14	DIRTY SANCHEZ	Danny Treacy	22
15	15	EVERTIM FC	Tim Witherden	21
5	16	SAME OLD BLUES	Andy Penny	20
19	17	FINE PIECE OF HICKORY	Chris Witherden	19
16	18	MAYBEES	Tom Bishop	18
23	19	TOM'S TEAM	Tom Lobb	18
17	20	FLYING FOREST	Kevin & Emma Honey	16
21	21	LIDDSPURS	Peter Liddicoat	15
12	22	EVIL MONKEYS	Jake Treacy	13
14	23	MOTS FLYERS	Tom Cleave	9
11	24	STAY TOO LONG	Dan Grills	8
13	25	DYNAMO FUCHTHEREST	Andrew Grills	7
24	26	LUCKY LADS	W Herring	-5
up to August 21st 2015				



The Carnival Raft Race and the inaugural Steve Bunt Tug-of-War will now take place on Sunday September 27th - times will be announced on posters and Facebook



Well, what can I say! At 7.30am the torrential rain was the last thing we needed. Do we go to plan b, the old stalwart of "If wet in the Village Hall" or do we risk it? Tow hours later, after a storm of texts and a lot more rain, the decision was made. The Funday and Cream Teas moved down to the Village Hall and the burgers and Dub Club Show stayed up at the field - or as it had become known "the Scuba Diving area!" The field was saturated and we didn't dare ruin it with lots of vehicles.

Down at the hall the crew set up the cream teas and the play area and the craft table and the fun began, well attended by lots and lots of children and there were enough babies for everyone to



have a cuddle. There were four generations of several families there at one point; it was lovely to see.

By 4.30pm we still had a completely sodden field and a hard core area full of VW's but it wasn't raining any more. The VW Club were ready to move on to pastures new so they were presented with a cup for the best VW and continued on their world tour of North Cornwall up to Pennant Farm. This left us with an area people could put their floats on with less chance of drowning!

Then the arriving, registering, judging - all hotly contested by some fantastic entries, many local, but queens had travelled from far and wide - all seemed to happen in minutes. The Judges had a job to decide who had won what, the standard was so high. "Everyone is a winner, how can we choose" was their dilemma, but choose they did and prize giving was done there and then while the rain held off!! And still it was dry as our waving Fairy Queen and attendant pulled out in their 1927 vintage car, the band struck up and the whole show was on the road, the bagpipes resounding around the village. I know I am biased but this was the best Little Carnival with the Biggest Heart in the area; we had tractors, the lifeboat, fire engines, fairies and queens, floats and walkers. For such a tiny population it was so good to see so many turn out.

Everyone was back at the field by 7.30pm just in time to disband and get ready for the after show party. As we gathered in the road closed signs the heavens opened again and a thunder storm began. Whoever was watching over us, thank you for the four rain-free hours for our Carnival judging and parade

Then it was back to the hall to party. The band had let us down at 5.20pm on Friday, but it didn't matter. Dean had managed to conjure up a DJ from all the way across Cornwall who could get there by 9 o'clock. The crowd was building and the clock was getting near to 9 and I was just deciding that I would have to go on and sing (and for some strange reason others were saying I should give the DJ a few more minutes????) when the Dj turned up at 8.50pm. He managed to set up in 10 minutes and the partying raised up another notch! It was fantastic to see so many locals out and enjoying themselves at a time of year when we are all usually too busy and too tired to make the effort.

Thank you to EVERYONE who put in time and effort to help in any way at all. Thanks to the Crew, The Village Hall, and every single person who took part and everyone who watched - we couldn't do it without you. And I know that a lot of you are thinking about next year's entry - all I can say is start work now and you might be ready in time. We are!!





Tuesday 1 September

Coastal Challenge Series: Port Quin.

We're celebrating our amazing coastline this year by going out for a run on some of the best bits. 10k and 5k social runs with the help of Bodmin Road Runners. Join us for a BBQ after, bring your own food and drink. 7pm £1.50 per runner Further information and booking 01208 863821 or tom.sparkes@nationaltrust.org.uk

Saturday 12 September Make hay while the sun shines.

Help National Trust rangers encourage biodiversity in the marvellous hay meadows around Lundy Bay (near Polzeath) by raking off the cut flowers and grasses which have set seed. Whatever the weather you'll get a ploughman's lunch and cup of cider / apple juice for your trouble – all at a very competitive £1.50 per person. 10am – 4pm Contact: 01208 863821 or sarahe.stevens@nationaltrust.org.uk for further information.



Wednesday 16 September **Geology Rocks! Bossiney**, near Tintagel. Interpret the coastal landscape from a different perspective - join local expert Jane Anderson to guide us through the geological history of the area. Includes some steep, stepped coast path walking at Bossiney & Willapark. 1pm – 3.30pm. Bring suitable walking gear and refreshments. £3 per person. Info and booking: 01208 863046

Saturday 19 September Polzeath Mega Beach Clean

Help BeachCare, National Trust and Polzeath Marine Conservation Group volunteers clean the beaches at Polzeath 3pm Meet at the Marine Centre in Polzeath. All equipment provided. Contact 07779 896650 or polzeathmc@gmail.com for further information

The weather forecaster said it was "the end of Meteorological Summer", and a Swiss friend would have said "Les grosses chaleurs sont finis" — "The hot season has finished". The Carnival is



over, and lots of people think "That's it!". The change to autumn makes one think of clearing away (or out!) all sorts of things (rubbish?), and that leads to chance finds of forgotten items. One such example of serendipity was coming across a Guide to Port Isaac, published by the Port Isaac & District Tourism Association in 1998, and probably printed by Robin Penna.

Robin was a printer and publisher, compiler of maps of Port Isaac and St Endellion Parish, walker and author of books and maps of footpath walks (some still available from *Secrets*), Dee & Sam's predecessor as editor and publisher of *Trio*, my predecessor as Parish Footpath Coordinator, and for a time, Clerk to the Parish Council. The Port Isaac he describes is recognisable, but there have been many changes in the last seventeen years.

A catalogue of the village's facilities included three general stores, the *Co-op*, Ricky's *Port Isaac Stores* (now Martin Dempsey's gallery and *May Contain Nuts*) and the Pea Pod. Two newsagents were mentioned in the text, but three listed later: the *Co-op*, *The Post Office* and the *Pea Pod* (Henry's *Harbour Shop* had just become *Fearless* and the one at the top of the village, near Central Garage had already closed down). By then there was just one butcher, Mark Provis, in the second link between Church Hill and Middle Street.

There was a greengrocer (David Philps' *Pea Pod*) at Hicks' Corner, and a Post Office (open every day except Sunday, half days Wednesday and Saturday, with Jon Cleave as 'Postmaster General') in the *Boathouse Stores* - and *two* collections each day from the letterboxes. Two bakers (both *Keith Barnecutt's*, one low down Fore Street, now *Nicky B's*, the other up near *Trelawney Garage*), a chemist (*The Old Drugstore*), two garages (*Central* and *Trelawney*), with a petrol filling station at the latter, and many gift shops (as now) completed the tally, while Pendoggett (outside the village and Parish, but nearby) apparently still had a Post Office and general stores!

Surprisingly, there was no mention of fish shops, although *Dennis Knight's* and *Just Shellfish* were located in the Fish Cellars on the map, while *Orcades* was indicated nearby on Fore Street. Some places have changed name - who can remember *The Wheelhouse* restaurant (now *The Mote*), the *Lantern Restaurant* (later *The Edge*, now *Nathan Outlaw's*), or the *Cornish Café*? Others have disappeared, like *Castle Rock Hotel*, the *Courtyard Restaurant*, *The Shipwright Inn* and some guest houses (*Corestin* and *Rockmount* on The Terrace), possibly signs of a change in the way people spend their holidays?

The bank (*Barclays*, occasionally, at the end of Canadian Terrace) had already gone, but the public toilets were open year-round, and free. Taxis were available, but no Car Park at the entrance to the village, or shuttle to/from the bottom of the village. Diving facilities were mentioned, up beyond the *Headland Hotel* at Port Gaverne, but no coasteering. The bus was no longer *Prout Brothers*, or even *Webbers*, but *Western National*, which seemed strange as our trains had always been *South Western* or, later, *Southern Railway*, and they usually connected with *Southern National* buses.

I had forgotten that the link between Dolphin Street and Back Lane was called "The Bank", and that Meadowstile Lane was known as "Little Lane". The name Port Isaac was thought to derive from 'yzack', an old word for corn, although a few years later a derivation from a local Saint Dilic (*via* Illick and Issick) was suggested.

In the late eighties we had had a scare over a hole in the Ozone Layer in the atmosphere, which usually protects us from some harmful radiation from the Sun. The hole was found to be caused by then-common dry-cleaning solvents like CCl_A ,

Carbon Tetrachloride and, when these were banned, the hole healed up. In the late nineties we were beginning to be aware of anthropogenic global warming (caused by 'greenhouse gases' like CO₂, Carbon Dioxide, produced by us burning fossil

fuels), but Camel Friends of the Earth had not yet started what became the St Endellion Climate-friendly Parish project. Will we be able to heal our atmosphere, and the oceans, in time to avert irreversible and irreparable damage to our environment? If only it was as simple as banning a few solvents.

Robert Mander.



The shorter days and cooler nights of September signify a slowing down for the kitchen gardener. It's a time for reflection: on successes in the garden, or on the fact that all those green tomatoes still out on the vines are never going to turn red. I have grown 12 different varieties of tomato this year and I fear that all the time and love will go to waste ... unless we have a stunning September.

Like many fruits, tomatoes continue to ripen once they've been picked. Ethylene is a gas produced by fruits, including tomatoes, that promotes ripening. Many commercial tomatoes are actually picked while still green for shipping and ripened at their destination by introducing them to an ethylene-rich environment. However, tomatoes ripened after picking tend to be a little less flavourful than their vine-ripened counterparts, but for home growers, it's a great way to rescue those late-season crops and can be done naturally and with little effort.

Wash tomatoes and allow to dry completely before storing. For just a few tomatoes, place them in a paper bag with a banana and store at room temperature out of direct sunlight. Avoid high humidity, which can lead to decay or fruit fly issues. Larger quantities can be placed in a cardboard box instead of a bag. Leave a little space between tomatoes to improve circulation and speed up the ripening process. If dealing with an especially large harvest of green tomatoes, wrap each tomato in paper or place a few sheets of newspaper between layers to limit contact.

Taste wise, unripe green tomatoes bear little resemblance to their fully ripened counterparts. They are crunchy and slightly tart and completely lacking in that unmistakable tomato flavour. But when slowly simmered on the stove, green tomatoes come into their own. A touch of red on a few of the tomatoes is fine, as long as they're still very hard. Fully ripe tomatoes, though, will give your chutney a completely different flavour and consistency.

Green Tomato Chutney

1kg green tomatoes, cored and chopped

500g diced onion

250g sweet red peppers, cored and chopped 500g tart cooking apples, such as Granny Smith

6 garlic cloves, finely chopped 250 ml cider vinegar 200g soft brown sugar 15g sea salt

3 or 4 tablespoons finely minced fresh ginger, to taste

1 1/2 tablespoons mustard seed

2 teaspoons ground coriander

1 teaspoon ground cinnamon

1 teaspoon chilli flakes

Combine the tomatoes, onions, peppers, apples, garlic, vinegar, sugar, salt and spices in a large, non-reactive pot (stainless steel) and bring to a boil. Reduce the heat and simmer, uncovered, stirring occasionally, until thickened, about an hour. Cook until the chutney is the right consistency. I like my chutney thick and quite dry but it's your choice, if you would like to test your chutneys setting point, place a small plate in the freezer, pour a teaspoon of chutney on the ice cold plate, let it cool for 5 minutes and then you will have an indication of what it would look like once cooled.

Sterilising the jars:

This is one of the most crucial steps to successful preserving and you should never cut corners with this one. If you not do this properly you might find your preserved goods becomes mouldy and ferments sooner than expected. Preheat the oven to 100°C. Wash the jars in hot soapy water; do not dry them with a tea towel. Place the damp jars and lids on a clean baking tray; try not to touch the jars and lids on the insides. Place them in the preheated oven for about 40 minutes. Let the jars cool slightly before you scoop in the cooked product. Never pour cold liquid in to hot glass jars, you will end up with broken glass. Take extra care when sterilising the jars, if they are overheated they might explode.

Green tomato chutney will keep for several weeks in the refrigerator, or up to a year if the jars are processed in a water bath canner, which can be a worthwhile and affordable investment. But you can improvise. A boiling water bath canner is simply a large, deep pot equipped with a lid and a rack. The pot must be large enough to fully surround and immerse the jars in water by 1 to 2 inches and allow for the water to boil rapidly with the lid on. If you don't have a rack designed for home preserving, use a cake cooling rack to cover the bottom of the pot. Boil for 15 min then remove from the water and allow to cool.

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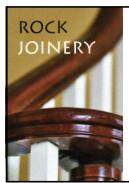


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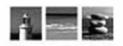
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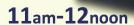
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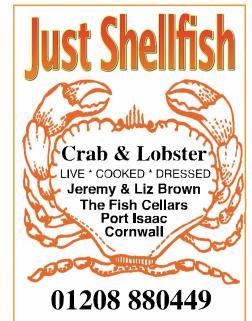
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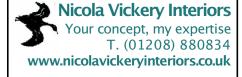
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Painting and Decorating

For any enquiries please ring

Jamie Carthew on

0789 1376145





Offering a seafood tasting menu at lunch and dinner and a set lunch menu

Dinner - Wednesday to Saturday 7.00pm – 9.00pm Lunch - Friday & Saturday 12 noon – 2.00pm

For reservations: 01208 880896

Outlaw's Fish Kitchen

serving small, delicious plates of fish and seafood

Dinner - 6.00pm - 9.00pm Lunch - 12 noon - 3.00pm

Reservations taken for dinner only on 01208 881183

Outlaw's Fish Kitchen is now open 7 days per week!

LOCAL INFO

Doctor's Surgery - 01208 880222

Repeat Prescriptions - 880242

NHS 24-hour Helpline - 111

Royal Cornwall Hospital (Truro) - 01872 250000

East Cornwall Hospital (Bodmin) - 01208 251555

Derriford Hospital (Plymouth) - 08451 558155

Local Dental Helpline - 01872 354375

Police (non-emergency) - 101

PCSO Claire Drennan - 0845 6567930

Police Station - 01208 895872

Civil Enforcement Parking Team - 0300 1234222

Rev Judith Pollinger - 01208 880181

Harbour Master - Byron Buse - 01208 880321

Lifeboat Operations Manager - Chris Bolton - 01208 880256

Electricity - 0800 365900

Water helpline - 0800 1691144

Parish Council:

stendellionpc@gmail.com

Cornwall Council - 0300 1234 100

Bowithick Tip - 01840 770778

Vet - Nutes - 01208 813258

Want to advertise in Trio?

Call 01208 880905 or

email: triopi@mac.com



Kerbside recycling collection - bags out 7am

Sunday September 6th

Port Isaac School's Indian Summer Fair on the Playing Field - 2pm-5pm

Thursday September 11th - Sunday September 13th

Flower Festival in St Peter's Church ending on Sunday September 13th with the launch for the Port Isaac Christmas CD, a Mad Hatter's Tea Party and Children's Harvest Festival

- 4pm

WHAT'S ON ... Saturday September 12th - Gig in the Garden at St Kew Inn - 12noon

Tuesday September 15th - Kerbside recycling collection - bags out 7am

Saturday September 26th - Endelienta Scholars Concert at St Endelliion Church - 7.30pm

Sunday September 27th - Carnival Raft Race & Tug-of-War

Tuesday September 29th - Kerbside recycling collection - bags out 7am

October 23rd - October 25th - North Cornwall Book Festival at St Endellion: talks and workshops for adults and children

Friday October 23rd - NCBF Children's Day at St Endellion Tom Hickox in concert at St Endellion Church - 8.00pm

Saturday October 24th - Papermaking Workshop in Port Isaac Village Hall - 10am Wild Willy Barrett's 'folk band' in St Endellion Church - 7.30pm

Friday October 30th - RNLI Harvest Festival & Auction at the Old School Hotel

Saturday November 7th - Annual Bonfire (7pm) & Fireworks (7.15pm) at Port Gaverne

Sunday November 8th - Annual Remembrance Service in St Peter's Church

Sunday November 15th - Zoltan Ensemble chamber group in St Endellion Church - 3pm **Saturday November 21st** - The BIG Port Isaac Show - Music through the Decades - in the Village Hall - hospice fundraiser

Saturday November 28th - Vintage Fair in Port Isaac Village Hall

Sunday December 12th - RNLI Christmas Market in Port Isaac Village Hall Three Spires Singers and Devon Baroque for Handel's Messiah in St Endellion Church

Trio Copy Dates 2015

MONTH

October November December

COPY DATE

Thursday September 24th Sunday October 25th Wednesday December 2nd

PUBLICATION DATE

Thursday October 1st Sunday November 1st Wednesday December 9th

Regular Events

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the VIIIage Hall. Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm- 4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

First Sunday in the month - Morning Worship at 9.30am
Second and Fourth Sunday in the month (and if there are five Sundays) Sung Eucharist at 9.30am

Every third Sunday - Morning Praise at 9.30am

St Endellion Church - Every Sunday at 11am

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page.

Make sure your event is included here! email info to triopi@mac.com or call 01208 880905