



This issue

Christmas Lights switch-on - p3
Vintage Fair - p3
Children's Christmas Poetry
Competition - p3
Port Isaac Church Rooms - p4
Port Isaac Christmas Gifts - p5

CD Carol Evening - p5
Fireworks - p5
Parish Council - p6

Christmas Greetings in the December Trio - p6

Planting new hedging - p6
National Trust - p7

Gulls - p7

Bells & Ballet - p7

Debt or Democracy - p7

Liam in California – p8

Doc M thankyou - p8

Gig in the Garden – p8

Fantasy Football – p8

Our MP, Scott Mann - p9

Port Isaac Chorale - p9

Remembrance Sunday - p9
Bus Trip to Barnstaple - p9

bus Trip to buttistaple - ps

Websites of the month - p10

Paul's seagull problem - p10

St Peter's news - pll

Music at St Endellion - p11

Climate Friendly Parish - p12

Stay & Playgroup - p12

Sighting of a Sea Otter? - p12

Schoolchat - p13

RNLI News - p14 & 15

Trelights Methodist Church Christmas Fayre – p15

Port Isaac Emergency Plan - p15

Martin's Comfort Food - p16

Trio is issued eleven times a year and is available in Secrets and the Co-op,
Port Isaac, or by post - £21 a year in the UK
To subscribe please send a cheque, made payable to Trio, Calenia, 3 Trewetha Lane,
Port Isaac, Cornwall PL29 3RN

To advertise in *Trio* telephone **01208 880905**

Published by Sam & Dee Littlechild

Tel: 01208 880905

email: triopi@mac.com

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.



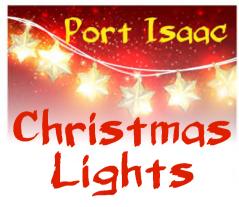
BAR & BAR FOOD

The Trio Print Service

We offer a village printing service to help offset the cost of *Trio*.

We can print in full colour up to A3, single or double sided, on paper or card up to 180gsm. The machine can tri or bi-fold leaflets or staple booklets. As well as leaflets and brochures we can print flyers, posters, menus etc. We also offer a design service or can prepare your design ready for printing.

To find out more contact Dee on 01208 880905/880862, email: dee54@mac.com



Over the years the Christmas lights have always been an ongoing saga in the village. With very little money and the winter weather to contend with, it hasn't been easy to light up the streets for the few volunteers who have turned out each year. Also most of the focus has been restricted to down by the harbour and even that has been a challenge. In the past it has been largely funded by private individuals so this year it seemed a perfect opportunity to apply to the Doc Martin Fund for help to put our Christmas lights on a more established footing and to try and link up 'the top and the bottom'.

The eventual aim over the next three years is to have five Port Isaac themed 'features' in key places, street lighting from Hilson Close, Mayfield Road, Silvershell Road, down to the Platt, Christmas trees along the way and 45 Christmas angels on the lamp posts. However, this year we will do as much as time allows and also see what the practicalities are of our plan. It may be subject to change and improvement, so don't be shy in giving us your ideas.

At 6pm on Friday December 4th we will have the usual "switch on" under The Slipway awning with mulled wine and mince pies in the Lifeboat Station.

As we will be putting some lighting across people's properties we would be grateful if you could let us know if you have any objections. And if you would like to help us in any way, we won't say no! We are also looking for temporary or permanent storage for the lights and installations. If anyone can help, we are happy to offer a nominal rent.

The Christmas Lights Team



Children's Christmas Competition write a poem for Trio

Write a short poem called

Why I Love Christmas

The competition will divided into two age groups – up to 7 years old and 8-11 years old, with prizes for the winning entries.

If you fancy having a go, your poem has to be in by no later than Tuesday December 1st. Of course, you can illustrate your poem if you want to.

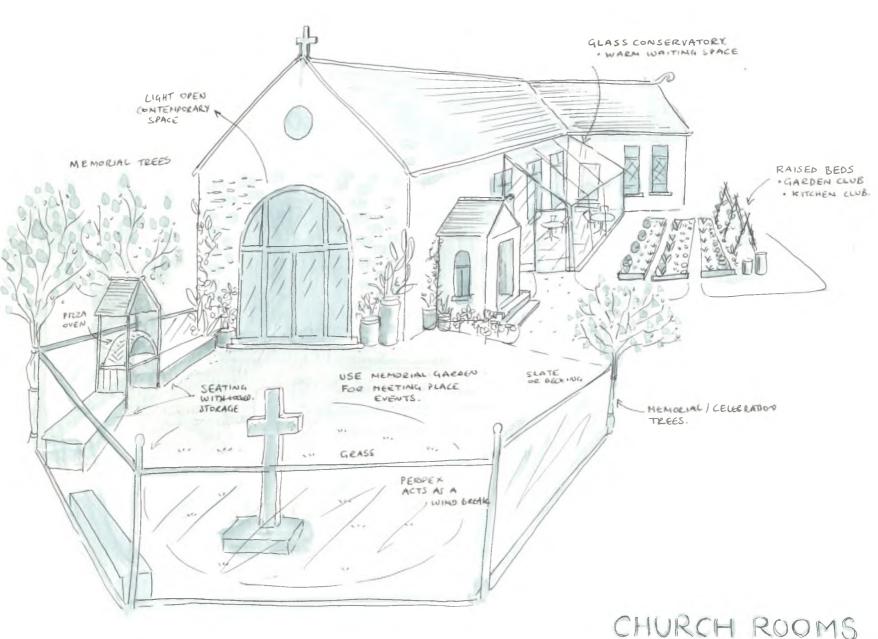
Drop your completed entry into Secrets or in Calenia, 3 Trewetha Lane or email it to triopi@mac.com

Port Isaac Community Hall

Port Isaac Church Rooms

Everyone is aware that the Church Rooms have been closed for safety reasons due to the dilapidation of the roof. The general feeling is one of sadness to see this large iconic building in the heart of the village decay, so plans are being drawn up to rescue it.

This drawing has been produced using ideas generated by the community so far since the closure of the building. To enable everyone to feel included in the important plans and to approach the right funding bodies, your suggestions are really important. So please feel free to add your ideas to this page about the use of the building, or designs which could be incorporated. Tear this page of our Trio and drop it into the Co-op or Secrets.



Port Isaac Christmas Gifts



There's the A Port Isaac Christmas CD and accompanying Christmas Cards, All the proceeds from the CD and all the profits from the cards go to Port Isaac School to fund music and arts projects.

Available in Port Isaac from the *Pottery,* Secrets & the Peapod. To get them sent to you in the post the prices, including p&p, are: CD - £12.50, Cards - £6 for one pack, £11.50 for two packs, by cheque made payable to Port Isaac Projects.



And what home is complete without copies of both of the PISCES cookbooks. Also available in the usual Port Isaac outlets plus May Contain Nuts and Trevathan Farm, from the Shop on the PISCES website - www.portisaacheritage.co.uk or in the post - price, including p&p £14.50 (A Second Helping) and £13.50 (A Taste), by cheque made payable to PISCES.

(Please email dee54@mac.com with details of your order for overseas prices)

Send your cheques to *Secrets*, Fore Street, Port Isaac, Cornwall PL29 3RD

A Port Isaac Christmas Carol Evening

Tuesday December 8th
7pm in St Peter's Church



As part of the funding for the CD project, we were asked if we could have an evening with everyone performing their Christmas songs.

We thought that the obvious time and place is the annual Christmas carol evening which this year is on December 8th and will be held in St Peter's as usual. It starts at 7pm with a glass of mulled wine and we hope that as many of those who sang on the CD will be able to come along and sing their Christmas carols.

Once again thank you to everyone who sang their socks off and made such a wonderful record. The sales are going really well and we hope to have a big push for the period leading up Christmas so we can give the school a really nice big Christmas present. We sent a copy to Ian Brown (Fisherman's Friends manager) and he said "FANTASTIC!" And we have already heard The Grenaways track played on Radio 2, so very well done!!

There are also Christmas cards on sale, with all the profits going to Port Isaac School as well, so do please spread the word - on sale at the *Peapod*, *Secrets* and the *Pottery*.

So come along and help us celebrate

A Port Isaac Christmas!

with mulled wine and mince pies

Port Gaverne Fireworks Night

Saturday November 7th
Bonfire lit on the beach 7pm Fireworks 7.15pm

Wood and hedge cuttings for the bonfire are welcome to be deposited on Port Gaverne beach from Wednesday November 4th. Please, no plastic or general rubbish which will be regarded as 'fly tipping' and reported accordingly. Port Gaverne is a National Trust beach and we give an undertaking to keep the bonfire clear of all but wood and hedge cuttings.

The Port Gaverne Hotel will be selling food from their patio area.

PARKING IN PORT ISAAC ONLY



www.stendellionpc.com

Casual Vacancy

We have yet to be able to fill the vacancy on the Parish Council. If you are interested in serving your community in this way, please contact the Chairman, Cllr David Raynor, Tel: 01208 880581, Email: David.raynor@unicombox.com. This is a most worthwhile way to benefit the local community.

Planning: The following applications were received and Members made the following responses to Cornwall Council:

- 1. PA15/07216, Tregudda Road from Treore Lane to Port Gaverne Hill, Port Gaverne owners' accommodation to include a laundry / store room, a boiler room and living accommodation. Members supported this application.
- PA15/07344, Magpie Cottage, Trelights works to a tree subject to a tree
 preservation order. Pruning of lower overhanging branches of ash tree.
 Members supported this application.
- 3. PA15/07929, Land North of Springside Barn, Trewetha proposed two-bedroom dwelling on vacant infill site (may affect a public right of way). This application was later withdrawn.
- 4. PA15/08295, Tresunger, Port Isaac listed building consent for emergency repairs to include the re-roof of existing dwelling and repairs to damaged walls and structure. Members supported this application.

Planning Decision Approved by CC – for information only

- PA15/05860 and PA15/05861, Boskennsa, Fore Street, Port Isaac –various internal and external alterations of cottage to include installation of railings and roof-light and rebuilding of chimney stack
- PA15/07227, 91 Fore Street, Port Isaac demolition of existing house and construction of new house.

Enforcement Cases – for information only

- 1. EN15/01014, Land North East of Port Gaverne Hotel levelling of the land and importation of hardcore to create a car park for customers of the Port Gaverne Hotel. A large caravan and shipping container had also been brought onto site. Case officer Serena Wearne. It was reported the caravan had been removed, but the shipping container remains.
- 2. EN15/01190, Harbour Heights, Rose Hill, Port Isaac alleged non-compliance with approved plans. New access track and parking space created. Case officer Serena Wearne had made a site visit and noted the landowner had not carried out the agreed works to re-grade the track and stop up the access onto Rose Hill. She will speak to her line manager with a view to serving an Enforcement Notice.
- 3. PA15/01293, 15 Fore Street, Port Isaac new agricultural style storm door to the exterior of the existing house, on the beach facing side of the listed building. Case officer Tammy Burden advised that whilst a breach of planning control had occurred, overall the installation of the replacement door identified is considered to respect and preserve the special character of this listed building and it is considered not expedient to instigate enforcement action at the present time.

Roscarrock WCs

Members met with Mr Jon James, CC to discuss their future on 23rd September 2015. They proposed to Mr James that he investigates the installation of Paye As You Enter doors, to help defray the cost of running the toilets. He has subsequently advised that this is something he is considering for a number of facilities and he is working on a business case.

New Road WCs

Members have awarded the contract to refurbish the toilets to SW Building and Maintenance Ltd.

War Memorial

A site meeting had been held with a representative from the Diocese and a temporary tarpaulin will be erected over the damaged roof, to protect those visiting the War Memorial.

Gillian Thompson Parish Clerk / RFO

Email: stendellionpc@gmail.com

Hedging our bets on good weather!

Just a reminder that we are looking for volunteers to plant new hedging in The Main Car Park on Sunday 8th November. We'll be up and running with the BBQ going for free bacon butties from 9.30am.

There is something everyone can do, you don't have to be fit enough to do the actual planting. Each little whip of hedging will need some tender care with a rabbit spiral and a little trim to help it put down its roots. So bring a spade or a pair of secateurs and we'll give you training. See you there!

St Endellion Parish Council

(If the weather is terrible we'll roll over to the next Saturday/Sunday - call 01208 880834 for info)

YOUR CHRISTMAS GREETINGS IN TRIO



The Christmas issue of *Trio* will be published on Wednesday December 9th. If you would like to include your own personal or business Christmas greeting in this special festive issue, you need to start thinking about it now. Basically there are two size options - see

examples. Just let us have your message - hand it in to Secrets or put it through the letterbox, send it in the post or drop it into Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN, along with the appropriate payment (cheques made payable to Trio) to arrive NO LATER THAN DECEMBER 1st.





Saturday 12th & Sunday 13th December

SCRUB'N'SPUD AT PENTIRE nr Polzeath

Help National Trust rangers in their efforts to reduce gorse and blackthorn to promote greater biodiversity at our valuable coastal habitats at Pentire. To reward your efforts we'll cook up a jacket potato lunch on the bonfire. Family friendly and a grat way to meet new people. Come along on one or both days. Free. 10am-4pm Call 01208 863821 or email sarahe.stevens@nationaltrust.org.uk for info or to book your place



Bells and Ballet

Are you free on Friday mornings? If so why not have a go at hand bell ringing at Rock Methodist Church from 10 am to 12 noon. No previous experience required, but a sense of humour helps! It is very enjoyable and good for exercising the brain.

Not only bells but also there are now adult ballet classes available at Delabole Methodist Chapel on Thursday mornings, 10am to11am. A very good form of exercise to beautiful music and a lot of fun. Again no previous experience (or tutu's) required!

If anyone is interested I can give them a lift in the car. Contact me on 880457.

Liz Rowe

Gulls flew to Slovenia

Gulls were invited by the Somerset based *Voice of the People* choirs to sing with them on their autumn trip to Slovenia. We didn't know much about the country but decided to go – and how glad we are that we are did. We had such a brilliant time that could



"Go back a bit further ... just a little bit more ..." said the passer-by we asked to take our photo!! Clearly he wanted to see if Gulls could swim!!

have only been better if our 'baby' Gull had been with us. We flew to Venice and then travelled by coach along the coast to Portoroz and then to Lake Bled so got to see quite a bit of the country along the way – and we were amazed by how clean everything was and that there were no roadworks! And we were also amazed and overjoyed by the cake ... cake (and cherry pie) to die for, really huge slices that nearly, but not quite, beat us!

In Bled we met up with Slovenian choir *Musica viva Kranj*. Our first meeting with them was in a bar where they sang to us, we sang to them and we all sang together. It didn't really matter that most of them did not speak English and none of us spoke Slovenian (I say none of us – one of us learned the word for thankyou!). And *Gulls* knocked them (and the Somerset choirs) dead with our rendition of the Boogie Woogie Bugle Boy - although we will probably be remembered most for our shower cap game! Unlike us, *viva Kranj* have been going for 70 years and one of the singers we met was an original member. Singers have to pass an audition to join and they sounded amazing – the men's voices made us go weak at the knees and the ladies sang like angels. We did notice that the sopranos were a lot taller than us and thought that might be why they could hit such high notes!

And as for us, we sang at the airport, we sang on the bus, on a train, in the hotel, round the lake, in the bar, we even serenaded the oarsman (and a young couple who had probably boarded the boat for a romantic interlude on the lake) who took us over to Bled Island. You can imagine the look of dread on the said young couple's faces when they saw us in the hotel at dinner that night!

And we laughed ... a lot. There had been times over the last few months when we were learning the repertoire for the tour that we wondered why we were doing it! Now we are home, we realise all the hard work was worth it. And now we realise we can actually fly, well, where shall we go next

Debt or Democracy

Mary Mellor (nee Hicks, who was born in Port Isaac), sees her sixth book published this month. 'Debt or Democracy: Public Money for Sustainability and Social Justice' (Pluto Press) is an analysis of the political response to the 2007-8 financial crisis. In the book she criticises deficit 'hysteria' and challenges the need for austerity, arguing instead that the commercial sector needs a thriving public economy. This is her third book on the financial crisis and its aftermath. The previous books were *The Future of Money* and *The Politics of Money*. Mary is Emeritus Professor at Northumbria University in Newcastle. She is a



founder member of the World Economics Association and is much in demand as a public speaker at home and abroad. There are a number of these talks on youtube. She regularly returns to Port Isaac and much enjoyed the recent visit of Fisherman's Friends to the North at Durham.

Jalifornia



A big thank you to the Doc Martin fund for helping with the cost of this trip. It was an amazing experience. 36 countries sent a team to the competition and over 300 junior surfers enjoyed good waves and made new friends. Liam finished in 41st place and Team GB were just outside the top ten finally finishing 11th. A massive achievement!

Next year the competition is closer to home in The Azores, Portugal and Liam will be part of the selection process and hopefully in the team again.

Thanks to everyone who followed his progress and supported him.

Sue and Liam

To the Doc Martin Fund Committee

Many thanks for your very generous grant to the Golden Circle.

It has immediately given us opportunities to broaden our interests and we are looking into talks and demonstrations for the new year.

Our members are all delighted and everyone is thinking of ideas for 2016.

Annie Philp and Jill Aldridge

Being British ...

is about driving a German car to the Irish pub for a Belgian beer and a glass of French wine. Then, on the way home, grabbing an Indian curry or a Turkish kebab to sit on a Swedish sofa and watch USA programmes on a Japanese TV. And most of all being suspicious of anything foreign. And only in Britain can you get pizza delivered to your door faster than an ambulance; do banks leave both doors open but chain pens to the counter.

sent to Trio by Sandie B

Gig in the Garden 2015

The Gig in the Garden, organised jointly by NCB Radio and St Kew Inn, raised in excess of £4000. The day was intended to raise funds for NCB Radio, your local community radio station, FLEET and St Kew Playing Field Trust. We started off aiming to raise about £2000 and are delighted that more than double this sum was achieved. As a result, the organisers would like to spread their donations a little more widely by also giving £500 each to St Kew Primary School and St Kew Pre School with NCB Radio, St Kew Playing Field Trust and Fleet each receiving just over £1000.

As all those who attended the event were told on the day that money raised would be going to NCB Radio, Fleet and St Kew Playing Field Trust, the organisers do not want to make additional gifts without making everybody aware that this is the plan. If anybody objects to the funds being spread a little more widely then previously planned in view of the amount raised, would they please contact jenny@ncbradio.co.uk by 5 November 2015. If we do not receive any objections, by that date, the funds will be distributed as above.

To hire Port Isaac Village Hall call Julia on 01208 880142



Fantasy Football 2015/16				
<u>LW</u>	POS	TEAM	MANAGER	<u>POINTS</u>
2	1	MAYBEES	Tom Bishop	291
18	2	ABOUT TIME	Margaret Honey	284
8	3	FLYING FOREST	Kevin & Emma Honey	282
5	4	MEN BEHAVING BADLY	Richard Hambly	278
1	5	GOTTA LOT ON, GOTTA GET ON	Karen Grills & Matt Brewer	277
11	6	MUDGUTS MARAUDERS	Ann Cleave	273
14	7	EVIL MONKEYS	Jake Treacy	271
7	8	FOXHOLE ALLSTARS	Bryan Nicholls	270
3	9	DIRTY SANCHEZ	Danny Treacy	269
9	10	STILL NO F IN LEEDS	Lardman Lanyon	268
10	11	MOTS FLYERS	Tom Cleave	265
4	12	TOM'S TEAM	Tom Lobb	264
6	13	AFTER THE STORM	Kevin Grills	256
17	14	EVERTIM FC	Tim Witherden	255
16	15	DYNAMO FUCHTHEREST	Andrew Grills	252
13	16	THE LOBBIES	Pete & Julie Lobl	251
15	17	BADA BING!	Paul Honey	242
12	18	HAVEN'T GOT A KALOU	Harry Hambly	230
21	19	HONEYBABES	Jean Herring	199
19	20	FINE PIECE OF HICKORY	Chris Witherden	198
19	21	LIDDSPURS	Peter Liddicoat	196
20	22	STAY TOO LONG	Dan Grills	195
25	23	SCHOOL'S OUT!	Tom Penny	186
23	24	SAME OLD BLUES	Andy Penny	172
24	25	THE CALL OF DUTY	Joshua Grills	155
26	26	LUCKY LADS	W Herring	61
up to October 23rd 2015				

Our MP, Scott Mann talks to Trio

George Osborne has announced radical plans that will see local authorities devolved power over business rates as well as a new programme to build more homes. This means Cornwall will be able to keep all the funds it raises through business rates, while having the power to cut rates to attract business. Planning rules are also to be relaxed on brownfield sites for construction of homes, meaning less greenbelt land will have to be used

Normally, business rates, which are set by central government but collected by local authorities, are handed over before being redistributed equally. This means that a local authority can see less money returned than what it originally took in.

Now though, Cornwall Council will keep all the money it takes in, which George Osborne says will see £26bn diverted from central to local government. Councils will also be able to cut rates to relieve a burden on business owners and subsequently attract more business due to lower costs. Only councils with elected mayors will be able to raise rates, with the government also introducing a 'safety net' for any area where business rate receipts fall by 7.5%.

Meanwhile, the Chancellor's Four-Point Plan for housing will see planning rules on brownfield sites removed to free up land for development, with the housing budget directed towards new 'low cost homes for sale' for first-time buyers.

The government will also bring forward sales of its own land and buildings to raise up to £5 billion, which will be recycled to help fund new infrastructure projects.

I recently travelled to Bude to witness the launch of the town's new Coastal Community Team which has been awarded £10,000 from central government. The team are aiming to attract custom and thus job creation, as well as provision of services for 16-19 year olds. St Endellion and Wadebridge were also successful in North Cornwall and I look forward to hearing their proposals also.

A number of concerns regarding traffic management have been brought to my attention in recent weeks. Both Werrington Primary School in Launceston and St Teath Primary School are looking to introduce traffic calming measures to ensure the safety of their pupils, parents and staff, and I will be contacting Cornwall Council to stress these present dangers and ask that work be done to make the areas safer.

Ideally, I would like villages and communities to have the power to set their own speed limits or devise their own traffic management plan. Should I be fortunate enough to secure a Private Members Bill during this Parliament, I would consider giving this power to local communities.

Port Isaac Chorale ... singing for a Tenor

As the last few members return to the nest following their exotic travel to far off lands, the chorale have already started the Autumn term rehearsing pieces of music for our forthcoming concerts. The Chorale will be performing at St Peter's Church, Port Isaac on Friday November 27th at 7pm and at Withiel Church on Wednesday December 16th at 7pm - a new venue for us where we will be raising funds for the local playgroup and towards a mobile chemotherapy unit for our chosen charity, Hope for Tomorrow (supporting a local, mobile chemo unit).

Herald the festive season in style and join us, and other who sang on the A Port Isaac Christmas CD, on Tuesday December 8th at 7pm when we will be performing at the annual Candlelit Carole Evening in St Peter's Church. We will also be Carol Singing at The Red Lion, St Kew Highway on December 13th at 7.30pm and at St Kew Church Christmas Concert on Sunday December 20th at 7pm. There will be another opportunity to join us (and the rest of Port Isaac) for an informal gathering of carol singing at the Port Gaverne Hotel on Tuesday December 22nd. Get there early!

TENORS WANTED ... At this point we would like to extend an invitation to any tenors, male or female, to come and swell the ranks (or perhaps you know of someone who would like to join this friendly mixed choir with an active social life!). We have a varied repertoire and enjoy competing in the local Music Festival. We meet every Tuesday at Port Isaac Village Hall. You can contact either MD Janet Townsend, on 01208 880505 or Secretary. Pat on 01208 880969 for more details.

Finally, congratulations to the two teams who represented the Chorale at the recent Quiz night in Wadebridge to raise funds for The Wadebridge Music Festival. We won \dots a box of chocolates!

We regroup again at the village hall on Tuesday January 12th 2016. In the meantime, all we want for Christmas is....a tenor!



It was great to hear news that UK unemployment has fallen to a seven-year low of 5.4%, and that the number of people in work has risen by 140,000 to 73.6% - the highest rate in the country's history. More specifically in the South West, 208,000 more people are in work than five years ago. With average weekly earning rising by 3%, this means more people are taking home more money.

Temporary Constituency office: Suite 1, Coldrenick Farm, Helland, Bodmin, PL30 4QE T: 01208 75656



Christmas
Shopping Coach
Trip to Barnstaple
Tugsday November 17th
9.30am from the
Peapod
Book your seat with
Annie Philp on
880262

Websites of the Month update on climate change

Over the past few years, the number of websites that are concerned with the impact of climate change have grown enormously. Sorting out the ones that can give you useful information is quite hard, and so I thought this column could be about some that give clear, simple information – and in fact some newspaper websites do a pretty good job. Part of the reason for returning to this topic is that at the end of this month COP21 - the United Nations Framework Convention on Climate Change (http://tinyurl.com/o4mtmvd) will be held in Paris – another conference that has been described as our last chance to get things agreed that might limit dangerous climate change. I have to say I am not that optimistic and one of the people who predicted the problems we are now experiencing decades ago, James Hansen, says that we probably have left it too late. You can read his views here http://tinyurl.com/oe8dgh5. Fingers crossed then!

A number of reports on recent research and analysis can help guide us to the main issues and so to some of these useful websites.

Firstly permafrost. Permafrost is frozen soil that has been below zero degrees Centigrade for at least two years. It lies under about a quarter of the northern hemisphere, mainly around the Arctic. It can range from about a metre deep to over one and a half kilometers. The reason it has become important is that it contains lots of methane, a bit like the gas you get in Calor gas. As the permafrost melts, it gives off this methane, and methane is about 20 times as potent a greenhouse gas as CO2. The recent research confirms much earlier work that the melting of the permafrost is accelerating (see http://tinyurl.com/ozkjjw5). The Siberian Times (not a paper I usually look at) has a great feature about the craters that are forming in the permafrost as part of this process. The reason this is so important is that the Arctic is heating up much faster than the rest of the planet (so called arctic amplification http://earthobservatory.nasa.gov/IOTD/view.php?id=81214) and sudden changes in climate followed just such warming in the past, and this was associated with methane entering the atmosphere in large quantities.

Next up are the Arctic and Antarctic ice sheets. These sheets of ice are melting at an accelerating rate as well. One recent report summarises it well for the Antarctic (http://tinyurl.com/ollgjaq - with a link to a very technical report) suggests that we are on track for very large rises in sea level in the lifetimes of our children. The arctic ice is also melting fast, and last year was a record. In fact this year is slightly less extreme than last year and details can be found at the snow and ice data centre http://nsidc.org/arcticseaicenews/

The future of the oceans is at serious risk due to two main problems. Firstly the sea is warming and this year it will also be particularly affected by the El Nino effect – a regular cycle of weather systems that is apparently becoming more powerful as the climate warms. This year it is particularly strong and the predicted impact on coral reefs is shown on this website http://www.coral.noaa.gov . Alongside this is the way that CO2 makes the sea more acid – so called ocean acidification. This is being researched locally at the Plymouth Marine Laboratory where we have one of the world's leading authorities Dr Carol Turley, leading the team http://tinyurl.com/po7cpft

Also, even more locally, the National Lobster Hatchery http://tinyurl.com/p2onfd3 has been conducting research on the impact of the many problems that human activity have created for the oceans on lobsters in particular, and the wider ecosystem.

Then there is the Jet Stream. In the UK we are particularly affected by this fast moving wind that blow around the globe at just about our latitude. These high winds have a major impact on our weather and there is accumulating evidence that its behaviour is strongly affected by climate change and a useful discussion is here http://tinyurl.com/ogjapok. The results of the changes are unpredictable in detail, but the broad outline will be that we are likely to experience more extreme weather.

The levels of CO2 in the atmosphere – the blanket of gasses that act to keep the Earth warm (a really good thing as without it we would freeze) continues to grow (not a good thing as we get too hot). These levels have been continuously measured since the late 1950's by sending a weather balloon into the sky above Mauna Loa in Hawaii and recording the level of CO2 and you can see the graph here http://www.esrl.noaa.gov/gmd/ccgg/trends/. The thing to notice is that it is just going up – none of the agreements like Kyoto have made any difference, so if we really want the graph to start changing direction, we need to do something different.

Tony Wainwright



Dear Paul, we are so sorry
That you felt the need to write
About your problems with the gulls We understand your plight.

I've thought about your worries With the birds and somehow find That an Alfred Hitchcock movie From the sixties comes to mind.

Please do not stop delivering For that would be a sin. We need you here, so please be brave Dont let the seagulls win!

The bills will still be coming For those who aren't online And we will be in trouble If they don't get paid on time.

Us old folk in the village
Often wait to get a letter
For a hospital appointment
That will make our bodies better.

And birthdays come and birthdays go It would seem rather harsh Not to receive our birthday cards (When they could be our last!)

If our mail returns to Bodmin However will we cope? Please, make friends with our seagulls -This is our only hope.

We undertand your worries -Your concerns about the mess And I cannot help but wonder -Have you thought of fancy dress?

A seagull suit might save the day Although some folk might grin Or I've got a penguin onesie That you'd look fantastic in!

And, come next Spring, I hope the gulls Realise they've judged you wrong -You're not a threat but a very nice man -I'm sure you'll get along.

If you could be friends together I would be rather glad For Port Isaac without seagulls Would be really very sad.

Following last month's *Trio*, Olive Strout has asked us to advise that Seagulls are a protected species.

Church Diary Dates

Sunday November 1 (All Saints' Day)

9.30am - Sung Eucharist, St Peter's Church, Port Isaac

11am - Morning Worship, St Endellion Church

MondayNovember 2 (All Souls)

6pm - A service to remember departed loved ones, St Michael's, Porthilly

Wednesday November 4 7.30pm - Healing Service, Thalassa, Porthilly

Sunday November 8 (Remembrance Sunday)

9.30am - Said Eucharist, St Peter's Church. Port Isaac 10.30am - Remembrance service, St Peter's Church, Port Isaac

10.55am - Sung Eucharist, St Endellion Church 6pm - Taize Service, St Endellion Church

Sunday November 15 9.30am - Morning Praise, St Peter's Church, Port

Isaac

11am - Sung Eucharist, St Endellion Church

3pm - Concert - The Zoltan Ensemble, St Endellion Church

Tuesday November 17 7.30pm - Whist Drive, St Endellion Church Hall

Thursday November 19 7.30pm - Mothers' Union, St Endellion Church Hall

Sunday November 22 9.30am - Sung Eucharist, St Peter's Church, Port

Isaac

11am - Sung Eucharist, St Endellion Church

Thursday November 26 8pm - Julian Meeting, Rock House, Delabole

Sunday November 29 9.30am - Sung Eucharist,

Do you, or someone you know, need a listening ear? Tel: David Foster 01208 880008

Autumn Days and Winter Night

We have reached that time of year when the phrase "winter draws on" would seem most appropriate. It is unthinkable to us now but in the 1950's that joke, with its obvious double meaning, was deemed as unfit for broadcast by the BBC. How times do change!

But for some the onset of colder weather is no joke at all. For most of us the arrival of short days and long evenings is just another part of the year and one that has its own pleasures. Cosy nights by fire with a bit of tele or a good book; the curtains drawn against the storms and winter winds are, for most of us, a time to enjoy. It is just part of the round of seasons. However for some people winter is something that is to be faced with dread. For those who are on their own this can be a time of great loneliness. The difficulties of getting about on cold days mean that some folk don't get out so much and lose contact even with those who are close by. Winter bills can stretch limited budgets to breaking point so that the cost of staying warm becomes prohibitive.

The bible tells us to "Love our neighbour as ourselves" and there is surely no more important time to do this than when the frosts arrive. But loving our neighbour does not stop at the end of our street. Winter days and especially nights are a brutal time for the homeless and we give thanks for the work of St Petroc's and all who work to ease the suffering of those without a roof over their head. So as we stack our logs and prepare for the coming days let us spare more than a thought for those who are less fortunate than ourselves.

David Foster

Music at St Endellion

The autumn season of concerts at St Endellion Church continues with a welcome return of the Zoltan Ensemble. Lowri Porter, Nancy Johnson and Rosalind Gladstone, regulars at the St Endellion Summer music festival will be joined by Laura Kernohan and Rose Redgrave, to play delightful string quintets.





Mozart's String Quintet No.3 in C Major- colourful and melodious this is considered among the very greatest of Mozart's chamber music masterpieces. **Brahms** String Quintet No.1 in F Major- rarely performed, offers a rich tapestry of contrasts throughout. The programme will showcase the virtuoso playing abilities of these talented professional musicians. Also, if you prefer a daytime concert to avoid the dark evenings, the occasion offers a real treat.

Tickets are £10 (free to accompanied under-16s), available from the Endelienta Box Office: telephone 07787 944935 or online at www.endelienta.org.uk or you can call in at the Wadebridge Bookshop, or on the door.

In December we have a treat in store, on Saturday 12th at 6pm there will be a special performance of Handel's Messiah at St Endellion with Cornwall's premier choir The Three Spires Singers and The Devon Baroque Orchestra and soloists Grace Davidson, Benjamin Williamson, Nocholas Hawker and Stephen Kennedy. This is likely to be a very popular concert and you are advised to book early either through the Hall for Cornwall or locally through Sue Foster on 01208 880008 to get tickets in advance; prices £15 centre/£12 side aisles, under 18s half price.

Sighting of a Sea Otter?

My wife and I have been visiting our family's cottage in Port Isaac for over forty years and last Saturday (24th October) we saw something that we had not seen at Port Isaac before. While walking down from the car park at high tide we saw a creature about 1.5 metres long with four legs and a tail swimming and diving in the sea beneath the cliffs. We continued to watch as it swam around the headland towards the harbour. By this time we had a better view and were convinced that it was a "sea otter" (if that is the correct terminology). It swam into the harbour and headed for the rocks and small caves on the South side of the harbour. It was not seen after that.

Can any *Trio* readers please advise whether our assumptions are correct and whether an otter has been seen regularly in the vicinity in the recent months/years?

Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon

This is what is planned for the group in the next few months

November 3rd - Making toilet roll fireworks

November 10th - Making poppies

November 17th - Bring a book for storytime

November 24th - Assault Course

December 1st - Making Christmas cards

December 8th - Making Christmas party hats

December 15th - Christmas party

If you want to know more contact Bonnie on 880946 or Cherry on 07900 527610



We seem to have been living internationally recently, what with an eye-opening pilgrimage to the Holy Land, and the Rugby ... we were with Welsh exiles while there were still Northern Hemisphere teams playing, but now I'm left wondering whether the Climate Change Conference in Paris next month will get half the press and media coverage the World Cup received. It should because, despite the sceptics, Global Warming and the resulting Climate Change are vitally important to all of us, without exception.

The arguments have been rehearsed many times in these articles over the last few years, but there are signs that world leaders are beginning to take notice, and that necessary decisions are being taken. It is good for the economy of North Somerset that work seems about to start on Hinckley Point 3 nuclear power-station, although the jury is still out on whether nuclear generation of electricity is actually carbon-neutral, or even safe in the long-term — and anyway, will it be complete and generating in my lifetime? A further question is how far we should accept the necessity of Chinese finance (and, hence, influence) on such a fundamental feature of our country as its provision of electricity.

It would seem logical that larger vehicles are, proportionately to the load carried, more economical with fuel than smaller one. Hence it would make sense to travel by bus (or equivalent form of collective transport) rather than by private car, whenever possible. We have often, as a result, advocated the use of our infrequent, but surviving, bus service. We were intrigued to hear that the United Arab Emirates is encouraging use of its buses by developing improved bus shelters for the passengers (I don't like to call them "customers"). Free Wi-fi was just one among the many benefits to be offered; we are happy if shelter from wind and rain, and a seat (rather than a perch!) are provided, but perhaps we are not sufficiently 'media-conscious'.

Hearing the possibility that Trelawney Garage might move elsewhere in the village, and that residential development of its site occur, reminded me of the history of our bus service, and its links with the railway history of the area. John Prout's horse-buses linked Port Isaac to the Great Western Railway at Bodmin Road from about 1880 until his death in 1890, his widow following suit until her death in 1894. Their sons, Richard (born 1868) and Mark, severally or together, became agents for the GWR and L&SWR at Wadebridge when the railway opened to there, operating connecting bus services. Mark's son, another John (born 1898) introduced a 14-seater motorbus in 1921, and soon the site at the top of the village was acquired, and the business became Prout Brothers'. From 1930 Southern National, a bus company associated with the Southern Railway, took over services *via* Port Isaac Road station.

John and his brother, another Mark (born 1905) continued through the war years, starting school contract work in 1941-42. Southern National took over the Wadebridge route in 1952, and ran it for nearly twenty years. In October 1966 the North Cornwall railway line closed, and the Bodmin-Wadebridge-Padstow line in January 1967. Southern National finally withdrew its bus services at very short notice on 31stJuly 1971

Prout Brothers resumed their Port Isaac-St Minver-Wadebridge service from 3rd August 1971, successfully tendering to operate a County Council subsidised service on deregulation of bus services in 1986. Loss of the school contract from December 1994, together with reaching the age of 65, caused Mark Prout (the third!) to re-assess the future, and decide on retirement. Saturday 7th January 1995 was his last journey to-and-from Wadebridge. Since that time the filling-station and garage have been in other, local, hands, while Webbers (of Blisland), Western National (!), Newquay-based Western Greyhound and, now, Stagecoach Devon & Cornwall (a company part of one originally based in Perth, Scotland!) have provided our remaining local bus service.

Should you wish to venture further afield, I can recommend the walk from Readymoney Cove (Car Park well-signposted in Fowey) westwards along the Coastpath to Gribbin Head (excellent views from the red-&-white striped sea-mark). Continue northwards along the Coastpath, crossing three stiles located 'South of Polkerris'! to Polkerris, where food and refreshment are to be found. From Polkerris the Saints' Way may be followed back to Readymoney Cove. About eight miles, a six-hour saunter, with some ups and downs, and a variety of scenery, all to be found on Ordnance Survey 'Explorer' (1:25,000) Map no. 107 (St Austell & Liskeard) or 'Landranger' (1:50,000) Map no. 200 (Newquay & Bodmin).

As Peter Gibbs says "May the weather be with you!". Good walking.

Robert Manders

Circles and Cycles Creative Arts and Literacy

This half term we have come together with the children from Boscastle school to take part in this initiative.

Dance teacher Sarah Waller has been to both schools and put together a performance based on the topics each school has been studying. Our children in Class 1 learned a dance based around the sea and treasures from the sea. This was incorporated with the dance Class 2 performed based around a Viking invasion and battle.

Both schools dances were then combined. All the children performed in the meadow at Boscastle in the morning then came to Port Isaac to perform on the Platt in the afternoon.

Biking Vikings

Local artist Reg Payn came into school to help the children design a bike for the Wadebridge Bike Festival. Using the theme of Vikings which we are studying in history, the children made shields and the prow and stern of a longboat and attached them to a bike. Lights were used to enhance the effect. Class 2 also made their own shields decorated with

Hallowe'en Disco

The annual Hallowe'en disco took place in school before half term. Lots of spooky fun and dancing were the

schoolchat

news & views from Port Isaac School

Class 2 Poetry

Our children are very creative when it comes to poetry, here are two of poems written recently.

The Woodlands of Wonder

In the woodlands of wonder I heard The sound of crunching leaves Breaking as I walk.

In the woodlands of wonder I heard The cry of a buzzard Circling its prey up above.

Year 6

The Sea Is The Best

The sea is full of waves and dreams, Nothing is bigger than the open sea. Storms and land, nothing can beat it Although there is the sky.

But the sky isn't full of friendship and fun

So we can admit the sea is the best Nothing can beat it

Class 1 Farm to Fork

Class 1 have been a part of
Tesco's farm to fork program
which helps the children
understand where our food comes
from. They have taken part in
tasting workshops and also
prepared pizzas to sell at the

St Endellion Book Festival

Year 5 and 6 children went along to the book festival at St Endellion Church. Two children's authors held workshops based on the books they have written and

there was also a combined session for all the children. Eight primary schools attended what proved to be a very enjoyable



Harvest Festival

We held our Harvest Festival in St Peter's Church on a glorious sunny day. The children performed a poem and sang songs accompanied by the guitar and the blessing was led by Rev Elizabeth Wild. Afterwards the year 6 children collected donation for the produce that the children had brought into school.



In previous years we have alternated with the panto to brighten up your end of year blues with a Barn Dance. This year we have decided to change our format. Through our long friendship with the well known Auctioneer and RNLI supporter, Richard Hamm, we have been given the opportunity to run our very own *Antiques Roadshow*. Why not join us for a social hour or two you never know it may be a real eye opener (and possibly next years Caribbean holiday!).



Bearnes Hampton

& Littlewood FINE ART AUCTIONEERS

FREE will be giving ANTIQUES VALUATIONS

Tuesday December 29.

PORT ISAAC VILLAGE HALL



WELCOME ELIZABETH

Port Isaac RNLI Crew and Committee extended a very warm welcome to our newly appointed Priest-in-Charge of North Cornwall Cluster Churches, Reverend Dr Elizabeth Wild, when she recently visited the lifeboat station,

Chairman, Bob Bulgin and Lifeboat Operations Manager, Chris Bolton extended an invitation to Rev Wild to take up the position of the station's Appointed Chaplain following on from the popular Rev John May. She expressed her honour to be invited and willing acceptance, pledging her interest and support in future RNLI activities.



Crew member George Cleave seen here with Rev Elizabeth when showing her around during the station

PORT ISAAAC RNLI

CREW

It has been a great month for the station with many exercises, two shouts and an enthusiastic welcome back aboard to Kevin Dingle who, after a short retirement, has returned to the station and the crew. Kevin has had many years of experience with Port Isaac RNLI and is a great asset to have back.

Our first shout was to a man who had fallen down at Rocky Valley and fractured his tibia. Due to the coastquard not being active at Port Isaac and the reduced numbers at Boscastle, we were tasked to assist in his medical evacuation. George and our Andy located the casualty and ensured his wellbeing whilst assessing the situation. They relayed to the boat, which was standing off, that they would need further assistance to evacuate the casualty and that this would be best placed coming from a helicopter. During this time two members from Boscastle Coastguard arrived on scene and agreed that this was the best course of action. Andy and George waited with the casualty and kept an eve on his obs whilst they waited for the Sea King that had been tasked from RAF Chivenor. Once on scene they winched the man into the chopper that flew him direct to North Devon and District Hospital. A great job done by all and a lovely letter of thanks received from the casualty and his wife.

The second service was to reports of a female injured on rocks at Bossiney. The boat was launched and made its way up coast. Once on scene they made visuals with the casualty who was already being helped to safety by Bude and Boscastle Coastguard teams. Again a great response by the crew but eventually they were only needed as backup.

On a personal note from us, the crew and committee, we would like to wish John and Nicki a wonderful trip to America and an amazing day when they tie the knot - I hope its a bowline, boom boom!! We will be changing you name on your boots from "Nicki B" to "Nicki C" and we'll get the pasty shop rebranded at the same time! We all look forward to celebrating with you when you return.

Damien Bolton Senior Helmsman



David & Jackie Barnard of The Port Gaverne Hotel, seen here with key members of the Port Isaac RNLI crew and Committee further cemented the long established tradition of support from the hotel when presenting a substantial cheque for £2111.50p, raised from their fundraising efforts with customers and friends over the past year.

The presentation cheque was accepted on behalf of the Station by Senior Helmsman and Training Officer, Damien Bolton and Chairman, Bob Bulgin BEM, who extended sincere thanks from all concerned. This generous donation forms a significant contribution towards the equipment and running costs of the Port Isaac Lifeboat and its dedicated mission of Saving Lives at Sea. Since the formation of Port Isaac Lifeboat Station with an Inshore D Class lifeboat in 1967, 646 launches have been carried out and 334 lives saved

Said David Barnard and his wife Jackie, "We are delighted to contribute to our essential local Royal National :Lifeboat Service. We will commit to raising an even greater figure next year with more fundraising events."

CHRISTMAS CARDS



Not sure where time is going but here we are, running up to Christmas and already a growing demand for our 2015 RNLI Christmas cards featuring a painting by popular artist Roy Ritchie.

continued opposite

The Port Isaac Emergency Plan

The Parish Council and the Village Hall Committee are jointly involved in the preparation of an Emergency Plan for the village that will be put into operation in the event of any type of emergency. A subcommittee has been formed to formulate the plan and they are: Cheryl Webster and Dee Littlechild - Plan Co-ordinators and Mike Coles, Andy Penny and Devid Raynor - members. Other members are currently being invited to join and if you are interested in being part of the group please contact Dee on 01208 880905.

Monthly updates on the plan and its operation will be published in *Trio*.

PISCES exhibitions continue in St Peter's Church but don't forget you can see all the previous exhibitions on our touch screen. It's very easy to use and you can also see local people talking about their lives in Port Isaac. Everything is also available online at www.portisaacheritage.co.uk

RNLI CHRISTMAS CARDS FROM OPPOSITE

This romantic fairy tale Father Christmas harbour scene has really caught the imagination of our supporters this year with over 1500 cards sold so far and a similar demand for the £1 Christmas Draw tickets to win this valuable original paitning that is on display at the Pottery .

The Draw, as in past years, will take place at the RNLI Christmas Market on the morning of Saturday 12th December at The Village Hall.

At the moment we still have space to accommodate some extra stalls at our the Christmas Market. If interested contact 01208 880765 or email reb37@btinternet.com

Note... these Christmas Cards are unique and in support of Port Isaac RNLI and only available either direct from The Pottery or on the contact details above. £5 for a pack of four cards or for orders over 50 £1 each. Inside Christmas Greetings and address details can be arranged.



RNLI CREW LUNCH AT THE FISH KITCHEN



Nathan Outlaw and his hardy team gave a kick start to the latest charity fundraising project being rolled out for the month of October at The Fish Kitchen Restaurant, aimed at greater awareness of the dedicated time our RNLI crews give to their volunteer duties as lifeboat men and women.

It is not unusual for RNLI crew to be called away at a moments notice leaving families and loved ones at the dinner table whilst they rush to save lives at sea .In recognition of this dedication to service and the meals they`ve missed over the years Nathan`s Fish Kitchen Restaurant extended an invitation to 10 of Port Isaac crew members to attend a Fish and Chip Lunch setting the tempo for a major fund raising effort over the month of October. Nathan popped in to say hello to the lucky crew members attending and further endorse his and his staffs support for their friends on the Port Isaac Lifeboat .

Winter comfort food

The clocks have gone back and we start the long winter nights, so here are a couple of cheap and easy dishes to feed you and your family. Casseroles are classic winter comfort foods that are slowly cooked over a long period of time. But the two recipes require very little time making them ideal for quick and thrifty family meals.

Hogs pudding and lentil casserole

With plenty of deliciously comforting flavours in one pot, hearty hogs pudding and lentil casserole recipe is a delicious way to stave off the winter's chill. Lentils add substance to the to the dish, while bacon, mustard and fennel add a wonderful mix of flavour and depth

Ingredients

8 hogs pudding 2 garlic cloves, peeled and chopped 2 onions, finely chopped I fennel bulb, chopped 180g of bacon, cut into strips I celery stick, chopped I large carrot, chopped I tsp thyme leaves, chopped 450ml of chicken stock I tsp balsamic vinegar I tsp redcurrant jelly 200g of lentils, dried 2 tbsp of half fat creme fraîche I tbsp of wholegrain mustard 4 tbsp of olive oil I pinch of salt

Place a frying pan over a medium heat and add 2 tablespoons of olive oil. Once hot, peel the skin off the hogs pudding and fry until browned all over. Cut into small chunks and set aside.

Place a large casserole dish over a medium heat and add the rest of the oil. Once hot, add the garlic, onions and a pinch of salt

Fry until the onions are soft but not coloured, approx 3-4 minutes. Add the bacon, fennel, celery and carrot to the dish and fry until all of the vegetables have softened.

Then, stir in the thyme and hogs pudding. Add the chicken stock and bring to a gentle simmer. Once simmering, pour in the balsamic vinegar and redcurrant jelly and bring to the boil.

Once boiling, add the lentils Turn the heat down and gently simmer for approximately 30 minutes until the lentils have softened. If the mixture loses too much liquid, top up with a drop of water.

Just before serving, mix together the mustard and creme fraîche in a bowl

Remove the casserole from the heat and divide into bowls. Serve immediately with a dollop of the mustard créme fraîche, and if you have a few eggs free why not top with a poached or fried egg.

I love hogs pudding with it peppery goodness but you can use any sausages for this dish!

Cheesy Chicken casserole

A cheesy crust gives way to a rich mix of chicken, pasta, broccoli and mushrooms in a comforting chicken casserole recipe. This is a classic home cooked dish that will keep the whole family happy.

Ingredients

2 skinless chicken breasts, large, diced
200g of fusilli pasta
10 button mushrooms, thinly sliced
I head of broccoli
I pinch of thyme, dried
I pinch of marjoram, dried
I pinch of oregano, dried
400ml of chicken stock
I50ml of milk
50g of half fat crème fraîche
250g of breadcrumbs
75g of Parmesan, grated
40ml of rapeseed oil
3 pinches of salt
2 pinches of black pepper

Bring a pot of lightly salted water to the boil. Drop in the pasta and boil for 8-9 minutes until just cooked. Strain and set aside. Preheat the oven to 175°C/gas mark 3.5.

Place a large pan over a medium-high heat and add 20ml of oil. Once hot, fry the chicken until golden and cooked through, approximately 4-6 minutes. Set aside in a large bowl to cool. In the same pan, fry the mushrooms in the remaining 20ml of oil, until they have released all moisture. Season with salt and pepper and add to the bowl with the chicken

Break down the broccoli into small florets and steam or boil until tender for 2-3 minutes. Add the broccoli to a bowl with the chicken and mushrooms. Stir in the dry herbs, stock, milk, crème fraîche, salt and pepper, add the pasta and mix well. Pour into a casserole dish and set aside while you make the cheesy crumb.

Spread the breadcrumbs out on an oven tray. Bake in the oven for 8-10 minutes until lightly golden and crispy

Remove from the oven, allow to cool and then mix in the grated Parmesan or good old Davidstow.

Sprinkle the breadcrumbs on top of the chicken casserole and cook in the oven for 20 minutes until piping hot. Divide onto plates and serve immediately.

I personally would make this dish with chicken thighs which have a lot more flavour and lot cheaper than breast meat, please give both recipes a try,

Enjoy. Mx

SELF CATERING APARTMENT IN PORT ISAAC

Sleeps 2. Newly appointed and spacious with outside patio area. Parking.

Tel: 07929 274664

IN PORT ISAAC

sleeps 10 log fire, gardens garage parking in village for details call

07967 089766

'HIGHER MOON'

Tintagel Terrace, Port Isaac

Modern Holiday House

3 bedrooms,

2 bathrooms

Sea views, garden Parking for 3 cars

Tel: 01208 880755

to advertise in Trio call 01208 880905 or email: triopi@mac.com



& The Ice Cream Parlour

ROSKILLYS CORNISH ICE CREAMS cold drinks beach goods

OPEN EVERY DAY

Fish & Chips

locally supplied fish, freshly cooked in a light, crispy batter

plus burgers, sausages, chicken, cold drinks etc

01208 880281

HOLIDAY HOME in Port Isaac

Spectacular views.
Sleeps up to 7 people.
Quiet gardens. Dogs welcome.
Parking for two cars.

Contact:

r.meere@btinternet.com

Port Isaac Changeovers – Cleaning Services

Looking for an experienced, local and reliable cleaning service for holiday lets?

No agency fees.

For further details email

jenju@sky.com

cornish cabs



Home phone 01840213108

Mobile

07599319764

Family run taxi service
Based camelford and portisaac

Local Guide Books
& Maps
available at
Secrets,
Port Isaac

RED LION ST KEW

Steak House | Public House | Dining Rooms

The Party Starts

Sunday November 29th

It's our Christmas lights and our Winter wonderland display evening. We turn it all on with the arrival of Santa and his Elf helpers, there's story telling for the kids while they wait to talk to Santa, carols to sing along with, a best Christmas jumper competition for dad, mum and kids and much much more.

Mouth watering food, festive cocktails for the big kids! At our new food bar, and roaring log fires to create that Christmas feeling

Christmas Day

LUNCH AT THE RED LION

We are serving a Traditional

Christmas Day Lunch

from 1:30 until 4:30 drinks from 12

Phone Wendy on 01208 841271 or check out our menu on our web site

Or if your looking to book your Christmas Party why not try us? Our menu on the web site or we can bespoke for you!

Simply the only place to be

this CHRISTMAS

We all love a Party, why not book your Christmas
Lunch or Dinner Party with us, our menus are on our
web site www.redlionstkew.com or we can be spoke to
your requirements and budget give us a call

01208841271

November we are introducing our themed dinner evenings, running along side our normal menu you can choose from our special extra value themed night

- Tuesday's Grill night two grill choices for the price of one
- Wednesday's **Curry night** a selection of curries to choose from including naan breads only £8.00
- •Thursday's **Pie night** choose your pie it comes with mash peas and gravy for only £8.00
- **Tapas happy hour** on Fridays evenings 6:00 till 7:00 free tapas at the bar

And don't forget to get one of our new **Loyalty** Cards you get a free bottle of Wine just for eating with us!

t & c for above see web site **www.redlionstkew.com**



K L Honey Ltd

Building & Renovation Contractors

Tel: 01208 880609 Mobile: 07971 479309 Email: klhoney@btconnect.com



to advertise in Trio call 01208 880905 or email: triopi@mac.com

T.F. GRILLS and Sons

Building and Carpentry Painting and Decorating

Free Estimates

Telephone: 01208 880094 07875 221222

email:

markcgrills@googlemail.com

Nicki B's Pasty Shop

OPEN EVERY DAY FROM 8.30am

Telephone: 01208 880099



DENNIS KNIGHT

Proprietor: JT Collins
WHOLESALE & RETAIL FISH MERCHANT
FISH CELLARS, PORT ISAAC

FRESH FISH DAILY OPEN SIX DAYS A WEEK

Tel/Fax/Answerphone: **01208 880498**Mobile: **07969 555182**

1

RUSSELL RICHARDS

Roofing & Building Services

Tel: 01208 841813

Mobile: 07967229291

Email: russ.richards69@btinternet.com

Brooks & Jeal

Chartered Accountants

Business Start up
Property Letting Advice
General Business Advice
Accountancy
Personal & Business Tax Advice
Bookkeeping, VAT & Payroll
Business Forecasts & Plans
Company Formation
Company Secretarial Services



Eddystone Road Wadebridge Cornwall PL27 7AL www.brooksandjeal.co.uk T: (01208) 812129 F: (01208) 816798



TRELAWNEY GARAGE

14 New Road, Port Isaac

01208 880536

Servicing & Repairs Breakdown Service Accessories

Overheating?
Air Conditioning
Servicing & Recharging
now available

GAS DELIVERIES 13kg, 19kg & 47kg

to advertise in Trio call 01208 880905 or email: triopi@mac.com

NICOLA O'MARA interior design



DAVID PHILP

FOR ALL YOUR GARDENING NEEDS

The Lodge, Trelights Port Isaac, Cornwall PL29 3TH

Phone **01208 880056**Mobile **07817 161136**

Email peapipod@btinternet.com



for all your garden maintenance
Grass Cutting
Garden Waste removed
Power spraying
Full Insurance

PORT ISAAC VILLAGE HALL HIRE

NON-PROFIT MAKING PARISH CLUBS/ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc, FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50 for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £8 per hour - £100 for 24hrs

For full details or to make a booking contact the Hall's Bookings Secretary, Julia Routledge, on 01208 880142 or email her **markjulia@hotmail.co.uk**



High Quality
Conservatories,
Extensions, Windows
& all building work

Peter Lobb 01208 851182 07798 644293





Coffees, teas, cream teas & home-made cakes

12noon-2.30pm Lunch

New menu including traditional fish & chips, crevettes, mussels, whitebait, pasties, burgers, salads, sandwiches, children's menu & much more

3pm-5pm

Drinks, coffees & cream teas

6pm-9pm Dinner

New menu including sea bass, mussels, crevettes, fish & chips, steaks, pork belly, pasta, salads, home-made desserts & much more - takeaways also available

Steak night every Thursday

8oz local rump steak with all the trimmings for £10

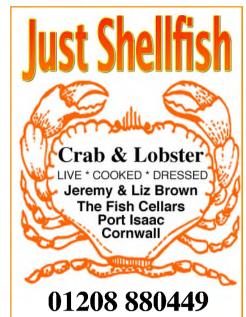
New Year's Eve Dinner Menu now available

reservations advised

THE SLIPWAY IS LICENSED FOR WEDDING CEREMONIES

FESTIVAL OF FIREWORKS at THE MILL HOUSE, TREBARWITH Friday November 6th from 6pm, including hog roast and live music

Tel: 01208 880264 email: slipway@portisaachotel.com



SOLICITOR

Friendly office open Monday-Friday 9.30am-12.30pm

Appointments out of office hours by arrangement

Trebiffen, Boscastle PL35 0BN Tel: 01840 250200 Fax: 01840 250900

Rubbish

Removal small loads only

07971 167444

remember to say you saw it in TRIO

R.A. HANCOCK

ELECTRICAL CONTRACTOR

AGRICULTURAL & DOMESTIC WORK SALES & SERVICE SLIMLINE RADIATORS DIMPLEX & CREDA

COMPLETE SHOWER INSTALLATIONS

Hartland Road Port Isaac

Telephone: 01208 880328



to advertise in Trio call 01208 880905 or email: triopi@mac.com

Roy Speakman

BUILDING CONTRACTOR

Specialist Carpenter Period Reconstruction Kitchen/bathroom installations All roof work undertaken

Tel: 07790 602404 email: rwsbuild@live.co.uk

www.thisisnorthcornwall.co.uk



a new studio shop

with hand-painted china by artist sue pullin + a range of hand-picked homewares, gifts and stationery from cornwall and scandinavia

3 MIDDLE STREET, PORT ISAAC, CORNWALL, PL29 3RH

e:info@kilnstudio.com t: 01208 880578

St Kew Inn

Call 01208 841259 as booking is recommended









Home to well cooked seasonal Cornish produce.



GARDEN OF EDEN



LANDSCAPING SERVICES

Maintenance: Lawns, Hedges, Pressure Washing Hard & Soft Landscaping, Patios. Fencing, Turfing etc

Plant Supplier, Compact Tractor & Mini Digger work

For a free estimate phone Jim Dyer on

01208 880476 or **07970 919389** (mobile)

www.jdyerlandscaping.co.uk



FRESH FROM THE SEA

PORT ISAAC 01208 880849

Sustainably caught Lobster and Crab, landed daily in Port Isaac and delivered straight to our shop at the top of the hill. Available cooked, dressed, in a sandwich, boxed to take home or even live.

A selection of seasonal wet fish from Cornish Day Boats members of the Responsible Fishina Scheme

Come and see us for a handpicked Crab Sandwich or a Lobster salad and glass of wine



18 New Road, Port Isaac, PL29 3SB www.freshfromthesea.co.uk

The Peap



FOLLOW THE PEAPOD ON

Italian leather handbags, scarves and jewellery Dog collars and leads in lovely prints - made in England Selection of natural wax gel candles and lots, lots more

26 New Road, Port Isaac, PL29 3SB Tel: 01208 881197



KERNOW

Professional Carpet & Upholstery cleaning

Domestic & Commercial

Fully insured Friendly & efficient service **Excellent prices**

01208 841117

nsisnorthcornwall.co.

Mobile Hairdresser to your door!



Gents Trims £8

Womens Trims: Short hair £10

Shampoo & Set from £10

Kids Cuts from £6 Long hair £15

Blow Drys from £10

Perms from £40 (includes cut and blow dry)

Colours: Full head colour from £30

Colours: Half head foils from £35 Full head foils from £50

Hair ups for proms and weddings, please ring for info

Ring Lowenna on 01208 880727 email Port-hair@hotmail.co.uk



WINDOWS XP

YOUR LOCAL WINDOW CLEANER

Domestic & Commercial eco-friendly, pure water system, fully insured, regular and reliable

Call John Brown on

07815 156632 or 01208 880421

The Old School Hotel & Restaurant Fore Street, Port Isaac PL29 3RD Tel: 01208 880721

email: reception@theoldschoolhotel.co.uk

Cream Teas & Coffees • Lunches Afternoon Teas & Sandwiches • **Evening meals**

We are open to all, all day, every day starting at 8:30am for Breakfast

Sunday Roasts every Sunday

New Year's Eve Menu See our website for details

Try our Takeaway Fish & Chips and **Homemade Burgers!**

All our food is freshly made to order using local produce where available Visit our website for offers, menus and the latest info: www.theoldschoolhotel.co.uk

BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME-MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB AND FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD AND CHEESES. GIFTS AND CRAFTS.



Shop & Restaurant open daily from

Winter Warmer Special

2 courses, including homemade dish made using our home produced meat, followed by homemade crumble with custard and tea or coffee £9.95 per person - offer available daily throughout November, excluding Sundays

Santa's Grotto

Come and meet Santa and his elf helpers here at Trevathan Farm Shop

Saturday December 12th & 19th, Sunday December 13th & 20th: 10am-3pm Present for each child. Why not bring your letter for Santa with you and post it to Santa whilst you are here?

Book now to avoid disappointment!

£5 per child in aid of



Bookings now being taken for Christmas functions ... TELEPHONE and 208 to 164 or why they de half arm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND DIGGERS. PETS CORNER

Find us on the B3314 at St Endellion, nr Port Isaac Follow us:



Nicola Vickery Interiors Your concept, my expertise T. (01208) 880834 www.nicolavickeryinteriors.co.uk

Roman blinds, curtains, voile blinds, cushions, upholstery all traditionally handmade in Port Isaac.

Full interior design, property buying & project management service.

PAUL HONEY

PAINTER & DECORATOR

INTERIOR & EXTERIOR MAINTENANCE. WALL & FLOOR TILING, ARTEXING, **COVING & WALLPAPERING**

> Tel: 01208 881122 Mob: 07773 305626

PHONEY247@BTINTERNET.COM

BRIGHT SOLUTIONS

Tony Bright Painter & Decorator CITY & GUILDS QUALIFIED

External & Internal Friendly Professional Service References supplied on request

01840 213694 / 07765 632164 TONY.BRIGHT@HOTMAIL.CO.UK



Andy Penny General Building Services

Specialising in Glass Fibre Flat Roofing All General Building Work Plastic Fascia & Guttering Brick Paving & Patios

07532 478 451/01208 880985

andy@andy-penny.co.uk



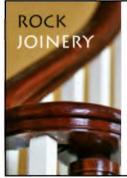


Drainage

Tel: **01840 213196** Mob: **07968 984305** 98 HIGH STREET, DELABOLE PL33 9AQ

Servicing

Local Guide Books and Maps available at Secrets, Port Isaac



Hardwood & Softwood Joinery Specialists www.rockjoinery.co.uk

Richard Collins

Unit 2 Pityme Business Centre, St Minver Wadebridge, Cornwall

: 01208 862145 (day), 01840 213733 (evening)

m: 07721 721464



Qualified Pet Groomer

H: 01840 211786 Gable Cottage M: 07921 673055 Newhall Green W: www.mutscuts.co.uk St Teath E: muts_cuts@yahoo.co.uk PL33 9ES

remember to say you saw it in TRIO

Locals Fish & PORT

Two for One

Please order before 7pm Bring this voucher to redeem this deal



PORT GAVERNE

RESTAURANT & HOTEL

Don't forget ALL locals receive a 10% loyalty discount on Food and Drinks

Locals Pie & a Drink Mondays

Steak and Ale or Fish
Pie plus a Pint or
Glass of Wine £10
Bring this voucher in
to redeem this deal

eat@portgavernehotel.co.uk 01208 880244

M.E.R. ELECTRICAL SERVICES

All types of electrical work carried out

Security Alarms CCTV Good rates Free estimates No call out charge

PORTABLE APPLIANCE TESTING (PAT)

Registered with local authority for Part P of Building Regs

For a friendly, reliable service call Mark on

01208 880142 or 0779 4782627

markroutledge544@yahoo.co.uk
Mayfield Road, Port Isaac

log on to

www.thisisnorthcornwall.co.uk

Bev and Steve welcome you to

TERRACE TEA ROOMS

and Bed & Breakfast

2 Tintagel Terrace,
Port Isaac PL29 3SE.

email info@terracetearooms.co.uk
www.terracetearooms.co.uk
Telephone 07908 436262



JOHN BRAY AND PARTNERS Property Sales Holiday Lettings and Management Chartered Surveyors Valuations Architectural Services RÖCK . DAYMER . POLZEATH . PORT ISAAC 01208 880302 lettings@johnbray.co.uk JOHNBRAY.CO.UK

J.M.C.

House and Garden Maintenance

Window and Gutter Cleaning Grass and Hedge Cutting Painting and Decorating

For any enquiries please ring

Jamie Carthew on

0789 1376145





Restaurant Nathan Outlaw Port Isaac

Offering a seafood tasting menu at lunch and dinner and a set lunch menu

Dinner - Wednesday to Saturday 7.00pm – 9.00pm Lunch - Friday & Saturday 12 noon – 2.00pm

For reservations: 01208 880896



Outlaw's Fish Kitchen

serving small, delicious plates of fish and seafood

Dinner - 6.00pm - 9.00pm Lunch - 12 noon - 3.00pm

Reservations taken for dinner only on 01208 881183

Outlaw's Fish Kitchen is now open 7 days per week!



LOCAL INFO

Swedish Massage Indian Head Massage

Hopi Ear Candling

Gift vouchers available

Doctor's Surgery - 01208 880222 **Repeat Prescriptions** - 880242

nepeat Frescriptions - 00024

NHS 24-hour Helpline - 111

Royal Cornwall Hospital (Truro) -

01872 250000

East Cornwall Hospital (Bodmin) - 01208 251555

Derriford Hospital (Plymouth) - 08451 558155

Local Dental Helpline - 01872 354375

Police (non-emergency) - 101

PCSO Claire Drennan - 0845 6567930

Civil Enforcement Parking Team - 0300 1234222



Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page.

Make sure your event is included here! email info to triopi@mac.com or call 01208 880905