

trio



Photo: HelenWrapson

The Port Isaac, Port Gaverne & Trelights Newsletter February 2016 No:370 60p

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Trio is issued eleven times a year and is available in *Secrets* and the *Co-op*, Port Isaac, or by post - £21 a year in the UK

To subscribe please send a cheque, made payable to *Trio*, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN

To advertise in *Trio* telephone
01208 880905

Published by Sam & Dee Littlechild
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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

To thank you all for your help and kindness

As a family we would like to thank everyone for all your support and generosity following the fire at our home. We really appreciate everything and were overwhelmed with what people wanted to do to help us, offering us their home, donating money, offering clothes, giving the kids toys, offering to help fix up our home and much more. Also a big thank you to our wonderful neighbours on the whole of our road who helped on the night of the fire. Jamie Appleby did a great job keeping the fire under control and doing his best to save our home until me and my dad got back, and a big thanks to Cherry for looking after the boys so soon after having a beautiful baby girl. And also thanks to Mel Dingle and Dee for raising money and anyone else that helped.

Finally, a massive thank you to our family for your support and help and well done to Louise for holding my beautiful little daughter in and keeping so strong.

We thank you all again.

Luke, Louise, Josh, Max, Jack, Leo and baby Jessica

Job Vacancy

**We have 2 Waiter/Waitress/
Barista positions
available at the Chapel Café,
Port Isaac**

Starting February – November & holiday periods, with the potential for full time work

- 26 – 40 hrs per week
- Hourly rate depending on age and experience
- An equal share of generous tips
- Part of a business in its infancy so lots opportunity to develop
- Potential for promotion in the future

Experience is preferred but not essential
Please send CV and covering letter to
matthewmain@chapelcafe.co.uk
or call 01208 881044

Johnny Cowling & Magic Mitch

at Trevathan farm shop
Saturday 27th February
7.30pm

Tickets £14, includes a pasty available from St Kew School or Trevathan farm shop
Everyone welcome
in aid of St Kew CP School

House to rent in St Teath

2 bedrooms - £600pm

Contact Andy on
07815 059890/01208 880617

The Trio Print Service

We offer a village printing service to help offset the cost of *Trio*.

We can print in full colour up to A3, single or double sided, on paper or card up to 180gsm. The machine can tri or bi-fold leaflets or staple booklets. As well as leaflets and brochures we can print flyers, posters, menus etc. We also offer a design service or can prepare your design ready for printing.

To find out more contact Dee on
**01208 880905/880862, email:
dee54@mac.com**

St Minver Rainbows & Brownies JUMBLE SALE

Saturday January 30th
from 12noon
at Guide HQ
Trewint Playing Field
Rock, PL27 6LU

Good quality clothes, shoes, toys,
books & brac-a-brac

Refreshments available

**ALL proceeds to go towards
the running of the Guide HQ**

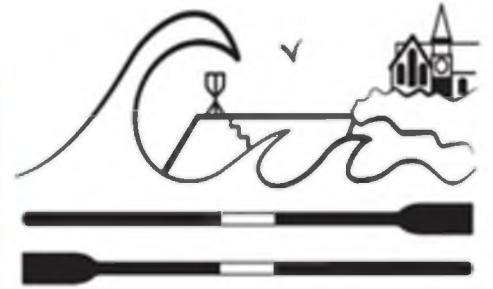


and it certainly was a PUSH!



presenting the cheque to CRY

PORT ISAAC



ROWING CLUB **ANNUAL CHARITY GIG PUSH**

Port Isaac Rowing Club raised over £500 at its annual gig push just after Christmas with 22 of its intrepid rowers pushing their gig, Roscarrock, from Port Isaac to Pendoggett and back.

The money will be split between the Club's funds and its designated charities for 2016 - Cornwall Wildlife Trust and St Petroc's Society.

The Club also presented a cheque for £600 to CRY (Cardiac Risk in the Young), its chosen charity for 2015 in memory of much loved Port Isaac rower Dave Wood.

The Club would like to thank all its supporters who have helped throughout the year, including Sharp's Brewery, The Fisherman's Friends, Great Western Railways, Outlaws Port Isaac, Fishlock Wines and, of course, The Port Gaverne Hotel who very generously provides the much enjoyed refreshments after the gig push!

Whasson at the Hall?

A happy new year to everyone from the Village Hall Committee. And fingers crossed that everything goes to plan and its a good one for our Hall. And if everything does go to plan the long awaited access lift will be up and running before Easter. Plus things are progressing well with the help of CRCC and our application for grants to build our new side extension to make our Hall the best Village Hall ever.

And talking of Easter, don't forget our annual Easter Tuesday Cash Prize Bingo night. It's always a good night and one where you might even go home with more money than you came out with, so put the date in your diary.

And talking of dates, here's another one for your diary. We've got a theatre night planned for Monday June 6th when Trebiggan Productions are bringing along their new touring play, The Zig Zag Way, "a cracking tale, combining strong ensemble playing and physical inventiveness ... colourful, visual and touching". Trebiggan is headed up by Dean Nolan, an old friend of the Hall (Bish, Bosh Bash Company) and it will be lovely to have him back.

www.portisaacvillagehall.co.uk



Church Diary Dates

Sunday January 31st

9.30am All Age Communion,
St Peter's Church, Port Isaac

11am Sung Eucharist, St Endellion
Church

Tuesday February 2nd

7pm Candlemas candlelit Sung
Eucharist and Procession,
St Endellion Church

Wednesday February 3rd

7.30pm Healing Service

Saturday February 6th

10am-3pm Study Day with Dr
Rowan Williams, former Archbishop
of Canterbury, St Endellion Church
*Contact Judith 880181 to book or for
details*

3pm-4.30pm Youth Alpha,
St Minver Vicarage

Sunday February 7th

9.30am All Age Worship, St Peter's
Church, Port Isaac

11am Morning Worship, St Endellion
Church

Ash Wednesday February 10th

7.00pm Sung Eucharist with Ashing,
St Endellion Church

Saturday February 13th

9.30am Marriage Preparation Day,
Perceval Institute, St Minver

7.30pm Concert, young Jazz band
'Go Next', St Endellion Church

Sunday February 14th

9.30am All Age Communion,
St Peter's Church, Port Isaac

11am Sung Eucharist, St Endellion
Church

Tuesday February 16th

Whist Drive St Endellion Church Hall

Thursday February 18th

7.30pm Mothers Union,
St Endellion Church Hall

Saturday February 20th

3pm-4.30pm Youth Alpha,
St Minver Vicarage

Sunday February 21st

2.30pm Messy Church, Port Isaac
Village Hall

11am Sung Eucharist, St Endellion
Church

Sunday February 27th

9.30am All Age Communion,
St Peter's Church, Port Isaac

11am Sung Eucharist, St Endellion
Church

Blessings



As the New Year unfolds and my family and I gradually settle in to life here in North Cornwall, what I am most aware of is a real sense of God's blessings in this place.

My husband and my daughters love being here in this beautiful area, and among communities where people really do know one another and help one another out. In all of the six churches in the Cluster I have come across people who have blessed me. And as churches we have been hugely blessed by the many, many people, both visitors and locals, who came to all the Christmas services and filled them sometimes to overflowing! There are so many blessings for which we are thankful.

But, of course, Christian life is not just about receiving God's many blessings. It is also about doing what we can to be a blessing in the places where we live and work, among family and friends and strangers. So what I really hope to discover as the year moves on, is more about how the churches can be a blessing to you. How can we be there for you at key times in your life in ways that are really helpful? How can we create opportunities for the whole community to come together for celebrations and times of remembrance? How can we make a difference in our communities and in our wider world so that all may share, freely and fairly, in the blessings of God's world?

So if you, too, have a sense of being deeply blessed or know of a way that our churches may be able to be a blessing to others, I'd love to hear from you. Let's not just count our blessings in North Cornwall, let's multiply them and share them as widely as we can!

Elizabeth Wild

Priest-in-Charge of the North Cornwall Cluster of Churches
(St Minver with St Michael's, Porthilly and St Enodoc, Trebetherick,
St Endellion, St Kew and St Peter's, Port Isaac)
www.northcornwallclusterofchurches.org.uk

Please contact me on: elizabeth-wild@live.co.uk

*Christine
Saundry*

1934-2015

Chris will be sadly missed by all who knew and loved her. For many years she was a member of the Port Isaac Singers and the young wives group and she also enjoyed the Golden Circle.

I would like to thank all our neighbours and friends, all at Port Isaac Surgery and Jan Mewton and her team who looked after Chris. Thanks also to RJ Bray & Son for all their help and advice and to Judith Pollinger for the funeral service.

Thank you all.

Marie Percival



*Thursa Grace
Crocker*

1927-2015

Thank you to everyone who attended the funeral, for the cards and the calls and the generous donations to Cornwall Air Ambulance (£380 so far). Thank you also to Dr Barfield and everyone at Port Isaac Surgery, the paramedics and the Air Ambulance.



**Do you, or someone you
know, need a listening ear?
Tel: David Foster on
01208 880008**



Messy CHURCH

Come and join us

Fun for all the family

2.30-4pm

Sunday
17th January
21st February
20th March

@ Port Isaac Village Hall

FREE Tea, coffee and cake will be available



Happy New Year from us all in PISCES

We have some great ideas for exhibitions and oral history interviews for 2016. One idea is looking at all the old photographs in the PISCES collection and taking a new picture, showing 'Then and Now' images from the same spot. Another idea is to display a *History of TRIO*, which is over 40 years old. It's interesting to see how the same old problems have cropped up time and again over the years! And an exciting new suggestion about the story of the Port Isaac gig. We always like to link an opening "do" with each exhibition so we will let you know as and when these dates will be.

All of our new exhibitions will be added to our website
www.portisaacheritage.co.uk

Your suggestions are always invited. After all, we wouldn't have anything without your kind contributions.

Our next meeting is on Monday February 1st at 4pm at Cheryl Webster's home, call for details, and all are welcome to join us for a cup of tea and piece of cake.

Our contact details:

Dee Littlechild (*Secrets*) 01208 880862/880905, dee54@mac.com

Barbara Hawkins (*The Pottery*) 01208 880625, portisaacpottery@btconnect.com

Port Isaac Rocked

Following our hugely successful Port Isaac Rocks night last November when we raised £1160 for Cornwall Hospice Care, we would like to thank the following for their generous support:

Chapel Cafe
Derrys (Wadebridge)
Fresh from the Sea
The Golden Lion
Just Shellfish
The Mote
Port Isaac Pottery
Secrets
Trevathan Farm
and last, but not least

Restaurant Nathan Outlaw Port Isaac for donating two seafood tasting menus and matched wines that we auctioned on the night
THANK YOU ALL

The PISCES OPEN PHOTOGRAPHY COMPETITION



★ **£50 CASH PRIZE** ★

Port Isaac: Then & Now

You are invited to submit photos for a PISCES exhibition titled
Port Isaac: Then & Now

Just go to our website www.portisaacheritage.co.uk and select **ANY** old image of Port Isaac and district. Then find the exact spot that the original photograph was taken and take your own.

Submit your photograph (high res as we will be reprinting it) with your details by to Dee via email at dee54@mac.com or drop a print into The Pottery

The competition is open to all ages and there is no limit to the number of submissions you make

CLOSING DATE MARCH 31st

FUNDRAISING FOR THE RNLI AND AIR AMBULANCE



The presentation of the cheque and the presentation of an engraved shield from the RNLI to Buttermilk

Good friends to Port Isaac RNLI and Cornwall Air Ambulance, award winning confectionery company, Buttermilk Confections have once again carried out a great job of fundraising over the past year, raising £1400. They have chosen to split this equally between the two charities. It is in fact the third year running such substantial sums have been raised and donated in a similar manner.

The idea behind this fundraising project came from Buttermilk's Mike Meakin, based on the popularity of the Buttermilk premises which doubles as Mrs Tishell's pharmacy in the very popular TV series Doc Martin. Mike came up with the idea of reproducing and offering for sale a reprint of a magazine article featuring the TV series. Many hundreds of Doc Martin fans beat a path to the shop throughout the year and Mike saw the potential to raise charitable funds. The magazine were supportive to his proposal and local printers Concorde Copiers agreed to produce the souvenir copies which are sold at £2 with all the proceeds going to charity .

The award winning Buttermilk Confectionery Company is a family run business which has been producing handmade fudge since the opening of their flagship shop in Padstow in 1964. Now in its second generation the family business is run by husband and wife David and Tracy McGoad.

On presenting the cheque to Port Isaac RNLI Volunteer Crew Helmsman Andy Cameron, Tracy Goad said, "The team at the Buttermilk shop have done a great job raising money for both the RNLI and Cornwall Air Ambulance. These are two key support services which provide such an incredible service saving lives on the front line. They are in need of support to continue their great work.

Susie Croft, head of income generation for Cornwall Air Ambulance said, "During the year we come to the aid of more than 700 people in their hour of need, and we can only do this with the on going support of local companies such as Buttermilk.

A big thank you to all of the Buttermilk team from Port Isaac RNLI and Cornwall Air Ambulance

Bob B, Chairman



PORT ISAAC RNLI CALENDAR OF EVENTS FOR 2016

ANNUAL AGM

Election of Officers

Presentation of Accounts

Audio Visual Presentation

Open meeting

Refreshments and Bar

ALL WELCOME

Port Isaac Village Hall

Thursday April 7th at 7pm

OUR EVER POPULAR ANNUAL SUMMER LIFEBOAT SERVICE ON THE PLATT

Sunday June 12th at 12.30pm

Silver Band, Refreshments & Cream Teas

LIFEBOAT LARKS

Join our Crew and Committee for family fun and games in and around the Harbour Silver Band, Jazz Band, Sharp's Bar and much more

Sunday August 7th

HARVEST FESTIVAL AND CHRISTMAS MARKET DATES TO BE FIXED

Port Isaac Christmas Lights

Well, phase one - to get a core set of sustainable lights to decorate our village for the foreseeable future - has been completed. The multi-talented artist, Dave Danson-Hill gave us Santa and his dolphins, plus the 46 angels (some were a tad temperamental!) and the stack of presents - a successful start to our three year plan.

This year is going to be even better. New ideas are already being discussed and we have learned from our mistakes so the big switch on will be a real community event.

We hope you all enjoyed our efforts this year and are looking forward, as much as we are, to next Christmas. But before I sign off a huge thank you to Rick, Bonnie, Jake, Neil and Karen at the Old School, Jon Cleave at the Boathouse and the RNLI for allowing us to plug in the lights.

*Chris Lanyon
Port Isaac Christmas Lights Team*



Christmas Lights Planning Meeting

Reviewing last year and discussing ideas for next Christmas

Open to anyone interested

Saturday February 6th

4pm

Chapel Cafe

Christmas Lights thank you

I would just like to say an enormous thank you to all that did so much to make the village look so stunning with the Christmas decorations. So much work went into all the planning and execution and it was a delight to appreciate all the angels and bright lights whilst out walking with Winnie.

Thank you all so much. What a marvellous lot you all are.

Annie Price & Winnie

JAZZ AT ST ENDELLION



This month's concert at St Endellion sees a change of tempo with a lively group of jazz musicians currently based in Cornwall. Hailing from across the UK, the "Go! Next" crew came together at Falmouth University and play a newly created genre which they call 'luxury jazz'. This talented young band comprising drums, bass, guitar, piano, and tenor saxophone take on the ideologies of Jazz and turn it on its head, delivering an experience unlike anything you will have heard before.

Go! Next

Saturday 13th February at 7.30pm

Tickets are £10 (free to accompanied under-16s), available from the Endelienta Box Office: telephone 07787 944935 and on-line at www.carntocove.co.uk or call in at the Wadebridge Bookshop, Molesworth Street.

Flower Arranging Demonstration with Elaine from Bruallen

Thursday March 11th

Port Isaac Village Hall

2.30pm

Elaine from Bruallen is coming to our Golden Circle meeting to demonstrate her flower arranging skills. If it is of interest to you, everyone is welcome to come along.

Since we received a very generous donation from the Doc Martin Fund, we are now able to pay for a wider range of speakers for everyone to enjoy, whether Golden Circle members or not. There is no obligation to become a member of the Golden Circle unless you wish to.

*Annie Philp
Golden Circle*

Our MP, Scott Mann talks to Trio



I hope readers had a very pleasant and relaxing Christmas. I visited the sorting offices at Bodmin, Bude and Launceston to wish my former colleagues a Happy Christmas and thank them for the hard work they do. Even in the age of emails and alternative courier services, the Royal Mail is as busy as ever dealing with extra post and parcels.

After New Year I publicly gave my backing to the 'Out' campaign for the EU Referendum. Alongside five other fellow MPs, I decided it was the time to set out why a British exit is the best option for us. Although negotiations are still ongoing, I do not think Brussels is offering us enough in order to properly renegotiate our relationship.

The EU has become integrated and federalised, to which the UK has little control over. We pay £350 million a week in membership - more than what we get back, we cannot control who comes here from member countries and subsequently have to discriminate against those from outside the EU - particularly Commonwealth countries, and we have little say over EU legislation which affects every man, woman and child in North Cornwall - notably the Common Fisheries Policy and Common Agricultural Policy. Although some areas and industries do benefit from EU funding, my argument is that the UK could do this itself without being a member.

In Parliament I have stressed the case to the Health Secretary about the difficulty of booking GP appointments, describing how people who work in the week often have trouble booking appointments because they are either too busy at work or are unable to access a phone or get signal.

With the government pushing towards a true 7-day-a-week NHS where GPs would be open at weekends, I suggested priority could be given at weekends to those who were unable to get an appointment in the week because of work. Jeremy Hunt welcomed this and described how the process of booking GP appointments was already being made easier for patients through the internet and phone 'apps'.

I also took part in an important debate on food security alongside fellow Cornish MPs, amongst others. Led by St Ives' Derek Thomas, the debate was aimed at highlighting how the UK could source more food from its own farmers, fisherman, factories etc. as well as ensuring these industries get a fair price for their goods.

Education Secretary Nicky Morgan has also announced that children will be given new methods to learn and test their times tables. Basic arithmetic is essential for everyone, and the government wants children to enter secondary school with much better mathematical skills which will help their development.

On top of this, she has also announced new measures to keep children safe online. Teachers will have the right measures in place to keep children safe from exploitation or radicalisation, and we will strengthen measures to protect children from harm online - requiring schools to have appropriate filters and monitoring systems while teaching pupils about staying safe online.

Scott Mann

Fantasy Football 2015/16				
LW	POS	TEAM	MANAGER	POINTS
1	1	MEN BEHAVING BADLY	Richard Hambly	786
3	2	FOXHOLE ALLSTARS	Bryan Nicholls	744
2	3	ABOUT TIME	Margaret Honey	737
5	4	BADA BING!	Paul Honey	720
4	5	TOM'S TEAM	Tom Lobb	719
6	6	DYNAMO FUCHTHEREST	Andrew Grills	708
7	7	MAYBEES	Tom Bishop	657
10	8	AFTER THE STORM	Kevin Grills	628
8	9	MOTS FLYERS	Tom Cleave	607
9	10	SAME OLD BLUES	Andy Penny	604
11	11	FLYING FOREST	Kevin & Emma Honey	592
13	12	EVERTIM FC	Tim Witherden	584
12	13	STILL NO F IN LEEDS	Lardman Lanyon	562
15	14	THE LOBBIES	Pete & Julie Lobb	562
17	15	EVIL MONKEYS	Jake Treacy	556
14	16	THE CALL OF DUTY	Joshua Grills	545
16	17	LIDDSPURS	Peter Liddicoat	539
18	18	GOTTA LOT ON, GOTTA GET ON	Karen Grills & Matt Brewer	526
21	19	DIRTY SANCHEZ	Danny Treacy	511
19	20	HAVEN'T GOT A KALOU	Harry Hambly	489
20	21	MUDGUTS MARAUDERS	Ann Cleave	481
23	22	SCHOOL'S OUT!	Tom Penny	413
22	23	HONEYBABES	Jean Herring	412
24	24	FINE PIECE OF HICKORY	Chris Witherden	409
25	25	STAY TOO LONG	Dan Grills	396
26	26	LUCKY LADS	W Herring	238

up to January 19th 2016



Valentine's chocolates have been around for 148 years. The first Valentine's Day box of chocolates was introduced by Richard Cadbury in 1868.

You could be forgiven for thinking, after the past months of constant rain, that flooding is not going to affect us here in the Parish of St Endellion ... but higher tides, the wind in a different direction, a blockage in the Leats here or at Gaverne and it could be a different story ...



Flooding can happen in a flash

Raising awareness of flash flooding in Port Isaac

Port Isaac may be at risk of flash flooding.

We work hard to try and pinpoint where flash floods are likely to happen and have identified that your community may be at risk. Most major flash floods occur in places where there have been none in living memory so it is vital that, even if flooding hasn't happened in your community for a long time, you know what to do and how to stay safe.

Possible flooding in Port Isaac

Due to Port Isaac's location and topography, it is classed as a community at risk from flash flooding. It is vulnerable to many sources of flooding including river water, surface water (roads and fields) and of course the more familiar and widely accepted, tidal water.

What is flash flooding?

Flash floods occur extremely quickly - much faster than other forms of flooding - and with massive force. They can move rocks, tear out trees, sweep away vehicles and destroy buildings and bridges.

What do you know about flooding?

Are you aware of the risks to your home & family?
Would you know who responds to flooding?
Who would you call for help and information?
Would you know how to prepare for flooding?
Would you know where to seek refuge in a flood?

What does the Environment Agency do in your area?

Inspect river channels and carry out vegetation management along the length of the river as well as routine debris screen clearance

What can you do to increase the community's resilience?

A community emergency plan can help you decide what practical actions to take before and during a flood, helping reduce the damage that flooding can cause.

Port Isaac has a small group of Volunteers that are writing a Community Emergency plan which will include flooding. They need your help! If you'd like to support your community and get involved, please contact Dee Littlechild on 01208 880905 Email : dee54@mac.com

Who else can offer support?

There is also a wealth of information and support available from groups such as:



www.cornwallcommunityfloodforum.org.uk



www.nationalfloodforum.org.uk

Know your flood codes

We offer a free flood warning service to areas at risk of flooding. Port Isaac can receive a flood alert for the North Cornwall Rivers. This provides a useful 'heads up' that flooding may be possible, so be prepared.

To sign up to receive flood alerts or for advice on what to do before, during and after a flood, please call Floodline on **0345 988 1188** or visit www.gov.uk/flood



**Flooding is possible - Be prepared.
Monitor local water levels & the flood forecast on our website**

ARE YOU PREPARED?



The Church Rooms progress report

Since last Autumn, the group that has formed to renovate and improve the Church Rooms for community use has been busy. At the start of what will hopefully be a productive new year it is important to share the progress that has been made so far.

Firstly, it was unanimously agreed that the group should be named 'Port Isaac Community Hall Trust' as the hall is now in the process of being released by the PCC from the church and leased to the community. Alongside this, David Scott & Co, based in Truro, have agreed to act for the Trust as they run an independent practice of Chartered Building Surveyors concentrating on Building Surveying and Building Conservation. They work for trusts, charities and churches, on listed buildings and non-listed properties throughout Cornwall and the Scilly Isles and offer a personal service from inception to completion. They have already measured up the property and with their help, experience and expertise, the ideas that have already been gathered from the community, as to how the hall will function, are being fed into their plans.

The project is also being supported by Alison Mitchlemore who works to develop community projects in rural areas. We are also in the process of recruiting some experienced individuals who will help the group apply for and access funding from the appropriate funding bodies.

Both the Parish Council and the Doc Martin Fund are also being approached to fund the small expenses that have accrued to date.

To enable the whole community to share and contribute to the vision for the Community Hall we have a meeting planned at

Port Isaac School on Thursday February 4th at 7pm

It is open to all and will be an opportunity to meet David Scott who has been invited to the meeting for us to ask his advice and listen to his ideas and share the progress that has been made so far.

BODY SCULPT CIRCUITS



**Thursday 10am
PORT ISAAC VILLAGE HALL**

**Classes suitable for any age/fitness level
Sessions are lighthearted and fun but can be
as easy or challenging as participants wish
Professionally qualified/insured leader
One hour sessions, 10am-11am every
Thursday at Port Isaac Village Hall
£4 per session payable 3 weeks in advance
after first session**



We are well into January, and New Year seems well past, so let's not talk about New Year Resolutions, and whether or not we've stuck to them! However, there are some ideas abroad which are a bit like those resolutions, although on a much bigger, national or international scale, but which do have relevance to us in this locality. Climate-friendliness in our Parish, and our Parish's Neighbourhood Development Plan (NDP) are both very much involved with sustainable development and, hence, with the Global Goals for Sustainable Development. There are 17 of these Goals, agreed last September when world leaders gathered at the United Nations' headquarters in New York. They are formally-adopted goals, which build on the success of the Millennium Development Goals, which were similarly agreed some 15 years ago.

These new goals set the agenda for international efforts to combat poverty and tackle inequality and injustice over the next 15 years, and they embody 169 individual targets. Several of the goals have been achieved already, or should have been, in our locality, such as "No Poverty" (Goal no.1) and "Zero Hunger" (no.2). Local schools should provide "Quality Education" (no.4), and South West Water "Clean Water and Sanitation" (no.6) [at a price!], while a number of houses harvest "Affordable and Clean Energy" (no.7) from solar panels, ground-source heat-pumps, or other means. STEER (St Endellion Economic Regeneration) a few years ago did, and our NDP in the near future should, encourage "Decent Work and Economic Growth" (no.8) and "Industry, Innovation and Infrastructure" (no.9).

"Sustainable Cities and Communities" (no.11) is really a responsibility for Cornwall Council and the Community Network Panel covering this area and, together with our Parish Council, "Peace and Justice, Strong Institutions" (no.16) and "Partnerships for the Goals" (no.17). "Gender Equality" (no.5) and "Reduced Inequalities" (no.10) should be ensured by everyone, at every level, HM Government, local government, company or personal.

"Responsible Consumption and Production" (no.12), "Climate Action" (no.13), "Life Below Water" (no.14) and "Life on Land" (no.15) are the ones on which this column [and the St Endellion Climate-friendly Parish Project] have been encouraging action for the last few years, together with the only one not mentioned so far, "Good Health and Well-being" (no.3).

We have always urged responsible consumption and production, minimising waste, re-using wherever possible, and maximising re-cycling otherwise. We have asserted the truth of climate warming, and of its human origin, citing the unprecedented increase in atmospheric CO₂ levels since the (first) Industrial Revolution, and tried to encourage at least a reduction in the rate of increase. We have stressed the problems caused by use of fossil fuels, coal, oil in all its forms, natural gas and, now, shale gas, and shown it was possible to change over to pellet- and log-burning appliances. We also emphasised the importance of insulation, and obtained insulation for the roof of the Village Hall.

We have entered competitions, publicising what the parish has achieved in climate-friendliness, participated in Green Fairs in Wadebridge and organised one in Port Isaac. We have collaborated with Camel Friends of the Earth, Cornwall Wildlife Trust and other similar organisations, and backed local food-producers such as Camel Community-supported Agriculture, local farmers and our Port Isaac fishermen.

Lastly, this column has encouraged healthy exercise by bringing up-to-date some of the descriptions of footpaths in the late Robin Penna's books of local walks, with additional variations and amalgamations. We should mention at this point that Robin's books are still available from at least one local shop; also that the maintenance of most of our local footpaths is supported by both Cornwall Council and the Parish Council, and carried out by local firms. Let us hope that the Parish Council will eventually achieve STEER's last unfinished task, the footpath to Trewetha, paralleling the road, and giving a safe, traffic-free, pedestrian and cycle route to and from Port Isaac. In the meanwhile, happy (and healthy) walking!

Robert Manders

Farm to Fork

As part of farmer's initiative to increase the children's awareness of where their food is sourced, our Year 3 and 4 class are going to spend a day with other schools at The Royal Cornwall Showground. There will be work-shops and presentations and we are looking forward to an informative trip.



After School Clubs



This term the children have a choice from Homework Club, Film Club, Walking Club and an Active Club if they want to take part in after school activities.

Bikeability



Several of our Year 6 and Year 5 children are currently participating in the bikeability course. By the end of it they will be fully certified to safely ride their bikes on the road. The first session was on an extremely chilly day so it was good to see they were all wrapped up in layers to combat the cold.

schoolchat



news & views from Port Isaac School

Spirit of Adventure Day

All the children will be taking part in this problem solving, team building day. It is being run in school by the people who will be organising some of our Class 2 camp activities later in the year.



Port Isaac School Nursery

Stay and Play

Thursday 4th February

1:30 – 3:00 pm

For anyone in the local area



Children can take part in free play with craft activities, and you have the opportunity to spend some time in the school's Nursery.

It is also a great opportunity for mums and dads to meet new friends and enjoy a cuppa.



All ages are welcome

Parish Council report

supplied to Trio by the Parish Clerk

Casual Vacancy

We have yet to be able to fill the vacancy on the Parish Council. If you are interested in serving your community in this way, please contact the Chairman, Cllr. David Raynor, Tel: 01208 880650, Email: David.raynor@unicombox.com.

This is a most worthwhile way to benefit the local community and it would be splendid if some public spirited person would step forward.

Planning: The following applications were received and Members made the following responses to Cornwall Council:

1. PA15/09487, 1 Middle Street, Port Isaac – listed building consent to replace two sash windows at front of building, like for like. The application was unanimously supported.
2. PA15/10864, 14 New Road, Port Isaac – demolition of existing garage workshop and erection of four flats. The application was supported.
3. PA15/11997, The Rectory, St Endellion – works to a tree subject to a tree preservation order. Branch reduction of Holm Oak by 1 metre.

Planning Decision Approved by CC – for information only

1. PA15/06999, Spindrift, 36 Trewetha Lane, Port Isaac – demolition of existing dwelling and erection of replacement dwelling.
2. PA15/07216, Tregudda Road from Treore Lane to Port Gaverne Hill, Port Gaverne – owners' accommodation to include a laundry / store room, a boiler room and living accommodation.
3. PA15/08295, Tresunger, Port Isaac – listed building consent for emergency repairs to include the re-roof of existing dwelling and repairs to damaged walls and structure.
4. PA15/08844, Flat 9, Castle Rock, Port Isaac – removal of top floor window and replacement with sliding doors and Juliet balcony. Clad high level wall section in boarding to match existing boarding on the adjacent wall.
5. PA15/09456, 7 Rose Hill, Port Isaac – listed building consent to re-roof and replace damaged ceilings.
6. PA15/09513, 9 Roscarrock Hill, Port Isaac – extension to front of building.
7. PA15/09634, 8 Tintagel Terrace, Port Isaac – loft conversion and associated internal remodel with landscaping to rear.
8. PA15/09767, Silver Spray, Port Gaverne – proposed replacement of existing metal railings with stainless steel and glass railings to existing balcony. Formation of new balcony in place of existing lean-to-roof with glass door and stainless steel and glass balustrading.
9. PA15/09815, 17 Silvershell Road, Port Isaac – proposed rear, side and front single storey extensions.

Planning Applications Withdrawn – for information only

1. PA15/10041, Golden Lion, Fore Street, Port Isaac – to extend existing external balcony, relocate toilets to basement.
2. PA15/10041, Golden Lion, Fore Street, Port Isaac – listed building consent to extend existing external balcony, relocate toilets to basement.

Enforcement Cases – for information only

1. EN15/01014, Land North East of Port Gaverne Hotel – levelling of the land and importation of hardcore to create a car park for customers of the Port Gaverne Hotel. A large caravan and shipping container had also been brought onto site.
2. EN15/01190, Harbour Heights, Rose Hill, Port Isaac – alleged non-compliance with approved plans. New access track and parking space created.

Enforcement Cases – for information only

1. PA14/11484, 5 Trewetha Lane, Port Isaac – proposed demolition of existing dwelling and construction of replacement dwelling. The appeal on this application had been dismissed.

Yellow Lines – Members have agreed to finance road works at the following locations:

- a. Hilsen Close – no waiting at any time.
- b. Trewetha Lane – to put in a repeater sign.
- c. New Road/Back Lane/Fore Street Junction –
 - i. Back Lane from its junction with New Road – to have double yellow lines from existing line up to the restricted sign.

- ii. Back Lane/Fore Street – to move the white junction markings with the continuation of the centre line, which should help to deter drivers from going through the no entry signs and down Fore Street the wrong way.
- iii. Bus Stop/Coach Drop, Fore Street – it was confirmed this is not used by local buses, so a 20 minute no return in 2 hours coach drop off stop could be implemented.
- d. All Parking Restrictions in Port Gaverne – around the Fish Cellars and up the hill to West Winds should be “No waiting at any time all year round”. The reason being that if someone parks in the narrow road it blocks the road used by the bus service which is all year round.

Website

There is a delay with the new website 'going live' because Mr Lawrence has to rename all the minutes and agendas prior to uploading them to the new server.

Weed Spraying

Members have again agreed to use Cormac Solutions to weed spray all pedestrian surfaces, other than the highway.

Gillian Thompson
Parish Clerk / RFO

Email: stendellionpc@gmail.com



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Let's start the year with rhubarb and a lovely rice pudding

Rhubarb is a plant in the dock family, with large, green canopy leaves, and edible stalks. Rhubarb is traditionally used in sweet recipes and, increasingly, in savoury dishes too - its unique tangy, sour flavour means that rhubarb works just as well when mixed with sugar in a sweet pie as it does in a sharp pickle.

While rhubarb is deeply engrained in British cuisine - It's thought that Venetian traveller, Marco Polo, first brought the plant to Europe in the thirteenth century. By 1657, rhubarb's miracle medicinal properties meant that in England, it was worth three times the price of opium. It wasn't until the mid-nineteenth century though, that rhubarb began to creep into kitchens – firstly in a sweet context and then as a savoury condiment, with rhubarb relishes becoming a popular accompaniment to mackerel and venison.

A huge percentage of Britain's rhubarb production is concentrated in a 9-square-mile region in Yorkshire known as 'The Rhubarb Triangle' – an area which was awarded Protected Designation of Origin (PDO) in 2010. The quality soil and unique climate makes for the perfect growing environment, plus Yorkshire had great rail links to London which was important during the days when the capital's demand for the stalk was insatiable. Indeed, in the late-nineteenth and early-twentieth century 'The Rhubarb Express' was a daily train which ran between Ardsley and London during rhubarb season, transporting 100 - 200 tons of the stalk

to Spitalfields and Covent Garden Market each day.

Rhubarb season

British rhubarb is cultivated in two different ways, which means that there are two different rhubarb seasons. Firstly, the 'forced rhubarb' season, which runs from Christmas to Easter. 'Forcing' rhubarb is an early nineteenth-century technique, employed by most Yorkshire rhubarb farmers. It involves growing rhubarb in warm, dark 'forcing sheds' – which encourages early growth – and then harvesting by candle light. In doing this, the tender pink stalks reach 20 - 30cm early on in the year.

The second rhubarb season comes later on in the year, when garden or field grown rhubarb naturally ripens in full sunlight. Garden-grown rhubarb typically flourishes from April to September.



How to cook rhubarb

Start by discarding the toxic leaves, if still attached. Compost or dispose of these carefully as they are poisonous to pets and livestock. Most recipes require the rhubarb to be cut into batons. Using a paring knife, top and tail the stem, slice at an angle into the size that the recipe requires – this could vary from 1-inch chunks for quick-stewed rhubarb to longer batons for roasting or poaching.

As rhubarb cooks it releases a lot of moisture, so there's rarely any need to add much extra liquid. Rhubarb's flavour means that it's difficult to overpower, so don't shy away from other strong ingredients like ginger, cardamom or star anise.



Creamy rice pudding with compote of Yorkshire rhubarb and clove cream

For the rice pudding

600g milk
600g cream
Vanilla pod
Salt
100g sugar
100g rice
4 egg yolks

METHOD

Put 500g of cream and 600g of milk into a heavy pan. Add one-third of a vanilla pod. Add a pinch of salt, then add 100g of sugar. Put on heat. Wash rice and add to the pan. Stir till bubbling and simmer for 20 minutes, stirring occasionally.

Mix egg yolks with remaining 100g of cream. Add yolks and cream to pan. When you see one bubble, remove from heat and transfer it into a cold bowl. Stir occasionally until cool.

For the rhubarb

Peel any stringy edges. Mix with caster sugar in a ratio of 10 parts rhubarb to four parts sugar. Roast in the oven 180C for 35 to 40 minutes.

For the clove cream

crush cloves with sugar then sieve into whipping cream and whisk until soft peaks. Use sparingly.

Hope you enjoy. Mx

For the rhubarb compote

1kg rhubarb, cut into short batons
About 400g caster sugar
For the clove cream (about four portions)
2 cloves
15g caster sugar
5tbs whipping cream



A SCILLY

Why not sail from Lands End to the Isles of Scilly and then back again in a Wayfarer Dinghy?

What a brilliant idea! And so a date was placed on the calendar that met the requirements of both tide and predicted weather conditions. However the weather took no notice of the calendar and did its own thing thus bringing the intended proceedings to a halt just 24 hours

before the scheduled departure time. The only way forward was to throw the calendar out of the window and to pick outbound and inbound dates no more than 20 hours in advance of any departure.

And so it came to pass that a passage plan was formulated for June 25th 2015, that involved using two MK1V Hartley Wayfarers; the aim being to set out from Sennen Beach and sail to St Mary's, Isle of Scilly. One Wayfarer was owned and crewed by John Lethbridge (Fishy Friend Lefty) from St Kew, and myself (Colin Shepherd).

Sennen is definitely an acquired taste when it comes to launching. The slip is so steep that 4X4's burn out their clutches in any attempt to gain the higher ground. Our challenge would not have been possible without the help of Harbour Master launching us off from the beach. And so, at 09.30 hrs we set off from the beach in a force 4 southerly wind. Once out of view of land we kept alert as we approached the Shipping Lanes; the rule "Sail over Power" is something Sea Captains just smile about from their double glazed sheds. Therefore in judging the ships speed against our own speed involved us in holding back and slipping behind them. The wind picked up and as we judged ourselves to be at the halfway mark in less than 3 hours.

John had put in a waymark for Tresco on a small hand held GPS that he had purchased some years before but had never used. We picked up our first sighting of the Scillies some 10 miles out, which was when we encountered our first bumpy sea due to tidal currents in this area. Just five and a half hours after leaving Sennen, and in glorious sunshine, we sailed onto the beach at St Marys, disappointed only by the fact that we had to make our first tack of the journey to do so, but we could live with that small issue.



Did we do the right thing – giving way?

Desi Shave (one of the Scilly shanty group, Bone Idol, whom John had known and sang with for years) and his wife Sarah welcomed us into their home for the week on dry land; much as we both love the Wayfarer there was no way we were going native on the floor which is something for younger bones to explore.

We sailed around an Island each day meeting up with the fine men of Bone Idol each evening. Tresco was first - the north of the island gave us some exciting sea around Gimble Porth and Kettle Bottom where breaking seas did their best to challenge the Wayfarer. This is what the trip was about, not about us, but more about what a Wayfarer can cope with and keep its crew safe and reassured re its marvellous capabilities.



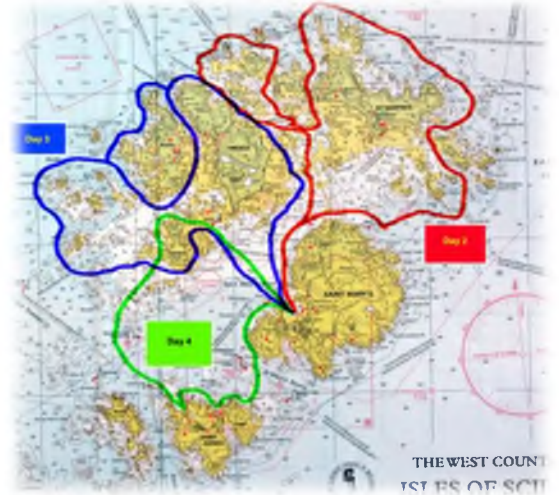
Briar

IDEA

a tale from last summer that will make you forget the dark February days and think of the summer to come

Apart from its many safety features the Wayfarers shallow draft make sailing in rocky waters possible. To this end I was joined by retired Scilly boatman Paul Hicks for the day. He let it be known that he had never sailed before, but he did become an immediate convert. With his knowledge of the coastline we were able to thread our way in and around submerged rocks that had wrecked many ships over the centuries, thus allowing us to gain access to some fantastic beaches.

We sailed to St Agnes via a passage around Bryher, picking our way through many rocky outcrops with the help and guidance of Desi. Having him along did mean that, later that day, it was all down to singing shanties outside the Turks Head on St Agnes. Word soon spread around the Island of our presence and that led to passing walkers also giving impromptu songs. All of this washed down with plenty of crushed apples.



St Agnes Bay

Our next bearing was the Longships Lighthouse and making sure we kept it on our starboard side when trying to pick up Sennen Cove. This is where one needs to line up from the port side to avoid a rocky outcrop that cannot be seen at different states of the tide. The crashing waves not only flooded the boat but picked us up and dropped the boat on the beach, with waves still crashing over the stern. Well that would be all very well if we had a trolley under the boat, but a second wave suddenly picked up the boat and took her back out again. But yes, we did make it and we can tell the tale.

In summing up we sailed to and around the Isles of Scilly we met some fantastic people, had good company, good sailing, lots of memories of peoples communities and so much goodwill.



Lefty at the helm



Now we are all safely back home we can all take stock for a while before our trip in September to Loch Derg, Tipperary, for a Wayfarer Rally. Hmm, Guinness, music and ... maybe we will get some sailing in.

Colin Shepherd



Websites of the Month

As a break from the gloom about climate change, I thought this month's column would be about love and friendship – especially as Valentine's day is nearly here. St Valentine, officially named Saint Valentine of Rome lived in the third century and was apparently executed by the Roman Emperor Claudius for helping Christian couples get married.



Apart from the usual wiki sites (https://en.wikipedia.org/wiki/Valentine%27s_Day is particularly good), history.com has a good page about him with six surprising facts <http://www.history.com/news/6-surprising-facts-about-st-valentine>. One of these facts is that there are a number of St Valentines as the name was quite popular coming from the Latin meaning strong or powerful. Apparently there is even a Pope Valentine who served as Pope for 40 days in A.D. 827.

St Valentine, as well as being the patron saint of lovers, is also, according to history.com for interventions regarding beekeeping and epilepsy, as well as the plague, fainting and traveling.

Celebrating the day in the way we do now has been attributed to Chaucer who in his poem written in 1375, "Parliament of Fowles", he says that the St Valentine's feast day was to do with courtly love (see <http://www.librarius.com/parliamentfs.htm> for the poem and other material about Chaucer and his works).

Another suggested origin of the modern character of St Valentine's day, although it is disputed, is the feast of Lupercalia. It might be a coincidence, but this feast, celebrated by the Romans, but probably with a pagan pre-roman history, was held each year from February 13th to the 15th. It was apparently a rather brutal business, but the aim was to purify the city, leading to health and fertility. It was called 'Lupercalia' after Lupus the wolf, as Romulus and Remus were saved by a wolf and founded the city of Rome. A good account of this ancient precursor (perhaps) of St Valentine's can be found in the website of the Association of Polytheist Traditions <http://www.manygods.org.uk/articles/festivals/lupercalia.shtml>. The cave where Romulus and Remus were thought to have been raised by the wolf was the site for the celebration in Roman times. It was discovered by archeologists in 2011. Youtube has a nice video about it <https://www.youtube.com/watch?v=c9y5IWSlhdc> where the person who discovered it discusses its history.

As I said at the beginning I would have a break from the gloom concerning climate change, but there is a nice link between climate change and St Valentine. A campaign launched last year called 'for the love of' was launched by The Climate Coalition with a combined support of over 15 million people in the UK (<http://www.theclimatecoalition.org/about-us>). For the love of asks us to show our love of things that may be threatened by climate change. Their website www.fortheloveof.org.uk is full of great graphics and a beautiful reading of Shakespeare's sonnet "Shall I compare thee to a summer's day?"

So here is wishing you a happy Valentine's day!

Tony Wainwright



Sailor's Valentines

A sailor's valentine is typically an octagonal, glass-enclosed wooden-cased shadow box containing an intricate, symmetrical design made up of small seashells. They were originally made in the 1800s and were designed to be brought home from a sailor's voyage at sea for his loved one. The sentimental story painted a picture of a lonely sailor crafting a valentine for his loved one but, in the real world the valentines were actually first made in Barbados, most likely by local women, and then sold from a shop on the island. But whoever made the valentine, there's no denying it was a lovely romantic gift to be given by your loved one when he came home from sea.



Every day, nine people in Cornwall and The Isles of Scilly hear the devastating news that they have cancer. That's over 3,300 people every year. The ripples a cancer diagnosis can cause can affect families, friends and work colleagues.



With a huge increase in the numbers of people affected by cancer anticipated by 2030, thousands more local people may end up feeling lonely and isolated.

That's why we are building The Cove Macmillan Support Centre in Cornwall, the first dedicated centre of its kind in the County. The Cove has been designed with patients and their families in mind, with the simple goal of helping anyone affected by cancer to live their lives as well as possible.

The centre will open in mid-2016, and will help and support around 13,000 people every year-patients, their families and friends. It will cost around £3 million to build and equip, and we are fundraising for the final £1 million of that figure in Cornwall and the Isles of Scilly.

We would love your community to become involved with fundraising for the centre, and this could be your local school, business, pub or social group.

To find out more about The Cove, or to get involved with our appeal, please visit www.macmillanbuilds.co.uk or call 0300 1000 200. You can also email your local contact, Emma Wright at emwright@macmillan.org.uk



Trio asked Sarah Stevens, a National Trust Ranger in North Cornwall, about her job:



Wednesday 17 February
Half Term Scrub Bash at Lundy Bay near Polzeath. 10am – 2pm

Bonfires, potatoes, toasting marshmallows, we've got the lot! Bring along the family to help the rangers tackle overgrown gorse and blackthorn and help the wildlife living at this valuable coastal habitat. To thank you for your help, we'll be cooking up a jacket potato lunch on the bonfire with cheese and beans. Bring any extra jacket potato fillings you would like along with a drink and any snacks. Family friendly and a great way to meet people. Just remember to wear clothing suitable for the weather, working in thorns and brambles and that you don't mind getting smoky/muddy and sturdy boots (we'll be working about 1km walk from the car). Don't forget your Mum or Dad! For more information please phone 01208 863821 or email tom.sparkes@nationaltrust.org.uk



"Wearing your heart on your sleeve" is more than just a phrase. In the Middle Ages, young men and women drew names to see who their Valentine would be. They would wear the name pinned to their sleeve for one week so that everyone would know their feelings.

What is your job with the National Trust?

I'm a ranger working at National Trust places between Tintagel and Holywell. There are quite a few, most of them coastal, the only inland area we look after is Rough Tor on Bodmin Moor.

What does a National Trust ranger do?

Lots! The role is really varied, which is part of the reason why I like the job so much. There are some seasonal tasks such as controlling overgrown scrub in the winter months to improve the biodiversity of the area, to cutting back vegetation along the footpaths in the summer. We also monitor a variety of plants and animals which helps us know if we are managing our sites the right way. We manage invasive and non-native species, carry out path maintenance including along sections of the South West Coast Path, and repair and replace gates, signs, benches and so on. We also run a wide variety of events throughout the year, work with volunteers and engage with people on a daily basis, and do all the admin work that comes with the job. My passion is nature conservation and hopefully through my work I manage to enthuse others about our fascinating animals and plants.

Which is your favourite place and why?

We look after 32 miles of coastline so I can honestly say there are a lot of great places to choose from! I love coastal walks where you have miles and miles of stunning cliffs to gaze at such as at Treligga and Dannonchapel which are west of Delabole, but I also love the areas which are brimming with flowering plants and buzzing with wildlife in the spring and summer such as Lundy Bay near Polzeath and West Pentire near Newquay.

The National Trust is an independent charity, isn't it?

Yes it is, half our income comes from members, donors and legacies. We also get some income from holiday cottages, car parks, cafés and shops, grants, farm schemes and rents. Part of our income goes to help National Trust places elsewhere that run at a loss such as some of the large stately homes and other areas of countryside and coast.

You mentioned working with volunteers.....

We couldn't achieve as much without the help of volunteers, we are extremely grateful for all their help. Volunteers contribute in many ways including helping the rangers with practical conservation work, access work and with events, as well as litter picking, checking lifesaving equipment along the coast, carrying out wildlife surveys and we have a team of dog rangers – all dog walkers themselves. But we could always do with more help!

Many readers will be familiar with the beach at Port Gaverne which is owned by the National Trust, but we just don't get the chance to litter pick the beach as often as we'd like. Can anyone help? There is no need to commit to litter picking on a particular day or time, just pop down to the beach whenever you're in the area, maybe when walking the dog. Have you heard of the 2 Minute Beach Clean? The idea is simple, when you go to the beach, take 2 minutes to pick up any litter you find, recycle it if you can or pop it in a bin. There is a bin at Port Gaverne so it's really easy to take the litter from the beach to the bin to help save our wildlife and marine life. If everyone picked up just a few pieces of litter whenever they saw it, our coast and countryside would be a much cleaner and safer place. For more information about the 2 Minute Beach Clean look up www.beachclean.net or search for @2minutebeachclean on Instagram or 2 Minute Beach Clean on Facebook.

If anyone is interested in any type of volunteering with us, please get in touch with me either by phone 01208 863821 or email sarahe.stevens@nationaltrust.org.uk

You can keep up to date with what the staff and volunteers get up to in North Cornwall by taking a look at their blog <http://northcornwallnt.org/> or following them on Facebook www.facebook.com/NorthCornwall.NT Instagram @northcornwallnt or Twitter @NorthCornwallNT

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- Repeat Prescriptions - 880242
- NHS 24-hour Helpline - 111
- Royal Cornwall Hospital (Truro) - 01872 250000
- East Cornwall Hospital (Bodmin) - 01208 251555
- Derriford Hospital (Plymouth) - 08451 558155
- Local Dental Helpline - 01872 354375
- Police (non-emergency) - 101
- PCSO Claire Drennan - 0845 6567930
- Civil Enforcement Parking Team - 0300 1234222
- Rev Judith Pollinger - 01208 880181
- Harbour Master - Byron Buse - 01208 880321
- Lifeboat Operations Manager - Chris Bolton - 01208 880256
- Electricity - 0800 365900
- Water helpline - 0800 1691144
- Parish Council: stendellionpc@gmail.com
- Cornwall Council - 0300 1234 100
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WHAT'S ON...

Tuesday February 2nd - Kerbside Recycling - leave out by 7am

Thursday February 4th - Church Rooms meeting at Port Isaac School - 7pm

Saturday February 6th - Christmas Lights Meeting - open to everyone - at Chapel Cafe - 4pm

Monday February 8th - Parish Council meeting at Port Isaac School - 7pm

Saturday February 13th - Go! Next Jazz gig at St Endellion Church - 7.30pm

Tuesday February 16th - Kerbside Recycling - leave out by 7am

Sunday February 21st - Messy Church in Port Isaac Village Hall - 2.30pm-4pm

Tuesday March 1st - Kerbside Recycling - leave out by 7am

Friday March 4th - Piano and Cello Recital at St Endellion Church - 7.30pm

Sunday March 6th - Mother's Day

Thursday March 11th - Flower arranging demonstration with Elaine from Bruallen at the Golden Circle meeting in Port Isaac Village Hall - 2.30pm

Monday March 14th - Parish Council meeting at Port Isaac School - 7pm

Sunday March 20th - Messy Church in Port Isaac Village Hall - 2.30pm-4pm

March 26th-April 3rd - St Endellion Easter Music Festival

Tuesday March 29th - Port Isaac Village Hall Easter Cash Prize Bingo - eyes down 7.30pm

Thursday April 7th - RNLI AGM in Port Isaac Village Hall - 7pm

Monday April 11th - Parish Council meeting at Port Isaac School - 7pm

Saturday April 30th - Joyful Company of Singers at St Endellion Church - 7.30pm

Monday May 9th - Parish Council meeting at Port Isaac School - 7pm

Monday June 6th - The Zig Zag Way from Trebiggan Productions - theatre night at Port Isaac Village Hall

June 9th-June 11th - Royal Cornwall Show

Sunday June 12th - RNLI Annual Lifeboat Service on the Platt - 12.30pm

Monday June 13th - Parish Council meeting at Port Isaac School - 7pm

Monday July 11th - Parish Council meeting at Port Isaac School - 7pm

Sunday August 7th - Port Isaac RNLI Lifeboat Larks

Regular Events

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the Village Hall. Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm- 4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

First Sunday in the month - Morning Worship at 9.30am

Second, Fourth and Fifth Sundays in the month - Holy Communion at 9.30am

Third Sunday - Messy Church in Port Isaac Village Hall from 2.30pm-4pm

St Endellion Church - Every Sunday at 11am

Trelights Methodist Church - Sunday Service at 6pm

Trio Copy Dates

MONTH	COPY DATE	PUBLICATION
March	February 23rd	March 1st
April	March 18th	March 25th
May	April 24th	May 1st
June	May 25th	June 1st

Photo: Jenny Balfour-Paul

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905