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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.



Paul Grills is taking on this year's London Marathon to raise money for the Brandon Trust in memory of his Dad. Trevor. Said Paul. "My aim is to complete the marathon in memory of my Dad. He was a proud Cornish man who loved his family, his home in Port Isaac, watching his three boys play football and making the most of the opportunities that came his way. especially in the last few years of his life.

He was an ambassador of the Brandon Trust and a huge supporter of all the fantastic work it does for people with learning disabilities. Growing up with his brother John, who has Down's Syndrome, made Dad really appreciate the work organistions like the Brandon Trust do everyday."

The Fisherman's Friends have been helping Paul reach his target by collecting on their recent tour. You too can support Paul by going to his Just Giving page, https://www.justgiving.com/Paul-Grills Alternatively you can drop your donation off with Lesley at 18 Tintagel Terrace.

We all miss Trev and know just how proud he would have been to see the Trust is still being supported in his memory.

The Trio Print Service

We offer a village printing service to help offset the cost of Trio.

We can print in full colour up to A3, single or double sided, on paper or card up to 180gsm. The machine can tri or bi-fold leaflets or staple booklets. As well as leaflets and brochures we can print flyers, posters, menus etc. We also offer a design service or can prepare your design ready for printing.

To find out more contact Dee on 01208 880905/880862, email: dee54@mac.com



FOR SALE

1 year old Acorn stairlift - £300 BOSCH slimline (450) Dish washer - £30 Free standing long mirror - £20

Call 07773305626

Church Diary Dates

Friday March 4th

2.30pm" Women's World Day of Prayer Service, St Minver 7.30pm: 'Reflections in the Mirror', 'Cello & Piano Recital, St Endellion Church

Sunday March 6th - Mothering Sunday

9.30am: All Age Worship, St Peter's Church, Port Isaac 11am: Morning Worship, St Endellion Church

Thursday March 10th

11am: Lent Bible Study, Thalassa, Porthilly

Saturday March 12th

9.30am: Marriage Preparation Course, St Minver

Sunday March 13th

9.30am: Holy Communion, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

Saturday March 19th

10am–3pm: Quiet Day 'Journeying with the Celtic Saints', Revd Angela Butler, St Endellion Church

Sunday March 20th, Palm Sunday

2.30pm: Messy Church, Port Isaac Village Hall

11am: Sung Eucharist with palms & dramatized passion reading, St Endellion Church

6pm: Taize Service, St Endellion

Church

Maundy Thursday, March 24th

7pm: Commemoration of Last Supper, Footwashing & Vigil, St Peter's Church, Port Isaac

Good Friday, March 25th
12 noon–3pm: Three Hours
Before the Cross. St Endellion
Church

Saturday March 26th – Sunday April 3rd

St Endellion Easter Music Festival

Music at St Endellion

In early March we are delighted to be hosting a recital at St Endellion to celebrate the new concert grand piano, generously donated to the church by the Friends of St Endellion. Distinguished Cornwall-based musicians Barbara Degener, cello, and Stephen Hawker, piano, will present a programme based around Arvo Pärt's "Spiegel im Spiegel" (mirror in the mirror), with Beethoven's sonata in g minor, pieces by Bach, Bartok and other musicians of the 20th century.

'Reflections in the Mirror' Barbara Degener and Stephen Hawker Friday March 4th at 7.30pm, St Endellion Church

Tickets £10 (free to accompanied under-16s), and available from the Endelienta Box Office: telephone 07787 944935 or online at **www.endelienta.org.uk** or in person from the Wadebridge bookshop









Do you, or someone you know, need a listening ear?
Tel: David Foster on 01208 880008





It's on the calendar - March 23rd is the date set for the installation of the outdoor stair lift at the Village Hall. So by the time you read your next Trio there should be pictures of it in action (if you haven't already used it!). Plus the date will be announced for the special lunch that Dee & Cheryl promised to put on for the Golden Circle members to celebrate the easier access to the Hall ... watch this space.

www.portisaacvillagehall.co.uk

Doc Martin Fund update

There are funds available for anyone/group who has a community-based project in mind for Port Isaac. Details of how to apply are at www.thedocmartinfund.org After an exciting year of supporting local projects, listed on the website, the total currently available is £24,000. As you are probably aware, this increases month on month.

The Trustees

The Church Rooms

The Port Isaac Community Hall working group met the other evening and are now keen to raise awareness and funds for the project. We have a number of ideas towards this aim and plan to kick it all off with an evening of music in April. This will involve as many local musicians and groups as we can persuade to take part to make it a really enjoyable evening.

Watch this space for more information next month and come and join us if you are keen to be involved. We need lots of help and enthusiasm!

Newspaper recycling at its very best!



You may recall that backalong *Trio* reported John Collins was disappearing

under a mountain of newspapers! We can now tell you that the newspaper mountain is no more and John would appreciate all your old newspapers to use to wrap the fish in down at the cellars.

Either drop them down to the Fish Cellars or give John a call on 880498 and he will collect it.





The **co-operative** food

Here for you for life

Co-op **Community Pioneers**

The Co-op is trying to make good things happen in the community by helping groups with their projects.

I can help at your event - make tea, sell raffle tickets, wash dishes etc. Plus the Co-op can donate a prize for your event or give you a small floor space in the store to promote your fundraising.

For any help or support just write to me (drop your letter into the store).

And don't forget the Community Board that is free to use for posters of your event (non-business adverts only).

We would also like to thank all our customers for helping us to raise £300.16 from our Valentine's raffle for the Co-op Charity of the Year, the Red Cross, helping lonely people in the UK.

> Mel Dinale Community Pioneer for the Port Isaac store

Thanks, as always, to the Co-op for selling Trios on a non-profit basis

The PISCES OPEN PHOTOGRAPHY COMPETITION

£50 CASH PRIZE

Port Isaac: Then & Now

You are invited to submit photos for a PISCES exhibition

Port Isaac: Then & Now

Just go to our website www.portisaacheritage.co.uk and select *ANY* old image of Port Isaac and district. Then find the exact spot that the original photograph was taken and take your own.

Submit your photograph
(high res as we will be
reprinting it) with your
details by to Dee via email at
dee54@mac.com or drop a
print into The Pottery

The competition is open to all ages and there is no limit to the number of submissions you make

CLOSING DATE MAY 31st



Remember the two PISCES cookery books are availabe, priced £10 a copy, from The Pottery, Secrets, May Contain Nuts, Fresh from the Sea & Trevathan Farm.

Alternaively you can purchase from the PISCES website, www,portisaacheritage.co.uk





A display of over 150 postcards, some more than 100 years old, giving a delightful insight into the tourist trade in Port Isaac



FOLLOWED BY

A history of Trio - a look back at the past 34 years

FOLLOWED BY

Port Isaac: Then & Now

An exhibition of old an new photographs - photography competition with deadline extended to May 31st

OPENING AUGUST 6th

Port Isaac Gig Club celebrates 25 years



FOLLOWED BY

Bert Pullen's collection

A lovely collection of photos and newspaper cuttings

If you have anything you would like to contribute to any of our exhibitions we would be delighted to hear from you. We only display and retain copies of originals.

For more detailed searches of our website, use the Google advanced

https://www.google.co.uk/advanced search

Don't forget, all of our exhibition material can be seen on our website

www.portisaacheritage.co.uk

PISCES is always looking for more supporters. If you're interested in helping in anyway, or just coming along for a cup of tea, then get in touch with either Dee (01208 880862) or Barbara (01208 880625)



Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon

These are the activities we are planning for this term

March 1st - Making Mother's Day cards

March 1sth - Playdoh

March 15th - Making Easter cards

March 12nd - Easter Egg hunt

March 29th - Colouring

April 5th - Outing to Trevathan Farm

April 12th - Cake decorating

April 19th - Music morning

April 16th - Outing down to the beach

May 3rd - Model making

If you want to know more contact either Bonnie on 01208 880946 or Cherry on 07900 527610

The BIG SWIM 2016 Sunday 28th August





The Big Swim 2015

We would like to say a massive thank you to our wonderful sponsor Sharp's Brewery for all their continued support and John Bray & Partners for sponsoring our fantastic stage.

We are delighted to have been able to donate the proceeds of the 2015 swim to:

£5,600 National Lobster Hatchery (the hatchery play a huge part in the production of the swim)

£2,100 Port Isaac RNLI (who we can call on 'just in case'!!!)

£1000 The National Trust

(who give us permission to use the beach and bring a fantastic team on the day)

£2,100 The Little Harbour Hospice - from the bar sales - Thanks Sharp's!

£600 The Cornwall Air Ambulance

£1000 Polzeath Life Saving Club (for this years Water Safety Team)

£300 Port isaac Rowing Club - raised from the car park

That means that since 2011 The Big Swim Cornwall has raised £44,461.37 for local charities. Thank you all for your continued support and to everyone who volunteers on the day.

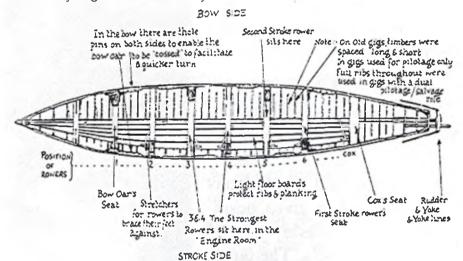
If anyone would like to see the annual accounts then they can do so by contacting Sarah Coates 07825 294087.

www.thebigswimcornwall.co.uk

2016 sees Port Isaac Rowing Club PORT ISA celebrating its 25th birthday -as part of its celebrations the Club will be telling the story of gigs and the club in Trio

A brief history of Cornish Pilot Gigs

Cornish pilot gigs are a six oared rowing boat, with seating for the coxswain and an extra space for a passenger. Originally built from Cornish narrow leaf elm; Length 32 feet with a beam of 4 feet 10 inches, and painted in their company's own usually bright colours for easy identification.



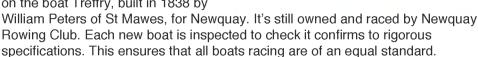
During the 19th century, Cornwall was a centre of industry, such as mining and quarrying, and utilised the sea in order to carry goods to the rest of the country and beyond. The problem for the larger vessels was the often unseen rocky outcrops, which could be hazardous to captains unfamiliar to the seascape. So the Cornish pilot gigs had a key role to ensure the passage of these ships to inland waters and harbours. They carried a skilled pilot, on the spare seat, to the bigger vessels so that he could guide the ships in. Speed was essential as the first gig to reach the sailing ship would receive the purse, which would be shared between the crew. But the industrial revolution saw the decline of gigs, especially in smaller harbours such as Port Isaac.

Although racing for pleasure is recorded in the Western Morning News as early as 1885, at a regatta held in Padstow, the principal event of the day saw a gig named Tom Sawyer, from Port Isaac. It beat Padstow's boat, Constance, by one minute, winning a £3 prize.

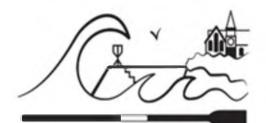
It is also believed that these six oared vessels were the forerunners to lifeboats. At least it is well known that gigs were involved in many rescues at sea.

Nowadays, pilot gigs are used primarily for sport. There are clubs on the north coast as far as Wales and on the south reaching the Solent; and a long history of pilot gigs in the Isles of Scilly. Abroad there are clubs in France, Holland, the Faroe Islands, Australia and America.

All modern racing gigs are based on the boat Treffry, built in 1838 by



The monitoring of each build is carried out by an appointed officer of the Cornish



Pilot Gig Association, the governing body for the sport.

Competitions are held all around the Cornish coast each summer with one of the most popular in the Isles of Scilly, during the May Bank Holiday, at the beginning of the month. It's organised by the World Pilot Gig Championship Committee, at last year's event there were over 140 gigs competing, from more than 60 clubs. Pilot gig racing is now the fastest growing sport in the UK

The culmination of the season's competitions is the County Championship hosted by Newguay Rowing Club. It's held over two weekends, one for the ladies and, two weeks later, for the men. There are other significant events too: Juniors and teenagers, in two categories; under 14s and under 16s, have their own championship, so do veterans; competitors over the age of 40, with some regattas having a separate race for rowers of 50 years plus. In between these fixtures, many clubs hold their own race days, which are colourful, exciting and competitive, whist helping to raise essential money to maintain the boats and other running costs. Many clubs also raise thousands of pounds each year for charity.



A photo of Treffry coming out of Newquay harbour

Treffry was built 1838 by William Peters of St Mawes and is still used competitively today.

more next month

Valentine Disco

Thanks to Friends of the School this annual event took place just before half term. Everyone who attended really enjoyed it.

Billy Bob Buttons Workshop

Class 2 were excited to have this children's author come into school and spend the morning with them. He shared his ideas on how to plan a story and also how to make a character interesting. Afterwards he signed autographs and books for those that wanted them.



Chinese New Year

All the children took part in a procession through the village to celebrate Chinese New Year. The nursery and reception children made a dragon, Class 1 made some lanterns and Class 2 carried an assortment of instruments. You may have spotted or heard them as they made their way down New Road and back up Hartland Road, chanting and singing happy new year!

Spirit of Adventure Day

This was a huge success and all the children worked together in teams to solve the puzzles they were presented with.

Camelford School success

Secondary schools in North Cornwall generally perform better than the national average. However, only one school exceeds the national average across all 8 indicators in the table below. Sir James Smith's in Camelford, and the second smallest school in Cornwall, is celebrating the exceptional success of its pupils. Headteacher, Jon Lawrence, says "our pupils perform brilliantly against local schools and in almost all of the key indicators come out at, or near, the top of the 32 secondary schools in Cornwall.

Regardless of ability, all our pupils performed magnificently, at least 4th best in County. Our brightest pupils performed better here than in any other Cornish school, something made possible by the partnership working of teachers, pupils and parents/carers.

No school in Cornwall added more value to the performance of its most disadvantaged pupils than Sir James Smith's did. This is a school where all pupils matter and no-one is left behind, a virtue of being a small school. We set high standards and have ambitious expectations of all our students. We are so proud of how well our pupils have done and are looking forward to continued success in the future. The school has undergone a transformation in the last few years and we are now seeing the result of this".

	% Achieving 5+A*-C GCSEs (or equivalents) incl E & M					Value Added (best 8)		
	KS2 High attainers	KS2 Middle attainers	KS2 Low attainers	% pupils making expected Progress in English	% pupils making expected Progress in maths	Disadvantaged pupils	Other Pupils	% achieving English Baccalaureate
NATIONAL AVERAGE	91%	52%	6.70%	71%	67%	976.3	1008.8	24%

Sir James Smith's School	100%	65%	152	80%	76%	1023.4	1023.	23%
Launceston College	99%	61%	6%	84%	67%	958.8	1012.2	40%
Wadebridge School	93%	55%	14%	78%	73%	974.1	1020.3	22%
Budehaven School	91%	44%	2%	64%	65%	940.8	1003.4	15%
Bodmin College	72%	30%	0%	52%	47%	906.4	967.1	13%





The St Endellion Easter Festival March 26th - April 3rd

Endellion is a celebration of spirituality in the arts: the Festival is a week that offers something for EVERYONE.

Join us for **Thought for the Day**, every morning at 9am

Come along to hear **Schubert's** haunting song cycle, *Wintereise*, performed in candle-light by world renowned artists **Mark Padmore** and **Chris Glynn** – not to be missed!

Love Jazz? So do we. Late night candlelit jazz? Even better. The perfect way to spend a Thursday evening.



Or perhaps for a lunchtime prom at St Kew? The Trumpet Shall Sound- will you be there to hear it?

And why not experience the electrifying atmosphere of the final concerts in the Collegiate Church of St Endellion, two performances of **Bach's** *B minor Mass*.

Full details of all concert, soloists, conductors and information on how to book your tickets are available on our website: www.endellionfestivals.org.uk. You can also find us on Facebook and Twitter (@StEndellionFest). Make sure you book your tickets early to avoid disappointment!

We look forward to seeing you there.



John Anthony Pearson

09.03.1947-09.02/2016

The funeral service was held for John at St Peter's Church, Port Isaac on February 23rd. The Reverend Elizabeth Wild officiated. Lucy, his daughter-in-law, read the lesson and his sons, David and Simon, gave the Eulogy which captured the essence of John as always being upbeat and postive, someone who people naturally warmed to, and he never let life's challenges get him down.

As a family we started coming to the area over thirty years ago, first staying at Trevathan Farm and then buying a house in New Road. We have lived here permanently for 15 years and as a couple joined the RNLI, the Chorale and restarted the Neighbourhood Watch.

John's other interests were the Camel Arts Society, playing table tennis, first at St Breward and then at the U3A. He loved sailing his Laser Dinghy and he played golf at Roserrow. He enjoyed cycling and going away in the motorhome. He was not always so keen to walk the dogs, especially if it was raining.

He continued to work and there are many extensions in the village he obtained planning for. He was born in Birmingham and worked for many years for Bass Brewery designing pubs and restaurants. He was also commissioned to draw architectural perspectives of buildings in the UK and abroad. This style was reflected in his paintings. He loved designing new buildings and there are a few examples of his work in the area.

The family would like to thank everyone for their support, thoughts, flowers, cards and words and for attending the Celebration at St Peter's. The Chorale's rendition of the Rhythm of Life and Give me Sunshine was a very fitting tribute. The Celebration continued at Trevathan Farm Restaurant and the day was a great comfort to the family.

Thank you all.

Pat Pearson

Thomas Edward Allan Chadband

Allan was norn on November 24th 1934 to Tom and Eva Chadband. He grew up with his sisters, Betty and Mary. He went to Port Isaac Primary School until he was 15 years old. Three months later he joined the Royal Navy as a boy entrant where he progressed successfully and became an adult member when he was 18 years old.

The Navy was his love and life. Much of what he did was "classified" work so he rarely spoke ot it in any detail. Keen to get on he took and passed his exams making through to finish as Fleet Chief Petty Officer (Warrant Office), the highest rank he could get unless he took a commission to become an officer. He preferred to stay a non-commissioned seaman, training the lower ranks in torpedo and anti-submarine warfare at which it appears on reading through his Naval history, he excelled.

In his early years he spent a lot of time at sea aboard various ships, mainly Frigates and Destroyers, in many parts of the world. One such draft took him to Hong Kong where he spent many happy times with Gwen (nee Glover) and her husband Barry, a member of the Fleet Airarm, stationed there.

There were some very dangerous incidents, but not many he shared. One he was able to tell about was the "Cod War" where Iceland imposed an illegal12 mile limit and tried to stop any foreign fishing boats catching fish within that area. There were many incidents of collisions and ramming reported on the TV news. In a Force 12 storm his ship got swamped, the engines failed and they were broadside on to the waves. The crew were each allowed one phone call home in case the worst happened. Luckily repairs were made and all ended well and a badly damaged ship made it back to Plymouth.

After his 33 years Naval service, Allan worked for Dennis Knight in the fish business where he stayed until his 65th birthday and a second retirement.

He enjoyed working our veg garden at Trewetha; fresh produce was a daily luxury for us. He also enjoyed showing the best of his labours in the village garden show where he won many trophies.

In his later years he took on the British Legion Poppy Appeal from John Cunningham. Each year he aimed to achieve a higher monetary total than the previous year which he managed to do. As his mental and physical health deteriorated he was unable to continue, reluctantly admitting defeat and handing over to Annie Price.

For the last year of his life it became impossible for him to be cared for at home so moved into residential care until he fell and broke his hip. This was repaired at Treliske with rehab at Bodmin Hospital. Unfortunately he did not recover sufficientlyto return to the care home but was transferred to Cedar Grange in Launceston for more intensive care where he very peacefully passed away on February 13th.

Thank you

To everyone who attended Allan's funeral.

To Judith for conducting the service

To Steve, Martyn, Jeremy and John, the bearers

To Dennis for the eulogy

To Peter Bower, the British Legion Standard bearer

To funeral director, David Bray and his staff

To Bonnie and Sam at the Old School for the reception afterwards

For the cards and messages of sympathy and for the donations made to the Port Isaac RNLI Crew Fund

Janet Chadband

Port Isaac Playing Fields Association



The Association's 'First Steps' Community Action Plan has been submitted in its final form to the Community Development Foundation. A copy of the submitted plan, which is based upon the association's development scheme for the playing field and the various community consultation events linked to it, has also been sent to the Parish Council's Chair and Clerk. Once it is formally approved by the end of February it can be posted onto the council's website.

The Playing Fields Association is now exploring project funding opportunities. The Acting Chair attended a Cornwall Playing Fields Association seminar in St Stephen last November and will have attended a 'Meet the Funders' seminar at Saltash by the time you read this.

A public funding programme called the Atlantic and Moor Local Action Group has expressed an interest in supporting the first phase of the design. Based on this costed design from the architects, the PC recommended that £75,000 be set aside as an 'earmarked reserve' for the playing fields. This is a huge endorsement by the Parish Council of our efforts so far.

The landscape architect who produced the preliminary development design has been asked to provide a fee proposal and budget estimate for the planning application. Some thought must now be given to how the project is advanced. Through the First Steps programme we have demonstrated community support for a playing field development and secured a preliminary design. However, PIPFA is an unincorporated association and cannot therefore hold public grants: the Parish Council, which owns the field has to do that. There are three PC members on the Playing Fields Association committee but they are non-voting members and we sometimes struggle to achieve a quorum of voting members.

The work starts here if we are to make good use of one of our most outstanding assets: this could become a first class sporting and recreation amenity for our community. We need more voting members and (promise) do not have long meetings.

For more information please contact Barbara Bell, tel:880075



POLZEATH VOLUNTARY MARINE CONSERVATION GROUP

Why not come along to one of our March events and see what we do

Friday March 18th

Beachcare Beach Clean: all equipment provided, meet 9.30am, on Polzeath Beach carpark

Tuesday March 29th

talk by surf explorer and photographer Tim Nunn. 7pm Tubestation, Polzeath £2 pp

Info 07779 896650 polzeathmc@gmail.com



Flower Arranging
Demonstration with
Elaine from Bruallen

Thursday March 10th Port Isaac Village Hall

2.30pm

Elaine from Bruallen is coming to our Golden Circle meeting to demonstrate her flower arranging skills. If it is of interest to you, everyone is welcome to come along.

Since we received a very generous donation from the Doc Martin Fund, we are now able to pay for a wider range of speakers for everyone to enjoy, whether Golden Circle members or not. There is no obligation to become a member of the Golden Circle - unless of course you wish to.

Annie Philp Golden Circle Port Isaac • Trelights • Port Gaverne

www.stendellionpc.com

Parish Council report

supplied to Trio by the Parish Clerk

Waste Collection in Port Isaac

At their February meeting Members met with Mr James Ortiz and Ms Stephanie Crocker, Cornwall Council to discuss the change of waste collection in Port Isaac. Mr Ortiz explained the background and the need to implement some new legislation. Port Isaac was one of the areas where this is to be trialled. There would be changes to various categories of waste collection. They will be looking closely at second homes / self caterina waste collections, which now attract a disposal fee in addition to the collection fee. The first phase will be to look at the lower part of the old village. The next phase will include the rest of the village and Port Gaverne. Ms Crocker said they were working with the contractor, Cory, to reduce the daily household collection to weekly, in line with the rest of Cornwall. Trade waste, including that from second homes / self catering premises, would still be collected daily. It is hoped to introduce the new regime on / near 12th April 2016.

Concern Wadebridge

Members also met with Mr Andy Lyle, Concern Wadebridge – an organisation supporting older people in Wadebridge and outlying parishes. He said the Betjeman Centre was a charity and had been running for over 30 years. They are looking at implementing a voluntary car service to help people get to their doctors, etc.

Another project is to introduce mobility scooters, wheelchairs, etc. that could be used by the public in Wadebridge. £40,000 will be spent to improve the Centre for use as a community hub / café. Various support groups had been set up. Long-term they would like to set up satellite groups in the surrounding villages

Plannina

The following applications were received and Members made the following responses to Cornwall Council:

- PA15/011829, 36 New Road, Port Isaac outline application with all matters reserved to replace existing house with two new dwellings. Members unanimously recommended REFUSAL of this proposal.
- 2. PA16/00384, St Endellion Parish Hall demolition of existing hall, construction of new community hall and formation of new driveway to The Rectory. Members voted unanimously to **SUPPORT** this proposal.
- 3. PA16/00385, St Endellion Parish Hall listed building consent for demolition of existing hall, construction of new community hall and formation of new driveway to The Rectory. Members unanimously **SUPPORT** this proposal.

Planning Decision Approved by CC – for information only

- PA15/08230, Driftwood, Trewetha Lane, Port Isaac alterations to erect first floor dormer bedrooms in roof.
- 2. PA15/09487, 1 Middle Street, Port Isaac listed building consent to replace two sash windows at front of building, like for like.

Enforcement Cases – for information only

- 1. EN15/01014, Land North East of Port Gaverne Hotel levelling of the land and importation of hardcore to create a car park for customers of the Port Gaverne Hotel. A large caravan and shipping container had also been brought onto site. It is understood that St Austell Brewery intend to submit a planning application i.r.o. the car park.
- 2. EN15/01190, Harbour Heights, Rose Hill, Port Isaac alleged non-compliance with approved plans. New access track and parking space created. Case officer Serena Wearne closed this case on 24th November 2015. Details of her summary of closure are as follows: "Works have been completed to re-grade track out of the land and build up the hedge. I consider the works satisfactory and have closed my case accordingly."

RNLI Ball

Members have agreed to grant permission to the RNLI to hold a Ball in a marquee on the playing field, on 22nd October 2016.

The Leat Sluice Gate

A site meeting had been held with the Fire Service and Environment Agency. The Agency do not have an issue with the sluice as long as it does not block the Leat, however, the Fire Service are insistent that it is kept in working order. Members have, therefore, agreed to fund repairs to the sluice gate.

Casual Vacancy

We have yet to be able to fill the vacancy on the Parish Council. If you are interested in serving your community in this way, please contact the Chairman, Cllr. David Raynor, Tel: 01208 880581, Email: David.raynor@unicombox.com.

This is a most worthwhile way to benefit the local community and it would be splendid if some public spirited person would step forward.

Gillian Thompson, Parish Clerk / RFO Email: stendellionpc@gmail.com

Our MP, Scott Mann talks to Trio

In the space of only one day in February, North Cornwall secured two victories for railway funding and local government funding.

Early on in the month, South West MPs discovered that the Peninsula Rail Task Force was in need of additional funding to carry out two essential studies into electrification and line-speed improvements. With the Task Force set to issue a full report in June about what needs to be done to modernise our railways, these studies are essential to inform the government how to extend electrification through the South West and to speed up the lines.

As a group, we lobbied the government urgently for these funds, and as a result, the government has negotiated for the Great Western Railway franchise to fund the studies. As the main operator in the region, it shows that they are committed to improving the regions railways.

Since the election, the Cornwall, South West and nationwide rural MPs have been campaigning for fairer local government funding. At the moment, rural local authorities have a huge disparity in funding compared to urban areas, which means they have higher council tax rates and higher costs to provide services.

We have been asking the government to provide more money for rural authorities, and on the same day as securing the railway funding, we were told that the Rural Services Delivery Grant, which provides additional money for authorities, will increase from £15.5m this year to £20m in 2016-17, and then to £65m in 2019-20. This means Cornwall Council will get another £3m next year, and I want to see this spent sensibly and locally. The are many libraries, public toilets and leisure centres that could do with it.

These two victories for the constituency and the region are testament to what can be achieved when MPs from one party work together for a common cause.

Meanwhile, the six Cornwall MPs have come together to launch a '100 Apprenticeships in 100 Days' campaign. Apprenticeships are fantastic because they allow young people to earn and learn at the same time, and we want to highlight why apprenticeships are a great for skill based learning and to start a career.

I announced our campaign in the House of Commons and asked the government minister responsible for apprenticeships to support us. My constituency office has employed an apprentice and I urge businesses across North Cornwall to consider doing the same.

On Friday, 5th February I had the Second Reading of my Speed Limits on Roads (Devolved Powers) Bill. Private Members Bills (PMBs) are debated on a number of Fridays throughout the Parliamentary year, and due to the high ratio of bills against time available, many don't get debated.

Fortunately I was able to debate mine before time ran out on Friday, and because the government could not support the Bill in its current form, I decided to withdraw it and instead lobby ministers for change. Many PMBs don't see the light of day, and I feel very fortunate to have debated mine for a second time and further raise awareness on the issue of speeding, devolution and empowering communities.

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always offers you a second chance. It's called tomorrow.

Fantasy Football 2015/16							
<u>LW</u>	POS	TEAM	MANAGER	<u>POINTS</u>			
1	1	MEN BEHAVING BADLY	Richard Hambly	946			
2	2	FOXHOLE ALLSTARS	Bryan Nicholls	901			
4	3	ABOUT TIME	Margaret Honey	895			
5	4	DYNAMO FUCHTHEREST	Andrew Grills	862			
3	5	BADA BING!	Paul Honey	861			
6	6	TOM'S TEAM	Tom Lobb	845			
7	7	MAYBEES	Tom Bishop	822			
8	8	AFTER THE STORM	Kevin Grills	808			
10	9	SAME OLD BLUES	Andy Penny	776			
9	10	EVERTIM FC	Tim Witherden	741			
13	11	LIDDSPURS	Peter Liddicoat	739			
11	12	MOTS FLYERS	Tom Cleave	721			
12	13	FLYING FOREST	Kevin & Emma Honey	717			
17	14	STILL NO F IN LEEDS	Lardman Lanyon	707			
14	15	GOTTA LOT ON, GOTTA GET ON	Karen Grills & Matt Brewer	691			
16	16	THE LOBBIES	Pete & Julie Lobb	691			
15	17	EVIL MONKEYS	Jake Treacy	688			
18	18	THE CALL OF DUTY	Joshua Grills	663			
20	19	HAVEN'T GOT A KALOU	Harry Hambly	653			
19	20	DIRTY SANCHEZ	Danny Treacy	646			
21	21	MUDGUTS MARAUDERS	Ann Cleave	582			
22	22	SCHOOL'S OUT!	Tom Penny	552			
23	23	FINE PIECE OF HICKORY	Chris Witherden	533			
24	24	STAY TOO LONG	Dan Grills	504			
25	25	HONEYBABES	Jean Herring	491			
26	26	LUCKY LADS	W Herring	285			
up to February 19th 2016							

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East Cornwall Hospital (Bodmin) - 01208 251555

Derriford Hospital (Plymouth) - 08451 558155

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PCSO Claire Drennan - 0845 6567930

Civil Enforcement Parking Team - 0300 1234222

Rev Judith Pollinger - 01208 880181

Harbour Master - Byron Buse - 01208 880321

Lifeboat Operations Manager - Chris Bolton - 01208 880256

Electricity - 0800 365900

Water helpline - 0800 1691144

Parish Council:

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RNLI COFFEE MORNINGS

AT THE STATION Saturday March 26th & Easter Sunday March 27th

10am - 2pm

A warm welcome is extended to all those who take the opportunity to look in and meet up with our RNLI team as they open for the first time this year, introducing the very latest range of custom Port Isaac RNLI clothing, unique to the station, a great range of cards covering images of our lifeboats through the ages, and a range of special art reproductions of our lifeboats in action.



Plus we will be unveiling the new, specially commissioned painting, *Christmas Delivery*, donated to Port Isaac RNLI by well known local artist Rosemary Grattan for which draw tickets will be on offer for the first time.

In addition, it is hoped we will have copies of our new book, 'Port Isaac Lifeboats, An Illustrated History' - a great opportunity to read about and study the extensive collection of historic and present day images following the development of our historic Lifeboat Station from 1869 to 2016, including the boats and the volunteers who serve the RNLI.

Priced at £9.99, all proceeds will go to Port Isaac RNLI.

MORE RNLI EVENTS

OUR EVER POPULAR ANNUAL SUMMER LIFEBOAT SERVICE ON THE PLATT

Sunday June 12th at 12.30pm

Silver Band, Refreshments & Cream Teas

LIFEBOAT LARKS

Sunday August 7th

Join our Crew and Committee for family fun and games in and around the Harbour

Silver Band, Jazz Band, Sharp's Bar and much more

CREW NEWS

As crew we have many training requirements and commitments that enable us to be as competent and safe as possible when placed in situations and environments that we often find ourselves in, and the RNLI do an amazing job of ensuring we have access to the best training and kit - however this comes at a price. It is therefore down to some pretty special individuals that come together to make some awesome teams and it is these teams that encourage people to part with hard earned cash to help cover those costs. These people and committees are the unsung heroes of the RNLI and we are lucky to have the very best behind us. It therefore gives me great pleasure, on behalf of the crew, to congratulate David Raynor and Bob Bulgin who have both been awarded the RNLI Golden badge for their tireless work and dedication over many years. David and Bob, backed by their committee, have ensured that the yearly total raised has increased year on year, and the actual figures will be shared at the AGM but 2015 has been an all time record! So again, David and Bob, we are proud to have you as a part of our team and from the crew **CONGRATULATIONS!!**

Since my last post in Trio we have had a busy time, introducing new crew, developing new systems within the RNLI and training with the new SAR unit based at Newquay. Firstly both crew and committee would like to welcome the second generation of Hambly to the station as Harry Hambly joins us as crew. Harry has already been afloat and shown he has the salty roots of his dad and Grandad!



On the evening of February 12th we had the great pleasure of carrying out our first exercise with Coastguard 924, the new search and rescue entity run by Bristows out of Newquay. The new helicopter is bigger, faster, more efficient and more capable than the old SeaKing and the crew showed outstanding capabilities which meant we felt no difference between working with them in comparison with the military teams from Culdrose and Chivenor. Our first exercise was a baptism of fire as we conducted it in complete darkness but the three lifts and lowers couldn't have gone any better and great fun was had by all. We look forward to training and working with them in the future. We are doing a base visit in March so look out for the picture in the next Trio.

> Damien Bolton Senior Helm & Training Officer



The Crew and Committee invite you to join them at Port Isaac Village Hall on Thursday April 7th at 7pm

Refreshments at the invitation of the RNLI Committee

Doom Bar courtesy of Sharp's Brewery

ALL WELCOME

Apart from the election of key officers, a general summary of the Station's activity and the signing off of the 2015 Accounts, which will be kept as short as possible, we are most fortunate this year to have a well known speaker in the maritime world, Naval Architect Tim Parr, MRINA.

Tim has been a member of the Royal Institution of Naval Architects for over 50 years starting life in the marine industry as an apprentice Shipwright and Marine Engineer at Vosper Ltd. As he has advanced within the marine world his range of work has covered many interesting projects and appointments including Project Manager for three major foreign warship contracts as well as serving on The Ships Committee of the Maritime Trust for over 20 years. He was a founding director of the Cornish Maritime Trust and Maritime Museum Cornwall.



Tim will be presenting the fascinating story of The Armed Steam Cutter Falmouth Trust and on going restoration of the Royal Navy 35 foot Steam Cutter No 26 built between 1910 and 1912 and carried by the Light Cruiser HMS Falmouth when assigned to the 5th Cruiser Squadron, operating in the mid Atlantic in World War I. This boat was carried on board through the Battle of Heligoland and survived the Battle of Dogger Bank and the Battle of Jutland and onwards through a chequered carer spanning 106 years! This is a truly unique story of a boat that refused to die, and is today about to continue it's sea going adventures .

AN EVENING AND STORY NOT TO BE MISSED



Saturday 5 March - National Trust Ranger Day at Pentire Head near Polzeath. 10am - 2pm

Join the rangers for a few hours improving the access on Pentire Head. We'll either be repairing footpaths or installing gates - helping people getting out and about on this impressive headland. Bring food and drink, wear sturdy boots and clothing suitable for the weather that you don't mind getting dirty. A great way to meet new people in a spectacular location. Free. Booking essential. For more information please phone 01208 863821 or email tom.sparkes@nationaltrust.org.uk

Saturday 9 April - Polzeath Mega Beach Clean. 3pm

Help BeachCare, National Trust and Polzeath Marine Conservation Group volunteers to clean the beaches at Polzeath. Meet at Polzeath Marine Centre. Bags, litter pickers and gloves provided. No booking required.

Websites of the Month

As I write this column it is a wonderful sunny day. The colours really come out when there is some sunshine and we have had precious little so far this year. I took a walk from Wadebridge along the Camel Trail towards Bodmin and the number of different water birds was wonderful. Along the way they have a hide where you can watch the birds

without disturbing them. With all the rain we have been having the water meadows were full and it looked like there was plenty of food. I particularly liked the Redshanks (see photo). There were lots of primroses out and it really felt like Spring (officially a month away). So this month I thought I would look at websites about birds and bird watching as we have some really good twitcher places near us.

As a start an excellent all-round site for wild life is the Cornwall Wildlife Trust with a section on birds www.cornwallwildlifetrust.org.uk/wildlife/species-explorer/animal/birds (also on Facebook www.facebook.com/CornwallWildlife/ and Twitter @CornwallNature). They give a very comprehensive account of the birdlife across the County. The combination of website and social media gives a both in depth information and also news, events and discussion on all things to do with wildlife in Cornwall.

The Royal Society for the Protection of Birds website is of course, only about birds www.rspb.org.uk and it is a very good source of detailed information. You can see pictures of pretty well every British bird, find



Redshank near Wadebridge

out about their habitats and hear their calls. This covers bird and bird life across the UK and also has sections dealing with national policy issues on things like access to the countryside and climate change.

For more specialist information about birds and birdwatching in Cornwall you should head to the Cornwall Bird Watching and Preservation Society www.cbwps.org.uk/cbwpsword/ which has a long history. It was founded in 1931 and there is a really nice page all about how it started and who was involved in its founding meeting – clearly a gathering of the great and the good! There is also a really nice photograph of the Lt Col. Looking every inch a Cornish gentleman.

"The Meeting of Inauguration was held in Truro on 17th January at the instigation of Lt.Col. B.H. Ryves. It was unanimously agreed that a Society be formed. Lt.Col. Ryves outlined the ideas which he had in mind when he conceived the hope that an Association of bird lovers in Cornwall might be formed. These had been clearly stated in an appeal published in the "Western Morning News" on 3rd October 1930. It was unanimously agreed that a Society on the lines indicated be formed, and Lady Vivian was elected President, Lt.Col. B.H. Ryves and Mr. G.H. Harvey Joint Hon. Secretaries, and Mr. C. Nicholson Hon. Treasurer. The following were elected Members of an Executive Committee: Lady Vyvyan, Mrs. Bewes, Major John Williams and Messrs. A.C. Polwhele and R.H. Meares."

One of its best features is a recent sightings page where members can record what they have seen. So a couple of days ago Siskin, Grebes, Great Northern Divers, Water Rail, Spoonbill, Chough, a variety of tits, ravens and many more. There is an impressive picture of one of the ravens in flight. They are seriously big birds. This site also has very good links to other bird watching organisations and websites.

And there are some interesting sites about how birds are coping with all the changes in the weather. Some of you may have participated in the recent Big Garden Birdwatch http://tinyurl.com/hx6yy9j which ends in a few days from when I am writing. On the website it says that so far over 6 million birds had been logged, and over 300,000 people have taken part.

The big player in bird counting, though, is the British Trust for Ornithology and this keeps a record of trends www.bto.org/about-birds/birdtrends/2015 . So for the Redshank you can see a chart of its decline in numbers that probably is caused by drainage of its habitat (which made it all the nicer to see them along the banks of the Camel Trail. There is also a European wide survey of bird numbers http://www.ebcc.info/pecbm.html that has similarly useful information about the bird species that are doing well, and those that are going to need some help.

Happy twitching! Tony Wainwright

Good, well made stock

There are good fresh stocks on the market now but, frankly, they cost a fortune, and a good well made stock will help lift your food to another level. I've concentrated here on meat stocks, I will deal with fish another time as there are a different set of rules.

A good chef keeps clean vegetable peelings, herb stalks, and, of course, any bones to make stock. At the St Kew Inn we make two stocks each week as the base for our gravy, depending on which meats we have on for Sunday roast.

For a versatile stock the basics are water, bones (1kg of bones will produce 1 litre of finished stock), trimmings or giblets, celery, onion, carrot and a few "aromatics" such as parsley stalks,

a bay leaf or thyme sprigs (or ideally all three tied in a bundle), plus six or so peppercorns. Stock isn't salted to avoid over-seasoning your finished dish.





For brown meat stocks: Put the bones (veal, beef or lamb) into a large, sturdy roasting tray with 2 unpeeled and halved onions. Roast in a hot oven for an hour until well browned. Put the bones and onions into your largest saucepan and fill the pan with cold water. Add a few peeled and halved carrots, 2 halved celery sticks, a few peppercorns, 2 bay leaves, and a few fresh thyme sprigs and parsley stalks.

White stock: This skips the browning step, has a paler colour and gentler flavour. For white chicken stock, follow the brown stock recipe as above, putting raw bones, vegetables and aromatics straight into the pan with water to cover. Use as large a pan as possible and cover the bones and vegetables with plenty of water.

Boil then skim: All stock is boiled once to begin with, bringing froth to the surface of your stock. Using a ladle, skim off the scum (the froth that floats on the surface). Skim that scum, often and well, in the early part of stock making. You will likely have to do this three or four times after the stockpot comes to a good bubbly simmer. After that, the nastiness will have been purged from the bones, and you can relax, leave the top off the pot and just watch that it doesn't boil. Good, clear stock is simmered slowly and gently so reduce the heat until bubbles bob lazily to the surface. It won't need much attention, except a top-up with boiling water now and again. A slow cooker is perfect for this and can be left all day and night to simmer. Meat stocks take at least 6 to 9 hours, so big batches are most economical.

To strain the stock: Pour the contents of the pan through a strainer into a large, clean bowl. Skim off any fat from the surface. Leave the stock to go cold, then chill overnight. The next day, lift off the solidified fat on top.

Reduce and store: To boost flavour and to save space, boil strained stock down by half (you can always add water back again). Chill and use within 3 days, or freeze.

White onion soup with cider and cheddar

Serves 4

120g unsalted butter
600g large onions, sliced
6 thyme sprigs
1 tbsp sugar
1 tsp salt
400ml white chicken stock
450ml sweet cider
200ml creme fraiche
1 baguette, sliced
1 garlic clove
100g Davidstow cheddar, grated

1 Put a pan over a medium heat and add the butter. When this has melted, add the onions to the pan, together with the thyme, sugar and salt. Cook over a medium heat, stirring occasionally, until the onions are lightly caramelised and golden – about 12 minutes.

2 Add the stock and cider, bring the soup to a simmer, and cook for 10–12 minutes. Take the pan off the heat and stir in the crème fraiche. Remove the thyme sprigs, pour the soup into a blender and blend until you have a smooth purée.

3 Toast the slices of baguette until golden on both sides, then rub with a cut clove of garlic. Top with the grated cheese and grill until the cheese is melted and golden. Place a few slices in each bowl of soup to serve.

I hope that you find the time to try making your own stocks, until next month enjoy Mx

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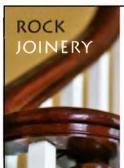
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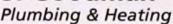
Specialising in Glass Fibre Flat Roofing All General Building Work Plastic Fascia & Guttering **Brick Paving & Patios**

07532 478 451/01208 880985

andy@andy-penny.co.uk



S. Goodman





- · All Aspects Of Plumbing Oil Heating
- Biomass Heating
- Wood Burning Stoves
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- Servicing
- · Central Heating & Underfloor Heating
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- Water Harvesters
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Tel: 01840 213196 Mob: 07968 984305 98 HIGH STREET, DELABOLE PL33 9AQ





FRESH FROM THE SEA

PORT ISAAC 01208 880849

Sustainably caught Lobster and Crab, landed daily in Port Isaac and delivered straight to our shop at the top of the hill. Available cooked, dressed, in a sandwich, boxed to take home or even live.

A selection of seasonal wet fish from Cornish Day Boats members of the Responsible Fishing Scheme

Come and see us for a handpicked Crab Sandwich or a Lobster salad and glass of wine



18 New Road, Port Isaac, PL29 3SB www.freshfromthesea.co.uk

REOPENING MID to LATE MARCH -SEE YOU THEN



& The Ice Cream Parlour

ROSKILLYS CORNISH ICE CREAMS cold drinks beach goods

OPEN EVERY DAY

Fish & Chips

locally supplied fish, freshly cooked in a light, crispy batter

plus burgers, sausages, chicken, cold drinks etc

01208 880281

J.M.C.

PROPERTY MAINTENANCE

Window and Gutter Cleaning
Painting and Decorating
Algae Control Fencing
Grass and Hedge Cutting
Small Building jobs
Fmail:

jamie.carthew@aol.co.uk

Mobile: 07891 376145





Restaurant Nathan Outlaw Port Isaac

Offering a seafood tasting menu at lunch and dinner and a set lunch menu

Dinner - Wednesday to Saturday 7.00pm – 9.00pm Lunch - Friday & Saturday 12 noon – 2.00pm

For reservations: 01208 880896



Outlaw's Fish Kitchen

serving small, delicious plates of fish and seafood

Dinner - 6.00pm - 9.00pm Lunch - 12 noon - 3.00pm

Reservations taken for dinner only on 01208 881183

Outlaw's Fish Kitchen is now open 7 days per week!





Swedish Massage Indian Head Massage

Hopi Ear Candling

Gift vouchers available

remember to say you saw it in TRIO



Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm- 4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

First Sunday in the month - Morning Worship at 9.30am Second, Fourth and Fifth Sundays in the month - Holy Communion at 9.30am Third Sunday - Messy Church in Port Isaac Village Hall from 2.30pm-4pm

> St Endellion Church - Every Sunday at 11am Trelights Methodist Church - Sunday Service at 6pm

Monday May 9th - Parish Council meeting at Port Isaac School - 7pm

Tuesday May 31st - Closing date for entries to the PISCES open photography competition

Monday June 6th - The Zig Zag Way from Trebiggan Productions - theatre night at Port Isaac Village Hall

June 9th-June 11th - Royal Cornwall Show

Sunday June 12th - RNLI Annual Lifeboat Service on the Platt - 12.30pm

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905