

trio

The Port Isaac, Port Gaverne & Trelights Newsletter July 2016 No:374 60p

This issue

Village Hall News - p3

The Zig Zag Way - p3

PISCES News p4

Port Isaac Rowing Club - p5

Scott Mann - p6

Wheels to Work - p6

RNLI News - p7

Parish Council News - p8

Gig in the Garden - p9

Port Isaac Chorale - p9

Remembering Betty

Shoebox - p10

Music at Endellion - p11

The National Trust - p12

Fantasy Football - p12

Schoolchat - p13

Carnival News - p14

Messy Church - p14

Polzeath Marine Activities -
p14

Stay & Play Group - p14

Cooking with Martin - p15

Classifieds - p16

Trio Directory - p17-27

What's On - back cover

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Jenny Balfour Paul

Back cover photo taken by
Ros Cutler

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THE BIG SWIM CORNWALL SUNDAY 28th AUGUST



This year's the Big Swim will be held on a Sunday!
We are looking for volunteers
- your help is needed

THE BIG PARTY until 10pm

Bands so far to include Fisherman's Friends,
Freshly Squeezed & Jamie Hewitt



We are also running a competition
through John Brays to win a place
Bar by Sharp's * Food by The Mote

Sarah 880567

ROAD CLOSURE

Dear Locals and Businesses,

I am writing to inform you that 'The Big Swim' will take place this year on Sunday 28th August 2016. In light of this, it worked well closing the roads last year, and so we are looking to do this again this year.

Port Gaverne will be closed from the Headlands Hotel to just past the lower Car Park, in the morning only from 08.00-12.00 and Port Isaac from the top of Church Hill to the Old School Hotel from 14.00 until 22.00 (but will open asap)

People who live, work and are staying in holiday cottages in the area will be allowed normal access. The closure is aimed at minimising traffic from swimmers and spectators.

Closures will be marshalled and are in place for the reason of helping eliminate problems in the village. If anyone would like to see a copy of the Traffic Management Plan or if anyone wishes to discuss this further then please contact me (number below).

Swimmers will be arriving at Port Isaac from 14.00-17.00. They will be using the slipway as the finish line this year and walking out onto the road so it's important for these few hours that there is as little traffic as possible. Music will be on the Platt until 22.00.

*note the event is on SUNDAY.

I appreciate your co-operation and support.

Your sincerely,
Sarah Coates Tel: 07825 294087 or 880567



"Nothing much goes on in there" - statement
overhead from a passerby ...
Well, you're wrong ... quite a lot does go on up those
steps and behind that big wall, in your Village Hall.
And to prove the point ...

A week in the life of Port Isaac Village Hall

It's Sunday morning and the Hall gets it's weekly clean. This happens every Sunday, it's just the time of day that changes, depending on what's going on. Once a month, and it's this week, there isn't a Sunday morning service in St Peter's Church. Instead it's the Messy Church in the Village Hall. It's open to everyone and the afternoon sees the Hall full of families and children for a story, puppetry, crafts and refreshments.

Monday morning dawns and it's raining. Not good when there's a bar stock delivery for the Village Hall. Mark has drawn the short straw this time and he's grateful for the recently installed lift - he's got 47 trays of bottles and cans to manhandle into the Hall. But it's a long job and he only has time to stack it in the bar area before it's time for the Yoga group session.

Tracy and her ladies have been meeting in the Hall for as long as we can remember. A little bit of calm in a hectic busy Port Isaac week. There are lots of tales to tell of what's gone on over the years but a few weeks ago they were nearing the end of their session, laying on their yoga mats chilling to some relaxing music

when two American ladies made an entrance! They had come in to watch the blood donors!!! Where they got that one from is anyone's guess. So the next week Tracy put the notice on the Hall door that says the hall is in use and do not enter. Again the yoga ladies were chilling and relaxed when two more American ladies came in. "Didn't you see the notice?" asked Tracy. "Yes," they replied, "that's why we came in the other door!"



Fast forward to the evening and it's 'Monday Maintenance'. The Village Hall boys - Andy, Martyn and Mark - give up at least one night a week to regular maintenance and keeping the Hall shipshape. At the moment they are repairing and painting the rotting window frames and painting the outside doors and gates. It's a never-ending job.

Tuesday morning and have we remembered to put the bin out! Rubbish wise things are going to be very different for the Hall from July 4th. We are being classed as a business, even though we are a charity, and we are going to have to pay to have every scrap of rubbish removed.

First thing on this Tuesday morning sees Dee, Annie and Jan unpacking the recently delivered new crockery for the Hall. Full marks to IKEA for their packaging, it's very strong and there is a lot of it! Everything is unpacked and the packaging loaded into Annie's car for recycling before the Stay & Playgroup session. They needn't have rushed; today is an outing down to the Lifeboat Station for the children. The group usually hold their sessions in the Hall and is packed with mums, carers, babies and toddlers enjoying crafts, play and story time. This is another group that have been using the Hall for a very long time.

The afternoon sees Julia at the Hall meeting a couple who have hired the Hall for their wedding reception later in the year.

Tuesday evening and it's the Port Isaac Chorale's weekly rehearsal. They are busy rehearsing for their Summer Concert and their September Old Time Music Hall event that is taking place in the Hall.

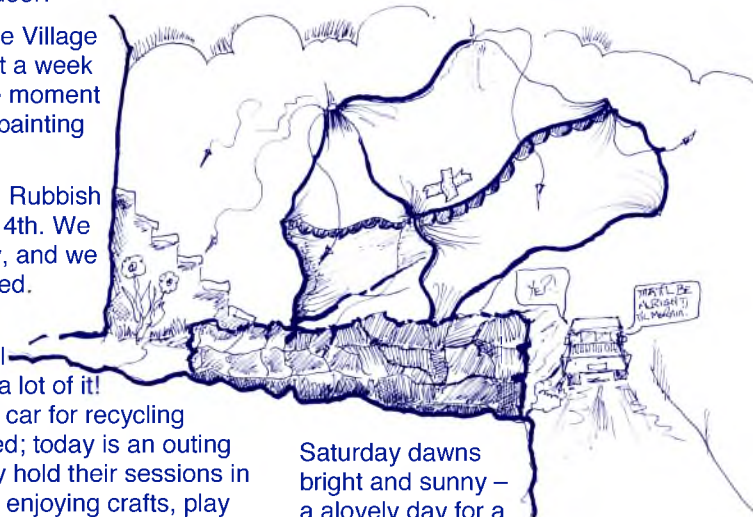
Wednesday and Andy and Mark take an hour or so out of their working day to unpack all the bar supplies unloaded earlier in the week. Later in the day the lawn is mowed and the garden tidied up.

Then at 7pm it's rehearsal time for Gulls. There's a lot of tea and chat and they plan a workshop to be held on a July Sunday in the Hall. Then the singing begins and some hard work as they practice for a Prostate Cancer fundraiser at Wadebridge Rugby Club.

Thursday and this week it's a bit different. It's the European Referendum and the Hall is the polling station. The electoral officers arrive just after 6am to get ready for opening at 7am - it's a long day for them as they don't close until 10pm. They report that it's an unprecedented turnout in the parish and rumour has it that 90% of us went to vote. Half way through the day Dee gets a frantic message that the access lift has broken. Actually the message was that someone was actually stuck on the lift. Wrong on both counts. Mark was working in the village and immediately went down and found that 1) no-one was stuck in the lift and 2) it wasn't broken, the person using it had pressed the stop button and not released it. Panic over!!

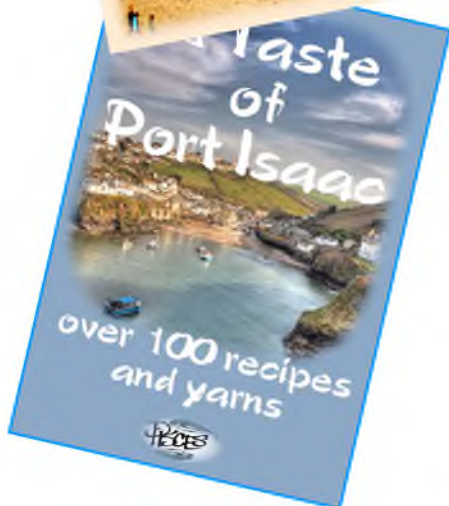
Mostly though, Thursdays are a pretty quiet day Hall wise although once a month from April to October the Golden Circle have their get-togethers. Plus every two years from September to Christmas, Thursday night is panto rehearsal. Oh not it isn't! Oh yes it is!

A check on the weather and no strong winds forecast and so on Friday morning the boys are at the Hall again putting up the gazebo ready for a wedding reception that is taking place over the weekend. Wedding receptions are becoming increasingly popular in our Hall and with the Village Hall providing the bar, they are a major fundraiser - without them we couldn't upkeep and improve the Hall as we do.



Saturday dawns bright and sunny - a lovely day for a wedding. From lunchtime until midnight Andy and Mark run the bar and Annie goes along to help (next week the bar will be run by Martyn and Chris - our extra pair of hands when we are a man down).

And so ends another week in the life of Port Isaac Village Hall. Obviously not every week is the same; sometimes it's a lot quieter, sometimes it's a lot busier. But there is always lots of room for you to hold your function in your Hall. To find out more call Julia, the bookings secretary on 01208 880142.



The sale of our cookery books continues to help to keep PISCES in business. Priced £10 a copy, they are available from *The Pottery*, *Secrets*, *May Contain Nuts*, *Fresh from the Sea* & *Trevathan Farm*. Alternatively you can purchase from the PISCES website,

www.portisaacheritage.co.uk

We also have plans to add a calendar to our merchandise, ready on sale over the summer.



LAST CHANCE TO SEE
Wish you
were here
closes early August

25 years
of the
Port Isaac
Gig Club

this new exhibition
opens August 6th

Check out our website for our new oral history interviews

Coming soon ... Slide show evenings, *Trio* exhibition, 2017 calendar

Sunday
17th July



11 am

George Moth and Mark Provis Trophies

Port Isaac Rowing Club invites you to a Cornish Pilot Gig rowing event, from the beach in Port Isaac

The competition is open to crews of ladies and men with no more than two experienced rowers per crew

Entry costs £20.00 per crew
(equates to £5 per person to cover insurance)

To register your interest and for more details

Email us at: portisaacrowingclub@gmail.com

or Facebook message us if you want to have a practice beforehand message us to arrange a suitable time

We look forward to seeing you



PORT ISAAC CARNIVAL

keep a look out for news of our cash prize Duck Races that we will be having throughout the summer to raise more funds!

FUN * DAY *

Saturday September 3rd

The newly formed Port Isaac Carnival Group are pleased to announce that we have been granted permission by the Parish Council to hold our Fun Day on the Playing Field. We know many of you are disappointed that we are not having the procession through the village this year but, being a newly formed group with lack of experience in road closing and official carnival rules and regulations, we decided that we would concentrate on having a fun packed day and night and will add the procession again next year once we get to grips with everything!

We are excited to have booked the following things so far:

COZ THE CLOWN - Coz will be putting on a family show & balloon making.

BADGER FOREST SCHOOL - activities include survival skills, team games and Bush & Nature Craft.

ALL ABOUT THE BOUNCE - inflatable mega slide, bouncy castles, candy floss, popcorn & slush puppies.

ALICE IN BURGERLAND - really good homemade burger van food with a healthy twist, local fresh ingredients.

CITIZEN SMITH - we will be ending the day with a party in the marquee and music from this fantastic band who play covers of The Jam, The Police, David Bowie, The Beatles, The Kinks & The Who.

We will be holding a TUG OF WAR COMPETITION (get your teams ready!) and we will have FACE PAINTING, a RAFFLE, a CREATIVE MESSY ART area, a TOMBOLA, a SWEET STAND and a LICENSED BAR.

Finally, a CARNIVAL fun day would not be complete without FANCY DRESS!!! Just because we are not doing the full procession it does not mean that those fancy dress boxes/wardrobes/rooms (yes we know people that have these!!) do not need to be opened!! We will be having a GRAND FANCY DRESS COMPETITION in the afternoon followed by a mini procession, with the usual trophy & prize giving ceremony and a children's disco afterwards. All the usual categories will be there (best group, most artistic, best comedy fancy dress etc) so get your creative pants on!

An itinerary of all the day's events will be published in next months trio so keep a look out for it and please spread the word! If anybody has questions or ideas for extra activities or vendors on the day please email portisaaccarnivalgroup@hotmail.com

Thank you for all your continued support! Love The PI Carnival Group gírlies xxx

Cornwall Council to carry out new pilot waste project in Port Isaac

Cornwall Council has written to the owners of self-catering properties and holiday lets in Port Isaac to make them aware of their responsibility for disposing of their waste as part of a new pilot project being run in partnership with St Endellion Parish Council and waste contractor Cory Environmental.

In 2012 the Government issued revised waste legislation that described how all waste types should be classified (ie household, commercial) based upon where the waste is produced. This included a number of changes affecting campsites, charity shops, hotels, B&Bs and waste produced from self-catering accommodation. Waste from these producers is now classified as commercial waste. As a result of the legislation, any producer of commercial waste is required by law to make their own arrangements for waste collection and disposal rather than being disposed of by the Council's household waste and kerbside recycling service.

Following a decision by Members to implement the legislation in two phases, the Council initially wrote to schools, nursing homes, residential homes hospitals, charities, clubs and societies advising them of the changes to the legislation and outlining their responsibilities. Implementing the second phase, which includes waste from camp sites, self-catering accommodation and guest houses, has proved more complex, however, because of the scale of self-catering accommodation and guest homes in Cornwall, and the added complication of second homes not being easily identifiable as holiday lets.

Over the past few months the Council has been looking at ways of ensuring that the owners of these properties are disposing of their waste in accordance with the law and will be carrying out a pilot project in Port Isaac to test the process and assess the level of resources that will be needed to inform all properties in Cornwall of their duty. This will involve reviewing the current waste arrangements in Port Isaac to help understand waste collections in the village. In line with legislation the pilot will focus on where the waste is produced, and not how an individual property is rated. The results of the pilot will then be analysed by officers from the Waste Management Team with a view to applying the process across the rest of Cornwall over a reasonable and practical period of time.

"It is important that we are fair and consistent in our approach and that all properties producing commercial waste pay for its collection and disposal, rather than the costs falling on council tax payers" said Joyce Duffin, the Council's Cabinet Member for Housing and Environment. "This means ensuring that all property owners are made aware of their responsibilities with regard to the waste legislation".

"We are aware that, while a number of self-catering properties and holiday lets are already making their own arrangements for disposing of their waste, others are leaving their waste out in black bags for the Council to collect and dispose of. This is illegal and we will be working with St Endellion Parish Council and waste contractor Cory Environmental to ensure that they are making the arrangements to dispose of their waste appropriately".

Considerable work has been carried out by officers from the Waste Management team and Cory over the past few months to identify the owners of self-catering properties and holiday let accommodation in the village, as well as holiday letting agents and cleaning companies, and those local businesses which are wrongly using the household waste collection service to dispose of their commercial waste.

The Council will now be writing to these people to explain their responsibilities for arranging for the collection and disposal of their waste, and informing them that from 4 July the authority will be stopping waste collections and removing any Council provided waste and recycling containers from the property.

Local Cornwall Councillor Andy Penny is backing the pilot project. "I support the efforts to untangle domestic and commercial waste in our area and to reinforce business responsibility for their waste" he said.

"As the Chairman of Port Isaac Village hall, a registered charity, I have had

discussions with Cory and we now have commercial contract to dispose of our waste."

CLASSIFIEDS

GRASS FED NEW SEASON LAMB

available now
jointed and bagged for the
freezer

Half Lamb £55

Whole Lamb £110

Contact Barry Collins on
01208 880755

For Sale HONDA NT700V "DEAUVILLE"

ABS, enhanced pannier
boxes, top box and grip
heaters

First registered: Feb 2008

17,300 miles

regularly serviced

£3250 or nearest offer

Contact:

01208 880921

HOUSE WANTED

We are a family wanting to move back to Port Isaac and are looking to buy a permanent home in the village. No chain and we can pay up to £285,000.

**If you have any ideas
or have a property for sale
please call us on
07773 153818**

OPERATIONS MANAGER'S REPORT

covering call out on the evening of Wednesday June 22nd ...

At 22-38 hrs Port Isaac Lifeboat "Copeland Bell" was tasked by the Coastguard to Tregardock Beach to recover a casualty and bring back to Port Isaac.

Whilst negotiating the surf the lifeboat sustained some damage but the crew carried on and successfully completed their mission, returning to Port Isaac at 23-55hrs.

The Lifeboat was taken out of service and a replacement boat delivered to the Station and back in service by Thursday afternoon June 23rd.



LIFEBOAT SERVICE

With the 150th anniversary of Port Isaac RNLI fast approaching and in early celebration of this landmark event, a record number of visitors and locals joined together with the RNLI crew and committee for the Annual Summer Service on the Platt conducted by the Station Chaplain Rev Elizabeth Wild.

The service started with the traditional RNLI Hymn *Will Your Anchor Hold*, led by the St Minver Silver Band and the Port Isaac Chorale. Chairman, Bob Bulgin BEM, speaking on behalf of the crew and committee, then extended a warm welcome to all. He took the opportunity to draw attention to the fact that Saving Lives at Sea at Port Isaac had first been recorded 157 years ago in 1859 when William Mitchell gained distinction by leading a daring rescue for which he was awarded the Institution Silver Medal, so setting down the very foundation of Port Isaac's Life Saving Service.

Station Chaplain, Rev Elizabeth Wild then conducted the Service, blessing the volunteer crew and the lifeboat in their continuing dedication to saving lives at sea and also their families who provide support when their loved ones are on rescue operations. Readings were given by Lifeboat Operations Manager Chris Bolton, Senior Helmsman Damien Bolton and Chairman Bob Bulgin. The service concluded with three rousing Hurrahs marking The Queen's 90 Birthday followed by the National Anthem. All attending were then invited by the committee and crew to join them for refreshments in the Lifeboat Station.



*Lifeboat Operations Manager, Chris Bolton makes his reading "If I may share" at the RNLI Service..
Photograph by Adrian Jasper*



Crew of the new St Ives Shannon Class Lifeboat "13-11 Nora Stachura" demonstrating to guests and an admiring public her impressive reverse thrust stopping ability at the recent RNLI Naming Ceremony and Service of Dedication held within the harbour approaches at St Ives Lifeboat Station. In this photograph the Shannon has come to a standstill from a 20 knot approach almost in her own length!

Port Isaac RNLI have been closely involved with St. Ives throughout their fund raising efforts resulting in a substantial contribution being made in support of this project by our Branch.

**DON'T MISS OUT - TICKETS
AVAILABLE NOW**

PORT ISAAC
150th
Celebration Ball

**Saturday 15th October
2016 - 7pm till late.**

**5 Star Marquee at the playing fields,
Port Isaac adjacent to the car park.**

**4 course dinner, live band, disco, raffle
and special auction.**

Dress: Evening or Smart

Tickets £65 on sale at:

**Wavehunters Port Isaac or by phone
on 01208 880617 / 01208 880765**

Sponsored by

OUTLAW'S
KING LIFEGUARD

We need a Port Isaac Defibrillator - support Harry Hambly as he tries to raise the money to buy one



Harry Hambly is running in the Bristol Half Marathon on September 25th to raise money for a Public Access Defibrillator for the village. These defibs cost £3100 and, together with CPR, are the only way to re-establish the heart's natural rhythm.

There are collecting tins around the village where you can donate to support Harry or via his Just Giving Crowd Funding page

https://crowdfunding.justgiving.com/harry-hambly-PIPAD?utm_id=1&utm_term=mxPEy7b52

Exciting Summer Concerts at St Minver and St Endellion

On Monday July 18th at 7.30 pm at St Endellion Church the past and present winners of *The Chris Treglown Foundation Fund Award* will be performing. This will be a wonderful evening of song hosted by MJUK director and professional mezzo soprano Maria Jagusz. The young singers, who are all pursuing their musical career, will perform a collection of songs from the opera and musical theatre genres.

During the evening the 2016 Awards will be presented to Jack Holton, Elliot Coombe and Chloe Arscott who are the Cornish award recipients and Nathaniel Shervington, Ollie Humphries and Rosie Tuck who are the award recipients from MJUK.

On Sat 20th and Sun 21st August at 7.30pm at St Minver Church, MJUK will perform their annual concerts. These concerts are extremely popular and local adults and young people will perform songs they have been learning in workshops with Maria Jagusz. The performers from MJUK will delight the audience with songs from the musicals and world of opera.

The Adult workshops with Maria Jagusz take place on Monday August 15th and Tuesday August 16th at the Perceval Institute in St Minver. If you love singing and want to have the opportunity to develop your skills and enjoy singing with others don't miss out on this wonderful experience.

For more information and details about these special concerts and workshops contact Julia Treglown - 07815987172 or juliatreglown@hotmail.com

Concert tickets are available from St Minver Post Office, Newslines in Rock, Cole Rayment & White in Wadebridge and also on the Endellion website for the St Endellion concert.

Parish Council report supplied to Trio by the Parish Clerk

New Member

Due to a shortage of space in the *Trio*, this report contains only planning matters, but we couldn't lose the opportunity to welcome Cheryl Webster, who has just been co-opted to fill the vacancy created by the resignation of Cllr Manders. We look forward to working with Cheryl.

Planning Applications

The following applications were received and Members made the following responses to Cornwall Council:

1. *PA16/01523-PREAPP, 21 Church Hill, Port Isaac* – pre-application advice for listed building: alterations and refurbishment of the interior and restoration of part of the exterior. Members **SUPPORTED** this application.
2. *PA16/03047, 9 Rose Hill, Port Isaac* – listed building consent to re-roof small section of roof and raise as to increase 1st floor headroom. Remove damaged chimney. Minor internal and external alterations/renovations. Members **SUPPORTED** this application.
3. *PA16/04021, Kelmscott, Trevelyan* – replacement rear extension and front porch, removal of chimney and front bay extension, provide additional parking. Members **SUPPORTED** this application.
4. *PA16/04377, 12 Castle Rock, Port Isaac* – replacement and enlargement of windows and Juliette balcony doors. Members **SUPPORTED** this application.
5. *PA16/04579, 11 New Road, Port Isaac* – variation of condition 3 attached to planning decision PA14/08139 dated 22nd October 2014 (change of use from commercial to residential with ground and first floor extensions to allow use of hardie planking or equivalent instead of natural grey slate. Members **SUPPORTED** this application.

Planning Applications Approved by CC – for information only

1. *PA16/03741, 9 Lundy Road, Port Isaac* – construction of single storey extension.

Gillian Thompson
Parish Clerk / RFO

Email: stendellionpc@gmail.com

Music at St Endellion

July sees an exciting month of music at St Endellion, both orchestral and vocal, from local amateurs to international stars. We have several concerts in the first part of the month followed by the annual summer music festival and we hope something for everyone.

Friday 8th July, 7.30pm - the Atlantic String Orchestra and Port Isaac Chorale are giving a concert entitled 'Strings & Songs'. No charge for entry but there will be a retiring collection in aid of orchestra and choir funds together with Children's Hospice South West.

Saturday 16th July, 7.30pm - Endelienta Orchestral Ensemble perform Beethoven's 4th Symphony and Schoenberg's Chamber Symphony

Endelienta Ensemble
conductors: Adam Hickox & Rees Webster

Young musicians from Cambridge University and London Conservatoires play

Beethoven's 4th Symphony & Schoenberg's Chamber Symphony

**Saturday 16th July 2016
7.30pm at
St Endellion Church
PL29 3TP**

Tickets £10 (Unreserved seats)
Free for under-16s accompanied by an adult

Available from:
www.endelienta.org.uk
or telephone the Box Office 07787 944935

or The Wadebridge Book Shop
43 Molesworth Street, Wadebridge PL27 7DR

Remaining tickets available on the door

Endelienta - www.endelienta.org.uk
Fostering the arts and spirituality in North Cornwall
Registered charity No. 1124905

Adam Hickox and Rees Webster (2016 associate conductors of the Cambridge University Music Society) are bringing a great group of young orchestral players from Cambridge University and London Music Conservatoires to perform Beethoven's 4th Symphony and Schoenberg's Chamber Symphony. Adam and Rees are both well-established participants in the St Endellion Music Festivals and are excited to be bringing these young players to perform in the Church that they both love so much.

Monday 18th July, 7.30pm - current and past winners of the Chris Treglown Award perform **A Serenade to Music**

Hosted by the director of MJUK and international opera singer Maria Jagusz, we can anticipate a feast of classic songs and ensembles from the world of opera and musicals. Endelienta is pleased to give support to the Chris Treglown Foundation Fund, a local charity which provides financial assistance to aspiring young singers to pursue their musical education. The fund was set up in 2012 in memory of Chris Treglown, a 23 year old talented singer from Cornwall who was studying with MJUK Music and Arts in Gloucestershire.

The CHRIS TREGLOWN Foundation Fund

A Serenade to Music

an evening of operatic and musical theatre delights performed by winners of the Chris Treglown Fund

hosted by international mezzo soprano **Maria Jagusz**

**St Endellion Church
Monday July 18th 7.30pm**

Tickets £10 each
available from Newslines (Rock), St Minver Post Office and Cole Rayment & White (Wadebridge)
or contact Julia Treglown on 07815 987182 or juliatreglown@hotmail.com

Tickets for both these concerts are £10 (free to accompanied under-16s) and are available from the Endelienta Box Office: telephone 07787 944935 or online at www.endelienta.org.uk

St Endellion Summer Festival - Tuesday 26th July to Friday 5th August

The opening concert features Tim Gill performing Walton's magnificent Cello Concerto and Handel's Dixit Dominus. Berlioz's beautiful oratorio Childhood of Christ will be performed in both St Endellion Church and in Truro Cathedral. Festival chairman, Tom Hickox will perform at a late night concert. This year's opera will be Gloriana by Benjamin Britten, conducted by Martyn Brabbins, with Susan Bullock, one of the world's top sopranos, in the title role. There is a feast of concerts, chamber groups, recitals and much more to be enjoyed.

For full festival details see www.endellionfestivals.org.uk Telephone booking :01208 880298

ST ENDELLION
CHURCH

SUMMER FETE

The Rectory Garden
Tuesday August 9th
at 2pm

something
for
everyone

Cakes, Refreshments, Produce, Plants, Books,
Bric a Brac, Childrens Games, Sideshows ...

and
A SPECIAL VISIT FROM MR SUPERO

presenting The Tale of the Apple Dumpling

a puppet show for children ...
and for grown ups!!



CELEBRATE CORNWALL



DAVIDSTOW PARISH CHURCH

REVEL SATURDAY : 9TH JULY

OPEN 2.00PM Free Admission

- * HOG ROAST * CRAFT MARKET
- * FACE PAINTING * COMPETITIONS
- * CORNISH LANGUAGE WORKSHOP

7.00PM CORNISH CONCERT
The Press Gang Singers

Singalong : White Rose : Camborne Hill : More

REVEL SUNDAY : 10TH JULY

4.00PM Service in Cornish
CUR TEREBA NESSA CHOIR

5.00PM Traditional Cornish Tea £5

Pasty : Splits & cream : Saffron : Junket : Cuppa
MUST be booked in advance

7.00PM VARIETY CONCERT
CUR TEREBA NESSA CHOIR
MOE KEAST Cornish story teller
(Her'll 'ave you in stitches!!)

CONCERT ADMISSION
EACH : £6 : BOTH £10

TICKETS : BILL : 07788 410 412
EM : billpearce1934@gmail.com

The National Trust



**Sunday 24 July Sequest Public Seawatch
at The Rumps, near Polzeath.** 11am - 1pm

Join marine experts to conduct a marine
wildlife survey and learn more about the
amazing animals that use our waters from
dolphins to seals. Meet on The Rumps, looking
out over Moulds Island, Pentire head, near
Polzeath. Bring clothing suitable for the
weather, drinks and food, also binoculars if you
have them, although spare pairs are available
to share. For more info:
abby.crosby@cornwallwildlifetrust.org.uk

**Wednesday 27 July Bat Night at Pentire
near Polzeath.** 8.30pm until after dark

Join National Trust rangers for an evening all
about bats. Starting with a talk about British
bats, we will then see and hear greater
horseshoe bats emerge shortly after sunset
from old mine workings. Talk starts promptly at
8.30pm. Bring a chair or rug to sit on, warm
clothes and a torch is useful. Bat capes
optional. £3 per person. Booking is essential as
the date may change due to unfavourable
weather. 01208 863046

What's on



Sat 2 July - Sun 3 July: **Lundy
Bay Bioblitz**

Finding and recording as much
wildlife as we can in 24 hours
at Lundy Bay near Polzeath.
Come along for an hour or 24
and discover the wildlife on
your doorstep.

Time: 1pm - 1pm (24 hours)
Meet: Lundy Bay near
Polzeath PL27 6QZ
Contact for full info:
northcornwall@nationaltrust.org
g.uk or 01208 863821

Weds 20 July: **BeachCare
Beach Clean**

Time: 9.30am
Meet: On Polzeath beach
Bring: Suitable clothes &
footwear for the weather
conditions. All equipment
provided.

Weds 20 July: **Get Crafty!
Marine-themed arts & crafts**

Time: 10.30am - 12.30pm
Meet: Polzeath Marine
Centre, PL27 6TA, SW 936
788.

Polzeath

Voluntary Marine Conservation Area

Fri 22 July: **Rock Pool Ramble!**

Time: 1pm - 3pm
Meet: Polzeath Marine Centre, PL27 6TA,
SW 936 788.
Bring: suitable clothing & footwear (not flip
flops or crocs) for weather conditions.
Contact: Booking essential on 07779
896650.
Cost: £2 pp, or free to members.

Sun 24 July: **Sequest Public Seawatch
at The Rumps, nr. Polzeath**

Join marine experts to conduct a marine
wildlife survey and learn more about the
amazing animals that use our waters, from
dolphins to seals.
Time: 11am - 1pm
Meet: On The Rumps! Looking out over
Moulds Island, Pentire head, near Polzeath.
Bring: Warm and waterproof clothing,
drinks and food (none available near by).
Bring
binoculars, although spare pairs are
available to share.

Our MP, Scott Mann talks to Trio ...

In May the Queen gave her annual speech to outline the Government's legislative programme for the next 12 months, including a Universal Service Obligation for broadband, a National Funding Formula for schools, and more power for communities over neighbourhood planning.

These three things are particularly important in North Cornwall. Even as superfast broadband continues to be rolled out, there will still be homes left out, and a commitment of 10Mbps of broadband enshrined in law will address this. Like water, electricity and gas, broadband is a necessity and every home should be connected.

Due to commercial sensitivity, my office is unable to know which areas will not be connected, so we have decided to create our own database. If you live in a broadband "not-spot", please contact my office on 01208 74337.

A National Funding Formula is also very welcome because it will address the current disparity in funding between urban and rural areas, with rural schools currently getting up to 50 per cent less funding than their urban counterparts.

I visited Altarnun, Tregadillett and St Stephen primary schools in May, and as with other schools in North Cornwall, funding is a main talking point. Schools in North Cornwall are losing out on extra staff and resources which our children are rightly entitled to for a good education.

I will also be pro-active in watching the new Neighbourhood Planning and Infrastructure Bill, which aims to give communities more say over planning. I'm looking forward to getting my teeth stuck into this piece of legislation to stand up for communities in North Cornwall so they have a louder voice over.

The speech also included reform of the prison system to better rehabilitate prisoners to reduce re-offending levels, a push towards space travel - with Newquay in the running for a space port which would be fantastic for the whole of Cornwall

– faster procedures for adoption, and new charges for overseas visitors who use NHS services.

While in London I attended a celebration to recognise the work of the Cornwall Community Foundation, which gives grants to community organisations and is a real asset to Cornwall.

I was contacted by the Kingfisher Nursery in Boyton last year who were facing potential closure due to lack of funding. However, after recommending them to the Foundation, they received a grant which has allowed them to stay open and continue looking after local children.

The event included the launch of the Second Home Owners Scheme, where second home owners donate the equivalent of one week's rent. The scheme has raised over £30,000 which will be donated to local communities.

I also attended the Annual Cornwall Business Awards at St Mellion to celebrate the achievements of companies and entrepreneurs in the Cornish business community. The evening really highlighted the high level of quality, imagination and dedication that can be found within Cornish businesses which certainly instilled confidence that Cornwall is full of talented and driven people who want to create and grow a business.

Contact at: 10 Market House Arcade, Fore Street, Bodmin PL31 2JA Tel: 01208 74337



Riding for the Disabled

The Cake Stall at the Co-op on May 28th raised £314.33 for the North Cornwall Riding for the Disabled Group. Jennie Oakley, Group Secretary, said, "This money will be put towards a modern accessible toilet for our riders as the existing facility is no longer fit for purpose."

The North Cornwall group of the charity have been in existence at Lakefield Equestrian Centre, Lower Pendavey Farm, Camelford for almost 20 years. During that time the number of riders has steadily increased and the group now has over 100 adults and children attending each week. Through their riding experience the riders gain confidence and self esteem, improve their communication skills and also benefit from the physical therapy.

The group is totally self-funding and relies on its 60 volunteers to provide support, helping with the rides as well as raising funds. Volunteers are looking to raise a further £10,000 to complete the new toilet project costing £15,000. Three years ago they were able to install a hydraulic lift that has made life so much easier for the less able-bodied and wheelchair bound riders.

Fundraisers including a BBQ in July and a Bingo evening in September are already planned, with other events in the pipeline. Emphasising the need for support and help, Jennie Oakley continued, "We rely on fundraising events and the generosity of local organisations to assist with the funding of our group and any sponsorship and support is invaluable to us and greatly appreciated."

If you would like to visit the centre and see first-hand the work that the volunteers do with the riders or if you want to help in any way please contact Jennie on 01208 816984.



St Peter's Church & St Endellion July Church services

Sunday July 3rd

9.30am - Morning Worship, St Peter's Church

11am - Sung Eucharist, St Endellion Church

Sunday July 10th - Sea Sunday

9.30am - Holy Communion, St Peter's Church

11am - Sung Eucharist, St Endellion Church

Sunday July 17th

11am - Morning Worship, St Endellion Church

2.30pm - Messy Church, Port Isaac Village Hall

6pm - Taize, St Endellion Church

Friday July 22nd - Mary Magdalene

9.15am - Eucharist, St Endellion Church

Sunday July 24th

9.30am - Holy Communion & Baptism, St Peter's Church

11am - Sung Eucharist, St Endellion Church

Sunday July 31st

9.30am - Holy Communion, St Peter's Church

11am - Festival Sung Eucharist, St Endellion Church



Websites of the Month

I am writing this column on the summer solstice – the longest day – and also the day of the strawberry full moon marking the start of the strawberry season. Actually our strawberry season has been in full swing for some time, but it's a nice name. This has been a very good summer as far as the local plants are concerned and so I thought I would have a look at some the websites about plants in Cornwall and what to look out for.

Lets start with a very comprehensive flower identification website called, appropriately enough, wild flower finder <http://wildflowerfinder.org.uk> . This is a really amazing website that has hundreds of plants listed. It is organised just to help you find plants so when you log on you will see four columns. On the left is a list of headings ranging from rarity – if you click on this the second column gives you a list of plants by how rare they are; to Problem plants – a list of poisonous plants or ones with other problems. Click on one of these and the third column gives details of the plant. Here you find its name, when it is in flower, details of the plant (shape, flowers, smell, toxicity etc) and a large high-resolution image. On the right is a fourth column that lists the plants in alphabetical order, and as I say, there are lots and lots of them.

As an example, I was walking on the sand dunes on Rock Beach there were lots of Valerian as you can see in the photograph (as there is in Port Isaac of course). You can find this plant from the website in a few ways. If you know its name you can search and you will get the list of details. You could also search by petal colour etc.

Alternatively you could go to the website of the Cornwall Wildlife Trust's site <http://www.cornwallwildlifetrust.org.uk/species/red-valerian> . Here you will find an account of the plant as well as how to identify it.

For a more detailed account of plants in Cornwall, the Botanical Cornwall Group has an excellent website for those who have a more specialist interest in the botany of Cornwall. According to the website it was set up in early 2002 by botanical recorders interested in the botany of the County. While this site is primarily for coordinating meetings, it has links to other useful sites, and continuing the more specialist approach you can find a link to the Cornish Red Data Book <http://www.cisfbr.org.uk/CRDB/StartCRDB.htm> that is produced by the Cornish Federation of Biological Recorders <http://www.cisfbr.org.uk> . This online book was published in 2009 and contains a very extensive list of animals and plants that have been recorded in Cornwall. It gives the range and status (rarity), the regional distribution, habitat and ecology, threats and conservation measures.

So moving on from identification to where to see flowers. Well all round the coast, of course, but locally a very nice place to see orchids and other plants is behind the great quarry at Delabole <http://www.delaboleslate.co.uk/history.asp>. Also if you are around on Saturday 19th July you could combine looking at the flowers with the Delabole Carnival <http://www.delabole.org/public/index.php>

Another way of seeing flowers is to go to the many nature reserves and this site has a useful listing www.chycor.co.uk/wild-cornwall/reserves/reserves.htm. The reserves are divided by good for birds, archeological interest, reserves with outstanding views and reserves with nature trails. Each is linked to short description with a map reference and how to get there.

Finally a site I have mentioned before – as it has an app that goes with it – called iWalk Cornwall and here is a link to one of its walks – Port Isaac to Polzeath. http://www.iwalkcornwall.co.uk/walk/port_isaac_to_polzeath_bus



The site gives details of what you will see on the walk, lots of pictures, other walks and lots more. Pick one and enjoy the wonderful flowers on display this wonderful summer.

Tony Wainwright

Port Isaac Stay & Playgroup

We meet every Tuesday
morning in the Village
Hall from 10am-12noon

Coming up in the next few
weeks we will be:

July 5th

Making tissue flowers

July 12th - Colouring day

July 19th - Outing

July 26th - Collage Day

If you want to know more
contact either Bonnie on
01208 880946 or Cherry on
07900 527610

LOBSTERS SAY 'BON VOYAGE' AS THE NATIONAL LOBSTER HATCHERY HELPS TO RE-STOCK FRENCH LOBSTER POPULATIONS

Three thousand baby lobsters waved their claws to Padstow recently, when they took the Ferry from Plymouth to Roscoff on their way to the Ile-De-Re, which is halfway down the Atlantic coast of France. This is the fourth year that Cornish charity, The National Lobster Hatchery, has worked in collaboration with the Communaute de communes de Ile-De-Re in France and so far over 11,000 juvenile lobsters have been delivered to be released into the area.

The delivery is part of a larger collaboration between the two organisations: the programme is not just about re-stocking the areas lobster populations, but also involves public engagement and research. Last year over 10 schools came to see the baby lobsters before they were released into the seas off the tip of the Ile-De-Re and the Communaute de communes de Ile-De-Re are using all sorts of interactive ways of telling the lobster lifecycle story. On the research front: French Fishermen have been collecting tissue samples for a collaborative research project between Exeter University and the National Lobster Hatchery that is investigating lobster genetics across Europe and last summer the authorities undertook dive surveys of the area to examine emerging stage lobster abundance, following the last three years' releases.

schoolchat



news & views from Port Isaac School



Sports Day

Weather permitting Sports Day will take place on Wednesday 6th July. Playground events start at 9.30am and track events will take place on the playing field from 1.10pm. Everyone is welcome to come along and support the children.

Year 3 and Year 4 Farm Update

Our plants are progressing nicely. We are hopeful that the squash, peas, tomatoes and potatoes will yield results in the next few weeks. The wildflower seeds have germinated and the flowers will be out soon.



Class 2 Camp Dewerstone Cottage

A tired but happy class returned from this year's camp on the edge of Dartmoor. Activities included, river scrambling, rock climbing, abseiling, orienteering, pioneering and field cooking. This all culminated in a big adventure challenge on the last day.

Writing Competition

Following on from the Art we had a short story writing competition.

The two prize winning entries came from Mollie and Maisey and both stories had the title Demon Dinner Ladies.

The writers were praised for their ideas and use of descriptive language.



Come along to Port Isaac School's
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Rafael's story

I moved here when I was two years old and today I felt like writing about where I live ... in a beautiful village called Port Isaac.

I don't exactly remember when I first arrived but my mum told me the first day I was here I scooted down the hill and the only thing that stopped me was a washing machine someone had put in the road. Maybe that was my first lesson here.

When I arrived I did not know who was friend or foe, and it looked like all of them were foe - but I realised there were more friends of mine than foe.

I lived in London before I came here. London is a big city, full people, tall buildings, wildlife and insects and animals. I couldn't let go of it easily, but when I found this village I loved it.

The nursery school had a dungeon ... or I thought it was. it was to store all the toys in there.

Port Isaac is special because everyone is friendly and kind. I was a bit nervous when I first arrived to school and I made quite a lot of friends on my first day like Josh Sim.

My favourite day in Port Isaac is going to the park, playing football, hot chocolates at the Mote, swimming in the Sea, walking my dog close the cliffs, listening to music, dancing and picking blackberries. Remembering the good times.

My worst day is remembering my old friends in fear of me being gone forever and I share my feeling with my mum and she cuddles me in her soft arms and tells me that it is only a feeling - it is not true and you can always go and see your friends and that they are always with you in your heart.

As I write this I will always remember my friends and when I go to school I see my friends and they cheer me up. I remember the sad day that Richard my good friend died. Everyone was very sad. His nickname was 'Cookie'.

I've had a great time here and I have made friends in the lifeboat station. One of them is called Dell. I had an exam after learning about the boat and everything that the lifeboat people do. My score was 45/50 and I was told that was very good for a 7 year old. It was so much fun and I was a little nervous before I did it but that is ok and I got over it as soon as I stood on the boat.

The lifeboat people are kind and gentle, they don't mean to harm anybody but if they do they are very sorry. They also rescue people and save peoples lives and they have to dress in special suits to keep them from the coldness of the sea.

Port Isaac school teachers are a little bit strict but I like their passion and they are very kind when it comes to numeracy, literacy and everything they do. One of them is called Mr C and he is my teacher in year 3/4 and Miss Weatherhead is the main teacher in the other classroom in year 5/6. Sometimes we all work together.



If I could change anything about Port Isaac I would introduce loads of wild animals from around the world like honey badgers, cheetahs and all the birds of prey.

The countryside is great and has beautiful views and has beautiful stand out points when the sun goes down and the rocks and the clouds are unusual shapes. My mum and I play a game to make pictures out of them. The clouds change a lot.

I love going to the church and learning about the history and looking at the old pictures in there. I hope that I stay here for a long time like those old photos.

Rafael Coates-Apey
Age 8



on the Platt when
I was younger

Martin's Strawberry Jam



The strawberry is generally seen as the quintessential English fruit, synonymous with tennis at Wimbledon where thirty tonnes of the sweet red berry are devoured every year, washed down with the mandatory Pimms and lemonade. Look for varieties such as Mara de Bois, Strawberry Alice and Cambridge for flavours that take you back to your childhood.

Strawberry season in the UK is June to August – anything available out of this time is likely grown in a greenhouse and imported from overseas. Strawberries ripen when the plant releases the hormone auxin, which causes the cell walls to degrade and soften - they don't ripen further once picked. It is best to buy local strawberries as this is a guarantee of freshness. Strawberries are high in immunity boosting antioxidants such as vitamin C, K and manganese and are also fat-free and relatively high in fibre.

At the height of their season, strawberries are best enjoyed as fresh as possible; with this in mind then, the classic strawberries and cream combo is a clear winner, and the simplest to throw together for an instant pudding.

Preserved - a glut of strawberries is crying out for a jam-making session, resulting in jars of ruby-red preserves for breakfasts, afternoon teas, and Victoria sponges whenever desired.

A classic jam is made with equal parts fruit and sugar, boiled together until it reaches setting point, then stored in sterilised jars. Pectin is needed (as strawberry's contain no pectin a natural setting agent) to help achieve the perfect set, so a jam sugar (with added pectin), lemon juice or another fruit such as apple, can be used to help this along.

Great strawberry jam is surprisingly quick and easy to make especially if a spurt of enthusiasm at the pick-your-own has left you with a glut, or you spot some overripe fruit going cheap at the market – it's the flavour of summer all year round. All you need are good berries, and a little patience. And, of course, a good scone recipe.

To make 4 x 200ml jars of lovely Strawberry jam

2kg small ripe strawberries
1.7kg jam sugar
Juice of 2 lemons

1. Hull the strawberries and discard any rotten ones, and then mash them up into a rough pulp. Put into a wide, thick-bottomed pan, add the sugar and the lemon juice, and bring to the boil. Add the remaining strawberries to the pan, and put a saucer in the freezer.
2. Boil the jam for about 15 minutes, stirring regularly checking the setting point every minute or so during the last 5 minutes. To do this, take the cold saucer out of the freezer, put a little jam on it, and put it back in to cool for a minute. If it wrinkles when you push it with your finger, then it's done. Strawberry jam is unlikely to set very solid though, so don't expect the same results as you would with a marmalade.
3. Take off the heat and skim off the pink scum. Pour into sterilised jars and cover with a disc of waxed paper, seal and store.

With jam flavours, the world is your oyster. Solo strawberry is a classic, but a mixture of berries (such as raspberries and blackberries) gives a more rustic, hedgerow preserve. A splash of Pimms would capture the essence of summer, or a little Champagne would make an incredibly special breakfast or afternoon tea treat. Infusing the jam with vanilla would be the perfect partner for a Victoria sandwich cake, while for something a little more unusual, black pepper or balsamic vinegar add a savoury note that balances wonderfully with the natural sweetness of the strawberries.

Enjoy and remember "Don't Panic" Mx

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880222

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Royal Cornwall Hospital
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East Cornwall Hospital
(Bodmin) - 01208 251555

Derriford Hospital (Plymouth)
- 08451 558155

Local Dental Helpline - 01872
354375

Police (non-emergency) - 101

PCSO Claire Drennan - 0845
6567930

Civil Enforcement Parking
Team - 0300 1234222

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880181

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WHAT'S ON ...

Monday July 4th - PISCES meeting in St Peter's Church - 5pm - everybody welcome

Tuesday July 5th - Kerbside recycling - leave out by 7am

Wednesday July 6th - Port Isaac School Sports Day, playground events 9.30am, track events on the on the playing field from 1.10pm

Friday July 8th - Port Isaac Chorale and the Atlantic Strings Orchestra at St Endellion Church - 7.30pm

Saturday July 16th - Beethoven & Schoenberg with the Endelienta Ensemble at St Endellion Church - 7.30pm

Saturday July 17th - Port Isaac Rowing Club event - the George Moth & Mark Provis Trophies faces from the beach - 11am

Monday July 18th - A Serenade to Music with the Chris Treglown Foundation Fund winners at St Endellion Church - 7.30pm

Tuesday July 19th - Kerbside recycling - leave out by 7am

July 26th-August 5th - St Endellion Summer Music Festival

Saturday August 6th - History of the Port Isaac Gig Club - PISCES exhibition opens in St Peter's Church

Sunday August 7th - Port Isaac RNLI Lifeboat Larks

Tuesday August 9th - St Endellion Summer Fete in the Rectory Garden - 2pm

Saturday August 20th & Sunday August 21st - Seasons of Love Concerts in St Minver Church - 7.30pm

Saturday August 27th - Carice Choir at St Endellion Church - 7.30pm

Sunday August 28th - The BIG Swim followed by the Big Party on the Platt until 10pm

Saturday September 3rd - Port Isaac Carnival Fun Day

Saturday September 10th - Gig in the Garden at the St Kew Inn - 12 noon

Sunday September 18th - Port Isaac School Indian Summer Fair & Fun Dog Show on the Playing Field - 2pm

Saturday September 24th - Port Isaac Chorale present an Old Time Music Hall night at Port Isaac Village Hall

Budapest Cafe Orchestra at St Endellion Church - 7.30pm

Friday October 14th - Cornwall Harp Centre Gala Concert at St Endellion Church - 7.30pm

Saturday October 15th - RNLI Ball

Friday October 21st-Sunday October 23rd - North Cornwall Book Festival at St Endellion

Friday October 21st - Amadou Diagne from Senegal & Group Yakar at St Endellion Church - 7.30pm

Saturday October 22nd - Wild Willy Barrett's French Connection at St Endellion Church - 7.30pm

Saturday November 5th - Annual Bonfire & Fireworks at Port Gaverne

Regular Events

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the Village Hall. Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm- 4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

First Sunday in the month - Morning Worship at 9.30am

Second, Fourth and Fifth Sundays in the month - Holy Communion at 9.30am

Third Sunday - Messy Church in Port Isaac Village Hall from 2.30pm-4pm

St Endellion Church - Every Sunday at 11am

Trelights Methodist Church - Sunday Service at 6pm

Trio Copy Dates

MONTH	COPY DATE	PUBLICATION
August	July 25th	August 1st
September	August 25th	September 1st
October	September 24th	October 1st
November	October 25th	November 1st
December	December 2nd	December 9th

Want to find out what's happening in the Village? Read your Trio and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905