



trio

The Port Isaac, Port Gaverne
& Trelights Newsletter
August 2016 No:375 60p



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More information at www.thebigswimcornwall.co.uk or call 01208 880 154



THE BIG SWIM

A CORNISH BEACH TO BEACH RACE - RAISING MONEY FOR CHARITIES

28th August 2016

THE BIG PARTY on the Plot, Port Isaac



THE BIG PARTY - STAGE SPONSORED BY JOHN BRAY JohnBray

SHARP'S THE BIG SWIM

Sunday starts with ...

Super Serious Swim 1.30pm

Serious swim 2.30pm

Not so Serious Swim 2.45pm

Little swim 3.45pm Port Isaac
Beach (you can register for this on the day!)

BANDS
CONFIRMED

Fisherman's Friends

Jamie Hewett

Georgie and Stevie

Calvert

Waxx

Freshly Squeezed

Massive thanks to

JohnBray
Cornish Holidays

For Sponsoring the Stage

Nearly Fully booked!!!!

Everyone welcome.

FREE pint of Sharp's Beer for all taking part plus of
volunteers. THANK YOU SHARP'S!

Volunteers WANTED call 01208 880567,
including boat safety!



Trio is issued eleven times a year and is
available in *Secrets* and the *Co-op*,
Port Isaac, or by post - £21 a year in the UK

To subscribe please send a cheque, made
payable to *Trio*, Calenia, 3 Trewetha Lane,
Port Isaac, Cornwall PL29 3RN

To advertise in *Trio* telephone
01208 880905

Published by Sam & Dee Littlechild
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The publisher does not necessarily hold
the same views as those expressed by
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Duchess of Cornwall celebrates the link between Port Isaac and disadvantaged children in Kosovo

On Tuesday July 19th, HRH The Duchess of Cornwall was the special guest at a reception celebrating the relationship between Port Isaac and some of the poorest children at the other end of the continent.

For several years, Port Isaac people have been donating shoes, clothes, money and practical support to help ethnic minority children in Kosovo, one of the poorest countries in Europe. Poverty forces the children to try to earn money by begging, and their parents earn a few euros a day by sorting through rubbish for metal and plastic to recycle. Support from Cornwall has enabled children to get off the streets and into school.

Port Isaac residents have visited Kosovo to run art and music projects for the children, to help with catch-up classes, and to refurbish a building used for lessons, a kindergarten, adult education and other activities to strengthen the community. Support has also come from Rotary Clubs around Cornwall.

The unlikely relationship started when a Port Isaac couple working in Kosovo set up a charity, The Ideas Partnership, to help marginalized minority children into school. They learned that the obstacles were complex - including lack of clothes and shoes for the harsh winters, poor healthcare, parents' poverty, and lack of entry-level education. As friends and neighbours in Port Isaac began to hear about the charity's work, the contributions and ideas flowed in.

HRH The Duchess of Cornwall visited The Ideas Partnership in Kosovo in March this year, and heard how support from Cornwall was helping the charity's work. She met many of the children who have benefited, and gave them a gift of books to help their reading (including HRH The Prince of Wales' 'The Old Man of Lochnagar'). The children made her a piece of art with a message of thanks, combining the flags of Cornwall and Kosovo.

Her Royal Highness asked to meet those in Cornwall whose support has made so much possible. During her Port Isaac visit she met over 50 locals and others who have helped the children in diverse ways: villagers who have gone out to Kosovo to volunteer; people who have donated baby clothes, shoes, and wheelchairs; representatives of Port Isaac village school, where the children have been swapping books about themselves with children on the other side of the continent; and individuals and representatives of groups that raised money, including Bodmin College, Rotary Falmouth, the overseas project team of Rotary Cornwall, and Port Isaac's Fisherman's Friends.

Kosovo Ambassador to the UK, His Excellency Lirim Greicevci was among those greeting Her Royal Highness. He said, "The UK has been a key supporter of



Kosovo's freedom and independence and the relationship between our two countries is strong and deep. The visit by Their Royal Highnesses The Prince of Wales and The Duchess of Cornwall in Kosovo in March marked a high point of this relationship. I am equally as proud of the people-to-people contacts and, in particular, of the generous support from our many friends at Port Isaac through The Ideas Partnership who are doing an outstanding job for local communities in Kosovo."

Her Royal Highness's meeting with Port Isaac supporters of The Ideas Partnership was in parallel with HRH The Prince of Wales's tour of the village.

A BIG thankyou to Colin Shepherd and Tim Stratton for the Trio 'Royal' photos



PORT ISAAC VILLAGE HALL HIRE

NON-PROFIT MAKING PARISH CLUBS/ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc,
FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50 for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £8 per hour - £100 for 24hrs

For full details or to make a booking contact Dee on 01208 880905 or email her dee54@mac.com

Your Hall for YOU to Use

The Doc Martin Fund update

The trustees are very pleased to announce the fund's continued support for Port Isaac Primary School, which in this era of cutbacks has been left short of funding in many important areas. We regard the remit of the DMF to particularly help the young and old in our community as key, and have pledged £12,000 to the school to help meet their current and ongoing requirements. We have also agreed matched funding up to the value of £5,000 for the Village Hall in collusion with the Drekky Theatre Company to continue improvements therein and go on providing a hall that the village can be proud of and that we can all use.

The DMF, in conjunction with the Parish Council and the Fisherman's Friends (with the splendid efforts of Harry Hambly), is also committed to helping fund several defibrillators, proven life saving devices which are a great necessity in somewhat isolated communities like ours.

It is good to note that even with these commitments (in addition to the causes already supported), there is still currently over £34,850 in the DMF. This increases monthly, albeit at an irregular rate. The trustees are very keen to consider well thought out ideas that primarily meet the criteria of benefitting the community. We look forward to hearing from you if you have any such ideas, so that we may help you move forward. We are particularly keen on requests that seek matched funding, as this signifies a *real* commitment on the part of the person/organisation applying.

The AGM will be on Monday 19th September, at 7pm in the Village Hall, and all are welcome.

Updating sight and sound at the Village Hall

The Village Hall and the Drekky Theatre Company are working together to raise funds to improve the sound and lights in the Hall. With rehearsals beginning for this year's panto in September the race is on to get things moving and we are extremely grateful to the Doc Martin Fund for pledging us some matched funding.

Look out for our facepainting sessions on the beach during August - all money raised to the fund. Plus enter our Great Big Panto Quiz for £2 (the winner gets £20) or buy some of our special Christmas cards - quiz entry forms and cards available in the Pottery and Secrets.



Port Isaac Rowing Club

PISCES Exhibition

The earliest Gigs recorded in the village are dated back to 1834 and were an integral part of the history of Port Isaac as they were the original lifeboats and also piloted ships safely into the harbours to collect slate.

The Port Isaac Gig *Corsair*, who is now celebrating her 25th year, is housed in the original fish cellars in the heart of the village and is still in regular use. Although the rowing is now recreational it is also one of the fastest growing sports in the UK. The club regularly race around the county and take part in the annual world Pilot Gig Championships on the Isles of Scilly.

To find out more about these beautiful sea going vessels Port Isaac Gig club has worked closely with PISCES to create an exhibition which takes you through the story of rowing from the past to the present.

The launch will be on

**Saturday August 6th
at St Peter's Church
from 7pm**

with BBQ, drinks and refreshments provided by the Gig Club.

Everyone is welcome to come and join us.





Our 'Port Isaac History' Collection Slide Show

in Port Isaac Village Hall
at 7pm on Monday August 22nd

An informal evening looking through some of our extensive collection of historical images of Port Isaac

Entry £3 on the door Bar and refreshments



Dee & Cheryl with the Grand Bard at the Awards Ceremony

A Second Helping of Port Isaac, PISCES second book that was published in 2015 has followed in the footsteps of *A Taste of Port Isaac* and been nominated in the Holyer an Gof Awards. These awards are promoted annually by Gorsedh Kernow for publications relating to Cornwall or the Cornish language and her people and were launched in 1996 in memory of Redruth Publisher and Bard of the Cornish Gorsedh, Leonard Truran, whose bardic name was Holyer an Gof – Follower of The Smith.

The sale of both of our cookery books continues to help to keep PISCES in business. Priced £10 a copy, they are available from *The Pottery*, *Secrets*, *May Contain Nuts*, *Fresh from the Sea* & *Trevathan Farm*.

Alternatively you can purchase from the PISCES website, www.portisaacheritage.co.uk

coming soon ...

The Royal Visit

It isn't often that Port Isaac plays host to the future King of England (in fact, as far as we know it's the first time)!

July 19th was a memorable day for many as they met Prince Charles and Camilla, the Duchess of Cornwall. PISCES will soon be showing a selection of the photographs taken on the day.

Along with these photographs PISCES will be celebrating the pioneering work of Elizabeth Gowing and Robert Wilton with the street children of Kosovo and the support given by Port Isaac. The Duchess of Cornwall cemented the Port Isaac link as part of her visit to our Village Hall to meet some of the supporters.

Music at St Endellion

**The Carice Singers: Saturday 27th August
at 7.30pm at St Endellion Church**

'Scenery and the Supernatural'

One of the UK's most up-and-coming voice ensembles, the Carice singers are named after Elgar's daughter. Comprising some of the UK's finest young professional singers, the ensemble will present a programme based on the forces of nature in the cliffs and coast of Cornwall, featuring Bax, Bantock, Delius, Elgar, Kuula, Madetoja, Sibelius, Stenhammar, Vaughan Williams and Warlock. George Parris conducts.

*Tickets are £10 (unreserved seats) and free to accompanied under 16s and are available from the **Endelienta Box Office**: telephone **07787 944935** or online at **www.endelienta.org.uk***




THE CARICE SINGERS
Choral Music by George Parris

**SCENERY
AND
THE SUPERNATURAL**
CHORAL MUSIC BY
BAX | BRAHMS | DELIUS | ELGAR | SIBELIUS



SATURDAY 27 AUGUST / 7.30PM
ST ENDELLION CHURCH
TICKETS £10, ACCOMPANIED UNDER 16s FREE
Telephone: 07787 944935, online www.endelienta.org.uk
Or from The Wadebridge Book Shop
Remaining tickets on the door

St Endellion Summer Festival - running until Friday 5th August

For information see www.endellionfestivals.org.uk
Telephone booking :01208 880298

Seasons of Love

A concert of well-loved opera and musical
theatre classics performed by

MJ-UK music & arts

St Minver Church 7.30pm

Saturday & Sunday August 20th & 21st

Tickets £10 each - concessions for under 16s/over 65s
available from Newslines in Rock, St Minver Post
Office, Cole, Rayment & White in Wadebridge or by
contacting Julia Treglown on 0781 5987172

Proceeds for the

Chris Treglown Foundation Fund
www.christreglown.co.uk



Musical & Culinary Delights

The Waterfront Restaurant, Polzeath

Wednesday August 24th

7.30pm (entry from 6.45pm)

Enjoy an evening of operatic and
musical theatre songs performed by

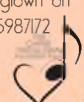
MJ-UK music & arts

followed by a wonderful buffet of fresh, locally
produced meats, fish and salads prepared and
organised by kind host Jamie Yoki and his team

AN EVENING NOT TO BE MISSED

Proceeds for the Chris Treglown Foundation Fund
www.christreglown.co.uk

Tickets £30
to include
entertainment,
buffet, drink
and canapés
on arrival
available from
The Waterfront
Restaurant
Polzeath (tel
01208 869655)
Newslines in Rock,
St. Minver Post
Office or by
contacting Julia
Treglown on
0781 5987172



YOUR CUT-OUT-AND-KEEP GUIDE TO
PORT ISAAC
CARNIVAL
PARTY &
FUNDAY

Port Isaac
Carnival Group
presents

PORT ISAAC'S PARTY IN THE PARK & FUNDAY 2016

Port Isaac Playing Fields
SATURDAY SEPTEMBER 3rd
from 12noon



PORT ISAAC'S PARTY IN THE PARK & FUNDAY 2016

bouncy castle, mega slide, coconut shy, tombola, lucky dip, raffle, treasure hunt and face painting

Between 12pm and 4pm - Claire from BADGER FOREST SCHOOL at Cardinham Woods will be running activities including Bush & Nature Craft and Survival Skills

Caroline Cleave and members of the carnival committee will be running an ARTS & CRAFTS AREA making hats, costumes, jewellery and bunting (and anything else needed for the afternoon's fancy dress parade)

2pm-3pm Port Isaac's very own COZ THE CLOWN will be entertaining everyone in The Big Top Marquee with his magic show and balloon making

5pm - THE NICK BUNT MEMORIAL TUG OF WAR COMPETITION - Get your teams of 6 ready!!!

3.30pm - Be at the field in your fancy dress ready for the judging and FANCY DRESS PARADE at 4pm. This will be followed by a CHILDREN'S DISCO in The Big Top Marquee.

The awards for the fancy dress will be for the following categories

- Best Under 5
- Best Under 12
- Best Teen/Adult (over 12)
- Best Comedy Entry
- Best Artistic Entry
- Best Group

From 6pm - LIVE MUSIC, DISCO and our very own fully stocked PIRATE SHIP BAR serving real ales, ciders & cocktails in The Big Top Marquee

6.30pm - JAMIE HEWETT will be starting off our evening, entertaining us with some acoustic covers - we cannot wait to see our local boy on the stage again!

8.30pm - Live Band CITIZEN SMITH will be finishing off the evening with covers from The Jam, The Who, The Police, David Bowie & The Beatles

ALICE IN BURGERLAND will be providing food throughout the day, as well as stalls selling cream teas, sweets, slush puppies, popcorn, candy floss and ice cream

Our main aim as a committee is to provide an event for ALL the community to get together and have fun. We hope we have got it right and that everybody will have fun. We really hope to see everybody there! Please bring chairs and blankets to sit on.

Any donations towards Port Isaac Carnival to make next years event bigger and better will be gratefully received

Our MP, Scott Mann talks to Trio ...

I'm delighted that the Conservative Party has ushered Britain's second female Prime Minister into Number 10. Of course the qualities of the person should be more important than their gender, but I nevertheless still welcome this milestone in British politics.

Theresa May, who is state educated and has been one of our longest serving Home Secretaries, is known for her steely resolve and perseverance which will be vital tools in negotiating a deal with Brussels.

I know that people in Cornwall will be concerned about EU funding following the referendum, and this was top of my list when talking with party leader candidates about what they planned for our country. Although EU funding in Cornwall is set to end by 2020 anyway, all of Cornwall's MPs want to see a replacement implemented which will see less hoop-jumping.

We discussed it at length in recent meetings with the Local Enterprise Partnership (LEP) and Cornwall Council, with the LEP also updating us on its Growth Deal 3 project which will see millions of pounds invested in Cornwall by central government until 2020.

Cornwall has already secured £198m from Growth Deals 1 and 2 which have been implemented in the last few years which aim to create 4,000 jobs and 6,000 new homes in the county.

In June I went to Stepper Point to meet with the Coastwatch organisation who monitor the Camel Estuary. During the watch, we observed kayakers, sail boats and fishing vessels, all of whom are kept safe by this fantastic organisation.

They are looking for volunteers to join the group, and I cannot recommend it enough for those who want give something back to the community and enjoy the fantastic views on offer from their HQ.

In Parliament I took part in the launch of the new All Party Parliamentary Group for Entrepreneurship, which will certainly help with my campaign to promote small business and tourism in North Cornwall.

I'm also keen to promote women in enterprise as we have some exceptional women running small businesses in North Cornwall, and I'm confident that they will inspire young school leavers to do the same and start their own enterprises.

The Federation for Small Businesses has launched a Women in Enterprise campaign and I have been championing this in the Commons.



In July, we remembered the sacrifice made to restore democracy as we paid tribute to the tens of thousands of soldiers who fell at the Battle of the Somme - the bloodiest battle in British military history. The stories from the trenches at that time are truly shocking and gives us all a reality check on modern life today.

I attended the Service of Commemoration at St. Petroc's Church in Bodmin which was very moving and poignant, and I know people throughout North Cornwall also took part in services in their local communities.

In the last few weeks I've also welcomed Windmill Hill Academy, Tregadillet Primary School and Launceston College to Westminster, the latter of whom visited 10 Downing Street and met with David Cameron which was undoubtedly a memorable experience for all.

Contact at: 10 Market House Arcade, Fore Street, Bodmin PL31 2JA Tel: 01208 74337

PORT ISAAC
150th
Celebration Ball

Saturday 15th October 2016 - 7pm till late.

5 Star Marquee at the playing fields, Port Isaac adjacent to the car park.

4 course dinner, live band, disco, raffle and special auction.

Dress: Evening or Smart

Tickets £65 on sale at:

Wavehunters Port Isaac or by phone on 01208 880617 / 01208 880765

Sponsored by
OUTLAW'S

PORT ISAAC

LIFEBOAT RACES
Sunday August 7th on and around The Platt 11am onwards

ST MINVER SILVER BAND LIVE JAZZ BAND

BBQ SHARP'S BAR PIMMS BAR CAKES
CREAM TEAS RNLI CLOTHES CARDS & PICTURES
STALLS BOOZE BARROW RAFFLE
CHILDREN'S CORNER BEACH GAMES CANOES
EGG THROWING LUCKY DIP BOUNCY CASTLE
HELICOPTER RESCUE DISPLAY WITH OUR CREW
A DAY OF FUN & ENTERTAINMENT FOR ALL THE FAMILY

John Collings is disappearing under a mountain of newspapers so hold fire on passing them down to him!



St Endellion Churchyard

I would like to take this opportunity to explain some of the difficulties we have had with St Endellion Churchyard this year.

When we took the maintenance of the churchyard back from the County Council we reemployed our previous contractor to cut the grass. Sadly just after he started this season he had a stroke and has had to give up his business. He did however pass the work on to another contractor. Unfortunately this did not work out. And we were left with no one to cut the grass at the peak growing time.

We now have the probation service in to carry out the work and as you will see doing a fantastic job. They not only cut the grass but strim around memorials and cut the hedges out as well. There is still work to be done, but once it is up to standard again we will continue to employ them on a permanent basis. Their supervisor Ted Mitchell has had many years of experience and they all seem happy to carry out the work under his supervision. We are not only bringing the churchyard up to standard but also providing a service.

Another problem we hope to address is to carry out repairs to headstones that are leaning and in some cases unsafe. This will cost money and we do have a very limited budget. If you have a loved one's memorial that needs attention we would welcome you to have it repaired yourselves. You just need to call Drew Memorials of Bodmin (01208 76435) and they will carry out the work and invoice you direct.

I hope this has explained where we are with the churchyard and we will continue to care for it into the future.

*Lay Prebendary Frances Kent
(Churchwarden)*



welcome!

Many years ago, I travelled to Iona for the first time, to stay with the Community at the Abbey there. It was a long journey by car to Oban, by ferry to the isle of Mull, across Mull in a bus, and then a second, smaller ferry across to the isle of Iona. As the ferry pulled in to the jetty on Iona, I could see a crowd of people. Some were lining up ready to get on the ferry going the other way, but others seemed to be standing there expectantly, as if they were waiting for something.

Now the thing to remember about Iona is that unless you live there, you are not allowed to take a car onto the island. Also, if you go to stay for a week at the Abbey, most people arrive at the same time. As we straggled off the ferry, I realised that the crowd of people waiting expectantly were there to meet us foot passengers, most of whom would be staying with the Community. As I got to the top of the slipway, a very colourfully dressed woman greeted me with a large smile and asked if I was going to the Abbey. She took my heavy bags and put them in the van with everyone else's and then led a group of us up the road to the Abbey, where tea and scones were waiting for us weary travellers.

But the welcome didn't end there. Over the week in encounters with volunteers and resident staff as well as other guests, I met people who listened and cared, who never judged, but supported and challenged me, who were passionate about justice and peace in our world today, and who showed me more of the love of God than I had ever come across before. We shared meals together, and we worked alongside one another doing basic chores and we worshipped together using words and songs that were simple and real.

I wasn't a churchgoer, I didn't really know what I thought about God, but I knew that these people had welcomed me because they were Christians in one way or



another. And their welcome changed my life, because it was God's welcome. In the words of an Iona song:

**God welcomes all,
strangers and friends
God's love is strong
and it never ends**

I hope and pray that in our churches and in our communities, we can all be people who feel welcomed by God and are able to offer something of God's welcome to all those who we meet.

Revd Elizabeth

ST ENDELLION CHURCH

SUMMER FETE

The Rectory Garden
Tuesday August 9th
at 2pm

something for everyone

Cakes, Refreshments, Produce, Plants, Books, Bric a Brac, Childrens Games, Sideshows ...

A SPECIAL VISIT FROM MR SUPERO
presenting *The Tale of the Apple Dumpling*
a puppet show for children ...
and for grown ups!!

PLEASE SUPPORT ST ENDELLION FETE!

Our stall holders need:
CAKES,
PLANTS,
PRODUCE,
JAM,
CHUTNEYS,
BRIC A BRAC,
BOTTLES,
TOMBOLA PRIZES, CDs,
BOOKS,
UNWANTED GIFTS!

Please take contributions to The Rectory Garden from 11am and well before 2pm on Tuesday August 9th.

Church Diary Dates

Friday August 5th, 11am - Music Festival Closing Service at St Endellion Church

Saturday August 6th, 9.30am - Eucharist at St Endellion Church

Sunday August 7th, 9.30am - Morning Worship at St Peter's Church, Port Isaac

11am - Sung Eucharist at St Endellion Church

Sunday August 14th, 9.30am - Holy Communion at St Peter's Church, Port Isaac

11am - Sung Eucharist at St Endellion Church

Sunday August 21st, 9.30am - Morning Worship at St Peter's Church, Port Isaac

11am - Sung Eucharist at St Endellion Church

6pm - Taize Worship at St Endellion Church

Sunday August 28th, 9.30am - Holy Communion at St Peter's Church, Port Isaac

11am - Friends Eucharist followed by AGM and lunch at St Endellion Church

Parish Council report supplied to Trio by the Parish Clerk

Planning Applications

The following applications were received and Members made the following responses to Cornwall Council:

1. PA16/04851, Land North East of Port Gaverne Hotel – new dwelling. Members supported this application unanimously on the grounds that the site is highly suitable for development and will provide a home for a local family.
2. PA16/05231, 5 Trewetha Lane, Port Isaac – demolition of existing dwelling and erection of replacement dwelling. Members objected unanimously to this application.
3. PA16/05339, Rosemary Cottage, 38 Fore Street, Port Isaac – Listed Building Consent to repaint front of property – walls, windows, front door, fascia boards and rainwater goods/soil vent pipe. Members had no objection.
4. PA16/05374, 10 Castle Rock, Port Isaac – ground floor rear bedroom extension and store. Enlargement of balcony. Members had no objection.
5. PA16/05911, 25 Silvershell Road, Port Isaac – non-material amendment following grant of planning permission PA16/01667 (extension and remodelling of an existing single storey dwelling and associated garage). Members had no objection.

Planning Applications Approved by CC – for information only

1. PA15/10864, 14 New Road, Port Isaac – demolition of existing garage workshop and erection of four flats.
2. PA16/01760, Port Isaac Village Hall – installation of a stair lift from road level up to the entrance path leading to Hall.
3. PA16/02286, 11 New Road, Port Isaac – variation of condition 2 (plans condition) of application no. PA14/08139 dated 22/10/14 to change the solid wall on the southeast side of the balcony to 2 metre high opaque glass to match the northwest elevation.
4. PA16/03047, 9 Rose Hill, Port Isaac – listed building consent to re-roof small section of roof and raise as to increase 1st floor headroom. Remove damaged chimney. Minor internal and external alterations/renovations.
5. PA16/03654, 36 New Road, Port Isaac – outline application with all matters reserved to replace existing house with new dwelling and an annexe.
6. PA16/04021, Kelmscott, Trelights – replacement rear extension and front porch, removal of chimney and front bay extension, provide additional parking.
7. PA16/04377, 12 Castle Rock, Port Isaac – replacement and enlargement of windows and Juliette balcony doors.

Enforcement Cases

1. EN16/00308, Harbour Heights, Rose Hill, Port Isaac – alleged breach of condition No.3 of PA10/08418, namely annexed accommodation being used as a self-contained dwelling. Case officer: Ms Serena Wearne reported there had been difficulties in contacting the owners and the case is ongoing. The Clerk to provide her with an address.
2. EN16/00667, Land NE of Port Gaverne Hotel – refusal of retrospective application under PA16/01770 for the provision of new hard-core. Also unauthorised stationing of a shipping container on the land. Case officer: David Tapsell reported that to date he had only managed to carry out a site inspection with a view to chasing the applicant once the 6 month period for appeal had expired. The application was refused in April and therefore there is a potential for an appeal to be lodged up until mid-October.
3. EN16/00728, Land at Brooklands Farm, Port Gaverne – alleged erection of large 20sq.m. extension. Case officer: Louise Whitby advised this case is still under investigation.
4. EN16/01087 Tregudda, Port Gaverne – alleged not built in accordance with approved plans PA15/07216; namely orientation of building and installation to two chimneys (not one). Case officer: Louise Whitby advised this case is still under investigation.

The Main Car Park

Improvements are to be made to the pedestrian barrier to meet British Standard load requirements.

Members also agreed to add the field below the overflow car park and playing field to the monthly cutting schedule.

Coach Parking

Members are seeking to identify an area of land that could be used as a coach park, to alleviate the existing parking problems.

If anyone knows of such an area that could be used for this purpose, will they please contact the Parish Council?

Port Isaac Playing Field

Funding is being sought to fund toilets, retail kiosk and changing rooms on the playing field. The possibility of additional funding for more play equipment is also being investigated.

The hedge between the playing field and the car park and the roadside hedge along the footpath are to be severely cut back and reduced in height to encourage bushier growth.

Members were pleased to grant permission to the school to hold a Dog Show on the Playing Field on 3rd September 2016. The dog prevention order will be suspended for the day.

Gillian Thompson
Parish Clerk / RFO

Email: stendellionpc@gmail.com

Harry's Marathon for a Defib



Harry Hambly is running in the Bristol Half Marathon on September 25th to raise money for a Public Access Defibrillator for the village. These defibs cost £3100 and, together with CPR, are the only way to re-establish the heart's natural rhythm.



There are collecting tins around the village where you can donate to support Harry or via his Just Giving Crowd Funding page <https://www.justgiving.com/fundraising/PortIsaacPADappeal2016>

St Kew Inn and NCB Radio present



the gig in the garden

2016

From 12 noon

Featuring:

The Velvet hands
Ten Zero One
The Kingstons
Terry and Gerry
Tank Slapper
Lost Dawn

St Kew Inn

10th September

MUSIC | FOOD | BEER

End of summer
party, money
raised goes to
good causes.



RADIO NCB

www.ncbradio.co.uk

St Kew Inn

TRADITIONAL FOOD & REAL ALES

Cl



End of term

We wish all our year 6 children the very best in their new adventure as they leave us to start their secondary education at their chosen schools.



Goodbye to Robert, Josh, Jake, Mollie, Tamara, Kailyn, Joshua and Morgan, we will miss you around the school.

Gig Competition

The whole school has entered the competition to design a T shirt for the Gig Club... perhaps you will see one of our designs when the winner is announced!

Tesco Farm to Fork

As part of our ongoing participation in this scheme, Caroline from Tesco was in school recently to talk to the children about healthy eating and she brought samples of lots of delicious fruits and vegetables for us all to try.

The children took part in a quiz to test their knowledge of eating healthily before they got to taste.

Special thanks to Caroline who came along to Sports day and provided water and fresh slices of oranges, melon and watermelon for the children halfway through the afternoon's busy schedule.



Come along to Port Isaac School's Indian Summer Fair & Fun Dog Show



Sunday 18th September

2—5 pm on the Playing Field

Lots to keep the whole family amused

All Welcome





Martin's CHUTNEYS

I love chutneys! They are a great way to add some summer sun to dull winter days. Home-made chutneys can be made from fruit, vegetables or a mix of both, slow cooked with herbs, spices, vinegar and sugar to your liking, and then left in a jar to mature and mellow before eating.

First I am going to tell you how to make the Panch Phoran Masala, is a very traditional spice mix used in the Bengali cuisine. It is a blend of five spices.

Ingredients: 50 grams cumin seeds
50 grams mustard seeds
50 grams fennel seeds
50 grams nigella seeds (black onion seeds)
25 grams fenugreek seeds

What you need to do:

Preheat a small pan on medium heat. Dry roast all the ingredients until well roasted and you start smelling the aromas of the roasted ingredients. Once roasted, turn off the heat and allow the seeds to cool. Once cooled, powder the Panch Phoran

Gooseberry Chutney

Ingredients: 500g of gooseberries, frozen
2½ tsp panch poran
1¼ tsp fennel seeds
¾ tsp cumin seeds
3 cloves
2 black cardamom pods
300g of white onion, sliced
30g of ginger
30g of garlic
1¼ tsp ground coriander
¾ tsp chilli powder
¾ tsp ground turmeric
120g of palm sugar, or brown
75ml of white wine vinegar
75ml of water
50ml of vegetable oil

Heat the vegetable oil in a heavy-based pan over a medium heat. Add the panch poran, fennel, cumin seeds, clove and black cardamom to the pan and fry until aromatic, then add the sliced onion and cook until golden in colour

While the onions are frying, blitz the garlic and ginger in a food processor with a small splash of water to form a paste. Add to the pan and cook for a further 5 minutes

Add the chilli powder, ground coriander and turmeric to the pan along with the frozen gooseberries. Mix well to combine, then add the palm sugar, white wine vinegar and water

Bring up to a boil then simmer for approximately 30 minutes, or until it forms a thick chutney-like consistency

Remove from the heat and allow to cool. Divide into sterilised jars, seal and store at room temperature for 4-6 months. Refrigerate and use with 2-3 weeks after opening.

This spicy tomato chutney recipe is the perfect accompaniment to cold cuts and cheese, or on a sandwich or burger.

Spiced Tomato Chutney

Ingredients: 800g of tinned chopped tomatoes
2 red chillies, deseeded
2 banana shallots, chopped
15g of fresh ginger, chopped
2 garlic cloves, chopped
450g of caster sugar
200ml of white wine vinegar
1 tsp mustard seeds
salt
freshly ground black pepper

Drain the chopped tomatoes through a sieve placed over a bowl. Reserve about a quarter of the juice captured in the bowl, discarding the rest (or save to use in a stew or bolognese)

Place the roughly chopped chillies, shallots, ginger and garlic in a blender and blitz to form a smooth paste. Transfer to a heavy-bottomed saucepan along with the sugar, vinegar, mustard seeds and reserved tomato juice

Bring the mixture to a boil over a medium heat then simmer until reduced by a third. Add in the reserved drained tomatoes and season with salt and pepper to taste

Turn the heat down slightly and cook gently for about 1–1.5 hours until the chutney is thick and shiny. Allow to cool before serving. The chutney can be stored in a non-metallic container in the fridge for up to 1 month

So here's to silly season, and remember people, reverse gear makes your car go backwards. Mx

WEBSITES OF THE MONTH

Continuing the theme from last month, which was about wild plants in the County, this month, given the wonderful harvest we are having of fruit and vegetables I thought I would take a trip around the web to see what it had to offer for growing fruit and vegetables. And to give it a nod in the direction of environmental issues, I thought I would start with some good news about climate change from Exeter University www.exeter.ac.uk/news/featurednews/title_528495_en.html. Researchers here have found that the climate in Cornwall has increasing areas that can be classified as subtropical where we will be able to grow more exotic crops – they mention Japanese persimmon and quinoa.

The Environment and Sustainability Institute that have shown this are based at Penryn, www.exeter.ac.uk/esi/ and their website is definitely worth a visit. On the site they have, among other things, short videos about what they do. The latest one is about the work they have been doing on bees – for instance working with a local business to develop bricks with holes that bees like to nest in.



As I say, well worth a visit <http://ow.ly/EIhN302y5QF>. Another is about a huge bluefin tuna that was washed up on a Cornish beach and how the Institute put on an educational event for the public to understand more about this amazing animal.

However, for advice about growing fruit and vegetables, there are some websites that allotment associations have established that give useful information. For example the South West Counties Allotment Association (<http://ow.ly/VIQC302xyD>) has a guide for beginners that is pretty comprehensive. It also has links to bee keeping websites - and many more – for example compost making and so on – all useful if you are going to be a serious fruit and or vegetable grower. The National Allotment Association has pages on its website www.nsalg.org.uk/growing-advice/ specifically aimed at the 'novice grower' and these, as with the previous one are very useful. They have a nice section that has tasks for the month. For August, they suggest lifting your onions; thinning out apple and pear clusters; harvesting your early grapes and other soft fruit; sowing seeds for late crops; pruning apple and pear trees; and there is advice about managing pests.

You can get some good ideas from the Cornwall Garden Society website that has a really excellent section on gardens in Cornwall and what is grown there and also a section on hints and tips cornwallgardensociety.org.uk/hints-tips; the section on Autumn and Winter is something to look forward to.

Going back to the idea of growing more subtropical plants, there are a couple of nice sites that give good advice about how to manage the obvious problems that might arise – a cold snap, pests etc. Firstly, Tropical Permaculture www.tropicalpermaculture.com/tropical-vegetables.html has a list of warm and tropical vegetables and ideas on how best to grow them. Permaculture itself is an interesting topic and you can read more about it on the website. The idea is to design your approach to cultivation in a way that uses the natural characteristics of the plants and animals in the ecosystem to regulate it rather than doing lots of things yourself. It comes from the idea of permanent culture

A second useful source of tips, this time for tropical fruits in our sometimes less than tropical climate can be found in the website of "Off The Grid News" <http://ow.ly/hV3O302xkbU>. There are some good instructions on how to grow pineapples for example. There is an amusing and well-presented video that they link to on www.youtube.com/watch?v=Y1klxRnjZOI that shows how to grow pineapples indoors if the weather where you are isn't subtropical after all.

I thought I would finish off today with a mention of the extraordinary records that have been broken for global warming. The headline in the Guardian newspaper "Hottest ever June marks 14th month of record-breaking temperatures" summed it up. So the upside is if things carry on like this more tropical fruit and veg should be on offer and the downside ... the Guardian article is good on that too <http://ow.ly/1spA302xkDH>

Tony Wainwright

The National Trust



Tuesday 2 August. NT Coastal Challenge Series, Tintagel 7pm - 9pm

Social running evenings with a 10k and 5k option to choose from. We'll be running for between 40 and 80 minutes making the most of the light summer evenings. We'll run to accommodate everyone's ability and the group leader will try to keep the group together at a sensible pace. If you feel like it, you are welcome to join us afterwards as we head to a local pub for a celebratory drink. Runners under 16 need to be accompanied by an adult. Sorry, no dogs. Bring running kit (trail shoes recommended), water, money for afterwards, warm clothes. £2 per runner. Booking essential. For more details and to find out if the event is suitable for you, contact Tom on 01208 863821 or email tom.sparkes@nationaltrust.org.uk

Wednesday 10 August Bat Night at Pentire near Polzeath. 8pm until after dark

Join National Trust rangers for an evening all about bats. Starting with a talk about British bats, we will then see and hear greater horseshoe bats emerge shortly after sunset from old mine workings. Talk starts promptly at 8pm. £3 per person. Booking is essential as the date may change. 01208 863046

Sunday 14 August. Guided Walk - The archaeology of Rough Tor 10am - 1pm

Join National Trust rangers and archaeologist Pete Herring of Historic England on a walk across the iconic Rough Tor. Bring a camera and binoculars if you have them and refreshments if you are staying on the moor for lunch. Free, but donations welcome. Booking essential 01208 863046

Thursday 18 August. Polzeath Rock Pool Ramble 11.30am - 1.30pm

Join National Trust rangers and Polzeath Marine Conservation Group volunteers on one of our famous explorations of the shore. Meet at Polzeath Marine Centre, PL27 6TA. Bring suitable clothing and waterproof footwear (but not crocs or flip flops). £2 per person or free to Polzeath Marine Conservation Group members. Booking essential on 07779 896650 or email polzeathmc@gmail.com

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Regular Events

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the Village Hall. Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm- 4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

First and Third Sundays in the month - Morning Worship at 9.30am
Second, Fourth and Fifth Sundays in the month - Holy Communion at 9.30am

St Endellion Church - Every Sunday at 11am

Trelights Methodist Church - Sunday Service at 6pm

Trio Copy Dates

MONTH	COPY DATE	PUBLICATION
September	August 25th	September 1st
October	September 24th	October 1st
November	October 25th	November 1st
December	December 2nd	December 9th

WHAT'S ON ...

Tuesday August 2nd - Kerbside recycling
- leave out by 7am

July 26th-August 5th - St Endellion
Summer Music Festival

Saturday August 6th - History of the Port
Isaac Gig Club - PISCES exhibition opens
in St Peter's Church

Sunday August 7th - Port Isaac RNLI
Lifeboat Larks

Tuesday August 9th - St Endellion
Summer Fete in the Rectory Garden - 2pm

Tuesday August 16th - Kerbside recycling
- leave out by 7am

**Saturday August 20th & Sunday August
21st** - Seasons of Love Concerts in St
Minver Church - 7.30pm

Saturday August 27th - Carice Choir at St
Endellion Church - 7.30pm

Sunday August 28th - The BIG Swim
followed by the Big Party on the Platt until
10pm

Tuesday August 30th - Kerbside recycling
- leave out by 7am

Saturday September 3rd - Port Isaac
Carnival Fun Day

Saturday September 10th - Gig in the
Garden at the St Kew Inn - 12 noon

Sunday September 18th - Port Isaac
School Indian Summer Fair & Fun Dog
Show on the Playing Field - 2pm

Saturday September 24th - Budapest
Cafe Orchestra at St Endellion Church
- 7.30pm

Sunday October 9th - Family Harvest
Festival and Afternoon Tea in St
Peter's Church - 4pm

Friday October 14th - Cornwall Harp
Centre Gala Concert at St Endellion
Church - 7.30pm

Saturday October 15th - RNLI Ball

**Friday October 21st-Sunday October
23rd** - North Cornwall Book Festival at St
Endellion

Friday October 21st - Amadou Diagne
from Senegal & Group Yakar at St
Endellion Church - 7.30pm

Saturday October 22nd - Wild Willy
Barrett's French Connection at St Endellion
Church - 7.30pm

Friday October 28th - Canvas & Rum
(maritim theatre and songs) in Port Isaac
Village Hall - 7pm

Saturday November 5th - Annual Bonfire
& Fireworks at Port Gaverne

Saturday November 19th - Port Isaac
RNLI Christmas Market

Endelienta Scholars Concert at St Endellion
Church - 7.30pm

Saturday November 26th - Vintage Fair in
Port Isaac Village Hall

Friday December 9th - Port Isaac Village
Hall Christmas Bingo in the Hall - eyes
down 7pm

**December 28th, 29th & 30th & January
2nd** - THE PORT ISAAC PANTO in the
Village Hall