

This issue Soup & Sweet Lunch - P3 Village Hall Christmas Cash Prize Bingo - P3 Remembrance Sunday - P3

Golden Circle News - p3 Shop at the Co-op and support local

Shop at the Co-op and support local causes - p4

Pat's Co-op Long service award - P4

Scott Mann - P4

Panto News - P5

Port Isaac Rowing Club
25th Anniversary Dinner - P6

Port Isaac Christmas Presents- p7

PISCES Carol Evening - p7 Your Christmas Greetings - p7

Music at Endellion - P8

PORT Isaac Chorai e News - P8

News From St Peter's - p9

RNLI News - p10 & 11

Trelights Methodist Church Christmas Fayre - pl1

Congratulations Billy - Pl1

Parish Council - p12

Macmillan Coffee Morning - p12



Children's Christmas Competition - p13

Schoolchat - p13

Port Isaac Christmas Lights & Angel Procession - p14&15

National Trust news - P16

Websites of the Month - Pl6

Cooking with Martyn - p17

Front & back cover photographs courtesy of Jenny Balfour-Paul

Trio is issued eleven times a year and is available in Secrets and the Co-op,
Port Isaac, or by post - £21 a year in the UK

To subscribe please send a cheque, made payable to *Trio*, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN

To advertise in *Trio* telephone

01208 880905

Published by Sam & Dee Littlechild **Tel: 01208 880905**

email: triopi@mac.com

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.





Single lady seeks small, one-bedroom property for long term rental Call 07985 445880

The bad news is that the Vintage Fair has been cancelled for this year ... the good news is, we are holding a Soup & Sweet Lunch on that day. For just £5 you have a choice of homemade soups and pudds. Plus we are having a mega Christmas Hamper raffle that will be drawn during the event - see you there!



PORT ISAAC GOLDEN CIRCLE

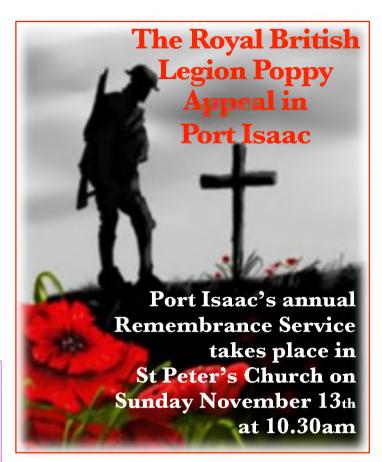
A couple of reminders!

THURSDAY NOVEMBER IOTH 2.30PM IN THE VILLAGE HALL

Elaine from Bruallen is coming along to give a Christmas decoration demonstration - everyone is welcome to come along

TUESDAY NOVEMBER 15TH - OUR ANNUAL BARNSTAPLE CHRISTMAS SHOPPING TRIP

everyone is welcome to join us. It's just £10 a seat. Call Annie Philp on 01208 880262 to book your place





www.portisaacvillagehall.co.uk

Shop in the Co-op and support Port Isaac Village Hall or Port Isaac Stay & Playgroup

Don't forget to register your Co-op card to make sure that you are supporting our local causes. If you need a hand doing this, Mel, our community pioneer will give you a hand, just ask her instore. For every £1 you spend on Co-op branded goods, you get 5% and another 1% goes to the local cause you have selected. Since the scheme was launched in September nearly £1000 has been raised for the three local charities, *Port Isaac Village Hall, Port Isaac Stay & Playgroup* and *Wadebridge Age Concern.*

On top of this local fundraising, Port Isaac Co-op is one of the top fundraising stores in our region with £1200 being raised for the Red Cross tackling loneliness in the UK project. Said Port Isaac Co-op manager, Darren, "The staff and I would like to thank our customers and friends for helping us raise this magnificent sum for the Co-op's charity of the year."





When shopping in the Coop you will be asked if you want to join. It's a simple form to fill in and register and you also choose the cause you want to support.

What have you got to lose?



Pat Nicholls receives a Long Service Award from the Co-op. Pat celebrates working in the Port Isaac store for 20 years. The Co-op has marked the occasion with a framed certificate and a lovely gift.

Our MP, Scott Mann talks to Trio

During the conference recess I travelled to Taiwan with a group of MPs to meet with Taiwanese ministers and officials to discuss how we can strengthen trade ties with the UK and to promote 'Cornwall Plc'. As a guest of the Taiwanese Government who organised the trip, it was a great opportunity for me to represent North Cornwall and promote the brilliant things Cornish people make and the county as a holiday destination.

I sit on the Taiwanese-British All Party Parliamentary Group which aims to strengthen trade and political ties between Taiwan and the UK, and this trip comes at an important juncture as Britain starts to engage in more trade talks with countries around the world to grow our export markets.



The fish and shellfish that we land in Cornwall is very popular abroad already, and by finding new buyers this will make the export market more secure and beneficial for a number of producers in North Cornwall. I also hope the trip will be a catalyst for selling more of our goods to Taiwan and other countries, particularly our most popular food and drink like pasties, fudge, chocolate, cider, wine and ale. By exporting Cornish goods to more places around the world, people will become more familiar with Cornwall which will hopefully attract them to come and visit and contribute to our economy. Some important announcements were subsequently made at the Conservative Party Conference which I welcome, particularly the Prime Minister's update on Brexit and the Chancellor's commitment to EU-funded projects.

Theresa May confirmed that in next year's Queen's Speech, she will introduce the Great Repeal Bill to nullify the European Communities Act 1972 which currently enshrines our membership of the EU into UK law. This will be repealed once we have left the EU after the Article 50 negotiations, which should hopefully conclude in Spring 2019.

The Chancellor Philip Hammond also gave his commitment to multi-year EU-funded projects which will likely require central government money after Brexit. He has already guaranteed funding for projects signed off by this year's Autumn Statement, but this announcement goes further by committing to other long term projects which will likely require government assistance during and after Brexit.

I'm keen to see a regional funding model implemented so that Cornwall can continue to receive investment but without the hoop jumping and bureaucracy that comes from Brussels, and I know the Cornwall LEP and Chamber of Commerce want this as well.

Contact at:10 Market House Arcade, Fore Street, Bodmin PL31 2JA Tel: 01208 74337

PANTO NEWS "oh no it isn't!" "oh yes it is!"

There are parts in the pantomime this year for young children who wish to play woodland animals. The first meeting will be on

Sunday November 13th from 4pm - 4.30 pm in the Village Hall

There are also parts for a group of older children (age 9–12 ish!), so do come along if you are interested,

4.30pm on Sunday November 13th in the Village Hall.



PANTO TICKETS

We try to keep the price of tickets down but it costs us about £1000 to put on the panto. This year, any profits will be donated to support the Children's Hospice.

We have a special 5pm 'Family' performance on Friday December 30th, which will be ideal for younger children. Do come along! And on Monday January 2nd, our last night performance, with complimentary celebration drinks at the end, will be starting at 6.30pm as it's first day back to school the next day.



Port Isaac Rowing Club celebrates in style

Port Isaac Rowing Club celebrated their 25th year in style on Friday, with a three course meal and music from The Tricade at the Longcross Hotel. This follows a long line of celebratory events throughout the year, particularly the rededication of the Pilot Gig Corsair in April, marking the 25th anniversary of her first launch.

The Club gave a warm welcome to everyone who joined the festivities, many who were past members and including the original ladies crew who went to the World Championships.



Sheelagh Driscoll - Lady Rower of the Year

Special thanks were given to Trevor Beare, Bob Bulgin and Jon Cleave who were part of the original club founding committee; with many helping with the fundraising for Corsair and Jon coming up with the idea of interest free loans from locals and businesses and designing the club's first logo. Trevor is also a past chairman.



Charlie Morwood - Male Rower of the Year and Bob Bulgin

Thanks too to Roger Mutton for his

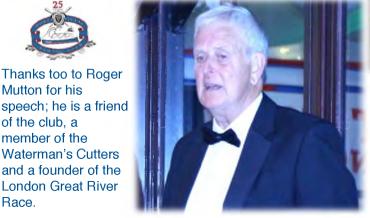
Waterman's Cutters and a founder of the

London Great River

of the club, a

Race.

member of the







Congratulations to all the winners of trophies on the evening too, including Tony Cook, who won the Bob Bulain Award (for the best all round club member), Sheelagh Driscoll who won Lady Rower of the Year. Charlie Moorwood, for Male Rower of the Year. Brad Squires for Most Improved Rower and finally, the Broken thole pin was awarded to Neil Blackeby, Atlantic Rower, who has managed to break a pin on the first stroke of a race, losing his paddle overboard in the process!



Tony Cook, Rowing Captain, with the Bob Bulgin award





The PISCES exhibition - The Story of Port Isaac Rowing Club - celebrating 25-years of rowing in the village, continues in St Peter's Church until the end of the year.

It is open every day, except during Church services, from 10am -4pmish and is well worth a visit.



Port Isaac Christmas Presents ... so much to choose from

A Second
Helping of
Port Isaac

Port Isaac

even more r

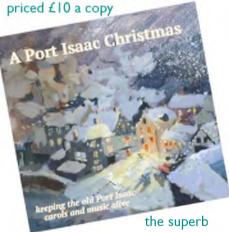
even more r

over 100 recipes
and var

and var

over 100 recipes
white

PISCES two awardnominated cookery books,



collection of Port Isaac Carols priced £10 a copy (all proceeds to Port Isaac School)

Books and CDs available from *The Pottery or Secrets*. Alternatively you can purchase from the PISCES website, www,portisaacheritage.co.uk



Theatre Company Sound & Light fund),

available from The Pottery or Secrets

PISCES Christmas Carol Evening

Wednesday December 14th St Peter's Church - 7pm

with the Port Isaac Chorale, Gulls and children from Port Isaac School



music, mince pies, mulled wine old and new Christmas music



see the Angel installed in the Church for Christmas
plus a special performance of the Angel Anthem,
written by the children of Port Isaac School
The Friends of PISCES



YOUR CHRISTMAS GREETINGS IN TRIO

The Christmas issue of *Trio* will be published on Thursday December 8th. If you would like to include your own personal or business Christmas greeting in this special festive issue, you need to start thinking about it now. Basically there are two size options - see

examples. Just let us have your message - hand it in to *Secrets* or put it through the letterbox, send it in the post or drop it into Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN, along with the appropriate payment (cheques made payable to *Trio*) to arrive NO LATER THAN DECEMBER 1st.



B - £10 Merry Christmas and a Happy New Year

Music at H Endellion

Following the book festival with it's two energetic concerts, our next concerts return to a more classical genre with a choral concert in November and a string quartet in early December.

The Endelienta Scholars: Faith, Hope, Life, Love - Saturday 19th November, 7.30pm

The Endelienta Scholars, a dynamic young chamber choir, are returning to St. Endellion with a programme of beautiful musical reflections with many choral favourites both sacred and secular - including works by composers such as Byrd, Bruckner, Parry, Stanford, Tavener, Whitacre. Co-founded by soprano Katy Thomson and Oliver Tarney (Head of Composition and Singing at Winchester College), the choir includes choral scholars





The Zoltan Ensemble - Sunday 4th December, 3pm

Lowri Porter, Nancy Johnson and Rosalind Gladstone are joined by Rose Redgrave and David Chadwick to perform Brahms' G major string quintet to follow up their performance last year of his only other viola string quintet. Again, they will link the Brahms with a Mozart quintet, this time his 2nd in C Minor. We are fortunate to welcome this talented group of musicians back to North Cornwall for another wonderful afternoon concert.

Tickets for both these concerts are £10 (free to accompanied under-16s) and available from the Endelienta Box Office: telephone 07787 944935 or online at www.endelienta.org.uk

Or you can call in at the Wadebridge Bookshop, 43 Molesworth Street, Wadebridge.

Port Isaac Chorale news

This month, we are very pleased to welcome two new members, Ken and Graham, to the fold and hope that they will have many enjoyable times with us. We must be a good looking choir as we seem to be attracting several men at the moment, so much so, that we would now like to find a top soprano to balance the ranks! If you are at all interested, please get in touch.

Several of our members enjoyed lunch at the Old School House, Port Isaac, one of many regular lunches that provide that all-important opportunity to chat, which is such an integral part of singing together! Thank you to Jeremy for organising this.

Rehearsals are now well underway for our forthcoming Music Hall evening and Festival

competition in the Spring. Having got a good grasp of the various harmonies we will spend the next few weeks fine-tuning under the directorship of Sue Flitter who deputises when Janet, our MD, is away.

Also, the choir will be 'dusting off' our Christmas music in time for the festive season where once again we will be joining forces with other local singing groups, for some 'Angelic' singing.

So, dates for the diary:

Wednesday December 14th, PISCES Christmas Carol Evening in St. Peter's Church, 7pm

Thursday December 22nd, Carols at Port Gaverne, come early Saturday January 28th, Music Hall Night, Port Isaac Village Hall, 7.30 pm If you would like to book the chorale for your event please contact Pat (Secretary), tel: 01208 880969 or MD Janet Townsend. tel: 01208 880505.

Camelford Save the Children Group present Boscastle Buoys & Seachange - Saturday November 12th, Camelford Hall, 7pm. Tickets on 01840 214613

St Peter's Church Port Isaac



Our simple seaside Church is open to everyone, every day until about 4pm. We have a service every Sunday morning at 9.30am to which you will be warmly welcomed. You will also find our Church is a lovely quiet place, at any time, to just sit and reflect and be peaceful.

The Church is also home to PISCES (Port Isaac Shared Community Exhibition Space) and you can enjoy the silence and take a look at the current PISCES exhibition - a regularly changing look at life in Port Isaac in days gone by, up to the present day.

Church Diary Dates

Sunday November 6th

9.30am: Morning Worship, St Peter's Church, Port Iaac 11am: Sung Eucharist, St Endellion Church

Sunday November 13th

9.30am: Holy Communion 10.30am: Remembrance Service, St Peter's Church, Port Isaac

11am: Sung Eucharist with Act of Remembrance, St Endellion Church

Sunday November 20th

9.30am: Morning Worship, St Peter's Church, Port Isaac

11am: Morning Worshop 6pm: Taize Service St Endellion Church

Sunday November 27th

9.30am: Holy Communion, St Peter's Church, Port

11am: Sung Eucharist, St Endellion Church

Do you, or someone you know, need a listening ear?
Tel: David Foster on 01208 880008

Open the book

You may be surprised to learn that many children growing up today have little or no knowledge of the Bible. Even though these days, many people do not attend church, most of you reading this would feel it to be a great loss if your children and grandchildren didn't know the stories of Adam and Eve, David and Goliath, Daniel in the Lions' den and others, and weren't familiar with events in the life of Jesus, but unless they attend a church school or belong to a Bible reading family, they won't have this knowledge.

Thankfully, however, a scheme called 'Open the Book' has come to the rescue and now children in over 2000 primary schools across the country are being given the opportunity to know and experience the Bible through the presentation of dramatized Bible stories by teams of volunteers, who often belong to local churches.

This is what happens each week in St Kew and St Minver Primary Schools where local teams from our churches, present stories in an enjoyable way, with the children themselves often taking part. So far, there haven't been enough volunteers to form a team for Port Isaac School, but if anyone is interested in helping in this school or joining the other teams, do please contact me on 01208880181 or Marcus Jones, our new Children and Families Worker 07923913727.



Reflection on the relationship between drama and spirituality

A day reflecting on the relationship between drama and spirituality in a Midsummer Night's Dream will be held in St Endellion Church at 10.30am on Saturday November 5th. The day will be led by Revd Professor Paul Fiddes, University of Oxford, who through talks, discussion and video excerpts, will draw on two important quotations from the New Testament in the play, where Shakespeare encourages the audience to find the power which enables them to see things more clearly both in personal relationships and in civic society.

The study day will end at 3pm but at 6pm in St Minver Church, there will be a presentation of a new church 'liturgy for voices' combining new poetry, music and excerpts from the play and elements from the traditional Christian liturgy, with congregational involvement.

This liturgy of voices has already been presented in Stratford-upon-Avon, Oxford and St Martin-in-the-Fields.



Port Isaac RNLI were thrilled to receive a cheque for £1,264 from The Port Gaverne Hotel. The restaurant, that has recently been named Best Inn in the South West at the Great British Pub Awards, has been giving a donation to Port Isaac RNLI for every lobster dinner sold. Chairman of Port Isaac RNLI, Bob Bulgin BEM said: "This is a fantastic amount of money to receive. It costs approximately £1200 to provide all of the necessary safety equipment for one crew member, so this money will go a long way. We would like to thank all at The Port Gaverne Hotel for their continued support". Landlord David Barnard is pictured here with crew and committee.



Throughout the season we have been fortunate to have the RNLI Face to Face team to assist in the running of our shop, and working closely together with the Stations volunteer committee covering a number of key events, including the recent visit to Port Isaac by HRH Duke of Cornwall.

With the Station's 150th Anniversary Celebration Ball taking place, we all very much appreciated their thought in offering to help with the running of the event. A few minutes before the Marquee opened for business, with the team preparing to welcome the 350 guests attending, their manager, Jess Mills, seen here on the right, gathered her ladies together with Chairman Bob Bulgin who thanked them on behalf of Port Isaac RNLI for their enthusiastic and professional support.

Throughout the evening the team worked very closely with Committee member Cheryl Webster raising many thousands of pounds from running the Tombola – Silent Auction and Table Holiday Cottage Bid. thanks to the many generous supporters attending this star event.

Port Isaac RNLI
invites you to join
Father Christmas
for
CHRISTMAS
IN THE
BOATHOUSE
Sunday December 18th
11am to 3pm
Cakes · Mince Pies · Mulled
Wine
Presents from Santa
for the children
Christmas Draw
Pictures and cards



Michelle Nunney, a guest from Essex pictured here with Doc Martin Star Joe Absolum celebrating her winning Bid for a walk on part in the next series - donated by Martin Clunes

From these activities and the Auction, conducted in true county style by professional Auctioneer Ross Collins, who brought he house down with his style and humour, the final fundraising figure for the evening is expected to be an all time record in the region of £20,000 *pre final audit*.

A memorable event such as this, which has taken months of detailed planning and sheer hard work does not come about by chance but calls upon a truly dedicated team.

Congratulations to all, especially Lifeboat crewman James Bolton who gave 110% in heading up the working group so ensuring such a great success. The outcome has been a landmark celebration but most importantly the creation of substantial funds so that our volunteer lifeboat crews put to sea sure in the knowledge they have the very best of boat and equipment to provide for their safety in the dangerous conditions they frequently have to operate in.

CONGRATULATIONS BILLY

Congratulations Billy Hardy, younger son of Jason & Liz (nee Dingle), aged II. Following his love of different types of dancing with endless hours of lessons and practice, Billy applied for a place in the cast of the Hall for Cornwall pantomime, 2016. Over 100 children applied and he was delighted to be chosen. He was also in a show in Her Majesty's Theatre, back in August.

Well done Billy, we are all very proud of your commitment and achievement and are all so looking forward to the Boxing Night performance of Jack & the Beanstalk.

Lots of Love from Great Granny Jan (Chadband) and all your family and friends in Port Isaac

more from the RNLI Ball





Ex business colleagues of Port Isaac RNLI committee member Di Salisbury, solicitors Louise Mir and Alex Dean, who are great RNLI supporters from Essex check out what it feels like to be





Lifeboat Girl, Nicki and husband John Collins, Deputy Launching Authority take a moment out to savour their welcoming Copeland Bell Cocktail

One of the two new six foot high pop up Port Isaac RNLI display units that were created for the entrance exhibition area of the Ball Marquee both donated by John Sinnott of mta digital – London, who also has a residence in the village. This one carried an all action image showing a D class Inshore lifeboat punching out through the surf with overlaid information detailing the cost of Crew and Boat equipment



YOUR DONATIONS COULD HELP KIT OUT OUR CREW

It costs the RNLI £1,881 to kit out one Inshore lifeboat crew member in protective gear:

 Sea-going gloves
 £20

 Drysuit [Boots included]
 £750

 Thermal Suit
 £225

 Balaclava
 £15

 Safety Helmet
 £263

 Lifejacket
 £458

 Pager
 £150

 TOTAL TO KIT
 £1,881



The D Class Inshore Lifeboat £52,000 Our Safety Is In Your Hands Port Isaac Voluntary Lifeboat Crew Take This Opportunity To Say Thank You.... www.stendellionpc.com

Parish Council report supplied to Trio by the Parish Clerk

Planning Applications

The following applications were received and Members made the following responses to Cornwall Council:

- 1. PA16/07952, Signal Field, New Road, Port Isaac new dwelling. Members supported this application.
- 2. PA16/08194, 9 The Terrace, Port Isaac introduction of off road car parking bay for two vehicles. Members had no objection provided the surface is permeable.
- 3. PA16/06509, Land adj. Port Gaverne Hotel, Port Isaac demolition of existing café, construct new café hut from matching materials, proposed new landscape to help improve site finish. Members are supportive, in principle, but wish to see a more traditional building with a low profile ridge roof, using natural materials. For these reasons they objected to the application as it stands.
- 4. PA16/07635, 34a Fore Street, Port Isaac remove the existing slates and timbers and replace with a new roof. Members had no objection to this application.
- 5. PA16/08327, 12 The Terrace, Port Isaac build a garden room as ancillary to the main property. Members had no objection to this application.
- 6. PA16/08380, 21-23 Church Hill, Port Isaac proposed internal alterations and re-cladding of rear elevation. Members had no objection to this application.
- 7. PA16/08432, Linden, 5 Trewetha Lane, Port Isaac resubmission of withdrawn application PA16/05231 for the demolition of existing dwelling and erection of replacement dwelling. Members supported this application provided there is a construction plan to protect neighbouring properties and no building during the peak tourist time and any trees on site are protected.
- 8. PA16/08637, 46 New Road, Port Isaac proposed replacement dwelling. Members liked the design of the building and supported the application.

Planning Applications Approved by CC – information only.

- i. PA 16/06555, Land S. of 8 Rose Hill, Port Isaac proposed 1-bedroom dwelling.
- ii. <u>PA16/07128_17 Silvershell Road_Port Isaac</u> extensions to the rear and side of the existing dwelling including Balcony addition, alterations to internal layout, replacement roof structure and finish, new windows and doors through out and new rear terrace and extended/modified front car parking.
- iii. PA 16/07447, Tregudda Road from Tremore to Port Gaverne non-material amendment (various as per schedule) to planning application PA 15/07216 for owners' accommodation to include a laundry/store room, a boiler room and living accommodation. The proposal was for an additional chimney.

Seasonal Car Park

Members were in full support of a temporary, seasonal car parking at Tarters' Farm, Port Gaverne.

Public WCs

- i. New Road WCs work on the New Road WCs are nearing completion and Members are seeking the advice of local Estate Agents as to the rent they can expect from the retail unit on the site.
- ii. Roscarrock WCs Members wish to see these toilets to remain open

until the end of October and at weekends throughout the winter and Christmas / New Year. They have agreed to finance the extra cost.

Christmas Festivities

Members were placed to grant permission to the Christmas Lights Committee to erect a tree on the grass area on the right of the Main car park as you enter. This should add to the festivities. They were also pleased to support the Angels and Lantern Parade with a donation of £500.

Gillian Thompson Parish Clerk / RFO

Email: stendellionpc@gmail.com



Macmillan Cancer Support Coffee Morning at Trevathan Farm

On Friday September 30th we joined the rest of the country in holding our annual Macmillan Cancer Support Big Coffee Morning.

We would like to thank everyone who supported us – many donations were given, people enjoyed browsing the bring and buy stall and the raffle prizes were eagerly awaited when the draw took place. It was a lovely social morning with people moving from table to table speaking to friends they had not seen for a while.

So many people helped to make this event such a success and a big thank you to them all, to many people to name but we would like to give a special thanks to Honor for coming in at 6am to bake the cakes and scones.

We raised £1200.

Thank you again ...hope to see you all next year.

Children's Christmas Competition

It's looking like it will be a very 'angelic' Christmas again in Port Isaac this year. So once again we are going to stick with the angel theme and we are looking for your pictures of angels to decorate the Christmas edition of Trio. The competition will divided into two age groups – up to 7 years old and 8–11 years old, and there will be prizes.

If you fancy having a go, your picture has to be in by no later than Wednesday November 30th.

Drop your completed entry into Secrets or to Calenia, 3 Trewetha Lane or email it to triopi@mac.com



Hallowe'en Disco

Everyone enjoyed the disco that Friends of School kindly organise at this time of year.







news & views from Port Isaac School

Bikelights Festival

Our year 5 and 6 children worked with artist Reg Payn and Mr Collinson to create a marvellous medicine machine for the festival. It looked fantastic and Mr Collinson rode it through Wadebridge. Thanks to everyone who went along to watch.

St Endellion Book Festival

Year 5 and 6 thoroughly enjoyed an afternoon at the popular festival, meeting authors and taking part in different workshops that had been arranged for them.

Advance Warning!

Our Christmas performance will be on Tuesday 13th December. This year the children will be presenting the story of Robin Hood in their own Port Isaac School style.

Harvest Festival

Harvest Festival took place in St Peter's Church on Tuesday October 18th. The children sang songs, recited poems and brought along produce to sell in celebration of harvest time. We also were able to sell the various squashes that we grew in school last term.



Port Isaac 'Angel'

ARTICULATE Lighting up Port Isaac at Christmas

ARTiculate art collective are delighted to have been given the opportunity to work in collaboration with Port Isaac Christmas Lights committee to light up the village with a large illuminated angel lantern.

For the first time, Port Isaac will be inlouded in the larger annual regional lights and singing project which has regularly taken place in Bodmin and Lostwithiel over the last few years. The fusion of musicians, artists, writers, schools, choirs and youth groups has been supported by a network of partnerships who are passionate about communities. They believe that these large, intergenerational projects, which involve collaboration and skill sharing, can draw people together to create a legacy that is long-lasting and sustainable. These are FEAST, Bodmin Christmas Lights, Loswithiel Business Group, CYMAZ Music, Cornwall Music Hub, Youth Music, Arts Council, The Lovely Foundation, Cormac, ARTiculate and Port Isaac Christmas Lights.

Cornwall has a long-established, well-deserved, worldwide reputation for its rich and innovative approaches to creativity and the arts. The professional artists, writers and musicians involved in this project have all worked together across a wide range of these regional, national and international festivals. They also use their experience to work in a consultative capacity to ensure and enable other funded projects to be delivered across the county to an equally high standard - wwwARTiculatecollective.com, Facebook ARTiculate collective.

The theme of angels originated in Port Isaac last year when our streets were lined with a host of beautiful illuminated angels and the Church filled with angel decorations. The community Christmas messages of love and hope for the future inspired this years idea of creating a beautiful lantern which will be made and shared with other communities. The willow structure will be created in the village and the community will once again have the opportunity to add their messages to it before December 2nd. Tissue stars will be available in labelled boxes in the Co-op and the surgery for everyone to write their messages on - these will be collected and added to the finished lantern. The Stay & Play Group are already cutting out their stars to decorate the Angel which will then be installed in St Peter's Church on December 9th and where it will be on view for the whole of the Christmas period.

To enrich the event the school will be working with the artists to create their own mini Angel lanterns. But so that everyone can be involved and have their own lantern for the procession there will be a community Lantern Workshop in Port Isaac Village Hall from 11am-3pm on Sunday November 27th, which is free and open to everyone to join in.

As singing has always been at the heart of Port Isaac, especially at Christmas, it seemed important in the planning stages to make it a big part of the project. Therefore, as well as the traditional carols, the children from Port Isaac School have written their own Angel Anthem which will be shared with local singers and other schools in the area and also sung on the night of the PISCES Carol Concert on Wednesday December 14th. We are holding a 'Sing Up' to learn the Angel Anthem in the Golden Lion on Tuesday December 6th. It will be a night of singing fortified with mince pies, mulled cider and wine provided by Beth & Marc, the landlady and landlord). Everyone is welcome to come along.

The Angel and Anthem will be performed at:

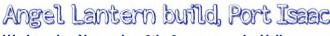
Bodmin on November 25th Port Isaac on December 2nd at 6pm Lostwithiel on December 8th



Illuminations

El=Cornish translation





Wednesday November 9th, 3pm onwards, Valley Studio, Port Isaac

Come and have a look or lend a hand to add the tissue stars and snowflakes made by the village little ones at the Stay & Playgroup, and also add your Christmas wishes to the sculpture.

Free Community Lantern build

Sunday November 27th in Port Isaac Village Hall from 11am-3pm

This is an opportunity to make your own lantern for the procession. Children must be accompanied by an adult. All materials will be provided; all you need is enthusiasm.

Angel Procession

Friday December 2nd

5.30pm - meet at Port Isaac School with lanterns. 6pm - Start of the Lantern Parade with the large Angel and the Angel anthem, processing through the village along New Road and down to the Nativity scene at the Garage and then moving to the bottom of the village, past the Church, for the 'Big Switch-on' at

6.30pm - Big Switch-On and the singing of the 'Angel Anthem' on the Platt with mulled wine and mince pies.

SING UP at the Golden Lion with mulled cider, wine and mince pies

Tuesday December 6th at 7.30pm

Emma Mansfield, Port Isaac Chorale, Gulls and various musicians practicing the 'Angel Anthem'.

PISCES Christmas Carol Evening

Wednesday December 14th at 7pm

This is a chance to hear and sing traditional Port Isaac Carols in the lovely setting of St Peter's Church with Port Isaac Chorale and Gulls. Also hear the 'Angel Anthem' created by the children of Port Isaac school and see the 'Angel' installed in the Church for Christmas.

CAROL SINGING at the Port Gaverne Hotel

Thursday December 22nd from 7.30pm

Feel the traditional Christmas spirit at this special annual event with Port Isaac Chorale.





Once again we will be lighting up the village over the Christmas period. We have bought more lights this year and we are intending to decorate more of the cottages and businesses in both the top and the bottom of the village. If you own a property and DON'T want lights on it then please ring 01208 880924 and let us know ... otherwise, "enjoy the show".

The 'Big Switch-on' is happening on Friday December 2nd. It will start from outside Port Isaac School at 6pm. A torch-lit procession of village chidlren will follow a large 'Angel' lantern down to the Harbour for the switch-on. Christmas carols on the Platt will be played by the St Minver Band.

The angel is being created in Port Isaac by ARTiculate, a community art group who will be running a free lantern making day, for all ages, on Sunday November 27th from 11am-3pm in the Village Hall. Everyone is then welcome to bring their lanterns to be part of the procession on Switch-on night.

Mark and Louise, from Port Isaac Shuttle, will be offering free lifts up and down the village so as many people as possible can enjoy the evening.

We are hoping to have loads and loads of mince pies and mulled wine ... so get baking ladies and gentlemen!

Chris Lanyon, Lights committee



































The National Trust

Saturday 12 November Scrub 'n' Spuds 10am – 2pm

Join the rangers at Epphaven Cove near Polzeath, for a few hours clearing invasive scrub to promote greater biodiversity at this valuable coastal habitat. All tools and equipment provided and to sav thank you for your help, we'll cook you up a jacket potato lunch on the bonfire. Please wear sturdy boots and clothing suitable for the weather. working in thorns and brambles and that you don't mind getting smoky/muddy and bring along drink and snacks. Family friendly and a great way to meet new people. Free. Booking essential. For more information please phone 01208 863821 or email tom.sparkes@nationaltrust.org.uk

Saturday 10 December Christmas Scrub Bash 10am – 2pm

Join the rangers on Pentire Head near Polzeath for a festive scrub bash overlooking Padstow Bay. We'll be clearing invasive scrub to promote greater biodiversity at this valuable coastal habitat and cooking a jacket potato lunch on the bonfire. Mince pies included. Fancy dress encouraged! Please wear sturdy boots and clothing suitable for the weather, working in thorns and brambles and that you don't mind getting smoky/ muddy and bring drinks and snacks. Family friendly and a great way to meet new people. Free. Booking essential. For more information please phone 01208 863821 or email tom.sparkes@nationaltrust.org.uk

WEBSITES OF THE MONTH

Hallowe'en has come round again so I thought some websites about this interesting festival would be worth exploring. I did a column about Cornish festivals, six years ago, so thought it was time for another look and this and again focus on the celebrations that happen around this time - Allantide, Halloween and Bonfire Night. So here is an updated version of my November 2010 column.

The Cornish festival of Allantide (Cornish Calan Gwaf or Nos Calan Gwaf), often described as the Cornish Halloween as they both come originally from the Celtic New Year, http://en.wikipedia.org/wiki/Allantide has been traditionally celebrated on October 31st. As with the other Celtic festivals it marked the end of harvest and while it has its origins in pre-Christian times, the name comes from St Allen or Arlen, a Cornish Saint. What little is know about him and the parish named after him can be found here http://www.cornwalls.co.uk/myths-legends/saints.htm where they say St Allen near Truro also derives its name from this Celtic saint. It is difficult to track down who exactly he was, but he may have been St Elian from the 6th century http://catholicsaints.info/saint-elian-of-brittany/ who apparently did some missionary work in Cornwall. It is said he may have followed his friend Saint Cybi into Cornwall.

October 31st is, of course, also Halloween itself, the feast of All Hallows http://www.historic-uk.com/CultureUK/Halloween/. The word Halloween means the eve of All Saints Day. Hallow itself appears to come from the Old English se halga meaning "the holy man" and it has recently taken on a contemporary meaning in the Harry Potter books (.. and the Deathly Hallows). It also appears, of course, in the Lord's Prayer 'Hallowed be Thy name'.

When in the 7th century, the Church began celebrating All Saints Day on November 1st, the celebration was for those saints who didn't have a saints day. Allhallowtide – (details of its complex history can be found here https://en.wikipedia.org/wiki/Allhallowtide) describes the Christian observances around this time for all the holy people. The night before All Saints Day became known as All Hallows Eve or Halloween. Then, at the beginning of the 11th century, November 2nd became All Souls Day https://en.wikipedia.org/wiki/All_Souls%27_Day , a day in celebration for all our ancestors and, like Samhain, https://en.wikipedia.org/wiki/Samhain it had bonfires and dressing up in costumes. Unlike the Celtic animal costumes, however, the Christians dressed up as saints, angels and devils to invoke the spirits of their ancestors.

And bonfire night, now of course associated with 'the gunpowder plot' has this much older history where fires were burned to ward off evil spirits. The origin of the name 'bonfire' appears to be 'bone fire' and is linked to a Gaelic festival coinciding with a time of year when there was slaughtering of animals and bones to burn. Apparently it marked the end of the lighter half of the year and the coming of the darker half, and we can all relate to that. So bonfires are, traditionally in fact, fires of animal bones, rather than as I always thought, good fires (from the French) or bonny fires (from Scotland). There is more about this and also the importance of apples for the festivals here https://cornishculture.co.uk/portfolio/allantide-the-cornish-halloween/

Finally, last month, continuing the climate change theme, I included the way that the amount of CO2 in the atmosphere goes up and down with the seasons. One thing I didn't mention, was that we have passed a significant milestone (http://www.bbc.co.uk/news/science-environment-37729033). 400 parts per million (ppm) of CO2 globally and the last time CO2 was regularly above 400ppm was three to five million years ago. On the other hand there is also some really good news For the first time over half the world's energy generation was from renewable sources http://tinyurl.com/jd3fas3; at last a good record broken!

Tony Wainwright



Martin's Slow Braised Pheasant

the pheasant, with the male cock's vivid and varied plumage and the female's subdued yet still attractive colouring

No-one knows precisely when the pheasant was first brought to

British shores, or whether we should thank Roman Soldiers, Normans

or Phoenician traders for their introduction.

Common pheasants are bred to be hunted and are shot in great numbers in Europe, especially the UK, where they are shot on the traditional formal "driven shoot" principles, whereby paying guns have birds driven over them by beaters, and on smaller "rough shoots". Generally they are shot by hunters employing gun dogs to help find, flush, and retrieve shot birds. Retrievers, spaniels, and pointing breeds are used to hunt pheasants. Pheasant season in the UK begins on the first of October and ends the first of February. The carcasses are often hung for a time to improve the meat by slight decomposition, as with most other game.

Slow Braised Pheasant, Cyder, Leeks and Mushrooms

I oven ready Pheasant (keep the bones for stock)

Lay the pheasant upside down and with a pair of sharp kitchen scissors cut along the back bone from the breast following the line of the bone through the leg joint to the parson's nose. Repeat on the other side of the back bone.

Flip the bird over and with the hilt of a large chefs knife, cleaver of the ends of the legs that will have been tucked under the breast. Remove the breast bone (wish bone) as this makes it easier for filleting - I use a combination of a sharp knife and scissors.

Next with a sharp knife find the spine bone, which on pheasant is usually very visible, cut down on one side along the breast bone, then slow repeat this time following the line of the breast cage until you are at the bottom of the bird.

So what you are left with is a boneless breast joint with the leg attached to it - or at least hopefully that is what you are left with! I was doing this today and I am now regretting that I did not take any photos - needless to say this is a messy job!

Braising the bird

I large leek/ per 2 birds 250g mushrooms/ per bird wild if possible. Cyder ¼ pint per bird I onion sliced/ per bird keep all of the vegetable trimmings!

First prepare all the vegetables, so with the leeks remove the top and the outer leaves, cut in half length wise and slice. Chop the mushrooms and peel and slice the onion.

In a large pan fry the pheasant bones legs and all, it's all flavour, and that's what we are looking for when the bones are nicely coloured add the veg trim, onion skin, leek tops and any thing else you have to hand, carrots add a sweetness to stock!

Cover with water and bring to the boil, then simmer for at least 2 hours, you can cheat on this by adding a chicken stock cube or two to the stock or just skip this step and just use chicken stock.

NB This is the difference between a chef and a cook, a chef will go that extra mile to make a good stock, whilst a cook will just use a stock cube. So this puts me $\frac{1}{2}$ chef $\frac{1}{2}$ cook because I use reduced stock glacé to enhance the flavour.

 $\frac{1}{2}$ litre double cream, bay leaf, thyme and 1 lemon, salt & pepper

Turn your oven, up high, yes 230/250 normal, 230 fan, let it get up to heat.

In a deep lipped roasting tray add the mushrooms on top of this place the pheasant and top with the leeks and onions, add a drizzle of oil and mix, then season well with salt and pepper. Try to keep some of the leek/ onion above the pheasant, - what you want to do is colour it. Do not worry, charring is good, it's all flavour. Timing wise, you have to check it yourself, when it's golden brown it is done.

Turn the oven down 120c and remove the tray. Ok, so if your stock is nicely reduced and tasting great add it, but if not, just add the cyder, herbs, lemon and cream (the stock can be added later). Cover the roasting tray with foil and slow cook for 2/3 hours - the later the season the birds will need longer, also hens cook quicker than cocks!

Once cooked, remove birds from the cooking tray. Taste the sauce, add some pheasant stock, and put in a pan to reduce, boil/simmer until the sauce is tasting good. If you want to thicken it use a paste of cornflour and water - mix together to form a paste, and then add as needed but beware add it a bit at a time as it will go thicker with heat! And use a whisk!

If you have been down to Port Gaverne you will know it is hunting season - they all come down in their 4 by 4s and shoot the birds out of the sky, and thousands of them go into land fill - so I urge you to find a local butcher. Do not pay more than £4 max for a brace or if you are brave and fancy doing the whole hanging thing, let me know - martin.portisaac@gmail.com

Did you know: Pheasants can run at the speed of 8 to 10 miles per hour and fly at the speed of 35 to 45 miles per hour. Pheasants are also able to swim.

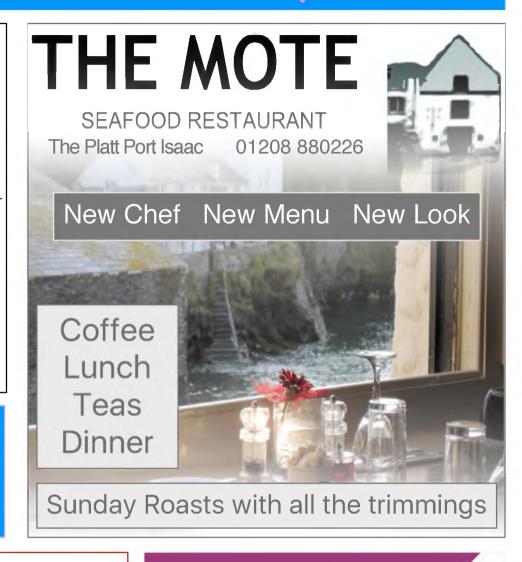
The Trio Directory

Nicki B's Pasty Shop

OPEN EVERY DAY FROM 8.30am

Telephone: 01208 880099

to advertise in Trio call 01208 880905 or email: triopi@mac.com



Andy Penny General Building Services

Specialising in Glass Fibre Flat Roofing All General Building Work Plastic Fascia & Guttering Brick Paving & Patios

07532 478 451/01208 880985

07532 478 451/01208 880985 andy@andy-penny.co.uk









Restaurant Nathan Outlaw Port Isaac

Offering a seafood tasting menu at lunch and dinner and a set lunch menu

Dinner - Wednesday to Saturday 7.00pm – 9.00pm Lunch - Friday & Saturday 12 noon – 2.00pm

For reservations: 01208 880896



Outlaw's Fish Kitchen

serving small, delicious plates of fish and seafood

Dinner - 6.00pm - 9.00pm Lunch - 12 noon - 3.00pm

Reservations taken for dinner only on 01208 881183

Outlaw's Fish Kitchen is now open 7 days per week!

www.thisisnorthcornwall.co.uk



SELF CATERING APARTMENT IN PORT ISAAC

Sleeps 2. Newly appointed and spacious with outside patio area. Parking.

Tel: 07929 274664

LARGE HOLIDAY HOME in PORT ISAAC

sleeps 10 log fire, gardens garage parking in village

for details call

07967 089766

HOLIDAY HOME in Port Isaac

Spectacular views.
Sleeps up to 7 people.
Quiet gardens. Dogs welcome.
Parking for two cars.

Contact:

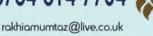
r.meere@btinternet.com



Spring Cleaning Holiday Change over Commercial & Domestic Cleaning

For details or a no obligation Quote please ring Rakhia on

0754 014 7734



References Available

DBS Checked

Roy Speakman

A.B.I.C.C.
BUILDING CONTRACTOR

Specialist Carpenter
Period Reconstruction
Kitchen/bathroom installations
All roof work undertaken

Tel: 07790 602404 email: rwsbuild@live.co.uk

Brooks & Jeal

Chartered Accountants

Business Start up
Property Letting Advice
General Business Advice
Accountancy
Personal & Business Tax Advice
Bookkeeping, VAT & Payroll
Business Forecasts & Plans
Company Formation
Company Secretarial Services



Eddystone Road Wadebridge Cornwall PL27 7AL www.brooksandjeal.co.uk T: (01208) 812129 F: (01208) 816798



M.E.R. ELECTRICAL SERVICES

All types of electrical work carried out

Security Alarms CCTV Good rates Free estimates No call out charge

PORTABLE APPLIANCE TESTING (PAT)

Registered with local authority for Part P of Building Regs

For a friendly, reliable service call Mark on

0779 4782627

markroutledge544@yahoo.co.uk

NICOLA O'MARA interior design



DAVID PHILP

FOR ALL YOUR GARDENING NEEDS

The Lodge, Trelights
Port Isaac, Cornwall PL29 3TH

Phone **01208 880056**Mobile **07817 161136**

Email peapipod@btinternet.com

for all your garden maintenance
Grass Cutting
Garden Waste removed
Power spraying
Full Insurance

K L Honey Ltd

Building & Renovation Contractors

Tel: 01208 880609 Mobile: 07971 479309

Email: klhoney@btconnect.com

to advertise in Trio call 01208 880905 or email: triopi@mac.com



GARDEN OF EDEN



LANDSCAPING SERVICES

Maintenance: Lawns, Hedges, Pressure Washing Hard & Soft Landscaping, Patios, Fencing, Turfing etc Plant Supplier, Compact Tractor & Mini Digger work

For a free estimate phone Jim Dyer on

01208 851916 or **07970 919389** (mobile)

www.jdyerlandscaping.co.uk Churchtown Cottage Fore Street St Teath PL30 3JA

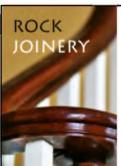
The Peapod



Italian leather handbags, scarves and jewellery

FOLLOW THE Dog collars and leads in lovely prints PEAPOD ON FACEBOOK made in England. Selection of natural wax
gel candles and lots, lots more

26 New Road, Port Isaac, PL29 3SB Tel: 01208 881197



Hardwood & Softwood Joinery Specialists www.rockjoinery.co.uk

Richard Collins

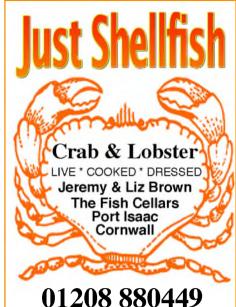
Unit 2 Pityme Business Centre, St Minver Wadebridge, Cornwall

t: 01208 862145 (day), 01840 213733 (evening)

m: 07721 721464

Want to advertise in Trio?

Call 01208 880905 or email: triopi@mac.com



KERNOW ECO CLEAN

Professional Carpet & Upholstery cleaning

Domestic & Commercial

Fully insured
Friendly & efficient service
Excellent prices

01208 841117

R.A. HANCOCK

ELECTRICAL CONTRACTOR

AGRICULTURAL & DOMESTIC WORK
SALES & SERVICE
SLIMLINE RADIATORS
DIMPLEX & CREDA
COMPLETE SHOWER INSTALLATIONS

Hartland Road Port Isaac **Telephone: 01208 880328**

remember to say you saw it in TRIO

BRIGHT SOLUTIONS

Tony Bright
Painter & Decorator
CITY & GUILDS QUALIFIED

External & Internal

Friendly Professional Service References supplied on request

01840 213694 / 07765 632164 TONY.BRIGHT@HOTMAIL.CO.UK

LOCAL

Doctor's Surgery - 01208 880222

Repeat Prescriptions - 880242

NHS 24-hour Helpline - 111

Royal Cornwall Hospital (Truro) - 01872 250000

East Cornwall Hospital (Bodmin) - 01208 251555

Derriford Hospital (Plymouth) - 08451 558155

Local Dental Helpline - 01872 354375

Police (non-emergency) - 101

PCSO Claire Drennan - 0845 6567930

Civil Enforcement Parking Team - 0300 1234222

Rev Judith Pollinger - 01208 880181

Harbour Master - Byron Buse - 01208 880321

Lifeboat Operations Manager

- Chris Bolton - 01208 880256

Electricity - 0800 365900 **Power Cuts** - 105

Water helpline - 0800 1691144

Parish Council:

stendellionpc@gmail.com

Cornwall Council - 0300 1234 100

Bowithick Tip - 01840 770778

Vet - Nutes - 01208 813258

Cornish Cove

... is now open for breakfast, morning coffee, lunch, afternoon tea ...

lovely homemade cakes, quiches and sandwiches

all produce locally sourced

we look forward to seeing you

The Cornish Cove Fore Street Port Isaac Telephone: 01208 880250

TREMEER HOME IMPROVEMENTS

High Quality
Conservatories,
Extensions, Windows
& all building work

Peter Lobb 01208 851182 07798 644293





Tel: 01840 261221 Tavistock: 01822 664554 Mob: 07737 533392 www.sweepdevon.com



Muts@uts



Dog groomer

Please call me to discuss your dogs individual needs.

www.mutscuts.co.uk
Mob: 07549 040 316
Tel: 01208 850616
Facebook: mutscuts

Crispins St Teath PL30 3JB

log on to www.thisisnorthcornwall.co.uk

The Trio Print Service

We offer a village printing service to help offset the cost of *Trio*.

We can print in full colour up to A3, single or double sided, on paper or card. The machine can tri or bi-fold leaflets or staple booklets. As well as leaflets and brochures we can print flyers, posters, menus etc. We also offer a design service or can prepare your design ready for printing.

To find out more contact Dee on 01208 880905/880862, email: dee54@mac.com



www.thisisnorthcornwall.co.uk

RUSSELL RICHARDS

Roofing & Building Services

Tel: 01208 841813

Mobile: 07967229291

Email:

russ.richards69@btinternet.com

to advertise in Trio email: triopi@mac.com

PAUL HONEY

PAINTER & DECORATOR

INTERIOR & EXTERIOR MAINTENANCE, WALL & FLOOR TILING, ARTEXING, COVING & WALLPAPERING

Tel: 01208 881122 Mob: 07773 305626

PHONEY247@BTINTERNET.COM



k i I n

a new studio shop

with hand-painted china by artist sue pullin

+ a range of hand-picked homewares, gifts and stationery

from cornwall and scandinavia

3 MIDDLE STREET, PORT ISAAC, CORNWALL, PL29 3RH

t: 01208 880578 e:info@kilnstudio.com w: kilnstudio.com

J.M.C.

PROPERTY MAINTENANCE

Window and Gutter Cleaning Painting and Decorating Algae Control Fencing Grass and Hedge Cutting Small Building jobs Fmail:

jamie.carthew@aol.co.uk Mobile: 07891 376145



remember to say you saw it in TRIO

The Old School Hotel & Restaurant Fore Street, Port Isaac PL29 3RD Tel: 01208 880721

Cream Teas & Coffees • Lunches Afternoon Teas & Sandwiches • Evening meals

We are open to all, all day, every day starting at 8:30am for Breakfast

Try our Takeaway Fish & Chips and **Homemade Burgers!**

All our food is freshly made to order using local produce where available

Visit our website for offers, menus and the latest info:

www.theoldschoolhotel.co.uk

BREAKFAST, LUNCH, SUNDAY ROAST, CREAM TEAS. HOME-MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB AND FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD AND CHEESES. GIFTS AND CRAFTS.



Shop & Restaurant open daily from 9am

Winter Warmer Special

**2-courses including homemade dish made using our homeproduced meat, followed by homemade crumble with custard and tea or coffee ... £9.95 per person

offer available daily throughout November, excluding Sundays



CHRISTMAS TREES and HANDMADE WREATHS

on sale early December

Bookings now being taken for Christmas functions ... please contact us for further details

TELEPHONE: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA, RIDE-ON TRACTORS AND DIGGERS, PETS CORNER Follow us:

Find us on the B3314 at St Endellion, nr Port Isaac



Nicola Vickery Interiors Your concept, my expertise T. (01208) 880834 www.nicolavickervinteriors.co.uk

Roman blinds, curtains, voile blinds, cushions, upholstery all traditionally handmade in Port Isaac.

Full interior design, property buying & project management service.

WINDOWS XP Your Local WINDOW CLEANER

Domestic & Commercial eco-friendly, pure water system, fully insured, regular and reliable

Call John Brown on

07815 156632

to advertise in Trio call 01208 880905 or email: triopi@mac.com



FRESH FROM The sea

PORT ISAAC 01208 880849

Sustainably caught Lobster and Crab, landed daily in Port Isaac and delivered straight to our shop at the top of the hill. Available cooked, dressed, in a sandwich, boxed to take home or even live.

A selection of seasonal wet fish from Cornish Day Boats members of the Responsible Fishing Scheme

Come and see us for a handpicked Crab Sandwich or a Lobster salad and glass of wine



18 New Road, Port Isaac, PL29 3SB www.freshfromthesea.co.uk

log on to

www.thisisnorthcornwall.co.uk

Dev and Steve welcome you to

TERRACE TEA ROOMS

and Bed & Breakfast

2 Tintagel Terrace,
Port Isaac PL29 3SE.

email info@terracetearooms.co.uk
www.terracetearooms.co.uk
Telephone 07908 436262

Western Supply BELLES Roofing Landscaning

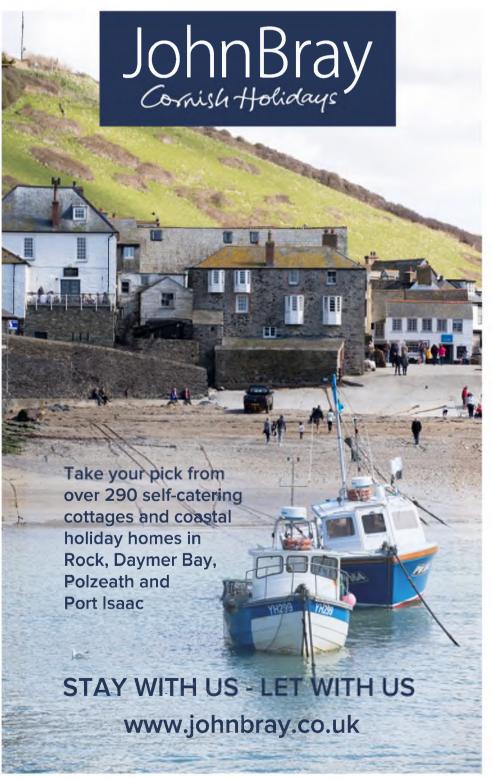
 $\begin{array}{c} \textbf{Timber} \cdot \textbf{Building Materials} \cdot \textbf{Roofing} \cdot \textbf{Landscaping} \cdot \\ \textbf{Plumbing} \cdot \textbf{Electrical} \cdot \textbf{Paint \& Decorating Products} \end{array}$



Atlantic Road, Delabole, PL33 9DN t: 01840 212580

Trade & Public Welcome

www.westernsupply.co.uk







Tel: 01208 850431 E-mail: plumbline93@yahoo.co.uk







- · All Aspects Of Plumbing
- · Oil Heating
- Biomass Heating
- Wood Burning Stoves
 Geo-Thermal Heating
- Servicing
- · Central Heating & Underfloor Heating
- Solar Heating
- · Bathroom Installations & Tiling
- Water Harvesters
 Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305 98 HIGH STREET, DELABOLE PL33 9AQ

TRELAWNEY GARAGE

14 New Road, Port Isaac

01208 880536

Servicing & Repairs Breakdown Service Accessories

Overheating? Air Conditioning Servicing & Recharging now available

GAS DELIVERIES 13kg, 19kg & 47kg

Remember to say you saw it in TRIO

log on towww.thisisnorthcornwall.co.u





PIZZERIA

Quiz Night

Teams of up to 4 members £2.50 per person to include pizza & fries at half time Wednesday November 16th (and Wednesdays after) Prize for winning team

10 New Road, Port Isaac - next to Trelawney Garage

01208 881384



Fish & Chi locally supplied fish, freshly cooked in a light, crispy batter

plus burgers, sausages, chicken, cold drinks etc

01208 880281

see window for opening hours



T.F. GRILLS and Sons

Building and Carpentry Painting and Decorating

Free Estimates

Telephone: 01208 880094 07875 221222

email:

markcgrills@googlemail.com





Hopi Ear Candling

Gift vouchers available

Friendly office open Monday-Friday 9.30am-12.30pm

Appointments out of office hours by arrangement

Trebiffen, Boscastle PL35 OBN Tel: 01840 250200 Fax: 01840 250900



SRHEWETT & sons

electrical contractors

Tel: 01208 880319 Mob: 07836 525443





DENNIS KNIGHT

Proprietor: JT Collins

WHOLESALE & RETAIL FISH MERCHANT FISH CELLARS. PORT ISAAC

FRESH FISH DAILY OPEN SIX DAYS A WEEK



Tel/Fax/Answerphone: 01208 880498

Mobile: 07969 555182

Want to find out what's happening in the Village?
Read your *Trio* and look on the Trio Diary page.
Make sure your event is included here!
email info to triopi@mac.com or call 01208 880905

Trio Copy Date for the Christmas edition
COPY DATE - December 1st
PUBLICATION DATE - December 8th

WHAT'S ON

Monday October 31st

Children's Halloween Fancy Dress Disco in the Village Hall - 4pm-6pm

Saturday November 5th

Annual Bonfire & Fireworks at Port Gaverne. Bonfire 7pm, fireworks 7.15pm

Wednesday November 9th

Angel Lantern Build, Valley Studio - 3pm onwards

Thursday November 10th

Golden Circle meeting - Elaine from Bruallen gives a Christmas Decoration demonstration - Port Isaac Village Hall - 2.30pm

Sunday November 13th

Annual Remembrance Service in St Peter's Church - 10.30am

Children's panto rehearsals begin in the Village Hall - 4pm

Tuesday November 15th

Golden Circle Christmas Shopping Trip to Barnstaple

Saturday November 19th

Endelienta Scholars Concert at St Endellion Church - 7.30pm

Wednesday November 23rd

Port Isaac School Christmas Bingo at the Poldark Inn

Saturday November 26th

Village Hall Soup & Sweet Lunch in the Hall from 12noon

Sunday December 4th

Zoltan Ensemble concert at 3.00pm at St Endellion Church

Tuesday December 6th

SIng-up in the Golden Lion to learn the Angel anthem - 7.30pm

Wednesday December 7th

Port Isaac School Christmas Fayre - 3.30pm

Friday December 9th

Port Isaac Village Hall Christmas Cash Prize Bingo in the Hall - eyes down 7.30pm

Wednesday December 14th

PISCES Christmas Carol Evening in St Peter's Church with Port Isaac Chorale, Gulls and children from Port Isaac School - 7pm

Wednesday December 28th
Thursday December 29th
Friday December 30th
Monday January 2nd
Snow White and
the Seven Dwarfs the Port Isaac Panto in
Port Isaac Village Hall

2017

Saturday February 18th

Johnny Cowling night in Port Isaac Village Hall

Church Services

St Peter's Church, Port Isaac - First and Third Sundays in the month - Morning Worship at 9.30am and Second, Fourth and Fifth Sundays in the month - Holy Communion at 9.30am

St Endellion Church - Every Sunday at 11am
Trelights Methodist Church Sunday Service at 6pm

Regular Events

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the VIIIage Hall. Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm-4pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262