

Angel, in the sky ...

trio

constant sound
of sea
our harbour's
shining lights ...

through
the stardust
fly above
bring your
message,
gifts and love

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Shop in the Co-op and support Port Isaac Village Hall or Port Isaac Stay & Playgroup

You can still support the Village Hall or Stay & Playgroup when shopping at the Co-op. For every £1 you spend on Co-op branded goods, you get 5% and another 1% goes to the local cause you have selected.

BIG CHRISTMAS RAFFLE

Port Isaac Co-op are also hosting a special Christmas raffle on Saturday and Sunday December 17th & 18th to help raise the funds to complete the Village Hall new sound and light system. Tickets will be just £1 each and there are lots of good prizes on offer.

The Village Hall and Drekkly Theatre Company would like to thank the Co-op and Port Isaac Manager Darren and Community Pioneer Mel and all the staff for all their support. It is very much appreciated and in the longer term will be appreciated by all the Hall users who need light and sound for their event. Thank you.

a TRIO of angels

The prize goes to ...

every child in Port Isaac School and some of the nursery children who all sent in an Angel picture for this Christmas issue of Trio. Every single Angel is lovely and is in this issue ...

Thank you to you all



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The Christmas lights switch-on ... and what a special night

We are a village of angels in more ways than one! Huge congratulations to Chris Lanyon and his team, especially Andy, Alison & Tom Penny and Tom Brown (the putter uppers), and to the ARTiculate team (the angel makers) and to everyone else who helped in anyway.

It was definitely a village affair. In the run up ARTiculate made the Angel and everyone was invited to add their Christmas wishes to the sculpture. The Stay & Playgroup made snowflakes to decorate her. Port Isaac school children made lanterns for the parade and the Village Hall was packed with local children (and adults) making lanterns on the Sunday before the switch-on.

Our streets were filled with a giant Angel and a sea of beautiful white lanterns processing down the narrow streets to the harbour. It was an amazing sight as the lantern procession rounded the tight corner at the bottom of Fore Street and everyone realised just how big and amazing our Angel was. As the Angel looked over the Platt the Port Isaac schoolchildren sang the Angel Anthem that they had written and there weren't many dry eyes looking on!



Our Angel has now took up residence in St Peter's Church where she will watch over our Christmas songs and services.

On behalf of everyone,
THANK YOU



**Port Isaac Village Hall
Committee thank you
all for your support
during 2016 and wish
you a very Happy, Merry
& Peaceful Christmas
and New Year**



2016 has been a good Village Hall year. *The Doc Martin Fund* gave us the money to install our access lift and also gave matched funding to the Hall and the *Drekky Theatre Company* for a new light and sound system. This is nearly complete and will be in action for the pantomime and will be completed in the New Year. The matched funding was helped by a generous donation from *The Big Swim* and swimmers and is still being helped by the *Co-op*. Thank you to everyone who has helped us.

Looking forward, the work is going to start on our new side extension. With money we have raised the first stage of oversite work will happen in January. We have split the project into stages which we will undertake when the money is available. So, watch this space ...



Four defibrillators in the Parish



Thanks to fundraising by Harry Hambly, The Fisherman's Friends, Port Isaac Rowing Club, The Doc Martin Fund and the community of Port Isaac, along with FLEET (Front Line Emergency Equipment Trust) we now have three Defibrillators in the village. These are sited outside *Secrets*, outside *John Brays* and outside the *Port Gaverne Hotel*. In addition Trevathan Farm have single-handedly raised money to fund a further one that is fitted on the outside of the Endlienta stone barn (on the main road opposite the farm shop).

If you are interested to find out more about what to do in an emergency and how the defibs work, you are invited to Port Isaac Village Hall on Thursday January 26th at 7pm when Norman Trebilcock MBE, the founder and General Manager of FLEET, will be coming along to answer any questions and give a demonstration.



There are two types of cabinets and ours are SMART ones that are monitored via the internet and checked every 15 minutes. The door lock is checked every day and every caller who dials 999 and describes what might be a cardiac arrest will be directed to the nearest cabinet and the door will be opened, via the internet, by Ambulance Control. There are full and easy instructions on the cabinet and the systems guides the caller exactly what to do. The system then alerts up to ten mobiles in the village and sends out three messages; the first when the cabinet is activated, the second when the cabinet is opened and the third when the defibrillator is removed. The internet is

backed by a telephone SIM card and GSM signal whilst the electrics are backed up by an internal battery system.

The cost of each cabinet is £3450 plus VAT and there is an annual surveillance charge of £295 plus VAT. FLEET provides free installation and the building/business where the cabinet is sited provides the internet access and electricity.



Christmas rubbish and recycling collections

There will be no rubbish, clinical waste, recycling or garden waste collections on Christmas Day or Boxing Day.

Our collection day is not affected and rubbish will be collected on Tuesday December 20th and Tuesday December 27th. Recycling will be collected on December 20th and January 3rd 2017.

To view the full collection calendar go to www.cornwall.gov.uk





**Port Isaac Christmas
Presents ...**
So much to choose from



**Happy
Christmas**

**and all good wishes for 2017
from the PISCES team**

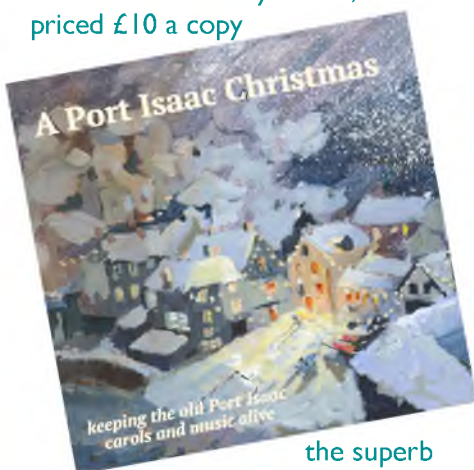
Next year we see a return of Doc Martin to film in Port Isaac.
Meanwhile, PISCES' will continue to record the real living history
of Port Isaac and to share it for future generations.

We thank everyone for their generous support and look forward to
another exciting year of local history exhibitions!

Find us on www.portisaacheritage.com

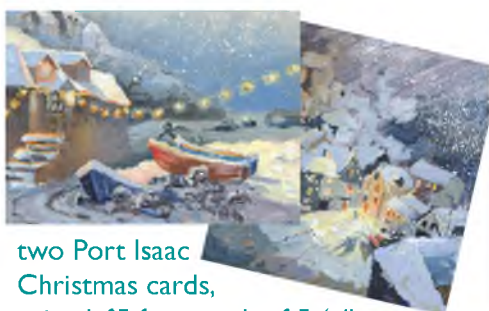


PISCES two award-
nominated cookery books,
priced £10 a copy



the superb
collection of Port Isaac Carols
priced £10 a copy (all proceeds to Port
Isaac School)

Books and CDs available from *The Pottery or Secrets*. Alternatively you can
purchase from the PISCES website,
www.portisaacheritage.co.uk



two Port Isaac
Christmas cards,
priced £5 for a pack of 5 (all
proceeds to Port Isaac Village Hall/Drekky
Theatre Company Sound & Light fund),
available from *The Pottery or Secrets*



Wednesday December 14th

St Peter's Church - 7pm

with the Port Isaac Chorale, Gulls and children from Port Isaac School



traditional
Port Isaac
carols

music,
mince pies,
mulled wine

old and new
Christmas
music



see the Angel installed in the Church for Christmas
plus a special performance of the Angel Anthem,
written by the children of Port Isaac School

plus
**The Friends of PISCES
annual draw**



Port Isaac Chorale

Christmas has started! Early festivities are underway and members of the Chorale are looking forward to being part of the community spirit here in Port Isaac. Music has the extraordinary power of uniting people together and the annual Pisces Christmas Evening in St Peter's Church on December 14th at 7pm will be one such occasion to share with other singing groups in celebrating this special time of year, retelling the Christmas story through song - some new, some traditional and of course some with a particular Cornish twist. With angels, mulled wine and mince pies, come and start your Christmas in the warm intimate atmosphere of glowing lights and gentle harmony away from the pressure of commercialism.

If, however you prefer the hustle and bustle then the Chorale will be taking to the streets and busking outside Tesco's on December 17th at 2.30pm. Wrap up warm!

To finish the year, the Chorale will once again be singing at St. Kew Church on December 18th after which we meet for our annual Xmas Supper - always a lively event and an opportunity to, well, talk and talk!

We Wish You All a Happy and Musical Christmas and a Peaceful New Year

To find out more about the choir please contact Pat Pearson (Secretary), on 01208 880969 or Janet Townsend on 01208 880505.



THE LAVOLTA ENSEMBLE Saturday 21 January, 7.30 pm

This stunning chamber ensemble, featuring vocalists Sarah Owen and Kate Westbrook together with an 11-piece band, presents a concert of 20th century music. The programme includes William Walton's jaunty settings of Edith Sitwell's poetry 'Facade 2' and Luciano Berio's extraordinary 'Folk Songs', collected from around the world, alongside music by Kurt Weill, Vaughan Williams and Master of the Queen's Music, Judith Weir. *'Brilliant, tight, disciplined playing and dazzling vocals...'*

Tickets for both these concerts are £10 (free to accompanied under-16s), available from the Endelienta Box Office: telephone 07787 944935 or online at www.endelienta.org.uk Or you can call in at the Wadebridge Bookshop, 43 Molesworth Street, Wadebridge.

Endelienta looking for volunteers

Endelienta, the arts programme at St Endellion, is looking for volunteers who are interested in helping to run our year-round programme including our annual Book Festival in October. We are a small, enthusiastic, hard-working team who do this for the love and fun of it. If you have a little bit of time to spare and might like to consider joining us, please read on:

We are specifically looking for people to play key roles in the following areas (any of these could be shared with a friend):
Box Office management
Marketing & publicity
Front of House and event management

We are also looking for people to help on a more casual basis in these areas: stewarding; operations; bar/café; management and logistics; assisting with our schools/ community projects.

Depending on your interests and availability, you could give just a few hours a year, or a few hours a week. All ages are welcome - whether you are at the beginning,

middle or end of your career.

To find out more about the organisation, go to www.endelienta.org.uk and www.ncornbookfest.org

To have a chat about volunteering, please call Catherine or Ian on 01840 214613.



Endelienta



The best way
TO SPREAD
CHRISTMAS
CHEER
is singing loud
for all to hear

Exhibition success for Endelienta

In early November, the North Cornwall arts charity *Endelienta* opened its first ever Open Exhibition at St Endellion Hall.

The exhibition brought together a selection of more than 60 works by 18 talented artists from the region and beyond in a visual art show of paintings, etchings, relief prints and pastel works.

A panel of three expert judges: artist Caroline Cleave, Terre Verte gallery owner Richard Sharland and local exhibitions organiser Henry Grattan, awarded the winning prize of £150 to artist Nicky May from Week St Mary for her painting 'Winter Sunlight'. The two runner-up prizes (£75 each) went to Philippa Bartlett from Polzeath for 'The Morning After' and to Dorothy Hanna from Launceston for 'Retreating Storm'.

For further information about the Open Exhibition visit www.endelienta.org.uk, or contact Endelienta Development Manager Peter Ursem via email to development@endelienta.org.uk

St Peter's Church Port Isaac



Our simple seaside Church is open to everyone, every day until about 4pm. We have a service every Sunday morning at 9.30am to which you will be warmly welcomed. You will also find our Church is a lovely quiet place, at any time, to just sit and reflect and be peaceful.

The Church is also home to PISCES (Port Isaac Shared Community Exhibition Space) and you can enjoy the silence and take a look at the current PISCES exhibition - a regularly changing look at life in Port Isaac in days gone by, up to the present day.

Church Diary Dates

Sunday December 11th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
10.55am: Sung Eucharist
with Act of Remembrance,
St Endellion Church

Sunday December 18th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Morning Worship,
St Endellion Church

Saturday December 24th - Christmas Eve

3pm: Christingle, St Peter's
Church, Port Isaac
10pm: Holy Communion, St
Peter's Church, Port Isaac

Sunday December 25th

11am: Sung Eucharist,
St Endellion Church

Sunday January 8th

9.30am: Morning Worship,
St Peter's Church, Port Isaac

Sunday January 15th

9.30am: Holy Communion,
St Peter's Church, Port Isaac

Sunday January 22nd

9.30am: Morning Worship,
St Peter's Church, Port Isaac

Sunday January 29th

9.30am: Holy Communion,
St Peter's Church, Port Isaac

"Chestnuts roasting on an open fire ..."



Well where did Autumn go. It seems like just yesterday that we were singing Harvest hymns and giving thanks for what, even the local farmers admit, was a pretty good harvest. Now Christmas will soon be upon us and another year will have passed by, but the days leading up to December 25th are a special time. Lists to write, presents to buy, plans to be made. Perhaps seeing old friends or delighting when that

card drops through the letter box from a former colleague or friend that you have largely lost touch with. Bright lights in the shops and carolling in frosty air. Cakes to bake and puddings to stir. I love it all but I know that it won't be so joyous for some. It is a very hard time for those who are alone especially so if they have been recently bereaved, and there are those who will struggle through the days of Christmas to keep body and soul together just as they do throughout the year.

So when you are thinking of your present list this Christmas do think of those for whom the smallest kindness will be a gift beyond compare. The neighbour who is all alone and will be so delighted with a visit. Those who cannot afford to buy even the smallest luxury who will treasure a gift that says they are not forgotten, and those in our community who cannot find a way to buy presents for their own children. Christmas should be a time when society comes together but it is often the very opposite. It can become so easily a time when we are so involved and obsessed with our own world that we fail see beyond our immediate circle.

The days leading up to Christmas are known as Advent. It is the start of the church's year because as Christians we look towards the birth of Jesus. The shepherds coming to worship the infant in the stable and the three Kings bringing gifts. It is a time when we remember and rejoice that the Son of God came to earth for us. Surely the greatest gift of all and as we delight in all that means should we not rejoice in what we can give to others.

David Foster

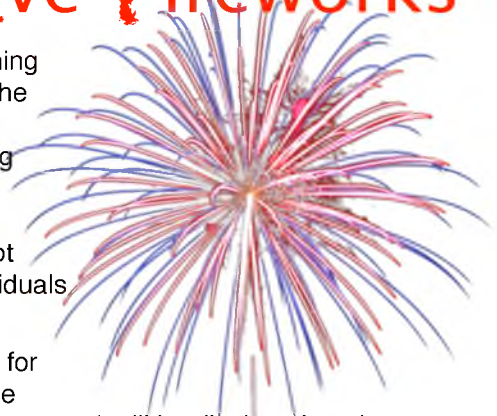
**Do you, or someone you know, need a listening
ear? Tel: David Foster on 01208 880008**





New Year's Eve Fireworks

It's that time of year again and we're planning the usual New Year's Eve fireworks from the Old School. Last year, as every year, we asked all the businesses that were opening on the night to share the cost with us and as usual we had a great response. A big thank you to everyone who contributed, not just to the businesses but also to the individuals who gave money.



Once again, we're asking for contributions for this year's display. The names of everyone who does (unless they want to remain anonymous) will be displayed on the notice boards outside the Old School on the night, on our website and in the next Trio. If you would like to contribute, please pop in to reception. Thanks in advance & we hope you enjoy the show!

Happy Christmas from Jake, Bonnie, Rick and all the Old School team

Our MP, Scott Mann talks to Trio ...

As we head towards Christmas and start getting into the festive spirit, I was delighted to see Cornwall getting three early Christmas presents in November's Autumn Statement, with the Chancellor announcing tens of millions of pounds for our roads and charities.

With cold weather setting in across the county, it is likely more potholes will begin to appear on our roads, and that's why I welcome the £1.8 million pothole repair fund for Cornwall which will make sure more holes are filled in. This will repair 35,000 potholes across Cornwall, and a highways maintenance grant worth £20 million will also be provided in 2017/18.

The Chancellor also announced £1 million for the Cornwall Air Ambulance Trust which is trying to buy a second helicopter. This new air ambulance is key to ensuring emergencies in Cornwall are tended to quicker and that more peoples' lives are saved.

The Treasury also recognised the need for greater support for rural businesses, and I was delighted to hear that from next April, the Rural Settlement business rate relief scheme will be doubled from 50% to 100%. This means many pubs, shops and petrol stations in villages around North Cornwall will be able to get all their business rates waived.

A few weeks ago I was also delighted to hear the latest results for bathing water quality in North Cornwall, which found that 14 of the constituency's most popular beauty spots were rated Good or Excellent. This is great news for local residents, tourists and the marine environment, and Cornwall as a whole had very good results as well.

It was also in recent weeks that the High Court ruled in favour of making main residency conditions for new builds houses, which I know is a hot topic in North Cornwall.

Earlier this year St Ives put their Neighbourhood Development Plan to a local referendum, which stipulated that second homes could not be built. This was immediately appealed by a property developer, but this challenge has been ruled against in the High Court.

Although such a condition cannot apply to existing homes, this will hopefully help local people buy new homes and will also set a precedent for other parishes and towns to have a similar condition in their own Neighbourhood Plans, many of which are now considering this.

Already the Government has introduced an extra 3 per cent stamp duty for second homes which will be used to fund more affordable homes. This includes the £20 million self-build fund for the South West which I lobbied for earlier this year.

There are villages all around Cornwall's coast which have seen a surge in second home ownership, and although we welcome people to come and stay in our beautiful county and their spending, local communities have felt left behind and ignored. It's time that we bring some balance to our current housing policy, which unfortunately hasn't been addressed for decades.

*Contact at: 10 Market House Arcade, Fore Street, Bodmin PL31 2JA
Tel: 01208 74337*

Cornwall Christmas Box

Christmas is a time of joy and celebration but for those living on the breadline, Christmas can emphasise the difficulty of their circumstances. For the past 13 years, Truro Vineyard church have been collecting Christmas dinner boxes to give away to families in Cornwall in need.

Nicki B and Alice are collecting for these boxes. They thought when they started they might get enough to put together two or three boxes. Wrong! This has really taken off and already they have much more than they ever expected and they now aim to fill as many boxes as they can. If you want to donate you have until December 11th to drop anything down to Nicki B's. Goods wanted include:

Tinned Meat, Potatoes,
Sweetcorn and Carrots
Bread Sauce mix, Cranberry Sauce
Gravy Granules, Stuffing mix
Christmas Pudding, Mince Pies
Tinned Fruit, Custard, Nibbles
Sweet Biscuits, Box Chocolates



2016 has been a special year for Port Isaac Rowing Club who celebrated their 25th anniversary and it has been an exciting year!



Port Isaac is a small community club with a big heart. With their three gigs, *Corsair*, *Roscarrock* and *Unity*, club members participate in everything from the World Gig Championships to local regattas, to the Great London River Race, all with great gusto and enthusiasm. Every year club members raise money for chosen charities and organise their annual regatta. They row out from Port Isaac whenever possible and on a sunny summer's evening or Sunday morning I can vouch that there is simply nowhere better to be!

We would like to take this opportunity to say a few words of thanks and appreciation to all those who have supported us over the years, both rowers, non-rowers and locals. Many have helped us raise funds for our small community club including Sharp's Brewery, Fisherman's Friends, Royal Cornwall Show, Angry Anchovy, May Contain Nuts, Dee at *Trio*, Fishlock Wines, Gary Dutton, Boathouse, Co-op, Nathan Outlaw's Fish Kitchen, Cornish Coast Adventures, Jo Downs Glass, GWR, Roger Young, Trevathan Farm, Cole Rayment White, Asda Bodmin, Buttermilk, Wavehunters, St Moritz, Hotel, Delabole Slate, The Cornish Farmhouse Bacon Company, Deli Farm Charcuterie, Roger Young Landrover and more, so great thanks everyone!

We have all enjoyed celebrating the 25th year of *Corsair* being launched in the village through a number of fun events which have really raised the profile of the club and helped recruit some lovely new members! It was also a great way to inform old members and people who used to be linked to the club about our progress.

In April our beloved gig *Corsair* was rededicated in a beautiful and memorable event, bringing all members of the community together. We were joined by Peter Reveley, aka "Dasher", the builder of *Corsair*. Rev'd Dr Elizabeth Wild, conducted the service and with singing from the Port Isaac Chorale this was a tremendous start to our year!

The World Championships saw success when our Ladies A crew did brilliantly to come top of their group and secure a podium place. The men were second in their group as were the ladies B and the Ladies Super Vets finished 8th.

June saw the Club exhibiting at the Royal Cornwall Show where we displayed *Corsair*, with lots of people coming to see us and have a go on the rowing machines! As a result some new members have joined.

A gig exhibition was also carefully negotiated with PISCES and it is now a permanent part of the PISCES rolling programme of annual exhibitions and an important part of the history of the village.

The visit of HRH Prince Charles to Port Isaac gave our beloved Jack Russell Terrier, Jenny, the 'Royal seal of approval' and made her even more famous! We were extremely honoured that our place in the community allowed *Corsair* to stand proud on the Platt on this Royal visit.

It was so good to see the friendly faces of so many of those with connections to the club at our formal celebratory Dinner Dance when our annual awards were made (details in last month's *Trio*).

Since 2010, the Club has raised thousands of pounds for charity and the members aim to donate around £1000 every year to their chosen charities. The Club has helped Shelterbox, Precious Lives, Cornwall Leukaemia Trust, Active8, Riding for the Disabled (North Cornwall), Cardiac Risk in the Young (CRY), Merlin Appeal (for MS sufferers in Cornwall), Children's Hospice South West, RNLI, and in 2016 our nominated charities include Cornwall Wildlife Fund and St Petroc's for the Homeless.

A big thank you goes to the Fisherman's Friends who let the Club hold a fundraising BBQ when they sing on the Platt. Around 25% of funds raised are donated to charity.

Our 25th birthday has been wonderful to be a part of. It has been a fantastic year and we are so proud to fly under the Port Isaac Rowing Club

banner.

Please do join us for our final event of the year, our annual Gig Push on Tuesday December 27th. We will be presenting cheques to our two nominated 'Charities of the Year', Cornwall Wildlife Trust and St Petroc's Society. We'll be serving mulled wine and bacon sandwiches outside the RNLI Boathouse in Port Isaac at 11am and the Gig Push will start at midday from the Slipway, Port Isaac to The Cornish Arms, Pendoggett, and back to Port Isaac. Everyone is welcome and help push the gig and please join us for refreshments afterwards at the Angry Anchovy.

On behalf of the Club, we wish you and your family a very Merry Christmas and a happy, healthy and prosperous 2017!



Websites of the Month

As I write this it is the first day of meteorological winter. The cold snap has brought with it some gloriously clear night skies. We also were treated last month to the 'Super Moon' when the Moon was closer to Earth than it had been since 1948 (if it hadn't been very cloudy that night!). So what does the web have to offer here when we have some nice clear nights ahead? I thought I would start with the Cornwall Astronomy Society <http://www.cornwallas.org.uk>. They are a group of amateur astronomers whose interests (according to their website) include: many areas of astronomy, cosmology, observing, astrophotography and telescope building

On their website there is a good selection of members photographs – one of the red super moon is particularly stunning – leaflets for joining up, links to lots of other useful websites and a place ads to buy and sell astronomy kit.

They also provide links to some programmes you can download onto your computer so you can have a planetarium. They say that stellarium is a good one <http://stellarium.org> and I tried the mac version and it worked well once you have set up your location. They also suggest for any new astronomers thinking of getting a telescope to have a look here <http://www.scopereviews.com/begin.html>.

They also have a link to the world famous Jodrell Bank Centre for Astrophysics website <http://www.jb.man.ac.uk/astronomy/nightsky/> where you are given details about what to look out for in the sky each month. Currently it has details for December and as an example it describes the December 14th and 15th after midnight when you can see the Geminid Meteor Shower. It gives a brief description of what you are likely to see and advice on the best way to view. It also tells you about which planets are visible and bright.

While these are very good value, they can be a bit technical but the BBC Sky at Night Programme that started in 1957 presented by Sir Patrick Moore for over 55 years <http://tinyurl.com/zsnvtkz> is still going strong and its website has lots of very easy to understand pictures and instructions on how to get the best out of the sky.

Here in Cornwall we are particularly lucky as we can find places with relatively less light pollution than in other parts of the country and on these cold December nights you can get particularly good views of the stars and planets and you can play with this interactive map <http://tinyurl.com/light-pollution-map> that shows the amount of light in different parts of the world.

Finally there are some very good smartphone apps that take advantage of the compass that is built into the phones that have GPS capability. My favourite one is 'Pocket Universe' and you can download it from the app store – when I last looked it was £2.29. This is really easy to use. You simply point the phone in any direction and it shows you which stars and planets are visible. In the picture of the evening sky over St Endellion you can see a planet and with the Pocket Universe app I could tell that it was Venus shining brightly. There are more complicated apps – another rather similar has Stephen Hawking to explain things for example – and these may be more to your taste.

Anyway with a clear sky and little light pollution you can get a very good view of the stars and planets and with the apps and information on the web, I hope you have an enjoyable time.

Tony Wainwright





news & views from Port Isaac School

**Merry Christmas
and a Happy New
Year from all of us
in school**



Author Visit

Billy Bob Buttons spent a morning in school with the children in Class2. He led a workshop on how to be a successful adventure writer and afterwards was available to sign books and answer questions.

Bulb Planting

The whole school got together recently to plant spring bulbs in the school grounds.

The children had to prepare their areas and design the layout they wanted before planting daffodils, tulips and crocus.

Over 600 bulbs have gone in so watch out for them all in the spring.

Children In Need

This year all the children came into school wearing spotty hats and made a donation for Children In Need. They also held a very successful Bake Sale and the total raised on the day was £101.47.



Christmas Performance

All welcome to the
Village Hall, Tuesday
13th December at
6pm for our
performance

**Rockin'
Robin Hood**



Parish Council report supplied to Trio by the Parish

Planning Applications

The following applications were received and Members made the following responses to Cornwall Council:

1. PA16/08897, Homer Park Farmhouse, Port Isaac – demolition of existing dwelling and construction of replacement dwelling with new boiler house, swim pool house and associated works. Members were unanimous in support of this renewed permission, however, they did request a condition detailing a construction plan in consideration of the partition of the three attached properties.
2. PA16/10158, Co-op, 31 New Road, Port Isaac – application for Advertisement Consent for the siting of 1 internally illuminated logo fascia sign, 1 internally illuminated logo projector sign, 1 internally illuminated logo sign and 3 non illuminated wall mounted panel signs. Members were unanimous in support of the proposal.
3. PA16/09770, 13 Hartland Road, Port Isaac – extensions to provide additional living and bedroom accommodation. Members were unanimous in support of the proposal.

Planning Applications Approved by CC – information only.

- i. PA16/04851, Land North East of Port Gaverne Hotel – new dwelling.
- ii. PA16/08194, 9 The Terrace, Port Isaac – introduction of off road car parking bay for two vehicles.
- iii. PA16/08327, 12 The Terrace, Port Isaac – build a garden room as ancillary to the main property.
- iv. PA16/07952, Signal Field, New Road, Port Isaac – new dwelling.

Planning Applications Refused by CC – information only.

- i. PA16/07413, Land S of 8 The Terrace, Port Isaac – demolition of single storey garage and erection of new two-storey two-bedroom house.

Public WCs

- i. New Road WCs – work on the New Road WCs are nearing completion and Members are seeking the advice of local Estate Agents as to the rent they can expect from the retail unit on the site.
- ii. Roscarrock WCs – Members wish to see these toilets remain open in 2017 and are due to meet with an officer from Cornwall Council to discuss this further.

St Endellion Cemetery

Members have granted permission (with conditions) to St Endellion Festival Trust to make a pathway from the road opposite the festival car park through the Parish Council's part of the grave yard to join the existing path to the Church.

Play Equipment Inspections

From April 2017 the Parish Council will be using a company called SchoolSafe to carry out monthly inspections of the play equipment on the Trewetha Playing Field.

Gillian Thompson
Parish Clerk / RFO

Email: stendellionpc@gmail.com

PORT ISAAC GOLDEN CIRCLE

New Year reminder!

**THURSDAY JANUARY 12TH
2PM IN THE VILLAGE HALL**

Shelterbox will be coming
along and telling and showing
us what they do

everybody welcome

The Royal British Legion Poppy Appeal in Port Isaac

Thank you to everyone who helped me to make the Poppy Appeal so successful. To all the collectors - shops, hotels, house-to-house and box holders - you were marvellous, helping to raise a record sum of over £4000. A special mention must go to Ron Newman who single handedly collected over £2000 and to the Co-op who raised nearly £500.

Thank you also to everyone who helped with the Remembrance Service making it so special.

And finally, thank you to everyone who gave so generously.

Annie Price, Poppy Appeal organiser





Martin's demo dish from the Padstow Christmas Festival

On Saturday December 4th, I got to demo a new dish that I have been working on at the Padstow Christmas festival.

This is an abridged version of the recipe to make it possible for anyone to try.

Smoked breast of Pheasant, chard, broccoli, pickled rhubarb and udon noodles in a miso stock

Smoking genuinely transforms the humble pheasant, into an elegant delicacy. Buy a cheap stove-top smoker or use a wok - coat the bottom in tin foil, add the smoking chips, place a cooling rack above and if you have a round rack that can be inserted into the wok, all the better, so long as it is at least three inches above the floor of the wok. Place the food to be smoked in the middle of the wok and cover with a lid or tin foil. Try and leave as much room for circulation above the food as possible.

Pickled Rhubarb

60g orange juice
60g lemon juice
60g castor sugar
60g rice wine vinegar

Bring all ingredients to the boil until the sugar has dissolved.

Chop 2 stalks of rhubarb into slices and place into a bowl, pour over the boiling pickling liquid and wrap with cling film and leave to cool. This will cook the rhubarb whilst infusing the flavour.

The Pheasant

2 oven ready pheasants - cut off the breasts and the legs, and use the rest of the bird, the carcass and drum sticks to make a stock (I would keep the thighs and confit them down to make another dish).

Brine

50g course salt
50g soft brown sugar
1 Lemon
bay leaf
Cardamom pods

Place all ingredients into a pan and cover with water, and simmer until the salt and sugar have dissolved, add 1 litre of cold water and let cool.

Once it is cool, place the pheasant breast into a container and cover with the brine, leave in a fridge overnight. This help draw all the blood and impurities out of the breast, and also season the bird. You will often find that some of the shot has been removed as well which is a bonus!

Smoking the bird

For the smoke if you can get your hands on them I would use apple wood chips for a more subtle taste, but oak will do, just remember less is more. If you use too much wood chips you will end up with a rancid, over smoked piece of meat. Place the breasts into the centre of the smoker leaving room for the smoke to circulate and on a medium heat, smoke for 10 mins. Leave to rest 10 mins before craving!



Miso stock. You can use chicken stock instead of pheasant stock!

400mls pheasant stock
1tbs miso paste(red)
1tbs sherry vinegar
1tbs dark soy
1tbs lemon juice

Bring all the ingredients to the boil, then reduce to a simmer.

Broccoli

Take 2 or 3 large heads of purple sprouting broccoli, remove the heads and the blanch in salted boiling water for 2 mins max, remove from the water and plunge into cold water to cool rapidly.

To serve

4 packets of udon noodles
Place noodles into the miso stock to warm through add absorb the miso flavours.

Heat a pan to char the broccoli, when hot add the broccoli first and then a splash of oil, you want it to smoke and char this is all about adding flavour!

Slice the smoked Pheasant breast.

Using a sieve drain the noodles, but keep the stock and bring back to the boil add a splash of the pickling liquid from the rhubarb and reduce down, tasting all the time so it doesn't get to salty.

Build the plate, so some noodles, broccoli and then some pheasant, then repeat with noodles, broccoli and pheasant and finish with the reduced miso stock. Garnish with the pickled Rhubarb.

So that's it folks, and it only leaves me to wish you all a happy Christmas and from all the staff at the St Kew Inn to wish you a happy New Year. Mx

THE BEST MEMORIES ARE MADE GATHERED AROUND THE TABLE



RNLI NEWS



**Port Isaac
RNLI**

invites you to join
Father Christmas
for
**CHRISTMAS IN
THE BOATHOUSE**
Sunday December 18th
11am to 3pm

Cakes - Mince Pies - Mulled Wine
Presents from Santa for the children
Christmas Draw
Pictures and cards



Over the past four years a close relationship has been established between Port Isaac RNLI and Nathan Outlaw's Fish Kitchen restaurant, situated as they are side by side within feet of the harbour slipway and the Atlantic Ocean beyond. One of the oldest buildings in the oort, Nathan's cottage style restaurant has born witness to many dramatic lifeboat launches since the first lifeboat, *Richard and Sarah I*, was brought to the village in 1869 ... *if only walls could talk!*

In more recent years the restaurant and its clients have made some generous donations to Port Isaac lifeboat, not least of which has been a one-off donation of £7000 towards the running of the Station's highly successful 150th Anniversary Ball in October.

Seen here Fish Kitchen staff and Port Isaac RNLI crew and committee gather together outside their respective HQ's to celebrate this memorable and what proved to be historic event.



When *Trio* editor, Dee Littlechild, turned up at the lifeboat station to cover a visit by the Little Beavers she was taken by surprise to be met by Chairman Bob Bulgin, Lifeboat Operations Manager Chris Bolton and crew members George Cleave and Andy Hallam who had gathered together with some of the Station's committee to present Dee with a specially engraved RNLI Shield and bouquet of flowers in recognition of 17 years of support given to Port Isaac RNLI, first by serving on committee and then continuing with assistance in graphics, and production of prints and posters and exhibition displays associated with the Lifeboat Station and it's operations. In making the presentation Bob said how much both crew and committee recognise how important such support is to the promotion of the Station's Fund raising activities both locally and indeed throughout the County for which they have always been able to rely on Dee's professional assistance.



In celebration of Port Isaac RNLI's 150th Anniversary, Peter Culverhouse of *plc media print* in Wadebridge designed an image that captured the history of Port Isaac lifeboat and the storm driven elements volunteer crews often have to contend. Taking the painting donated to the Station by artist Les Henson depicting our pulling lifeboat, *Richard and Sarah III*, setting off in storm conditions to a rescue in 1911 and the RNLI photograph of our D Class Inshore Lifeboat speeding to a rescue, crewed by RNLI medal holders Damien Bolton, Matt Main and Nicki Bradbury, the *plc media* team have combined the two images to mark this special event and raise RNLI funds. A strictly limited edition of 100 prints are available and can be viewed at Port Isaac Pottery.

There are many skills associated with members and supporters of Port Isaac RNLI not least of which is the highly professional culinary abilities of Debbie Tidey wife of our- Deputy Launching Authority and Station Mechanic Phil. Debbie used her unique ability to create this stunning confectionary artwork Christmas Cake in celebration of Port Isaac RNLI 150th Anniversary and donated it to help raise funds at the Ball. An opportunity to win this cake came by a competition to guess the weight and the lucky winner was guest Aaron Walker from Nottingham who was delighted with his good fortune and further subscribed to the significant funds raised by Debbie's creative gift..A big Thank you from our crew and committee

AND EVENTS



"AVAST THERE ME HEARTIES" THERE IS MORE TO A LIFE BOATMAN'S LIFE THAN SAVING LIVES AT SEA

Lifeboat Operations Manager, Chris Bolton and Crewmen George Cleave and Andy Hallam welcomed the invasion of the Lifeboat House by 20 Little Beavers of the 3rd Bodmin Scout Group on a specially arranged visit to learn about the Port Isaac Lifeboat and the responsibilities of the Volunteer crew members and **most important RESPECT FOR THE WATER**.

The Beavers are the youngest section of the scouting movement and there are two groups who meet on a weekly basis by the Beacon in Bodmin.

The success of the evening speaks for itself. When asked what was their favourite part of the evening was ...

Evan: "I liked the boat and was allowed to get in it!"

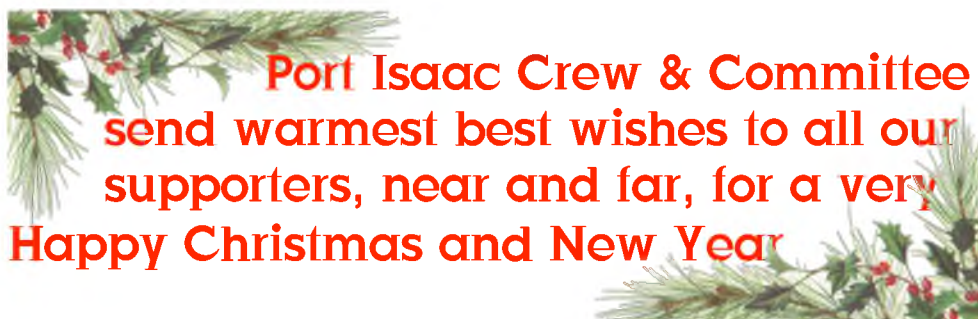
Pria: "I liked the boat too, it was really cool"

Tyler: "I liked all of it, it was real fun".



Each of the Beavers were presented with a detailed technical illustration of the Port Isaac D Class Inshore lifeboat and a sought after Respect the Water Badge. For Teagan this was a favourite: "I liked the badge, as it will remind me of all the things I saw."

Organiser, Jennie Tiddy reported, "We all had a really fab time and thank you all, Andy and George you were really brilliant."



CREW NEWS

November has been a quiet month for services but as usual very busy with training. The crew have been driving hard towards their competence based training schedules and the efficiency of their pass outs will now be greatly improved as Del and myself have now been trained and signed off as "trainer assessors". This enables us to assess and sign off crew as and when they are ready without having to wait for dates from the divisional area trainers. Competence based training schedules are a way for us all to keep continued improvement in our lifeboat careers. They consist of areas which are compulsory to complete to enable us to go to sea and areas which allow us to develop ourselves if we want further challenges.

We would like to welcome onto the crew Ben Spicer, Ben owns and runs Cornish Rock Tours based at Port Gaverne and his experience will be a great addition to the team.

Finally the crew would like to say massive congratulations to all the guys involved in the recent Ball, which resulted in raising funds of over £28,000, It was a great example of crew and committee working together which enabled this amazing result and the team was awesomely led by long serving crewmember James Bolton. Also a massive thank you to all who supported us with gifts and bids!

As always if you'd like to talk about potentially becoming a part of the active or shore based crew please get in contact with either myself on 01208 880160 or damobolton@hotmail.com or Chris Bolton at port-isaac@rnli.org.uk or 01208 880256.



Damien Bolton
Senior Helmsman

Knitting for Kosovo

Many of you will all about Port Isaac's strong support for local resident, Elizabeth Gowing and her work with the poor children of Kosovo. This summer HRH The Duchess of Cornwall made a personal visit to see for herself how Port Isaac has become involved in Elizabeth's charity, *The Ideas Partnership*, as a follow up to her Kosovan visit.

One of Elizabeth's current projects is to provide every new mother in the community in Fushe Kosov with a new baby bundle of blankets and baby clothes. If anyone would like to help with some knitting, we would be very grateful. Every piece will see its way to help a very poor and needy family.

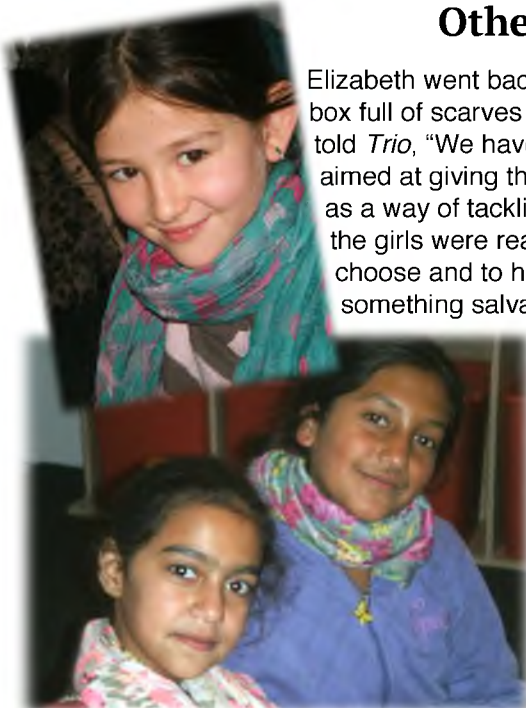
We might think it's cold here but winter in Kosovo is harsh and the people there have to endure the dreadful cold in homes that sometimes don't even have windows! We are looking for blankets, cardigans, bootees etc suitable for new born babies and we are very happy to provide the wool if you haven't got any. Just give Cheryl a ring on 01208 880802.

When we have enough to make a parcel, we shall send it to Kosovo although we hope to make another visit later in the year.

Thank you.

Cheryl, Liz and Barbara

Other ways that Port Isaac is helping in Kosovo



Elizabeth went back to Kosovo after a recent visit to Port Isaac with a box full of scarves and non-prescription reading glasses. Elizabeth told *Trio*, "We have a Girls Club which is for girls at school, and is aimed at giving them ideas about their choices, rights, possibilities as a way of tackling early marriage. I took the scarves along and the girls were really excited about them - it was a chance to choose and to have something new, not hand-me-downs or something salvaged from the rubbish. The fact that snow was falling was another priority and the girls were able to wrap up warm on their way to school."

The glasses have also been well received. Elizabeth continued, "The grandma of one of the girls we've got into school came to see our health assistant because of difficulties with her sight. She was given a pair of glasses and can now see what she's doing!"

There are so many things that are needed for the Fushe Kosovo families and if you want to know more talk to Liz, Cheryl or Barbara.

Saturday 10 December

Christmas Scrub Bash 10am – 2pm

Join the rangers on Pentire Head near Polzeath for a festive scrub bash overlooking Padstow Bay. We'll be clearing invasive scrub to promote greater biodiversity at this valuable coastal habitat and cooking a jacket potato lunch on the bonfire. Mince pies included. Fancy dress encouraged! Please wear sturdy boots and clothing suitable for the weather, working in thorns and brambles and that you don't mind getting smoky/muddy. Bring drinks and snacks. Family friendly and a great way to meet new people. Free. Booking essential. For more information please phone 01208 863821 or email tom.sparkes@nationaltrust.org.uk

Saturday 14 January Scrub and Spuds 10am – 3pm
Porthcothan

Spend a few hours helping National Trust rangers cut back gorse and blackthorn scrub to encourage wildlife. We'll cook up a jacket potato lunch on the bonfire with cheese and beans. Bring along a

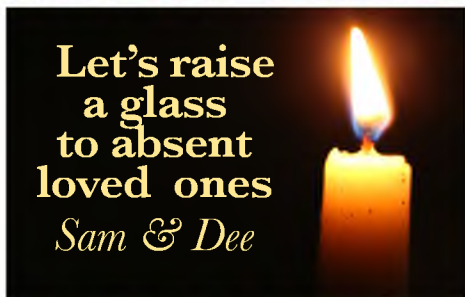
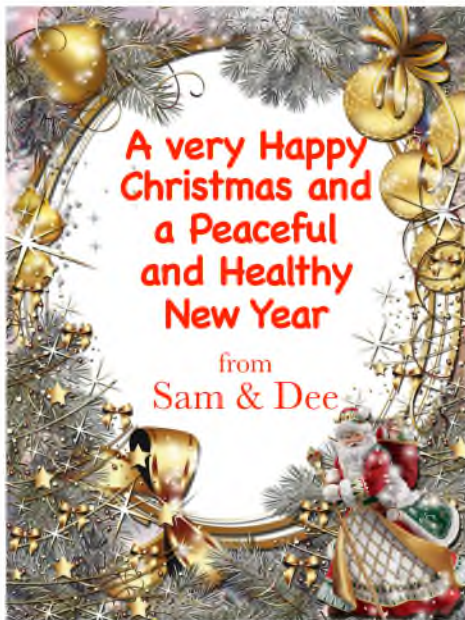
The National Trust



drink and some snacks to keep you going. Please wear sturdy boots and clothing suitable for the weather, working in thorns and brambles and that you don't mind getting smoky/muddy. Family friendly. Free. Booking essential, please phone 01208 863821 or email tom.sparkes@nationaltrust.org.uk

Saturday 11 February Scrub and Spuds 10am – 3pm
Pentire Head, near Polzeath

Spend a few hours helping National Trust rangers cut back gorse and blackthorn scrub to encourage wildlife. We'll cook up a jacket potato lunch on the bonfire with cheese and beans. Bring along a drink and some snacks to keep you going. Please wear sturdy boots and clothing suitable for the weather, working in thorns and brambles and that you don't mind getting smoky/muddy. Family friendly. Booking essential, please phone 01208 863821 or email tom.sparkes@nationaltrust.org.uk



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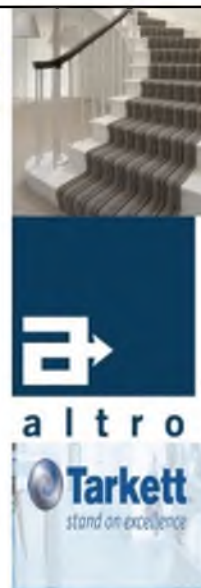
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Christmas & New Year Opening hours

Christmas Eve - 6pm (last food orders 7.30pm)

Christmas Day & Boxing Day - closed

Tuesday December 27th - welcoming Port Isaac Rowing Club after their annual charity Gig Push

Wednesday December 28th - no quiz - 7pm (last food orders 9pm)

Thursday December 29th & Friday December 30th - 7pm (last food orders 9pm)

New Year's Eve - 6pm (last food orders 7.30pm)

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**Want to find out what's happening in the Village?
Read your *Trio* and look on the Trio Diary page.
Make sure your event is included here!
email info to triopi@mac.com or call 01208 880905**

Angel, in
the sky
shine like
the light

WHAT'S ON

2017

Friday December 9th

Port Isaac Village Hall Christmas
Cash Prize Bingo in the Hall - eyes
down 7.30pm

Tuesday December 13th - Port
Isaac School Christmas
performance - Rockin' Robin Hood -
in the Village Hall - 6pm

Wednesday December 14th
PISCES Christmas Carol Evening
in St Peter's Church with Port Isaac
Chorale, Gulls and children from
Port Isaac School - 7pm

Saturday December 17th - Santa
tours the village - starts from Hillson
Close at 6pm

Sunday December 18th - Port
Isaac RNLI Christmas in the
Boathouse with Father Christmas -
11am-3pm

Tuesday December 20th -
Kerbside recycling - leave out by
7am

Christmas Eve - Christingle
Service in St Peter's Church - 3pm

**Wednesday December 28th, Thursday December 29th, Friday
December 30th & Monday January 2nd**

Snow White and the Seven Dwarfs - the Port Isaac Panto
in Port Isaac Village Hall

Tuesday January 3rd - Kerbside
recycling - leave out by 7am

Thursday January 12th - Golden
Circle meeting with Shelterbox -
2pm

Tuesday January 17th -
Kerbside recycling - leave out by
7am

Saturday January 21st - The
Lavolta Ensemble in St Endellion
Church- 7.30pm

Thursday January 26th - Find
out about Defibrillators with
Norman Trebilcock - Port Isaac
Village hall - 7pm

Tuesday January 31st - Kerbside
recycling - leave out by 7am

Saturday February 18th
Johnny Cowling night in Port
Isaac Village Hall

Trio copy dates

With the exception of February and
December, Trio comes out on the
first of every month. Copy dates are:

FEBRUARY	January 20th
MARCH	February 21st
APRIL	March 24th
MAY	April 23rd
JUNE	May 24TH
JULY	June 23rd
AUGUST	July 24th
SEPTEMBER	August 24th
OCTOBER	September 23rd
NOVEMBER	October 24th
DECEMBER	November 30th

THERE IS NO JANUARY TRIO

Church Services

St Peter's Church, Port Isaac - First and
Third Sundays in the month - Morning Worship
at 9.30am and Second, Fourth and Fifth
Sundays in the month - Holy Communion
at 9.30am

St Endellion Church - Every Sunday at 11am
Trelights Methodist Church -
Sunday Service at 6pm

Regular Events

Port Isaac Stay & Playgroup - every Tuesday
from 10am to 12noon in the Village Hall.
Contact Bonnie on 01208 880946 or
Cherry on 07900 527610

Yoga - Mondays, during term time, in the
Village Hall from 10.30am-12noon. Contact
Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from
7.30pm-9.30pm in Port Isaac Village Hall.
Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the
month from October to April from 2.30pm-
4pm in Port Isaac Village Hall.
Contact Annie Philp on 01208 880262