

trio

The Port Isaac, Port Gaverne & Trelights Newsletter
February 2017 No:380 60p

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Trio is issued eleven times a year and is available in Secrets and the Co-op, Port Isaac, or by post - £21 a year in the UK

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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

Shop in the Co-op and support Port Isaac Village Hall or Port Isaac Stay & Playgroup

You can still support the Village Hall or Stay & Playgroup when shopping at the Co-op. For every £1 you spend on Co-op branded goods, you get 5% and another 1% goes to the local cause you have selected.

The Co-op will be hosting a Village Hall Cake Sale on Saturday March 11th

Become a member today for £1 and earn



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co op

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Cleaner Required

Modern 2 bed holiday let
Trelights
Saturday morning
changeover

Tel 0796 8851275

OUT WITH THE OLD, IN WITH THE NEW

Treating yourself to a new freezer? Nothing wrong with the old one, you just want to get rid of it?



Instead of paying for it to be taken away you could donate it to Port Isaac Village Hall?

We could collect.

Give Dee a call on 01208 880905

The Cornish Cove

... is now recruiting

Are you looking for a part-time job with a fun Port Isaac business?

Call in or phone 01208 880250/07722 233384 for a chat ...

We are also looking for a young person to help with dishwashing Saturdays/Sundays

The Cornish Cove Fore Street Port Isaac Telephone: 01208 880250

PANCAKE DAY



Tuesday February 28th

A snowy Port Isaac

Chances are, this month's front cover photo from Sally Stratton is the nearest we are going to get to snow this year!!

**PORT ISAAC
VILLAGE HALL
EASTER
TUESDAY**
APRIL 18th

**CASH
PRIZE
BINGO**

Parking on the Beach

The Harbour Commission has not been happy for some time with the parking arrangement contracted to AS Parking and this has now been terminated. A new contract has been completed with Armtrac Security Services from Penzance, who, it is hoped, will provide a more satisfactory service. Armtrac do police a number of other parking areas in the county.

A limited number of annual permits to park on the beach are available from me at a cost of £180 - still less than 50p per day!

Sandra Blewett
01208 72328



Johnny Cowling

Port Isaac Village Hall
Saturday February 18th
7.30pm (doors 7pm)
tickets £8 from Secrets
or call 01208 880905/880862
RAISING FUNDS FOR PORT ISAAC VILLAGE HALL

Avalon Youth Theatre
Presents

BUGSY
MALONE

Weds 15th - Sat 18th February 2017
Wadebridge Secondary School.
7.30pm (Over 16s) Sat 18th 2.30pm (Over 16s)

Tickets Available from: Knap-
Kando or Wadebridge Kitchens,
Primoria Road, Wadebridge.
Or Adults £5 Cinema/Box Office

Tel: 07591 052994
For any Queries or Ticket
Bookings.

www.avalonyouththeatre.co.uk

**PORT ISAAC VILLAGE HALL
HIRE**



**NON-PROFIT MAKING PARISH CLUBS/
ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc,
FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10
and under) - £5 per hour - £50 for 24 hrs**

GENERAL USERS/COMMERCIAL EVENTS - £8 per hour - £100 for 24hrs

For full details or to make a booking contact Dee on 01208 880905
or email her dee54@mac.com

Your Hall for YOU to Use

www.portisaacvillagehall.co.uk

Gig push heralds another successful year for Port Isaac Rowing Club

A brilliant day for Port Isaac Rowing Club Gig Push, the final event of their special 25th anniversary year!



The push was very well attended, with cheques presented before the push to the club's two nominated charities of 2016 - Cornwall Wildlife Trust and St Petroc's Society. The club served mulled wine and bacon rolls outside the RNLI Station, before starting the push, up to the Cornish Arms at Pendoggett and back to Port Isaac, raising funds for charity along the way. Everyone enjoyed a well-earned pizza at the end of the afternoon, courtesy of 'The Angry Anchovy' in Port Isaac!



The 'Push' marks the first fundraiser towards the Rowing Club's nominated charities for 2017 - Shires Holt Horse Sanctuary and The Ideas Partnership. Every year, since 2010, the Club has raised thousands of pounds for charity and the members aim to donate around £1000 per year to their chosen causes.

The club would like to thank all their friends and sponsors who have supported them throughout

2016, their special 25th anniversary year, including Sharps Brewery.

Shire's Holt Horse Sanctuary is the primary Cornish Sanctuary for rescued Bodmin Moor ponies and takes in horses that desperately need care, often through starvation and cruelty. The charity works with the newly formed Bodmin Moor Commoners

Council and continues to work closely with APHA (the government's animal and plant health agency). The charity also works alongside a number of other horse charities including Redwings and World Horse Welfare.

Established in 2007 by Pip and Kerrie Lovelock they decided to devote their time into saving ponies on Bodmin Moor. They have been rescuing horses for over ten years and have been joined by Will Young who is helping as Patron.

Shires Holt rescues these neglected ponies, provides veterinary care and then rehabilitates them offering a home for life for these rescued ponies. Local people have taken the charity to their heart. Shires Holt has over 100 acres of grazing rented and donated to the ponies; there are now eight herds of last winters' rescued ponies and foals living in wonderful locations. Stabling has been provided at Colquite thanks to the support of Countess Pinky Le Grelle.

Winter is here and there is sparse grazing on the moor. Pip and Kerrie have over 60 ponies to support. If you would like to donate feed, even a bag of pony cubes or bale of hay, funding or your time please contact Pip on 07908 586688 or email shiresholt@outlook.com There is also a small boutique shop in Bossiney, Tintagel and an "e-bay" shop.



the ideas PARTNERSHIP

Elizabeth Gowing co-founded 'The Ideas Partnership' in 2009, together with friends from Kosovo and the UK, to spearhead a wide range of community projects in Kosovo. When she is not in Kosovo, Elizabeth lives in Port Isaac.

The Ideas Partnership has transformed the lives of hundreds of children from the Roma, Ashkali and Egyptian communities, providing volunteered educational activities, pressing local authorities to register them for school, helping to ensure they are caught up with missed vaccinations, and providing physiotherapy sessions for children with special needs as well as numerous other educational, environmental and cultural initiatives.



New Year's Eve Fireworks

We hope everyone enjoyed the fireworks and a massive thank you to all the people and businesses that donated -without them we wouldn't be able to put on our spectacular display. The following businesses/people donated:

The Old School
Nathan Outlaw's
Golden Lion
The Slipway
Port Isaac Pottery
Chapel Cafe
The Mote
The Peapod
The H-PS at Harbour Heights
Nigel & Marion Andrews

The Old School Hotell

A BIG thank you to
the Old School for
our New Year's Eve
Fireworks



December 2nd 2016 was Port Isaac's Big Switch-on with a lantern procession through our beautiful village. Well, we promoted it as a procession but it turned out to be a wave of homemade lanterns carried by local children and very proud parents, and topped off with the majestic and graceful "EI", Port Isaac's very own Angel of the North (Coast)!

As the crowds paraded themselves through the village they passed St Peter's Church with her cross brightly lit and then went down Fore Street passing our Lobster Pot Christmas Tree (donated by Tom & Jeremy Brown). Hundreds of people took photos of our "tree".

The tight corner at the bottom of Fore Street - that is featured in so many of the old Lifeboat photographs - brought its own little problem as "EI" had to take some adjustments and teasing round, all expertly handled by Dan, Tom, Harry and Jack. The children parted the waiting crowds, making way for "EI" to take pride of place on the Platt. The children then gave a wonderful and heartwarming performance of The Angel Song - Port Isaac's very own new Christmas song which they had written themselves. Wonderful. Then the countdown to the Switch-on, 10, 9, 8 ... Merry Christmas! Yes! All the lights came on! Mulled wine, mince pies and happy, smiling people. It couldn't have been better.

The lanterns and "EI" would not have been possible without Caroline Cleave and her cohorts from ARTiculate. What a remarkably talented and patient group they are. Their lantern workshop up at the Village Hall was a resounding success with dozens of children and grown-ups learning how to make "withy" lanterns. Hopefully this was the birth of a new Port Isaac tradition.

Does anyone have any good photos of the Angel that we could possibly use for a Christmas card next year please?

the story of the lights ... so far

Our new lights would not have been possible without the support of the *Doc Martin Fund* and some very generous donations from local businesses and home owners and, possibly most importantly, our small band of volunteers who made the effort, in all weathers, to get the lights and installations up.

We are still learning what things work and what doesn't, but with our initial investments into new LED lights (mains and battery operated), our main commitments are to public safety and being eco-friendly. The switch to LED generally shows a 90% reduction in electricity consumption.

Although there are no labour costs as all of the manufacturing, maintenance and installation is done by our band of volunteers, there are significant costs involved with materials and repairs, hence we will be trying to organise fundraising events through the year. So watch this space.

As a group we are already putting together ideas for later this year ... yes, it's only eleven months until we light up again!

Chris Lanyon



PISCES two award-nominated cookery books, priced £10 a copy, are available from the Pottery or Secrets. Order online at www.portisaacheritage.com

Music at St Endellion



Saturday 18th February, 7.30pm

The Grace Notes

We are delighted to welcome back this highly entertaining and versatile group for what promises to be a wonderful and lively concert to lift the spirits on a winter's evening. The soulful lead vocals of Ley Adewole and the cool grooves of pianist Richard Penrose, vocalist Janice Mitchelson, drummer Damian Rodd and bassist Yan Speake together make 'The Grace Notes', who play a mixture of disco, soul, funk and Motown and jazz. Ley, the lead singer, has sung with major acts such as Diana Ross, Stevie Wonder and Take That. Based in Cornwall and working throughout the South West and beyond, together they simply deliver unforgettable top quality entertainment.

Tickets are £10 (free for accompanied under-16s) and can be obtained **online** at www.endelienta.org.uk, by **telephone** on 07787 944935, by **email** at tickets@endelienta.org.uk, or in person from the Wadebridge Bookshop.

Sunday 26th February, 3pm

Charity Concert - The Blackweir Brass

Blackweir Brass is a quintet of young players from the Royal Welsh College, of Music and Drama, who draw influence and inspiration from many sources including famous brass ensembles like that of Phillip Jones, Septura Brass and Canadian Brass. The Blackweir Brass repertoire covers everything from Baroque to Contemporary, with some interesting deviations in between.

Admission free. A collection will be made in aid of the Merlin Centre, a registered charity working to build a Multiple Sclerosis Therapy Centre for Cornwall.

**The future of
radio. Now.**



The Gig in the Garden, an event held jointly by St Kew Inn and North Cornwall's radio station NCB Radio, has confirmed the donations made after last year's successful event. GITG was proud to have been instrumental in raising the final sum of £1000 needed to install a FLEET defibrillator at St Kew which is now in place and operational. In addition, the event was able to support St Kew Playing Field Trust with a donation of £1000, St Kew and Port Isaac Schools with donations of £500 each and St Kew Pre-School and Port Isaac Playgroup £250 each. In addition, funds raised were sufficient to pay the first year's running cost for the defibrillator and to help NCB Radio with a donation of £200.

Sarah Allen of St Kew Inn said "We are really grateful to all those who came along to the event and enabled us to support some great local organisations. Many thanks also to all who helped to organise the event both before and on the day".

Full details of donations and other information about the Gig in the Garden can be found on the Gig in the Garden Facebook page. If you have any queries, please contact Jenny Brown at NCB Radio on jenny@ncbradio.co.uk

The Trio Print Service

We offer a village printing service to help offset the cost of Trio.

We can print in full colour up to A3, single or double sided, on paper or card up to 180gsm. The machine can tri or bi-fold leaflets or staple booklets. As well as leaflets and brochures we can print flyers, posters, menus etc.

We also offer a design service or can prepare your design ready for printing.

To find out more contact Dee on 01208 880905/880862, email: dee54@mac.com

Port Isaac waste pilot scheme

It is anticipated that there will be a presentation by James Ortiz, Cornwall Council's waste & environmental contracts officer, at the Parish council meeting on Monday February 13th at Port Isaac Primary School at 6.30pm. He will report on the findings from the waste pilot scheme that has been running in Port Isaac since last April. It is hoped that Councillor Joyce Duffin, cabinet member for environment, will also be at the meeting.

The scheme has been running to see how domestic waste (residential) can be separated from commercial waste (holiday letting). Members of the public are invited to come along and listen to the presentation and ask questions which James will endeavour to answer.

Parish Council and Cornwall Council elections Thursday May 4th - Port Isaac Village Hall

Full details: www.electoralcommission.org.uk

We have a strong tradition in St Endellion of always fielding more candidates than the 11 Parish Council places available. Many of us feel this is important, that it gives the successful candidates a full mandate to deal with council issues rather than ending up with a co-opted group as happens in many parishes.

If anyone is thinking about becoming a member of the Parish Council and needs any help or advice, please feel free to contact me or talk to current parish councillors.

Andy Penny
Cornwall Councillor, St Endellion & St Minver
Parish Councillor St Endellion
apenny@cornwall.gov.uk

The National Trust



Saturday 11 February, Scrub and Spuds, 10am-3pm, Pentire Head

Spend a few hours helping National Trust rangers cut back gorse and blackthorn scrub to encourage wildlife in the valley overlooking Pentireglaze Haven (aka Baby Bay). We'll cook up a jacket potato lunch on the bonfire with cheese and beans. Bring along a drink and some snacks to keep you going. Please wear sturdy boots and clothing suitable for the weather, working in thorns and brambles and that you don't mind getting smoky/muddy. Family friendly.

Wednesday 15th February, Half Term Ranger Day, 10am-3pm, Pentire

Join the Rangers for a family friendly few hours cutting back scrub overlooking Pentire Head near Polzeath. We'll cook up a jacket potato lunch on the bonfire; just save some room for marshmallows.

Booking essential for both events, please phone 01208 863821 or email tom.sparkes@nationaltrust.org.uk

Fantasy Football 2016/17

LW	POS	TEAM	MANAGER	POINTS
2	1	BADA BING!	Paul Honey	676
1	2	SHE WAS ONLY XI	Harry Hambly	663
5	3	AFC BONEMOUTH	Tim Witherden	659
3	4	LIDDSPURS	Peter Liddicoat	649
4	5	LSD MINDWOVEN	Danny Treacy	639
6	6	DYNAMO FUCHTHEREST	Andrew Grills	610
7	7	THE LOBBIES	Pete & Julie Lobb	596
10	8	CALIFORNIA CHROME	Kevin Grills	582
8	9	PORT ISAAC SOCCER SERVICE!	Richard Hambly	574
9	10	A MAN'S GOTTA KNOW HIS LIMITATIONS	Chris Witherden	565
11	11	BIG SAM'S CHEWING GUM MASTERCLASS	John Yates	550
14	12	HONEYBABES	Jean Herring	543
15	13	CRUISE TO GLORY	Chris Lanyon	538
12	14	BLUEJEANS & MOONBEAMS	Andy Penny	537
13	15	MOTS FLYERS	Tom Cleave	531
17	16	MUDGUTS MARAUDERS	Ann Cleave	512
18	17	TOM'S TEAM	Tom Lobb	496
16	18	MAYBEES	Tom Bishop	484
19	19	FOXHOLE ALLSTARS	Bryan Nicholls	466
21	20	FLYING FOREST	Kevin & Emma Honey	442
20	21	BLACKBIRD ROVERS	Margaret Honey	426
22	22	BOOM XHAKALAKA	Jake Treacy	367

up to January 20th 2017

Our MP, Scott Mann, talks to Trio ...

I welcome the announcement from the Government that it will be giving nearly J300,000 to Cornwall Council to tackle homelessness and rough sleeping in the county. The money comes from a £50 million fund for councils and homeless charities up and down England, and a number of areas in Devon have also been granted £1.2 million. Rough sleepers often travel between Cornwall and Devon, so a combined sum of £1.5 million will really help local authorities on both sides of the Tamar to tackle homelessness and help more people who are sleeping on the streets.

Pressure on the NHS this winter has also attracted much media attention, and I think it's important to outline how the Government is continuing to invest in the NHS. As promised in 2015, the Government will increase funding by £10 billion a year by 2020, with a £6 billion annual increase being delivered this year. This means the annual NHS budget will rise from £101 billion today to £120 billion by 2020-21, with £400 million being pumped into the Service this winter in anticipation of extra pressure.

Here in Cornwall, NHS funding is increasing every year, from £670 million in 2013/14, to £730 million in 2016/17, to £805 million in 2020/21. However, it is not just money that will solve pressures on our NHS. Social care plays a very important role in making sure that our ever-growing elderly population can be cared for at home. The Government has announced new funding streams for social care, such as the Better Care Fund, and it has also given councils the power to place an additional 3% on council tax to exclusively fund social care. We have a growing population in Cornwall, with around 30% of people being over 65. Getting a model for social care that delivers in rural areas like North Cornwall is probably our most significant challenge for future years.

Unfortunately rural areas like Cornwall have been unfairly funded compared to urban areas over many years and that's why I've been campaigning alongside many MPs to get a fairer settlement for our schools, our police force and our councils. Our campaign for this will not stop and I will continue to press for fairer funding in Cornwall so that our elderly and vulnerable residents get a fairer slice of the country's social care funding, which in-turn, will help relieve pressure on our NHS.

I have also attended my first meetings for the Environmental Audit Select Committee. We are currently holding an inquiry into Marine Protected Areas (MPAs) which are set up to protect marine wildlife.

The meeting saw representatives from a number of organisations come before the Committee to give their opinion on MPAs, including the National Federation of Fisherman's Organisations and the BLUE Marine Foundation.

In the last Parliament the Committee concluded that the Government needed to do more to implement MPAs, and this inquiry will discover if this has happened and what needs to be learnt from.

Contact at: 10 Market House Arcade,
Fore Street, Bodmin PL31 2JA
Tel: 01209 74337



Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon

Coming up in the next few weeks we will be:

January 31st - Outing - 1 Bounce Trip

February 7th - Sid Birthday party

February 14th - Valentine's Cards

February 21st - Outing, Hall for Cornwall

February 28th - Music/Dancing

March 7th - Painting

March 14th - Cake Decorating

March 21st - Outing, Kernow Play House

March 28th - Play dough

April 4th - Easter Cards

April 11th - Easter Egg Hunt

If you want to know more contact
either Bonnie on 01208 880946 or
Cherry on 07900 527610

5 Day 'Freedom in Painting' Course with Ashley Hanson 17- 21 May

Newlyn Society artist, Ashley Hanson is coming to Port Isaac and is very much looking forward to running his first painting course at the local village hall. The 5



day course will include spending two days on location in and around Port Isaac and Trebarwith Strand – drawing making studies for paintings before working for 3 days in the village hall studio, transforming the ideas into paintings. Ashley is a renowned colourist and landscape artist and has been selected for the Royal Academy Summer Exhibition, The Discerning Eye and the National Open Art Competition and has shown extensively throughout the UK. The cost of the course is £375, however if you book before 31 March there is a £30 discount.

To book or for more information see
www.ashleyhanson.co.uk
or email info@ashleyhanson.co.uk or call 01208 77656

St Peter's Church Port Isaac



Our simple seaside Church is open to everyone, every day until about 4pm. We have a service every Sunday morning at 9.30am to which you will be warmly welcomed. You will also find our Church is a lovely quiet place, at any time, to just sit and reflect and be peaceful.

The Church is also home to PISCES (Port Isaac Shared Community Exhibition Space) and you can enjoy the silence and take a look at the current PISCES exhibition - a regularly changing look at life in Port Isaac in days gone by, up to the present day.

Do you, or someone you know, need a listening ear? Tel: David Foster on 01208 880008

Church Diary Dates

Sunday January 29th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist,
St Endellion Church

Sunday February 5th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist,
St Endellion Church

Sunday February 12th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist,
St Endellion Church

Sunday February 19th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Morning Workshop,
St Endellion Church
6pm: Taizé Worship,
St Endellion Church

Sunday February 28th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist,
St Endellion Church

Have you got the time ...

Where does time go? A moment ago it was Christmas and trying to resolve a lovely problem - how can you get 150 children, 248 adults, a live donkey and a baby lamb into a church which seats 180? Well you can - just!

And now we are looking at and preparing for Lent and Easter. Lent a time of ...giving up, abstaining, taking up? We all treat it differently. So here is something to think about - our use of time.

Time flies by, and in all the rushing around we can forget what a gift it is. We have been given time, the question is how do we use it? Over the years here are some quotes from wiser people than me.

"A man who dares to waste one hour of time has not discovered the value of life." - *Charles Darwin, The Life & Letters of Charles Darwin*

"Time is what we want most, but what we use worst." - *William Penn*

"The future starts today, not tomorrow." - *Pope John Paul II*

"I wasted time, and now doth time waste me." - *William Shakespeare, Richard II*

"The right time is any time that one is still so lucky as to have." - *Henry James*

"It's not that we have little time, but more that we waste a good deal of it." - *Seneca*

"For everything there is a season, and a time for every matter under heaven." - *Ecclesiastes*

Do any (or all) of these strike a bell in your life? I once went on a course during which we were to have a talk on "Time management in General Practice". The speaker turned up 15 minutes late! I never did put into practice anything he said.

So at this time of year instead of just rushing around, take time to reflect. Think for a while about time and how we use it. It is a gift. Are we thankful for it?

David Elliott (Reader, North Cornwall Cluster)

Port Isaac Who's Who in the North Cornwall Cluster of Churches

Priest in Charge: Rev'd Dr Elizabeth Wild - 07758 407661

Clergy: Rev'd Canon Judith Pollinger - 01208 880181
& Rev'd Andrew Lewis - 01840 211161

St Peter's Churchwarden: Marion Larkin - 01208 880492

Administrator - Baptisms, Weddings & Funerals: Elizabeth Williams - 01208 886778

Administrator - General Enquiries & Communications: Gavin Tyler -
gavin@northcornwallclusterofchurches.org.uk



Websites of the Month



One of the very many pleasures of living in Cornwall is the wonderful countryside, coastal paths and views. Finding walking routes that suit you is easier now than in the past with the various websites and apps for this purpose. I thought about this as a topic after seeing in my Ramblers Association magazine <http://www.ramblers.org.uk/cornwall> about a project in Cornwall on getting together the groups with an interest in footpaths to not cause problems for each other – farmers, landowners, ramblers, Cornwall Council (CCC) among others (see <http://tinyurl.com/livestock-path>). This arose because there have been some high profile national cases of walkers being injured and indeed killed, by livestock. So there are pilot projects running in Cornwall. As they say on the Cornwall County Council website:

“.. aims to provide an alternative route for users as well as support and help livestock owners whose land is crossed by a Public Right of Way (PROW) decide whether their animals are suitable to be kept in these fields if other fields are not available.

The project also aims to assist livestock owners with the process they need to follow when they have animals grazing fields to which the public have access.

This new scheme encourages farmers in that situation to provide and signpost a temporary bypass only during the period of time when livestock are in the field to which the public have access, so that walkers and horse riders who prefer to avoid livestock have an alternative route. Use of these temporary bypasses is entirely optional and the PROW would remain open so the walker or horse rider can choose which route to use.”

I hope to update on progress on this in coming columns. When I last heard before Xmas there were some problems that were being worked on.

Our own Parish Council website www.stendellionpc.com has a section on the local footpaths using the CCC website interactive map <http://tinyurl.com/zt4sznv> . This gives you an overview of where the paths are for planning your walk.

For more details a useful source is the South West Coast Path site that has many well described walks with differing degrees of difficulty – this link is for easy access paths <http://tinyurl.com/easy-access-walks> for example.

A website I have found very useful, is one that combines online information with apps you can use on your smartphone is www.iwalkcornwall.co.uk and as they say on the site they have 219 walks ranging from 2 to 10 miles, totalling 1066 miles. The app allows you to download walks – each one costs about £1.50, and then this uses GPS to guide you on your way. It is a very handy system, but probably a good idea to always have a map and compass with you as the batteries don't run out on a map!

There are many other apps available that track your walking route but one on ios that I have found very useful, simple and costs 79p without adverts, is Walking GPS. There are other apps that have similar names and are very expensive. This one is from PS Ventures Ltd and is very basic. You open the app when you start your walk and at the end check the map to see where you have walked, how far it was, and so on.

Enjoy your walks and views!

Tony Wainwright

schoolchat



news & views from Port Isaac School

Friends of Port Isaac School

VALENTINE DISCO

For all children aged 3 - 11 yrs old

(all children under 7 must be accompanied by an adult)

THURSDAY 9TH FEBRUARY

3:30 - 4:30 PM IN THE SCHOOL

£3.00 entry by pre-booked ticket only
(includes a snack, drink, disco and games)

**COME DRESSED TO IMPRESS IN RED,
WHITE AND PINK**

There will be refreshments and a raffle.

Phone Jan at the school to book your ticket by Friday 3rd
February: 880494

Port Isaac School Nursery

Stay and Play

Friday 10th February

10:00 – 11:30 am

For anyone in the local area

Children can take part in free play with craft activities, and you have the opportunity to spend some time in the school's Nursery.

It is also a great opportunity for mums and dads to meet new friends.

All ages are welcome





RNLI

NEWS



IMPORTANT INFO FOR OUR SUPPORTERS

Last summer, charities came under scrutiny from the media for various fundraising practices that were seen as unethical or exploitative. These included cold calling people, targeting the vulnerable and selling or sharing supporters' personal data. The RNLI did not, and does not, do any of these things – we've always worked hard to build good and respectful relationships with our supporters. We don't cold call people for example, and we respect those supporters who have asked us not to contact them. We also don't sell our supporters' data to others.

The media scrutiny and the subsequent government reviews into charity practices did, however, make us accelerate our ambitions to change the way the RNLI communicates. We recognised that our supporters trust and respect the RNLI and we wanted to ensure their trust was well placed by doing the right thing and giving them control over how we communicate with them in the future.

So, in October 2015, we announced that the RNLI would be the first major charity to only contact individuals – by post, email or phone – if they'd given their express permission for us to do so. We promised to move to this 'opt in' system of communication by 1 January 2017.

This means that individuals must choose to be contacted by the RNLI.

For our supporters this means that unless they have elected to 'opt in' to receive communication from us, they will not hear from us directly again

Please give your permission for us to stay in touch BY COMPLETING THE FORM BELOW AND RETURNING TO THE PORT ISAAC CO-OP OR THE LIFEBOAT STATION

By completing and returning this form you will enable us to continue to contact you – via your chosen method of communication. That means we can keep you up to date on our local RNLI campaigns, fundraising, news and more.

Your support saves lives, and we'd love to keep you posted with our news, activities and appeals. Your details will only be used by the RNLI, RNLI Shop and RNLI College – we will **never** give your information to other organisations to use for their own purposes. You are free to change your mind at any time.

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NATIONAL RNLI COMMUNICATIONS

If you wish to opt in to wider RNLI communications such as national appeals and the Lottery, please call the Supporter Care Team on 0300 300 9918 (UK), 1800 360 258 (RoI) or email optin@rnli.org.uk. Your continued support is vital to the RNLI's lifesaving work. Thank you for taking the time to stay in touch.



Port Isaac RNLI

2017 Annual General Meeting

Thursday March 30th

Port Isaac Village Hall - 7pm

Bar and Refreshments by invitation of Sharp's Brewery and the Port Isaac RNLI committee

The presentation of the Accounts and the Election of Officers
will be followed by

RNLI IN ACTION

a presentation by RNLI Senior Area Manager for SW & SE England

ALL WELCOME

The RNLI - saving lives at sea



Parish Council report supplied to Trio by the Parish Clerk

Planning Applications

The following applications were received and Members made the following responses to Cornwall Council:

1. PA16/09733 and PA16/09734, 34 Fore Street, Port Isaac – rebuilding of chimney removed in the 1980s. Members had no objection.
2. PA16/10237, Higher Moon, Tintagel Terrace, Port Isaac – alterations and extension of dwelling. Members were in support, with the caution that non-reflective powder coating frames are used around the glass balcony. The applicant agreed to this verbally at the PC meeting.
3. PA16/10731, 7 Tintagel Terrace, Port Isaac – prior notification for proposed demolition of attic bungalow. Members objected unanimously to this proposal in the strongest terms. Without a plan in place they considered the demolition of a dwelling in close proximity to others to be an un-neighbourly action. Members urged the applicants to submit a plan without delay.
4. PA16/11066, 13 The Terrace, Port Isaac – partial removal of garage to create rear parking area and new storage shed. Members were in full support of this proposal.
5. PA16/03481/Pre-app, Tartars Farm, Port Gaverne – pre-application advise for the proposed change of use of existing agricultural field to allow seasonal public car park for use in the summer months. Members supported this proposal with the proviso the applicant provides a linking pathway to the SW Coastal path, ensuring pedestrians' safety of by keeping them off the road.
6. PA16/11391, Calenick, Trelights – proposed garden studio. There are no overlooking issues, but it was noted that work had already started. Members were in support.
7. PA16/11404, Springside Barn, Trewetha – construction of ancillary accommodation to the main dwelling to replace existing garden room. The application included kitchen and bathroom facilities, which Members felt made it a separate dwelling. **OBJECT.** Members were of the opinion the proposal constitutes a stand-alone dwelling, as it incorporates both kitchen and bathroom, and a sitting room. As such the proposal is in an inappropriate location. Concern was also raised that the design would not comply with Cornwall Council's normal design standards as outlined in guidance.
8. PA16/11580, Rest Haven, Road from Chapel Villa to Rose Cottage, Trelights – loft conversion to create a bedroom and en suite bathroom and a front extension of 1.8M to create a larger sitting room. Members were in support.
9. PA16/11786, 13 Middle Street, Port Isaac – LBC for proposed works on the roof, replace the rotten timbers; felt battens and replace all lead work; reslate as existing; insulate the roof space. Members were in support.

Planning Applications Approved by CC – information only.

- i. PA16/07635, 34a Fore Street, Port Isaac – LBC to remove existing slates and timbers and replace with a new roof.
- ii. PA16/08380, 21-23 Church Hill, Port Isaac – proposed internal alterations and re-cladding of rear elevation.
- iii. PA16/08432, Linden, 5 Trewetha Lane, Port Isaac – resubmission of withdrawn application PA16/05231 for the demolition of existing dwelling and erection of replacement dwelling.
- iv. PA16/08637, 46 New Road, Port Isaac – proposed replacement dwelling.

v. PA16/08897, Homer Park Farmhouse, Port Isaac – demolition of existing dwelling and construction of replacement dwelling with new boiler house, swim pool house and associated works.

vi. PA16/09770, 13 Hartland Road, Port Isaac – extensions to provide additional living and bedroom accommodation.

vii. PA16/10158, Co-op, 31 New Road, Port Isaac – application for Advertisement Consent for the siting of 1 internally illuminated logo fascia sign, 1 internally illuminated logo projector sign, 1 internally illuminated logo sign and 3 non illuminated wall mounted panel signs.

viii. PA16/10237, Higher Moon, Tintagel Terrace, Port Isaac – alterations and extension of dwelling.

ix. PA16/10731, 7 Tintagel Terrace, Port Isaac – prior notification for proposed demolition of attic bungalow.

Public WCs

- i. New Road WCs – work on the New Road WCs is complete and we are awaiting the official opening. The lease on the retail unit has been advertised.
- ii. Roscarrock WCs – due to staff sickness, Cornwall Council were unable to open the toilets over Christmas and the New Year.

Parking Enforcement

Members have agreed to purchase additional parking enforcement from Cornwall Council, in a bid to deal with the problem of owners parking their vehicles on double yellow lines, etc.

Playing Field

Football nets have been purchased for use on the council-owned Playing Field.

Grants

Members made a grant of £200 to St Peter's PCC towards the cost of grass cutting around the War Memorial at the Church Rooms.

2017/18 Budget

Members have set a precept (the Parish Council's share of the rates) of £27,500 for the next financial year.

Gillian Thompson
Parish Clerk / RFO

Email: stendellionpc@gmail.com

Martin does chocolate ...



Welcome back Trio readers, and so to kick start this new Trump era, I have some chocolate recipes for you what with Valentine's being just two weeks away.

The first recipe is the most complex but easily done. Liquid glucose is needed for this recipe and I do not know if you can buy this in Wadebridge but it is easily available online.

Chocolate truffles are heavenly treats which devilishly melt in your mouth. Surprisingly, truffles are easy to make at home and they make romantic gifts and fabulous petits fours.

Salt Caramel and Peanut Truffles

- 100g of peanut butter, crunchy
- 400g of caster sugar
- 400g of glucose
- 500g of double cream
- 300g of butter, diced and chilled
- 14g of salt
- 400g of chopped roasted peanuts (unsalted)
- 475g of milk chocolate, melted
- 100g of cocoa powder, 100%

To make the truffles, place the 400g of Ocaster sugar and 400g of glucose in a thick-bottomed pan. Place on a medium-high heat and stir until dissolved, then raise the temperature and cook until the mixture turns to a deep golden brown colour

Add the 500g of cream and 300g of butter, taking care as it will splatter. Cook to 115°C, stirring continuously.

Remove from the heat and allow to cool for 2-3 minutes. Then stir in the 100g of peanut butter. Add the 14g of salt and mix well.

Pour into a lined tray or plastic container, cover and place in the fridge until set - overnight will give best results

Once set, roll into 15g balls then roll in the 400g of chopped peanuts. Place back in the fridge to set and prepare the 475g of melted chocolate.

Once the truffles have set, roll in the melted chocolate. Remove a little of the excess with your hands and drop them, one by one, into the 100g of cocoa powder. Shake until the truffles are covered with cocoa powder and then carefully transfer onto another tray. Repeat until all of the truffles are coated.

Tips: I suggest you use gloves and a couple of forks to do this. Also to get a textured finish place a cooling rack on top of a tray then after dunking in the chocolate, place them on the cooling rack and roll them around on the rack before the chocolate cools.

Keep in a sealed box in the fridge until needed. 15 minutes before serving, remove from the fridge so the truffles can come up to room temperature



This chocolate pots recipe is really easy to make and provides a truly divine result, especially when served with fresh raspberries. You can use ramekins, espresso cups or any other suitable container for your chocolate pots.

Chocolate Pots

- 100g of couverture chocolate, chopped
- 250ml of double cream
- 40g of muscovado sugar
- 1 vanilla pod, split and scraped
- 1 egg
- 1 punnet of raspberries
- icing sugar for dusting
- 4 fresh mint leaves



To start this chocolate pots recipe, place the 100g of couverture chocolate in a food processor and chop into small pieces.

Meanwhile, place the 250ml of double cream, 40g of muscovado sugar and vanilla into a pan. Bring to the boil and remove from the heat.

Whisk to dissolve the sugar and pour on top of the chocolate in the food processor. Leave to stand for one minute. Then turn on a low speed to combine. Add the egg and blend for a further 20 seconds.

Pour into 4 small ramekins and chill for at least 2 hours or preferably overnight.

Once chilled, decorate the chocolate pots with raspberries and dust with icing sugar and mint leaves.

As you see this recipe is easy as, so WDY give it a go?

PS: and the kids will give you a hand cleaning the bowls for you!

Enjoy Mx

THE PORT ISAAC PANTO - SNOW



This is the time of year when the scenery and costumes are all packed away, the village hall is restored to normal and the Christmas panto is but a distant memory and I write my reflections on another village panto gone by. I want to thank you all for four months of laughter and tears (mostly mine at the dress rehearsals!) as we look back on Snow White and the Seven Dwarfs. What a brilliant team you were!

It's hard to believe that it's still late summer when we begin rehearsals in September. Coming in off the beach to rehearse the panto seems strange when the sun is still high in the sky. Twice a week we rolled up to rehearse, with all the time in the world ahead of us, "We've got ages yet" being our mantra. However, the panic starts setting in as the scripts are wrenched away in November after the clocks have gone back and the evenings are dark and rainy. The panic is wholly mine - no-one else seems the slightest bit concerned.

Then suddenly costumes are being measured for, scenery is painted and it all becomes very real. The weeks behind us are increasing as the number of rehearsals ahead rapidly pass by. But, unfailingly, everyone steps up a gear and prevents me from having heart failure as, from nowhere, they learn their lines and cues and songs.

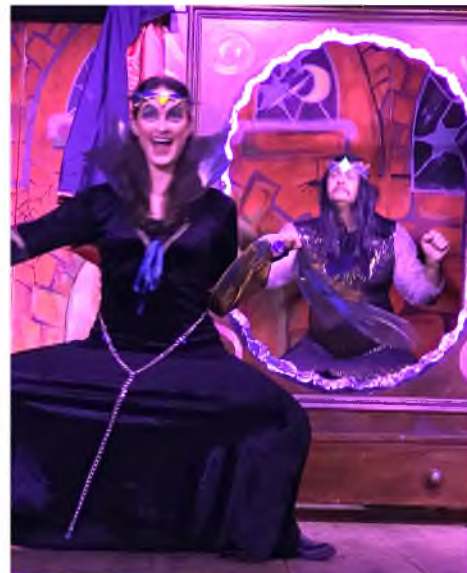
This year we welcomed Graham Lee on piano. I'm sure, as a newcomer to the Drekklies, he must have wondered what he had volunteered for as he set the stage with good old fashioned pantomime music. Thankfully he laughed at all our jokes week in, week out, being an appreciative audience all the time.

Dee and Richard set the scene as Dame Doitall and Mrs B. Any resemblance to anyone living locally is purely coincidental. But uncanny eh Dar!

Alice charmed us all as Snow White. Alice is one of the youngsters we snapped up at an early age and she has been in many of the Drekklies pantomimes. Jack, the handsome prince, is now starring in Avalon shows and we were pleased to hold on to him as he climbs the ladder of fame and fortune!

Cheryl, not to be outdone, tried her level best to upstage Snow White as the wannabe star of the show. She dreamt of the limelight only to be cruelly dismissed at every attempt. Don't give up your dreams Cheryl ... today Port Isaac, tomorrow Hollywood!

The seven dwarves featured two new members in the shape of Alison Penny and Ellen Lanyon who surprised themselves in joining in and becoming accomplished performers from day one. Didn't they do well! And I am always delighted when the youngsters choose to get involved with the panto. Maybe there's not much on the telly on a Monday



and Thursday? But whatever the reason, we are thrilled that so many want to come along. Two other obvious candidates for dwarves at over six foot each were Harry and Dan. Mabel, another talent in our midst, enhanced our ensemble whilst Dave was the anchor at the end of the line. I think we had all seven dwarves together on possibly two occasions! But somehow it all comes together on the night.

Andy and Cherry as the wicked Stepmother and her mirror image were spooky in their telepathic syncopated method of acting. Or maybe it was that Andy had his words taped on the back of the mirror? Cherry, a natural comedienne, had us all in hysterics, particularly as we waited to see what she had in her basket each week.

Rough and Ready, aka Mark and Martyn (or was it Martyn and Mark?), made us smile as we anticipated the same one liners week after week. We knew the punch lines before they did as they had us all laughing. Well, it was either that or maybe it was the sight of Mark in tights?

As usual the children are a real joy and where would the panto be without them?



WHITE AND THE SEVEN DWARFS



Dylan the hedgehog bravely made it to the top step before stage fright got the better of him. Annie, Emily and Poppy were so confident as they starred in the opening scene and then later on as woodland animals, joined by Eva and Natalie. In stark contrast to the rest of us they had learnt their parts and were word perfect in less than six weeks. A lesson to us all. The older children, Milly, Oliver, Sigourney, Toby and Trixie diverted the stepmother with their signpost antics and are our stars of the future!

Up on the light and sound desk Chris and Liz rose to the challenge of using the new system in just weeks. We are very grateful to the Doc Martin Fund and Port Isaac Co-op for the generous support.

Backstage Marion held us all together as wardrobe mistress and stage hand. Holly kept us in-line as prompter, apart from the times we went so off script she could do nothing but smile vaguely back from the wings when we were lost for words.

I also want to give a very special mention to Alan and Edna for their props extraordinaire! Each year they get more spectacular and give us a very special magic.

Thank you to everyone else who helped us; to Kim and Sybil and to Annie and Roy on the bar, to Dee for the admin, printing and ticket sales, to the scenery painters and anyone I may have forgotten to mention. Without everyone playing their parts and giving their time so generously it wouldn't happen.



Now it's time to hang up the frocks, wigs and glitter until next time. This year we shall have our Music Night in November when we raise money for the hospice. And next year we shall dust off the costumes and do it all again for the 12th Drekly Theatre Company Port Isaac pantomime!

So, after eighteen weeks of rehearsals and performances, when we are asked "What do you do in the winter?" We can say "Nothing much really."

And finally, £935 was raised for the Children's Hospice SW from the pantomime this year. A heartfelt thank you from us all to you for supporting us and for your generosity.

Madame La Directeure



*and the final word goes to the
Trio theatre critic ...*

This production had it all ... a disillusional storyteller, cute children, henchmen, a wicked stepmother, singing and dancing garden gnomes, a talking mirror, a ghost, a handsome prince, a Cornish maid, very cute woodland animals, a flamboyant Dame, a beautiful heroine, talking signs and, last but not least, "a present of a pheasant".

From the opening scene we were taken on a journey through the eyes of small children as they were told the tale of Snow White ... and what great performances the Drekly Theatre Company put on for the full houses at Port Isaac Village Hall.

With many of the cast being with the company for many years, there were also a few new faces with Mrs Alison Penny and Ms Ellen Lanyon joining the ensemble.

As usual the children of Port Isaac stole the show as signs and woodland animals - you parents must be so proud.

And finally, a special mention to Alan Davies who made the props for the show - you are a true talent.

*Congratulations to the cast and crew of
the Drekly Theatre Company ...
see you in two years time!!!*

Signed. Russell Russell

St Endellion Parish Emergency Plan

The Parish Emergency Plan is now completed and lodged with Cornwall Council and the plan will swing into action should any emergency arise. Over the next few weeks all homes in Port Isaac will receive details of what to do in an emergency. All second homes and holiday lets will receive a card that can be left in the property advising visitors etc of our emergency plans. And finally, all businesses will be told about the plans so that they can, if they wish, make their own plans.

We are always looking volunteers to join our small team and if you feel you can lend a hand, if necessary, please contact either Dee (01208 880905, email: dee54@mac.com) or Cheryl (01208 880802).

As part of the plan we have tried to identify vulnerable members of our community so that we can offer them help and support in an emergency. If you would like to add anyone to this list please, again, contact Dee or Cheryl (numbers above).

Flooding can happen in a flash ...

The Environment Agency is keen to raise awareness of the risk of flash flooding in Port Isaac. Due to our location and topography we are classed as a community at risk; we are vulnerable to many sources of flooding including river water, surface water (roads and fields) and, of course, tidal water.

Flash floods occur very quickly and with massive force - they can move rocks, tear out trees, sweep away vehicles and destroy buildings and bridges.

The Environment Agency routinely inspect rivers and carry out vegetation management as well as debris screen clearance. The parish emergency team also keep an eye on things and advise the agency of any potential problems. If you see anything that gives you concern please do contact either Dee or Cheryl (numbers above) and let them know.

One of the St Endellion Emergency Plan's objectives is to make

sure that everyone in the parish knows the risks to their home and family and what to do in the event of flooding including details of how you can prepare and where to take refuge.

To find out more:



www.cornwallcommunityfloodforum.org.uk



www.nationalfloodforum.org.uk

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**East Cornwall Hospital
(Bodmin)** - 01208 251555

Derriford Hospital (Plymouth)
- 08451 558155

Local Dental Helpline - 01872
354375

Police (non-emergency) - 101

PCSO Claire Drennan - 0845
6567930

**Civil Enforcement Parking
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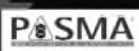
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Want to find out what's happening in the Village?
Read your *Trio* and look on the Trio Diary page.
Make sure your event is included here!
email info to triopi@mac.com or call 01208 880905

WHAT'S ON

Tuesday January 31st

Kerbside recycling - leave out by 7am

Monday February 13th

Parish Council meeting at Port Isaac School - 6.30pm

Tuesday February 14th - Kerbside recycling - leave out by 7am

Saturday February 18th

Johnny Cowling night in Port Isaac Village Hall- 7.30pm

The Grace Notes in St Endellion Church - 7.30pm

Sunday February 26th

Charity Concert - The Blackweir Brass in St Endellion Church - 3pm

Tuesday February 28th - Kerbside recycling - leave out by 7am

Saturday March 11th

Village Hall Cake Sale at the Co-op - 9.30am-12noon

Tuesday March 14th - Kerbside recycling - leave out by 7am

Thursday March 30th

Port Isaac RNLI AGM in the Village Hall - 7pm

Easter Tuesday April 18th

Village Hall Cash Prize Bingo night in the Hall - 7.30pm

Thursday May 4th

Parish Council and Cornwall Council Elections in Port Isaac Village Hall

Church Services

St Peter's Church, Port Isaac

First and Third Sundays in the month - Morning Worship at 9.30am and Second, Fourth and Fifth Sundays in the month - Holy Communion at 9.30am

St Endellion Church

Every Sunday at 11am

Trelights Methodist Church

Sunday Service at 6pm

Trio copy dates

With the exception of February and December, Trio comes out on the first of every month. Copy dates are:

MARCH

February 21st

APRIL

March 24th

MAY

April 23rd

JUNE

May 24th

JULY

June 23rd

AUGUST

July 24th

SEPTEMBER

August 24th

OCTOBER

September 23rd

NOVEMBER

October 24th

DECEMBER

November 30th

Regular Events

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the Village Hall. Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm- 4pm in Port Isaac Village Hall.

Contact Annie Philp on 01208 880262