



trio

MARCH

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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

THE MAGNIFICENT AK47
 with Port Isaac's own **GULLS**

Having survived their last mini tour of Kernow, the men from Wiltshire return to share the bill with their favourite Cornish maids and local songsters, GULLS, bringing new songs and manly advice delivered with timber shivering hilarity.

A GREAT NIGHT FOR ALL THE FAMILY!

Should have checked your emails matey, Saturday's Port Isaac not Indian Queens.

THE MAGNIFICENT AK47

PORT ISAAC VILLAGE HALL
7.30pm Saturday 6th May PL29 3RN
TICKETS £10 adv £12 on door £8 conc
 FROM Secrets, Port Isaac 01208 880862 & www.themagnificentak47.com
Proceeds shared with Port Isaac Village Hall

Shop in the Co-op and support Port Isaac Village Hall or Port Isaac Stay & Playgroup

You can still support the Village Hall or Stay & Playgroup when shopping at the Co-op. For every £1 you spend on Co-op branded goods, you get 5% and another 1% goes to the local cause you have selected.



Thanks to Sally (Stratton) for her front cover seagull photo



Port Isaac Village Hall

fundraising to make your Hall even better - multi-access toilets and baby changing facilities and a new kitchen ... the footings have been dug... the only way is UP!



PORT ISAAC VILLAGE HALL EASTER TUESDAY

APRIL 18th



CASH PRIZE BINGO



Kernow King's Greatest Hits

(plus a little extra new stuff!!)

FRIDAY APRIL 7th

8pm
(doors 7pm)

**PORT ISAAC
VILLAGE HALL**

Tickets £12 each from Secrets
or call 01208 880905/880862



OUT WITH THE OLD, IN WITH THE NEW

Treating yourself to a new freezer? Nothing wrong with the old one, you just want to get rid of it? Instead of paying for it to be taken away you could donate it to Port Isaac Village Hall? We could collect.



Give Dee a call
on 01208 880905

PORT ISAAC VILLAGE HALL HIRE

NON-PROFIT MAKING PARISH CLUBS/
ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc,
FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50 for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £10 per hour - £125 for 24hrs

For full details or to make a booking contact Dee on 01208 880905
or email her dee54@mac.com

Your Hall for YOU to Use



www.portisaacvillagehall.co.uk



Port Isaac Village Hall

CAKE SALE

at the Co-op

Saturday March 11th

9.30am until
they've all gone!

RAISING FUNDS FOR PORT ISAAC VILLAGE HALL
WITH THE SUPPORT OF OUR LOCAL CO-OP

PORT ISAAC VILLAGE HALL AGM

Tuesday April 11th at 5.30pm in
the Hall - everybody welcome



Calling all you natty knitters!

Port Isaac is a very proud supporter of Elizabeth Gowing's charity, The Ideas Partnership (TIP), which helps the young children in a poor community in Kosovo. Many of their children go to school wearing shoes kindly donated by Port Isaac children! Last year we were honoured with a visit to the Village Hall from HRH the Duchess of Cornwall to meet all the supporters.

Our main theme this year is to send bundles of new born baby clothes and blankets which can be donated to the young mums in the community in Kosovo. If you can knit, we will provide the wool. If you can't knit but can collect any new and nearly new baby clothes and blankets, we would love to hear from you. If you would still love to help but can't do any of those things, a small donation towards the cost of the postage would be gratefully received.

Please drop any donations into Port Isaac Pottery.

If you wish to see more about TIP and its good work, the website is;

theideaspartnership.org

On Sunday March 5th Elizabeth is visiting to speak at three of the churches in the parish. Hopefully we can also grab her on another visit to join us all for an afternoon tea and chat in the village hall later in the Spring.

Thank you!



PORT ISAAC CARNIVAL NEWS

Our next fundraising event is going to be our Annual Easter Sunday Treasure Hunt & Duck Race down at Port Isaac Harbour on Sunday April 16th. Find us outside the Mote to get your Treasure Hunt Forms and to buy your ducks! Fun starts from 12pm! If you want to buy a duck before the day, pop into Nicki B's who will have the forms there. There will be the usual (amazing!) cash, alcohol and children's prizes!



We have provisionally booked *Scarlet Blu*, our marquee company from last year, for Saturday September 2nd. As long as we get the go ahead from the Parish Council to use the field and to close the road then we are hoping for a full carnival procession this year and a party with live music for everybody afterwards. As usual, we will need lots of help throughout the year to fundraise for this and on the day we will need volunteers to Road Marshall and help with setting up so please contact Alice, Kat or Charlotte if you think you can help at all and we will add you to our list! Also, if you have any fundraising ideas, please let us know so we can attempt to organise things in the village which suit everybody.

Ideas which are in the pipeline for the rest of the year are

- The famous 3 legged race (so start thinking about getting your team together!)
- A 5 a side football tournament
- A rounders tournament (suggested by the children of Port Isaac school!)
- Lots and lots of Duck Races!

Once again, thank you for all your continued support with all our events and here's hoping for a fun packed 2017 in Port Isaac!

St Endellion Parish Emergency Plan

The Parish Emergency Plan is now completed and lodged with Cornwall Council and the plan will swing into action should any emergency arise.

We are always looking volunteers to join our small team and if you feel you can lend a hand, if necessary, please contact either Dee (01208 880905, email: dee54@mac.com) or Cheryl (01208 880802).

As part of the plan we have tried to identify vulnerable members of our community so that we can offer them help and support in an emergency. If you would like to add anyone to this list please, again, contact Dee or Cheryl (numbers above).



trio

READ ALL ABOUT IT

TRIO EXHIBITION OPENS AT EASTER

plus every issue of Trio will be on the PISCES website



PISCES two award-nominated cookery books, priced £10 a copy, are available from the *Pottery* or *Secrets*. Order online at www.portisaacheritage.com



He only went and won it!

Fish Finger Sandwich Awards 2017

sponsored by Birds Eye

Well, that was a helluva day (and night). An early start, nice hotel, TV personalities, journalists, bloggers, chefs, paparazzi ... and all for a humble fish finger sandwich.

Firstly, thanks to Laura and Dan who got the ball rolling by answering an email and sending off a photo of the Chapel Cafe "Fish Finger Sarnie". Apparently there were several hundred entries but mine was one of the finalists, up against "Fish Dog" and "Shrimp Wreck" creations - both, in my opinion, excellent.

The 'cook off', which was screened live, was quite intense, with all five judges sitting not four feet away. General banter ensued with Greg Wallace (*Master Chef*) being the main instigator. Half an hour later and all done ... panko coated Cornish hake, chunky homemade tartare sauce and multi-seed bread - "A Classic".

It was then the turn of the other finalists and then off went the judges to reappear two hours later. We are all lined up behind an MC in an orange suit, waiting to see who was the winner. B _ _ _ _ R me! I've won!!

Hand shakes, photos with Captain Birds Eye (Greg Wallace), interviews ... the price of fame! Two hours later we are stood in a bar celebrating with the amateur winner, Gabrielle Sander, both of us wondering what the hell just happened.

And the inaugural "Fish Finger Sandwich" award ... well, it's now sitting proud in the Chapel Cafe, after what can only be described as "one helluva day".

Chris Lanyon

St Peter's Church Port Isaac



Our simple seaside Church is open to everyone, every day until about 4pm. We have a service every Sunday morning at 9.30am to which you will be warmly welcomed. You will also find our Church is a lovely quiet place, at any time, to just sit and reflect and be peaceful.

The Church is also home to PISCES (Port Isaac Shared Community Exhibition Space) and you can enjoy the silence and take a look at the current PISCES exhibition - a regularly changing look at life in Port Isaac in days gone by, up to the present day.

Do you, or someone you know, need a listening ear? Tel: David Foster on 01208 880008

Church Diary Dates

Sunday March 5th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist,
St Endellion Church

Wednesday March 8th

7.30pm: Healing Eucharist,
St Endellion Church

Sunday March 12th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist,
St Endellion Church

Sunday March 19th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Morning Workshop,
St Endellion Church
6pm: Taizé Worship,
St Endellion Church

Thursday March 23rd

7.30pm: Mothers Union,
St Endellion Church

Sunday March 26th MOTHERING SUNDAY

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist,

Spring cleaning



As I write this the first daffodils are starting to bloom, the days are at last beginning to lengthen, the air is becoming brighter and we know that spring will soon be upon us. There is a feeling of expectancy, just like Mole in the Wind in the Willows who could feel that "spring was moving in the air above and in the earth below". It is the time when look forward to the new life which soon clothe the fields and decorate the hedgerows. Perhaps just like the Mole we may well even contemplate some spring cleaning!

We are about to begin the period in the church's year known as Lent; traditionally a time when we examine our own beliefs. These days very few people genuinely strictly fast as Christians once did but some of us may choose to go without some luxury in our lives; perhaps chocolates and sweets, cake or alcohol. But why do we do this, what's the point? In the days when to fast meant one meal a day with no meat it was a hard thing to do. Although perhaps even that doesn't sound too bad until we remember that there would have been nothing imported so that the only fresh food would have been those vegetables which were around in the countryside at the end of winter and the grain that was stored in the barns. It makes giving up chocolate sound pretty feeble doesn't it?

So what does Lent mean to you? For Christians it is time when we look forward to Easter. We use this time examine our own beliefs and by denying ourselves something, no matter how trivial, we take time to look at ourselves, our

faith and the way we live. We think about what is really important to us and what really matters in our daily life. It all sounds a bit hard but in reality it is amazingly liberating. Just like a spot of spring cleaning!

David Foster

Fairtrade Fortnight

**Monday February 27th -
Sunday March 12th**

Fairtrade Fortnight is a fun-filled highlight of the year, when campaigners, businesses, schools and places of worship show their support for the farmers and workers who grow our food in developing countries.

The food on our tables, the tea and coffee in our mugs, all from farmers who toil, sweat and slog.

However hard they work to provide the things we depend on, millions of farmers in developing countries aren't paid what they deserve. It's not a new problem.

We need to amplify the voices of marginalised producers as much as ever in 2017.

When we come together we can change the way people think about trade and the products on our shelves - the Fairtrade movement is made up of ordinary people doing extraordinary things in their communities for Fairtrade.

Your actions help shoppers to make choices that change the lives of farmers and workers.

Join thousands of others across the UK this Fairtrade Fortnight to help our friends, neighbours, colleagues, churches and communities to use Fairtrade refreshments whenever they can - to put Fairtrade in their break and take exploitation out.



'Revelation and Imagination'

led by Dr William Lamb

A day exploring the influence of the Book of Revelation on the arts

Saturday March 18th, 10am-3pm

Dr Lamb, vice principal of Westcott House, Cambridge, will explore the way in which the language of the Book of Revelation has shaped the theological imagination in literature and poetry, film, music and art.

The cost is £10, please bring a picnic lunch

You are welcome to come for all or just part of the day. It helps to have numbers in advance so please email Judith Pollinger - rev.judith@btinternet.com



Endelienta

Music at St Endellion



March 2017

Helen Chadwick Song Theatre:

House of Light

Saturday 11 March

Singer, songwriter and composer Helen Chadwick presents a heart-warming quartet concert of her gorgeous a capella harmony songs with settings of inspirational poems, sometimes with body percussion and cross rhythms. Helen will also be leading an uplifting singing workshop in the afternoon, 3-5pm, for anyone who is happy to sing without scores.



Bournemouth Symphony Orchestra Brass Ensemble

Thursday 30 March

BSO Brass is a quintet of musicians who love connecting with audiences and revel in giving concerts in small rural villages. This will be a varied programme ranging from Bach to A Nightingale Sang in Berkeley Square – so something for everyone. The quintet will be joined by Cornish young brass talent for a few of the pieces.

Concerts are in St Endellion Church and start at 7.30pm.

Tickets £10 (free for accompanied under-16s).

Book online at www.endelienta.org.uk; by telephone 07787 944935;

The National Trust

Saturday 8 April

Path Repair Day with the National Trust

10am-3pm Epphaven Cove, near Port Quin

Get stuck in with a spade or mattock, repairing steps, drains and improving the surface of the footpath. No experience necessary, all tools and equipment provided. Please wear sturdy footwear and clothing suitable for the weather. Bring your own lunch.

Booking essential, please phone 01208 863821 or email tom.sparkes@nationaltrust.org.uk



Frank Gadman

5th July 1941 to 6th February 2017



Jill Gadman would like to thank all those who attended the funeral of her late husband, Frank, on Monday 20th February.

A special thank you to Kevin and Maxine, Chris Hannah and Lucy, and Frank's sister Vera, for all the love and support they have given me during this most difficult time. They have been a tower of strength.

Thanks also to all those who joined us for a Celebration of Frank's life at the Port Gaverne Hotel afterwards, and to all the absent friends scattered far and wide who were here with us in spirit and raised their glasses for a last toast to Frank. I was overwhelmed by the huge number of beautiful condolence cards sent to me and my family and they are greatly appreciated, as is the help given to me by my wonderful friends in the village.

We were very lucky to have such magnificent support from Dr Sandra Barfield, District Nurses Janine and Jan and everyone at Port Isaac Surgery. Thank you all.

Thanks also to R J Bray and Sons for their professionalism and to Marion Lambshead for conducting the service with great empathy and much appreciated warmth.

The collection, in lieu of flowers, goes to 'Help for Heroes', through R J Bray.

Our MP, Scott Mann, talks to Trio ...

I was very pleased to meet with the Federation of Small Businesses (FSB) in Launceston recently to discuss what has been happening in Westminster and the constituency for small business owners.

We discussed changes to business rates and the relief schemes in place to help small and rural businesses, as well as employment growth and exporting opportunities. The Government has launched a fantastic initiative called 'Exporting is Great' which is helping small and medium sized businesses export for the first time.

If you run a business and are keen to export, then visit www.GREAT.gov.uk where you can create your own business profile to link up with potential buyers.

The FSB are also running a campaign to get more women starting and running their own businesses, and I look forward to working with secondary schools to encourage boys and girls to be enterprising and start their own businesses.

I was also delighted to meet with the Westcountry Rivers Trust in Camelford to discuss their new £2.2 million Water for Growth programme which will help freshwater habitats for fish, particularly salmon and trout.

Unfortunately both species are declining in numbers, and in partnership with the Environment Agency, the Trust will remove barriers in the Fowey and Camel rivers and open up 150 km of extra space so the fish can more easily migrate and spawn.

Ahead of the Chancellor delivering his Budget in March, I will be writing to Philip Hammond to ask for a boost in social care funding to address increasing demands upon the sector. Rightly, councils and health authorities are trying to integrate health and social care so people can be helped in their homes rather than in hospital.

The Government has already put the £5.3 billion Better Care Fund into place to help with the delivery of social care, as well as delivering on its pledge to increase NHS funding by £10 billion per year. Social care does, however, need more central government funding and I will be writing to the Chancellor about this.

Councils have also been given the power to increase council tax by 3 per cent to exclusively fund social care, and Cornwall Council have recently voted for a 2 per cent rise to increase funding for social care in the county. I am not critical of this decision as the pressures on social care do need to be addressed.

I have also written to the Chancellor asking him to cut beer, cider and wine duty to help our small and medium sized breweries and local pubs. These industries are very important to North Cornwall and the county as a whole, and we should be very proud of the success of our Cornish breweries, vineyards and pubs which employ many people. Unfortunately the number of pubs is still on the decline since the 2008 Recession, and a cut in duty would be a great boost for our small privately owned pubs which lie at the heart of rural communities.

Contact at: 10 Market House Arcade,
Fore Street, Bodmin PL31 2JA Tel: 01209 74337



Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon

Coming up in the next few weeks we will be:

March 7th – Painting

March 14th – Cake Decorating

March 21st – Outing, Kernow Play House

March 28th – Play dough

April 4th – Easter Cards

April 11th – Easter Egg Hunt

If you want to know more contact
either Bonnie on 01208 880946 or
Cherry on 07900 527610



5 Day 'Freedom in Painting' Course with Ashley Hanson 17- 21 May

Newlyn Society artist, Ashley

Hanson is coming to Port Isaac and is very much looking forward to running

his first painting course at the local village hall. The 5 day course will include

spending two days on location in and around Port Isaac and Trebarwith Strand – drawing making studies for paintings before working for 3 days in the village hall studio, transforming the ideas into paintings. Ashley is a renowned colourist and landscape artist and has been selected for the Royal Academy Summer Exhibition, The Discerning Eye and the National Open Art Competition and has shown extensively throughout the UK. The cost of the course is £375, however if you book before 31 March there is a £30 discount.



To book or for more information see
www.ashleyhanson.co.uk

or email info@ashleyhanson.co.uk or call 01208 77656



CREW NEWS

NEWS

Following a quiet period over the past month or two, which has provided time to carry out some intensive crew training combined with a series of closely coordinated sea going exercises, Lifeboat Operations Manager Chris Bolton received a call to action from Falmouth Coastguard on Saturday February 11th tasking our lifeboat, *Copeland Bell*, to be launched. Two surfers were reported to be trapped part way up a cliff in a notoriously dangerous spot, Dennis Point south of Trebarwith Strand.

On reaching the area our volunteer crew - Tom Brown, Matt Main, Ian Johnson and George Cleave - quickly located the casualties, two men, perched on a cliff ledge, cut off and just feet above the lively sea level and in a very difficult recovery situation. Our crew assessed the situation and estimated that the trapped men had approximately 45 minutes before the incoming tide engulfed them. In the meantime the Coastguard Cliff Rescue team had reached a position above the casualties but the overhanging and unstable rock face again made rescue highly critical. At this point, with Port Isaac crew monitoring the situation and the necessity to effect a speedy and safe recovery, Falmouth Coastguard tasked their helicopter from Newquay which arrived on the scene and winched the two men to safety. Our lifeboat stood by throughout the operation monitoring communications and keeping Falmouth Coastguard fully updated as the situation developed.

Padstow Offshore TAMAR Class lifeboat had also arrived on the scene, standing off as as cover whilst the rescue took place. At the conclusion of the operation our crew were grateful for the opportunity to track back in the wake of the Padstow boat to the safety of Port Isaac home waters.



The sight of John Brown and his merry crew, Dave Morgan and Mike Meaking, conducting their Port Isaac Walk and Talk Tours has become a familiar sight over the past few years. Tourists hear about village history, past and present, and explore some of the out of the way beauty spots to be found tucked away around and about our historic village.

John Brown served on the lifeboat crew for many years and is now a Deputy Launching Authority with nephew Tom serving as a current volunteer crew member. Dave Morgan is also a great supporter as is Mike Meakin. He has recently donated £200 towards the operational running costs of the station as seen in the photograph, presenting his cheque to Lifeboat Operations Manager, Chris Bolton.

Mike has raised this donation aided by his son-in-law, Ben Brodhurst of Concorde Copiers, by producing a Doc Martin souvenir poster which features a quirky full colour look at the series with marketing support from Wes at "May Contain Nuts", Mike from "Buy the Book" and Mel from "The Cornish Cove". This colourful publication will continue to be available throughout 2017.

Mike says: "It is a pleasure to be able to make a donation to such a worthwhile charity as Port Isaac RNLI and its volunteer crew who provide an amazing service in sometimes treacherous conditions. They deserve our admiration and praise for their selfless service to our North Cornwall community".



Port Isaac RNLI

ALL WELCOME 2017

Annual General Meeting

Thursday March 30th

Port Isaac Village Hall - 7pm

**Bar and Refreshments by invitation of Sharp's Brewery
and the Port Isaac RNLI committee**

The presentation of the Accounts and the Election of Officers
will be followed by

A CALL TO DUTY EXOCET - FALKLANDS

an audio visual presentation by
Squadron Leader Max Roberts AFC. RAF (retd)

covering the dramatic story behind *Operation Mikado* - a daring plan to carry
out an assault landing of two *RAF Hercules* on to the heavily defended
Argentine *Rio Grande* airbase at the height of the conflict in May 1982



Max Roberts (3rd from left) celebrating with crew, a few months after the conflict

The Trio Print Service

We offer a village printing service to help offset the cost of *Trio*.

We can print in full colour up to A3, single or double sided, on paper or card up to 180gsm. The machine can tri or bi-fold leaflets or staple booklets. As well as leaflets and brochures we can print flyers, posters, menus etc. We also offer a design service or can prepare your design ready for printing.

To find out more contact Dee on 01208 880905/880862, email: dee54@mac.com

It was one
of those
March
days when the sun shines hot
and the
wind blows cold:
when it is summer in the *light,*
and winter in the *shade.*

Charles Dickens

St Kew Flower Festival 5th to 7th May 2017

The Theme of the Flower Show is
"Your Favourite Poem"

And we are expecting great things from the various companies/societies/clubs who have agreed to create flower arrangements.

The Flower Show will take place in St James the Great, St Kew and funds raised will help to improve the church's facilities.

The weekend will include a concert by the Tintagel Orpheus Male Voice Choir, refreshments will be available throughout the day and we will have a wonderful raffle.

For more information please contact

philippaharkness@me.com

pipcampbell@sky.com

Jennifer May 01208 880 131

Victoria Grand 01208 815 675



The Chris Treglown Foundation Award 2017



to help young people
pursuing a musical career

A very special award for passionate young singers and performers aged between 16-26 years who are from Cornwall and are studying either in or out of the county

£1000 award to the successful candidate

Auditions will take place on Friday April 14th at the John Betjeman Centre, Wadebridge

**APPLICATIONS TO BE RECEIVED
BY NO LATER THAN MARCH 31st**



For more info and to apply visit the website
www.christreglown.co.uk

or contact Julia Treglown on
07815 987172 or
juliatreglown@hotmail.com

or The Chris Treglown Foundation Fund Facebook page

The CHRIS TREGLOWN Foundation Fund

Fantasy Football 2016/17

LW	POS	TEAM	MANAGER	POINTS
1	1	BADA BING!	Paul Honey	867
2	2	AFC BONEMOUTH	Tim Witherden	798
3	3	LIDDSPURS	Peter Liddicoat	793
5	4	LSD MINDWOVEN	Danny Treacy	755
4	5	THE LOBBIES	Pete & Julie Lobb	752
6	6	DYNAMO FUCHTHEREST	Andrew Grills	739
7	7	SHE WAS ONLY XI	Harry Hambly	738
8	8	A MAN'S GOTTA KNOW HIS LIMITATIONS	Chris Witherden	710
9	9	PORT ISAAC SOCCER SERVICE!	Richard Hambly	681
13	10	CALIFORNIA CHROME	Kevin Grills	657
10	11	MAYBEES	Tom Bishop	646
14	12	HONEYBABES	Jean Herring	644
12	13	BIG SAM'S CHEWING GUM MASTERCLASS	John Yates	633
11	14	BLUEJEANS & MOONBEAMS	Andy Penny	631
18	15	TOM'S TEAM	Tom Lobb	603
15	16	MOTS FLYERS	Tom Cleave	594
15	17	CRUISE TO GLORY	Chris Lanyon	592
17	18	MUDGUTS MARAUDERS	Ann Cleave	581
19	19	FOXHOLE ALLSTARS	Bryan Nicholls	545
20	20	BLACKBIRD ROVERS	Margaret Honey	512
21	21	FLYING FOREST	Kevin & Emma Honey	508
22	22	BOOM XHAKALAKA	Jake Treacy	416

up to February 21st 2017

Parish Council report supplied to Trio by the Parish Clerk

Planning Applications

The following applications were received and Members made the following responses to Cornwall Council:

1. PA16/12129, Treswarrow Park Farm, Trelights – change of use of 0.5ha of agricultural land to a caravan site on which to site a maximum of 4 shepherds hut for holiday letting with associated landscaping and parking areas. Members were unanimously in **SUPPORT** of this proposal. In consideration of objections received from the neighbouring business, Treswarrow Kennels, Members did not consider the business to be at risk from noise disturbance created by four small units. The site is well screened from long distance views.
2. PA17/00194, St Endellion Church – a proposed new opening in fence and installation of gate to provide new footpath for pedestrians crossing the B3314. Members expressed serious concern over the safety of this proposal given the speed of traffic passing the site. The proposed gateway opens onto the road with only a narrow verge. Members understand an alternative field had been offered for parking and consider, given the traffic dangers that this would be a preferable option. Members **OBJECT** to the proposal.
3. PA17/00391, Land E of Port Gaverne Beach – existing café to be demolished with new proposed construction and new landscaping to site. Members voted 7 to 1 in **SUPPORT** of this new proposal. The single objection centred on the provision of parking to service increased visitor numbers with reference to PA17/00546.
4. PA17/00546, Land NE of Port Gaverne Hotel – provision of seasonal car parking and waste storage area with proposed signage. Members unanimously **OBJECTED** to this proposal. During a site inspection Members were advised, by Cllr. Dawe who has an agricultural background, the existing hard-core surface would not support grass re-growth if seeded in its current state. During the low season the exposed white area would be an unwelcome visual intrusion in the AONB. Members agree the waste storage area would be improved by the proposed screening. Members would support, as previously stated, seasonal parking on the site if it were to have a green surface. If permission is granted to PA17/00391 there will demonstrably be need of more parking to lessen the pressure for space adjacent to the beach. However the surface should be meshed and seeded to restore the grass and minimise long distance visual harm.
5. PA17/00575, 7 Tintagel Terrace, Port Isaac – new detached two storey single family dwelling with car parking below a new deck structure forming an extension of the rear garden, all on a plot where a detached dormer bungalow and detached garage (used as studio) has recently been demolished. Members voted unanimously to **OBJECT** to this proposal. Whilst in agreement that the proposed dwelling will fit in with the street scene, concern centred on the elevated decking at the rear over the parking area, which is was considered would be intrusive, unneighbourly and cause overlooking issues.
6. PA17/00693, 23 New Road, Port Isaac – proposed replacement dwelling. Cllr. Bell declared an interest in this item. Members were fully in **SUPPORT** of this proposal, the single exception being to note the use of Hardie Planking as not being in the local build vernacular.
7. PA17/00173/PREAPP, Land S. of Homer Park Farmhouse, Port Isaac – pre-application advice for part demolition and conversion of barns to private residential use. Members

unanimously **OBJECTED** to this proposal as a domestication of a rural landscape. Members are concerned incremental permissions will lead to the spreading of this building cluster inappropriately in a protected landscape. It is not considered the current barns are suitable structures for conversion. Furthermore the proposed new access, Members considered might be unsafe.

Planning Applications Approved by CC – information only.

- i. PA16/09733 and PA16/09734, 34 Fore Street, Port Isaac – rebuilding of chimney removed in the 1980s.
- ii. PA16/11580, Rest Haven, Road from Chapel Villa to Rose Cottage, Trelights – loft conversion to create a bedroom and en suite bathroom and a front extension of 1.8M to create a larger sitting room.
- iii. PA16/11391, Calenick, Trelights – proposed garden studio.

The Main Car Park

It is possible for visitors to purchase advance parking tickets for the Parish Council owned car park in Port Isaac. The link is: <https://parkonomy.com/en/book/655/port-isaac/main-car-park-trewetha>. Those letting holiday accommodation or expecting visitors this year, may find this information useful.

New Road Shop / WCs

Four expressions of interest were received for the lease on the retail unit and two candidates have been short listed. Members wish to ensure that whoever takes the shop will be able to offer Post Office services. Members have negotiated with Cornwall Council to have the waste bins moved from their current location on the New Road car park to an area behind the shop. A storage area is currently being built for this purpose.

Parking Enforcement

A reminder, that Members had agreed to purchase additional parking enforcement from Cornwall Council, in a bid to deal with the problem of owners parking their vehicles on double yellow lines, etc.

Yellow Lines

Work has commenced in installing additional yellow lines and will be completed when weather conditions and operational resources permit.

Road Closure

The B3314 Between Higher Rosewin And Camel Road, Gutt Road, B3314 Between Gutt Road And Tregorden Lane, B3314 Between Tregorden Lane And Bodieve Road & Bodieve Road Wadebridge, 6th to 17th March 2017 (19:00 to 07:00).

Indian Summer Fair

Members were pleased to grant permission to the Friends of Port Isaac School to use the playing fields for their Annual Fair, to include a dog show on 17th September 2017.

Gillian Thompson
Parish Clerk / RFO

Email: stendellionpc@gmail.com

Commercial waste bags can be posted to a chosen address. For any problems with commercial waste email
roche.service@biffa.co.uk

Websites of the Month

Over the past few months there has been a lot in the media about fake news. This is misleading information that is intended to gain some advantage politically or in other ways. While it is not a new feature of human life, the advent of social media like Twitter and Facebook has meant that stories can be circulated very fast to millions of people. Until recently words like crime, or stalking were never preceded by 'cyber' but now much of our life has some aspect of cyber about it. The government is investing even more money into cyber – whether it is defence or surveillance and you can find out more about this at the National Cyber Security Centre website <https://www.ncsc.gov.uk>.

It was in this context that I was thinking about what do we really know about anything and I did think of writing about fact-checking websites, and there are a lot of them now (for a good UK site have a look at <https://fullfact.org/about/our-team/>), but in the end decided to concentrate on something even deeper about the world we inhabit as our perceptions of reality might be less reliable than we think.

My thoughts about this came from re-reading a book called "Why does $E=MC^2$ and why should we care?" by Brian Cox and Jeff Forshaw. The first time I read it, the first two chapters made me feel quite peculiar as they are about the idea that is the basis of Albert Einstein's theory of relativity, that space and time are not separate things but can only really make sense when combined into a new thing called 'Spacetime'. As the book develops the ideas that lead to $E=MC^2$ they say they don't use very much maths – and I suppose it depends on what you mean by very much – but there is a bit, and as they say, when you get to these bits, the best approach in the words of Douglas Adams is "Don't Panic!" I thoroughly recommend it as it is an exciting read, starting off easy, but getting increasingly difficult - but what does the web have to offer?

As usual the BBC has a good starting point for getting to grips with this called "Does Einstein's general theory of relativity still matter?" <http://www.bbc.co.uk/guides/zs7d2p3> and Brian Cox and Robin Ince take you through the basics in a very enjoyable way. This has clips from the radio show, the Infinite Monkey Cage, interactive graphics showing how heavy objects bend spacetime and much more. As well as bending spacetime, these ideas are pretty mindbending. The fact that time is affected by gravity (and results in the satellites we use for our satnav navigations have to be corrected for the time being different in space than for us on Earth is one practical consequence (see youtube video <https://www.youtube.com/watch?v=30KfPtHec4s>)). And of course the equation itself means that the amount of energy in something is its mass multiplied by the cosmic speed limit – it is the speed of light as well but nothing can go faster than this speed. That is weird in itself, as though there was a national speed limit on the roads that you didn't need speed cameras for as no one could go faster than it whatever fancy car they had.

The amazing thing about all this, and that's before we get to quantum mechanics, is that it has been found to make very precise predictions that have been confirmed by experiment – from nuclear power to the recently detected gravitational waves <https://www.ligo.caltech.edu>.

One of the other connections I make between science and fake news, is the theme of these columns – climate change. If you just rely on what you see around you, for example the sea shore looks fine, the weather is OK, you wouldn't know about the underlying changes that the world is experiencing. It is only through the detailed study of these things that what is really going on can be understood – at least that's my thinking, and the world of relativity and quantum mechanics is a good place to keep grounded (if you can cope with the mindbending).

Tony Wainwright



Albert Einstein in 1904 while he was working on his theory of relativity

Thank you from Annie

Annie Price would like to thank everyone very much for their care, kindness and support during her recent stay in hospital and ongoing recovery at home. It's at times like this when I realise just how lucky I am to live in Port Isaac.

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East Cornwall Hospital (Bodmin) - 01208 251555

Derriford Hospital (Plymouth) - 08451 558155

Local Dental Helpline - 01872 354375

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PCSO Claire Drennan - 0845 6567930

Civil Enforcement Parking Team - 0300 1234222

Rev Judith Pollinger - 01208 880181

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Lifeboat Operations Manager - Chris Bolton - 01208 880256

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Vet - Nutes (Wadebridge) - 01208 813258

Oodles of noodles ...



Loin of pork with miso and mushroom ramen

This is a easy to make pork and noodle dish which is packed with flavour. The pork loin is marinated with miso and black pepper rub and then served with a ramen noodle broth.

For the black pepper and spring onion miso

55g freshly ground black peppercorns
400g spring onions, finely chopped
60g garlic, finely chopped
250g white miso paste
large pinch sea salt
50ml soy sauce
5 tbsp rice vinegar
5 tbsp vegetable oil

To make the miso

Put all of the ingredients in a blender and blend until smooth. This will make more miso than required, but it will keep in the fridge for weeks and can be rubbed on almost any meat

Then

4 x 2cm thick cuts of pork loin, bashed out to make escalopes.

Rub the pork heavily with the miso rub and leave to marinate for at least 30 mins.

Cook for about 2-3 minutes on each side or until cooked through.

Remove from the pan cover and with foil and leave to rest. Remove the pan from the heat and de-glaze it with the rice vinegar. Add a tablespoon of the fresh miso to mix through to make a sauce. Spoon this over the pork.

Simple miso and mushroom ramen

15g dried wild mushrooms, such as porcine
1.4 litres just-boiled water
2 tbsp dark soy sauce, plus extra to serve
1 vegetable stock cube
4 tbsp brown miso paste
200g medium dried egg noodles
2-3 tsp sunflower oil
4 large free-range eggs
150g chestnut mushrooms, thinly sliced
2 pak choi, roots trimmed, leaves separated and washed
100g fresh bean sprouts, rinsed and drained
6 spring onions, trimmed, very thinly sliced
50g roasted cashew nuts, roughly chopped
dried flaked chillies, to serve (optional)

Put the dried mushrooms in a large, heavy-based saucepan and cover with the water. Add the soy sauce, stock cube and miso paste and stir until the stock cube has dissolved. Set aside for 30 minutes to rehydrate and infuse.

Meanwhile, half-fill a saucepan with water and bring to the boil. Add the noodles and cook for 3-4 minutes, or until just tender, stirring occasionally to break up the strands. Drain well, then rinse under running water until cold.

Half-fill the same pan with water and bring to the boil. Add the eggs to the boiling water and cook for 5 minutes. Stir the noodles into the mushroom broth and bring to the boil. Reduce the heat until the mixture is simmering, add the chestnut mushrooms and pak choi and continue to simmer for a further 2-3 minutes. Stir in the bean sprouts and spring onions, remove from the heat.

Drain the eggs then rinse under cold water. Crack and peel off the shells, cut in half.

Divide the broth, noodles and vegetables between 4 serving bowls. Top with the pork (cut into strips) and eggs. Sprinkle over the cashew nuts and chilli flakes. Season with extra soy sauce.

Enjoy Mx

more visit reports

IALT write an innovated newspaper report
I can write a newspaper report
I can include suitable innovations


Passed to the future

On Monday 4th of Jan while visiting Bottray castle the children of Port Lussack school were surprised to meet the unknown visitors. After talking to the visitors the children found out that the visitors were Lincolns from the 14th and 15th centuries. The visitors, Egbert, age 34 and Maggie May, age 49 were initially shocked and confused. When we were in the village hall Maggie May said "that a room" (a room caught sight of a window) "what's this" said Egbert "that's a window" said the children "pardon said Egbert" "it's a window" said the children "Now that's amazing" said Egbert.

Time travelers, never see windows

the children discovered many things "I played with a horse" said Maggie May "something said the children"

is your name Egbert?



newspaper report
I can write a newspaper report
I can include suitable innovations

Lost in history

On Monday 4th of January while visiting Bottray castle the children of Port Lussack school were shocked to meet the unknown visitors.

* about Bottray castle. The children from Port Lussack school were shocked to meet the unknown visitors.

* After talking to the visitors the children discovered the visitors were Time Travelers. The visitors, Egbert and Maggie May, were initially shocked and confused. The children used the visitors in the village hall and invited them to the school.

Time travelers, scared of Wigs.

* At the school the visitors were given a tour of the school. The visitors were given a tour of the school. The visitors were given a tour of the school.

* The visitors were given a tour of the school. The visitors were given a tour of the school. The visitors were given a tour of the school.

* The visitors were given a tour of the school. The visitors were given a tour of the school. The visitors were given a tour of the school.

by Max Sim


IALT write an innovated newspaper report
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Passed to the future

On Monday the 7th of January 2017 while visiting Bottray castle the children of Port Lussack school were shocked to meet the unknown visitors.

After speaking to the visitors the children discovered that the visitors were the 14th and 15th centuries. The visitors, Egbert and Maggie May, were initially shocked and confused.

After talking to the visitors in the village hall and invited them to the school. At the school the visitors were given a tour of the school. The visitors were given a tour of the school. The visitors were given a tour of the school.



31.1.17
IALT write an innovated newspaper report
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LOST in history


On Monday the 9th of January while visiting Bottray castle the children of Port Lussack school were shocked to meet the unknown visitors.

After talking to the visitors the children discovered that the visitors were the 14th and 15th centuries. The visitors, Egbert and Maggie May, were initially shocked and confused.

Children asked the visitors questions in the village hall. In the village hall the children asked the visitors questions. The visitors were given a tour of the school. The visitors were given a tour of the school. The visitors were given a tour of the school.

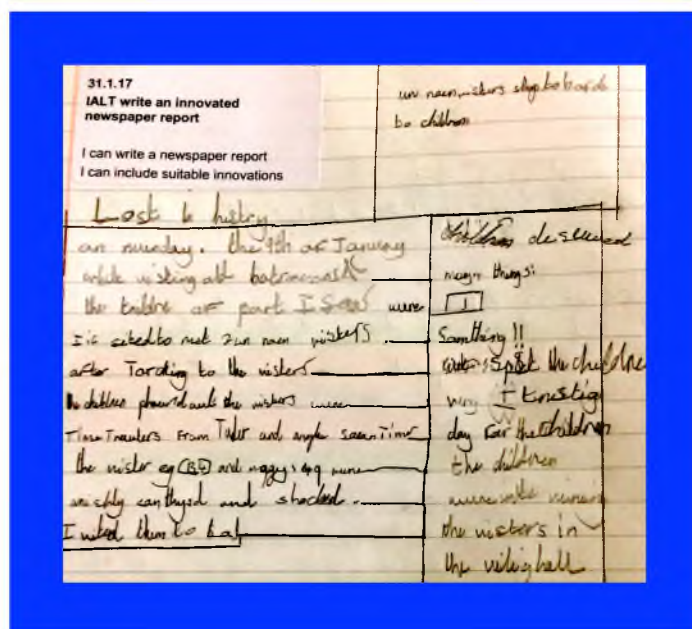
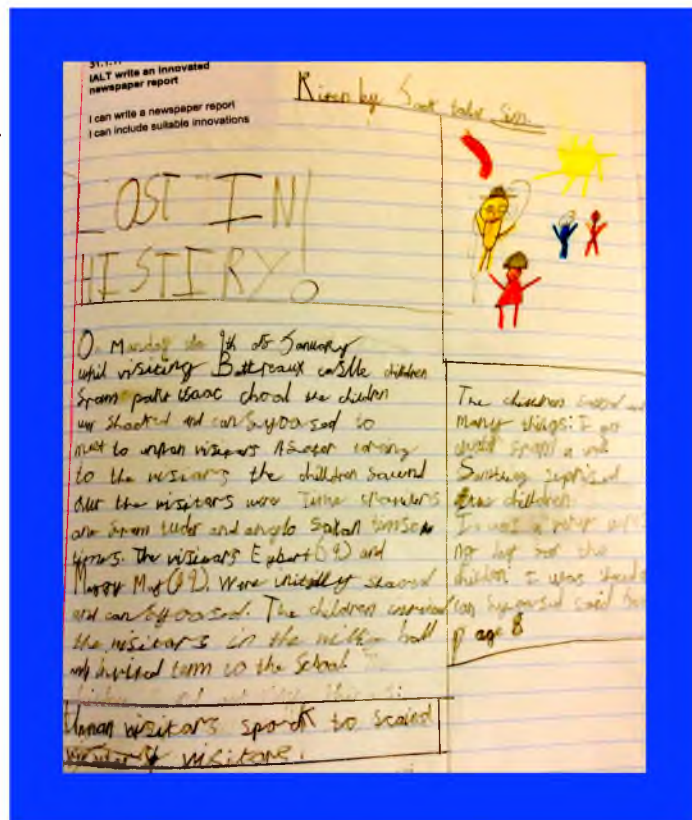
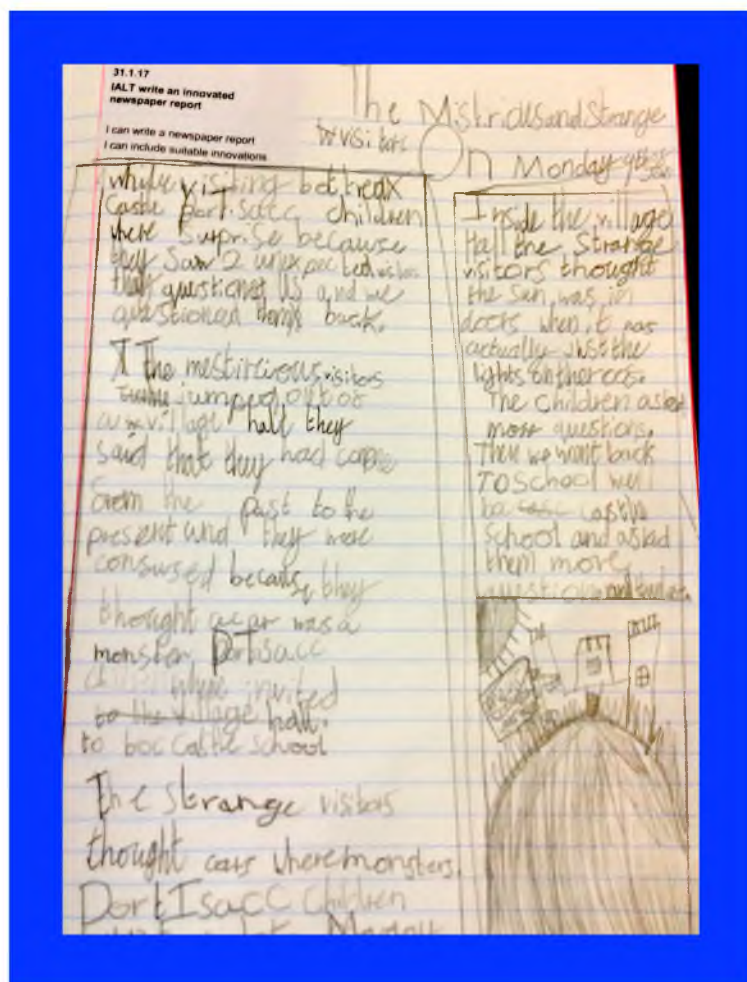
It was a very interesting day for the children.

I found it very interesting.



A Trip To Boscastle

Year 3 and 4 children went to Boscastle to have a look round the village as part of their Literacy topic so that they could write a report about their visit. The day became very exciting when they were met by two time travellers, one from the Saxon era and the other from Tudor times. The children were able to ask them lots of questions and find out about life long ago. Some of their reports are here for you to read.



What do Animals need to survive on their own?

Key stage 1 children have been thinking about animals and how they can survive on their own. As part of this topic Mrs Lanyon brought one of her dogs in to school for the children to meet and talk about its needs. All the children enjoyed the visit very much.



Valentine Disco

Thanks to Friends of the School for organising the disco after school. Everyone who came had a great time.



500 Words

All the children have been writing stories for BBC Radio 2's short story writing competition for children. Their stories can be about anything but can be no longer than 500 words. In their literacy lessons they have been learning about character, setting and plot and we look forward to reading their final drafts which will be sent in to Radio 2.

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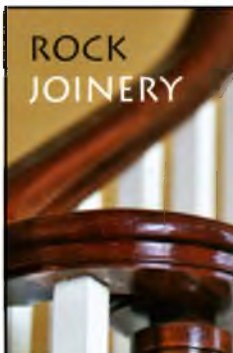
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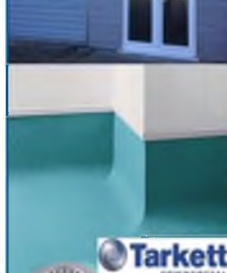
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We offer a village printing service to help offset the cost of *Trio*. We can print in full colour up to A3, single or double sided, on paper or card. The machine can tri or bi-fold leaflets or staple booklets. As well as leaflets and brochures we can print flyers, posters, menus etc. We also offer a design service or can prepare your design ready for printing.

To find out more contact Dee on 01208 880905/880862,
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The Trio Print Service

We offer a village printing service to help
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We can print in full colour up to A3, single or double sided,
on paper or card up to 180gsm. The machine can tri or
bi-fold leaflets or staple booklets. As well as leaflets and
brochures we can print flyers, posters, menus etc.
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We will collect your rubbish bags before your new guests arrive.



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As a licenced refuse collector we will dispose of your bags at a designated licensed tip.

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Want to find out what's happening in the Village?
Read your *Trio* and look on the Trio Diary page.
Make sure your event is included here!
email info to triopi@mac.com or call 01208 880905

WHAT'S ON

Tuesday February 28th - Kerbside recycling - leave out by 7am

Saturday March 11th
Village Hall Cake Sale at the Co-op - 9.30am-12noon

Tuesday March 14th - Kerbside recycling - leave out by 7am

Tuesday March 28th - Kerbside recycling - leave out by 7am

Thursday March 30th
Port Isaac RNLI AGM in the Village Hall - 7pm

Friday April 7th - Kernow King at Port Isaac Village Hall - 8pm

Easter Tuesday April 18th
Village Hall Cash Prize Bingo night in the Hall - eyes down 7.30pm

Tuesday March 28th - Kerbside recycling - leave out by 7am

Thursday May 4th
Parish Council and Cornwall Council Elections in Port Isaac Village Hall

Saturday May 6th
The Magnificent AK47s with Port Isaac's Gulls in Port Isaac Village Hall - 7.30pm

Sunday June 18th
Port Isaac Rowing Club George Moth & Mark Provis events

Saturday August 5th
Port Isaac Rowing Club Gig Day at Port Gaverne

Saturday September 2nd
Port Isaac Carnival Day

Saturday November 18th
Music from the Movies night - local musicians and singers stage a fundraiser for Cornwall Hospice Care

Regular Events

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the Village Hall.

Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm- 4pm in Port Isaac Village Hall.
Contact Annie Philp on 01208 880262

Trio copy dates

With the exception of February and December, Trio comes out on the first of every month. Copy dates are:

APRIL	March 24th
MAY	April 23rd
JUNE	May 24th
JULY	June 23rd
AUGUST	July 24th
SEPTEMBER	August 24th
OCTOBER	September 23rd
NOVEMBER	October 24th
DECEMBER	November 30th

Church Services

St Peter's Church, Port Isaac
First and Third Sundays in the month - Morning Worship at 9.30am and Second, Fourth and Fifth Sundays in the month - Holy Communion at 9.30am

St Endellion Church
Every Sunday at 11am
Trelights Methodist Church
Sunday Service at 6pm