

# This issue

Port Isaac Co-op
Fundraising success - p3
RNLI News - p 4
Village Hall news - p5
Afternoon Tea - p5
Church News - p6
St Peter's Village Walk - p7

St Peter's Village Walk - p7 PISCES - p7

Endelienta News - p8

Open Studios - p8

The Big Swiм - р8

County Council Election candidates - p9 & p10

National Trust News - p10 Port Isaac School's

Br*i*ll*ia*nt Ofsted Report - p11

Parish Council- p12

Post Office - pl3

Fantasy Football - P13

Websites of the Month - pl4

Cooking with Martin - P15

Trio Directory - p16-27

CLassifieds - p27

What's on - back cover



Trio is issued eleven times a year and is available in Secrets and the Co-op, Port Isaac, or by post - £21 a year in the UK

To subscribe please send a cheque, made payable to Trio, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN

To advertise in Trio telephone 01208 880905

Published by Sam & Dee Littlechild
Tel: 01208 880905

email: triopi@mac.com

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied. Who's cuddling Keith?

# To all Port Isaac and Port Gaverne residents

This is Keith Bradbury-Collins. Do you know him? You might do, he's a wanderer!!

He is going off for five and six days at a time and coming home with a full tummy and smelling of someone's perfume so someone out there is loving our boy!

His sisters miss him terribly so PLEASE STOP FEEDING OUR CAT.

We know he is a super friendly but please shoo him away as we, and all the rest of his family, miss him

terribly and worry about him so much when he is not here.

If you have seen him please ring either Nicki B on 880099 or John C on 880498.

Thank you



#### Worried parents of Lundy Road

where are they filming?

Doc Martin

**Wednesday May 10th** 0800-1900 Fudge Shop

**Thursday May 11th** 0800-1900 Port Gaverne Bus stop and then Central Garage, New Road

**Friday May 12th** 0730-1830 Property on Rose Hill then after lunch at the Cornish Cafe, Fore Street

**Monday May 15th** 0800-1900 Outside Golden Lion

**Tuesday May 16th** 0800-1900 Inside and outside the Golden Lion and then Roscarrock Hill

Wednesday May 17th 0800-1900 Fern Cottage, Roscarrock Hill, then Rose Hill then Dolphin Street

Friday May 19th 0730-1830 The Platt first thing and then around Fern Cottage. Roscarrock Hill

**Tuesday May 23rd** 0800-1900 Fudge Shop

**Wednesday May 24th** 0800-1900 Harbour wall and beach

**Thursday May 25th** 0800-1900 Old School House car park

**Friday May 26th** 0730-1830 Platt then Fern Cottage, Roscarrock Hill

**Tuesday May 30th** 0800-1900 Fern Cottage, Roscarrock Hill

**Tuesday June 6th** 0800-1900 Fern Cottage, Roscarrock Hill and then the Fudge Shop

**Friday June 9th** 0800-1900 Beach House, Port Gaverne

Any problems call Johnny Bamford, Location Manager on 07770 915418 or Monty Till, Assistant Location Manager on 07877 605330. Port Isaac Co-op customers raise over £2500 for local causes

The Co-op's brilliant scheme to raise funds for local causes has done Port Isaac proud. Put simply, the Co-op has put itself at the heart of local life by sharing its success. The first "giving" period started back in September last year, running until April 2017, and the first pay out gave £875 to Port Isaac Village Hall, £868 to Port Isaac Stay & Playgroup and £846 to Concern Wadebridge.

Port Isaac Co-op manager, Darren Julian, is so supportive of local causes. "For over 170 years the Co-op has supported it's customers. I am delighted that with this new initiative we can help our local community and am very pleased that the money our customers have raised is staying with local causes."

Said Bonnie Baguley, Treasurer of the Stay & Playgroup, "We were so lucky to have been selected as one of the Co-op's three charities and we are absolutely thrilled with the money we have been given. Our plan is to use the money to provide a dedicated soft play area for our youngest children and to buy some new tables and chairs for the older ones."

Port Isaac Village Hall Committee were equally as thrilled, and the money they have received will go towards the new side extension to the Hall. Dee Littlechild, Hall Treasurer said, "We were so excited when the Co-op told us we had been chosen as one of the three charities in Port Isaac they were going to support, but we never dreamt that we would be given so much money. And it comes just at the right time. Work started on our new side extension in February and the footings and now finished. We can now buy more materials to make a start on the next stage." Not only does this money help the Village Hall, but in turn it supports everyone who uses the Hall, in particular the Stay & Playgroup who will doubly benefit. The new extension will house a modern kitchen and a multi-use toilet and baby changing area, all at floor level. "We would like to say a huge thank you to the Co-op and to all the Co-op customers who chose us as their cause," she continued. Speaking on behalf of the whole committee, Chairman Andy Penny said, "We cannot thank the Co-op enough for their support, not only with this scheme but also to Darren and his staff for letting us hold fundraising raffles and cake stalls instore during the year."

The third recipient is Concern Wadebridge which, whilst not based in Port Isaac aims to help the older members of our community. Said Andy Lyle, "Concern Wadebridge was thrilled to be nominated and also receive a donation from the Co-op Local Community Fund and appreciate the support given by people visiting Port Isaac Co-op. We are a small local charity based at The John Betjeman Centre in Wadebridge and support many people from our local area. We hope to use this money to develop Access Wadebridge, supporting local people by providing a community minibus and a shop mobility/holiday mobility scooter and wheelchair service."

Both the Stay & Playgroup and the Village Hall have been lucky enough to be part of the next round of funding – Concern Wadebridge is now one of Wadebridge Co-op's charities. It is so



Port Isaac Co-op'sCommunity Pioneer Mel Dingle, Co-op store manager Darren Julian, Andy Lyle from Concern Wadebridge, Liz Brown and Dee Littlechild, Village Hall committee members and some of the Stay & Play Group mums and children

easy for you to give your support. If you are already a Co-op member you just select which charity you want to support and 1% of what you spend on Co-op products will go to them. A further 5% of your spend will go to you. If you are not a member it is so easy to join. Fill in the form at the Co-op to register and choose the cause you want to support. It's that easy. And if you are a second homeowner

Become a member today for £1 and earn

5% + 1% for your community

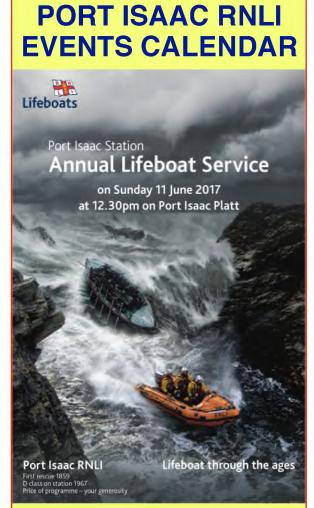
every time you choose Co-op branded products and services.

and would like to lend your support, you can also become a Port Isaac Co-op member as long as your second home is within 15 miles of the village.

Nationwide in this round of funding, the Co-op has raised over £9million for local causes chosen. Every store has its own Community Pioneer who acts as liaison between the Co-op and the local community and Port Isaac is lucky enough to have Mel Dingle. Mel gives her support to so many fundraising events both in the village and in-store. "I try to lend a hand with fundraising wherever I can and am very pleased that we are able to help the youngest members of our community – these children are our future. In addition, the support for our Village Hall helps to make it a better place for everyone who uses it."

"Together we can make great things happen in your community"





followed by

**Cream Teas & Refreshments in the Boathouse** 

# Rock Art Institute Summer exhibition the first week in August

comprehensive display of Port Isaac RNLI artworks along with a wide range of original paintings by local artists supporting both Port Isaac & Rock RNLI

# Port Isaac RNLI Lifeboat Larks Sunday August 13th

St Minver Band, Jazz Band, Sharps & Pimms Bar, BBQ, Gig Rowing, Coastguard Helicopter display, childrens attractions and much more ...

Annual Port Isaac RNLI Harvest
Festival at the Old School Hotel
7pm - Saturday September 9th
a memorable evening with Jon Cleave on
the hammer

BUGSY'S STOR

I am lucky enough to have married a partner who's parents live in the beautiful Port Gaverne. So as you can imagine we are often visiting and making the most of the free bed and board (and beer). We always have the most relaxing time and sleep heavily due to the fresh sea air. Except for our last visit. When out on a dog walk with our newly adopted Cocker Spaniel, he managed to slip under a gate



on the coastal path and ended up falling over the cliff into the sea. You would have thought with his big ears he could have flown to safety but sadly not. Bugsy (our dog) ended up in the sea and started swimming into the shore. Within minutes holiday makers and locals noticed a problem and all were extremely helpful and kind but we couldn't see Bugsy anywhere. Then a local thankfully alerted the RNLI and within minutes they had saved Bugsy who had climbed up on to a rock in a small cave. Without their help this story would have had a very different outcome.

I am mainly writing this for two reasons. Firstly and most importantly to thank the amazing RNLI. They were true heroes and even seemed embarrassed when later we heaped praise (and of course some Doom Bar) on them. The team were fantastic and we will forever be indebted to all involved. The next reason is that we have been informed that in the last 6 months 3 dogs have gone over the cliff in the same place and not all with happy endings. I'm well aware that some people will be raising an eyebrow and thinking "keep the dog on a lead" but I can assure you that we are very conscientious dog owners. The coastal path is very secure and we were coming up to the car park and about to put the lead back on Bugsy when he slipped under the gate. We have also since been told that there is another gate that has the same problem close by.

Is it possible to raise awareness to the owners of these gates of what's happening? Apparently they're privately owned. I would be more than happy to do a mini fundraiser to raise funds to sort this out. Hey, and if there's any money left over it would mean more Doom Bar for the RNLI boys.I'll finish with a quote from Damien Bolton taken from the Port Isaac RNLI Facebook Page-

"As the senior helm at Port Isaac and on the shout yesterday I can vouch that this was a consequence of bad luck and the fence needs to be appropriately secured to eliminate the chance of this happening again as it is the third dog in six months.

The doom was lovely and we are delighted the pooch is doing well."





fundraising to make your Hall even better

#### News ...

We are absolutely over the moon with the money you have all raised for us via your Co-op membership. Our £875 will go towards buying materials for the next stage of our new extension. Thank you to everyone who chose us as their local cause. We are lucky enough to have been chosen again by the Co-op so thank you, and the Co-op, for your continued support.

Thanks also to everyone who enjoyed a great night with the Kernow King and to those of you who attended our Easter Bingo - all the money raised at these events will go towards the extension.

Coming up on Saturday May 6th we have The Magnificent AK47 and Port Isaac's Gulls. Described by the AK's as their "favourite Cornish maids", Gulls will be bringing along lots of new songs whilst the AK's will accompany their singing with "manly advice delivered with timber shivering hilarity". Tickets, priced £10 each (£8 concs) are available from *Secrets* or on the door.

#### AGM

We are really happy to welcome Liz Brown to the Management Committee. Other than that the committee remains as:

Chairman - Andy Penny Vice Chairman - Martyn Dingle

Treasurer, Secretary & General Bookings - Dee Littlechild

Events Manager - Cheryl Webster Committee members: Liz Brown

Paul Honey Annie Philp

If anyone fancies joining us we would welcome you with open arms. Just have a word with one of the committee and come along to a meeting to see how we work. Meetings are always short and we will never expect you to do anything you don't enjoy doing. However, if anyone fancies being Secretary, that would be wonderful (Dee said!).

And finally, a big thank you to Dennis Knight for our lovely freezer.

#### PORT ISAAC VILLAGE HALL HIRE

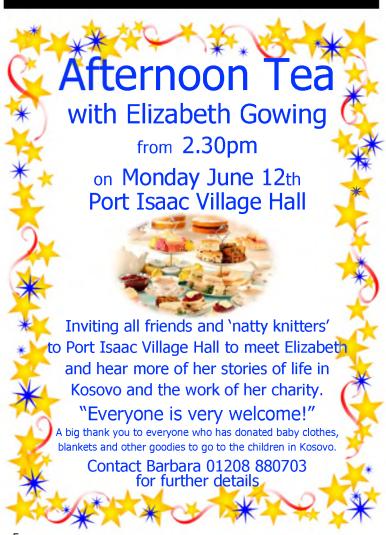
NON-PROFIT MAKING PARISH CLUBS, ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc, FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50 for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £10 per hour - £125 for 24hrs

For full details or to make a booking contact
Dee on 01208 880905 or email her
dee54@mac.com

www.portisaacvillagehall.co.uk





#### **Cluster Retreat**

Many people these days choose to go away on retreat – and not all of them are deeply religious. The pressures of modern life make the idea of spending a few days away from it all, in solitude and silence, an attractive prospect. And not all retreats are individual or completely silent, many are held for groups and involve socialising.



Our North Cornwall Cluster retreat is of the latter variety! As well as the opportunity to listen to a variety of speakers on different aspects of the chosen theme and to worship together, there's also time to talk together, eat together, go for a walk, listen to music and join in other communal activities such as a play.

It's an annual event and in recent years has been held at the beautiful location of Treworra Farm, Davidstow. Some who attend stay for the two nights, while others come for a day or part of a day. Themes have included Prayer, Friendship, Meals, Dreams and Visions Healing, Creation, Elijah and this year's somewhat unusual theme is 'Bad Girls in the Bible'. Apart from me, those who will be leading include Andrew Lewis, Beth Elliott, David Steven, Henry Gompertz, Kerstin Lewis and Ann Sumra

The dates are Tuesday 16th May to Thursday 18th May and if you are interested in attending or finding out more please don't hesitate to speak to me or to contact me on 01208880181 or rev.judith@btinternet.com and I will give you a programme.

Judith Pollinger

# **Reflective Days**

The work of the North Cornwall Arts and Spirituality charity Endelienta in staging concerts, art exhibitions, residencies for writers, artists and composers, community activities and a book festival is becoming more and more widely known and appreciated, but what are the Endelienta reflective days?

As their name implies, these provide an opportunity to spend a day in reflection, but on a particular subject related to arts and spirituality. The days, usually a Saturday, are held at St Endellion and are led by people who are either skilled practitioners in that area, or who a have particular knowledge or interest in the subject.

Among the reflective days held during the last few years have been ones on the Modern Novel, D.H. Lawrence, the composer George Butterworth, A Midsummer Night's Dream, First World War Poets and the Book of Common Prayer, as well as poetry workshops and a workshop on the Community of Taize.

In April, Quaker Carol Miller led a day on 'Praying the Psalms' and artist and priest David Marl, whose paintings are being exhibited in St Endellion Church Hall and later in Truro Cathedral, also led a reflective day on the subject of 'Painting as Pilgrimage.' Poet Alyson Hallett, who took part in the residency programme last year, will lead a workshop on the 13th May and on 24thJune Revd Dr John Binns, an authority on Orthodox Christianity will present his subject.

People are welcome to attend all or part of the day and the cost is usually £10. Each day begins with coffee and biscuits in St Endellion Church Hall, before going over to the church. Those who come will need to bring a picnic lunch.

Further details and booking can be obtained from me Judith Pollinger on 01208880181; rev.judith@btinternet.com or www.endelienta.org.uk

Do you, or someone you know, need a listening ear?

Tel: David Foster on 01208 880008 St Peter's, our simple seaside church, is open to everyone, every day until about 4pm. We have a service every Sunday morning at 9.30am to which you will be warmly welcomed. You will also find our Church is a lovely quiet place to just sit and reflect and be peaceful. The Church is also home to PISCES (Port Isaac Shared Community Exhibition Space) and you can enjoy the silence and take a look at the current PISCES exhibition - a regularly changing look at life in Port Isaac in days gone by, up to the present day.

# Church Diary Dates

Wednesday May 3rd

7.30pm: Healing Service, St Endellion Church

**Sunday May 7th** 

9.30am: Morning Worship, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

#### **Saturday May 13th**

10am-3pm: Poetry Workshop led by Alyson Hallett (cost £15), St Endellion Church Hall

Sunday May 14th

9.30am: Holy Communion, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

Thursday May 18th

7.30pm: Mothers Union, St Endellion Church

#### Saturday May 20th-Sunday June 4th

Exhibition - Paul Jackson Ceramics, St Endellion Church Hall

Sunday May 21st

9.30am: Morning Worship, St Peter's Church, Port Isaac 11am: Sung Eucharist 6pm: Taize St Endellion Church

Wednesday May 24th

8pm: Julian meeting, St Endellion Church

#### Saturday May 27th

7.30pm: Concert -Misbehavin' (cost £10), St Endellion Church

Sunday May 28th

9.30am: Holy Communion, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

Saturday June 24th

10am-3pm: Reflective Day, 'A Different way of being Christian', Rev Dr John Binns (cost £10), St Endellion Church Hall

Friday July 7th

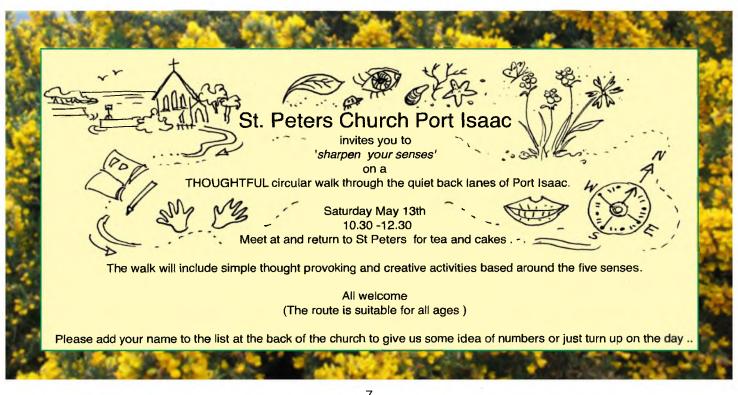
6pm: Fundraising Reception & Concert with Helen Porter (cost £25), St Endellion Church Hall & Church



PISCES two award-nominated cookery books, priced £10 a copy, are available from the *Pottery* or *Secrets*.

Order online at www.portisaacheritage.com

# READ ALL



#### **Music at St Endellion**



#### Misbehavin' -ELEMENTAL

Drawing upon their diverse journeys across musical frontiers including jazz, music theatre, traditional and contemporary music, the wonderful Misbehavin' make a welcome return to St. Endellion with 'Elemental', the band's latest project with new songs and instrumentals inspired by the elements. Fiery, virtuosic playing and sumptuous, earthy vocals in a relaxed, Endelienta missed.



#### **Exhibition- Paul Jackson,** Ceramics

the St Endellion Hall

We are proud to show this exhibition by one f the country's top ceramicists. In response to Endelienta's work in the North Cornwall region Paul has created a series of bowls taking the ancient fonts from local churches as

#### Weekends 20 May to 4 Jun 11.30 - 4.30. Entry free In

inspiration.

#### **Book Club**

October.

Second Wednesday of the month, May to September, 7-9 pm in the Stone Barn Join us to discover more about the work of the authors appearing at this year's North Cornwall Book Festival in

£3 to include a glass of wine and nibbles. Books provided or loaned. As numbers will be limited please contact operations@ncornbookfest to register your interest.

Tickets £10. Free for accompanied under-16s Book online at www.endelienta.org.uk, by telephone 07787 944935 By e mail tickets@endelienta.org.uk or in person from Wadebridge Bookshop

#### Saturday 27th May - Sunday 4th June

Following the largest number of artists participating in 2016, the thirteenth annual Open Studios will see artists and craftspeople throwing open the doors to their studios for nine days.

Caroline Cleave is participating and her studio, situated down the valley footpath, will be open to the public from 2-5pm

Follow the Open Studio signs in the village and also see details online at

www.openstudioscornwall.co.uk



**OPEN STUDIOS CORNWALL** 2017





**SPONSORED BY** 



# HE BIG

A CORNISH BEACH TO BEACH RACE - RAISING MONEY FOR CHARITIES Saturday August 5th

sign up now for this year's event www.thebigswimcornwall.co.uk

**County Council Elections** 

# Thursday May 4th Port Isaac Village Hall

don't miss your chance to vote

we have three candidates - read what they have to say ....

# Carol Mould



I was born and raised in St Minver, part of a large local family, and have always taken a keen interest in my local area and the issues surrounding it. This interest led me to serve as a Parish Councillor, a role I have thoroughly enjoyed over the past eight years. In this capacity I have been closely involved with the St Minver Parish Neighbourhood Plan, focusing on the sustainable development of the area over the next twenty years.

Having lived and worked locally all my life, I feel I have a good understanding of the area and the issues that are important to local people. If elected I would work hard to represent the views of our parishes at county level.

# ANDY PENNY

#### YOUR INDEPENDENT CHOICE FOR CORNWALL COUNCIL

I live and work in Port Isaac with Alison, who I have been married to for 31 years. We have three children and three grandchildren.

Since being elected to Cornwall Council in 2013 a lot has changed. change made inevitable by the new round of cuts from central government of £192 million over the four years. 30% of jobs at Cornwall Council bore the brunt of these cuts, followed by all departments having to



make similar budget savings, some by efficiency savings others by reduction in service. 'Devolution' became the new buzz word. finding other groups to run services that Cornwall Council no longer had the funds to operate, and this has impacted locally.

**PUBLIC TOILETS** - Most of the public toilets in Cornwall have been taken on by town and parish councils with a 20p entry charge to help offset the costs. Some parish councils made the decision to invest in major changes. St Endellion took control of one toilet block, reconfiguring them to one set of 'unisex' toilets

continued overleaf ...

# John Leach

#### **Liberal Democrat candidate for St Minver and St Endellion**

What I stand for:

Housing more accessible to local people to rent or buy. We will build 1000 dwellings between now and 2021.

Local jobs – more homes mean more local jobs near to home. We will encourage business start ups and consolidation of existing businesses.

A Living Wage is vital to reduce the 2/3 job syndrome far too common in Cornwall with all the stress this places on working people, their children and relatives.

Public Transport must be improved to reduce dependence on private cars and reduce air pollution. Frequency of service is the key to increased use.

Our schools and colleges need help to resist Government imposed financial cuts,



continued overleaf

#### John Leach

continued ...

to prepare young people for life's challenges.

Health and welfare services are vital and must be maintained for the young, the elderly and the disadvantaged.

**Libraries and leisure facilities** to be maintained to keep us healthy in mind and body.

#### What is my record of service?

Councillor in London Borough of Sutton 1994-2014 (like Cornwall a unitary Council)

Chair of Planning/Development for much of that time as well as other Committees.

Mayor in 2002-2003

Deputy Mayor in 2001-2002 and in 2009-2010.

Sutton's population was 185,900 in 2009 in an area of 10729 acres.

#### Other claims to fame:

Non-executive Director St. Helier NHS Trust

Vice-Chairman of Governors at a leading Secondary School

Honory Conservator – Mitcham Common Conservators

Past President and former Hon Legal Advisor to Amateur Swimming Association (now Swim England) Retired Solicitor

Married to same wife for 48 years, son and daughter and eight grandchildren from 25 -5; all based in Cornwall or Gloucestershire.

I undertake to serve all residents and to hold surgeries in different parts of the division on a monthly basis.

# ANDY PENNY continued ...

with the rest of the building to be leased as a local retail outlet to provide an important income to pay for the running costs.

WASTE & RECYCLING - have not escaped changes. A recent pilot in Port Isaac to separate commercial waste from domestic waste collection threw up a good few problems but also provided good feedback to enable rolling out the system through Cornwall in the near future. Mixed plastics collections also had there own pilots in areas of Cornwall and I would expect this to be added to our current fortnightly recycling collections soon.

**NEIGHBOURHOOD DEVELOPMENT** - locally, the St Minver Neighbourhood Development Plan nears completion with a referendum alongside the local council elections. One key element of this plan is the 'full residential' clause on new builds, something which should go some way towards protecting our local communities and local workforce.

**SOCIAL CARE** - costs are rising year on year and we need more radical help from government, not just the ability to raise an additional ring fenced 2% on the council tax. Cuts to local NHS budgets of £284 million will have a devastating effect on our rural parishes.

**HOUSING** - council houses are once again being built in Cornwall, fifteen being completed in Looe and nine in Bodmin. Also 719 new affordable homes have been built in the county, the highest amount in the country.

**HIGHWAYS** - the highways budget had some relief with support from councillors, including myself, to freeze rather than cut the amount of money available to maintain our road network. Cornwall Council and CORMAC will be trialling innovative new technology with the potential to reduce vehicle emissions and improve air quality. Cornwall Council has been awarded a grant of £236,650 by the Department for Environment, Food and Rural Affairs (DEFRA) as part of this year's Air Quality Grant scheme.

**LIBRARIES** - changes to Library provision saw some of the greatest concern, again looking to local councils and voluntary groups for help. The changes have therefore been limited to reduced opening hours, looking to ensure, where possible, neighbouring libraries have different opening hours so if one is closed another is open.

So change has hit us hard. But our decision to go for a four year budget with radical changes to services, early on has enabled us to create a platform for moving forward. We still have further reduction in grants from central government to cope with but in exchange we will retain 100% of the business rate and with that the incentive to support new, innovative and growing businesses.

I will strive to keep a strong Independent voice for St Minver and St Endellion and Cornwall. It is vital for an open and transparent council, keeping party politics firmly in Whitehall.

# The National Trust



#### Saturday 13 May Path repair day 10am - 3pm Barras Nose

Get stuck in with a spade or mattock, repairing steps, drains and improving the surface of the footpath. No experience necessary, all tools and equipment provided. Please wear sturdy footwear and clothing suitable for the weather. Bring your own lunch. Booking essential, please phone 01208 863821 or email tom.sparkes@nationaltrust.org.uk

# Tuesday 30 May Geology Rocks! Trebarwith Strand 1.30pm–3.30pm

Interpret the landscape from a different perspective, with local geology expert Jane Anderson to guide us through the geological history of the area. Wear suitable walking gear and bring binoculars if you have them and some refreshments. £3 per person.

Booking essential as numbers are limited and in case of change of date due to inclement weather 01208 863046

#### Saturday 3 June Wildflower walk at Pentire Head, 10am – 2pm

Join National Trust rangers for a guided walk around the spectacular Pentire headland near Polzeath, learning about the array of wildflowers associated with maritime grassland and how they are managed for nature conservation.

Approx. 6.5km, with some steep coast path walking. £3 per person. Booking essential 01208 863046.

**Port Isaac School Ofsted Inspection** 

As many people will know we had our Ofsted Inspection on 21st March and we are delighted to report that the school 'continues to be good'. The report was very positive with the school described as 'a vibrant, cohesive community. Pupils are cheerful and polite. They behave well and are strongly focused on getting the best out of their education.'

The inspector was particularly impressed with the teaching of mathematics at the school reporting that 'pupils enjoy studying mathematics and their books show a strong commitment to doing their best. Pupils are resilient when faced with difficulty. They do not give up and have well-established techniques to help them solve challenging problems. The work in their mathematics books is well set out and neatly presented.'

We have recently made changes to the way we teach the youngest children (Early Years Foundation Stage – EYFS) in the school so that as well as having daily phonics and maths lessons they have more time to follow their own interests. The inspector was impressed with the tight structure underpinning our EYFS curriculum: 'The school has recently introduced a new way of recording children's progress. These learning journeys show that assessment in the early years is robust, accurate and well evidenced. It is focused consistently on identifying the next steps that children need to take and helping them to do so. As a result of this effective assessment and teaching, children make good progress towards their early learning goals. For example, their writing develops well, as does their understanding of aspects of mathematics, such as shape, space and measure.'

As headteacher I am delighted that the inspector recognised the high quality of teaching provided by my colleagues. We are continually evaluating and improving teaching and it was pleasing that the inspector validated our judgements and the improvements we have made.

I was also very pleased that the inspector has praised the attitudes of our children, recognising their perseverance, resilience and strong commitment to do their best. During one lesson the inspector was most impressed when he heard on child say to another; 'Come on, we can't give up we'll try another way.' We have worked hard to instil a growth mind-set throughout the school and to

help children understand that failure is good and that we can learn from our mistakes and this positive approach was very apparent throughout the school.

I would also like to thank the parents all for their support. The feedback on Parent View was overwhelmingly positive as were the conversations the inspector held at the school gate.

Whilst the day of Ofsted was quite busy, my overriding memories were of the inspector being pretty much snowed under with the huge amount of evidence he was shown as to why Port Isaac is such a successful school and the great sense of pride I felt that what he saw on

21st of March was exactly the same high quality education the children receive every day.

















www.stendellionpc.com

#### Parish Council report supplied to Trio by the Parish Clerk

The following applications were received and Members made the following responses to Cornwall Council:

- 1. PA17/00597/PREAPP, 15 Dolphin Street, Port Isaac preapplication advice for Listed Building – replace existing timber frame windows and sills. Members supported this application.
- 2. PA17/02561, 9 Rose Hill, Port Isaac LBC for alteration to proposed design of replacement windows as approved PA16/03047. Members supported this application.
- 3. PA17/02668, Springside Barn, Trewetha application for variation of condition 3 in respect of PA16/11404 (The development hereby permitted shall only be occupied by members of the family or non-paying guests of the occupiers of the dwelling knows as Springside Barn and shall not be used at any time as a separate residential unit of accommodation). Members objected to this proposal as the development is not a type we wish to see encouraged in our Parish. We hope the officer on this occasion is equally cautious in line with our decision.

**Planning Applications Approved by CC** – information only.

 i. PA 17/00391, Land E of Port Gaverne Beach – existing café to be demolished with new proposed construction and new landscaping.

**Planning Applications Refused by CC** – information only.

i. PA 17/00194, St Endellion Church – a proposed new opening in fence and installation of gate to provide new footpath for pedestrians crossing the B3314.

Planning Applications Withdrawn – information only.

1. PA17/00546, Land NE of Port Gaverne Hotel – provision of seasonal car parking and waste storage area with proposed signage.

#### **Enforcement Cases –**

- i. EN16/00308, Harbour Heights, Rose Hill, Port Isaac alleged breach of condition No.3 of PA10/08418, namely annexed accommodation being used as a self-contained dwelling. NOTE further contact details for the owner had been provided to the Case officer: Mr Ben Bassett reported he is in the process of preparing Planning Contravention Notice (PCN) to serve on the owners to ensure that I get a formal response from them in respect of the use of the annex approved under PA10/08418.
- ii. EN17/00519, Land NE of Port Gaverne Hotel untidy site, unauthorised stationing of a shipping container, land being used as a waste storage area, car park and boat storage application PA17/00546 withdrawn.

Commercial waste bags can be posted to a chosen address. For a any problems with commercial waste email roche.service@biffa.co.uk

#### **Yellow Lines**

The Parish Council has funded additional yellow lines in Port Isaac, in a bid to alleviate parking problems in the village.

#### **Play Equipment**

Funding is being sought from the Lottery Fund to purchase a 'pirate ship' to add to the play equipment in Port Isaac. Ten thousand is being sought and the Parish Council will contribute the balance of £7.718.

#### New Road Shop / WCs

Members have entered into a new Service Level Agreement with Cormac Solutions Ltd. to clean the WCs. This includes having the toilets cleaned twice a day during the summer season.

Members continue with their efforts to provide a Post Office facility in Port Isaac.

Gillian Thompson Parish Clerk / RFO

Email: stendellionpc@gmail.com

#### LOCAL INFO

**Doctor's Surgery** - 01208 880222

Repeat Prescriptions - 880242

NHS 24-hour Helpline - 111

**Royal Cornwall Hospital (Truro)** - 01872 250000

East Cornwall Hospital (Bodmin) - 01208 251555

**Derriford Hospital (Plymouth)** - 08451 558155

Local Dental Helpline - 01872 354375

Police (non-emergency) - 101

**PCSO Claire Drennan** - 0845 6567930

**Civil Enforcement Parking Team -** 0300 1234222

Rev Judith Pollinger - 01208 880181

Harbour Master - Byron Buse - 01208 880321

Lifeboat Operations Manager - Chris Bolton - 01208 880256

Electricity-0800 365900 Power Cuts-105

Water helpline - 0800 1691144

Parish Council: stendellionpc@gmail.com

Cornwall Council - 0300 1234 100

Bowithick Tip - 01840 770778

Vet - Nutes (Wadebridge) - 01208 813258

#### A letter to the public from Parish Cllr Nicola Williams

# Will we ever get a new Post Office?

You will know if you read our Parish Council Minutes that we have been negotiating restoration of Post Office services to Port Isaac. In the face of local closures at St Kew, Rock and with Delabole soon to follow provision is even more pressing.

You will also know we purchased the New Rd Public Conveniences for the nominal sum of £1 under a scheme offered by Cornwall Council to prevent their closure. It was retired Cllr David Philp's vision to utilise the under used seaward shelter and convert it into a retail unit. I was always of the opinion if we were to expend the profit from the Main Car Park to develop the building it must provide a public dividend.

I remain adamant that dividend should be restoration of Post Office services to the Parish. policy supported by the majority of our Parish Council and by Cornwall Cllr & PC member Andy Penny. We were frustrated in our initial effort to provide PO services under the Outreach scheme which relies on local PO's offering their services to a host business or community space. (it was this service lost when the Church Rooms closed). As local P Offices close no offers to provide Outreach service have been forthcoming. We opted to advertise the tenancy for lease to someone who would be prepared to offer PO services under the PO Local scheme. which sees full time PO services hosted in retail units. The difficulty with this scheme is apparently the space required. Both 2 local candidates we shortlisted were initially prepared to do so, however both have now withdrawn as they think the space is inordinate despite dual usage and despite a lower than average lease in consideration.

Left without a tenant and thinking laterally, it seems we might yet have another option. We could run the shop ourselves and employ someone to complete the PO training. This is not such a strange option as one might imagine. As recently as February, Lostwithiel Town Council considered a similar plan although they withdrew as it would have entailed an increase in their Council Tax precept to fund it. We have no such difficulty. We are in an enviably secure financial position due to the income afforded by our Car Park.

But, and this is a big BUT, for this plan to work we need strong public support. It's apparent to me, to date there has been little observable larger public benefit from the profits derived from our Car Park. Many said the CP would not deliver a Parish wide public dividend. It's true, there aren't many visible schemes which benefit the whole Parish. It's taken some time to see

improvements to the Play Area in the Playing Fields, however they are soon to be realised. Plans progress for more Public Conveniences at the Playing Fields which will provide shelter & a refreshment kiosk.

I firmly believe benefit must be driven both by demand and the will to deliver. We must be prepared to voice support for our intended target, the public benefit gained from our 90K+ investment in long awaited Post Officer services in the New Rd retail unit, investment which scored an 81% approval in a PC conducted poll. Without the addition of PO services, it's a mighty sum of your money have spent with little public gain.

I remain committed to the delivery of Post Office services in a lively hub where volunteers sell tickets for local events, has a live local accommodation availability feed and where visitor information is imparted in a nice friendly space with a view to die for!

Delivery entails a serious commitment from Parish Cllrs to prepare a credible Business Plan and supply ongoing management, an onerous task. It's not a commitment to be taken lightly.

So let us know what you think! You can call me on 01208 880834 or email:nicolavickery28@btinternet.com

Fantasy Football 2016/17				
LW	POS	TEAM	MANAGER P	<u>OINTS</u>
1	1	BADA BING!	Paul Honey	1109
2	2	LIDDSPURS	Peter Liddicoat	1100
3	3	AFC BONEMOUTH	Tim Witherden	1075
4	4	LSD MINDWOVEN	Danny Treacy	1035
5	5	A MAN'S GOTTA KNOW HIS LIMITATIONS	Chris Witherden	1035
6	6	DYNAMO FUCHTHEREST	Andrew Grills	988
7	7	THE LOBBIES	Pete & Julie Lobb	901
8	8	SHE WAS ONLY XI	Harry Hambly	891
9	9	PORT ISAAC SOCCER SERVICE!	Richard Hambly	886
11	10	BLUEJEANS & MOONBEAMS	Andy Penny	864
12	11	HONEYBABES	Jean Herring	857
10	12	CALIFORNIA CHROME	Kevin Grills	852
14	13	TOM'S TEAM	Tom Lobb	842
13	14	MOTS FLYERS	Tom Cleave	837
14	15	BIG SAM'S CHEWING GUM MASTERCLASS	John Yates	836
15	16	MUDGUTS MARAUDERS	Ann Cleave	830
17	17	MAYBEES	Tom Bishop	822
18	18	BLACKBIRD ROVERS	Margaret Honey	798
19	19	FLYING FOREST	Kevin & Emma Honey	797
20	20	CRUISE TO GLORY	Chris Lanyon	740
21	21	FOXHOLE ALLSTARS	Bryan Nicholls	708
22	22	BOOM XHAKALAKA	Jake Treacy	613
up to April 21st 2017				

# Websites of the Month

The display of wild flowers on our cliffs and footpaths have been really wonderful. So this month I thought it would be good to checkout what you can find online. As a general introduction the website of the Cornwall Wildlife Trust is a good start http://www.cornwallwildlifetrust.org.uk/wildlife/species-explorer/wildflowers It has a good selection with photographs of over 200 species. Each flower's typical character is described together with its habitat and where they can be found. It also encourages us to take on the role of wildlife recorder and gives links to the various ways in which wildlife is kept on databases both in Cornwall and nationally.

If you can't match your flower to any of the photographs another couple of websites might be worth a look. These both work as proper 'floras'. Floras are the proper way of identifying plants using botanical criteria. I remember being given a flora many years ago and getting some pleasure from being able to identify plants from, for example, the shape of the leaves, or the way the leaves alternate on the stems. These online floras make life a bit easier. The first one, http://www.botanicalkeys.co.uk/flora/ is run by the Botanical Society of Britain and Ireland. The way this one works is to give you a sort of questionnaire. If you know the name of the flower, or you think you might, you can just enter that and see what comes up. It will give you details of the plant, but there doesn't seem to be any pictures. A few of the links were broken but on the whole works well. It has a link to the local Cornwall group http://www.botanicalcornwall.co.uk and here you can get a good overview of the botany of our County. Again, some sections of this site need a bit of attention, but one has a good account of the rare plants of Cornwall http://www.botanicalcornwall.co.uk/rare-plant-register-project/ and is well worth a look.

A final site that is helpful here is one called wild flower finder http://wildflowerfinder.org.uk and is rather extraordinary, in that it has so many plants listed all with great detail and with pictures to go with it. It isn't just for Cornwall so includes many species you won't find here. As the author, R.W. Darlington says:

"This resource for wild flowers occurring in the UK is searchable by colour, month, habitat, number of petals, flower symmetry and all manner of other parameters by which identification of a flower may be narrowed down. It includes 1000's of photographs. Plus the structural formulae of hundreds of plant compounds: dyes, herbs, poisons, pharmaceuticals, smells, etc. There is also a wealth of extra information and other resources at hand."

If you want books about wild flowers, you could do worse than download some ebooks. Back in 2015 I wrote a column about ebooks and how you could get them (see http://www.portisaacheritage.co.uk/downloads/trio/TRIO%202015-07.PDF). When electronic books came out, people said it would be the end of ordinary books, but far from it. Over the past few years, books have become even more popular. If you go to http://tinyurl.com/papyrus-to-pixels you can see a really nice animated account of the move to digital books. Although it is described as the future of the book, really it is a well-presented history of books and publishing. In any event it does show that book popularity has not declined.

For ebooks themselves, a good place to start is project Gutenberg https://www.gutenberg.org. There are over 53,000 free ebooks that can be downloaded. Many are classic texts and a quick search for Cornwall found quite a few. One called "The Cornwall Coast" by Arthur L. Salmon from 1908 has some good black and white pictures and describes some of the flowers you can find along the way.

The books are fully searchable, some are just text and some come with pictures. I also downloaded, "The Book of Cornwall" S. Baring-Gould, 1906. It has some great pictures and, I noticed it mentioned Port Isaac Road station and as I included that in last month's column, it was interesting to see it again. The author says:

"In the neighbourhood of Camelford are several very charming old mansions of Cornish families, small but eminently picturesque, all now converted into farmhouses. In next generation they will not be considered good enough for labourers. One of these is Penvose in S. Tudy, another Trewane, hard by the station of Port Isaac Road. Both these belonged to the Nicholls family, to two brothers it is said, and the magnificent carved slate monuments of the family are to be seen in S. Tudy Church. The slate in this district was sculptured in a way really marvellous, and there are numerous examples in the churches round. In S. Endellion are Treshunger, the seat of the Matthews family, and Rosecarrock--a fragment only." Excerpt From: S. Baring-Gould. "A Book of Cornwall." iBooks.

I tried to find out how to use the Cornwall library ebook system, http://tinyurl.com/Cornwall-library-ebooks-etc as you can download both ebooks and audio books, but it was a bit complicated. I had an online chat with someone from the library but they couldn't help. I emailed and am awaiting a reply. I think it is a good resource so will report next month.

Tony Wainwright



The start of the short British asparagus season is my favourite time of year, and for the next six weeks will be on the menu at the St Kew Inn. Asparagus is commonplace these days at the supermarket, but it is always worth hunting out those fresh green spears from a local food market. This year our asparagus is being supplied from St Enodoc. Fresh is best.

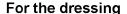
# 5t Enodoc Asparagus, poached duck egg & Parma ham



#### **INGREDIENTS**

4 duck eggs
2 tbsp of white wine vinegar
16 asparagus spears
salt
black pepper
sour dough bread
25g of grain mustard
50ml of olive oil
10ml of white wine vinegar
1 1/2 tbsp of honey

4 slices of Parma ham 1 tbsp of chives, finely chopped salt & black pepper



combine the mustard, olive oil, honey and vinegar and mix well to create the vinaigrette. Set aside.

#### Prepare the asparagus

by removing the woody bases and peeling the bottom of the stem, you can keep the peelings and the stems to make a soup.

Bring 2 large pans of water to the boil and heavily season one of them with salt. Add 2 tbsp of vinegar to the other one.

Place the asparagus in the salted water and boil for 2 minute until tender. Cool rapidly in iced water.

Grill 4 slices of bread.

Crack the eggs into 4 individual cups and, using a whisk, stir the vinegar water vigorously to create a whirlpool. Working quickly, gently place the eggs one by one into the centre of the whirlpool and allow the water to simmer. Poach the eggs for approximately 3 minutes until still runny inside. Lift from the water with a slotted spoon and keep warm

Gently fry the asparagus spears with butter to warm them through, season with salt and pepper.

On four warm serving plates, place a slice of toast, divide the asparagus spears and place a slice of ham over them. Top with a warm egg and drizzle with the vinaigrette. Season the top of the eggs with salt and pepper and sprinkle with some chopped chives.

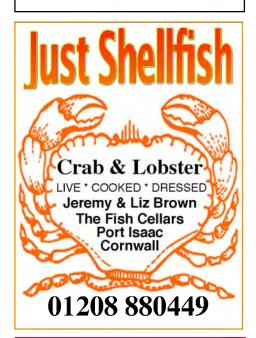
Please give this recipe a go, it is very easy to do and you will be rewarded. Enjoy Mx

# The Trio Directory

# Nicki B's Pasty Shop

OPEN EVERY DAY FROM 8.30am

Telephone: 01208 880099



# CHRISTOPHER KEY SOLICITOR

Friendly office open Monday-Friday 9.30am-12.30pm

Appointments out of office hours by arrangement

Trebiffen, Boscastle PL35 0BN Tel: 01840 250200 Fax: 01840 250900



# **GARDEN OF EDEN**



#### LANDSCAPING SERVICES

Maintenance: Lawns, Hedges, Pressure Washing Hard & Soft Landscaping, Patios, Fencing, Turfing etc Plant Supplier, Compact Tractor & Mini Digger work

For a free estimate phone Jim Dyer on

**01208 851916** or **07970 919389** (mobile)

www.jdyerlandscaping.co.uk Churchtown Cottage Fore Street St Teath PL30 3JA

# The Angry Anchovy



# **PIZZERIA**

10 New Road, Port Isaac - next to Trelawney Garage

01208 881384

Find us on **f** 

#### THOMAS HAWKEN SERVICES

grass cutting, strimming & trimming, painting inside & out stone hedging, all small jobs around the home POLTREWORGEY FARM **01208 880275 / 07812 032333** 

# Brooks & Jeal Chartered Accountants

Business Start up
Property Letting Advice
General Business Advice
Accountancy
Personal & Business Tax Advice
Bookkeeping, VAT & Payroll
Business Forecasts & Plans
Company Formation
Company Secretarial Services



Eddystone Road Wadebridge Cornwall PL27 7AL www.brooksandjeal.co.uk T: (01208) 812129 F: (01208) 816798





# Professional Carpet & Upholstery cleaning

Domestic & Commercial

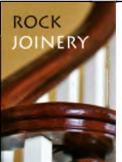
Fully insured
Friendly & efficient service
Excellent prices

01208 841117

www.kernowecoclean.com

remember to say you saw it in TRIO





Hardwood & Softwood Joinery Specialists www.rockjoinery.co.uk

#### Richard Collins

Unit 2 Pityme Business Centre, St Minver Wadebridge, Cornwall

t: 01208 862145 (day), 01840 213733 (evening)

m: 07721 721464

# K L Honey Ltd

#### **Building & Renovation Contractors**

Tel: 01208 880609 Mobile: 07971 479309

Email: klhoney@btconnect.com

#### **BRIGHT SOLUTIONS**

Tony Bright
Painter & Decorator
CITY & GUILDS QUALIFIED

External & Internal Friendly Professional Service References supplied on request

01840 213694 / 07765 632164 TONY.BRIGHT@HOTMAIL.CO.UK



Lowenna Brewer Mobile Hairdresser & Beauty Therapist

Ladies. Gents & Children's Hair including "Special Occasion" hair and make up Nails

manicures, pedicures and nail extensions

brow & lash treatments and tinting **Beauty Treatments** waxing and threading Tanning

#### TELEPHONE 0789 | 259376

also working alongside Serenity Beauty Rooms, Delabole on Tuesday, Wednesday & Friday



Roman blinds, curtains, voile blinds, cushions, upholstery all traditionally handmade in Port Isaac.

Full interior design, property buying & project management service.

# TRELAWNEY GARAGE

14 New Road, Port Isaac

#### 01208 880536

**Servicing & Repairs Breakdown Service** Accessories

Overheating? Air Conditioning Servicing & Recharging now available

**GAS DELIVERIES** 13kg, 19kg & 47kg

# **Andy Penny General Building Services**

Specialising in Glass Fibre Flat Roofing All General Building Work Plastic Fascia & Guttering **Brick Paving & Patios** 

07532 478 451/01208 880985

andy@andy-penny.co.uk

#### Ivan Jones Electrical Services Ltd



Your Local Electrician.

Domestic - Commercial - Industrial - Agricultural

celebrating 20 Years of Customer Satisfaction

2015

Thank you to ALL our Clients

Competitive & non-biased prices on: LED Lighting - Electric Radiators - Garden Lighting & much more. Offering a range of manufacturers to BEST suit your property & budget

- Testing & Inspecting (EICR)
- Landlord Certificates (EICR)
- Portable Appliance Testing
- Fault Finding
- Additional Points & Repair
- FREE Quotations
- Rewires
- New Builds
- Fire Alarm Installation & Testing
- Emergency Lighting & Testing
- CCTV Design & Installation
- Planned Maintenance

Office: 01840 213 683 - Mobile: 07738 824 181

Info@IJESLtd.com - www.IJESLtd.com













log on to



locally supplied fish, freshly cooked in a light, crispy batter

plus burgers, sausages, chicken, cold drinks etc

01208 880281

see window for opening hours





#### FOOD ALL DAY

Breakfast 10am-11.30am

Tea/coffee & bacon bap or a slice of cake £3.50

Lunch 12noon-3pm Light bites 3pm-5pm Supper 6pm-9pm

Monday-Friday 2-course menu £12.50 'Cheese and wine after 9' £.5

'Sunday Funday - The Mote Roast'



#### **PORT ISAAC** LINEN

Domestic and business service catered for

Delivery and collection service available Please call Cheryl Skinner on

> 01208 880198 or 0785 4585683

Remember to say you saw it in

to advertise in Trio call 01208 880905 or email: triopi@mac.com

#### www.thisisnorthcornwall.co.uk



#### **SELF CATERING APARTMENT** IN PORT ISAAC

Sleeps 2. Newly appointed and spacious with outside patio area. Parking.

Tel: 07929 274664

#### LARGE HOLIDAY HOME in PORT ISAAC

sleeps 10 log fire, gardens garage parking in village for details call

07967 089766

#### **HOLIDAY HOME** in Port Isaac

Spectacular views. Sleeps up to 7 people. Quiet gardens. Dogs welcome. Parking for two cars.

Contact:

r.meere@btinternet.com

#### **HOLIDAY BARN** PORT ISAAC

ten minutes walk to harbour GARDEN AMPLE PARKING WIFI 2 bedroom PETS VERY WELCOME

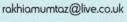
www.portisaacmill.co.uk email: bertiemwatson@btinternet.com

Tel: 01208 880298

#### Kernow Cleaners Spring Cleaning Holiday Change over Commercial &

Domestic Cleaning For details or a no obligation

Quote please ring Rakhia on



References Available

**DBS Checked** 

#### Life's tough sometimes



Relationship breakdowns and disputes about children or finance can be the most stressful time in your life. We are here to help, talk to Sproull

#### SPROULL

SOLICITORS

01208 72328 www.sproullllp.co.uk

Disputes | Family | Property | Wills

# Philip Sleep Flooring

Professional & Reliable with over 20 years experience 01840 552 147

Huge selection of quality carpet, vinyl, LVT, wood & safety flooring at affordable prices Free consultation, planning & estimates Insurance work undertaken

Shop now open at:

Unit 4 Pentire Workshops, Delabole, PL33 9BA (Behind Atlantic Signs, keep right)



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME-MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB AND FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD AND CHEESES. GIFTS AND CRAFTS.



#### Shop & Restaurant open daily 9am Tel: 01208 880164

#### **ANNUAL TASTING DAY**

Thursday 1st June, 10am-2pm

Come and try biscuits, cheese, fudge, beer, cider, wine, chocolates, cream, cakes, paté etc

Don't forget we serve Breakfast 9am-11am **Lunch from 12noon-3pm** 

Coffee, tea, homemade cakes, cream teas, ice-cream etc served all day

Book now for our Traditional Sunday Roast choice of meats including home produced beef followed by a selection of homemade desserts - booking essential!

TELEPHONE: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND DIGGERS. PET:



# T.F. GRILLS and Sons

**Building and Carpentry** Painting and Decorating

Free Estimates

Telephone: 01208 880094 07875 221222

email:

markcgrills@googlemail.com

#### R.A. HANCOCK

**ELECTRICAL CONTRACTOR** 

AGRICULTURAL & DOMESTIC WORK SALES & SERVICE SLIMLINE RADIATORS **DIMPLEX & CREDA** 

COMPLETE SHOWER INSTALLATIONS Hartland Road Port Isaac

Telephone: 01208 880328

to advertise in Trio call 01208 880905 or email: triopi@mac.com

# The Old School Hotel & Restaurant

email: reception@theoldschoolhotel.co.uk

Cream Teas & Coffees • Lunches Afternoon Teas & Sandwiches • **Evening meals** 

We are open to all, all day, every day starting at 8:30am for Breakfast

Try our Takeaway Fish & Chips and **Homemade Burgers!** 

All our food is freshly made to order using local produce where available

Visit our website for offers, menus and the latest info:

www.theoldschoolhotel.co.uk

#### www.thisisnorthcornwall.co.uk

# The Peapo



FOLLOW THE PEAPOD ON FACEBOOK

1965

Italian leather handbags, scarves and jewellery Dog collars and leads in lovely prints -made in England. Selection of natural wax gel candles and lots, lots more

26 New Road, Port Isaac, PL29 3SB Tel: 01208 881197



t: 01840 212580

www.westernsupply.co.uk

#### **ATLANTIC FOOTCARE**



Treedments Foot Health Check Nail Care & Cutting Corns & Callus Cracked Heels Ingrown Toenails Fungal Infections Thickened Nails Athlete's Foot Verrucas



Heel Pain Diabetic Foot Check Toenail Reconstruction Toenail Paint

**Alison Mattinson** DipFH MCFHP MAFHP

Telephone: 07736 679310 Email: alison@atlanticfootcare.co.uk www.atlanticfootcare.co.uk



MSMA L4, Dip VTCT Qualified Member of BABTAC

Email: jaemonk@btinternet.com Website: www.iuliemonk.co.uk

Trelights, Port Isaac Tel: 01208 880236 Mob: 07775 728680

Sports/Deep tissue Massage Reflexology Swedish Massage Indian Head Massage Hopi Ear Candling Gift vouchers available

#### **PAUL HONEY**

PAINTER & DECORATOR

INTERIOR & EXTERIOR MAINTENANCE. WALL & FLOOR TILING, ARTEXING, **COVING & WALLPAPERING** 

Tel: 01208 881122 Mob: 07773 305626

PHONEY247@BTINTERNET.COM

Welcome

#### R Mears & Sons

#### **Chimney Sweeps & Stove Installation**

Established over 30 years
Vac Brush. Full CCTV investigations.
Pots, Cowlings & Bird Protection fitted. Chimneys Lined.
Solid Fuel Appliances, Rayburns, Woodburners,
Stoves, etc serviced. Fully Insured.

Tel: 01840 261221 Tavistock: 01822 664554 Mob: 07737 533392 www.sweepdevon.com



# S. Goodman Plumbing & Heating





- All Aspects Of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

- Central Heating & Underfloor Heating
- Solar Heating
- · Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 98430: 98 HIGH STREET, DELABOLE PL33 9AQ



# Local Guide Books & Maps available at Secrets, Port Isaac



# WINDOWS XP YOUR LOCAL WINDOW CLEANER

Domestic & Commercial eco-friendly, pure water system, fully insured, regular and reliable Call John Brown on

07815 156632

# Window Cleaning Service



Professional windows, doors, conservatories, solar panels & window frame cleaning &

gutter clearing at competitive prices

satisfaction guaranteed

Call for a free, no obligation quote

07850 015 907



Professional, Reliable, Trustworthy, Affordable

**Domestic Cleaning** 

Pub, Restaurant, Office & Shop

Cleaning

Holiday Let Maintenance & Changeover Service

**Ironing Service** 



Window Cleaning



01840 552 012

#### The Trio Print Service

We offer a village printing service to help offset the cost of *Trio*.

We can print in full colour up to A3, single or double sided, on paper or card up to 180gsm. The machine can tri or bi-fold leaflets or staple booklets. As well as leaflets and brochures we can print flyers, posters, menus etc. We also offer a design service or can prepare your design ready for printing.

To find out more contact Dee on 01208 880905/880862,

email: dee54@mac.com

# J.M.C.

PROPERTY MAINTENANCE

Window and Gutter Cleaning
Painting and Decorating
Algae Control Fencing
Grass and Hedge Cutting
Small Building jobs

Email: jamie.carthew@aol.co.uk Mobile: 07891 376145



find us just opposite the South West Coast Path entrance Fore Street Port Isaac PL29 3RE **Tel: 07722 233384** 

#### Roy Speakman

A.B.I.C.C. BUILDING CONTRACTOR

Specialist Carpenter
Period Reconstruction
Kitchen/bathroom installations
All roof work undertaken

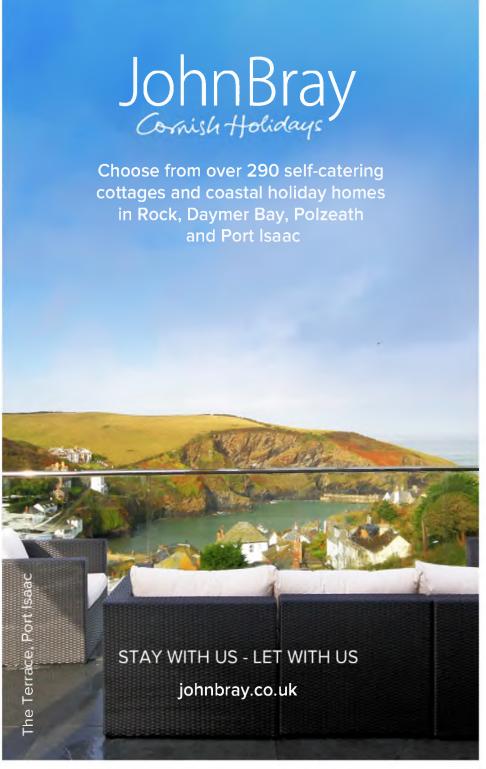
Tel: 07790 602404 rwsbuild@live.co.uk



# log on to

www.thisisnorthcornwall.co.uk





# LONGCIOSS Hotel, Restaurant & Gardens



OPEN DAILY FOR MORNING COFFEE, LUNCHES, CREAM TEAS AND EVENING MEALS PANORAMIC SEA VIEWS FROM OUR TERRACE, 3 ACRES VICTORIAN GARDENS, CHILDREN'S PLAY AREA



# k i I n

a new studio shop

with hand-painted china by artist sue pullin

+ a range of hand-picked homewares, gifts and stationery

from cornwall and scandinavia

3 MIDDLE STREET, PORT ISAAC, CORNWALL, PL29 3RH

t: 01208 880578 e:info@kilnstudio.com w: kilnstudio.com

#### FRESH FROM The sea

Sustainably caught Lobster and Crab, landed daily in Port Isaac and delivered straight to our shop at the top of the hill. Available cooked, dressed, in a sandwich, boxed to take home or even live.

A selection of seasonal wet fish from Cornish Day Boats members of the Responsible Fishing Scheme

Come and see us for a handpicked Crab Sandwich or a Lobster salad and glass of wine



18 New Road, Port Isaac, PL29 3SB www.freshfromthesea.co.uk
Tel: 01208 880849

to advertise in Trio call 01208 880905 or email: triopi@mac.com



www.thisisnorthcornwall.co.uk





#### Try our Full Cornish Breakfast

Drop in for Lunch and sample Chris Lanyon's Award winning Fish Finger Sandwich

voted Best in the country

We are now taking private evening bookings for those special events on your social calendar - anniversaries, birthdays, group get-togethers

menus to suit your budget

Please contact Laura or Chris for further details on

01208 881300

BOOK NOW FOR OUR ...

Music & Movie theme Quiz Night

Chapel Cate

for all ages

Saturday 24th June 7.30pm

3 course sharing platters Win a bottle of champagne

£100 prize for the winning team

Teams of four

£20 per head

#### **DENNIS KNIGHT**

Proprietor: JT Collins

WHOLESALE & RETAIL FISH MERCHANT FISH CELLARS, PORT ISAAC

FRESH FISH DAILY OPEN SIX DAYS A WEEK

Tel/Fax/Answerphone: 01208 880498 Mobile: 07969 555182





# We Clean So You Don't Have To

MAID SENSE IS A FAMILY OWNED CLEANING COMPANY BASED IN NORTH CORNWALL,
PROVIDING A RANGE OF HOLIDAY CLEANING, HOLIDAY HOME MAINTENANCE AND GUEST
RELATED SERVICES ALL OVER THE COUNTY.

WITH A PERSONALISED SERVICE FOR EVERY CUSTOMER, OUR AIM IS TO GIVE YOU OR YOUR GUESTS EXACTLY WHAT IS NEEDED, EVERY TIME.

OFFICE: 01208 815060

CONTACT US
WWW.MAID-SENSE.CO.UK

MOBILE: 07814 934978





We are here to make sure that upon arrival your guests are not greeted by unsightly rubbish bags. Make use of our convenient rubbish removal service. If your property is not located near a rubbish collection point, or the local collection day doesn't coinside with your changeovers, we can simply and conveniently remove any rubbish bags left by your guests. This means that you don't have to worry about any unsightly bags left around the property or stored in a utility, until collection day.



#### Collection

We will Collect your rubbish bags before your new guests arrive.



#### Cleaning

We wash your bin and line with a fresh bin bag as required.



#### Disposal

As a licenced refuse collector we will dispose of your bags at a designated licensed tip.

#### WE'RE OPEN

6 days a week - 9am until 5pm

The Office at Studio 1, 73 Molesworth Street, Wadebridge PL277DS **01208815060** or **07814 934978** info@holidayhomewastecollection.co.uk

# TRIO CLASSIFIEDS



#### The Golden Lion Port Isaac

#### Front of House Team Members Required

We are looking for experienced Front of House staff, who will love being part of a busy, yet traditional and rich in history public house, set in a beach front location. We are looking to recruit people who are pasionate, motivated and have the confidence to think for themselves and work extremely well as apart of a team. You will have a hands-on approach and take pride in your work.

Being FOH means being the person who bringsour bars and restaurant to life. It means being 100% attentive to both the business and customers' needs, maing sure everyone of our customers feels welcome.

#### Housekeeping Team Members Required

We are looking for experienced housekeeping staff to maintain the high standards within our public house. Candidates must be motivated with a good attention to details and pride in their work. Housekeeping roles involve morning cleans of all areas including bar, restaurant and toilet facilities and outside seating areas.

Both positions available are permanent. Flexibility is vital with weekend and work and holiday periods essential. The location means that transportation is also key.

We look forward to hearing from you to discuss these opportunities further so email your CV to

info@thegoldenlionportisaac.co.uk

**FOR SALE** 

# QUALCAST 400 W REAR ROLLER CYLINDER ELECTRIC MOWER

£40 ono

Tel: 01208 880224

#### Static Caravan for Sale

St Minver Holiday Park 2-bedrooms, will sleep 6 £12,500

Tel: 01285 720582

# Fishing Boat Tackle for sale

2 boat rods with multiplier reels, various boxes of hooks, lures and feathers for mackerel

*Offers* Call lan on 01208 880241



# S R HEWETT

electrical contractors

Port Isaac

Tel: 01208 880319 Mob: 07836 525443

email:

stephen.hewett1@btinternet.com





#### **FOR SALE**

the perfect IKEA EKTORP 3-seater settee £150 IKEA LISABO table and four chairs £75



all brand new and never used, collect from Port Isaac - call Martin on 01208 881270 up until Monday, 0777 4423641 after Want to find out what's happening in the Village? Read your *Trio* and look on the Trio Diary page. Make sure your event is included here! email info to triopi@mac.com or call 01208 880905

# WHAT'S ON

#### **Thursday May 4th**

Cornwall Council Elections in the Village Hall

#### **Saturday May 6th**

The Magnificent AK47s with Port Isaac's Gulls in Port Isaac Village Hall - 7.30pm

#### **Tuesday May 9th**

Kerbside recycling - leave out by 7am

#### **Saturday May 13th**

St Peter's Church Circular Walk - 10.30am from the Church

#### **Tuesday May 23rd**

Kerbside recycling - leave out by 7am

#### **Saturday May 20th**

Misbehavin Jazz Quartet in St Endellion Church

#### **Tuesday May 30th**

Kerbside recycling - leave out by 7am

#### Friday June 2nd

Corineus Quartet & guests in St Endellion Church

#### **Sunday June 11th**

RNLI Summer Service on the Platt followed by Cream Teas in the Boathouse - 12.30pm

#### **Monday June 12th**

Afternoon Tea with Elizabeth Gowing In Port Isaac Village Hall - 2.30pm, everyone is welcome

#### **Sunday June 18th**

Port Isaac Rowing Club George Moth & Mark Provis events

#### Saturday July 1st

Tamesis Choir in St Endellion Church

#### Friday July 7th

Endelienta fundraising reception and concert with Helen Porter in St Endellion Church

#### Saturday July 15th

Endelienta ensemble in St Endellion Church

#### July 25th - August 4th

St Endellion Summer Festival

#### **Saturday August 5th**

The BIG Swim

#### **Sunday August 6th**

Port Isaac Rowing Club Gig Day at Port Gaverne

#### **Sunday August 13th**

Port Isaac RNLI Lifeboat Larks

#### Saturday September 2nd

Port Isaac Carnival Day

#### Saturday September 9th

Port Isaac RNLI Harvest Festival at the Old School Hotel - 7pm

#### October 5th-8th

North Cornwall Book Festival at St Endellion

#### **Saturday November 18th**

Music from the Movies night local musicians and singers stage a fundraiser for Cornwall Hospice Care this year's BIG Hospice event

#### **Sunday December 3rd**

Christmas at the RNLI Lifeboat Station - 11am

#### **Regular Events**

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the VIIIage Hall. Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2.30pm- 4pm in Port Isaac Village Hall.

Contact Annie Philp on 01208 880262

#### **Church Services**

St Peter's Church, Port Isaac

First and Third Sundays in the month -Morning Worship at 9.30am and Second, Fourth and Fifth Sundays in the month - Holy Communion at 9.30am

#### St Endellion Church

Every Sunday at 11am

Trelights Methodist Church
Sunday Service at 6pm

#### Trio copy dates

With the exception of February and December, Trio comes out on the first of every month. Copy dates are:

JUNE
JULY
AUGUST
SEPTEMBER
OCTOBER
NOVEMBER
DECEMBER

May 24th
June 23rd
July 24th
August 24th
September 23rd
October 24th

November 30th