

# trio







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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.



Trelights Methodist Church

## CHAPEL FETE

**Tuesday August 1<sup>st</sup> - 2.30pm**

**at Trewithick House** *(opposite Chapel)*

*by kind permission of Mr & Mrs Hall*

**home-made cakes, plants & produce,  
bric-a-brac, books, tombola, raffle etc**

*bring your friends along to enjoy this popular  
event in a lovely village garden*

**PROCEEDS FOR  
CHAPEL FUNDS**

## Fisherman's Friends on the Platt

We will be singing on the Platt on Friday 7th July (*Fish Friday - national event*), Friday 21st July, Friday 18th August, and finally Friday 1st September

These Platt dates are most definitely **weather permitting**. We have been advised that because of the size of the crowd we get it, is not *that* wise to persevere with performances on spring tides, as it has become very overcrowded. Reluctantly we've had to cut back to performing on neap tides when there is plenty of room on the beach.

In addition to these dates we are performing at Carnglaze Cavern Rum Stores on Friday and Saturday 14th and 15th July, Sidmouth Folk Festival on 3rd August, and Wickham Festival in Hampshire on Friday 4th August.

This is our 25th Anniversary Year, and as you can see we are performing far and wide around the county, and beyond.

Look forward to seeing you there -

**'Heave away,  
haul away!'**

## Port Isaac Stay & Playgroup

We meet every Tuesday morning  
in the Village Hall from  
**10am-12noon**

Coming up in the next few weeks

July 4th - Painting

July 11th - Sports Day

July 18th - Kernow Play House visit

July 25th - Play dough

If you want to know more

contact either Bonnie on 01208  
880946 or Cherry on 07900 527610

## Wadebridge Male Voice Choir

will be singing on  
the Platt, starting  
at 7.30pm, on  
**Wednesday July  
19th and  
Wednesday  
August 2nd**



# HUGE

thanks to the Fisherman's Friends who let the Village Hall collect on their first Platt performance of the year. We raised £724.

The money will go towards our new extension that will include a multi-access floor level toilet and baby changing facilities as well as a new kitchen.

## Thank you

*The Village Hall Committee*

### PORT ISAAC VILLAGE HALL HIRE

NON-PROFIT MAKING PARISH CLUBS, ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc, FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50 for 24 hrs

GENERAL USERS/ COMMERCIAL EVENTS - £10 per hour - £125 for 24hrs

For full details or to make a booking contact Dee on 01208 880905 or email [dee54@mac.com](mailto:dee54@mac.com)

### ROY'S BIRTHDAY PARTY



Maggie would like to thank everyone who was involved in the planning, preparation and coming along to Roy's 70th birthday party at the Village Hall. And yes, he was very surprised and yes, he had a brilliant night.

Special thanks to the Village Hall Committee for their hard work.

# Port Isaac Village Hall



# BIG Saturday August 12th

a whole day of fundraising for the Hall

9am - **BREAKFAST** (bacon butties)

10.30am - **COFFEE MORNING & CAKE STALL**

12noon-2pm - **LUNCH** (main course & pudd)

3pm-5pm - **CREAM TEAS**

6pm-7.30pm - **FANCY DRESS CHILDREN'S DISCO** (with prizes)

There will be a limited number of tables available, free of charge, for those of you who want to sell items on the day - these will be allocated on a first come, first served basis - email Dee at [dee54@mac.com](mailto:dee54@mac.com)

**"I am delighted that Port Isaac Co-op and its customers are supporting the local community"**

*- Darren, Port Isaac Co-op manager*

The Port Isaac Village Hall collecting box on the second-hand book sales shelf in the Co-op has been emptied for the first time and there was over £70 in it. **THANK YOU EVERYONE.**

*If anyone has any books to donate to the shelf please drop them in at the Co-op. Money raised from the sales of these books goes to the Village Hall and the Stay & Play Group.*

[www.portisaacvillagehall.co.uk](http://www.portisaacvillagehall.co.uk)

Become a member today for £1 and earn



every time you choose Co-op branded products and services.

**co op**





## PORT ISAAC RNLI EVENTS

**Rock Art Institute Summer exhibition  
the first week in August**

comprehensive display of Port Isaac RNLI  
artworks along with a wide range of original  
paintings by local artists  
supporting both Port Isaac & Rock RNLI

**Port Isaac RNLI Lifeboat Larks  
Sunday August 13th**

St Minver Band, Jazz Band, Sharps & Pimms  
Bar, BBQ, Gig Rowing, Coastguard Helicopter  
display, childrens attractions and much more ...

**Annual Port Isaac RNLI Harvest Festival at  
the Old School Hotel**

**7pm - Saturday September 9th**

a memorable evening with Jon Cleave on the  
hammer

**Christmas at the Lifeboat Station**

**11am - Sunday December 3rd**

crew and committee welcome Father Christmas  
on board to wish everyone a Merry Christmas  
and distribute gifts to the children

 **Sunday  
August 13<sup>th</sup>**  
**11am-5pm**

**LIFEBOAT**

**PORT ISAAC HARBOUR**

St Minver Silver Band

PENNY ROYAL JAZZ BAND

BBQ Cream Teas

SHARPS BAR PIMMS BAR

Star Raffle

BOOZE BARROW RAFFLE

Children's Art Competition

EGG THROWING

Bouncy Castle

FACE PAINTING

Swings Gig Rowing

Cards, Prints and  
latest fashion  
RNLI Clothing -  
all exclusive to  
Port Isaac RNLI

**HM COASTGUARD HELICOPTER RESCUE  
DISPLAY WITH PORT ISAAC LIFEBOAT**



Photo: Adrian Jasper

### **Doc Martin star, Ian McNeice (aka Bert Large), presents the RNLI with a cheque for £1500**

A big supporter of the RNLI, Ian has been busy fundraising for the charity whilst he has been in the village for the filming of the current *Doc Martin* series. As well as assisting at a number of the Station's fundraising events Ian has also had his own mission of support by meeting holiday visitors, posing for photographs with them and generally promoting RNLI operations and crew support within his adopted home village. Thank you Ian.

The photograph shows Ian presenting the cheque to Chairman Bob Bulgin BEM and senior crew member Nicki Bradbury with fellow station officials and crew members at the station's historic, annual Summer Service on the Platt. This year's service celebrated the 150th anniversary of the foundation of the lifeboat at Port Isaac. The weather was kind and the event well attended by several hundred local supporters and visitors from home and abroad. Everyone enjoyed the music from the St Minver Silver Band and the Port Isaac Chorale and many stayed behind to meet the crew and committee over cream teas and refreshments in the Lifeboat Station.

Since the introduction of the D Class Inshore Lifeboat at Port Isaac in 1967, 342 persons have been saved from 666 operational launches.

Lifeboat Operations Manager. Chris Bolton reports ...

### **WARNING SIREN AT THE BOATHOUSE**

Over the last couple of years it has been increasingly difficult for the crew to get to the station when answering a shout. The extra visitors that now come to the village saunter down the middle of the road and wonder what is going on when the crew's cars and bicycles come rushing past.

So to pre-warn people in the village that the crew will be assembling to answer an emergency, in line with National RNLI Policy applying to situations such as those we experience in Port Isaac, I have had fitted a siren outside the Station which will be sounded just before the crew are paged to launch.

When sounded there will be a short warning siren then a verbal warning followed by another warning siren. The siren will only be sounded between 8am and 7pm.



**saving lives at sea**



# Port Isaac's Penny Mile



Please save as many 1p & 2p coins as you can between now and the event. Bring them along on the day and add them to the line. Let's see if we can make a mile of pennies! In aid of Barnardo's - supporting the UK's most vulnerable children.

**Friday, 18 August 2017, from 1pm  
At the Playing Fields, Port Isaac**

(If you can't make the big day, please drop off your coins at Long Cross Hotel or Nicki B's Pasty Shop)



**Cream Teas, Guess the Name of the Teddy,  
How Many Sweets in the Jar, Hoopa Hoopa Challenge,  
Paper Aeroplane Contest, Face Painting  
and lots of fun for all the family!**



## Carol Mould, our County Councillor, writes ...

Cornwall Council is now up and running with a new cabinet and committees. Despite being the largest group, at the time of writing this there are no conservative members in the cabinet or in positions of chair or vice chair of any committee so it is no change from the last administration and we move on. I have been placed on the East Sub Area planning Committee, the miscellaneous Licensing committee and the Service Delivery Over View and Scrutiny Committee.

Along with Parish and full Council meetings it makes for a busy schedule. That said I will always be available via email or phone should you have a query.

There are two consultations that I think will have a large impact on the St Minver and St Endellion division; one is the electoral boundary review and the other is the CIL levy (community infrastructure levy).

The electoral review commission has come back with its initial recommendation that Cornwall Council numbers should be reduced from the current 123 to 87. The view of the Liberal Democrat group on Cornwall Council is that the number should be nearer to 99. The final decision will be made later this year. A lower number would see a possible

reduction of members in our network area from five to three. This would mean a bigger area for each councillor to cover, but I would hope it would be mitigated by Parish councillors and network areas being given more meaningful devolved powers, and the money to deliver them. The formal number will be published in September, followed by the consultation on divisional boundaries in the Autumn. More information is available at [www.lgbce.org.uk](http://www.lgbce.org.uk)

### **CIL (Community infrastructure Levy)**

The idea is to split Cornwall into zones with areas such as ours paying the maximum charge per square metre of build. My personal view is that starting the charge from zero rather than after the first 100 so metres has the potential to be very harmful to small self builders, who wish to build on land they already own, also I would be concerned if the levy was laid against farm buildings for things such a livestock, I hope a waiver or reduction in charges could be made for such circumstances. More information is available on the Cornwall Council website.

The summer season is very nearly upon us with all the extra traffic and visitor numbers that it brings. Whilst we rely on tourism for our livelihoods and all business is welcome, the pressure on our services can be severe. St Endellion Parish Council do a fantastic job looking after the public conveniences and Car Park and the Port Isaac area in general. I hope you all have good summer and that the sun shines for us all.

*Carol Mould*

**Carol.mould@cornwallcouncillors.org.uk  
Mobile 07870 118001 Home 01208 863692**

## Home Library Service

Do you have problems getting to the library because of a disability, poor health, accident or caring responsibilities. The Home Library service will deliver books, Large Print books and Talking books to your door - FREE! For more information phone 0300 1234 111, visit [www.cornwall.gov.uk/library](http://www.cornwall.gov.uk/library) or fill in a form at your local library.

## Trelights Defibrillator

The Trelights Defibrillator committee would like to thank residents and friends for the generous donations, help and support given. We hope to be able to commission our machine very soon. The phone box will once again be put to good use.

## QUIZ NIGHT

*including*

**Curry supper**

**Friday  
July 14<sup>th</sup>**

**St Endellion  
Church Hall**

**7.30pm**

**£6 per person,  
4 people per team**

**TO BOOK A TABLE  
PLEASE TELEPHONE  
Keith or Barbara on  
01208 880766**

All proceeds towards the  
**Trelights  
Defibrillator**



## The National Trust

**Sunday 23 July:**

### **The Archaeology of Rough Tor guided walk, 10am-1pm**

Join National Trust rangers and archaeologist Pete Herring of Historic England on a walk across the iconic Rough Tor. A fascinating interpretation of one of Cornwall's most important archaeological sites. Wear appropriate clothing for the weather and terrain. Bring a camera and binoculars if you have them and refreshments if you are staying on the moor for lunch. Free, but donations welcome. Booking essential as numbers are limited 01208 863046

### **Wednesday 2 August: 8.30pm until after dark & Wednesday 16 August: 8pm until after dark - Bat Night at Pentire Head near Polzeath**

Join National Trust rangers for an evening all about bats. Starting with a talk about British bats, we will then see and hear greater horseshoe bats emerge after sunset from old mine workings. Talk starts promptly at start time. Bring a chair or rug to sit on, warm clothes, and a torch is useful. Bat capes optional. £3 per person. Booking is essential as the date may change due to unfavourable weather. 01208 863046

### **Thursday 3 August & Thursday 24 August: Coastal Challenge Series 2017, 7pm-approx 9:30pm Pentire Head, near Polzeath**

Grab your running shoes and join us on the coast path this summer. We're putting on two guided trail runs in August, around the impressive Pentire Head near Polzeath. With a 5km or a 10km route to choose from, all abilities are catered for. Join us for a summer evening of running followed by a BBQ on the beach.

£5pp and bring some food to cook on the BBQ on Baby Bay beach. Call 01208 863046 or email [northcornwall@nationaltrust.org.uk](mailto:northcornwall@nationaltrust.org.uk) for more details and to book your place.

### **Sunday 6 August: Butterfly walk with National Trust and Cornwall Butterfly Conservation. Lundy Bay near Polzeath, 1.30pm**

Join in with a walk along one of the National Trust's butterfly survey routes. There will be a selection of butterfly species, especially if the sun is shining! Meet in the National Trust's Lundy Bay car park SW958 798 PL27 6QZ. Open to Cornwall Butterfly Conservation members and non-members alike. Free. For further details contact Sarah on 01208 863821

# READ ALL ABOUT IT

# TRIO

## EXHIBITION

## OPEN DAILY IN ST PETER'S CHURCH

the social history of the parish, as  
reported in Trio since 1982

PLUS EVERY TRIO PRINTED IS NOW ON THE WEBSITE  
[www.portisaacheritage.co.uk](http://www.portisaacheritage.co.uk)



## Fantasy Football

### FINAL LEAGUE TABLE 2016/17



LW	POS	TEAM	MANAGER	POINTS
2	1	LIDDSPURS	Peter Liddicoat	1361
3	2	AFC BONEMOUTH	Tim Witherden	1342
1	3	BADA BING!	Paul Honey	1324
4	4	LSO MINDWOVEN	Danny Treacy	1224
5	5	A MAN'S GOTTA KNOW HIS LIMITATIONS	Chris Witherden	1197
6	6	DYNAMO FUCHTHEREST	Andrew Grills	1166
7	7	PORT ISAAC SOCCER SERVICE!	Richard Hambly	1061
9	8	BIG SAM'S CHEWING GUM MASTERCLASS	John Yates	1055
10	9	HONEYBABES	Jean Herring	1054
13	10	CALIFORNIA CHROME	Kevin Grills	1047
11	11	MOTS FLYERS	Tom Cleave	1037
8	12	THE LOBBIES	Pete & Julie Lobb	1029
12	13	SHE WAS ONLY XI	Harry Hambly	1012
14	14	TOM'S TEAM	Tom Lobb	1005
17	15	BLACKBIRD ROVERS	Margaret Honey	955
16	16	FLYING FOREST	Kevin & Emma Honey	951
15	17	BLUEJEANS & MOONBEAMS	Andy Penny	946
18	18	MUDGUTS MARAUDERS	Ann Cleave	931
19	19	MAYBEES	Tom Bishop	906
20	20	CRUISE TO GLORY	Chris Lanyon	903
21	21	FOXHOLE ALLSTARS	Bryan Nicholls	858
22	22	BOOM XHAKALAKA	Jake Treacy	782



SPONSORED BY



# THE BIG SWIM

A CORNISH BEACH TO BEACH RACE - RAISING MONEY FOR CHARITIES

## Saturday August 5<sup>th</sup>

[www.thebigswimcornwall.co.uk](http://www.thebigswimcornwall.co.uk)

**Swim starts 2pm Music on the Platt until late**

**Looking for volunteers to help ... call Sarah on 07825 294087**

## Endelienta events in July



**Fundraising Reception and Concert with Helen Porter**

**Friday July 7th, 6pm, St Endellion Church**

This unique evening will include opening of a stunning exhibition by Dorset artist Sally McLaren in the hall, an exclusive reception including sparkling wine and delicious canapés, and a very special performance from jazz singer and Endelienta favourite Helen Porter. By attending this event, you will be able to enjoy a memorable performance and exhibition and a delightful social occasion, in the knowledge that you will also be supporting the work and future development of Endelienta. Tickets £25 from [www.endelienta.org.uk](http://www.endelienta.org.uk) or [tickets@endelienta.org.uk](mailto:tickets@endelienta.org.uk)



**Endelienta**

**Sally McLaren, In Search of Stillness**

**July 8th-16th, St Endellion Hall Open weekends 11.30-4.30, Entry FREE**

First shown in the London Bankside Gallery, a selection of the evocative works by Wiltshire painter and printmaker Sally McLaren comes to St Endellion in a celebration of the spirit of place. The exhibition will be opened during the fundraising event on Friday evening July 7th.



**Endelienta Ensemble**

**Saturday July 15th, 7.30pm, St Endellion Church**

A wonderful, eclectic pairing of cinematic and highly evocative works - Beethoven's Pastoral Symphony and Kurt Weill's 2nd Symphony – brought to us by this chamber orchestra comprising students from London and Cambridge, conducted by Adam Hickox and Rees Webster. SPECIAL OFFER: 4 tickets for the price of 3.

Unless stated otherwise, tickets £10 (accompanied under 16s free) from [www.endelienta.org.uk](http://www.endelienta.org.uk) [tickets@endelienta.org.uk](mailto:tickets@endelienta.org.uk) or 07787 944935

## St Endellion Summer Music Festival

**July 25th - August 4th**

Artistic Director: Mark Padmore

Sir John Tomlinson, Roderick Williams and Mark Padmore star in Britten's Billy Budd, Ryan Wigglesworth conducts the Verdi Requiem in Truro Cathedral with soloists including Sophie Bevan and Matthew Brook, and Wagnerian soprano-of-the-moment Rachel Nicholls sings Brunhilde's Immolation from Wagner's Götterdämmerung with the St Endellion Festival orchestra. Olivier award winning actor Rory Kinnear performs Walton's Façade and pianist Charles Owen returns to play the Schumann Piano Concerto. Chamber concerts include works by Bach, Brahms, Dvorak, Poulenc, Bocherinni and others, featuring Iain Burnside, Clio Gould, Alison Rose, Frances Bourne, Tim Gill.

**Full details on [www.endellionfestivals.org.uk](http://www.endellionfestivals.org.uk)**

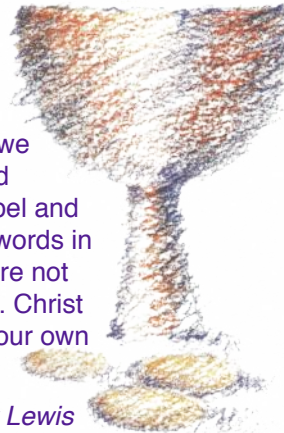


# Extraordinary Time

Just as the world is beginning to look forward to the delights of summer (weather permitting), long evenings, Wimbledon Tennis, cricket and summer holidays, the church begins what is known as Ordinary Time. From Christmas through to Whitsun the church maintains a pattern of worship closely mirroring the course of Our Lord's life on earth, from his birth to his passion, death and resurrection on Easter Day. It then continues to recall Christ's resurrection appearances until the moment when he returned to his Father in heaven and the coming of the Holy Spirit on his followers at Pentecost or Whitsun, this year celebrated on June 4th. This glorious succession of festivals and commemorations is then followed by a long sequence of Sundays after Trinity stretching into the autumn, called Ordinary Time. This sounds rather dull as though we could now afford to sit back for a bit. But the term is misleading. The truth of the Gospel is that the incarnation of Our Lord, God's coming among us, changes everything. In a sense nothing can ever be ordinary again. For those who make the commitment to Christ which is made for us in our baptism and confirmed at our confirmation the ordinary is transformed by God's grace.



We are immediately reminded of this by the fact that the Thursday after Trinity Sunday, this year on June 15th, is kept as the feast of Corpus Christi, the feast of thanksgiving for Holy Communion. As we continue to reflect upon the gift of the Holy Spirit to the church, and therefore to each one of us, we renew our commitment to the gospel and to one another as we go out into the world in fulfilment of Christ's words in our gospel "to make disciples of all nations". But in doing this we are not alone, for "remember, I am with you always, to the end of the age". Christ comes to us in the bread and wine of the eucharist not merely for our own comfort but to strengthen our hands for his work.



Andrew Lewis

**Do you, or someone you know, need a listening ear?**

**Tel: David Foster on 01208 880008**



## St Endellion Fete

### in the Rectory Garden

### Wednesday August 9th - 2pm

There's going to be something for everyone - children's games, puppet show, sideshows, tombola, books, bric-a-brac, produce, cakes, plants, teas ...

We hope you can join us but, before that, if you have anything to donate to any of the stalls it would be very much appreciated. We can collect - call 01208 880207.

#### Port Isaac Who's Who in the North Cornwall Cluster of Churches

Priest in Charge: Rev'd Dr Elizabeth Wild - 07758 407661

Clergy: Rev'd Canon Judith Pollinger - 01208 880181

& Rev'd Andrew Lewis - 01840 211161

St Peter's Churchwarden: Marion Larkin - 01208 880492

Administrator - Baptisms, Weddings & Funerals: Elizabeth Williams - 01208 886778

Administrator - General Enquiries & Communications: Gavin Tyler -  
gavin@northcornwallclusterofchurches.org.uk

## Church Diary Dates

### Sunday July 2nd

9.30am: Morning Worship,  
St Peter's Church, Port Isaac  
11am: Sung Eucharist,  
St Endellion Church

### Sunday July 9th

9.30am: Holy Communion,  
St Peter's Church, Port Isaac  
11am: Sung Eucharist,  
St Endellion Church

### Sunday July 16th

9.30am: Morning Worship,  
St Peter's Church, Port Isaac  
11am: Sung Eucharist,  
St Endellion Church

### Sunday July 23rd

9.30am: Holy Communion,  
St Peter's Church, Port Isaac  
11am: Sung Eucharist,  
St Endellion Church

### Sunday July 30th

9.30am: Morning Worship,  
St Peter's Church, Port Isaac  
11am: St Endellion Summer  
Music Festival Eucharist,  
St Endellion Church

## ST PETER'S CHURCH



St Peter's, our simple seaside church, is open to everyone, every day until about 4pm.

We have a service every Sunday morning at 9.30am to which you will be warmly welcomed. You will also find our Church is a lovely quiet place to just sit and reflect and be peaceful.

The Church is also home to PISCES (Port Isaac Shared Community Exhibition Space) and you can enjoy the silence and take a look at the current PISCES exhibition - a regularly changing look at life in Port Isaac in days gone by, up to the present day.



**Do you remember  
Owen John Oliver, aka  
Joliver or John?**



John was born without hands and with two short arms. He had one short leg with a deformed foot and one normal leg and foot which he became very skilled at using for all activities including writing, dressing, painting and cooking and rolling cigarettes! .

A gifted foot artist, he came to Port Isaac in the early 50s and became the chef at the Golden Lion.

His good friend, Frances Beaumont is now writing a book about John and wonders if anyone in Port Isaac remembers him and would like to share their memories with her. Frances is particularly interested to find some of John's artwork. She thinks he signed his work OJO or maybe OJ Oliver. His subject matter was pubs, local scenes, people's houses and people working.

If you can help in any way, please contact Frances on 07903 559888 or 01795 531998



**BODYSTRONG**  
With Shawna

**Port Isaac Village Hall**  
Every Thursday 9.30 am Starting Thursday 6th July  
£5.00 per class

A 30 minute High Intensity full body group training session led by a R.E.P.s accredited coach. Available for all ages and fitness levels. Pay as you Go - Locals and holiday makers welcome. Fun, friendly atmosphere with a supportive coach. Get Fit. Have Fun. Feel Fab.

07972034565  
SHAWNAMITCHINSON@GMAIL.COM

# Our nearest Post Office might close!

Many of you will know that the St Minver Postmistress, Maureen, has been given notice to quit the current post office premises. The Perceval Institute Management Committee are trying hard to relocate the Post Office to the rear of the Perceval Institute but, like everything, it's not cheap. They are therefore launching a fundraising appeal.

*Lots of us use St Minver Post Office and if we want to continue to have this service we need to give it our support.*

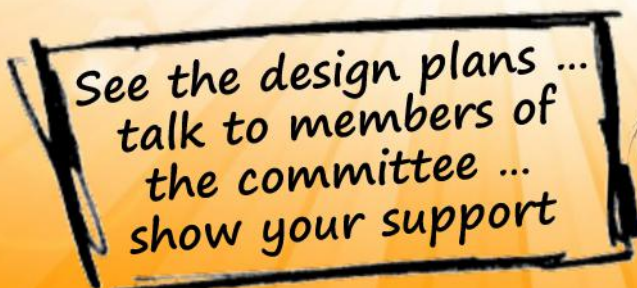
## COFFEE MORNING

The Perceval Institute, St Minver  
Saturday July 8th, 10am-12noon

homemade cakes,  
preserves and  
plants

### RAFFLE

ENTRY £2.50, INCLUDES TEA, COFFEE & BISCUITS



## LOCAL THE ROYAL BRITISH LEGION AWARDS

It is with great pleasure that I wish to announce that the following local people have been awarded recognition for their long term service to the Royal British Legion Poppy Appeal.

**Ron Newman and his wife Pat**  
**June Bryant**  
**Wendy Cotton**  
**Annie Philp**  
**Pam Richards**  
**Suzanne Barriball**



They are all great supporters of the RBL and have been fundraising for the charity for over 30 years and I congratulate them all.

Thank you also to Peter Bowyers who has been the Standard Bearer at the RBL Remembrance Services in St Peter's Church for well over 20 years.

I thank you all.

Annie Price, Poppy Appeal Organiser

## Parish Council report supplied to Trio by the Parish Clerk

### Planning Applications

The following applications were received and Members made the following responses to Cornwall Council:

1. PA17/01018/PREAPP, Kittiwake Cottage, 7 - 9 Middle Street, Port Isaac – pre-application advice for change of use from annexe to residential. **SUPPORT.**
2. PA17/02399, 1 Middle Street, Port Isaac – installation of new kitchen extractor fan system. **SUPPORT.**
3. PA17/02400, 1 Middle Street, Port Isaac – application for Listed Building Consent for the installation of new kitchen extractor fan system. **SUPPORT.**
4. PA17/02851, Mariners, Fore Street, Port Isaac – proposed small wet room. Replace property windows to match existing finishes. Members **AGREED** to support the view of the Listed Building Officer.
5. PA17/02852, Mariners, Fore Street, Port Isaac – Listed Building Consent for proposed small web room. Replace property windows to match existing finishes. Members **AGREED** to support the view of the Listed Building Officer.
6. PA17/03530, 20 Dolphin Street, Port Isaac – conversion of a small garage into a car port. **SUPPORT.**
7. PA17/03682, Merrywood Road from Chapel Villa to Rose Cottage, Trelights – outline planning permission for two dwellings on separate plots. **SUPPORT.**
8. PA17/03799, Little Garrick, Trewetha Lane, Port Isaac – extension and conversion of garage to additional bedroom. **SUPPORT.**
9. PA17/04117, Driftwood, Trewetha Lane, Port Isaac – application for a non-material amendment [1] following grant of planning permission PA15/08230. Amendments sought – addition of pitched roofs to the dormer windows; use of natural slates instead of concrete tiles; cladding of the raised first floor with shiplap instead of render. **NO OBJECTION.**
10. PA17/03890, 39 New Road, Port Isaac – replacement two-storey, 4-bedroom house. Cllr. Williams said the plans had changed since the pre-app. Members **OBJECTED** to the proposal, the voting being 6 to 2 to refuse.
11. Existing Mast at Port Gaverne – Pre-Planning Application Consultation i.r.o. the installation of additional antennas on the existing telecommunications mast. This will introduce a different mobile operator which will increase the choice and quality of mobile connectivity across this area, including 4G coverage. Members were in **SUPPORT.**

### Enforcement Cases

1. EN16/00308, Harbour Heights, Rose Hill, Port Isaac – alleged breach of condition No.3 of PA10/08418, namely annexed accommodation being used as a self-contained dwelling. Case officer: Mr Ben Bassett has closed the case and declared the annex is still being used in connection to the main dwelling and not a separate dwelling.
2. EN17/00519, Land NE of Port Gaverne Hotel – untidy site, unauthorised stationing of a shipping container, land being used as a waste storage area, car park and boat storage – application PA17/00546 withdrawn.

### Planning Applications Approved by CC

- i. PA17/02561, 9 Rose Hill, Port Isaac – LBC for alteration to proposed design of replacement windows as approved PA16/03047.
- ii. PA16/12129, Treswarrow Park Farm, Trelights – change of use of 0.5ha of agricultural land to a caravan site on which to site a maximum of 4 shepherds hut for holiday letting with associated landscaping and parking areas.

### Bench Policy

The parish council has adopted an updated version of its Bench Policy, which can be views on our website.

### New Road Retail Unit

Mr Phil Tidey has been awarded the lease on the shop, on the understanding that the PC would expect space to be provided for a PO facility (i.e. an Outreach facility). It was hoped this would be within the 3-year lease, if it proves possible to implement it within that time frame.

Gillian Thompson  
Parish Clerk / RFO

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**Cream Teas & Cakes 2pm-5pm**  
**CONCERT by the  
IMERYS CHOIR**  
**7.30pm on Sunday  
July 30th**



**PORT ISAAC CARNIVAL SEPTEMBER 2nd**



# Sports Day

Weather permitting our annual Sports Day will take place on Wednesday July 12th. In the morning we will be in school doing our playground events and our afternoon of races on the field will start at 1p.m.



# Den Day

All the children worked together on national Den Day and they built some amazing dens in the school grounds.

Using a wide variety of materials the dens were small and cosy or large and exciting. Once they were built the children were given a chance to play in their dens, walk round and experience each other's dens and then after a huge tidy up the winning den was announced.



## SCHOOLCHAT

news & views from Port Isaac School



## Roadford Lake Trip

Class 2 are spending two days at Roadford Lake. The first day will be land based and include archery and zip ropes. The second day will be on the water, kayaking and sailing. Everyone is looking forward to both days: a report will follow in the next issue of Trio.

## Bloodhound Engineering Fair



This day was organised as part of a series of events related to the Bloodhound Car which will be attempting to break the land speed record later this year. The fair was held at the Aerohub base at Newquay Airport and Class 2 went along to take part. In groups of five the children had the chance to build their own model car which then was tested to see how fast it would go. We built five cars and they were timed against ten other cars in our racing slot time. Our cars finished 2nd, 4th, 6th, 7th and 12th so we were very pleased.

There were lots of interactive science based stalls to visit in the main tent and also there was a race between electric powered karts that some schools had designed and built.

Everyone agreed it had been a good day.



# Websites of the Month

**The recent lovely weather has been wonderful and the countryside has not looked better. The mixture of rain and sun has made for a very good year for growth and the hedgerows are full of beautiful flowers. But I thought I would concentrate on just one plant this month, the humble nettle. I thought about the nettle as I have been stung quite a bit, wandering around in shorts, and it got me thinking about how these stings work. And that led me on to all the other aspects of this plant, that I found really interesting and hope you do too.**

The nettle is one of many plants that can cause irritation, and a good place to check for plants that make you itch or can cause problems is the NHS website <https://tinyurl.com/itchy-plants> as it has some good ideas about both which plants might cause problems and what to do about it. I was always told that rubbing a dock leaf on a nettle sting is the best thing to do, and I have always done it, and for me it works every time. Theories about how this works include the idea that dock leaves are alkaline and neutralise the nettle sting or that it has a natural anti-histamine. Neither of these have any evidence for them, and the most likely reason it works is that the sap from the dock leaves cools the skin down.

There is quite a lot of good scientific evidence, on the other hand, for how this clever stinger works its magic. Dr Marie-Louise Collard from the Wellcome Trust in her blog (<https://blog.wellcome.ac.uk/2011/07/08/the-stinging-nettle/>) says: *"Soft and deceptively fluffy, this plant with a pretty flower — the urtica dioica (from the Latin urere, "to burn") — is home to stinging hairs called trichomes on its leaves and stems. Acting like hypodermic needles when the tips break off on contact, they proceed to inject a stinging liquid that includes formic acid, histamine, acetylcholine and 5-hydroxytryptamine (serotonin) in to their unsuspecting victims! In fact, the word 'nettle' is derived from the Anglo-Saxon word 'notel' or 'noedle' meaning 'needle'."*

The blog also has an amazing picture of a nettle leaf 200 times magnified where you can see the needles in all their glory. She goes on to describe some of the uses that the nettle has including as a fibrous string and also in complementary therapies. She doesn't mention nettle soup however, although the one comment on the page says nettle soup is awesome, and it is! If you have never had nettle soup you are in for a treat. The important thing to remember is to wear gloves when collecting the young nettle tops so that you don't end up with very stung hands, and to pick them, how to put this politely, away from where dogs could reach them (and that goes for all foraging!) For me discovering nettle soup was a revelation. It is really delicious and not at all stingy. A good Cornish recipe for nettle soup can be found here <https://cornishforageharvest.co.uk/recipe/nettle-soup/>

Nettles are really good for insects — particularly butterflies and moths (see [www.nettles.org.uk/nettles/wildlife/butterflies.asp](http://www.nettles.org.uk/nettles/wildlife/butterflies.asp)) but you can also at this time of year see whole families of baby spiders clustered around the top of a nettle plant. The stings provide protection for the young insects. It also has instructions on how to turn your nettle clippings into a really good fertilizer.

There is also lots more information about nettles here <http://www.hedgerow-harvest.com/2016/03/18/theres-more-to-nettles-than-soup/> with a really nice chart that you can print out and put on your wall! They have a link to the World Nettle Eating Championships (I kid you not - and the 2012 event is on YouTube ([www.youtube.com/watch?v=HMALLNYc1AI&feature=youtu.be](http://www.youtube.com/watch?v=HMALLNYc1AI&feature=youtu.be)) held in a Dorset pub. The technique to avoid your mouth being horribly stung seems to be to wrap the leaves so that the stings are inside and then pop them in your mouth and chew them up.

Another well-known use of nettle stings is for arthritis. A farmer I knew quite well used to swear that by plunging his arms into a bunch of nettles it helped his arthritis a great deal and locally, Plymouth University has studied this and confirmed its effectiveness <http://news.bbc.co.uk/1/hi/health/771563.stm>

Cornish Yarg cheese (Yarg is Gray backwards named after the people who created it) has nettle leaves coating it as it imparts a special flavour and attracts particular moulds and Lynher Dairies have a good website all about it <https://www.lynherdairies.co.uk/cornish-yarg/>

Have a good summer.

Tony Wainwright

## Scott Mann, our local MP, writes

As this is my first column since the General Election, I'd like to say a huge thank you to all those who put a cross next to my name on the ballot paper to get me re-elected as North Cornwall's MP. It is a huge honour to serve as one of Cornwall's MPs, and I will be a strong voice in Parliament for the whole of North Cornwall. As always, my office will be open and ready to help those who need assistance and I will be holding regular surgeries in the constituency.

I think it's fair to say the result nationally was not what the Conservative Party was expecting. However, personally, I believe having a higher voter turnout and engaging more people who haven't previously voted is only a good thing for our democracy.

Farming, fishing and regional funding will be the biggest issues for Cornwall as we negotiate Brexit, and I will be in Parliament speaking up for all three. Our farmers need a simpler policy and fairer system, our fisherman need their territorial waters back, and Cornwall's economy needs continued investment through a simpler and less bureaucratic model.

We also have big trading opportunities around the globe, particularly in the food and drink sectors. There are three Bills in the Queen's Speech that I will be involved in heavily. These are on agriculture, fishing and trade, which I believe will offer big opportunities for growing the Cornish economy further.

I spoke to thousands of people during the election and there was one clear and consistent theme: Get on with Brexit and make a success of it.

Official talks are now underway in Brussels, and already Theresa May has pledged to guarantee the right to remain in the UK for all EU nationals who have been living here for five years. It is now for the EU to step up to the plate and give the same commitment to British nationals living in Europe.

As soon as my re-election was official on June 9th, my work began once again with immediate effect.



# Summer Pudding

the timeless classic ...  
easy to make and  
child friendly



## Martin's Summer Pudding

Even though we can buy strawberries throughout the year, nothing compares to sweet, home-grown varieties which ripen in June and remain in-season through to mid-August. Berries should be enjoyed soon after picking - if ripe and sweet, all you have to do then is hull them and tuck in.

And as we have been blessed with a mini heatwave, all of the berries are ripening, so now is the time to make this timeless classic. It is so easy to make but so rewarding and also you can get the kids involved making it.

*You can make little summer puddings in small moulds or a larger one in a bowl.*

### INGREDIENTS

1 loaf of good white bread  
500g mixed summer berries (your choice)  
50ml Elderflower cordial  
1 lemon zest and then juice.  
100g of caster sugar

Rinse the pudding basins with cold water but don't dry (I can't remember whether this is to help the bread absorb the fruit juices more easily or to help get the puddings out of the basin but it's what my Nan did so I do it too!) - it also helps the bread stick to the the pudding basin.

Slice the bread and remove the crusts. Line each basin with the bread, pressing it firmly into the sides and bottom.

Place the fruit in a pan, add the Elderflower cordial and the lemon and heat very gently until the fruit just starts to soften and the juices are released

Sprinkle with the caster sugar and stir it in (taste the fruit at this stage and if it is a little too tart add a little more sugar to taste).

Fill each bread-lined basin to the brim with fruit and then top up with most of the juice, leaving just a little to drizzle over the tops when you serve. Top each one with a circle of bread.

Place a piece of baking parchment on top of each pudding and then with a glass which fits just inside the basin, press the lid onto the pudding, ensuring the fruit is pressed into the bread. Leave in the fridge for 24 hours.

When ready to serve, use a palette knife to help release the puddings from the moulds and turn onto individual serving plates.

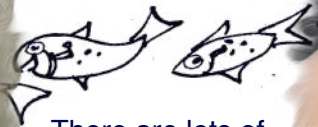
Serve drizzled with the remaining juice and with a dollop of ice cream or clotted cream.



and here's to the silly season, enjoy Mx



# Harvest of the Sea Community Project



There are lots of Fishy tales to tell about the Harvest of the Sea project this month.



Our little Darlins from the Stay & Play group have literally been laughing with glee and leaping about with excitement whilst making their lovely silver Fish for the huge Community Shoal which will be installed in St Peter's Church for the Harvest Celebrations on October 1st.



"I've got used to working with a giant Fish tail in my office"

The After School Art Club at Port Isaac School has been putting the finishing touches to their wonderful Fish creations. Our young budding artists have already successfully built and decorated a huge Fish head and tail which will be used and can be seen in the village Carnival on September 2nd and then at the autumn Harvest Festival.



Further afield, the Ideas Partnership, which has a strong link with our village, have been busy in Kosovo too, with their little ones creating some really Punky Fish to be added to our village shoal. These have been safely delivered to Port Isaac by Elizaabeth Gowing who has also included a lovely piece of film showing a group of happy Kosovan children jumping around with their 'catch'.







The **Golden Circle** have also been captured on film at their **Pish** themed lunch at the Old School. Having feasted on homemade fish pie or fish and chips, they reminisced over coffee about their school days and village life. Questions, that the school children had asked, were used as prompts and showed a real **interest** and **curiosity** in finding out about life in the village indays gone by.



### Golden Times with the Golden Circle

Sharing these **tales** and **yarns** about the past with some of the older members of our community are always **very special** and often very funny and also **poignant**.

**"I remember sitting in this very place in this room as a child when it was my classroom"** Janet Chadband

Therefore a **Cream Tea** has been arranged for **Thursday July 13th** in the Village Hall so that everyone can all meet up again and enjoy each other's company and for us to capture more of their **wonderful memories** on film.

The event, along with lots of other photographs and film clips to be taken over the next few months, will be edited together into one piece of work by film maker Hana Backland. This will be shared at the school and church **Harvest** events and also shown to the children in Kosovo. Hopefully it will document a **rich slice of Port Isaac community life in 2017** which will be kept as a record by **PISCES** and looked on fondly in years to come.

# NEARLY £6000,

**YES THAT DID SAY £6000,  
RAISED AT  
THE  
CHRISTMAS  
LIGHTS  
AUCTION**



We were once again astonished by the generosity of **EVERYBODY** involved in the Auction on Sunday June 25th. "A proper Port Isaac afternoon" and here, courtesy of *Clint Lanyon Photography*, are a selection of photographs taken during the event.

**We really  
mean it -  
Thank you  
Everybody!!**

Once everybody had paid for their purchases we will have raised £5950 for the Christmas lights and we will also be giving a contribution to the Port Isaac Carnival.

*Kim & Chris and  
Ross & Sarah*

*Below: Ross  
Collins and Kim &  
Chris Lanyon  
receive a cheque  
for £1000 from Ian  
McNeice that he  
has raised from  
posing for selfies  
in the village*



*Dame Eileen Atkins and Ian McNeice*



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880905/880862,

email: [dee54@mac.com](mailto:dee54@mac.com)




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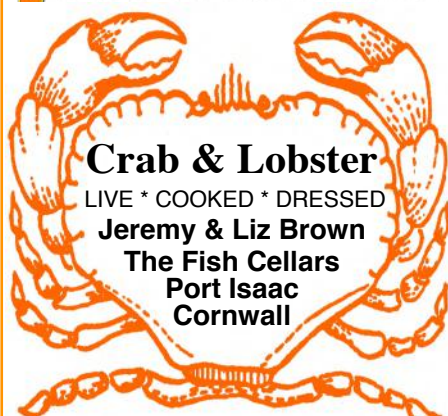


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A painting of a coastal scene with white waves crashing against dark rocks. In the distance, a small boat is visible on the water. The sky is filled with white, fluffy clouds.

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Want to find out what's happening in the Village?  
Read your Trio and look on the Trio Diary page.  
Make sure your event is included here!  
email info to triopi@mac.com or call 01208 880905

## Church Services

### St Peter's Church, Port Isaac

First and Third Sundays in the month -  
Morning Worship at 9.30am and  
Second, Fourth and Fifth Sundays in  
the month - Holy Communion  
at 9.30am

### St Endellion Church

Every Sunday at 11am

### Trelights Methodist Church

Sunday Service at 6pm

## Regular Events

Port Isaac Stay & Playgroup - every  
Tuesday from 10am to 12noon  
in the Village Hall.

Contact Bonnie on 01208 880946  
or Cherry on 07900 527610

Yoga - Mondays, during term time,  
in the Village Hall from  
10.30am-12noon. Contact Tracey  
Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday  
from 7.30pm-9.30pm in Port Isaac  
Village Hall. Contact Janet Townsend  
on 01208 880505

Golden Circle - the second Thursday  
in the month from October to April  
from 2pm- 4.30pm in Port Isaac  
Village Hall.

Contact Annie Philp on 01208 880262

## Trio copy dates

With the exception of February and  
December, Trio comes out on the first  
of every month. Copy dates are:

AUGUST	July 24th
SEPTEMBER	August 24th
OCTOBER	September 23rd
NOVEMBER	October 24th
DECEMBER	November 30th

# WHAT'S ON

### Friday June 30th

Fisherman's Friends on the Platt

### Saturday July 1st

PLAY IT COOL Rock'n'Roll band in  
Port Isaac Village Hall

Tamesis Choir in St Endellion Church

### Tuesday July 4th

Kerbside recycling - leave out by 7am

### Friday July 7th

Fisherman's Friends on the Platt

Endelienta fundraising reception  
and concert with Helen Porter in  
St Endellion Church

### Saturday July 8th

Coffee Morning supporting the Post  
Office at the Perceval Institute, St  
Minver - 10am-12noon

### Wednesday July 12th

Port Isaac School Sports Day

### Friday July 14th

Quiz Night & Curry Supper (*raising  
money for Trelights Defibrillator*) in St  
Endellion Church Hall - 7.30pm

### Saturday July 15th

Endelienta ensemble in  
St Endellion Church

### Wednesday July 19th

Wadebridge Male Voice Choir  
singing on the Platt - 7.30pm

### Friday July 21st

Fisherman's Friends on the Platt

### July 25th - August 4th

St Endellion Summer Festival

### Wednesday August 2nd

Wadebridge Male Voice Choir  
singing on the Platt - 7.30pm

### Saturday August 5th

The BIG Swim - swim starts at 2pm,  
music on the Platt 'til late

### Sunday August 6th

Port Isaac Rowing Club Gig Day  
at Port Gaverne

### Wednesday August 9th

St Endellion Fete in the Rectory  
Garden, by kind permission of the  
new owners - 2pm

### Saturday August 12th

Port Isaac Village Hall BIG  
SATURDAY - a whole day of  
fundraising for the Hall

### Sunday August 13th

Port Isaac RNLI Lifeboat Larks

### Friday August 18th

Port Isaac's Penny Mile for  
Barnado's - Playing Fields - 1pm

Fisherman's Friends on the Platt

### Saturday August 26th

Community Workshop in the Village  
Hall to make fish and decorate the  
pelican for 'Fish' celebrations

### Friday September 1st

Fisherman's Friends on the Platt

### Saturday September 2nd

Port Isaac Carnival Day

### Saturday September 9th

Port Isaac RNLI Harvest Festival  
at the Old School Hotel - 7pm

### Friday September 29th

Port Isaac School Harvest of the  
Sea Festival in St Peter's Church

### Sunday October 1st

St Peter's Church Harvest of the  
Sea Festival

### Saturday October 7th

Fish Pie/Cake competition in the  
Village Hall, followed by  
Fish Harvest Supper and  
A performance of *The Coastguard's  
Daughter* from the Canvas Theatre  
Group with The Fisherman's Friends

### October 5th-8th

North Cornwall Book Festival at  
St Endellion

### Sunday December 3rd

Christmas at the RNLI Lifeboat  
Station - 11am

### Saturday February 3rd 2018

Music from the Movies night -  
local musicians and singers  
stage a fundraiser for  
Cornwall Hospice Care our BIG  
Hospice event