

trio





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Tel: 01208 880905
email: triopi@mac.com

The publisher does not necessarily hold
the same views as those expressed by
contributors and reserves the right to
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Thank you

Thank you to everyone
for their support,
friendship, good wishes,
cards and flowers. We're
not quite sure where the
past five weeks (and two
Trios!) have gone but we
have got through them
and Sam is now home
and on the long road to
recovery.

A special thank you to
Jane for running Secrets
and to Annie from
Spot for looking after
her so much and spoiling
her rotten.

Sam & Dee

Fisherman's Friends on the Platt

We will be singing on the Platt on
Friday 18th August, and finally
Friday 1st September. These Platt
dates are most definitely **weather
permitting**.

In addition to these dates we are
performing at Sidmouth Folk
Festival on 3rd August, and
Wickham Festival in Hampshire on
Friday 4th August.

This is our 25th Anniversary Year,
and as you can see we are
performing far and wide around the
county, and beyond.

ST ENDELLION
CHURCH
SUMMER FETE

The Rectory Garden
Wednesday August 9th
at 2pm

Cakes, Teas, Produce, Plants, Books, Tombola,
Bric a Brac, Childrens Games, Sideshows ...
and **A SPECIAL VISIT FROM MR SUPERO**
presenting The Tale of the Apple Dumpling
a puppet show for children ...
and for grown ups!!

Birthday thanks

I should like to take the
opportunity to thank all of my
dear friends and family who went
the extra mile to help me
celebrate what proved to be a
special LANDMARK in life ...
my 80th Birthday
(how did that happen!)

To all of you, my sincere thanks
for the wonderful cards, gifts and
best wishes, unexpected but
greatly appreciated, as is your
friendship, all of which has proved
to form some memorable and
treasured moments in my life.

I count myself a very lucky fellow
indeed.

THANK YOU

Bob Bulgin

Doctor Alan and Wendy Sainsbury

would both like to say thank
you to all the staff and
patients for their kind
thoughts, generous donations
and gifts marking their
retirement after 33 years at
Port Isaac Surgery.

Port Isaac Stay & Playgroup

We meet every Tuesday morning
in the Village Hall from
10am-12noon

If you want to know more
contact either Bonnie on 01208
880946 or Cherry on 07900 527610

**Wadebridge Male
Voice Choir**
will be singing on the Platt,
starting at 7.30pm, on
Wednesday August 2nd

**DON'T
MISS**

**Port Isaac
Village Hall's**



**BIG
Saturday**

**raising money
to make your
Hall better**

**a whole
day of
fundraising
for the Hall**

August 12th

9am - BREAKFAST (*bacon butties*)

**10.30am - COFFEE MORNING &
CAKE STALL**

**6pm-7.30pm -
FANCY DRESS
CHILDREN'S
DISCO**

12noon-2pm - LUNCH (*main course & pudd*)

3pm-5pm - CREAM TEAS

see you there

www.portisaacvillagehall.co.uk

Become a member today
for £1 and earn



every time you choose
Co-op branded products
and services.



**Please remember to take
your Co-op card with you
when you shop - register it
to support either the Village
Hall or the Stay & Play Group
and 1% of your spend will go
to your chosen charity (as
well as 5% for you)**

BOOKS

*If anyone has any books to donate to the
instore bookshelf please drop them in at
the Co-op. Money raised from the sales of
these books goes to the Village Hall
and the Stay & Play Group.*

PORT ISAAC VILLAGE HALL HIRE

**NON-PROFIT MAKING PARISH CLUBS,
ORGANISATIONS/ GROUPS/
ASSOCIATIONS etc, FUNDRAISING
EVENTS, CHILDREN'S PARTIES (age
10 and under) - £5 per hour - £50 for
24 hrs**

**GENERAL USERS/COMMERCIAL
EVENTS - £10 per hour - £125 for
24hrs**

For full details or to make a
booking contact Dee
on 01208 880905
or email dee54@mac.com
Your Hall for YOU to Use



PORT ISAAC RNLI SHOUTS

On Sunday 9th July, Port Isaac ILB was tasked at 1743 to help the police and Boscastle, Bude and Polzeath Coastguard in a search for a vulnerable male last seen at Glebe cliff. Once on scene we commenced a shoreline search from Trebarwith to Tintagel Head. We were joined by HMCG Rescue 924 and later by Padstow Lifeboat. All entities carried out a thorough search of sea and coast but the casualty was not located.

On Monday 10th July, at the request of the police, Port Isaac ILB continued in the ongoing search for the vulnerable, missing person. The ILB carried out search patterns for 4.5 hours but sadly there is still no news.

Thanks to everyone involved in this multi-agency response. Our thoughts are with the family and we hope he is located fit and well soon.



At 1717 on 15th July, Falmouth Coastguard requested we launch to reports of a person at the base of the cliffs between Bossiney and the Beenie Sisters. Damien, Nicki and George responded to the page and made their way to the scene. Already in attendance were HMCG Rescue 924, Boscastle Coastguard and Padstow Lifeboat tasked and en route. 924 had to stand off due to turbulence. George was put ashore and directed by the local Coastguard teams on the cliffs. An extensive search was made of the area and the sighting was concluded as a false alarm with good intent.

A massive thank you to Padstow Lifeboat for clearing the way and allowing us to piggy back in their wake, meaning we averaged 21 knots all the way home instead of 12 which would have been all we could have achieved in those seas. A great multi agency response and awesome team work!



GINO

All at Port Isaac RNLI were saddened to hear of the passing of Gino the Great Dane who has raised a substantial amount of money over the years for the local RNLI. Gino became well known for

donning his RNLI vest and collecting donations whilst out on his travels. Gino's owner, Paul Williams said that "Gino the Great Dane who raised thousands of pounds for Port Isaac RNLI sadly passed away in my arms aged 8 years." Thanks Gino, for being a great fundraiser for the charity.

PORT ISAAC RNLI

will again be supporting the popular

ROCK INSTITUTE SUMMER EXHIBITION

at Rock Village Institute

Monday August 7th -

Saturday August 12th

**Open daily from
10am-6pm**

A VARIED SELECTION OF
WORK TO SUIT ALL TASTES
by professional and amateur artists
Including a fine collection of Port Isaac
RNLI unique and dedicated artwork

**SUPPORTING PORT
ISAAC & ROCK RNLI**



**Sunday
August 13th**

11am-5pm

LIFEBOAT

PORT ISAAC HARBOUR

St Minver Silver Band

PENNY ROYAL JAZZ BAND

BBQ Cream Teas

SHARPS BAR PIMMS BAR

Star Raffle

BOOZE BARROW RAFFLE

Children's Art Competition

EGG THROWING

Bouncy Castle

FACE PAINTING

Swings Gig Rowing

**HM COASTGUARD HELICOPTER RESCUE
DISPLAY WITH PORT ISAAC LIFEBOAT**

**Cards, Prints and
latest fashion
RNLI Clothing -
all exclusive to
Port Isaac RNLI**

Carnival Day

is nearly upon us and the Committee have worked hard all year to raise money so we can all have a fun day.

Now we need you!! We would love everybody in the village to get involved - we want to make it the biggest procession yet which means we need everybody dressing up and making floats - the noisier the better!

There is fun at the marquee from 12pm (see timetable to right). We would love to see everybody getting together throughout the day and enjoying the entertainment! Get your costumes ready, get together with friends and organise a float, get your tug of war teams together and get your party pants on and let's make this an amazing Carnival 2017!

Love the Port Isaac Carnival Girls
xxx

Port Isaac Carnival

Saturday September 2nd

Port Isaac Playing Fields

From 12noon: FUN FOR ALL THE FAMILY AT THE MARQUEE
CREATIVE KIDS SESSION - making things with the children that they can use in the parade

plus BOUNCY CASTLE, KIDS GAMES, FACE PAINTING, BBQ, CREAM TEAS, CAKES & HOT DRINKS

2pm: PROFESSOR JOHN GORDON PUNCH & JUDY SHOW

3.30pm: NICK BUNT MEMORIAL TUG OF WAR

4pm-5.30pm: CARNIVAL REGISTRATION

5.30pm: CARNIVAL JUDGING

Classes include Walking Single, Walking Group, Best Artistic, Best Comedy, Visiting Royalty, Best Children's Float, Best in Carnival and, NEW FOR 2017, Best Trade/Business Float

6pm: **CARNIVAL PROCESSION**

NOTE: THE ROAD INTO AND THROUGH THE VILLAGE WILL BE CLOSED BETWEEN 5.45pm and 7.15pm

7pm: **PRIZE GIVING CEREMONY AT THE MARQUEE**

7.30pm: Join us back at the marquee for entertainment from **THE PARTY PEOPLE!!**

Children's Disco & Entertainment

9.30pm: Music from **THE RETROBATES** and ending the night with a DISCO

BAR & BBQ OPEN THROUGHOUT

everyone is welcome to an amazing day and night
SEE YOU THERE!



POP-UP CAFE

In aid of Port Isaac School

Wednesday 9th August 2017
&
Tuesday 15th August 2017
2pm-4pm

Playing Fields, Port Isaac.



01208 880494 / 07866767880

www.facebook.com/friendsofportisaacschool





PORT ISAAC CARNIVAL

CAR TREASURE HUNT

Entry fee: £2.50 per team member
must be 2 adults per team

Sunday August 20th

Start from **Trevathan Farm**
any time between 2pm - 3pm

Team with the most points wins Fish & Chips for a family of four at the Golden Lion

more info from Amy on 07592 379020

RAISING FUNDS FOR THE PORT ISAAC CARNIVAL

St Peter's Church Rooms

The Church Rooms in Port Isaac have been closed for safety reasons for more than two years now. The Parochial Church Council (PCC) of St Peter's Church simply haven't had the funds or the people available to repair or renovate the building, and in spite of valiant efforts, it has not been possible for this to be done by a community group either. As a result, the PCC have had to consider the possibility of selling the Church Rooms, with the money being used in the Parish of Port Isaac for church projects which are of benefit to the community (e.g. enabling a toilet and servery to be installed in the church so that it can be used for a wider range of church and community activities), and investing in work with children and families (e.g. the Harvest of the Sea project). If you have any questions or concerns about this proposed sale, please contact Revd Elizabeth: elizabeth-wild@live.co.uk



Refreshment from the water of life!

One of my favourite images for spiritual refreshment is that of a well. The wonderful thing about wells is that they contain fresh water coming from deep underground. There are lots of really ancient wells in our Cornwall, some lost or forgotten, and some carefully looked after, so that people can visit them.

When I think of our churches, they are a bit like wells – places where people can come for spiritual refreshment. Often our churches have stood in the same place for centuries, being places where God's love pours out to bless those who come to them, whether they are visiting for the first time or they are regular members of the church community. Our job as custodians of these beautiful and special buildings is to ensure that the water of life flows freely from them, so that all can benefit.

In our Cluster, we do this by ensuring that the buildings are left open and made available to visitors. But we also do this by being loving and welcoming communities of people, whose lives are centred on God in Christ and who practice forgiveness and reach out to strangers and those in need.

Church members are like stones in the well, we are blessed by the water of life that comes from the depths of the divine, but we know that the water is not just for us. We want the water to flow past us and out into the wider world, so that all can be refreshed and renewed by the endless love that we have experienced.

During these summer months when so many people visit Cornwall, seeking rest and relaxation, I pray that each one of us who come close to the water of life may know the extraordinary blessing of God's love as it overflows every boundary in our lives and brings renewal and regeneration.

Revd Elizabeth

Sacred moments ...

When I was little, dad used to talk us on all sorts of walks-along streams and rivers, down narrow coastal paths and up mountain sides. It was always an adventure discovering abandoned buildings, hidden lakes and I remember almost picking up a snake thinking it was a bungee cord! We often came back loaded with fallen wood for the fire. We went out in all sort of weather and I remember one dreadful walk through a hooley of a storm - it felt like the hail was cutting exposed skin which the wicked wind rubbed salty sea air into. It was tough going and even though burdened down with winter fuel, somehow we managed to get home feeling like tough settlers on the wild frontier.

That was many moons ago. Recently Dad came down to visit and we went to Rough Tor. His legs now being much weaker, we could only look longingly from the car park gate

and complete the walk through a pair of binoculars. Dad lamented for the time when he would have been able to traipse up the hill and I pondered upon the day when I will stand at such a precipice with my children. For me it was a sacred moment.

Sacred moments like this aren't uncommon, they happen all the time between parents and children, brothers and sisters, extended family and even between cousins. They happen between friends, work colleagues and between strangers. Coming across the something of God in the other person is a daily occurrence but perhaps recognising and appreciating the sacredness in our relationships is more difficult. I believe that when Jesus taught his followers to pray "Our Father", he is inviting us to see God in our relationships and to know that we can be in relationship with God.

Marcus Jones

Church Diary Dates

Sunday August 6th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist,
St Endellion Church

Sunday August 13th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist,
St Endellion Church

Sunday August 20th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist,
St Endellion Church

Sunday August 27th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist,
St Endellion Church

Sunday September 16th

6pm: Taize Service by
Candlelight, St Endellion
Church

Sunday October 15th

6pm: Taize Service by
Candlelight, St Endellion
Church

Saturday October 28th

10am-3pm: Reflective Day,
'The Image of the Unicorn in
Christian Spirituality' led by
Revd Professor Paul Fiddes in
St Minver Church. Cost £10,
children free. Booking:
rev.judith@btinternet.com or
01208 880181

Sunday November 19th

6pm: Taize Service by
Candlelight, St Endellion
Church



SPONSORED BY



THE BIG SWIM

A CORNISH BEACH TO BEACH RACE - RAISING MONEY FOR CHARITIES

Saturday August 5th

www.thebigswimcornwall.co.uk

**Registration from
9am-10am**

Swim Times:

Super Serious Swim - 2pm

Serious Swim - 4pm

Not so Serious Swim - 4pm

Little Swim - 5.30pm



Port Isaac Chorale - Two Concert Choir and Two Choir Concert

In mid June, the Chorale were delighted to perform at a Summer Evening and BBQ in aid of Cornwall Hospice Care in the beautiful grounds of Pengenna Manor, Trelill. Unusually, the (very pretty) marquee sheltered us from the blazing sun as opposed to the driving rain and the chilled Pimms and supper on the lawn helped to lubricate the vocal chords. Thank you to all those who supported this event which raised in excess of £2000 for the charity.

St Minver Church was the setting for an unusual concert of two choirs both performing, individually and together in the finale in support of the Kosovo Charity, The Ideas Partnership. Usually the Port Isaac Chorale and The Minstrels of Canworthy Water battle it out for points at the Wadebridge Music Festival but this occasion heard them in perfect harmony. Interspersed with poetry and solo singing the repertoire covered everything from 'A Nightingale Sang in Berkeley Square' to 'Dashing away with a smoothing iron' culminating in the finale piece 'I wish I knew how it feels to be free.' The Chorale were delighted to support this worthwhile charity and their representative gave a moving account of visiting the area and meeting the child victims of war. A generous £473 was raised and we thank all those in the audience who supported this event.

We now look forward to our next summer concert on August 17th with picnics and community singing at 'Songs by the River', Lostwithiel and in the autumn we will be performing with The Restormel Concert Band on September 23rd at Lanivet Church.

The Chorale meet on Tuesday evenings at the Port Isaac Village Hall. Should you be interested in joining our friendly choir please contact Secretary Pat Pearson Tel: 01208 880969 or MD Janet Townsend Tel: 01208 880505.

THE BIG SWIM BIG PARTY

BACKBEAT SOUNDSYSTEM

JAMIE
HEWETT

**FRESHLY
SQUEEZED**

JACK BE NIMBLE (DJ SET)

**PORT ISAAC HARBOUR
SAT 5TH AUGUST**



JohnBray
Community Fundraising



*these talented
young singers
present*

*Music by
the Sea*

*a collection of musical theatre and
opera classics for everyone to enjoy*

on the Platt. Port Isaac
6.30pm, Monday 21st August

Donations for the
Chris Treglown Foundation Fund

The
CHRIS
TREGLOWN
Foundation Fund



Scott Mann, our local MP, writes ...

After many months of work and years of campaigning, we can finally wave goodbye to the endless queues of traffic on Bodmin Moor after the new A30 dual carriageway was officially opened in July. There is still some work left to complete, the bridges and other minor details, but the fact that we now have an uninterrupted dual carriageway running across the moor and around Bodmin will be a huge boost for Cornwall's economy and the constituency.

We have already seen businesses looking at Bodmin as a place to relocate, and with this huge infrastructure investment, it will make it much easier to transport goods through the county. The dualling at Temple is proof of the huge investment being made in Cornwall by the Government, and plans are already underway to dual the next section between Carland Cross and Chiverton Cross.

I'd like to pay particular tribute to the A30 action group who spearheaded the campaign to get the A30 dualled. The bottleneck at Temple had caused huge disruption to local people for many years, and it's fantastic to see the perseverance of local communities paying off. I would also like to thank the people of Cornwall for their patience over the past few years. It hasn't been easy for businesses and residents. However, we can all now enjoy the benefits.

Sticking to roads, the Government has just published its Transport Investment Strategy which outlines key objectives and how we should invest in new projects. This includes proposals for a new Major Road Network (MRN) which would see huge investment in our main A-roads to tackle congestion. This could include bypasses for towns which suffer from a lot of traffic jams and poor air quality.

I will be working with the people of Camelford to get a bypass proposal worked up to attract government funding. Traffic congestion is the biggest issue that I hear about from local residents and during the election I found huge support for a bypass.

Meanwhile, another big issue that has come across my desk since the election is Post Offices and the continuation of services in rural communities. For a number of different reasons, many Post Office branches are being transferred in their communities from one business to another or into a community building. While some moves have been successful, others are dragging on or are yet to begin because of contract negotiations which can be very concerning for local people.

I therefore took this issue straight to the top and raised it at Prime Minister's Questions to ask for Theresa May's support. The Prime Minister recognises the importance of Post Offices in rural communities and she has urged the Post Office to do all it can to make sure services can continue in North Cornwall. I have also met with Post Office HQ to discuss specific branches and to get assurances that transfers can take place. A number of Post Offices are on my radar and my team and I are working with communities to make their concerns known to the Post Office regional team.

Contact at: 10 Market House Arcade, Fore Street, Bodmin
PL31 2JA Tel: 01208 74337

Some time ago, some parish councillors were asked about the proliferation of 'outside advertisements' in Port Isaac. There was a feeling that, in some cases, outside advertising was getting a bit over the top and spoiling the character of the village and in others impeding the highway or causing a distraction. Following this, I requested that

an enforcement officer attend one of our quarterly 'Community network meetings' in Wadebridge to explain what is allowed and what is not. What we got was not just an in depth powerpoint presentation but Chris, the enforcement officer, took the time to visit Port Isaac, using photos of current advertising in the village to emphasise the points, which helped tremendously. The areas of concern are around 'amenity' - what the advert actually looks like and how it sits in its surroundings, and 'public safety' - is it dangerous or impedes public access or the highway?

Now, I should say before anyone gets too hot under the collar, out of the 2250 enforcement cases Cornwall Council deal with each year, only 97 were about advertising and its not the parish council's intention to act as some kind of advert police. It is appreciated that all business need to advertise and our parish is not the easiest place to do so. If anyone has a particular complaint regarding advertising, then Cornwall Council is the place to go - www.cornwall.gov.uk

The examples Chris used to explain possible unauthorised advertising covered practically all businesses and village organisations, ranging from 'A' frames on the road, proliferation of wall adverts on buildings, mto fly posters and signs on telegraph poles.

After discussing the issue at our last Parish Council meeting it was agreed that the best way forward would be to **ask all businesses and village organisations to take a look at their own advertising and to see if they reflect the character of the area of the village they are set in and, in the case of 'A' frames, are they causing a problem for vehicles or pedestrians? Are you removing your event posters after your event?**

Of course there is also that nagging doubt that this plea for common sense and regard for our Conservation and AONB area status will be completely ignored but as its probable that most people don't realise the creeping cumulative impact, it seemed like a pragmatic approach was best. All we are trying to do is keep Port Isaac as Port Isaac, not Polzeath.

For further info please refer to:
Town & Country Planning(control of advertisements)(England) reg 2007
Town & Country Planning Act 1990
National Planning Policy Framework (NPPF) paragraph 67
National Planning Practice guidance (NPPG)
Cornwall Councils unauthorised signs working practice

*Andy Penny
St Endellion Parish Council*



School's Out

Another school year has been completed and we say goodbye to our year 6 children; Jake, Toby, Tom, Thomas, Ollie, Filip, Josh S, Josh G, Trixy and Amelia. We wish them every success in their secondary schools next term.

There will be no School Chat in next month's Trio but we will be back after the holidays.

SCHOOLCHAT

news & views from Port Isaac School



Sports Day

The sun came out and our Sports Day was a huge success. In the morning the Hawks won the field events in the playground and in the afternoon it was the Eagles who were victorious. The overall champions this year were the Hawks.

House Champion Eagles – Ollie

House Champions Hawks – Max

House Champions Falcons – Thomas

House Champions Owls – Joey

Wild Writing

The first wild writing session took place down on Port Gaverne Beach. Everyone chose their own place to sit and after sketching their view it was time to write. The children were free to write whatever inspired them, poems, short stories, or just a description of what they could see. The second session was held in school due to the bad weather. Each classroom was set up with a different theme, there was a dark room, a light room and in the Hall there were pictures of the countryside playing on the whiteboard. The children had the chance to go to all locations and do some writing there.

Farm To Fork

Class 2 had another visit from Caroline at Tesco. Continuing to explore where our food comes from and how it is packaged. This time we learned all about the different varieties of apples and were given the opportunity to taste some samples.

Roadford Lake Trip

Class 2 spent two exciting days at Roadford Lake. The first day was dedicated to land activities, Hi Ropes and Archery. All the children found the morning quite challenging as they climbed to the top of the tower and then made their way around the rope course. For some the challenge was just to make it to the top of the tower and everyone succeeded in doing this. After lunch the Archery was popular with everyone and several bullseyes were hit during the session.

The second day was spent on the water. Sailing, Kayaking and Stand Up Paddleboarding were on offer and once they were all kitted up the children had a go at all the activities. Conditions were perfect, quite calm with little wind and it was great to see the lakeside busy with children trying something new.

Air Ambulance Visit

A volunteer from the Air Ambulance came into school to talk to the children about the Air Ambulance. She told us about the work she does and how the Ambulance is funded and how important it is to Cornwall.

Summer Fayre, Dog Show & Bake-off



Sunday September 17th 2pm-5pm
Port Isaac Playing Field
everyone welcome



The Friends of Port Isaac School are looking for class sponsorship for the dog show they are holding as part of the Summer Fayre. Call 07866 767880 by August 20th if you can help.

The National Trust



**Wednesday 2 August 8.30pm until after dark
& Wednesday 16 August 8pm until after dark**

- Bat Nights at Pentire Head near Polzeath.

Join National Trust rangers for an evening all about bats. Starting with a talk about British bats, we will then see and hear greater horseshoe bats emerge after sunset from old mine workings. Talk starts promptly at start time. Bring a chair or rug to sit on, warm clothes, and a torch is useful. Bat capes optional. £3 per person. Booking is essential as the date may change due to unfavourable weather. 01208 863046

**Thursday 3 August & Thursday 24 August
Coastal Challenge Series 2017 7pm – 9:30pm
approx. Pentire Head, near Polzeath**

Grab your running shoes and join us on the coast path this summer. We're putting on two guided trail runs in August, around the impressive Pentire Head near Polzeath. With a 5km or a 10km route to choose from, all abilities are catered for. Join us for a summer evening of running followed by a BBQ on the beach. £5 per person and bring some food to cook on the BBQ on Baby Bay beach. Call 01208 863046 or email northcornwall@nationaltrust.org.uk for more details and to book your place.

**Sunday 6 August Butterfly walk with
National Trust and Cornwall Butterfly
Conservation Lundy Bay near Polzeath.
1.30pm**

Join in with a walk along one of the National Trust's butterfly survey routes. There will be a selection of butterfly species, especially if the sun is shining! Meet in the National Trust's Lundy Bay car park SW958 798 PL27 6QZ. Open to Cornwall Butterfly Conservation members and non-members alike. Free. For further details contact Sarah on 01208 863821

**Saturday 12 August Bracken bash 10am -
3pm Lundy Bay, near Polzeath**

Join us for round two of our bracken management days overlooking the beautiful Lundy Bay. All tools and equipment will be provided. Please wear long sleeved tops and long trousers and take any hay fever medication you would normally take. Booking essential. Please call 01208 863821 or email tom.sparkes@nationaltrust.org.uk

Websites of the Month



On a recent visit to Tintagel, I got to thinking about how Cornwall has so many very ancient sites of historical and archaeological interest and how there is a thriving archaeology community with many interesting websites to explore. Tintagel Church, for example, was originally built in the 6th century and the whole area around Tintagel is archeologically very rich. A really good blog about the excavations there last year is a good read (<http://blog.english-heritage.org.uk/discoveries-excavations-tintagel-castle/>). The many finds from this dig have been processed and analysed and you can read about them on the English Heritage site <https://tinyurl.com/tin-tag-history>. The castle itself is well worth a visit, as the settlement there includes some very striking features, like a walled garden, and there is evidence for medieval trade in pottery. You may also have seen there is a controversial plan to build a new bridge to make access to the castle easier <https://tinyurl.com/tin-tag-bridge> and while you can understand the worry people have about this idea, anyone who has visited the castle will know it is quite a hard climb.

So as a starting point for web based information for archaeology sites around Port Isaac, (if you can spare the £34.95 a year), is the archaeological database www.ArchiUK.com. As I was writing this column I shelled out for it and it has some really useful information. I put in my Port Isaac's postcode and my password and the database lists 241 sites within 10 kilometres of Port Isaac.

The Aerial photograph appears to be a Google Earth/Maps image so you can locate the site. This one appears to be in a field. I expected it to be in St Endellion churchyard, but as far as the location given is concerned it is in the field (confirmed by looking here <https://www.gridreferencefinder.com> where you can put in the grid reference). The link to the old maps is really useful too and you get to see and can print out high-resolution images. This link has two maps, one from 1888 and one from 1905. The map with overlays has one from 1919. So while none of these are really ancient maps, they are over 100 years ago. This site has lots of potential to explore different sites of historical and archaeological interest, and is apparently being updated regularly. It was set up in 1999 as part of an archeology project at Birkbeck College in London.

There are many local groups that cover Cornish archeology as well and I would start with the Cornish Archeology Society (cornisharchaeology.org.uk). This has a free section (most of it) and a members section costing £25.00 a year. Your membership buys the newsletter (three per year) access to maps and so on. If you are overseas you get a cheap rate as do students. This site has lots of useful information, including dates of digs, ideas for how you can get involved and places where preservation and conservation work is in progress. It also has a nice Facebook page www.facebook.com/cornisharchaeologysociety/ that is well worth a visit, and if you are yourself on Facebook you can, of course, follow them and get regular updates. There are also some websites for specific areas of interest like mining www.cornish-mining.org.uk highlight the industrial history of the County.

Finally, Port Isaac has its own history society with an excellent website www.portisaacheritage.co.uk. Here you can see videos of people talking about growing up and working in the village and surrounding area in past years (oral history), read and order publications about the history of the village and much, much more. One particularly clever section is the theme tab. This gives you a 23 choices of themes that range from filming (films which featured the village and the area around like 'Saving Grace' and 'Amy Foster') to Schooldays, with extracts from old school logbooks – the one for 1894 for example is all about typhoid fever.

These are just a selection of what's available online, and while looking at websites is a good start, getting out and looking at the real thing is even better!

Tony Wainwright

Classic Salads



This month I bring you a couple of classic salad recipes for the summer holidays. First the Mediterranean classic, the Niçoise. You can add any other vegetables that you like and often you will find both fine beans and new potatoes in this salad.

Salade Niçoise

Dressing

90ml of extra virgin olive oil
40g of cherry tomatoes
30ml of balsamic vinegar
1 garlic clove
salt & black pepper

For the dressing, crush the cherry tomatoes and garlic cloves with a pestle and mortar, then add the oil and balsamic vinegar slowly, using the pestle and mortar to mix and emulsify. Season with salt and pepper and set aside.

450g of tuna tinned in olive oil, ethically sourced
8 salted anchovies, excess salt rinsed off
20g of black olives
4 free-range eggs, soft-boiled
8 radishes, cut into quarters
400g of cherry tomatoes
200g of salad leaves
1 bunch of spring onions, finely sliced
2 heads of baby gem lettuce
1 celery stick, sliced
1/2 cucumber, sliced
1/4 bunch of chives

In a large salad bowl, mix together the anchovies, tuna, eggs, olives, tomatoes, spring onion, cucumber, celery, radishes, lettuce and salad leaves. Drizzle a little of the salad dressing over the top, adding more if you feel the need. Serve with crusty bread and butter.

Caesar Salad

I know that you can buy ready to go Caesar salad at any supermarket, but if you want something a bit more special give this one a go!

To prepare the chicken, butterfly the chicken so you have 2 pieces. Place between 2 pieces of cling film and pound the chicken breast to about 4-5mm thick.

Lightly whisk all of the marinade ingredients in a bowl until combined, mix in the chicken until well coated. Leave overnight (or for 12 hours) in the fridge.

For the Caesar dressing, blend the mustard, salt, pepper, vinegar, garlic, anchovies and egg yolk, then slowly pour in the oil, with the blade still running, until the sauce starts to thicken and emulsify. Next, add the lemon juice, Parmesan, Worcestershire sauce and Tabasco. If the mixture is too thick, add a little water. If your dressing splits you can add lemon juice to help bring it back together again.

When ready to start the salad, cut the French stick diagonally across into slices and toss in olive oil. Season with salt and pepper and toast in a hot oven at 180°C/gas mark 3 until golden in colour.

Place the washed and trimmed baby gem leaves into a bowl and add a little dressing to bind them together, along with half of the Parmesan and croutons.

Heat a charcoal grill or barbecue until roasting hot and grill the chicken on each side for 2-3 minutes. Slice the breast up into strips allowing approximately 5-6 pieces per portion.

Divide the salad into bowls. Top with the chicken and cover with the remaining Parmesan and toasted bread, along with the anchovy fillets.

so here's to the silly season, enjoy Mx

Caesar dressing

2 anchovy fillets
1/3 tsp English mustard
1 1/4 tsp white wine vinegar
1/2 tsp garlic, finely chopped
1 egg yolk
1 1/4 tsp lemon juice
10g of Parmesan, grated
1 tsp Worcestershire sauce
1 dash of Tabasco
1 pinch of salt
1 pinch of black pepper
120ml of vegetable oil

Chicken marinade

2 chicken breasts
80ml of olive oil
2 tsp rosemary, chopped
2 tsp thyme, chopped
1/2 tsp garlic, finely chopped
1/4 lemon, zested and juiced
2 pinches of salt
1 pinch of pepper

To serve

1 French stick
2 gem lettuces
15g of Parmesan shavings
5 anchovy fillets





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On July 20th, **Bishop Tim** visited the Parish and was keen to hear about the developments and hear how we can make our church and the interior space develop and flourish. He saw how positive links are being made with the village through **PISCES** - the exhibitions welcome thousands of visitors from all around the world into St Peter's Church. It was highlighted that a particular strength of St Peter's are the **creative links** with the **local community**, of all ages, through special celebratory events, especially at Christmas, Easter and Harvest.

YOU CAN JOIN IN

To enable everyone to take part in the forthcoming **Harvest** celebrations there will be a **FREE drop-in community workshop** in the Village Hall on Saturday August 26th from 11am-3pm. There will be tea, coffee and biscuits to keep you going and all materials will be provided. You just need to turn up. It will be your chance to add your bit to the giant **Pelican** and make your fish for the **community SHOAL**. This is open to all and there will be a variety of activities for all ages to take part in.



Port Isaac's Penny Mile



Please save as many 1p & 2p coins as you can between now and the event. Bring them along on the day and add them to the line. Let's see if we can make a mile of pennies! In aid of Barnardo's - supporting the UK's most vulnerable children.

**Friday, 18 August 2017, from 1pm
At the Playing Fields, Port Isaac**

(If you can't make the big day, please drop off your coins at Long Cross Hotel, Trelights, Nicki B's Pasty Shop, Port Isaac or Barnardo's charity shops in Bodmin or Truro)



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Harvest of the Sea Community Project

Our project has 'roped in' a lot of people in the past month - they have been making, creating and sharing in preparation for our autumn celebrations.

The Gulls made their fish for the community Harvest SHOAL during one of their rehearsals, singing *Sail Away Lady* whilst cutting, glueing, sticking and laughing ... all good fun.

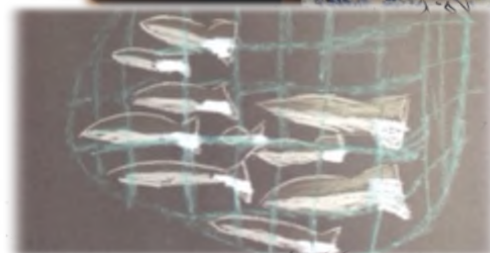


The children from Port Isaac School were thrilled to spend time with John Brown, a real village local from a long line of fishermen. They spent a wonderful and informative afternoon with John showing them how to tie knots and telling them amusing tales of Fishing in the village.



Due to popular demand, the Golden Circle met and enjoyed a delicious cream tea made by Janet Chadband and continued answering questions generated by the school children. It is a real treat to share photos and hear lots of heartwarming and very funny accounts of life in times gone by. With film-maker Hana Backland's expertise, these memories have now all been captured for the village archive.

Inspired by shared memories of the catch of herrings - silver darlins - being unloaded from the boats onto the beach at night by the light of burning tar stakes, the children used their artistic skills to create some beautiful, imaginative artwork depicting the scene.



Parish Council report supplied to Trio by the Parish Clerk

Planning Applications

The following applications were received and Members made the following responses to Cornwall Council:

1. PA17/01631/PRE-APP, *St Endellion Rectory* – pre-application advice for extension and alterations to Grade II listed property - replace flat roof extension, replace some windows and some modern fireplaces, remove bitumen coating on the west gable, renovate the garage/store, and other minor alterations. Members supported this application.
2. PA17/04936, *Slipway Hotel Apartment, Middle Street, Port Isaac* – internal alterations to create a 3-bedroom apartment from former hotel rooms. (Revised design to application no. PA14/11886 dated 16.02.2015 to include re-building the chimney stack and replace windows and re-alignment and replacement of rooflights with new conservation roof lights.) Members supported this application.
3. PA17/05052, *Land E of Port Gaverne Beach, Port Gaverne* – application for consent to display an advertisement namely siting of 1 internally illuminated porthole feature sign with reverse printed logo onto clear acrylic and 1 externally illuminated post sign. Members supported this application.
4. PA17/05094, *Land S of 8 Rose Hill, Port Isaac* – proposed dwelling - alterations to design of permitted dwelling. Members supported this application.
5. PA17/05288, *Land S of Homer Park, Port Isaac* – proposed live / work unit. Members supported this application.
6. PA17/05844, *Sea Winds, Trelights* – replacement roof structure as to accommodate rooms in roof with rear balcony. Alterations to access and parking. Members supported this application.

Enforcement Cases

1. EN17/00519, *Land NE of Port Gaverne Hotel* – untidy site, unauthorised stationing of a shipping container, land being used as a waste storage area, car park and boat storage – application PA17/00546 withdrawn. Case Officer: Louise Whitby reported she had spoken to the owners of the hotel and they had advised they would be resubmitting the planning application for a temporary use of the land. The enforcement case is still pending consideration.

Planning Applications Approved by CC – information only

- i. PA16/00071, *Plot on Trelights Farm* – three bed live / work dwelling (including florist studio).
- ii. PA17/02693, *37 Fore Street, Port Isaac* – existing lean-to demolished and new proposed lean-to constructed in its place. Replacement windows, re-rendering / painting and new window and door openings in existing cottage dwelling.
- iii. PA17/02694, *37 Fore Street, Port Isaac* – LBC. Existing lean-to demolished and new proposed lean-to constructed in its place. Replacement windows, re-rendering / painting and new window and door openings in existing cottage dwelling.
- iv. PA17/03682, *Merrywood Road from Chapel Villa to Rose Cottage, Trelights* – outline planning permission for two dwellings on separate plots.
- v. PA17/03799, *Little Garrick, Trewetha Lane, Port Isaac* – extension and conversion of garage to additional bedroom.

Planning Applications Refused by CC – information only

- i. PA17/02668, *Springside Barn, Trewetha* – application for variation of condition 3 in respect of PA16/11404 (The development hereby permitted shall only be occupied by members of the family or non-paying guests of the occupiers of the dwelling known as Springside Barn and shall not be used at any time as a separate residential unit of accommodation).

Gillian Thompson
 Parish Clerk / RFO
 Email: stendellionpc@gmail.com

Scott Mann gives his support for St Minver Post Office move

Scott Mann, MP for North Cornwall, has endorsed a local charity in St Minver which is trying to save the local Post Office.

The site of the existing community Post Office is due to be sold by the landlord, and local charity, The Perceval Institute, has stepped forward to open a new branch and has launched the **'Save our Community Post Office'** appeal. The Institute is based in the village hall and has agreed to release space so a Post Office can be opened in the building. The move is likely to cost around £20,000 because of required building work.

Scott Mann visited the charity on Saturday July 8th to speak with representatives and to view the plans for a new Post Office. The charity also kick-started its appeal raising £2297.



Property Project Manager Ted Rowe (left) and Committee Chairman Andrew Millington (centre) showing Post Office plans to Scott Mann MP (right)

Commenting on the visit, Scott Mann said: "I was delighted to see the proposals by The Perceval Institute who are trying to save St Minver Post Office. Community Post Offices are vital for small rural communities like St Minver, and that's why I took this issue to the very top at Prime Minister's Questions recently. I am also in contact with Post Office HQ to discuss the transfer of branches in North Cornwall including St Minver.

"The Perceval Institute has my full support and I hope they and the people of St Minver are successful in saving their local Post Office."

Committee Chairman Andrew Millington said: "We had an amazing morning with an incredible response and generous support from the community in helping to kick-start our appeal. We raised £2297 and it was a real bonus to receive Scott Mann's support and interest."



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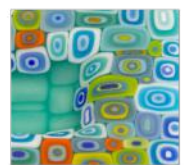
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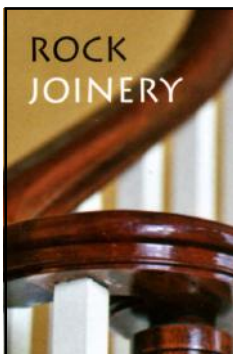
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Want to find out what's happening in the Village?
Read your Trio and look on the Trio Diary page.
Make sure your event is included here!
email info to triopi@mac.com or call 01208 880905

WHAT'S ON

Tuesday August 1st

Kerbside recycling - leave out by 7am

July 25th - August 4th

St Endellion Summer Festival

Wednesday August 2nd

Wadebridge Male Voice Choir
singing on the Platt - 7.30pm

Saturday August 5th

The BIG Swim - swims starts at 2pm,
music on the Platt 'til late

Sunday August 6th

Port Isaac Rowing Club Gig Day
at Port Gaverne

Wednesday August 9th

Friends of Port Isaac School Pop-up
Cafe at the Playing Fields - 2pm-4pm

St Endellion Fete in the Rectory
Garden, by kind permission of the
new owners - 2pm

Saturday August 12th

Port Isaac Village Hall BIG
SATURDAY - a whole day of
fundraising for the Hall

Sunday August 13th

Port Isaac RNLI Lifeboat Larks -
down at the Harbour - 11am-5pm

Tuesday August 15th

Kerbside recycling - leave out by 7am

Friends of Port Isaac School Pop-up
Cafe at the Playing Fields - 2pm-4pm

Friday August 18th

Port Isaac's Penny Mile for Barnado's
- Playing Fields - 1pm

Fisherman's Friends on the Platt

Sunday August 20th

Car Treasure Hunt starting from
Trevathan Farm between 2pm and
3pm - raising funds for the Port Isaac
Carnival

Monday August 21st

The talented young singers from MJ-
Uk Music & Arts present Music by the
Sea, on the Platt at 6.30pm

Saturday August 26th

Community Workshop in the Village
Hall to make fish and decorate the
pelican for 'Fish' celebrations -
11am-3pm

Tuesday August 29th

Kerbside recycling - leave out by 7am

Friday September 1st

Fisherman's Friends on the Platt

Saturday September 2nd

Port Isaac Carnival Day - the fun
starts at the Playing Field at 12noon
and the procession starts at 6pm

Saturday September 9th

Port Isaac RNLI Harvest Festival
at the Old School Hotel - 7pm

Sunday September 17th

Friends of Port Isaac School
Summer Fayre, Dog Show & Bake-
off at the Playing Field, 2pm-5pm

Mists & Mellow Fruitfulness,
Baroque Chamber Concert in St
Endellion Church - 3pm

Friday September 29th

Port Isaac School Harvest of the
Sea Festival in St Peter's Church

Sunday October 1st

St Peter's Church Harvest of the
Sea Festival

October 5th-8th

North Cornwall Book Festival at
St Endellion Church

Thursday October 5th

Four Quartets - TS Elliot's visionary
masterpiece in performance in St
Endellion Church - 7.30pm

Friday October 6th

3 Daft Monkeys - infectious Celtic/
world/folk to listen and dance to in St
Endellion Church - 7.30pm

Saturday October 7th

Fish Pie/Cake competition in the
Village Hall, followed by Fish Harvest
Lunch and later some 'fishy'
entertainment

Sunday December 3rd

Christmas at the RNLI Lifeboat
Station - 11am

Saturday February 3rd 2018

Music from the Movies night - a
fundraiser for Cornwall Hospice
Care - our BIG Hospice event

Church Services

St Peter's Church, Port Isaac

First and Third Sundays in the month -
Morning Worship at 9.30am and
Second, Fourth and Fifth Sundays in
the month - Holy Communion
at 9.30am

St Endellion Church

Every Sunday at 11am

Trelights Methodist Church

Sunday Service at 6pm

Regular Events

Port Isaac Stay & Playgroup - every
Tuesday from 10am to 12noon
in the Village Hall.

Contact Bonnie on 01208 880946
or Cherry on 07900 527610

Yoga - Mondays, during term time,
in the Village Hall from
10.30am-12noon. Contact Tracey
Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday
from 7.30pm-9.30pm in Port Isaac
Village Hall. Contact Janet Townsend
on 01208 880505

Golden Circle - the second Thursday
in the month from October to April
from 2pm- 4.30pm in Port Isaac
Village Hall.

Contact Annie Philp on 01208 880262

Trio copy dates

With the exception of February and
December, Trio comes out on the first
of every month. Copy dates are:

SEPTEMBER	August 24th
OCTOBER	September 23rd
NOVEMBER	October 24th
DECEMBER	November 30th