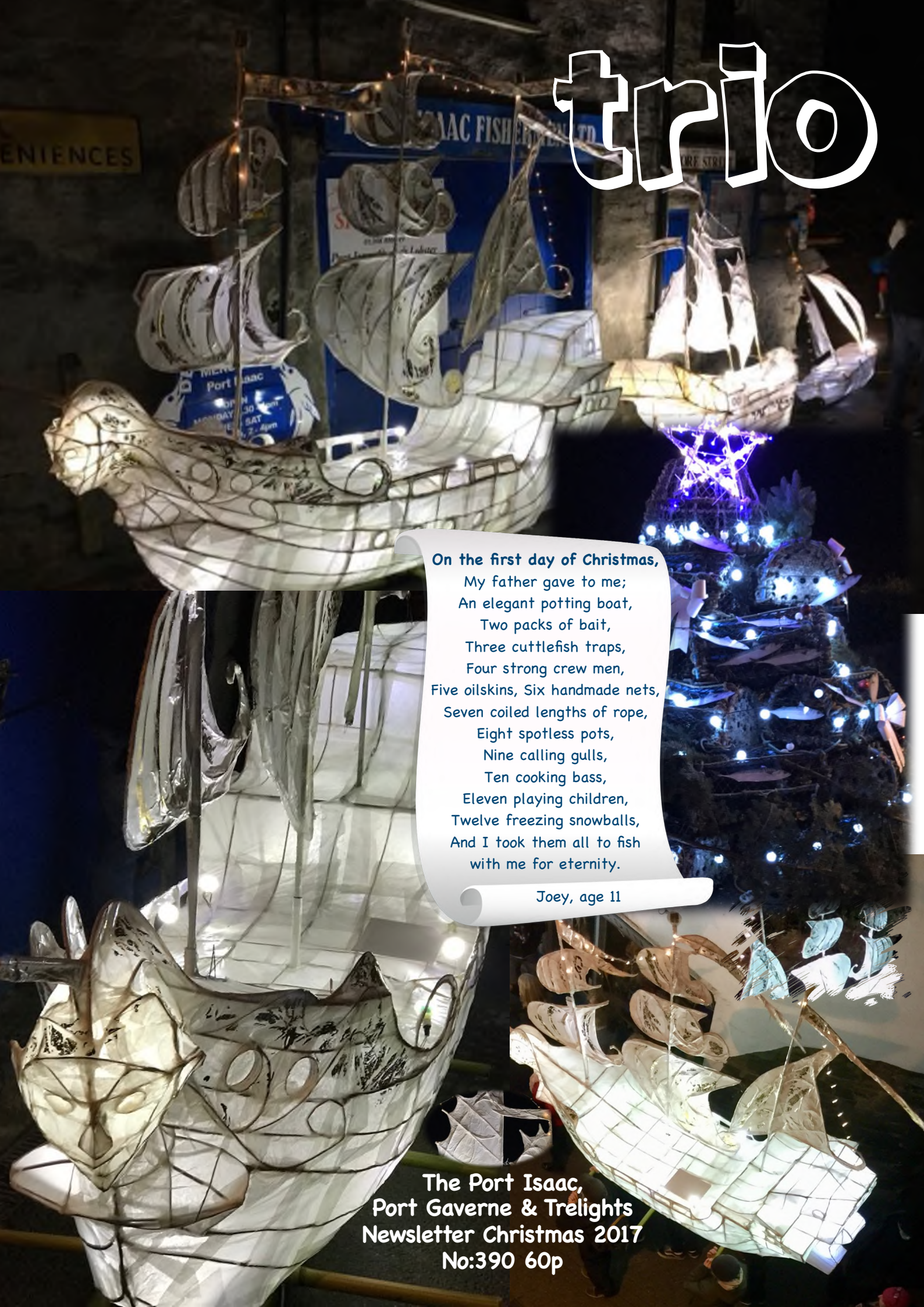


trio



On the first day of Christmas,
My father gave to me;
An elegant potting boat,
Two packs of bait,
Three cuttlefish traps,
Four strong crew men,
Five oilskins, Six handmade nets,
Seven coiled lengths of rope,
Eight spotless pots,
Nine calling gulls,
Ten cooking bass,
Eleven playing children,
Twelve freezing snowballs,
And I took them all to fish
with me for eternity.

Joey, age 11

The Port Isaac,
Port Gaverne & Trelights
Newsletter Christmas 2017
No:390 60p



Children's Christmas Poem competition

This year's ompetition had a boat theme. We knew the school children had all made lantern boats for the Christmas Lights procession so we asked for a Christmas poem about fishing boats in Port Isaac harbour. And the winners were - Port Isaac School children! All the poems were so good, how could we pick just two out! But it was a competition and so we asked an independent visitor to Port Isaac to select two winning poems. She really struggled too as she thought all the poems were so good. Eventually the winners were decided as:

age up to 7 years old - Emily, age 7, for her poem Port Isaac, that she wrote at home. The judge also commented on Emily's lovely handwriting.

age 8-11 years old - Charlie, age 10, for his poem Christmas Gifts, and again a comment about good handwriting.

Because of the high standard you will be able to read all the poems in this special Christmas edition of *Trio* - enjoy. And a big thank you to everyone who entered.

Christmas Gifts

On the first day of Christmas,
My Captain gave to me;
A mini fishing boat to sail
across the ocean,
Two fleshy fishes,
Three puny pots for potting,
Four ancient fishing hooks,
Five strong nets,
Six salty mackerel,
Seven sizzling steak pasties,
Eight buoyant buoys for
floating,
Nine crawling crabbies,
Ten seagulls swooping,
Eleven bright blue lobsters,
Twelve swift salmon,
And I took them on a
voyage across the sea.

Charlie, age 10

Port Isaac

Port Isaac Harbour has a stony
beach,
with caves that you cannot reach.

Barbecue down by the rocks,
splashing in the rock pools getting
wet socks.

Up and down many hills,
flying seagulls with yellow bills.

Boats floating on the tide,
then sailing to the other side.

Fishermen catching lots of fish,
for a very yummy dish.

We watch Doc Martin with our
friends,
for a long time, till the day ends.

The coast path leads me home at
last,
to see the Fisherman's Friends
singing "Climb up the mast."

Emily, age 7

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THROUGHOUT THIS ISSUE -
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POEMS ABOUT FISHING BOATS
IN THE HARBOUR

Trio is issued eleven times a year and is
available in Secrets and the Co-op,
Port Isaac, or by post - £21 a year in the UK

To subscribe please send a cheque,
made payable to Trio, Calenia, 3 Trewetha
Lane, Port Isaac, Cornwall PL29 3RN

To advertise in Trio telephone
01208 880905

Published by Sam & Dee Littlechild
Tel: 01208 880905
email: triopi@mac.com

The publisher does not necessarily hold
the same views as those expressed by
contributors and reserves the right to
refuse or alter material supplied.



My family and I were fortunate to see your
firework display in Port Gaverne last weekend.
Please pass on our thanks to everyone
involved for such hard work and organisation
of yet another amazing display.



Things Village Hall ...

As the year draws to a close it's a time to look back and look forward. We've had a pretty good year. Thanks to support from the Co-op and our fundraising, work has finally started on our new side extension but it is going to be a long job. But a start is a start and by this time next year hopefully we will be much nearer completion. Bear with us! Most of the work is being doing by our volunteer committee ... and they all have day jobs!

On the fundraising front we started with Johnny Cowling in February followed by the Kernow King in April and our Easter Cash Prize Bingo night. May saw a spectacular night with the Magnificent AK47s from Wiltshire singing with Port Isaac's Gulls. Our summer Rock'n'Roll night welcomed quite a few visitors although we had to curtail our Big Saturday to more of a Breakfast and Coffee morning due to all the committee being so busy. November saw the Canvas Theatre Group bringing *The Coastguard's Daughter* to the Hall. Again the Port Isaac Gulls were singing and it was a sell-out night and we could have filled the hall twice over. The reviews were brilliant.

The cast of The Coastguard's Daughter and Gulls

Our final event of the year was our Christmas Cash Prize Bingo and a big thank you to John Sinnott at mtadigital for our lovely banner. Our two Bingo nights are becoming very popular!

Our regular users, namely the Stay & Playgroup, the Port Isaac Chorale, Yoga, the Golden Circle and Gulls were joined in the autumn by the keep fitters. But there is still room for more!

Add to all this the workshops, parties, wedding receptions, an art course, RNLI events and Port Isaac School Christmas performance (plus any sort of event we have missed out) and you can see we have had a pretty busy year.

Thank you everyone for your support for your hall and if you do want to hold an event of any type contact Dee on 01208 880905 or dee54@mac.com

2018

So looking to 2018, we have quite a few fundraising plans to be announced in the New Year. But already in the diary are the Easter Cash Bingo on Tuesday April 3rd and on Friday April 27th, Alan Kent's Touring Show, *The Incredible Balti Celtic Carpet Ride*, a play remembering when the Beatles came to Newquay, will be stopping off in Port Isaac Village Hall.

Which just leaves us to say ...



Photo: John Freddy Jones

PORT ISAAC VILLAGE HALL HIRE

For full details or to make a booking contact Dee on 01208 880905 or email dee54@mac.com

The Royal British Legion Poppy Appeal

"None of what we do for our brave veterans and their families would be possible without the support of people like you."

The RBLI Poppy Appeal HQ

I would like to say a huge thank you to all those concerned who helped to raise a record sum of £4761.20 this year. There are too many people to name everyone but to anyone who has been involved, in whatever way, I could not have done it without your support, help, laughter and kindness.

Thank you to Andrew Lewis who conducted the Remembrance Service, to all the street collectors, the shops, hotels, restaurants and organisations who collected, to Mel and Annie for their help with the counting and for Dave and John for taking all the money to the bank and making my home less vulnerable again!!

Special thanks to Dee for designing and printing the service books and the posters.

Thank you to the Co-op for having a constant display of items and raising £657.04 and to all those individuals who gave up their time to sit in the Co-op selling the poppies etc.

And finally, thank you to Ron Newman who, come rain, come shine, took up residence outside the Old School Hotel and collected a record £2480.83.

Annie Price

Poppy Appeal organiser

Ron Newman on duty - he would like to publically thank the Old School Hotel, The Takeaway and Paula at the Coffee Shop for looking after him so well - he certainly had no room for supper when he got home each night!



Ron also featured in the British Legion magazine prior to "Poppy week". A lovely full page picture of him celebrated the huge sums of money he has collected over the years in Port Isaac. Said Ron, "I served in the army from 1950-56. I'm 84 now and have been collecting for the Legion for 20 years, in Port Isaac, in all weathers! In 2015 I collected more than £800; in 2016 I reached £2196."

January date set for the opening of Post Office in the Perceval Institute at St Minver

There has been much rumour concerning the opening date. We had hoped it was to be November 21st. Everything has progressed well. By some miracle and good planning, the program for delivery of important items has occurred right on time. However, one major component seemingly beyond anybody's control, has proven to be BT Openreach. In spite of ours being one of the first applications, completed as long ago as August 2017, it is only in the last week that we have a date for commencement of road works to enable the supply to be brought to the building. Unfortunately that date has passed without any work starting.

It is now apparent that the earliest date for opening will be January 15th 2018. We wanted to ensure good Post office service during the build up for Christmas but this has not proved possible.

Unfortunately the post office systems require closure of the old office to occur some ten days prior to the opening date in the new premises. Such things as training and engineering issues can only occur during that period.

We are nearly there and we must be very grateful for the tremendous support that has occurred since our appeal was launched in July this year. This has enabled rapid progress of the project and we are grateful to our local builders and tradesmen for their support. The funds raised from within our community have, as usual, been quite staggering and will enable us to provide for the community a first class resource well into the future and that was always our prime motive.



Sadly the fundraising Entertainers show had to be postponed due to a serious road accident involving Rob Badlan, one of the stars. We are delighted that he's making a great recovery and a new date in the Spring has been promised.

We also hope to open a Memory Cafe in next summer with the help of the Memory team in Wadebridge.

Once again our committee wishes to express their sincere thanks for the financial and practical support they have received from the local community and beyond.

A HUGE and ENORMOUS thank you to Port Isaac Co-op and its customers for the support being given to local charities ...



On Saturday November 25th the Co-op presented the money raised by customers using their membership card. In Port Isaac £2980 was given to three charities - Port Isaac Village Hall (£1053), Port Isaac Stay & Play Group (£967) and the Endelienta Story Box project (£960). Representatives from all three charities are pictured above.

The Stay & Playgroup told *Trio*, "We are very grateful for all the money that has been raised. We are going to buy a mini sound system and some musical instruments so that we can have a greater variety of music and more of the children can get involved in our music sessions. Plus some new bouncy hoppers are on our shopping list - the ones we have really need replacing due to lots and lots of bouncing! We will also be buying some small tables and chairs for our creative play and group snack time. The generosity of the Co-op and its customers enables the children in our group to get more involved, to try new things and to prepare themselves for going to school."

The Village Hall are putting their money towards the extension to house a new kitchen and multi-access toilet and baby changing facilities. Said Chairman, Andy Penny, "All of the Village Hall Committee thank the Co-op and its customers. The money we have been given will make a big difference to our improvements to the hall. This is something that will benefit everyone who uses the hall and we are slowly but surely making progress. We really do appreciate everyone's support. Thank you." Treasurer, Dee Littlechild continued, "We would also like to thank Darren, the manager at the Co-op who is always happy for us to fundraise in store. As well as all the proceeds from the second-hand book shelves going to the Hall and the Stay & Playgroup, he made space for our homemade cake stall (and also baked for us) on the Community Day from which we raised a further £189."

The North Cornwall Story Box is a project about story telling, story making and story collecting with individuals and groups in the communities of North Cornwall. It has already seen a series of workshops in five schools in the area, led by storytelling artists, who helped children delve into local histories and anecdotes. Talking of the project, Ian Sandbrook explained, "More workshops with schools are continuing into January 2018. We would also like to hear from elderly residents in the area, who have personal memories or stories of the past that deserve to be shared by others and younger folk. If you have a story to tell, something relating to

a special place or person or memory, please get in touch with Katy Luxton at katy@endelienta.org.uk

The project will run until end of March and finish with an exhibition and community event. It is organised by Endelienta, the local charity working to bring about more cultural events in this part of Cornwall. We are enormously grateful for the people and the Co-op in Port Isaac for supporting this initiative. The Story Box has also received support from Heritage Lottery Funding.

"Together we can make great things happen in your community"

The next round of Co-op fundraising has already begun and once again the Stay & Playgroup and the Village Hall have been chosen as recipients. However, you do need to reselect your chosen charity on your Co-op card so that 1% of your spend will go to your choice (as well as 5% for you). Mel, our community pioneer, will be on hand to help anyone do this or anyone who wants to register for a card.

And a final "don't forget" - the used book shelf in the Co-op supports the Hall and the Playgroup. If you have any books to donate just take them up to the Co-op and put them on the book shelves - they are near the cash point.

Become a member today for £1 and earn



every time you choose Co-op branded products and services.

co op

Member





A huge thank you to all the businesses in Port Isaac who sold T-towels throughout the summer to celebrate our Harvest of the Sea project.

The grand sum of £3000 was raised

This will be divided between St Peter's Church, The Fishermen's Mission and The Ideas Partnership

Port Isaac Chorale

We started Christmas on December 3rd in St Peter's Church for the PISCES Christmas Evening which aims to keep the old Port Isaac carols alive.

On December 6th we took part in the Hospice Service of Remembrance at Egloshayle Church singing three of our favourites - You Raise me up, You are the New Day and the Irish Blessing. We were grateful to Sue Flitter who conducted us - our MD was winging her way to family in Australia.

The choir have been invited to sing on Wednesday December 15th outside Wadebridge Wines as part of the town's late night shopping event. We will be there from 6-30pm to 6-45pm with some homemade lanterns and extend a welcome to join in with singing traditional carols, even if it might be raining!

Once again we will meet on December 19th at The Old School House, this time to eat, drink and always be merry. Kindly organised by David, this is always a lively evening culminating in a very loud version of The Twelve Days of Christmas!

Thursday December 21st sees the traditional evening of carols with the local community at the Port Gaverne Hotel from 8pm onwards. The singing will be led by Jon Cleave. Hang on to the rafters!

And before we know it, it will be our first rehearsal in 2018 where we will be choosing pieces to be considered for the Wadebridge Music Festival in March.

We all wish you the joy of music this Christmas time and thank you for your interest and support. Should you be interested in joining the Port Isaac Chorale please contact our Secretary Pat on 01208 880969 or our Musical Director Janet Townsend on 01208 880505 for further details.

Merry Christmas and a Happy New Year from us all



"I saw three ships ..."

Out of simple twigs and tissue, little ships of all shapes and sizes were made in the Village Hall on November 18th. This flotilla was part of the annual Christmas Lights Switch-on procession.



Make your own Christmas Snow Globe

Soak the labels off an empty jam jar - it must be one with a screw on lid.

Take a couple of small Christmas cake decorations - a snowman and a Christmas tree look good - or cracker toys - and stand on the inside of the jar lid and fix with superglue. Leave it to dry for as long as you can, ideally 24-hours.

Put a teaspoon of silver glitter into your jar. Fill the jar with cooled boiled water and add 5 drops of glycerine (you can buy this from the chemists).

Screw the lid firmly onto the jar. Give it a shake and Bob's your uncle!!



Port Isaac Lights Up

PORT ISAAC Christmas Lights

On Saturday December 2nd, Christmas 2017 arrived in Port Isaac. The day started with Beth & Mark at the Golden Lion putting on a Christmas Fayre. This was the prelude to our Lantern Procession and Christmas Lights Switch on ... and what an event.

The look of wonder on everyone's face when they got to see the boat lantern creations made by our own talented Caroline Cleave and the brilliant ARTiculate team was magical. With excitement and anticipation growing, the children were ready with their own boat lanterns that they had made. The adults were entrusted with the larger creations (and I even managed to coerce a gentleman with a frozen shoulder to carry one!). And so the flotilla, led by the children and a Cornish piper and drums, set off from the school on its maiden voyage to the Platt and the waiting crowds.

The "voyage" was greeted by so many people on the roadside as it sailed past, down Back Hill towards the Old School Hotel where there was a sea of wellwishers to witness what a great community spirit this village has. Once the procession had passed the Lobster Pot Tree it wended its way down Fore Street and finally anchored outside the Fish Cellars. Port Isaac's children joined with Lostwithiel choir to sing "We saw three ships" and the countdown began. What a huge sigh of relief as the lights all came on - **YES!!**

Mulled wine and apple juice, soup and mince pies were enjoyed by all and the look on people's faces was enough to justify the hard work of all the volunteers, made even harder by the atrocious weather, putting up the lights. A HUGE thank you to our own Port Isaac "pensioners", John Salisbury, Dave Goodbourne and the multi-talented Alan Davies for their immense help. Thanks boys. And thanks to the two Pennys, Andy and Tom, Tom Brown, for his manoeuvring skills, Luke Sim, Mike Hasler, Tom and Andrew Cleave, Daniel Lanyon, Barbara Hawkins and everyone who has given their electricity to help light up our beautiful village. Thanks to John Sinnott at mtadigital for our banner. But the biggest thank you should go to our ever present and patient partners who let us go out to do this "lights stuff".

On a personal note, I am so proud of everybody who gets involved in our "little" project. Everyone gives freely of their time and effort for our Christmas lights.

ANYBODY who feels they would like to get involved in keeping the Port Isaac Christmas lights going will be welcomed with open arms. Come and join us on **SATURDAY JANUARY 13th** when we will be dismantling our lights and displays, going through everything and putting it all away for another year. Join us in the Village Hall for the day, for a morning, for an afternoon or just an hour or so. There will be free bacon butties and tea and coffee. Bring your children along. And children, bring your parents!

A very Happy Christmas to everyone.

Mr Chris "Illuminations" Lanyon

Welcoming Hope!



I never tire of the joy of Christmas. Our churches are filled to overflowing with people who come to celebrate the birth of hope into our world by singing carols and lighting candles and hearing the old, old story of Jesus' birth. For some reason, this Christian festival has become one which includes an enormous number of people of all faiths and none. And what is wonderful about that is that it is just what the God who we meet in Jesus stands for!

This tiny baby who is so easy to love, grew into a man who welcomed people indiscriminately. He welcomed the poor and the disabled, the corrupt and the powerful, the sick and the outcast. He welcomed posh people and religious people, prostitutes and the financially shady. Still today, we can be challenged and encouraged by the extraordinary breadth of God's welcome, as seen in the life of Jesus.

So as we find ourselves again amongst the rustle of tinsel, drinking in the smell of mulled wine and mince pies, I hope that in the midst of the busyness of gift giving and socialising, we might be able to catch a glimpse of the deep hopefulness at the heart of this festival.

Christmas may not be easy for all of us. Grief and changed circumstances, unhappy memories, strained finances and difficult family relationships can all take their toll. Yet, no matter how we come to this time of year, right in the middle of the mess and muddle of our humanity, lies the vulnerable newness of God's life, come to be with us whatever we face. In this tiny baby lies God's hope for the future of our world.

As we celebrate Christmas this year, may we also be ready to cradle this fragile hope into the new year and see it grow and bring life and light to all those who we meet.

Revd Elizabeth



Church Diary Dates

Sunday December 10th

9.30am: Holy Communion, St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday December 17th

9.30am: Morning Worship, St Peter's Church, Port Isaac
11am: Sung Eucharist
6pm: Taize Service by Candlelight, St Endellion Church

Sunday December 24th - Christmas Eve

11.30am: Sung Eucharist, St Endellion Church
3pm: Christingle & Crib Service
10pm: Holy Communion, St Peter's Church, Port Isaac

Sunday December 25th - Christmas Day

11am: Sung Eucharist, St Endellion Church

Sunday December 31st

9.30am: Holy Communion, St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday January 7th

9.30am: Morning Worship, St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday January 14th

9.30am: Holy Communion, St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday January 21st

9.30am: Morning Worship, St Peter's Church, Port Isaac
11am: Sung Eucharist
6pm: Taize Service by Candlelight, St Endellion Church

Cornish Love Story Re-Imagined

A book co-created by two famous Cornish writers, Daphne du Maurier and Arthur Quiller Couch will be explored in a Reflective Day in St Endellion Church on Saturday January 27th. Writer and researcher, Polly Gregson will examine what it is like to finish writing another author's book when she presents Castle D'Or, a re-imagining of the famous Cornish love story of Tristan and Iseult, set around Fowey. Polly Gregson has an MA in Critical Writing from the Royal College of Arts and is at present working as an environmental researcher at Eden Project International.

The day will begin at 10.30am in St Endellion Church after coffee at 10am in the Church Hall, and will finish at 3pm. Cost £10. Bring a picnic lunch. Book with Judith Pollinger 01208 880181, email her at rev.judith@btinternet.com or go to www.endelienta.org.uk

Taizé Services at St Endellion Church

Singing simple Taizé chants by candlelight, with silence, prayers and listening to readings, make for a peaceful ending to a Sunday. So, before the next busy weeks starts, why not come along to the next monthly service which will be held in St Endellion Church at **6pm on Sunday January 21st** and will last about 40 minutes. If you've not experienced one before, why not come along, you will receive a warm welcome.

on the tenth day of
Christmas, my true love
sent to me
Ten Gulls a singing ...
"we wish you a
Merry Christmas
and a
Happy New Year"

We've been working hard this year for some lovely concerts that culminated with us singing as part of the Canvas Theatre Group's production of The Coastguard's Daughter in Port Isaac Village Hall and also at the Hall for Cornwall. If you would like us to sing at your event just ask one of us or email gullspi@icloud.com



Find us on
Facebook

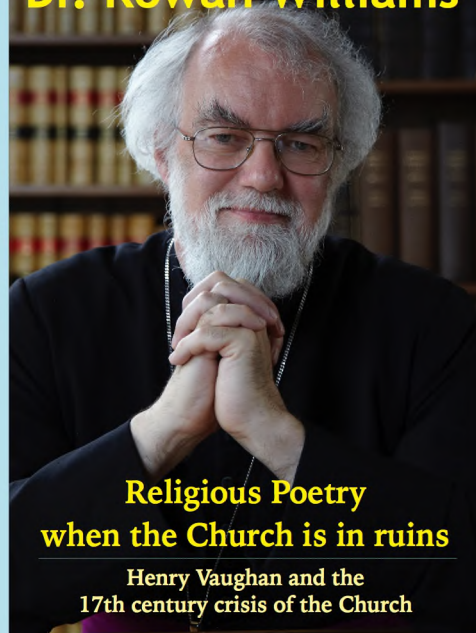


Endelienta

REFLECTIVE
DAYS

at
St Endellion

Dr. Rowan Williams



**Religious Poetry
when the Church is in ruins**

Henry Vaughan and the
17th century crisis of the Church

**Saturday 17 March 2018, 10AM-3PM
ST. ENDELLION CHURCH**

Cost £12. Bring a picnic lunch.

Please book via www.endelienta.org.uk
phone box office on 07787 944935
or contact Judith Pollinger by phone or email:
tel: 01208 880181 email: rev.judith@btinternet.com



On the first day of
Christmas,

Port Isaac gave to me
One new school,
Two old rusty hotels,
Three new captains,
Four dashing clouds,
Five cool second-hand
boats,

Six red lobster pots,
Seven fat fishes,
Eight dizzy fishermen,
Nine singing birds,
Ten irritating
hummers,

Eleven slimy squid,
Twelve spiky starfish,
This is what I need
to sail across the sea.

Jack, age 8½

Endelienta

Fostering the Arts and Spirituality in North Cornwall

Regular Endelienta events

North Cornwall Book Festival Book

Club - every second Wednesday of the month,
7pm-9pm in the Stone Barn. For more information contact
Ronnie Harrison at operations@ncornbookfest.org £2 per
session

Endelienta Poetry Group - every second Saturday of
the month, 10am-12noon in the Stone Barn. For more
information email philippa.giles@bandittelelevision.com

Endelienta Make Club - every third Saturday of the
month, 10am-12.30pm in the Stone Barn - for children and
parents, a fun place to explore, create and get messy - £5
session. Book online or pay on the door

www.endelienta.org



The National Trust

**Saturday 9 December Christmas Scrub
and Spuds at Pentire Head, near Polzeath,
10am – 3pm &**

**Saturday 13 January Scrub and Spuds at
Porthcothan Cliffs,
10am – 3pm**

Become a ranger for a few hours and drop in to help
us with some scrub bashing, cutting down prickly
gorse and blackthorn then burning it on the bonfire.
With the fire blazing we'll cook up a jacket potato for
lunch! Bring along a drink and some snacks to keep
you going. Please wear sturdy boots and clothing
suitable for the weather that you don't mind getting
smoky/muddy. Family friendly and a great way to
meet new people. Free.

**Booking essential, please phone 01208 863821 or
email tom.sparkes@nationaltrust.org.uk**



On the first day of Christmas
My captain gave to me
A shiny boat to sail across the ocean,
Two wet nets,
Three used steering wheels, Four feathery fish,
Five big speed boats, Seven vicious crabs,
Eight new sails, Nine captain hats,
Ten ancient burgers, Eleven scrumptious picnics,
Twelve cute pet turtles,
And I set sail for the sea.

Maliki, age 8

**IF Music
BE THE Food
OF Love**

a wonderful
celebration of
music for
Twelfth Night

performed by winners of
the Chris Treglown
Foundation Fund Award

**Saturday January 6th 2018 at 7pm
in St Endellion Church**

Tickets £10 (under 16s free) available from
Cole, Rayment & White, Wadebridge
Newslines, Rock, www.endelienta.org
Endelienta box office on 07787 944935
or Julia Treglown on 07815 987172

**ALL PROCEEDS TO
ENDELIENTA AND THE CHRIS TREGLOWN FOUNDATION FUND**

On the first day of Christmas,
The ocean gave to me;
A secret shell for listening to the waves,
Two brave seagulls squawking,
Three teensy mackerel swimming,
Four angry crabs scurrying, Five huge lobster pots,
Six dawdling children on the beach,
Seven beautiful bobbing boats,
Eight anxious Fisherman's Friends,
Nine miniature pieces of seaglass,
Ten ancient hooks, Eleven hunting nets,
Twelve enjoyable cheesie pasties,
And I took them all away to sea.

Amber, age 10

On the first day of Christmas,
My captain gave to me;
One advent calendar, Two delightful cupcakes,
Three tough fishing nets, Four pleasant puddings singing,
Five painted boats dashing, Six joyful friends hopping,
Seven brave deer prancing, Eight fluffy jumpers dancing,
Nine cuddly teddy bears grinning,
Ten jumping singers speechless,
Eleven smiling ginger biscuits, Twelve prancing seahorses,
And I took them all back home for tea.

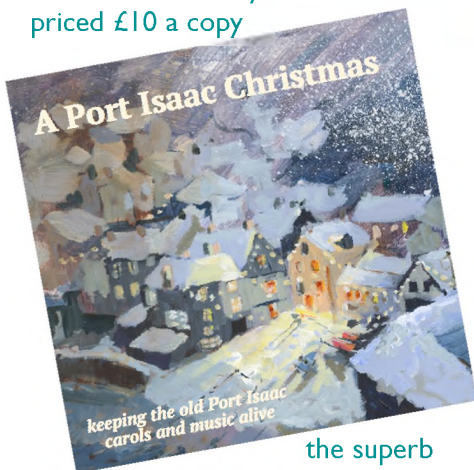
Ruby, age 8



Port Isaac Christmas Presents ... So much to choose from



PISCES two award-nominated cookery books, priced £10 a copy



the superb collection of Port Isaac Christmas music, including the old traditional carols priced £10 a copy (all proceeds to Port Isaac School)

Books and CDs available from *The Pottery or Secrets*. Alternatively you can purchase from the PISCES website,



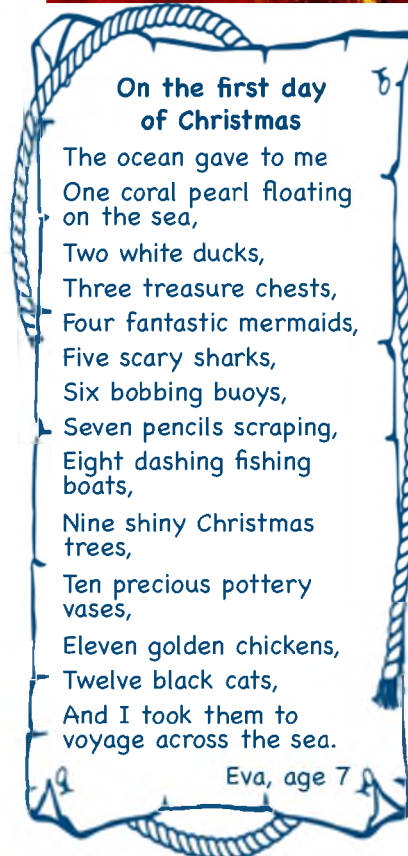
two Port Isaac Christmas cards, priced £5 for a pack of 5 (all proceeds to PISCES), available from *The Pottery or Secrets*



The PISCES team wish everyone
a very Merry Christmas
and a Happy and Peaceful New Year
We look forward to sharing lots more of
your stories and memories in 2018

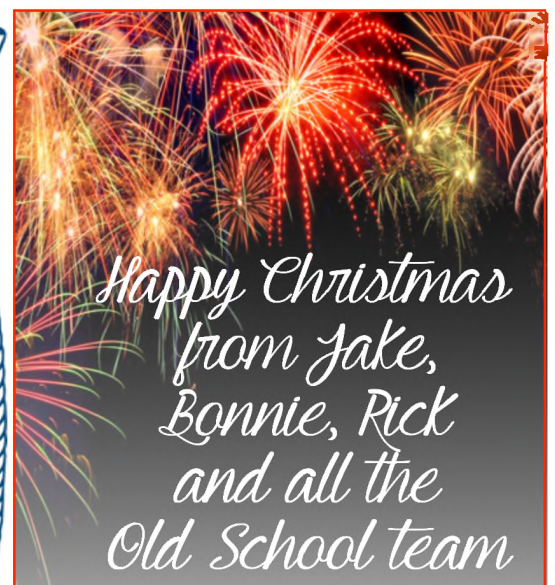
www.portisaacheritage.co.uk

THE WINNER OF THIS YEAR'S FRIENDS OF
PISCES ANNUAL DRAW IS KIRSTEN LEWIS



Christmas rubbish and recycling collections

There will be no rubbish or clinical waste collections on Boxing Day. The next rubbish and recycling collection will be Tuesday January 2nd.



*Happy Christmas
from Jake,
Bonnie, Rick
and all the
Old School team*

Dear All,

It's that time of year again and we're planning the usual New Year's Eve fireworks from the Old School. Last year, as every year, we asked all the businesses that were opening on the night to share the cost with us and as usual we had a great response. A big thank you to everyone who contributed, not just to the businesses but also to the individuals who gave money.

Once again, we're asking for contributions for this year's display. The names of everyone who does (unless they want to remain anonymous) will be displayed on the notice boards outside the Old School on the night, on our website and in the next *Trio*. If you would like to contribute, please pop in to reception. Thanks in advance and we hope you enjoy the show!

Scott Mann's update from Parliament

2017 has been another memorable year in politics, and like the previous two years during my time in Parliament, it has been dominated by elections and Brexit with never a dull moment.

In March the Prime Minister triggered Article 50 to start the two year withdrawal process from the EU, honoring the referendum result in Cornwall and the UK.

Shortly afterwards a General Election was called, and just like in 2015, I was knocking on doors and meeting thousands of people up and down North Cornwall. I am back in North Cornwall every weekend, but it was great to spend six weeks in the constituency and travel to its biggest towns and smallest villages, meeting as many people as possible to get their feedback on me as their MP, the government and what issues matter to them. Although the result nationally was not what many expected, I was absolutely honoured that the people of North Cornwall once again put their faith in me and re-elected me as their MP.

Amongst all the national political ups and downs of the past 12 months, we have seen some real progress for North Cornwall in terms of education, infrastructure and health services, and some personal achievements as well.

In April I ran the London Marathon in aid of charities which support North Cornwall's main hospitals in Bodmin, Stratton and Launceston. This was my first marathon and I was delighted to cross the finish line in under five hours and raise over £3,000 for such good causes.

In the Spring we also saw the Government commit an extra £24 million for social care in Cornwall so that we can better look after the elderly and vulnerable in our communities, an extra £1 million for the Royal Cornwall Hospitals Trust to improve A&E waiting times, and new mental health services including the green light for a special centre in Bodmin to help teenagers with mental health conditions.

During the summer we saw the official opening of the new dual carriageway on Bodmin Moor which will end decades of traffic jam misery. The £60 million scheme will be a huge boost for the Cornish economy, and we are already seeing businesses move closer to the A30 and Bodmin.

Post-election I was also appointed as a Parliamentary Private Secretary to the Rail, Road and Maritime Ministers in the Department for Transport. In this role I assist the ministers with their daily work, from meeting other MPs to discuss local issues to helping them get legislation through the House of Commons. It's a fun and challenging role and I was delighted to be asked to do it. We have a number of transport priorities in North Cornwall and I will be making these known to the Department.

In the Autumn we then heard that all schools in North Cornwall were due to get a funding increase through the new National Funding Formula which I have campaigned heavily for since 2015. There has long been a disparity between funding in rural and urban schools, and this new formula, plus an extra £1.3 billion, will see all schools getting an increase in funding to help them employ more staff and increase resources.

It has been a privilege to serve as North Cornwall's MP for another year, and I very much look forward to taking our priorities forward in the next. I wish you all a Merry Christmas and a Happy New Year.



On the first day of Christmas,

My net landed up for me;
A brave seagull sitting,
Two elegant crabs playing,
Three immense cups of hot chocolate,
Four pleasant jelly fish attaching,
Five magnificent sailing boats,
Six clumsy fishermen fishing,
Seven salty chips,
Eight petite shells sparkling,
Nine tasty pasties pirouetting,
Ten leaping dolphins racing,
Eleven tall boats bobbing,
Twelve spicy gingerbread men,
And I hung them all on a palm tree.

Maisey, age 10

On the first day of winter

The ocean gave to me
A shiny glass dazzling,
Two miniature ships in bottles,
Three bags of smelly fish,
Four sharp sea shells,
Five scary starfish sleeping,
Six fantastic boats floating,
Seven dizzy dolphins,
Eight messy men fishing,
Nine beautiful flowers falling,
Ten crazy crabs crawling,
Eleven scared cats running,
Twelve scaly sharks,
And they all came to me
from the quay.

Gracie, age 9

On the first day of Christmas,

Port Isaac gave to me;
One gorgeous mackerel,
Two sweet seagulls,
Three dancing children laughing,
Four filthy fishing boats,
Five teeny mewing cats,
Six great working men,
Seven permanent seagull nests,
Eight large ladies gossiping,
Nine excited tourists talking,
Ten juvenile snowmen sprinting,
Eleven unbelievable inches of snow,
Twelve huge Christmas pines,
And I found them all on the quay.

Lian, age 10

CHRISTMAS GREETINGS



Ivan & Carol May
wish all their friends and family
a very Merry Christmas
and a happy, healthy 2018
donation to Last Chance Hotel
instead of cards



With love
to all
from
Harry of
Walthamstow



A very Happy Christmas
and best wishes for 2018
Muriel x



Seasons Greetings and
Best Wishes to all my friends
and relations in Port Isaac
from Joe Knight



PORT ISAAC ROWING CLUB
WOULD LIKE TO TAKE THIS
OPPORTUNITY TO SEND OUR
SEASONS GREETINGS TO ALL!

We will be holding our annual fundraising 'Gig Push' on Sunday December 31st. Please do join us outside the RNLI Station in Port Isaac harbour for tea, coffee and bacon baps before the push starts at 12noon. There'll be the usual timed sweepstake too! We will push the gig up to the Cornish Arms at Pendoggett, where we will take a break, with refreshments, before heading back to Port Isaac, whilst collecting funds along the way for our chosen charity of 2018, Invictus Trust. The Trust is a small Cornish charity which supports local teenagers who are suffering from poor mental health and associated issues. Please give generously!

We are also delighted to announce that during 2017, the Club has raised a total of £750 for charity, divided equally between our nominated charities of the year: The Ideas Partnership, Shires Holt Horse Sanctuary and the RNLI. We will be giving the presentations before the push starts.

If you would like to hear more about the Club, or would like to join us for a row, please see our Facebook page, or contact Steve Hudspith, PIRC Chairman on Mobile: 07794 780041, email steve.hudspith@hft.org.uk



**WE WISH YOU A VERY
MERRY CHRISTMAS AND
A HAPPY NEW YEAR**

The Friends of Port Isaac School

Christmas Fayre

Wed 13th December
From 3.30 pm
in school

Tables available £5.00 each
plus something for our raffle.
Phone 01208 880494 to book.

 All Welcome 



Nursery Class wins 1st Prize

Our nursery children entered a competition at the Cornish Winter Fair recently. They submitted a piece of art showing their interpretation of "Twinkle Twinkle Little Star."

We are delighted to report that they won 1st prize - congratulations to them all.

Bloodhound Trials

It was really exciting to see the Bloodhound and watch it racing down the runway. Unfortunately for us they had a problem with the car and it did not get up to its maximum speed, however it did get to 198mph before the brakes were applied. There were lots of hands on science experiments going on in the hangar and the children all agreed that it had been a really good day.

Dance Sessions

This term we have Sarah coming into school every Thursday afternoon to work with the children and produce several dances which will be part of the Christmas production

Children In Need

Our spotacular fund raising event went extremely well. Class 1 had a mammoth bakeathon and we sold the spotty cakes after school. During the day the children came to school in spotty clothes, had spotty face painting and we made a Pudsey face out of pennies on the floor.



We raised £121 on the day not including all the 2ps and 1ps in our Pudsey portrait!

Christmas Lantern Making

Reg Payne was in school with Class 2 helping them to create their ship lanterns for the Christmas Light Up procession in the village on December 2nd. They all looed great and the children enjoyed joining in with the festivities on the day.



Percussion Music

This half term Class 2 are learning how to compose music, using percussion instruments, with a teacher from the Schools Music Service. She comes into school once a week and the children are enjoying exploring different sounds with her. They will also be accompanying one of the songs in our Christmas performance.

After Christmas she will be teaching them how to play the recorder for half a term.



New Members

Members were pleased to co-opt Mrs Penny Kirkman to the Parish Council at their November meeting. She will be well known to many of you and we look forward to working with her in the future.

Planning Applications

The following applications were received and Members made the following responses to Cornwall Council:

1. PA17/02501/PREAPP, *Golden Lion, 13 Fore Street, Port Isaac* – Historic Building pre-application advice for repair and replacement of external paving/ground surfacing and installation of handrails. Members supported this application, subject to the use of cobbles.
2. PA17/06508, *48 Fore Street, Port Isaac* – LBC for the replacement of 5 windows with wooden double-glazed units, including door and door frame and shed door and frames. Members objected to this application because of the use of inappropriate joinery, i.e. beading to describe the panes between the double glazing.
3. PA17/07836, *Homer Park Farmhouse, Port Isaac* – conversion of existing barns to one residential dwelling and the demolition of further barns and outbuildings. Members had no objection.
4. PA17/08446, *The Rectory, St Endellion* – extension and alterations. Members supported this application.
5. PA17/08447, *The Rectory, St Endellion* – LBC for extension and alterations. Members supported this application.
6. PA17/08649, *Plots 1 & 2, Brooklands Farm Port Gaverne* – to remove the s106 obligation (Affordable Housing) in relation to the tenure of Plots 1 & 2. To retain a 50% obligation for the scheme consented under E1/2007/01482 for the construction of four local needs dwellings. Cllr. Mould said that CC had agreed to remove the s.106 if a fee of £57,000 was paid. Members felt they had no alternative but to accept CC's decision.
7. PA17/08672, *Land NW of Trecreege, Trelights* – outline planning permission with all matters reserved for construction of an agricultural dwelling for occupation by a farm worker. Members supported this application for the provision of housing for an agricultural worker.
8. PA17/08693, *Archer Farm, Access to Archer Farm, Trewetha* – proposed 3-bedroom dwelling. Members supported the application, with the proviso that it is in line with, and near to Archer Farmhouse.
9. PA17/08713, *89 Fore Street, Port Isaac* – notification of proposed works to fell a *Macrocarpa* tree in a conservation area. Members are not consulted on this type of application.
10. PA17/02730/PREAPP, *St Peters Church Rooms, Fore Street, Port Isaac* – pre-application advice for change of use from dilapidated church rooms into domestic dwelling and letting unit including reroofing, new windows and demolition of rear lean to. Members supported the application.
11. PA17/07753, *Maritime and Coastguard Agency, New Road, Port Isaac* – change of use from coastguard vehicle and cliff rescue equipment store and training accommodation to non-food retail shop and five car parking spaces. Members supported this application, but one Members expressed reservations about the car parking spaces.
12. PA17/07754, *Maritime and Coastguard Agency, New Road, Port Isaac* – advertisement consent for erection of 2 no. signs to replace existing. Members supported this application.
13. PA17/09557, *Slipway Hotel, 1 Church Hill, Port Isaac* – LBC for the replacement of two pairs of 8-pane sashes on the second floor of the front elevation. Members supported this application.
14. PA17/09631, *Land NE of 4 Furze Park, Trelights* – outline planning permission with all matters reserved: erection of a dwelling. Members supported this application.
15. PA17/09691, *Gwel Arvor, Tintagel Terrace, Port Isaac* – outline application

for the demolition of existing dwelling and replace with two dwellings with all matters reserved. Members supported this application.

16. PA17/10206, *Treetop Cottage, St Endellion, Port Isaac* – extensions and internal alterations. Members supported this application.
17. PA17/10231, *30 New Road, Port Isaac* – hip to gable loft conversion with front and rear dormers, reconstruction of side lean-to and installation of ground floor terrace. Members objected on the grounds of over development, and the visual impact on neighbouring properties. The design is overpowering, in a character area, Doctor's Meadow, recognised as valued in a previous Planning Committee decision and typified by The Old Dairy. Members strongly objected to cat-slide box dormers.
18. PA17/09145, *Chalet rear of Lamorna, 2 Tintagel Terrace, Port Isaac* – replacement chalet. Members supported this application.
19. PA17/09309, *89 Fore Street, Port Isaac* – front and rear extensions, re-roof, new dormer, windows and internal alterations. Members objected on the grounds of over development of the site in the conservatory area and that it would change the character of the terrace. Members referred to previous guidance comment from the Historic Service reference 81 Fore Street.

Enforcement Cases

1. EN17/00519, Land NE of Port Gaverne Hotel – untidy site, unauthorised stationing of a shipping container, land being used as a waste storage area, car park and boat storage – application PA17/00546 withdrawn. New case officer to replace Ms Louise Whitby.
2. EN17/01729, 8 Tintagel Terrace, Port Isaac – installation of solar panels above the ridge height not included as part of planning approval PA15/09634. Cllr. Williams reported the panels had been removed. Cllr Webster confirmed they were to be repositioned on rails. Case closed.

continued on next page

The Parish Council is soliciting expressions of interest from interested parties to operate a catering concession at the Trewetha Lane car park.

Please contact: Mrs Gillian Thompson, Parish Clerk
12 Bonython Drive, Grampound, Truro, Cornwall, TR2 4RL
E-mail: stendellionpc@gmail.com

continued from previous page

3. EN/01764, Land E of Port Gaverne Beach, Port Gaverne – alleged works not being carried out in accordance with approved plans PA17/00391 – namely location of toilet, extraction, refrigeration unit, trade waste, landscaping and street signage. Mr David Tapsell, case officer. Further consideration and discussion relating to the physical layout of the site and its appearance will take place.
4. EN/01765, Land E of Port Gaverne Beach, Port Gaverne – alleged breach of condition 3 (foul drainage) of planning approval PA17/00391 – sewage being dispersed into the leat from the public toilet on site. See comments from Mr David Tapsell above.

Planning Applications Approved by CC – information only

- i. PA17/03890, 39 New Road, Port Isaac – replacement two-storey, 4-bedroom house.
- ii. PA17/07533, Mariners, 24 Fore Street, Port Isaac – retrospective LBC to replace windows.
- iii. PA17/08713, 89 Fore Street, Port Isaac – notification of proposed works to fell a Macrocarpa tree in a conservation area. CC decided not to make a TPO (TCA apps.).
- iv. PA17/07836, Homer Park Farmhouse, Port Isaac – conversion of existing barns to one residential dwelling and the demolition of further barns and outbuildings.

Tree Preservation Order

Members supported the TPO for Cairnsmore, Port Gaverne, which will be in place for 6 months from 10th October 2017.

Road Signage

Members had wanted signage to warn drivers not to follow their SatNavs, but were advised the signs did not meet highway recommendations. Members have agreed to accept Cormac's recommendation to provide a sign warning of width and height restrictions. The Parish Council will finance the project.

New Public WCs / Kiosk

Work to provide new WCs to serve visitors to the Trewint playing field and car park is gathering pace. It is hoped decisions as to design, contractors, etc. will be made at the meeting to be held on 27th November. More information will follow in the next TRIO report.

Roscarrock WCs

Members are looking into the viability of acquiring the public conveniences on a 99 year lease from Cornwall Council.

Meeting Dates

Meetings are normally held on the second and fourth Monday of each month, but in December there will be one meeting only held on 11th, commencing at 7pm in Port Isaac School. Members of the public are welcome to attend.

Gillian Thompson
Parish Clerk / RFO

Email: stendellionpc@gmail.com



On the first day of Christmas,

The ocean gave to me;
A strong fishing boat,
Two huge bobbing buoys,
Three rusty lobster pots,
Four gleaming fishing hooks,
Five whopping nets,
Six aggressive swans,
Seven odd singing birds,
Eight brave Fisherman's Friends,
Nine gigantic Christmas trees,
Ten slimy mackerel fish,
Eleven black pairs of shoes,
Twelve sparkly fishing rods,
That's what I need to sail
across the sea.

Max, age 9

On the first day of Christmas,

The ocean gave to me;
One Nicky B's cheesy pasty,
Two bulky bobbing buoys,
Three wise men,
Four lonely lobster pots,
Five fast fish feeding,
Six swift swimming seahorses,
Seven seagulls intensely
squawking,
Eight embarrassed Fisherman's
Friends,
Nine naughty lists,
Ten magnificent murmuring
mermaids,
Eleven stunning snowmen,
Twelve adventurous boats,
And I used them all to sail
across the sea.

Millie, age 9

ANSWERS TO THE LITTLE CHRISTMAS QUIZ ON PAGE 5

1. Two, inside and outside
2. A pack of cards
3. The letter M
4. Because they both have to be ground before being used.
5. Because there is not a single person in it.
6. The road



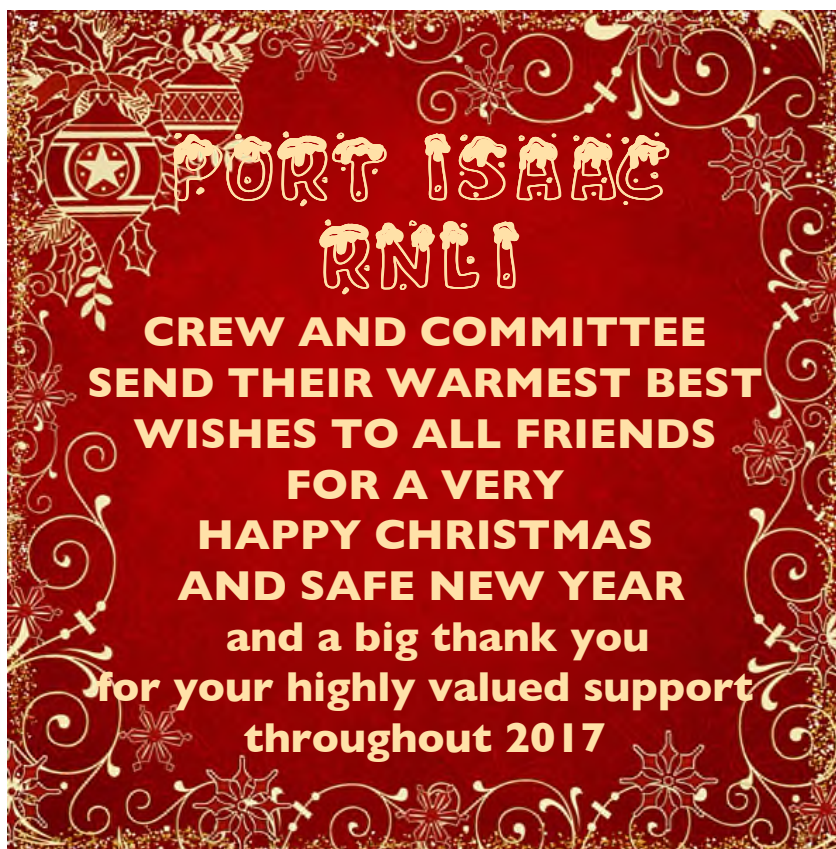
Photo: RNLI

PORT ISAAC RNLI RESCUE MAN AND DOG FROM ROCKY VALLEY

At 11.06am on Wednesday November 1st, Port Isaac RNLI were tasked to a man and his dog trapped at Rocky Valley.

Bude and Bosccastle Coastguards were initially paged and tasked to Rocky Valley, just north of Tintagel, following the report of a dog trapped in the water with the adult male owner stuck having descended the cliff in an attempt to rescue. They made their way down the valley with water rescue equipment, should it be required. It was quickly determined that access to the casualty and his dog was treacherous and that the safest way to recover would be from the sea. With conditions being calm. Port Isaac volunteer lifeboat crew were tasked by Falmouth Coastguard Operations Centre with the Coastguard staying on to monitor and reassure the casualty.

The lifeboat landed a volunteer crew member with the casualty and both were recovered to the lifeboat where they were reunited with their family on nearby Castle Beach.



As one of the village guides on the Walk & Talk tours, Mike Meakins always makes a point of including a visit to the Lifeboat Station. Mike is a big supporter of the RNLI and makes donations to the charity from the sale of his personally designed souvenir Doc Martin Map of the village that is produced by Ben Broadhurst of Concorde Copiers.

On hearing of the new Lifeboat Appeal Mike has made a much appreciated donation to the growing fund - a big thank you from the Crew and Committee and Happy Christmas to you Mike.



On the first day of Christmas,

The ocean gave to me;

A coil of long rope, Two filthy fishing hooks,

Three stinky lobster pots, Four special keys,

Five spoonfuls of bright clear potion,

Six yummy Cornish pasties,

Seven joyful Fishermen's Friends,

Eight golden bells,

Nine leaping salmon,

Ten people singing,

Eleven squawking seagulls,

Twelve shiny shells.

And I took them all to swim across the sea.

Chloe, age 7

On the first day of Christmas

The ocean gave to me;

A grumpy sailor from KFC, Two lumpy lobsters,

Three whining whales, Four shoddy sharks,

Five pufferfish puffing, Six seagulls spying scarily,

Seven bright boats bobbing,

Eight swell swimmers,

Nine birds biting bravely,

Ten fightful fishermen fishing,

Eleven silent swimmers swimming,

Twelve drinking bottles swaying,

And that's what I got given by the sea.

Jack, age 9

WEBSITES OF THE MONTH

How quickly it has come around – Christmas 2017. And to say it has become commercialised is a bit of an understatement. The sales used to start after Christmas, then gradually got earlier, and now with all the Black Friday and related days, it seems like there are permanent sales in progress. So, to ward off too much Bah Humbug, here are some festive websites that offer a bit of fun.

To start us off I thought the history of Christmas in Cornwall would be a good place. Down in Penzance they have revived one of the old festivals called Montol and this year you can



find details on Facebook <https://tinyurl.com/Montol2017>. This festival's name probably means either 'balance' or 'winter solstice' (details here <https://cornishculture.co.uk/festivals/montol>) and is traditionally celebrated on December 21st, the date of the Winter Solstice when the sun is at its lowest point and the days are at their shortest. Some of the activities that happen in the Montol festival go back a long way, some to medieval times; for example, The Guise dance, also known as Goosy dancing comes from disguising yourself, dancing and making mischief. William Bottrell in his book Traditions and Hearthside Stories of West Cornwall says:

"During the early part of the last century the costume of the guise dancers often consisted of such antique finery as would now raise envy in the heart of a collector. The chief glory of the men lay in their cocked hats which were surmounted with plumes and decked with streamers and ribbons. The girls were no less magnificently attired with steeple crowned hats, stiff bodied gowns, bag skirts or trains and ruffles hanging from their elbows."

And you can read more about these traditions on wikipedia - Montol Festival.

For our own village history, you can get a very nice CD of Port Isaac carols and music performed by local musicians available from the PISCES shop www.portisaacheritage.co.uk/publications/shop plus the website has lots about the local history with people's memories of traditions gone by.

More recent ways to enjoy Christmas online include some websites that follow Santa during the days leading up to Christmas. For example, Google have a Santa Tracker website (<https://santatracker.google.com/village.html>) that says you can explore, play and learn with Santa's elves, all December long. It is very interactive and has a sort of advent calendar feel about it. As when I was writing this it was still November, I wasn't able to sample any of the games, but when December 24th arrives you will be able to track Santa all night! Associated with this site is one for teachers, <https://santatracker.google.com/educators.html> which has a selection of lessons and educational games for kids. Both sites are well designed and easy to use.

There are also many activities going on in Cornwall during the festive season and the National Trust has a list of events taking place in their various settings, <https://tinyurl.com/NT-Cornwall-Xmas>

Another way is to think about what you will be cooking and there are many, many websites devoted to this. My choice is the BBC good food site, as it is well laid out and has some excellent advice (<https://www.bbcgoodfood.com/recipes/category/christmas-dinner>).

Finally Christmas is not the best of times for everyone and the increase in the number of food banks is a testimony to that and there is a very good site giving details of where they are available and how to volunteer to help www.foodandcornwall.org.uk/wgats-out-there/foodbanks-in-cornwall. And for Christmas specifically, Cornwall Council have a project where they collect food for Christmas Boxes and you can read about it <https://www.facebook.com/cornwallchristmasbox>

Tony Wainwright

On the first day of Christmas,
Port Isaac gave to me,
One harbour with boats in the sea,
Two crazy ships,
Three rotten boats,
Four courageous compasses to
balance on my path,
Five magnificent special waves,
Six massive fishermen,
Seven dizzy bits of fish,
Eight teeny beetles,
Nine terrified, furious buoys,
Ten boats fishing in the harbour,
Eleven buzzing dragonflies,
Twelve old boats.
And I took them to voyage across
the sea.

Caiya, age 8

On the first day of Christmas,
The ocean gave to me;
A big boat,
Two lobster pots,
Three short sailors sailing,
Four bright boaters boating,
Five handsome harbours glowing,
Six worked up wheels spinning,
Seven swift sails flapping,
Eight frightful fishermen fishing,
Nine large octupi squirting ink,
Ten rapid rowers rowing,
Eleven starfish slowing swimming,
Twelve enraged ropes snapping,
And I took them all to sail
across the sea.

Callum, age 10

On the first day of Christmas,
The ocean gave to me,
A large solid shiny ship,
Two birdies tweeting,
Three beautiful mackerel,
Four aggressive people,
Five glamorous seagulls,
Six tender children,
Seven angry babies,
Eight bored dogs,
Nine cold cows mooing,
Ten brave fishermen,
Eleven embarrassed swimmers,
Twelve zingy zips,
That's what I need to sail across
the sea.

Sigourney, age 9

Game on!



It's game time again and one of the easiest birds to cook is a pheasant, they are cheap and easy to find. I like to make a wet brine of 50g coarse sea salt and 30g of brown sugar to a litre of water. Just bring to a boil and simmer until all the ingredients are dissolved - you can flavour it with anything you have to hand. Once cooled immerse the pheasant in the brine and leave for at least 2/3 hours - I do it for 24 hours. This will draw out all the blood and grime from the bird and also help keep the bird moist.

Brining is also my top tip for Christmas make as much of the brine as needed to cover your Christmas Turkey and brine it for 24 hours, trust me once you have tried this you will never eat another dry Turkey again (unless you over cook it!).

POACHED AND ROASTED PHEASANT WITH SAVOY CABBAGE & ROAST PARSNIPS

Poached pheasant

2 pheasant crowns
2 ltr chicken stock



For the parsnip purée: Peel the parsnips and cook them in gently boiling chicken stock until tender, around 15-20 minutes. Remove them from the stock and blend 3 of the parsnips in a food processor. Add half of the cream and a little of the stock (reserving the rest for poaching) and blend until silky smooth. Season with salt, pepper and lemon and pass through a sieve. Place in a small pot, cover and set aside.

For the cabbage: Take the 4 outer leaves from the cabbage and blanch them in boiling salted water until tender. Then finely slice the rest of the cabbage to its core. Blanch the sliced cabbage until tender, around 4-5 minutes, strain and remove all the water by gently squeezing the cabbage.

Cook the shallot in a pan on a medium heat with a little butter and add the remaining cream with the thyme and garlic. Reduce slightly and add the sliced cabbage stirring to combine. Season to taste with salt and pepper and cool in the fridge.

Once cool, shape the sliced cabbage into 4 equal balls and wrap each one in the cabbage leaves, then wrap tightly in cling film to hold the shape.

For the pheasant: Preheat the oven to 180°C/gas mark 4. Bring the chicken stock to the boil in a pan. Once

Parsnips

5 parsnip
50 ml of double cream
1 lemon
1 knob of butter
salt and pepper

Savoy cabbage

1 savoy cabbage
1 shallot, finely sliced
1 pinch of fresh thyme
1 garlic clove, chopped
50ml double cream
1 knob of butter

boiling, remove the pan from the heat and place the pheasant crowns into the stock, cover and leave for 10 minutes.

Remove the pheasant from the pan and pat-dry. Heat a sauté pan and add a little oil. Season the pheasant with salt and pepper and place the crowns down in the sauté pan, colour the skin side until golden brown and place in the oven for a further 6-8 minutes.

Warm the cabbage balls in some boiling water for 4 minutes, then remove and cut off the cling film. Cut and then pan-fry the remaining parsnips in a little butter until golden brown. Remove the pheasant from the oven and leave to rest for 5 minutes on a tray covered with foil to retain the heat.

In the pan that the pheasant was roasted add a splash of sherry and on a high heat reduce by half. Add some of the chicken stock used for the poaching and reduce down by half to make a gravy, add a knob of butter and whisk in to add body, the quality of the stock will have a big influence on the quality of the gravy.

Re-heat the parsnip purée, cut the pheasant from the crown and place onto the plate, first the parsnip purée, a stuffed cabbage ball, half a parsnip and a breast of pheasant, dress the plate with the gravy. Serve with a nice bowl of creamy mashed potato.



So that's it for another year, Thanks for reading my little page and I hope that some of you have tried some of my recipes. On behalf of The St Kew Inn, I would like to thank you all for your support throughout this year. And finally Happy Christmas to you all. Mx





Adrian & Sandra Bresnan

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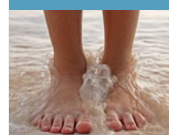
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940 677 or The Angry Anchovy on Facebook

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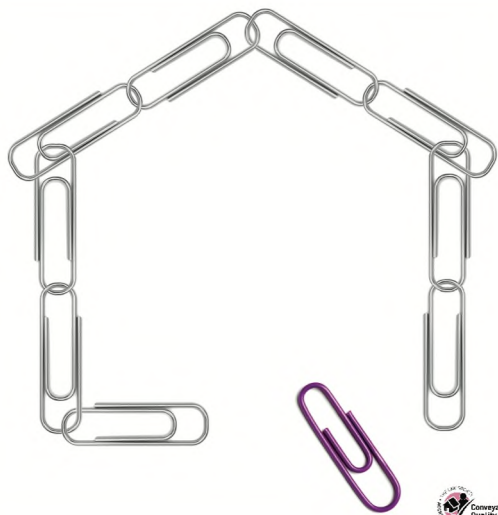
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Read your Trio and look on the Trio Diary page

Make sure your event is included here!

email info to trioni@mac.com or call 01208 880905

WHAT'S ON

Monday December 11th

Parish Council Meeting in Port Isaac School - 7pm

Wednesday December 13th

Friends of Port Isaac School Christmas Fayre in School - 3.30pm

Tuesday December 19th

Kerbside recycling collection - bags out by 7am

Sunday December 24th - Christmas Eve

Crib & Christingle Service in St Peter's Church - 3pm

Thursday December 31st

Community Carols at the Port Gaverne Hotel - 8pm

Sunday December 31st

Gig Push - 12noon from the RNLI Boathouse

Tuesday January 2nd

First rubbish collection after Christmas plus Kerbside recycling collection - bags out by 7am

Saturday January 6th

If Music be the Food of Love concert in St Endellion Church - 7pm

Monday January 8th

Parish Council Meeting in Port Isaac School - 7pm

Saturday January 13th

Dismantling of the village Christmas lights in Port Isaac Village Hall - 10am

Tuesday January 16th

Kerbside recycling collection - bags out by 7am

Monday January 22nd

Parish Council Meeting in Port Isaac School - 7pm

Saturday January 27th

Reflective Day in St Endellion Church - 10am-3pm

Tuesday January 30th

Kerbside recycling collection

Saturday March 10th

"Love is in the Air" - grand music night in Port Isaac Village Hall - our BIG Hospice fundraiser for 2018

Saturday March 17th

Reflective Day with Dr Rowan Williams in St Endellion Church - 10am-3pm

Tuesday April 3rd

Port Isaac Village Hall Easter Cash Prize Bingo - eyes down 7.30pm

Friday April 27th

The Incredible Balti Celtic Carpet Ride (theatre production) in Port Isaac Village Hall - 7.30pm

On the first day of Christmas

Port Isaac gave to me;
A big shining boat,
Two Cornish pasties,
Three handsome fishing rods,
Four valuable fish to eat,
Five precious seashells,
Six woolly jumpers,
Seven important Christmas puddings,
Eights singing mermaids,
Nine seagulls squawking,
Ten golden treasure chests,
Eleven Christmas crackers,
Twelve ancient Christmas decorations,
And I took them all to a Christmas tree.

Poppy, age 8

On the first day of Christmas

The ocean gave to me;
A shiny boat floating on the harbour,
Two precious treasure chests,
Three rainbow shells,
Four bags of dashing seaglass,
Five charming fish,
Six enormous lobster pots,
Seven energetic dolphins,
Eight fishy singers,
Nine mighty rocks,
Ten colossal palm trees,
Eleven hideous crabs,
Twelve shantying seagulls,
And I took them all to sail across the sea.

Emily, age 7

TRIO COPY DATES 2018

With the exception of February and December, Trio comes out on the first of every month. Copy dates are:

FEBRUARY	January 19th
MARCH	February 22nd
APRIL	March 25th
MAY	April 24th
JUNE	May 25th
JULY	June 24th
AUGUST	July 25th
SEPTEMBER	August 25th
OCTOBER	September 24th
NOVEMBER	October 25th
DECEMBER	November 30th

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the Village Hall.

Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2pm- 4.30pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Church Services

St Peter's Church, Port Isaac

First and Third Sundays in the month - Morning Worship at 9.30am and Second, Fourth and Fifth Sundays in the month - Holy Communion at 9.30am

St Endellion Church

Every Sunday at 11am

Trelights Methodist Church

Sunday Service at 6pm