

A seagull with white plumage and grey wings stands on a mossy stone wall. In the background, there are white buildings on a hillside. The word "trio" is written in a stylized, outlined font in the upper right. Yellow daffodils are scattered around the seagull, some in the foreground and some in the background.

trio

Photo: Sally Stratton

**The Port Isaac, Port Gaverne &
Trelights Newsletter**
March 2018 No:392 60p

March

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Local Guide Books & Maps
available at Secrets, Port Isaac

Trio is issued eleven times a year and is
available in Secrets and the Co-op,
Port Isaac, or by post - £21 a year in the UK

To subscribe please send a cheque,
made payable to Trio, Calenia, 3 Trewetha
Lane, Port Isaac, Cornwall PL29 3RN

To advertise in Trio telephone
01208 880905

Published by Sam & Dee Littlechild
Tel: 01208 880905
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The publisher does not necessarily hold
the same views as those expressed by
contributors and reserves the right to
refuse or alter material supplied.

Saturday March 10th 7.30pm
Port Isaac Village Hall (doors open 7pm)

Love is in the Air

party night

An **EXTRAVAGANZA** of
MUSIC and LAUGHTER

Local talent at its
very best ... featuring

Rachel
Special
Surprise
Guests

Strange
Brood
(from Tintagel)

Gulls

The
Panto
Boyz
& Girlz

Paul
Johnson &
Johnny Mc
The
Little Chicks

TICKETS £12 each
available from
The Pottery or Secrets
or call 01208 880905

BAR

everything for

Cornwall Hospice Care
 Caring for our community
 Mount Edgcombe Hospice St. Julia's Hospice
 Registered Charity No. 1113140

PORT GAVERNE BEACH CLEAN

Friday 2nd March

11am – 1pm

Help clean up the beach at Port
Gaverne (just north of Port Isaac) as
part of the Great British Spring Clean.

All equipment provided. Wear
suitable clothing for the weather.

For more info please phone
01208 863821 or email



Things Village Hall ...

PORT ISAAC VILLAGE HALL EASTER TUESDAY

APRIL 3rd

CASH PRIZE BINGO

Eyes Down 7.30pm doors open 7pm

"Together we can make great things happen in your community"

Please continue to use your Co-op card and support either the Stay & Playgroup or the Village Hall. Remember that 1% of your spend will go to your choice (as well as 5% for you). But please remember that you have to re-register your card for the charity of your choice and you can do this online or instore. Mel, our community pioneer, is on hand to help anyone or give assistance if you haven't got a card.

And don't forget - the used book shelf in the Co-op supports the Hall and the Playgroup. If you have any books to donate just take them up to the Co-op and put them on the book shelves - they are near the cash point.

Become a member today
for £1 and earn



every time you choose
Co-op branded products
and services.



Roll up! Roll up! Step right this way...

The date is 11th September 1967 and The Beatles' Magical Mystery Tour pulls into the Cornish seaside town of Newquay. Long-term fan of the band and new Balti House owner, Sandeep Chaudary, finds himself intricately caught up with their visit.

Events not only lead to him meeting John, Paul, George and Ringo, but Sandeep and his friends and family take their very own surreal tour across the world on the incredible Balti-Celtic carpet ride.



The ride is life-changing for everyone, showing how the past has affected both the territories of Cornwall and India. In this wildly imaginative new play, Alan M Kent - prize-winning playwright of *The Tin Violin*, *Surfing Tommies* and *National Minority* - takes audiences on an extraordinary journey through time and space. Here post-colonialism meets pop - all helped along with a mischievous dusting of (L)ucy in the (S)ky with (D)iamonds and a generous helping of hot and spicy Balti-style Vindaloo ...

You can see the play in Port Isaac Village Hall on Friday April 27th at 7.30pm. Tickets will be available soon from *Secrets*, reservations on 01208 880862/880905.

"I have only praise for Alan M Kent's writing. He has an amazing ability to use Cornish history deep-rooted within the character and their lives and then combine it with the sort of comedy that has you roaring with laughter."

Cornwall Today

Port Isaac Village Hall AGM

Tuesday April 17th, 5.30pm in the Hall everybody welcome

PORT ISAAC VILLAGE HALL HIRE

NON-PROFIT MAKING PARISH CLUBS,
ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc,
FUNDRAISING EVENTS, CHILDREN'S PARTIES
(age 10 and under) - £5 per hour - £50 for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £10
per hour - £125 for 24hrs

For full details or to make a booking contact Dee on
01208 880905 or email her dee54@mac.com

Your Hall for YOU to Use

POST OFFICE[®] news

It's a known fact that you can wait for ages for a bus and then two come at once. Well, it seems that this phenomenon is the same with post offices; you go for ages without one and then have access to two at once!

The St Minver Post Office, has now reopened across the road from where it was and is now in the Perceval Institute. MP Scott Mann did the official honours on Saturday February 17th and Maureen is now open for business as usual.

However, added to this, it seems we are now going to have a mobile post office coming to Port Isaac. As well as our village, the service will be travelling to Rock, South Petherwin, St Issey, St Merryn, St Kew Highway and Tintagel. The proposed arrangements for here are Wednesdays from 12.30pm-1.30pm in The Main (new) Car Park overflow section. However, these arrangements are still in the public consultation stage until March 28th so if you have any comments to make or any feedback on the service go to postofficeviews.co.uk or email comments@postoffice.co.uk or call 03452 660115



Scott Mann MP officially opens the new St Minver post office

The Chris Treglown Foundation Award 2018



to help young people pursuing a musical career

A very special award for passionate young singers and performers aged between 16-26 years who are from Cornwall and are studying either in or out of the county

£1000 award to the successful candidate

Auditions will take place on Sunday May 6th at the John Betjeman Centre, Wadebridge

APPLICATIONS TO BE RECEIVED BY NO LATER THAN APRIL 27th

For more info and to apply visit the website www.christreglown.co.uk

or contact Julia Treglown on 07815 987172 or juliatreglown@hotmail.com

or The Chris Treglown Foundation Fund Facebook page

The CHRIS TREGLOWN Foundation Fund



Fantasy Football

LEAGUE TABLE 2017/18

LW	POS	TEAM	MANAGER	POINTS
1	1	BADA BING!	Paul Honey	11165
3	2	TAKE US TO THE CHAPEL	Chris Lanyon	1140
2	3	LIDDSPURS	Peter Liddicoat	1109
4	4	WESTCOTT FC	John Yates	1104
5	5	FOXHOLE ALLSTARS	Bryan Nicholls	1090
8	6	FLYING FOREST	Kevin & Emma Honey	1061
6	7	ROONEY'S RETURN	Margaret Honey	1036
7	8	DYNAMO FUCHTHEREST	Andrew Grills	1033
10	9	THE KOLASINAC TANK	Danny Treacy	1030
9	10	AFC BONEMOUTH	Tim Witherden	1024
11	11	PACOS BOYS	Kevin Grills	1021
15	12	WENGER OUT FC	Jake Treacy	969
13	13	SAINTS LOVER	Harry Hambly	962
12	14	FC LOYALTY EXPECTED	Richard Hambly	958
14	15	HONEYBABES	Jean Herring	935
17	16	IF YOU WANT A GUARANTEE, BUY A TOASTER!	Chris Witherden	919
18	17	GRANDKIDS ELEVEN	Cheryl Webster	892
16	18	BORDERLINE	Andy Penny	889
19	19	ABOUT TIME I WON	Dan Grills	867
20	20	MAYBEES	Tom Bishop	723
22	21	MUDGUTS MARAUDERS	Ann Cleave	690
21	22	MOTS FLYERS	Tom Cleave	626

up to February 19th 2018

Missing Postcards

The person who borrowed my 18th century postcards of Port Gaverne has still not returned them. When or if that person does return them I will let *Trio* know.

Olive Strout

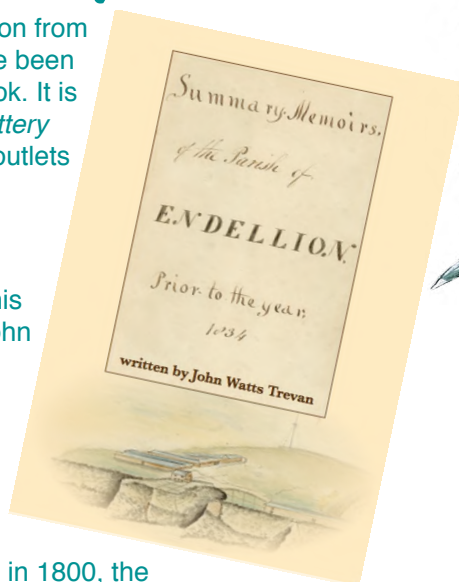
The Trevan Book

Thanks to a generous donation from the *Doc Martin Fund* we have been able to reprint the Trevan book. It is now on sale again in *The Pottery* and *Secrets* and other local outlets as well as via our website www.portisaacheritage.co.uk priced £10.

For those who don't know, this book was hand-written by John Watts Trevan in 1834. It describes in great detail the parish of Endellion and its people in the years immediately prior to the Victorian era.

John Watts Trevan was born in 1800, the second child (of ten) to John Archer Trevan and Ann Trevan (nee Watts), and he died in 1857. Not a lot is known about him. His father was the local Customs collector. The Port Isaac family home was White House Cottage on Roscarrock Hill; having an uninterrupted view of the comings and goings in the harbour, it would be just the place for the local Customs official. Trevan House in Dolphin Street, was subsequently the home of John's brother Frederick, the village doctor. At the time the book was written, Frederick was living in the adjacent property, now called Vesta Cottage, which has an old plaque 'A Trevan 1812' above the door.

The original manuscript consists of 328 small pages each 105mm by 170mm with delightful watercolour illustrations. The Port Isaac



Local History Group purchased the book in 1999, and it was deposited on permanent loan at the County Records Office, Truro the following year, so this unique original document will be available for future generations (CRO reference X1126). And the rest, as they say, is history ...

The official launch of the reprinted book will take place in the springtime and our plan is to involve the local school children, members of the Golden Circle and the whole village in our events.

One of the things we would like to do is compile our own record of the Parish in 2018 and you will have the chance to include your family in this document.

Look out in next month's *Trio* for all the details.

Our next meeting is in St Peter's Church at 4pm on Tuesday March 13th - you would be made very welcome if you want to come and join us. There is usually cake involved!

We need your help!

Friends of PISCES
"everybody has a story to tell about their life"

PISCES aims to keep those stories and memories of Port Isaac alive before the history is lost and gone forever

PISCES (Port Isaac Shared Community Exhibition Space) began in 2010 following on from the successful local history group. This new enthusiastic bunch of volunteers felt that it was important to collect, record and exhibit the history of Port Isaac and district and preserve it for future generations. And this is what they have been doing for the past eight years. St Peter's Church, Port Isaac provides the beautiful, peaceful setting for our exhibitions.

But, as with everything, we need to raise money each year to cover our overheads which include rent to St Peter's Church and insurance and putting on our exhibitions. We have produced our two award-winning cookery books which provide us with an income and we hold fundraising events, but there is always a shortfall. And this is where we need your help. You might not have time available but you could become a 'Friend of PISCES'. The cost is £25 for a year's support. You can pay by standing order or cheque - you can even cross our palms with silver! PISCES is run entirely by unpaid volunteers so any support would be lovely. To find out more get a leaflet from *The Pottery* or *Secrets* or email info@portisaacheritage.co.uk and we will send all the details to you.



www.portisaacheritage.co.uk





Vera Moorhouse

formerly of
Treselda, 14 Tintagel Terrace,
will be 100 years old
on Saturday March 10th
and her family would like to extend
an invitation to all her old friend in
Port Isaac to come along to her
birthday celebrations

We are having a buffet lunch
at the Pickwick Inn at St Issey
on March 10th
from 12 noon until 3pm

Please join us,
it would make her day
Contact 01841 540917
for more details

I never knew that!

A cob of corn always has an even
number of rows.

Thanks

The family of the late Roger Richards would like to express their sincere thanks to everyone who sent cards and messages of sympathy and to everyone who attended the funeral service and gave donations for the Anthony Nolan Trust and The Brain Tumour charity.

A very special thanks to Reverend Elizabeth Wild and Andrew Lewis for a lovely service and to Glenton Brown for the bible reading and to the organist Sandy Hancock.

Thank you to the chosen bearers, Chris Barriball, Stephen Barriball, Daniel Brewer, Tom Warne, Ted Rowe and Graham May.

Roger's bell ringer friends rang at the funeral and a special thanks to them.

Also, a massive thank you to Mark, Jo and Shirley Symons and the staff at Trevathan Farm for the fantastic refreshments.

Finally, thanks to RJ Bray & Son Funeral Directors.

STORM AND PEACE – PORT ISAAC

I am looking out of the window of the top bedroom
In the early evening.

I see the storm clouds menacingly black over the
Dark becoming sea.

I can hear the faint chugging of an engine fighting against the waves.

A fishing boat is struggling back into the safety of the harbour
Before the tumultuous rain sets in.

The gulls are wheeling back and forth over the rocking craft--
Crying out -- Dipping and diving in unison.

Suddenly thunder shatters the air and ricochets around the looming cliffs.

The heavy salt laden rain lashes the window and I can hardly see
The white spume from the dark green churning waves rising up around
the rocks

And collapsing again, giving a short respite until the next explosion.

Far out to sea white crests appear on the boiling surface
And the horizon almost merges with the angry sky.

In time the storm will subside and I will feel
The wonderful comfort again when I go downstairs
To join my wife

In our warm living room lit by the light of the fire
With the flames from logs dancing in the hearth.

Chris Feldman

Quiz Night

Carol Hambly has got a charity place with Multiple Sclerosis in the London Marathon this year! To raise funds for the charity she is holding a quiz night at the Chapel Cafe on Friday March 23rd at 7pm. The cost is £15 per head, teams of 4, with £100 prize for the winning team. Food will be included in the ticket price: nibbles, fish finger sandwiches & cream teas.

Plus there will be a raffle and the chance to win a bottle of champagne (heads or tails game).

Get your team together and book your place at the Cafe or call 01208 881300.

MS Society



PISCES two award-nominated
cookery books, priced £10 a copy-
Available from the Pottery, Secrets
and other local outlets

Preparing for Easter

Many people, including those who attend church, sometimes regard Lent as a rather dreary and depressing time, but that wasn't the intention. The keeping of Lent was always meant to be characterised by simplicity, self-discipline and joyful expectation, for the whole purpose of Lent is to prepare for the glorious celebration of Easter. So it's helpful to give up something during this time, as many people still do, and especially if it makes us more thankful for the many good things in our lives.



Lent always coincides with Spring, even when the weather isn't Spring like! So as well as perhaps giving up something you enjoy, why not a few moments to look around you, to pause to marvel at God's creation, and let that sense of wonder lead you into praise of the God who created it.

Judith Pollinger

Religious poetry when the Church is in ruins:

Henry Vaughan and the Seventeenth Century Crisis in the Church, led by Dr Rowan Williams

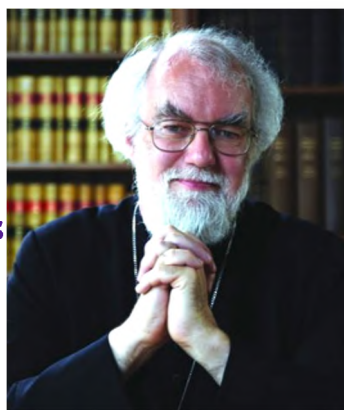
Saturday March 17th, 10am-3pm,
St Endellion Church

We are delighted that Rowan Williams, Master of Magdalene College Cambridge, former Archbishop of Canterbury, and a poet himself, will present our March Reflective Day at St Endellion. Henry Vaughan, (1621 -1695) was a Welsh metaphysical poet, author, translator and physician, chiefly known for the religious poetry contained in *Silex Scintillans*.

The day will begin with coffee in the Church Hall followed by the first session starting at 10.30am in the Church. Bring a picnic lunch.

Cost £12.00. Book with Judith Pollinger
01208880181 or 07736173519 or
www.endelienta.org.uk

NB: Please note that this day is expected to attract a large number of participants. If you are able to car-share in your travel arrangements, it would greatly ease the pressure on our available car parking spaces.



Taizé Services at St Endellion Church

Singing simple Taizé chants by candlelight, with silence, prayers and listening to readings, make for a peaceful ending to a Sunday. So, before the next busy week starts, why not come along to the next monthly service which will be held in St Endellion Church at 6pm on

Sunday March 18th and will last about 40 minutes. If you've not experienced one before, why not come along, you will receive a warm welcome.



taizé

Church Diary Dates

Sunday March 4th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday March 11th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday March 18th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church
6pm: Taizé Service, St Endellion Church

Thursday March 22nd

7.30pm: Moither's Union meeting,
St Endellion Church Hall

Palm Sunday March 25th

9.30am: Morning Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Maundy Thursday March 28th

7pm: Holy Communion with
Footwashing and Vigil,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Good Friday March 30th

12noon-3pm: Service of Three
Hours, St Endellion Church

Easter Sunday April 1st

11am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church
4.30pm: Festival Evensong and
Installation of Prebends,
St Endellion Church

Port Isaac Who's Who in the North Cornwall Cluster of Churches

Priest in Charge: Rev'd Dr Elizabeth Wild -
07758 407661

Clergy: Rev'd Canon Judith Pollinger -
01208 880181

& Rev'd Andrew Lewis - 01840 211161
St Peter's Churchwarden: Marion Larkin -
01208 880492

Administrator - Baptisms, Weddings & Funerals:
Elizabeth Williams - 01208 886778
Administrator - General Enquiries &
Communications: Gavin Tyler -
gavin@northcornwallclusterofchurches.org.uk

ST PETER'S CHURCH

St Peter's, our simple seaside church, is open to everyone, every day until about 4pm. We have a service every Sunday morning at 9.30am to which you will be warmly welcomed. You will also find our Church is a lovely quiet place to just sit and reflect and be peaceful.

The Church is also home to PISCES
(Port Isaac Shared Community
Exhibition Space)

Endelienta

Fostering the Arts and Spirituality in North Cornwall

Concerts at St Endellion



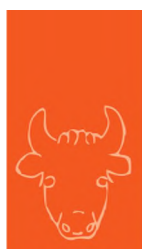
Saturday 16th March
7.30pm

Juan Martin

The supreme artist of the flamenco guitar in a concert of melodic beauty and rhythmic passion. Voted one of the top three guitarists in the world.

Tickets £15/£10 (accompanied under 16s free).

Book tickets online at www.endelienta.org.uk
by e mail: tickets@endelienta.org.uk by phone 07787 944935; or from the Wadebridge Bookshop.



Endelienta

Call for volunteers

The North Cornwall Book Festival and its parent organisation Endelienta are run almost entirely by volunteers. We are looking for new people to join our friendly, welcoming team of organisers. If you would like to play a key role in helping to run our vibrant arts programme and hugely successful book festival, we would love to hear from you. We are particularly looking for help in the following areas: IT & website management; box office; publicity; operations & site logistics; general administration. To know more, without any obligation, please contact on operations@ncornbookfest.org or

Regular Endelienta events

For Endelienta Poetry Group, Book Club and family Make Club, please go to our website

www.endelienta.org.uk



Saturday 31st March to Sunday 8th April

St Endellion Easter Festival

St ENDELLION festivals

A feast of choral and orchestral music, featuring Handel's Messiah, Beethoven's 3rd Eroica) Symphony, and music by Bach, Brahms, Britten, Butterworth, Chopin, Finzi, Holst, Ireland, MacMillan, Mozart, Mendelssohn, and Tchaikovsky. Tickets £5 - £25. For booking details visit www.endellionfestivals.org.uk.

5 Day 'Freedom in Painting' Course with Ashley Hanson, 14 - 18 May

Another exciting opportunity to work with Newlyn Society artist Ashley Hanson in Port Isaac.

The 5 day 'Freedom in Painting' course will include one day on location in and around Port Isaac and Trebarwith Strand – drawing and making studies. The studio base for the next four days is the Port Isaac Village Hall, where Ashley will help artists find their own personal interpretation of the coastal landscape.



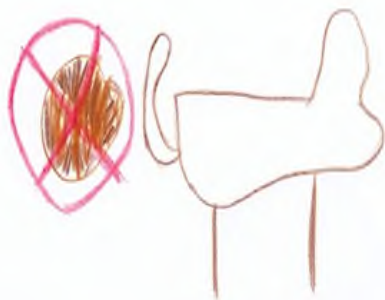
Ashley is a renowned colourist and landscape artist and has been selected for the Royal Academy Summer Exhibition, The Discerning Eye and the National Open Art Competition and has shown extensively throughout the UK. **The cost of the course is £420, however if you book before 31 March there is a 'locals' discount of £30 .**

Ashley Hanson has also teamed up with Great Art, offering the chance to win a place on the course and £150 worth of free materials. To enter go to www.greatart.co.uk and go to 'Free Prize Draw', entries close midnight 12 March.

To book or for more information see www.ashleyhanson.co.uk or email



No dog poo



Dominic, age 5

I never knew that!

If every muscle in your body could simultaneously pull in one direction, you could lift 25 tons.



FUNDRAISING APPEAL IS BOOSTED BY SUPPORT FROM MID HERTS DIVERS

Mid Herts Divers (MHD) hosted a fish and chip night in January, raising £100 for the RNLI. The money was presented to the RNLI's Welwyn Garden City branch who generously directed it to Port Isaac RNLI to support its fundraising for a new lifeboat.

The RNLI Welwyn Garden City Branch is a small group of fundraising volunteers who raise between £7,000 to £10,000 every year, with every penny going to the RNLI and to Port Isaac to support their activities for equipment or crew training.

Port Isaac launched its appeal for £52,000 to fund a new D Class Lifeboat in November 2017. A D class inshore lifeboat has served Port Isaac since 1967 but the present one, the *Copeland Bell*, has reached the end of its operational life and needs to be replaced. The new lifeboat will be of the very latest design and will be faster, fitted out with high-tech navigation equipment and an updated first aid kit. The appeal aims to raise the total amount needed to provide the lifeboat, its engine and all relevant equipment to help save lives at sea.

Bob Bulgin, Port Isaac RNLI Chairman says: "Thank you so much to the Mid Herts Divers for their donation, we're so pleased they got to enjoy a fish supper at the same time as contributing to our appeal for a new D Class lifeboat."



Port Isaac RNLI

ALL WELCOME 2018

Annual General Meeting

Thursday April 5th

Port Isaac Village Hall - 7pm

Bar and Refreshments by invitation of Sharp's Brewery and the Port Isaac RNLI committee

Annual Report • Annual Accounts • Election of Officers
Overview of 2017 Port Isaac Lifeboat activities

followed by

TEAMWORK and LEADERSHIP in HOSTILE ENVIRONMENTS

presented by

Colin Richardson MBE



"SHOUT"

Sunday 18 February 2018: Port Isaac RNLI were paged at 12.43am to reports of a fisherman in the water to the eastern side of Castle Beach at Tintagel.

The casualty had been reported by members of the group he was fishing with. The inshore lifeboat launched at 12.55am and, with sea and weather conditions being fair, arrived on scene at 1.11am along with Maritime & Coastguard Agency Rescue Helicopter 924. By this time the casualty had been in the water for approximately 40 minutes. The lifeboat and helicopter both began a search of the area with the helicopter using its searchlight. On the first sweep of the search pattern, volunteer lifeboat crew member Mark Grills spotted the casualty in the water about 80 feet from the base of the cliff. The casualty was brought on board the boat and the volunteer crew administered first aid. The decision was quickly taken to transfer to Rescue 924 which airlifted the casualty to hospital. Owing to poor weather conditions at Newquay, they made their way to Derriford hospital. Sadly the casualty was pronounced dead on arrival. Our thoughts are with their family and friends at this time.

We would like to thank all involved in this multi-agency effort: Boscastle Coastguard, Polzeath Coastguard, Rescue 924 and Padstow Lifeboat who began making their way to support, but were stood down as they arrived just off Port Isaac.

CREW TRAINING

Training Officer Damien Bolton reports that two members of the crew have been to RNLI HQ Poole carrying out a command course for the helmsman sign off. Kevin Dingle, who used to be our station senior helm, has re-joined the crew after a break and has been completing the RNLI requirements to be bought back up to helm classification. He was at Poole with Ian Johnson who has been on the crew for some time and is now nearing the end of his training to become a helmsman on station.

"We can't wait to have them both actively promoted to station helms, a position they are both very capable and experienced to do" said Damien Bolton.



PORT ISAAC RNLI

will be holding a

COFFEE & CAKE MORNING

GRAND CLEARANCE SALE

OF LAST SEASON'S PORT ISAAC RNLI CLOTHING STOCK AT 75 % REDUCTION

PORT ISAAC LIFEBOAT STATION

SUNDAY APRIL 1st, 11am

ALL PROCEEDS TO THE NEW LIFEBOAT APPEAL

Radio 2 500 words

SCHOOLCHAT



news & views from Port Isaac School



Once again the children are writing stories for this competition, some in school and some independently at home. The closing date is near the end of February so once the judging is complete we will hopefully have news of how they have fared.

Clip N Climb

The whole school recently went over to the Clip N Climb facility at Cornwall Services. Everyone had a great time tackling the different climbing walls and trying out the Leap of Faith if they managed to reach the top of three different walls.



We had two sessions, one for each class and board games were provided as well for our enjoyment.

Everyone agreed that it was one of the best trips we've been able to do and are hoping that it can be arranged again at a future date.

Valentine's Disco

The annual Valentine Disco took place on the last day before half term. The children wore red, pink or white for the event and they helped to decorate the hall beforehand. Our year 6 children also organised some games with a Valentine theme.



We are pleased to announce that Port Isaac School has organised another clothes & shoe collection with Bag2School in order to raise funds for Friends of the School.

Bag2School will collect from
Port Isaac School on
Thursday 22nd March 2018.

Please bring your bag (or bags!) to school before that date and help us have a really good collection.

WHAT WE COLLECT

We accept the following 'good quality' items for RE-USE:

- Men's, Ladies and Children's clothing
- Paired shoes (tied together or elastic band around)
- Handbags
- Hats
- Bags

WHAT WE DO NOT ACCEPT

- Scarves and ties
- Jewellery
- Urgente
- Secks
- Bells
- Self toys
- Household linen
- Curtains
- Towels

- Bedding (bed sheets, pillow cases and duvet covers)
- Duvets and blankets
- Pillows and cushions
- Carpets, rugs and mats (including bath, shower and toilet mats)

- Soiled, painted, ripped or wet clothing
- School uniforms with and without logo
- Corporate clothing and workwear
- Textile off cuts, yarns or threaded material

EASTER PRIZE BINGO!

Wednesday 21st March
At Poldark Inn,
Delabole.

*Lots of amazing prizes
to be won by all the
family.*

All Welcome

Doors open at 6.30

Eyes down at 7.30

Scott Mann's update from Parliament



Readers will no doubt be aware of the growing efforts to clamp down on plastic and tackle the awful waste that washes up on our beaches. Many campaigns are now running across the country to reduce plastic consumption, and I'm very proud that Cornwall is playing such an important part in doing this. In particular, the people of Bude are working very hard to reduce plastic usage, and I was delighted to attend the recent launch of the Greener Bude campaign.

The campaign is made up of local people and organisations, including the *Bude Cleaner Seas Project* and the *Refill Bude* initiative, to highlight the damage being done to our environment by plastic waste and other pollutants and to encourage local people to use more environmentally friendly products. Just recently we saw the Prime Minister recognising the hard work of the *Bude Cleaner Seas Project* in tackling plastic waste and we also saw government cabinet ministers walking along Downing Street with their *Refill Bude* 'ecoffee cups'.

It was also in Parliament last week that I signed up to the *Sky Ocean Rescue* campaign which is raising awareness of the global impact of plastic in our oceans, and the *Surfers Against Sewage* group have also asked Parliament to become plastic-free to help illustrate how institutions can embrace environmentally friendly alternatives.

Much of the plastic that washes up on our shores is not necessarily caused by us, but as a country which is partially responsible for the huge demand in plastic consumption and one which is able to develop better alternatives, we should lead by example and show the world how to reduce plastic and embrace other materials.

An example is the 5p charge on plastic bags which has seen a huge decline in use, and last year the Government also launched its *National Litter Strategy* to determine what the challenges are and how we can implement policies to tackle them. This includes the possibility of introducing bottle deposit return schemes, where customers are rewarded with shopping vouchers when they return plastic bottles to their local store. This system has been running in Norway for over 30 years and achieves a 98% recycle rate. Not only does the system ensure higher recycling rates and lower waste, but it also provides an economic boost to local shops because customers are incentivised to collect bottles.

Earlier this year I was asked to chair the All Party Parliamentary Group for Dairy. We have two campaigns for the coming year: First, to get supermarkets to include milk in their meal deal offers, and second, to re-brand milk with better packaging design. We will be working with colleges and universities and running a competition which will be judged in the Autumn. The dairy sector is a vital part of our rural economy and I will do all I can to promote it.

I was also very pleased to see that the South West is the second-fastest growing regional economy in the UK, with 4% growth in the last year. Tourism has seen a boost over the last twelve months, but new jobs growth in the tech sector have added to our strong performance in areas like North Cornwall.

Merlin MS Centre's Day Respite Service

The Merlin MS Centre, located on the A390 between St Austell and Truro, has provided a Day Respite Service since 2014. However, a recent and very generous donation by local property developer, Mr Denis Angille, has allowed the service to be extended to three days a week.

The service, which aims to prevent isolation and loneliness for people in Cornwall living with long-term neurological conditions, will now be run every Monday, Wednesday and Friday and will provide activities, workshops, social interaction and access to health and wellbeing as well as exercise therapy.

The Day Respite Service is run by a team of experienced staff. Assessments are carried out prior to new service users starting to ensure all personal needs are met.

Ali Lochrie, Respite Manager, said: "We are delighted to be able to offer this service on an additional day. Carers, who are often a family member or a spouse, will have the chance to get a break from their caring duties knowing their loved one is in a stimulating and safe environment."

The Centre also offers a transport service which means those who live in rural isolated areas and can't access public transport can still use the facilities available at the Centre.

There are currently spaces available on all three days. If you would like to know more, please contact Ali on 01726 885530 or ali@merlincentre.org.uk

The Merlin MS Centre's charitable aim is to provide subsidised therapy for people who are affected by Multiple Sclerosis (MS), however, anyone living with a neurological condition who feels they can benefit from the therapies and support offered is welcome. The purpose-built facilities provide; clinical therapies such as physiotherapy, occupational therapy, sensory integration, exercise classes and podiatry, a range of health and wellbeing therapies as well as respite, counselling and outreach services. The Centre also offers a transport service covering most of the County.

For more information on the services provided please phone 01726 885530 or email hello@merlincentre.org.uk

www.scottmann.org.uk

I never knew that!

Chewing gum keeps you more alert. If you're suffering with a mid afternoon slump, try chewing a piece of gum to kick the brain fog.

Tea & Toast



For all
parents,
carers & the
community.

8.45-11am

Wednesday Mornings

St Kew Parish Hall



Knitting for others: novices and masters of knitting are invited to join us in making baby beanie hats for premature baby units and squares for blankets to give to those in need.

I never knew that!

The human body produces enough heat in only thirty minutes to boil half a gallon of water.

Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon

Our activities for the next few months are ...

March 6th - Mother's Day Cards

March 13th - Hand & Foot Prints

March 20th - Swimming at Chapel Amble

March 27th - Card Egg Colouring

April 3rd - Easter Bonnets

April 10th - Music Day

April 17th - Biscuit Making

April 24th - Outing to Springfields

If you want to know more contact either Bonnie on 01208 880946 or Cherry on 07900 527610

websites of the month

A few columns back (September 2017) I wrote about what the web can tell us about Cornwall's industrial past and one of the places with a very nice site is Luxulyan Valley, that has a great industrial story and is also a lovely place to walk. Some good news has come through that their bid for funding from the Heritage Lottery fund has been successful, and providing their plans are approved could see over £3million being made available for repairs and restoration.

That column was mainly about archaeology and mentioned its mining heritage, and this month I thought we look further at the geology of Cornwall as mining has seen something of a renaissance.

A really good start for looking at mining and minerals in Cornwall is the World Heritage website www.cornish-mining.org.uk. This gives an excellent overview of the history and what is available locally to visit. It includes a detailed and comprehensive downloadable map of the mining trails that.

Historically tin and copper have been the key metals that put Cornwall mining on the map but in addition to these there are many other metals and minerals. Here in St Endellion there was one particular metal that was mined in the 19th Century - Antimony - also called a 'metalloid' being a bit like both a metal and non-metal - with the symbol Sb in the Periodic Table www.ptable.com. The Periodic Table is a story all of its own and describes all the elements and how they are all related - one of nature's remarkable patterns.

One of our local antimony mines was at Port Quin and you can read about the mine in a download from a very impressive database of mines called Aditnow www.aditnow.co.uk. This is from The Journal of the Mineralogical Society in a paper by Sir Arthur Russell in 1944 (<https://tinyurl.com/port-quin-mine>) which says:

"This small and long-forgotten antimony mine is situated in a field 750 yards south of Port Quin village about midway between the road and the stream (six-inch Ordnance map, Cornwall 19 NW., on which, however, it is not marked)."

"The only information which I have been able to glean respecting this mine was obtained during my first visit to the spot in 1907. An old resident of Port Quin named John Hawke, then eighty years of age, informed me that it was worked by one Francis Kate about the year 1857 and that the lode had a north-east direction and was about 2 feet wide traversing slate."

Antimony today is a very important mineral (used in microelectronics and fire retardants) and for some time China has been by far the biggest producer and so security of supply has become a concern. The Camborne School of Mines <http://emps.exeter.ac.uk/csm> published an article on the Wadebridge-Port Isaac antimony deposits and their potential importance as recently as 2016 (Knight and others, Applied Earth Science). In the past Antimony was used as a medicine (not advised now!) and also for hardening alloys - there is more information on Antimony's history and other geological information at the various mining museums and exhibitions - one of the best is for the Geevor Mine in Penzance, www.geevor.com which includes a lot of educational material that is well laid out.

Some of the other websites that you might find useful to get started in this hobby include the British Geological Survey Cornwall page www.bgs.ac.uk/discoveringGeology/geologyOfBritain/holidayguides/cornwall.htm and a Mineral Database www.mindat.org/newslist.php that you can use to identify your finds (that's how I identified the piece of Mica Schist in the photograph to the right - hope I got it right!)



While not exactly a mineral, we have an abundance of slate around us, also a major industry and we have the huge Delabole quarry nearby where you can go on organised tours. Incidentally the Geological Society 'Rock Cycle' site <https://tinyurl.com/GS-Rock-Cycle> includes the Delabole Quarry and also some details of beautifully preserved fossils that you might find in slate.

If you are interested in geology in Cornwall, the place to go is the Royal Geological Society of Cornwall <http://geologycornwall788.bravesites.com> that was founded over 200 years ago on 11th February 1814. This hosts field visits, lectures and membership is £15 per year according to their website.

Tony Wainwright

Planning Applications

The following applications were received and Members made the following responses to Cornwall Council:

1. **PA17/09950**, 36 New Road, Port Isaac – replace existing dormer bungalow with a detached four-bed dwelling. The balcony had been reduced in size on the new plans. Photographs show how close the balcony is to neighbouring properties. For these reasons, Members objected on the grounds of over development of the site; and the overlooking and privacy issues for both neighbouring properties.
2. **PA17/10231**, 30 New Road, Port Isaac – hip to gable loft conversion with front and rear dormers, reconstruction of side lean-to and installation of ground floor terrace. Members objected on the grounds of overlooking and privacy issues for neighbouring properties; together with the scale and style, which are out of keeping with the area. Members wished to remind the case officer of the previous committee decision regarding Doctor's Meadow, which members of the planning committee agreed with us could be valued as a character area, typified by hip-roofed, villa 1920s/30s buildings. The current proposal doesn't conserve or enhance the conservation area.
3. **PA17/11992**, Merrywood, Road from Chapel Villa to Rose Cottage, Trelights – reserved matters application for the construction of two dwellings. (Details following application no **PA17/03682** dated 14/06/17.) Members objected on the grounds the design has no local reference to, and the scale and size is inappropriate for, the AONB – the street setting being predominantly bungalows. There are two accesses to the site, but none to Merrywood, which Members queried. Members felt this is over development of the site and there are issues with access and parking provision. The proposal does not address local demand, and as such does not comply with our emerging NDP guidance for infill in Trelights.
4. **PA17/12099**, Creighton Cottage, 64 Fore Street, Port Isaac – Listed Building Consent for works and repairs to roof and repaint external walls. Members supported the application provided second hand Delabole rag slate is used.
5. **PA18/00009/PREAPP**, 32 New Road, Port Isaac – LBC pre-application advice for refurbishment of existing extension, incorporating rendered external wall insulation and roof repairs. Existing fenestration to remain, but new slate eaves to be formed. Existing profile of parapet walls to be retained with new insulation and white render over (SPS Envirowall solution). Lead flashing details at roof junctions and new airbricks planned to exterior walls. Members supported the application.
6. **PA18/00054**, The White House, 3 Roscarrock Hill, Port Isaac – the proposal is to renovate the existing dwelling, including new roof over main house and kitchen. Internal alterations. Cllr. Penny left the meeting during this item. Members objected on the grounds they do not wish to see the gable end removed. Members would like to see any replacement roof being made with Delabole rag slate to conform with the conservation area. Any refurbishment should be as per the existing building.
7. **PA18/00172**, Rest Haven, Trelights – proposed loft conversion to create a bedroom and en-suite. (Revised design following PA16/11580.) Members supported the application.
8. **PA18/00399**, Former Football Field at Homer Park, Port Isaac – variation on condition 2 (in accordance with approved plans) to change orientation of dwelling to improve circulation and light. Material Amendment to application no. PA16/03282 date 08/06/16. Members supported the application.
9. **PA18/00539**, 4 Furze Park Trelights – the proposal is for a dwelling in the land owned by 4 Furze Park. The proposal gives the proposed dwelling over 300m squared amenity space and leaves the existing property with the same. With the existing dwelling and the proposal both single story it excludes any possibility over overlooking issues. Members supported the application.

10. **PA18/00656**, 20 Mayfield Road, Port Isaac – proposed rear ground floor extension. Members supported the application.
11. **PA18/00691**, Pilchards, Port Gaverne – retrospective consent for amendments to cafe, (approved under **PA17/00391**), namely altered access to DDA toilet with a new timber door, siting of external cold room and timber clad fencing. Cllr. Williams said what had been built did not comply with the planning permission that had been granted. During the season there are constant queues of people waiting to use the WCs. Waste is being stored on the site. All these factors are impacting on a long established neighbouring holiday letting business. Members, therefore, objected on these grounds. They felt strongly that it should be built in line with the existing planning permission.

Enforcement Cases –

- i. **EN17/00519**, Land NE of Port Gaverne Hotel – untidy site, unauthorised stationing of a shipping container, land being used as a waste storage area, car park and boat storage – application **PA17/00546** withdrawn. Ms Serena Wearne, case officer.
- ii. **EN/01764**, Land E of Port Gaverne Beach, Port Gaverne – alleged works not being carried out in accordance with approved plans **PA17/00391** – namely location of toilet, extraction, refrigeration unit, trade waste, landscaping and street signage. David Tapsell, case officer reported a planning application had been received relating to external design and siting of external refrigeration unit PA18/00691.
- iii. **EN18/0001**, 9 Lundy Road, Port Isaac – alleged TPO tree felled by storm on 26th December 2017. Assessment needed to establish if new tree needs planting.
- iv. **EN17/01729**, 8 Tintagel Terrace, Port Isaac – Installation of solar panels above the ridge height not included as part of planning approval PA15/09634. Cllr. Williams explained the matter

continued overleaf ...

Parish Council report continued from previous page ...

had been corrected. Case closed.

Planning Applications Approved by CC – information only

- i. **PA17/10456**, 30 Dolphin Street, Port Isaac – proposed replacement window, chimney flue removal, re-roof in natural slate and new roof light.
- ii. **PA17/09309**, 89 Fore Street Port Isaac – front and rear extensions, re-roof, new dormer, windows and internal alterations.
- iii. **PA17/11068**, Little Tremiro, Lower Trefreock, Port Isaac – construction of extensions, subterranean garage and garden studio.
- iv. **PA17/11431**, Land NE of 33 Middle Street, Port Isaac – conversion and extension of storage shed into annexe.
- v. **PA17/11843**, 7 Brentons Park, Trelights – single storey utility extension at rear; new balcony at rear; retrospective planning consent for 4 no rooflights on side and rear facing roof slopes.

Planning Applications Withdrawn – information only

- i. **PA17/10691**, Maritime and Coastguard Agency, New Road, Port Isaac – proposed two new dwellings to replace existing decommissioned Coastguard building.

Trewetha Public WCs / Shelter

The full planning application had been submitted to Cornwall Council and the tender will be advertised by the Project Manager.

Roscarrock Public Conveniences

Members have entered into negotiations with Cornwall Council into acquiring a 99-year lease on the toilets.

Mobile Post Office

Members were pleased to give permission to the Post Office to site a mobile PO on the Trewetha car park.

Meeting Dates

Meetings are normally held on the second and fourth Monday of each month, commencing at 7pm in Port Isaac School. Members of the public are welcome to attend. Please check our website for more details.

Gillian Thompson
Parish Clerk / RFO

Email: stendellionpc@gmail.com
Website: www.stendellionpc.com



SEAGULLS

If you have a problem with seagulls on your property, contact any of the following who are all licensed seagull controllers:

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Alex Ashbourne
South West Bird Control
southwestbirdcontrol@gmail.com
07799 683250

Keith Perks & Sons
pest.control@gmail.com
07517 788248



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Whilst we are used to and expect tidal flooding at high tides etc we are also at risk of flooding from the land, particularly if the Leats at Port Isaac and Port Gaverne get blocked.

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You can call:

Gavin Tyler - 01208 880497
Andy Penny - 07532 478451
David Raynor - 01208 880211
Mike Coles - 01208 880224
Chris Bolton - 01208 880256
Dee Littlechild - 01208 880905



The Lent Lily

One of the flowers most associated with the month of March is the narcissus (Wild Daffodil). The name comes from Narcissus, the boy in Greek mythology who was changed into a flower. Narcissus (the main daffodil species in Britain) is also known as the Lent Lily because in blooms in early spring and the blooms drop before easter.



Please pick up
your dog's poo



Lots of bins in
the village

Edward, age 8

Commercial waste bags can be posted to a chosen address.
For any problems with commercial waste email
roche.service@biffa.co.uk



Martin's Easter Simnel Cake

Easter Eggs are traditionally connected with rebirth, rejuvenation and immortality. This is why they are often associated with Easter. On a more practical level, in the early Christian calendar, eggs were forbidden during Lent. This made them bountiful and exciting forty days later. However, eggs were coloured, blessed, exchanged and eaten as part of the rites of spring long before Christian times. As Christianity spread, the egg was adopted as a symbol of Christ's Resurrection from the tomb. For centuries, eggs were among the foods forbidden by the church during Lent, so it was a special treat to have them again at Easter. The shell became the symbol of the tomb from which Christ had risen and the meat of the egg the representation of resurrection, of the new life of the new Christian, and of the hope of eternal life.

Easter breads, cakes, and biscuits are a major part of Easter food, perhaps especially noticeable in the predominantly Roman Catholic countries of south and central Europe. In England, Simnel cake has come to be regarded as an Easter speciality. This cake dates back to Tudor times, or possibly earlier. Supposedly, Lambert Simnel, the ten-year-old pretender to Henry VII's throne was spared death and sent to work in the royal kitchens where he came up with the recipe. The truth is probably less colourful, especially as references to the cake appear before Henry VII's reign. Simnel probably refers to the Latin word *simila*, meaning fine, wheaten flour, which was used to bake cakes for Mothering Sunday, which takes place during Lent. By the eighteenth century, however, it had become an Easter treat to celebrate the end of the 40 days of Lent. The cake has a layer of marzipan or almond paste baked into the middle while on the top it is usually decorated with eleven marzipan balls, representing the apostles, placed around the edge. In accordance with tradition, the 11 marzipan balls represent the 12 apostles minus Judas. Some people use 12 balls to include one for Jesus, but 11 is the classic number.

This Simnel Cake recipe is made using ground almonds and cooked on a low heat over a long period of time making the texture lighter than traditional versions.

Ingredients:

170g sultanas
170g raisins
170g currants
85g mixed candied peel
85g glacé cherries
Finely grated zest 1 large orange
3 tbsp brandy (or orange juice)
170g unsalted butter at room temperature
170g light brown sugar
4 medium free-range eggs, lightly beaten
170g plain flour
85g ground almonds
1 tsp ground cinnamon
1 tsp ground mixed spice

For decorating

Icing sugar to dust
450g golden marzipan
2 tbsp apricot jam, warmed

You will need a deep 20cm cake tin.

Method:

A couple of hours before baking the cake, put the dried fruit, peel and cherries into a large bowl with the orange zest and brandy (you can use orange juice instead if you prefer) and stir together to combine. Set aside to allow the fruit to soak. Heat the oven to 150°C/fan130°C/gas 2 and grease a deep 20cm cake tin generously with butter. Line the base and sides of the pan with a double layer of baking paper and set aside until needed.

Put the butter and sugar into a large mixing bowl and beat together with an electric mixer for around 5 minutes or until light and fluffy. Add the beaten eggs a little at a time, beating until fully combined before adding more.

In a separate bowl mix together the flour, ground almonds, a pinch of salt, cinnamon and mixed spice, then add to the butter mixture and beat together to combine. Add the fruit mixture to the cake batter and mix together with a wooden or metal spoon until evenly combined. Scrape half the cake mixture into the prepared tin and set aside.

Dust the work surface with a little icing sugar and roll out about a third of the marzipan into an 18cm diameter circle. Put this in the tin on top of the cake mixture. Scrape in the remaining cake mixture and level the top, making a slight depression in the middle (which will help the baked cake have a flat top). Bake in the oven for about 2½-2¾ hours until a skewer inserted into the middle of the cake comes out clean. Allow to cool in the tin for 20 minutes, then invert onto a wire rack to cool completely.

To decorate, dust the work surface with a little icing sugar and roll out about two thirds of the remaining marzipan into a 20cm wide circle. Brush the top of the cake with most of the warmed apricot jam and carefully place the marzipan disc onto the cake. Crimp the edges using your fingers, then roll the remaining marzipan into 11 small balls. Use the remaining apricot jam to stick the balls to the outer edge of the marzipan top.

To give the classic burnished finish, either place the cake under a hot grill for a few minutes until the marzipan starts to brown, or use a kitchen blowtorch to gently heat and brown the marzipan.



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Port Isaac

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It goes without saying how important food hygiene and safety is to our business and this is vital in making our customer experience the best possible. Every plate should leave kitchen meeting our high standards and show case your abilities.

In return for your hard work, commitment and high standards you will receive our encouragement and support, a competitive rate of pay (details on application), % share of gratuities, flexible hours, company discount, holiday pay and a pension.

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"Live" Theatre at the Regal

Wadebridge's Regal Cinema, regularly shows live screenings of performances by the Royal Ballet, the Royal Opera House, the National Theatre and the Royal Shakespeare Company.

Ticket prices are usually £15 (£12.50 for over 60s and under 15s). The screenings are usually on a Thursday evening and more often than not, sold out.

The performances start at 7pm and there is the opportunity to watch pre-recorded material about the screening and the rehearsal process.

Coming soon ...

Tuesday March 6th -
Carmen - Royal Opera
House Live

Thursday March 22nd -
Julius Caesar - National
Theatre Live

Tuesday March 20th -
Lady Windermere's Fan -
Oscar Wilde Season Live

Sunday March 24th -
Cottage on Dartmoor -
Wurlitza presents a film
and live music event

Tuesday March 27th -
*Royal Ballet Live - Bernstein
Centenary Celebrations*

Wednesday March 28th -
Messiah from Bristol Old Vic

Wednesday April 4th -
Macbeth - Royal Opera
House Live

Wednesday April 11th -
Macbeth - Royal
Shakespeare Company Live

Tuesday May 3rd -
Manon - The Royal
Ballet Live



*Mother's Day
Sunday March 11th*



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The Angry Anchovy



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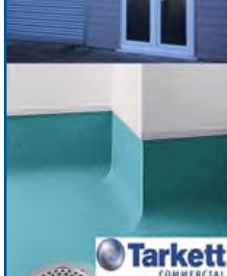
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WHAT'S ON

Friday March 2nd

Beach Clean at Port Gaverne -
11am-1pm

Saturday March 10th

"Love is in the Air" - live music
extravaganza in Port Isaac Village Hall
- our BIG Hospice fundraiser for
2018 - 7.30pm (doors open 7pm)

Sunday March 11th

Mothers Day

Monday March 12th

Parish Council Meeting in Port Isaac
School - 7pm

Tuesday March 13th

Kerbside recycling collection - bags
out by 7am

PISCES meeting in St Peter's Church -
4pm

Tuesday March 27th

Kerbside recycling collection - bags
out by 7am

Friday March 16th

Juan Martin, one of the world's finest
Flamenco guitarists, in St Endellion
Church

Saturday March 17th

Reflective Day with Dr Rowan
Williams in St Endellion Church -
10am-3pm

Friday March 23rd

Quiz Night in the Chapel Cafe raising
money for Multiple Sclerosis

March 31st - April 8th

St Endellion Easter Festival

Sunday April 1st

RNLI Coffee & Cake Morning in the
Boathouse - 11am

Tuesday April 3rd

Port Isaac Village Hall Easter Cash
Prize Bingo - eyes down 7.30pm

Thursday April 5th

RNLI AGM in the Village Hall - 7pm

Tuesday April 17th

Port Isaac Village Hall AGM in the Hall
- 5.30pm - everybody welcome

Friday April 27th

The Incredible Balti Celtic Carpet Ride
(theatre production) in Port Isaac
Village Hall - 7.30pm

Saturday May 5th

Joyful Company of Singers in St
Endellion Church

Friday May 18th

Neil Maya Quartet in St Endellion
Church

July 31st - August 10th

St Endellion Summer Festival

Sunday August 26th

The BIG Swim

Saturday September 1st

PORT ISAAC CARNIVAL

Friday October 12th

Miller & Spencer Jazz Duo in Port Isaac
Village Hall - 8pm

Saturday October 27th

Supper & Song - a Children in Need
Fundraiser with Gulls and Yorkshire
guests, The Hummingbirds, in Port
Isaac Village Hall

Saturday December 15th

Santa's Grotto in Port Isaac Village Hall
- Santa is taking time out from his busy
run-up to Christmas to come to
our Village Hall

TRIO COPY DATES

With the exception of February and
December, Trio comes out on the first
of every month. Copy dates are:

APRIL	March 25th
MAY	April 24th
JUNE	May 25th
JULY	June 24th
AUGUST	July 25th
SEPTEMBER	August 25th
OCTOBER	September 24th
NOVEMBER	October 25th
DECEMBER	November 30th

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon
in the Village Hall.

Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from
10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in
Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October
to April from 2pm- 4.30pm in Port Isaac Village Hall.
Contact Annie Philp on 01208 880262

Mobile Post Office - every Wednesday from 12.30pm-1.30pm
in the Main Car Park

Church Services

St Peter's Church, Port Isaac

First and Third Sundays in the month -
Morning Worship at 9.30am and Second,
Fourth and Fifth Sundays in the month -
Holy Communion at 9.30am

St Endellion Church

Every Sunday at 11am

Trelights Methodist Church

Sunday Service at 6pm