

trio



The Port Isaac, Port Gaverne & Trelights Newsletter
Easter/April 2018 No:393 60p



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available at Secrets, Port Isaac

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PORT ISAAC CARNIVAL EASTER SUNDAY

APRIL 1st



YUMMY PRIZES

Head on
down to
The Mote
for your
Treasure Hunt
clues and to have
a go on the
Lucky Dip

Fun starts
at 12noon

To be in with a
chance of winning the £100
cash prize pick your duck numbers
on the day or choose at Nicki B's
during the week before

Duck Race

down the Leat to the Beach

RAISING MONEY FOR PORT ISAAC CARNIVAL on SATURDAY SEPTEMBER 1st

The Trio Easter Bunny Hunt

There are twelve Easter bunnies hidden in the Trio
Directory pages. If you are under 10 years old, find them
all, write down the ad name and your name, age and
phone number and drop into Secrets before Easter
Tuesday, April 3rd and you might be one of the lucky
first three entries opened and win another
Easter egg.



"NEW BOAT IN THE HARBOUR"

This month's cover photograph taken by Jenny Balfour-Paul



Things
Village
Hall ...

PORT ISAAC VILLAGE HALL
EASTER TUESDAY

APRIL 3rd

**CASH
PRIZE
BINGO**

Eyes Down 7.30pm
doors open 7pm

Port Isaac Village Hall
AGM

**Tuesday April 17th,
5.30pm in the Hall**

everybody welcome

Port Isaac Village Hall
**Easter Hamper
Raffle**

Saturday March 31st
in the Co-op from 8am-5pm,
draw at 5pm

Big thanks to the Co-op for letting us do this raffle
instore to raise funds for our Village Hall



The Incredible
Balti Celtic
Carpet Ride

A play by Alan M Kent

Roll up! Roll up!
Step right this way...

The date is 11th September 1967 and The Beatles' Magical Mystery Tour pulls into the Cornish seaside town of Newquay. Long-term fan of the band and new Balti House owner, Sandeep Chaudary, finds himself intricately caught up with their visit.

Events not only lead to him meeting John, Paul, George and Ringo, but Sandeep and his friends and family take their very own surreal tour across the world on the incredible Balti-Celtic carpet ride.

The ride is life-changing for everyone, showing how the past has affected both the territories of Cornwall and India. In this wildly imaginative new play, Alan M Kent - prize-winning playwright of *The Tin Violin*, *Surfing Tommies* and *National Minority* - takes audiences on an extraordinary journey through time and space. Here post-colonialism meets pop - all helped along with a mischievous dusting of (L)ucy in the (S)ky with (D)iamonds and a generous helping of hot and spicy Balti-style Vindaloo ...

You can see the play in Port Isaac Village Hall on Friday April 27th at 7.30pm. Tickets, priced £10 (£8 for over 60s and students) from *Secrets*, reservations on 01208 880862/880905.

Welcome to the new PISCES programme for 2018

The Trevan Book

As reported in last month's Trio, the reprinted Trevan book is not available in the Pottery, Secrets and other local outlets, priced £10. We plan to launch a Trevan themed exhibition later in the Spring with activities that include our local school children and our Golden Circle members.

John Watts Trevan's family home was the White House Cottage on Roscarrock Hill. His diary of village life in 1834 is a delightful, vivid record of daily life, including all the gossip of the day. He illustrated it

His book even inspired Billy Hawkins and Jon Cleave's CD 'First and Last' which bases its songs around the Trevan tales.



Friends of PISCES

“everybody has a story to tell about their life”

PISCES aims to keep those stories and memories of Port Isaac alive before the history is lost and gone forever

Centenary 'Great War' exhibition

We are planning a commemorative exhibition for the end of 'The Great War'. The official launch will be on Saturday 10th November. This exhibition will include our poppy themed art project, led by Caroline Cleave, in and around St Peter's Church. More details soon.

Fundraising

Caroline Cleave has very generously offered to do a reprint of her very popular Port Isaac tea towel which raised around £3000 for charities last year. Some of this year's proceeds will be donated to PISCES. We will also be reprinting our two best selling cookery books with another coming next year. Look out for the box set!



**Our PISCES website is:
www.portisaacheritage.co.uk**

We are working hard to upgrade and improve our website. It is a valuable resource for anyone wanting to discover more about the history of Port Isaac. We always welcome contributions, however small ... including your own stories. If you would like to be part of our online oral history section, do please get in touch. You provide the stories and we bring the cake!


We are only a small group and are always happy to have new volunteers. We meet two or three times a year. You don't need to be 'a local' to come along!

**Contact details: Dee 01208 880862 or
Barbara 01208 880703 (or 625)**

PISCES (Port Isaac Shared Community Exhibition Space) began in 2010 following on from the successful local history group. This new enthusiastic bunch of volunteers felt that it was important to collect, record and exhibit the history of Port Isaac and district and preserve it for future generations. And this is what they have been doing for the past eight years. St Peter's Church, Port Isaac provides the beautiful, peaceful setting for our exhibitions.

But, as with everything, we need to raise money each year to cover our overheads which include rent to St Peter's Church and insurance and putting on our exhibitions. We have produced our two award-winning cookery books which provide us with an income and we hold fundraising events, but there is always a shortfall. And this is where we need your help. You might not have time available but you could become a "Friend of PISCES". The cost is £25 for a year's support. You can pay by standing order or cheque - you can even cross our palms with silver! PISCES is run entirely by unpaid volunteers so any support would be lovely. To find out more get a leaflet from *The Pottery* or *Secrets* or email info@portisaacheritage.co.uk and we will send all the details to you.





Port Isaac's
very own

COMMUNITY LUNCH

hopefully the first of a regular village event!

Thursday April 26th

in the Village Hall from 12.30pm-2pm

£8 for a main course (three choices) and pudd (a selection) and a cup of tea or coffee (wine extra)

Everybody is invited to come along and enjoy themselves -
ideally book your place on 01208 880905/880862
But don't worry if you haven't booked, just come along on the day

If you would like to join our team to help you would be very, very welcome. You don't have to cook - we need setter uppers, servers, waitresses, clearer uppers, tea and coffee makers ... So if you fancy getting involved just contact Dee (numbers above) or email dee54@mac.com

We look forward to hearing from you
or seeing you on April 26th

The Magnificent Seven

Barbs, Caroline, Cheryl, Dee, Jan, Liz & Marion

*"Seven women, armed only with
pudding and pie, rode into the
Village Hall to help feed
the villagers"*



Port Isaac RNLI
ALL WELCOME 2018
Annual General Meeting
Thursday April 5th
Port Isaac Village Hall - 7pm
Bar and Refreshments by invitation of Sharp's Brewery
and the Port Isaac RNLI committee
Annual Report · Annual Accounts · Election of Officers
Overview of 2017 Port Isaac Lifeboat activities

PORT ISAAC FUNDRAISING APPEAL

TEAMWORK and LEADERSHIP in HOSTILE ENVIRONMENTS
presented by
Colin Richardson MBE



PORT ISAAC RNLI will be holding a

COFFEE & CAKE DAY
75% OFF ALL PORT ISAAC RNLI CLOTHING

PORT ISAAC LIFEBOAT STATION
SUNDAY APRIL 1st 11am
ALL PROCEEDS TO THE
NEW LIFEBOAT APPEAL

We are raising £52,000 to replace our D class lifeboat

There have been RNLI lifeboats at Port Isaac, saving lives off the north Cornwall coast, for over 150 years. Generations of volunteers have braved the unforgiving coastline here to save more than 340 lives at sea.

Since 1967, the station has been home to the D class inshore lifeboat, the workhorse of the RNLI's fleet.

Today, we're asking you to support the next chapter in Port Isaac's history – help our lifesavers to bring a new D class lifeboat home.

SAVING LIVES OFF THE NORTH CORNWALL COAST

Every June since the 1800s, people have gathered on the Platt at Port Isaac harbour to bless the lifeboat and crew. It's a chance to give thanks to a team who regularly face rough seas, sharp rocks and narrow caves to save lives – all in a 5m inflatable lifeboat.

'It's very moving, you feel the timeless dedication to rescue at sea,' says Port Isaac RNLI Chairman Bob Bulgin. 'If we ask people to go out in hostile conditions, they deserve the best kit we can back them with. And here, without doubt that's the D class.'

Above: the Port Isaac D-class inshore lifeboat Copeland Bell D-707

Photo: RNLI/
Nicholas Leach

'If we ask our crew to go to sea in hostile conditions, they need the best tools to do the job.'

Bob Bulgin BEM, Port Isaac RNLI Chairman

PORT ISAAC LIFEBOAT STATION

Established in 1867

6 GALLANTRY AWARDS

24 VOLUNTEER CREW MEMBERS

18 LAUNCHES IN 2017*

*provisional data

THE D CLASS

This little lifeboat is tough and rugged – perfectly matched to the coastline she helps the crew protect. Her highly manoeuvrable size is ideal for rescuing people from surf, shallow water, caves and close to the shore.

Little has changed in the D class's shape since 1963, but the craft is now made of durable hypalon-coated polyester, and has the best possible technology onboard to aid lifesavers. The latest AIS software on the new Port Isaac lifeboat will help the crew identify passing marine traffic and plan accordingly.

Contact: 0300 300 9917 | Facebook: /rnliportisaac | Twitter: @PortIsaacrnli





Port Isaac Fishermen to feature in charity fundraising book

The Fishermen's Mission is a charity that helps all Fishermen, active or retired, and their Families, providing a lifeline of welfare and support to Fishermen and their Families.

Julian Waring, regional fundraising manager Cornwall for *The Fishermen's Mission* is at the forefront of a major new project that will involve Port Isaac to raise funds for the charity. Julian tells *Trio*, "Back in 2014 we produced a fundraising book based on the fishing characters in and around Newlyn and it raised an incredible £38,000 for the Fishermen's Mission. It also helped raise greater awareness and understanding of what we, as a practical welfare charity, can do for fishermen, active and retired as well as their families.

"We now plan to build on the success of that project and produce another book, this time based on the fishermen from the North Cornwall villages of Port Isaac, Padstow and Newquay."



Work has already started on the book. Already there's lots of local support and photographer Chris Hewitt and his team have already been to the village. They met up with the Golden Circle members at their March meeting, and took photographs and recorded their fishing stories and memories. A few days later, on probably the wettest day of the month, they were back in Port Isaac again to photograph local people connected to fishing and the sea. Some amazing and very atmospheric photographs were taken around the village on a very wet day.

Don't worry if you missed that session.

They will be back again on April 19th and if you want to be part of the project meet outside the Fish Cellars at 11am or in the Golden Lion at 1pm.



PISCES

The long history of fishing in the village has already been well documented by PISCES and can be seen in the PISCES Fishing exhibition which is currently being shown in St Peter's Church and open from 10-5pm daily. A wealth of material, showing many of the old fishing families and including interviews with locals can be seen on the interactive touch screen within the exhibition and also on the website www.portisaacheritage.co.uk

The photographs, that are being taken for the new Fishermen's Mission book, will not only raise funds for the charity but will also add to our historical village archive.

Reiterating this, Julian concluded, "This is an opportunity to capture pictures of the present day fishing community of Port Isaac which will also be a record for future generations in years to come."



Scott Mann's update from Parliament



I was delighted to meet with Cornwall's Girl Guides in March during their annual celebration event at the Royal Cornwall Showground. The event highlighted the great achievements of the Girl Guides over the past 12 months and to commend those who help such a wonderful organisation.

The Girl Guides do terrific work in bringing young people together to learn new skills and to socialise with others. Skills that are learnt through the Girl Guides as well as the Scouts, Cubs and Beavers can last with you forever, and it was great to meet with the Girl Guides and talk about what they've been learning and how they've helped their local communities.

The Showground also held a Farm and Country Day event during the same week where schools came to learn about agriculture and country life. This is a fantastic initiative which teaches children about where their food comes from and the benefits of good animal husbandry. Unfortunately there are a lot of scare stories in parts of the media which try to paint our agricultural sector in a bad light, and these events help to bust those myths by championing the high animal welfare standards that we have in the UK and how farmers look after their livestock.

The Department for Environment, Food and Rural Affairs (DEFRA) just recently published its proposals for a post-Brexit agricultural policy, and I have spoken with the Environment Secretary to give my feedback. This includes encouraging farmers to engage with schools by holding educational visits and to have more of an input in managing public rights of way. We have many paths around the countryside which need managing, and I think part of the future farming subsidy should include the upkeep of public rights of way to enable people to enjoy the countryside, as well as farmers having the ability to move paths which don't work for their farming. The Government's proposals are open for public consultation and can be found on the DEFRA website.

Unfortunately we also learnt recently that the UK will remain in the EU's Common Fisheries Policy (CFP) during the 18 month implementation period. I led a debate in Parliament just recently where I stressed to ministers that fishing should be exempted from the CFP. I will leave the CFP in March 2019. Although this Government did manage to make sure that we have representation on the quotas share and that we have representation on the quotas share. I have also met with the Prime Minister who gave me assurance that we will leave the CFP when the implementation period ends in December 2020 and that we will have control of our territorial waters and the fish within them.

I was also very pleased to visit Hengar Manor Park to mark Tourism Week. Cornwall hugs the sea every year I see businesses going from strength to strength, investing and growing, with many are making capital gains this coming season.

Hengar Manor are also trying to become plastic free. I was pleased to talk with them about what the Government is doing to clean up the environment as well as their own plans to reduce consumption and embrace environmentally friendly alternatives, which includes introducing paper straws and recyclable coffee cups.



For the past three months, the Chorale have been working hard to prepare for the Wadebridge Music Festival in order to defend our title from the previous year. Before leaving for Australia, Janet Townsend introduced the choir to the pieces and started our preparation before leaving us in the capable hands of Gareth Stubberfield who had to 'apply the polish!' so that we would be ready for the festival on her return.

For a festival, we have to sing two contrasting pieces and Janet selected *Old Mother Hubbard*, which sets the nursery rhyme in the style of Handel, and *She's Like the Swallow*, a Newfoundland folk song. The pieces were challenging and had to be learnt by heart so you can imagine our nerves as Janet returned to rehearsals so see what we'd achieved in her absence. Luckily we had a thumbs up although, of course, there was still work to be done on them!

The week of the festival arrived and we all, including Janet and Gareth, full of nervous energy...



"NEW BOAT IN THE HARBOUR"

www.scottmann.org.uk

Janet Townsend or Pat Pearson. Alternatively you can contact Morwenna Vernon on 01208 880014, morwennavernon@gmail.com

This update's cover photograph taken by Jenny Balfour-Paul

£1700 raised for Cornwall Hospice Care

Love was certainly in the air in Port Isaac on Saturday March 10th. The party night of music and laughter held in Port Isaac Village Hall raised the amazing sum of £1710.10 for Cornwall Hospice Care. Huge thanks to everyone who was involved in any way with the production and to everyone who supported the night and to Nathan Outlaw who donated a meal at his restaurant for the silent auction and John Sinnott for our banner.

Port Isaac's very own auctioneer extraordinaire, Ross Collins, compered the evening. Performing were a wealth of local talented singers and musicians: The Little Chicks, Gulls, The Port Isaac Panto Boyz & Girlz, Rob Badlan, Cherry Marshall, Julia Treglown, Paul Johnson, John McDonnell, Dave Morgan, special guests Jeremy Brown, Billy Hawkins and John Lethbridge and topping and tailing the event Strange Brood from Tintagel with guest singer Rachel Tidsley. On the lights was John Trayhurn and sound man was Andy Borders.

Everyone gave their time and talent free of charge for the Hospice which is so close to everyone's heart.



The BIG cheque: Front row, left to right: Barbara Hawkins, Rachel Tidsley, Cheryl Webster, Dee Littlechild and Cathryn Robins from Cornwall Hospice Care. Back row, left to right: Martyn Dingle, Liz Brown, Ross Collins, Cherry Marshall and Pauline Stephens



Our stars of the future, The Little Chicks: Natalie, Emily, Lizzy & Annie

The **CHRIS TREGLOWN** Foundation Fund is proud to announce its 2018 summer production

Alice in Theatreland

(based on Alice in Wonderland and featuring music from some of the popular musicals)

WORKSHOPS: FROM AUGUST 11TH-17TH AT ST MINVER SCHOOL

PERFORMANCES: AUGUST 18TH & 19TH AT WADEBRIDGE TOWN HALL

If you are aged between 8-18 years old and interested in being involved, come to our fun

TASTER DAY (BOOKING ESSENTIAL) SATURDAY MAY 5TH AT ST MINVER SCHOOL

The Taster Day and Workshops will be run by international singer Maria Jagusz and her professional team

For more information about booking contact Julia Treglown on 0781 5987172 or leave your details at singingworkshops@hotmail.com

The Chris Treglown Foundation Award 2018

to help young people pursuing a musical career

A very special award for passionate young singers and performers aged between 16-26 years who are from Cornwall and are studying either in or out of the county

£1000 award to the successful candidate

Auditions will take place on Sunday May 6th at the John Betjeman Centre, Wadebridge

APPLICATIONS TO BE RECEIVED BY NO LATER THAN APRIL 27th

For more info and to apply visit the website www.christreglown.co.uk or contact Julia Treglown on 07815 987172 or juliatreglown@hotmail.com or The Chris Treglown Foundation Fund Facebook page

The CHRIS TREGLOWN Foundation Fund

Surprise Party

My sincere thanks to everyone involved for making my special birthday so memorable. Your friendship and generosity is very much appreciated.

I have bought a lovely slate house sign as a reminder of a very special evening.

You are a grand bunch.

Catherine

Vera's 100th

I had the most amazing 100th Birthday Party on the 10th of March surrounded by my family and friends.

How marvellous it was to see some "old" faces from my Port Isaac days including Ann, Janet, Nina, Jan and Janet T. Wonderful. Thank you all for coming.

Also thank you for cards and or donations from Pat & Ron, Margaret and Joan. Brought back many happy memories.

I think Mary, my darling daughter, has counted 121 cards, including the Queen's and the Secretary of State's for Work and Pensions (no extra pension though, just good wishes! - Typical!!)

We also collected £516 for the Royal British Legion, a fantastic amount.

Wonder what Mary will organize for next year?!?!)

Love to you all,

Vera Moorhouse



THE NATIONAL TRUST

Saturday April 7th South West Coast Path repair day

10am – 3pm, Epphaves Cove

Why not get stuck in with a spade or mattock, repairing steps, drains and improving the surface of the footpath. No experience necessary, all tools and equipment provided.

Please wear sturdy footwear and clothing suitable for the weather. Bring your own lunch.

Booking essential, please phone 01208 863821 or email

Calling all Walkers ...

Trying to fit in your 10,000 steps a day, just going for a stroll, walking the dog? Whatever your reason for being out and about in the village, we need your help.

Whilst we are used to and expect tidal flooding at high tides etc we are also at risk of flooding from the land, particularly if the Leats at Port Isaac and Port Gaverne get blocked.

So we are asking if you see anything blocking the Leats, often large items such as wheely bins that get blown in, can you let one of the flood wardens know please.

You can call:

- Gavin Tyler - 01208 880497
- Andy Penny - 07532 478451
- David Raynor - 01208 880211
- Mike Coles - 01208 880224
- Chris Bolton - 01208 880256
- Dee Littlechild - 01208 880905
- Cheryl Webster - 01208 880802



“Live” Theatre at the Regal

Wadebridge's Regal Cinema, regularly shows live screenings of performances by the Royal Ballet, the Royal Opera House, the National Theatre and the Royal Shakespeare Company.

Ticket prices are usually £15 (£12.50 for over 60s and under 15s). The screenings are usually on a Thursday evening and more often than not, sold out. The performances start at 7pm and there is the opportunity to watch pre-recorded material about the screening and the rehearsal process.

Coming soon ... Wednesday April 4th - *Macbeth* - Royal Opera House Live

Wednesday April 11th - *Macbeth* - Royal Shakespeare Company Live

Tuesday May 3rd - *Manon* - The Royal Ballet Live



SEAGULLS

If you have a problem with seagulls on your property, contact any of the following who are all licensed seagull controllers:

George Ferris
BE-TA-PEST

georgeferris@btconnect.com
01326 376221

Alex Ashbourne
South West Bird Control

southwestbirdcontrol@gmail.com
07799 683250

Keith Perks & Sons
pest.control@gmail.com
07517 788248



For news about Rock, Polzeath, St Minver, Trebetherick & Wadebridge follow this link www.stminverlink.org

Easter Celebration in St Kew Church

The children in years 2-6 went along to St Kew Church to take part in an Easter workshop. The children were told the story of Easter and were able to explore the meaning of Easter through drama, thought and drawing. Everyone said how interesting it was and they especially enjoyed receiving an Easter egg, the symbol of renewed hope and life, from the vicar.



Happy Easter
We would like to
wish everyone
Happy Easter

SCHOOLCHAT

news & views from Port Isaac School



🎵 Song Fest 🎵

Miss Martin has been practising several songs with the choir who have been a part of this year's Songfest being held at Wadebridge School. They have been learning traditional songs, a dance and poems to recite.

Maritime Museum Trip

Class 1 and 2 went on a trip to Falmouth to explore the museum and also take part in some workshops related to the topic of wreck and rescue. The trip was funded by the Quinnian Trust so a big thank you to them.

All the children were able to construct boats out of recycled materials and race them in the water pool afterwards.

We held a Winter Sports afternoon for the children. They were able to take part in Javelin throwing, hurdling, hockey skills, basketball skills, throwing the medicine ball and fancy dress wall climbing. This was after a spot of road running along Mayfield Road.

To raise money for Sport Relief a Bake Sale was held the day after our sports.



World Book Day

Everyone came to school dressed as their favourite book character as we celebrated the world of books and reading in school.

The scavenger hunt proved to be very popular as the older children paired up with a younger child and had to find many different things in a book. Looking for a word or picture of porridge proved to be quite challenging as no one could find a book about Goldilocks!

In the afternoon there was a relaxing session of story yoga led by the teachers and certificates were also presented to every child that entered the Port Isaac 500 word story writing competition.



Big Swim to take a year off

After much deliberation and soul searching, the Big Swim committee has made the difficult decision to take a break in 2018.

Last year we had several race cancellations due to adverse sea conditions which meant some of our events didn't go ahead as planned. We are currently reviewing the swim routes with a focus on eliminating disruption caused by adverse weather and our ambition is to return with a new and improved format in 2019.

We really appreciate the efforts our entrants make to take part in The Big Swim and raise money for our fantastic beneficiaries and thank you for your continued support and understanding. Rest assured, we'll be back bigger and better than ever in due course.

The Big Swim Team

Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon

Our activities for April are ...

April 3rd - Easter Bonnets

April 10th - Music Day

April 17th - Biscuit Making

April 24th - Outing to Springfield

If you want to know more contact either

Bonnie on 01208 880946 or

Cherry on 07900 527610

Please pick up
your dog's poo



Lots of bins in
the village Edward, age 8

websites of the month

The cold snaps ...

As somebody said to me recently either we have too much water or not enough. Last month here in Cornwall, the weather was so wet the fields were really squishy and this month the cold has been very cold indeed. So what's going on? Is this just the ordinary tooting and froing of our weather or are there some underlying changes – perhaps connected with global warming – that explain it?

A good place to start is in Exeter where the Meteorological Office is located. This remarkable institution was founded in 1854 and made its first weather forecast for mariners in 1861 and began issuing the gale warnings that you can hear as part of the Shipping Forecast https://en.wikipedia.org/wiki/Met_Office. Nowadays, as well as forecasting the weather using its powerful supercomputers, it is in the forefront of scientific research on climate change and provides authoritative reports. So looking here you can find out what the weather has been like over the UK this winter <https://blog.metoffice.gov.uk/2018/03/05/winter-and-february-statistics-for-2018/> and would you believe it, it has been really sunny! In fact it has been the second sunniest winter since records began in 1929 beaten only by 2015, and February was also very sunny, in the top 10 Februarys. And overall, apart from the sunny weather, the past few months have been fairly average.

But what about the cold spell; what are we to make of this? One theory that has been gaining quite a bit of evidence and support from research is called "Warm Arctic Cold Continent" (also called wacky weather!). This idea that the warming of the Arctic is leading to some very cold conditions, particularly in North America, dates back a few years when there was a suspicion that the polar vortex, a more northerly version of our own jet stream (see April 2016 Trio for an account of our jet stream <http://www.portisaacheritage.co.uk/publications/trio/>) was weakening.

The Polar Vortex is a wind that blows round the globe close to the Arctic. It is powered by the difference in temperature between the Arctic and more temperate regions, together with the rotation of the Earth. As the Arctic warms up – as it has been over the past few years – the difference in temperature drops – and the Vortex becomes slower and more wiggly. This can lead it to becoming stuck – so-called blocking – and the result can be prolonged periods of easterly winds as we had with the Beast from the East. The temperature in the Arctic when the cold snap hit us was off the scale unusual – see the red line in the picture – being at least 25 degrees higher than normal. You can read an account of what we know and what we still are uncertain about here <https://www.sciencenews.org/blog/science-public/what-we-can-and-cant-say-about-arctic-warming-and-us-winters-together-with-a-link-to-the-latest-scientific-evidence>.

What does this mean for our own weather in the future? Well it's likely to mean we will experience more 'extreme' weather events. That is periods when we have a lot of rain, or a lot of cold weather, or a lot of dry weather. Margaret Thatcher first warned about the impact of climate change some 30 years ago in her speech to the Royal Society <https://www.margarethatcher.org/document/107346> and the impacts that she predicted then are now playing out in our weather systems. The Government has a good advisory committee that has lots of information about what Britain is doing to help deal with this and you can read about it here <https://www.theccc.org.uk>

I for one am glad spring is on the way at last and roll on Summer (and lets hope the talk of the Beast from the East coming back at Easter <https://tinyurl.com/ybzydcR5> is just talk, at the time of writing the Met Office says its too early to say).

Tony Wainwright

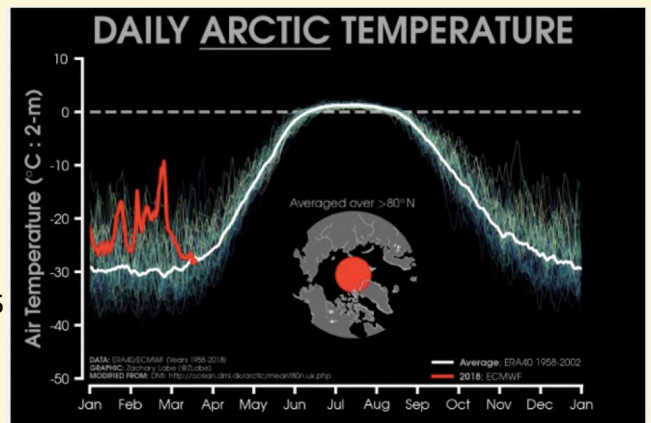


Figure from <https://sites.uci.edu/zlabe/arctic-temperatures/>



Martin's Easter Roast Lamb



The Easter Roast is a tradition in many parts of the world and has its roots in Christianity. Easter coincides with spring lamb, which is when the meat is at its most tender. Roast lamb studded with rosemary and anchovy is a classic combination and a simple way to enhance the flavour of spring lamb. For many, the ultimate roast is a leg of lamb with mint sauce or redcurrant jelly.

Always buy lamb from a decent butcher and opt for Cornish and organic if you can. Keep in mind that the meat of grass-fed animals contains more omega-3 fatty acids than grain-fed ones. If choosing a rare breed of lamb it may be darker and taste more gamey. When choosing lamb, look for a deep pink colour with dry, white fat.

Leg of lamb is traditionally roasted in a hot oven (190°C–220°C) though it can also be slow cooked at lower temperatures for much longer. When cooking a leg of lamb whole, don't remove any excess fat – it adds flavour and helps keep the meat tender. The fat will render down during cooking; drain it from the roasting tray and whisk it into your gravy for an extra boost of lamb flavour.

It is important to let the meat come to room temperature before cooking to ensure it will cook through evenly. It is also imperative to let the meat rest after cooking, 20 minutes is sufficient. Wrap the leg in tin foil to prevent it from getting cold.

Use a meat thermometer to test whether your meat is cooked or not; it's not essential but will help determine to what stage the lamb is cooked, from rare (48–54°C) to medium-rare (55–59 °C) to medium (60–66°C) to well done (67–74°C) and give a more consistent result. Roast lamb should be served pink in the middle. If overcooked, it is dry, chewy and unpleasant.

Roast Lamb

3 sprigs of rosemary
3 sprigs of thyme
4 garlic cloves, roughly sliced
2kg leg of lamb
salt and pepper

450g of Jersey Royal potatoes
5 sprigs of mint
500g of frozen garden peas
85g of butter

50ml of dry white wine
1 bay leaf
200ml of brown chicken stock
20g of butter
salt and pepper

- Snip the rosemary and thyme into small sprigs. Using a small knife, pierce six or seven holes in the lamb and stud with the rosemary, thyme and garlic.
- Preheat the oven to 220°C. Season the lamb with salt and pepper and roast in the oven until cooked to your liking. When cooked cover with foil and make the gravy.
- Towards the end of the cooking time, cook the Jersey Royals in boiling salted water with three of the mint stalks, for 10 – 15 minutes or until tender.
- Place the frozen peas in boiling water and bring the water quickly back to the boil. Cook for approximately 2 - 5 minutes or until just tender
- Chop the remaining mint and mix together with the warm Jersey Royals and butter.
- To make the sauce, remove the fat from the lamb roasting tray and heat on a ring, then deglaze the tray with the wine. (pour the wine into the roasting tray and scrap all the sticky goodness off the bottom of tray until dissolved)
- Pour into a saucepan. Add the bay leaf and simmer until the wine reduces and the pan is almost dry. Then add chicken stock and reduce by 2/3(Boil down) finally whisk in the butter and checking the seasoning to finish.

Enjoy Mx

Easter foolishness

Easter Day this year falls on April 1st, April Fools' Day. Our God is a God of surprises so this is an opportunity to exploit not an embarrassment to hide! If you get caught out by someone's trick at Easter, don't repine but seize the moment to reflect upon the surprise. Jesus Christ is not always, if ever, what we expect. Even if we think we know what to expect – and Church people are particularly prone to thinking this – he has a habit of catching us unawares, choosing to come at unexpected moments, in the guise of unexpected people. So it is as well to be prepared to find Christ in everyone and anyone, on any occasion. And to expect the unexpected, a call to follow Him.



St Paul thought that the message about Jesus which he preached was foolishness – certainly that it appears foolish to those who cannot or will not understand it. The foolishness of God does not really consist of tricks and surprises. Rather it is God's overwhelming generosity which appears foolish in human eyes. God's giving and giving, over and over again without stint, even to giving up his Son to die on a cross, seems foolish to us because we are always minded to consider the bottom line. Is it really worth it? Does it offer value-for-money? But such ways of thinking spring from the limitations of our minds. God's endless generosity is indeed challenged by human greed and want of regard for this, his earth, but it is not stifled by our incompetence or unwillingness to engage with him. This Easter God offers again his love and blessing to all who have the will to accept what he comes to give.

Andrew Lewis



Port Isaac Who's Who in the North Cornwall Cluster of Churches

Priest in Charge: Rev'd Dr Elizabeth Wild - 07758 407661

Clergy: Rev'd Canon Judith Pollinger - 01208 880181

& Rev'd Andrew Lewis - 01840 211161
St Peter's Churchwarden: Marion Larkin - 01208 880492

Administrator - Baptisms, Weddings & Funerals:
Elizabeth Williams - 01208 886778
Administrator - General Enquiries & Communications: Gavin Tyler -
gavin@northcornwallclusterofchurches.org.uk

Taizé Services at St Endellion Church

Singing simple Taizé chants by candlelight, with silence, prayers and listening to readings, make for a peaceful ending to a Sunday. So, before the next busy week starts, why not come along to the next monthly service which will be held in St Endellion Church at **6pm on Sunday April 22nd** and will last about 40 minutes.

If you've not experienced one before, why not come along, you will receive a warm welcome.



taizé

Church Diary Dates

Easter Sunday April 1st

11am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church
4.30pm: Festival Evensong and
Installation of Prebends,
St Endellion Church

Sunday April 8th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday April 15th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday April 22nd

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church
6pm: Taize Service, St Endellion Church

Sunday April 29th

9.30am: Morning Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church



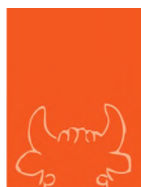
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Regular Endelienta events

For Endelienta Poetry Group, Book Club and family Make Club, please go to our website

www.endelienta.org.uk

Bach and Peacebuilding

Saturday 14 April, 10am-3pm, St Endellion Church

Cost £10

The Revd Donald Reeves MBE, an Anglican priest, musician and a former Rector of St James Piccadilly, tells stories of what is involved in peacebuilding, interspersed with playing Bach's chorale preludes. The music is emotionally direct, speaking from heart to heart.

Donald Reeves is the founder of The Soul of Europe. Its aim is to realise Nelson Mandela's words: "If you want to make peace do not speak to your friends, speak to your enemies so they become your partners".

He has worked in Bosnia and Kosovo for 17 years preparing the ground for reconciliation, promoting the rebuilding of the Ferhadija Mosque in Banja Luka, a world heritage site, one of 16 destroyed there in the Bosnian war, just one of many projects.

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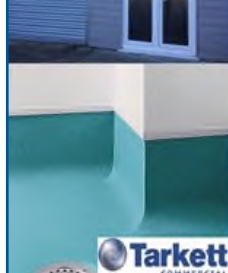
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Port Isaac Village Hall Easter Hamper Raffle in the Co-op from 8am-5pm

Sunday April 1st
RNLI Coffee & Cake Morning in the Boathouse - 11am

Tuesday April 3rd
Port Isaac Village Hall Easter Cash Prize Bingo - eyes down 7.30pm

Thursday April 5th
RNLI AGM in the Village Hall - 7pm

Tuesday April 10th
Kerbside recycling collection - bags out by 7am

Saturday April 14th
Bach & Peacebuilding in St Endellion Church - 10am-3pm

Tuesday April 17th
Port Isaac Village Hall AGM in the Hall - 5.30pm - everybody welcome

Tuesday April 24th
Kerbside recycling collection - bags out by 7am

thursday April 26th
Community Lunch in the Village Hall - everyone welcome - 12.30pm-2pm

Friday April 27th
The Incredible Balti Celtic Carpet Ride (theatre production) in Port Isaac Village Hall - 7.30pm

Saturday May 5th
Joyful Company of Singers in St Endellion Church - 7.30pm

Friday May 18th

Neil Maya Quartet- The Dave Brubeck Project - in St Endellion Church

Friday June 15th
Bristol Madrigals in St Endellion Church

Saturday July 21st
Endelienta Ensemble in St Endellion Church

July 31st - August 10th
St Endellion Summer Festival

Tuesday August 14th
The St Endellion & St Peter's Church Fete at St Endellion Rectory - 2pm

Saturday August 18th
Karitas - workshop and concert - in St Endellion Church

Saturday September 1st
PORT ISAAC CARNIVAL

Saturday September 15th
'War & Peace' - Mark Padmore recital in St Endellion Church

Friday October 12th
Miller & Spencer Jazz Duo in Port Isaac Village Hall - 8pm

Saturday October 27th
Supper & Song - a Children in Need Fundraiser with Gulls and Yorkshire guests, The Hummingbirds, in Port Isaac Village Hall

Saturday December 15th
Santa's Grotto in Port Isaac Village Hall - Santa is taking time out from his busy run-up to Christmas to come to our Village Hall

TRIO COPY DATES

With the exception of February and December, Trio comes out on the first of every month. Copy dates are:

MAY	April 24th
JUNE	May 25th
JULY	June 24th
AUGUST	July 25th
SEPTEMBER	August 25th
OCTOBER	September 24th
NOVEMBER	October 25th
DECEMBER	November 30th

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the Village Hall.

Contact Bonnie on 01208 880946 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2pm- 4.30pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Mobile Post Office - every Wednesday from 12.30pm-1.30pm in the Main Car Park

Church Services

St Peter's Church, Port Isaac

First and Third Sundays in the month - Morning Worship at 9.30am and Second, Fourth and Fifth Sundays in the month - Holy Communion at 9.30am

St Endellion Church
Every Sunday at 11am

Trelights Methodist Church
Sunday Service at 6pm