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Cover photo: Jenny Balfour Paul

Trio is issued eleven times a year and is available in Secrets and the Co-op, Port Isaac, or by post - £21 a year in the UK

To subscribe please send a cheque, made payable to Trio, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN

To advertise in Trio telephone 01208 880905

Published by Sam & Dee Littlechild Tel: 01208 880905 email: triopi@mac.com

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PORT ISAAC VILLAGE HALL HIRE



NON-PROFIT MAKING PARISH CLUBS, ORGANISATIONS/
GROUPS/ ASSOCIATIONS etc, FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50 for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £10 per hour - £125 for 24hrs

For full details or to make a booking contact Dee on 01208 880905 or dee54@mac.com

Your Hall for YOU to Use

Local Guide Books & Maps available at Secrets, Port Isaac

Car parking space or garage sought in Port Isaac.
Private use only.

Please contact: John Sinnott 07889 106459





It's all coming together. We will have the usual children's entertainment, games, bouncy castles, tug of war competition and creative fun going on throughout the day up at the marquee.

The carnival procession will begin at 6pm and this year we want to make it even BIGGER and BETTER than previous years! Please all come and get dressed up, make a float and join in the fun!

After the procession we will have the prizegiving followed by live music from the amazing TANKSLAPPER in our marquee, complete with licensed bar! Spread the word and get the date in your diaries!

Full details for the day will be in next months Trio. But if you have any questions or can offer any help on the day please contact us on the carnival Facebook page or call or text Kat on 07792 134373.

Bring on September 1st!

Book shelf at the Co-op

Huge thanks to the Co-op and to everyone who gives and buys books to support the *Stay & Playgroup* and *Port Isaac Village Hall*. We have recently emptied the Hall collecting tin and have added £53.36 to our funds.

If you have any books to donate please leave on the bookshelf in the Co-op.

The support Darren and all the staff at the Co-op give to our community is second to none - thank you all.

Port Isaac Village Hall committee

"Together we can make great things happen in your community" *Co-op*





remembering the past and celebrating the present

PORT ISAAC

These tea towels make brilliant presents as they are light and easy to pack into a suitcase or post

PISCES (our local history group) who put time and effort into keeping the history and heritage of Port Isaac alive through vibrant and interactive exhibitions in St Peter's Church will be one of the main beneficiaries from the sale of the tea towels along with the Fishermen's Mission and The Ideas Partnership

due to popular
demand these Port Isaac
tea towels are now for sale
again from most of the local
businesses in the village for £7



last year £3000 was raised for charity from the sale of these tea towels

FINGERS CROSSED THAT WE SELL OUT AGAIN THIS YEAR!



CREW NEWS

The past few months have been full. We have had both Kevin Dingle and Ian Johnson pass out on their helm programmes. Kevin historically was a long standing helm on station but had to retake the assessment due to having a four year break with the Coastguard. It is great to have him back where he belongs. Ian is newly qualified and will begin the next stage of his development taking sole command of the boat on exercises and services - congratulations Ian, very well deserved.

Tom Brown, Mark Grills and Andy Hallam are the next in line to make Helm so the race is on guys, good luck! James Uglow, one of our shore crew, has also been booked onto a deputy launching authority (DLA) programme. This advancement had been awarded in recognition of his hard work and dedication to the crew and station. James will, I'm sure, continue to flourish and become even more of an asset.

The RNLI will be recognising Kevin and Phil's 20 years' service to Port Isaac RNLI with the award of the long service badge. Congratulations gents.

We have had one service this month, we were tasked by Falmouth Coastguard to stand off at a location to support the Police. The situation was soon taken under control and we were stood down and returned to station.

WELCOME BACK CHRIS

Crew and Committee are pleased to have their Llfeboat Operations Manger, Chris Bolton, back at the helm following his recent hospital adventures. All concerned are pleased to have you back on board Chris.

May I also thank all the crew, shore based personnel and the committee for the tremendous support given to ensure the smooth running of the Station whilst Chris has been away. Our team is second to none, which is what Port Isaac RNLI is all about.

Bob Bulgin, Chairman

LIFEBOAT SERVICE

Another year passes and once again crew and committee gathered together on the Platt, with a great turn out of both local supporters and visitors, to take part in this meaningful and historic Annual Service.



The service was conducted by Lifeboat Station Chaplin Rev'd Dr Elizabeth Wild who blessed the crew and lifeboat in their operations. Music was played by St Minver Silver Band with singing from members of the Port Isaac Chorale under Musical Director, Janet Townsend MBE.

Readings were made by Crew Helmsman Kevin Dingle, our youngest crew member Harry Hambly and Chairman Bob Bulgin BEM.

On conclusion of the service all those present were invited by the committee to a splendid cream tea and refreshments (a barrel of Doom Bar donated by Sharp's Brewery) in the Lifeboat Station. Indeed a memorable day much appreciated by all those attending.

Since 1967 when the first D CLASS INSHORE LIFEBOAT came into service at Port Isaac, over 351 people have been saved through 683 launches

Successful Summer Concert for Chorale

On Sunday, June 17th the Chorale held an afternoon concert at St Peter's Church and raised £155 for the Alzheimer's society through a retiring collection..

The varied programme began with 'Sing a Song of Sixpence' and ended with 'Old Mother Hubbard'; these two well known nursery rhymes are sung in the style of Handel and are great favourites with both the Chorale and our audiences.

For this concert, the Chorale invited two very talented, local voung musicians to take part and they both demonstrated their skills through performing two contrasting and challenging pieces. Both Tammy Blackburn, who played the piano, and Henry Phippen who played the guitar, had won their respective classes at the Wadebridge Music Festival and having heard them, we could all understand why. There is no doubt these two young people will go far in the world of music; their performances were thoroughly enjoyed by everyone present.

Just a reminder, our Silver Sing is on Tuesday July 17th at 7.30pm in Port Isaac Village Hall which is part of our 25th anniversary celebrations.

We are inviting all past members of the Chorale to come along for an evening of singing a few old favourites and catching up with friends.

Refreshments will be provided so please let Pat Pearson know if you are able to make it (01208 880969).

Our 25th anniversary celebrations will culminate with a special concert with the Restormel Concert Band in September – details to follow.

Morwenna Vernon

Dear of em ...

"She said they are making a feature film about those cough sweets, Fisherman's Friends"

"She must mean an advert - why would anyone make a film about Fisherman's Friends!!

Barbara Hawkins BEM

I nearly mistook the anonymous brown envelope for a bill and popped it in the bin. The heading 'From The Cabinet Office' must at the very least be some sort of a scam. But I have never been so shocked in all my life as when I read the words "Awarded a BEM in the Birthday Honours List".

All I can say is that I feel deeply honoured and totally thrilled about it. Someone suggested BEM might stand for Bill Endurance Medal but as that can go both ways, I thought I'd better not mention it!

I've always had that feeling throughout my life that I've got away with doing things I'm not really qualified to do and one day someone will tap me on the shoulder and say "You can't do that"... whether it's acting, painting or singing or whatever. Up until now, amazingly, no-one has. Instead, they're giving me a medal!

Having had time to think about it, this accolade must be from all those wonderful people who 'volunteer' to help me with everything that I do and you're probably all saying "enough already, give us a break!!" (Ha ha no chance, we've got a pantomime to get ready for soon!)

So this medal is definitely 'One For The Port Isaac Team'! I'm sharing it with all of you. Port Isaac is a very special community, thank you.

Barbara



Congratulations

It's not every day that one of your besties gets a medal, so on such an auspicious occasion we decided it would be good to publicly record our congratulations. We are immensely proud of our little friend and thought we would write few words to let her know.

"Barbara makes everybody feel like they are special. She gives her all to everything she does, and then she gives a little bit more" said Marion.

Dee added "I am very proud of you and I promise I will remind you when you have got to go and see the Queen!"

Liz was in fact speechless, which in itself is *Practically* a first. So she *Perfect* sent a picture!





BEM

So it was left to Cheryl to sum up how we all feel! "BEM ... Barbara's Everyone's Mate! That's what the honour stands for. It's easy to go along with Barbara's charitable ideas because she makes it fun and everyone is welcome. Whether it be food related, art, musical or panto, it's all executed with enthusiasm and encouragement. Oh yes it is!"

We couldn't be more proud, well done BEM Buddy

Cheryl, Dee, Liz & Marion xxxx



So now all we need is YOU. It's the usual rallying cry for willing (or unwilling) helpers to give a hand in preparing, putting up, taking down and putting away our lights and displays. So, don't sit on your hands! Come and join in and light up your village.

Lightman Lanyon

ndelienta

Saturday 21 July The Endelienta Ensemble



Chamber orchestra of young musicians from London and Cambridge, conducted by Adam Hickox and Rees Webster, play Prokoviev Classical Symphony and Mendelssohn Symphony No. 4. £10, accompanied under 16s free

Book tickets online at www.endelienta.org.uk; by email tickets@endelienta.org.uk; by phone 07787 944935; or from the Wadebridge Bookshop

"we are the music makers, and we are the dreamer of dreams ..."

Elgar

Workshop

Saturday 14 July

Endelienta Make Club: Crazy Birds led by Caroline Cleave

For children and parents. New creative ideas to keep you busy a fun place to explore, create and get messy

£5 per family - book online at www.endelienta.org.uk or phone 07787 944935



Endelienta



Stendellion festivals

31 July – 10 August **60th St Endellion Summer Music Festival**

Following unforgettable performances of Billy Budd last summer, Ryan Wigglesworth returns to conduct Berlioz's thrilling opera La Damnation de Faust, starring tenor Peter Hoare and baritone Alan Opie. The opening concert sees Debussy's ravishing Prélude à l'après-midi d'un faune, Charles Owen plays Ravel's piano concerto in G major and Aidan Oliver conducts Elgar's Music Makers, with mezzo soprano Susan Bickley.

Our Truro Cathedral programme includes Elgar's cello concerto, with cellist Timothy Gill and Mozart's Requiem.

Other works featured in the festival include Mahler's Symphony No 4, Bruckner's Adagio from his string quintet (arr. string orchestra), Tchaikovsky's piano trio, Brahms' clarinet quintet and a late night Broadway extravagana with the Festival Chorus and the "Endellion Little Big Band".

Ten spectacular performances over ten days. For full details and booking information go to www.endellionfestivals.org.uk



NORTH CORNWALL BOOK FESTIVAL

October

Recording in St Peter's Church

St Merryn, Wadebridge Primary and St Minver schools recently recorded the song "Our Only World" in our village Church. David Smart, who comes from a famous local musical family but now lives in Nashville, wrote the song for the Polzeath community. It illustrates how children feel about plastic pollution and their environmental future.

The recording was financed by Polzeath Marine Conservation Group(PMCG) from funds awarded by the Tube Station. It is hoped that funds raised from the sale of the CD will go towards Conservation of our oceans and the fight against the use of single plastics.





I am devastated with myself that I have not commented on the sale of the Church rooms after I had read the report in last month's Trio.

For this iconic building to be sold to an outside developer, who will probably only regard the site as a financial investment and not have regard for it's exceptional place in this VERY special village, that is loved by so many, is a very great shame. It seems that I am writing too late to add my family's concerns and I regret that so much. If there is anything that I can do to add a little weight I would gladly do so. I know the Parish Council will use all it's efforts to oversee this iconic building in its special place in the conservation area of the village. If it is to be demolished and turned into more glass and stainless steel apartments in such a special site it would take away the very heart of this part of the Village. Port Isaac is not Rock and no- one wants it to be. It is so very, very, very special.

This comes from all my family as we have had 48 years of delight in dear Port Isaac and are so very lucky to have done so.

Thank you to *Trio* for the care taken in explaining the situation - I regret not adding our concerns to those of everyone who cares so much that Port Isaac keep it's very very special identity.

Caroline Dowse and family



Dear of em ... "Is the sea at the top of this hill?

Doc Martin Fund

For the information of anyone with a Port Isaac project in mind, it's nice for you to know that the Doc Martin Fund now has over £30,000 sitting in the account.

Please contact the trustees by letter with details of your idea, and they will be keen to help financially. If it is seen as being supportive of either the young or old, so much the better.

For news about Rock, Polzeath, St Minver, Trebetherick & Wadebridge follow this link ... www.stminverlink.org



Cakes, Refreshments, Produce, Plants, Books Bric a Brac, Childrens Games, Sideshows ...

A SPECIAL VISIT FROM MR SUPERO

presenting The Tale of the Apple Dumpling a puppet show for children ... and for grown ups!!

Scott Mann's update from Parliament

I was very pleased to support a debate in Parliament recently to have a tick box for Cornish identity in the 2021 census. Under Council of Europe frameworks, the Cornish are recognised as a national minority because of our heritage, identity and language. We want to see this official recognition reflected in the 2021 census by having our own tick box alongside English, Welsh, Scottish and Irish.

The census already has an 'other' option which allows people to write Cornish as their identity, but the lack of a tick box often means that people will automatically tick English instead of writing Cornish. The presence of a tick box would allow us to gather much more reliable data on how many people identify as Cornish, which inturn would inform future policy making. We also want the tick box for those who live in other parts of the UK as well. There will be many people who were born and grew up in Cornwall but now live outside the county, and we want them to be able to identify as Cornish as well.

The census is being managed by the Office for National Statistics (ONS), which means ministers are not directly involved in the drafting of the census questions, but we are hopeful that our debate will have properly highlighted the issue to the Minister for the Constitution so that she can make appropriate representations to the ONS as the census takes shape.

Parliament has also been busy debating the EU (Withdrawal) Bill, which recently returned to the House of Commons so that MPs could consider amendments made by the House of Lords.

Unfortunately there are some Peers in the House of Lords who are trying hard to put obstacles in the way of the Brexit process and undermine the result of the 2016 EU referendum. This included amendments on trying to keep the UK inside the European Economic Area (EEA) and the Customs Union.

IF YOU SEE A DOG IN DISTRESS IN A HOT CAR 999

If the UK were to be in the EEA, we would have to retain the four freedoms of the EU Single Market - including the free movement of people - while also having to accept lots of EU regulation and pay significant sums of money into EU coffers without having a place at the table. Quite rightly, this amendment was rejected by MPs, along with the



amendment to keep us in the Customs Union which blocks us from negotiating our own free trade agreements.

Meanwhile I was delighted to hear in May that the government has awarded £1.5million to the Royal Cornwall Hospital in Truro for a new mental health hub.

The funding is from a £15million 'Beyond Places of Safety' scheme, with RCHT getting the biggest award out of the 51 organisations who applied for funding.

The new hub will include various teams and organisations who deal with mental health crises, social care, addiction, child & adolescent mental health services, peri-natal mental health, psychiatric liaison, dementia, safeguarding and other areas.

This means all organisations working within the hub can work together to provide rapid assessment, expert advice and care planning. Not only will this be much better for the patient, but it will also reduce pressure on the A&E department and avoid admissions to acute mental health services.

www.scottmann.org.uk



How about this for an idea?

We are constantly fundraising to keep PISCES going, put on new exhibitions and improve our website and comng up with something different is a challenge. But we've seen this in another village and we wondered if anyone would be interested in a "Safari Garden/Driveway/Garage Sale"? It's a bit like a car boot sale at home.



How it works is you register with us and pay £5. We produce maps of the village with the gardens/drives/ garages all clearly marked. We publicise the event with posters, flyers and in *Trio*. Then, fingers crossed you get lots of people beating a path to you to grab a bargain and you make some money as well as getting rid of those unwanted items you no longer want or have never used.

If there's enough interest we plan to do it in August/early September. Let us know what you think and if you want to take part. Call Dee on 01208 880862 or email dee54@mac.com



Our books

The sale of our two award winning Cookery Books helps fund our activities and we now also have copies of The Trevan Book to add to our publications. All three publications, priced £10 each, are available at the *Pottery* and *Secrets* and other local shops with all the proceeds going to PISCES.

"everybody has a story to tell about their life"



PISCES Productions proudly presents ...

The Trevan Journal

Tuesday August 7th at 7.30pm Port Isaac Village Hall

An entertaining evening of tales from times gone by



Discover life in Port Isaac as recorded first hand by John Trevan in 1834



Enjoy an illustrated evening in the village Hall hosted by PISCES inspired by this unique journal

Entry £4 on the door refreshments and bar

www.portisaacheritage.co.uk

Gig Club at Royal Cornwall

Thank you from Port Isaac Rowing Club to everyone who visited us at this year's Royal Cornwall Show. It was wonderful to see so many people participating in our Rowing Challenge on the machines- and getting quite competitive too! Our gratitude goes to Revolution's Indoor Rowing Studio, Jacobstow for very kindly lending us the rowing machines and making the fun possible!

Our Regatta is on Saturday 21st July at Port Gaverne. Come and pop by to cheer us on!



We're a friendly bunch, so if you fancy joining us for a row, do get in touch. We row every Sunday

morning and on a Tuesday and Thursday from 6pm. Please see our Facebook page, or contact Gail Morwood on Mobile: 07768753699, landline: 01288 341537, email: gailmorwood@gmail.com



Sugar Smart

Class 2 spent a day learning about the different types of sugar in our diet and how they affect our health. They also learned that 60 minutes of exercise daily has many health benefits.

They were able to have a go at different games and activities designed to promote exercise in a fun way. The children then made up their own games and are going to introduce them to the other children in school at break times.

NSPCC Childline

A volunteer came into school to talk to the children about the charity Childline and how they can call anytime they need to speak to someone.

He was very informative and the children were shown an easy way to remember the telephone number for

Childline - 0800 1111







Sports Day 2018 turned out to be a great day of competition starting with the playground events, long jump, javelin throw, bean bag target throw and assault course. Before lunch we went to the field for a Rounders tournament and then in the afternoon we had our track races.

Everyone did their best and thanks to all the supporters who came along to cheer and clap and provide an exciting atmosphere for the racing.

Congratulations to Hawks who were triumphant this year.





Friday 6th July Coastal Challenge Series - Glebe Cliff, Tintagel 7pm - 9.30pm

Grab your running shoes and join us on the coast path this summer for a guided trail run. Gathering at Glebe Cliff, a clifftop meadow perched high above the sea, we'll head out along the coast. Choose from either a 5km or 10km route, all abilities are catered for. Join us for a summer evening of running followed by a BBQ, what could be better? £5pp. Bring your own food to cook on our BBQ. Call 01208 863046 or email

northcornwall@nationaltrust.org.uk for more details. Booking encouraged. Meeting at National Trust Glebe Cliff car park (PL34 0DL) Free parking.

Sunday 29th July The archaeology of Rough Tor walk. 10am - 1pm

Join National Trust rangers and archaeologist Pete Herring of Historic England on a walk across the iconic Rough Tor. Wear appropriate clothing for the weather and terrain. Bring a camera and binoculars if you have them and refreshments if you are staying on the moor for lunch. Free, but donations welcome. Booking essential on 01208 863046

Monday 30th July – Friday 3rd **August Big Butterfly Count**

Do your part for the Big Butterfly Count by helping the rangers spot butterflies along the north Cornwall coast. No experience necessary. Bring binoculars and camera if you have them. Wear suitable clothing and footwear for the weather. You may want to bring something to sit on. Join us on one or more days. 12noon-12.30pm

Monday 30th - Trevose Head. Meet at the top car park. Free parking for members, charge for non-members. Grid ref SW 862 758, nearest postcode PL28 8SL

Tuesday 31st - Pentire Head. Meet at Lead Mines car park. Grid ref SW 941 799, nearest postcode PL27 6QY

Wednesday 1st - Holywell Bay. Meet at the National Trust car park. Free parking for members, charge for non-members. Grid ref SW 767 587, nearest postcode TR8 5PF

Thursday 2nd - Cubert Common. Meet at Polly Joke car park. Grid ref SW 781 594, nearest postcode TR8 5HW

Friday 3rd - Glebe Cliff. Meet at the car park by the church. Grid ref SX

Noah's Royal Cornwall SUCCESS

Port Isaac's Noah Brewer, aged 5, has certainly got green fingers and and he has the rosettes to prove it.

He got First Prize for his Sunflower and Fourth Prize for his Wheelbarrow containing flowers and/or vegetables at the Royal Cornwall Show. How good is that!



Edward gets a Blue Pefer Badge

Back in February, Port Isaac's Edward, age 8, and his brother Dominic, age 5, made some posters for the village and

In March Edward wrote to Blue Peter explaining what they had done. Last week they wrote back awarding Edward a Blue Peter Badge. He is very excited to learn that it will get him into Legoland for free!

Edward's poster →

↓ Dominic's poster











www.stendellionpc.com

Planning Applications

Members considered the planning applications and made the following responses to Cornwall Council:

- 1. PA18/01424/PREAPP, Rashleigh Cellars, Port Gaverne preapplication advice for change of use from toilets to storage lock up. Members regretted the loss of the only public convenience in Port Gaverne and have opened dialogue with the National Trust to try to secure their future.
- 2. PA18/03582, Land S of Homer Park Farmhouse, Port Isaac creation of new access point to the highway, new access track and the installation of 2 no. passing places. Members would like to see a single entrance / exit with a visibility splay and were of the opinion that the destruction of hedges to create passing places was unnecessary an unwarranted if the splay was sufficiently well designed.
- 3. PA18/04064, St Endellion Parish Hall extension of existing parish community hall. Members supported this application.
- 4. PA 18/04065, St Endellion Parish Hall Listed building consent for extension of existing parish community hall. Members supported this application.
- 5. PA18/04482, 3 Coastguard Cottages, 24 New Road, Port Isaac construction of a dormer window on the rear roof slope of a dwelling house. Members objected on the grounds this would be would cause harm to the visual amenity of the three historic cottages and is inappropriate, with the terraces visible interrelation with the SW Coastal Path.
- 6. PA18/04728, Higher Moon, Tintagel Terrace, Port Isaac application for variation of condition on planning application number PA16/10237 Alterations and extension to dwelling revision to condition 2 building in accordance with approved plans Condition Number(s): 2, Conditions(s) Removal: Revisions required to planning proposal scheme. Revised plans. Members supported this application.
- 7. PA18/04794, Carlenice, 15 Trewetha Lane, Port Isaac renovation of existing utility room into kitchen extension with associated renovation works. Members supported this application.

Planning Applications Approved by CC – information only

- i. <u>PA18/02860, Gwel Mor, Trelights</u> proposed extension to provide additional bedroom and construction of a swimming pool.
- ii. <u>PA18/03029, 49 Fore Street, Port Isaac</u> rear single storey extension, room in the roof with dormers, internal alterations.
- iii. <u>PA18/01173, Stargazy Inn, 1 The Terrace, Port Isaac</u> proposed works to the Stargazy Inn site along with new extensions and first floor terraced area.
- iv. <u>PA18/00539, 4 Furze Park Trelights</u> construction of a dwelling.
- v. <u>PA18/02910, Stargazy Inn, Port Isaac</u> proposed works to external front terrace area to include front balustrade and flagstone flooring.

Planning Applications Refused by CC

i. PA18/03020, The Chalet, Rear of 31 Fore Street, Port Isaac – construction of a replacement dwelling. The Clerk apologised, this application had been refused by CC and should not have been included in 151c/ 2018.

Trewetha WCs

Healthmatic had been awarded the contract to supply and erect the building, etc. at a cost of £124,000. and Terry Harris & Sons the contract for the groundworks at a cost of £51,638.56.

Work has now commenced and should be completed by September.

2017/18 Accounts

The unaudited accounts can be viewed on the Parish Council's website and have been submitted to the External Auditors.

Meeting Dates

Meetings are normally held on the second and fourth Monday of each month, commencing at 7pm in Port Isaac School. Members of the public are welcome to attend. Please check our website for more details.

Gillian Thompson Parish Clerk / RFO

Email: <u>stendellionpc@gmail.com</u> **Website:** www.stendellionpc.com

Port Isaac Stay & Playgroup

We meet every Tuesday morning in the Village Hall from 10am-12noon

Our activities for the summer are.

July 3rd - Paper Birds

July 10th - Beach outing

July 17th - Sport's Day at Playing Field if fine!

July 14th-August 11st - Carnival preparations

August 18th - Leaver's Outing to the Strawberry Farm

If you want to know more contact either Lucy on 07784 657921

or

Cherry on 07900 527610

Love all

As I write this in June the African migrants refused permission to land in Italy are coming ashore in Valencia in Spain. Politics being what they are we should not be too surprised either that a new patriotic government in Italy is keen to be seen to be defending its shores against unwelcome visitors nor that an equally new socialist government in Spain is willing to be seen as including the marginalised. But from the point of the view of the rescued it is clear what is preferable, at least in the short term.



How do we stand on this issue? Are we prepared to welcome the stranger and the migrant to our shores? Or are we anxious to defend ourselves against unwelcome visitors? Some would see the Brexit vote in these terms.

But is there a Christian perspective on this? St Paul, writing to the newly converted congregation at Corinth, expresses the view that, for the Christian there is no longer a need to view other human beings "from a human point of view". By this he means that we should no longer see ourselves as in some sort of competition for resources with others or in search of worldly success. Rather we should be able to see each other as God sees us, as equals and all of us equally in need of love. If we put love first, as God requires, then all other considerations fall into place. This is undoubtedly a tall order as we seem to be programmed as humans to seek our own wellbeing and that of those close to us. But that is why St Paul tells us that we should no longer look with human eyes, "from a human point of view".

This is what Bishop Curry, preaching at the royal wedding, meant by the power of love. Just as love can transform relationships between individuals so that they are willing to put the other's wellbeing before their own, so love, powered by God, can transform communities so that they, and each member of them, can offer to put others' needs before their own. Wouldn't we wish to live in such a world?

Andrew Lewis

St Peter's Church Rooms

St Peter's Church Rooms have now been sold. The building has been closed since March, 2015, after the roof became unstable and the building was deemed unsafe. In spite of repeated attempts to lease the building to a community group who would renovate it, this was eventually not possible and the decision was reluctantly made in December 2016 to sell the property. It is planned that money from the sale will be used for much needed repairs and adaptations to St Peter's Church building (installing a toilet and kitchen) so that it can be used for a wider range of church and community events, as well as being available to invest in the future activities of the church for the benefit of the whole village of Port Isaac.

ST PETER'S CHURCH

St Peter's, our simple seaside church, is open to everyone, every day until about 4pm. We have a service every Sunday morning at 9.30am to which you will be warmly welcomed. You will also find our Church is a lovely quiet place to just sit and reflect and be peaceful.

The Church is also home to PISCES (Port Isaac Shared Community Exhibition Space)

Church Diary Dates

Sunday July 1st

9.30am: Morning Worship, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

Sunday July 8th

9.30am: Holy Communion, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

Sunday July 15th

9.30am: Morning Worship, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

6pm: Taize Service, St Endellion

Church

Sunday July 22nd

9.30am: Holy Communion, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

Sunday July 29th

9.30am: Morning Worship, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church



Priest in Charge: Rev'd Dr Elizabeth Wild - 07758 407661

Cluster of Churches

Clergy:

Rev'd Canon Judith Pollinger -01208 880181 & Rev'd Andrew Lewis - 01840 211161

St Peter's warden:

Pat Pearson - 01208 880969

Administrator - Baptisms, Weddings & Funerals:

Elizabeth Williams - 01208 886778

Administrator - General Enquiries & Communications:

Gavin Tyler -

gavin@northcornwallclusterofchurches.org.uk

Sunday evening Taizé Services at St Endellion Church resume in September



Finding a large stick insect this week (see photograph) suggested now was a good time to write about the flora and fauna we find here and that led me to some local history sites as well.

This particular stick insect is called the unarmed stick insect and is a migrant from New Zealand. You can read about it here, http://phasmidstudygroup.org/phasmids/uk-phasmid-sighting written by our local expert, Malcolm Lee. As Malcolm explains, this insect has been in the UK for over 100 years, probably arriving via Treseders Truro Nursery in the 1920's http://www.treseders.co.uk.

Treseders nursery themselves have a long Cornish history and their website says this:

"It all started with another James Treseder in 1820 whom served his garden apprenticeship under the great plant hunter William Lobb at Scorrier House Near Redruth. The Truro nurseries at Moresk were started in 1839, and are still remembered by many of our customers. They supplied plants to many local gardens large and small, including Heligan, Trewidden, Carhayes, St. Micheals Mount and Tresco. They supplied Trengwainton where they have record of the Magnolia cambellii being bought from Treseders in the 1920's you can see this magnificent tree still growing in the Campbellii garden."

There are two other related websites for our local plants and animals, and also local history that are worth a look. Firstly, the site for Gull Rock holiday cottages has some pages devoted to the local flora and fauna based on surveys done over the years. Both plant and animal pages have some very clear and colourful photos to aid identification.

The animals you might see are here https://www.gullrock-port-gaverne.co.uk/cornish-fauna.php and the page covers birds, insects, reptiles and mammals, and principally concerns their sighting at Port Gaverne.

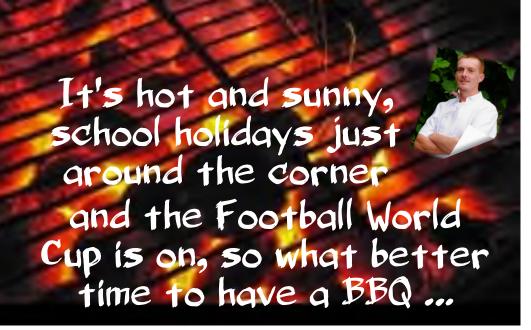
The same applies to the next page on the site that describes the plants that could be found in 1993 on the Old Slate Road and Slate Quarry and the Main itself and are likely to be there still. This is an extract that gives a flavour:

"Moving up from Waddy Gug to the first seat, the promontory to seaward, between Waddy Gug and Pigeon Gug, is generally coarse grasses, but Tormentil, Bird's Foot Trefoil, and Betony can be found. Spring Squill is still widespread above Pigeon Gug, with over 800 flower spikes in 1992. Near this spot can be found a small clump (5 flowers) of white flowered Squill, and a pale pink one. To landward of the seat is an extensive patch of Saw-wort, intermingled with Sea Carrot."

There is also a page about the history of Port Gaverne https://www.gullrock-port-gaverne.co.uk/gullrock-history.php that links to another sister website all about the Pichard Palace (the old name for Seaways http://history.gullrock-port-gaverne.co.uk/index.php . This gives a fascinating glimpse into the days when pilchards were so abundant, their oil was used to light the streets of London.

This ramble round our local history sites would not be complete without the wonderful Port Isaac Shared Community Exhibition Space (Pisces) website that is a continually developing resource of oral history and local information. http://www.portisaacheritage.co.uk/. Incidentally you can see Malcolm Lee giving a talk as part of the Pisces World War Two exhibition life and the war https://tinyurl.com/Macolm-Lee-video and there is much more there too — even back numbers of *Trio*!

Tony Wainwright



Charred mackerel with tomato ceviche

4 fresh mackerel fillets, V-boned
olive oil
Cornish sea salt
800g tomato
1 red chilli, deseeded and finely sliced
1/2 red onion, finely sliced
50g of coriander leaves
2 limes, zest and juice
olive oil
salt
freshly ground black pepper

To make the ceviche, use a sharp knife to roughly chop the tomatoes, retaining some of their natural shape and texture, place in a bowl with the sliced chilli, red onion and coriander leaves and stir to combined. Grate over the zest of the limes and squeeze in the juice and mix together. Season well with salt and pepper and gently mix in enough olive oil to ensure the tomatoes are evenly coated and glossy – try not to crush or over-mix as ceviche should have plenty of texture and bite.

Place the Mackerel skin side down on a plastic tray and sprinkle the sea salt over it, leave for 20 minutes and then wash the salt off and pat dry.

Preheat a barbecue or griddle pan. Generously oil the mackerel fillets on both sides to avoid sticking and cook skin-side down for 2–3 minutes until the skin is nicely charred. Flip over for a further 30 seconds to finish cooking the other side. Check the seasoning of the ceviche, adjusting if required, and divide evenly between serving plates. Top with a charred mackerel fillet and serve immediately.

Lime-marinated flank steak

Flank steak, cut from the abdominal muscles of the cow, may be less well know than sirloin or fillet but given the right treatment and steeped overnight in an Asian-inspired marinade using Thai fish sauce, the meat in this flank steak recipe is flavoured and tenderised so it can be cooked quickly on the barbecue

1kg flank steak
3 garlic cloves, crushed
60ml of Thai fish sauce
100ml of soy sauce
5 limes, juiced
125ml of water
50g of caster sugar
1/2 tsp dried chilli flakes

Put the garlic, fish sauce, soy sauce, lime juice, water, caster sugar and chilli flakes in a bowl and whisk together, Place the beef in a dish and cover with the marinade, making sure the meat is covered on both sides. Marinate for 24 hours, turning the meat from time to time

The next day, pre-heat the barbecue until very hot. Remove the beef from the marinade, pat it dry with kitchen towel, then place it on the grill. Cook for three to four minutes on each side for a medium-rare, the beef will colour fairly quickly due to the sugar and soy sauce. As ever, the cooking time will vary depending on the thickness of the steak and the temperature of the barbecue.

Allow the steak to rest for a few minutes, then slice it thinly against the grain of the flesh and serve immediately with accompanying side dishes

Grilled lettuce

6 lettuce, such as little gem or romaine (any kind, as long as they're firm)

Blue cheese dressing 1 garlic clove

150g of blue cheese, I used Cornish
Blue
100ml of sour cream
100ml of natural yoghurt
1 tbsp of lemon juice, plus extra in
case; I found I wanted a little more
1 tbsp of chives, finely chopped
4 bacon rashers, grilled until crisp
then chopped into small pieces
salt & pepper

Caesar salad dressing

1 garlic clove
4 anchovy fillets, in olive oil (drained)
40g of Parmesan, grated (plus a little
extra to serve)
1 tbsp of Greek natural yoghurt
1 lemon, juiced
2 tbsp of olive oil

To make the blue cheese dressing, crush the garlic with a small pinch of salt in a pestle and mortar until creamy, crumble the cheese into a bowl and add the garlic, along with the remaining ingredients (apart from the bacon). Whisk together until smooth, then season to taste (the cheese will already be quite salty so you probably won't need much). Taste again and add more lemon juice if required.

To make the Caesar salad dressing, crush the garlic and anchovies in a pestle and mortar with a small pinch of salt. Grate in the Parmesan, add the yoghurt and lemon juice and mix well, add 1 tbsp olive oil, mix to combine, then add the final tbsp of oil and mix again. Check the seasoning

Remove any tatty outer leaves from the lettuces and cut each into quarters. Rub each quarter with a little olive oil then season with salt and pepper. Grill until lightly charred, for about 1 minute on each side

If serving with the anchovy dressing, mix the lettuce through the dressing until well-coated and serve with an extra grating of Parmesan. If serving with the blue cheese dressing, simply arrange the lettuce on plates and pour the dressing over the top. Sprinkle with the chopped crispy bacon to serve.

Hope that you give these recipes a go and enjoy Mx

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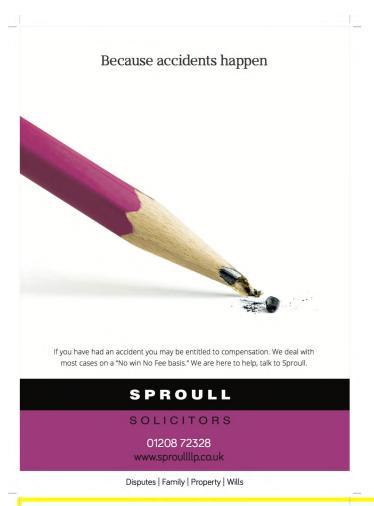
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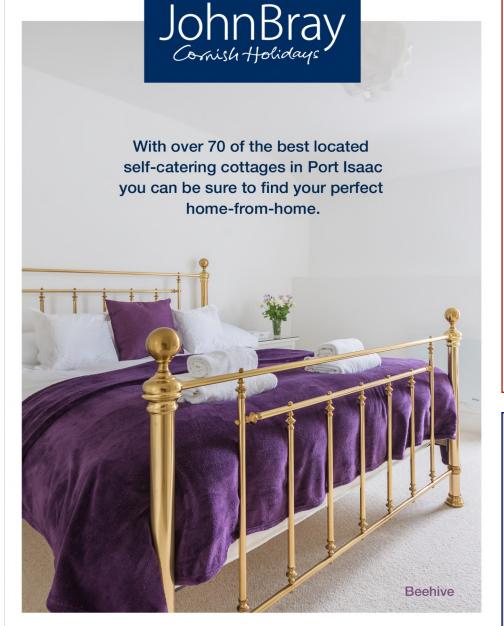
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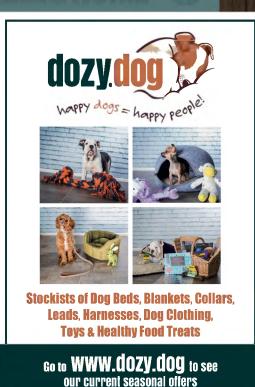
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Saturday July 14th Cake Sale in Port Isaac Co-op -9am-12noon

Tuesday July 17th
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Saturday July 21st

Port Isaac Rowing Club Regatta at Port Gaverne

Afternoon Tea with Elizabeth Gowing in Port Isaac Village Hall - 2pm

Endelienta Ensemble in St Endellion Church - 7.30pm

Tuesday July 31st
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July 31st - August 10th St Endellion Summer Festival

Thursday August 2nd
Summer Community Lunch in the
Village Hall - open to everyone I2noon-2pm

Tuesday August 7th
PISCES presents The Trevan Journal tales from times gone by - in
Port Isaac Village Hall - 7.30pm

Sunday August 12th
Port Isaac RNLI Lifeboat Larks on the
Platt & Harbour area

Tuesday August 14th
The St Endellion & St Peter's Church
Fete at St Endellion Rectory - 2pm

Saturday August 18th
Karitas - Medieval choral music
workshop and concert - in St
Endellion Church - 7.30pm

Church Services

St Peter's Church, Port Isaac
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St Endellion Church Every Sunday at 11am

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TRIO COPY DATES

With the exception of February and December, Trio comes out on the first of every month. Copy dates are:
AUGUST July 25th
SEPTEMER August 25th
OCTOBER September 24th

NOVEMBER October 25th

DECEMBER November 30th

WHAT'S ON

Saturday September 1st PORT ISAAC CARNIVAL

Saturday September 8th
Viva la Musica Chamber Choir in St
Endellion Church - 7.30pm

Saturday September 15th

'War & Peace' - Mark Padmore recital in St Endellion Church - 7.30pm

Sunday September 16th

Friends of Port Isaac School Indian Summer Fair & Fun Dog Show on the Playing Field - 2-5pm

October 4th-7th
THE NORTH CORNWALL
BOOK FESTIVAL

Saturday October 6th
The India Flectric Co - folk ro

The India Electric Co - folk rock - in St Endellion Church - 7.30pm

Friday October 12th
Miller & Spencer Jazz Duo in Port
Isaac Village Hall - 8pm

Saturday October 27th

Supper & Song - a Children in Need Fundraiser with Gulls and Yorkshire guests, The Hummingbirds, in Port Isaac Village Hall - 7.30pm

Friday November 2nd

Hyde & Seek - a ghost story - a home grown Cornish production - in Port Isaac Village Hall - 7.30pm

Saturday November 3rd
Port Isaac annual firework display
(no bonfire) - 7.15pm

Baka Beyong - Afro Celtic band - in St Endellion Church - 7.30pm

Saturday November 16th

Dale Storr - New Orleans piano - in St Endellion Church - 7.30pm

Saturday December 1st

Port Isaac Christmas Lights Candlelit Parade and BIG Switch-on of the Lights

Sunday December 9th

Blackweir Brass concert in St Endellion Church - 3pm

Saturday December 15th

Santa's Grotto in Port Isaac Village Hall - Santa is taking time out from his busy run-up to Christmas to come to our Village Hall

Sunday December 16th

Village Carol sing-along in Santa's Grotto with Christmas tea and mulled wine - Port Isaac Village Hall - 5pm -A PROPER PORT ISAAC EVENT

December 28th, 29th & 30th and January 2nd

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Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall.

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Golden Circle - the second Thursday in the month from October to April from 2pm- 4.30pm in Port Isaac Village Hall.

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